

TRENDY TIMES

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JULY 20, 2010 VOLUME 1 NUMBER 29

Behind The Scenes Of A 4-H Fair Exhibit At North Haverhill Fair



By Kathleen Jablonski, Extension Educator for 4-H Youth Development



Just imagine...you are 9 or 10 years old and making plans for the next few weeks. Here is what is going through your head as you get ready for the North Haverhill Fair.

July 28th is coming up fast...oh, wait! I need to get this ready by July 25th. My 4-H leader is collecting all the projects at her house so we can set up the exhibit to see what it will look like before we get to the Exhibit Hall.

Why didn't I fix that sleeve the week after the Textile Event in May? The judge told me how to do it and explained why it would make the whole dress look better. Now I've got to do it and get my biscuits baked for the fair.

It was really nice for Aunt Jean to teach me how to make potholders. I think these bright colors will jazz up the club's display. Gosh, I hope we win the blue ribbon for overall club display.

Hmmm...did my leader suggest that I enter this craft project in the fair or that one? I'll have to look it up on my entry form. ...I'm glad I kept a copy ... the July 1st deadline seems like a long time ago.

And the list goes on. ...

What goes into getting ready for a 4-H Fair Exhibit? First of all, planning. Clubs, leaders and 4-H members decide throughout the year what projects to do and make, according to 4-H guidelines.

At the UNH Cooperative Extension office, the 4-H exhibit hall book is edited and revised after input from 4-H leaders, judges, Fair Association members and review of project guidelines for any new

project areas. For 2010, there are 28 different categories that 4-H'ers can enter in the fair... just in the exhibit hall!

Score sheets for each category are prepared. (4-H members and leaders can ask for copies of them ahead of time to see how their entries will be judged.)

Judges are called for each category (or two or three if there are a lot of entries) and scheduled for the judging day. The Fair Assistant coordinates volunteers to help the judges. Ribbons are organized. All the tools and supplies needed to help the judges are assembled and transported to the exhibit hall.

Club leaders contact the office to sign up for the amount of space they need for their educational and project exhibits. A floor plan is drawn up of where exhibits are going to be placed, who needs floor space for large items and who needs overhead space for backdrops. The tables are dressed and skirted after they are set up.

4-H'ers complete entry forms and get them to the office by the July 1st due date. The 4-H Administrative Assistant adds the entries to the computer system, creates lists of exhibitors and exhibits for the judges and leaders and prints the entry tags. Entry tags are then given to club leaders to be attached to each item entered.

Now it's time to set up the Exhibit Hall. For five hours, club leaders, 4-H'ers and parents bring items into the hall, arrange their exhibits and make sure entry tags are in

place. They give their final list of exhibits to the Fair Assistant who then reconciles the master entry book. After everyone leaves, the first set of judges arrive to judge each club's educational or project exhibit. Judges write comments on each score card and a blue, red or white ribbon is awarded. In 4-H, the Danish system of judging is used. Every entry earns a ribbon based on the standard of judging for that item.

The first day of the fair... and judging day! All day long, sets of judges and volunteer helpers arrive to judge the exhibits. The Fair Assistant gives each judge a clipboard, a folder with their information, and a list of items to be judged. Judges and helpers spread out in the exhibit hall. When the judge has completed their evaluation, the scorecard and ribbon are attached to the entry card by the volunteer. These papers will provide feedback to the 4-H'er on ways to improve their technique for next year.

Then the rest of the fair continues. Throughout the

week of the fair, volunteers help in the exhibit hall to tidy up exhibits, water plants on display, and be sure that curious fairgoers don't handle any of the exhibits. 4-H'ers come in and present action exhibits or demonstrations. The public wanders through and gets an idea of the projects our clubs have completed throughout the year and learn from the educational exhibits set up in the hall.

On Thursday night at 4:00pm, the hall activity heightens as folks arrive to enter the Style Show. 4-H'ers get their garments out of their club exhibits, change into them and model for a panel of judges. They are given a score and later model in a Fashion Show for the public. The top three winners in each age group earn rosettes. Everyone gets a Danish ribbon for their efforts.

Every day, different 4-H members come in and present a demonstration on a topic they've learned in 4-H or an action exhibit to get the public involved in learning from a 4-H project.

Sometime during the fair, a representative from the New Hampshire Department of Agriculture visits each building at the fair. One exhibit will earn the coveted Department of Agriculture award for an exhibit depicting the best display of promoting New Hampshire Agriculture. Occasionally that honor is bestowed upon a 4-H club's display.

On Sunday, exhibits can go home after 7:00 p.m. Somehow, the tearing down of the exhibit hall seems to take a shorter time than the assembly. Items are packed away to go home, tables are disassembled, tablecloths are folded to put away and the floor is swept.

And that is just the exhibit hall...someday we'll talk about animal science projects and what happens when you get ready to show your animals.

4-H is the Youth Development program of UNH Cooperative Extension. For information about 4-H in Grafton County, New Hampshire, please contact Kathy Jablonski at 603-787-6944 or email her at Kathleen.jablonski@unh.edu.

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Littleton Riverwalk Phase II In Final Approval Stages

[Littleton, NH July 9, 2010] – Another Downtown Littleton Project is nearing completion this year.

Phase II of the award-winning Littleton Riverwalk Pathway is in its final stages of permitting and is on scheduled to be completed this fall. Continuing where Phase I left off at the covered bridge, phase II of the pathway will continue up alongside the Ammonoosuc River and connect to the Veterans Memorial Bridge on Cot-

tage Street and ultimately the Littleton Opera House.

In July 2008 the Littleton Board of Selectmen appointed a Riverwalk Committee with a mission of making the project a reality. Working together with town officials and Project Engineers from HE Bergeron Engineering, Littleton residents and business owners Val Poulsen, Chad Stearns, Ed Boynton, Violet Hopkins, Larry Jackson, Dan Cullen and Ray Cloutier have been

working on the pathway project since being appointed, and are excited that the project is in its final stages. "Since we formed this committee, we have had several changes and challenges come to us, and to be at the stage is very satisfying" said Ray Cloutier, committee Chair. "When the Town first received the grant funding for this project in 2004, there were high hopes of an elaborate plan of suspended walkways, which over time we

have come to realize were not realistic. The plan we have now not only is realistic and within budget, but also follows the river closer than originally planned and also provides increased safety for those traveling on Riverglen Lane".

Phase II of the Riverwalk Project will be approximately 800 feet in total length from the covered pedestrian bridge along Riverglen Lane to Cottage Street. The alignment generally follows the Ammonoosuc riverbank in front of the Littleton Senior Center and Riverglen House, and then shifts to follow the north edge of pavement along Riverglen Lane near the Littleton Bike and Fitness parking lot. A sidewalk and railing will then be constructed alongside Littleton Bike & Fitness to connect to Cottage Street. It is anticipated that construction will begin in September and continue into October of this year.

On Thursday July 8th the Riverwalk Committee met with abutters to the project to present their final plans. Property

owner Dave Harkless of Littleton Bike and Fitness granted a crucial easement for the pathway to be constructed alongside his building, which was crucial for the project. Frank Porfido, another abutter to the project was also generous in providing an easement across his property, and the support of abutters Andy Smith, Ron Murro, and Riverglen House has also been encouraging.

A Public Meeting will be held on Monday July 19th at 6:00 pm at the Littleton Senior Center at which time the Riverwalk Committee will present its final plans in hopes of garnering public enthusiasm for this long awaited continuation of the Riverwalk Project. At this meeting overall pathway plans will be presented and committee members will be available to walk the proposed pathway with members of the public. Anyone interested in learning more about the Riverwalk Pathway is encouraged to contact the Town of Littleton at 444-3996, or any committee member.

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Thoughts While Picking Blueberries

By Bill Scott

This was a very good day. In many ways it was a typical summer day, hot and humid and very little breeze. From the swimming hole I could hear the voices of children having a good time. It is a pleasant sound that makes summer days so much more meaningful than you might expect. There is something so fundamental about hot weather and swimming holes and the sound that children make. I guess it passes a message that crosses the bridge of generations. In a few minutes you can make the transition from your own childhood and swims with your friends, to watching your children enjoying the water and swimming in local races and doing well, to watching your grown children and their children floating down the river on big inner tubes and bumping over the rocks in the rapids. Everybody feeling the connection of doing something that crosses three generations and each generation enjoying the same thing together.

The experience is the same for each in some basic way but really so different in other ways. Part of the difference is in the way the more mature generation ride in the water. We are hull down like a listing ship ready to take on water, our bottoms bump on the rocks in fast water and reading the river to discover its deeper channels is a real necessity. Our children float like chips and their inner tubes carry no visible sign that they are overburdened or under duress. Their delight or concern is not masked by any subterfuge; it comes across raw and unfiltered. It adds a dimension of respon-

sibility that is somehow rewarding and somehow off putting. It reminds you how fragile good experiences can be. How important it is to make sure they don't get too much sun and that the snapping turtle that dived off the rock just ahead is not planning an underwater attack. It makes you aware of the condition of river shoes and of leaking inner tubes with faulty rubber patches. You are also responsible for making sure the cans from the soda your party is consuming are safely returned to the float and not allowed to sink to the bottom of this clear mountain river.

It is strange when you think of the miracle of all this water flowing over centuries old bedrock from a point that originates on the slopes of Mt. Washington and you feel so privileged that it floats you and your family to a lovely beach. A beach that is your own, if anyone can truly own the best swimming hole in the area just because you own the land. For that reason we share the beach with the world and the people who come to it. A swimming hole is universal. They are limited and a product of some good fortune that nature randomly deals to create a treasured spot. They are almost impossible to create but are a freak of a whimsical nature that is free to ignore any requirement that swimming holes be accessible. Good ones are a treasure, and we have one. It serves our family, it serves several local communities, and it serves a large local campground that has discovered it. Our family is now grown and although we use the river and the beach on

rare occasions it is mostly other voices that call out from our swimming hole. While working in my backyard I watch as a crowd of young people drifted across our meadow full of energy and high spirits. Then their shouts and play is a happy signature on a summer day.

These then are the thoughts of an old man as he picks blueberries on a hot summer day. The green meadow goes down to the river and the swimming hole, my swimming hole and my meadow. The land is good. I have picked summer vegetables and now blueberries. The tall bushes are full and my large container is filling as surely as my mind is filling with a different harvest, a harvest of voices drifting up from the swimming hole. I like the harvest of fun and good times. I know them now by the timbre of their voices in my mind. I can see them at play in the cool water. They are diving off the rocks on the far side of river and I can hear their cannonball splashing and high spirits.

I look up at the two hundred year old house that we call home. For thirty-four years it has sheltered and pleased us. Nan and I, two rolling stones that moved so many times during my military career and now tied to this green piece of New Hampshire. Just think of the children that fell out of the doors of this old house over the last two hundred years and headed for a swim on a hot summer day. Think of the farm hands pitching hay or working the fields behind oxen and horses and tractors eager for that cool dip in the

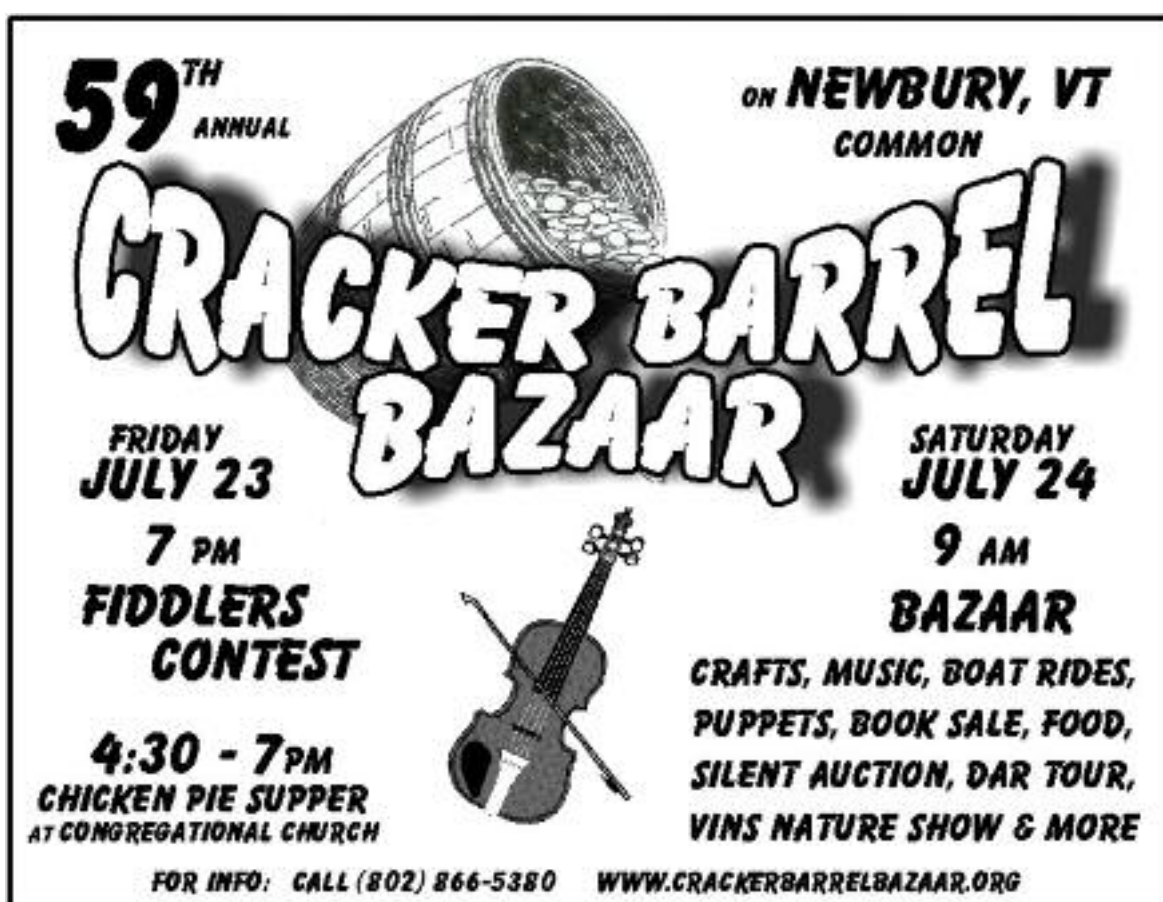
Ammonoosuc River at the end of my meadow. Their voices are in my head and their pleasure is real and vital to the miracle of a great swimming hole.

I listen to the children at play and think of what they do not know. There are centuries of voices that knew this place before I did. When the first settlers of Bath, NH in 1767 looked upon my meadow they saw an Indian Village located right where I live. So there are new voices in my head speaking a language I do not know. There were small red bodies swimming in my swimming hole at the end of my meadow many years ago. It must have warmed the hearts of red mothers and fathers to hear the sounds of their children at play. Sad that those voices are now silent, but they are somewhere in my head joining the ones now coming from my beach today. My children and the children so boisterous on this summer day will never think of the legacy of a good

swimming hole or hear the voices that echo from such a simple spot. Swimming holes are so durable that they can contain voices that echo across hundreds of years, in languages no longer heard. They are now singing in my head joining the voices of today. I suspect the voices have much in common because children at play have a common language that is unique and wonderful and understandable to all who can hear it.

These then are the thoughts of an old man picking blueberries while hearing voices coming up from the river. He still thinks of it as his meadow and his swimming hole. It was just yesterday that he mowed it and picked up a little bit of trash and made it ready for somebody whose voice he may not recognize. That is the magic of a good swimming hole.

It has been a very good summer day and here comes my Nan with a container to join me picking blueberries.



Joey + Rory Roar Into Haverhill On Their Way To The Top

By Robert Roudebush

I was talking on the phone to Joey + Rory from their 1870's farm home in Pottsville, near Columbia, Tennessee.

In that conversation, who I heard talking was two courteous everyday folks who just happen to be successful award-winning players in the competitive game of big-time country music. A man and wife singing/songwriting team, just this year voted the Top New Vocal Duo by the Academy of Country Music.

And they are coming to town to appear at the Haverhill Town Fair toward the end of this month.

This couple (also nominees for Top New Artist, and Top Vocal Duo) might not be the biggest names in Country music yet but they have a pretty impressive track record for a relatively short professional career - the duo has been active since 2008. They sell lots of records, tour with the Zac

Brown Band, collect royalties from their own hits and hit songs they wrote for people like Easton Corbin "A Little More Country Than That", and Blake Shelton and Clay Walker, make music videos, (one with a cameo from Naomi Judd), receive multiple music business awards nominations, make TV commercials, wangle corporate endorsements and were finalists on Country Music TV's competitive CANYOU DUET in 2008. The country/bluegrass performers are scheduled to appear at the Thayer Stage at the Fair - Friday, July 30 at 8:30 at night.

I asked Rory, the lead guitarist and songwriter of the two, "How does a person become a Nashville songwriter and how many songs usually get written before one hits?"

"Any one can be a songwriter, it's becoming a successful songwriter that takes the work. Just show up, keep

plugging," Rory answers. "I've got hundreds, maybe thousands of songs, most don't hit it, now and then one or two do and it's a gift from above."

"How do you travel?" "We've got a tour bus, a Silver Eagle, and it depends on the schedule and the time and distance involved" Rory explained. "We might just fly in real quick from one location, to another - We don't bring a whole lot of folks with us - just our band and one or two others."

Their North Haverhill Fair gig should be worth your time. The days when you can catch an act as good as theirs for nothing more than the price of admission to a great town fair are short-lived. Rory + Joey manage to keep all their feet solidly on the ground doing day-to-day non-music work, like real folks. Their farm in Tennessee, and keeping up a beautiful old home means never ending work, and a cer-

tain amount of expense. "We're not rich," Rory points out. "Most of our money comes from songwriting royalties. We just like to make good, true music. We seem to make it better together, than apart."

Joey, the lead singer, is part owner of a family restaurant, (Marcy Jo's Mealhouse,) just outside of Nashville and if you know anything about that line of work, you know that job is almost never done either. "We do breakfast and lunch - come for the biscuits and gravy, we like the folks to feel comfortable, like they're sitting around their own home" Joey tells me.

I looked them up electronically - click "Joey + Rory" and click the Official Website, or drop down to Wikipedia and check out their music, tour dates, photos, merchandise and CDs.

They are both good looking; she's a classic slim

beauty with flowing black hair and he's strong jawed with short-cropped lighter hair.

They've sold some records, hundreds of thousands of them - their first album "THE LIFE OF A SONG" on Vangaurd/Sugar Hill records 2008, debuted at number 10 on country charts, (and remained on the charts for 50 weeks) with the single "CHEATER, CHEATER" (which they co-wrote) from that album reaching the number 30 position on country music charts in early 2009. "That song has been good to us," they agree. And that single landed in the 2009 Year-End Top 10 Dance Club Chart, right there alongside people you might have heard about like Carrie Underwood, Brooks & Dunn, and Reba (there's only one Reba). After placing third the first season, they returned to the CANYOU DUET stage last year to perform CHEATER, CHEATER on "Original Song Night". "ALBUM # 2" is what their second album is called and it releases next month, August of 2010. And yes, they are currently laying down tracks for a Christmas Album.

On June 10th, last month, they performed on the banks of the Cumberland River at the Riverfront Stage during this year's Country Music Association Music Festival in downtown Nashville, and they were part of the Grand Ole Opry matinee show that same month on the 12th, at the world-famous Ryman Auditorium. Now they are about to appear virtually on the banks of the Connecticut River here in our town.

The Grand Ole Opry - my, my my. In country music, that means you made it son, made it big.



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North Haverhill FAIR



Wednesday - Sunday July 28, 29, 30, 31 & August 1, 2010

| 2010 ADMISSION PRICES | | | |
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| THE FOLLOWING RATES GOVERN THE SALE OF ADMISSIONS | | | |
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Friday, July 30 4 Cylinder Demolition Derby

Sponsored by *Darling's Auto*
Show Time: 7:30 PM @ McDanold's Arena



Friday, July 30 A duet on stage and in life. **Joey + Rory**

Show Time: 8:30 PM @ Thayer Stage

Saturday, July 31 **Sarah Buxton**

Show Time: 8:00 PM @ Thayer Stage

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Art & Photography Show Arts, Crafts and Collections

Entry Information: Items must be brought to the fairgrounds on Sunday, July 25 from 1:00pm to 7:00pm.
Go to www.nohaverhillfair.com for complete rules & regulations. Luanne & Dennis Fournier 603-787-6389.

Edith G. Henson Memorial Flower Show

Entry Information: Items must be brought to the fairgrounds on Wed., July 28 3-6pm, Thur., July 29 3-6pm or
Fri., July 30 8:30-11:30am. Go to www.nohaverhillfair.com for complete rules. Hannah Fadden 603-728-8117.

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A Cat's In The Garden

By Arianne Fosdick, UNHCE Volunteer Management Program Assistant

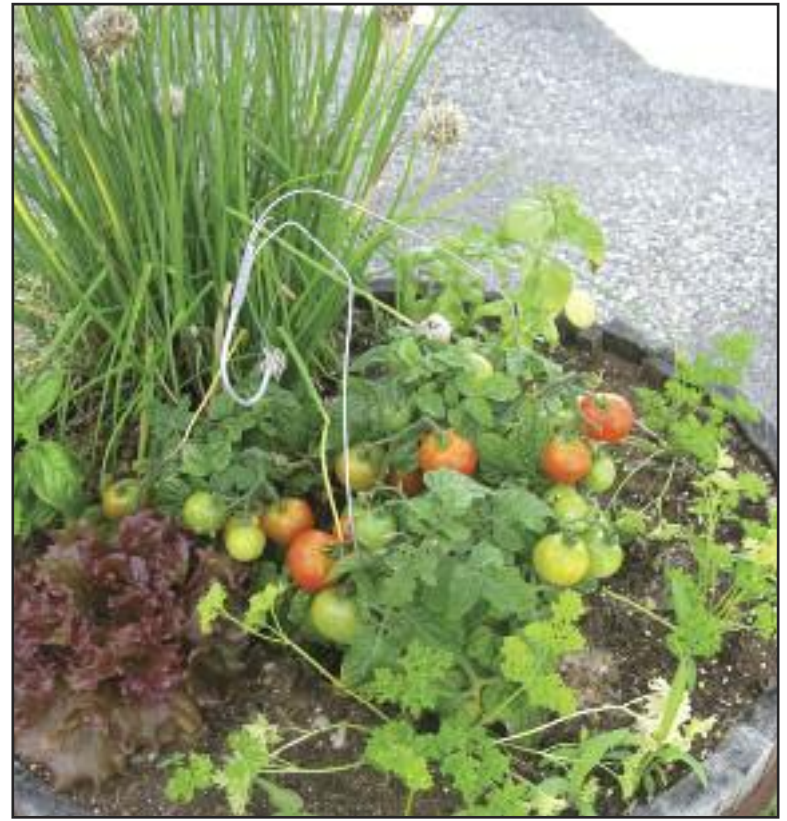
Master Gardener and south-eastern Grafton County resident Carol White (otherwise known as Cat) has spent many afternoons in gardens. As a vegetable and flower gardener for the past 63 years, she is no stranger to the rituals involved in getting a seed to turn into a plant and a plant to turn into a meal. Rituals that include hours of kneeling over weeds, daily, blank-minded watering sessions, and a devoted covering and uncovering of plants around nights that threaten frost. Eager to share this knowledge and experience with her community, Cat initiated Alexandria's first community garden in spring 2009. With funds from the NH Master Gardener Association, volun-

teer labor, and lots of determination and hard work, the 2009 gardening season was a success. Such features as the renowned "salad bars", which are really two whiskey barrels filled with lettuce, cherry tomatoes, and herbs, made the gardens a routine break point for cyclists, children on summer vacation, and people on their way home from work.

Though this year's garden could boast harvestable lettuce and salad mix, blossoming tomatoes and squashes, and tall, sturdy, bean plants in June, Cat admits that it has not always been "skittles and beer." The original soil was mainly sand and rock, which demanded that much of their first year effort and funds went into

bagged compost and soil additives. Last year's gardening rollercoaster was at its peak as everyone watched the tomato plants thrive due to all of these soil amendments, but it plummeted when the appearance of late blight forced Cat to pull and discard their beautiful, fruit laden plants.

The tomatoes are in a new spot this year and everyone's fingers are crossed against another late blight epidemic. So far the garden shows little sign of pest or disease damage of any sort. The biggest problem is that in order to escape the delinquent pumpkin patch the police department had to find a new parking spot for their cruiser a fact that will delight the Alexandria School



children when they come to harvest the pumpkins again this fall. Cat is growing the ever-bearing strawberries in special synthetic mulch which lets water through but keeps the plants cool, an idea she picked up at a strawberry growers' festival in Florida this past winter. It is this creativity and willingness to try different things that helps keep the project going. Cat is wary about getting too big though. With the existing beds there is enough to keep Cat and the occasional volunteer in a tight race against the weeds, and enough to allow for the lucky person who stops by at just the right time to leave with some fresh, local ingredients for their next meal. To date Cat has given away 38 quarts of greens, 57 zucchini, 48 summer squash, 10 cucum-

bers, 16 head of cabbage, ½ a bushel of Swiss chard, and immeasurable handfuls of strawberries and cherry tomatoes.

All of this produce comes from the 968 square feet of veggies that Cat has "wrapped around the town hall", and she hopes that seeing what she has been able to do in a relatively small area will show people that it doesn't take acres of land to grow a few vegetables.

These gardens are located in front of the Alexandria town offices. Stop by to see the edible landscape for yourself. For more information about this project, the Grafton County Master Gardener Program, or other community gardens in Grafton County call the office at (603) 787-6944.



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Cottage Hospital Now Provides The Latest In Mammography

Woodsville, NH - Women who undergo routine mammograms at Cottage Hospital Women's Imaging Center now have the latest diagnostic technology available to them, full field digital mammography. Cottage Hospital is the first healthcare provider in the Upper Connecticut River Valley to feature the state-of-the-art system, Selenia™ digital mammography from Hologic™ with a tungsten detector, which significantly reduces a radiation dose.

Cottage is very excited to be able to offer the newest technology for breast cancer detection. Digital mammography is different from conventional mammography in how the image of the breast is acquired and, more importantly, viewed. The radiologist can magnify the images, increase or decrease the contrast and invert the black and white values while reading the images. These features

allow the radiologist to evaluate microcalcifications and focus on areas of concern.

By offering women the latest technology in mammography, we hope to increase the number of women who follow recommendations for regular screenings. The breast cancer statistics are staggering:

- One of eight women living in the U.S. will get breast cancer in her lifetime.
- Breast cancer is the 2nd leading cause of cancer death in the U.S. It's the leading cause of death in 35 to 65 year old women.

The good news is that if breast cancer is found early, before the cancer has spread, the five year survival rate is 98 percent. Over 2.5 million American women with a history of breast cancer are alive today thanks largely to the many new techniques for finding and treating the disease.

For most women 40 and over, an annual mammogram is the best way of find-

ing breast cancer early. Mammograms play a central part in the early detection of breast cancer because they can detect changes in the breast that may be early signs of cancer, but are too small or subtle to be felt.

The use of mammography and in particular, digital mammography, has greatly enhanced the ability to detect breast cancer at an early stage, when it's most treatable. Digital mammography detected significantly more cancers than screen-film mammography in women 50 and younger, premenopausal and perimenopausal women, and women with dense breasts, according to results from the American College of Radiology.

Cottage Hospital is committed to the fight against breast cancer. Women should call 603-747-9213 to see if they would benefit by having a mammogram on the new equipment.

Cottage Hospital is a 25 bed, critical access hospital serving the beautiful Upper Connecticut River Valley. For additional information

regarding Cottage Hospital and any of our services, visit us on the web at www.cottagehospital.org, or call (603) 747-9000.

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Call your provider today to take advantage of the latest in breast cancer detection and comfort technology, at Cottage Hospital's Women's Imaging Department.



Cottage Hospital introduces full field digital mammography. Appointments available during business hours M-F, select evenings and Sat. mornings.



Your Health. Your Hospital. Your Community.

For more information call 603-747-9213 Or visit us online at www.CottageHospital.org

Bradford Public Library Fundraiser

The next Music in the Park event in the beautiful Elizabeth Park in Bradford, Vt will take place on Saturday, July 24th beginning at 4 PM. The music will come from a band that is new out of Vermont. The contemporary folk rock sound of the Wall-Stiles is original, energetic, and entertaining. Songs cover a wide range of sounds, from fiddle-screaming, high-spirited barn burners, to melodic ballads that highlight rich vocals and nuanced instrumentation.

Drinks, desserts and box lunches will be on sale at the park, and there is a requested \$5 donation per person or \$10 per family.

The event is a fundraiser for the Bradford Public Library, so bring the family and enjoy the evening.

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Calendar of Events

TUESDAY, JULY 20
NH STATE VETERANS COUNCIL REPRESENTATIVE
8:00 AM - 12:00 Noon
Woodsville American Legion Post #20

WEDNESDAY, JULY 21
WHITE MOUNTAIN COMMUNITY COLLEGE CONFERENCE
8:00 AM - 12:00 Noon
Alumni Hall, Haverhill Corner
See article on page 13

THURSDAY, JULY 22
HYMNS & TRADITIONAL GOSPEL MUSIC BY CHARLES HAMLETT
6:00 PM
Groton Gazebo In The Park

FRIDAY, JULY 23
CONCERT IN THE PARK SWEET JAMM
7:00 PM
Main Street, Bradford Park

THE DEVIL'S DISCIPLE
7:30 PM
Old Church Community Theater, Bradford

SATURDAY, JULY 24
ANNUAL MASONIC YARD SALE
8:00 AM
Grafton/Kane Masonic Lodge
Rt 10, Main Street, No. Haverhill

MUSIC IN THE PARK - WALL-STILES BAND
4:00 PM
Elizabeth Park, Bradford
See article on page 7

THE DEVIL'S DISCIPLE
7:30 PM
Old Church Community Theater, Bradford

SUNDAY, JULY 25
ANNUAL MASONIC YARD SALE
8:00 AM
Grafton/Kane Masonic Lodge
Rt 10, Main Street, No. Haverhill

PHOTOGRAPHY & CRAFT ENTRIES
1:00 PM - 7:00 PM
North Haverhill Fairgrounds, No. Haverhill

VESPERS SERVICES
5:00 PM
East Haverhill United Methodist Church

THE DEVIL'S DISCIPLE
4:00 PM
Old Church Community Theater, Bradford

THURSDAY, JULY 29
HYMNS & TRADITIONAL GOSPEL MUSIC BY CHARLES HAMLETT
6:00 PM
Groton Gazebo In The Park

FRIDAY, JULY 30
BRADFORD HISTORICAL SOCIETY MUSEUM'S NEW DISPLAY "MADE IN BRADFORD, THEN AND NOW"
10:00 AM - 12:00 Noon
172 North Main Street, Bradford

SUNDAY, AUGUST 1
VESPERS SERVICES
5:00 PM
East Haverhill United Methodist Church

MONDAY, AUGUST 2
GOOD OLE BOYS MEETING
12:00 Noon
Happy Hour Restaurant, Wells River
Public in invited.

HAVERHILL SELECTBOARD MEETING
6:00 PM
Morrill Municipal Building, North Haverhill

TUESDAY, AUGUST 3
NH STATE VETERANS COUNCIL REPRESENTATIVE
8:00 AM - 12:00 Noon
Woodsville American Legion Post #20

CONNECTICUT VALLEY SNOWMOBILE CLUB MONTHLY MEETING
7:00 PM
Morrill Municipal Building, North Haverhill

WEDNESDAY, AUGUST 4
3 RIVERS BUSINESS ASSOCIATION MONTHLY MEETING
8:00 AM
Wells River Savings Bank, Wells River

INVASIVE AQUATIC PLANTS
7:00 PM
Red Barn Located On The Rocks Estate
Bethlehem

THURSDAY, AUGUST 5
HYMNS & TRADITIONAL GOSPEL MUSIC BY CHARLES HAMLETT
6:00 PM
Groton Gazebo In The Park

ASIAN LONGHORNED BEETLE INFORMATION SESSION
6:30 PM
Grafton County Complex, No. Haverhill
See article on page 17

SUNDAY, AUGUST 8
VESPERS SERVICES
5:00 PM
East Haverhill United Methodist Church

MONDAY, AUGUST 9
ROSS-WOOD AUXILIARY UNIT 20 MONTHLY MEETING
6:00 PM
Ross-Wood Post Home, Ammonoosuc St., Woodsville

FRIDAY, AUGUST 13
THE SWING PEEPERS IN CONCERT
7:00 PM
North Main Street Park, Bradford

WHENEVER DATE

Place your event for your town, school or organization at no charge.

Submit your entries by:

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Deadline for submissions is Thursday, July 29, 2010 for our August 3rd issue.

Hospice Volunteer Training Begins In Littleton On September 14, 2010

We are pleased to announce that a Hospice Volunteer training program will be offered by North Country Home Health and Hospice Agency beginning September 14, 2010. The training program will be held over the course of 6 consecutive weeks on Tuesdays at the Littleton Senior Center. Hospice volunteers are being sought to provide support and services to patients and their families living in Littleton and the surrounding communities. There is no charge for this training and participation in the training does not require a commitment to becoming a hospice volunteer.

Hospice volunteers may provide care in a variety of settings, including individual's homes, nursing homes, assisted living facilities and in the hospital. Volunteers may help in a variety of ways, based on their inter-

ests and skills. Some volunteers help by providing friendly visits, writing letters, reading to clients, running errands, helping with light housekeeping, or making a meal. Volunteers may provide respite care so family caregivers can take a break. Others prefer to help with outside chores, assisting with transportation or walking the dog.

The training will feature a variety of guest speakers, including nurses, social workers, a counselor, a

physician, clergy and hospice volunteers. We will explore the physical, emotional and spiritual aspects of living with a life limiting illness. Participants will have the opportunity to explore their own feelings about end of life issues and learn ways of supporting others for whom we provide care. Topics to be addressed will also include the history and philosophy of hospice, communication and listening skills, family dynamics and grief and bereavement.

There are many volunteer opportunities and new volunteers are always needed. To register, or for more information about this training, please call 444-5317 and ask for Martha Reed, Hospice Volunteer

Coordinator. Space is limited so please register early. The deadline to register is Wednesday August 4th. This program is sponsored by North Country Home Health and Hospice Agency, 536 Cottage Street, Littleton N.H.

Not all Times are Trendy but there will always be Trendy Times

Steenburgh Auctioneers

On Site Auction in Groton, VT
Real Estate & Personal Property
Thursday, July 29, 2010 @ 10 AM
Route 302, Main Street, Groton, VT

Since Dot Main has decided to leave her long time home and move to smaller quarters we will sell at public auction the entire contents of the residence. The following represents a very, very partial listing.

Please see web site www.steenburgh.com for Photographs.

Real Estate: Located on approx. 3/4 acre in the town of Groton, Vermont this ca. 1820 home has the appeal of true Vermont country living. With 4 bedrooms on multi levels, a large country kitchen, family dining area, living room, den, pantry and various other rooms. Dot & the late Spicer Main filled their home with a wonderful collection of New England country antiques. To be sold at 12 noon. A deposit, with the auctioneer, of \$10,000. In certified funds is required in order to bid. Owner reserves the right to accept or reject any and all bids. Final settlement in 30 days. House will be sold at 12 o'clock Noon.

Antique Furniture: Vermont chestnut & birch country secretary w/ double glass door top over slant lid writing surface over 3 drawer base; wonderful pegged taper leg tavern table w/ beaded one board top in old color; New Eng. pine dry sink; pine two drawer lift top blanket chest; birch taper leg drop leaf table; other pine dry sink; raised panel single door hanging cabinet in old pt.; early Empire 4 drawer chest w/ birdseye maple drawer fronts (some veneer damage); turned leg light sand w/ drawer; taper leg tavern table w/ drawer; seven spindle Windsor side chair in old black pt.; reeded leg, figured walnut oval drop leaf table; early hooded cradle w/ shaped top and in old paint; number of wash stands; fine dovetailed lift top blanket box; Empire 2 drawer drop leaf night stand; Eastlake Vict. love seat Empire game table; Hoosier cabinet; set of 4 ice cream chairs w/ heart design; and much more.

Custom and Modern Furniture: set of fan back Windsor dining chairs; rock maple butterfly table; set of birdcage Windsor chairs; 6 ft. trestle table w/ breadboard end; maple stepback cabinet; VT Made Rock Maple 3 drawer chest; other VT Made furniture; set of custom birdcage Windsor chairs; custom 6 ft. pine trestle table w/ breadboard ends; maple step back hutch; decorated rocking chair; number of straight front cabinets; settle in red pt.; 2 firehouse Windsor armchairs; saw buck table; Deacons bench; sm. mahogany corner cabinet w/ double glass door top; Queen Anne style tilt top table w/ pie crust top and pad feet; saw buck table; pr. of maple twin beds; deacon's bench; set of bowed arm spindle back cane seated chairs; set of ladder back chairs; and more

Accessories: Norton & Co. 1 1/2 gal. stoneware crock w/ cobalt decoration; other stoneware crock w/ blue; Brinsmail & Bros., Burlington, VT OG clock; George Marsh, Bristol Ct. OG clock w/ painted decoration & carved basket of fruit; fancy Ingraham mantle clock; A. E. Buck & Co. Boston 2 gal. stoneware jug w/ blue floral decoration; 3 gal. stoneware water cooler w/ raised cobalt decoration; Norton, Bennington brown ware 2 gal. jug; 2 ca. 1890 child's rocking horses; great banded wooden sap bucket w/ bail handle; primitive wall mounted apple corer; primitive grain cradle; early winnower assortment of wooden firkins; early flax wheel; spinning wheel yarn winder; early copper pots; lg. brass kettle w/ bail handle; 2 doz. pieces of Watt pottery pieces including pitchers, mixing bowls etc.; 6 iron peels; bed warmers; dated finger lamps; tin chamber sticks; miniature sad irons & trivets; great old wooden pitchfork; candle snuffers; store balance scale; oak wall mounted telephone; wooden wash tub in old paint; wrought iron pole lamps; banded dasher butter churn; pantry boxes; sap buckets; tin cheese strainer; lg. assortment yellow ware; assortment of agateware pieces; including nest of blue & white agateware bowls; flat and sad irons; incredible collection of New England kitchen collectibles; collection of blue Willow china; chopping and mixing bowls; Bennington mixing bowl; room size hand braided rug; braided rugs; carpenter lg. nail tray; tin sugar molds; wooden chopping bowls; standing pole drying rack; West. Elec. bakelite stick telephone; much, much, more.

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July 20, 2010 Volume 1 Number 29



Church at the Crossroads welcomes our new Pastoral family, Nate and Annie Martell and their four children. Originally from the Lebanon/Enfield area of NH, Nate and Annie have spent the last six years training in ministry in Virginia and Oklahoma. They are excited to be a part of the community.

We invite you to come and meet our new pastor and his family on a Sunday morning. Sunday school at 9am and worship service at 10am. Please check out our website for more details www.churchatthecrossroads.org

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By Ronda Marsh

Individual Potatoes Au Gratin

I grew up in a household where potatoes were de rigueur. Oh sure, there was the occasional evening when pasta or rice were served, but I can never remember a time when there were not also a bowl of cold boiled potatoes in our refrigerator, "just in case" someone wanted potatoes, too. My mother cooked potatoes every day, and in the course of a week, we'd have every imaginable form of potatoes; fried, baked, boiled, mashed, scalloped and au gratin, to name a few. We grew most of our own spuds, so you might think that would be why they took preference as a starch. But it was more than that. It was as if my parents harbored a secret inner fear of being potato-less, like some folks fear running out of milk or toilet paper. Both my father and older sister craved potatoes, and I can remember them with two dinner plates each; one for their meat and vegetables, and another one exclusively for the huge mounds of mashed potatoes they'd consume. As for me, I can take 'em or leave 'em. Maybe it's because of all those years of



potato over-kill, but I generally don't get very excited about a potato recipe. Until this one. All I can say is that if you want to try a really neat tasting twist on potatoes, then for goodness sake, make these. They are winners on many different levels: They look fancy but they're super easy, your kids can help make them, and they can be switched up to include a protein, in the form of diced ham or bacon, sprinkled in the layers. I love that they are individual portions, and although they can certainly be made directly in the cupcake molds, I find that using the foil cupcake liners

just make serving and then cleanup that much easier. I got the basis for this recipe from The Pioneer Woman Cooks website, but once I made it, I saw where it needed some adjustments (sorry, Pioneer Woman!) So here it is, in its final form, awaiting you to make it your own. One word of caution, though: While this recipe makes enough to allow 2 portions each for six people, you might want to consider making additional, since once people try them, even the ones who are not potato-lovers will probably keep going back for more!

- 8 whole medium potatoes
- Butter (the amount depends on how much you dab in each cup)
- 1 cup or so of shredded cheddar cheese (I used pre-shredded Mexican blend)
- ½ cup scallions or chives, chopped (or even finely minced onion)
- 24 teaspoons Half-and-Half
- Salt and pepper, to taste
- Optional – Paprika, for sprinkling on top

Pre-heat oven to 400°F. Scrub, then pierce potatoes with fork, sprinkle with salt, wrap in damp paper towel and microwave for about 5 minutes. Potatoes should still be firm (mine were pretty well done, but still worked fine.) Set aside and let cool till they can be handled, then slice into about 1/4" discs. If using the foil cupcake liners, remove the paper insert and place into a 12-hole muffin pan and spray with vegetable spray. If not, spray the muffin pan. Place small pats

of butter in the bottom of each mold of the muffin/cupcake pan, then a slice of potatoes, a pinch of salt and pepper, then cheese and scallions. Repeat layers: potato, salt & pepper, cheese, scallions. (I only did 2 layers, but I suggest going up to 3.) Top each mold with another pat of butter and drizzle each with 2 teaspoons of half-and-half. Sprinkle with paprika, if desired. Bake in the oven for 20-25 minutes, until cheese is melted and potatoes are brown. Allow to set a few minutes before serving.

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U.S. Senate Candidate Jim Bender Speaks Out



Jim Bender denounces new law hidden in the recent government takeover of healthcare, affecting millions of taxpayers who run small businesses by adding costs with new reporting requirements.

Today Jim Bender, Republican candidate for United States Senate, visited the Charles George Companies of Londonderry to discuss a little known piece of legislation hidden in the recently passed healthcare takeover. This law forces businesses to

file 1099 forms for any vendor transaction amounting to more than \$600 per year.

Bender says, "The burden of raising revenue for an oversized government falls again on the backs of small business owners – men and women who already suffer under extraordinary federal regulatory burdens. Most all of the payments a small business makes in the course of a year are subject to absurd amounts of paperwork and IRS hounding. Can you imagine under this law a small shop owner will have to report her rent payments to the IRS and the landlord?"

"The federal government needs some solutions that don't involve new taxes or new regulations. Laws like this will have a negative impact on the way I will do business including buying from potentially less vendors instead of spreading my business around. In addition this

places hidden costs on businesses at the absolute wrong time," says Robert Eisenberg, CEO of the Charles George Companies.

"We need a government that taxes and regulates less. I want to go to Washington and work to repeal Obamacare and other laws that hurt businesses who are being strangled so they can start hiring hard-working Americans again and get our economy back on track," says Bender.



Bath, NH – Among those attending the 2010 The Annual Picnic at Ray Burton's home was l-r Jim Walker, chair of the Friends of Ray Burton Committee and Dr. John Bagonzi of Woodsville.

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Approximately 5 miles to right turn
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Tethered balloon rides from 5-8 PM.
\$10 adults, \$5 children under 12
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SAT 9a

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SAT 7:30a-10a
Aldrich Lawn

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WED 6p • Gusto's

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SAT 6p - 8p • Aldrich Lawn

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SILENT AUCTION
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City Hall Park

POETRY SLAM WITH CHAMPION GEOF HEWITT
FRI 6:30p-8:30p
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Pittsburg, NH, July 9, 2010

Enchanted Acres, a unique retreat for women, recently opened for business. An oasis of simplicity, it offers women the opportunity for relaxation and to have time for themselves without schedule or agenda.

Accommodations include canvas wall tents on platforms furnished with full-size futons, providing comfort that's a step up from the traditional camping experience. "Women need time for them-

selves, when they can read all day long, paint, write a letter, or simply do nothing without feeling guilty about it. Enchanted Acres is the perfect, quiet setting for that to happen," says Barbara Grant, owner and creator of Enchanted Acres.

For more information on Enchanted Acres, contact Barbara Grant at 603-582-5404, e-mail: bnchntd@yahoo.com or visit the Enchanted Acres website at www.northcountrychamber.org/enchantedacres.htm.



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Ross-Wood Post #20
American Legion Home
4 Ammonoosuc Street,
Woodsville, NH

NOTICE TO ALL MEMBERS

The Annual Family Picnic is scheduled for
Sunday, August 8 beginning at 12 noon
At the Ammonoosuc Valley Fish & Game Club,
Route 112, Swiftwater, NH

The menu includes: hot dogs, hamburgs,
sausage, baked beans, various salads,
watermelon & beverages.

There will be door prizes.

Plus games and prizes for the children.

*All Members of the Legion, Auxiliary SAL & Riders
along with their guests are invited to attend
and enjoy the day at no cost.*

Letter To The Editor

July 5, 2010

I was distressed when I read the calendar of events for July 4 - that activities began at 11:00 a.m. - the time churches have traditionally held Sunday services. Our church in Newbury accommodated by abbreviating our Sunday service and scheduling it at 9 a.m. instead of our usual 10:30. Another church put their Sunday service on Saturday evening.

But when I read the schedule of events, bingo, Buddy the Clown, raffles, face-coloring, a Tae Kwon Do Demonstration, bands of various description, fireworks - all worthy celebratory functions - where was any reference to our national struggle for independence? I applaud the hard work of the organizing committee. But the only place overt reference to freedom, including religious freedom, might be made would be in religious services. Certainly freedom of

religion was a strong component of our fight for independence.

I believe I am patriotic. I stand in awe of our service personnel who are located around the world to install and preserve justice and peace. And, in our religious service, we include those in our prayers every Sunday, believing that a lasting peace has a strong religious component.

Perhaps another year - Maybe in seven years when July 4th again falls on a Sunday - the activities committee could begin events at 1:00 rather than 11:00. And perhaps they might encourage folks to attend a church of their choice where reference to our national heritage of independence (along with God's help to achieve world peace) might well be a sermon theme.

Sincerely,

Edward C. Jager, Interim Pastor,
The Newbury Congregational Church

Pastor Jager,

When beginning this reply I feel I must cover all my bases. I am a proud member and past president of the Woodsville Area Fourth of July Committee. I am also the current Commander of the Ross-Wood Post #20 American Legion in Woodsville. I am also a life long member of the Haverhill Congregational Church, though I will admit that I have not attended in too long a time. And most importantly at this point I am the editor of Trendy Times, to whom you have addressed this letter.

Because of the many hats I wear, it is not uncommon for me to excuse myself from various votes on committees on which I serve due to a concern about conflict of interest. In this case, however, I think all of my perspectives have combined to give me my view of the question of Independence Day being on a Sunday.

It is true that there is no planned religious service appearing on the schedule of events for the annual July 4 celebration. I can point out that as a 501(c)3 non-profit organization we are obligated to be non-religious, non-partisan. However, I can point out that as part of the day's activities, there was this year, and has been for several years, a church that puts up a tent on the Community Field to offer a cool place to sit, cold drinks, and perhaps a word or two. This group is not charged for their site. Also, at least one church entered a float in this year's parade and took home some prize money. It was their way of expressing their freedom of religion.

I could also mention that without Independence Day, there would be no freedom of religion, or opportunity to pray at whatever time, in a manner each individual sees fit.

So as the person I am, I believe that the 4th of July should be celebrated on the 4th of July, whether that day be a Sunday (2010) or a Monday (2011) or even a Wednesday (2012), because without that signature day America would not be what we are today, independent with many freedoms others can only dream about.

And in regards to changing the time because it is on a Sunday, again I must say, no thank you. Not that I want to step on any religious freedom, or the chance to worship when and where one wishes, but I also believe that everyone's rights must be considered. And that would include those who choose not to attend a church service on a regular basis, or even those who never attend. There are two holidays each year that have remained untouched and should continue to be left alone. One is the Fourth of July, the other is Christmas.

It's just my opinion.

Gary Scruton, Editor

George Bernard Shaw's

The Devil's Disciple

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July 23 & 24
at 7:30 pm

Sundays
July 18 & July 25
at 4 pm

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Conference to Ensure Educational Opportunity Woodsville Academic Center - White Mountain Community College

Hosted by: Haverhill Heritage, Inc

You are invited to attend the upcoming conference at Alumni Hall to discuss the future status of Woodsville Academic Center, a part of White Mountain Community College, and to consider strategies needed in order to support sustainability of post secondary education as currently offered in Woodsville.

In recent communications and forums with elected representatives, Community College System of NH Board of Academic and Student Affairs Committee, community leaders and others, a mutual commitment has been made to develop a successful model that supports a continued WMCC presence in Woodsville.

In an effort to maintain and ensure a post secondary presence in Woodsville, community leaders are urged to attend and participate in this conference.

Date and time:
Wednesday, July 21, 2010
(10:00AM to Noon)

Location:
Alumni Hall,
Haverhill Corner, NH

Driving Instructions: From the south on NH 10 and upon entering Haverhill Corner from Piermont, take a right on Court Street between the north and south commons. If coming from Plymouth on NH 25, turn left on NH 10 and drive south past the Haverhill Corner Post Office until you reach the commons. Turn left on Court Street.

This is an important conference and will impact our

economic future. Please make every effort to attend. An invitational list is attached.

RSVP: Town of Haverhill
Municipal Office
603-787-6800

Sincerely,
Rick Ladd,
NH Representative
Katherine Eneguess,
President, WMCC
Bruce Labs,
Supt., SAU 23

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Letter To The Editor

A Big Mistake!

The town of Haverhill Selectboard is about to make the mistake of the year. Rumor has it they will name the Woodsville National Guard Armory after one lone soldier. I feel this is wrong!

In the last few years the Woodsville National Guard unit has had a few problems that led to its downfall. Several NCO's chose to leave the unit and go to the Vermont National Guard, rather than to stay and help the unit solve their problems! This showed a lack of courage and leadership on their part and now we are told we must honor them by naming the building after them.

Hundreds of very fine soldiers have passed thru the doors of this building. I have been commander for over 10 years. This unit was the best in the State of New Hampshire, receiving many awards and citations.

We must honor all the National Guard members!

Forget the idea of naming the building after one individual.

Name the building so all can be proud of its heritage.

1. Heritage Hall
2. Freedom Hall

I would like to see all National Guard members and their families get involved and voice your opinion. Call the selectboard 603-787-6800

Thank you,
Charlie Hanson
LTC Retired US Army

Thank you for the letter. I understand that a copy of this has already been sent to the Haverhill Selectboard.

I do not necessarily agree or disagree with the suggestion of the nameing of the building for one individual. My one comment to the selectboard would be to take your time. Work hard to get the public involved with the naming process. Don't rush into any decision that might be decided on emotion. The building has been here for many, many years and should stand for many more. That being the case, the name should reflect that longevity and be a name that is meaningful for many years to come.

Freedom Hall or Heritage Hall are good choices, and there are probably more. There should be no rush to name "The Armory" until the right name is found.

Gary Scruton, Editor

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OCCT Opens Third Play Of The Season

By Gary Scruton

The Redcoats have arrived in Bradford. But they were surprisingly gentlemanly with a bit of humor. For the rest of the cast there was a lot more desperation, despair and even deception.

The Devil's Disciple is the name of the play that is currently on stage at the Old Church Community Theater in Bradford. Opening night saw a decent sized crowd. With some definite OCCT fans in attendance (the kind you plug in). Of course there were plenty of regular fans in attendance as well on that steamy July night. And the air made the actors really sweat in front of the crowd and under the lights, that were at times, appropriately enough, not bright.

For those not familiar with the play, it is set in a small fictional town in New Hampshire in 1777. Yes, just a year after that signature day of July 4, 1776. There is a war going on and the American rebels are being punished by the British Army, when they have the chance. But the rebels are getting some grip and the story on stage follows the lives of a couple of families that are entwined like you probably would not guess at the beginning of the play.

Opening night of this two weekend stand showed some minor glitches from the cast, but once again the amateur performers saw it thru and did a fine job of retelling the George Bernard Shaw tale, including the use of "The King's English" as well as aquireing and using period costumes and mannerisms.

The production also included a handout of information about the Cohase region



around the time of the setting of the play. (The handout was prepared by local historian Larry Coffin). This handout increased the awareness of the audience as to the setting and what the times were like.

Not only is the play well done and a good see for those who enjoy plays, but it is also an historical medium of interest to those who are interested in the rich past of this area.

The play will wrap up on July 23, 24 & 25 and would not be a wasted evening for anyone.



By pete03785@gmail.com

"Guns Don't Kill People, People Do"

Hey, that's one that is spot on.

Guns are just pieces of metal. They are inanimate objects built for various purposes. If they are used for hunting or target practice, they are called firearms.

They are NOT considered weapons until they are used in an act of war or to commit a crime.

There are lots of other inanimate objects which are just objects until used in a crime. Baseball bats, screwdrivers, large rocks and even cars are just that until someone tries to kill someone with them. Then the charge is 'assault with deadly weapon'.

Guns are just guns. Bullets are just bullets. Knives are just knives.

Even flashlights are just flashlights until I try to beat you over the head with one.

In that case, the charge would be "assault WITH a battery".

[Sorry, I couldn't let that one pass by...]

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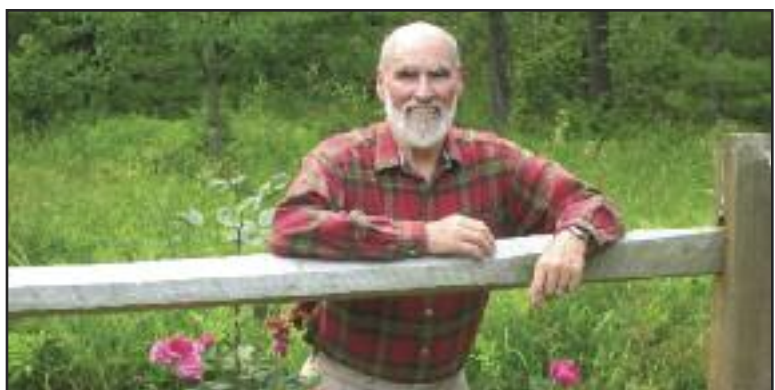
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Landaff Resident And Former PSU President Kicks Off New 'Meet Your Neighbors' Salon Series



Landaff Resident Don Wharton (courtesy photo)

BETHLEHEM — The North Country is full of fascinating people living quietly and doing interesting and creative work, and the Arts Alliance of Northern New Hampshire has decided to invite some of them to share that work through a new program, "Meet Your Neighbors: A Salon Series."

The first in the series, presented in partnership with the Forest Society, is at 7 p.m. on Tuesday, August 3, in the Program Center at The Rocks in Bethlehem, when Landaff resident and former Plymouth State University president Don Wharton reads and discusses prose sketches from a developing collection he's calling "Landaff Days." The sketches come from his observations and insights into the rhythms of life in his community, including friends, neighbors, wildlife, the woods and fields, and the seasons.

"Over the years we've met a lot of people who've chosen to settle here after distinguished careers in other fields, as well as people who've lived here for a long time for whom art is a passion that many of their colleagues and neighbors may not even know about," says Frumie Selchen, executive director of the Arts Alliance. "The Salon Series is an opportunity for all of us to

meet them, hear about the art forms they've chosen, and talk to them about their work. We think it's an exciting series with a lot of potential for exploration and discovery, both on the part of the presenters and the audience."

Don Wharton grew up in the Allegheny foothills of Spring Creek, PA, where he first developed his love of nature and devotion to rural life.

Today Don and his wife Carol live in Landaff, where they acquired a home in 1995, moving there full-time in 2006.

"Living in Landaff is for me returning to my country roots, much like those first put down where I grew up in Spring Creek," Don says. "New Hampshire north of the Notch is a very special landscape and environment, at once inviting and demanding, beautiful and fierce at the same time. People live here drawn by the former qualities and stay because they are shaped by the latter. I write about life in this place because I'm fascinated by the same contradictions and complexities I see in both nature and community."

Some of the pieces he may read include "Leaning on a Truck," "Neighbor Lights," "The Yearlings," "A Death on the Ice," "Calico Days," "Weathering," "Bear Watching," and "The Shed Hammerer."

For the past six years Don has served on the board of trustees for the Society for the Protection of New Hampshire Forests, the last three as chair. From 1993 to 2006 he served as president of Plymouth State University. He previously held academic positions in North Dakota, Vermont, and Pennsylvania. He holds an MA and PhD from Penn State.

In addition to a number of essays on early American life, history and literature, Don has published two books: a biography of the colonial poet, Richard Steere, and an edition of early shipwreck narratives from New England and Virginia; he has also previously published a number of poems.

There is no charge to attend any of the "Meet Your Neighbors" evenings, although donations to support the work of the Arts Alliance will be gratefully accepted.

Suggestions for future presenters for the Salon Series are welcome — send an email to info@aannh.org or call 323-7302.

The Arts Alliance (www.aannh.org) is a non-profit network that promotes, supports and sustains culture, heritage and the arts through northern New Hampshire, and links the arts and humanities with regional initiatives in education, health and community and economic development.

The Rocks Estate is owned and operated by the Society for the Protection of New Hampshire Forests (www.forestociety.org). The Forest Society is non-profit membership organization founded in 1901 to protect the state's most important landscapes and promote wise use of its natural resources.

Ray Burton And Department Of Transportation (DOT) Tour Tuesday, July 20, 2010

Executive Councilor Ray Burton, NH DOT Commissioner George Campbell, and senior staff will be touring Council District One highway projects (all stops are open to the public) on Tuesday, July 20, 2010. The schedule is as follows:

- 8:00 a.m. Breakfast at Peg's, North Woodstock, NH
- 9:00 a.m. Completed pavement of 4.5 miles of Route 112, Woodstock, NH
- 10:45 a.m. Slick's Ice Cream - Traffic Issues - Route 302, Bath, NH
- 11:15 a.m. Route 302 - Bridge over Ammonoosuc River, Lisbon, NH
- 12:00 (noon) Lunch - Oasis, Main Street, Littleton, NH
- 1:00 p.m. tour of reconstruction and pedestrian improvements, Littleton, NH

- 2:00 p.m. Route 3, reconstruction from Carroll Town Line, Carroll, NH
- 2:45 p.m. Resurfacing of 7.5 miles of Route 116, Whitefield, NH
- 3:30 p.m. Lancaster resurfacing of Route 135, Dalton, NH
- 4:30 p.m. Route 135 road conditions and maintenance operations, Monroe, NH
- 7:00 p.m. Councilor Burton and District One engineer Brian Schutt to attend Monroe Board of Selectmen Meeting to report to Monroe Board

This is one of several informational tours Councilor Burton conducts each year to see exactly the details of how state government is unfolding in District One. Councilor Burton invites any comments and suggestions.

Not all Times are Trendy but there will always be Trendy Times

July 20, 2010 Volume 1 Number 29

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16 One Sport Fan's (Umpire's) Opinion

Here is my opinion to which officials are the best athletes? I feel it is the home plate umpire. I umpire little league, babe ruth and softball, many times I umpire alone with no base help. I am wearing protective gear that weights about ten pounds and standing in the hot sun for two hours having to focus on the hitter and pitcher and runners on base, at the same time, then running to bases

making the calls. On an average game I lose 5 to 8lbs and the constant bending, standing, running is physically demanding, but it is also fun and very rewarding after the game when the kids come to me and say thank you and great job ump. Just my opinion. Thanks

TIM LEONARD
WOODSVILLE NH/HARTFORD VT

63rd Annual Connecticut Valley Fair

Not all Times are Trendy but there will always be Trendy Times
July 20, 2010 Volume 1 Number 29



PERSONAL: For Sale, Wanted, Lost, Found: **\$10.00** for up to 5 lines for 4 issues.
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The River Belongs To Everyone

By Elinor P. Mawson

"I wrote this piece for a writing course in my Master's program in 1989. I am now retired and living happily ever after in Bath, in a log cabin overlooking the river. I look forward to writing more stories from my favorite place on the planet."

The Ammonoosuc River is really three very different bodies of water.

The Upper Ammonoosuc begins on Mount Washington and flows north and west through northern New Hampshire, and into the Connecticut River near Groveton.

The Wild Ammonoosuc starts as a small brook on Mount Moosilauke and flows in a northerly direction to where it meets the (just plain) Ammonoosuc River in the small town of Bath, N.H. Why or how the two rivers originating on New Hampshire's tallest mountain share the same name is a mystery. The (just plain) Am-

monoosuc originates at the Lake of the Clouds and flows westerly, widening slightly as it winds and twists for 65 miles to its confluence with the Wells River of Vermont and the Connecticut River at Woodsville, N.H.

Thirty years ago, like many rivers, the Ammonoosuc was little more than a sewer for the towns it ran sluggishly and odoriferously past. Today it is clean enough to be a recreational river as well as a beautiful one.

In several towns along the way, there are dams which make power which is sold to local utilities. Several times a day, the water level rises and falls while water from the river is contained and released.

A major east-west highway runs along nearly the river's entire length. Route 302 goes from Barre, Vt. to Portland, Maine, that meandering, rock strewn body of water, visible as one travels

this busy road through its New Hampshire segment, is the Ammonoosuc, although only one or two signs in 50 miles identify it as such.

Our camp is on this river. For the past five summers we have enjoyed the fishing and swimming it has provided. For the past five winters we have watched it freeze and thaw, tried to identify the animal tracks going across its ice, and marveled at its pristine whiteness and its frigid blackness.

One spring we took advantage of high water and canoed three fast, breathtaking miles. We were happy to climb out at camp, safe and dry, proclaiming to one and all that we probably wouldn't do it again. We learned later that some of the rapids we had gone through were "class fives" considered quite dangerous.

On a hot, July afternoon we rented big rubber tubes and made a slow and lazy

three-hour trip, watching huge trout swimming beneath us, and waving to drivers of the 18-wheelers who honked at us from Route 302. We got rashes on our arms from the tubes, and sunburn on our feet, but the experience was memorable all the same.

It's in the fall, though, when I like the river best. It is always bright blue, and so clear that you can see the bottom from almost any vantage point. Leaves of every color float past, and the memory of summer still lingers. A great blue heron stands

patiently on a sandbar, and I wonder where it will spend the winter. It notices that I am there, and rises awkwardly into flight to another, more private, fishing spot.

I reflect upon last winter when the ice flows were thick enough to stand on. And last fall when we watched black water turn to slush and freeze in just one, short afternoon.

The Ammonoosuc River belongs to no one.

But whenever I look at it or think about it or stand in it, the Ammonoosuc is my very, very own.

Asian Longhorned Beetle Information Session



Asian Longhorned Beetle is an invasive insect that has had outbreaks in Worcester, New York, Ontario and now in Boston. As of yet, this beetle has not been found in New Hamp-

shire, however, if an infestation were to occur it would have a dramatic impact on our beloved hardwood forests. Our best line of defense against this insect is early identification, which is why having informed citizens on the look-out is so important.

On Thursday, August 5th at 6:30 p.m. join Grafton County Forester David Falkenham for a public information session at the

Grafton County Complex in the UNH Cooperative Extension conference room. This session will help people more clearly understand the Asian Longhorned Beetle and its potential threat to New Hampshire's forest, as well as cover the life cycle, biology, identification and mis-identification of the Asian Longhorned Beetle. An update on the current outbreaks in Worcester and Boston will also be given.

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King Arthur Flour Baking Contest Returns To North Haverhill Fair

King Arthur Flour and UNH Cooperative Extension are pleased to announce the return of the King Arthur Flour baking contest to the North Haverhill Fair. We are looking for bakers in two categories, Juniors ages 8-17 and Adults ages 18 and over. Juniors will be making King Arthur Flour's Favorite Chip Cookies using their own choice of flavored chips. Adults will try their baking

skill with a Vermont Oatmeal Maple-Honey Bread. Both recipes can be obtained by contacting the Grafton County Extension Office at 787-6944, checking out the UNHCE- Grafton County website at: <http://extension.unh.edu/Counties/Grafton/Grafton.htm> or emailing grafton@ceunh.unh.edu.

Entries will be two loaves of bread or a dozen cookies. The extra loaf of bread and cookies will be sold at the conclusion of judging as a fundraiser to benefit the

Grafton County 4-H Leaders' Association.

Prizes for this year's adults are: 1st place a \$75 gift certificate from the Baker's Store, in Norwich, Vermont, 2nd place will receive a \$50 gift certificate and 3rd place will be a King Arthur Flour Baker's Companion Cookbook. First place in the Juniors' category will receive a \$50 gift certificate, 2nd place a Companion Cookbook and third place will get a King Arthur Flour apron.

The entries are due no

later than 10:00 am on Saturday, July 31st in the Stoddard Building on the North Haverhill Fairgrounds. Each entry must include an entry form and a UPC label from a bag of King Arthur Flour or an opened bag of flour. Judging will commence at 11:00am and winners are expected to be announced when judging is completed. All participants will receive a ribbon.

For more information contact Kathleen Jablonski or Deborah Maes at 787-6944.

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Groton Gazebo Comes Alive With Music

All around this area there are beautiful parcels of town or village owned pieces of land. Many feature a gazebo or band stand. And many of those feature great outdoor music throughout the summer months. Groton is no exception.

Though not town sponsored, or church sponsored,

or in fact sponsored by any group or organization there will still be music in the gazebo this summer.

That will be due to the efforts of a fairly new resident of town. Here is his own introduction. "Hi, I'm Charles Hamlett. I moved to Groton in February 2004. I've enjoyed playing guitar and singing a

number of years. I especially enjoy Gospel music as it lifts the heart and soul. I believe there is no other music as moving as that which honors and glorifies God."

For those reasons and perhaps more Charles will be at the Gazebo on Thursday nights at 6:00 PM. His first concert was last Thursday, July 15. He plans on being back again on July 22 & 29, and will wrap up his session on August 5. The music will concentrate on Hymns and traditional gospel music.

Everyone is invited to attend.

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The August 3rd edition of Trendy Times will arrive one day late due to the publisher wanting to go to the fair!

(Deadline Remains Thursday, July 29th)

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The Variety Store: The Final Chapter

Well, this is it. After almost one year we are going to have to close our doors. We have few regrets. We gave it a good run and were able to help several families that otherwise would not have had that help. We also met many great friends, and wonderful people with a genuine desire to help. We will miss seeing those people on a daily basis.

So, we are having the "Sale of Sales" at the store. No reasonable offer will be refused! We would like to clean out as much of the inventory as possible and we are willing to deal. The more you buy the better we will deal too! I have not been in the best of health lately as you may have noticed we had been closed a few times recently and the less I have

to move, the better.

We originally were going to stay as long as we could in the building maybe until it sold, but we will be closing our doors for good on or before the first of next month. We are looking into the possibility of opening up at another location, sometime in the future, health willing, and we will keep you posted in this paper. We are also hosting the Huge Annual Groton Community Sale to benefit the food shelf there and will let you all know when that will happen later this year.

Finally, I would like to sincerely thank Gary Scruton of Trendy Times who so generously donated space in his fine paper for our reports, and Peter Kimball of The Bridge Weekly who also

helped tremendously. You made it possible for us to make it as far as we did.

I would also like to sincerely thank all of those who donated both quality goods and cash to our cause. The fact that you believed in us and trusted us to do the right thing is something I will remember for a long time. I want you all to know that every bit of the cash received went directly towards helping people, who were very grateful for that help.

So, we are asking for your help one more time. Stop by and get some of the best deals around on good clean items and help us finish paying off the loan we took out to start this idea. We hope to see you there!

Sincerely Yours
David Turner

Auditions For Community Theater One Act Plays

Bradford, VT: The Old Church Community Theater will hold open auditions for five one act plays on July 24th at 2:30pm at their theater at 137 North Main Street in Bradford, VT. The "Evening of One Act Plays" will be presented on stage September 24-26 and again October 1-3. These plays have parts for 11 men and women. The One Act Plays will be 2010's final offering by this community theater group.

The plays are: "Two Slatterns and a King" by Edna St Vincent Millay;


"Overtones" by Alice Gerstenberg; "Ghosts" by Jean Beckwith; "Sorry Wrong Number" by Lucille Fletcher; and, "2B (or not 2B)" by Jacquelyn Reingold.

For more information please call play directors Peter Richards at 802-222-5801 or Sheila Kaplow at 802-222-4738 or visit www.oldchurchtheater.org.

On stage now is "The Devil's Disciple" by GB Shaw, running through Sun-

day July 25. Upcoming is "The Gin Game" by D.L. Coburn to be presented on stage August 20-22 and again August 27-29.

The Old Church Community Theater in Bradford Vermont welcomes all interested people to volunteer both on and off stage. In addition to acting, there are openings in box office, ushering, set construction, lighting, costumes, props and publicity.



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US Eases Rules On PTSD Claims

U.S. veterans will soon be able to seek benefits for post-traumatic stress disorder without having to document events that caused it, officials say.

The New York Times reported Wednesday the more relaxed regulations could be in effect next week. Under the new rules, veterans must be able to prove they served in war zones and in roles in which they could have suffered the stressors they say led to PTSD.

The stricter regulations were unfair to women -- who are barred from combat jobs but in Iraq and Afghanistan were often in danger -- and to

veterans whose PTSD was caused by the anticipation of danger, advocates say. But the new rules are likely to be expensive, with congressional budget analysts putting the cost at \$5 billion in the next few years.

Dr. Sally Satel, a psychiatrist affiliated with the conservative American Enterprise Institute, worried about the effect of benefits on younger veterans.

"It is destructive to give someone total and permanent disability when they are in fact capable of working, even if it is not at full capacity. A job is the most therapeutic thing there is," she said.



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8th Annual Cottage Hospital Auxiliary Golf Tournament

Lisbon Village Country Club was the scene of Cottage Hospital Auxiliary's 8th golf tournament on June 26th. Rain held off until after dinner and the award presentations, so players and workers alike were pleased to have had the shade of clouds, a brief cooling drizzle, but no soaking.

The winning team consisted of Steve Ward, Jamie Kingsbury, Mike and Ryan Ackerman. They chose four free rounds at Lake Morey Country Club for their prize. Zachary Smith, Rob Elder, Mike Aremberg, and Andy Mattei took second place and opted for free rounds at St. Johnsbury Country Club. Headed to Maplewood Golf Club for four free rounds, will be Dale Paronto, Thayer Paronto, Chad Clafin and Jay Bondurant who captured third

place. The fourth place team included Ed Van Dorn, Karen and Ed Rajsteter, and Dan Brady. This group chose free rounds at Bradford Golf Club.

Individual winners in the Chipping Contest were Joan Schafer and Mike Ackerman who each won Dinner for Two at The Little Grill in North Haverhill. Landing Closest to the Pin on holes 9 or 18 were Connie Jones, a nurse at Cottage, and Tim Haskins. Each won a fifty dollar gift certificate to FarmWay in Bradford. Prizes for the longest drives went to Barb Deming who chose free rounds at Profile Golf Club or Highland Links and Steve Ward who picked Bethlehem Country Club's free rounds. Pat Thayer and Scott Schafer, two players who work at the hospital, made the longest putts and will



First Place Team in Cottage Hospital Auxiliary Tournament on June 26th
L to R: Ryan Ackerman, Jamie Kingsbury, Steve Ward, Mike Ackerman

enjoy thirty dollar gift certificates from either The Hungry Bear Restaurant or The Perfect Pear Restaurant in Bradford. The Putting Contest sponsored by NEEBCO produced two prizes for each winner. Pat Thayer and Richard Deming each received a new putter from NEEBCO and free rounds - Pat at Colebrook Country Club and Richard at Lisbon Village Country Club. Richard won in a play off after tying with Tim Haskins. Wells River Chevrolet brought a 2010 Chevy Impala to the Lisbon course as a Hole-in-One prize; however, no one managed to collect it. Maybe next year; there must be a law of averages for that to be accomplished. We haven't seen one in eight years.

A Silent Auction was added to the day this year and a dozen players picked up several good bargains. Each player in the Auxiliary's tournaments always receives a free chance ticket. After the winners' and auction items were awarded, lucky participants were surprised by the value of the remaining gifts and/or certificates that were decided by drawing tickets



Second Place Winners L to R: Andy Maffei, Mike Aremberg, Zachary Smith, and Rob Elder



Third Place Winners L to R: Chad Clafin, Jay Bondurant, Dale Paronto, Thayer Paronto

out of a hat. The first drawn was the rounds not chosen by the winner of the women's longest drive contest.

A delicious barbecued chicken dinner was provided and served by parishioners of the Monroe Community Church and Phyllis and Dave Armstrong at Lisbon again provided unbelievable support

and help in many ways The Auxiliary is grateful to all of the wonderful businesses and others who sponsored Tees, Greens or special contests and those who gave us prizes or funds to help in any way. Proceeds from the day will be donated by the Auxiliary to the hospital for the advancement of digital Mammography.

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