

TRENDY TIMES

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JANUARY 19, 2010 VOLUME 1 NUMBER 16

A Trendy Times Recap

Here's a front page story that is guaranteed to not show up in any other publication. That's because this story is about those of you who are reading and contributing to Trendy Times. From the very formation of an idea for Trendy Times, the focus has been on being sure that the readers have a voice. A chance to get the viewpoints of many, many people published and in front of readers. To date we have just begun to scratch the surface of what is out there.

Trendy Times has already found some wonderful writers to contribute on a fairly regular basis. We have had several articles of a historical nature by George Clark. Mr. Clark has written several historical books with an emphasis on military history. Some of his articles have been reprints from some of those books.

Veterans affairs have been well covered by Howie Howe who holds a couple of volunteer positions that focus on veterans issues. Many other items that have come from the internet were sent in by Steve Pickens. Steve is another local with strong ties to veterans affairs. There also have been a few very deep, thought provoking articles by David Turner, owner of The Variety Store and a veteran of Vietnam.

On the humorous side we have had some great items from Sheila Asselin, including her Christmas stories. This week's issue has a short humorous item by Gail Girard. There have also been a couple of "American Language - Scrutonized" articles written by the editor and daughter, thrown in.

Other articles have come from some business owners with points of interest about their particular expertise. Trendy Times is happy to receive these items and pass them on to keep our readers informed.

We are very happy to have received several "Letters to the Editor". In fact there are two such letters in this week's edition. It should be pointed out that to this point every "Letter" has had an answer from the Editor. Some of those responses have jumped right in to the argument. Others, like this week, have seen a more reserved response.

The most recent regular contributor to Trendy Times is Ronda Marsh who's third column entitled "Trendy Kitchen" appears in this week's edition. Ronda claims a real love of the kitchen and the preparation of food. Her recipes and column are much more than just a set of directions. This series certainly adds a new "flavor" to the publication.

All of these items have contributed to making Trendy Times a weekly publication that, we hope, has stirred interest among the reading public. The mission of Trendy Times is to be a "Viewspaper". We do not have, nor do we plan to have, a staff of reporters out hunting up stories. There are already places for the general public to look for such stories. Instead Trendy Times is looking to be the voice of the general public (and even public officials if they so choose). Trendy Times will continue to encourage people with varying opinions to offer those opinions. We will

give space to groups doing special projects to get the word out about those special projects. And for anyone who wants to contribute an article of humor, deep thought, or just your own point of view, our pages are ready, willing, and most able to get it published.

This is probably the spot where a lawyer might say that we need to add a line about reserving the right to edit material if need be. (I will mention that this has happened. One particular article came in with some of that #\$\$%^&* included. We took it out and replaced it with a word that was possibly less descriptive than the original intended word, but more palatable to our readers.)

This is not to say that we want everything to be "politically correct" in order to appear in Trendy Times. Indeed not. We have already experienced comments about articles that were deemed "out of bounds" by certain readers. Those readers were encouraged to write their opposing views and have them printed for all to read. It did not happen quite as simply as that.

It is understood that not everyone is willing to write their opinion for others to read. Some believe they can not write well enough for others to read. To this I recommend writing something short and to the point. And if that fails, ask for help from a friend or from the editor of Trendy Times! He is willing to help.

Others have said that no one wants to hear their opinion or point of view. When it comes to differing points of view, there are

What Is Trendy Times Worth To You?

With all of the things that Trendy Times and its readers have accomplished thus far, there is one thing that has not been accomplished. That is for Trendy Times to get to the financial breakeven point.

In fact, at this point a very difficult decision has been made. Trendy Times will not be published as usual on Tuesday, January 26. Our next issue will appear on Tuesday, February 2 as we make the transition to a bi-weekly publication schedule.

The reason for this is simply, money. Better stated, the lack of money. To this point Trendy Times has not brought in as many advertising dollars as are necessary to continue weekly publication. Therefore there are two options.

One option is to stop publication all together. Call it quits and admit defeat. We are not ready to make that step.

Option two is to find additional funding to keep Trendy Times published on a weekly or a bi-weekly basis until the revenues catch up with the costs. The owners of Trendy Times are exploring any and all options for such additional financing to help get to that breakeven point.

Here is where you, the readers of Trendy Times

can help. We are asking for two thousand households, that's about one quarter of the households served, to make an investment of \$10. Some would say this sounds like a subscription. And to some it could be considered just that. We prefer to think of this as an investment in a paper that is best described by an email recently received.

"When Trendy Times first came out I wondered why we needed another newspaper in this area. I soon realized you are taking a different direction than the other papers. I do like Trendy Times and I enjoy the articles! No dislikes with Trendy Times. I wish you the very best with your new adventure and I'll be watching (reading)."

Another option is for two hundred households to invest \$100 each. Or 20 investors to make \$1,000 commitments. Or 2 individuals to make \$10,000 investments. Or, of course, any combination of those options. Trendy Times will in return offer a pay back on your investment in a "viewspaper" worth paying for. Pay back on the investment with interest in two years or less is the plan.

So, we at Trendy Times are asking for your help, your assistance, and your good thoughts.

always at least two, and quite often many more than that. So just because your point of view is not the "popular" one, does not mean it is not one that should be made known. Different points of view are where many great ideas have started from.

So please keep contributing to Trendy Times. Whether it is your thoughts, your opinions, your style of humor, or even the beginning of a longer term commitment. You the readers and contributors are what make Trendy Times the viewspaper it is intended to be.

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 Information, donations or purchase raffle tickets call Stacey Cass at 603-764-9618 or to Angela Clifford at 603-787-6826.

Heather has been at Dartmouth Hitchcock Hospital since December 21st battling Gallbladder Cancer. All proceeds will go to Heather and her family to help them through this very difficult time.



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Card Shower for Louise Kimball

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Letter To The Editor

To the Editor:

I know you have advertisers to consider - so I'll keep that in mind. However, Recent wrongheaded efforts by a few New Hampshire state legislators to support a constitutional amendment banning same-sex marriage is wasteful work based on ignorance and fear and this fear is called homophobia. This same kind of fear some years ago was the major fuel behind efforts for federal lawmakers to pass the so-called "Defense of Marriage Act" which I'll politely call balderdash. Heterosexual marriage has never needed protection from gay marriage and it never will, no matter how often ill-informed people repeat that mantra.

Independent New Hampshire voters will always have their opinions, and will always express them, as it should be. But those same free-thinkers have never in history poked their own personal beliefs into the private lives of any two loving, committed people who wish to enter into the legally binding agreement of responsibilities AND rights called marriage. I say if you find two adult people anywhere willing to build a stable, constructive and loving relationship, bless them and get out of their way.

Robert Roudebush
 North Haverhill

From the Editor:

This is indeed a matter that could touch some nerves, not only in New Hampshire but also in Vermont and around the nation.

My comment here is this: Congratulations Robert for having an opinion, and being willing to put it in writing for all to see and read.

It matters not, really, whether all who read this agree with you or vehemently disagree. What matters is that you had the courage to write it down, send it in, and wait for comments. So again I say congratulations and thank you. This is one of the reasons for the existence of Trendy Times. To be a mouthpiece for every individual with an opinion or point of view.

TOWN OF HAVERHILL, NEW HAMPSHIRE

Notice of Budget Hearing

The Haverhill Selectboard will hold a public hearing on Thursday, February 4, 2010 to take public input on their proposed budget for 2010.

The hearing will be held at 7pm at the James R. Morrill Municipal Building, 2975 Dartmouth College Highway, North Haverhill, NH.

The public is encouraged to attend.

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Let everyone know what you think and why.

Just be ready for one of our editors to respond.

Letter To The Editor

To the Editor:

In this severe depression, it is crucial to create conditions conducive to assisting low-income or unemployed to help them acquire low-income housing in a market that is constrained by greed in a decayed system where rents and utilities are excessively high in proportion to income.

If one wants to live in a community of their choice it's impossible in many circumstances because of the high taxes due to an antiquated and unjustified public school system. More funds should be allotted for low-income emergency as a matter of national security. Otherwise we'll have a more severe depression due to the increasing gap between the haves and have nots.

The local governments especially the selectmen are uninformed as to where the priorities are as the wealthy own the agenda to the detriment of everyone else. Our materialistic and consumerist corporate agenda has totally failed as this nation's preoccupation and distraction indicate there is no spiritual leadership.

Matters of self interest and greed are rampant in government and upper classes which is why America is dying.

The average person has no voice as elections are a huge auction with a Wall

Street mentality. Too much focus is on investment and hoarding of money.

As I ponder over the issue of low-income housing I see no reason for optimism as we spend too much on these current wars, Pentagon, foreign aid and misplaced welfare to the rich corporate sector and illegal immigrants.

We live no longer in a democracy or a republic. All of the political agendas are decided by the conspiratorial extremes of the left or right which I find objectionable.

Low-income housing would be cost efficient if we had no real estate speculation or large corporate land interests. Many vacant housing and business units are the wave of the future.

Property will suffocate while taxes for the remaining will rise drastically.

Yet I want to live in Piermont. But I see no alternatives but to abandon town for low-income housing.

I never saw one case where the wealthy benefit anyone which I concluded points out the myth of America as a generous nation unless you speak another language. What more can I expect out of a nation that committed genocide against native indigenous people.

Bradley James Jr
Piermont, NH

From the Editor:

Again a congratulations to the writer of this article for his willingness to put his thoughts in words and let others read those words. I can not say that I agree with all that Bradley has said in this letter. I have seen generosity in many forms, from many portions of the population. It is a fact that not every act of generosity is seen. Not everyone who does generous acts seeks praise. Therefore certain acts go unnoticed by the general public.

It is unsettling to think that someone who desires to live in a particular town is unable to do so due to housing. However, almost everyone has at one point in their life been forced to make a decision that was not their first choice. There are times when not getting that first choice turns out to be the best result. There are other times when that first choice later becomes attainable. And that is the message I would like to end with. If the first is not currently attainable, don't think it never will be. Work to make it attainable. In most cases if it is worth having, it is worth working hard to achieve.

Free Community Dinner Benefits All

There will be a benefit dinner on Wednesday, January 27 at the St. Luke's Episcopal Church on Central Street in Woodsville. Usually a benefit dinner is put on for a particular family or person. And over the last several weeks there have been several reasons for the generosity of such benefit dinners. But this dinner is different.

Thru the Episcopal Church of New Hampshire's Community Grant from the New Hampshire Charitable Foundation, there will be a series of benefit dinners that are designed to benefit those attending. Yes, the people attending the dinner are those who will benefit. That's because there is no charge for anyone to attend. Indeed the church welcomes one and all, Old and young, families and singles. And the charge

for the meal? There is no charge. All are welcome and there is no charge what so ever.

Similar meals are taking place at three different locations around New Hampshire. Groveton & Berlin are hosting dinners on the last Saturday evening of each month. Here in Woodsville the meals will be the last Wednesday of each month. This series began in December and meals will be served thru the end of April.

According to supper coordinator Richard Davenport, the last week of the month was chosen because that is the time when many home budgets are stretched the furthest. The intent is to be sure everyone has access to a nutritional, well balanced meal.

Not only are the parishioners of St. Luke's Church

pitching in to put on these meals, but other local churches have also had members of their congregations step forward to help prepare and serve the meals, plus they are on hand to help do the clean up afterwards.

Davenport reported that the aim is to serve some two thousand meals over the five month period in the three locations. If the meals are well received there is also the possibility to continue them into the future.


The St. Luke's Parish House is the home for the Woodsville meal. It is located right on Central Street in Woodsville. The meal will be served from 5:00 until 7:00 PM on the 27th. And again, there is no charge for the meal. For those who wish, there will be a donation basket available.



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Fight The Helmet Law Bill

By *Howie Howe*

RC Coordinator, NH Help on the Homefront

CONCORD — The House Transportation Committee will hold public hearings on two bills, one that would require motorcyclists to wear helmets.

Public Hearings on (House Bill 1261), and another that would limit motorcycle noise (House Bill 1162), in Representatives Hall at the State House on Thursday, January 28, beginning at 9:30 a.m.

Representative Judith Day (D-North Hampton) sponsored both bills.

Last year the House rejected her similar legislation to restrict motorcycle noise on the unanimous recommendation of the Transportation Committee. Since 1989, the House has soundly rejected five bills requiring the wearing of helmets, most recently in 2000.

It seems that Rep Day, who lives just off RT 111 in North Hampton objects to

motorcycles using that route to the beach (seacoast) so this is just another effort to discourage or limit motorcycle usage.

Last year on her Motorcycle Noise Bill, it was scheduled to be held in one of the hearing rooms in the Legislative Office Building (LOB), which is across the street from the State House. So many of us turned up in opposition to her bill that they were forced to move the hearings to the Representatives Hall (General Court Chambers). Rep Day told the House Sgt at Arms that she felt intimidated by all the "Bikers in Leather Vests" who showed up, and while trying to promote her bill, stared at the ceiling, rolling her eyes, seemingly unable to look the public in the eye. She doesn't care about our safety, she hates motorcycles, but seems to have no problems with leaf blowers or lawn mowers.

We need to be there in even stronger numbers than last year, because I have little doubt that Rep Day will try and pack the room with more than the four or five supporters she had last year in opposition to over 150 bikers.

If these bills pass it will cost every rider hundreds, possibly thousands, of dollars to comply. Her last Noise bill required the installation of Tachometers on all bikes, and only OEM exhaust systems. Even if that is not on her current bill (don't know) they could be added as amendments. Let's kill this in Committee hearings by letting them know we are united standing against such BS personal legislation.

Do not let Legislators take away your right to decide how you ride, or where you ride. Be there at 9:00 AM to pack the room on Jan 28th - the second floor of the State House.




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Robert Anthony Warner



Jessie Davidson and husband Michael of Barnet, Tracy Warner and fiancé Willis "Buddy" Hall of East Ryegate, and Bobbi Warner Somers and husband Brian of Barnet; grandchildren, Derrick Samuels, Jr. and wife Rebekah and their children, Derrick III and Shanice, Theodore Samuels, Courtney Samuels, Travis Samuels, Logan Samuels, Andrew Davidson and wife Michelle, Riley Davidson and friend Matt Rutchick, Patrick Long, Anthony Whitcomb, and Brian Somers; two sisters, Diane Keenan and husband Francis of Orlando, FL and Janet Warner-Ashley and Brad of Oconomowoc, WI; a brother, Rev. Thomas M. Warner and wife Nancy of Grafton, NH; a lifetime companion, Jan Warner of East Ryegate; one uncle, George M. Copeland of Portsmouth, RI; several nieces, nephews, and cousins.

East Ryegate, VT – Robert Anthony Warner, 72, died on Tuesday, January 12, 2010 at Dartmouth Hitchcock Medical Center, Lebanon, NH.

He was born in Newport, RI, August 5, 1937, the son of John E. and Arline (Anthony) Warner. Bob graduated from Rogers High School in Newport, then attended the Rhode Island School of Design where he graduated as a draftsman, working in Rhode Island, California, Arizona, and Vermont. Upon moving to Ryegate in 1962, he worked as a dairy farmer and retired from this profession. Bob will be remembered for maintaining the grounds of Warner's Campground and bartending at Phil's Drive-In. Bob had a passion for sailing and being on the ocean. He loved fishing, reading, music, dogs, and "good" ice cream. He was a past board member of the Area Agency on Aging for Northeastern Vermont in St. Johnsbury, VT.

He was predeceased by his parents, John E. and Arline (Anthony) Warner; and a brother, John Peter Warner. Survivors include four daughters, Shellie Samuels and husband Derrick, Sr. of Barnet, VT,

Calling hours will be on Monday, January 18, from 5:30 to 7 PM at the Ricker Funeral Home, 1 Birch Street, Woodsville, NH.

A celebration of his life will be held in Portsmouth, RI later in the summer. Burial will be at the St. Mary's Episcopal Cemetery in Portsmouth, RI.

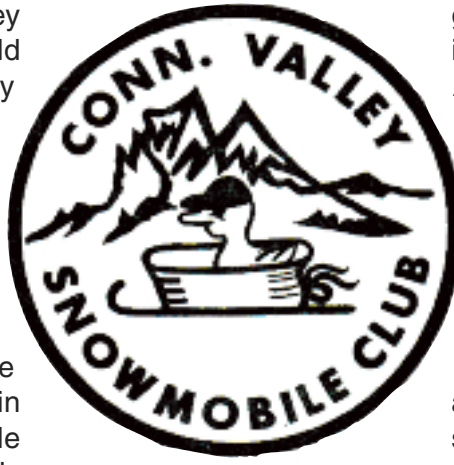
Memorial contributions may be made to the Area Agency on Aging for Northeastern Vermont, Attn: Ken Gordon, 481 Summer Street Suite 101, St. Johnsbury, VT 05819 or the Caledonia Animal Rescue, Inc. PO Box 4054, St. Johnsbury, VT 05819.

Ricker Funeral Home, Woodsville, NH is in charge of arrangements.

For more information or to sign an online condolence go to www.rickerfh.com

Upcoming Events and Safety Tip From Connecticut Valley Snowmobile Club

By Ron Fournier



The Connecticut Valley Snowmobile Club held its snowmobile safety course on Sunday, January 3rd. We had 21 people graduate from this course. It is our hope that they pass on some of the info they learned to their friends and family.

Our club can now be found on the web again at www.ctvalleysnowmobileclub.com thanks to Sandy Willoughby.

On this site you are able to download and print a club membership form as well as keep yourself posted on the events we are holding. Please take some time and check it out.

Our Poker Run scheduled for Sunday, January 31st has been postponed. A date will be set later when we have enough snow to

make a safe and pleasant ride. Please check the web for future info on this event.

We will be out to the Fishing Derby on French Pond on Saturday & Sunday, February 6th and 7th. We will be selling raffle tickets on a Omega Z5 Thompson Center muzzle loader. We will also be selling food and hot drinks.

Our Radar run is set to

go on Sunday, February 21st in the field across from Aldrich General Store. It will run from 10:00 AM to 2:00 PM. We will have food for sale at this event. Radar runs are \$5.00 each.

Please use extreme caution when riding on our trails. We have not had that much snow yet and rocks and other obstructions that should be covered by snow are not, in some places.

Please remember to RESPECT the landowners who allow us to use their land to enjoy our sport. Please stay on the trails and do not leave any trash.

Our meetings are held the first Tuesday of every month at the Municipal Building in North Haverhill at 7:00 PM.

Have a safe snowmobile season.

Not all Times are Trendy but there will always be Trendy Times

January 19, 2010 Volume 1 Number 16

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FRI 01/22/2010	7:00pm	Littleton at WOODSVILLE (BOYS)
MON 01/25/2010	7:00pm	B.M.U. at WOODSVILLE (BOYS)
TUE 01/26/2010	7:00pm	B.M.U. at WOODSVILLE (GIRLS)
FRI 01/29/2010	7:30pm	Thetford at OXBOW (BOYS)

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Good Idea - One Light Bulb at a Time!

Editor's Note: This is a story emailed to me recently. Last week in Trendy Times we had an article about buying locally. This article simply goes one step further. It is certainly an interesting read and hopefully will create some interest. What's your opinion?

A physics teacher in high school, once told the students that while one grasshopper on the railroad tracks wouldn't slow a train very much, a billion of them would. With that thought in mind, read the following... obviously written by a good American.

(I think this lady's on the right track. Let's all get behind her!)

Good idea... one light bulb at a time. Check this out. I was in Lowes the other day, and just for the heck of it I was looking at the hose attachments. They were all made in China. The next day I was in Ace Hardware, and just for the heck of it I checked the hose attachments there. They were made in USA. Got me thinking. Start looking.

In our current economic situation, every little thing we buy, or do, affects someone else - maybe even their job.

My grandson likes Hershey's candy. I just noticed that it is marked 'made in Mexico' now. I choose not to buy it any more.

My favorite toothpaste,

Colgate, is also 'made in Mexico' now. I've switched to Crest. You have to read the labels on everything.

This past weekend I was at Kroger. (Can be true for any store.) I needed 60W light bulbs, and Bounce dryer sheets. I was in the light bulb aisle, and right next to the GE brand I normally buy, was an off brand labeled, "Everyday Value." I picked up both types of bulbs and compared the stats - they were the same, except for the price. The GE bulbs were more money than the Everyday Value brand... but the thing that surprised me the most, was the fact that GE was 'made in MEXICO'

and the Everyday Value brand was 'made in (you got it) the USA', in a company in Cleveland, Ohio.

So throw out the myth that you cannot find the products you use every day... made right here!!!!!!

On I went to another aisle. Those Bounce Dryer Sheets I needed - yep, you guessed it! Bounce cost more money - and - it's made in Canada. The Everyday Value brand was less money - and - 'MADE IN THE USA'! Bye-bye Bounce! I did laundry yesterday, and the dryer sheets performed just like the Bounce Free I've been using for years... and at almost half the price!

My challenge to you is this. Start reading the labels when you shop for everyday things, and see what you can find that is made in the USA. The job you save may be your own, or your neighbors! If you accept the challenge, pass this on to others in your address book, so we can all start buying American... one light bulb at a time!

Stop buying from overseas companies and other countries!

We should have awakened a decade ago.

Let's get with the program... and help our fellow Americans keep their jobs, and create even more jobs, right here in the U. S. A.

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Cohase Chamber of Commerce Annual Meeting

The annual meeting of the Cohase Chamber of Commerce was held last week at the Horse Meadow Senior Center in North Haverhill. This has become an annual event for the Chamber that is well enjoyed by those members who attend.

The evening always features a great meal. This year prepared by the folks at the Newbury General Store. There is also always some great deserts. The Perfect Pear provided those tasty delights this year. It is also customary for the event to have a featured speaker. The year the members of the Chamber who attended were able to get some first hand information from the President of Plymouth State University in Plymouth NH, Dr. Sara Jayne Steen, Another annual part of the festivities is the awarding of the "Business of the Year" to a deserving business. The 2009 winner was announced as the Colatina Exit in Bradford. Congratulations to Vinny and staff.

One other very important part of the evening is the conversation between chamber members, before, during and after the more formal portions of the evening. As is



true with many groups, some of the best information that any one individual can gather is from one other particular individual. It is a vital part of the mission on the Cohase Chamber of Commerce and any other organization of this type. It is called networking. And it is vital for the passing of information and knowledge from one member to another.

Also during the formal portion of the evening many other announcements were made as members were brought up to date on happening from the Chamber's President and Executive Director. It was announced that the annual Whole Hog event for 2010 will be held on Sunday, August 8 at the North Haverhill Fairgrounds. The committee charged with that duty is still working on some of the details, but it would be fair to say that if you are a barbecue master, you should keep your ears open for further details. It was also mentioned that

the Cohase Chamber of Commerce website has recently gone thru a large renovation. The new site is very different from the old, and well worth the time visiting www.cohase.org to see what is new.

The Local First program was also touched on by the speakers. There are many forms to this program and the Chamber continues to work on how best to promote the local economy and the local business owners.

It should also be noted that the Chamber has recently started a newsletter to all its members. It promises to be another tool to keep chamber members informed about happenings in the community, and happenings that will affect the community.

As a member of the Cohase Chamber of Commerce, let me congratulate the Board of Directors, the officers and the executive director on a wonderful evening, an informative event, and continued progress in the year to come.

Gary Scruton
Trendy Times
Member Cohase Chamber of Commerce



Ray Burton, NH Executive Councilor, District One and Barbara Ashley, Fiscal Agent, meet for lunch at the Oasis Restaurant, Littleton, to plan Burton's 17th run for office in 2010. There will be an official announcement reception on Saturday, January 30th from 6-8 PM at the Colebrook Country Club to which all are invited.



Two young readers, Maya Torres and Dominique Salisbury, enjoying more than 80 new children's books given to the McIndoes Academy Library by The Libri Foundation, which provides high-quality children's books to rural libraries in underserved areas. This year, the McIndoe Falls Library was one of only three in the state of Vermont to receive this award. The Library welcomes all local children and their parents to visit and check out these books. For Library hours or more information, please call 802-357-4330.

Happenings At Baldwin Library

(Mostly) True Tales of Old New England

The Baldwin Memorial Library in Wells River will hold a 6-week family story-time for cold winter nights beginning Friday, January 22 at 6:30 pm. Billed as (Mostly) True Tales of Old New England, this program will feature guest readers and full-color picture books by Natalie Kinsey-Warnock, Willem Lange, Marge Bruchac, Laurie Halse Anderson, William Jasper-sohn and others. Many of these books are part of the Family Heritage Series published by the Vermont Folklife Center, and each story is based on a real family from long ago in New England. Related activities, supporting stories, and refreshments will be included in these Friday evenings of fun for the whole family. For more information, call or e-mail the library at 802-757-2693 or wells_river@vals.state.vt.us.

Where Does My Food Come From

"Where does my food come from?" is a question being asked more frequently by consumers. To respond to this interest in the larger implications of our food choices, the Baldwin Memorial Library in Wells River, the Newbury Energy Committee, and the Northwest Earth Institute (NWEI) are offering a discussion group using NWEI's new anthology Menu for the Future.

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By Ronda Marsh

Palmiers



Ahhh...the fond memories! I recall leisurely strolling down The Champs Elysees in Paris toward the Arc de Triomphe in the warm spring sunshine, stopping at a small outdoor café with little tables under a pinstriped awning. The waiter brought steaming cups of cafe au lait and a plate of these marvelous, still-warm crispy pastries with a caramelized exterior and a hint of cinnamon. He said they were called "Palmiers"....

But wait...that never really happened; I'm just dreaming again, as I am prone to do whenever I enjoy these little treats with the fancy French name that means palm tree, which they do sort of resemble. I have also heard them called "Elephant Ears," which they also resemble, but which certainly doesn't make me feel like I'm in a Parisian café, so I'm sticking with "Palmiers!"

I first saw Palmiers being made by Ina Garten on TV and their simple elegance intrigued me. They really aren't that different from the things my mother used to make from leftover pie crust scraps, sprinkled with cinnamon and sugar then baked. Just fancier. And Frenchier. And with a better name than "rolled-up-leftover-pie-crust-thingsies!" Make them in the morning when you have a friend dropping by in the afternoon; they are very easy and go great with coffee or tea. If you want a full-fledged

dessert, serve them warm with a scoop of vanilla ice cream. However you serve them, they're the cheapest way to get a taste of Paris that I know!

- 1 cup granulated sugar
- 1/8 teaspoon salt
- 1 teaspoon cinnamon
- 1 sheet puff pastry, defrosted as per package directions

Preheat the oven to 450F.

Combine the sugar, salt and cinnamon. Pour 1/2 cup of the sugar mixture on a flat surface covered with a sheet of waxed paper.

Unfold the sheet of puff pastry out onto the sugar and pour 1/2 cup of the sugar mixture on top, spreading it evenly on the puff pastry. This is not about sprinkling; it's about an even covering of sugar.

With a rolling pin, roll the dough until it's about 13 by 13-inches square and the cinnamon sugar is pressed into the puff pastry on top and bottom of the dough.

Fold the sides of the square towards the center so they go halfway to the middle. Fold them again so the two folds meet exactly at the middle of the dough. Then fold 1 half over the other half as though closing a book. You will have 6 layers. Slice the dough into 1/2-inch slices and place the slices, cut side up, on a baking sheet lined with parchment paper.

Sprinkle the cut sides of the pastries with some of the leftover sugar remaining on the waxed paper.

Bake the cookies for 6 minutes until caramelized and brown on the bottom, then turn with a spatula and bake another 3 to 5 minutes, until caramelized on the other side. Transfer to a baking rack to cool.

Palmiers are best when eaten the same day they are baked, and even better when served warm.

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Peanut Butter

A Short Story By Jeanne Emmons

He pressed his nose up to the glass of a huge picture window. Allen peered in, he could see the puppies playing and one in particular caught his eye. His first thought was he reminded him of his favorite food – peanut butter! He was a light shade of brown with white paws, huge floppy ears and a pattern of a heart in white on his chest. It was then that he felt as if somebody punched him in the gut.

"Dad, come and look at that one!" he yelled. The puppies paused momentarily from the sudden outburst then went back to their play. However, the light brown puppy cocked his head to the left and looked at the boy. Running over he reared up and placed his forepaws up onto the cool surface of the glass. Their eyes locked.

An older version of Allen appeared next to him. "Wow! He looks exactly like... Jed."

His voice trailed off in sadness.

"I know," breathed Allen. They both stared at the dog disbelieving the exact resemblance. "Please, please can we get him, dad?" he begged as he was hopping up and down.

With a sorrowful look on his face, his father reminisced as he watched the puppy. Allen looked up at his father and was shocked to see a few tears streaming down his cheeks. Allen then remembered the picture on his fathers' bedside table that showed two faces that were no longer with them.

After a quiet dinner, Allen sat on the bottom step leading out to the large back yard. He let his eyes drift over the landscape, trying not to notice the overgrown flower garden off to the left, that at one time was tended to with care. He cursed himself for getting his father upset. He didn't know details

but knew enough that its a subject that didn't get discussed.

Allen barely heard the creaking of the old screen door open and close before he realized his father was standing beside him. His shoulders slouched with his hands in his pockets. His tear-soaked eyes were focused on the left side of the yard.

"I guess I should explain to you why I reacted the way I did at the pet store." He said solemnly. Allen sat there holding his breath unsure of what his father was going to say. "You see son, when you were born, your mom and I thought that it would be nice for you to have a pet that would grow up with you. We looked around quite awhile for just the right kind of puppy. I remember her telling me that Jed looked right into her eyes and she knew he was the right one for you. Well... I know I don't talk much about what happened that rainy night but you are getting older..."

When Allen woke up the next morning he felt something he had never felt before. He couldn't quite grasp the actual feeling. Now that he knew what

happened, it seemed that he was no longer alone. He walked by his dad's bedroom and was about to continue down the hall when he noticed that the usual picture beside his father's bed looked different. Instead of the haunting feeling he grew accustomed too, he felt calm and peaceful when he looked at the pretty young woman holding a baby with a small puppy staring back at him.

He turned and went to the kitchen, "Dad!" he yelled. Silence followed. He took out a bagel and stuck it into the toaster. He looked outside and saw that the truck wasn't parked next to the barn where it usually was. It wasn't like his father not to tell him where he was going.

Out popped the toasted bagel. He put it on a plate and slathered it with peanut butter. He took a huge bite and warm gooey peanut butter oozed onto his chin and dripped onto the plate. Just then he heard the rumble of his father's truck coming down the dirt road.

Allen watched his father curiously as he parked and

stepped out of the truck. He could see that his father also had a different glow to him. He seemed livelier than he had been for a long time, ever since the accident.

His father called for him. He ran out the door and down the steps to his father who was leaning on his truck next to the driver's door window. A few moments went by as he stared at the hyper little furry animal, wagging his tail. Allen's breath caught in his throat as he tried to fight off the threat of tears. He now knew that his father was ready to move on.

The puppy, recognizing the boys face, joyously leapt out of the truck. He surprised Allen by knocking him down onto his back. After licking Allen's face he jumped off his chest. Then he ran in a circle, plopped his butt onto the ground and looked up at the two faces panting with his long pink tongue hanging out the side of his mouth. Allen and his father couldn't help but laugh out loud at the puppy's actions.

"So, Allen, what are you going to name him?" his father wanted to know. Allen burst out with more laughter as he noticed the big glop of peanut butter on the dog's nose. "I think I have the perfect name for him dad!" he told his father with a big grin.

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Veterans Appreciation Days At Bretton Woods

Bretton Woods Adaptive, Inc and the Omni Mount Washington Resort will host Veterans Appreciation Days beginning on Friday February 5th. The Veterans Hospital in White River Junction, VT will be bringing their Mobile Vet Center to the Bretton Woods ski area for one day on February 5th from 9:30 am to 4 pm.

One of a fleet of 50 new Mobile Vet Centers in the United States, the Mobile Vet Center program travels throughout NH and VT to reach underserved veterans. Services through the mobile unit are open to all North Country veterans. The 39-foot motor coach carries Vet Center counselors and outreach workers to provide non-medical readjustment counseling to address the social and economic dimensions of post-war issues. This also includes counseling for traumatic, military-related experiences and family counseling.

On Saturday, February 6th and Sunday, February 7th. Disabled Veterans from the North County of New Hampshire and Vermont will receive free Adaptive ski lessons and use of adaptive equipment through the Bretton Woods Adaptive Program. Families of the Disabled Veterans receiving lessons will receive free skiing as well. Lunch will be provided both days for disabled veterans receiving lessons and their families.

Advanced reservations are required for adaptive lessons. Space is limited for lessons so please reserve no later than February 2nd. Please e-mail tom@brettonwoodsadaptive.org to make advanced reservations. Visit our website at www.brettonwoodsadaptive.org for the services offered.

Bretton Woods adaptive instructors are skilled in teaching adaptive sports regardless of abilities or

injuries. Some of our instructors are Vietnam Veterans themselves who have many years of working with others who like themselves were injured while serving their country. They are proud to return the favor the Veterans of World War II gave them when they returned home.

Vet Centers, operated by VA Readjustment Counseling Service, provides high quality, non-medical readjustment counseling to combat veterans in an accessible, welcoming, trusting atmosphere. The White River Junction, Vermont Vet Center is located at 222 Holiday Drive in White River Junction, off Sykes Mt. Avenue, about 1 mile from the VA Hospital. Tel: 802-295-2908. Walk-ins welcome.

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You Could Earn Money With 2010 Census

Are you willing to help your country, your state and your community? Are you looking for a part time job? How about combining the two?

The Bureau of the Census 2010 is looking to fill some positions for Census takers in the towns of Haverhill and Benton. These are part time temporary jobs, but they pay \$15.00 per hour plus mileage and offer you a chance to do something good for your country.

Applications are now being taken for these positions on Wednesdays at 2:30, from now thru February 17 at the Horsemeadow Senior Center in North Haverhill. These sessions will also include the testing that

takes place in order to qualify for these positions. If you are interested in applying for one of these jobs there are two things you can do before you show up at the Senior Center. You can call 866-861-2010 and sign up for a specific session. You can also go to the website www.2010censusjobs.gov and take one of the practice test that are available there.

Most Americans are aware of the legal requirement for the Census Bureau to do an accurate tracking of the population of each state and the country as a whole every ten years. It should also be noted that the Census Bureau shares only statistics, not particulars, with

other government agencies. For that reason is can be considered a very patriotic exercise to fully cooperate with the census taker who will come to your door later this year.

Remember that an accurate count determines the number of representatives each state has in the US House of Representatives. It also is a factor in determining federal dollars being sent to specific areas. Census numbers are also used for many other purposes over the next ten years. So please cooperate and if you are looking for a job, go apply to be a census taker. It could be an experience of a lifetime.

Calendar of Events

WEDNESDAYS,

JANUARY 20, 27, FEB. 3, 10, 17
BUREAU OF THE CENSUS 2010 APPLICATION & TESTING SESSION

2:30 PM

Horsemeadow Senior Center, North Haverhill

THURSDAY, JANUARY 21

BE HEALTHY – YOGA, REIKI & MASSAGE

6:00 PM

Bradford Public Library, Bradford

FRIDAY, JANUARY 22

BRADFORD PUBLIC LIBRARY STORY HOUR
BILINGUAL SPANISH / ENGLISH
UN GATO Y UN PERO / I WENT WALKING

10:00 AM

Bradford Public Library, Bradord

WOODSVILLE HIGH SCHOOL - SOLO MUSICAL RECITALS

6:30 PM

Alumni Hall, Haverhill

TEEN DANCE SPONSORED BY HAVERHILL RECREATION COMMISSION

7:00 PM

Morrill Municipal Building, North Haverhill

SATURDAY, JANUARY 23

YOU SEW, GIRLS - MAKE COFFEE CAN ORGANIZERS

9:00 AM

Bradford Public Library, Bradord

WOODSVILLE HIGH SCHOOL - SOLO MUSICAL RECITALS

10:00 AM

Alumni Hall, Haverhill

WEDNESDAY, JANUARY 27

COMMUNITY MEAL - OPEN TO ALL

5:00 PM – 7:00 PM

St. Luke's Parish Hall, Central Street, Woodsville

MENU FOR THE FUTURE - DISCUSSION GROUP

7:00 PM

Baldwin Memorial Library, Wells River

WOODSVILLE/WELLS RIVER 4TH OF JULY COMMITTEE MEETING

7:00 PM

Woodsville Emergency Services Building

"WHERE DOES MY FOOD COME FROM"

6-WEEK SERIES

7:00 PM – 8:30 PM

Baldwin Memorial Library, Wells River

See page 7 for details.

SATURDAY, JANUARY 30

SPAGHETTI DINNER TO BENEFIT THE HEATHER POOR FAMILY

5:30 PM

Haverhill Middle School, Haverhill

See page 2 for details.

TEEN DANCE

7:00 PM – 10:00 PM

Ross-Wood Post #20 American Legion, Woodsville

See page 11 for details.

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10 Critter Cupboard Now Open

It has been reported in some areas that food shelf usage is up by 40%. In the days we are living in, this is not hard to believe. There are more and more people who are making those hard decisions of heat, food, or medicine.

Now let's throw in one more mouth to feed. That mouth belongs to someone who can not go out and earn money to feed themselves. They are totally dependent on someone else to be sure there is shelter, food and water. And with all the tough decisions that must be made it can sometimes be easy to decide not to feed that one little extra mouth that is guaranteed not to say anything about it. But is it fair?

Some would say that if you can't afford to have a pet, then get rid of it. That can be easy for the person who does not have, or perhaps has never had a pet to care for and who cares for them as well. But for the single person who depends on that pet to offer companionship, it is a decision that can be impossible to make. Or how about the family with children who love the pet as much as they love any other member of the family. It can be heart wrenching to even consider getting rid of that part of the family.

To help combat this issue in the local area there are several persons and organizations that are doing what they can. One of those people is

Liz Martin of Piermont. Liz has seen the distress in the face of a pet who suddenly finds themselves in a rescue shelter or at a vet's waiting for a new home, or perhaps waiting for something more permanent and much less desirable. And there are times when this happens simply because of the lack of enough money to buy food for the pet.

That is why Liz has started Critter Cupboard, a pet food shelf at Stonecliff Animal Clinic in Bradford with the assistance of owner and veterinarian Dr. Susan Dyer. The food shelf takes up just a small portion of the clinic, but can make a big difference in the life of a pet as well as a pet owner. Donations to the food shelf can be left at the clinic or you can call Liz at her home in Piermont at 603-272-9230. Donations of pet food and kitty litter are welcomed and will be distributed to those who are in need to keep their pets where they belong... at their home!

City Girl Gets A Lesson From Some Country Chicks

By Gail Girard

A friend of the family asked my husband to build her a chicken coop. After weeks of researching and planning, she changed her mind. We had learned a lot (or thought we did) during the process, so we decided to raise some ourselves.

Since we live in the city, the ordinance is 6 hens max, no roosters. We ordered 6 RI Reds. I named them after my aunts and cousins: Esther, Yola, Gloria, Camille, Elena and Leona- "The Girls" as they were dubbed. In a matter of months, we watched them grow from fluffy chicks, to gangly teenagers, to mature hens.

My care of them consisted of feeding them some

cracked corn, clover and grape tomatoes. My husband had to attend to some overnight business and left me to care for them. "The Girls" were out in their pen all day. Since it would soon be dark, I thought I'd get a jump on things and put them in the coop for the night. Elena and Leona ran into the coop when I opened the door to the pen. I ushered in Camille. "This is easy," I thought, "only 3 to go." I picked up Yola and put her in the coop. Elena ran out. I chased Gloria and Esther into the coop, just as Leona and Camille ran by me. I had an idea and closed the small chicken door. I picked up Elena and found I couldn't hold her and undo the latch. So, I put her down and off she ran. I opened the door and Yola daintily walked out. I just let her go. Round and round we went, in and out, up and down. I was getting tired and covered in dust.

Twenty minutes later, all but Leona was in the coop. I decided to sneak up behind her. As I did, 5 hens decided to sneak up on me. Just as I bent to scoop Leona up, she flapped her wings and startled "The Girls". They flew in all directions - a regular chicken frenzy. One of them gave me, what felt like a left jab to my eye. Now I was tired, covered in dust and temporarily blind! All I could think of was the emergency room DR. would never believe that I got hit in the eye with a chicken. I stumbled out of the pen, shut the door and somehow made it to the house. Luckily I had ice and luckily I regained my sight.

At 9 PM, I decided I had better check on "The Girls" They were all in the coop, resting on their perch. I locked the door to the coop and could have sworn I heard laughter, but no, chickens can't laugh or can they.

I learned a few things that day: 1) "The Girls" will go into the coop by themselves, when they are ready. 2) Never sneak up on a chicken. 3) When friends are inquiring how you got the shiner, they will NOT believe you when you tell them you got hit in the eye with a chicken! 4) Although chickens may not really be able to laugh, they do have a sense of humor.

January 19, 2010 Volume 1 Number 16

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nity, medical professionals, area churches and their associations, area clubs and organizations, former clients, family members of former clients, members of our Board of Directors and our employees.

Our donations have come from many locations in our service area which includes the towns of Bath, Benton, Bethlehem, Carroll, Dalton, Easton, Franconia, Haverhill, Landaff, Lincoln,

Lisbon, Littleton, Lyman, Monroe, Twin Mountain, Sugar Hill, Whitefield, Woodstock and Woodsville along with the communities located within the townships mentioned.

We are most grateful for the kindness and support of all our contributors. Your generosity will allow us to continue providing home care and hospice services to residents in the 21 communities we serve.



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12 The Gift of Giving

January 19, 2010 Volume 1 Number 16

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Editor's note: In our November 24, 2009 issue we ran a story that asked for donations of supplies to be sent to Iraq. The following is a follow-up to that article. (you can read the original article at our website www.trendytimes.com)

On December 26, 2009 the Logistical Task Force-15 Special Troops Battalion, of Fort Hood Texas celebrated the giving of the Christmas season by giving school supplies, toys, hygiene products, tooth brushes, books and more to Iraqi children. Locally we sent 35 boxes of donated items to Iraqi children by way of Captain Estan Davis serving in Habur Gate, Iraq. These gifts were made possible because of the generosity of community members, students, teachers, businesses, churches and community organizations from our local area.

The following is a letter from the LTF-15 Special Troops in Habur Gate, Iraq. The Christmas season is a time to celebrate many things such as family, religion, and values. For the Logistical Task Force-15 (LTF-15), 15th Special Troops Battalion, of Fort Hood, Texas and all of its supporters the gift of giving is a way to celebrate the season by giving to others who are less fortunate. An outpouring of support from family, friends, and supporters of

the Soldiers of the LTF led to many donations coming to Iraq to lessen the hardships of many of the less fortunate people.

The nearby village dubbed Mud City doesn't

victims of tribal, ethnic and war violence and have been displaced from their historic village on the border of Iraq and Iran to set up a village. The village lies 4 miles south of the City of Zaxo and is not

village are made by using cob. Cob is an ancient building material that is composed of sand, earth high in clay, straw, and water. These materials are mixed together by hands and feet to form a mud that when dry, is nearly as hard as concrete. Cob is used to construct benches, tables, cottages, and even houses. The biggest impact of the day, were the school supplies which were generously provided by LTF supporters and given directly to the teachers of the village which will help over 56 students, 6-12 years old, who go to school in the village. Another 40 or so teens attend secondary school in the city. The village was very grateful for the generosity of the people of America. The school supplies, toys, candy, and hygiene products all benefited the 280 citizens who make the village their home.

One of the benefits of being at Habur Gate allows Soldiers to go into the villages and meet the people of Iraq, to be able to see why they are here. The Soldiers are able to put faces to their efforts and see the smiles of the children and thankfulness of the parents' eyes for the U.S. supporting their country. SPC Brandon Coyle, a native of Wakefield, Kansas, said, "Even though this holiday season we could not be with our family and friends, we still got to give the gift of giving. This is what the Christmas Season is all about."

Captain Estan N. Davis and the men and women of the Logistical Task force-15 at Habur Gate, Iraq wish to THANK EVERYONE who contributed toward their mission of giving.

From everyone at Habur Gate we wish you a Merry Christmas and a Happy New Year!



recognized by the Dahuk Governate as belonging to Zaxo. Thus, the village receives no regional municipalities such as piped - in drinkable water, sewer, or electricity and relies on water delivered by the city government once a week, waste is disposed rudimentarily, and electricity is provided for by generators. Most of the buildings scattered in this

have any paved roads, sidewalks or much vegetation. The people of the village are



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