

A FREE PUBLICATION



Next Issue: Tuesday, September 18

Deadline: Thursday, September 13

TRENDY



TIMES

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SEPTEMBER 4, 2018 VOLUME 9, NUMBER 24

Motorcycle Weekend in the Valley

The first weekend after Labor Day each year bring a new sound to the Connecticut River Valley around the fairgrounds in North Haverhill. It is the multiple arrivals and departures of riders preparing for and participating in the Ammonoosuc River Turkey Run. This event has been held for over 40 years and is a non-competitive dual sport charity motorcycle event. The participants

will ride in both Vermont and New Hampshire over the two day affair.

The Saturday event travels mostly in Vermont towns including Newbury, Bradford, Fairlee, West Fairlee, Corinth, Topsham, Washington and Vershire. This day is sponsored by the Montshire Trail Riders of Vermont which is a charter member of the New England Trail Riders Association. The NETRA has

riders from all around New England and they number about 3000.

The Sunday ride is sponsored by the Norumbega-Trail Riders and riders get to view the scenery in Haverhill, Bath, Lisbon, Lyman and Landaff, NH as well as Newbury, VT.

Both of these groups ride dual purpose motorcycles that are fully registered for street riding, but also enjoy a bit of dirt or even mud when they hit some of the class 4 and 6 roads in the two states. The local police departments are also involved with this event as Haverhill Police and Grafton County Sheriff departments are in the loop, as well as the state of NH with a written permit.

As mentioned, these rides are non-competitive, but rather are a chance for these riders to collect together, enjoy some great riding, and make a contribution to the local

economy as well as to many local non-profit organizations. Over the past 40 years over \$125,000 has been donated to many other charitable groups. And more recently the groups have begun to donate ZOLL Automated External Defibrillator (AED's) to many of those groups.

In the spring of 2018 one of those groups to receive an AED was the North Haverhill Fair Association. Not only was the device given to the group in order to give greater protection to fair goers as well as others who rent the fairgrounds, but a member of the club, and employee of ZOLL demonstrated the device to many members of



the fair association. Though there is the hope that such a device may never be needed, it can be a comfort to many to know that such a device is present and ready for use in the case of an emergency.



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TRENDY Dining Guide

Miss Lyndonville Diner

by Gary Scruton

There are times when we take the opportunity to visit one of our Trendy Dining Guide advertisers when we are anxious to continue with other activities of the day. This happened on a Saturday morning when we headed to Lyndonville. The afternoon was to include a visit to the annual Caledonia County Fair. But before we got there we stopped for a meal at the Miss Lyndonville Diner.

We have visited Miss Lyndonville a number of times before and always have found good food. But there are two other things that I want to also mention this time. First, we arrived just before 12 noon on a

busy Saturday. But we were quickly escorted to a small booth for two. Our waitress offered us beverages (a cup of coffee and a glass of water for us both) and asked if we knew what we wanted for meals. We had not come through the door knowing what we wanted so she left us for a bit. When our menus were returned to the table she soon returned in order to take our orders.

Janice had recently been out west (Seattle) and though it was near the Puget Sound they did not have whole belly clams. She gave in to that temptation this day, and from the regularly priced menu, made the choice of that specific offer. The clams came with a choice of potato (fries) and a side (she took

cottage cheese though one of the options was corn on the cob).

I was still in the breakfast mode so took advantage of their offer to serve breakfast all day long. Number 16 on the breakfast menu is a country omelette. The menu describes it as containing three eggs, potatoes, ham and cheddar cheese.

As I mentioned the diner was quite busy as tables filled, emptied, were cleaned, and new folks seated in an orderly, efficient manner. With that in consideration, as well as the variety of our meals, we still received our orders in one trip and in only about 10 minutes or less.

Janice's clams were all that one could want for this type of seafood dinner.

Plenty of clams and fries. In fact she had more fries that she could eat. There were enough fries left over to take home, but considering we were headed for the fair, we did not take the doggie bag offered.

In regards to my meal, wow!. My country omelette was almost as thick as some countries. With the potatoes cooked right in the omelette it almost asked for a knife to cut it into bite sized pieces. But it certainly did not need a knife. A fork cut it just fine and the melded tastes were just delicious. It was also quite filling when accompanied by the two pieces of homemade whole wheat toast with a choice of jellies and jams.

Like any good waitress, even if we didn't both finish our meals, she tried to tempt us with a piece of pie. Ah, if only.

Well, no luck for her to sell us dessert so she left our slip instead. She then returned again to get the slip and my card to go and settle our bill. She came back with the slip and after leaving a tip we left our table. We both made a stop at the rest rooms on our way out and then realized that even though we were

not in the least bit hurried before, during, or after our meals, we had only been at Miss Lyndonville Diner for just 45 minutes. A real quick time to be at any eatery and especially appreciated as we were headed for other afternoon endeavors.

The second point I wanted to make was that the menu did not have "market price" on Janice's seafood meal. But instead a price that was always the same.

Our total for the meal was \$30.52 before tip.

September 4, 2018 Volume 9 Number 24

Not all Times are Trendy, but there will always be Trendy Times



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Tarleton Castle Arts, a developing art residency facility in Bath, New Hampshire, is pleased to announce its first Open House on Saturday, September 8th. From 1-6 pm, the public is invited to tour a handcrafted 7-story castle, see the beginnings of Studio in the Woods, experience the first installations on the Sculpture Trail, and meet a few of the 2018 Pioneer Residency Program participants. Live music will be performed by regional singer/songwriter, Ana D'Leon, light refreshments will be offered, and attendees will be able to interact with a variety of hands-on art activities.

Raised with Quaker sensibilities, Dailey has always equated his actions with their effects on society. Although he had lucrative employment in the tri-state area of Pennsylvania, New Jersey, and Delaware, Dailey was drawn to the beauty and promise of northern New England. He says art is a sensibility that he has always applied to his work and environment whenever possible.

Tarleton Castle was initially conceived as a livable sculpture by Founding Executive Director, Tim Dailey. As the sculpture grew, he quickly realized that it must be shared. Construction on the castle began in 2004. In 2015, Tarleton Castle Arts became a 501(c)3 nonprofit organization. Today, it offers residencies to college level artists who learn real-world building skills by directly contributing to the construction of both the castle and its campus and assisting with community workshops.

For many years, Dailey was a commercial artist, restored antique automobiles, and designed and built custom autos and accessories, among other jobs. For the past twenty years, most of his work has been in the building trades as both a designer and builder. He states, "Architecture can be a functional form of art, lending purpose and beauty to structures and the landscape they meld with. They can and should be usable inhabitable sculpture."

landscapes they inhabited. Among the most intriguing were the towers. Towers of wood, stone, iron, and concrete. In 2004, the need to build a tower won me over and I started to draw a castle tower."

The mission of Tarleton Castle Arts is to provide residency programs for emerging artists and designers to work with their hands and derive inspiration from the natural world. Artists will receive studio space and a supportive community to further their work. They will, in turn, provide art programming for the local community with a focus on youth. Visit tarletoncastle.org online to learn more about this facility.

Dailey went on to say, "When I was a boy, my parents took me to many museums and historic sites. Some of these had amazing building and structures, sculptural forms that seemed to be formed by and for the

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Respality has Spaghetti Dinner To Celebrates 6 Years

RESPITALITY is celebrating its 6th Anniversary with a Spaghetti Dinner on September 6th from 5-7:00. The dinner is being held at the New Life Christian Center, 475 Whitefield Road, Route 116 Bethlehem. All proceeds from the spaghetti dinner will go to the Respality program which provides respite for caregivers who have loved ones that are experiencing the early stages of Alzheimer's disease or other related dementia.

at 991-0155. The dinner includes salad, garlic bread, dessert and a beverage. A meatless spaghetti sauce will be served. Meatballs will be available for those who

would like them.

The dinner is by donation this year. Please consider coming out and supporting this much needed ministry.

At Respality they provide a safe, nurturing and stimulating environment one day a week (Tuesday) from 9-3:00pm. Respality is a non-profit ministry that is staffed by volunteers who go through a one day training along with a State of NH back ground check.

Their goals at Respality are to provide a break for the caregivers and honor the guest who has the disease. They do it by celebrating the life of the guest, through reminiscing, their achievements and valuing them at this stage in their lives. This is a vital need in our communities, serving both Grafton and Coos County. It is located just outside of Littleton on the Whitefield Road.

If you would like more information about the program or would like information about the Spaghetti Dinner, please call Patricia



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NH Education Equity

Among the many challenges facing the upcoming legislature is how to fairly fund K-12 education. As heard at the Haverhill Cooperative School Board meeting on August 13, board members and residents are deeply concerned with inequities associated with the state education funding formula. Most education aid distributed by the state is on a per-pupil basis, and in a time of declining enrollments throughout New Hampshire, the state's funding system which is based primarily on "per capita" enrollment is negatively impacting smaller enrollment districts that have the same program mandates as wealthy property based districts. When

state funding continues to decline after a district has already initiated various cost saving measures, school boards are forced to make difficult program decisions. Increasing local taxes is not well received!

The last change to the state education formula occurred in 2015 when the legislature and Governor decided to phase out stabilization grants. Stabilization grants were initially designed to assist or hold communities experiencing declining enrollments financially harmless. When initiated, Haverhill's stabilization grant amounted to \$2,109,770. The district is now slated to lose \$84,391 annually, 4% of the original amount. The total state sta-

bilization account, \$158.4M, is now reduced 4% or \$6.3M annually.

I introduced HB 356 this past session with the intent to review the state adequacy aid formula and make recommendations by November 1, 2018.

As with most finance-oriented legislation, the state's current education funding formula created winners and losers. Communities hurt by the 2011 formula have the following characteristics: small enrollments, declining enrollments, a proportion of their state aid premised upon stabilization revenue, and a high percentage of free and reduced lunch eligible students. Communities most negatively impacted and having 100 or more students include: Berlin, Hinsdale, Colebrook, Northumberland, Newport, Lancaster, Greenville, Pittsfield, Milan and Haverhill. Communities with 100 or more students not negatively impacted in-

clude: Bedford, Exeter, New Boston, Lyme, Grantham, Greenland, Dover, Sutton, Windham and Stoddard. It is a fact that rural communities are those most hurt.

The original Claremont lawsuit aimed to reduce the disparity in property tax rates among NH municipalities. According to the Center for Public Policy, between 1998 and 2015, the results of the current education formula suggest that there has been nearly no change in the relative differences in tax rates. During this time, however, statewide school enrollment declined 15% resulting in per pupil state aid increasing by 65% due to continued funding of "stabilization."

Hold harmless provisions are in many state education finance formulas. They are designed to prevent an immediate resource drain on districts in flux. States like New Hampshire get in trouble when they allow "hold harmless or stabilization"

provisions to become permanent. However, legislation passed in 2015 to wind down stabilization grants while the state is facing significant declining enrollments is counter productive to stabilization receiving communities that are least able to make up the financial difference. Many of these poorer districts such as Haverhill have considered and initiated cost saving efficiencies and have looked at the positives and negatives of consolidation in order to maintain a lid on local taxation, but the task is difficult and requires many organizational changes. For these reasons the statewide education formula must be modified this session in order to establish equity in educational opportunity throughout all NH school districts.

Respectfully Submitted,
NH Rep Rick Ladd
Chairman, House Education

The Battle for Biomass: David vs. Goliath

By State Senator Bob Giuda
(R-Warren)

The veto override debate over SB365 and SB446 is raging. These bills support small local renewable power generation capacity – a threat to the giant utilities with vast transmission and distribution monopolies. Killing off biomass capacity and limiting local power networks will only tighten their chokehold on the electricity industry.

This article will only address SB365 because the consequences of its veto because, unlike the veto of SB446, failure to override SB365 will cause the death of an industry with serious consequences to the state economy.

New England and New Hampshire need reliable energy fuel supplies to prevent brownouts and blackouts and to grow our economy. We need multiple energy sources to ensure reliability and price stability. Last winter, New England's spot natural

gas prices were the highest on the planet – far higher than biomass. Killing our biomass plants is exactly the wrong thing to do, as other states' scheduled closing of fossil and nuclear mega-powerplants will remove more base load capacity from the grid, with little replacement capacity coming on line.

Opponents of SB 365 state that biomass is subsidized and unneeded. But large utility projects are also subsidized – by a guaranteed rate of return. And the oil and gas industries are subsidized by very favorable treatment in the federal tax code.

The Public Utilities Commission estimates the cost of SB365 to be about \$18.7 million/year. Cost to the average Eversource residential ratepayer? About \$1.78 extra per month until the bill sunsets in three years. And the claimed "savings" by vetoing SB365 for the three-year term of SB 365 is almost totally wiped out by the \$17

million increased cost for out-of-state producers to replace the lost in-state capacity. And this cost is forever, not just for three years.

It's critical to understand that the benefits of our small local powerplants extend far beyond the meter, because every single biomass dollar starts and ends in New Hampshire – not in South America, Mexico, the Middle East or Canada. If we don't override this veto, dollars once spent on New Hampshire energy will now flow to out-of-state producers. We will lose 900 jobs directly, and dozens more in the local stores and businesses that provide supporting goods and services. (Note: immediately after the vetoes, \$9 million in heavy equipment sales were canceled – all from distributors south of Concord.) Towns will lose property and timber tax revenues. Farmers will lose wood ash fertilizer for their fields. World-class management of our forests – an

essential part of our tourism and recreation industries – will deteriorate.

Again: every single biomass dollar is a New Hampshire dollar, providing hundreds of New Hampshire jobs, supporting hundreds of New Hampshire families, and generating millions in state and local tax revenues.

Our choice is simple: we can give biomass a 3-year lease on life, or we can kill it forever. If we kill it, NH will remain hostage to the ever-increasing costs of the antiquated system of mega-plants and transmission lines run by out-of-state agencies and managed by virtual monopolies with rates of return guaranteed by law. (Note: Shortly after these vetoes, Eversource was granted a 19.2% rate increase.)

The real issue here is our commitment to energy independence. Biomass, solar, hydro, wind and geothermal power are the only sources of renewable energy "indigenous" to New Hampshire; wind is outrageously expensive, and not economically viable. The Legislature was right when it voted to pass SB 365 & SB 446 with overwhelming bipartisan majorities.

The real impact of these vetoes goes far beyond the false savings of \$1.78/month on your electric bill. They enable big utilities to further consolidate their chokehold on the electricity industry, and they will forever eliminate an exclusive New Hampshire energy source that might just be part of the answer to our quest for true energy independence.

Ask yourself why vested interests supporting huge faraway powerplants and massive transmission and distribution systems want to kill sustainable, locally produced sources of energy and prevent the emergence of small local energy networks. Ask yourself why the Burgess powerplant bill gave Eversource a 20-year monopoly over biomass power production in New Hampshire. Ask yourself who benefits from maintaining existing system of transmission/distribution monopolies whose costs often exceed the cost of the electricity itself.

And then ask your State Representatives and Senators to vote to override the veto of SB365. David bested Goliath once. We can do it again.

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Cohase Chamber 48 Hour Film Slam Public Screening, Sunday, Sept. 16

Bradford, VT- The Cohase Chamber of Commerce invites the public to join them for the public screening of their 9th Annual Cohase 48 Hour Film Slam films on Sunday, September 16 at 7:30 PM. The event will be held at the Bradford Academy Building at 172 North Main Street, Bradford, Vermont. The films shown at the event will be the result of a competition that began on Friday, September 14th. Admission is by donation at the door.

Teams are required to write, film and produce an 8-minute film in 48 hours utilizing an assigned genre, a specific line of dialogue, a specific area landmark, a specific prop and product placement from one of the event sponsors.

A panel of judges from the film industry and regional community will award cash prizes (\$500, \$250 and \$100) to the top three teams, as well as a Peoples' Choice award of \$100. This year, additional prizes and awards will also be given out including complete libraries of Save The Cat! screenwriting

books, 12-month memberships to MZed.com and their library of filmmaking and photography courses, as well as \$100 gear credit from LensProToGo. The Chamber will also be awarding copies of Final Draft software. Final Draft software, which is valued at over \$200 per copy, is the number-one selling screenwriting application and the standard for professionals in the entertainment industry.

This event is made possible through the generous financial support of local sponsors Woodsville Guaranty Savings Bank, WYKR, Wells River Savings Bank, Wells River Chevrolet, Cygnus Pictures, Trendy Times and Bliss Village Store. The event is also made possible through the generous support and in-kind donations of corporate sponsors Final Draft, Save the Cat!, MZed.com and LensProToGo.

For more information about the public screening or to register a team, please email the Cohase Chamber at cohasechamber@gmail.com or call them at (802) 518-0030

North Country Chorus Invites Singers

North Country Chorus will begin weekly rehearsals for its fall season on Tuesday, September 4 at 7:15 pm in the band room of the Morse Center for the Arts at St. Johnsbury Academy. The group will perform "Laud to the Nativity" by Ottorino Respighi and "Lux Aeterna" by Morten Lauridsen on December 1 in Littleton and December 2 in Peacham.

NCC is a community chorus of about 75 members serving the Upper Connecticut River Valley of New Hampshire and Vermont. Each December and May the Chorus presents concerts featuring mostly classical works. The group welcomes all singers who are willing to commit to its standards of attendance and musical excellence. New members are invited to join through September 18.

To learn more about the North Country Chorus or to

register online, visit northcountrychorus.org. Questions? Contact Musical Director Alan Rowe at arowe@stjadecademy.org or at 802-748-5027. You are also invited to follow NCC on Facebook.

Old Church Theater's Comedy-Murder-Mystery Opens Sept. 14

Bradford VT: Old Church Theater will present its latest offering, "AS LONG AS WE BOTH SHALL LIVE", by Sean Grennan, over the next two weekends, opening September 14th and playing Fridays and Saturdays at 7:30pm and Sundays at 4pm. The theater is located just past Farmway in Bradford, VT.

This play is a comedy murder mystery: The quirky female lead, a genius, has finally met a man who can keep up with her. But marrying him means wrangling with his disapproving mother, as well as the over-the-top wedding planner. But when the wedding planner is poisoned at the rehearsal dinner, tensions between bride and mother-in-law-to-be become even more heated... Is the bride the killer, or can she solve the solve the case before she says "I do"? Or is she in for a honeymoon behind bars?

The director is Athene Chadwick. In the cast are Marcela Williamson, Mikaela LaCombe, Brian Bevacqua, Ken Hullican and Brendan Chadwick.

Reservations are recommended for the best seats: Call 802-222-3322 anytime or email reservations@oldchurchtheater.org. Admission is \$12, \$10 for seniors and \$6 for students. More information is available at www.oldchurchtheater.org.



The cast of "As Long As We Both Shall Live", Old Church Theater's newest comedy murder mystery. Left to right, are Marcela Williamson, Mikaela LaCombe, Brian Bevacqua, Ken Hullican and Brendan Chadwick. The play opens September 14th and runs two weekends at the group's new theater just past Farmway in Bradford, VT. For reservations and information call 802-222-3322.

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DAY TRIPS - OVERNIGHT TRIPS

www.funtimetravelnh.com

American Cancer Society Day Trip

To Benefit the Caledonia Relay for Life "Zachary's Angels"

SUNDAY, AUG 12, 2018
\$75/Adult \$70/Ages 12 & Under

Cathedral of the Pines Day Trip

Rindge, NH

THURSDAY, AUG 23, 2018
\$75 per person

The North Country Longspurs will be holding their 22nd Annual NWTF JAKES EVENT on Saturday, September 15th

It will be held at the Bunnell Camp in Passumpsic, VT. Registration starts at 7 am and ending at 3:30 pm.

All participants between the ages of 7 to 17 will take part in learning stations and activities. Regular JAKES are 7 to 12 and X-Tremes are 13 to 17. Regular JAKES will have learning stations such as pond life, BB gun shooting, fishing techniques, archery, forestry walk and kayaking. X-Treme JAKES will participate in learning stations such as shotgun shooting, map and compass, turkey hunting tactics and first aid.

The registration fee is \$15 per youth. This includes membership to either regular JAKES or X-Treme JAKES quarterly magazine, lunch, goodie bag, and all activities. Parents are asked to contribute \$2 each towards lunch costs.

For a registration form, contact Colleen Racenet at 802-535-7459, or go to our website, northcountrylongspurs.com. Like us on Facebook!

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Calendar of Events

A Full Page of Events from Local Non-Profits, Schools and Towns. *Presented FREE by Trendy Times.*

TUESDAY, SEPTEMBER 4

HAVERHILL SELECT BOARD MEETING
6:00 PM
Morrill Municipal Building, North Haverhill

WEDNESDAY, SEPTEMBER 5

WOODSVILLE AREA FOURTH OF JULY COMMITTEE MEETING
7:00 PM
Woodsville Emergency Services Building

THURSDAY, SEPTEMBER 6

RESPITALITY SPAGHETTI DINNER
5:00 - 7:00 PM
New Life Christian Center, Route 116, Bethlehem
See Article on Page 3

FRIDAY, SEPTEMBER 7

EARLY NATIVE AMERICANS: RECOVERING THE SOUL
7:00 - 9:00 PM
42 Maple Contemporary Art Center, Bethlehem
See Article on Page 15

SATURDAY, SEPTEMBER 8

ALL YOU CAN EAT BREAKFAST
8:00 - 10:00 AM
Lake View Grange, W. Barnet

TARLETON CASTLE OPEN HOUSE

1:00 - 6:00 PM
243 Foster Hill Road, Bath
See Article on Page 3

SUNDAY, SEPTEMBER 9

BENEFIT TEXAS HOLD "EM POKER
11:00 AM Cash Game - 1:45 Tournament
Moose Lodge 1779, Portland St., St. Johnsbury

ACOUSTIC MUSIC JAM

12:00 Noon - 4:00 PM
Clifford Memorial Building, Woodsville
See Ad on Page 7

MONDAY, SEPTEMBER 10

ROSS-WOOD UNIT #20 AMERICAN LEGION AUXILIARY MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

TUESDAY, SEPTEMBER 11

NEW HAMPSHIRE PRIMARY DAY
A Polling Station in Your Town

WEDNESDAY, SEPTEMBER 12

ROSS-WOOD POST #20 AMERICAN LEGION MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

THURSDAY, SEPTEMBER 13

ROSS-WOOD POST #20 SONS OF THE AMERICAN LEGION MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

FRIDAY, SEPTEMBER 14

AS LONG AS WE BOTH SHALL LIVE",
7:30 PM
Old Church Theater, Bradford
See Article on Page 5 & Ad on Page 15

SATURDAY, SEPTEMBER 15

NWTF JAKES EVENT
7:00 AM Registration
Bunnell Camp, Passumpsic
See Ad on Page 5

FREE CLOTHING EVENT

10:00 AM - 4:00 PM
Warren, NH Town Hall

BIG TICKET RAFFLE & PICNIC

12:00 Noon - 2:00 p.m.
Cottage Hospital's Gazebo Courtyard, Woodsville

CHICKEN PIE SUPPER

Servings at 5:00 - 6:00 - 7:00 PM
So. Ryegate Presbyterian Church

AS LONG AS WE BOTH SHALL LIVE",
7:30 PM
Old Church Theater, Bradford
See Article on Page 5 & Ad on Page 15

SUNDAY, SEPTEMBER 16

BENEFIT TEXAS HOLD "EM POKER
11:00 AM Cash Game - 1:45 Tournament
American Legion Post #58, St. Johnsbury

NORTH HAVERHILL FAIR VOLUNTEER PICNIC

12:00 NOON
North Haverhill Fairground
See Ad on Page 3

AS LONG AS WE BOTH SHALL LIVE",
4:00 PM
Old Church Theater, Bradford
See Article on Page 5 & Ad on Page 15

48 HOUR FILM SLAM

7:30 PM
Bradford Academy
See Article on Page 5 & Ad on Page 9

MONDAY-FRIDAY, SEPTEMBER 17-21

FREE CLOTHING EVENT
10:00 AM - 6:00 PM
Warren, NH Town Hall

MONDAY, SEPTEMBER 17

HAVERHILL SELECT BOARD MEETING
6:00 PM
Morrill Municipal Building, North Haverhill

TUESDAY, SEPTEMBER 18

CREATING CONNECTIONS THAT COUNT
6:30 - 7:30 PM
Haverhill Cooperative Middle School
See Ad On Page 8

THURSDAY, SEPTEMBER 20

VFW POST #5245 MONTHLY MEETING
7:00 PM
VFW Hall, North Haverhill

Ongoing Weekly Events

MONDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Darling Inn, Lyndonville
BINGO - 6:00 PM

Orange East Senior Center, Bradford
TOPS (TAKE OFF POUNDS SENSIBLY)
6:00 PM - Peacham School

KIWANIS CLUB OF ST JOHN SBURY
6:15 PM - VFW Post, Eastern Ave.
DRAWING FROM LIFE - 6:00 - 8:00 PM

Joseph Patch Library, Warren
MONDAYS/WEDNESDAYS

RSVP BONE BUILDERS
10:30 AM - 11:30 AM
Linwood Senior Center, Lincoln
RSVP BONE BUILDERS
10:30 - 11:30 AM
United Community Church, St. Johnsbury

MONDAYS/THURSDAYS
ADULT INTERVAL AEROBICS CLASS - 6:30
Woodsville Elementary School

GOLDEN BALL TAI CHI
8:30 - 9:15 AM - St. Johnsbury House

RSVP BONE BUILDERS
9:00 - 10:00 AM
Municipal Building, Lyndonville
9:15 - 10:15 AM
Congregational Church, East St. Johnsbury

6:00 - 7:00 PM
Community Church, Concord
Golden Ball Tai Chi

8:30-9:30 AM - St. Johnsbury House

MON./WED./FRI.

RSVP BONE BUILDERS
10:30 - 11:30 PM - United
Congregational Church, St. Johnsbury

TUESDAYS

BREAKFAST BY DONATION
8:30 AM - 10:00 AM
Horse Meadow Senior Center,
North Haverhill
RSVP BONE BUILDERS
9 AM - 10 AM - St. Johnsbury House
10:30 AM - 11:30 AM
Congregational Church, Danville

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Senior Action Center,
Methodist Church, Danville
NOON - Presbyterian Church, S. Ryegate
NOON - Darling Inn, Lyndonville

TOPS (TAKE OFF POUNDS SENSIBLY)
Weigh In 5:00 PM - Meeting 6:00 PM
Horse Meadow Senior Center, N. Haverhill

EMERGENCY FOOD SHELF
4:30 PM - 5:30 PM
Wells River Congregational Church

COMMUNITY DINNER BELL -
5:00 PM September 5- June 5
All Saints' Church, School St., Littleton

AA MEETING (OPEN BIG BOOK)
7:00 PM - 8:00 PM
St. Luke's Parish Hall, Woodsville

TUESDAYS/THURSDAYS

RSVP BONE BUILDERS --
8:30 - 9:30 -- Monroe Town Hall

ACTIVE OLDER ADULT STRENGTH CLASS

1:30 PM
Woodsville Post Office, S. Court St

RSVP BONE BUILDERS
3:00 PM - East Haven Library

TUESDAYS/FRIDAYS

GOLDEN BALL TAI CHI
8:30 AM - 9:15 AM
First Congregational Church, Lyndonville

RSVP BONE BUILDERS
9:30-10:30 AM
GRACE Art Gallery, Hardwick

GOLDEN BALL TAI CHI
8:30-9:30 AM
United Methodist Church, Lyndonville

RSVP BONE BUILDERS
9:30-10:30 AM
GRACE Art Gallery, Hardwick

GOLDEN BALL TAI CHI
8:30-9:30 AM
United Methodist Church, Lyndonville

WEDNESDAYS

AQUA AEROBICS
Evergreen Pool, Rte 302, Lisbon

ADULT STRENGTH TRAINING
1:30 - 2:30 PM - North Congregational
Church, St. Johnsbury

BINGO - 6:30 PM
Haverhill Memorial VFW Post #5245
North Haverhill

CRIBBAGE - 7:00 PM
Orange East Senior Center, Bradford

WEDNESDAYS/FRIDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House

NOON - Presbyterian Church, West Barnet

NOON - Darling Inn, Lyndonville

THURSDAYS

NEK COUNCIL ON AGING'S HOT MEALS

11:30 AM - St. Johnsbury House

NOON - Senior Action Center,

Methodist Church, Danville

NOON - Darling Inn, Lyndonville

ST PAUL'S BIBLE STUDY ON JAMES, 6:15

PM, 113 Main St., Lancaster

TOPS (Take Off Pounds Sensibly) --

Weigh-in @ 6:00 p.m., meeting @ 6:30

-- Monroe Public Library

FRIDAYS

RSVP BONE BUILDERS

9 AM - 10 AM - St. Johnsbury House

1:30 - 2:30 PM - United Congregational

Church, St. Johnsbury

WORSHIP UNDER THE TENT- 7 PM

100 Horse Meadow Rd, No Haverhill

AA MEETING (OPEN DISCUSSION)

8:00 PM - 9:00 PM

Methodist Church, Maple St, Woodsville

SATURDAYS

STORY HOUR FOR CHILDREN - 10:15 AM

September thru May

Brainerd Memorial Library, No. Danville

SUNDAYS

CRIBBAGE - 1:00 PM

American Legion Post #83, Lincoln

NORTH DANVILLE BAPTIST CHURCH (ABC),

Worship and Sunday School, 9:30 AM

Refreshments at 10:20 a.m.

Horse Meadow Senior Center

Activities for September, 2018
Lunch is served daily at 12:00, except when noted
CLOSED ON SEPTEMBER 28, Employee Safety Day
Breakfast Buffet: Every Tuesday @ 8:30-10:00
Find-a-Sticker 9/5 @ Noon
50/50 Raffle: 9/12 @ Noon

*Meals are available M-F for home delivery.

*A variety of Exercise Equipment is available daily in Bertha's room at HMSC

SPECIAL DAYS:

Mike Rowe's, "Returning the Favor" Facebook show featuring "Food4Kids" from Woodsville, NH
Presentation by Isidro Rodriguez on Sept.6 @ 1:00
Basic Quilting Class Begins Wednesdays starting on Sept. 5 @1:00
OSHER at Dartmouth presents the following classes: "Abraham Lincoln's Kingdom of God" Taught by Dave Pruitt Tuesdays Beginning Sept. 18th -Nov. 6th at 9:30-11:30
"Thomas Hardy" Thursdays Sept. 30-Nov. 8 @ 9:30
"Dante's Commedia" Oct. 3rd-17th @ 2:00
Adaptive Bicycling on 9/10 @ 1:00
HMSC Chorus 9/10 @ 2:00
Pastor's Breakfast 9/4 @ 8:30
ENTERTAINMENT: Starts between 11 & 11:15
Phyllis: 9/11, 9/25
The Boy-z: 9/19
Ethel Cooper: 9/14, 9/17, 9/20, 9/26

Orange East Senior Center

9/4: Exercise Class @ 9:00
Line Dancing @ 10:00
9/5: Art Group @2-4
Computer Class @ 3:00
9/6: Exercise Class @ 9:00
Yes You Can Ballet (YYCB) @ 10:00
9/7: Exercise Class @ 9:00
Music by Barry Hayes @ 11:00
Beware of Fraud and Scams @ 12:30 (after lunch)
9/10: Exercise Class @ 9:00
Bingo @ 6 - doors open @ 5pm
9/11: Exercise Class @ 9:00
Line Dancing @ 10:00
9/12: Foot Care Clinic by Appt. @ 9:00
Art Group @2-4
Computer Class @ 3:00
9/13: Exercise Class @ 9:00
Yes You Can Ballet (YYCB) @ 10:00
9/14: Exercise Class @ 9:00
Music by THE BOYZ 11:00
9/17: Exercise Class @ 9:00
Bingo @ 6:00 - doors open @ 5:00
9/18: Exercise Class @ 9:00
Line Dancing @ 10:00
9/19: Art Group @2-4
Computer Class @ 3:00
9/20: Exercise Class @ 9:00
Yes You Can Ballet (YYCB)

Bob Benjamin: 9/6
Wayne Klinger: 9/19, 9/24
Carl, Gloria & friends: 9/5
Barry Hayes: 9/27

CLINICS:

No "Senior Feet" Clinic this month
ON-GOING ACTIVITIES:
Movie Time Wednesday 9/5, 9/19 at 1:00:
Cancer Support Group now meets once a month: This month is 9/13 @ 2:00
Bone Builders: Mondays, Wednesdays & Fridays @ 9:30, Tuesdays and Thursdays @ 1:00
Grief Support with Florence, Mondays at 10:30 in the library
Interfaith Fellowship & Coffee beginning at 9:30 on 9/18 w/ Pastor Wayne Chevalier. All welcome!
Hearts & Hands Quilting: Mondays @1:00
Herbal with Elaine on Fridays, 9/14 @12:30
Nifty Needlers: Tuesdays 9:00-2:00
Writers Group: Wednesdays @ 10:30
Bingo: Wednesdays @ 1:00
Floral Arrangements w/ Jane: Thursday 9/6 @ 9:30
Mahjonnig: Every Friday @10:30
MS Support Group: 9/17 @ 1:00
Cribbage: Thursdays @ 12:30
Hand & Foot Card Games Mondays @ 12:30
*Also, Please think about volunteering here at Horse Meadow or delivering meals!

@ 10:00

Blood Pressure/Wellness Clinic @10:00
9/21: Exercise Class @ 9:00
Music by the TABOR VALLEY SINGERS
9/24: Exercise Class @ 9:00
Bingo @ 6:00 - doors open @ 5:00
9/25: Exercise Class @ 9:00
Line Dancing @ 10:00
9/26: Foot Care Clinic by Appt. @ 9:00
Art Group @2-4
Computer Class @ 3:00
9/27: Exercise Class @ 9:00
Yes You Can Ballet (YYCB) @ 10:00
9/28: Exercise Class @ 9:00
Music by NO STRINGS ATTACHED @ 11:00

Transition into Fall with ACT's Mindfulness Series

LISBON - The season changing is a good time to slow down, reflect, and tune in to ourselves and the natural world. Ammonoosuc Conservation Trust (ACT) is offering two opportunities to do this. Its new Mindfulness Series features an outdoor yoga practice and a meditative forest walk.

First is Outdoor Yoga on Saturday, Sept. 8 at 10 a.m. overlooking ACT conservation land on Pearl Lake in Lisbon. Katrine Barclay from Wellness AT Work, and Abby Pisegna of Root to Bloom Studio will lead the class. Whether you are a yoga first timer or seasoned practitioner, you'll enjoy individual instruction and an emphasis on listening to your own body. Enjoy yoga outside in a safe, accessible and FUN way with a great view from a private home.

Program cost is \$10/person to support ACT's land conservation efforts as well as class instruction. Advanced registration is required. Please pre-register on the web at www.act-nh.org - need help? Call the office at (603) 823-7777. Once registered, you will receive an e-mail with details of the meeting location.

Then on Saturday, Sept. 15 at 10 a.m., ACT will host a meditative walk. No walking or meditation experience required! Take this chance to go outside and engage all our senses, simply enjoy where we are, and discover what happens when we are still, when we let go of the chatter in our heads, and tune into the natural world.

Bring a journal, a sketchpad, or nothing at all. Dress according to the weather. This walk will be dog-free, but children of all ages, from 8 - 100, are encouraged to attend. The walk will be hosted by ACT Executive Director Rebecca Brown and take approximately an hour and a half. The group will meet in the parking lot of ACT's Franconia offices in the Plain Kate's building, 729 Main St, for sign ins and will carpool from there.

This program is free and open to the public, with a

suggested \$5 donation to support ACT's land conservation efforts. Advanced registration is required. Please pre-register on the web at www.act-nh.org - need help? Call the office at (603) 823-7777.

ACT is all about community coming together to enjoy the outdoors and honor our natural environment. This series is intended to do the same by bringing us together to honor ourselves in nature as a community!

Beware of Fraud & Scams

On September 7, 2018 after Lunch (12:30pm), we will learn and hear about current scams and how fraud is happening every day around Vermont. If you have questions and concerns, please join us here at the Orange East Senior Center (176 Waits River Road, Bradford, VT). We are hopeful that the Bradford Police will be here to tell us what is happening right here in Orange County and how to report it. Every one is welcome.



A No Wrong Door System is a powerful network of aging and disability groups. We work to support people needing long-term care and services.

We focus on providing you with the care and guidance that's right for you.

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Call our HelpLine at 1-800-642-5119

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First and Second Place will have choice of prize. Tickets will be drawn when all tickets are sold.

Need not be present to WIN
\$10 Each or 3 For \$25.00

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970 Meadow Street, Littleton, NH
4581 Memorial Drive, St. Johnsbury, VT

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Do you play an instrument or just enjoy country and bluegrass music? We have some of the finest local musicians around playing for your enjoyment!

Grab a chair and join in or just come to listen!
Robert E. Clifford Memorial Building
65 South Court Street (Route 135) Woodsville,
Hours 12:00-4:00 PM

Sundays
August 26,
September 9 & 23

\$3.00 entry fee
Your volunteer facilitators are Jim & Ruth Strout

Light snacks provided!
NO Drums * NO Horns * NO Alcohol



Because of Roe v Wade, more than 61 MILLION unborn children have died through abortion.

Eternal Father: We cry out for Your Mercy and ask You to remove the scourge of abortion from our land. May the Light of Your Truth come upon our nation, once again. We ask this through the Victorious Name of Jesus. Amen

Choose Life
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Sesquicentennial to be celebrated!

The North Danville Baptist Church celebrates its 150th anniversary on September 22 & 23, 2018 and all are invited.

The church was built in 1868 by builder John McGaffey of Lyndonville with a committee of six according to specifications drawn up for Thomas Randall on a piece of land which Mr. Randall donated. The total cost of the building was \$3,400.00 and seats 250 persons. It was dedicated on December 24, 1868 as the North Danville Freewill Baptist Church. The first pastor was the Rev. John E. Dame

who came to the church as a recent graduate of Amherst College and began his ministry in North Danville, VT.

The next item of business at the first meeting in the new vestry on December 7, 1868 was to make a motion for the minister, Albert Pomeroy Houghtaling, to procure a bell for the church. The bell was purchased in August 1874: a 700 lb. bell from Troy, NY for which the church paid 36 cents per pound, costing \$292.00 which included the mountings and freight.

Six years later in 1873, on a tract of land directly opposite the church was built a parsonage and sold to the church by Thomas Randall. The cost was \$1,480.00 for building the parsonage. This also was during Mr. Houghtaling's tenure. The house that was the parsonage is now a private residence and is no longer owned by the church.

The money for fuel, lights, and care of the church was mostly raised by calling for a tax on the pews which were owned by the different families. One of the rulings was that if when taxed, the owner failed to pay said tax at the end of ten days, the pew might be transferred to another!

During the ministry of

Abram H. Milliken, one item of interest appears in the records in regards to fuel around 1875: "the trustees paid \$14.75 for 3 ½ cords of hardwood and 2 cords of slab-wood, fitted and put into the church." In October 1902, during the ministry of Frederick Augustus Palmer, a furnace was installed.

The first mention of the ladies having a part in the work was in December 1877 when it was voted to hold one or more oyster suppers to raise money to pay indebtedness and five gentlemen and their wives were chosen to take charge. The ladies must have proved their worth as helpers as their names appear much more often after that date! Over the years many Chicken Pie Suppers, Christmas Bazaars, and 4th of July Lunches have been put on by the Ladies Aid.

In 1915, during the ministry of Sidney Aldrich, the church was thoroughly renovated and repaired with a new foundation, new memorial windows, tin ceiling, and new pews in place of the box pews. At this time a new organ was donated. The organ was a gift of Mr. & Mrs. H. W. Varnum and is now used at the Old North Church. It seems to be around this time that the Freewill Baptist organization was merged



with the American Baptist Churches.

Baptism by immersion is an important tenant of the Baptist Church. In the early years the brook and river were used. The first part of April 1928, the Baptistery was built during the ministry of Charles P. Smith.

This church has had its share of joys and sorrows, of pleasures and of perplexities, but it still stands firmly for the right, a monument to the faithfulness of God's workers, past and present.

In recent years, during the pastorate of Bob Sargent, major work has been done to the inside of the church: an elevator, dedicated to a long-time faithful member and church officer Rodger Boyle, has been installed with access to both the sanctuary and the downstairs which includes the dining room. An accessible bathroom is now available, a new kitchen is a joy for all to work in, and the sanctuary has been refurbished. All this work was a result of a very generous gift from Bill

Stanton of North Danville.

All are welcome to be a part of the church with worship on Sunday mornings at 9:30 AM along with Sunday School for the children, also at 9:30 AM. Fellowship time follows Sunday worship at approximately 10:20 AM.

The public is invited to join in the 150th celebration to commemorate the past, rejoice in the present, and celebrate the future on Saturday, September 22, starting at 4:30 PM with a chicken barbeque, followed by a silent auction, cake cutting, the St. J. Jazz Quartet, historical presentation, and old-fashioned hymn sing. To help prepare and plan for food, you are strongly encouraged to make your attendance known to Emily Clouatre at 802-373-0032 or emilyjoshclouatre@yahoo.com.

On Sunday, September 23, at 9:30 AM, all are invited to our Service of Celebration in the church sanctuary with special music by the Maple Leaf Seven and reminiscing from former pastors.

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FREE PARENT PROGRAM

SEPTEMBER 18
6:30 - 7:30 PM

Haverhill Cooperative Middle School
175 Morrill Dr.
North Haverhill, NH

FREE Childcare on-site!



Funding for this event was made possible (in part) by Grant Number: 1H79SP021539-01 FAIN: SPO21539 from ONDCP and SAMHSA.

- 5 ways to be **more effective** with youth
- **working with youth** without suffering from burnout
- **create an environment** conducive to creating connections
- practical techniques to **inspire teenagers**
- **examining attitudes** towards young people

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Questions? Mariah Coulstring (603) 259-3700 x251



mcoulstring@nchcnh.org

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Tix on Sale for KCP Shows: Chinese Acrobats, Havana Cuba All-Stars, Frankenstein & more

Catamount Arts is pleased to announce the 2018-19 10th Anniversary KCP Presents Performing Arts Series, KCP Presents' most ambitious season yet. Featuring fifteen spectacular acts hailing from England, China, Cuba, and all over the U.S. including New York City, Detroit, and right here in Vermont, the season opens Friday, September 21. Season passes and single-show tickets are on sale now.

Two-time Grammy winner Rodney Crowell opens the season Friday, September 21, at Fuller Hall in St. Johnsbury. The prolific elder statesman of traditionalist country music, known for his star-studded collaborations with Emmylou Harris, Johnny Cash, and Willie Nelson, Crowell is characterized by Slate magazine as, "a bounty of weathered emotion and hard-won wisdom."

Three-time Grammy nominee Neko Case comes home to the Kingdom on Thursday, September 27, where she'll perform at Fuller Hall with special opening act Thao of the Get Down Stay Down. Her new album "Hell-On" takes her peerless songwriting to what NPR calls "strange and alluring places. You feel mystery, hurt, and want in every weary, soaring note."

Jay Craven's latest feature "Wetware," a near-future film noir based on the Craig Nova novel, will screen at Catamount Arts on Friday, October 5th, for two shows and a Q&A reception with special guests. Craven's dark thriller follows a genetic programmer in tense pursuit of his fugitive bioengineered prototypes.

Friday, October 26th, at St. Johnsbury Academy's Fuller Hall, soul singer extraordinaire Bettye LaVette will perform a program of Bob Dylan songs with special opening act James "Blood" Umer. Recently declared the Best Soul Blues Female Artist by The Blues Foundation, LaVette gained new generations of devotees after her Kennedy Center performance of The Who's "Reign O'er Me" and a show-stopping rendition of Sam Cooke's "A Change is Gonna Come," at Barack Obama's Presidential Inauguration.

Thursday, November 15, at Northern Vermont University-Lyndon's Alumni Gym, The New Chinese Acrobats present the best of China's ancient folk art updated with modern virtuosity and style. With performers selected from across China for their high-level acrobatic skills

and innovative staging, the show includes award-winning acts from prestigious world-class events including Monte Carlo Circus Festival and World Circus Festival of Paris.

At Northern Vermont University-Lyndon's Alexander Twilight Theater on November 16, catch performance dynamo Sara Juli's one-woman show "Tense Vagina: An Actual Diagnosis," a laugh-out-loud romp through some of the lesser celebrated—but perhaps more hilarious—aspects of motherhood. With brilliant sets, mischievous costume design, and surprisingly poignant movement sequences, Juli's critically acclaimed show is unlike anything you've ever seen and not to be missed.

The Hilltones of St. Johnsbury Academy will open for The Boston Children's Chorus (BCC) on November 30th for an evening of world-class holiday music at United Community Church. Uniting children ages 7-18 across differences of race, religion, and economic status, the BCC were featured performers on NPR's "From the Top," and winners of the prestigious 2013 National Arts and Humanities Program Award, which they accepted from First Lady Michelle Obama at the White House.

The Rodney Marsalis Philadelphia Big Brass, a veritable dream team of virtuoso musicians, comes to Fuller Hall on December 21, with an eclectic holiday program that includes specialized selections from the 11-piece ensemble's repertory. Opening for Big Brass will be the Northeast Kingdom's own Newark Balkan Chorus.

The Havana Cuba All-Stars come back to Fuller Hall on January 29, for an encore appearance, this time with dancers. Showcasing Cuba's thrilling musical culture, the All-Stars perform a high-energy program of salsa, cha-cha, rumba, and Son Cubano rhythms with three pairs of back-up dancers.

Vermont's own Rusty De-wees and Patrick Ross will perform a Groundhog Night Special at Fuller Hall on February 2nd as part of their No Sugar Added tour. The music and comedy duo pairs The Logger and The Fiddler for a night of side-splitting comedy and dazzling string work.

The Shanghai Opera Symphony Orchestra will perform beloved masterpieces of the world's great-



est composers on February 13 at Lyndon Institute. The Orchestra's Vermont appearance is part of its very first North American tour and will feature 75 virtuoso musicians.

New York City's Aquila Theatre returns to St. Johnsbury Academy March 27 with Mary Shelley's "Frankenstein: The Modern Prometheus." Known for bold and thrilling productions characterized by brilliant sets, inspired costume design, and electrifying performances, Aquila is perfectly suited to bring the world's first science fiction novel to life onstage.

Malian vocal powerhouse Fatoumata Diawara, whose latest release was just designated World Music Album of the Month by the Guardian, will bring her exuberant blend of cool Afro-pop, gritty blues, and throbbing funk to Greensboro's Highland Center for the Arts for a rare afternoon performance on Sunday, March 31st.

The KCP Presents Series is produced by Catamount Arts working in association with Kingdom County Productions and supported by generous local sponsors with grant funding from The National Endowment for the Arts and the Vermont Arts Council. For more information or to purchase tickets or season passes, visit www.kcppresents.org or call 748-2600.

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Hijacking a Legendary Slogan

by Tom Thomson

This past week I saw a YouTube ad put out by Gov. Chris Sununu's office concerning his veto of Senate Bill 365, known as the Biomass Bill. The title of the ad is "Axing the Biomass Tax," which copies the legendary slogan my father, the late Governor Mel Thomson, coined: "AX the TAX."

I am disappointed the Governor felt he had to go there. Maybe he worries the N.H. Legislature is ready to overturn his veto of SB 365, which received overwhelming bipartisan support when the original vote was taken earlier this year. SB 365 passed in the House by a vote of 225-108 and in the Senate by 17-4.

If you're not familiar with biomass energy, it is simply generating electricity using low-grade wood from our forests. This market for low-grade wood is important for forest landowners; it makes sustainable forest management for timber and wildlife possible. The establishment of six biomass energy plants in New Hampshire was encouraged years ago by our elected officials during a period of high, unstable foreign oil prices. Many believed that during fluctuating energy prices it made good sense to have a portion of our state's energy produced from a local natural renewable resource — namely wood.

New Hampshire is the second-most forested state in the country. We don't have to rely only on unstable foreign supplies for our energy. Just as important, burning local biomass keeps energy dollars here at home, benefiting our local communities and creating good-paying jobs throughout our state.

I am a New Hampshire forest landowner and Certified Tree Farmer, just as my father was. He taught me to be a good steward of the forest. My father also

had a bedrock philosophy he shared with me, which I remember well: "You stand for something or you stand for nothing." I am proud to stand with some of the hardest working men and women I know — men and women who work in the N.H. forest industry. But now their jobs are being threatened due to this veto.

These men and women support one of the oldest continuous industries in New Hampshire, an industry only made possible by our natural renewable forests, which cover close to 5 million acres, or 84% of the entire state. And more than three-quarters of our forests are owned privately.

New Hampshire's forest products industry, the third-largest industry in the state, generates \$1.4 billion of annual value. This is a result of our forest industry and forest landowners working together. Yet another \$1.4 billion is generated by the industry and landowners working together to benefit recreation and tourism by sharing the use of our forests and thousands of miles of trails.

Nearly 7,800 people are employed in the forest products industry; another 10,800, are employed in the forest recreation economy. These are impressive numbers. Yet they are already changing in a negative way since the Governor's veto of SB 365.

But this is not just about jobs. The veto is resulting in unintended consequences which the Governor and his staff didn't think about or just didn't care about. I sat with Gov. Sununu in his office five days before he vetoed SB 365 and explained that I have owned and managed

forestland in N.H. for 62 years and I want to continue growing trees, but if I have no market for low grade wood I cannot practice sustainable forestry. I'll have to begin growing house lots rather than trees, which I don't want to do. I also pointed out that up to now, private forest landowners have for years shared their lands for recreation at no cost to the public or the state, but if these landowners cannot sustainably manage their forests, they will decide to close access to their lands. That would be a sad day for N.H. It would also have a crippling effect on the state's economy, especially in the North Country where recreation and tourism are the economic lifeblood of the communities.

The erosion of New Hampshire's forest industry and beginning of the unintended consequences began the moment Gov. Sununu vetoed SB 365. Now the Governor is calling support for our forest industry a "tax," and he has shamelessly stolen a phrase my father coined to promote fiscal responsibility. Believe me, there's nothing responsible about this veto. If the Governor's veto of SB 365 is not overturned, I believe our thriving forest industry could be a thing of the past — and what a shame that would be for our entire state.

Next month, on Sept. 13, our elected representatives and senators face an important decision for their constituents: whether to overturn the Governor's veto of SB 365. In the strongest terms, I encourage them to do so. Thank you.
Tom Thomson
Thomson Family Tree Farm
Orford, NH

Letter to the Editor

To the editor,

As we Americans continue to suffer an assault on truth and decency from the Trump administration and its cowardly Republican congressional enablers, the latest participant in tis black comedy, Rudy Giuliani, presents us with the outrageous proclamation: "Truth isn't truth."

While the antics of this penultimate Trump toady, who resembles a deranged badger and, indeed, seems Alice,

to be in need of a series of rabies shots, are so absurd that he has no credibility at all and should be completely dismissed (and ignored, and not given the regular platform he gets on all the news stations), we should also consider warnings from great intellects of the past like Voltaire: "The more often a stupidity is repeated, the more it gets the appearance of wisdom."

Alice Morrison,
Newbury, VT

I want to speak a bit on behalf of the media at large. This means everything from newspapers, to radio, to TV, to social media. There is such a wide range of media outlets, and possibly just as many points of view from those who work for, or own, those media outlets.

With that background then I can say that there are bound to be "news" items that vary greatly from another "news" item on the same subject. This means that the voters of this country must be even more diligent than in the past to attempt to search out the truth. It also means that you will see, hear or read articles that you do not agree with. Those are simply truths that we must now work our way through.

You may believe that what Mr. Giuliani has to say is not worth your time to hear, while others may hang on every word. That is when democracy and debate must stand up and be what makes this nation great. It has often been said by veterans, "I may not agree with what you say, but I will fight for you to have the right to say it."

So keep listening, watching, or reading what is offered. Stay informed so that you can make your own decisions and judgments. And finally, be sure to vote your opinion during the general election in November.

Gary Scruton, Editor

Upper Valley Services of Bradford

is currently recruiting for a full time, benefited Employment Specialist. This position will provide career coaching services to individuals with intellectual disabilities in their community. Qualified candidates will have the ability to develop strong inter-personal relationships with individuals served and the Orange County business community. Must demonstrate creativity in supporting people to develop and achieve their career goals. If you are looking to make a positive impact supporting people to enrich their lives and embrace community values, apply today!

Please send your resume to Upper Valley Services at 267 Waits River Rd. Bradford, VT 05033, or call (802) 222-9235 to complete an application.

Additionally, email can be sent to Kelley Wright at kwright@uvs-vt.org, to submit resume or request an application. Background checks, valid driver's license with a reliable vehicle and valid insurance required. EOE.

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Please send resume and letter of interest to Kelley Wright at kwright@uvs-vt.org, or by mail to Upper Valley Services, Inc., 267 Waits River Rd., Bradford, VT 05033. EOE

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National Grandparents Day is observed on Sept. 9. If you're a grandparent, you may get some gifts or cards – or maybe even a phone call! But you might feel that it's better to give than to receive, especially when it comes to your grandchildren. And you can make a real difference in their lives by making a financial gift for their future.

For starters, think about your grandchildren's education. If college or some type of vocational school is in their future, you may want to help them meet some of the costs, which can be considerable. One common education-savings vehicle is a 529 savings plan. With this plan, earnings on withdrawals are tax free, provided they are used for qualified education expenses. (Keep in mind that 529 savings plan distributions not used for qualified expenses may be subject to ordinary income tax and a 10% IRS penalty on the earnings.) You also may be eligi-

ble for a state income tax incentive for contributing to a 529 savings plan. Check with your tax advisor about these incentives, as well as all tax-related issues pertaining to 529 savings plans.

A 529 savings plan's contribution limits are quite generous. And, as the owner of a 529 plan, you have flexibility in choosing where the money goes – if your grandchild decides against college or another type of advanced education, you can transfer the plan to another beneficiary. And due to recent tax law changes, the scope of 529 plans has been expanded to include qualified withdrawals of up to \$10,000 for tuition expenses per year per beneficiary at public, private or religious elementary or secondary schools. Be aware, though, that a 529 savings plan could affect any financial assistance your grandchild might receive. Although a 529 plan owned by a grandparent won't be reported as an asset on

the Free Application For Federal Student Aid (FAFSA), withdrawals from the plan are treated as untaxed income to the beneficiary (i.e., your grandchild) – and that has a big impact on financial aid. So, you may want to contact a financial aid professional about the potential effects of any gifts you're considering.

A 529 savings plan isn't the only financial gift you could give to your grandchildren. You also might consider giving them shares of stock, possibly held in a custodial account, usually known as an UTMA or UGMA account. However, you only control a custodial account until your grandchildren reach the age of majority as defined by state law, at which time they take it over. They then can use the money for whatever they want – and their plans may not have anything to do with books or classes.

Still, your grandchildren might be particularly interested in owning the stocks contained in the custodial account – many young people enjoy owning shares of companies that make familiar products. And your gift may even get your grandchildren interested in long-term investing.

No matter what type of financial gifts you give to your grandchildren, make sure you keep enough money to pay for your own needs. It's important to balance your personal savings needs with your desire to be generous.

Giving financial gifts can be rewarding – to you and your grandchildren. Consider exploring some possibilities soon.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor

Volume 9 Number 24
September 4, 2018

Not all Times are Trendy, but there will always be Trendy Times

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THEN AND NOW

BY JIM HOBBS - WHITE MOUNTAIN TRADER - 603-243-0225 - INFO@WMTN.BIZ - WOODSVILLE, NH



This 'Then and Now' is honoring a man who contributed much in the business advancement of Woodsville! His name was Ernest Gobielle. He like many men of the past worked with his hands. He was not a butcher or a baker, but he was a fine tailor. He operated his business on the second floor of the Weeks building, better known in my day as the A&P block, on the corner of Central and Pleasant streets, where the Bank of New Hampshire is now located!

The larger half of the Mulliken Block, the part with 8 windows pictured above, burned on March 17th, 1916. The smaller remaining part was purchased by Alphonse Lorenzo, a cobbler, who sold the building to Mr. Ernest Gobielle in 1921 who moved his business there and the Gobielle family moved into the second floor apartment. They were still living there when my family moved to Woodsville in the early forties! Some of the later businesses were "Everything but the cook" and the ever friendly and dearly missed, David Major and his Woodsville Book Store"

Seriously, Has It Been Fifty Years Already?!

by Maggie Anderson

This morning I find myself holding a treasure I haven't held in a long time, a whole day laid out in front of me with absolutely nothing on a to-do list threatening to get in its way.

I am in Oregon awaiting tonight's gathering of graying heads and expanding waistlines. We are survivors of real life and proud members of Eagle Point High School's class of 1968. Fifty years later, though our carousel is rusting and creaks when it runs, we still refuse to give up on reaching for its brass ring.

My temporary landlady, a fellow classmate, had to work today so the house is mine. I have spent part of the morning cutting and pasting the last few class pictures onto the name tags she didn't get to. I have been studying them, shuffling the deck trying to conjure up some untapped magic, something to erase the last 50 years so we can do them over now that we know all that we know.

I've been wondering if I slip the images of those we've already lost back into the deck can that magic bring them to tomorrow's picnic, grins on faces, watermelon in hand? Would that it were possible.

As I scan the faces on the tags so many memories vie for my attention I can barely keep up and I struggle to get them all written down. There's the shy, quiet strawberry blonde who sat next to me in biology class because he knew I'd dissect our frog so he wouldn't have to.

I uncover the smiles of some of the guys I dated, a couple whose invitations I declined. I even found one I said yes to when he asked me out but no to after he stood me up. I saw him with another girl in his car that

night and he had the nerve to tell me I was supposed to be home waiting for him. Like that would ever happen.

Once burned shame on me and all that. He was persistent I'll give him that, he asked me out repeatedly after that right up to the day I left school to marry Hank. I mean what part of no didn't he understand? Right?

We've lost him now too, his name tag will be on display tonight on a memorial wall along with all the other classmates who didn't live long enough to make much of a mark on the world but just long enough to cause us sadness by their absence tonight and then again at tomorrow's picnic in the park where we spent so many happy summer days.

I studied faces of those whose bravery and resolve had not yet been thoroughly tested and marvel at the resiliency they've found after devastating losses and crushing disappointments.

One of my grandsons laughs from top to bottom, his whole body gets into the act like an excited puppy wagging its tail. I love to make him laugh and every time I do I am reminded of one of our class clowns whose photo hangs on the memorial wall as well. He laughed the same way, his entire body in on the punchline, never stifled, it was all in or nothing for him.

Did we love them enough before we lost them? Knowing this might be our last hurrah do we appreciate one another enough? Do

we ever appreciate anyone enough?

The photos of my bridesmaids bring back images of the plans we made and the secrets we shared. Other photographs are reminders of the cubbies we separated classmates into. We had a place for everyone and tried to keep them where we put them, where we needed them to be; the track team here, the journalists in a different box, a favorite teacher in another separated by the space they filled for us in each arena.

The memories this weekend will produce will be the result of 50 years of our contact and camaraderie, sadness and support. It will reinforce the importance of those bonds and the roll they played in our lives when life didn't always color inside the lines and we didn't always know what to do about it or who to turn to.

If only I could find the words to pass it on to future Eagles as they step over the threshold into the uncertainties of life without finding classmates waiting for them when the closing bell rings at the end of the day.

How can we show them their importance to each other, the need to be mindful of one another? How do we let them know that though it seems a life time in the distance, that distance is gaining on them and their 50th reunion is not so far away?

Please somebody give us the right words, their clock is ticking faster all the time.

Letter to the Editor

To The Editor :

McCain's Passing A Loss of Integrity

The recent death of US Senator and long-time prisoner-of-war John McCain brought into sharp focus the difference between high-flying great men and slow-moving bottom feeders - one of the great ones has flown away while the mental, spiritual and emotional tiny who remains takes up valuable space in the White House and is presiding over the Divided States of America.

Truculent Trump has encouraged that division, full of racist and sexist macho bluster, trying to hide his ignorance and growing fear. He spews hate and lies, foments distrust and violence, attacking our institutes of stability, demanding loyalty but delivering none, treating like trash women, skin colors different than his own, and courageous war heroes. He lies about his wealth, his achievements, his words and actions. He lies about lying. He is the over-aged spoiled brat, sitting like a mean-tempered bullying little boy, arms crossed defensively in front of him, his predatory unhappy face the picture of someone who won't play the game unless

he gets his way.

McCain? Strength, physical, mental and emotional. Strength of character, strength enough to admit when he was wrong, enough to correct others gently but firmly when they were wrong. He had humility and integrity. Honor and code. Sharp elbows, you bet, he loved a good fight and was good at it. He had a sense of history, a profound understanding about what made America great, and what we had to do to keep great. He had a sense of humor, one that did not depend on demeaning others or bringing them down to make himself feel larger. He wasn't in my political party, but he was in the American Party, proud to be there, a larger group we both belonged to.

We already miss him and will for many years to come. We are now living through a very rough chapter in America's book of life and unfortunately Trump, a man without ethics, has mistakenly been handed the job of writer. There are several legitimate ways of removing that writer and the sooner we do so the better.

Robert Roudebush
North Haverhill

Robert,

Your kind words about the recently departed John McCain are most appreciated and echoed by me. I have heard in the past that our legislature has fewer veterans now than at most any time in history. I strongly believe that more veterans would improve the overall willingness to work together for this important body. It is with military training that men and women are instructed on how to work with others for the good of all. I can also note that the military has mandatory retirement ages, kind of like term limits.

I will close with another reminder that the NH primary is Tuesday, Sept. 11. Study up on the candidates and be sure to vote.
Gary Scruton, Editor



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What About Ma?

by Kellie Quackenbush

About Help At Home

Home is the place we have spent time building and filling with memories of our life and loves. At the end of the work day, home is the place we most want to be. Even at a young age, tired children seek the comfort of home when their day is done. For people with health issues or senior citizens who have no transportation, home becomes something else.....

Nobody wants to think about the day they can not cook for themselves or need help to get up in the morning. Sometimes, to suffer a short term injury (like a broken an-

kle), we become vulnerable and need a helping hand. It would be nice to think our children or a kind neighbor would help us through such a time. The reality is that the healing process is slow and days turn into weeks and an injury (like a broken ankle) can take months for the healing process and rehabilitation therapy to bring a person back to their full function. For such a situation, short term-part time help would be required to ease the healing process.

People with Parkinson's Disease, MS, Dementia or

some other long term illness endure a daily assault on their body. Every day is a struggle to maintain the ability to do what is their life work or the chores of daily life. Family and friends do try to help but there does need to be someone who can assist when there is a bad day or when no one else is available. Help at home, even if is just doing the laundry and washing dishes would provide a sense of relief for a few hours--not to be alone.

In New Hampshire, there is a resource that will try to work with you to find help to suit your needs. Servicelink.NH.Gov Family Supports Services (phone number: 1-866-634-9412) will assist anyone living in New Hampshire to find the help that they need. Some care can be covered by Government programs and some services are private pay. The most important thing is to get the help you need before an accident happens that puts you in a worse situation. Reaching out and letting someone know you have a need is a smart move to save your independence.

Servicelink.NH.Gov Family Supports Services (phone number: 1-866-634-9412) works for people of all ages and income levels. Child care issues, housing, temporary medical issues and aging support are all served by this agency. For any life change question, they can direct you to the resources that may best address your situation. Be well and be safe.

The Wild Child

Editor's Note: The August 21 issue of Trendy Times had an article by Elinor titled the Wild Child #2. Obviously I got them swapped. My apologies to Elinor and to our readers.

by Elinor Mawson

To describe Suzanne in one word: FLAMBOYANT. She wore the highest heels, the wildest clothes, and had unforgettable hair styles. She was overweight throughout her entire childhood, but she was outstanding in lots of other ways. When she went to college and majored in art, her real personality came out.

And when she started teaching and had her own money, she became almost unrecognizable. She bought a fancy car, wore gigantic earrings, and lost weight. Her pocketbook was a chicken. (not real).

As time went on she got married and divorced and married again--this time to a millionaire. They owned several pieces of real estate, traveled the world and bought expensive paintings and furniture. She turned in her Volvo for a Mercedes. Life was just the way it was intended to be.

When her husband died, SHE became the millionaire. She bought several fur coats, got a dog, hired a landscaper (who made topiary and espaliered her trees and cost a lot of money), and looked around for just the right gentleman.

Her mother lived in Vermont, and Suzanne visited often. She bought her moth-

er the finest clothes she had ever worn. She would stay a week or so and then go home to Cape Cod and resume her search for Mr. Right.

On one trip to see her mother, she had a Diabetic Low and crashed her car into the guardrail. She pressed OnStar and waited for the first responders. Her car was towed, the EMT's gave her something to eat and helped her find her way to the Mercedes dealership. Somehow her sister was informed of the accident and called the dealership to find out if she had arrived there. "How will I know who your sister is?" asked the man who answered the phone.

"She is very tall, has purple hair, wears huge earrings, and is carrying a chicken."

When her sister saw her again, she asked Suzanne about her accident and how she was treated at the dealership. "You won't believe this," she said, amazed. "When I walked in the door, the man looked at me and said, "Your sister called."

For the next several weeks, Suzanne drove everywhere in a "loaner" from the Mercedes people. It was a Buick from the 70's and had seen better days. She was quite embarrassed to be seen in it and tried hard to stay at home with the car hidden in the garage. But eventually she got her own vehicle back. And eventually, too, she found husband #3.

But that's another story.

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Tuesday – Friday 9:00 am - 5:00 pm

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Thank you for your understanding.

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NEK Council on Aging Promotes September as National Falls Prevention Awareness Month



Participants in a recent *A Matter of Balance* program offered in Gilman are pictured working on balance exercises.

St. Johnsbury, VT – According to the National Council on Aging, falls are the leading cause of fatal injury and the most common cause of nonfatal trauma-related hospital admissions among older adults. One out of four Americans aged 65 and over falls every year.

In an effort to continually draw awareness to fall prevention and highlight that September is National Falls Prevention Awareness Month, the Northeast Kingdom Council on Aging (NEKCOA) offers several free programs for falls prevention throughout the Northeast Kingdom all year long. They include Tai Chi, line dancing, RVSVP Bone Builders, and the award-winning falls prevention program *A Matter of Balance*.

“The Council has a great number of free programs to increase strength and activity levels and manage balance,” states Karen Budde, the Northeast Kingdom Council on Aging’s (NEKCOA) RSVP Volunteer Coordinator. “In the month of September alone, we host over 49 classes for fall prevention throughout the Northeast Kingdom on a weekly basis in addition to the *A Matter of Balance* program.”

Endorsed by the Centers for Disease Control and Prevention, *A Matter of Balance* is a free eight-week program that is designed to teach participants to view falls as controllable, set goals for increasing activity, make changes to reduce fall risks at home, and exercise to increase strength and

balance. The program was developed in the 1990’s at Boston University and is designed for those at least 60 years old.

In addition to retirement communities and senior centers, *A Matter of Balance* can be configured for a work site with older employees, fraternal clubs, social-service organizations, and church groups.

A Matter of Balance is for those who are concerned about falling, interested in improving balance, flexibility and strength, have fallen in the past, and have restricted their activities because of falling concerns. Class times are from 1 – 3 p.m and begin September 26th at the St. Johnsbury House on Main Street. The co-leaders will be Karen Budde and Jenny Patone.

“We want our neighbors to know that falling is not a normal part of the aging process,” said Meg Burmeister, Executive Director at the NEKCOA. “Through lifestyle adjustments, good medical-community partnerships, and programs like ours for falls prevention, the number of falls among Vermonters can be reduced. We are here to help alleviate our older residents’ concerns for falling and help them to remain active and independent.”

The full schedule of fall prevention classes is on the website www.NEKCouncil.org or call (800) 642-5119.

To register for *A Matter of Balance*, call (800) 642-5119 or send an email to: info@NEKCouncil.org and place “AMOB” in the subject line.

42 Maple Contemporary Art Center Presents: Early Native Americans: Recovering the Soul by Robert Moore

15

On Friday, September 7th, from 7-9 pm, 42 Maple Contemporary Art Center presents the opening reception of ‘Early Native Americans: Recovering the Soul’, an examination of the concept of soul theft of Native Americans, prevalent in superstitions and stories communicated over the years by Robert Moore. Moore is a creative, pop-art, impressionist painter whose work focuses on a unique and colorful view of the familiar. His vivid acrylic paintings offer slices of primary colors applied strategically, though approximately, often giving a realistic, portrait-like feel.

Moore’s most recent body of work seeks to determine if a soul was, in fact, stolen in the form of black and white photographic process, can the soul be recovered through re-imagining the subject through a process of colorizing, advanced image processing and classical artistic rendition techniques. Further, does following through this process, recover a little bit more of the soul each time it is done? The

works exhibited are the first steps towards understanding both the concept of soul theft and recovery.

Moore’s background and education are in the scientific side of geography, particularly cartography and satellite image processing. In the early 1970’s, he was one of the first users of sophisticated computer modeling software for developing remotely-sensed satellite maps. He worked for over 30 years as a consultant and entrepreneur, developing computerized mapping systems and databases, and was utilizing newly created computer color/image processing to accomplish this work. Geography is all about space, and the map is a way to represent the texture of the human condition. These are manifested as lines, shapes, values, colors, and forms.

Moore reaches deep into his experience with computer graphics and image processing to help him visualize the subjects he paints. He experiments with image/color density slicing, quantization, and generalization, ar-

iving at a color palette that uniquely defines what he paints. He sometimes adds a sculpted surface to his canvas that provides depth and the feeling of extreme impasto, as well as the look of painting on a plaster wall. Moore works daily in his seaside home studio in Stuart, Florida and an apartment in Buenos Aires, Argentina in the winter and, as chores permit, on his farm in New Hampshire in the summer.

This exhibit is part of the free First Friday events in Bethlehem, which include Rek.Lis Brewing, The Maia Papaya, WREN, and other locations. In the spirit of community, everyone is invited to grab a First Friday Punch card at WREN before visiting all of the other opening receptions. Completed punch cards can be redeemed for a free order of chips and salsa at Rek.Lis Brewing on the same evening. If you are interested in learning more about the events at 42 Maple, please call 603-575-9077 or visit the website at www.42maple.org

Not all Times are Trendy, but there will always be Trendy Times

September 4, 2018

Volume 9 Number 24

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by Cindy Pinheiro
to contact Cindy (aka Cin Pin)
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Peanut Butter Krispies & Ice Cream Sandwich Cake

Hello hello my fellow chefs. I hope your summer was fun filled and I hope you enjoy my recipes. Today I'm sharing two recipes because they are super easy and so "Delicioso"

The first recipe is: Peanut Butter Krispies, a little twist of an all time favorite. I got this recipe from my friend and neighbor Tina, who is a very good cook.

Okay here's what you will need.

- 3 Tablespoons Butter
- 1 10 oz. Bag Marshmallows
- 1/2 Cup Peanut Butter
- 6 Cups of Rice Krispies

In large deep saute pan

melt the butter and add the marshmallows, stir till melted over low heat. Add the peanut butter and mix well. Add



Rice Krispies and gently stir till all coated. Spray a 13 x 9 glass dish with Pam and add the mixture and press lightly to make even. Cool then cut into squares. Makes 20 to 24 squares. Cover and enjoy when you want. Bet you can't eat just one!

Second recipe: Ice Cream Sandwich Cake
Use a loaf pan and spray with Pam. Line with parchment paper. Put aside.

- 1 Cup of peanut butter
- 1 8 oz container Cool Whip
- 6 Ice Cream Sandwiches Chocolate or mixed color sprinkles



In medium-sized bowl put in the peanut butter, whip a little then add the Cool Whip and mix well on low speed. Open the sandwiches and place two side by side. The third one cut in half and fill in the space. Spread your mixture over the sandwiches and sprinkle your sprinkles on. Repeat with the other 3 sandwiches spread with

frosting and add sprinkles. Freeze in pan for about an hour or so. Remove by lifting out parchment paper. Slice and enjoy. That's it. I hope you enjoy these two classics.

Well folks, any questions please contact me through Gary at Trendy Times.

Until next time, I'm signing off, Cin Pin

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