

A FREE PUBLICATION



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TRENDY TIMES

171 Central Street, Woodsville, NH 03785
Phone: 603-747-2887 Fax: 603-747-2889

Email: Gary@TrendyTimes.com
Website: www.TrendyTimes.com

MAY 1, 2018 VOLUME 9, NUMBER 15

Newly Renovated Colonial Theatre Opens For It's 103rd Season

On Saturday, May 5, the newly renovated Colonial Theatre in Bethlehem, NH will open for its 103rd consecutive season with more movies, more music, and more family fun. You are invited to experience a new and improved Colonial Theatre!

Opening the season this coming Saturday, the film *The Death of Stalin* combines palace intrigue with rapid-fire farce. This audacious comedy is a biting funny take-down of bureaucratic dysfunction performed to the hilt by a sparkling ensemble cast led by Steve Buscemi and Jeffery Tambor.

Kicking off this year's LIVE! at The Colonial concert series is the singer-songwriting team The Secret Sisters. No strangers to the vicissitudes of the performing life, this harmonizing duo went from touring with Bob Dylan

to losing their label, purging their team, filing bankruptcy and almost permanently trading harmonies for housecleaning. But there's a mythical pull to music that kept sisters Laura and Lydia Rogers moving forward, and they came out with a biting and beautiful third LP, produced by Brandi Carlile, *You Don't Own Me Anymore*. Their first as New West signees, it's a document of hardship and redemption, of pushing forward when it would be so much easier to drown in grief. And it's a story about how passion and pure artistry can be the strongest sort of salvation – how art is left, like perfect grains of sand, when everything else has washed away.

Following *The Secret Sisters* on stage at The Colonial you will be able to enjoy a newly expanded roster of es-

tablished and exciting emerging touring artists including: Session Americana, Girls, Guns & Glory, Asleep at the Wheel, Devon Gilfillian, Rebirth Brass Band, Dustbowl Revival, Ranky Tanky, Lady-smith Black Mambazo, Shovels & Rope, and Greg Brow. With more new shows will be announced soon!

Popular family entertainment will be returning again this year including the Colonial's Summer Children's Series in July and August, which presents a weekly dose of music, magic and mayhem. On Friday, May 25, step away from the screens and introduce the young person in your life to the wonder of the world famous Cashore Marionettes.

This season, in addition the very best of independent and world cinema, The Colo-



nial will be presenting more great film specials than ever before! Returning will be the Manhattan Short Film Festival, the White Mountain Jewish Film Festival, Anniversary Film Series and ONE-OFF features, but new series and specials this year include: REEL Outdoors; films devoted to the outdoor experience, Made in NH; films by NH filmmakers, In Concert/

On Screen; a series concert films in all genres from punk to opera, Arts Docs and, based on the popularity of our annual Manhattan Short Film Festival, Festival Fridays; a monthly festival of short films of all types. As always, you can purchase fine chocolates, organic popcorn with real butter, and beer and wine at all movies and live events!

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TRENDY Dining Guide

Tuttle's Family Diner

by Gary Scruton

Those of you who read this column on a regular basis already know that I like breakfast. Actually I like every meal. But a big breakfast, though not something I get on a regular basis, is a meal that I often look forward to for a number of days. This time we had the chance to get one of those big breakfasts at Tuttle's Family Diner. The Tuttles are the most recent family to take over this long time Wells River Village eatery.

We visited on a Sunday morning and immediately noticed changes that had happened in their space since our previous visit. There are now a pair of tables in front of the window on the other

side of the space occupied by Tuttle's. This increases their table tops to five, plus the long and winding counter space. The Tuttles have also added a few shelving units and have a few staples including dairy products from Hatchland Dairy, fresh baked goods, and room for additional items as time goes along.

Seating is great to talk about, but our reason to be there was the food that they serve. The menu is not a large one, but it includes most anything you may want. In fact I found something different on the breakfast side. One of the six numbered items was #5: Kielbasa, with 2 eggs, toast and homefries. Making that call was simple enough, but

then there is always a few options to go thru. Eggs? Over easy. Onions with your homefries? Yes, please. What kind of toast? We are out of homemade wheat. I'll take the cinnamon raisin.

Janice also had plenty of choices. She ordered #4 which included two pancakes (blueberry), 2 eggs (scrambled), 2 pieces of toast (changed to cinnamon raisin) and 2 pieces of sausage (patties not links). We also both had coffee with our breakfast and the cups were refilled, or at least offered to be refilled, two or three times.

When the waitress headed for our table with two plates we figured our meals were arriving. But it was only Janice's food. Yes, the pancakes took up all

of a plate all by themselves. The second plate held toast, homefries and eggs and sausage. She needed to make a second short trip to get my meal.

Janice's meal turned out to be more than she could eat for her big breakfast. As mentioned the pancakes were each the size of a plate, and not a dessert plate either. The sausage patties were also not small. I should also mention at this time that during her meal Janice asked for a glass of water. The waitress was quick to bring it over and then asked if she wanted a straw. I mention this only because in our "throw away" world today, many eateries simply give you a straw, or put one in the glass, whether or not you want one. It was appreciated that waste was reduced by the simple effort of asking if a straw was wanted.

My meal was also plentiful, even though I was able to get around all of it. The kielbasa was three lengths of half round meat that was fried. I have certainly had kielbasa that was cooked longer and crisper, but this was still quite enjoyable.

My eggs were just right, the toast was well buttered, and there was no need to hunt for the onions that accompanied the home fries.

While we were enjoying our meals we saw plenty of "locals" come and go from the lunch counter and tables. Even one group that was met with extra glee from the staff.

The total cost for all of this food, and beverage was \$19.62 before our tip.

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Not all Times are Trendy, but there will always be Trendy Times



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agers.

Mary Saucier Choate, UNH Cooperative Extension Field Specialist, Food Safety, is a nationally certified ServSafe® instructor and will be teaching this class on Wednesday, May 23, 2018 from 8:00 a.m. to 5:30 p.m. at the Grafton County UNH Cooperative Extension office in North Haverhill, NH.

Registration must be received by May 9th to allow time to receive and study the ServSafe® book. For more information, or to register, go to <http://bit.ly/ServSafe180523R>. Seating is limited. For questions about this class, or to schedule one in

your area, please contact Mary at Mary.choate@unh.edu or 787-6944.

For persons with disabilities, dietary, language or financial difficulties requiring special accommodations, please contact us prior to the event. Given ample time, we will make any reasonable effort to arrange accommodations.

The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. UNH, U.S. Dept. of Agriculture and New Hampshire counties cooperating.

**“Skydancer: The American Woodcock”
 ACT’s April Speaker Comes To Lisbon**

LISBON – Join Ammonoosuc Conservation Trust (ACT) at the Lisbon Town Hall on Friday April 27th at 6:30 p.m. for a conversation about the American woodcock with NH Fish & Game’s Waterfowl Biologist, Jessica Carloni. We’ll cover the unique life history of the woodcock (or timberdoodle), their biology, habitat requirements, and other fascinating woodcock facts!

If you aren’t familiar with the American woodcock, you’re in for a treat. These birds are delightfully curious, from their long list of nick-

names to their sky dancing mating ritual.

This event is sure to be of interest to anyone looking to learn more about our region’s wondrous wildlife. It’s free and open to the public although donations are gladly accepted. The program is geared toward adults, but all are welcome. Save your spot and help us plan accordingly by pre-registering

at www.aconservationtrust.org/education-events.

The Ammonoosuc Conservation Trust is the North Country’s lands conservancy, protecting land for the vitality and well-being of our region. Learn about our other workshops and outdoor recreation or become a member at www.aconservationtrust.org or by calling (603) 823-7777.

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N.H. Approves “Regenerative” Manufacturing

This past week, the House approved SB564 that provides a business tax credit and workforce development program for “regenerative” manufacturing business. This bill will most likely have long-term benefits to our medical well being for years to come. The intent of the bill is to assist in the creation of a new industry that will be based in NH. “Regenerative” manufacturing involves the creation of human organs from the donor’s own DNA. Those supporting SB564 argue that much of the science for the regeneration of human organs has been around for 20 years, and

that no new scientific breakthroughs are needed as 3D printing and advanced robotics are now available. To help moving forward, the University of New Hampshire (UNH) has committed to workforce training. Funding supporting this endeavor is supported by \$80 million from the federal Defense Advanced Research Projects Agency (DARPA), along with over \$200 million in private funding and commitments.

Nearly all states competed for these funds, and NH won the competition through the non-profit Advanced Regenerative Manufacturing

Institute (ARMI), directed by Dean Kamen, that is located in the Manchester mills. Mr. Kamen’s track record of accomplishments in innovative manufacturing such as dialysis machines and his ability to form a consortium of the companies equipped to supply the necessary technology were key to the awarding of funds. While the funding competition has been won, the competition for scaling up the manufacturing process remains intense. Other states, anticipating a windfall in business growth from potentially successful regenerative manufacturing, are actively soliciting ARMI’s relocation.

SB 564 has been written for the purpose of offering limited incentives to this nascent industry projected to directly benefit NH. The bill provides two key components: 1) A 10-year BET/BPT tax holiday on NH business organizations that have at least 75% of their business activities in regenerative manufacturing, and 2) A \$5 million student loan repayment program for NH employees in this new industry who stay for at least five years.

The skyrocketing costs of medical care indicate that the regenerative manufacturing industry has much potential for medical advancements, saving medical costs, and improving quality of life. During floor debate, some representatives raised constitutional issues such as why is N.H. creating a special tax treatment arrangement for a designated industry. This was addressed in the committee amendment. Four different lawyers with expertise in these matters, including the Attorney General’s office and a UNH professor, have unanimously agreed that the language of the bill as amended is constitutional. Members of the House of Representatives agreed with the 22-1 Out to Pass recommendation of the Ways and Means Committee and passed this landmark legislation with an overwhelming bipartisan vote.

Respectfully Submitted,
NH Representative Rick Ladd

Mrs. Augusta Petrone To Headline Lincoln Reagan Dinner

LINCOLN, NH: The Grafton County Republican Committee will hold their Annual Lincoln-Reagan Dinner on Tuesday, May 1st at the Mountain Club on Loon from 5-9PM. The very special guest speaker for the evening is the highly-respected Mrs. Augusta Petrone.

Augusta Petrone was born in Cambridge, MA, graduated from Smith College in 1958 with a degree in International Relations, and was married to Major Joseph Carlton Petrone that same year. They had a 5-year taxpayer-paid honeymoon in the historic town of Fontainebleau, France, an hour south of Paris.

Their second assignment was also in a foreign country for a Bostonian, in the Republic of Texas. The armored cavalry base of Ft. Hood was a major change from the historic tourist town of Fontainebleau with its 2000 room chateau, where Napoleon said goodbye to his troops. Assignments in Washington, DC, Seoul, Korea and again Washington followed before the Petrones returned to France—this time to the Paris Embassy.

Upon Joseph’s retirement as a career army officer, the Petrones exchanged the monuments and intrigue of Paris for the cornfields of Iowa. They were immediately drawn to the political world of the first-in-the-nation caucus state. Augusta volunteered to organize Marshall County for Governor Ronald Reagan’s 1976 campaign for President. She

continued in that volunteer job for his 1980 campaign, and in 1984, the Reagan-Bush National Campaign Director, Ed Rollins, nominated her to be the Iowa Co-Chairman under then (AND recent) Governor Terry Branstad. (Branstad is now President Trump’s Ambassador to China).

In 1985, after Joseph was nominated to be Reagan’s Ambassador to the UN in Geneva, Augusta finished perfectly-timed treatments with chemo for ovarian cancer, in time to attend briefings at the State Department with Joseph.

A few years later, the Petrones took up residence in the charming US Embassy that overlooked Lake Geneva. After an assignment-of-a-lifetime to Geneva, Augusta returned with her Iowa farm boy, but this time to Dublin, NH. After a dream-come-true marriage of 58 years, Joseph died peacefully beside her, at age 93, in Naples, Florida.

The evening begins with a VIP Meet & Greet with Mrs. Petrone at 5PM, for which special tickets are required. This will be followed by a “happy hour” and dinner. Dinner tickets are \$50 each, and VIP tickets are \$100 (this includes one dinner ticket). Table and Event Sponsorships are also available. For more information or to purchase tickets, contact Karen Cervantes at kcervant@earthlink.net, or call Cindy Downing at 603-536-3880 to pay by credit card.



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May 1, 2018

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North Country Chorus presents Mozart's Requiem

The Hilltones, St. Johnsbury Academy's select choral group, will join North Country Chorus in performing the well-known Requiem, K. 626. Concerts will be held at 7:30 pm on Saturday 5 May at Bradford (VT) Congregational Church, and at 3 pm on Sunday 6 May at South Church, St. Johnsbury.

Fans of the 1984 Oscar award-winning film Amadeus will find many of the Requiem's themes familiar. Count Walsegg commissioned the Requiem anonymously in mid-July 1791 after the death of his wife. He hoped to pass it off as his own work and enhance his reputation as a musician. Mozart was committed to completing and conducting two operas and a clarinet concerto until October, when he began work on the Requiem. His health had been failing since late August, and by November 20 he was confined to bed. His work on the Requiem continued until his death from rheumatic fever on 5 December at age 35. Mozart's wife Costanze, in need of the money, oversaw the completion of the Requiem. While details remain controversial, it is generally agreed that the composition was completed by Franz Süssmayr, a pupil of Mozart.

Accompaniment for the Requiem will be provided by organist Peter Beardsley and an orchestra of strings, winds and percussion. Soprano Julie Drown, a perennial favorite of



North Country Chorus Organist Peter Beardsley.

Courtesy photo.

North Country audiences, will be joined in the solo quartets by mezzo-soprano Katharine DeBoer, tenor Phil Brown, and bass Lucas Weiss. Other solos will be performed by Hilltones soprano Fiona Sweeney. The entire ensemble will be led by Musical Director Alan Rowe.

The Hilltones, recently back from their tour in Austria, will delight the audiences with several pieces on their own. The newly formed North Country Youth Chorus, led by Kaitlyn Bryant, will offer a few selections in their debut public appearance.

Tickets can be purchased in advance from catamountix.org for \$13. Admission at the door will be \$16. Admission for all students is \$5.

Visit northcountrychorus.org to learn more about the chorus, to subscribe to its email newsletter, and to link to its Facebook page.

St. Johnsbury Players Present Nunsense

Outrageous comedy and snappy dancing will take the stage during the first two weekends in May when the St. Johnsbury Players present the musical, Nunsense. This delightful production written by Dan Goggin centers on a group of nuns, The Little Sisters of Hoboken, who are "puttin' on a show". The fundraiser is necessary because most of the sisters in the convent have been wiped out by a bad batch of vichyssoise soup, the worst of Chef Sister Julia's many culinary disasters. All the dead sisters have been properly buried except for the four in the walk-in freezer. The hope is to raise enough money to bury the sisters before the New Jersey Board of Health makes a kitchen inspection. Susan-Lynn Johns plays the Reverend Mother, Mary Regina, who is in charge of the convent. It was the Rev's impetuous decision to buy a 4K TV which has led to the need for this fund-raiser. Her second-in-command, Sister Hubert, played by Lora Dean, aspires to the Reverend Mother's job and doesn't hesitate to point out Mary Regina's lack of judgment with the television purchase. Sister Mary Amnesia played by Sandi Breen is a sweet nun who

is constantly confused. She can't remember who she was before a crucifix fell on her head years ago. Sister Robert Anne, played by LTS music teacher Johanna Schillemat, is a tough cookie who grew up on the streets of Brooklyn and is sure this benefit performance could be her road to stardom. Sister Leo, the novice, portrayed by Heather Bowser, desperately yearns to be the world's first premiere ballerina nun. Rounding out the cast is Adam Lumbr who plays Father Adam, Stage Manager for the Benefit. The show is directed and choreographed by J. Michele Laberge and Patricia Webster. Musicians are William Brancaccio, band leader and keyboards; Johanna Kennedy, pianist; Barry Hayes, lead guitar; Sean Breen, bass guitar. Sound will be run by Zach Brown. Sue Montague is the prop mistress. Lighting will be



provided by Josh Duncan and set design by Jan Clausing. Nunsense will be performed at the St. Johnsbury School auditorium on May 4th, 5th, 11th, and 12th at 7:30. A 2:00 pm matinee will be held on May 13th. Tickets will be available at Catamount and at the door. Nunsense is produced with special contributions from Union Bank, Passumpsic Bank, Community National Bank and Catamount Arts. For more information contact 802-748-4694, or visit the St. Johnsbury Players' Facebook page or website: <http://www.stjohnsburyplayers.org/>

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Calendar of Events

A Full Page of Events from Local Non-Profits, Schools and Towns. *Presented FREE by Trendy Times.*

WEDNESDAY, MAY 2

WOODSVILLE AREA FOURTH OF JULY COMMITTEE MEETING
7:00 PM
Woodsville Emergency Services Building

FRIDAY, MAY 4

PEACHAM CORNER GUILD SEASON OPENING
10:00 AM - 5:00 PM Friday - Sunday
643 Bayley Hazen Road, Peacham

REQUIEM BY W.A. MOZART
7:30 PM
South Church, St. Johnsbury
See Article on Page 5

ST. JOHNSBURY PLAYERS: NUNSENSE
7:30 PM
St. Johnsbury School Auditorium, Western Avenue
See Article on Page 5

OPENING RECEPTION: TRANCE-PARENCIES
4:00 - 7:00 PM
The Gallery at WREN, Bethlehem
See Article on Page 8

SATURDAY, MAY 5

REQUIEM BY W.A. MOZART
7:30 PM
Bradford Congregational Church
See Article on Page 5

ST. JOHNSBURY PLAYERS: NUNSENSE
7:30 PM
St. Johnsbury School Auditorium, Western Avenue
See Article on Page 5

COLONIAL THEATER SEASON OPENING
Bethlehem,
See Article on Page 1

LABOR OF LOVE VOLUNTEER EVENT,
Dog Mountain, St. Johnsbury

SUNDAY, MAY 6

LABOR OF LOVE VOLUNTEER EVENT,
Dog Mountain, St. Johnsbury

REQUIEM BY W.A. MOZART
3:00 PM
South Church, St. Johnsbury
See Article on Page 7

MONDAY MAY 7

ROSS-WOOD UNIT #20 AMERICAN LEGION AUXILIARY MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

WEDNESDAY, MAY 9

ROSS-WOOD POST #20 AMERICAN LEGION INSTALLATION OF OFFICERS & DINNER
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

BATH BOOK CLUB DISCUSSION

6:00 PM
Bath Public Library
See Article on Page 7

THURSDAY, MAY 10

ST. LUKE'S COMMUNITY MEALS
5:00 - 6:30 PM
St. Luke's Parish House, Woodsville

ROSS-WOOD POST #20 SONS OF THE AMERICAN LEGION MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

FRIDAY, MAY 11

FREE COMMUNITY EVENT & SPAGHETTI DINNER
5:00 - 7:00 PM
Blue MT Union School

See Ad on Page 15

ST. JOHNSBURY PLAYERS: NUNSENSE
7:30 PM
St. Johnsbury School Auditorium, Western Avenue
See Article on Page 5

SATURDAY, MAY 12

SPRING WORK DAY
Grafton County Complex, North Haverhill
See Article on Page 7

ST. JOHNSBURY PLAYERS: NUNSENSE
7:30 PM
St. Johnsbury School Auditorium, Western Avenue
See Article on Page 5

SUNDAY, MAY 13

ST. JOHNSBURY PLAYERS: NUNSENSE
2:00 PM
St. Johnsbury School Auditorium, Western Avenue
See Article on Page 5

MONDAY MAY 14

HAVERHILL SELECT BOARD MEETING
6:00 PM
Morrill Municipal Building, North Haverhill

ST. JOHNSBURY PLAYERS: NUNSENSE
7:30 PM
St. Johnsbury School Auditorium, Western Avenue

WEDNESDAY, MAY 16

WHITE MOUNTAIN HUTS: PAST & PRESENT
7:00 PM
Joseph Patch Library, Warren
See Article on Page 7

SATURDAY, MAY 19

WEST NEWBURY BACKROOM PLANT SALE
8:00 AM
7292 RT 5 South, Newbury

Ongoing Weekly Events

MONDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Darling Inn, Lyndonville
BINGO - 6:00 PM
Orange East Senior Center, Bradford

TOPS (TAKE OFF POUNDS SENSIBLY)
6:00 PM - Peacham School
KIWANIS CLUB OF ST JOHNSBURY
6:15 PM - VFW Post, Eastern Ave.
DRAWING FROM LIFE - 6:00 - 8:00 PM
Joseph Patch Library, Warren

MONDAYS/WEDNESDAYS

RSVP BONE BUILDERS
10:30 AM - 11:30 AM
Linwood Senior Center, Lincoln
RSVP BONE BUILDERS
10:30 - 11:30 AM
United Community Church, St. Johnsbury

MONDAYS/THURSDAYS

ADULT INTERVAL AEROBICS CLASS - 6:30
Woodsville Elementary School
GOLDEN BALL TAI CHI
8:30 - 9:15 AM - St. Johnsbury House
RSVP BONE BUILDERS
9:00 - 10:00 AM
Municipal Building, Lyndonville
9:15 - 10:15 AM
Congregational Church, East St. Johnsbury
6:00 - 7:00 PM
Community Church, Concord

Golden Ball Tai Chi
8:30-9:30 AM - St. Johnsbury House
MON./WED./FRI.
RSVP BONE BUILDERS
10:30 - 11:30 PM - United
Congregational Church, St. Johnsbury

TUESDAYS

BREAKFAST BY DONATION
8:30 AM - 10:00 AM
Horse Meadow Senior Center,
North Haverhill
RSVP BONE BUILDERS
9 AM - 10 AM - St. Johnsbury House
10:30 AM - 11:30 AM
Congregational Church, Danville
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Senior Action Center,
Methodist Church, Danville
NOON - Presbyterian Church, S. Ryegate
NOON - Darling Inn, Lyndonville

TOPS (TAKE OFF POUNDS SENSIBLY)
Weigh In 5:00 PM - Meeting 6:00 PM
Horse Meadow Senior Center, N. Haverhill
EMERGENCY FOOD SHELF
4:30 PM - 5:30 PM
Wells River Congregational Church
COMMUNITY DINNER BELL -
5:00 PM September 5- June 5
All Saints' Church, School St., Littleton
AA MEETING (OPEN BIG BOOK)
7:00 PM - 8:00 PM
St. Luke's Parish Hall, Woodsville

TUESDAYS/THURSDAYS

ACTIVE OLDER ADULT STRENGTH CLASS
1:30 PM
Woodsville Post Office, S. Court St
RSVP BONE BUILDERS
3:00 PM - East Haven Library
TUESDAYS/FRIDAYS
GOLDEN BALL TAI CHI
8:30 AM - 9:15 AM
First Congregational Church, Lyndonville
RSVP BONE BUILDERS
9:30-10:30 AM
GRACE Art Gallery, Hardwick
GOLDEN BALL TAI CHI
8:30-9:30 AM
United Methodist Church, Lyndonville
RSVP BONE BUILDERS
9:30-10:30 AM
GRACE Art Gallery, Hardwick
Golden Ball Tai Chi
8:30-9:30 AM
United Methodist Church, Lyndonville

WEDNESDAYS

AQUA AEROBICS
Evergreen Pool, Rte 302, Lisbon
ADULT STRENGTH TRAINING
1:30 - 2:30 PM - North Congregational
Church, St. Johnsbury
BINGO - 6:30 PM
Haverhill Memorial VFW Post #5245
North Haverhill
CRIBBAGE - 7:00 PM
Orange East Senior Center, Bradford

WEDNESDAYS/FRIDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Presbyterian Church, West Barnet
NOON - Darling Inn, Lyndonville
THURSDAYS
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Senior Action Center,
Methodist Church, Danville
NOON - Darling Inn, Lyndonville
ST PAUL'S BIBLE STUDY ON JAMES, 6:15
PM, 113 Main St., Lancaster

FRIDAYS

RSVP BONE BUILDERS
9 AM - 10 AM - St. Johnsbury House
1:30 - 2:30 PM - United Congregational
Church, St. Johnsbury
WORSHIP UNDER THE TENT - 7 PM
100 Horse Meadow Rd, No Haverhill
AA MEETING (OPEN DISCUSSION)
8:00 PM - 9:00 PM
Methodist Church, Maple St, Woodsville

SATURDAYS

STORY HOUR FOR CHILDREN - 1:15 PM
Brainerd Memorial Library, No. Danville
SUNDAYS
CRIBBAGE - 1:00 PM
American Legion Post #83, Lincoln
NORTH DANVILLE BAPTIST CHURCH (ABC),
Worship and Sunday School, 9:30 AM
Refreshments at 10:20 a.m.

Horse Meadow Senior Center

Lunch is served daily at 12:00, except when noted

MAY EVENTS

Breakfast Buffet: Every Tuesday @ 8:30-10:00
Find-a-Sticker 5/2 @ Noon
Food Raffle: 5/2 @ Noon
50/50 Raffle: 5/16 @ Noon
*Meals are available M-F for home delivery.

*A variety of Exercise Equipment is available daily in Bertha's room at HMSC

SPECIAL DAYS:

Indian Head Trip/Mother's Day Celeb. 5/11-11:30AM-4:00PM Deluxe Barbecue, Music & Dancing
Mother's Day Brunch at the Center on May 10 at 11:00
Memorial Day BBQ Thursday May 24th, BBQ Chicken, Cole Slaw, Corn, Biscuits, etc
Macaroni & Cheese Cook off on May 24th, must be in a crock pot.
Free Photography Class

I Haven't Poisoned Anyone Yet! (that I know of...) A Food Safety Update for Today's Home Cook

So you know all about food safety in your kitchen, do you? See if that's true. Bring your questions and get ready to learn some surprising new ways to keep your food safe and save money at the same time.

Mary Saucier Choate, UNH Cooperative Extension Field Specialist will be presenting this program at the Monroe Public Library, 19 Plains Rd., Monroe, NH from 6:30 pm - 7:30 pm on Wednesday, May 9, 2018.

Pre-registration is appreciated, and can be done by contacting the UNH Cooperative Extension office at 787-6944 or e-mailing teresa.locke@unh.edu.

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ENTERTAINMENT: Starts at 11:15

Phyllis: 5/1, 5/15, 5/29
The Boy-z: 5/16
Ethel Cooper: 5/3, 5/9, 5/17, 5/23, 5/29
Bob Benjamin: 5/10, 5/24
Wayne Klinger: 5/7, 5/21
Carl, Gloria & friends: 5/2
Denys Draper: 5/22

CLINICS:

Senior Feet: 5/3 Starting @ 10:00 (\$30 by appt. only)
ON-GOING ACTIVITIES:
Movie Time Wednesdays at 1:00 starting with "Mamma Mia"
Bone Builders: Mondays, Wednesdays & Fridays @ 9:30
Grief Support with Florence, Wednesdays at 10:30 in the library
Interfaith Fellowship & Coffee beginning at 9:30 on 4/3 and 4/17 w/ Pastor Wayne Chevalier. All welcome!
Hearts & Hands Quilting:

Mondays @12:30
Herbal with Elaine on Fridays, 4/6, 4/20 @12:30
Nifty Needlers: Every Tuesday 9:00-2:00
Writers Group: Wednesdays @ 10:30
Bingo: Wednesdays @ 1:00
Floral Arrangements w/ Jane: Thursday 4/12 @ 9:30
Learning to Sew with Rosemary: Wednesdays at 9:30
Mahjonnig: Every Wednesdays at 12:30 and Fridays @10:30
MS Support Group: 1:00 @ 1:00
Cribbage: Thursdays @ 12:45
Cards w/Jeanie: Monday 4/2 @ 9:30
Peer Support Sr. Exercise Program Tuesdays and Thursdays from 1:30-2:30
Horse Meadow Chorus Mondays at 1:00 come join us, no experience necessary
Trivia Games Mondays at 11:00
*Also, Please think about volunteering here at Horse Meadow!

The White Mountain Huts: Past & Future

Join us at the Joseph Patch Library in Warren on Wednesday, May 16th at 7:00 p.m. for a presentation by Professor Allen Koop, author and professor at Dartmouth College, about the Appalachian Mountain Club's hut system. Situated on points along the Appalachian Trail, the huts are a unique institution in the White Mountains of New Hampshire.

Dr. Koop, author of books and articles about New Hampshire, including Stark Decency: German Prison-

ers of War in a New England Village, will explain the hut system, and explore how the huts and the people who built, maintain and use them have formed a world apart, a mountain society with its own history, traditions, and legends.

This presentation, sponsored by the NH Council for the Humanities, is free and open to the public. For more information, call the library at 603-764-9072, or email us at jpatchlibrary@yahoo.com.

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Sun-Mon, April 22-23, 2018
\$199 pp/double occupancy

You are invited to garden and learn! UNH Cooperative Extension Grafton County Master Gardeners Spring Work Day - May 12, 2018

Come work and play alongside experienced Master Gardeners at the Grafton County Master Gardener Spring Work Day event at the Grafton County Complex Memorial Gardens, 3855 Dartmouth College Highway, North Haverhill, NH on Saturday, May 12th. Learn about low maintenance, integrated landscaping techniques during this educational, hands-on session from 9:00 a.m. to 12:00 p.m. Participants will gather to begin the work day in the gardens on the south side of the Grafton County Nursing Home. No prior experience required!

The Memorial Gardens are now in the 13th year.

They offer nursing home residents, their families, employees and visitors a space to relax, contemplate, and admire nature's beauty. The gardens were developed by Master Gardeners using specific design principles including minimal upkeep, use of native NH plants, and use of hardy drought tolerant plants. With just one work day in the fall and one in the spring to keep the gardens in order, the gardens virtually take care of themselves!

For further information please call Heather Bryant, UNH Cooperative Extension - Grafton County, 603-787-6944 or email at heather.bryant@unh.edu

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TRANCE-PARENCIES | New Work by Debbie Aldrich and Lucy Golden

On Friday, May 4, from 5-7pm the Gallery at WREN presents the opening reception of TRANCE-PARENCIES, featuring the watercolor paintings of Debbie Aldrich and the jewelry of Lucy Golden.

The two artists were paired not only for their expert use of color, but for their synchronistic explorations of nature, femininity and the human relationship to mystery. It's no coincidence that the show falls during the month of Mother's Day, as Aldrich's works focus on her own mother's experience with Alzheimer's disease.

The exhibit is part of the First Friday events in Bethlehem, which include exhibits at 42 Maple Contemporary Art Center. TRANCE-PARENCIES is generously sponsored by The Littleton League of NH Craftsmen Gallery and The



Littleton Studio School, where both artists have taught and shown work.

Debbie Aldrich was born and raised in Sugar Hill into a very creative family. She began her formal art training began at Colby Sawyer College, in New London, NH and continued at The School of The Museum of Fine Arts in Boston, MA and the Glassel School of Art in Houston, TX. It was at Glassel where she studied with renowned abstract watercolorist, Arthur Turner, who was a great influence on her development as a painter. She is a three time recipient of Houston Watercolor Society's, Watercolor Scholarship, and her various awards include those from Houston Watercolor Society, the Houston Art League, the Galveston Annual Juried Show, The Texas Watercolor Society and the Beaumont Annual Tri-State Award. She teaches watercolor painting at the Littleton Studio School

Lucy Golden has been making jewelry in the White Mountains of NH for 30 years. Born in NYC, she grew up in Iowa and then the Philadelphia area, where

she started working with metals in high school. She received a BA in Semiotics (symbolism) from Brown University, and took jewelry classes at RISD towards her degree. After an interesting stint working in the fashion jewelry industry in Manhattan, she moved to Franconia, where she managed a League of NH Craftsmen Shop, and did production work for a craft jeweler. She was juried into the League of NH Craftsmen 30 years ago, and has been a self-employed jeweler ever since. She has participated in the League's Sunapee Fair for 28 years, and sells in most of their stores, assorted other galleries, and through her website. When not making jewelry, Lucy can be found foraging for mushrooms, hunting for moth cocoons, biking, hiking, or cross country skiing. She is devoted to the Littleton Studio School, where she teaches, takes classes, and volunteers.

WREN is a nationally recognized not for profit that provides and supports strategies for entrepreneurial development, access to markets, Main Street revitalization, and rural economic development. WREN inspires possibilities, creates opportunities, and builds connection through community and is dedicated to bringing rural people together to realize better lives and livelihoods by providing resources, education, and opportunity. For further information, call (603) 869-9736, email at wren@wrencommunity.org, or reach us on the web at www.wrencommunity.org

Rural Educational Leaders Network at Plymouth State University Selected as Rural Schools Collaborative's 'New England Hub'

PLYMOUTH, NH (April 26, 2018) – In May 2017, Plymouth State University (PSU) received a \$1.5 million gift from life-long educator Ann G. Haggart. The gift established the Holmes-Pattee-Haggart Family Fund to provide scholarships to New Hampshire students with financial need, giving priority to those hailing from Coös, Grafton and Carroll counties, and to create the Holmes-Pattee-Haggart Transformational Leadership Institute. This latter entity supports the Rural Educational Leaders Network at PSU (RELN), which was recently named the 'New England Hub' of the national Rural Schools Collaborative (RSC).

The RELN at Plymouth State University is a professional development network dedicated to the professional growth of educational leaders from rural New Hampshire school districts. The network currently comprises 60 administrative professionals from 21 New Hampshire school administrative units (SAUs). Now, as the Rural Schools Collaborative's New England Hub, RELN will extend beyond New Hampshire to work with administrative professionals and teachers in rural schools throughout New England.

"We are thrilled to partner with Rural Schools Collaborative as its New England Hub," said Linda Carrier, Ed. D., Assistant Professor of Educational Leadership, and Graduate Program Coordinator at Plymouth State University. "RELN offers administrators from New Hampshire's rural schools the opportunity to learn, share ideas, and bring concepts back to their respective schools. This new partnership with RSC allows us to provide resources to help schools implement these ideas in their classrooms, not only in rural New Hampshire, but in our neighboring New England states as well. It is very exciting."

RELN at Plymouth State University focuses on 'place-based' education, which entails integrating the



Linda Carrier, Ed. D., Assistant Professor of Educational Leadership, and Graduate Program Coordinator at Plymouth State University is the facilitator of the Rural Educational Leaders Network at PSU (RELN), which was recently named the 'New England Hub' of the national Rural Schools Collaborative (RSC)

community into rural school curriculum to help students understand and appreciate the uniqueness of their communities, and their roles as citizens.

"Ann Haggart envisioned a program in which K-12 administrators and teachers would have opportunities to work alongside community and corporate leaders to enhance their skills and knowledge of real-world challenges," said Carrier. "RELN is a direct result of her vision, and we are already seeing results in our rural schools."

The New England Hub and the Rural Schools Collaborative will work together to bolster support for rural education in New Hampshire and throughout New England. RELN will host its third annual "Summer Summit" at Plymouth State University on July 18th and 19th, where NH school administrators will hear from and engage with experts on rural education, and share ideas with colleagues on addressing issues and needs in rural schools and implementing programs and practices to address them in their respective schools.

For more information about RELN and the New England Hub, visit www.ruralschoolscollaborative.org/profiles/new-england-hub.

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15th Year • Sunday, May 20, 2018

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To Bedell Bridge Boat Launch (Off Rt. 10, Haverhill Corner)

FREE Shuttle Service (for persons and personal equipment only)
from Bedell to Woodsville available
from 10:00 - 11:00 AM.



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Suggested Launch Time 10:30 - 11:30 AM (Approx. Paddle Time 3.5 Hours)

BBQ Lunch provided by Rotary with music by Strawberry Farm Band

All participants MUST abide by safe boating rules and regulations

EVENT SPONSORED and SUPPORTED BY:

Haverhill Recreation Commission • Newbury Conservation Commission
Woodsville/Wells River Rotary Club • Cohase Chamber of Commerce • Butler's Bus Service
Upper Valley Land Trust • Upper Valley Trails Alliance

Paddle The Border - Fall is scheduled for Sunday, October 7, 2018

For Further Information Contact **Mike Thomas (802) 757-3960**
or email mikethom1@charter.net

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3-Time Grammy Nominee Neko Case To Appear in St. Johnsbury

KCP Presents is delighted to welcome three-time Grammy nominee Neko Case back home to the Northeast Kingdom for a special concert showcasing the singer/songwriter's newest work. Case will perform at St. Johnsbury Academy's Fuller Hall on Thursday, September 27th, with opening act Thao of The Get Down Stay Down.

It's been five years since Case's last solo project, *The Worse Things Get, the Harder I Fight, the Harder I Fight, the More I Love You*. In the interim, she released *Trucker*, *Gladiator*, *Mule*, a box set of her entire solo discography; joined k.d. lang and Laura Veirs for the case/lang/veirs project; and released *Whiteout Conditions* with longtime bandmates The New Pornographers.

Recording the stunning case/lang/veirs collaboration was a revelation for Case. "I learned so much experiencing the work ethic of those two," Case says, referencing Veirs' innovative guitar tunings and Lang's studio skills. Lang, Case says, is "probably the most natural producer I've ever seen. Watching her work was awe-inspiring."

After their national tour together, Case found similar transcendence in October, 2016, while sitting on a panel at the inaugural WOMAN-PRODUCER project summit in Brooklyn. Between discussions and performances from a diverse group of women who produce music worldwide, Case wondered how it had taken so long to get to that moment, and why so many female music pioneers have been forgotten or unacknowledged.

"The George Martins and

Quincy Joneses of the recording pantheon deserve every drop of praise for every project they have received," Case says, "but we can't keep telling the same stories over and over. We need more stories, more inspiration, more flavors."

Case set to work on her next record looking not just for new stories but for new sounds. This time, she wanted to put herself in a setting far away from everything she knew. She traveled to Sweden and teamed up with Swedish producer Björn Yttling in the fall of 2017. Case had already written songs with longtime collaborator Paul Rigby, laid down vocal and guitar tracks at Tucson's WaveLab Studio, and built Carnacial Singing, her recording space here in Vermont.

But in the middle of her stint in Stockholm, with the finish line in sight, she got a surreal 3am phone call telling her that her Northeast Kingdom house was burning and would likely be completely destroyed. The fire had started in the barn, where she kept an assortment of belongings from artwork to old pianos. A friend had managed to get her dogs to safety, but once the flames jumped to the house, Case's home was engulfed.

Hours later, Case went into a Stockholm studio and laid down the vocals for "Bad Luck," singing lines she had written long before she realized they would land on her.

Case is now stoic about the fire. "If somebody burned your house down on purpose, you'd feel so violated. But when nature burns your house down, you can't take it personally." The month

before the blaze, Hurricane Harvey slammed into Texas and flooded Houston. Case's home burned just as Hurricane Maria plunged Puerto Rico into a nightmare and wildfires were incinerating California. "In the big picture, my house burning was so unimportant," she says. "So many people lost so much more: lives and lives and lives."

Case's new record *Hell-On* came out of all this reckoning with lost stories. Death, extinction, exploitation, tides, animals, and adoration all blend recognizably. Case's trademark narrative gaps, just large enough for listeners to enter each song, will be familiar to longtime Case fans. As with *Fox Confessor Brings the Flood* and *Middle Cyclone*, *Hell-On* spins away from conventions of story, slipping into real life with its fierce mess and blind catastrophes. But *Hell-On* deviates from Case's familiar patterns as well.

"I'm writing fairy tales, and I hear my life story in them, but they're not about me," Case says. "I still can't figure out how to describe it. But I think that's why we make music or write things. You've got to invent a new language."

Regarding those fairy tales she's writing and the history she's recounting, Case continues, "We need them now more than ever. We need stories from all sectors. Stories without endings. Stories with multiple endings. Stories that don't end happily, cautionary tales, everything. We don't need Disneyfied stories anymore."

A force of nature, an act



of a mercurial, forgotten god, *Hell-On* is a record sealed by fire, filled with love and rage and dangers that might lay waste to everything at any moment. So if you wake up dazed in a smoking landscape, walking through the detritus of your own lost civilization with the smell of ash in your hair, your favorite sweater gone and a new song in your head, don't say you weren't warned.

Tickets to see Neko Case

at Fuller Hall in St. Johnsbury on September 27 are available now at www.cata-mountarts.org or by calling 748-2600. Neko Case has partnered with PLUS1 so that \$1 from every ticket will go to Peer Solutions (www.peersolutions.org) in support of their positive youth leadership and development program designed to prevent harm before it begins and engage lifetime ambassadors for positive change.

The KCP Presents Series is produced by Catamount Arts working in association with Kingdom County Productions and supported by generous local sponsors with grant funding from the National Endowment for the Arts and the Vermont Arts Council.

GOLF TOURNAMENT

6th Annual "Tee It Up For Kids"



Sunday, June 10th

Maplewood Country Club

8:00 am Shotgun Start

Scramble Format

Continental Breakfast and Lunch

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\$85/person * \$340/team of 4

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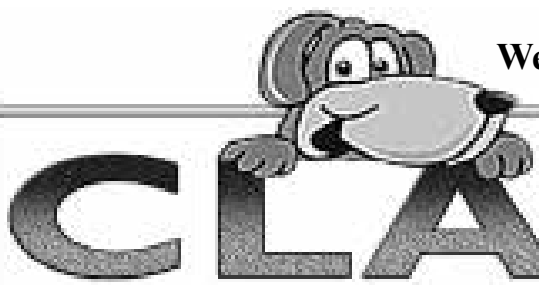
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Letter to the Editor

To the editor,
Gary,

You mention the Honorable Constitution in your editorial reply to me.

I believe, the US Constitution and our Forefathers Wisdom, in Establishing The Future For America by Amendments to the Constitution of the United States.

The Beginning of the Amendments (After Thoughts were Added)

The First Ten Amendments Known to all as the Bill of Rights. Our Forefathers thought ahead for us, that we will have to continue with change as our country grows, the world grows.. New Rules and laws will have to be made and/or Amended for its times. Amendment I, is the First and Most important, in my opinion. If not for the first, I would not be able to speak or write this letter. Nor would this paper or any other paper be able to print these words to their readers. It is important to Have a Free Press,

Nancy,

I firmly believe in our Constitution. I also have nothing but pride in our forefathers. They wrote, on the second try, a document that has been our blueprint for more than two hundred years.

When it comes to the Electoral College and electing the President of the United States, it is the set of rules that we live by (and have done so for 200+ years) and that our politicians must abide by. Rules do not get changed because the loser did not like the outcome. Rules should only be changed when it is obvious that changes need to be made to make the playing field even for all. So come 2020 we will be using the same rules, we all get to vote and then the Electoral College convenes to finalize the election. There will be a winner, and a loser, and our country will go on.

Gary Scruton, Editor

for Free People, to be able to speak their thoughts. The purpose for Amendments is to change our laws, rules, thoughts and times in our lives by making anew, Amendments or add to them, new thoughts and rules & laws. When laws etc. are outdated, it is time to changed them, to make our country, our lives better.

A November 2016 article written by a very well known NH Publisher, Joe McQuaid and Paper, The Union Leader, about the Electoral College and The Irrelevant Popular Vote (Means nothing/no vote, doesn't count, waste of time.) because the Electoral College Elects the POTUS. So why are we doing this Primary Vote. Why not just have a group of people from each state tell us who our POTUS will be. Save time and money all around.

Not so bad, Be Different, the American People actually Vote For Our POTUS.

Nancy Leclerc,
North Woodstock

Nothing Costs Nothing

Op-Ed by James Hobbs

I was talking to a distinguished member of our select board a while back. It had to do with Powder Puff Hill! He said it doesn't cost the taxpayers anything to own it. Well, Mr. selectman, nothing costs nothing.

And who is paying the \$8,000.00 bill to resurvey? Santa Claus? And when the new boundary is disputed; how much will the tie-breaking survey cost? And the next one! And the one after that until you get the results you are looking for?

What has the strip morgue of curtained downtown stores cost the tax payers? Downtown Woodsville used to be an asset to the town. Why did the select board allow our only grocery store to close in downtown Woodsville? I remember when there were five grocery stores down town. Peoples Market, The Kelley Store. Bill Hartwell's Meat Market. The A&P, Norris Store. Billy Fields Store. So I lied, there were SEVEN!

And now there is none and it doesn't seem to bother the select board because Powder Puff Hill isn't costing us anything. Hmmm! The last one to close could still be open and supplying a quick stop for Opera Block residents as well as work-

ers from Wells River and Woodsville. Did the select board talk to the owners who were making a living in that grocery store?? NO!

Did the select board talk to the owners of the building who inherited it and were charging an outrageous lease? NO!

Did the select board talk to the grocery company (American Grocers, I think) whose stockholders were happy with the store, even though it

was their smallest unit? NO! Well, I did! And I told them all just what I thought. Too bad the select board hadn't taken some time solving that problem. But they have all the time in the world to spend on Powder Puff Hill! If it is of such historical value (WHICH IT IS NOT!) ... why the hell isn't the Haverhill Historical Society paying the tab?

Jim Hobbs, but what the hell do I know!

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A few generations ago, it was not uncommon for workers to stick with a single job for their whole careers. But for many of us today, frequent job changes are a fact of life: The average employee tenure is just over four years, according to the Bureau of Labor Statistics. So, assuming you're going to switch jobs a few times, you'll want to be prepared. Here's a checklist of things you can do to smooth these transitions and help your financial situation:

- Build an emergency fund. Some of your job changes may be involuntary, so you'll want to have a cash cushion handy – just in case. One smart move would be to build an emergency fund, containing three to six months' worth of living expenses, with the money kept in a liquid, low-risk account.

- Consider your options for your former employer's 401(k) plan. If you had a 401(k) plan with your former employer, you have three main options:

You could leave your money in the plan, if the employer allows it; you could move the money into your new employer's plan, if permitted; or you could roll the funds over to an IRA. You'll want to weigh the "pros" and "cons" of these choices carefully before making a decision.

- Choose investments from your new retirement plan. If your new employer offers a 401(k) or similar plan, you'll need to choose the investments within the plan that are most appropriate for your goals, risk tolerance and time horizon. Contribute as much as you can afford to the plan, and consider increasing your contributions every time your salary goes up.

- Make sure you've got health insurance. The health insurance offered by your new employer may not begin the minute you start your job. Given the high costs of medical care, you'll need to make sure you are protected until your coverage kicks in. So, for that interim period, you may need to consider the feder-

al health insurance marketplace, COBRA continuation coverage or private medical insurance. You might also be eligible to be covered under your spouse's health insurance. And you may want to learn what your options are for health savings accounts (HSAs), if available.

- Review your new benefits package – and take steps to fill gaps. Your new benefits package may include life and disability insurance, but these group policies may not be enough to fully protect you and your family. A financial professional can help you quantify your protection and insurance needs and offer guidance on how much coverage you may require.

- Understand your income tax considerations. Getting a new job may involve income tax implications, such as changes in your tax bracket, severance pay, unused vacation and unemployment compensation. And if you are thinking of exercising stock options, be aware that this, too, can be a taxable event. Finally, if you have to move to take a new job, you may incur some relocation and job hunting expenses that could be deductible. You will need to discuss all these issues with your tax professional.

Starting a new job can be exciting – and challenging. But you may be able to make your life easier by putting the above suggestions to work.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor

Volume 9 Number 15

May 1, 2018

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THEN AND NOW

BY JIM HOBBS - WHITE MOUNTAIN TRADER - 603-243-0225 - INFO@WMTN.BIZ - WOODSVILLE, NH



Woodsville, NH A&P Block Fire, Dec 1961 All-Night Fire Destroys Block In N. H. Town

A raging fire that burned all night destroyed a business block in downtown Woodsville. Damage was estimated at \$125,000. The flames broke out at 8 p.m. and quickly engulfed the three-story Central Street block. Firemen finally brought the fire under control at 5 a.m. today.

Fire Chief Joseph Maccini said the big wooden building, 60 years old, was a total loss. Part of the roof caved in and only the smoldering hulk was left when the flames were extinguished by the combined efforts of the Woodsville and four other closeby community fire fighters!

The first floor housed a newly opened hardware store, a 5 and 10 cent store, an automatic laundry and an oil co. office. On the second floor were lawyers' offices and the municipal court. The third floor contained apartment units, only one of which was occupied. Atty. Luigie Castello, the owner, estimated the loss. Cause of the blaze was not determined. This property is now occupied by the Woodsville office of the Bank of New Hampshire

Betty Mae (Thompson) Conrad: OBITUARY

Pike, NH – Betty Mae (Thompson) Conrad, 90, of Lily Pond Road, died Monday, April 23, 2018, at Dartmouth Hitchcock Medical Center, Lebanon, NH.

She was born in Haverhill, NH, February 7, 1928, a daughter of Milledge M. and Mary O. (Miller) Thompson, and graduated from Haverhill Academy Class of 1946. She married John M. Conrad, II, on August 17, 1947. Betty was a member of the Bethany Congregational Church in Pike, where she had served as a Trustee, Superintendent, and Teacher of the Sunday School. She was a member of the Pike Ladies Aid and former treasurer, and was the Librarian at the Pike Library. Betty also has volunteered at the Horse Meadow Senior Center in North Haverhill, and was a Hospice volunteer. She was a founding member with her husband John of the Connecticut Valley Snowmobile Club. Betty was a founding member of the Oliverian Recreation Association and she held various positions over the years with this group, and was a member of VFW Post # 5245 Ladies Auxiliary of North Haverhill. She was a foster parent to several children over the years. Betty enjoyed with her boys the outdoors, either hunting, trapping, and fishing.

Betty was predeceased by her husband, John M. Conrad, II on January 28, 1987; a daughter, Linda Jane Conrad in 1949; a son, Thomas M. Conrad on September 28, 2005; a grandson, Seth Conrad on October 22, 2010; two great grandchildren, Kaitlyn R. Conrad on July 25, 2001, and Jacob S. Conrad on September 15, 2013; and by six brothers, John, Richard,



Roy, Robert, Milledge, and Roger; and a sister, Ruth Showalter.

Survivors include two sons, Franklin R. "Mike" Conrad and wife Rebecca of Pike, and Philip R. Conrad and wife Kim of East Haverhill; a daughter, Marlene Young of Willsboro, NY; nine grandchildren; nine great grandchildren; 2 great great grandchildren; a sister, Rena Landry of Virginia; along with several nieces, nephews and cousins.

Calling hours were held on Friday, April 27th, from 6 to 8 PM at Ricker Funeral Home, 1 Birch Street, Woodsville, NH.

The funeral service were held on Saturday, April 28th, at 11 AM at the Bethany Congregational Church, Pike, with Rev. Jane E. Wilson officiating. Burial will be in the Ladd Street Cemetery, Haverhill, NH.

In lieu of flowers, memorial contributions may be made to the North Country Home Health and Hospice Agency, 536 Cottage Street, Littleton, NH 03561 or Bethany Congregational Church, c/o Alice Hodgdon, 1150 Brushwood Road, Pike, NH 03780.

For more information or to sign an online condolence please visit www.rickerfh.com

Ricker Funeral Home, Woodsville, NH is in charge of arrangements.

Robert C. Hanaford OBITUARY

South Ryegate, VT – Robert C. Hanaford, 60, died on Sunday, April 15, 2018 at his home on Creamery Road.

Robert was born in Plymouth, NH, April 18, 1957, the son of Harold Hanaford and Barbara Beckley.

Robert married Christine Willey on December 24, 1994. He worked for many years in the road construction field for many local companies including Morrill Construction in North Haverhill, NH. In Robert's spare time he enjoyed hunting, fishing for Walleye, riding his Honda Goldwing, and bowling. He was very passionate about playing men's softball in the South Ryegate League and he had also coached a women's softball team.

Robert was predeceased by his mother, Barbara Beckley on November 15, 1998; his father, Harold Hanaford, March 17, 2018; and his stepfather, Jonathan T. Ruppert, Jr. on February 22, 2014.

He is survived by his wife of 23 years, Christine (Willey) Hanaford of South Ryegate, VT; an aunt, Sandra Romberger of Cortland, Ohio; a step daughter, Patches Beam of North Haverhill, NH; a half sister,



Lynn Comeau of Hebron, NH; a half brother, Brian Hanaford of Plymouth, NH; and four cousins.

A celebration of life is being planned for a later date and to be announced at the time.

For more information or to sign an online condolence please visit www.rickerfh.com

Ricker Funeral Home & Cremation Care of Woodsville is in charge of arrangements.

Dwight Robie CELEBRATION OF LIFE

Bath, NH – Dwight Alan Robie, 68, died on Wednesday, February 28, 2018 at the Dartmouth Hitchcock Medical Center, Lebanon, NH.

A celebration of life will be held on Saturday, May 12 from 1 to 4 PM at the Ammonoosuc Valley Fish and Game Club, 1463 Wild Ammonoosuc Road, Bath, NH. For more information or to sign an online condolence please visit www.rickerfh.com

Ricker Funeral Home & Cremation Care of Woodsville is in charge of arrangements.

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What About Ma?

by Kellie Quackenbush

What is a Lifeline

Recently, a young lady was telling me about the terrible experience she had with her father. Her father, living on his own, suddenly felt like he was very ill. He did not have a cell phone and could not remember any of his adult children's phone numbers, so, he drove himself to the hospital. He was diagnosed with a heart attack. I asked her, "Why didn't he press the button on his life-line?" She responded, "What is a life-line?"

A Life-line is a tool. It is a communication device that helps to keep people who live on their own independent. By using the button, a person can get help fast without the worry of being "a bother" to their family and friends.

The many dangerous and life-threatening parts of the above story are why I am going to explain the very big value of having a life-line. The man could have died on the way to the hospital. He could have had a car accident causing other people to have injuries or die. He might not have made it to the car. He may have died in the hospital parking lot. Nobody knew he needed help.

The importance of having such a device is that emergency situations happen at all times of the day and with a "life-line" there is always someone there to respond. The mobile alert is very

handy for people on the go. What do you do when you are shopping and someone steals your purse? Push the button and help is on the way. What do you do when the smoke detector goes off at 2AM? Push the button and help is on the way. What do you do when you have fallen down the stairs? Push the button and appropriate help is on the way. What do you do when you are golfing and all of a sudden you cannot catch your breath? Push the button and help is on the way.

A Life-line, medical alert, fall detector, mobile medical alert, life alert or help button is a device that a person wears on their wrist (like a watch) or on a pendant around their neck at all times to be able to get help in an emergency. These emergency buttons are set with emergency contact numbers and will get 911 services to a person who is unable to dial a phone. Some of these emergency buttons are connected to the home phone and others work like cell phones (with GPS) to get help where you are located (if you get attacked in the grocery store parking lot or some other emergency). The value of the service is that independent adults have quick access to help when alone.

Pressing the button gives immediate notice that

something is happening. If the person with the button is unable to speak, rescue is sent and help is on the way. Recently, my nephew was visiting Grandpa and pressed Grandpa's button. The monitor beep sounded and an operator was asking if help was needed, it wasn't and the system was reset--no big deal.

There are many types of systems for these emergency buttons. The AARP monthly magazine has several brands advertised and some are available at Walmart or a part of a hospital outreach service. They all have a modest monthly fee but in some communities, for those on a limited budget, local organizations--like the Lions Club, will pay for the service.

Being alone or having physical limitations is very difficult. Having an accident and becoming unable to move is a dreadful event--be prepared and be safe with the easiest device you can use to get help. While it is nice to think your family would be there to answer your call if anything ever happened, the reality is that they may be away from their phone, at work or far away. The lifeline has dedicated people waiting for someone to push their button, they are ready to help. One thing to remember, is that you are not being rude by pushing your button in the night or any other time. The service is to get you the help you need as quickly as possible.

For people over fifty, it is better to have the service and not need it than to need it and not have it.

Dogs

by Elinor Mawson

We have never owned a dog. For many years, I didn't like dogs for various reasons.

I remember one of the dogs that my parents owned. It was a beagle (I think) named Trophy, and I tolerated it, but just barely. And I think he knew it.

I was a teenager at the time, and had just learned to make argyle socks. Now these aren't ordinary socks--they have a pattern of diamonds with lines running through them and are very difficult to knit. And having to make two of them makes them twice as hard!

One day when I was home alone, I finished my pair of argyles, washed them, put them on sock stretchers and hung them on the clothesline on the back porch. I felt very proud of myself.

Several hours later I went to see if they were dry and I nearly died--my beautiful argyles were shredded! Of course Trophy was sitting there looking innocent as a new born babe. I wanted to kill him! I sure hated him from then on.

A few years later my parents bought a farm in Vermont and moved. When we went to visit them, the condition of the house was so bad that we didn't want to sleep there. It was a disaster! Ceilings were falling down, a lot of dogs had used it as their bathroom, and the place smelled to high heaven. Fortunately we had been warned, and we brought a tent which we pitched outside, which was far nicer than the house.

One night when we were just falling asleep, Mother Nature decided to bring us a thunderstorm. As the lightning flashed and thunder

boomed, we were visited by my parents' dog Tammy. She was a Golden Retriever with bad hips, eczema, and halitosis, She was scared to death besides. There was no extra room in the tent for another living thing and it was all we could do to get her out of there, especially when she didn't want to go. My dislike of dogs returned.

When my sister was married to her second husband they did a lot of traveling. Rather than put their dog in a kennel when they went on safari, they asked me if I would come to their house on Cape Cod and dog-sit. Their dog was a large German shepherd mix who had no name! (She called him "Doggy"). I wasn't too thrilled about it, but packed my bag and took off. The dog wasn't that difficult--he had a run, he ate once a day, I took him on his leash up and down the driveway, and all went well. I got to like him! Soon we were taking longer walks, and when we went by a cranberry bog, I let him off his leash.

It was the wrong thing to do! He took off and I followed as fast as I could. He visited every neighbor within a half mile, and I found myself on strange steps and in unfamiliar yards. When he got tired. he came back to me and the leash. I know I was tireder than he was!

For some reason I still liked him even though I couldn't trust him. He was good company and I was sorry to leave him when my sister came home.

My dislike of dogs is gone now, thanks to "Doggy". He helped me to realize that dogs aren't all alike.

But I would never knit another pair of argyles when he was around.

TRENDY TIMES STAFF

SALESRICHARD M. RODERICK & GARY SCRUTON

DISTRIBUTION AGENTS VAUGHAN SMITH, RICHARD RODERICK, JESSICA EMERSON, GARY SCRUTON

CONTRIBUTING WRITERSMAGGIE ANDERSON, ELINOR P. MAWSON, MARIANNE L. KELLY, ROBERT ROUDEBUSH, GINDY PINHEIRO, KELLIE QUACKENBUSH

EDITOR / PUBLISHER.....GARY SCRUTON

EDITOR'S ASSISTANTJANICE SCRUTON

WEB MASTERPAUL HUNT

Phone 603-747-2887 • Fax 603-747-2880
gary@trendytimes.com

171 Central St. • Woodsville, NH 03785
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Melanie Osborne is the owner of Thyme to Heal Herbs and practices on Route 302 in Lisbon, NH. She has been in practice since 1991. She is certified in Therapeutic Herbalism through the Blazing Star Herbal School in Shelburne Falls, Massachusetts.



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by Cindy Pinheiro
to contact Cindy (aka Cin Pin)
write to the editor at
gary@trendytimes.com

Stuffed Onion Bombs

Hello hello my fellow chefs. I found this recipe on TV and made some adjustments that I thought would make it easier and tastier. Basically they looked easy until I tried them. I think you will get it once you cut your first onion.

Cut the top and bottom of the onion and remove skin. Make a slit in whole onion stopping at half way through. Carefully remove three outer onion shells. Try to pop mid-

dle of onion out and chop for stuffing. You should have an onion section with one slit to open and stuff and come out round. This is what you will need:

- Preheat oven to 375degrees
- 4 medium onions
- 1 lb. Hamburg
- 1 Cup bread crumbs
- 1/2 cup Barbeque sauce
- 1 Egg
- 1 teaspoon salt
- 1/2 tsp. Pepper



- 1 teaspoon garlic powder
- 1/2 cup milk
- 1/2 cup chopped onion (use center of onion)
- 1 lb. Bacon
- Barbeque sauce for dipping

Get your onions ready and chop the insides up for stuffing. Put ground beef in bowl and make a well in the center. Add bread crumbs,

BBQ sauce, egg, salt, pepper, garlic powder, 1/2 cup milk and 1/2 cup chopped onion. Mix well and make smallish meatballs. Put meatball carefully inside onion. Be careful not to break onion shell. If you do, that's okay. It will stick to stuffing.

Cut bacon strips in half and wrap criss cross around stuffed onion letting ends of bacon be at the bottom. Place your finished onions on baking sheet on top of a cooking rack to allow fat to drop and helps to crisp the bacon, bake for 45 -55minutes. As they cook the bacon

shrinks and hugs the onion. Let cool for about 15 minutes. Makes 12.

Then serve warm as an appetizer with BBQ sauce for dipping, or serve as main dish with a nice salad. Try serving with a Blush Rose wine or a Pinot Grigio. Remember to drink responsibly.

I hope you like this recipe and know you'll get better at cutting and stuffing the onion. I thought this recipe was different and sounded Delicioso !!! Good luck !!! Till next time I'm signing off, Cin Pin.



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June's Lupine Celebration

Spring is on its way and soon the Lupines will be blooming. Plans are in place for June's Lupine Celebration sponsored by the Franconia Notch Regional Chamber of Commerce. Here's a quick glimpse at a few scheduled highlights.

On June 3, Sunday, at The Rocks in Bethlehem, take part in a guided trail walk to view the wildflowers. If the weather cooperates, you will see yellow Ladyslippers, Blood Root, Columbine, Trillium, Trout Lilies and other New Hampshire wildflowers.

The Sugar Hill Lupine Celebration takes place on June 9-10. The weekend includes an open-air market with over 80 participants, artisan and cooking demonstrations, local authors, helicopter rides and more. On Saturday, members of the Strathspey & Reel Society of NH will play a delightful mix of traditional Scottish, Quebecois and New England dance tunes. Then later in the day, Woody Pringle and Marek Bennett present the NH Humanities program:

Rally'round the Flag, a look at the American Civil War through music. Audience members participate and sing along as the presenters explore lyrics, documents, and visual images from the Civil War. Camp songs, parlor music, hymns, battlefield rallying cries, and fiddle tunes challenge participants to find connections between song, art, and politics. On Sunday afternoon, Parker Hill Road Band will play their blend of music from Bluegrass to Pop. Plenty of toe-tapping opportunities during this weekend.

On June 2-3, 9-10, and 16-17; The Sugar Hill Sampler offers Horse-drawn Wagon Rides in their Lupine Field, a unique way to enjoy the blooms or take your time and walk the Lupine path lined with inspirational quotes.

The Sugar Hill Historical Museum and the Franconia Heritage Museum invite you to explore their exhibits. You'll find "time" is the theme in Sugar Hill while Franconia is focusing on "country stores".

We wish to thank the hosts, volunteers and sponsors for making this year's Lupine Celebration possible: Branch Insurance, Fortin Home Watch Plus of Lyman, Franconia Notch Vacations, Harman's Cheese & Country Store, Gale River Motel, Market Vendors, The Ledges on Sugar Hill, The Rocks, Sugar Hill Sampler, Town of Sugar Hill, Woodsville Guaranty Bank and many individuals giving their time to make this month-long celebration a success. Plan to take in an event or two as you enjoy the lupine blooming throughout our region.

For more information, Visit: www.franconianotch.org or facebook's Celebration of Lupine.



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