

“4-4 The Cure” Raises Money For Breast Cancer Research

In April 2008, a year and a half after Sherri Sargent was diagnosed with breast cancer and had completed her chemotherapy and surgery treatments, she was asked to support another woman newly diagnosed with breast cancer. She immediately said “yes” and the following day met Claire Bolon. “We met in the parking lot where I work, looked at each other and then hugged and cried,” said Bolon. “We spent the following years helping each other through the ups and downs associated with this terrible disease.”

While still in the treatment phase, the two women looked back on the difficult road traveled thus far and knew it was time to give back by challenging themselves - just like they did during treatments. They, along with their spouses, Brad Sargent and Doug Speck, have decided to walk 60 miles in 3 days as participants in the Susan G. Komen 3-Day for the Cure. These two couples, armed with the strength of their experiences and the help of their community, will raise money for research and hope

for a day when every woman can face a lifetime without the threat of breast cancer.

Claire Bolon, MD is a pediatrician and Doug Speck, Ph.D. is a psychologist and live in Newbury, Vermont with their three daughters, Megan (16), Emily (16) and Abby (14). Both are employed by Ammonoosuc Community Health Services (ACHS) a community health center that provides primary health care services to many communities in the areas. “Our professions have associated us with many individuals with some link to cancer and early detection of breast cancer is the best we can offer at this time,” said Bolon. “All the primary care practitioners at ACHS very strongly recommend self breast exams and mammograms as part of preventive health care. How well Sherri and I are doing today is a testament to the benefit of early detection.”

“Doug and I are in the business of helping others and asking for help was difficult. Our families are incredibly supportive but they do not live nearby. Our ACHS “fam-

ily” cared for us in many ways. ACHS CEO, Ed Shanshala supported and allowed frequent work schedule changes and office mates and friends helped me and my family in many ways for many months.” ACHS is supportive of Bolon and Speck participating in the Susan G. Komen 3-Day for the Cure and has offered to assist with fundraising efforts.

Sherri and Brad Sargent reside in Haverhill, NH with their 3 young children, Jane (10), Matthew (9) and Abigail (7). Sherri recently accepted the position of Haverhill Recreation Director and Brad is a Sergeant with the Hanover Police Department. Although her oncologist at Norris Cotton Cancer Center has not yet declared her in “remission” and she continues to visit regularly, Sherri will not look away when someone is in need of help or support. Sherri explained, “Being asked to help another woman with the same diagnosis meant a lot to me. Meeting Claire was one of the best things that happened to me after my diagnosis. Although my husband was a pillar of strength, I now had someone who truly understood what I was going through. To feel like I was helping someone else was exactly what I needed to



4-4 The Cure team to walk 60 miles in 3 days as participants in the Susan G. Komen 3-Day for the Cure, July 22-24. From left to right: Doug Speck and his wife, Claire Bolon, and Sherri Sargent and husband, Brad.

stop feeling sorry for myself.”

These two couples, under the team name 4-4 The Cure will walk the Susan G. Komen 3-Day for the Cure on July 22-24, 2011 in Boston to honor all those touched by this disease. By walking 60 miles in 3 days, these four will put all the treatments, surgeries and heartache associated with the diagnosis behind them. Please help them reach their individual fundraising goals of \$2,300. They each need to reach this goal to participate.

Here is where you come in! To sponsor the 4-4 The Cure team, you can donate

online at www.the3Day.org. Click Donate and search for any of the personal fundraising pages or the team name 4-4 The Cure. If you prefer, you can call 800-996-3DAY and donate over the phone or you can mail your donation to 4-4 The Cure, PO Box 176, North Haverhill, NH 03774.

Net proceeds from the walk are invested in community-based breast health programs and breast cancer research. Without a cure, one person will die of breast cancer every 13 minutes in the United States. Bolon says, “That is why we are walking so far: to do something bold about breast cancer. We hope that you’ll share in this incredible adventure with us – by supporting us in our fundraising efforts.”

The 4-4 the Cure team will be having a fundraiser consisting of an Italian Dinner and Silent Auction on May 21st at Oxbow High School in Bradford, Vermont in the near future to raise funds for their team. They are seeking financial assistance to help defray the cost of food for the dinner and items to be donated for the silent auction. If you are able to contribute either, please call 1-802-345-2679. More information regarding the dinner and auction will be available soon.

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Animal Science Day

By Becky Colpitts, Volunteer Management Program Assistant, UNH Cooperative Extension - Grafton County

Saturday, April 9th, was a beautiful, spring like day, and the perfect day for the UNH Cooperative Extension Animal Science Day at the Grafton County Farm Complex. Families started rolling in at 9:00 am and after a brief overview of the day approximately 30 youth experienced 6 learning stations in the conference room of the Extension office. Parents and younger siblings joined in to learn as the 4-H youth pre-

senters (Catherine Flynn, Grace Flynn, Madeline Flynn, Audra Spaulding, Monica Torres-Zuk, Griffin Torres-Zuk and Aiden Hastings) encouraged everyone to discover something new about parts of an animal, knot tying, breeds of horses, small animal supplies, rabbit breed identification, and puppy proofing a house.

After about 1 1/2 hours indoors we joyfully went outside to greet the sun and find 4-

Her Taylor Morris with her working steers. With Taylor's guidance, the steers demonstrated what they could do by working together. Taylor educated us on what it takes to keep steers healthy and happy, and how to train them to work together. Her pair of steers enjoyed many pats and complements.

After lunch we again went outside. Small groups travelled through 5 stations where they met a baby lamb, several angora bunnies (mama and her litter), 2 llamas, a very gentle horse, and the matriarchal line of cows in the County Farm's barn (great-grandmother, grandmother, mother, and calf). The afternoon's presenters demonstrated and educated us on the skills needed to tend these animals, the commitment and responsibility of caring for them, and what is



needed for their health and welfare.

I would like to thank Maren Vogel for bringing her horse Taco and doing an excellent job speaking on horse care. Gracias to Erika and Hana Krauss of White Mountain Llamas for walking their llamas, May and Bell, from Woodsville down to our event and for explaining llama success. Gratitude goes to the Gall family for bringing their bottle baby lamb and Debby Robie for speaking on sheep management. Merci to Cathleen, Charlotte, Haley Dennison, Chrissy Aman, and Hope Lovelle for bringing Angora rabbit Snowflake and

her first litter of baby bunnies. (This was the first presentation for these youth, who just joined the new 4-H club from the Hanover area! Each youth presented their knowledge with passion and confidence!) And thank you to Heath Page, Rachel and Samantha Cohen, and Gerb Aldrich who taught us more about where our milk comes from. It was a wonderful day for all ages!

If you would like more information about 4-H or would like to learn more about these animals please call us at the Grafton County UNH Cooperative Extension office at (603) 787-6944 or email grafton@ceunh.unh.edu.

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Thoughts From A Haverhill School Board Member

By J. Scott Moody

First, and foremost, let me begin by thanking everyone who voted for me in the last election. I will honor the trust you have placed in me by not only dedicating myself to the required duties of being a school board member, but also by communicating to the public about the decision-making process of the school board. As such, I would also like to thank the good folks at Trendy Times for the space to do this.

Unfortunately, few of Haverhill's voters actually voted in the last election and a bare majority of those voted for me. So I should start with a bit about myself. I have my Masters in economics and I work as a public policy consultant for think-tanks across the country. I own a home in Woodsville with my wife Wendy (who was elected to the Selectboard) and have four young children.

I decided to run for the school board because the state of our schools is the driver of our town's economic future for two reasons.

First, and most obviously, is that cost of education is the largest component of Haverhill's property tax bill. Over the most recent years, the cost of education has outstripped the growth in property values. As a result, the property tax rate is now 14.6 mills today, including the state portion, up from 12.78 mills just three years ago. This cannot go on forever since a higher property tax bill means lower property values for everyone.

Secondly, the perceived

quality of education is priced into a town's property value. Unfortunately, the Haverhill school system does not have a good educational reputation, further suppressing property values for everyone. For instance, I've heard that Bath is considering moving some of their children from Woodsville High School to Lisbon High School since they believe Lisbon is a better school system.

As a town, we are in a catch-22 when it comes to our schools. A growing property tax rate and a poor educational reputation are reducing our town's economic vitality. The end result is that the school board will have to find innovative educational solutions that will have to be not only better but also cheaper than the current system.

However, the school system itself is facing major changes of its own that will make accomplishing the goal of improving educational performance much more difficult.

First, the Haverhill school system is losing children. Between 2006 and 2009, student enrollment has fallen 10 percent to 692 students from 768 students which is an annual average decline of 25 students per year. Some of this decline may be due to fewer children coming-in from surrounding towns through tuitioning, but mostly it's due to the aging demographics of our area. There are simply fewer and fewer families around and those families that are here have fewer children on average.

Secondly, the Haverhill school system already has one of the lowest student-to-teacher ratios in the state. Prior to the recent layoffs, the ratio was 9.2 teachers for every student while the statewide average was 12.3 students for every teacher. The recent layoff likely closed that gap significantly, but not entirely. And if student enrollment continues to fall, the ratio will continue to drop—assuming no new layoffs.

What do these two trends mean? They mean that Haverhill's school system is, and will be, bearing a large, and growing, overhead of infrastructure per student. We currently have three separate campuses with all the associated costs of heating, maintenance and transportation that will remain the same no matter how many students we have. In fact, these costs may go higher since both the elementary and high schools are not exactly spring chickens.

In the end, it was data like this that convinced me to run for the school board since the status quo will not fix them. Now the school board and the town will have to collectively deal with these issues and the sooner the better given the current dismal economic climate. I hope to help foster this discussion with regular communication through this column and encouraging more folks to attend school board meetings (current attendance is very sparse). I can also be reached via email at jscottmoody@gmail.com

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- Reflections from a 4-H Alumna

By Jaime Gibson, 4-H Veteran, Hunt Mountain 4-H Club

Educator's Note from Kathleen Jablonski, Extension Educator, 4-H Youth Development:

As we celebrate the month of the Volunteer, I wish to thank all the 4-H leaders who are working the front line in our traditional club work, the 4-H Alumni who are currently serving as leaders and all the leaders and community volunteers who are helping at events. You make my world rich, my experiences bountiful and my heart proud.

I've been working with the 4-H Youth Development Program in Grafton County for the past ten years. During my tenure, many fine individuals have "graduated" from the program. It is with great pleasure, as folks settle into their adult lives, that I can welcome them back to the

program as adult leaders. Recently, Jaime Gibson, an English Major with a concentration in Literature and Cultural Studies, at Lyndon State College, Vermont, started the leader screening process. In her spare time, she is helping with 4-H events, and using her talents and skills to promote 4-H. She composed the following article. Now from Jaime...

Head, Heart, Hands, and Health: these words represent the four H's that appear on the popular clover that has been a symbol of community service and youth development since it was founded over 100 years ago. 4-H is dedicated to teaching youth around the country important life skills that are not only vital to their development, but are

also important while making their community a better place. I began my journey as a 4-H member when I was 5 years old, and was a part of the organization until I was 15. During this decade, surrounded by public service and motivating projects, some of my fondest memories are a result of my time spent in the 4-H community.

Although I enjoyed all aspects of the 4-H experience, one of my favorite events was always Grafton County Activities Day, held in North Haverhill, N.H. This year, the occasion was held on March 12th at Haverhill Cooperative Middle School. Ever since I can remember, the County Activities Day has been an event where 4-H members can share their knowledge on a given subject with their

community through demonstrations, posters, or action exhibits. When I was in 4-H, I always presented an action exhibit. Action exhibits cover topics such as arts and crafts, and foods and nutrition or any of the other project areas 4-H'ers participate in. I performed action exhibits in crafts and foods, and it was fun to share my project with the public. Action exhibits are not only how-to's, but they also help the 4-H'er practice organizational skills, and public speaking.

From my experience, I know how nervous you can be speaking in front of people you may or may not be acquainted with, and show them how to make your product. Every child is being judged not only on how well they share their project, but

on how their display is set up. Action exhibits are wonderful learning experiences. I myself did numerous action exhibits ranging from 'Canine Crunchies' (dog biscuits), 'PB Sesames' (peanut butter balls), Angel Kisses (chocolate kiss angels), and my personal favorite 'Broc that Rocks!' (broccoli salad). This last exhibit was my favorite, because of how delicious the end product turned out. The recipe is healthy as well, so I thought that it would make a great action exhibit. After showing it at County Activities Day, I then went on to State Activities Day at the University of New Hampshire, where I was invited for the first time to share my project at The Eastern States Exposition in Massachusetts. When I was in 4-H sharing my action exhibits with the rest of the 4-H community, I felt proud to be a member of this organization.

After being away from 4-H for almost 6 years, I knew that I wanted it to be a part of my life again. I am now a 4-H volunteer, and I'm in the process of becoming a leader as well. One of my first tasks as a volunteer was to help out at the County Activities Day. Walking through the doors of the middle school, I immediately experienced a blast from the past: this event had not changed a bit from the time I was an exhibitor. Even though there were not as many children sharing their demonstrations and exhibits this year, I had a wonderful time seeing and participating in their projects. Their ages ranged from 5 to 16 years old, each child having the time of their life doing what they do best.

4-H is still a very popular organization, full of community service, learning on a wide variety of project topics, agriculture, and of course, FUN! I know that now that I am a part of 4-H again, it will always be a part of my life. From now on, 'I pledge my head to clearer thinking, my heart to greater loyalty, my hands to larger service, and my health to better living, for my club, my community, my country, and my world.' Head, Heart, Hands, Health: Experience it, Embrace it, Express it!

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A Sign Of The Times

By Marianne L. Kelly



Left to right: Lorraine Demers, Mary Stapleton and Dan McGregor

WOODSVILLE, NH—It's no secret that too many Americans, who, just a few short years ago, were considered middle class, have joined the ranks of people who must supplement their food dollars at local food pantries.

THE WOODSVILLE PANTRY

The CAP food pantry on School Street has seen an increase in people needing their services and depends on volunteers to transport, sort, stock and help distribute the food they receive. "Without these wonderful people, this pantry could not operate," said Dan McGregor, a CAP eleven-year veteran.

"This past March we took care of 110 households equaling 280 individuals and 2,500 meals," said McGregor. "Food pantry use by people who are unemployed or under employed has skyrocketed," he added. "This is a friendly place, like a big happy family. Once new people get through the initial stage of dealing with their circumstances, come to know us, and get used to the routine, they realize it's not so bad."

CAP, like other pantries receives a portion of their food from the USDA, Rural Development, and must follow their guidelines. Most people needing food pantry services have already qualified for fuel assistance, and because their information follows them, also qualify for food assistance. The USDA decides how much and the variety of food coming into this area each month, trucks it to Littleton, and volunteer drivers pick it up and transport it to the pantry.

CONTRIBUTIONS

In addition to federal assistance, the local Walmart and Shaw's stores generously contribute to the pantry. A popular local driver volunteers each week to pick up an average of twenty cases of food from Walmart, while

Shaw's manager delivers approximately ten-fifteen cases directly to the pantry. "They've been a tremendous help," said McGregor, "and we really appreciate what they do for us."

The USDA provides the only federal food assistance the pantry receives. Other assistance comes from the New Hampshire Food Bank, local churches, individuals, and food drives organized by local banks, the Post Office and other community organizations. "It's truly a community effort," said McGregor.

UNSUNG HEROES

"Without the volunteers we'd be dead," said McGregor. "No one realizes just how dedicated they are and how much hard work these people do."

Volunteer Lorraine Demers is the person who will most likely greet you in person or by phone. She has been with the CAP office "for a couple of years." In addition to her receptionist duties, she handles all the paper work and helps stock the shelves and distribute the food. "I try to help anyone who comes in," she said, "whether they need food or they're lost and need directions. We all do what we can to help, and the people are very appreciative," she added. "Whatever we have we share." Lorraine is thankful for people who come with donations of food. "Some bring in quite a bit," she said, noting that the CAP office, being the only food pantry in the area is a safe haven for those in need, wants everyone to know that they are always accepting donations.

"I think it's a good thing this place is here, because there are a lot of people who don't have enough to eat," said volunteer, Mary Stapleton, who along with Lorraine Demers and help from other volunteers, unpacks, sorts, shelves and distributes the food donated to the pantry.

Mary especially enjoys

helping families. "You might help a family with five kids who just don't have enough to feed everyone to the end of the month, and need some help. It's good we are here, especially in these times," she said. Both Lorraine and Mary are proud of the work they do together and with other volunteers. Mary is also thankful for the donations they receive and noted that they can always use help from people who have a bit of time and want to volunteer.

A CALL FOR HELP

The pantry can use more food donations, especially during the summer months when children are out of school and many people are away on vacation. They also need more volunteer drivers to pick up food and transport it to the pantry.

Sadly, it's a sign of the times that so many people must depend on food pantries like CAP to keep themselves and their families properly nourished. It's also a testament to the generosity, caring and dedication of the area's volunteers, businesses, churches, community organizations and residents that no one goes hungry, and perhaps when possible, others too will "pay it forward," by donating and volunteering their resources and time.

Contact Dan McGregor at (603)747-3013

Have You Heard About The Deer Herd, Dear?



In the last issue of Trendy Times we ran a couple of pictures showing a good size herd of deer in a field. This seemed rather unusual for this many deer to be all together. Normal springs will see fifteen or twenty deer feeding in a pasture or field. This year there were reports of thirty or forty deer at a time. And the photos we ran showed portions of a herd that was counted at seventy or eighty deer. Plus some claimed over a hundred deer at a time. The question was, why so many this year?

The answer we got was that it was a bit of a perfect storm. Several factors added up to so many deer in one spot at one time. In actuality it is not that unusual for a large deer herd to form during the winter. But these herds are normally in the cedar groves that offer them feed and decent cover. And because of that, most of us never see them in large numbers. They seek out the cedars because they keep a

good amount of snow from reaching the ground, and the boughs offer feed.

Because of the long lasting snow this year the deer had not dispersed to their normal non-winter homes by the time they were nearing starvation. It was reported that there were some paths out in the woods that were as much as three feet deep. So when the fields began to open up, even a little, the deer came out in mass. After about a week or so, the snow in the woods finally became passable and the deer began moving back to their normal areas.

Another reason for the larger number of deer was that the winter of 2009-2010 was a much easier winter in this area. The herds of deer appeared to have many deer who will be enjoying their second birthday this May.

It all added up to some very interesting sight-seeing during early April, 2011. A sight that is seldom seen, but this year was almost commonplace.

Not all Times are Trendy but there will always be Trendy Times

April 26, 2011 Volume 2 Number 14

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Davies Memorial Library Wins Grant To Increase Audio Book Collection

(Waterford, Vermont)-The Davies Memorial Library recently received a grant of \$400 from the Ashgate Publishing Company to expand their audio book collection. With the help of matching funds, the library was able to purchase 37 new titles of adult and juvenile fiction and non-fiction titles.

"The audio books were popular immediately." Library Director Jennifer D'Agostino said. "As people are beginning to travel more, we're finding that a few titles even have waiting lists." The library has been able to add to all genres of its collection with non-fiction titles such as People's History of the

United States by Howard Zinn and Hot, Flat and Crowded by Thomas Friedman; fiction titles such as Cutting for Stone by Abraham Verghese and Toys by James Patterson. Juvenile fiction titles include Charlie and the Chocolate Factory by Roald Dahl and Giant Jam Sandwich by John Vernon Lord.

For a complete listing of titles or more information, please call the library at 748-4609 or visit the Davies Memorial Library Monday, Wednesday, or Fridays from 8:45-4:45; Tuesdays and Thursdays 8:45am-8:00pm or Saturdays from 9:00-12:00.

Littleton Rotary Online Auction Kicks Off At Noon This Sunday, May 1st

Littleton, NH - The Littleton Rotary Club's 46th Annual Auction to raise scholarship funds for local students begins this Sunday, May 1st at noon. All of the more than 200 auction items will be available to bidders for purchase online at the auction website www.littletonrotaryauction.com.

The club's online auction will run two weeks, ending at 6 pm on Saturday, May 14th. However, persons interested in participating should not wait until late in the auction to consider making bids because bidding will close on several special items during the course of the two-week period. In addition, some items will have Buy Now prices that will make it possible to purchase such items at any time during the auction period.

"Becoming a bidder on the club's online auction is as simple as 1-2-3," said auction co-chair Andy Smith. "You go to the auction website, pick an ID name and a password, and then start checking out the many great items that will be up for bid."

Available for purchase on the auction website, often at great bargain prices, will be a wide range of items, services and experiences. These include tools, gift certificates, fine dining, pet care, sports equipment, clothing, getaways and much, much more.

"Most of the auction items can already be seen at www.littletonrotaryauction.com," said Smith. "However, we will be continuing to receive donations of auction items right up to the kickoff time and even while the auction is live with new items added daily."



Smith said that any businesses and individuals who have not yet made a donation can do so by contacting the club at auction@littletonrotary.org or (603) 444-1294.

"Our annual auction is a wonderful win-win-win opportunity for all involved," said club president Kathy Jablonski. "Our generous donors get to help a good cause, most bidders get real bargains on many fine items, and many students in the area receive Rotary scholarships funded with the auction's proceeds."

For nearly a half century, the Littleton Rotary Club has provided financial aid totaling more than \$400,000 to students from the four local high schools who are attending college or other local persons involved in educational programs. The club has raised such funds primarily by conducting its annual auction of the items that have been contributed by local businesses and individuals.

Businesses and individuals have also generously supported Rotary's scholarship program by making tax-deductible contributions to

the club for this purpose. Checks for the scholarship program should be made payable to Littleton Rotary Club Charitable Fund Inc and mailed to Littleton Rotary, PO Box 785, Littleton NH 03561.

"We are very pleased that all our auction items will now for the first time be available online," said auction co-chair Mike Clafin. "We hope that local residents will participate and will also encourage family members and others living away from the area to check out the website for the many interesting items we have to offer."

The Littleton Rotary Club is made up of approximately 60 members from the local area and is part of Rotary International. The club meets weekly and conducts a wide range of local and international programs and activities in furtherance of Rotary's goals. For more information about the Club, its programs and possible membership, talk with any club member, go to the club's website www.littletonrotary.org or check out Littleton NH Rotary Club on Facebook.

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Young's Picture Perfect

By Robert Roudebush

A first-time visitor to Young's Photography new studio in Newbury is impressed with the clean simplicity and crisp good taste of the new space in a historic old building. That theme of good workmanship and artistic achievement continues with the portraits displayed on the reception area's walls. The over all effect is one of work well-done, of good work yet to come.

Young Brandi Young, is a mother of four children named with alliteration – Merrett 7, Meredith 5, Mallari 4, and Maleah 1. With her husband and business partner Shannon, she's in the midst of trying to sell one house and buy another, as well as trying to launch a new business. She's a graduate of Hallmark Institute of Photography in Massachusetts. "I've always loved crafty kinds of things. I took a photo class my sophomore year at Oxbow (graduated class of '97) and I was convinced. I like to capture that image, that moment, that people maybe have once, and make sure they will always have it the rest of their lives." She continues, "I've had other jobs, as in a bank teller which requires strict attention to detail as well, but it just is not the same thing."

PEOPLE PORTRAIT SPECIALISTS

The new shop has been open since mid-March of this year, and while they engage in Senior, Wedding and general photography, Brandi and Shannon are obviously people portrait specialists. Sev-

eral large photos on display feature people, and include a young man in a sunny outdoor setting wearing a dark blue sports jersey, a backward baseball hat and a big smile. He's having fun having his picture taken. A mother and child invite attention – a sweet sleeping baby in the arms of a young mother, who looks directly into the camera, with shining long hair and a smile only a mother could have as she holds her baby. And a young girl, maybe 12, just blooming with youth, open-faced good looking, with a turquoise top and a beaming grin of health.

TOTAL PROFESSIONALISM

The photographic work shows professionalism. So does the greeting space of the studio, this latest addition to the newly renovated large structure that used to be called the Atkinson Retreat, currently housing Dr. Melanie Lawrence's Newbury Health Clinic at 4628 on Newbury's Main Street.

Shannon, a licensed master electrician in two states in his own right, (SYE Electrical Contactors) is also the handy fellow who finished the interior, with Brandi's input, in eye-pleasing lighter muted wall covers, contrasted by darker furniture, welcome spots of color here and there. Examples of wedding albums and an array of other finished portraits await inspection.

STANDARD SITTING FEES

The photographic studio itself, just around the corner

from the walk-in area, is a spacious airy room equipped with some of the tools of the photographer's trade - various hanging background drapes, umbrella reflective lighting trees, folding louvered panels, camera stands and objects of playful delight for younger subjects. This, as well as any location out of doors, is where the pictures are created. The session price is \$65.00 an hour, which may offer up 30 to 40 images. The Youngs offer more than reasonable flat fee weddings packages, as well as photo packages of requested image reproductions in numerous options.

ONE OF A KIND BUSINESS PRACTICE

The discussion of price leads Brandi and Shannon into revealing an unusual business practice which benefits the customer, they believe. "We burn all the images from a session onto a CD for the customers and give it to them to do with as they please. No additional charge. They can just keep it, shop the images around online if they like, arrange for others to reproduce them, or ask us to do the reproduction work, in any amount and package deal they like, whatever they feel comfortable with. Most photo shops do not handle things that way. Most shops claim ownership of their work, copyright it, restrict it, and then sell it back to the customer at whatever price, and even if they advertise free shooting sessions, the actual making of photos can get very expensive."

The Youngs admit that such a practice means they may not make as much money for certain work, but their goal in running a successful business is to please the customer first and last and they acknowledge that increased business will lessen the risk. One service this writer discovered in the last few days is that he could bring in to Young's an older existing photo, of his parents years ago, and Young's can reproduce perfect copies, in various sizes as well as finish the job if requested with custom hand made wooden frames.

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April 26, 2011 Volume 2 Number 14

Lisbon Farmers Market Planning Underway



Dori Hamilton, Lisbon, spins wool at the Lisbon Farmers Market, while Landaff resident Jane Smalley knits while keeping her friend company.

LISBON – If spring snow truly is the “poor man’s fertilizer,” local gardeners and growers should anticipate an abundance of crops for farmers’ markets this year.

Registrations are available for the 2011 Lisbon Farmers Market which starts Saturday, June 18, 9 am to noon, and runs until October 15.

“We are still an expanding market, and have room for new vendors. We strongly encourage growers or producers of other items suitable for the market who may be new to the experience of displaying and selling at a farmers market to contact the Lisbon Main Street office. We can provide helpful information about getting ready to set up for the market experience. The Lisbon market is highly visible, on North Main

Street where there’s plenty of traffic,” said Ruth Taylor, market manager and Executive Director of Lisbon Main Street, Inc., market sponsor.

“For vendors who are new to the market idea and believe they may not have enough products to sell every week, we are still offering our cooperative space concept. It means sharing the space with another vendor who also has limited product. It’s a terrific way to establish your business in a manageable way,” Taylor added.

Forms can be obtained at www.lisbonmainstreet.org. Go to the Farmers Market tab and download the registration form and the operating standards, or call the Lisbon Main Street office at 603-838-2200.



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Opening Play In Bradford Is World Premiere

Bradford, VT: Old Church Community Theater is starting its 27th season with the world premier performance of "Second Chance", a comedy-drama by New York playwright Tony Sportiello.

Opening on Friday May 6th, the play is as fresh as it is thought-provoking, and the title should be a clue: What if, at the toughest time in your life, you could undo the one event that changed everything? In "Second Chance", we meet a man in just such a spot who is given the impossible option to do-over the most tragic event in his life. Veteran director Diane Chamberlain has put together a terrific cast to

bring out all the drama and humor of this story, including John Hunt, Paige Kelley, Miles Conklin, Anne Fold-eak, Jennette Difazio, Beth Thompson, Anthony Helm and Liane Allen. (Please note the play includes some adult language)

The show runs 2 weekends, beginning on May 6th with shows at 7.30pm on Friday and Saturdays and 4pm on Sundays. Tickets are available at the door; reservations by phone at 802-222-3322 or reservations@oldchurchtheater.org.

Old Church Theater's next production is the famous thriller "Wait Until Dark" by Frederick Knott, to

be staged the middle two weekends in June. There will be open auditions for the group's August production of "Enchanted April" by Matthew Barber will be held May 7th at the theater at 2pm, followed by open auditions for July's "On Golden Pond" by Ernest Thompson on May 14th at 2pm.

Bradford's Old Church Community Theater is open to anyone who wants to try their hand at acting, directing, stage managing, costumes, publicity, ushering, scenery construction, lights, sound or special effects. Visit www.oldchurchtheater.org for more information.

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Directed by Diane Chamberlain

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The Bath Old Home Day Committee

Representatives of various Bath groups have been meeting monthly since May of last year to plan for a spectacular Old Home Day weekend this summer. The dates are August 20 and 21 with lots of activities, displays and eats. The theme is Over The Bridges and Through the Years.

Festivities will start at 10:00 a.m. on Saturday, August 20th and will continue throughout the day, ending with a street dance. Music for the dance will be provided by the well-known Rocking Chairs.

Always a highlight will be the parade from the school to the fire station. Parade Chairman is Brenda Minot who has so expertly directed the last several Old Home Day parades. She would be glad to hear from anyone who might



like to make an entry (tel. 603-747-3720).

Exhibits will remain in place for Sunday, with the exception of the quilt show. There will be a special church service on Sunday, and to satisfy the inner man (and woman), a chicken BBQ.

T-shirts with the dates,

theme and our traditional logo will be available for purchase in the near future.

The next meeting will be Wednesday, April 27 at 7:30 p.m. in the Selectmen's Office. Anyone who is interested or would like to get involved is urged to attend and will be warmly welcomed.

Children's Literacy Foundation

Bath Public Library is being awarded a Children's Literacy Foundation (CLiF) Library Sponsorship! This sponsorship includes \$2,000 worth of brand-new children's books, a storytelling presentation at the Bath Village School for all the town's children as part of the Rural Public Library Sponsorship. CLiF will be presenting the books to the Bath Public Li-

brary at the school on Monday, May 2nd at 1pm.

The Bath Public Library has nominated the library story hour and home school children for a storytelling and book giveaway on Monday, May 2nd at 11 am as part of CLiF's Childcare Program. CLiF will give a selection of new children's books to the nominated program for their library, provide a storytelling

presentation for all the children in attendance, and let each child choose two books from a selection of brand-new children's books to take home and keep.

The grant was received through the Children's Literacy Foundation (CLiF), a nonprofit organization that inspires a love of reading and writing in children across Vermont and New Hampshire.

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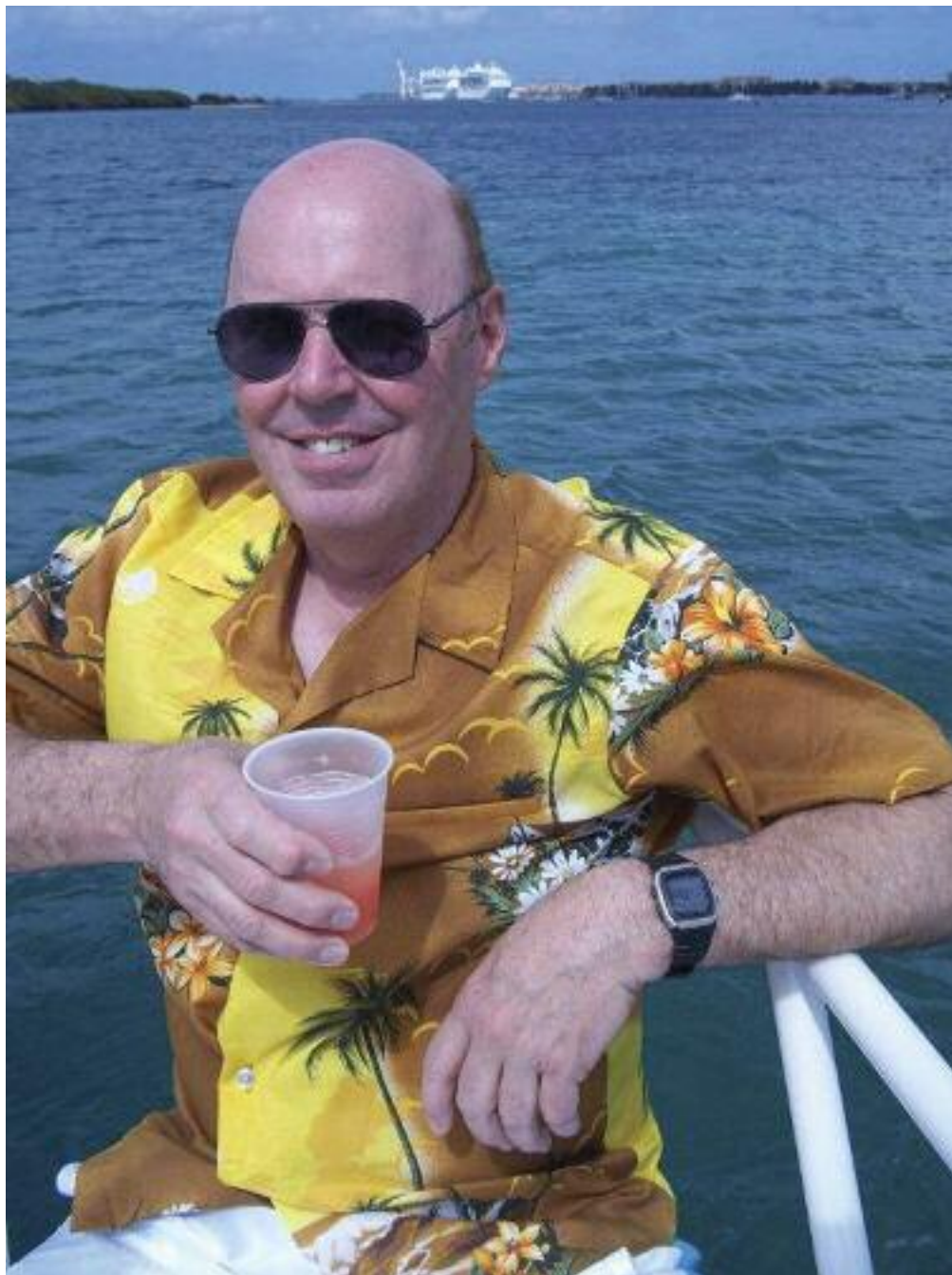
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There are times, however,
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the mounting decades,
through joys and sorrows;
agreements and disagreements,
growing ever stronger.

On this April 26th
I want to thank my friend,
Maurice Anderson,
for 46 years of
unwavering friendship
and to wish him
a very HAPPY BIRTHDAY.

Lee



By Ronda Marsh

Homemade Devil Dogs



if you are a native New Englander, you most likely recognize Devil Dogs as the popular Drake's cellophane wrapped confection of the same name. Until a short time ago, I didn't realize that in most other areas of the country, a "Devil Dog" refers to a hot dog served with certain spicy accoutrements. For that reason, let me just clarify: The kind we're talking about here is definitely NOT the amped-up wiener kind of Devil Dog. Oh no. Not here. Not today. This Devil Dog is more reminiscent of the New England definition, but better. And I mean like a thousand times better! I generally consider a recipe a "keeper" if I like it enough to make it more than once. Since I've made these three times in as many weeks, I'd say it definitely qualifies! I'm pretty confident that if you try these, you'll find yourself making them again, and again, and again. And please, feel free to stray from the Devil Dog shape. You can use this same chocolaty cake batter to make a sheet cake,

round cake layers, or even cupcakes. It is so versatile and easy it just lends itself to whatever application you choose. Both the cake and the frosting employ rather untraditional methods in their creation, but somehow, it all works. I like that the cake batter can be made without a mixer, and that the frosting has a wonderful whipped cream consistency. Some notes here: Because there is butter in both the cake and frosting, the finished product should be kept refrigerated, but you should take them out an hour before serving so they will soften up, or, you can always just stick each individual Devil Dog in the microwave for about 15 seconds. Also, if you want to make just six Devil Dogs, this recipe is easily divided in half, using a smaller sheet pan.

This is another recipe from The Pioneer Woman website, so feel free to direct any complaints about subsequent weight gain to her. After all, I'm just the messenger!

FOR THE CAKE:

- 2 cups flour
- 2 cups sugar
- ¼ teaspoons salt
- 4 Tablespoons (heaping) cocoa
- 2 sticks butter (no substitutions)
- 1 cup boiling water
- 1 cup buttermilk (or 1 cup milk with 1 teaspoon cider vinegar added)
- 2 whole beaten eggs
- 1 teaspoon baking soda
- 1 teaspoon vanilla

Preheat oven to 350°F. In a mixing bowl, combine flour, sugar, and salt. In a saucepan, melt butter. Add cocoa. Stir together. Add boiling water, allow mixture to boil for 30 seconds then turn off heat. Pour over flour mixture, and stir lightly to cool. In a measuring cup, pour the buttermilk and add beaten eggs, baking soda, and vanilla. Stir buttermilk mixture into butter/chocolate mixture. Pour into a 15" cookie sheet with sides, that has been sprayed with cooking

FOR ASSEMBLY:

Cut the cooled cake with a sharp knife into 24 rectangular shapes. Spoon frosting into a pastry bag fitted with a round tip, or a large plastic storage bag with the corner snipped off. Pipe frosting onto every other cake rectangle, then top with remaining rectangles; pressing on each slightly to adhere. Top completed "Dogs" with a dollop of frosting and crown with a maraschino cherry.

Yield: 1 dozen.

spray with flour, or lined with parchment, and bake for 20 minutes, or until a toothpick inserted near center comes out clean. Allow to cool in pan for 15 minutes before turning out onto a rack to finish cooling.

FOR THE FILLING:

- 5 tablespoons flour
- 1 cup whole milk
- 1 teaspoon vanilla
- 1 cup butter, softened (no substitutions)
- 1 cup granulated sugar

In a small saucepan, whisk milk into flour and bring to a boil, until very thick (like stiff instant mashed potatoes) stirring constantly. Allow to cool completely to room temperature before proceeding with recipe. In a large bowl, combine butter and sugar. Beat with an electric mixer until fluffy and most of the graininess of the sugar has dissolved. Add vanilla and the cooled flour/milk mixture, and beat, beat, BEAT on high speed until frosting takes on an appearance similar to whipped cream.

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12 **Dartmouth-Hitchcock
Medical Center
Birth Announcements**

Following is a list of children born at Dartmouth-Hitchcock Medical Center in Lebanon, New Hampshire.

Born: April 4, 2011
Child's Name: Kiptyn Ross Aldrich (Boy)
Parents' Names: Joshua and Lorie-Ann Aldrich
Hometown: Woodsville, NH

**Cottage Hospital
March Stork Report**

Cottage Hospital is pleased to announce the following births for March 2011.

Katelind Beckley & Joshua Hamel of Haverhill, NH proudly introduce Andy James Hamel born March 10, 2011. Delivering Physician was Dr. Jessie Reynolds.

Felicia & Timothy Kingsbury of Newbury, VT proudly introduce Addison Linda Kingsbury born March 16, 2011. Delivering Physician was Dr. Jessie Reynolds.

Jennifer Noyes & Michael Chaffee of Corinth, VT proudly introduce Cameron David Chaffee born March 18, 2011. Delivering Physician was Dr. Jessie Reynolds.

Veronica & Chris Boyce and big siblings, Cheyenne, Rylee & Michael of Woodsville, NH proudly introduce Rayvin Gerald Boyce born March 20, 2011. Delivering Physician was Dr. Fay Homan.

Rebecca Linnell & Timothy Marro of North Haverhill, NH proudly introduce Evalynn Marro born March 24, 2011. Delivering Physician was Dr. Sarah Young-Xu.



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Calendar of Events

WEDNESDAYS

BINGO
6:30 PM
Haverhill Memorial VFW Post #5245
North Haverhill

**WEDNESDAY, APRIL 27
AARP DRIVER SAFETY PROGRAM**

1:00 PM – 5:00 PM
Horse Meadow Senior Center
North Haverhill
See article on page 2

FREE COMMUNITY MEAL

5:00 PM – 7:00 PM
St. Luke's Parish House, Woodsville

**TOWN HALL MEETING
WITH CHARLES BASS**

5:00 PM – 7:00 PM
Colebrook Elementary School
27 Dumont Street

**ANNUAL MEETING - ROSS-WOOD
POST #20 AMERICAN LEGION**

6:00 PM
American Legion Home, Woodsville

BATH OLD HOME DAY MEETING

7:30 PM
Bath Selectmen's Office
See article on page 10

SATURDAY, APRIL 30

**SPRING COMMUNITY
CLOTHING GIVE-A-WAY**

9:00 AM – 2:00 PM
Horse Meadow Senior Center,
North Haverhill
See ad on page 16

**MIKE FENN BENEFIT DINNER,
CHINESE AUCTION & SUPER RAFFLE**

5:00 PM
Haverhill Cooperative Middle School
See ad on page 2

ANNUAL BARNET SCHOOL AUCTION

6:00 PM – 9:00 PM
Barnet School
See ad on page 17

**20TH ANNUAL COTTAGE HOSPITAL
VARIETY SHOW**

7:00 PM
Woodsville Community Building
See ad on page 7

MONDAY, MAY 2

**GOOD OL' BOYS: DEBORAH MAES
UNH COOPERATIVE EXTENSION'S
WORK IN GRAFTON COUNTY**

12:00 Noon
Happy Hour Restaurant, Wells River

TUESDAY, MAY 3

**NH STATE VETERANS COUNCIL
REPRESENTATIVE**
8:00 AM – 12:00 Noon
Woodsville American Legion Post #20

**CONNECTICUT VALLEY SNOWMOBILE
CLUB MONTHLY MEETING**

7:00 PM
Morrill Municipal Building, North Haverhill

TUESDAY, MAY 3-24

WATERCOLOR PAINTING CLASS
1:00 PM – 3:00 PM or
5:30 PM – 7:30 PM
Alumni Hall, Haverhill

WEDNESDAY, MAY 4

**3 RIVERS BUSINESS ASSOCIATION
MONTHLY MEETING**
8:00 AM
Wells River Savings Bank, Wells River

**TECH SAVY – LISTEN UP VERMONT
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6:00 PM – 8:00 PM
Bradford Public Library
Bring your laptop or use library computers

**WOODSVILLE/WELLS RIVER 4TH OF
JULY COMMITTEE MEETING**

7:00 PM
Woodsville Emergency Services Building

THURSDAY, MAY 5

3RD ANNUAL ART SHOW

10:00 AM – 2:00 PM
Horse Meadow Senior Center
North Haverhill
Open To The Public

HOSPICE TRAINING

3:00 PM – 5:30 PM
Horse Meadow Senior Center
North Haverhill

**TABOR VALLEY
SINGERS REHEARSALS**

7:00 PM
East Topsham Church

FRIDAY, MAY 6

3RD ANNUAL ART SHOW

10:00 AM – 2:00 PM
Horse Meadow Senior Center
North Haverhill
Open To The Public

FRI. & SAT., MAY 6 & 7

SECOND CHANCE

7:30 PM
Old Church Community Theater, Bradford
See ad on page 9

SATURDAY, MAY 7

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SUNDAY, MAY 8

SECOND CHANCE

4:00 PM
Old Church Community Theater, Bradford
See ad on page 9

MONDAY, MAY 9

**ROSS-WOOD AUXILIARY UNIT 20
MONTHLY MEETING**

6:00 PM
American Legion Home, Woodsville

HAVERHILL SELECTBOARD MEETING

6:00 PM
Morrill Municipal Building, North Haverhill

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Submit your entries by:

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Deadline for submissions is Thursday, May 5th for our May 10th issue.

Not all Times are Trendy but there will always be Trendy Times

April 26, 2011 Volume 2 Number 14

20th Annual Cottage Hospital Variety Show Returns Saturday April 30

Woodsville— It will be a night of shining stars at Cottage Hospital's twentieth annual variety show, Saturday, April 30, 2011 in Woodsville. Twelve acts will fill the stage at the Dr. John A. Bagonzi Community Building beginning at 7:00 p.m. The show will feature a variety of performances.

Advance tickets are just \$5 for adults, \$4 for children and seniors and will be sold until the morning of Friday, April 29th. Tickets will be \$8 for adults and \$5 for children and seniors the night of the show. All ticket proceeds will benefit the Mackenzie's Hope for Kids, an initiative to comfort children who visit the emergency room at Cottage Hospital. Mackenzie's Hope for Kids provides children with a new stuffed animals or book, as a way for them to cope with their own trip to the emergency room.

Tickets are now on sale at Cottage Hospital and Woodsville Guaranty Savings Bank (Woodsville Locations only), Laconia Savings

Bank (Woodsville branch) and Wells River Savings Bank (Wells River Branch).

Call the Community Relations office at Cottage Hospital at (603) 747-9189 for more information.

Cottage Hospital is a 25

bed, critical access hospital serving the beautiful Upper Connecticut River Valley. For additional information regarding Cottage Hospital and any of our services visit us on the web at www.cottage-hospital.org.

THE EGG TREE

What makes New England unique to me is not the Notch or icy sea but all the eggs up in the tree.

It's not the clouds that wander slow, or woodland hills that roll below; instead it is, with taps down low, hanging buckets along the row.

It's not the size of states up there or laughter at the winter fair, but something which today is rare: the heartfelt way its people care.

It's not the rustling of forest leaves or bracing winds—nor'easter breeze, but dormant limbs that gently seize the eggs up in New England trees.

Lee P. Mahle
from Mimir's Well
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3RBA Sponsors 5th Annual Chili Night



It is once again time for the 5th Annual Chili, Pie and BBQ Rib Cook-off, at the opening of Railroad Park in Woodsville, NH on Friday May 20, 2011 at 6PM. Great music will once again be provided by PARKER HILL ROAD, a five piece acoustic Bluegrass band that has been performing professionally in the New England Area for the better part of the last decade.

Chili categories include: original, wild game, and vegetarian. Pie categories include: two-crust apple, two-crust fruit, and one-crust

Bakers choice. For the second year there will also be a BBQ rib competition. Dig out your award winning recipes and join our contest and let the judging begin. All proceeds from the contest will benefit the Haverhill Area Recreational Program.

If you are interested in submitting an entry, please visit any of the participating merchants in Woodsville or Wells River displaying a poster for entry forms. For more information or visit our website at: www.3riversbusinessassociation.org.

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OBITUARY – HAROLD A WHIPPLE

Monroe, NH – Harold A. Whipple, retired Real Estate Investigator for the Vermont Secretary of State, passed away on April 10 at the Littleton Regional Hospital. Following an uphill 10 year battle with various types of cancers, and having lost most of his eyesight, Harold remained upbeat until the very end.

Harold was born in 1928 at the Whipple Family Farm on Whipple Hill in Lyndonville, Vermont, to the late Henry and Hazel Whipple. He attended the Fletcher School and Lyndon Institute.

In 1945 Harold entered the US Air Force where he obtained the rank of T/Sgt. as a Flight Engineer. Flying supplies and wounded he saw many parts of the world. During his military career he obtained numerous medals and ribbons with the highlight of obtaining his Silver Wings. In 1953 Harold gave up his Military Career to aid

his parents with the operation of the farm. Later, he moved to Boston and attended Boston University evening school in the study of real estate and banking which later became his passion and vocation.

Harold and his wife Beverly of 55 years were married in Allston, Massachusetts, on July 16, 1955. Together they owned and operated several businesses in the North Shore Area of Massachusetts. In 1975 they purchased a home in Monroe, New Hampshire, and Harold became employed by the Time Sales Division of the Howard National Bank. In 1976 Harold joined the Vermont Secretary of State as their sole Professional Conduct Investigator covering the entire state of Vermont and parts of New Hampshire. He became a member of both the State and National Real Estate Investigators Associations, receiving



many certificates and diplomas and becoming deemed the authority on real estate practices in a court of law. In June 1989 Yankee Homes Magazine, a division of Yankee Homes, featured an article about Harold, with his picture, entailing his position in state government.

Harold had a great sense of humor and compassion which yielded him many

friends in his life and travels. If one ever needed \$5.00 and Harold had \$10.00 he would give them the \$10.00. He had the pleasure of having three previous Secretaries of State attend his state retirement party which spoke volumes of the type of person Harold was as an employee and friend to all. One of Harold's pleasures in life was his 1928 Model A Roadster automobile, that won many prizes, which he often provided for parades and weddings or special occasion functions.

During his residence in Massachusetts he became a member of the Danvers Mosaic Lodge of Masons, the Middleton Lions Club, the Board of Trade, a Trustee of the Middleton Library and a member of various other civic organizations.

For the past eleven years Harold and Beverly have made their winter home at the Twin Fountains Club in Lake Wales, Florida. Harold will be greatly missed and always remembered by his loving and devoted wife Beverly of 123 Winchester Drive, Monroe, NH. His two children and their spouses: his son Daniel and wife Roberta Whipple of 111 Gilbert Hart Lane, Wallingford, VT, and his daughter Deirdre and

husband Jonathan Gawne of 399 Concord St., Framingham, MA. Two precious grandchildren Gabriela and Nathaniel Whipple of Wallingford meant so much to Grampy as he learned of their day to day accomplishments. He is survived by two sisters: Marion Sciarappa of Malden, Massachusetts, and Mildred Murtiff of St. Johnsbury; his sister-in-law Helen Fee of Florida who thought of him as a close brother; and many nieces and nephews.

He was predeceased by his parents, his infant son, his sister Marjorie Rexford, and his brother Henry Whipple of St. Johnsbury Center.

Services were held at Ricker Funeral Home, 1 Birch Street, Woodsville, NH on Friday, April 15th with a calling hour beginning at 1 PM and a Memorial Service immediately following at 2 PM.

Remembrances may be sent to North Country Home Health and Hospice Agency, 536 Cottage Street, Littleton, NH 03561.

For more information, or to offer and online condolence, please visit www.rickerfh.com

Ricker Funeral Home, Woodsville, NH is in charge of arrangements.

April 26, 2011 Volume 2 Number 14

Not all Times are Trendy but there will always be Trendy Times



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SUN 5 / 15 / 2011	12:00pm	Dover International Speedway
SAT 5 / 21 / 2011	6:30pm	Sprint Showdown / All-Star Race
SUN 5 / 29 / 2011	5:00pm	Lowe's Motor Speedway
SUN 6 / 05 / 2011	12:00pm	Kansas Speedway
SUN 6 / 12 / 2011	12:00pm	Pocono Raceway
SUN 6 / 19 / 2011	12:00pm	Michigan International Speedway
SUN 6 / 26 / 2011	2:00pm	Infineon Raceway
SAT 7 / 02 / 2011	6:30pm	Daytona International Speedway
SAT 7 / 09 / 2011	7:00pm	Kentucky Speedway
SUN 7 / 17 / 2011	12:00pm	New Hampshire Motor Speedway
SUN 8 / 07 / 2011	12:00pm	Pocono Raceway
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Letter To The Editor

Aggressive Attitude,

With respect to J.J. O'Shaunessey,

At Warner's Gallery Restaurant, we're doing the best we can to make your dining a good experience. As you know, the restaurant went under new ownership on December 29, 2010. We are still honoring all gift cards sold during November and December 2010. For the last month or so, we received a lot of duplicate gift cards. There is no record of these duplicate cards.

The previous owner, Jan Warner, gave a list of gift cards sold during December 2010. The gift card Mr. O'Shaughnessey brought to the restaurant had the number 501, which did not match the information given to me by Jan. That number gift card had been sold to a different person for a different amount of money. As a business

owner, I cannot honor a gift card that so blatantly does not match the records.

With my respect to Mr. O'Shaunessey, I was politely attempting to explain to him the situation but he responded with an aggressive attitude. When he had called earlier to make a reservation, we had told him we would accept the gift card sold prior to my ownership but this was before we figured out that this card was a duplicate. We had also happily agreed to serve him the meal he wanted, although it was no longer the special for that evening.

It is time for people to understand that Warner's has new ownership, a new chef, and a new menu. I invite everyone to come in and enjoy the new experience.

Paul Sarkis

Owner of Warner's Gallery Restaurant

Mr. Sarkis,

Thank you for your response to Mr. O'Shaunessey's letter which appeared in the April 12 edition of Trendy Times.

As in many such cases, those involved have somewhat differing accounts of the circumstances.

I can only wish you the best for your future with Warner's, and hope that the situation with gift certificates can be fully ironed out so that those of us who purchased such cards get full credit for them.

Gary Scruton, Editor

A Romp Through Wonderland

By Marianne L. Kelly

NEWBURY, VT—The dampness and rains of April 13 were no match for the high-spirited musical performance of Newbury Elementary School's kindergarten through third graders version of Lewis Carroll's "Alice In Wonderland."

The audience of proud parents, relatives and friends were charmed as they attended the Madd Hatter's tea party and met some old childhood friends like White Rabbit, Cheshire Cats, Madd Hatter, Tweedle Dee and Tweedle Dum and of course, The King and Queen of Hearts, all supported by a cast of singing, dancing Wonderland characters. This performance marked the first time the entire school was involved in a production.

The play opened with our heroine sitting under a tree bored with a history book she is reading, while her sleeping alter ego dreams of "a world of wonder where memories are yours to keep," as the children sang "A World of Your Own." The three Cheshire Cats (Fern Fredella, Bryannah Heywood, and Nora Heffernan), guided the audience through the maze of sights and sounds with their delightful commentaries.

White Rabbit (Elizabeth Goodell) who is always late "for a very important date," cannot seem to help Alice (Lindsey Carbee) decide whether to jump down the rabbit hole. When Alice finally takes the plunge, she realizes she wants to go back home, but is too tall to fit through the door. A potion renders her just 3 inches tall, and lamenting that she is too small, Small Alice (Amber Glaude) takes a bite of a cookie that turns her into Tall Alice (Rosie Fraser). Alice cries for help from her friend, White Rabbit who, of course ponds on her watch reminding everyone she's late. "We know, you're late!" remarked the cats with the exaggerated patience of a parents who are fast becoming frustrated with a child.

As Alice wends her way home, she meets the Madd Hatter (William Douglas)


who along with his tea party guests, performed an energetic rendition of "A Very Merry Unbirthday." She also meets "The King and Queen of Hearts (Briggs Heffernan, Elizabeth Eddy). The Queen wants Alice's Head for being human, while the king takes a more reasoned approach and is willing to listen. Other characters join Alice in song and dance as she continues her quest home.

The performance closes with Alice awakening from her dream as the cast performed a rousing rendition, with a little rap thrown in for good measure, of "Zippiti Doo Dah."


The children, teachers and staff more than met the challenge of creating the sets, costumes and dialogue for this timeless story. They brought everyone a ray of sunshine on this dreary afternoon.



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Rutabagas

By Sheila Asselin

Rutabagas, a glorified turnip seems so innocent, doesn't it? I'll bet you've even eaten them yourself. One day a well known star of television and movies sat down to a large plate of rutabagas. I say he was well known and he was but lately his career had begun to sag just a little. His was no longer the first name to come up when it was time to cast a new blockbuster film. Starlets were no longer so eager to play the sex scenes with him. He was afraid of his close ups and considered plastic surgery. Recently someone had asked in public "Gary who?"

He tucked into the rutabagas. Suddenly he felt twenty again. His depression lifted. He went to the club and had never been so alluring. All his friends thought he was soooo funny. And the women just could not keep away. Feeling on top of the world, he had never been so happy in his life.

He awoke the next morning with a bad taste in his mouth and a strange woman in his bed. Feeling depressed and slightly weak he made two phone calls. One was a cab for the woman and the other to his local greengrocer. He bought all the rutabagas that Korean gentleman had.

His career blossomed and he soon developed a

case a day rutabaga habit. Friends came by for clandestine rutabaga parties. Anyone who felt low self esteem or lack of confidence had only to slurp up a bowl of RBA as it soon became known to feel great immediately.

Of course this was too good to keep to oneself. Soon there were RBA gangs and turf wars. There were RBA lords and small dealers. The border was no barrier as improvised farmers from a large country to our south began plowing up their corn crops and planting RBA. Smugglers called mules risked life and limb to carry them across the border, but the profits in illegal RBA were so high it was worth it. They would hide them in a load of carrots and just write "root vegetable" on the customs declaration, They were not lying now were they?

One particularly clever scheme involved college students on spring break who would travel south and return with several RBAs. Flat chested coeds would stuff RBAs in their bras and the suddenly buxom young ladies would return to the states. Border guards were understandably reluctant to search them. Later that week word would go out that there would be a party at the Sigma Delta Rho frat house. This became known as the

Dolly Parton Caper. It was rumored that girls from Southern Methodist and even Brigham Young but no one would admit to knowing anything.

Alarmed, our national leaders decided to take action. The president appointed a Rutabaga Tsar, a defeated Republican governor of a large midwestern state who had been a client four times at the Betty Ford Clinic. Local police organized programs called DARA, Deny All Rutabaga Access. Children were warned to "Just Say No' and ask for a celery stick instead.

This lead to strained relations between the richest country in the world and it's improvised southern neighbor. A Rutabaga Summit was called and the presidents of the two countries met on an island off the coast of Finland. Neither had seen Finland before and it seemed like a good chance to take in a little sightseeing. After all "All work and no play makes for a dull world leader!"

Between rounds of golf (they painted their balls red so they could find them in the snow) they agreed on the laws of supply and demand. Namely if there is no demand there will be no supply. The leader of the most powerful country in the world told his people no more rutabagas. The leader of the other country told his people to go back to growing agave cactus and producing tequila.

People found weaning themselves off RBA not so hard. After all many had already weaned themselves off cigarettes which are much more addictive. With no demand the supply soon dried up. International order was restored and all we had to worry about was computer hackers, unemployment, ozone, hijackings, dosing air traffic controllers, alligators in the sewers of New York, the traffic backed up at the Hooksett Toll, who will win on "Dancing with the Stars" and any number of other things but rutabagas were no longer a problem. Enjoy your boiled dinner!

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Comic Art Shows How We Got the White Mountain National Forest:

Marek Bennett Named Weeks Centennial Comics Artist

Celebrations are planned across the country this year for the Centennial of The Weeks Act. This 1911 law, signed by President Taft, brought National Forests to the Eastern United States. The excitement is particularly great here in New Hampshire, since John Wingate Weeks, the genius behind the Weeks Act, was born and raised in Lancaster.

The concept of preserving the White Mountain National Forest seems obvious today. But 100 years ago the idea was poorly formed and hotly debated. Even those who felt National Forests would provide many benefits could not figure out how to create them, or how to overcome the complex political obstacles in the way.

Enter Congressman John Wingate Weeks, an avid outdoorsman.

Weeks worked with a broad coalition of Americans, each group with its own reason for being interested in National Forests. Politics, history and economics were all involved, not just conservation.

Complicated as it was, according to Frumie Selchen, Executive Director of the Arts Alliance of Northern New Hampshire, it is an important part of the nation's heritage. "The Weeks Act story is extremely interesting, and also very relevant," Selchen says. "Only by seeing what a truly enormous problem Weeks and his allies faced can people today appreciate their accomplishment."

Selchen says the Weeks Centennial Committee and the Arts Alliance have worked hard to find ways to bring this chapter of American History forward. "Many of the Centennial Committee members have scheduled wonderful lectures, and Plymouth State University created an awesome walk-through exhibit. But we thought there was still one piece missing. We

needed something a bit more accessible, something for everyone."

Enter comics artist Marek Bennett, another avid outdoorsman.

Bennett's grandfather and grandmother were active in the Sandwich Range area of the White Mountains, hunting and trapping. "That's actually where they met," Bennett says. "When I was a kid, my grandfather would take me out fishing, or out on the trapline. Grandma took me walking in the woods, where we'd collect bones and interesting animal and plant specimens."



When Selchen named Bennett the official Comics Artist of the Weeks Centennial, he was thrilled.

"Graphic storytelling, especially in the form of comics, works for everyone. The power lies in the combination of words and pictures, and the technique of breaking a complicated story down into discrete steps and then fostering connections between those steps."

But Bennett thinks the greatest property of comic art is its special appeal to young people. "I think it's important for kids to be involved in history right now," Bennett says. "With all the environmental is-

ssues we're facing, we should all be drawing, writing and sharing our viewpoints about the next 100 years. Comics are a great way to envision the future as well as to think about the past."

Bennett has completed his first work, a short comic that explains in just a few panels what the Weeks Act is, why it was needed, how it survived the jungle of the United States Congress, and where the Weeks Act can take the nation in the future.

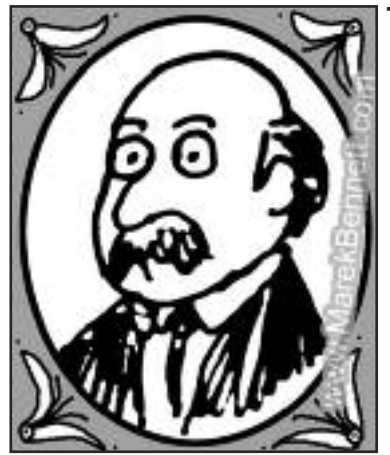
An animated version of "The Weeks Act Story," narrated by New Hampshire school children, has just been posted on the Internet: <http://www.youtube.com/watch?v=rft2vM738LU>

Early reviews are favorable. White Mountain historian and former Forest Service forester Dave Govatski, who led the team that advised Bennett, says he was thrilled with "The Weeks Act Story." "Marek Bennett's mini-comic series on the Story of the Weeks Act is a wonderful way to take a complicated national policy issue and make it understandable to a wide audience. Each frame of the cartoon looks simple but presents a big issue clearly — over-harvesting, forest fires, how forest management causes or prevents floods, and so forth."

Over the next couple of months, Bennett will be working with the Arts Alliance on many aspects of the Centennial celebrations. His activities will include special programs in participating schools. In the classroom Bennett says he wants to learn what parts of

the story are the most relevant to today — and which are the most interesting to the students — and focus on those. Eventually he expects to pull together a whole collection of comics, his own, his students', works of other artists, and collaborative works, ranging widely in content but all connected back to the Weeks Act of 1911.

Bennett holds an undergraduate degree from Brown University in mathematics and music. He has worked for a software company, traveled in Central America, worked in a bakery and picked apples. It was while he was drawing the menu board at the bakery that someone suggested doing a summer program with kids. He realized that he really liked working with kids and teaching, so he got a Master's degree in education at Keene State College, and went into teaching. He has since taught Title I, literacy, elementary and middle school students, and is now a full-time teaching artist, who also tutors in Spanish



and teaches music.

The Arts Alliance of Northern New Hampshire will provide programs to schools and community sites throughout the year and during the Eight Days of Weeks: The White Mountains Cultural Festival this August. Residents around the region, visitors, artists and especially school children are being invited to participate in these programs, which will look at the region's past, the present and the future. The Arts Alliance is actively seeking sponsors for programs to be held in schools and communities.

For more information on the Weeks Act Centennial, visit www.weekslegacy.org. For additional information on Weeks cultural events, including comics programs, call the Arts Alliance at 323-7302, email info@aannh.org, or visit aannh.org.

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6:00-9:00 PM at Barnet School

Preview Hour is at 5:00. A Lasagna Dinner will be served during this hour, \$7.00 per person or \$20.00 per family, complete with beverage, garlic bread, salad and dessert.

Free babysitting in the library.

Concession Stand open 6:00-9:00, featuring hot dogs, nachos, homemade sweets, cold drinks and much more.

We have lots of great items this year! Come join the fun!

Apple Grafting Workshop #2

Join us on Tuesday, May 10, 2011 from 5:00 p.m. to 7:00 p.m. at Windy Ridge Orchard, 1775 Benton Road, North Haverhill, NH 03774 for a workshop on grafting apple trees.

Because our first apple grafting workshop on March 29th was so popular, we have decided to offer a second workshop. For this workshop Bill Lord, a semi-retired UNH Cooperative Extension Fruit Specialist, will demonstrate top work grafting techniques that you can use on older trees in your orchard. You do not need to have attended the first workshop to benefit from attending this one.

For more information or

to pre-register please contact the Grafton County UNH Cooperative Extension office at grafton@ceunh.unh.edu or (603) 787-6944. This workshop is free of charge.

For any special arrangements including physical access, or other accommodation requests, please contact Heather Bryant, Extension Educator, at 787-6944. Ten working days are needed to facilitate special needs requests.

The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. University of New Hampshire, U.S. Department of Agriculture and N.H. counties cooperating.

Families Gain Hope For Their Financial Future

NASHVILLE, TN. – Financial Peace University (FPU), the 13-week program taught by Dave Ramsey, has helped more than 650,000 families across the country positively change their financial future. This life-changing program teaches families and individuals how to handle their money through common-sense principles and small group accountability. FPU is available for community groups, churches, companies, military bases, financial literacy programs, and Spanish speaking organizations. FPU classes will be held in West Danville, VT at:

- West Danville United Methodist Church, 84 VT Route 15. The classes will begin May 7, 2011 at 9:00 am. Contact Curtis Larrabee at 802-748-9486 for more information or to register.

As they work on a Total Money Makeover, the average family pays off \$5,300 in debt and saves \$2,700 in the first 91 days after beginning FPU and is completely out of debt, except for the mortgage, in 18 to 24 months. "We've actually relieved ourselves of over \$50,000 worth of debt in two years just from using these principles," said Russ Lee, former FPU participant.

Dave Ramsey began teaching FPU classes in 1994 every night around Nashville, Tennessee. In 1997, FPU was made available on video across the country with thousands of classes around the nation today.

The program is made up of 13 life-changing lessons taught by Dave in a fun and entertaining way. "I like to put the cookies on the shelf where everyone can reach them," says Ramsey. After each lesson the group meets to help each other plan bud-

gets, discuss successes and temptations, and support each other in their journey to beat debt and build wealth. Topics covered include:

- Saving for emergencies
- Budgeting
- Relationship and money issues
- Buying big bargains
- Getting out of debt
- Understanding investments
- Understanding insurance
- Retirement and college planning
- Buyer beware
- Real estate mortgages
- Careers and extra jobs

Each class participant needs a kit. Special rates are available through your class coordinator. Included in the cost of the kit is a lifetime family membership to FPU, allowing the participant to return to any class at anytime for a refresher course. The kit also includes an FPU workbook, an FPU envelope system, 13 audio lessons, bonus CD, budgeting forms, debit card holders, and Ramsey's best-selling book – Financial Peace: Revisited.

"FPU classes are changing lives across the country every day," says Louis Falzetti, executive vice president of Financial Peace University. "There is something for everyone in this program whether you are barely making ends meet, just trying to plan for retirement, or seeking to build wealth. No matter what your financial situation, you will find FPU to be the best motivational tool available across the nation to help you attain financial peace." Visit www.dave Ramsey.com to locate the nearest class.

ABOUT DAVE RAMSEY
Dave Ramsey is a personal

money management expert, an extremely popular national TV and radio personality and best-selling author of The Total Money Makeover. In his latest book, a follow-up of his enormously successful New York Times best-sellers Financial Peace and More Than Enough, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

Ramsey knows first-hand what financial peace means in his own life – living a true riches to rags to riches story. By age twenty-six he had established a four-million-dollar real estate portfolio, only to lose it by age thirty. He has since rebuilt his financial life and now devotes himself full-time to helping ordinary people understand the forces behind their financial distress and how to set things right – financially, emotionally, and spiritually.

AVRA Railroad Show

The 5th Annual Spring Model Railroad Show will be held on Saturday, May 7th at the Haverhill Cooperative Middle School on Morrill Drive off NH Route 116 in North Haverhill. The show is sponsored by the Ammonoosuc Valley Railway Association.

The doors for the show will open at 10 AM and stay open until 3 PM. Adult donations are \$3 while students are free with a paying adult.

Food will be on sale to benefit a summer trip to Washing, DC by students and their parents.

Vendors will be selling model, kits, books, videos, photos, Lionel, American Flyer, Lanterns and other railroadians on at least 35 tables.

On display will be "V gauge" layout on a computer. A modern approach to model railroading! The "Virtual Engineer" train-mounted video camera will be operating on the AVRA HO gauge modular layout along with a variety of other trains.

Several modules of an "On30" scale layout will also be on display. Small children can operate the train on the layout sized just for them!

Plenty of free parking. For more information visit www.trainweb.org/AVRA

April 26, 2011 Volume 2 Number 14

Not all Times are Trendy but there will always be Trendy Times



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SCARED SHEETLESS

By James Paradie

Bigfoot Of Bald Mountain Ossipee, NH

Bigfoot is actually a relatively new addition to the field of the paranormal, even though people have claimed to have seen him (or it) as early as 4,000 years ago written on twelve clay tablets and found in the ruins of Ninevah (which is now a part of modern-day Iraq). The writer of the story claimed that this wild, hairy creature, named Enkudu, would drink with the wild animals of the dessert in the watering hole. But, something as Enkudu or the story of him, is just an epic tale, but the thought of Bigfoot was born into myth, which some say, might be legend.

The first official sighting happened in 986 AD when Leif Ericson, a famous explorer of his time, came to what is now America and saw these beastly creatures "that were ugly, hairy, and swarthy and had black eyes." As far as I can recall in my Lisbon Regional School U.S. History days, I do not recall Mr. Younkings telling us that Christopher Columbus discovered these same creatures several centuries later in 1492.

Although, Bigfoot has been seen a few notable times in New Hampshire, there is one story that I've read that I found to be quite interesting. The story I read was written by Ed Parsons of the Conway Daily Sun and depicts an event a friend of his, his girlfriend, and their dog encountered this one day while hiking in the woods. This man, by the name of Peter Samuelson, had been hiking the woods for forty years, but never did he know what they would experience this summer day of 1979.

The sight that Samuelson described was 100 yards away from Connor Pond where he saw a structure that would puzzle anyone. It was stones stacked onto one another and a roof made out of thatched hemlock bows; through a doorway they saw a tall, big, hairy man, who stood about 7 feet tall and was covered with gray hair about three inches long. This half-man/half animal looking creature had its back to

them.

What a sight it was, Bigfoot in the flesh! How gentle he may look to those...that was until their other hairy companion started growling at him. The creature heard and started making noises himself to show that he would not be intimidated by an inferior dog. The noise startled Samuelson's girlfriend and they decided to hightail it out of there before they could see if Bigfoot was of the meat eating kind (a carnivore). Halfway down the mountain they realized these two revelations: 1. They had a camera; and 2. They could of gotten their experience on film.

A year later, he built up the courage to return to Bald Mountain and see if his furry friend was still around, but he was met with another awe striking sight, it was gone. All gone, there was no sign of the once structure that was there. He swears he isn't crazy, but did the big fellow just pick up and leave? Not even leaving a single crumble of rock behind?

His girlfriend, Holly, didn't join him this time around, but she did tell him a story that back in the 1890s there was another reported incident with Bigfoot in the Ossipee Range at Connor Pond. A man witnessed this hairy beast come out of the woods and chase the person's dog

before it retreated back from where it came.

If there was one there in 1890s, 1970s, is there one there now? Who's to say it's probably even the same one?

In the next few weeks you will be seeing some new additions to Scared Sheetless. Not only will ghosts be talked about, but also I will be introducing some other elements to Scared Sheetless such as UFO's and a new addition called Scary People where I will show you that sometimes the living can be more scarier than the dead.

Sources: www.bigfoot-lives.com

www.bigfootencounters.com
Ed Parson's "Hiking: Myth versus reality of Sasquatch in Ossipee Range"-Conway Daily Sun (c) November 24th, 2006.

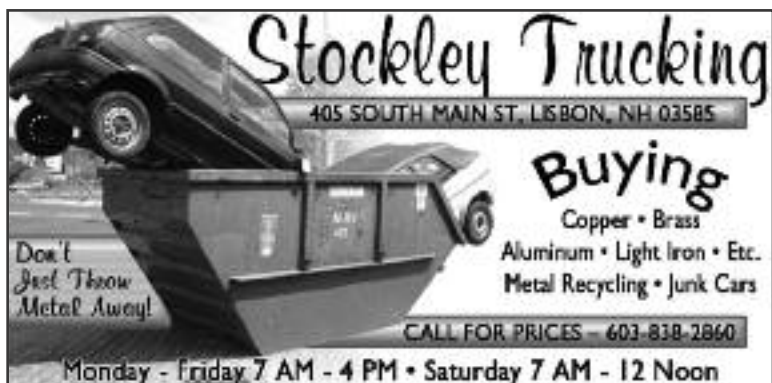
James Paradie is a paranormal columnist as well as a paranormal investigator who has been seen in such newspapers as the Northcountry News, Littleton Record, the White Mountain Shopper, and Trendy Times. He has also appeared as a guest on the popular paranormal radio show, The Full Spectrum. His stories can also be seen on paranormalnews.com and mostlyghosts.com where he is a regular contributor.



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Front left to right - Tiffany Henry, Alisa Picknell, Faustina Lalmond
 Back left to right - Joshua Peart (President), Brock Start, Darlene Towne, Mason Prata, David Peart, Kara Veillette, Dawn Kozuch

NH-JAG Career Development Conference

On Monday April 11, the senior class members of Woodsville High School's chapter of Jobs for America's Graduates (JAG) participated in the New Hampshire JAG Career Development Conference in Concord. Accompanied by their Career Association President, junior class member Joshua Peart, they brought home 5 trophies- 3 first place, 1 second place and 1 third place. In addition to the trophies, scholarships were awarded to Faustina Lalmond, Dawn Kozuch, Darlene Towne, David Peart and Mason Prata.

Wrensong Celebrates Spring At Alumni Hall

The Vermont-based choral ensemble, Wrensong, will welcome spring with a concert on May 1st at 2pm at Alumni Hall in Haverhill. The concert will feature selections of 15th and 16th century a cappella choral music and poetry readings including works by Thomas Morely, Orlando di Lasso, Thomas Tallis, John Dowland, William Byrd, and more.

Tickets can be purchased in advance by calling (603) 989-5500 or at the door. Admission is \$10.



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