

# TRENDY TIMES

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## 'An Evening of Song' Benefit Concert With Mark Shelton

ST. JOHNSBURY – The Northeast Kingdom Council on Aging is staging its first-ever benefit concert with Nashville recording artist and Newport native Mark Shelton on June 28 at the Lyndon Institute Auditorium.

"Mark is gaining quite the national reputation," said NEK Council on Aging's Executive Director Lisa Viles. "We're thrilled to have him on board as we roll out our new name and look."

Known for 35 years as the Area Agency on Aging for Northeastern Vermont, the Council on Aging made a decision earlier this spring to use its legal name when it became a 501 C-3 non-profit corporation in 1979.

"We did some long-range forecasting based on national

and regional trends," Viles explained. "The time was right to focus attention on the broad spectrum of care and lifestyle options we offer individuals and their families for living as independently as possible for as long as possible."

The Council on Aging operates with an annual budget of \$3 million that is funded from several sources, including program grants and private donations. The council partners with such volunteers as those who prepare, serve and deliver Meals on Wheels. It also teams up with Rural Community Transportation (RCT) to help eligible residents with rides to medical appointments and the supermarket.

The council also participates in the VA's Veterans Independence Program that

provides help with home-based care and supplies to those who have performed military duty. More than 5,500 older Vermonters and their extended network of caregivers received assistance from the Council on Aging.

On the lifestyle front, the Council on Aging offers a variety of fitness and wellness classes at more than 15 sites throughout Caledonia, Orleans and Essex Counties. Added Viles, "We like to say that from 8:30 a.m. to 6 p.m. somewhere in the Kingdom is a class for you."

"Music is such a huge part of the landscape of all our lives," she said, "that a benefit concert seems like a fun way to bring together our Northeast Kingdom community to spend a Sunday evening."

With a repertoire that



spans the Big Band era through the soundtrack of '50s, '60s and early '70s hits, the award-winning Shelton has headlined shows from Palm Beach, FL to Long Beach, CA. With a melodious baritone voice, he is expected to deliver a high-energy, two-hour performance on that last Sunday in June. It includes appearances with the Starlight Angels who trained at Newport's three leading dance academies.

"We'd be delighted if his wife joined him on stage for a

love song, or two!" Viles added.

Concert tickets are \$22. Catamount Arts is handling on-line and telephone purchases using a credit card. Call toll-free: 1-888-757-5559 or directly: 1-802-748-2600.

Tickets may also be purchased in person from the arts center's box office at 115 Eastern Avenue. Ticket sales at the concert will be limited to cash and checks only.

Seating is general admission. Doors open at 6 pm. Show time is 7 pm.

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# TRENDY Dining Guide

## Whippi Dip

By Gary Scruton

Summertime in Northern New Hampshire and Vermont brings to life many businesses that have been hibernating during the long winter months. But just because a business is not active all year does not mean that it is not worth serious consideration. One such eatery is Whippi Dip on Main St. in Fairlee.

By its name one might think that the Whippi Dip is a standard summertime ice cream stand. In fact they certainly fit that definition. They proudly serve Hatchland Dairy soft serve ice cream. They also have hard ice cream and have a full list of sundaes, shakes and other ice cream treats to choose from.

But there is more. The Whippi Dip also has a full selection of burgers, seafood and barbecued items. On our recent visit we were both already thinking about one of our favorites, sea scallops. As is true with most eateries that

serve scallops, the price is listed as "market price". This is because the cost of scallops and clams can change dramatically on a weekly or even daily basis. So we asked and were told that today's cost was \$11.24. Not a bad price for a good serving of scallops. We both added a side (I went with onion rings, and my wife chose sweet potato fries) each priced at \$2.02. Add a bottled drink to both orders and we were at a total of less than \$33.00. But now we needed to wait and see if what we were served was worth it.

It took about ten minutes before our name was called and we went up to the serving window to get our meals. They were served in those light cardboard containers with two small dishes included. One held a good amount of tarter sauce for the scallops, and the other with a decent serving of cole slaw. At the window we got napkins and ketchup and

were able to get whatever else may have been needed to garnish the meal.

It was now time for the ultimate test; taste. Not bad at all. Very tasty scallops, and the onion rings were the thick kind. Both had plenty of taste and the serving was plentiful for an evening meal.

The Whippi Dip in Fairlee is a very good place to go for an evening meal, or an ice cream. Just remember, seating is outside, or in your car, so if you want candlelight while you dine it is BYOC (Bring Your Own Candle).

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Not all Times are Trendy but there will always be Trendy Times June 9, 2015 Volume 6 Number 18



# Bradford's "Crimes" Is Worth It

By Gary Scruton

The latest production from the folks at Old Church Theater is now in performance mode at their stage in the Old Church building in Bradford. "Crimes of the Heart" won a Pulitzer prize for its author Beth Henley. In this version director Sheila Kaplow has followed a couple of trends that are noticeable at OCT. One is that the cast members have taken on their characters with so much gusto that it becomes hard to imagine any one else performing that part. The other thing is that Director Kaplow is very diligent about being sure that the little things are true to form. Coke bottles that need a bottle opener, not twist tops, and a real percolator coffee pot to go on the gas stove. In that same vein it should be noted that the sound effects for this produc-

tion were right on the mark. From phone rings that stopped when answered, to the bollings coffee, to the crickets, the sound was great.

Now back to those skilled folks on stage. Set in the mid 1970's in Mississippi it was imperative that the cast take on that "southern charm" sound. Especially the ladies in the cast who spent so much time on stage, staying with that accent took an extra effort. For the most part, on opening night, they pulled it off just fine. There were a few lapses, but only for short periods of time, or with short lines. But for the most part the three Magrath sisters, and their cousin, held on and transported the audience to the south.

As one would expect, the play was well crafted and of-

fered not only times of amusement and laughter, but also some very dark and moving story lines. Suicide was not only referred to by the characters, but was also attempted, though not very successfully, right there in front of our eyes. It made for a performance that took the audience from the depths to the heights smoothly, even though sometimes quickly.

Often times in OCT productions a particular actor will stand out as the "star" of the show. In this production I feel that all six on stage performers did their job well and played off each other to make it a team effort. Of course some of that credit undoubtedly goes to the director, but it is also evident that these six younger performers enjoy what they do and are very



well suited to doing it.

If you have a chance to see "Crimes of the Heart" at Old Church Theater, I strongly suggest that you take the opportunity. At the same time I will suggest that it is not a play for younger members of the

family. Though there is no strong language "Heaven forbid!", there are some adult themes that are best enjoyed by those who have experienced life a bit longer.

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# Report Of Last And Upcoming Meetings

The Northern Grafton County Republican Committee gathered at the Littleton Screamin Boar Smokehouse on May 21st. We were pleased to host a presentation by Andrew Hemmigway of the 603 Alliance and Fran Wendelboe of the Conservative Business League of NH, LLC. Both organizations are uniting to be a powerful force in voter education and inspiration for our state.

The 603 Alliance is planning to hold a caucus in October, similar in form to the Iowa caucus to rally all Independents and Republicans around the one particular candidate that wins the caucus.

The Conservative Business League of NH is working to provide voter information that will be useful to Republicans and Independents in choosing the best candidate. Their main objectives are 1.

Constitutionally Limited Government; 2. Free Market Economics and 3. A Debt-Free Future for generations to come.

Our next meeting will be June 18th at the Screamin Boar Smokehouse in Littleton (40 West Main St) at 6pm. On board will be the famous and most politically incorrect, Conservative Black Man on the planet (so he says). Yes, it is indeed the one and only ROD ECCLES! It is an honor for us to welcome him to Littleton. We welcome all to join us at this meeting.



The NH House met on June 3 to take action on forty-nine bills. I have randomly selected four bills that were discussed in that eight-hour session.

The House amended and passed SB 29, relative to fines for motor vehicle offenses. This bill adds a number of offenses that previously required resolution in court rather than paying a fine by mail option. Yes, an offender may still see a judge by pleading "not guilty" and law enforcement may continue to issue a "must appear" in court if the act is considered egregious, but these changes may decrease lost time from work in order to appear in court.

SB 179 as amended, passed the House by a vote of 211 - 145. The bill establishes a 30-day residency requirement in order to vote. The bill changes the definition of domicile for the purpose of voting. Supporters believe the state needs stricter legislation that eliminates "drive-by voting." The bill was passed along party lines, and will now go back to the Senate for further consideration.

Occasionally, the legislature is asked to take action on a bill that many of us view as a waste of legislative time and money. This was the case with Senate Concurrence Resolution 2, urging Congress to discontinue foreign aid to Ar-

gentina until financial disputes are resolved. Upon hearing this bill, many members quickly exited the Hall for a needed break while others chuckled. I heard some saying, "send the NH Navy," while others said, "and isn't this a matter for Congress?" The bill was quickly tabled.

Lastly, the House approved SB151, a bill allowing home-educated students to be counted for state adequacy funding. For each course that a home school student participates, a school district would receive approximately \$525 or an equivalent of 0.15 of a full time student. School districts currently receive close to \$3,500 in base adequacy for a full-time enrolled student. Presently, a school board may allow a home school student to participate in a high school course, but due to the student not being officially enrolled, the state provides no funding support. The NH School Boards Association supports this bill; it is long overdue.

In summary, our democratic system of government enables all to participate in the legislative process, and there are occasions when all house members are on the same page, as in the case of Eva Peron's home nation of Argentina.

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# From The Desk Of NH State Senator

*Jeanie*  
**FORRESTER**

Dear Constituents,

This past week the New Hampshire Senate passed a thoughtful, conservative, and compassionate budget. This \$11.3 billion budget will fund state government for the next two years. The Senate budget spent more than the House, but less than the Governor. By approving this budget, our Senate colleagues took an important step to grow New Hampshire's economy and provide vital services to those most in need.

The first step in building a responsible budget is figuring out how much money we have to spend. Estimating state revenues more than two years into the future is always uncertain, and it is prudent that we be conservative in our estimates. If we're too optimistic about the rate of growth in our economy, revenues will fall short and force deep cuts to state programs. We saw how painful this mistake was in 2010 when rosy revenue estimates failed to materialize, forcing a special session to cover a budget deficit. The estimates on which we based this budget

project conservative 2% annual growth over the next two years in state General Fund revenues.

The Governor's budget planned on an additional \$129 million in tax and fee increases, on everything from small businesses to cigarettes to car registrations. The Senate budget removed those tax and fee increases. We found a way to build the budget without adding an unnecessary financial burden on our hard-working citizens.

This budget lowers the Business Profits Tax for the first time in 20 years, and cuts the Business Enterprise Tax paid by our small businesses for the first time ever. Tax rates will go down for businesses that employ 95% of New Hampshire's private sector workforce, leaving entrepreneurs with more money to reinvest in their workforce. This modest reduction will serve as a beacon that after four years of anemic economic growth, the Granite State is again open for business.

We're also proud that this budget more than doubles the state's Rainy Day

Fund to \$21 million. Rebuilding our fiscal reserves helps our bond rating and provides a cushion against an unexpected economic downturn.

Ultimately, budgets are about priorities, and you can tell the Senate's priorities from the programs and services we chose to fund. A top priority was restoring funding for programs aimed at those most in need.

Within the Department of Health and Human Services, we were able to fully fund developmental disabilities and the waitlist, fully fund Meals and Wheels, and restore funding for emergency shelters and ServiceLink.

We also spent \$22.9 million for existing and new mental health programs including the 10-bed crisis unit at New Hampshire Hospital.

We restored Governor Hassan's cut to nursing homes and home health care providers and provided a 3% rate increase to home health providers (e.g., visiting nurses, Granite State Independent Living, etc.)—the first increase since 2006.

Faced with a growing crisis of substance abuse, we were also able to stand up the alcohol fund by dedicating proceeds (\$6.7 million) from the Liquor Commission for the first time in over a decade. This

fund was created in 2001 by then Senator Ned Gordon who recognized the importance of funding prevention, treatment, and recovery services. (The original request for funding was approximately \$17 million. The Governor cut the funding to \$9.6 million and the House cut the funding to \$3.4 million.) Including the alcohol fund appropriation, we increased spending on drug and alcohol programs across state government to \$42.1 million.

The Senate budget also commits to education at all levels. It lifts the cap on state adequacy grants, providing an additional \$4 million to local schools, and increases state support for Charter School students. It increases the state's investment in the Community College System, triggering a two-year freeze on tuition, and increases funding for the University System (\$11 million more than FY14/15).

The Senate budget prioritizes road and bridge construction by targeting more money to municipal construction projects, increasing state aid from \$60 million to \$70 million over the biennium. By restructuring our Highway Fund debt through a federal pilot program, we're able to use more money on highway

construction and maintenance, and less on interest payments.

We've restructured our public safety programs to ensure sustainable funding, without raiding the Highway Fund. By dedicating funds for Homeland Security, adding positions and overtime at the Department of Corrections, funding the Department of Safety Detective Bureau, and increasing pay for courthouse security, we are meeting the Legislature's commitment to protecting the public.

There are things missing from this budget, most notably the state employee pay raise and the NH Health Protection Plan. With respect to the pay raise, we anticipate this will be discussed during final budget negotiations in the next two weeks. With respect to NHHPP, we will consider this important program outside the budget process (just like we did in the last budget).

The Senate passed a fiscally responsible budget that meets New Hampshire's needs and helps spark the New Hampshire economy and I am proud to support it.

Your Senator from District 2  
Jeanie Forrester

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# Calendar of Events

A full page of Calendar of Events for local non-profits. Courtesy of Trendy Times. Put **YOUR FREE** listing here!

## TUESDAY, JUNE 9

**GARDEN GROUP**  
6:00 PM 802-757-2693  
Baldwin Memorial Library, Wells River

## WEDNESDAY, JUNE 10

**MONTHLY MEETING -  
ROSS-WOOD POST #20 AMERICAN LEGION**  
6:00 PM  
American Legion Home, Woodsville

## BOOK DISCUSSION

6:00 PM  
Bath Public Library

## THURSDAY, JUNE 11

**CONN RIVER VALLEY BEEKEEPERS**  
7:00 PM – 9:00 PM  
Grafton County Extension Office

## FRIDAY, JUNE 12

**AMERICAN LEGION RIDERS  
MONTHLY MEETING**  
6:00 PM  
American Legion Home, Woodsville

## CRIMES OF THE HEART

7:30 PM  
Old Church Theater, Bradford  
*See article and ad on page 3*

## SATURDAY & SUNDAY

### JUNE 13 & 14

**FATHER'S DAY WEEKEND PULL**  
10:00 AM  
North Haverhill Fairgrounds  
*See ad on page 4*

## SATURDAY, JUNE 13

**MORE THAN YOU CAN EAT BREAKFAST**  
8:00 AM – 10:00 AM  
Lakeview Grange, West Barnet

## BRADFORD HISTORICAL SOCIETY MUSEUM

2:00 PM – 4:00 PM  
Bradford Academy Building

## SWEET JAMM DANCE

7:00 PM – 10:00 PM  
Alumni Hall, Haverhill

## CRIMES OF THE HEART

7:30 PM  
Old Church Theater, Bradford  
*See article and ad on page 3*

## SUNDAY, JUNE 14

**BENEFIT TEXAS HOLD "EM POKER**  
1:00 PM Tournament / 11:00 AM Cash  
AMERICAN LEGION POST 58  
Maple St. St. Johnsbury, Vt.

## CRIMES OF THE HEART

4:00 PM  
Old Church Theater, Bradford  
*See article and ad on page 3*

## MONDAY, JUNE 15

**HVERHILL SELECTBOARD MEETING**  
6:00 PM  
Morrill Municipal Building, North Haverhill

## POULTRY GROUP "FOWL FRIENDS"

6:00 PM 802-757-2693  
Baldwin Memorial Library, Wells River

## TUESDAY, JUNE 16

**NH STATE VETERANS COUNCIL  
REPRESENTATIVE**  
8:30 AM – 12:00 Noon  
Woodsville American Legion Post #20

## ON THIS SPOT ONCE STOOD

7:00 PM  
Alumni Hall, Haverhill  
*See article on page 11*

## THURSDAY, JUNE 18

**MAKE A WISH BAKE SALE**  
12:00 Noon  
Shawnee's, Rt. 25, Wentworth

## VFW POST #5245 MONTHLY MEETING

7:00 PM  
VFW Hall, North Haverhill

## SATURDAY, JUNE 20

**YARD & BAKE SALE**  
10:00 AM – 2:00 PM  
Bath Common, Rt. 302

## WATERFORD HISTORY & RHUBARB TOUR

12:00 Noon – 4:00 PM  
Waterford Congregational Church  
*See article on page 9*

## BBQ DINNER - PULLED PORK, BBQ CHICKEN & MORE

5:30 PM – 7:00 PM  
United Congregational Church of Orford

## RED MOLLY

8:00 PM  
Colonial Theater, Bethlehem  
*See ad on page 4*

## MONDAY JUNE 22 –

### SUNDAY, JUNE 28

**BRADFORD 250TH CELEBRATION**  
*See article on page 15*

## SATURDAY, JUNE 27

### THE NEW ENGLAND TOWN

7:00 PM  
Bath Public Library  
*See article on page 7*

## SUNDAY, JUNE 28

**CAR SHOW & MORE**  
10:00 AM – 2:00 PM  
Warren, NH Common  
*See ad on page 7*

## BENEFIT TEXAS HOLD "EM POKER

1:00 PM Tournament / 11:00 AM Cash  
VFW POST 10038, Hill St. Lyndonville, Vt.

## MARK SHELTON BENEFIT CONCERT

7:00 PM  
Lyndon Institute Auditorium  
*See article on page 1 and ad on page 7*

## Ongoing Weekly Events

### SATURDAYS

**GROTON GROWERS** - 9 AM - 1 PM  
Groton Community Building  
**FREE BLOOD PRESSURE CLINIC**  
10 AM – 12 Noon – Littleton Fire Station

### SUNDAYS

**CRIBBAGE** - 1:00 PM  
American Legion Post #83, Lincoln

### MONDAYS

**NEK COUNCIL ON AGING'S HOT MEALS**  
11:30 AM - St. Johnsbury House  
NOON - Darling Inn, Lyndonville  
**ADULT STRENGTH TRAINING** 1PM-2PM  
North Congregational Church, St. Johnsbury  
9 AM – 10 AM  
Municipal Offices, Lyndonville  
10:30 AM – 11:30 AM  
Municipal Offices, Lyndonville  
**BINGO** - 6:00 PM  
Orange East Senior Center, Bradford

### MONDAYS/WEDNESDAYS

**CARE COORDINATOR/  
ENROLLMENT SPECIALIST** - 1:00 PM  
Baldwin Library, Wells River

### MONDAYS/THURSDAYS

**WALKING CLUB**  
6:30 PM – Woodsville Elementary School  
**GOLDEN BALL TAI CHI**  
8:30 AM – 9:15 AM – St. Johnsbury House

### TUESDAYS

**BREAKFAST BY DONATION**  
8:30 AM – 10:00 AM  
Horse Meadow Senior Center, N. Haverhill  
**ADULT STRENGTH TRAINING**  
9 AM – 10 AM - St. Johnsbury House  
10:30 AM – 11:30 AM  
Senior Action Center, Methodist Church,  
Danville  
**NEK COUNCIL ON AGING'S HOT MEALS**  
11:30 AM - St. Johnsbury House  
NOON - Senior Action Center,  
Methodist Church, Danville  
NOON - Presbyterian Church, S. Ryegate  
NOON - Darling Inn, Lyndonville  
**T.O.P.S. (TAKE OFF POUNDS SENSIBLY)**  
Weigh In 5:00 PM – Meeting 6:00 PM  
Horse Meadow Senior Center, N. Haverhill  
**EMERGENCY FOOD SHELF**  
4:30 PM – 5:30 PM  
Baldwin Memorial Library, Wells River  
**WEIGHT WATCHERS MEETING** - 5:30 PM  
Orange East Senior Cntr, Bradford  
**AA MEETING (OPEN BIG BOOK)**  
7:00 PM – 8:00 PM  
St. Luke's Parish Hall, Woodsville

### TUESDAYS/THURSDAYS

**ACTIVE OLDER ADULT  
STRENGTH CLASS** - 1:30 PM  
Woodsville Post Office, S. Court St  
**GROWING STRONGER FITNESS CLASS**  
2:00 PM – 3:00 PM 800-642-5119  
East Haven Library

### TUESDAYS/FRIDAYS

**GOLDEN BALL TAI CHI**  
8:30 AM – 9:15 AM  
First Congregational Church, Lyndonville

### WEDNESDAYS

**AQUA AEROBICS** - 9:00 AM  
Evergreen Pool, Rte 302, Lisbon  
**ADULT STRENGTH TRAINING**  
1 PM – 2 PM  
North Congregational Church, St. Johnsbury  
**BINGO** - 6:30 PM  
Haverhill Memorial VFW Post #5245  
North Haverhill  
**CRIBBAGE** - 7:00 PM  
Orange East Senior Center, Bradford

### WEDNESDAYS/FRIDAYS

**NEK AGENCY ON AGING'S HOT MEALS**  
11:30 AM - St. Johnsbury House  
NOON - Presbyterian Church, West Barnet  
NOON - Darling Inn, Lyndonville

### WEDNESDAYS THRU MONDAY

**PEACHAM CORNER GUILD** 10AM-5PM  
643 Bayley Hazen Road, Peacham

### THURSDAYS

**ADULT STRENGTH TRAINING**  
10:30 AM – 11:30 AM  
Senior Action Center  
Methodist Church, Danville  
**NEK AGENCY ON AGING'S HOT MEALS**  
11:30 AM - St. Johnsbury House  
NOON - Senior Action Center,  
Methodist Church, Danville  
NOON - Darling Inn, Lyndonville  
**PEACHAM FARMERS MARKET** 3PM-6PM  
Peacham Academy Green

### FRIDAYS

**ADULT STRENGTH TRAINING**  
9 AM – 10 AM - St. Johnsbury House  
1 PM – 2 PM - North Congregational Church,  
St. Johnsbury  
**WORSHIP UNDER THE TENT** - 7:00 PM  
100 Horse Meadow Rd, No Haverhill  
**AA MEETING (OPEN DISCUSSION)**  
8:00 PM – 9:00 PM  
Methodist Church, Maple St, Woodsville

**PLACE YOUR EVENT FOR YOUR TOWN, SCHOOL OR ORGANIZATION AT NO CHARGE.**

*Submit your entries by:* Phone: 603-747-2887 • Fax: 603-747-2889 • Email: gary@trendytimes.com

*Deadline for submissions is Thursday, June 18th for our June 23rd issue.*



# Groton Free Public Library News

Passports to Vermont Libraries are now available at our library! Stop by to learn more about this fun way to visit libraries around our state and have a chance to win some neat prizes along the way. Open to readers of all ages and sponsored by the Vermont Libraries Association.

Every Tuesday at 10am: Round Robin Reading Storytime. For children ages 0-5 and their caregivers. Come share stories and playtime! Final Storytime for the school year will be Tuesday, June 16th.

Every Wednesday, 1-3pm: Crafts & Conversation. Join us with your ideas and projects-in-process – or – just

join us!

Monday, June 15th at 6:30pm: Monthly Monday Book Discussion. This month: "Vegan Virgin Valentine" by Carolyn Mackler. Pick up your copy from the library and join us for a lively conversation! Teens and adults welcomed.

Friday, June 26th from 3-6pm: Summer Reading Program Kick-Off! Save the date for a community afternoon for fun, family & friends. "Every Hero Has a Story" this summer, and we'll have special programs running through the season for your readers, ages 3-18.

Reserve a local attraction pass from your local library! Call or email today to

reserve a Vermont State Park pass (free admission), Vermont Historic Site pass (free admission), or Echo Center pass (discounted admission).

All of our programs are free and open to residents of all towns. Find us on Facebook (Groton Free Public Library) or contact Anne: grotonlibraryvt@gmail.com, 802.584.3358. Online catalog: grotonlibrary.kohavt.org.

Open Hours: Mon 2:30-7pm, Wed 10am-4pm, Fri 2:30-7pm, Sat 10am-12pm.

Visit us on Facebook: www.facebook.com/GrotonFreePublicLibrary and at our website: www.grotonlibraryvt.org

## Children's Literacy Foundation Grant

Bath Public Library has been awarded a Children's Literacy Foundation (CLiF) Grant! The Rural Libraries grant helps small libraries provide both books and programs to low-income and rural children across Vermont and New Hampshire. This grant includes \$2,000 worth of new children's books, four storytelling and book giveaway presenta-

tions at the Bath Village School for all the town's children, and 25 books for the school library. CLiF will be presenting the books to the Bath Public Library at the school in September.

The Children's Literacy Foundation (CLiF), is a non-profit organization that inspires a love of reading and writing in children. It does not receive any federal or state

funds for its programs. It relies solely on the generosity of individuals, local companies, social organizations and foundations.

For more information, please contact the Bath Public Library at 603-747-3372. We are open Tuesday through Thursday 9-12 and 1-6, and Saturday 9-12.

## Chili Contest Winners

The 2015 Chili Contest held May 30th at the opening concert of the Haverhill Recreation Commission's summer band concert series at Railroad Park turned out to be an international affair with one of the 12 entries hailing from Columbia, South America. Other contestants came from near - like Woodsville and Wells River and far - from San Antonio, Texas and Northfield Falls, Vermont.

While a large crowd of bluegrass music and chili lovers gathered to listen to the Parker Hill Road Band four judges – Don Waterman, Jody Engle, Desiree Emerson and Missy Butson sampled, tasted and judged the 12 chilies on such characteristics as texture, aroma, appearance and of course overall flavor. Wells River resident Jonathan Mc Nerney took top honors, followed by Laura Sjolander of North Haverhill and Emmy Hausman from Newbury.

The People's Choice Award was also won by Jonathan Mc Nerney. There was a tie for second place between Darla Rugar of Northfield Falls, Vermont and Terry Durney of Woodsville. Laura Sjolander placed third.

In addition to bragging rights Mc Nerney received



two \$25.00 gift certificates of his choice from a WRAP business member for having the Judge's Favorite and People's Choice winning chilies.

The chili contest was sponsored by Wells River Action Program and the band concert by the Haverhill Recreation Commission.

JOIN US SUNDAY, JUNE 28 AT 7 P.M.  
IN THE LYNDON INSTITUTE AUDITORIUM

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www.NEKCouncil.org



The Woodsville High School G. Hampton McGaw Chapter of the National Honor Society has elected its new officers for the upcoming school year. From left to right the officers are: Chris Sarkis, treasurer, Nikita Duling, vice president, Hope Cataldo, president, Tori Clough, secretary, and Dennis Ruprecht, Jr., publicist.

## Bath Public Library Announces Grant Award

BATH – The Bath Public Library has received a grant from the New Hampshire Humanities Council to present Jere Daniels, "The New England Town" on Saturday, June 27th at 7:00 pm at the Bath Village School.

Jere is a retired History Professor of Dartmouth College and a NH Humanities Council speaker known for his programs on Colonial and Revolutionary era New Hampshire and the development of New England towns.

He has published extensively on topics related to New Hampshire politics, including the ratification of the Constitution in New Hampshire, colonial history and the New England frontier.

Please join us; this event is part of our yearlong 250th Town celebration. This program is free and open to the public.

For more information, contact the Bath Public Library at 747-3372 or e-mail bathlibrary@together.net.

*Dining For A Cause*  
Wednesday, June 17, 2015  
5:00pm – 8:00pm

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Join us and have fun for a good cause!  
Benefits Warren Historical Society Building Fund



# Someone You Should Know... Diana Perry

By Marianne L. Kelly

CORINTH, VT—For many years Diana Perry, a self-confessed born animal lover, was the area's Animal Control Officer, and ran an animal rescue called Companion Animal Support Services. She continues running her pet pantry.

Perry, also a multi-talented artisan, takes seemingly sad pieces of furniture, and using her practiced eye and considerable artistic skill, turns them into works of art that buyers are proud to have grace their homes. In addition, her original jewelry creations are proudly worn by many in our area and beyond.

Perry recently turned her attention to the world of

essential oils and Reiki after becoming alarmed and frustrated with the twenty plus prescription medications she needed just to get through each day. She knew there was a better answer, and tasked herself with researching alternate solutions to her health situation.

"I was on twenty plus prescription medications for ailments from depression, fibromyalgia, breast tumors and so much more." She was looking for another way to improve her health giving way to "Free Spirit Living Today" and "Natural Solutions at Free Spirit Reiki." Check them out on Face Book.

Her initial research took the better part of a year, and she is still discovering the "miracles" of natural remedies for many conditions and ailments. "A good friend, stricken with cancer warned me just before she died not to do chemotherapy should I ever be diagnosed, but go to a Reiki practitioner first, which is what she did toward the end of her life."

While doing her research, Perry connected with Bridgett Mason a Coloradoan, who had been working with essential oils for 25 years, and whom Perry considers her mentor. "I followed her for about a year learning techniques and recipes through her videos. She sought other successful practitioners, before trying this path herself. "It felt right at the time, and I just wanted to feel better."

Her first step toward wellness was studying Reiki I and II with Reiki Masters, Tina Gilson and Laurie Kirkpatrick. Perry eventually became a Reiki Master,

adding animal Reiki to the mix. "The Reiki courses really helped me learn to take care of myself, physically and mentally," she said,

"When I first started using oils, I noticed that replacing my three inhalers, and five antihistamines, with peppermint and lemon in my morning tea made me feel much better."

Perry does Reiki home visits by appointment, and while she shares her knowledge about the benefits of essential oils, she adamantly tells her clients to never stop seeing their doctors or discontinue medications without medical supervision.

She encourages people to invite friends to their homes where she will give a free, informative class on the kinds and uses of essential oils, and participants can purchase appropriate oils from her or sign up and buy their oils at wholesale. There is no commitment except to spend \$50/yr. to maintain membership.

She asks clients to com-



plete her form before class to ascertain their needs. "It doesn't have to be physical, sometimes it can be a broken heart, or emotional upheaval where specific oil might help." She asks attendees to list "one thing" where they need help, so she can tailor her teachings specifically to that class.

In addition to bottled essential oils, people can purchase Perry's beautiful diffuser necklaces. "They're like a locket where one drops a bit of oil according to their needs onto a small disk attached to the necklace."

When Perry started her business, her goal was "to be the healthiest me I can be." Having been ill for years and missing so many of life's activities, prompted her to change her path. "Since December I have gone from taking twenty plus prescription medications to just two." She hopes, with the help of her doctor, she will be off all prescription medications by the end of this year.

"My main goal is to get the information out so people can find a better way to natural health and well being." Thus far, feedback from those she's helped has been positive. They have become regular customers and clients, recommending her to family and friends.

Anyone interested can join her Face Book group page, "Natural Solutions at Free Spirit Reiki," and there find her form and information.

Perry's message to skeptics: "You are so used to putting chemicals in your bodies that you might unfamiliar or fearful of better, safer, more natural paths to health and well-being. Do your research and talk to your doctor. Ask tons of questions! There is no age limit to better health!"

This is why Diana Perry is indeed, "Someone you should know."

Contact Diana via Face Book or call (802)439-3700.

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# Last Letter Home

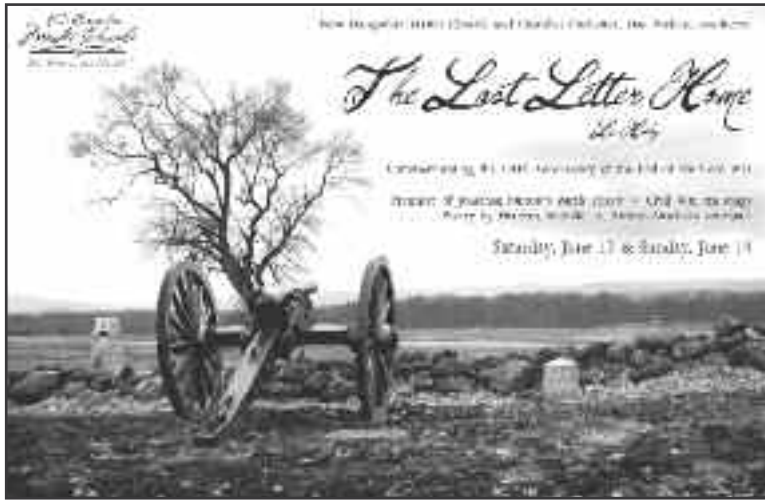
New Hampshire Master Chorale and Chamber Orchestra to Commemorate 150th Civil War Anniversary CONCORD, NH, June 13, 2015 & PLYMOUTH, NH, June 14, 2015.

Commemorating the 150th Anniversary of the end of the Civil War (which ended on April 9, 1865) and in tribute to all military service personnel past and present, the New Hampshire Master Chorale and Chamber Orchestra, conducted by Dan Perkins, will perform "The Last Letter Home" on June 13th in Concord at 7:00pm and June 14th in Plymouth at 4:00pm.

The New Hampshire Master Chorale is a group of 30 musicians - local music teachers, vocalists, and choral music enthusiasts - who gather each Sunday to explore the diverse and complex world of choral music.

Now in their 12th season, they are preparing for performances featuring Lee Hoiby's inspiring "Last Letter Home," which sets the text of a letter written by U.S. Army tank crewman, Jesse Givens, to his wife and children in 2003. The June 13th and 14th performances will also include a newly composed work by Master Chorale composer-in-residence, Dr. Jonathan Santore, who has set the poetry of Herman Melville, along with civil war-era music and African American spirituals.

The June 13th performance in Concord, NH will be preceded by a Civil War Camp Re-enactment on the State House Lawn from 10:00am-6:00pm by the Fifth



Regiment New Hampshire Volunteers, founded in 1981 to recreate and honor of New Hampshire's Company A, formed in 1861 to assist in preserving the union. The NHMC performance will begin at St. Paul's Episcopal Church at 7:00pm.

The June 14th performance in Plymouth, NH will be preceded by the Baker Valley Band, an old style wind band playing civil war era instrumental music, on the Plymouth Common at 3:00pm. The NHMC performance will begin at 4:00pm at the Plymouth Congregational Church.

In keeping with the spirit of the program, active service personnel and veterans of the U.S. Military will be admitted to the concert free of charge. Tickets/donation: \$30 general, \$25 senior, \$20 student, \$15 group of 10 or

more, Free for U.S. Military personnel, veterans, and students in grades K-12. Tickets can be purchased online at [nhmc.ticketleap.com/last-letter-home](http://nhmc.ticketleap.com/last-letter-home).

The New Hampshire Master Chorale, led by Dr. Daniel R. Perkins, is a non-profit choir established in the spring of 2003. This premier chamber ensemble is dedicated to excellence in the art of choral music performance. Members of the group are trained singers, auditioned from throughout New England, who have performed as soloists and in choral ensembles throughout the world. You can get a taste of the NHMC on our SoundCloud page: [soundcloud.com/nh-master-chorale](http://soundcloud.com/nh-master-chorale) or find us on facebook and twitter: [www.facebook.com/NHMasterChorale](http://www.facebook.com/NHMasterChorale) and [twitter.com/nhmasterchorale](http://twitter.com/nhmasterchorale).

# Waterford History And Rhubarb Tour

WATERFORD – To anyone driving by on I-93 or Route 18, the village of Lower Waterford might seem like a quiet, country hamlet tucked away in the Connecticut River hills.

But on June 20, the town's History Group and the Congregational Church are opening wide the doors to the past in a joint effort to promote Waterford's early history and raise some much-needed monies for the creation of a bona fide historical society and for building restoration.

Eight addresses represent a unique collection of houses, gardens and public buildings, each with its own engaging story that reveals how America developed during those heady decades of growth after the War of 1812. The self-guided driving tour takes visitors to notable homes, some with breathtaking mountain and river views, through beautiful gardens landscaped from early 19th century farm fields, and into the elegantly spare church built with 1818 timbers from a former meetinghouse. The Historic House & Garden Tour & Rhubarb Café takes place from noon to 4 p.m. Saturday, June 20, rain or shine.



Booties will be provided at the houses. Last time to start the self-guided driving tour is 2:30 p.m.

Visitors check in and receive maps at the welcome table in the church foyer on Lower Waterford Road, across from the historic Rabbit Hill Inn. Entrance to the Rhubarb Café is around the corner on Maple Street.

Tickets are available exclusively from Catamount Arts. On-line \$35, in person in St. Johnsbury are \$32. Deadline for all ticket sales is noon June 19. No tickets will be sold the day of the event. For more information, call: 748-2600.

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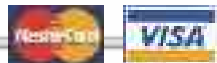
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# Haverhill Historical Society's Summer Lecture Series

Haverhill, NH – The Haverhill Historical Society has received a grant from the New Hampshire Humanities Council to present “On This Spot Once Stood... Remembering the Architectural Heritage of New Hampshire”, a program offered by Maggie Stier of Wolfeboro, NH. This event will take place on Tuesday June 16 at 7:00 PM at Alumni Hall in Haverhill Corner. Admission is free and open to the public.

This presentation will be preceded at 6:00 PM by the Society's annual meeting.

New Hampshire has lost many of its important historic buildings to fire, neglect, intentional demolition and redevelopment. In some cases, a plaque or marker provides a physical reminder of what was, but in other examples, no tangible evi-

dence remains.

Maggie Stier showcases some of the celebrated buildings that New Hampshire has lost, and explores how and why we remember and commemorate those losses. Her program will draw from historical and contemporary photographs, maps, and other historical records to explore the significance of these structures, explain their eventual fate, and analyze popular responses to the loss. Particular attention will be devoted to places where a building was memorialized in some way. Examples in this illustrated talk will include the simple wooden signs where the hotels in Bethlehem once stood, a large-scale installation of architectural fragments in Concord, and the birthplaces of several notable citizens.

The audience will be challenged to think about other examples, and consider the ways in which we remember what isn't there any longer. This topic is especially relevant to our area since the Haverhill Historical Society is in the process of restoring our beautiful 1816 Pierson Hall, originally built to house an academy on the first floor and the Grafton County Court on the second floor.

Maggie Stier is the statewide field service representative for the NH Preservation Alliance. She is adjunct faculty at Plymouth State University, former director of The Fells historic estate and gardens on Lake Sunapee, and serves on the NH State Parks Advisory Council.

## What Are You Doing June 15, 2015?

ST. JOHNSBURY – No one wants to think about an elderly family member or neighbor being mistreated. However, abuse, neglect and exploitation are more widespread than any one wants to believe. For an older person, the consequences of mistreatment can be especially serious, causing short and long-range devastation.

To increase public understanding of this critical community issue, the Northeast Kingdom Vulnerable Adult Action Coalition (NEK VAAC) is partnering with Kingdom Access Television (KATV) to produce a unique event on June 15, the day established by the International Network for the Prevention of Elder Abuse and the World Health Organization at the United Nations as World Elder Abuse Awareness Day.

Scheduled to run throughout that Monday on Channel 192, and in a pre-taped interview format, NEK VAAC members answer your questions on how to

support victims of elder-abuse crimes and where to find appropriate services in our community. NEK VAAC is a team of local law enforcement, social service and health care providers who are dedicated to ensuring the safety and well-being of vulnerable adults.

Please take the time to watch for this special presentation. Like the presenters, show our Northeast Kingdom community you recognize the growing problem of worldwide elder abuse by wearing purple.

You can prevent crimes against the elderly and vulnerable adults from happening. Take the time to reach out to an older person who may be isolated or alone. If

you see something, report it. You can make a difference.

If you suspect a vulnerable adult is, or has been, abused, exploited or neglected, contact Vermont Adult Protective Services to share your concerns: 1-800-564-1612. In any emergency situation call 9-1-1.

For more information about the coalition and its work, contact co-chairs Rich Leighton at 802-745-8959 or Lynn Goulding 802-748-5182. For more information about services for seniors and disabled adults, contact the Northeast Kingdom Council on Aging at 1-800-642-5119.

So, what are you doing June 15, 2015?

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# What Are Your Excuses For Not Investing?

We all make excuses. Most of the time, they're pretty harmless. But you could be hurting yourself if you make excuses for not taking action in some areas — and one of those areas is investing.

Not investing, or not investing enough, can have serious consequences. In fact, a lot of people are poorly prepared financially for retirement. Consider these figures from the Federal Reserve: The median retirement account value for individuals between 35 and 44 is just \$42,700; for people 55 to 64, the corresponding figure is \$103,000. These figures are frighteningly low, especially when retirement can easily last two or three decades.

In short, you need to invest. So, what's stopping you? Here are some common excuses:

"I'll do it later." The longer you wait before you start investing, the less time you have to accumulate money, and the less likely it may be that you'll achieve your goals, such as a comfortable retirement lifestyle. If you haven't begun investing, do it today.

"I don't have enough money to invest." The cost of living is unquestionably high, and you may feel that you have just enough money to pay your bills before your next paycheck. But if you look for ways to economize, you may well be able to free up even a little money to invest each month.

And then, when your salary goes up, you can increase the amount you invest.

"I'll have Social Security." Social Security benefits generally account for only about 40% of an individual's pre-retirement income, according to the Social Security Administration. Unless you want to scale back your lifestyle greatly during your retirement years, you'll need to supplement Social Security with your employer-backed retirement account, such as a 401(k), plus your own investments, such as those that go inside an IRA.

"Can I really invest enough money for my retirement?" Consider this: Going back to 1990, if you had invested \$10,000 in the stocks that make up the S&P 500, and simply held on to these stocks, you would have amassed more than \$76,000 after taxes by the end of 2013. Of course, past performance of the market is not a guarantee of how it will perform in the future, and the S&P 500 is an unmanaged index and is not meant to de-

scrip an actual investment — but this illustration still shows that patient, diligent, long-term investing can produce positive results.

"I don't know where to begin." If you work for a company that provides a retirement plan such as a 401(k) or something similar, you've already got a great place to begin. You only need to sign up for the plan and start deferring a part of your salary, and you're an investor. It's also quite easy to open an IRA, another popular retirement savings account. In any case, if you have doubts about how to get started investing, you will find it valuable to meet with a qualified investment professional.

Don't let excuses get in the way of developing good investment habits. With time, determination and effort, you can overcome many of the obstacles you thought prevented you from becoming a full-fledged investor.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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# The Visitor

By Elinor P. Mawson

Last summer we got a call from an old friend. He had recently been widowed and sounded a little disoriented and sad; however he told us that he was going to take a trip to see some relatives in Maine and wanted to stop and see us on his way.

Of course we said yes, and invited him to stay the night. He could be a little 'over the top' but I figured one night's worth of him wouldn't be too bad. And after all, we had known him a very long time.

He arrived on a Saturday morning. I couldn't figure out how he had gotten here so soon from Canada, but he said that when it got dark the night before, he stopped at a motel. I wondered how we would entertain him all day and evening, but I didn't have to worry.

He began by telling us, chapter and verse, about his wife's illness and death. It took up most of the day, and we heard details that were quite personal, and a lot of "too much information".

After dinner, we sat on the porch and had some wine. Our visitor started in on his next subject: the two ladies that he was now inter-

ested in. One of them he was going to pursue for a long term relationship. The other was an object of his more prurient interest. To say we were floored would be the understatement of the year. But I figured that by the following day he would be just a memory.

How wrong I was.

After breakfast the next morning, we were treated to a treatise about religion. He must have mentioned all the known religions, including Shintoism, Buddhism and even Orthodox. After he described in great detail, he began to compare all of them. We knew that he was religious, and had been a pastor, but it seemed this was taking things a little far. His declarations lasted through lunch and way into the afternoon.

We wondered when he was going to leave for Maine until he announced that he would be staying until Wednesday. And this was Sunday.

On Monday his one-sided conversation resumed. And at breakfast he told me that it was necessary that he eat at the same time every day, an announcement that

was received with little enthusiasm. I was already tired of thinking up meals and listening to subjects that I had no interest in. My husband was just as frustrated; every time he tried to respond to an opinion by our visitor, he was told that he just didn't know what he was talking about.

That afternoon, we got a call from my cousin, inviting us to lunch, and letting us choose the day. I replied, "Wednesday?" (It was the best I could do.)

That evening, amidst a long diatribe about the state of the world and other thrilling subjects, we were told that he would be leaving the following day. I told our friend that breakfast would definitely be on time, and tried not to jump for joy.

When he left the yard Tuesday morning I didn't know whether to cry or to eat a whole cake. (I did neither). But it was a happy day, nonetheless.

And we decided then and there that if he ever called again, we would tell him that we were just going out the door to climb the Matterhorn and wouldn't be back for a month.



# OBITUARY

## LAURIAN DOROTHY PHETTEPLACE



VT. Laurian was a member of St. Joseph Catholic Church, Woodsville, NH.

She was predeceased by a daughter, Margaret D. Roy on April 22, 1989; a son, Frederick Hatch on August 1, 2011; a grandson, Gene Smith, Jr.; two sons-in-law, David Bone, Sr. on August 29, 2010 and Roy Clough on January 31, 2014; five sisters, Ann Lee, Jeanette Ross, Lucille Taylor, Libby Mills, and Rita Hapgood; and four brothers, Maurice, Ralph, Leo and Edmond Grenier.

She is survived by her husband of thirty years, Arthur Phetteplace to whom she was married on May 18, 1985; two daughters, Marjorie Bone of South Ryegate, VT and Rachel Clough of Woodsville; a son, Gilbert Daniels and fiancé Becky Wyman of Woodsville; seven grandchildren, fourteen great grandchildren, and one great great

grandchild; two sisters, Doris Amstein of Winooski, VT and Dora Gordon of North Woodstock, NH; along with nieces, nephews and cousins.

A memorial mass will be on Friday, June 19th, at 11 AM in St. Joseph Catholic Church, 15 Pine Street, Woodsville, with Father Alan Tremblay, officiating. Burial will be in the Center Haverhill Cemetery, North Haverhill.

Memorial contributions may be made to Cottage Hospital, PO Box 2001, Woodsville, NH 03785.

For more information or to offer an online condolence, please visit [www.rickerfh.com](http://www.rickerfh.com) Ricker Funeral Home & Cremation Care of Woodsville is in charge of arrangements.

North Haverhill, NH- Laurian Dorothy Phetteplace, 88, of Benton Road, died following a period of failing health at the Grafton County Nursing Home on Sunday, May 31, 2015.

Laurian was born in Haverhill, NH on March 31, 1927, to Senai and Eva (Girard) Grenier.

She worked for a number of years at the East Ryegate Paper Mill in East Ryegate,

# OBITUARY

## JOHN F. DEMERS



cludes his longtime partner Christine Tarris of Nashua, a daughter Alexandria "Alex" Demers of Manchester, three brothers, Wayne Demers of Dalton, NH, Barry Demers of Littleton, NH, Brian Demers of San Diego, CA, a sister Diane Paquette and her husband John of Monroe, NH, as well as many nieces and nephews.

Visiting hours were held on Sunday, June 7th from 1pm-3pm with a Service of Remembrance at 3pm in THE DUMONT-SULLIVAN FUNERAL HOME, 50 FERRY ST. IN HUDSON. A graveside service was held at 1pm on Monday, June 8th in Horse Meadow Cemetery, North Haverhill, NH. In lieu of flowers the family encourages donations be made in John's loving memory to the American Cancer Society at <https://donate.cancer.org/index>. To share an online message of condolence or for directions, please visit [www.dumontsullivan.com](http://www.dumontsullivan.com)

THE DUMONT-SULLIVAN FUNERAL HOME IN HUDSON IS IN CHARGE OF ARRANGEMENTS.

John F. Demers, 50 of Nashua, NH died Wednesday, June 3, 2015 at his residence following a brief illness.

He was born March 5, 1965 in Natick, MA, son of Lorraine (Trudeau) of North Haverhill, NH and the late Charles Demers. John was also predeceased by a brother, Bruce Demers, and a sister Elaine Vorce.

John was an avid NASCAR fan, he loved racing and was a Harley Davidson enthusiast. He also was a fan of the New England Patriots and enjoyed watching baseball on television.

Besides his loving mother, his loving family in-

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June 9, 2015 Volume 6 Number 18

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# Clean Water/Healthy Trout Starts Season With Community Support

LITTLETON—Work will continue this summer on assessing local streams for brook trout, and teaching people about stream health and clean water for people and other wildlife, thanks to recent funding.

national Trout Unlimited (TU) funding program promoting healthy fisheries, is contributing \$10,000 to the initiative. The proposal by the Ammonoosuc Chapter of TU was one of the highest ranked in the country. The New Hampshire Charitable Foundation has also awarded \$2,500 to CWHT and New England Wire Technologies in Lisbon also made a donation.



Tender Corporation is investing \$10,000 in the Clean Water/Healthy Trout initiative (CWHT), which was started last summer. CWHT promotes clean water and stream habitat through the lens of the brook trout, a fish native to New Hampshire that must have clean, cold water to survive. The project is a collaborative effort of the Ammonoosuc Chapter of Trout Unlimited, NH Fish & Game, Plymouth State University, and the Ammonoosuc Conservation Trust (ACT).

Embrace-A-Stream, a national Trout Unlimited (TU) funding program promoting healthy fisheries, is contributing \$10,000 to the initiative. The proposal by the Ammonoosuc Chapter of TU was one of the highest ranked in the country. The New Hampshire Charitable Foundation has also awarded \$2,500 to CWHT and New England Wire Technologies in Lisbon also made a donation.

“What’s good for brook trout is good for people and other wildlife,” said Jennifer Ogden of Tender Corporation. “We support local efforts to address natural resources conservation in creative ways, and this project is certainly that.”

Clean Water/Healthy Trout surveys local streams for water and habitat conditions, presence of brook trout, and nearby land use. Property owners volunteer or give permission to have their streams assessed, and are given reports on conditions and actions they may take to restore and/or protect stream conditions.

“It’s a private, voluntary program,” explained ACT Executive Director Rebecca Brown. “Some landowners may choose to permanently conserve land around their streams. Others may adopt fish-friendly practices like not using lawn fertilizer. The goal is that our region forever enjoys healthy streams and clean water.”

“These generous grants will allow us to hire interns to help us survey streams in Franconia and Landaff, and to do outreach to landowners and communities, which is really what sets Clean Water/Healthy Trout apart” said Dianne Timmins, cold water fisheries project leader for the N.H. Fish & Game. “We’re lucky to still have wild breeding brook trout in our region, and this project aims to keep it that way.”

The streams include Black (sometimes called Beaver), Lafayette, and Meadow brooks in Franconia, and Mill Brook in Landaff. The interns are from Plymouth State University and Paul Smith’s College. Project interns and TU volunteers will start contacting landowners for permission to survey their streams. Under the guidance of NH Fish & Game, teams will conduct the surveys as soon as weather and stream conditions permit. For more information, contact Art Greene by phone at 603-444-4892 or by e-mail at [afgreene@roadrunner.com](mailto:afgreene@roadrunner.com), or visit [www.aconservation-trust.org](http://www.aconservation-trust.org).

Embrace-A-Stream, a



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# Dear Marci...

Dear Marci,  
I turn 65 this December, and I'm anxious about enrolling in Medicare on time. I do not want to miss my first chance to enroll, because I heard that you pay penalties if you don't enroll right away. What steps should I take to make sure I don't make Medicare enrollment mistakes?

Lara  
Dear Lara,

The steps you should take to enroll in Medicare on time will differ depending upon whether or not you already collect Social Security retirement benefits when you turn 65.

If you already receive Social Security when you turn 65, the federal government will automatically enroll you in Medicare. Your Medicare will start on the first of the month you turn 65, which is December. You do not need to sign up for Medicare.

On the other hand, if you do not receive Social Security when you turn 65, you must take action to apply for Medicare. To avoid higher costs down the line, you must enroll during your Initial Enrollment Period (IEP). Your IEP includes the three months before, the month of, and the three months following your 65th birthday.

For you, your IEP will span from September 2015 to March 2016, since your 65th birthday is in December. If you enroll in Medicare during this seven month period, you will avoid late enrollment penalties and gaps in health insurance coverage.

The date your Medicare coverage begins depends on when you enroll during your IEP. For your coverage to begin as soon as possible, it is best to enroll in the first three months of your IEP (the three months before the month you turn 65). Your Medicare coverage will then go into effect starting the first day of the month you turn 65.

If you enroll during the month you turn 65, your Medicare coverage will go into effect the following month. If you enroll during the fifth month of your IEP, your Medicare coverage begins two months after you enroll. If you enroll during the sixth or seventh month of your IEP,

your coverage begins three months after you enroll.

If you enroll in Medicare at any point during your IEP, your enrollment will be considered timely. You will not face any late enrollment penalties. To enroll in Medicare, you can call the Social Security Administration at 800-772-1213 or you can visit your local Social Security office.

When you enroll in Medicare (either actively during your IEP or automatically), you receive Medicare Parts A and B. Most people do not pay a premium for Part A, but almost all people owe a premium for Part B.

Understand that you will have the option to turn down Part B, but you should use great caution before declining Part B coverage. You should only consider delaying Part B if you confirm two essential things. First, you must have coverage from your or your spouse's current employer. If you are insured by your own or your spouse's current employer, you have special permission, called a Special Enrollment Period, to enroll in Part B later without risking higher costs and periods without coverage.

Second, you must verify that your current employer coverage will pay the same amount for your care as it did before you qualified for Medicare. In other words, ensure that your employer coverage pays first on claims before Medicare pays. Insurance that pays first on claims is called primary coverage. You should always enroll in Medicare Part B right away if your employer coverage is not primary to Medicare (meaning it pays after Medicare on insurance claims). If Medicare is supposed to pay first and you fail to enroll, the employer plan may pay little to none of your health care costs.

Keep in mind that how your current employer coverage is affected by your Medicare eligibility largely depends on the size of the employer. If you have current employer coverage, talk to your employer to find out how your coverage works with Medicare. Verify this information with Social Security before making any final decisions about Part B coverage.

Marci

# Bradford's History & Strawberries<sup>15</sup>

The Town of Bradford's 250th summer event to celebrate the anniversary of its first settler will be a Strawberry Festival. The title is most appropriate, as Bradford was once considered the Strawberry Capital of the Northeast, and hosting a Strawberry Festival has been a long standing tradition. We have expanded it with events throughout the week and a weekend full of activities planned to appeal to folks of all ages and varied interests.

The week begins Monday, June 22, at 7 pm, at the BA Auditorium, as the Bradford Conservation Commission celebrates the Town's rich natural resources by presenting results of an inventory of Bradford's forest, field and wetland resources, prepared by Arrowwood Environmental. BA is located at 172 N. Main Street, on Route 5.

Wednesday, June 24, at 7 pm, at the BA Auditorium, four Elementary School students will share their winning essays about "My Hometown." This will be followed by slides of "Bradford's Yesterday" presented by Larry Coffin.

Friday, June 26, the Eastern Star and Masons will host the sale of strawberries on shortcake or ice cream from 11am - 8 pm. There will be displays on the BA Lawn of Everything Strawberry, The History of Bradford Berries, globes for a silent auction and 250th souvenirs. The day will conclude with a Concert at 7 pm, with "The Sky Blue Boys" - Banjo Dan and brother Willy Lindner. There will be an auction of a "Welcome to Bradford" sign at intermission. These signs will be replaced by new ones to be dedicated at a later date. Bring Your Own Chair (BYOC).

Saturday, June 27, features activities from early morning 'til late evening.. The day begins at BA, at 8 am with registration for the inaugural Strawberry 5K road race organized by Be Good Sports. There will again be displays on the front lawn, as well as a Croquet game from 11 am - 1pm. Luncheon will be served by the Senior Center across the street at the Congregational Church at the same time. The afternoon begins at 1 pm, featuring a

Family Field Day on Memorial Field, with a slow pitch co-ed Softball Tournament, games for children, face painting, a walking tour of the village and wagon rides. In the evening there will be a street dance, with SCO Jazz, on Barton Street, from 7 pm - 10 pm. BYOC

Sunday morning enjoy a pancake breakfast at the Masonic Hall on Route 25, served from 7:30 - 10:30 am. In the afternoon there will be an Interfaith Service at the Old Goshen Church at 3:30 pm. Meet at 3 pm, at the Congregational Church yard to car pool, as there is limited parking. Following the service, a picnic lunch with sundaes for dessert will be served on the lawn by Grace United Methodist Church.

The Strawberry Festival promises to be an exciting, fun-filled celebration for everyone. All events are family-friendly. No alcohol or tobacco products are allowed. Watch for ads and schedules. Check us out on the internet at Bradford Vermont 250th Celebration. For more information call Martina Stever at 802-222-4655 or Janice Larabee at 802-222-4480.

Not all Times are Trendy but there will always be Trendy Times

June 9, 2015 Volume 6 Number 18



## Radio Flier

Northeast VT & Northwest NH Country



Network	Date	Track	Start Time
MRN	June 14	Michigan	12:00
PRN	June 28	Sonoma	2:00
PRN	July 19	New Hampshire	12:30
MRN	August 16	Michigan	12:00
MRN	September 20	Chicagoland	1:00
PRN	September 27	New Hampshire	1:00
MRN	October 4	Dover	1:00
MRN	October 18	Kansas	1:00
MRN	October 25	Talladega	1:00
MRN	November 1	Martinsville	12:30
PRN	November 8	Texas	1:00
MRN	November 15	Phoenix International	2:00
MRN	November 22	Homestead-Miami	2:00

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