

A FREE PUBLICATION

Next Issue: Tuesday, November 14

Deadline: Thursday, November 9

TRENDY TIMES

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OCTOBER 31, 2017 VOLUME 9, NUMBER 2

Online Voting Opens for Possible 2nd Levitt AMP St. Johnsbury Music Series

"All right, here we go!" Catamount Arts executive director Jody Fried says with a brisk clap of his hands. He just learned that the Levitt Foundation of Los Angeles has accepted Catamount's proposal for a 2018 live music series. St. Johnsbury is now officially in the running for a \$25,000 matching grant, courtesy of the Mortimer and Mimi Levitt Foundation, toward a second free concert series at Dog Mountain. The proposal's just the first step, however. To secure funding, Catamount's proposal needs to earn more online votes than competing proposals from small cities and towns nationwide.

St. Johnsbury was the smallest town to submit a proposal last year, but se-

cured more than enough votes to earn a coveted spot among the top five proposals and win one of fifteen grants awarded by the Levitt Foundation. Other winning proposals came from Santa Fe, Chattanooga, Carson City, and Greensboro, North Carolina, towns with populations ranging from 55,000 to 287,000 people. St. Johnsbury's population is fewer than 6,000, and the entire Northeast Kingdom is maybe ten times that.

"This just proves it's not about the size of the city," Fried says. "It's about the community. Do they want free live music? Are they willing to vote and get their friends to vote, will they walk the walk? And here in the Kingdom, the answer is yes." That's how the 2017 Levitt AMP St. Johnsbury Music Series came to Dog Mountain, draw-

ing about 900 concertgoers (and their dogs) every Sunday afternoon all summer to see free live music.

The Mortimer and Mimi Levitt Foundation, dedicated to strengthening the social fabric of America through free live music, challenges non-profit agencies to transform underused public spaces into thriving community destinations. Two key features of the Levitt AMP grant application ensure community involvement: the matching grant and the online voting process. The matching grant means that agencies applying for a \$25,000 Levitt AMP award must raise an additional \$25,000 on their own. The online voting process means that each Levitt AMP Series is demonstrably supported by community members. It's not enough, then, to have the money; community members

must participate by voting online for the project.

The 2017 Levitt AMP St. Johnsbury Music Series was "community-driven from day one," says Fried. "When we asked people to come and show the Levitt reps some love, they came," he adds, referring to a visit from Levitt Foundation staffers to one of the Dog Mountain concerts. "When we asked people to share their photos, they flooded the internet. The whole community has really taken ownership of this series. It's amazing to watch." Catamount Arts and Friends of Dog Mountain staffers are already coordinating outreach strategies to campaign once again for enough community support to bring a 2018 Levitt AMP St. Johnsbury Music Series to



town. Community members, friends, and families can vote online at the Levitt AMP website as soon as the voting period opens on November 1st. The process requires voters to log into the Levitt Foundation site and only takes a few minutes. "We'll have instructions online, in the newspaper, everywhere," Fried promises. "And don't worry: we'll remind you when it's time."

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TRENDY
Dining Guide
www.trendytimes.com

Bliss Village Store

by Gary Scruton

There are several eateries in the little village of Bradford. But don't overlook one of the oldest spots to get some great food when you are in need. The Bliss Village Market is located right on Main Street and offers a great deli counter, a flat grill, a pizza oven, ice cream and a few other options. Not only are all of these food ideas available to take home, but there is also seating in the back of the store (and out front on the sidewalk when the weather allows).

Our recent visit came on a late Sunday afternoon (right after going to the Old Church Theater). There were three in our party on this trip and we went in the front door

and around the corner to the deli counter. There we found a gentleman behind the counter ready to take our order and prepare our choices. We gave him a bit of a work out as well.

Our friend Kathy ordered a traditional cheeseburger with sweet potato fries. I need to mention that after we were seated and had waited for a few minutes the gentleman came out to us to tell Kathy that they were out of that particular style of fries. He rattled off a few other choices and Kathy settled on the beer batter coated fries.

Janice looked over the choices and finally settled on a seafood salad sub. With that she got onion rings.

Meanwhile I had, long be-

fore arriving, decided to go with the Sunday special at Bliss Village Store, a large pepperoni pizza for \$8.00.

After our orders were placed we went to one of the many upright coolers and each found a beverage. The nice thing here is that you can pick from a very large variety of soda, water, ice tea and other cold drinks. Our group got one water and two ice teas.

As mentioned earlier the counter man came out to get Kathy's second choice. Not long after that all three meals came out at one time.

Kathy's burger was cooked to her liking. The beer battered fries were more crunchy than normal fries according to her, and that's just the way she

likes them. So they passed her test very well.

Janice's seafood sub was served on a long bulky roll and had a good amount of what may have been freshly made seafood salad. She noted that it had some big pieces of crab meat along with the mayo and other ingredients. Her onion rings were also crunchy on the outside and soft in the middle. Both ladies finished their meals and had no need to think about desert.

I also had no need for desert. As mentioned I had ordered a large pepperoni pizza. I did so with the thought that some of it would be going home with me to make Monday lunch a snap. Bliss' large size pizza is indeed large. Of the eight pieces I ended up bring five of them home. The three I ate had a nice soft crust that was not too big, but also not too small. There was a plentiful amount of pepperoni on each piece of pizza as well. At this writing I have not yet tried the leftovers, but I certainly look forward to tasting them again.

When the three of us were finished eating I went back

to the counter to get a take home box. We also gathered up our baskets and plates and put them in the dishpan near the entrance to the eating area so that the staff could later retrieve them. We then headed up front with our deli slip and the three beverage bottles to check out.

The total cost of our meal and beverages was \$34.08 which included the tax.

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October 31, 2017

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NEK Businesses Urged to Pass on Good News About Their Companies, Nominate Candidates for Employee Honors

Have some good news to report about your business? The Northeast Kingdom Chamber Business Celebration will be held on Dec. 12 and we would like to include more regional business achievements at the event.

"An integral part of the celebration has always been collecting business news from throughout the area," said Darcie McCann, executive director of the Northeast Kingdom Chamber, "but we need companies and organizations to send us ahead of time as many highlights of the year and achievements as possible." The chamber will be accepting news until the week before the December event.

This year's celebration will include planned speakers from area businesses as it has since the event was established 23 years ago, and a town meeting portion, where people can get up and speak about their companies from the floor. A few awards will also be pre-

sented. The chamber will be accepting nominations for its employee achievement awards. The deadline to nominate an outstanding employee for the celebration is Nov. 22.

The Employee Achievement Award honors those workers who go above and beyond the call of duty to help their companies and fellow employees to make their respective business a special place to work. Those nominating candidates for this award can contact the chamber on how to best send in your nomination.

"We have really tried to focus on highlighting outstanding employees in the past few years, as they are the heart and soul of their companies," said McCann. "We will once again strive to keep the identities of the recipients secret up until the announcement at the celebration, as it has really added a special aspect to the event."

The Business Cele-

bration, organized by the Northeast Kingdom Chamber, also includes representatives from other area chambers. The NEK Chamber continues to expand the reach of the celebration, as the regional chamber covers the tri-county region. Consider sending your news and nominations from all corners of the Kingdom.

Community members and individuals are invited to attend this festivity, which is held from 11:30 a.m. to 1:30 p.m., as it is an opportunity to acknowledge many local businesses and celebrate the Northeast Kingdom as a place to do business.

The event has received major sponsorship from the Northeast Kingdom Chamber with corporate sponsorship from Lyndon State College, Community National Bank, Passumpsic Savings Bank, Union Bank and the Burke Area Chamber.

For reservations or more details on how to get involved in the event, contact the Northeast Kingdom Chamber at 2000 Memorial Drive-Ste. 11, St. Johnsbury, VT 05819; call 802-748-3678; or e-mail at director@nekchamber.com.

Cohase Chamber Seeks Nominations for Business & Citizen Of The Year

The Cohase Chamber of Commerce is currently seeking nominations from the public for its annual Business of the Year and Citizen of the Year awards. These awards are presented to businesses and individuals who have had a significant impact on the regional community and will be awarded at the Cohase Chamber Annual Meeting on January 22. The deadline for submissions is November 30, 2017.

Last year, Wells River Chevrolet received the Business of the Year award and Connie Philleo and Claude Phipps of Newbury, VT received the Citizen of the Year award.

Nominees for both awards must meet certain requirements. For a list of

these requirements as well as nomination forms, please visit www.cohase.org and click the COY/BOY Nominations button at the top of the screen or contact the Chamber by email at cohasechamber@gmail.com or by phone at (802) 518-0030.

The Cohase Chamber of Commerce serves the beautiful Cohase region which encompasses the Vermont towns of Newbury (which includes Newbury Village, Wells River village and West Newbury village), Bradford, and Fairlee and the New Hampshire towns of Haverhill (which includes Haverhill Corner village, North Haverhill village, Pike village, and Woodsville village), Orford, and Piermont.

November at Court Street Arts Offers Fun for All

Kicking off the month of November at Court Street Arts is Quebec's Le Vent du Nord, blazing a path that connects their Québécois roots to the wider world and picking up acclaim along the way. This celebrated band full of energy and mirth will take the stage on Friday, November 3 at 7:30pm (cafe opens at 6pm serving dinner and drinks). Le Vent du Nord have become compelling Francophone ambassadors, winning critical acclaim and audience adoration across the globe and racking up several prestigious awards, including two Junos (Canada's Grammys), a Canadian Folk Music Award, and "Artist of the Year" at the North American Folk Alliance Annual Gala.

Classical music lovers are in for a treat on Sunday, November 5th at 2pm when Camerata New England takes the stage. Since 2009, the ensemble has been providing communities in New England access to professional, live musical experiences of the highest quality and bringing audiences closer to the heart of extraordinary classical music. The program will include Bach, Mahler, and Dvorak featuring Omar Chen Guey, violin; Andrew Eng, viola; Linda Galvan, cello; and Evelyn Zuckerman, piano.



Cutline: November is hopping at Court Street Arts with the popular Le Vent du Nord taking the stage on Friday, November 3rd at 7:30pm, the rich classical sounds of Camerata New England on Sunday, November 5th and Brunch, Beats & Silent Auction from 11am - 2pm on November 12th, an event joining food, music, visual arts and great prizes to win.

Court Street Arts combines a love of food, music, and the visual arts into an extravaganza set for November 12th from 11am - 2pm at the Brunch, Beats, & Silent Auction. Feast on culinary delights, take in a beautiful watercolor exhibition and music while bidding on great items including gift certificates to local eateries,

chartered sailing trips, other getaways and much more!

To reserve tickets for upcoming events, contact 603.989.5500, email info@alumnihall.org or online at courtstreetarts.org. Thank you to Bliss Tavern Music for continued support in bringing extraordinary music to the region.

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Unexpected Session Day

The New Hampshire House of Representatives will meet in full session on November 2 and 30. November 2 is called "Veto Day," the day in which the Governor's veto of HB 86, a bill relative to granting zoning ordinances will be acted upon. The November 30 session is somewhat unexpected. As some may be aware, Governor Sununu recently asked House Speaker Shawn Jasper to submit his application for the position of Commissioner of the Department of Agriculture, Markets and Food. The Agriculture Department vacancy is due to current Commissioner Lorraine Merrill's decision to retire.

"It has been a real privilege to serve the people of New Hampshire as Commissioner of Agriculture," said Lorraine Merrill. "These 10 years have brought challenges, but also opportunities—and renewed awareness of the importance of local farms and foods for our communities and our state. I will especially miss the dedicated, hard-working team of professionals I have had the honor of serving with at the Department of Agriculture." Small and large farms throughout our state recognize Commissioner Merrill's dedication to agriculture,

and this is especially true in Haverhill and our surrounding area. She will definitely be missed; however, she looks forward to returning to the family's Stuart Farm, a 370-acre dairy enterprise with 260 milking cows and 200 head of young cattle located at the edge of the Great Bay Estuary. We wish Lorraine the very BEST!

It is difficult to replace a person of Commissioner Merrill's caliber and farming knowledge, and that is why Governor Sununu is tapping the farming expertise of current Speaker Jasper. In a recent statement to the media, Speaker Jasper said, "I am hoping that I can continue the good work of Commissioner Lorraine Merrill and to serve the people of this great state by guiding the agriculture community in the future. It is not a position that I sought out; however, it is the only position for which I would even consider stepping down as the Speaker of the House, a role that I have cherished." Shawn Jasper is also a farmer engaged in the business with deep farming New Hampshire roots.

So, within the past few days, NH agriculture loses a wonderful commissioner, but possibly gains a new commissioner who also has leadership skill and the

knowledge needed to continue and expand upon Commissioner Merrill's goals for growing and marketing local produce. On the other hand, the New Hampshire House must now move forward and elect a new speaker for the remainder of this session. The Governor's announcement to consider and recommend Shawn Jasper as the next commissioner lit the fuse for another contentious round of speculation and challenges for the speaker position. It is no secret, that there are some in the Republican Party who are disgruntled with the manner in which Speaker Jasper worked across the aisle to reverse House conflict when he won the position following Bill O'Brien's speakership tenure. This discourse has quietly and sometimes not so quietly continued during the past three years.

As of this writing, six NH House Representatives have entered the race to become House Speaker if Shawn Jasper is confirmed by the Governor's Council as the next Commissioner of Agriculture, Markets and Food. The speaker's job is to lead the entire House, not just one party. He or she is responsible for the assignment of members to standing and statutory committees as well as many organizational functions with state government. The six candidates vying for the position have all said committee chairman positions would not be changed at this time.

There will be a Republican caucus on November 28 in which that party will narrow the field to one candidate for the speaker position. Republican State Committee Chairman, Jeanie Forrester is confirmed to participate as presiding officer of the caucus on that day.

Respectfully Submitted,
Rep Rick Ladd
Chairman, House Education

Publishing & Promotion Tips at WREN in Bethlehem

Bethlehem, NH - Author of the "Penny Punks" sagas, Kyle Newton has been selling his books on Amazon for years and has even struck #1 on that sight for his sales! Join him at WREN in Bethlehem on Thursday, November 9th from 5:30 -7pm for a workshop on topics such as organizing and building story drafts, how to make contact with traditional publishers, how to self publish, and which of these makes the most sense for any situation.

Attendees will learn how to formulate query emails to traditional publishers designed to attract the ones the writer is after. Students will leave the workshop with the names of more than 50

active publishing houses and with tricks of the trade for independent publishing.

WREN is a nationally recognized not-for-profit that supports entrepreneurial growth, access to markets, Main Street revitalization, and rural economic development. WREN inspires possibilities, creates opportunities, and builds connection through community and is dedicated to bringing rural people together to realize better lives and livelihoods by providing resources, education, and opportunity. For further information or to register, call (603) 869-9736, email at wrencentral@gmail.com, or reach us on the web at www.wrenworks.org.

Littleton Food Co-op Announces Partners of the Month for 2018

Every year the Littleton Food Co-op chooses 12 local chapters of non-profit organizations, doing wonderful community work, for fundraising partnerships. During the first ever Partner of the Month Fair more than 20 organizations vied for the 12 slots. Community members were able to meet local representatives and learn more about each potential partner. Littleton Food Co-op customers and employees have voted for the following partners for 2018:

- Boys and Girls Club of the North Country
- Second Chance Animal Shelter
- Toys for Tots
- Copper Cannon Camp
- Habitat for Humanity
- North Country Chamber Players
- Good Neighbor Food Pantry
- Support Center at Burch House
- The Bancroft House
- Bethlehem Elem. School Playground
- Mt Eustis

Cooperative Community Fund

The Partner of the Month program raises public awareness, provides education and promotes funding for local non-profit organizations. As the Littleton Food Co-op's Partner of the Month, organizations receive customer donations collected at the checkouts and \$1 from every pizza purchased during Pizza for Partners Friday nights.

Member-owned Littleton Food Co-op serves the community by providing high quality food, offered at a fair price, with outstanding service. Everyone is welcome to shop and anyone is welcome to join.

Located at the intersection of Cottage Street and Route 302 (exit 41 off I-93), the Littleton Food Co-op is open daily, 7 a.m.-8 p.m. For more information or to become a member, please visit www.littletoncoop.com, call 603-444-2800 or just stop by!



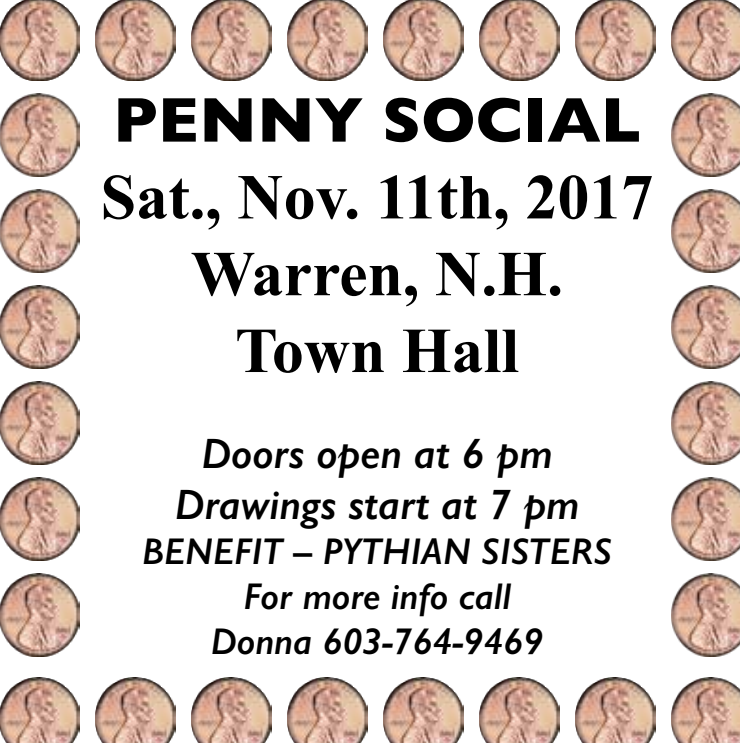
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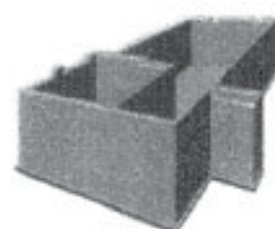


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The Curtain Falls at Old Church Theater

by Gary Scruton

The last performance of the season at Old Church Theater gave those in attendance many opportunities to ponder life, the arts, and what the future may bring.

There was also the "excellent" performance of Ethan Frome to give theatergoers a chance to ponder. The "excellent" word came from the person seated next to me on the first Sunday of the two weekend performances by the cast and crew at Old Church Theater. There was no argument from me about her evaluation. From the opening with director Miles Conklin reciting poetry, to the unexpected, but probably predictable ending, the performance appeared to be very well orchestrated.

If one were to look at the play bill for the final production of the season for Old Church Theater one might assume that there were two performers who were asked to take on two different roles. Both Anthony Helm and Jeremy Wheeler have two characters listed after their names in the playbill. But upon watching this portrayal of an old story, one could also say that Dan Naranjo, as Ethan Frome, Carrie Ann Quinn as Zeena Frome and Marcella Williamson as Mattie Silver, also played dual characters.

The story of Ethan Frome takes place over an extended period of time which requires some substantial differences in performance, especially for title role performer Dan. The script called for him to be, at one time, a young vibrant, though hard on his luck businessman, while sometimes in the very next sequence, to be a grizzled old, hunched over cripple who seems to have given in to what life has dealt to him. Those switches seemed to come with full effect, with no question as to who the audience was watching.

Both of the female actresses who had dual roles were also quite adept at their performances. Though not required to change as often, or as dramatically, they surely did become different people on stage and did so with solid performances.

A nod also needs to be given to the director and whoever else was involved with the casting for Ethan Frome as once more the folks at Old Church Theater found on stage performers who fit their roles, learned their lines, and presented a performance that they can forever be proud of.

One other person that I would like to mention is the person who was at the light switches. Paul Hunt (yes, he is a friend of mine and therefore I got a little insight into this one) had over 100 lighting cues during this performance. It is an intense job that, when done correctly, no one even notices. But when not done well, is remembered by all. Nice job Paul.

I must be honest in saying that I did not know this particular story, other than what I had read in the press releases coming up to the performance. I find that sometimes that is a plus. It means that you don't know what is coming and therefore the surprises that were written into the performance make all your emotions active.

Another reason that the emotions were on edge for this particular performance is that Ethan Frome marked the final performance at "The Old Church" venue for the foreseeable future. This 224 year old building is in need of some major repairs and upgrades in order for Old Church Theater to continue its use as a performance hall, and home. To that end they have started a capital campaign to raise about \$200,000. As Jim Heinderich, a member of the Board of Directors, stated before the performance started, the good news is that they know where the money is. The bad news is that it is still in the pockets of those who love theater. OCT has in fact already applied for a \$20,000 grant to start the work.

There should not be fear, however, that OCT is shutting down. They have already made arrangements to hold their performances over the next couple of years at the building that also houses the Orange East Senior Center, and the Bradford Veterinary Clinic, on Waits River Road in Bradford.

So the curtain has come down for this season, and for "the Old Church" for now. But look for future performances, and the revitalization project to brighten the future of arts in Bradford.



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50% STOREWIDE (75% Off After 10)

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MIDNIGHT MADNESS

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To Schedule A Future Exam
& Receive a FREE NAIL TRIM VOUCHER
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802-222-4903
www.BradfordVet.com • facebook.com/bradfordvetclinic



Brunch, Beats, & Silent Auction
SUN NOV 12 | 11AM - 2PM

Enjoy delicious locally sourced fare, music, beautiful watercolors, while bidding on fabulous items including exciting getaways, gift certificates and other delights.

Tickets: \$12 members, \$14 non-members.
Reservations suggested.

Court Street Arts
at ALUMNI HALL
75 COURT STREET, HAVERHILL, NH | WWW.COURTSTREETARTS.ORG



Hunter's Special Weekend
(and Early Christmas Shoppers)

For rifle and muzzle loader season.

Come in for details and sign up.


Big Buck CONTEST

Registration ends Friday, Nov. 10 @ 5:30 pm

20% OFF STOREWIDE

Thursday - Sunday, November 2-5
Columbia, Filson, Woodrich, Johnson Woolens, Codet, White Sierra
Excludes Boy Scout Supplies

CAPLAN'S ARMY STORE
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#5 BELIZE BATTALION (IN PROCESS)

Contact Author at: info@wmtn.biz 603-243 0225
Available noon til 5 and 7-9 seven days

AMERICAN LEGION

VETERANS' DAY PARADE

Saturday, November 11, 2017
11:00 AM
Central Street, Woodsville

Parade starts at Village Pizza, marches to the monument on Central Street for a ceremony. It then continues to the American Legion Home on Ammonoosuc Street.

All are welcome to attend and show your American Spirit!




Calendar of Events

A Full Page of Events from Local Non-Profits, Schools and Towns. *Presented FREE by Trendy Times.*

WEDNESDAY, NOVEMBER 1

WOODSVILLE AREA FOURTH OF JULY COMMITTEE MEETING
7:00 PM
Woodsville Emergency Services Building

FRIDAY, NOVEMBER 3

PEACHAM CORNER GUILD CHRISTMAS SHOW:
10:00 AM - 7:00 PM
Peacham Town Hall

NOISES OFF
7:00 PM
Lancaster Town Hall
See Ad on Page 8

ALICE IN WONDERLAND
7:30 PM
Jean's Playhouse, Lincoln
See Article on Page 4

THE ODD COUPLE
7:30 PM
St. Johnsbury School Auditorium
See Article on Page 5

LE VENT DU NORD
7:30 PM
Court Street Arts, Alumni Hall, Haverhill
See Ad On Page 7 and Article on Page 3

SATURDAY, NOVEMBER 4

BREAKFAST BUFFET
7:30 TO 9:00 AM
vestry -- United Congregational Church of Orford,

Pancake Breakfast
8:30 - 11:00 AM
Bath Historical Society
See Article on Page 13

PEACHAM CORNER GUILD CHRISTMAS SHOW:
10:00 AM - 3:00 PM
Peacham Town Hall

CELEBRATION OF PRAISE
3:30 PM
Littleton Opera House
See Ad on Page 9

NOISES OFF
7:00 PM
Lancaster Town Hall
See Ad on Page 8

ALICE IN WONDERLAND
7:30 PM
Jean's Playhouse, Lincoln

THE ODD COUPLE
7:30 PM
St. Johnsbury School Auditorium
See Article on Page 5

SUNDAY, NOVEMBER 5

BENEFIT TEXAS HOLD "EM POKER
11:00 AM Cash Game 1:45 PM Tournament
American Legion Post #30, Lyndon

NOISES OFF
1:00 PM
Lancaster Town Hall
See Ad on Page 8

ALICE IN WONDERLAND
2:00 PM
Jean's Playhouse, Lincoln

THE ODD COUPLE
2:00 PM
St. Johnsbury School Auditorium

CAMERATA NEW ENGLAND
2:00 PM
Court Street Arts, Alumni Hall, Haverhill
See Ad On Page 7 and Article on Page 3

TUESDAY, NOVEMBER 7

NH STATE VETERANS COUNCIL REPRESENTATIVE
9:00 AM - 12:00 Noon
Woodsville American Legion Post #20

WEDNESDAY, NOVEMBER 8

ROSS-WOOD POST #20 AMERICAN LEGION MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

THURSDAY, NOVEMBER 9

CONNECTICUT RIVER VALLEY BEEKEEPERS
7:00 PM - Guest Speaker
Grafton County Conference Room, North Haverhill

ST. LUKE'S COMMUNITY MEALS
5:00 - 6:30 PM
St. Luke's Parish House, Woodsville

PUBLISHING & PROMOTION TIPS
5:30 - 7:00 PM
WREN, Bethlehem
See Article on Page 4

ROSS-WOOD POST #20 SONS OF THE AMERICAN LEGION MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

FRIDAY, NOVEMBER 10

TURKEY SPIN-OFF & RAFFLE DRAWING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville
See Ad on Page 7

NOISES OFF
7:00 PM
Lancaster Town Hall
See Ad on Page 8

SATURDAY, NOVEMBER 11

PEACE ON EARTH" CHRISTMAS BAZAAR
8:30 AM - 1:00 PM
St. Elizabeth Church, Hill St., Lyndonville

VETERANS DAY PARADE & CEREMONY
11:00 AM
Central Street, Woodsville
See Ad on Page 5

BENEFIT TEXAS HOLD "EM POKER
1:30 PM Cash Game
Dancers' Corner, 93 Pine St., White River Jct.

4:H TURKEY DINNER
5:00 - 7:00 PM
North Haverhill Methodist Church
See Ad on Page 7

PENNY SOCIAL
6:00 PM
Warren Town Hall
See Ad on Page 4

NOISES OFF
7:00 PM
Lancaster Town Hall
See Ad on Page 8

SUNDAY, NOVEMBER 12

BENEFIT TEXAS HOLD "EM POKER
11:00 AM Cash Game 1:45 PM Tournament
Moose Lodge 1779, St. Johnsbury

BRUNCH, BEATS & SILENT AUCTION
11 AM - 2 PM
Court Street Arts, Alumni Hall, Haverhill
See Ad On Page 7 and Article on Page 3

MONDAY, NOVEMBER 13

HAVERHILL SELECT BOARD MEETING
6:00 PM
Morrill Municipal Building, North Haverhill

ROSS-WOOD UNIT #20 AMERICAN LEGION AUXILIARY MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

Ongoing Weekly Events

MONDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Darling Inn, Lyndonville
ADULT STRENGTH TRAINING
1:30 - 2:30 PM - North Congregational Church, St. Johnsbury
9 AM - 10 AM
Municipal Offices, Lyndonville
10:30 AM - 11:30 AM
Municipal Offices, Lyndonville
BINGO - 6:00 PM
Orange East Senior Center, Bradford
TOPS (TAKE OFF POUNDS SENSIBLY)
6:00 PM - Peacham School
KIWANIS CLUB OF ST JOHNSBURY
6:15 PM - VFW Post, Eastern Ave.

MONDAYS/WEDNESDAYS

RSVP BONE BUILDERS
10:30 AM - 11:30 AM
Linwood Senior Center, Lincoln

MONDAYS/THURSDAYS

ADULT INTERVAL AEROBICS CLASS - 6:30
Woodsville Elementary School
GOLDEN BALL TAI CHI
8:30 - 9:15 AM - St. Johnsbury House

TUESDAYS

BREAKFAST BY DONATION
8:30 AM - 10:00 AM
Horse Meadow Senior Center, North Haverhill
ADULT STRENGTH TRAINING
9 AM - 10 AM - St. Johnsbury House
10:30 AM - 11:30 AM
SENIOR ACTION CENTER
Methodist Church, Danville
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Senior Action Center, Methodist Church, Danville
NOON - Presbyterian Church, S. Ryegate
NOON - Darling Inn, Lyndonville
TOPS (TAKE OFF POUNDS SENSIBLY)
Weigh In 5:00 PM - Meeting 6:00 PM
Horse Meadow Senior Center, N. Haverhill
EMERGENCY FOOD SHELF
4:30 PM - 5:30 PM
Wells River Congregational Church
COMMUNITY DINNER BELL -
5:00 PM September 5- June 5
All Saints' Church, School St., Littleton
AA MEETING (OPEN BIG BOOK)
7:00 PM - 8:00 PM
St. Luke's Parish Hall, Woodsville

TUESDAYS/THURSDAYS

ACTIVE OLDER ADULT STRENGTH CLASS
1:30 PM
Woodsville Post Office, S. Court St
GROWING STRONGER FITNESS CLASS
3:00 PM
East Haven Library
TUESDAYS/FRIDAYS
GOLDEN BALL TAI CHI
8:30 AM - 9:15 AM
First Congregational Church, Lyndonville

WEDNESDAYS

AQUA AEROBICS
Evergreen Pool, Rte 302, Lisbon
ADULT STRENGTH TRAINING
1:30 - 2:30 PM - North Congregational Church, St. Johnsbury
BINGO - 6:30 PM
Haverhill Memorial VFW Post #5245
North Haverhill
CRIBBAGE - 7:00 PM
Orange East Senior Center, Bradford

WEDNESDAYS/FRIDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Presbyterian Church, West Barnet
NOON - Darling Inn, Lyndonville

THURSDAYS

ADULT STRENGTH TRAINING
10:30 AM - 11:30 AM
Senior Action Center
Methodist Church, Danville
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Senior Action Center, Methodist Church, Danville
NOON - Darling Inn, Lyndonville
ST PAUL'S BIBLE STUDY ON JAMES, 6:15 PM, 113 Main St., Lancaster
FRIDAYS
ADULT STRENGTH TRAINING
9 AM - 10 AM - St. Johnsbury House
1:30 - 2:30 PM - North Congregational Church, St. Johnsbury
WORSHIP UNDER THE TENT - 7 PM
100 Horse Meadow Rd, No Haverhill
AA MEETING (OPEN DISCUSSION)
8:00 PM - 9:00 PM
Methodist Church, Maple St, Woodsville
SUNDAYS
CRIBBAGE - 1:00 PM
American Legion Post #83, Lincoln
NORTH DANVILLE BAPTIST CHURCH (ABC),
Worship and Sunday School, 9:30 AM
Refreshments at 10:20 a.m.

Horse Meadow Senior Center

October 3:
Nifty Needlers @ 9:00
Amen Solutions @ 10:00
Clay Art Class @ 12:30
Plastic Canvas w/Gerrie @ 1:00
Peer Support Exercise Group @ 1:30

October 4:
Beginning Sewing @ 9:30
Bone Builders @ 9:30
Writer's Group @ 10:30
Grief Support @ 10:30
Creative Movement @ 10:30
Mahjongg @ 1:00
Bingo @ 1:00

October 5:
Art/Painting @ 9:00
Cribbage @ 12:30
Line Dancing @ 12:45
Cards w/Jeanie @ 1:00
Peer Support Exercise Group @ 1:30

October 6:
Bone Builders @ 9:30
Mahjongg @ 10:30
Creative Movement @ 10:30
Blood Pressure Check @ 11:00

October 9:
Bone Builders @ 9:30
Hearts & Hands Quilters @ 12:30
Horse Meadow Singers @ 1:00

October 10:
Nifty Needlers @ 9:00
Amen Solutions @ 10:00
Clay Art Class @ 12:30
Plastic Canvas w/Gerrie @ 1:00
Peer Support Exercise Group @ 1:30

October 11:
Beginning Sewing @ 9:30
Bone Builders @ 9:30
Writer's Group @ 10:30
Grief Support @ 10:30
Creative Movement @ 10:30
Eyeglass Care @ 11:30
Mahjongg @ 12:30
Bingo @ 1:00

October 12:
Art/Painting @ 9:00
Floral Arranging w/Jane @ 9:30
Cribbage @ 12:30
Line Dancing @ 12:45
Peer Support Exercise Group @ 1:30

October 13:
Bone Builders @ 9:30
Mahjongg @ 10:30

October 16:
Bone Builders @ 9:30
Hearts & Hands Quilters @ 12:30
MS Support @ 1:00
Horse Meadow Singers @ 1:00

October 17:
Nifty Needlers @ 9:00
Amen Solutions @ 10:00
Clay Art Class @ 12:30
Peer Support Exercise Group @ 1:30

October 18:
Beading w/Faith @ 9:00
Beginning Sewing @ 9:30
Bone Builders @ 9:30
Writer's Group @ 10:30
Grief Support @ 10:30
Creative Movement @ 10:30
Mahjongg @ 12:30

Author Timothy Boudreau at Bath Library

BATH – Bath Public Library is pleased to present the author of "Saturday Night", Timothy Boudreau, on Saturday, November 18th at 2:00 pm at the Bath Public Library.

Timothy Boudreau was born and raised in the White Mountains of northern New Hampshire.

His work has appeared or is forthcoming in various journals, including Front Range, Evening Street Press, The Inkwell Journal, Third Wednesday and Pif Magazine; in the anthologies Modern Short Fiction, Love Free or Die and Live Free or Dragons; and on the podcasts Rocky Mountain Revival and No Extra Words. Saturday Night, published by Hobblebush Books, is his first collection of short fiction.

He has worked in the

banking industry for many years. He is past President of the Northern Gateway Chamber of Commerce, a member of the Lancaster NH Rotary Club, and past and current Board Member of several non-profit organizations, including the Adaptive Sports Partners of the North Country.

He currently lives in Sugar Hill, New Hampshire with his wife Judy.

There will be signed copies of the book available for purchase.

This program is free and open to the public. There will be light refreshments served.

The Bath Public Library is located beside the church, on the common, Bath, NH 03740. For more information, contact the Bath Public Library at 747-3372 or e-mail bathlibrarykjb@gmail.com

Organ Concert at First Congregational Church in Haverhill

The First Congregational Church, UCC of Haverhill will showcase its newly repaired Holtkamp 1895 tracker organ with an organ concert on Sunday, November 12 at 3 p.m. Playing the organ will be Beverly Caldon, the music director and organist at the United Church of Christ in Keene, New Hampshire. Ms. Caldon holds a masters degree in choral and organ from the University of New Hampshire. She has taught organ as a faculty member at Keene State College and

with the Young Organists' Collaborative on the seacoast.

The concert will include Bach's Toccata and Fugue in D Minor, as well as patriotic tunes in honor of Veterans' Day.

The concert is free and open to the public. A free-will offering for the maintenance of the organ will be much appreciated.

There will be a reception in the Parish Hall following the concert.

Orange East Senior Center

All events held at the Senior Center are open to the public unless otherwise advertised.

The Orange East Senior Center is looking for volunteer drivers for Monday and Wednesday starting at 10:30a.m. The routes take between 2- 3 hours. You will receive a free lunch and mileage reimbursement.

The Boyz will be playing on Friday, November 10th starting at 11:00 a.m.

No Strings Attached will be playing on Friday, November 17th starting at 11:00 a.m.

The senior center will be closed on Thursday, November 23rd and Friday, November 24th in observance of Thanksgiving Holiday.

The Penny Auction will be held on Saturday, November 4 from 9-2. There will also be a bake sale going on as well. If you would like to bake for the bake sale, we are open Monday through Friday from 9a.m. to 2p.m to drop it off. We are also still looking for new and unused items for the Penny Auction.

The Foot Clinic 2nd and 4th Wednesday of the month, if you would like an

appointment please call.

Bingo is every Monday at 6:00 p.m. The doors will open at 5:00 p.m. The kitchen will be open selling drinks and food.

Computer classes will be on Wednesdays from 3:00 pm. to 5:00 p.m. This class is for all levels.

The Orange East Senior Center is available for rent. We have a capacity of 125. If you would like to book your wedding reception or birthday party or if you have any questions, please give us a call.

If you are in need of any medical equipment, please check with Vicky to see if we have it to borrow before you purchase any.

There is space available in the Monday, Tuesday, Thursday and Friday exercise class. The class begins at 9:00 a.m. and ends at 10:00. The Tuesday and Thursday exercise class is a strength and balance class.

Orange East Senior Center is holding informal Line Dancing classes for exercise and just plain fun, each Tuesday at 10 a.m. Come On Down!

ON STAGE
NOVEMBER

PAINTING IN WATERCOLOR
MONDAYS | 5:30 - 7:30PM

LE VENT DU NORD
FRI NOV 3 | 7:30PM (cafe, 6pm)

CAMERATA NEW ENGLAND
SUN NOV 5 | 2PM

BRUNCH, BEATS, & SILENT AUCTION
SUN NOV 12 | 11AM - 2PM



Court Street Arts
at ALUMNI HALL
75 COURT STREET, HAVERHILL, NH | WWW.COURTSTREETARTS.ORG

4 H

SATURDAY, NOVEMBER 11, 2017

At the
North Haverhill
United Methodist Church
2900 Dartmouth College Hwy.
North Haverhill, NH

Serving from 5:00 to 7:00 PM

ALL YOU CAN EAT!

TAKE-OUTS AVAILABLE!

SUPPER

Adults \$10 • Children 5-12 \$5 • Children 4 and under FREE!

Roast turkey, stuffing, mashed potatoes, gravy, squash, coleslaw, homemade rolls, cranberry sauce, pies, coffee, tea, milk

TO BENEFIT GRAFTON COUNTY 4-H TEEN CLUB

10th Annual

Turkey Spin-Off

& Gift Card Raffle Drawing

Friday, November 10,
6:00 PM

Ross-Wood Post #20
American Legion Home

Ammonoosuc Street, Woodsville, NH

\$1.00 per ticket
40 tickets sold per turkey
Each ticket has 3 numbers
Winner chosen by wheel spin

Public is Invited - Please use front door.
Non-members must be signed in.



Motivated, Purposeful, and Keeping the Commitment: UNH Cooperative Extension Grafton County Master Gardeners

By Janene Robie,
Program Assistant,
Food and Agriculture



Organizations love volunteers. Trained, willing volunteers can extend an organization's already talented work force. Volunteers who freely offer to undertake tasks, and who enter into and keep long term commitments are truly commendable. After almost 20 years working with volunteers on a regular basis, I can testify that they are an incredibly special group of people.

What motivates a volunteer to help an organization in the first place? Why do volunteers choose one cause and not another? What inspires a volunteer to keep their commitment over and over again? These are questions not easily answered because each person has his/her own purpose.

Volunteers that I worked with in a corporate manufacturing environment were driven by a desire to help those less fortunate. Most of

those individuals seemed to realize we might all be one or two decisions away from being in need ourselves; so it was a good idea to lend a hand. The volunteers that I worked with in the medical field were motivated by an internal drive to help people in need or by a personal desire to gain medical experience. Some were even motivated by the social aspect of volunteering in a busy environment where medical assistance transpires.

The UNH Cooperative Extension Master Gardener volunteers that I work with now come from all walks of life. On the Grafton County team, we have active and retired teachers, homemakers, manufacturing experts, former and current CEO's, grant consultants, non-profit professionals, professors, and even military specialists (just to name a few). This diverse group of people are passionate about reaching out to educate the public using research-based information about home gardening and horticulture, pest management, food safety and backyard livestock.

Although unlike in work

experiences and from extremely different backgrounds, Grafton County Master Gardeners stay united by their desire to learn and then educate! It is a myth that Master Gardeners are complete experts who are omnipotent about gardening topics. Master Gardeners are successful educators because they, themselves, are masters at learning. I have not interacted with a Grafton County Master Gardener that believed he or she had nothing left to learn. So, to answer the first question and the second question, it is my perception that Grafton County Master Gardeners volunteer to help the UNH Cooperative Extension organization because they believe in using research-based material to help grow others' knowledge. They could volunteer many places, but they believe in the UNH Cooperative Extension cause.

To root out why Grafton County Master Gardener volunteers keep their commitments year after year, I simply asked them. Some individuals mentioned that a love of gardening is at



the heart of it all. For one volunteer, sharing the love of gardening with others is a strong motivator. Another person mentioned the important components of continuing education and personal learning along with a love of nature and of the earth. Creating spaces for wildlife and self-sufficiency are the reasons another Grafton County volunteer enjoys being in the Master Gardener program. One woman mentioned being stimulated by helping people solve new problems. A volunteer in eastern Grafton County enjoys working with school children by providing hands-on instruction on seed starting and planting outdoors in raised beds. She indicated that her work fosters team building and assists students with a foundational educational resource for their own home gardens. One program veteran wrote to tell me, "I keep coming back because the work is

great. Where else can you get exercise, be with wonderful people, and eat great food? I have developed good friends through gardening. Thanks for the opportunity."

You read it. Thanking me for the opportunity to volunteer as a UNH Cooperative Extension Grafton County Master Gardener! I'm so amazed with this group of wonderful volunteers, I wanted to share how special they are with you...the people they serve...the community. For more information on becoming a Master Gardener for UNH Cooperative Extension, refer to <https://extension.unh.edu/Volunteer/Who-are-Master-Gardeners>. If you are interested in having a UNH Cooperative Extension Master Gardener speak with your group or in your community, more information is available at <https://extension.unh.edu/Master-Gardener-Speakers-Bureau>.

TO BE HELD AT THE LANCASTER TOWN HALL

NOVEMBER 3RD 4TH 10TH & 11TH
ALL SHOWS START AT 7 PM

NOVEMBER 5TH SUNDAY MATINEE
SHOW STARTS AT 1 PM

ALL TICKETS \$10.00

NOISES OFF

"A HILARIOUS COMEDY IN THREE ACTS!"

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DOORS OPEN HALF HOUR BEFORE SHOW STARTS

COLONEL TOWN PLAYERS PRESENT

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Bread of Life UPC Presents

Celebration of Praise!

November 4TH

SATURDAY @ 4:00pm doors open 3:30pm

Littleton Opera House

Gospel Concert featuring *The Chandlers*

Worship Teams from VT & NH

MC: Rev Jay Stirnemann

Contact: Pastor James Sullivan
www.breadoflifeupc.org 603-869-3127

Sponsorship: The Wayside Inn, Bethlehem Hill

The Gallery At WREN celebrates First Friday with the opening reception of LAUNCH!

On Friday, November 3 from 5-7pm the Gallery at WREN will celebrate First Friday with the opening reception of LAUNCH, an exhibit of new works by members of the first LEAP Cohort. LEAP stands for Launching Emerging Artists Practicum, and is a year long technical assistance program designed to give emerging artists the tools they need to achieve success in the marketplace, and grow their businesses as working artists.

Established in 2016 by Gallery Manager Katherine Ferrier, LEAP is modeled after WREN's successful BETA program, an 8 week business training course designed to help entrepreneurs overcome common business challenges. LEAP participants have worked together throughout 2017, taking monthly workshops, attending studio critiques, and offering each other peer-to-peer support on issues

ranging from designing websites and pricing artwork, to writing an artist statement and teaching a workshop. Members of the 2017 LEAP Cohort are Deborah Aldrich (watercolorist), Kirsten Carruth (painter), Orion Kugel (collagist), Valery Mahuchy (painter/sculptor) and Brittany Rae MacFarland-Bateman (illustrator/mixed media artist).

LEAP is supported in part by funding from the Community Block Development Grant. Emerging artists are encouraged to apply for the 2018 LEAP program. Full scholarships are available to those who income qualify. For more information on LEAP and to download an application, visit www.wrenworks.org or e-mail katherinef@wrenworks.org.

LAUNCH is generously sponsored by Peabody and Smith. The opening reception is part of Bethlehem's First Friday celebration of

art, which includes exhibits at 42 Maple. This exhibit runs through November and is free and open to the public. The Gallery at WREN is open daily from 10am-5pm.

WREN is a nationally recognized not for profit that provides and supports strategies for entrepreneurial development, access to markets, Main Street revitalization, and rural economic development. WREN inspires possibilities, creates opportunities, and builds connection through community and is dedicated to bringing rural people together to realize better lives and livelihoods by providing resources, education, and opportunity. For further information, call (603) 869-9736, email at wren@wrencommunity.org, or reach us on the web at www.wrencommunity.org



LAUNCH
FEATURING WORKS BY
THE 2017 LEAP COHORT
Kirsten Carruth, Orion Kugel
Brittany Rae MacFarland-Bateman
Valery Mahuchy, Deborah Aldrich

North Country
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RYEGATE, VT - Unprecedented offering of 10 Acres Campground Business. Good income with returning customers. Includes a double wide, single wide, 21 RV sites, 4 tent sites, 2 lean-tos. Activities include a 20' x 40' in-ground pool, horse shoe pit, volley ball, playground, public showers for camp ground, dumping station for RV's, propane filling station. Upgraded underground electrical service, access to pond for fishing. Also included is a plow truck. It is priced to sell. \$187,500.

HAVERHILL, NH - Prow Front Angel wind Chalet. Solid built home with douglas fir beams and expansive glass front windows. Views of the coniferous forest. Three bedrooms, two bathrooms, open concept, includes the appliances, pellet stove, community water. Enjoy the 2 lakes and beaches along with many other amenities. \$129,500.

BENTON, NH - Well maintained home with many fine features. Remodeled kitchen with stainless steel appliances and center island open to dining area, cozy room with woodstove, newer living room with mudroom, 3 bedrooms, 1 1/2 bathrooms, 1st floor laundry, some mountain views from 2nd floor. Landscaped yard, shed and fire pit. \$124,500.

WOODSVILLE, NH - Remodeled Village Home with 1883 sq. ft. of living area. Plenty of room for the family. Features- Living room with fireplace, hardwood floors, 4 bedrooms, 2 1/2 bathrooms, plenty of cabinets in the kitchen, many new upgrades to the home, screened in front porch, freshly painted, walking distance to down town and the community field. Lot 0.38 of an acre, with an outbuilding. Great Buy! \$115,000.

IF YOU ARE THINKING OF SELLING. LET'S MEET
We can provide a price opinion.

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Announces New CEO

Tri-County Community Action Program, Inc., (TC-CAP) announced today that the Board of Directors has chosen a leader to succeed current CEO Robert Boschen, Jr, who is leaving the organization in January 2018. Sandy Alonzo, Chair of the Board of Directors, announced that TCCAP has promoted current COO Jeanne Robillard to assume the role of CEO as of January 6th, 2018.

“Along with 20 years of institutional history, Jeanne brings a strong commitment to TCCAP’s mission, a solid understanding of the communities we serve, and a clear vision for the future of TCCAP.” said Alonzo. “The Board has been impressed with Jeanne’s work as COO and looks forward to working with her in this new role. We believe she is the right leader to continue the momentum and progress the Agency has made and to lead the Agency toward new opportunities for growth and sustainability.”

Ms. Robillard has served TCCAP for over twenty years as a Program Director, Division Director, and most recently, Chief Operating Officer. She holds a Bachelor’s Degree in Human Services, is a Nationally Certified Results Orientated Management Accountability Implementer and is a candidate to receive National Certification as a Community Action Professional. She has served her community as an elected or appointed official since 2006, most notably as the Chair of the Bethlehem Selectboard, and is a graduate of the Tillotson Learning Community 2016 Cohort.

“This is an exciting time for Tri-County CAP” said Robillard. She added that during the tenure of Boschen, the agency strengthened its financial position and worked diligently on strategic planning for the future of the organization. “We’ve shown that we can pursue our mission, deliver high quality services to the public, and still live within our means. Our role in the community includes being good stewards of public and private funds and reflecting that in the delivery of our programs. We have a dedicated staff,

Board, and the support of community stakeholders”, she continued. “I’m looking forward to serving TCCAP in the role of CEO and leading the agency in this next chapter of our growth.”

Boschen said, “I observe the work that TCCAP does for the community, and I respect and admire the people who do such amazing work. I see it every day. I wouldn’t be able to leave at this point if our organization hadn’t made the remarkable progress that we have. I was hired for a specific purpose at TCCAP – to bring financial and organizational stability. With the team we have that purpose has been substantially completed, so we are ready to transition to new leadership to keep the momentum going and look for new opportunities for our community. I look forward to spending my remaining few months continuing our work and preparing the organization for a smooth transition. Jeanne is a great and natural choice given the better place where the organization is headed.”

Tri-County Community Action Program, Inc., is a private, non-profit 501 (C) (3) corporation that is dedicated to improving the lives and well-being of New Hampshire’s people and communities. Formed on May 18th, 1965, we provide opportunities and support for people to learn and grow in self-sufficiency, and to get involved in helping their neighbors and improving the conditions in their communities.

Woodsville, N.H. - John Dixon Griswold, 88, died on Tuesday, October 17, 2017 at his home.

He was born March 31, 1929, in Yonkers, N.Y., a son of Dixon Blodgett and Frances Elizabeth (McAdam) Griswold. He was raised in Hastings-on-Hudson, N.Y., graduated from Hastings High School in 1946, and earned a Bachelor of Mechanical Engineering degree at Cornell University in 1951. An ROTC Distinguished Military Graduate, he served during the Korean War at Frankford Arsenal, Philadelphia, PA and at Aberdeen Proving Grounds, MD where his twin sons Peter and David were born in 1952 to his first wife, Jeanne Staples, who was also the mother of his third son, Andrew, born in 1964. Following a divorce in 1971, Mr. Griswold married Joyce Vanderhoof Trilsch in 1977. She died in January, 1983, and in September of that year, he married Mary Josselyn McKey Lofgren, whom he divorced in 1985. In 1988, he married Karen Woelfle Humphrey Greenlee.

Following military service, Mr. Griswold lived in Weymouth, MA; Hingham, MA; Hanover, NH; Norwich, VT; Lyme, NH; and Woodsville, NH and worked as a management consultant for over 45 years until retiring in March of 2002, at first with Arthur D. Little, Inc., in Cambridge, MA from 1953 to 1970. Then as an independent, he served clients ranging from independent entrepreneurs to some of the world’s largest and best

known corporations. His work included assignments in market research, corporate planning, acquisition evaluation, new enterprise development, regional economic analysis and executive search. In 1963, he co-authored Mergers and Acquisitions – Planning and Action for the Financial Executive Research Foundation, and in the 1970s and 1980s, prepared a number of comprehensive industry study reports which were published by Frost & Sullivan, Inc. and sold worldwide. In 1985, he was recognized in Who’s Who in Industry and Finance.

Mr. Griswold enjoyed a lifelong career as an amateur musician. He took up the clarinet in 4th grade and subsequently added proficiency with flute and saxophones, playing in concert bands, marching bands, and swing dance bands in school, college, and later life. A vocal musician as well, he appeared in several community theater musicals in the 1960s and 1980s. He sang for several years with the Thetford Chamber Singers, and with the North Country Chorus, as well as in church choirs.

An avid bicyclist, he rode over 20,000 miles in the 1980s, including a ride to the top of Mt. Washington, and several 100-mile bike-a-thons for the Norris Cotton Cancer (in which he was



among the top five fund raisers each year.)

Mr. Griswold is survived by his wife Karen of Woodsville; a sister Gayle, of Rockland, ME; sons Peter of Quincy, MA, David of Auburn, ME, Andrew of Medford, MA; three grandsons, two granddaughters, and several nieces, nephews, grand nieces and grand nephews.

In keeping with John’s wishes, there are no public services being planned at this time. A private family gathering will be observed at a later date.

In lieu of flowers, please make your memorial donation to the charity of your choice.

For more information or to sign and online condolence please visit www.rickerfh.com

Ricker Funeral Home & Cremation Care of Woodsville is in charge of arrangements.

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Checklist for Helping You Choose a Financial Professional

For reasons likely to remain obscure, October 30 is Checklist Day. But while the origins of this observance may be a mystery, the value of checklists is clear: They help us organize our time and break large jobs into manageable steps. You can use a checklist for just about any significant endeavor – including the task of choosing a financial professional to help you achieve your important goals. Here’s what such a checklist might look like:

Find someone with the proper credentials. Make sure a prospective financial professional has the appropriate securities registrations.

Find someone who has worked with people like you. You’ll want to seek out a financial professional who has experience working with people in circumstances similar to yours – that is, people of your financial status and with essentially the same goals and attitudes toward investing.

Find someone who will communicate with you regularly. During the course of your relationship with a financial professional, you will have many questions: Are my investments per-

forming as they should? Should I change my investment mix? Am I still on track to meet my long-term goals? Plus, you will have changes in your life – new children, new jobs, new activities – that will affect your financial picture and that need to be communicated to your financial professional. Consequently, you need to be sure that whomever you work with is easy to reach and will be in regular contact with you. Many financial professionals meet with their clients at least once a year to discuss the clients’ portfolios and recommend changes, as needed, and also make themselves available, through phone calls and email, for any questions or concerns their clients may have.

Find someone who will honor your preferences. Some financial professionals follow certain philosophies. For example, you might find one advisor who tends to favor aggressive investing, while another one might be more conservative. There’s nothing wrong with either approach, but you’ll want to be sure that your preferences take precedence in all recommendations and guidance you receive from a financial professional. And many professionals won’t express any of their own preferences at all, but will instead follow a course of action based on your goals, risk tolerance and time horizon.

Find someone connected to

other professionals. Your investment plans don’t exist in a vacuum. Over time, you will likely need to integrate elements of your investment strategy with your tax and estate planning strategies. When this happens, you may find it advantageous to have a financial professional who can work with tax and legal professionals to help you meet all your needs in these areas.

Find someone whose compensation structure is acceptable to you. Financial professionals get paid in different ways – through fees, commissions or a combination of both. Which method is best for you, as an investor? There’s no one “right” answer – but you will certainly want to understand exactly how your financial professional will get paid and how this pay structure will affect your interactions with him or her.

You may find this checklist to be useful when you interview financial professionals. Take your time and make sure you’re confident about your ultimate choice. After all, you’re hiring someone to help you reach your key goals, such as a comfortable retirement, so you’ll want to get the right person on your side.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor

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Legion Seeks to Help the Families of the Deployed

Families of active-duty service members can find themselves struggling to complete household work or to meet monthly expenses, which is why The American Legion’s Family Support Network is poised to step in and supply immediate help.

Families requiring help with food shopping, lawn mowing, car repairs, babysitting, other similar tasks, or

finances may call The American Legion’s nationwide number, (800) 504-4098, or fill out the form at <https://www.legion.org/familysupport/assistance>. Callers’ information is kept confidential, and service members may also place requests on behalf of their loved ones back home.

Calls to the nationwide number are made known to the American Legion department of the family’s state. The department sends the request to an American Legion post in the vicinity of the

family’s home, and the post will then reach out to make sure the family gets the help it needs.

Should a family request monetary aid, the post will equip the family with needed finances if possible. If the household is home to children who are minors, the post can help lead the family through the application process for American Legion Temporary Financial Assistance.

For more information, send an email to familysupport@legion.org.

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Tuesday – Friday 9:00 am - 5:00 pm

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Garden Seed Storage Tips

By Janene Robie
Program Assistant,
Food and Agriculture



I would like to give a shout out to all the penny-wise gardeners who plan to save seeds that they didn't plant this year...for planting next year. Keeping seeds requires special care in order to maintain high germination rates the next year. To ensure that my leftover seeds retain good germination in 2018, I recently researched best practices for storing them over the upcoming winter.

What considerations are needed when planning to store unused seeds? According to research, some factors are: storage method of the seed, environment of the stored seed, and type of seed. Oregon State University Extension Service reported that some types of seeds are naturally more short-lived than others. According to Jim Myers, an Oregon State University vegetable breeder, "It depends on how you keep the seeds and what kind of seeds they are."

Let's start with how you keep the seeds. What storage method is ideal for storing seeds? The University of Maine Cooperative Extension experts recommend storing small seeds in paper

envelopes that clasp (like coin collector slips) or using a regular envelope secured with a paperclip. Make sure you label the envelope with the seed type, variety, and include the year you purchased it. For larger seeds, you should use an airtight container like a jar with a lid. Avoid plastic bags as storage containers if you can.

If you are serious about maintaining a relative humidity of 8% or less, dry seeds at 100 degrees for six hours prior to putting them in an airtight container. To keep humidity away from your seeds once in storage, it's a good idea to store rice in with your seeds to draw off excess moisture.

What temperature is ideal for storing seeds? According to Colorado State University Extension, the colder, the better. Somewhere between 31 and 50 degrees Fahrenheit is ideal. The key is to try to maintain a constant temperature for the seeds.

Let's move on to determine what types of seeds store well over the winter. University of Nebraska Extension educators stress that storage life varies greatly with species. If stored properly, seeds from squash, radishes, collard/kale, broccoli, Brussels sprouts, cabbage, and cauliflower store well for up to four to five years. Beans and peas are also good choices for stor-

age according to the University of Minnesota Extension. Seeds that typically do not store well are sweet corn, parsnips, okra, and onions.

The final step in storing seeds over the winter is to do a germination test in the spring prior to planting them. Moisten a paper towel, wrap seeds inside it, and cover it so it doesn't dry out. Keep the container in a 70 degree environment for a week or two. If you are happy with the germination rates, proceed with planting. If germination is medium to low, but you have a lot of those seeds, you'll have to decide if you want to just plant more seeds than usual and accept that germination rate. If germination is poor, dispose of the seeds and purchase new. Try again next year if you dare! Best of luck to you, Gardeners.

Breakfast at Bath Historical

The Bath Historical Society will hold its last Pancake Breakfast for the year on Saturday, November 4th from 8:30 AM to 11:00 AM.

Your choices? Pancakes, Real Maple Syrup, your choice of Bacon or Sausage, and Orange Juice; or Scrambled Eggs, your choice of Bacon or Sausage, Biscuit with Jam and Orange Juice.

With both breakfasts, you

also have your choice of Coffee, Tea, Milk or Chocolate Milk.

The cost? \$6.00 Come on down to the Society's building on the Common in Bath and enjoy breakfast and conversations with Community members!!

As always ... the Society appreciates your participation and support!!!



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THE DOW RESIDENCE

Mr. Dow built this house when there were no houses on Chapel St. in Woodsville. His son was the first graduate from Woodsville High School and later graduated from Dartmouth. Norman McMeekin was a later owner. He was a member of the NH Legislature, an engineer on the railroad and a distinguished member of the community. Both of these gentlemen must be turning over in their graves at the disgusting condition that this property has been allowed to become! It is infested with rats, skunks, raccoon & fox!

Do the residents on the other side of the street deserve this?

When is something going to be done about this to protect people that work hard, just to have the value of their home steadily decrease!

No Such Thing As Just Another Sunset

by Maggie Anderson

Hank and I have recently returned from our trip to the Oregon coast. We celebrated our 50th wedding anniversary in June but have decided to do something special to celebrate every month all year long. We figured it took us 50 years to get here; we want to make it count. The trip to Oregon was October's treat.

The weather out west was perfect, we couldn't believe how perfect. And then when we got home we found more of the same warm winds undulating through the trees and laying a multi-colored carpet at our feet and each sunset startling in it's beauty, a special welcome home.

Hank put our vacation photos up on the computer and even though the images are gorgeous they cannot come close to what the sky looked like with every passing breeze or short-lived squall. I was reminded of a line from Maugham where he was remarking on the view and said it was so beautiful it made his stomach ache. I know how he felt.

It makes me aware of how lucky we've been to not only have lived in so many fabulous landscapes but also to have been gifted the opportunity to visit so many others. Every chance we get we share a coffee on the porch of the tiny cabin we built for company the year we moved to New Hampshire. We find our center there, we settle the day's issues out there and we marvel at how quickly the scene can change and how one view is as awe-inspiring as the next.

We often talk about how we should never take the view for granted or let a sunset escape if we have the means to enjoy it before the sun settles beyond the horizon for another night.

All these thoughts and images were swirling around

in my head last night when I reached for the phone to call a girlfriend I've not spoken with for the past few months. She and her husband have been married several years longer than Hank and I and even have more grandchildren and great grandchildren than we have.

The immediate conversation was all about our big celebration and how perfect it was, how lucky we felt and then, as is the usual path with me and this friend, the conversation meandered into what miniature shows she's seen lately and what projects she's been working on.

Her answer is still screaming in my ears. She said, "I haven't been doing much, Maggie, haven't been to any shows for quite awhile, I have Alzheimer's."

The stats don't mean a thing and the images of folks battling the same disease can't compete with the impact of the sound of a friend's voice saying I have Alzheimer's.

I'm sending her some of our photos of the coast, I'm making prints she can hold in her hand because even when she can't remember how to work the computer or even what it is she can still look up and see what we saw when the sun set beyond the horizon of the majestic Pacific.

What About Ma?

by Kellie Quackenbush

Tricking Seniors



This is the season when scam artists and thieves go after retired people and senior citizens the most. From October through December is Medicare Open Enrollment(MOE) time. What this means, if you are a Medicare recipient (which most people over the age of 65 are) you may change how you receive your Medicare benefits. If you find an insurer that handles Medicare HMO insurance or some other insurance carrier to process your Medicare benefits, you have until December to make those changes.

Most people have selected the type of Medicare coverage they wish to have when they signed up with the Social Security Administration for their retirement benefits. The premium for Medicare Part B is taken directly from the Social Security benefit each month. Once you have signed up for these benefits, you receive your annual benefits summary book entitled "Medicare and you", members of AARP get a book called "Annual Notice of Changes" both provide valid information about your benefits.

Medicare will never call you to confirm your address, verify your Social Security number or ask about your bank information.

The thieves and con-artists or scammers will call you. Sometimes, the scammers will even send official looking "documents" in the mail. You must stay vigilant in protecting yourself from these scams and traps.

Tips to protect your information-

1) Never give out your personal information on the telephone. Do not confirm your name, no spelling of your name, do not give your address, do not confirm your phone number or state your spouses name.

2) Never say yes. A recording of you saying yes on the telephone can be manipulated into "an agreement" and you may have bank fraud perpetrated against you. If you receive a telephone call and a stranger asks "Is this...." respond with "who are you?" Never say yes. Con artists will try many questions to get you to say yes. Hang up the phone-it is not rude to protect yourself.

3) Avoid "surveys", this is another way thieves and scam artists try to get you to say "Yes" and find out other private information. Hanging up is a good way to avoid saying anything.

4) If you did not enter a drawing, you are not a "big winner". Even if you did enter a drawing, the announcement should come with a phone number for you to call or an address for you to go to for your prize. Do not give your bank account over the phone to anyone that you do not know. If you win a prize, do not give your bank number over the phone--go collect your prize in person. If it is a prize, you do not have to pay to collect your winnings.

5) Your Medicare benefits and your Social Security number do not require anything from you, once you have enrolled. The government benefits roll over year to year without any added work on your part.

Do not be tricked. If you have any questions, there is a phone number inside your "Medicare & you" book to call. You can also bring any mailings that seem odd or create questions to the local Social Security Administration office and they will help you to find the answer to your concern.

The phone book has the listing for the local Social Security Administration office.

Your journey will be much lighter if you don't carry your past with you.

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Herbs for Children's Health

This is the time of year again that families and schools are focused on keeping children exceptionally healthy, to counter coughs, colds and flu. We all have the responsibility in our own homes to protect our families and others. Children are also returning from an extensive vacation and with herbs and stronger sleep patterns we can keep their minds sharp all day long.

Diet is the most important way to keep a child's immunity and defense systems working. Pathogenic organisms and viruses are everywhere. But, they aren't the major factor causing disease if the body environment is healthy. Well-nourished children are usually strong enough to deal with infection in a successful way. They either do not catch the "bugs" that are going around, or if they do, illness is short in duration, (childhood diseases are one of Nature's ways of building resistance), or, they get the problem over and done with quickly. A wholesome diet can easily restore a child's vitality. Even children who have eaten a junk food diet for years quickly respond to a diet of fresh fruits, vegetables, whole grains, low fats and sugars, in as little as a month's time. A child's hair and skin takes on a new luster, they fill out if they are skinny, and lose weight if they are too fat. They sleep more soundly and regularly. Their attention spans increase, and many learning behavior problems diminish or disappear.

A child's body responds very well to herbal medicines. Herbal remedies are building, strengthening and non-traumatic to a child's system. Most children love herbal teas, herbal glycerin drops, syrups and homeopathic medicines much more readily than you think.

Most herbal remedies can be taken as needed, then reduced and discontinued as the problem improves. Take only one or two herbal combinations at the same time when working with a child's system. Choose the herbal remedy that addresses the worst problem first. One of the bonuses of a natural healing program is the frequent discovery that other conditions were really complications of the first problem, and often take care of themselves as the body comes into balance. In addition, rotating and alternating herbal combinations according to the changing health state of the child allows the body to remain most responsive to herbal effects. Reduce dosage as the problem improves – allowing the body to pick up its own work and bring its own vital forces into action. It's best to let the herbs gently rebuild health. Even when a good healing program is working, and obvious improvement is being made, adding more of the remedy in an effort to speed healing can aggravate symptoms and worsen the condition. The way to use herbs is as important as the herbs you choose.

Herbal Remedies (glycerin drops and/or teas) for high nutrition, anxiety, insomnia and/or restless sleep, hypoglycemia and hyperactivity include:

Elder Berries, (Sambucus Nigra) An expectorant and sweating herb for respiratory problems. This herb is excellent for quick-onset, quickens the duration of coughs/colds and flu. An anti-inflammatory, elder increases blood circulation and can reduce fever when needed. Vitamins A, B1, B2, B3, C, Calcium, essential fatty acids and flavonoids.

Fennel Seeds (Foeniculum) an aromatic anti-inflam-

matory herb with digestive and diuretic abilities. Helps stabilize the nervous system and moves waste material out of the body; pain-relieving and mucous-countering. An important part of an anti-gas; as a tea and wash to relieve conjunctivitis and inflammation of the eyelids. Amino acids, Calcium, essential fatty acids, iron, magnesium, manganese, phosphorus, potassium, selenium, vitamins B1, B2, B3, C and E.

Lemon Balm (Melissa Officinalis), primarily a calming, sedating, diaphoretic herb. Used to treat nervousness, insomnia and depression; an anti-spasmodic for calming respiratory catarrh (mucous) and for acute symptoms of colds, fevers and flu, and specific for hyperactive children with digestive disturbances. Excellent before bedtime to insure restful sleep. A good night's sleep can be insurance for a peaceful morning. Break fast with a protein meal.

Melanie Osborne is the owner of Thyme to Heal Herbs and practices on Route 302 in Lisbon, NH. She has been in practice since 1991. She is certified in Therapeutic Herbalism through the Blazing Star Herbal School in Shelburne Falls, Massachusetts.

The Bully on the Bus

by Elinor Mawson

It was just another day on the bus. Mike was sitting with a younger kid, Jimmy, who had some disabilities; Mike liked sitting with him as sort of a protection from the other kids. All was going as well as it could on a bus full of unwieldy elementary students when another boy suddenly grabbed the hat of Mike's seatmate and began throwing it around the bus.

Of course the younger boy jumped up and asked for his hat, upon which it sailed toward another kid and another and another. Of course the kid was quite upset--he tried to catch it as it came past him to no avail.

When Mike noticed what was going on, he told the kids to give Jimmy back his hat, which caused a lot of name calling and sneering. This went on for a few minutes until Mike, usually quiet and unruffled, jumped up and put the culprit in a headlock. (Mike knew a lot about headlocks since his brother was good at it).

Now you know that this action became noticed by the bus driver, but since they

were nearing school, nothing happened until they arrived at the bus stop. It was then that Michael and the other kid were taken inside to the principal and dealt with. There were very few accusations, the two boys were thrown off the bus for 5 days and their parents were called.

Mike was quite distraught; he had never gotten in trouble like this before and he was in fifth grade.

He made sure that Jimmy had gotten his hat back, and then went back to being his quiet well-behaved self. His parents made sure he got back and forth to school and the five days finally passed. He did a lot of thinking.

Several months later, his grandmother asked him about the incident. In particular, she wanted to know if it had ever happened again, and, if it did, what he would do about it.

It took only a second for her to get the answer. "I'd do the same thing," Mike replied.

Loving his sense of justice, his grandmother said, "That's the answer I was hoping for."

Not all Times are Trendy, but there will always be Trendy Times October 31, 2017 Volume 9 Number 2



by Cindy Pinheiro
to contact Cindy (aka Cin Pin)
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Frosted Pumpkin Squares

Hello, hello my fellow chefs!!! Today's recipe is so easy, it's mixed in all one bowl. Except the frosting.

This recipe fell into my hands by one of my best friend's mother who sat with me as we looked through her recipe box filled with recipes from her mother. She had made these Pumpkin Squares and we were having coffee and pumpkin squares and she found the recipe and copied it for me.

I still use the card she wrote out for me. This recipe is from the mid to late 1800's. I make them every year starting with Halloween all the way through New Year's Eve. It's a tradition in my family. It makes a lot, about 25 pieces depending on how big you cut them. I cut mine as you can see in the picture and placed them in paper cups to add to the festivity.

You will need a cookie sheet with sides approxi-

mately 16 x 12.

They should stay refrigerated and take out of fridge about 1/2 hour be serving.

Take out cream cheese and butter to soften (you can microwave to soften at 15 second intervals. You don't want to melt just soften.

Preheat oven to 350 degrees

- 4 Large Eggs
- 1 2/3 Cups sugar
- 1 Cup vegetable oil
- 1 can pumpkin 15-16 oz.
- 2 Cups all purpose flour
- 2 tsp. baking powder
- 2 tsp. ground cinnamon
- 1 tsp salt
- 1 tsp. baking soda
- Frosting
- 1 3 oz. pack cream cheese
- 1 stick butter (softened)
- 1 tsp. vanilla extract (not imitation)
- 2 cups powdered sugar
- 1 cup chopped walnuts

In large mixing bowl beat using electric hand mixer or a whisk, beat your 4 large eggs, add sugar, oil and pumpkin, add rest of dry ingredients, the flour, baking powder, cinnamon, salt and baking soda.

Pour into ungreased cookie sheet, tilting to fill right to the corners, get it as even as you can.

Bake 25 minutes on top shelf.

While cooking make your frosting. Cream together butter and cream cheese with



Eleanor Leach, Auxiliary Member & Veterans Affairs & Rehabilitation Chairmen and long time Quilter, and Regina Laraway, Quilting Sister gave out 3 more Quilts of Valor to three women Veterans at the VA Medical Center in Manchester, N.H. Wednesday, October 25, 2017. These Quilts were made by Northern Lights Quilt Guild & Quilters from N.H. Some of the Quilters are Veterans themselves and it was an honor to make them for their fellow Veterans. Twenty-one others Quilts were given out to the Women Veterans at the N.H. Veterans Home in Tilton, N.H. this past month.

L-R Carol Maynard, 1st Vice President NH Auxiliary, Carol Ducasse, VAVS Deputy of the VA Medical Center in Manchester, Regina Laraway, Eleanor Leach, Gloria Morin VA Medical Center Rep & Connie.

powdered sugar. Remove your pan from oven checking center with a toothpick, it should be dry.

Cool in pan. When cooled frost entire pan and sprinkle walnuts. Cut in pan with non stick spatula. I cut what I think i need and put plastic wrap over and refrigerate the rest. It stays moist and

is good for about a week. Cut as you need.

Makes a great gesture to a neighbor by giving them a small plate full.

I hope you like this recipe and make it a tradition like me.

Happy cooking and enjoy because they are deliciouso.

Signing off, Cin Pin



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