

A FREE PUBLICATION

# TRENDY



# TIMES

171 Central Street, Woodsville, NH 03785  
Phone: 603-747-2887 Fax: 603-747-2889

Email: gary@trendytimes.com  
Website: www.trendytimes.com

JULY 26, 2016 VOLUME 7 NUMBER 21

## 72nd Annual North Haverhill Fair July 27-31



On stage performances at the 2016 North Haverhill Fair promise to entertain almost every taste. It starts on Wednesday night with the talent portion of the Little Miss North Haverhill Fair getting started at 6 pm, right after the posting of colors by some of our local veterans. That is followed at 7 pm by the Stove Pipe Mountain

Band. Plus during intermissions there will be a chance for spectators to win prizes as they volunteer to take a shot at the Minute To Win It tasks.

Thursday night's entertainment will be the annual North Haverhill's Got Talent with performers vying for the top cash prize in front of a panel of four judges. The first rounds starts at 6 pm and the final round will get underway at 8:30 pm.

The big stars take over the Thayer Stage on Saturday night as Lauren Alaina, from Season 10 of American Idol shows off her vocal talents with hits like "Next Boyfriend" and "Wildflower". Show time is 8:30 pm and like all the other shows it is included with your paid gate admission.

Another big act hits the

stage at 8 pm on Saturday night as Hotel California, the Original Eagles Tribute Band promises to make new memories for new and old fans.

The Thayer Stage will also host the No Strings Attached Marionettes on Sunday with shows at Noon, 2 & 4 PM.

If your entertainment is more aimed at the Fiesta Shows Midway than you should know that there are four ride specials during this year's North Haverhill Fair. Wednesday from 5-10 pm a bracelet is \$20. Thursday from 5-10 get the bracelet for \$25. Also \$25 for a bracelet on Sunday from noon-5 pm. And new this year, there will be a 30% discount on ride tickets on Friday from noon - 5 PM. Plus admission to the fair is just \$8 during those hours on Friday, and you can sign up to win one of

five tablets to be given away to those coming to the fair between Noon & 5 pm on Friday, July 29.

Remember that there are animal pulling events every

day of the fair including a new single horse Powder Puff division on Saturday. Saturday will also feature the 20th Annual Rich Kinder Memorial Lumberjack Contest with a new Tree Felling contest to close out the day.

Other highlights of the fair include Wednesday's Car Show, Demolition Derbies on Wednesday & Friday, the Green Mt. Tractor Pullers on Thursday night and the 4x4 Truck Pull on Sunday.

Also new this year will be the Hay Bale sculpture



competition with the public choosing the winner by ballot.

General admission to the fair is \$12 with children 12 & under free. Parking is also free. Senior Day is Thursday with those over 65 paying just \$5 at the gate, and Veterans Day is Wednesday, also with a \$5 admission for those with ID.

For more details on the 72nd Annual North Haverhill Fair, which runs Wednesday, July 27 thru Sunday, July 31 go to [www.nohaverhillfair.com](http://www.nohaverhillfair.com) or look us up on Facebook or Twitter.

**PAWFECTION GROOMING**  
Gift Certificates Available!

**Michelle Tanner**  
802-535-7958  
10 Angies Alley  
Between Asia & Subway  
Lyndonville, VT

**Melanie's Woven Memories**  
Handwoven Caning - Splint - Rush Seating  
Shaker Tape - Baskets & Minor Repairs  
Competitive Pricing - Quality Work  
Melanie Miller • 802-467-1326  
melaniemiller58@yahoo.com  
www.melanieswovenmemories.com

**TODD HOLT PHYSICAL THERAPY**

31 Main Street  
Wells River, VT  
802-757-8000  
Fax 802-757-8001

**Wizard of Pawz**  
QUALITY DOG GROOMING AT AFFORDABLE PRICES  
Plain Rd, Bath, NH  
603-747-4171

**Antiques & Emporium**  
182 S. Wheelock Rd • Lyndonville, VT  
VT Certified Precious Metal Dealer  
Open Daily 10-5 • Closed Tuesdays  
Always Buying Gold & Silver  
Also Good Used Furniture

**Village Etceteras**  
Main Street, Bradford, VT  
Vendor Rental Space Available!  
Sell Your New and Used Unique Items.  
Mon-Fri 10-5:30 ~ Sat 10-5  
802-449-3330

**COUNTRY POOLS**  
POOL & SPA SUPPLIES  
SALES & SERVICE  
260 Meadow St., Littleton, NH  
603-444-5454  
WWW.COUNTRYPOOLS.COM

**chickaroo**  
gifts for the comfortable home  
2 Cottage Street, Littleton, NH  
Open Daily 11 am - 5 pm

**TATTOOS & PIERCINGS**  
603-444-7800  
15 Main St  
Littleton, NH  
**inked again**

**Shops At Fayrehale**  
4821 Rt 5, McIndoe Falls, VT  
FAYREHALE  
Antiques  
Christmas  
Gifts  
OPEN  
Open Daily By Noon  
Often Closed Tues & Wed  
Contact us: [shopsatfayrehale@gmail.com](mailto:shopsatfayrehale@gmail.com)  
SHOP ONLINE:  
[www.fayrehalefarm.com](http://www.fayrehalefarm.com)

**Junction Shop Auto & Repair**  
VT Inspections • Brakes • Tires • Exhaust & More  
Keep your vehicle running cool during the warm summer months.  
802-222-4880  
418 Waits River Rd • Bradford, VT

**LAHOUT'S APARTMENTS**  
Littleton & Bethlehem  
Studio-One and Two Bedrooms  
Heat Included • Country Setting  
Pets Allowed  
[www.lahoutspd.com](http://www.lahoutspd.com) • 603-444-0333

**Summer Sale!**  
ALL RVs IN-STOCK ON SALE!  
OPEN: MON-FRI 8-5, SAT 9-3  
Largest Selection of PARTS AND ACCESSORIES For All RV's  
**C.H. DANA R.V. Sales & Service**  
A Family Tradition Since 1955 • [www.chdanarv.com](http://www.chdanarv.com)  
628 Woodsville Rd. • Monroe, NH 03771 • 603-638-2200  
Just off I-91, Exit 18, Route 135 South, 15 miles South of St. Johnsbury, VT  
From Littleton: I-93N to Exit 44, 15 miles South on Route 135, on right.

**Reiki Retreat**  
Reiki • Massage  
Biofield Tuning  
Zero Balancing  
Contact Barbara To Set Up Your Appointment Today!  
90 Farm St • E Ryegate, VT  
802-757-2809  
[reikiertreat@charter.net](mailto:reikiertreat@charter.net)

**ALWAYS FIT**  
ATHLETIC CLUB LLC  
alwaysfitathletic.com  
603-747-8006  
Woodsville, NH  
**SUMMER HAPPENINGS**  
Get out of the hot, humid weather and work out comfortably in our fully air conditioned club!  
CLASSES: New fitness classes have been added. Check [alwaysfitathletic.com](http://alwaysfitathletic.com) for dates and times!  
HOURS: Now opening at 6 am on Saturdays!

**HOUSEWRIGHT CONSTRUCTION, INC.**  
New Construction / Remodeling / Design-Build  
Restoration / Reproduction / Custom Woodworking  
EPA Land Safe Certified Firm / Renovator  
802-866-5520  
[www.housewright.net](http://www.housewright.net)  
5365 Main Street S • Newbury, VT 05051





# TRENDY Dining Guide

## St J Brewery

by Gary Scruton

Just as a reminder to our loyal readers of this Trendy Dining Guide, our reviews are for advertisers in Trendy Times. Part of our contract with eateries is that during their run of ads we will visit and do a review just like this one. So thank you to our devoted advertisers, it gives us some great opportunities to explore the wide variety of places to eat in this wonderful area in which we live.

I define an eatery as a place that serves food, as simple as that. With that in mind it means that eateries in this area come in all shapes, sizes, and price ranges. A new place on our list was the St. J Brewery. It is located in the Green Mt. Mall on the north end of St. Johnsbury Center. As you would expect by the name, the St. J Brewery is first and foremost a place that makes beer. And the owners are all too happy to talk to customers about the beers they make, as well as the beers that are made elsewhere but are served at their location. When you walk into their small, but clean and inviting eatery you will find a good sized horseshoe bar, plus a number of tables scattered around the area. There is also a good sized TV on the wall. On the night we stopped in the Red Sox game was playing and from the looks of the decor it was also easy to tell that

the owners are sports fans as well. But there was much more than just sports memorabilia on the walls. We saw a nice display of bottle openers. There was another display of corkscrews, and a third display of corks and unique bottle caps. If we had asked, I am pretty sure we could have gotten a few stories about some of those displayed items.

One other very noticeable aspect about this location is that at the side of the eating area there was a large glass wall that looked out into the brewing area. Several vats as well as several bags of ingredients were readily visible. It was also obvious that if your timing is right you could watch the brew master at work. In fact most of the tables were situated just so

that just such a view could be enjoyed.

But let's get to the food (I'm getting hungry). Like one might expect at a brewery, the menu is not extensive, nor did we expect it to be so. We both picked from the hoagies that were listed. I chose a Pesky Pole Pulled Pork (mean anything to Sox fans?). My wife went with the Big Papi Hall of Fame Meatball. (maybe a bit premature?) Of course we also needed to order the proper beverage to go with these sandwiches. I like a darker beer and was offered samples of a rum flavored and an anise flavored beer. For me, a non licorice lover, there was too strong a taste, but my wife tried the sample and enjoyed it. But the rum flavored was just

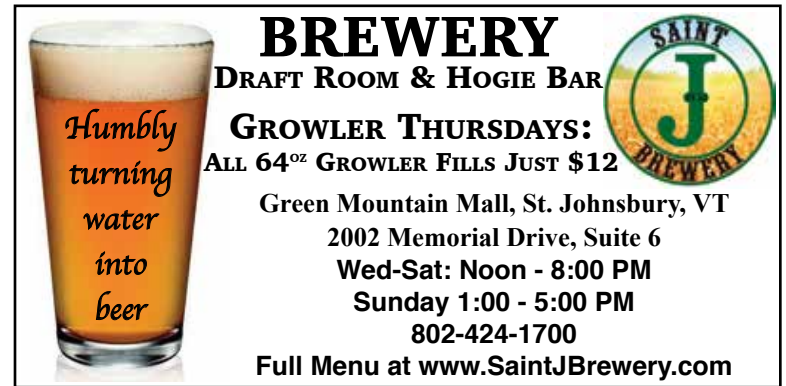
fine. My wife, traditionally not a beer drinker, tried a light American blonde. We both enjoyed our beverages just fine, thank you.

The sandwiches themselves were also quite tasty. They were both served on a Hoagie roll and had great flavor and filled us up just fine. We were also offered our choice of a bag of Deep River potato chips, \$2.00 per bag and made with no GMO's in Old Lyme, Connecticut.

We stayed long enough that we also picked up a dessert. Again, not a large selection, but what they offered was nicely priced and tasty. I had a brownie with ice cream and chocolate sauce, Janice went with an oatmeal chocolate chip cookie with ice cream. I also added a second beer that went with desert. In this

case the suggestion was for a beer not from their brewery, but instead from Minnesota, a Founders Porter.

The total for our evening was just over \$41.00, not including tip. Before we left we also received a Vermont Breweries brochure that lists many locations to stop. Scott, our server and owner of St. J Brewery, was a very personable host. His brother, who was also there that evening was also more than happy to chip in. We found the evening enjoyable as well as informative. For anyone who likes a taste treat of the liquid variety, in a friendly environment, we strongly suggest you stop and see them. If you are just looking for a bite to eat while shopping at the Green Mt. Mall, then the, St. J Brewery also works very well.



**BREWERY**  
DRAFT ROOM & HOGIE BAR

**GROWLER THURSDAYS:**  
ALL 64oz GROWLER FILLS JUST \$12

Green Mountain Mall, St. Johnsbury, VT  
2002 Memorial Drive, Suite 6  
Wed-Sat: Noon - 8:00 PM  
Sunday 1:00 - 5:00 PM  
802-424-1700  
Full Menu at [www.SaintJBrewery.com](http://www.SaintJBrewery.com)

Come and dine on Darling Hill in Lyndon,  
for a memorable experience!



**Juniper's**  
at The Wildflower Inn, Lyndonville VT

Farm to table menu, spectacular views,  
warm and inviting atmosphere!

Dine indoors or out on the deck! Reservations suggested.

**Lunch: Thursday through Sunday 11:30am-2:30pm**  
**Dinner: Monday through Saturday 5pm-9pm**  
802-626-8310 • [www.junipersrestaurant.com](http://www.junipersrestaurant.com)  
2059 Darling Hill Road, Lyndonville, Vermont 05851

**Happy Hour RESTAURANT**

**Celebrating 70 Years \$10 Menu**  
for a limited time

- Beer Battered Fried Shrimp
- Grilled (6 oz.) Sirloin Steak
- Baked Haddock
- Chicken Parmigiana
- Baked Chicken Cordon Bleu
- Deep Fried Stripped Clams
- Grilled Sirloin Tip Caesar Salad
- Ricotta Stuffed Shells

Available Monday-Thursday, 11:30-Close - excluding Holidays

<b>JULY SPECIAL</b> Lobster - Crab Salad Roll w/Fries & Coleslaw <b>\$15.00</b>	<b>THURSDAY NIGHT SPECIAL</b> All You Can Eat Beer Battered Fried Haddock Choice Of Potato And Salad Bar <b>\$14</b>	<b>FEATURING DAILY LUNCH &amp; DINNERSPECIALS</b> Fresh Seafood • Hand Cut Steaks • Pub Menu • Salad Bar • Children's Menu
--	---	---

**YOUR CHOICE EVERY SUNDAY FOR \$11**  
Roast Tom Turkey, Pot Roast Or Baked Haddock  
Choice of Potato, Butternut Squash, Coffee & Dessert  
**CATERING AVAILABLE FOR LARGE GROUPS**  
**BANQUET FACILITIES AVAILABLE FOR ANY SIZE**

Sunday - Thursday 11:30am - 8:00 pm • Fri-Sat 11:30am-9:00pm  
802-757-3466 • Main St • Wells River, VT • [www.happyhourrestaurant.net](http://www.happyhourrestaurant.net)

We Accept Cash or Check

**Whippi Dip**

That means no plastic

**Local Meat, Fresh Seafood, Our BBQ, Local Salads, Drinks, Hatchland Soft Serve And More!**

Sunday - Thursday: 7am - 9pm  
Friday & Saturday : 7am - 10pm  
Main St • Fairlee, VT • 802-333-1313

**CALAMITY JANE'S RESTAURANT**  
ON THE COMMON • WARREN, NH • 603-764-5288

**"Fish Friday"**  
Every Friday 4pm - 8pm  
All You Can Eat Fresh Fish Fry  
Hand Cut French Fries & Coleslaw **\$10.99** Plus Tax

**KARAOKE**  
EVERY OTHER SATURDAY -  
AUGUST 6 & 20

Now Serving Pizza & Calzones

OPEN: Sunday 8am - 2pm  
Monday, Wednesday & Thursday 6am - 2pm  
Friday 6am - 8pm • Saturday 6am - 8pm  
Closed Tuesday  
BREAKFAST SERVED ALL DAY!

**EVERYBUDDY'S CASUAL DINING**

Offering The Best Of Breakfast, Lunch & Dinner  
Under Our Roof Or Yours!  
Gift Certificates Available!  
Take-out!  
Delivery • Catering  
802.626.8685

OPEN DAILY  
7am - 9pm  
Bar Menu: 9pm-10pm

Jct. of Rts. 5 & 114  
Off VAST Trail #52  
Lyndonville, VT





**Monday-Saturday 11am-10pm**  
**Sunday 12pm-9pm**

1216 Railroad Street  
802-751-8500

**FREE DELIVERY within 10 Miles**

Formerly Ramunto's

LOCALLY PRODUCED KING ARTHUR FLOUR, AND PARTNERING WITH LOCAL FARMS TO OFFER LOCALLY GROWN MEATS AND VEGGIES.

*Put a Little Bliss in Your Day!*

**SUNDAY PIZZA SPECIAL**  
Put a little Bliss in your Sunday.

Large Pepperoni Pizza \$7  
Large Cheese Pizza \$5  
Does not include tax.

Special can not be combined with any other discounts.

*Bliss Village Store*  
Main St, Bradford, VT  
802-222-3355



**BREAKFAST LUNCH DINNER**

802-626-9890  
686 Broad Street  
Lyndonville, VT  
Mon-Thu 5:30am-8pm  
Fri & Sat 5:30am-9pm  
Sun 7am-8pm

*Miss Lyndonville Diner*



**Karaoke Every Thursday**  
**Family Day Every Sunday**

9 Central Street,  
Woodsville, NH  
**Candlepin Bowling and Bar**

NOW OPEN!  
WEDNESDAY: NOON - 11 PM  
THURSDAY: NOON - 12 AM  
FRIDAY & SATURDAY: NOON - 1 AM  
SUNDAY: NOON - 10 PM

603-243-0393

**PEYTON PLACE RESTAURANT**  
AT THE HISTORIC MANN TAVERN

Chef Jim & Heidi Peyton Welcome You To Their 1773 Tavern House For Comfortable Country Dining Wines & Spirits With An Emphasis On Local & Organic Products

Serving Wednesday - Sunday From 5:30 pm



Main Street • Orford, NH • 603-353-9100

**OPEN DAILY**



at **Windy Ridge Orchard**

Serving Homemade Breakfasts and Signature Sandwiches  
Breakfast 7:00 - 11:00 am • Lunch 11:00 am to 3:00 pm

We use the freshest, most wholesome, local ingredients featuring Windy Ridge produce, Angela's Breads, Hatchland milk, Pete and Gerry's eggs and local maple syrup. Come enjoy our inspiring view, relaxing nature trails and entertaining playground.

**Windy Ridge Wine Shop**  
Open for Tastings Friday - Sunday  
11:00AM to 3:00 PM

The Winery at Seven Birches  
(603) 787-6377 www.windyridgeorchard.com  
Route 116, Benton Road, North Haverhill, NH

# Fairs, Festivals and Food Safety

By Jessica Sprague, Food Safety Field Specialist



Fair and festival season is upon us! This means eating delicious treats of all kinds and then jumping on rides that spin, twist and swing. It means winning prizes at the game booths and walking through exhibits.

My favorite part of a fair is taking a slow wander through the animal barns. Bringing together all these animals, people, food and activities creates a unique environment where pathogens can thrive. Follow these personal hygiene and food safety tips to keep you and your family safe during fair season.

### HANDWASHING

Wash hands often! The Centers for Disease Control and Prevention (CDC) emphasize the importance of hand hygiene at fairs and festivals. Washing with soap and clean running water for at least 20 seconds is the best way to keep hands safe. The CDC also suggests carrying hand sanitizer or disposable wipes in case there are no handwashing stations available when you need them.

Handwashing is recommended:

- After using the restroom or changing diapers,
- After playing a game or going on a ride,
- Before eating or drink-

- ing,
- Before preparing food or drinks, and
- After leaving an area with animals.

Even if you did not pet any animals, pathogens can survive on surfaces in the animal barn like enclosures or equipment. In 2013, the National Association of State Public Health Veterinarians stated that animals are more likely to shed pathogens during an exhibition. This is due to the increased stress, comingling and handling during the event. Past outbreaks originating from petting zoos and animal exhibits include E. coli O157:H7, Cryptosporidium, and Campylobacter. Populations that are more likely to become ill from these pathogens are children, elderly adults, pregnant women and individuals with compromised immune systems. When at the fair, it is important to be especially vigilant about keeping your hands clean between activities.

### FOOD

The CDC reports an increase in foodborne illnesses during the summer. This is likely due to more food being consumed outside where there may be limited access to temperature control and monitoring, sanitary equipment and surfaces, and proper washing facilities. At festivals and fairs when you are thinking about purchasing food from ven-

dors, consider the following points from the CDC:

- Does the vendor have a clean/tidy workstation?
- Does the vendor have a sink for employees to wash their hands?
- Do the employees wear gloves or use tongs when handling food?
- Does the vendor have refrigeration on site for raw ingredients or pre-cooked foods?


If you are bringing your own food to the fair, remember to keep hot food hot and cold food cold. Do not leave food without temperature control for more than two hours, and reduce this time to one hour if temperatures are higher than 90°F. Use a cooler or insulated bag along with plenty of ice or ice packs to keep cold food cold.

The summer months are meant for enjoying long sunny days outside, planning adventures and exploring fairs and festivals. If you're like me, summer just wouldn't be complete without fried dough and a few fair games on a hot day. Don't let foodborne illness ruin the fun for you and your family this season.

Jessica Sprague is an Extension Field Specialist in Food Safety with the Food & Agriculture team for the University of New Hampshire Cooperative Extension in Grafton County. She can be reached at 603-787-6944 or [jessica.sprague@unh.edu](mailto:jessica.sprague@unh.edu).

St. Luke's Episcopal Church  
3 Church Street  
Woodsville, NH

Your Presence Strengthens Our Faith



Schedule of Services  
Sunday: 10:30 am  
Holy Eucharist and Children's Corner

*Summer Suppers*  
at the  
**Groton United Methodist Church**

Menu Includes

- Roasted Meat
- Hot dishes
- Rolls
- Baked Beans
- Casseroles
- Tossed Salad
- Pasta/Jell-O Salads
- Pies





*Tasty food made with love!!!*  
Thursday nights beginning @ 5:30 in Groton

July 28th, August 4th & August 11th  
Pay by donation .... Suggested Price \$8.00 Adults, \$5.00 Kids 10 & under  
*Good church cooking for over 50 years now!!!*

AD SPONSORED BY: POWERS PLUMBING & HEATING

**MEADOW LEASING**  
Littleton, N.H.



Ground Level Containers  
20' - 40'



Office Trailers



Storage Trailers  
28' - 48'

1-800-762-7026 • 603-444-7026

**Let Us Help You With All Your Storage Needs.**





## Mileage-Based Taxation: Bad Idea!

New Hampshire's state gas tax is set at 22.2 cents per gallon. This price is slightly less than the 24 cents per gallon paid in Massachusetts and much less than the 30 cents per gallon paid in Maine. With the exception of the 4.2 cents per gallon increase in 2014, NH's tax on gasoline has remained relatively flat over the years.

The Department of Transportation along with a number of departments and agencies rely upon this source of revenue in order to support daily operations;

however, with increasing numbers of fuel efficient and electric vehicles, department operating revenue has decreased. Some vehicles are simply traveling farther for the same amount of gas; therefore, less gas is used. This is a 'win' for the consumer and environment, but decreasing revenue is counter-productive to highway and bridge maintenance.

In an effort to remedy the revenue issue, there appears to be an effort by several states to pursue a study of a mileage-based tax.

Rather than being taxed for gas used, drivers would be taxed on miles driven. The mileage-based tax concept presents a whole host of bothersome issues such as financial hardship to those dependent upon high volume highway use and for all, privacy issues regarding how the government would collect and track data.

Accordingly, it is somewhat shocking to learn that a federal grant application was submitted by the Delaware DOT on behalf of the I-95 Corridor Coalition, a consortium of 16 states. It proposes pilot programs in five states – Connecticut, Delaware, Pennsylvania, New Hampshire and another to be determined – designed to learn more about mileage-based user fees, and to evaluate implementation alternatives. The total cost of the grant program is \$2.98 million of which \$1.49 million comes from the federal government with the remainder coming from individual

states with matching funds. Connecticut has committed \$300,000, Delaware and Pennsylvania would each pay \$290,000 in cash, and Vermont would contribute \$30,000 for planning and analysis. Instead of cash, the pilot program application reflects New Hampshire's match share in the amount of \$580,000 in toll credits.

Can New Hampshire afford to redirect more than 1/2 million dollars of toll credits needed for road maintenance and redlined bridges in order to support a fee-per-mile taxation study? The state budget making process is built upon prioritizing needs and doing so through an open, transparent process involving public input. Redirecting toll revenue midstream during a budget cycle is contrary to that process and invites needed legislative oversight.

Mileage-based taxation generates a number of serious issues of which protection of personal information

and data is foremost. How is "Big Brother" going to obtain data identifying miles driven, and will this information remain protected and confidential? If a scheme such as this does move forward, how will the state ascertain taxable miles driven in New Hampshire verse miles you drove in another state or country? If mileage-based taxation becomes reality, how will North Country residents be impacted where traveling longer distances is required for work or other daily needs? And, if a fee-per-mile study becomes reality in NH, how would this taxation scheme apply to vacationers from out-of-state?

Learning about the I-95 Coalition fee-per-mile study application and of NH's decision to pilot the program with \$580,000 from state toll credits is unsettling to this member of the legislature.

Respectfully,  
NH Rep Rick Ladd

ROSS-WOOD POST #20 AMERICAN LEGION

**ANNUAL FAMILY PICNIC**  
**Sunday, August 14, 2016**  
**12:00 Noon**

**Ammonoosuc Valley Fish & Game Club**  
**Route 112**  
**Swiftwater, NH**



**MENU:**  
**Hot Dogs, Hamburgers, Baked Beans,**  
**Various Salads, Watermelon & Beverages**

**There will be door prizes.**  
**Plus games & prizes for the children.**

*All members of the Legion, Auxiliary, SAL & Riders along with their guests are invited to attend & enjoy the day at no cost.*

## Crocker Preserve Nature Walk August 3rd

FRANCONIA – The Ammonoosuc Conservation Trust (ACT) is hosting a nature walk on a new conservation property in Franconia on Wednesday, August 3rd from 3:00-6:00 p.m. The public is invited to this free program to learn all about trees, ferns, wildlife, wetlands, and the history of the land.

The Crocker Preserve nature walk will introduce participants to 65 acres of land in the process of being conserved by ACT through the generosity of the Crocker

family. The wooded property is relatively flat and easily accessible from Route 142, featuring a beautiful marsh, pond, and wetlands.

The family is preserving the land in memory of the late Sarah Crocker. They are donating the land to ACT, and the Franconia Conservation Commission will hold a conservation easement that prevents future development of the parcel. It is a lovely property with a feeling of peace and seclusion.

This is the third in a series of five nature walks this summer on local lands conserved by ACT. The walks take place every other Wednesday from 3:00-6:00 p.m. All programs meet at the ACT office at 729 Main Street in Franconia, and the group will carpool to a different site each week.

The summer nature walk series is led by ACT's Direc-

tor of Education & Outreach Liz Wyman and volunteer Linda Moore, who will teach participants about plants and wildlife. Dee Crocker McKown of Lyman will co-host the Crocker Preserve walk. The property has been in McKown's family for many years.

"This is a unique opportunity for people to explore the beautiful conservation lands in our area and learn about the natural and cultural history of our region," said Wyman.

Participants of all ages are welcome. All walks will be at a slow to moderate pace with many stops to observe and enjoy nature.

Recommended gear includes long pants, boots or sneakers that can get dirty, a hat, sunscreen, bug spray, snacks, and a water bottle. Nature guide books and binoculars are optional for those who want to learn and see more.

The full schedule of nature walks includes Whipple Field on July 6, Bronson Hill on July 20, the Crocker Preserve on August 3, the Gale Forest on August 17, and Cooley-Jericho Community Forest on August 31.

For details on each hike, please visit [www.aconservationtrust.org/education-events](http://www.aconservationtrust.org/education-events).

The Ammonoosuc Conservation Trust is the North Country's regional lands conservancy, protecting land for the vitality and well-being of our region. Learn more and become a member at [www.aconservationtrust.org](http://www.aconservationtrust.org) or call (603) 823-7777.

Route 5 Collectibles  
**ANTIQUES**

**Will Buy One Item**  
**Or Complete Households**  
**Always Buying US Coins**

Open 10-5 • Closed Tuesday  
277 Main Street • Lyndonville  
802-626-5430

**A Local Agent For A Local Company**

**We offer Vermont Mutual:**  
**Home • Auto • Business**  
**Good Claim Service**  
**Competitive Rates**



**The Taylor-Palmer Agency**  
*"Insurance Service Since 1860"*

Bradford, VT 05033  
802-222-5222 • 802-222-2903  
[www.taylor-palmeragency.com](http://www.taylor-palmeragency.com)



Serving the area for over 100 years!  
Auto • Home • Farm • Business • Life • Health

**Cheap Kids**

499 Route 10  
Orford, NH  
603-353-9212

**Wednesday thru Saturday**  
**9:00 to 3:00**

A wonderful selection of  
Children's sizes 0-14  
and Maternity Wear



**On Facebook? Become a Cheap Kids fan!**  
[www.cheapkidsnh.com](http://www.cheapkidsnh.com)

**"definitely worth the trip"**



# St. Johnsbury Players presents It's Only a Play!

St. Johnsbury Players kicks off its 80th season with Terrence McNally's hysterical comedy *It's Only a Play*, McNally's blistering look at the business of theater. First written in the early 80's the show was recently revived on Broadway and features an updated script complete with multiple references to the current Broadway landscape.

It's the opening night of *The Golden Egg* on Broadway, and the wealthy producer Julia Budder (Haley Marckres) is throwing a lavish party in her lavish Manhattan townhouse. Downstairs the celebrities are pouring in, but the real action is upstairs in the bedroom, where a group of insiders have staked themselves out

to await the reviews. The group includes the excitable playwright (Noah Fink); the possibly unstable wunderkind director (Dan Haycock); the pill-popping leading lady (Heather Bowser), trading the boards after becoming infamous in Hollywood; and the playwright's best friend (Caleb McMurphy), for whom the play was written but who passed up this production for a television series. Add to this a drama critic (Jan Clausing) who's panned the playwright in the past and a new-in-town aspiring singer (Ryan Sweatt), and you have a prime recipe for the narcissism, ambition, childishness, and just plain irrationality that infuse the theatre—and for comedy. But don't worry: This play is

sure to be the hit they have all been hoping for.

Curtain times are 7:30pm at the St. Johnsbury School Auditorium on August 5, 6, 12 & 13th. There will be a special 2pm matinee on August 14th. Tickets are \$10, \$7 for students and seniors. Advance sale tickets available through Catamount Arts (<https://tickets.catamountarts.org/public/shows/it's%20only%20a%20play/events>). For more information contact 802-535-0841 or go to the St. Johnsbury Players Facebook page.

Please note that *It's Only a Play* contains strong adult language that some may find offensive or objectionable. It is not intended for young children. Please use discretion.



Everyone awaits the incoming reviews. Front: Noah Fink, Back row (L-R): Jan Clausing, Heather Bowser, Caleb McMurphy, Ryan Sweatt, Haley Marckres

## Multi-Media Bach

### Presentation at the Colonial

On Friday, July 29, The Colonial Theatre in Bethlehem will present *From Tragedy to Transcendence*, Bach, Casals & The Six Suites for Cello Solo, A Multimedia Presentation by Guitarist Steven Hancoff.

Steven Hancoff has transcribed and recorded, for the first time, Bach's Cello Suites for acoustic guitar, and created an amazing inter-disciplinary project in the process. From *Tragedy to Transcendence* takes the audience on a vicarious journey—Johann Sebastian Bach's existential, archetypal and universal journey—with virtuosic guitar playing, storytelling with music, video, hundreds of historic images and spectacular contemporary art, all of it inspired by the music of J.S. Bach.

The multi-media presentation combines a visual feast that includes historical elements as well as purely emotional art choices. The sublime music of the suites achieves a whole new dimension when transposed for acoustic guitar. The balance of the intellectual and the emotional aspects of the presentation is exquisite, information as well as ideas flow naturally and at the end Hancoff performs live the *Prelude* from the first Suite.

General Admission tickets for the 8 PM performance are \$15; Colonial, Catamount Arts and St. Kieran's Community Center for the Arts members \$12; Reserved Front & Center tickets (available on-line only) are \$18. Tickets are avail-

able in advance on-line, at Catamount Arts, St. Johnsbury or at the door. For more information about this or upcoming live events find The Colonial on Facebook Facebook.com/BethlehemColonial, follow The Colonial on twitter (@ColonialNH), visit the Colonial on line at [www.BethlehemColonial.org](http://www.BethlehemColonial.org) or tune in to Bethlehem's own

community radio, WZNC, broadcasting from atop the historic Colonial Theatre at 99.9 on the FM dial.

This evening of great classical music is made possible with support from The Cold Mountain Café, The New Hampshire State Council on the Arts, and The Colonial's promotional partner, Catamount Arts.





**myFarmersMarket**  
Healthy Food, Sustainable Farms, Vibrant Communities

*"The finest in local products"*



OPEN:  
Tuesday thru Saturday 9 to 6  
Sunday 11 to 2



*Just off Rt. 302 on Creamery Road in South Ryegate.*  
*"Just look for the yellow flags"*

**RICH CLIFFORD**  
CONCRETE FOUNDATIONS

SLABS, RETAINING WALLS, CURBINGS,  
SIDEWALKS INCLUDING RAILINGS

NO JOB TOO SMALL

54 Clifford Drive  
N. Haverhill, NH

**Rich Clifford**  
603-787-2573

**P. Garrow Propane Service, LLC**

Peter Garrow - VT & NH licensed  
Master Propane Service Tech  
24 Hour Emergency Service



Propane System & Appliance Installation  
Rinai/Buderus/Empire/York/Smith/All Major Brands  
Cell # (802) 359-3324 Home (802) 333 4489  
[Pgarrowpropaneservice@gmail.com](mailto:Pgarrowpropaneservice@gmail.com)

DADS GOT GAS

Now Available: Dyed Off Road Diesel

ALL SIZES PROPANE  
CYLINDERS FILLED



*Dads is a Vermont Fuel Assistance Dealer*



We Carry



Top Quality Value-priced Batteries

MONDAY - FRIDAY 7:30 AM - 5:30 PM  
SATURDAY 8:30 AM - 4:30 PM  
SUNDAY 9:00 AM - 2:00 PM

802-748-4208

DADS 4 BY  
TOOL & SUPPLY

22 Memorial Drive, St. Johnsbury, VT • 802-748-4208  
10 Railroad Street, Wells River, VT • 802-757-2000

# Calendar of Events

A Full Page of Events from Local Non-Profits, Schools and Towns. *Presented FREE by Trendy Times.*

## THURSDAY-SATURDAY, JULY 14-30

**GODSPELL**  
7:30 PM  
Jean's Playhouse, Lincoln

## TUESDAY, JULY 26

**TURNING 11 ON THE APPALACHIAN TRAIL**  
7:00 PM  
Alumni Hall, Haverhill

## WEDNESDAY-SUNDAY, JULY 27-31

**NORTH HAVERHILL FAIR**  
1299 Dartmouth College Highway, No. Haverhill  
See Ad on Page 8 and Article on Page 1

## WEDNESDAY, FRIDAY & SATURDAY, JULY 27, 29 & 30

**SHAKESPEARE'S "KING LEAR"**  
7:00 PM  
St. Johnsbury Academy's outdoor amphitheatre

## THURSDAY, JULY 28

**SUMMER SUPPERS**  
5:30 PM  
Groton United Methodist Church  
See Ad on Page 3

## FRIDAY, JULY 29

**GUITARIST STEVE HANCOFF**  
8:00 PM  
Colonial Theater, Bethlehem  
See Ad on Page 7 and Article on Page 10

## SATURDAY, JULY 30

**TAG SALE & FOOD SALE**  
9:00 AM - 2:00 PM  
St. Luke's Episcopal Church, Woodsville  
See Ad on Page 7

## SUNDAY, JULY 31

**SHAKESPEARE'S "KING LEAR"**  
2:00 PM  
St. Johnsbury Academy's outdoor amphitheatre

## LOBSTER, STEAK & PUPPETS

2:00 - 5:00 PM  
Pemi Base Camp, South Mountain, Lincoln  
See Article on Page 14

## JEREMIAH INGALLS SINGERS

3:00 PM  
Old Goshen Church, Bradford

## LAMPLIGHT SERVICE AND HYMN SING

6:30 PM Refreshments / 7:00 PM, Service  
Old North Church, St. Johnsbury

## WEDNESDAY, AUGUST 3

**ACT NATURE WALK**  
3:00 - 6:00 PM  
ACT Office, 729 Main St., Franconia

## MONTHLY MEETING WOODSVILLE / WELLS RIVER FOURTH OF JULY COMMITTEE

7:00 PM  
Woodsville Community Field

## THURSDAY, AUGUST 4

**SUMMER SUPPERS**  
5:30 PM  
Groton United Methodist Church  
See Ad on Page 3

## FRIDAY & SATURDAY, AUGUST 5 & 6

**ST. J PLAYERS "IT'S ONLY A PLAY"**  
7:30 PM  
St. Johnsbury School Auditorium  
See Article on Page 5

## FRIDAY-SUNDAY, AUGUST 5-7

**JERICHO ATV FESTIVAL**  
10:00 AM  
Berlin, NH  
See Article on Page 17

## SUNDAY, AUGUST 7

**STEWART-MCINTOSH REUNION**  
10:00 AM  
Old Goshen Church, Bradford

## ANNUAL MEETING

2:00 PM  
Old Goshen Church, Bradford

## MONDAY, AUGUST 8

**HAVERHILL SELECT BOARD MEETING**  
6:00 PM  
Morrill Municipal Building, North Haverhill

## TUESDAY, AUGUST 9

**FREE "LYME TOWN BAND" CONCERT**  
6:30 PM  
On The Common, Fairlee Vt.

## WEDNESDAY, AUGUST 10

**MONTHLY MEETING - ROSS-WOOD POST #20 AMERICAN LEGION**  
6:00 PM  
American Legion Home, Woodsville

## THURSDAY, AUGUST 11

**SUMMER SUPPERS**  
5:30 PM  
Groton United Methodist Church  
See Ad on Page 3

## FRIDAY, AUGUST 12

**AMERICAN LEGION RIDERS MONTHLY MEETING**  
6:00 PM  
American Legion Home, Woodsville

## FRIDAY & SATURDAY, AUGUST 5 & 6

**ST. J PLAYERS "IT'S ONLY A PLAY"**  
7:30 PM  
St. Johnsbury School Auditorium  
See Article on Page 5

## SATURDAY, AUGUST 13

**ALL YOU CARE TO EAT BREAKFAST**  
8:00 - 10:00 AM  
Lakeview Grange, West Barnet

## WEST NEWBURY SUMMER FESTIVAL

10:30 PARADE / 8:00 AM - 2:00 PM  
West Newbury Hall, 219 Tyler Farm Road

## SUNDAY, AUGUST 14

**ROSS-WOOD POST 320 FAMILY PICNIC**  
12:00 NOON  
Ammonoosuc Valley Fish & Game Club, Bath  
See Ad on Page 5

## ST. J PLAYERS "IT'S ONLY A PLAY"

2:00 PM  
St. Johnsbury School Auditorium  
See Article on Page 5

# Ongoing Weekly Events

## MONDAYS

### NEK COUNCIL ON AGING'S HOT MEALS

11:30 AM - St. Johnsbury House  
NOON - Darling Inn, Lyndonville

### ADULT STRENGTH TRAINING

1:00 - 2:00 PM - North Congregational Church, St. Johnsbury

9 AM - 10 AM

Municipal Offices, Lyndonville

10:30 AM - 11:30 AM

Municipal Offices, Lyndonville

**BINGO** - 6:00 PM

Orange East Senior Center, Bradford

**TOPS (TAKE OFF POUNDS SENSIBLY)**

6:00 PM - Peacham School

## MONDAYS/WEDNESDAYS

### RSVP BONE BUILDERS

10:30 AM - 11:30 AM

Linwood Senior Center, Lincoln

### CARE COORDINATOR/ENROLLMENT SPECIALIST

1 PM, Baldwin Library, Wells River

## MONDAYS/THURSDAYS

### ADULT INTERVAL AEROBICS CLASS - 6:30

Woodsville Elementary School

### GOLDEN BALL TAI CHI

8:30 - 9:15 AM - St. Johnsbury House

## TUESDAYS

### BREAKFAST BY DONATION

8:30 AM - 10:00 AM

Horse Meadow Senior Center,  
North Haverhill

### ADULT STRENGTH TRAINING

9 AM - 10 AM - St. Johnsbury House

10:30 AM - 11:30 AM

### SENIOR ACTION CENTER

Methodist Church, Danville

### NEK COUNCIL ON AGING'S HOT MEALS

11:30 AM - St. Johnsbury House

NOON - Senior Action Center,

Methodist Church, Danville

NOON - Presbyterian Church, S. Ryegate

NOON - Darling Inn, Lyndonville

### TOPS (TAKE OFF POUNDS SENSIBLY)

Weigh In 5:00 PM - Meeting 6:00 PM

Horse Meadow Senior Center, N. Haverhill

### EMERGENCY FOOD SHELF

4:30 PM - 5:30 PM

Wells River Congregational Church

### WEIGHT WATCHERS - 5:30 PM

Orange East Senior Cntr, Bradford

### AA MEETING (OPEN BIG BOOK)

7:00 PM - 8:00 PM

St. Luke's Parish Hall, Woodsville

## TUESDAYS/THURSDAYS

### ACTIVE OLDER ADULT STRENGTH CLASS

1:30 PM

Woodsville Post Office, S. Court St

### GROWING STRONGER FITNESS CLASS

3:00 PM

East Haven Library

## TUESDAYS/FRIDAYS

### GOLDEN BALL TAI CHI

8:30 AM - 9:15 AM

First Congregational Church, Lyndonville

## WEDNESDAYS

### AQUA AEROBICS

Evergreen Pool, Rte 302, Lisbon

### ADULT STRENGTH TRAINING

1 PM - 2 PM

North Congregational Church,

St. Johnsbury

### BINGO - 6:30 PM

Haverhill Memorial VFW Post #5245

North Haverhill

### CRIBBAGE - 7:00 PM

Orange East Senior Center, Bradford

## WEDNESDAYS/FRIDAYS

### NEK COUNCIL ON AGING'S HOT MEALS

11:30 AM - St. Johnsbury House

NOON - Presbyterian Church, West Barnet

NOON - Darling Inn, Lyndonville

## THURSDAYS

### ADULT STRENGTH TRAINING

10:30 AM - 11:30 AM

Senior Action Center

Methodist Church, Danville

### NEK COUNCIL ON AGING'S HOT MEALS

11:30 AM - St. Johnsbury House

NOON - Senior Action Center,

Methodist Church, Danville

NOON - Darling Inn, Lyndonville

### PEACHAM FARMERS MARKET

Peacham Academy Green

### LISBON FARMERS MARKET

3:00 PM - 6:00 PM - Main Street, Lisbon

## FRIDAYS

### ADULT STRENGTH TRAINING

9 AM - 10 AM - St. Johnsbury House

1 PM - 2 PM - North Congregational

Church, St. Johnsbury

### WORSHIP UNDER THE TENT- 7 PM

100 Horse Meadow Rd, No Haverhill

### AA MEETING (OPEN DISCUSSION)

8:00 PM - 9:00 PM

Methodist Church, Maple St, Woodsville

## SUNDAYS

### CRIBBAGE - 1:00 PM

American Legion Post #83, Lincoln



# Horse Meadow Senior Center

Every Tuesday: 8:30  
Community Breakfast

## August 1:

Bone Builders @ 9:30  
Hearts & Hands Quilting @ 12:30  
Tech Time w/Paul @ 1:00  
Decorative Arts 1 @ 1:00

## August 2:

Nifty Needlers @ 9:30  
Foot Clinic (by Appt.) Starting @ 10:00  
Herb Group @ 10:00  
Classic Bone Builders @ 2:00

## August 3:

Bone Builders @ 9:30  
Writers Group @ 10:30  
Bingo @ 1:00

## August 4:

Art Class w/Barb @ 9:00  
Classic Bone Builders @ 2:00

## August 5:

Bone Builders @ 9:30  
Mahjongg @ 10:30  
Blood Pressure Check: 11:00  
Paper Craft 1 @ 1:00

## August 8:

Bone Builders @ 9:30  
Hearts & Hands Quilting @ 12:30  
Tech Time w/Paul @ 1:00  
Crafts 1: @ 1:00

## August 9:

Nifty Needlers @ 9:30  
Classic Bone Builders @ 2:00

## August 10:

Bone Builders @ 9:30  
Writers Group @ 10:30  
Bingo @ 1:00

## August 11:

Art Class w/Barb @ 9:00  
Floral Arrangement w/ Jane @ 9:30  
Classic Bone Builders @ 2:00

## August 12:

Bone Builders @ 9:30  
Mahjongg @ 10:30  
Ceramics 1 @ 1:00

## August 15:

Bone Builders @ 9:30  
Hearts & Hands Quilters @ 12:30

Tech Time w/Paul @ 1:00  
MS Support Group @ 1:00  
Decorative Arts 2 @ 1:00

## August 16:

Nifty Needlers @ 9:30  
Herb Group @ 10:00  
Classic Bone Builders @ 2:00

## August 17:

Bone Builders @ 9:30  
Writers Group @ 10:30  
Bingo @ 1:00

## August 18:

Art Class w/ Barb @ 9:00  
Cards w/Jeanie @ 9:30  
Crafts 2 @ 1:00  
Classic Bone Builders @ 2:00

## August 19:

Bone Builders @ 9:30 Mah-jongg @ 10:30  
Anniversary Celebration @ 11-1:00



The Cohase Lions Club recently installed new officers whose terms began July 1st. (l to r) Roland Clifford, King Lion; David Pruitt, 1st Vice President; Richard Thompson, 2nd Vice President; Tim Page, Secretary; Doug Dutile, Treasurer; Cindy Fagnant, Lion Tamer; Harold Clough, Immediate Past President; John Aldrich, Director; Robert Fagnant, Director; and Tim Corey, Director. Absent: Glenn English, 3rd Vice President and Joseph Fiore, Tail Twister.

The Club, an affiliate of Lions Club International, is beginning its 76th year of service. Its goal is to support eye research broadly and to assist populations in the communities it represents, through a wide range of activities, thus living up to its mission of "service above self."

# Groton Library News

**Bookin' Bootcamp: Summer Series.** Mondays at 5pm. For kids & teens ages 7 & up. Meet for fun, free, past-paced exercise in the Groton's Veterans Memorial Park (rain location = Groton Community Building). Each week will have a different book theme & be led by a certified personal trainer! Meets Mondays from 5-5:45pm: Aug. 8, 15 (no Aug. 1).

**2016 Summer Parks Passes Now Available!** Call, email or come by the library to borrow free & reduced entrance passes to VT State Parks, Historic Sites & the Echo Center. Open to all library card-holders.

**Crafts & Conversation.** Every Wednesday from 1-3pm. Stop by the library for some crafty tips, and perhaps share some of your own. Bring a project to work on or just enjoy some good

company!

**Free E-Books & Audiobooks.** Download lots of great titles with our library's subscription to ListenUp Vermont! All you need is your (free) Groton Library card. Come by the library for a new card and/or for more information.

All of our programs are free and open to residents of all towns.

Find us on Facebook (Groton Free Public Library) or contact Anne: grotonlibraryvt@gmail.com, 802-584-3358.

Open M (2:30-7) W (10-4) F (2:30-7) S (10-12). www.grotonlibraryvt.org

**DEEP=DEEP DISCOUNTS ON OVER 300 PIECES OF.. SILVER AND GEMSTONE PIECES!**

**HI-NO SILVER SALE!**

90 NECK CHAINS  
29 PENDANTS and PINS  
75 BRACELETS 50-60% OFF  
72% OFF ON 50 WATCHES!

50% TO 72% OFF

White Mountain Trader, 147 Central St., Woodsville, NH  
JUNE SALE HOURS ... NOON TIL 5 and 7-9 pm 603-243-0225

# TAG SALE & FOOD SALE



**Saturday, July 30**

Rain or Shine

**9 am - 2 pm**



**St. Luke's Episcopal Church**

Corner of Central and Church Streets  
Woodsville, NH

# Orange East Senior Center

All events held at the Senior Center are open to the public unless otherwise advertised.

No Strings Attached will be playing on Friday, July 22nd starting at 11:00 a.m.

The Orange East Senior Center is planning a trip for Wednesday, October 12, 2016 to the Ogunquit Playhouse to see the Broadway musical Million Dollar Quartet. We will be going to lunch at Mike's Clam Shack in Wells, Maine. The cost is \$145 a person and needs to be paid when you sign up.

We are looking for substitute drivers for our Meals on Wheels routes. If you are interested, please call or come by. We are in great need of volunteers in our kitchen at the Orange East Senior Center-We need help Monday through Friday-but you can pick a day that works in your schedule and the amount of time you can volunteer

Bingo is every Monday at 6:00 p.m. The doors will open at 5:00 p.m. The kitchen will be open selling drinks and food.

Computer class summer hours will be on Wednesdays from 10:00 a.m. until 12:00 p.m. This class is for all levels.

The Orange East Senior Center is available for rent. We have a capacity of 125. If you would like to book your wedding reception or birthday party or if you have any questions, please give us a call.

If you are in need of any medical equipment, please

check with Vicky to see if we have it to borrow before you purchase any.

There is space available in the Monday, Tuesday, Thursday and Friday exercise class. The class begins at 9:00 a.m. and ends at 10:00. The Tuesday and Thursday exercise class is a strength and balance class.

Orange East Senior Center is holding informal Line Dancing classes for exercise and just plain fun, each Tuesday at 10 a.m. Come On Down!

**LIVE! THE COLONIAL**

**FROM TRAGEDY TO TRANSCENDENCE:**  
Bach, Casals & The Six Suites for Cello Solo  
A Multimedia Presentation by Guitarist Steven Hancoff  
**FRIDAY, JULY 29, 8 PM**  
TICKETS: \$18, \$15, \$12

**TOM RUSH**  
With Special Guest **SETH GLIER**  
**SATURDAY, AUG. 6, 8 PM**  
TICKETS: \$37, \$29, \$23

AVAILABLE AT: BethlehemColonial.org, Catamountix.org, Maia Papaya Café, Bethlehem, NH; Littleton Food Coop; and Catamount Arts, St. Johnsbury, VT

**THE COLONIAL**

BETHLEHEM, NH | INFO: 603.869.3422  
www.BethlehemColonial.org

# Card Shower

for

Gail O'Shaughnessy

Celebrating her

**70<sup>TH</sup>**

**HAPPY BIRTHDAY**

on

**August 6, 2016**

Send Cards to: PO Box 192  
North Haverhill, NH 03774



# 72nd Annual North Haverhill FAIR



Wednesday - Sunday  
July 27-31, 2016

## Fiesta Shows Ride Specials

Wednesday 5-10 PM - \$20
Thursday 5 - 10 PM - \$25
Friday Noon - 5 PM 30% Off
Sunday Noon - 5 PM - \$25
General Admission ..... \$12
Five Day Admission ..... \$48
Veterans w/ID Day (Wednesday)..... \$5
Senior Day - 65+ (Thursday) ..... \$5
Discount Day (Friday 12-5) at main gate only..... \$8
Children 12 & Under ..... Free
Parking..... Free
Overnight Camping..... \$25
Overnight Camping w/AC Hookup..... \$30

**Concerts & shows are free with paid gate admission!**  
 No alcoholic beverages or firearms allowed.  
 Not responsible for damage to vehicles on grounds.  
 No pets allowed on Midway.  
 Schedule subject to change.  
 Absolutely no weather related refunds.

## Friday, July 29

8:30 PM on Thayer Stage



**Lauren Alaina**  
From American Idol's  
Season 10, with  
"Wildflower" &  
"Next Boyfriend"

Sponsored by:

Cullenberg & Tensen, PLLC

LAWPOWER.COM

800-371-3506



## Saturday, July 30

8:00 PM - Thayer Stage

# Hotel California

Sponsored by



Concerts Also Supported By:



## 5 DAYS OF MOTORIZED ACTION

At the 300' Clay Track in McDanolds Arena  
All events free with paid general admission.

**WEDNESDAY, JULY 27** Show Time: 7:30 PM



6 & 8 Cylinder Demolition Derby

Sponsored by: FMS NAPA Auto Parts

Mini Van Demolition Derby

Sponsored by: Patten's Gas

**THURSDAY, JULY 28** Show Time: 7:30 PM

Green Mt. Tractor Pullers

Sponsored by: **E-Z Steel & Sabil & Sons**

**FRIDAY, JULY 29** Show Time: 7:30 PM

4 Cylinder Demolition Derby

Sponsored by: **Dad's 4 By Tool & Supply**

**SATURDAY, JULY 30** Show Time: 12 Noon

Farm, Antique & Enhanced Tractor Pull

**SUNDAY, JULY 31** - Show Time: 1:00 PM

4x4 Truck Pull

Sponsored by: **Allied Insurance & Pete's Rubbish Removal**



Multiple Shows Every Day



**SATURDAY, JULY 30** 10:00

**SPECTACULAR FIREWORKS DISPLAY**

Sponsored By *The Scott Mitchell Family*

*Cassidy Timber Harvesting*

*Hood's Plumbing & Heating*

*Horne Excavating - Wells River Chevrolet*

*Timberwolf Rubbish Removal*

*Bear Ridge Speedway - ROYal Electric*

*Janice & Albion Estes & Grandchildren*

**FOR MORE INFORMATION AND LINKS VISIT:**

**WWW.NOHAVERHILLFAIR.COM**

**or Check Us Out on FaceBook or Follow Us on Twitter**



See the All New Hay Bale Sculptures  
Place Your Vote for the People's Choice





# Sweet Water

by Maggie Anderson

The annual cleaning of the town water tank took place early Monday morning. It is a necessary ritual, performed around the Fourth of July since the town's well was first drilled.

The cast and crew are much like other groups of volunteers; a reliable core that serves to anchor the rest of those who drag themselves up to the drive next to the cemetery, roll up their sleeves or their pant legs and spend an hour making sure the villagers have the same freezing cold, sweet water they've come to expect each time they turn on their taps.

The list of volunteers has always been in flux but lately the changing of the guard is more pronounced. Several have left the village and taken up permanent residency in the cemetery, presumably to oversee the efforts of those left behind. There have been strokes and surgeries, bad knees, weak hearts and missing lungs to shorten the list.

Somehow in spite of everything there are always just enough bodies to scoop sediment, set the traps in the front room, sweep and vac the walls, ceiling, and crevices of lurking dust and spiders, turn the pump back on and pour the necessary amount of chlorine in before the chart is filled in, the lights turned off and the outer door is locked again.

This year we were lucky, two of the through hikers on the AT volunteered to help, they weren't planning to hit the trail until 9 or 10 anyway and they were told we would surely be finished before then so they jumped aboard. Interesting guys, their trail names traditionally chosen at the start of the long journey, were Sprout and Whiskers. These guys told us they were happy to help, glad of the chance to offer some payback for all the folks they'd met along the trail who were so generous and so helpful to them.

When the job was done and the pump was humming we wished them safe travels, offered hearty thanks for their efforts on our behalf then went back inside and added their names to the list of the important details of the day.

Now every time I turn on the tap and am rewarded with that icy sweet refreshment I'll picture Sprout and Whiskers high in the mountains headed for Maine.

Happy trails guys.

# Vermont Open Farm Week Returns August 15-21, Celebrates Local Food Origins

Vermont farms welcome the public into the field to dig into the local agricultural economy

Montpelier, Vt. – Following a successful first year, farmers across Vermont will once again open their barn doors and garden gates to the public for a behind-the-scenes look at Vermont's vibrant working landscape. Vermont Open Farm Week 2016 will be held Monday, August 15 through Sunday, August 21.

Open Farm Week is a weeklong celebration of Vermont farms. Approximately 100 farms across the state will participate, many of which are not usually open to the public. Open Farm Week offers visitors access to learn more about local food origins, experience authentic agritourism and build relationships with local farmers. Activities vary and may include milking cows and goats, harvesting vegetables, collecting eggs, tasting farm fresh food, scavenger

hunts, hayrides, farm dinners, and live music.

Open Farm Week helps Vermont reach its statewide Farm to Plate food system goals to increase farm profitability, local food availability, and consumption of Vermont food products.


Please visit [www.DigInVT.com](http://www.DigInVT.com) for a map of participating farms by region. Many events are free and costs vary depending on the activities offered. Not all farms are open every day during Open Farm Week, so be sure to check schedule information prior to arranging your visit.

Open Farm Week is a collaborative statewide agritourism project organized

by members of the Vermont Farm to Plate Network including Vermont Farm Tours, University of Vermont Extension, Vermont Agency of Agriculture, Vermont Fresh Network, Vermont Department of Tourism and Marketing, Shelburne Farms and Farm-Based Education, NOFA-VT, and City Market.

Vermont Open Farm Week is sponsored by the City Market/Onion River Coop and the Vermont Department of Tourism and Marketing.


Plan a visit at [www.DigInVT.com](http://www.DigInVT.com). Join the conversation using #VTOpenFarm hashtag and follow at Facebook.com/DigInVT and @diginvt on Twitter and Instagram.



**Water Heaters  
Appliances  
Generators  
Heaters**

**603-787-2422**  
240 Brushwood Road  
North Haverhill, NH 03774

**INCOME TAX PREPARATION**  
Personal & Professional • E-File • Payroll Services



**Peter B. LaVoice**  
**James K. Lang**

OPEN MONDAY THRU SATURDAY  
9:00 AM – 6:00 PM Or Call For An Appointment  
pete@peterblavoice.com • 603-747-3613 • Fax 603-747-3287  
49 Swiftwater Road, Woodsville, NH 03785

**PTO'S WANTS YOU TO KNOW!**



**IT'S FAIR TIME!**  
PTO's Repair will be at the North Haverhill Fair!


Stop by our display and check out the 2016 Models of Fisher Plows and Sanders. Now is the time to buy at last years prices.

**PTO'S REPAIR**  
South Main Street  
Bradford, VT  
802-222-4774  
or at [ptosrepair.com](http://ptosrepair.com)



**I'M PTO AND I WANTED YOU TO KNOW!**

**CUSTOMIZED INSURANCE FOR  
Contractors,  
Artisans,  
Tradespeople.**




We offer a custom package policy combining a broad range of property and liability protection for you and your business at an affordable premium.

**THE CONCORD GROUP**  
INSURANCE COMPANIES  
[www.concordgroupinsurance.com](http://www.concordgroupinsurance.com)

CONTACT US FOR FULL DETAILS

**SWENSON INSURANCE AGENCY**  
"SERVICE IS OUR BEST POLICY"



800-491-4765      802-222-4765  
[www.swensoninsurance.com](http://www.swensoninsurance.com)

**THE FARMER'S DAUGHTER**  
Gift Barn & Ice Cream Parlor



- **Homemade Fudge \$12.99 lb**  
Buy One lb. Get 1/2 lb. FREE
- Flowering Hanging Baskets \$25 each or 2/\$45
- Locally Made Ice Cream
- Sundaes • Barnyard Twisters
- Vermont Made Products & Pottery
- Vermont Maple Syrup



Route 2 • St. Johnsbury, VT • 802-748-3994  
Monday-Saturday 9-Close • Sunday 10-Close

**Barnies Greenhouse**  
Next to Barnies Market  
RT. 2, CONCORD, VT

Hanging Baskets  
Vegetable Plants  
Annuals  
Some Perennials



OPEN DAILY 4-6 /SAT & SUN 8-6

**NOW OFFERING  
CUT & SPLIT FIREWOOD**

**\$225/CORD**  
DRY HARDWOOD  
Local Delivery  
Included



We Also Do Wood Chipping Up To 4"

**J & A  
LAWNCARE**  
603-747-4030  
BEST TO CALL AFTER 5 PM  
Woodsville, NH





The Cohase Lions Club held its annual Golf Tournament at the Blackmount Country Club on Saturday, June 25, 2016. The golfers enjoyed a full afternoon of play under sunny skies. In keeping with the theme of Lions International, "Service Above Self," the Cohase Lions Club uses proceeds from the event to support a large number of local charities, as well as providing vision testing for school age children. Membership in the local Lions Club is open to all civic-minded women and men on both sides of the Connecticut River. Pictured (l to r) Winning Team Lavoie: Dave Joslin, Tim White, Ken Horton and Mike Lavoie.

# Fourth of July in Woodsville & Wells River

The Woodsville / Wells River Fourth of July Celebration had some changes during the 2016 celebration. But there were also a great deal of familiar aspects to the 35th edition of this community wide festival.

The parade stepped off as normal at 11 am from the area of the Woodsville Elementary School. It proceeded down Central Street (Route 302) and crossed into Wells River, ending on Main Street. As has always been the case the street was lined with people over almost the entire parade route. In fact some people had even reserved their favorite watching spot as early as the Thursday before the

## 2016 Parade Winners

- 1st Place for Commercial Clifford Concrete
- 2nd Place for Commercial Woodsville Guaranty Savings Bank
- 3rd Place for Commercial Cottage Hospital
- 1st Place for Organization Calvary Baptist Church
- 2nd Place for Organization Bath Congregational Church
- 3rd Place for Organization Oxbow Chapter Daughters of the American Revolution

parade.

After the parade there were activities on the Community Field in Woodsville. One of the changes for this year was that those activities were sponsored by, and run by the Ross-Wood Post #20 American Legion of Woodsville. Those activities included a DJ with a music

trivia contest, a dunk tank, some other games, and the ever popular food vendors and flea marketers with a wide variety of offerings.

The celebration was capped off by a fireworks display that went in the air about 9:15 pm from the Paddy Acres fire department training site on the Wells River side of the Connecticut River.

From all accounts it seems that the parade and the field activities were well received and went smoothly again this year

For those who would like to volunteer to help with the celebration in 2017 and beyond, or would simply like to pass along their thoughts about the 2016 festivities, the next meeting of the Fourth of July Committee will be on Wednesday, August 3 at 7:00 pm on the Community Field in Woodsville.



Of course not everyone was totally happy. And some even displayed their memories from years past.

Volume 7 Number 21

July 26, 2016

Not all Times are Trendy, but there will always be Trendy Times

**BRADFORD VETERINARY CLINIC**  
Susan Dyer, DVM

Dogs	Boarding
Cats	Grooming
Exotics	Dental Care
Poultry	Surgery

**802-222-4903**

176 Waits River Rd, Bradford, VT  
BradfordVet.com or Facebook.com/BradfordVetClinic

**Mill Gardens Farm Stand**

Rte. 10; Orford, NH (603) 353-9901

Weekly Specials on Select Perennials including our Annual Volume Discount Sale on Daylilies

20% Off Evergreen Shrubs & Trees

50% Off Annuals, Herbs, Hanging Baskets & Perennial 6 pks

Mon.-Fri. 8:00 - 6:00; Sat. 8:00 - 5:00; Sun. 10:00 - 4:00

Nathan A. Muehl,  
Registered Representative  
Offering Securities Through  
NYLIFE Securities LLC,  
Member FINRA/SIPC,  
A Licensed Insurance Agency.

**NATHAN A. MUEHL, LUTCF**  
51 N. Main St, B-1 • Wells River, VT 05081  
802-588-5035  
Nate@NMAFinancial.com

**COPIES and MORE**

37 Main Street, Wells River, VT Phone: 802-757-8105  
www.copiesvt.com Fax: 802-757-8107

**We are your local UPS shipper**

**large selection of shipping boxes and packing supplies**

NEW Laminating up to 36" wide

LARGE PRINTS

POSTERS, SIGNAGE  
BLUEPRINTS, BANNERS

UP TO 36" WIDE

Big Town Service

with

Small Town Convenience

WE HAVE THE LARGEST INVENTORY AROUND FOR K-KUPS

\$12.50 box 2 box purchase

Save \$2.00 box with Woodsville Discount Card

Open:  
Mon. - Fri. 9AM - 6 PM  
Saturday: 9AM - 1PM

LISBON Village PIZZA

Open 7 Days A Week  
Sun-Thu 11am-9pm  
Fri-Sat 11am-10pm  
99 North Main St • Lisbon, NH

\$1 OFF

1 Large One & More Toppings Pizza  
Expires 8/08/16

603-838-9050

Gift Certificates Available  
In The Business Since 1973  
The Original Owner, Jim, Is Back!

Begin REALTY ASSOCIATES

With Offices In  
St. Johnsbury 802-748-2045  
Danville 802-684-1127

PEACHAM COUNTRY FARMHOUSE

Lovely home sited on 2.5 acres on a "maple-tree-lined" country road ready for a new owner looking for a country farmhouse in a country setting! 4BRs, large open kitchen, formal dining room, double living room w/built-in bookshelves, new pellet stove/hearth, glassed-in porch and side concrete patio for sitting out and looking over fields of farmland. It's time you come home to casual, relaxed living! \$199,000 -- ML4492634

Mostly wooded 3.70 acre lot with frontage on Barnet Center Road and Davidson Road, a shared right of way--views with clearing, power roadside. Pretty site with maple trees, level area for building. Septic plans available. \$26,900 -- ML4477464

www.beginrealty.com



# Prouty - Housewright Construction Team Wild Women

The Craig Hervey Housewright Construction, Team Wild Women rode in the Prouty bike race again on Saturday, July 9th. Team Wild Women has successfully raised money for the Friends of the Norris Cotton Cancer Center for the last seven years. The fundraising benefits the Prouty Pilot Project grants for research, nursing education, which keeps the Norris Cotton Cancer Center nurses abreast of best practices; and the all-important patient support services, which ease the financial & emotional burdens of cancer patients and their families.

Kate Renner of Lyndonville, VT, Molly Maloy of Littleton, NH, Jodi Ovens of Bethlehem, NH, and Sheryl Loveland of Littleton, NH, cycled for 100 miles. The 2016 Team of Wild Women raised \$4,600 for the Friends of the

Norris Cotton Cancer Center, this year surpassing all previous years. It was a cold and wet day but as several of the riders said throughout the century ride, "How blessed we are to have this opportunity to make a difference within our community." All of the riders were constantly reminded by our growing list of people to remember/honor that cancer continues to take the lives of our family and friends. The funds raised now might make the difference between life and death in the future.

Team Wild Women would like to thank the following local businesses for their generous donations; Brown's Masonry of Perkinsville, VT, Emily Herzig Floral Consulting, LLC of Littleton, NH, Fortunati Painting, LLC of East Topsham, VT, Green Energy Times of Bradford, VT, Green Mountain Mono-

gram of Wells River, VT, Hill & Thompson, PC, of Manchester Center, VT, Housewright Construction, Inc. of Newbury, VT, Mount Cleveland Construction, LLC of Bethlehem, NH, Newbury Village Store of Newbury, VT, Noyle W. Johnson Insurance Group of Danville, VT, N T Martin Construction, LLC of Littleton, NH, Oakes Brothers of Bradford, VT and Valley Floors of Bradford, VT. Special thanks to various private citizens who donated from near and from far away for this very important cause to our area.



From left to right – Kate Renner, Molly Maloy, Jodi Ovens and Sheryl Loveland

**PERRY'S**  
OIL SERVICE INC.

Downtown - Bradford, VT  
(802) 222-9211 / 800-654-3344

**HOME APPLIANCE CENTER**

Authorized Dealer for all of these fine Brands

Whirlpool, Bosch, Frigidaire, Electrolux, Kenmore, Maytag, Fisher & Paykel, InSinkErator, Premier, ASKO, Ilve, Danby, LG, KitchenAid, Wolf, Jennar, Bost, Cuisinart, Westinghouse, Amana, Hotpoint, American Range, Sharp, Sony, Bertazzoni, Marvel, Friedrich

**HOBBO Railroad**  
Lincoln, NH

**TRAIN RIDES**  
\* OPEN DAILY \*  
Departure Times:  
11:00am, 1:00pm & 3:00pm

Enjoy one hour and twenty minute train rides along the winding Pemigewasset River between Lincoln & Woodstock, NH and back  
Tickets: \$17 adults / \$13 kids 3-11 (ages 2 and under ride free!)

[www.HoboRR.com](http://www.HoboRR.com)  
64 Railroad Street, Lincoln, NH (603) 745-2135

*North Country*  
**APPLIANCE SERVICE**  
LLC

603-787-6677

DON BOWMAN - OWNER/SERVICE TECHNICIAN  
Factory Authorized Service Provider • Serving NH & VT

*Reiki Retreat*  
Reiki • Massage  
Biofield Tuning  
Zero Balancing

Contact Barbara To Set Up  
Your Appointment Today!  
90 Farm St • E Ryegate, VT  
802-757-2809  
reikieretreat@charter.net

Residential, Commercial and Agricultural  
**ROSS PAGE**  
FOUNDATIONS LLC EST. 1970

Eric Page, Owner

Concrete Foundations/Floors/Slabs • Stamped & Colored Concrete  
Thermomass Insulated Concrete Walls  
ACI Certified Flatwork Finishers

802-592-3166 • 348 Thad Stevens Rd • Peacham, VT 05862

DANA Jewelry  
**Going Out Of Business**  
**\$800,000**  
Jewelry & Inventory to Liquidate

Entire Store  
**10% - 75% OFF**

**DANA Jewelry** 103 Main Street • Littleton, NH 03561  
603.444.5320 • [www.danajewelry.net](http://www.danajewelry.net)

**Trendy Threads in Woodsville, NH has  
NEW STORE HOURS effective August 1, 2016  
Wednesday - Friday & 1st and 3rd Saturdays  
9:30am - 5:00pm 603-747-3870**

**Janice is in need of a Get-a-Way**

**Trendy Threads will be closed  
Tues, Aug. 2nd thru Fri, Aug. 5th  
Reopening Sat, Aug. 6th at 9:30am**

[www.TrendyThreadsWoodsville.com](http://www.TrendyThreadsWoodsville.com)





We Accept Cash, Check or Credit/Debit Cards



# CLASSIFIEDS

Personal: For Sale, Wanted, Lost, Found: Up to 30 words FREE for 2 issues. (\$10,000 value limit)

Business: Help Wanted, For Rent, etc. \$10/2 issues, \$20/5 issues, \$50/16 issues. Limit of 30 words.

Classifieds that exceed word count may be subject to an additional charge.

Mail or Drop Off at Trendy Times, 171 Central Street, Woodsville, NH 03785 Email: Gary@trendytimes.com



## FOR SALE

CLASSIC NASCAR DIE-CAST CARS #17, 18, 33 & 66 \$12. each. Glass Negatives from the 1930's & 1940's. \$6. each. 802-439-3254 08.09

COINS (2) R.J. REYNOLDS TOBACCO CO. commorative from the early 90's cigarette promotion. - 9999 silver weight 1 oz. silver each. Camel cigs. \$150.00 each. Never Again. 339-927-3721 08.09

TRAILER HITCH, never used. Can fit Toyota Matrix or Pontiac Vibe. \$100. Call 802-473-6607 08.09

PRINTER - hewlett packard - DESKJET 610CL \$25. Scanner - Hewlett Packard ScanJet 3300C \$25. Drivers and Creative CD's included both \$40. 802-429-2003 08.09

CERTIFIED USED BOATS. Lots of good used boats to choose from. Checked over by our certified technicians. If it's not reliable, we won't sell it. Fairlee Marine, see them on our website at www.fairleemarine.com 802-333-9745 09.16

LIGHTWEIGHT BOAT DOCKS. 1 person can install or take them out. In stock. Standing, floating, or roll-in. Fairlee Marine, see them on our website www.fairleemarine.com 802-333- 9745 09.16

2000 CHEVROLET ASTRO VAN - AWD, Runs well, 166K, clean, new tires, new windshield. Asking \$2,700 OBRO. 603-398-7272 07.26

2007 HAULIN 6x12 ENCLOSED TRAILER. with side door, swing out back door. Clean & dry. \$1,700 OBRO 603-398-7272 7.26

2015 KAWASAKI KLR 650, 350 miles. Cost \$6,000, sell \$5,000. 603-340-2969 07.26

2015 SONIEVENTURE 195VRB TRAILER, New condition, queen bed, A/C, bath. Cost \$20,000. Sell \$15,000. 603-340-2969 07.26

2- MICH RADIAL P225 75 15 \$75on rim, 4- P 225 175 15 no rims \$100 352-735-1747 07.26

NEW BOAT PACKAGES are here. We carry Avalon Pontoons, Polarkraft aluminum, & Carolina Skiff fiberglass boats. With Mercury or Honda motors. Fairlee Marine 802-333-9745 09.16

CHAIRS - Two matching Windsor/Walnut with arms, like new. Call 603-787-6879 \$100 each Firm. 07.26

SLIDE RULE - Pickett with How To Use and a case. \$10. Call 603-787-6879 07.26

FUEL TANK without pump. Brand new. \$100. Agrimart 36" tag along rototiller with motor. \$300. Craftsman 24" walk behind tiller \$125. Call 603-823-0018 08.09

Breadmaker, icemaker, mini oven all are table top size. Take all three \$40, mens bike \$25, double door refrig, \$125, sturdy large utility table \$25, beige couch \$75, 3-wall AC units \$15-30. All items in NH. 352-735-1747 08.09

## FOR RENT

BOAT RENTALS, Pontoon, Canoes, Kayaks, Runabout ski boats. Daily and weekly rentals. We launch and pick up. Fairlee Marine www.fairleemarine.com 802-333- 9745 09.16

WELLS RIVER, VT HOUSING AVAILABLE: \*11 Center Street, Wells River, upper level - 2 BD apartment available now. \$700 rent includes heat, trash and snow removal. Newly carpet and freshly painted! Off street parking. 28 GROVE STREET, WELLS RIVER, 2nd floor - 1 BD apartment available now. \$700 rent includes heat, trash and snow removal. Off street parking. 31 MAIN STREET (BALDWIN BLOCK), Wells River - 1 BD apartment coming available soon. \$725 rent includes electric, heat, trash and snow removal. Central elevator & laundry facilities in building. 51 MAIN STREET, WELLS RIVER - 2 BD HUD Subsidized apartment. Rent is 30% of monthly household income. Off street parking. 51 MAIN STREET, WELLS RIVER - 2 BD apartments coming available in June. \$700 rent includes heat trash and snow removal. Off street parking. \$100 Sign on bonus for 1st year Tenants! Walking distance to banks, stores and laundry mat. Income restrictions apply. Security Deposit payment plan available! To request an application, call Shelly at 775-1100 Ext. #7, e-mail shelly@epmanagement.com or visit http://epmanagement.com/vermont-properties/ to print an application. E.H.O. 07.26

ST. JOHNSBURY, VT HOUSING AVAILABLE: PASSUMPSIC HOUSING, Multi-Family Housing: Now accepting applications for 3 BD Units! Rent includes heat, hot water, trash, snow & rubbish removal. Must be income eligible. Income restrictions apply. Rent is 30% household monthly income. Tenant would also pay own electricity. Call E.P. Management 802-775-1100 Ext #7 or e-mail shelly@epmanagement.com. E.H.O. FOR AN APPLICATION. 07.26

VENDOR RENTAL SPACE AVAILABLE! Sell Your New and Used Unique Items. Contact Shelly at 802-449-3330 07.26

## WANTED

KILN IN DECENT CONDITION for firing ceramics prefer large w 220V. 352-735-1747 07.26

BUYING USED MOTOR OIL. Call Lee at 802-429-2500 11.29

CONSIGNMENTS: We take good late model boats in to sell for you. We do the sale and warranty, you collect the cash. They sell fast and you get as much or more than selling it yourself. Fairlee Marine, see them on our website at www.fairleemarine.com 802-333-9745 09.16

USED OIL. We pay 50¢/gallon. We are a certified burner, so we will satisfy your legal disposal needs. Fairlee Marine 802-333-9745 09.16

## SERVICES

BOAT SERVICE: Is your boat unreliable and ready to go? Doesn't have the power it used to? Our Certified Technicians fix things right. We can water test or dyno test so you know it's fixed. Fairlee Marine www.fairleemarine.com 802-333- 9745 09.16

LOCAL PACKING & SHIPPING SERVICES: Safe Ship located at 226D Industrial Drive in Bradford, VT can assist you with all your shipping needs. We are Authorized Shippers of USPS, FedEx, UPS, DHL and more. 802-222-4000. 09.20

## INSTRUCTION

INSTRUMENT LESSONS: Offering private piano, guitar, banjo & clarinet lessons for beginner & intermediate students of all ages. 30+ years instructing. Call 603-398-7272. 11.01

## ALTERNATIVE HEALTH/HEALING

REIKI RETREAT: Barbara L. Smith RMT, LMT. Reiki sessions & classes. 10 years experience. Offering Massage, Bio Field Tuning and Zero Balancing. Gift certificates available. 90 Farm St, East Ryegate, VT. 802-757-2809. reikiretreat@charter.net or check the website www.vtreikiretreat.com

## HELP WANTED

A SELF EMPLOYED LNA OR A NURSE is needed immediately for a pleasant female client under 24 hour care in her own home in Haverhill. She ambulates with a walker and has hands on assistance. Must be strong to help with her care. Hours needed: 8p-8a, 8p-6a, 8a-sp, 2p-8p, possible some 6a-2p. This is for Fri., Sat. & Sun. and may include weekdays. Please call for more details and to make an appointment to meet the client. 603-989-5586 07.26

SALESPERSON NEEDED - Commission based, part time. Prefer someone with knowledge of Lincoln-Woodstock area. Call Gary at 603-747-2887 or email gary@trendytimes.com 07.26

**Free Classifieds  
For Personal Items.  
Call Trendy Times  
603-747-2887,  
ore-mail:  
gary@trendytimes.com,  
or Mail to:  
171 Central St.,  
Woodsville, NH 03785  
to place your ad Today.**



# SHIRLEY E. (NORCROSS) CLEMENT - OBITUARY

The Villages, FL – Shirley E. (Norcross) Clement, 77, died Thursday, July 21, 2016 at her brother Eddie's home in Haverhill, NH.

Shirley was born in Haverhill, NH, November 7, 1938, a daughter of Edward B. and Harriett L (Patridge) Norcross, and graduated from Haverhill Academy, Class of 1956. She married David Clement on April 5, 1958, and together they lived initially in Haverhill, MA, then Woodstock, VT, Agawam, MA, Mrtyle Beach, SC, Framingham, MA, and currently were residing in The Villages, FL. While in Woodstock, she operated Crafty Ideas Gift Shop and later Presents Gift Shop in Quechee, VT. They enjoyed buying and flipping houses, painting and hanging wallpaper. In her spare time, she enjoyed reading the newspaper and doing crossword puzzles. She took great pride in sending cards and gifting family and friends. Along with David, she was able to travel near and far, having visited several European countries, including Portugal, Ireland, United Kingdom, Finland, and Sweden, along with Russia and Estonia. They were also able to cruise through the Panama Canal on several occasions, and visit Aruba. Trips in the United States that included Oregon and Alaska created special memories.

Survivors include her husband of 58 years David Clement of The Villages; three children, Jimmy Clement and wife Libby, and Kevin Clement and companion Karen Webb, both of Perkinsville, VT, and David Clement and wife Annette of The Villages; three grandchildren Tansy, Sam, and Olivia; a brother, Eddie F. Norcross and Barb of Haverhill; a sister, Sandra M. VanNorden and husband Richard of Benton, NH; several nieces, nephews and cousins, including her special cousin Patty Gadwah and husband Charlie of Wells River, VT; and Aunt Beverly Dagostino of Conway, SC.

Calling hours will be held on Monday, August 1 from 1-3 PM at Ricker Funeral Home, 1 Birch Street, Woodsville, NH.

A graveside service will follow at 4 PM in Ladd Street Cemetery, Haverhill.

Memorial contributions can be made to either the Visiting Nurse and Hospice of VT & NH, PO Box 1339, White River Junction,



VT, 05001, or to the Norris Cotton Cancer Center, One Medical Center Drive, Lebanon, NH 03756.

To sign an online condolence please visit [www.rickerfh.com](http://www.rickerfh.com)

Ricker Funeral Home & Cremation Care of Woodsville is in charge of arrangements.



*The Woodsville High School class of 1976 celebrated their 40th class reunion on July 2nd at the Monteau Ski Lodge. The classmates enjoyed an afternoon of "catching up" while enjoying hors d'oeuvres and a fantastic dinner prepared by Maureen and Steve Mosher. Twenty-five classmates and their significant others spent the day reminiscing about their four years at Woodsville High School. For many, their school years began together in elementary school*

*The Class of 76, also known as "the spirit of 76" consisted of 76 students. Unfortunately, five classmates have passed away. The classmates decided that they needed to make every effort to have another reunion in five years and not wait until the 50th.*

*While many live within a 50 mile radius of one another, life keeps us moving in many directions, with our paths not crossing. It is so important to make time for our friends and those that we spent our most formative years with.*

**CHIC & UNIQUE**  
ANTIQUES & MORE  
NEW LOCATION: 69 Main Street, Littleton, NH  
15% OFF with this ad  
10 am - 5:30 pm Closed Wednesday  
802-505-5937  
Like us on Facebook  
[www.facebook.com/chicuniquevt](http://www.facebook.com/chicuniquevt)

**Second Chance**  
animal rescue  
"we care when there's no one there"  
1517 Meadow Street  
Littleton, NH 03561  
603-259-3244  
[www.secondchancear.org](http://www.secondchancear.org)

**Sharpen Up!**  
Large And Small Kitchen Knives  
Serrated Knives • Steak Knives  
Small Hand Tools - Chisels • Etc.  
Sean Kelly  
802-222-9258  
[sean@asharpedge.com](mailto:sean@asharpedge.com)  
Contact Me For:  
Brochure • Pricing • Drop-Off • Pick-Up

**MANLIFT RENT**  
Day • Week • Month  
Trailer Hitch Installations  
**TOOL BARN, INC.**  
1233 LOWER PLAIN • ROUTE 5  
BRADFORD, VT  
802-222-9311  
Mon-Fri 7:30am-4:30pm • Sat 8am-12 Noon

**Athena's Adult Home Novelties**  
Adult Novelties • Spa Parties  
50 Shades of Gray Parties • Bachelorette Parties  
  
APRIL DYKE  
Adult Event Planner  
603-991-6194  
**ATHENA'S**  
HOME NOVELTIES

**SprayFoam**  
& CELLULOSE  
INSULATION  
838-5112  
[jmyers.nhnr@gmail.com](mailto:jmyers.nhnr@gmail.com)  
Quality Work At Quality Prices  
**Our Experience Is Superior**

Fine Gourmet Items  
Pure Maple Products • Specialty Cheddars  
  
Really-Aged Cheddar - Aged 2 Full Years  
FREE Tasting Samples!  
Harman's Cheese & Country Store  
1400 Route 117 • Sugar Hill, NH 03586  
603-823-8000 • [www.HarmansCheese.com](http://www.HarmansCheese.com)  
Open Monday thru Saturday 9:30 am - 4:30 pm  
**HARMAN'S WILL BE CLOSED APRIL 10-21**



## Finding Solutions for Your Financial Needs

**Kim R Shillieto**  
Financial Advisor

One Main Street  
Littleton, NH 03561  
603-444-0344  
[www.edwardjones.com](http://www.edwardjones.com)

**Edward Jones**  
MAKING SENSE OF INVESTING

Member SIPC

Next week, the 2016 Summer Olympics begin in Rio de Janeiro. One of the most compelling events is the marathon, a 26.2-mile endurance contest with roots dating back to ancient Greece. It may be that we've kept our interest in the marathon because it can teach us much about life – and it certainly has lessons for investors.

In fact, if you were to compare investing to an Olympic sport, it would be much closer to a marathon than a sprint. Here's why:

- Long-term perspective – Sprinters are unquestionably great athletes, and they work hard to get better. Yet their events are over with quickly. But marathoners know they have a long way to go before their race is done, so they have to visualize the end point. And successful investors, too, know that investing is a long-term endeavor, and that they must picture their end results – such as a comfortable retirement – to keep themselves motivated.

- Steady pacing – Sprinters go all out, every second and every stride. But marathoners have to pace themselves – too many spurts

of speed could tire them out and doom their performance. As an investor, you, too, should strive for steady, consistent progress. Rather than attempting to rush success and achieve big gains by chasing after supposedly “hot” stocks – which may already have cooled off by the time you hear about them – try to follow a long-term strategy that emphasizes diversification among many different investments. (Keep in mind, though, that while diversification can reduce the impact of market downturns that primarily affect one type of asset, it can't guarantee success or prevent all losses.)

- Ability to overcome obstacles – When sprinters stumble or fall, they are finished for the race; there's simply not enough time to recover, so they typically just stop. But over 26 miles, a marathoner can fall and – providing he or she is not injured – get up again, compete and possibly even win. When you're investing for the long term, you have time to overcome “mishaps” in the form of market volatility. So instead of dropping out of the “race” and heading to the investment sidelines, stay invested in all types of markets. As you near retirement, and you have

less time to recover from market downturns, you may need to adjust your portfolio to lower your risk level – but even then, you don't need to call it quits as an investor.

- Proper fueling – Sprinters have to watch what they eat. But world-class marathoners have to be ultra-diligent about their diets, especially in the period immediately preceding a race. Because they must maximize the oxygen their bodies can use while running, they need a high percentage of their calories to come from carbohydrates, so they “carbo-load” when needed. When you invest, you also need to periodically “refuel” your portfolio so it has the energy and stamina needed to keep you moving forward toward your goals. And that means you must add dollars to those areas of your portfolio that need beefing up. Regular reviews with a financial professional can reveal where these gaps exist.

As an investor, you can learn a lot from Olympic marathoners – so put this knowledge to good use.

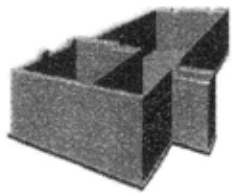
*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor*

**ODELL INSURANCE AGENCY INC.**

**(802) 222-4755**

21 BARTON STREET, BRADFORD, VT 05033  
[www.ODELLINSURANCE.COM](http://www.ODELLINSURANCE.COM)

**PERSONAL, SMALL BUSINESS & FARM INSURANCE**  
Dedicated to providing quality insurance protection to generations.



**RICH SAFFO**

Concrete Form Co., Inc.

Since 1978 Continuous Service

Phone: 603-787-6747 Fax: 603-787-6560

**Robert's Thrift**

**Blue Tagged Items: 25¢**  
**Orange Tagged Items:**  
**Half Price**

Daily Specials - Every Day Something Different

Located Under The Post Office In Bradford • 802-222-5001

Let 8,000+ Homes Know About Your **YARD SALE**

THIS SIZE AD FOR **\$20**

**PRACTICE THE FOUR R'S – RECYCLE • REUSE • REPAIR • REDUCE**

## Lobster, Steak, and Puppets!

It's half way through the summer already, so that means it's about time for a party! Jean's Playhouse is hosting the annual summer fundraiser in the form of a Lobster/Steak Bake at the Pemi Base Camp, South Mountain, Loon on July 31st! Join us from 2-5pm to chow down on some fresh lobster, steak, clam chowder, and much more provided by Gordi's Steakhouse and the Woodstock Station, with live music performed by The Knucklehedz! Regular tickets are available at our box office here at Jean's for \$40, Surf & Turf tickets for \$55, or Twin Lobster for \$55! The fun isn't exclusive to adults, either, so bring the whole family along! Children's meal tickets are available for \$20 and they'll receive a delicious kid friendly hamburger. Round up your friends and family to support the arts and for some great White Mountain summer fun! More information can be found at [jeansplayhouse.com](http://jeansplayhouse.com) or by calling us at 603.745.2141!

We are also excited to announce that we have begun rehearsal for Avenue Q! This laugh out loud and politically incorrect musical comedy features a recent college grad who moves into a shabby New York apartment all the way out on Avenue Q! There he meets several colorful types who help him try to discover his purpose in life! These puppets (yes, we said it--- PUPPETS!) don't

hold back when it comes to sex, drugs, and rock n' roll, so this is definitely a night to call a babysitter. Avenue Q opens August 4th and runs Tuesdays, Thursdays, Fridays, and Saturdays at 7:30pm, with special Wednesday matinee performances on August 10th and 17th at 2pm. Call our box office now to reserve your seats for a hilariously jaw-dropping night out!

That's not all! Stay tuned for performances of Altar Boyz: August 25th – September 10th; Steel Magnolias: September 22nd – Oct 1st; and closing out with On Golden Pond: October 6th-15th.

Jean's Playhouse professional main stage series tickets are \$30 per adult, \$25 per senior (65+), and \$16 per child/student. A 10-Pack of tickets may be purchased for \$250, a discount of \$5-off our top-priced tick-

et. 10-Packs are valid for all performances at Jean's Playhouse (excluding fundraising events) for twelve months after receipt. Call the Box Office at 603-745-2141 to reserve your 10-Pack today!

Jean's Playhouse operates the professional Papermill Theatre and IMPACT Children's Theatre Companies in the summer and fall and the community Playhouse Players and Jean's Teens theatre companies in the winter and spring. Jean's Playhouse also offers a limited year-round guest artist series of magicians, comedians and musicians. Jean's Playhouse is located at 34 Papermill Drive in Lincoln, adjacent to Riverwalk at Loon Mountain (opening this June!) off I-93 Exit 32. Visit [JeansPlayhouse.com](http://JeansPlayhouse.com) or call 603-745-2141 for more information.



Godspell is currently playing through July 30 at Jean's Playhouse



# Letters From Camp

by Elinor Mawson

My cousin Bobby went to camp as soon as he was old enough. He participated in all the activities, ate his meals and behaved himself. Every Sunday he had to write a letter home. His first missive was happily received by his mother until she opened the envelope and read:

Dear Ma, I am eating all my food. I am doing all my activities. I have learned to swim. I sleep every night. But I still hate it here. Love, Bobby.

When our younger son was old enough to attend camp, we talked about it for quite awhile. When it was time to sign him up, we sent the \$100 for two weeks, and proceeded to pack his footlocker. We included everything on the list that we had been sent, including paper, envelopes and stamps. And with a lot of enthusiasm on our part, we took him to camp, not noticing how quiet he had become.

Bidding him a happy goodbye, we went on our first vacation in years without our kids. (Our older son was in another camp). It was freedom at its best!

Arriving home, there were several messages on our answering machine--all saying the same thing: "Come and get your son!"

We were aghast. When I called the camp, the director was quite abrupt. "Your son doesn't want to participate in anything. He wants to play trucks all by himself or in the

woods. He is very unhappy. Come and get him."

Off we went! Coming into camp we saw a very unhappy 9 year old sitting on the steps of the office with his footlocker. He couldn't get in the car fast enough. The camp director came out and talked to us. "He has been like this all week. We tried to get hold of you and you weren't home."

"Do we get our \$50 back for the next week he isn't here? we asked. "NO you don't" was the answer.

Getting back home, our son took off to play with his trucks, singing the whole time. We unpacked his footlocker and were aghast once more.

Everything was just the same as it was when he left for camp. He had not changed his clothes once! The only difference was the fact that he had bought 6 flashlights at the camp store. And there was one piece of paper, one envelope and one stamp missing.

The next mail brought a letter with the camp postmark.

Dear Ma and Dad: I am having a terrible, terrible, terrible terrible terrible terrible terrible time. From your son.

I still have that letter. Right now we laugh about it a lot. It is in tatters. And at the same time, we feel terrible because our happy little boy was so miserable for a whole week out of his life.

We all learned a lot from his experience.

# NH Maple Producers Association Celebrates 2016 & Plans For Future

North Woodstock, NH – Nearly 120 members of the New Hampshire Maple Producers Association from around the state gathered in North Woodstock, NH this past Saturday, July 9, 2016, to celebrate not only a successful 2016 sugaring season, but to set educational goals for the future.

The day-long gathering at Fadden's General Store and Maple Sugar House included demonstrations of sugaring equipment from vendors across the Northeast as well as presentations from members of the New Hampshire Maple Producers Association. Topics ranged from business to education as well as the science of the sugaring process.

In addition, Senator Kelly Ayotte (R-NH) served as the event's key note speaker and Chuck Henderson, an aide for Senator Jeanne Shaheen (D-NH), also read a letter of support from Senator Shaheen. Both Senators acknowledged the efforts of the New Hampshire Maple Producers Association and they announced bi-partisan support for an effort currently underway to force the Food & Drug Administration (FDA) to take action against questionably labeled food manufacturers who claim to have maple as a component in their products. Ayotte stated during her remarks "Following a meeting with the Food and Drug Administration in May, I don't believe the Agency is being aggressive enough. Rather than

a regulatory fix, I believe a legislative one might be the ticket."

Following a barbecue prepared by Woodstock Station, a popular North Woodstock Inn & Eatery, staff members from nearby Hubbard Brook Experimental Forest in Thornton, NH addressed the organization. The group shared information from several long term projects currently underway regarding the maple sugaring industry. One such topic presented by Doctoral candidate Rebecca Sanders Demotte from Boston College focused on the effects that diminishing snowfall is having on tree growth and longevity. "The lack of snow cover enhances the opportunity for the soil to freeze", stated Demotte. "It's been observed that Maple tree roots exposed to increased freezing have also exhibited a decrease in their ability to take on important nutrients."

One of the key topics discussed by the New Hampshire Maple Producers Association during the summer gathering was education. Although a number of outreach programs at state fairs and schools throughout the

state and region currently exist, the group would like to enhance these programs and determine ways in which they can increase their current reach into New Hampshire's educational system.

In his closing remarks, Association President and event host Jim Fadden, a 6th generation maple producer himself and a life-long resident of North Woodstock, supported the association's educational focus by stating "Although we're able to celebrate what turned out to be a fantastic year for maple sugaring, we need to focus a major part of our efforts going forward on the future of this industry. This means educating and sharing more and more information with students in all grades - from elementary, middle and high school through the entire New Hampshire University system. The youth of New Hampshire are also the future of this industry and we can't forget that."

To learn more about the New Hampshire Maple Producers Association, their mission or to learn more about the maple sugaring process, visit <http://www.nhmapleproducers.com>

**GRS Tire & Auto**  
**Full Service Auto Repair**  
 Foreign & Domestic

Alignments • Brakes • Lube, Oil & Filter Changes  
 Oil Undercoating • State Inspections • Tires  
 Towing & Recovery • Tune-Ups • Used Car Sales

**GARY SIEMONS, PROPRIETOR**  
 603-747-4192  
 95 Central Street, Woodsville, NH  
 Hours: M-F 8-5



**603.353.9700**  
[WWW.GOTHOMSON.COM](http://WWW.GOTHOMSON.COM)  
 53 RT 10 ORFORD

**EXCAVATION**

- DRAINAGE PROBLEMS
- DRIVEWAYS - SEPTIC SYSTEMS
- FOUNDATION REPAIR - PONDS - HORSE ARENAS



**ATTENTION**

**ALL NON-PROFIT GROUPS**

Every dollar you raise is important. Be sure to spend them wisely. When advertising an upcoming event, consider placing your ad with Trendy Times!

Your copy, our time to design, 4" x 4" display size, just \$24 (other sizes also available)

Plus it will be listed for **FREE** in our Calendar of Events!

To get your event delivered to over 8,000+ addresses call Gary at 603-747-2887 or email: [gary@trendytimes.com](mailto:gary@trendytimes.com)



**TRENDY TIMES STAFF**

SALES .....RICHARD M. RODERICK, & GARY SCRUTON  
 CONTRIBUTING WRITERS ..... ELINOR P. MAWSON, MARIANNE L. KELLY, MELANIE OSBORNE, ROBERT ROUDEBUSH, DAVID TURNER  
 DISTRIBUTION AGENTS. .... VAUGHAN SMITH, RICHARD RODERICK, JESSICA EMERSON, GARY SCRUTON  
 EDITOR / PUBLISHER.....GARY SCRUTON  
 TRENDY KITCHEN .....RONDA MARSH  
 EDITOR'S ASSISTANT ....JANICE SCRUTON

Phone 603-747-2887 • Fax 603-747-2889  
[gary@trendytimes.com](mailto:gary@trendytimes.com)

171 Central St. • Woodsville, NH 03785  
 Tuesday – Friday 9:00 am - 5:00 pm

Trendy Times reserves the right to accept or reject publication of any letter to the editor or submission of any nature for any reason. *Of course you will need to be really out there for us to turn you down.* We also reserve the right to make slight changes to submissions for readability purposes.

Thank you for your understanding.

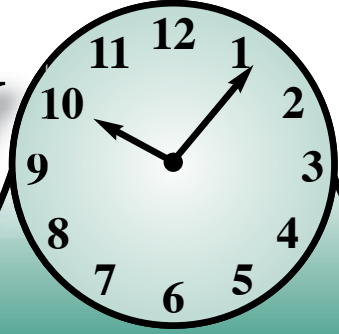


**TRENDY TIMES**  
 A FREE PUBLICATION



# How Far Does Your Advertising Reach?

## TRENDY TIMES



171 Central Street • Woodsville, NH 03785  
 Phone: 603-747-2887 • Fax: 603-747-2889

Email: gary@trendytimes.com  
 Website: www.trendytimes.com

### DISTRIBUTION SHEET

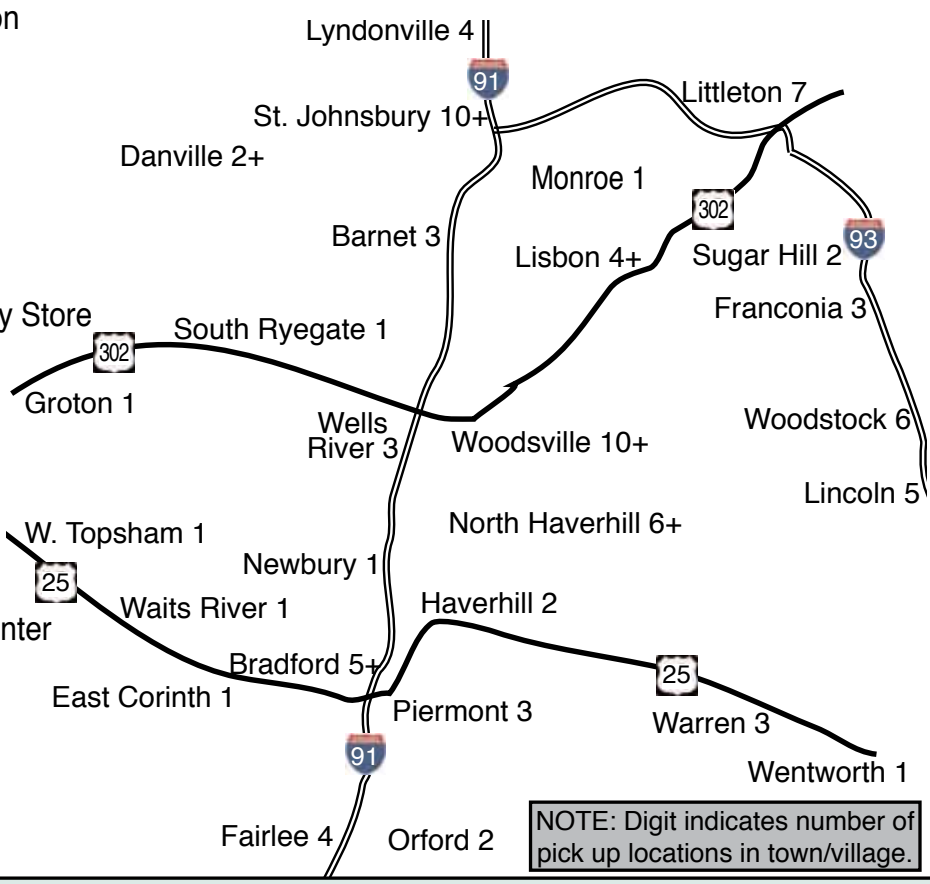
**TOTAL DISTRIBUTION 8,000+**  
 Pick up your free copy at any of these area locations.  
 Or check out [www.trendytimes.com](http://www.trendytimes.com) for some special additions.

### NEW HAMPSHIRE

- FRANCONIA**  
 Max Market  
 Woodsville Guaranty  
 Franconia General Store
- HAVERHILL**  
 Lavoie's Auto Care  
 Joan's Hair Design
- LITTLETON**  
 Littleton Mobil  
 Littleton Coop-  
 Littleton Diner  
 Shaw's  
 Topic Of The Town  
 Woodsville Guaranty  
 (Cottage St & Meadow St.)
- ORFORD**  
 Cheap Kids  
 Patterson's
- PIERMONT**  
 Piermont 4 Corners  
 Robie Farm  
 Woodsville Guaranty
- LINCOLN**  
 Goodie's Mobil  
 McDonald's  
 Tedeski Convenience  
 Price Chopper  
 Village Mall
- MONROE**  
 That Dam Pit Stop
- NORTH HAVERHILL**  
 Aldrich General Store  
 DMS  
 Hatchland Store  
 Haverhill Town Office  
 Horse Meadow Senior  
 PT Farm  
 Patten's Gas
- SUGAR HILL**  
 Harman Cheese  
 Polly's Pancake Parlor
- WARREN**  
 Burning Bush  
 Calamity Jane's  
 Tedeski Convenience
- WENTWORTH**  
 Shawnee's Gen.Store

### VERMONT

- BARNET**  
 Barnet Village Store  
 Paul's Whistle Stop (McIndoes)  
 West Barnet Quick Stop
- BRADFORD**  
 Bliss Market  
 Bradford 4 Corners  
 Hannaford's  
 Kinney Drugs
- DANVILLE**  
 Hastings Store  
 Marty's Quick Stop
- EAST CORINTH**  
 General Store
- FAIRLEE**  
 Chapman's  
 Cumberland Farms  
 Lake Morey Inn  
 Wing's
- GROTON**  
 Upper Valley Grill
- LYNDONVILLE**  
 Cumberland Farms  
 Lyndon Buffet  
 White's Market Main St.  
 White's Shopping Plaza
- NEWBURY**  
 Newbury Village Store
- ST. JOHNSBURY**  
 Anthony's Diner  
 Bagel Depot  
 Dunkin' Donuts  
 Green Mt. Mall  
 Kingdom Crust  
 Kinney Drugs  
 PettyCo Junction  
 Price Chopper  
 St. J. Coop  
 White's Market
- W. TOPSHAM**  
 Gramps Country Store
- WELLS RIVER**  
 Big Bubbles  
 Copies & More  
 P&H Truckstop  
 TJ's Lunch Counter



NOTE: Digit indicates number of pick up locations in town/village.

- WOODSTOCK**  
 Cascade Coffee House  
 Fadden's Gen.Store  
 Peg's Breakfast/Lunch  
 Truants Restaurant  
 Wayne's Deli & Meat  
 Woodstock Inn
- WOODSVILLE**  
 Bank of NH  
 Cumberland Farms  
 D&P's  
 Dunkin' Donuts  
 McDonald's  
 Shiloh's  
 Shaw's  
 Trendy Threads  
 Village Pizza  
 Woodsville Guaranty

**Not All Times Are Trendy, But There Will Always Be Trendy Times**

**Get The Word Out About Your Sale.  
 Let Everyone Know About Your Upcoming Event.  
 Let Your Customers Know You Have A New Product.  
 Advertising Is Less Expensive Than You Think. Call Today.**

Volume 7 Number 21  
 July 26, 2016  
 Not all Times are Trendy, but there will always be Trendy Times



# 7th Annual Jericho ATV Festival Kicks-off in Berlin, NH August 5-7

Berlin, New Hampshire – The 2016 Jericho ATV Festival Presented by Progressive is an ATV enthusiast's dream weekend, with approximately 6,000 people expected to attend. Now in its seventh year, the festival features mud races, demo rides, live music and delicious food. The festival takes place at Jericho Mountain State Park, which boasts more than 80 miles of trails, and is linked to the Ride the Wilds network, which includes more than 1,000 miles of interconnected OHRV trails.

The family-friendly festival hosts an assortment of fun and thrilling entertainment and activities. The Downtown Block Party is a fan favorite, complete with food vendors, music, and a beer tent for the 21+ crowd. Thrill-seekers will enjoy Keny Bartram's Steel Rodeo Tour Freestyle Show, Poker Run, and obstacle course. The festival will host several exciting new events this year, including a Music Festival & BBQ with live music, a Law Enforcement versus Fire Department Mud Race and an ATV Pull Show, testing the skill and precision of drivers and the might of their OHRVs.

"The Jericho ATV Festival Presented by Progressive is a jam-packed weekend of exhilaration and fun," said Paula Kinney, executive director of the Androscoggin Valley Chamber of Commerce. "From races to trail riding and mud galore, this is the northeast's most highly-anticipated OHRV event. The Jericho ATV Festival puts the spotlight on New Hampshire's Ride the Wilds network as the prime location in the entire northeast for OHRV riding."

Festival guests will enjoy trying out brand new OHRVs from the major dealers—Polaris, Arctic Cat, Yamaha, Can-Am, Bad Boy Off Road, Kawasaki & ROKON. On Friday night, Berlin's Main Street will fill up with OHRVs for the Downtown Block Party, featuring live music by A Shot of JD. Enthusiasts can

check out all the OHRVs and mingle with other riders on Main Street following the first day of festival activities. On Saturday night, visitors will enjoy music by New England's favorite Cover Band "Last Kid Picked" at the music festival & BBQ.

"This festival captures the contagious energy and adrenaline-filled excitement that OHRV enthusiasts bring to the North Country," said Karl Stone, marketing manager for NH Grand, the official visitor information source for the Great North Woods and the Northern White Mountains. "The Jericho ATV Festival Presented by Progressive creates a hub for OHRV fanatics to enjoy the festival and the incredible Ride the Wilds trail network. Riders will be excited to find they are allowed to drive their ATV's on many town roads along the trail network to enjoy picturesque lodging options, authentic North Country dining establishments and a variety of retail stores".

To add to the excitement and fun, one lucky winner will take home a brand-new 2016 Can-Am Outlander ATV, as AutoNorth Pre-Owned Superstore of Gorham is sponsoring a free giveaway as part of the festival. Enter for free at <http://autonorth.net/forms/free-atv-giveaway>. The winner

will be announced during the festival on Saturday, August 6.

Additional festival events include:

**Poker Run** - sponsored by the Androscoggin Valley ATV Club & Progressive – jam packed with prizes!

**Mud Pit Grudge Runs and Races** – prepare to be covered head-to-toe in mud by the end of your course.

**Youth ATV Simulator** – a safe way for kids to familiarize themselves with the mechanics of an ATV before their first ride.

**Progressive® FLO-TUM Pole Chainsaw Carving** – impressive carvings created with a chainsaw.

**ATV Torch-Lit Parade** – taking place at dusk at the Downtown Block Party on Main Street.

**FREE ATV Wash** – sponsored by Progressive! Admission costs \$10 Friday and Saturday, \$5 Sunday with children under 6 free. As always, Berlin's streets will be open to OHRVs for the weekend. A free shuttle will run all day Friday and Saturday to the grounds from designated parking areas. Visit <http://www.nhgrand.com/signature-events/jerichofestival.aspx> or visit the Jericho ATV Festival Facebook page for a schedule of events and more information.

# I Love Collaboration

I love collaboration. It's a way to maximize and multiply the reach of your work, allows you to access skills and expertise you otherwise don't have, and builds and reinforces the communities, partnerships and friendships around you. I see its positive effect all over---from the communities I work with, to businesses I frequent, to the organizations I meet. Collaboration can, and often does, work.

This past June, I was fortunate to go to a national joint conference of university extension community development professionals and natural resource professionals. Together we gathered in Burlington, Vermont for four days of peer-to-peer learning, sharing, and networking. At the event, my own University of New Hampshire team, was honored with an award in programming excellence and one of the programs I've been co-developing, the 1st Impressions Program, with my colleague Casey Hancock, was presented at two workshops! But it wasn't the cool award or multiple presentations at a national conference that really wowed me, it was the collaborative spirit of natural resource professionals and community development professionals coming together. It was the boots-on-the-ground development of professional

relationships and partnerships between a diversity of folks from across the nation. It was the back-of-the-napkin project idea and collaboration generation happening over lunch or a quick bite to eat. It was the development of community, development of collaboration, development of friendships that truly impressed me.

Collaboration can work, and when it's done right, it can spark innovation and expand capacity. My own collaborative efforts have given me the ability to offer new and innovative programming and access a wealth of academic and experiential knowledge that immediately lend themselves to the questions, challenges and opportunities of our region. I simply cannot do it all on my own, nor would I want to. Are you with me? Are you, partner?

*The author, Geoffrey Sewake, is a Community & Economic Development Field Specialist for the UNH Cooperative Extension out of the Grafton County office. You may contact Geoffrey at (603) 787-6944, or at [geoffrey.sewake@unh.edu](mailto:geoffrey.sewake@unh.edu).*

*The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. University of New Hampshire, U.S. Department of Agriculture and N.H. counties cooperating.*



**OUR MISSION:**  
To provide support for stray and unwanted dogs in our communities and to attend to their needs while looking for their forever homes.

  
PO Box 98, Franconia, NH 03580  
603-823-7077  
atnhs.email@gmail.com  
www.atnhs.org

**ABOVE THE NOTCH**  
HUMANE SOCIETY

## Senior Feet

Foot Care For Age 55 & Older



**Beverly Sinclair**  
Registered Nurse  
802-449-7385  
bev@sinclair-chiro.com  
www.bevseniorfeet.com  
183 North Main St  
Bradford, VT



## Estate Auctioneers and Appraisers

Specializing in On-Site Auctions and Estate Appraisals Antique to Modern

# Steenburgh

779 Jeffers Hill Road • Pike, NH 03780 • 603-989-5361  
josh@steenburgh.com • www.steenburgh.com

## Stockley Trucking

405 SOUTH MAIN ST. LISBON, NH 03585

### Buying

Copper • Brass  
Aluminum • Light Iron • Etc.  
Metal Recycling • Junk Cars

Don't Just Throw Metal Away!

CALL FOR PRICES – 603-838-2860  
Monday - Friday 7 AM - 4 PM • Saturday 7 AM - 12 Noon

**OVER 2000 BROKEN-IN TIRES**  
MANY SETS OF 4



**CANON TIRE**  
1-91 Exit 8, Acutney, VT  
802-674-5600  
NEW TIRES TOO!!!

## Hood's Plumbing and Heating Inc

Complete Plumbing & Heating Systems  
Bathrooms & Water Conditioning

24-Hour Emergency Service For Our Customers

Free Estimates

**CHRIS DELLINGER**  
NH #2712 • VT #PM3036  
603-787-6600 • 603-787-6838 Fax  
PO Box 368 • North Haverhill, NH

Give Us A Call!



Serving: Woodsville, Bath, North Haverhill, Haverhill, Lisbon, Littleton, Lyman, Landaff, Benton, Pike & Wells River.

**TIMBERWOLF RUBBISH REMOVAL**

Residential & Commercial Services Available  
10 Holly Street, Woodsville, NH • 603-747-8974



# Lyme Disease Revisited

Lyme disease is a condition that affects as many as 20,000 Americans every year, according to an article by Suzanne Arthur in "Townsend Letter": The Examiner of Alternative Medicine" entitled "Effectiveness of Samento, Cumanda, Burbur and Dr. Lee Cowden's Protocol in the "Treatment of Chronic Lyme Disease." Banderol Bark Extract has been used in Peru to treat malaria for a long time, and now has found to be effective against Lyme Borrelia. Herbs such as Samento, Cumanda, Burbur and Quina may work too, according to the article. Banderol is a recommended substitute for people who are sensitive to Cumanda, Quina or Samento or who may have built up a tolerance. Long-term antibiotics often help Lyme disease sufferers, but Dr. Cowden says that recurrences happen often with antibiotics.

Lyme bacteria may also cause Cardiovascular disease, Multiple Sclerosis, amyotrophic lateral sclerosis, autism, Parkinson's, gastrointestinal diseases, neuro-degenerative and cardio-arrhythmias says Dr. Cowden. Using Banderol to fight Lyme disease may prevent these other diseases. Dr. Cowden recommends a detox program and the use of herbal anti-microbial protocols that may include Banderol to prevent chronic illnesses caused by Borrelia.

Most documentation that I have found indicates that many Lyme sufferers also are hosts to the Epstein Barr virus, meaning these individuals also suffer from Chronic Fatigue/Fibromyalgia with Arthritic symptoms.

Cat's Claw Bark is indicative for the Arthritis symptoms as it is a rich source of sterols, chemical compounds that are closely related to steroids. Animal studies have found that the herb reduces swelling by approximately 50%. Cat's Claw can effectively detoxify the intestinal tract and replenish friendly bacteria. Most bowel disease are due to a disruption in this beneficial flora. If intestinal flora are not properly balanced, this can affect the immune system. The immune-stimulant effects of Cat's claw allow it to fight Lyme disease and sinusitis, speed the rate at which the immune system gets rid of cold viruses, and act against Helicobacter pylori, a bacterium associated with both gastritis and peptic ulcers. Cat's claw helps

the body produce T cells and other white blood cells in normal numbers. This prevents excessive immune stimulation that can provoke herpes outbreaks or give human immunodeficiency virus opportunities to become drug-resistant. 1 teaspoon 3x daily. Wait 5 minutes before consuming water.

Echinacea Purpurea greatly increases activity of NK (Natural Killer) cells and inhibits secondary infections. Echinacea Purpurea acts against Candida Albicans, the micro-organism that causes most yeast infections. Echinacea acts by stimulating the immune-system cells known as macrophages to engulf and consume yeast cells, but not increase the numbers of immune cells overall. The advantage of keeping the number of macrophages constant is that it helps to avoid inflammatory reactions that can accompany infection. Echinacea is useful in treating people with Lyme disease and Chronic Fatigue syndrome because yeast infections often cause or accompany symptoms of these disorders. ½ teaspoon 3x daily for 3 weeks, break for 3 weeks, keep cycling 3 on 3 off. Wait 5 minutes after dosage before consuming water.

Panax American Ginseng like Echinacea Purpurea increases the activity of NK cells in chronic fatigue and Lyme disease. Ginseng helps to support the normal functioning of the hypothalamic-pituitary-adrenal axis, which may be helpful for the relief of fatigue and the effects of stress. Ginseng has been found to improve almost all indicators of psychological health in people with Chronic fatigue, especially levels of attention and concentration. 1 teaspoon 3x daily, wait 5 minutes before consuming water.

Kudzu (Pueraria Lobata) increases circulation, an action that tends to reduce muscle pain and stiffness. It has traditionally been used for respiratory infections. Kudzu relieves tension in the muscles of the face and neck. The herb also acts directly on viral infections that produce muscle pain. 650 mg. capsules; dosage 2-4 daily with 8 oz water between meals.

Licorice root (Glycyrrhiza Glabra) helps to prevent the progression of neurological symptoms and counteract Chronic fatigue. Consume potassium-rich foods such as bananas or citrus juices, or take a dandelion root sup-

plement, daily when taking this herb. ½ teaspoon 3x daily for 6 weeks, then take a 2 week break

Maitake mushroom (Grifola Frondosa) stimulates immune function and fight infection; provides nutritional support by enhancing the body's absorption of micronutrients through the intestine. This is especially true for copper, and increasing copper absorption also increases the absorption of zinc, a nutrient that often is not readily available to the bodies of people with Chronic fatigue.

Scullcap (Scutellaria Bicalensis) an anti-bacterial and anti-viral; prevents the activation of the human T cell leukemia virus and Epstein Barr Virus from their dormant states. EBV causes mononucleosis, and has also been associated with Chronic fatigue and some forms of cancer. Scullcap's high zinc content also is helpful in fighting chronic fatigue. 1 teaspoon 3x a day, wait 5 minutes before consuming water.

Shiitake mushroom (Lentinus Edodes) is useful for low natural killer syndrome (LNKS), a disease that causes disabling fatigue. Shiitake treatment has been successful in reversing symptoms, including remittent fever, persistent fatigue and low NK cell activity. The ability of this type of therapy to stimulate NK cells also make it valuable in the treatment of Lyme disease. 650 mg. capsule, take once daily, with water.

Siberian Ginseng (Eleutherococcus Senticosus) stimulates the activity of several immune-system components: B & T cells, which direct the immune system response to infection; macrophages, "germ-eating" cells that attack bacteria; and interferons, which "interfere" with every stage of viral infection.

½ teaspoon 3x daily, wait 5 minutes before consuming water.

Milk Thistle Extract (Silybum Marianum also known as Carduus Marianus), protects the liver by preventing the entry of virus toxins and other toxic compounds and thus preventing damage to the cells. Milk thistle increases the production of bile, a fluid created in the liver that helps break down fats in the small intestine. 1 teaspoon 3x daily, wait 5 minutes before consuming water.

Bromelain (Ananas Comosus) A protein digesting enzyme found in the stem and fruit of the pineapple

plant is best known for as a digestive aid and for its anti-inflammatory effects after traumatic injuries and surgery. It contains three plant enzymes- Lipase, Amylase & Protease, all to improve nutrient absorption. Bromelain "releases" inflammation by breaking down proteins in swollen tissues. It also helps the digestion of proteins, stops blood clot formation, and has anti-viral properties. Bromelain is used to treat heart disease, arthritis, upper respiratory tract infection and Peyronic's disease, which affects the genitourinary tract. 650 mg. per capsule, dosage = 1 capsule with each meal.

\*\*\*Eat plenty of garlic – it is a natural antibiotic and immune-booster.

Green Tea Capsules (Camellia Sinensis) provides both a stimulant and an antioxidant with a diversity of healing applications. The polyphenols in green tea are potent antioxidants. Researchers have found that one of the polyphenols, designated epigallocatechin gallate (EGCG) is over 200 times more powerful than the renowned antioxidant vitamin E in neutralizing free radicals. Also, green tea increases energy, which may make it useful as part of a weight-loss program. Benefits include: Asthma, Atherosclerosis & high cholesterol, Breast cancer, Endometriosis, Fibrocystic breasts & Ovarian Cancer. 650 mg. capsules, take 2-4 capsules daily with water, between meals.

Red Root Extract (Ceanothus Americanus) Red Root stimulates lymph and inter-tissue fluid circulation and is effective on tonsil inflammations, sore throats, enlarged lymph nodes and for shrinking non-fibrous cysts. It also has astringent properties useful in stopping menstrual hemorrhage, nosebleeds, bleeding piles, hemorrhoids and capillary ruptures from vomiting or coughing. Red Root reduces inflammation in the Spleen, Liver, Pancreas & Kidneys. ¼ teaspoon 3x a day, wait 5 minutes before consuming water.

Ashwaganda Root (Withania Somnifera) An Ayurvedic tonic Adaptogen herb used since Ancient times to promote health and vitality. Regularly used to enhance immunity and to treat inflammation; used to treat debility and most degenerative diseases; relieves aches and pains associated with Arthritis. A specific in Chronic Fatigue, Epstein Barr and oth-

er auto-immune diseases; used to treat loss of memory and nervous disorders. ½ - 1 teaspoon daily, under tongue. Wait 5 minutes before consuming water.

\*\*Fresh\*\* Motherwort (Leonurus Cardiaca), A heart tonic that improves blood flow, also used in treatment of female gland and hormone disorders. As a menstrual and uterine tonic to relieve cramping, delayed or stopped menses, and to support the female organs during menopause; a primary heart tonic for high blood pressure symptoms and palpitations. A specific in all stress-related heart disease. If Motherwort is taken within the first 10 days after a tick bite, it will prevent secondary viral infections. ½ - 1 teaspoon 3x daily, wait 5 minutes before consuming water.

Compounded Chinese Astragalus Root (Astragalus Membranicus), Chinese Ligustrum Berry (Ligustrum Lucidum) & Chinese Schizandra Berry (Schizandra Chinensis) is a recommended compound to bring support to all deep immune functions and activated cellular immunity. Use as an adjunct in the treatment of Cancer, Arthritis, Lupus, Blood disorders, Anemia, Epstein-Barr Virus (EBV). Excellent for recurring cold/flu infections which prevail chronically throughout the winter. 30-40 drops 3-5x daily, wait 5 minutes before consuming water. When treating EBV, Best results are achieved when used 4-6 months or longer. \*\*\*When treating for Lyme's disease, one can become resistant to Astragalus Root, this is rare, take in cycles (30 days on 30 days off).

Compounded Lomatium Root (Lomatium Dissectum), Pau D'Arco Bark (Tabebuia Impetiginosa), Oregon Grape Root (Berberis Aquifolium), Black Walnut Hulls (Juglans Nigra), St. John's Wort (Hypericum Perforatum), Scullcap (Scutellaria Latiflora), Chinese Schizandra Berry (Schizandra Chinensis), Essential Oil of Cinnamon. Specifically indicated in the treatment of chronic viral infection including Epstein-Barr Virus (EBV), hepatitis, shingles, mononucleosis and other liver viruses. Dosage: Start with 1 Tablespoon, wait 5 minutes before drinking water. Continue on day 2 with 1 teaspoon 3x daily.

*Melanie Osborne is the owner of Thyme to Heal Herbs and practices on Route 302 in Lisbon, NH.*





Charlie, Mark Garfield's seven-year-old Chihuahua, is a recipient of the NEK Council on Aging's Pets for Life food program for all domesticated companion animals whose owners receive Meals on Wheels. Charlie and Mark strike a pose with the Council's new RSVP Volunteer Coordinator, Karen Budde (boo dah). She's helping a table Aug. 7 from noon to 4 p.m. at the Summer Dog Party on Dog Mountain in St. Johnsbury, where she hopes those who want to donate to Pets for Life or help make deliveries will say hello. If you can't make it, but are interested in volunteering, please call Karen at 800-642-5119.



Volunteers from the Cohase Lions Club manned the SAG (Stop and Go) station for the recent Prouty fund-raiser as bikers traveled through Woodsville. Shown above (l to r) are Lions Dan Brady, Richard Thompson, Robert Fagnant and Roger Fournier who coordinates activities at this stop each year for the Lions Club.

# Changing Society's Perspective

*Editor's Note: This is the third in a series of articles written by local people who some would call disabled. But they would like to change that title and change that perspective.*

*We encourage anyone with comments, or perhaps a story of your own, to send us a note. Or simply send a question that you would like answered and we will do our best. After all, that's all that any of us can do.*

## ALS Article

by Lois Zambon  
South Ryegate, VT

I was diagnosed with ALS, also known as Lou Gehrig's, 6 years ago.

ALS is an abbreviation for amyotrophic lateral sclerosis. This basically means that your muscles cannot receive information from the spinal cord and eventually are unable to move. ALS usually affects the muscles in the legs, arms, mouth and throat, not everyone has all these problems.

ALS is a progressive disease with no known cure or cause. It is not contagious and not many people get this illness and it usually affects adults between 40 and

70 years of age.

Remember the ice bucket plunge? The money is used for ALS research answers are difficult to arrive at but there are ongoing trials

Many things have stayed the same for me as they do for other people with ALS. We still feel pain when we are hurt or have to sit in one place for a long time. We can hear...see...and think... Even if talking is difficult for us. We sometimes get angry when we cannot do simple things for ourselves, like getting dressed, going to the toilet, or scratching an itch. We may become irritable and mad because we have to ask for help.

Since my diagnosis I have progressed from weakness in my hands to being unable to use my arms and I am having difficulty walking.

So how do I live with the knowledge that I won't be getting any better, only worse. I find support for myself in my faith, family, friends. I belong to a very supportive group for autoimmune diseases. It is great to talk to other people who understand the issues you face, companionship is vital. I'm able to continue exercising, thanks friends. This

I believe has allowed me to have more mobility longer in my body. It is also very relaxing for me to look out my window and enjoy the views and the changes daily that happen outside. Relaxing, meditating, whatever you want to call it is important to be able to refresh yourself. Very important is a positive attitude. How do I try to maintain such an outlook on life? I read mostly happy books, watch movies and programs that bring a smile to my face, listen to light happy songs, Music, listen to children laughing whatever it takes to not dwell on your problems. If I'm really having a bad time I make myself smile. Just the act of putting a smile on your face does improve your attitude

I would like to encourage you today or in the future when you are eating ice cream or a hamburger, rolling over in bed, petting your dog, hugging a child realize what a pleasure that is. Take a moment to think what it would be like never being able to do those things.

Remember that the person is still the same underneath as they were before ALS started.

Not all Times are Trendy, but there will always be Trendy Times

July 26, 2016

Volume 7 Number 21

**Dependable Local Weather Forecasts !  
Experienced, Local Meteorologists !  
Every Hour, Every Day !**



Your Country, WYKR-101.3FM Weather Team

Steve Maleski — Mark Breen — Lawrence Hayes  
Fairbanks Museum — St. Johnsbury

**STAY UP TO DATE WITH THE LATEST WEATHER FOR NORTHEAST VERMONT AND NORTHWEST NEW HAMPSHIRE.**

**EXPLODE YOUR BUSINESS**  
**ONLY \$60**  
2x5 Black & White  
**REACH OVER 8,000 HOUSEHOLDS!**  
50% Discount For Non-Profits

Contact Gary Scruton at  
**TRENDY TIMES**  
603-747-2887 or by email at gary@trendytimes.com  
www.trendytimes.com

**Puffer Broadcasting, Inc.**  
WTWN AM 1100 "The River of Life"  
WYKR 101.3 FM / WTWN AM 1100  
P. O. Box 675 / 1047 US Route 302  
Wells River, VT. 05081-0675  
(802) 757-2773 / (603) 747-2770 / Fax: (802) 757-2774  
www.wykr.com

**MOODYRADIO**  
Where you turn. For life.





by Ronda Marsh  
If you would like to reach Ronda, you can email her at [trendychefronda@gmail.com](mailto:trendychefronda@gmail.com)

## Southern Wilted Lettuce Salad

Let me preface this article by asking that you overlook the word "Wilted" in the title. To me, wilted has always inferred something on the verge of spoiling, or not quite up to par. I know that until I tried this salad, I certainly wouldn't have given any recipe with wilted anything in it a second glance. As a matter of fact, I was so convinced I wouldn't like it, I almost didn't even want to try this recipe. In retrospect, that would've been a really big mistake. I tried it; I love it, and I'll be making it again!

It all began when my friend, Leslie, and I were bemoaning the travails of cooking in this hot summer weather, and she mentioned having had something called a Wilted Lettuce Salad many years ago. So I started looking around the internet (admittedly more for her edification than mine), and discovered there is a whole history of these simple salads dressed with a hot vinaigrette and served as a light summer meal. The idea probably originates from a variety of Hot German Potato Salad-type recipes brought to the Carolinas by Eastern European immigrants and adapted to incorporate the abundance of lettuces available there in summer.

So one very hot evening recently, Les came over, and



together we assembled "The Salad" (note I intentionally left out the word "wilted!") I took a small serving initially, but after the first couple bites, I found myself becoming more and more taken with the combination and contrast of flavors and textures. I helped myself to 2nds, and 3rds, as did Leslie, and suddenly, we realized we'd finished off a salad intended to serve four to six people. So much for my disdain for the whole "wilted" aspect...I'm now a big fan, and if you try it, I know you will be, too!

- 4 strips thick-sliced bacon, diced
- 6 little new potatoes, in 1/4" slices
- 2 scallions, sliced thinly
- 1/4 cup vinegar (white or cider)
- 2 Tablespoons water

- 2 teaspoons sugar (light brown or regular white)
- 1/4 teaspoon each, salt and pepper
- 1 egg, hard boiled and sliced
- 6 to 8 cups of lettuce, washed, dried, & torn bite-size
- OPTIONAL: Whatever other salad veggies you prefer...tomatoes, cukes, etc.

In a skillet, cook diced bacon till crispy over low heat to render fat. Remove bacon pieces and set aside. To the fat in the pan, add the potato slices, salt and pep-

per to taste, and cook until just cooked through. Remove. If necessary, add a bit of olive or Canola oil to pan, to equal 2 Tablespoons, total. Add scallions, vinegar, water, sugar, salt and pepper. Bring just to a boil to dissolve sugar. Place lettuce in a large bowl, top with the potatoes and bacon bits. Pour the hot dressing over all, toss lightly and garnish with egg slices. Serves 6-8 people (unless it's me and Leslie...then it only serves 2!)

Pure Envy Salon  
(802) 626-8000  
32 Depot Street  
Lyndonville, VT 05851  
[pureenvysalon32@gmail.com](mailto:pureenvysalon32@gmail.com)

# Nightingale PAWN SHOP

**PAYING CASH FOR GOLD, SILVER AND GUNS**

Including Broken Jewelry & Coins

OPEN  
Monday thru Saturday 10 AM - 5 PM  
21 Bishop Cutoff, Lisbon, NH 03585  
Corner Rt. 302 & Lyman Road  
**603-838-2444**

Enjoy the Beautiful Connecticut River from the comfort of a Pontoon Boat

Rental fee starts at \$75.  
Half Day & Full Day rentals available

Contact Byron at The Pastures Campground Orford, NH  
Call 603-353-4579 or [www.thepastures.com](http://www.thepastures.com)

New Homes From

## CREASER REALTY

St. Johnsbury, VT (802) 748-3033  
[creaser1@gmail.com](mailto:creaser1@gmail.com)

Building a new home? Quality Huntington Homes local Vermont factory - the very best custom modular - all styles - or design your own plan  
2x6 Construction - Andersen windows - CDX Plywood

26x36 Cape  
w/2 dormers  
\$92,000 - Cabot Plan

26x48 Ranch  
w/3 bed - 2 baths  
\$99,000 - Lane Plan

Above Prices Delivered to your foundation

## CustomSUPPORT

We're here to help you!

[www.customsupport.com](http://www.customsupport.com)

- Windows and Mac Installation & Repair
- Virus & Malware Removal (PC Tuneup)
- Network Installation & Configuration
- Website Design & Maintenance

227 Cross Road  
Bradford, Vermont 05033  
802.222.4460  
[paul.hunt@customsupport.com](mailto:paul.hunt@customsupport.com)  
[john.hunt@customsupport.com](mailto:john.hunt@customsupport.com)

Not all Times are Trendy, but there will always be Trendy Times July 26, 2016 Volume 7 Number 21