

TRENDY



TIMES

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North Haverhill Fair To Feature American Idol Champion

For the 75th straight year there will be a fair in North Haverhill. What began as the Pink Granite Grange Fair soon became the independent North Haverhill Fair. On the Fred C. Lee Memorial Field since the early 1980's this all volunteer run event has become a must attend part of summer for many, many people.

One of the highlights of this year's edition of the North Haverhill Fair will be the Friday night concert. Trent Harmon, the 2016 winner of American Idol will take to the Thayer Stage at 8:30 PM on Friday, July 26th. "You Got 'Em All" is just one of the songs that will come from the voice of this Mississippi born singer. Growing up working on his parents' farm and in their restaurant, Trent recalls plugging his headphones in

and singing along with everyone from Dolly Parton and Patty Loveless to Elvis Presley and Marty Robbins—his first album purchase—and being inspired to learn piano, guitar and drums to put his own music and lyric under that big voice. Trent credits his faith for continuing to push him to pursue his love of music.

The Saturday night concert this year will take listeners back in time as "Wanted: DOA" plays some of the many hits of Bon Jovi. This tribute band not only sounds the part, but they look and act it as well. The Saturday, July 27 concert will start at 8:00 PM

Other music on the stage at this year's fair will include the Michael Vincent Band on Wednesday. Thursday night will again feature the North

Haverhill's Got Talent contest with \$200 to the winner. A reminder that more than just singers are welcomed to take part in this talent competition. The weekend finishes with the Contagious Band Vermont performing on Sunday afternoon followed by a kid's favorite Mr. Paddy Wack.

If your preference is more toward motorized madness than there is something for you each day of the fair as well. Wednesday night is the Mini-van and the 6 & 8 cylinder Demolition Derbies. Thursday night will see the talents of local loggers put to work with the \$1,000 to win log loader contest. Friday has the 4 cylinder cars lining up for their own demolition derby. Saturday will start with the youth tractor pull and will continue with the farm, antique and enhanced tractor pull. The big guns come out on Sunday, this year beginning at 12 noon with the 4x4 truck pull, that has some 2 wheel drive classes, and even doodlebugs.

North Haverhill Fair has



also long been known for great animal pulling events in the covered Bishop Arena. Wednesday and Thursday will have several oxen pulls. Friday has both ponies and miniature horses. Again, the big guns hit the pulling sled on the weekend with several classes of horses pulling on both Saturday and Sunday.

Other special events this year include the return of Horses, Horses, Horses with multiple shows each day. Also Rosaire's Racing Pigs will have multiple shows each day as they entertain young and old alike.

A new event this year will happen on Friday evening from 6 - 8 pm as the Dellinger

Ring will be covered with several types of equipment from police cruiser to log truck and trailer. Both young and old will be encouraged to look them over and even touch a truck.

General admission of \$12 for adults continues to give fairgoers access to all these events. Children 5-12 pay just \$3.00 while children under 5 are free. There are ride specials Wednesday, Thursday, Friday and Sunday at the fair.

For more details on any of these events, and plenty of others, check the web site at www.nohaverhillfair.com. You can also follow us on FaceBook or Twitter.

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TRENDY Dining Guide

Everybuddy's Casual Dining

by Gary Scruton

It was a Saturday just shortly after noon that we had the chance to visit the suddenly almost islandish eatery called Everybuddy's Casual Dining. The Passumpsic River was up high and threatening to close the road just beyond the establishment.

Inside though there was obviously other things happening. The dining room to the left as you walk into Everybuddy's was starting to look different as some streamers were already strung around and some people were gathered for a private event. Our waitress showed us to a table to the

right, near the big horseshoe bar, and from there we could see others coming in including, eventually, the birthday girl herself, celebrating 90 years on earth. It actually sounded like several generations were having fun.

Meanwhile back at our table, our waitress took little time to take our beverage order. Janice got a soda while I needed a hot cup of coffee to warm my chilled bones.

It did take us a while (to be honest it was me that took so much time) to get thru the menu and make our decisions. Janice was happy to go with an old favorite at Everybuddy's, an edible taco salad bowl. She asked for the beef option. I had an

urge for pasta and decided to go with what was listed as Homemade Lasagna. It came with a choice of Caesar or garden salad (Caesar, please).

Even with one side closed Everybuddy's has plenty of seating and several groups came and went while we sat and went over some of the day's earlier events. It wasn't long before my salad was delivered.

When our meals arrived I was warned to be careful about the casserole dish my lasagna was served in. What I had was a good sized vessel filled up with plenty of very tasty lasagna. Plenty of noodles, a good solid sauce and plenty of cheese. The

meal also came with two slices of garlic bread. It was a meal that I truly wanted to be able to finish, so I did.

Janice's taco salad was spicy enough to give it some great taste, but not so hot that it gave her that burning feeling. She has ordered this meal before and once again enjoyed it with gusto.

One of the nice things about sitting in any eatery is that you have a chance to hear other conversations, including those between the customers and waitress. Everybuddy's does not have a dessert menu but the wait staff is very familiar with what is available. I heard one waitress say something about blackberry pie. That was enough for me.

I must also note that when Janice and I were finished our meals one of the other waitresses noticed and stopped by our table to grab our empty plates. She also took the initiative to ask if we wanted dessert. So I gave her my request for that fruity delight. I also asked for a refill on my coffee. She had just left our table when

our waitress came back asking if we wanted the bill. We let her know about the help she was getting and shortly thereafter the pie, and then the coffee arrived. The pie was a great choice.

Everybuddy's also offers a savers card, of which we had a filled one and therefore got a \$5.00 discount from our bill. The total we paid for our meals was \$27.63. Above that we left a cash tip on the table.



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Education Funding 101 Forum Held at PSU on May 1

Plymouth, N.H. - The Rural Educational Leaders Network at Plymouth State University (PSU), in collaboration with SAU 48, SAU 23, the Newfound Area School District, and the Linwood School District will host a presentation by John Tobin on the topic of New Hampshire's education funding system on Wednesday, May 1, 2019 at 6:00 p.m. at the Hyde Hall Auditorium, Room 220 on Plymouth State's campus.

This program, developed by the attorneys John Tobin and Andru Volinsky, who sued the state over education funding in the Claremont case more than 25 years ago, and by former Republican representative Doug Hall, who is an expert on school finance, has been presented in more than 25 forums and meetings across New Hampshire since last summer.

Their intention is to educate the general public about New Hampshire's complicated and inequitable school funding system. Under New Hampshire's Constitution, the State is responsible for ensuring that every child has the opportunity for an adequate education. The public is invited to learn about the consequences for our schools and for taxpayers of the State's failure to meet this obligation. You will also learn how local communities compare to other towns and cities in NH in their ability to raise funds for schools.

For more information, contact Dr. Linda Carrier, assistant professor of educational leadership, by email at lcarrier@plymouth.edu.

About Plymouth State University: Established in

1871, Plymouth State University serves the state of New Hampshire and the world beyond by transforming our students through advanced practices where engaged learning produces well-educated undergraduates and by providing graduate education that deepens and advances knowledge and enhances professional development. With distinction, we connect with community and business partners for economic development, technological advances, healthier living, and cultural enrichment with a special commitment of service to the North Country and Lakes Region of New Hampshire. For more information about Plymouth State University visit <https://www.plymouth.edu>

NEK Chamber Meeting To Combine Elements Of Business Celebration At Annual Gathering

NORTHEAST KINGDOM - When the Northeast Kingdom Chamber holds its annual meeting on Wednesday, May 8 at Northern Vermont University, there will be a new element added, highlighting business accomplishments from the past year. The luncheon meeting will be held from noon to 1:30 p.m. in the Moore Room of the Lyndon campus.

The Business Celebration, always held in the fall, was postponed last autumn due to scheduling difficulties with potential speakers, said Chamber Executive Director Darcie McCann. She noted a decision was made to include a number of business speakers at the spring annual meeting, to combine the two gatherings, so people get a sampling of some of the business news in the area as well as hearing of new chamber developments.

"We purposely decided against having a guest

speaker at this year's annual meeting because there is so much news coming from our businesses as well as the chamber," said McCann. "We also plan to open up the end of the meeting, as we have in the past, so that businesses can give updates and share accomplishments on their respective companies."

In addition to presentations by representatives from the St. Johnsbury Distillery, Mobile Medical, the Depot Building and more, guests will hear of developments from the Northeast Kingdom Young Professionals Network, a committee within the chamber, and see the chamber's new four-color membership placques for the first time.

"We as a chamber have

not changed our plaques for more than 30 years, and the new ones are absolutely gorgeous, environmentally friendly and really feature the Kingdom," said McCann. "Everyone we have showed the initial design to has told us they can't wait to display them at their businesses."

There will also be a number of Kingdom Recognition Awards that will be bestowed at the gathering. The chamber director and president will give brief chamber and legislative updates.

The cost of the pasta luncheon is \$17. Please contact the chamber immediately to secure a space. For details or to make reservations, contact the Northeast Kingdom Chamber at 802-748-3678 or nekinfo@nekchamber.com.

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Pandora's Box

It's time to apply the brakes to Concord's increasing "thirst" for new taxes and fees. Just recently, HB 641 passed the House by a party line vote of 209 to 146. This bill allows municipalities to collect an occupancy fee from operators of local room rentals. According to the majority, meals and rooms tax revenue is one of the highest performing revenue sources in the state. This bill gives municipalities with increasing numbers of travellers who seek occupancy in a local hotel, motel or other boarding establishment the choice of implementing a hotel occupancy fee of up to \$2 per day per room. Bill supporters state that the newfound revenue would stay local and provide much needed funding to meet the increased demands on municipal services and infrastructure. Advocates for the new fee further mentioned that every dollar collected from tourists and travellers through this optional fee, better known as a "tax," is a dollar that will not be raised through property taxpayers. Unfortunately, that is not the way a fee or taxes really work. Rarely is revenue used to offset current property taxes. Most frequently, new revenue contributes to

more spending. It's always easier to spend money that doesn't come from your own pocket.

Passage of this bill establishes a dangerous precedent by allowing local jurisdictions to impose a local occupancy fee. If a local occupancy fee were allowed to become law, we would be opening Pandora's box for future local fees and taxes on other types of sales. Hotels generate significant property taxes and spur other economic activity within a community without adding significantly to infrastructure and education costs.

In my prior life, I served as a city councilman in Homer, Alaska. The state of Alaska is often known as the state without an income tax or sales tax, but few know that the Alaska statute allows local cities to establish sales and other taxes. Homer is a beautiful community surrounded by towering mountains and a spit of land that juts five miles into Kachemak Bay. Homer fell into the taxation trap by establishing a sales tax along with other fees. As Homer grew, more business was attracted to the area; however, a growing portion of these businesses moved to vacant property just beyond the city limits, avoiding the higher taxes. Just as folks from Vermont cross the Connecticut River on a daily basis to support the NH Advantage, this same result will occur within NH with folks driving a few miles to take advantage of rates in a neighboring community not opting to assess fees or taxes.

Schemes relying upon fees or taxes may provide municipalities with quick revenue, but be careful of opening Pandora's box.

Respectfully Submitted,
Rep Rick Ladd, Haverhill

The Denny Report
by NH State Representative
Dennis Ruprecht

**Updates from the House
Fish and Game and Marine
Resources Committee**



Shortly after each member of the NH House of Representatives is sworn in to a new term, members are assigned to House committees. Members submit three committee preferences to the House Speaker's office and in turn, the Speaker appoints members to various committees. Most members only serve on one committee, few members serve on more than one, and some don't serve on any committee.

I had requested to serve on the Fish and Game and Marine Resources Committee, the Environment and Agriculture Committee, or the Resources, Recreation, and Development Committee. I had requested these three particular committees because of their relevance and importance to our region, and I was ultimately assigned to the Committee on Fish and Game and Marine Resources.

The Fish and Game and Marine Resources Committee typically meets once weekly and is charged with the duty "to consider all matters concerning conservation, improvement and preservation of fish, game and nongame species and marine resources within the state; and such other matters as may be referred to it". Our committee takes pride in working on a highly bipartisan level. During this session so far, the committee has considered bills relative to trapping, hunting, and ATV usage.

When our committee last met, on Tuesday, April 22nd, we held an executive session on three bills: SB

200, "relative to wildlife corridors", SB 201, "requiring the department of transportation and the fish and game department to develop a plan for the construction of a ramp, dock, and parking at Great Bay Waters at Hilton Park in Dover", and SB 160, "relative to swimming and non-motorized boating at public boat access areas". The committee, in a margin of 14-4, voted to pass SB 200 which would encourage the DOT to consider wildlife corridors when developing new projects. A wildlife corridor is a stretch of land that allows wildlife to freely migrate from one area of habitat to another. This bill aims to keep both people and wildlife safe by keeping wildlife out of roadways as much as possible.

On SB 201, the committee voted 15-2 to deem the bill as inexpedient to legislate. In other words, the committee voted to "kill" SB 201. The committee believed that the bill, while well intentioned, called for an expensive study without a guaranteed outcome.

Lastly, on SB 160, the committee voted 15-2 to deem the bill as inexpedient to legislate. After hearing testimony from the NH Fish and Game Department and from NH Fish and Game Colonel Kevin Jordan in opposition to the bill due to concerns relative to terms and conditions of federal grant funding being placed in jeopardy should the bill be passed into law and because of enforcement concerns, the majority of members on the committee felt it was appropriate to find the bill inexpedient to legislate.



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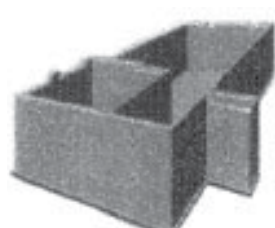
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Quebec's Le Vent du Nord at Court Street Arts

Le Vent du Nord blazes a path that connects their Québécois roots to the wider world and has picked up acclaim along the way. This celebrated band full of energy and mirth will take the stage on Thursday, May 2nd at 7 pm. The musicians are compelling Francophone ambassadors, winning critical acclaim and audience adoration across the globe and racking up several prestigious awards, including two Junos (Canada's Grammys), a Canadian Folk Music Award, and "Artist of the Year" at the North American Folk Alliance Annual Gala.

Grab a bite to eat before the show at Bailiff's Cafe at Court Street Arts. The menu includes a meatloaf trio and veggie quiche. The doors and cafe open at 5:30pm

Other May events at Court Street Arts include a

night of laughs with comedian Bob Marly on May 16th. Tickets sold out fast for the King of Comedy, but those interested in attending can catch him on a newly added show on June 5th.

Artist and art-lovers are invited to an artist talk with Barnet painter Ed Kadunc on May 19 from 1 - 3pm. The exhibition will showcase a retrospective of Kadunc's work of portraits and landscapes. Kadunc teaches a popular watercolor class on Monday nights at Court Street Arts.

To reserve tickets for upcoming events, visit www.courtstreetarts.org, call 603.989.5500, or email info@alumnihall.org. Thank you to Bliss Tavern Music for continued support in bringing extraordinary music to the region.

Two One Acts To Open Season At Old Church Theater

"Join Old Church Theater for their first show of the season this May! The first show will be two one-acts: two plays for the price of one!

The first play is called Bob's Date, written by John Shanahan and directed by Athene Chadwick. Bob, who's not actually in the play, is going on his first date in two years. All of his manly inner attributes: Logic, Confidence, Nerves, Libido, and Bull, are gearing up for the event. Then a love-at-first-sight moment wakes long-sleeping Emotion, and she threatens to throw the night into chaos. But if the men weren't ready to handle Emotion, then they're certainly not prepared to take on the Memory of the woman who broke Bob's heart.

The second play is 10 Ways to Survive the Zombie Apocalypse, written by Don Zolidis and directed by Justina Kenyon. It's the end of the world and hordes

of rampaging zombies are about to kill you. What do you do? Try your hand at kung fu against the undead? Attempt to reason with creatures that would rather eat brains than use them? Turn to this handy and hilarious guide to survive the apocalypse! (Hint: sacrifice the weak is step number one!)

This is Old Church Theater's second season in their temporary space at 176 Waits River Road in Bradford, as the original theater is undergoing some major renovations. These one-acts will be performed May 10-11-12 & 17-18-19. This season, Old Church Theater will also have new show times! Friday and Saturday night shows start at 7pm, while Sunday matinees are at 3pm. Check out the new website for ticket details and contact information. Thank you for supporting local theater!"

Littleton Food Co-op Is Celebrating It's 10 Year Anniversary! All Invited!

From humble beginnings with a group of motivated Littleton and community members from surrounding areas to our current membership of 6,855, we are celebrating 10 years of creating a thriving, friendly community cooperative grocery store big time! Littleton Food Co-op opened the doors in May 2009. By May 2017 an expansion was completed and the co-op again celebrated a Grand Re-Opening. Now, here we are, 10 years old and still building a thriving community by supporting local producers and partnering with local businesses.

The Littleton Food Co-op will be kicking off the festivities by opening our board candidate voting on May 1st with on-line and in store voting at our service desk. To vote one must be a member holding 4 twenty-five dollar shares. One vote per membership. We are holding a membership drive with lots

of fabulous prizes during our celebratory festivities.

On Thursday, May 2nd, we will be installing a new art exhibit by Kathie Lovett of Franconia called Nourish - Soil - Soul. Friday, May 3rd is Meet the Candidates from 5 - 6 pm in our cafe with live facebook streaming and yummy treats made by board member Deb Rossetti. Monday, May 6th at 4:30 is another Mind Full of Cooking event with Chef Angel Anan from The Inkwel. These have become favorites from all who attend. Wednesday, May 8th at 5:30 is our Annual Member meeting with lots of information from the board and our general manager, Ed King. Come, even if you are not a member and hear about all the exciting things going on. Thursday May 9th to Saturday May 11th will be filled with live music from Tom Gallagher, Pipe and Slippers and The Barnyard Incident, vendors,

free samples, prizes, lots of food and beverage sampling and a chance to win a \$500 shopping spree! You don't want to miss this! Everyone is invited!

For specific times and event information please see our service desk to pick up a schedule or go on line at littletoncoop.com. Member-owned Littleton Food Co-op is a local, hybrid, and very friendly store located at the intersection of Cottage Street and Route 302 (exit 41 off I-93). Everyone is welcome to shop. Anyone is welcome to join! Not sure what local, hybrid, and friendly means in terms of a food store....come on in and ask any of our staff members! The Littleton Food Co-op is open daily from 7 am - 8 pm. For more information or to become a member, please visit www.littletoncoop.com or call 603-444-2800. See you at the Co-op!

GOLF TOURNAMENT

7th Annual "Tee It Up For Kids"



BOYS & GIRLS CLUB OF THE NORTH COUNTRY

GREAT FUTURES START HERE.

Sunday June 9th

Maplewood Country Club

8:00 am Shotgun Start Scramble Format

Continental Breakfast & Lunch

Golf Contests & Raffles

\$350/team of 4 (\$87.50/person)

Contact: Sara@BGCSouthCountry.org

838-5954 BGCSouthCountry.org

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Day • Week • Month

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Calendar of Events

A Full Page of Events from Local Non-Profits, Schools and Towns. *Presented FREE by Trendy Times.*

WEDNESDAY, MAY 1

NH'S EDUCATION FUNDING SYSTEM
6:00 PM
Hyde Hall Auditorium, Room 220, PSU
See Article on Page 3

THURSDAY, MAY 2

LE VENT DU NORD
7:00 PM - See Article on Page 5
Alumni Hall, Haverhill

JULIAN ASSANGE AND WIKILEAKS.
6:00 PM - See Article on Page 7
Joseph Patch Library, Warren

WOODSVILLE WELLS RIVER 4TH OF JULY
MONTHLY MEETING
7:00 PM
Woodsville Emergency Services Building

"WHAT DO YOU SAY AFTER 'DON'T SAY THAT!'"
5:30 - 7:00 PM
The Barn at The Riverside School, Lyndonville

BIERSTADT'S "DOMES OF YOSEMITE":
7:00 PM
St. Johnsbury Athenaeum

FRIDAY, MAY 3

PEACHAM CORNER GUILD OPEN FOR SEASON
Friday - Sunday, 10:00 AM - 5:00 PM
643 Bayley Hazen Road, Peacham, VT.

RUMMAGE SALE
5:00 - 7:00 PM
Haverhill Congregational Church Parish House

NORTH COUNTRY CHORUS CONCERT
7:30 PM - See Ad on Page 7
First Congregational Church, Littleton

SATURDAY, MAY 4

RUMMAGE SALE
9:00 AM - 1:00 PM - Bag Sale 1:00-2:00 PM
Haverhill Congregational Church Parish House

QUILTING FOR A CAUSE
1:00 PM - See Article on Page 7
Joseph Patch Library, Warren

KIWANIS AUCTION
4:00 - 7:00 PM - See Ad on Page 7
Elks Club, St. Johnsbury

POETRY SALON
4:30 PM - See Article on Page 7
First Congregational Church of Newbury

ITALIAN DINNER WITH LASAGNA
5:30 to 7:00 p.m. Donations gratefully accepted
United Congregational Church of Orford, Main St.

NORTH COUNTRY CHORUS CONCERT
7:30 PM - See Ad on Page 7
Bradford Congregational Church

SUNDAY, MAY 5

BENEFIT TEXAS HOLD 'EM POKER
11:00 AM Cash Game - 1:45 PM Tournament
Tom Breslin Center, Lyndon

NORTH COUNTRY CHORUS CONCERT
3:00 PM - See Ad on Page 7
South Church, St. Johnsbury

FILM: WHO WILL WRITE OUR HISTORY
4:00 PM
Colonial Theatre, Bethlehem

MONDAY MAY 7

ROSS-WOOD UNIT #20 AMERICAN LEGION
AUXILIARY MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

WEDNESDAY, MAY 8

ROSS-WOOD POST #20 AMERICAN LEGION
INSTALLATION OF OFFICERS
6:00 PM Dinner / Installation to Follow
Post Home, 4 Ammonoosuc Street, Woodsville

THURSDAY, MAY 9

ST. LUKE'S COMMUNITY MEALS
5:00 - 6:30 PM
St. Luke's Parish House, Woodsville

ROSS-WOOD POST #20 SONS OF THE
AMERICAN LEGION MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

FRIDAY, MAY 10

TALK AND BOOK SIGNING: MARY DINGEE
FILLMORE
7:00 PM
St. Johnsbury Athenaeum

FRIDAY & SATURDAY, MAY 10 & 11

OCT PRESENTS TWO ONE ACT PLAYS
7:00 PM
Old Church Theater, Waits River Road, Bradford
See Article on Page 5 and Ad on Page 9

SUNDAY, MAY 12

BENEFIT TEXAS HOLD 'EM POKER
11:00 AM Cash Game - 1:45 PM Tournament
Moose Lodge 1779, St. Johnsbury

OCT PRESENTS TWO ONE ACT PLAYS
3:00 PM
Old Church Theater, Waits River Road, Bradford
See Article on Page 5 and Ad on Page 9

MONDAY, MAY 13

HAVERHILL SELECT BOARD MEETING
6:00 PM
Morrill Municipal Building, North Haverhill

TUESDAY, MAY 14

TANGLED LIVES: NATIVE PEOPLES & ENGLISH
SETTLERS IN COLONIAL NEW ENGLAND
7:00 PM - See Article on Page 7
Alumni Hall, Haverhill

WEDNESDAY, MAY 15

HOT TOPICS IN YOUNG ADULT LITERATURE
7:00 PM
St. Johnsbury Athenaeum

Ongoing Weekly Events

MONDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Darling Inn, Lyndonville
BINGO - 6:00 PM
Orange East Senior Center, Bradford
TOPS (TAKE OFF POUNDS SENSIBLY)
6:00 PM - Peacham School
KIWANIS CLUB OF ST JOHNSBURY
6:15 PM - VFW Post, Eastern Ave.
DRAWING FROM LIFE - 6:00 - 8:00 PM
Joseph Patch Library, Warren
MONDAYS/WEDNESDAYS
RSVP BONE BUILDERS
10:30 AM - 11:30 AM
Linwood Senior Center, Lincoln
RSVP Bone Builders
1:30 - 2:30 PM
United Community Church, St. Johnsbury

MONDAYS/THURSDAYS

ADULT INTERVAL AEROBICS CLASS - 6:30
Woodsville Elementary School
GOLDEN BALL TAI CHI
8:30 - 9:15 AM - St. Johnsbury House
RSVP BONE BUILDERS
9:00 - 10:00 AM
Municipal Building, Lyndonville
9:15 - 10:15 AM
Congregational Church, East St. Johnsbury
6:00 - 7:00 PM
Community Church, Concord

MON./WED./FRI.

RSVP BONE BUILDERS
1:30 - 2:30 PM - United
Community Church, St. Johnsbury
TUESDAYS
BREAKFAST BY DONATION
8:30 AM - 10:00 AM
Horse Meadow Senior Center,
North Haverhill
RSVP BONE BUILDERS
9 AM - 10 AM - St. Johnsbury House
10:30 AM - 11:30 AM
Congregational Church, Danville
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Senior Action Center,
Methodist Church, Danville
NOON - Presbyterian Church, S. Ryegate
NOON - Darling Inn, Lyndonville
RSVP BONE BUILDERS
2:00 - 3:30 PM - East Haven Library
TOPS (TAKE OFF POUNDS SENSIBLY)
Weigh In 5:00 PM - Meeting 6:00 PM
Horse Meadow Senior Center, N. Haverhill
EMERGENCY FOOD SHELF
4:30 PM - 5:30 PM
Wells River Congregational Church
COMMUNITY DINNER BELL -
5:00 PM September 5- June 5
All Saints' Church, School St., Littleton
AA MEETING (OPEN BIG BOOK)
7:00 PM - 8:00 PM
St. Luke's Parish Hall, Woodsville

TUESDAYS/THURSDAYS

RSVP BONE BUILDERS --
8:30 - 9:30 -- Monroe Town Hall
ACTIVE OLDER ADULT STRENGTH CLASS
1:30 PM
Woodsville Post Office, S. Court St
RSVP BONE BUILDERS
2:00- 3:00 PM -East Haven Library
TUESDAYS/FRIDAYS
RSVP BONE BUILDERS
9:00-10:00 AM
St. Johnsbury House
RSVP BONE BUILDERS
9:30-10:30 AM
GRACE Art Gallery, Hardwick
GOLDEN BALL TAI CHI
8:30-9:30 AM
United Methodist Church, Lyndonville
WEDNESDAYS
AQUA AEROBICS
Evergreen Pool, Rte 302, Lisbon
ADULT STRENGTH TRAINING
1:30 - 2:30 PM - United Community
Church, St. Johnsbury
BINGO - 6:30 PM
Haverhill Memorial VFW Post #5245
North Haverhill
CRIBBAGE - 7:00 PM
Orange East Senior Center, Bradford
WEDNESDAYS/FRIDAYS
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - West Barnet Senior Meal Site
NOON - Darling Inn, Lyndonville

THURSDAYS

GROTON LUNCHES W/FRIENDS
10:00AM - 2:00 PM / Lunch @ 12:00
Groton United Methodist Church
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Senior Action Center,
Methodist Church, Danville
NOON - Darling Inn, Lyndonville
ST PAUL'S BIBLE STUDY ON JAMES, 6:15
PM, 113 Main St., Lancaster
TOPS (Take Off Pounds Sensibly) --
Weigh-in @ 6:00 p.m., meeting @ 6:30
-- Monroe Public Library
FRIDAYS
RSVP BONE BUILDERS
9:00 - 10:00 AM - St. Johnsbury House
9:30 - 10:30 AM
Grace Art Gallery, Hardwick
1:30 - 2:30 PM - United Community
Church, St. Johnsbury
WORSHIP UNDER THE TENT- 7 PM
100 Horse Meadow Rd, No Haverhill
AA MEETING (OPEN DISCUSSION)
8:00 PM - 9:00 PM
Methodist Church, Maple St, Woodsville
SATURDAYS
STORY HOUR FOR CHILDREN - 10:15 AM
September thru May
Brainerd Memorial Library, No. Danville
SUNDAYS
CRIBBAGE - 1:00 PM
American Legion Post #83, Lincoln
NORTH DANVILLE BAPTIST CHURCH (ABC),
Worship and Sunday School, 9:30 AM
Refreshments at 10:20 a.m.

Horse Meadow Senior Center

MAY 4 : 7-9pm "DANCE DANCE DANCE" to "Comfort Country" to benefit Meals on Wheels. \$5 per person at Horse Meadow Senior Center.

MAY 18TH 8:00AM – 1:00PM STEP UP / STOP HUNGER WALKATHON FOR MEALS ON WHEELS at Horse Meadow Senior Center. REGISTRATION at 9:00, WALK at 10:00, choose 1 mile, or 3 mile walk. All Forms at HMSC

WE ARE CLOSED ON MAY 27, 2019 TO HONOR MEMORIAL DAY

Music:

Music starts at 11:00-11:15

Byron Berwick: May 7, May 21

Bob Benjamin: May 9, May 23

Ethel Cooper: May 2,

May 16, May 30

Barry Hayes: May 10, May 17, May 29

The BOYZ; May 15
HMSC Chorus: May 13

Carl, Gloria, & Friends: May 1

Phyllis Vogel: May 14, May 28

Marshall Meade: May 6
Wayne Klinger: May 20

Activities:

RSVP Bone Builders Mon. Wed. Fri. 9:30 Tuesdays and Thursdays at 1:30

Writer's Group – 10:30
Grief Support 5/1 @ 10:30

Mahjonn Wednesdays at 12:30 Fridays @ 9:30

Bingo-Wednesdays at 1:00
Ukele-Wednesdays at 1:00

Beginners Quilting Wednesdays at 1:00

Art/Painting Thursdays at 9:00

Healthy Lifestyle Share May 2 at 10:30

Cribbage Thursdays 12:30
Hand & Foot Cards-Fridays at 12:30

Chorus-Mondays at 1:00
Haircuts by Marshall, May 6 at 1:00,

Massage by Donna, May 7 starting at 9:00

by appointment, call
Drums Alive Tuesdays at 12:30

Summer Bocce May 17 at 1:00

MS support Group May 20 at 1:00

Domestic Trauma group May 9, May 23 at 10:45

Herbs with Elaine May 10, May 24

ADAPTIVE BIKING May 31 at 1:00

Tangled Lives: Native Peoples and English Settlers in Colonial New England

The Haverhill Historical Society has received a grant from New Hampshire Humanities to offer "Tangled Lives: Native Peoples and English Settlers in Colonial New England", presented by Jo Radner of Lovell, Maine. The presentation will take place on Tuesday May 14 at 7:00 PM at Alumni Hall, 75 Court St. in Haverhill Corner. Admission is free and open to the public. The venue is handicapped accessible.

The stories we hear from our families tell us who we are and how we should view the world. What tales shaped New England identities in the 17th and 18th centuries? In this performance, storyteller/

historian Jo Radner juxtaposes Native American oral traditions and stories told by her own New England ancestors to reveal a complex colonial "middle ground" in which English settlers and Native peoples saw one another as defenders and trespassers, pursuers and refugees, relatives and aliens, kind neighbors and ruthless destroyers.

Storyteller Jo Radner received her Ph.D. from Harvard University. Before returning to her family home in western Maine as a freelance storyteller and oral historian, she spent 31 years as professor at American University in Washing-

ton, DC, teaching literature, folklore, American studies, Celtic studies, and storytelling. She has published books and articles in all those fields, and is now writing a book titled Performing the Paper: Rural Self-Improvement in Northern New England, about a 19th-century village tradition of creating and performing handwritten literary newspapers. She is past president of the American Folklore Society and the National Storytelling Network.

For more information contact Roger Warren 603 787-2446 or barogw@hotmail.com

Common Ground Forum: Julian Assange and Wikileaks

Join us on Thursday, May 2nd at 6PM when we will discuss Julian Assange and Wikileaks.

Who is Assange to you, a hero, or an outlaw?

Is Wikileaks engaged in cyber terrorism or whistleblowing?

The Common Ground Forum welcomes all viewpoints and encourages lively participation. No judgments, no discourtesy. Any person who wishes to speak is given two minutes to respect-

fully state their opinions and/or ask questions about another person's comments. Our country is divided. We can't come together if we

don't listen to each other. Let's make a start.

This forum will be held at the Joseph Patch Library, 20 NH Route 25, Warren, NH.

North Country Chorus

Chichester Psalms by Leonard Bernstein

Requiem by Gabriel Fauré

Alan Rowe, Musical Director

Also featuring St. Johnsbury Academy's Hilltones and North Country Youth Chorus, led by Kaitlyn Bryant

7:30 pm on Friday 3 May

First Congregational Church, Littleton

7:30 pm on Saturday 4 May

Bradford (VT) Congregational Church

3 pm on Sunday 5 May

South Church, St Johnsbury

Tickets from catamountix.org or at the door.

All students FREE!

Details at northcountrychorus.org

Quilting for a Cause (Soft Protests)

The Joseph Patch Library in Warren invites you to "Quilting for a Cause" Saturday, May 4th at 1:00 p.m.

Pam Weeks, the Binney Family Curator of the New England Quilt Museum, joins us for a third year in a row with another popular program, "Soft Protests - Quilting for a Cause." An expert on quilt history, Pam designs her own quilts, reproduces antique quilts, lectures and offers classes.

Pam will present a lecture on the history of storytelling, raising social awareness, and protests through textiles and quilts. Stories were quilted into bed coverings as early as 1400, and protest quilts go back to 1830.

Programs are free and open to the public. Light refreshments will be served.

For more information, call the library at 764-9072 or email us at jpatchlibrary@yahoo.com

Sydney Lea and Garret Keizer to Headline at Newbury Poetry Salon

The First Congregational Church of Newbury will host a Poetry Salon on Saturday, May 4 beginning at 4:30 pm. Four published New England poets, Sydney Lea, Garret Keizer, Mark Hart, and Tom Kinder, will offer readings in the church sanctuary located at 4915 Main Street in Newbury, VT.

At 6:00 pm, the Women's Fellowship will serve a benefit supper in the vestry next door for Church World Service and the Oxbow Senior Independence Program. Dessert will feature all things maple, with anyone invited to enter a favorite for a maple dessert contest. During this time, amateur poets are encouraged to share a brief poem.

Sydney Lea is the former Poet Laureate of Vermont, a former Pulitzer Prize finalist, and lives in Newbury, Vermont. He will publish his 20th book and his 30th poetry collection in September.

Garret Keizer has written numerous acclaimed books, including Help: The Original Human Dilemma, The Enigma of Anger, and A Dresser of Sycamore Trees. A regular contributor to Harper's magazine, he has just published his first poetry collection, The World Pushes Back. He lives in Sutton, Vermont.

Mark Hart will read from his most recent book of poetry, The Joy of Blasphemy, and the previously published Boy Singing to Cattle. He is a therapist, meditation teacher, and Buddhist student advisor at Amherst College. He lives in South Deerfield, Massachusetts.

Thomas Cary Kinder is a pastor, poet, and hymn writer who lives and serves in Strafford, Vermont. He will be reading from his upcoming Sonnets of Celebration and Love as well as from his seven book Sonnets for the Struggle series.

St. Johnsbury Kiwanis

LIVE AUCTION

Auctioneer: Blakely Jenkins



All Are Invited To Come And Help Us Have Fun And Raise Money For The 75th Year Of Our FREE Pool!

Saturday, May 4

St. Johnsbury Elks Club

118 Western Avenue

St. Johnsbury, VT05819

4:00 --- 7:00 PM

View Items After April 15 at jenkinsauctionservice.com

Refreshments And Cash Bar Available

Contact Denise Stuart 1-802-684-1293
For More Information



We're Moving

As of Tuesday, May 14

TRENDY TIMES

Our office will be located at
20 Pine Street in Woodsville.

Pine Street is between Gather Together Cafe and Dunkin.

Our office hours will still be 9 am - 5 pm Tuesday - Friday

Our phone number will remain 603-747-2887

Or email Gary@TrendyTimes.com

Riverside School Alumnus To Speak At Commencement

Lyndonville, VT – The Riverside School's Head of School, Michelle Ralston is pleased to announce that Rohan Racine, a member Riverside's Class of 2008, will be the 2019 Commencement speaker. Commencement at Riverside will take place on June 8th.

Rohan attended Riverside from 4th-8th grade, the only grades that were available in his first year. He went on to graduate from Lyndon Institute in 2012 and was accepted into Tufts University, where he achieved a B.S. in Chemistry and Economics, Cum Laude.

After graduating from Tufts, he worked in a chemistry lab at Mylan Technologies, a large generic pharmaceutical company, in St. Albans, VT. He is currently pursuing a Master's degree at McGill University in Montreal studying Experimental Surgery.



Rohan serves as a member of The Riverside School's Board of Trustees.

"My time at Riverside is something I still reflect back on to this day. The freedom the school allows for individualized growth is something unique, especially in our region of the state," said Racine. "The faculty—Riverside's most valuable asset—challenged me each and every day to be better intellectually and to be a better member of the broader community. Riverside was crucial in developing me into the person I am today, and I feel fortunate to be able to help continue the experience I had at Riverside for the students there now, and those who will attend in the future."

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SPRING Paddle The Border

Where The River Unites Our Communities

16th Year • Sunday, May 19, 2019

From Woodsville Community Field (Off Rt. 135)
To Bedell Bridge Boat Launch (Off Rt. 10, Haverhill Corner)

FREE Shuttle Service (for persons and personal equipment only)
from Bedell to Woodsville available
from 10:00 - 11:00 AM.

**All Events
Are Weather
Permitting**

Volunteers will be at the boat launch to help unload and protect boats before launching.

Suggested Launch Time 10:30 - 11:30 AM (Approx. Paddle Time 3.5 Hours)

BBQ Lunch provided by Rotary with music by Strawberry Farm Band

All participants MUST abide by safe boating rules and regulations

EVENT SPONSORED and SUPPORTED BY:

Haverhill Recreation Commission • Newbury Conservation Commission
Woodsville/Wells River Rotary Club • Cohase Chamber of Commerce • Butler's Bus Service
Upper Valley Land Trust • Upper Valley Trails Alliance

Paddle The Border - Fall is scheduled for Sunday, October 6, 2019

For Further Information Contact **Mike Thomas (802) 757-3960**
or email mikethom1@charter.net

www.cohase.org • www.newburyconservation.org

Trendy Threads Update

Janice is delighted to announce that she has a buyer for Trendy Threads. The store will continue to offer affordable clothing and accessories. Here's a brief timetable as to what will be happening over the next month or so.

Friday, May 10th will be Janice's last day working as owner of the store.

Trendy Threads will be closed from May 11th thru May 22nd for some owner transition changes.

Store will reopen on Thursday, May 23rd under new ownership. Make sure you stop in and welcome Aileen as the new owner, she's excited and will do a great job.

Keep an eye on our Facebook page (Trendy Threads) and our website www.trendythreadswoodsville.com for new store hours and consignment guidelines.

Aileen plans to accept Spring/Summer consignments starting on May 23rd.

Quality Consignment Clothing at Trendy Threads
171 Central St. Woodsville, NH 603-747-3870

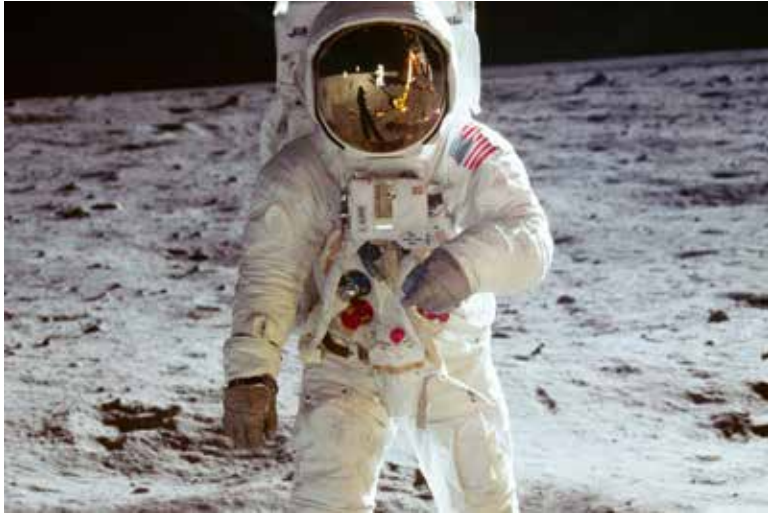
Colonial Blasts Off For A New Season

On Saturday, May 4, the newly renovated Colonial Theatre in Bethlehem, NH will open for its 104th consecutive season with more movies, more music, and more fun than ever before.

The 2019 season blasts off with a cinematic event 50 years in the making. Apollo 11 chronicles the making of the mission to land on the moon led by Commander Neil Armstrong and pilots Buzz Aldrin & Michael Collins and features never-before-seen large-format film footage of one of humanity's greatest accomplishments.

This year's LIVE! at The Colonial performance series kicks off with a solo performance by 20 time Grammy Award winning jazz guitarist Pat Metheny. Throughout his career, Pat Metheny has continued to re-define the genre by utilizing new technology and constantly working to evolve the improvisational and sonic potential of his instrument. Metheny's versatility is nearly without peer on any instrument. Over the years, he has performed with artists as diverse as Steve Reich to Ornette Coleman to Herbie Hancock to Jim Hall to Milton Nascimento to David Bowie and won countless polls as "Best Jazz Guitarist" and awards, including three gold records for Still Life (Talking), Letter from Home, and Secret Story. His 20 Grammy Awards are in 12 different categories including Best Rock Instrumental, Best Contemporary Jazz Recording, Best Jazz Instrumental Solo, and Best Instrumental Composition. The Pat Metheny Group won an unprecedented seven consecutive Grammys for seven consecutive albums.

Following Metheny on stage is an expanded roster of established and exciting emerging touring artists including: Natalie Merchant, Bela Fleck and Abigail Washburn, Ghost of Paul Revere, Bombino, The War & Treaty, Hot Sardines, Quebe Sisters, Gangstagrass, Iris Dement, Anais Mitch-



ell, Adonis Puentes and the Voice of Cuba Orchestra concluding with a Halloween Bash with Kat Wright. In addition this summer The Colonial will host The Capitol Steps, a troupe of Congressional staffers-turned-comedians who travel the States satirizing the very people and places that once employed them and the ever popular Summer Children's Series in July and August.

As always The Colonial will feature the very the best of independent and world cinema. This season The Colonial will be presenting more great film specials than ever before! Adding to the popular Manhattan Short Film Festival and White Mountain Jewish Film Festival, REEL Outdoors Series launches with REEL ROCK 13 a collection of this year's best climbing films. Festival Fridays commences with Cat Video Fest (in partnership with Second Chance Animal Rescue). What better way for us humans to come together than by watching cats? And that's not all. Continuing will be the Anniversary Film Series, classic features with significant birthdays, Curtain Call Films; a series music related films in all genres from punk to opera, and Spotlight Films, overlooked gems that deserve more attention. New series this season includes:

Exhibition on Screen, films which offer a cinematic immersion into the world's best loved art, opening with Van Gogh & Japan in June, and In Her Image, a series that will revisit some of the acclaimed and (no surprise) overlooked achievements by women directors of the last 100 years. As always, you can purchase fine chocolates, organic popcorn with real butter, and beer and wine at all movies and live events.

The mission of the Friends of the Colonial is to preserve and improve this historic landmark theatre; provide previously unavailable high quality film and performing arts programming; support other community organizations that work toward an improved quality of life for our residents; and offer vision of small town revitalization based on the arts. To learn more about upcoming movies and events, buy tickets, become a member, register to receive The Colonial's weekly e-Announcements, or just find out how you can help, please visit www.BethlehemColonial.org or find The Colonial on Facebook. com/BethlehemColonial.

White Mountains DAR Honors Good Citizens

At their first meeting of the year on Saturday, April 20, the White Mountains Chapter of Daughters of the American Revolution honored this year's DAR Good Citizens with a luncheon at Whitefield Library. Each year the chapter chooses Good Citizens from among the seniors at four local high schools, who then compete for scholarships at the state and national level. In attendance were the 2019 White Mountains Good Citizens (left to right) Anthony Dami

(White Mountains Regional High School), Logan Lopus (Lisbon Regional), Chapter Regent Kate McCartney, Joseph DePalma IV (Littleton High School), and Thomas Oliver (Profile High School). After advancing at the chapter level, Joseph DePalma was named the New Hampshire State Good Citizen. His essay is currently competing at the Northeast Division level. For more information on this program or joining DAR, visit www.dar.org.

Photo by Alicia Prater.



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Old Church Theater Established 1985
 Bradford, Vermont

Bob's Date
 Written by John Shanahan
 Directed by Athene Chadwick

10 WAYS TO SURVIVE THE ZOMBIE APOCALYPSE
 Written by Don Zolidis
 Directed by Justina Kenyon

New Show Times!
 Friday & Saturday 7pm
 Sunday 3pm

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by Maggie Anderson

Last week when the workshop was over, lunch had been served, produce shared, and bingo begun I went in search of a telephone from which to call Hank and one of my fellow students, Martha, decided to take a walk between our class and a book-making class - there's got to be a story there - she was signed up for in the early forenoon.

I found a phone, told Hank we were finished and that he could come pick me up. I assured him I would be watching for him.

The next time I saw Martha she was standing just inside the front door, dripping like a waterfall, holding an umbrella in her hand. A dry umbrella.

When I asked her what prompted her to go out for a cold shower she told me she'd had some time before

the book making class and thought she'd take a walk beforehand.

I was trying to figure out how to ask her if she forgot how to open her umbrella. But instead asked her why she hadn't used it as shelter from the rain.

She said "I would have but I left it in my car in the parking lot and it didn't begin to rain till I was a couple of blocks away."

We shared a giggle over that and just when I was feeling smug about not having been caught in the rain without an umbrella myself I realized the whole time I'd been waiting for Hank I'd been watching for a little red Chevy Cavalier, the one we'd rented all winter in Oregon.

I looked out the window again and Hank was sitting in the corner of the parking lot waiting for me in our green Buick LeSabre.

Letter To The Editor

I am writing to express my utter dismay at the thought of Casella Waste Systems being permitted to purchase up to 1900 acres of pristine land in the beautiful north country of our beloved state with the intent of creating a garbage landfill, abutting Forest Lake State Park! I am nothing more than a very concerned citizen, who moved to this beautiful peaceful, and serene part of the country 5 years ago to plan for my retirement with my wonderful wife. We happen to live near Forest Lake, and chose this area because of our love of outdoor activities, and to think that a garbage landfill will be permitted by our elected officials and state representatives adjacent to this pristine body of water is unconscionable. Please, what can we do to stop this madness from happening? The citizens of the north country spoke out against the Northern Pass and its detrimental impact on the environment, we need the same to happen with this

matter as well.

I am working to reach out to others, who may or may not live here, but love the quality of life in this vacation destination, to contact as many decision makers as possible to try and nip this in the bud before it destroys such a delicate ecosystem. The regional impact would be devastating on many levels, as Forest Lake flows into Burns Pond as well as the Ammonoosuc River. It should also be noted that garbage trucks, many hauling in waste from neighboring states (how do our politicians even allow for THAT to happen?) would have a major impact on traffic, whether they drive thru Littleton or Whitefield.

I did attend the recent Planning Board meeting in the town of Dalton this month relative to Casella Waste Systems' effort to purchase the land adjacent to Forest Lake State Park as their next proposed landfill. Despite much bullying and cajoling of the planning board members by the

landowner and the representatives of Casella Waste Systems, their application for a lot line adjustment, (a sneaky end-around to avoid the notification of abutters for the proposed landfill, including the Div of State Parks), was denied as it was deemed to be an application for a subdivision by the board. I would believe that Casella Waste Systems and their deep pockets won't be dissuaded and will surely follow up with another tactic to get what they want.

Please, I know I am just one person, but it would be devastating on many levels should Casella Waste Systems be permitted to create and operate a landfill in Dalton, NH abutting such a state treasure as Forest Lake State Park. I just wanted to let you know that I adamantly oppose the effort to create and operate a garbage landfill abutting Forest Lake State Park.

Thank you,
Jon Swan, Dalton, NH

other another large project proposed by a large company that came up against much public disapproval. That project has gone thru many changes, but I believe is still being planned, and is not dead.

I encourage you to continue to speak out. It is your right.

Gary Scruton, Editor

Jon,

It is amazing what one voice can do. It is even more amazing what a group of people can accomplish even when opposed by a large corporation. It sounds like the Planning Board of Dalton has made a decision which does not allow for the proposed purchase of this land.

You also mentioned Northern Pass, an-

Bethlehem Hebrew Congregation Leads Annual Days of Remembrance Event

By Eileen Regen

Bethlehem Hebrew Congregation, in partnership with Bethlehem's Colonial Theatre, joins venues worldwide to present the documentary film "Who Will Write Our History" at 4 p.m., May 5, at the Colonial Theatre in Bethlehem. This event to honor the victims of the Holocaust and Nazi persecution is part of the nation's annual commemoration of the Holocaust established by Congress and led by the United States Holocaust Memorial Museum in Washington, DC.

"Who Will Write Our History" reveals the work of Warsaw Ghetto resistance fighters. In November 1940, days after the Nazis sealed 450,000 Jews in the Warsaw Ghetto, a secret band of journalists, scholars, and community leaders decided to fight back. Led by historian Emanuel Ringelblum, this clandestine group, known by the code name Oyneg Shabes vowed to defeat Nazi lies and propaganda, not with guns or fists, but with pen and paper.

The group detailed life

in the ghetto from the Jewish perspective. They commissioned diaries, essays, jokes, poems, and songs. They documented Nazi atrocities with eyewitness accounts, and they sent reports of mass murder to London via the Polish underground. Then, as trains deported them to the gas chambers of

Treblinka and the ghetto burned to the ground, they buried 60,000 pages of documentation in the hopes that the archive would survive the war, even if they did not. Their story is told as a feature documentary written, produced and directed by Roberta Grossman with Executive Producer Nancy Spielberg.

This New York Times Critic's Pick documentary mixes the writings of the archive with new interviews, rarely seen footage, and stunning dramatizations to bring viewers inside the Warsaw Ghetto to share the lives of these courageous resistance fighters and to feel their moments of hope and despair, desperation and anger. It captures their humor, longing, hunger, and determina-

tion to retain their humanity in the face of unspeakable hardships. Through their voices, actions and experiences, "Who Will Write Our History" vanquishes those who distort and dehumanize the "Other" in favor of those who stand up, fight back, and, as one Oyneg Shabes member writes, "scream the truth to the world."

What we were unable to cry and shriek out to the world, we buried in the ground," wrote Dawid Graber, 19, who left his last will and testament in one of the containers. He died in the liquidation of the ghetto.

The film features voices of three-time Academy Award nominee Joan Allen, and Academy Award winner Adrien Brody.

To learn more about the Days of Remembrance, including the national ceremony in the US Capitol Rotunda and a map of remembrance events around the country, please visit the United States Holocaust Memorial Museum's website: ushmm.org/survivors-victims

This event is free and open to the community.

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LETTERS (and even some real words) From The Editor

Traffic Lights in Woodsville

On the evening of Monday, April 15 two representatives from the New Hampshire Department of Transportation attended the Haverhill Select Board meeting in order to discuss the three traffic lights currently utilized in Woodsville near the WalMart store.

The representatives, the Select Board members and the members of the public in attendance all seemed to agree that the lights at the intersection of Routes 302 and 10 (near Rite Aid) should stay.

There was also an almost unanimous agreement that the set of lights on Route 10 in front of the Woodsville Emergency Services Building could be removed without harm. One person did speak up about the installation of an "as needed" light, but a member of the Woodsville Ambulance crew who was in attendance stated that it was probably not worth while and would probably not be utilized.

The big question of the night was the set of lights, currently working only as flashing lights, that are at the end of Chase Lane (next to VIP), the street that leads into the main WalMart entrance.

It was the stance of the state representatives that the traffic numbers do not show that the lights are needed. One member of the Select Board questioned the method in which those num-

bers were used to come to that conclusion. Other members of the public also questioned the removal of the lights with comments about accidents and near misses. In fact the very next day a pickup pulled out of Chase Lane and was struck by a tractor trailer unit traveling east on Central Street.

Another big portion of the evening's discussion centered on two other intersections in Woodsville. The intersection of Rt. 135 and 302 near the Opera Block, and the intersection with Forest Street near Shaw's and McDonald's. It was strongly suggested that if lights were to be removed they should be simply moved to one of these intersections to help prevent what have been fatal incidents at both locations in the past few years.

The general response from the representatives was that these additional intersections have not reached the critical numbers according to their formula, to warrant lights. After more comments from those assembled some paperwork was handed out for the public to use to send comments to the State of NH in regards to all of these situations.

You can either email your comments to: william.lambert@dot.nh.gov or write to: NHDOT Bureau of Traffic Attn: William R Lambert, PE PO Box 483, 18 Smokey Bear Blvd, Concord, NH 03302-0483 by May 28.

Should You Borrow from Your 401(k)?

If you work for a business that offers a 401(k) plan, consider yourself fortunate, because a 401(k), with its tax advantages and variety of investment options, is a great way to save for retirement. But what if you need to tap in to your plan before you retire? Is it a good idea to borrow from your 401(k)?

To begin with, you need to determine if a loan is even available. You can only borrow from your 401(k) if you're still working for the company that offers the plan, but even so, you'll have to check with your human resources area to determine if loans are allowed. If they are, you'll want to weigh the pros and cons before taking action.

On the "pro" side, it's pretty easy to get a 401(k) loan – there's no formal loan application and no minimum credit score required. Plus, you're only borrowing from yourself, and you can generally repay the loan with automatic paycheck deductions, typically over a five-year period.

H o w e v -

er, you'll also encounter some "cons" when taking out a 401(k) loan, particularly concerning taxes. If you had not borrowed from your 401(k), the money you took out could have been growing on a tax-deferred basis, assuming you used pre-tax dollars to fund your plan, and your withdrawals will only be taxed once. But when you borrow from your plan, you will have to repay it, along with interest, with money you've earned – and been taxed on – and then, when you withdraw it later, you'll pay taxes on it again.

Furthermore, if you leave your employer before fully repaying your loan, the outstanding balance likely will be taxable, although you may have a grace period in which to pay it off and avoid taxes.

And perhaps even more important, taking money from your 401(k), even if you repay it later, will almost certainly slow the growth potential of your account – which, in plain terms, means you may have less money available for retirement.

Of course, if you encounter an emergency, and you have nowhere else to turn, you may need to borrow from your 401(k). And

some plans allow hardship withdrawals for medical expenses and other needs, although you'll still be taxed on the amount you withdraw.

But you'd probably be better off if you can prepare, well in advance, for situations in which you need immediate access to a sizable sum. One way of doing this is to build an emergency fund containing six months' to a year's worth of living expenses, with the money kept in a liquid, low-risk account. You also might find some resources in the part of your investment portfolio held outside your 401(k). For example, you can always withdraw contributions to a Roth IRA without incurring taxes (although the earnings on these contributions could be taxable if you take the money out before you're 59½ and you've had your account less than five years).

In any case, you work hard to build your 401(k) – so, no matter where you are in life, think carefully about how you will use the money.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

NH Historic Property Records Now Available Online

The New Hampshire Division of Historical Resources has launched a new online tool for historic resource records research. The Enhanced Mapping and Management Information Tool, EMMIT, provides more than 16,000 documents on file at the NHDHR related to the state's historic and archaeological resources, and uses Geographic Information System technology to pinpoint locations of historic resources.

EMMIT is an invaluable support tool for anyone interested in the state's history and its historic places. Researchers, local preservation commissions, cultural resource consultants, planners, public agencies, and engineering, environmental, land use and development firms can all benefit from EMMIT's online accessibility, via subscription, without taking a trip to DHR's Concord office.

"Today, history and technology go hand-in-hand," said NHDHR Director and State Historic Preservation Officer Elizabeth Muzzey. "The Division's dedicated staff members brought their many professional talents together to make this innovative and important project a reality.

"We are proud to offer this

new service to New Hampshire's preservation community and to anyone who is interested in the state's special historic places."

Documents are available as downloadable PDFs and include both National and State Register of Historic Places nominations, historic districts, individual inventory surveys, project area forms and more. Archaeological site forms and survey reports are also available, but with limited access due to the sensitive nature of archaeological sites.

Photographs, maps and other images associated with the documents available via EMMIT can also be downloaded from the online service.

Users can search for New Hampshire historical properties by defining specific historical data criteria such as property name, address or town, or by selecting specific locations on the map.

EMMIT is the only online, up-to-date, comprehensive inventory of the state's historic and archaeological resources. However, the identification of historic places in New Hampshire is an ongoing initiative, and many of the state's historic, architectural and archaeological resources have not yet been identified. Hundreds of new

records are submitted to the DHR annually; EMMIT will be updated on a regular basis throughout year as new records are submitted.

EMMIT's subscription fees vary depending on the type of organization, number of user accounts and the length of the subscription.

EMMIT's development was funded in part by that National Park Service, Department of the Interior through the Emergency Supplemental Historic Preservation Fund and the State of New Hampshire's Conservation License Plate Fund.

More information about EMMIT can be found at emmit.dncr.nh.gov.

New Hampshire's Division of Historical Resources, the State Historic Preservation Office, was established in 1974 and is part of the NH Department of Natural and Cultural Resources. NHDHR's mission is to preserve and celebrate New Hampshire's irreplaceable historic resources through programs and services that provide education, stewardship, and protection. For more information, visit us online at nh.gov/nhdhr or by calling 603-271-3483.

How Can Vermont Sustain Itself

Op-Ed by
 Rep. Pattie McCoy
 House Minority Leader
 802-236-0115
 Sen. Joe Benning
 Senate Minority Leader
 802-274-1346

As minority leaders in the Vermont House and Senate, we once again find ourselves frustrated by legislative proposals from the majority that leave us questioning how Vermont can sustain itself. Priorities are askew and fiscal discipline does not seem important. Some examples are in order.

Vermont's Governor Phil Scott and New Hampshire's Governor Chris Sununu joined together in an historic attempt to provide the citizens of both states with a sustainable and voluntary family leave concept. The Vermont House passed H.107 instead, a mandatory plan that demands every Vermont employee contribute towards a newly created \$80 million dollar revenue stream. They must contribute, whether they will ever use the benefit or not. As our workforce ages and declines, that revenue stream cannot be sustained without greater amounts of money extracted from our citizens. This threatens to mirror our teacher pension commitments that have fallen far behind. Should this bill now pass the Vermont Senate, our only hope is that it does not do so by a veto-proof majority. We trust that Governor Scott's veto pen will recognize H.107 cannot be sustained by a shrinking workforce and general public already far too burdened by present demands.

The State remains obligated to clean up Lake Champlain, but to do so we must have a sustainable revenue stream. Governor Scott proposed taking \$8 million from the estate tax,

a revenue stream that has consistently provided much more than that annually over the past decade. But that money has now evaporated into other legislative projects, and no longer exists as a funding source for water quality projects. Unfortunately, our obligation continues, which means we will now have to raise existing taxes and fees and/or create new taxes and fees to meet our responsibility.

Under the guise of promoting home weatherization, H.439 would double the fuel tax rate on oil, propane, kerosene and dyed diesel. This increase, to benefit comparatively few on an annual basis, would immediately impact the vast majority of Vermonters who must continue to use these fuels to survive. The impact would fall hardest on those who are poor and come from the most rural areas of our state.

H.478 would establish a task force at taxpayer expense to consider payment ("reparations") to descendants of slaves and a direct apology on behalf of the State for whatever role Vermont may have played in that institution. All agree that slavery remains a horrible stain on our country's heritage, so the bill appears noble on its face. But are not descendants of the Abenaki entitled to make an argument for reparation and apology as well? Can or should Vermont use its limited resources to make amends for past wrongs done to specific groups with valid claims? We'd point to our Constitution for the answer. First, to the specific request, Article 1, Chapter 1 established historical precedent by forbidding slavery in the newly created state. Second, the general intent language of Article 7, Chapter 1 (commonly known

as the "common benefits clause") discourages use of government ... "for the particular emolument or advantage of any single person, family, or set of persons." We are proud that Vermont leads the way in educational reforms, workforce diversity training and criminal justice reforms to eliminate disadvantages for living citizens, but Vermont's limited resources simply cannot be used to rectify past cultural wrongs.

In a well-intentioned effort to improve alleged shortcomings in our child care systems in 2015, increased pay and licensing mandates were imposed that resulted in a devastating loss of home care providers unable to meet those expectations. Now, instead of reversing those mandates, the majority is talking about correcting the problem with increased funding subsidies from revenue streams yet unknown.

Watching these proposals unfold is somewhat like observing a family that keeps borrowing up on a home mortgage they already can't afford, to buy new things that seem exciting in the moment. Additional taxes and fees, proposals for benefits that are unnecessary or unsustainable, failure to fund pension obligations that results in a downgrading of our bond rating- these things cannot go on without consequences. In just a few short years we've increased our spending by over \$1 billion dollars, to the point where our overall budget now exceeds \$6 billion dollars, yet we cannot fix our roads or pay for the cleanup of Lake Champlain. Vermont Republicans believe we need to live within our means and adhere to the constitutional principles that bind us as a society. Please help us spread that message.

Willis Hall Sr.: OBITUARY

Willis Hall Sr. Barnet, Vt passed away peacefully April 12, 2019 at the age of 74 at home with loving family by his side.

He was born January 31, 1945 in Windsor, Vt. to Velma Horne Hall Mayhew. He attended school in Guildhall, Vt. He enjoyed spending time on Bogie Mountain for family gatherings with his children, grandchildren, and great grandchildren, visiting with old time friends, fishing and riding the back roads.

Willis leaves behind his dog and best friend Bella, his children Tracy Villeneuve of Tilton, Nh, Richard Villeneuve of Waterford, Vt, Geste Perry and her husband Alan of Lyndon, Vt, Willis (Buddy) and his partner Michelle of Barnet, Vt, Lori Hall of Lyndon Center, Vt, Meaghan O'Hanlon and her husband Donal of Ireland Sisters Patricia Wyman and her friend Warren of North Haverhill, Nh, Florence Frost and her husband Richard of South Ryegate, Vt, Sally Mitchell and her partner Roger of Worcester, Ma Grandchildren Justin Lamphear, Kryssi Villeneuve, Katlyn Doyon, Alyssa Hall, Tyler Mable, Brittney Davis, Taylor Hall, Gage Vil-



leneuve, Gina Villeneuve. Great grandchildren Eivan, Owen, Grace, Layton, Charley, Madison, Trey, Arabella, Kingston, Violet, Treyvionne, Keyshawn.

Willis was predeceased by his mother Velma Horne Hall Mayhew, a brother William Hall Sr. and grandson Joey Lamphear.

There will be no calling hours. There will be a graveside service at Center Haverhill Cemetery in North Haverhill, Nh May 4, 2019 at 10:00am

In lieu of flowers donations may be made to Newbury Veterinary clinic in Willis's name for dogs who's elderly or struggling owners can't care for them. Newbury Veterinary Clinic, 3890 Rt 5 North Newbury, Vt 05051.

Margaret Hunt: Graveside Service

The family would like all to know that there has been a change for the graveside service scheduled for Margaret Hunt.

The service will be held on Saturday, May 11, 2019 at 11:00 am at the Monroe Village Cemetery. The ceremony will be officiated by Father William Watts. An Auxiliary Service will also be included.

Following the services there will be a Celebration of Life held at the Monroe Town Hall. Margaret's favorite comfort foods, drinks and desserts will be available for all to enjoy.



In lieu of flowers the family would prefer donations to the American Legion Auxiliary Post #68, 2400 Saint Johnsbury Road, Littleton, NH 03561 in support of their Children and Youth Programs dear to Margaret's heart.

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Bryan S. Gould **Thomas W. Mayo**



What About Ma?

by Kellie Quackenbush

All About Travel with Medicare

Not so many years ago, my Mom decided it was time to travel and see more of the world than these United States. The country she had selected was considered a third world country; unstable economy, limited electric power, limited phones and internet, poor and in conflict. The United States had also been warning travelers that, due to the conflict (civil war), they advised against travel to this country.

Page 7 of "Medicare & You" 2019, states that "Medicare does not cover healthcare out side of the United States", the same was true when my mother took this trip. To travel to the strange country, many vaccines and shots were required to make the trip. Medicare Part B will pay for Flu shots, Hepatitis B shots and Pneumococcal shots. Any other vaccines or shots are 100% not covered by Medicare. This means for travel, my mom would have to pay for these vaccines herself. My mom got the vaccines and received the bill when she got home.

In this third world country

she visited, it was very hot. They did not have indoor plumbing, no air conditioning, no refrigeration of food, no hospitals or doctors in the region she visited, no clean water and no sense of hygiene as we know it. After just two days in this country, Mom was very sick. When she got home, it took a month for her to recover.

When Mom started seeing the bills for the shots she had needed to take this trip, she was sick all over again, Medicare did not pay for any of these "travel" shots. She called and complained. Despite Mom's protest, that she had to have these shots to go on the trip, the fact is-she did not HAVE TO go on the trip, it was her choice. If she could not afford to pay for the shots, she should have stayed in the United States.

Medicare is here to pay for what is medically needed in the United States. If you are able to travel outside of the United States, purchase a private health insurance for the trip. Have a safe vacation season.

Saying Goodbye

by Elinor Mawson

I remember when my mother's friends started passing away. She was quite stoic about it, and never talked about their friendships in the old days. We knew some of these friends, and had heard about others. Most of the time she didn't go to their funerals, which I thought was strange, and I remember wondering what I would do when our friends started leaving this life.

I had several good friends who were on dialysis and decided to forgo that process. They gave us an opportunity to contact them or go to see them in the window of time before they died. I couldn't blame them. It was a sad time, but we had a chance to understand their decision. Most of them were long term friends, they left us with many memories and we miss them to this day.

Then there was Nancy. She and I did a lot of antiquing together for many years. Every Spring we would go to upstate New York on an antique buying trip. For awhile

she would make a beef stew and freeze it in her crock pot. Then when we stopped at a cheap motel for the night, she would plug in the crock pot and after a long wait, we would eat luke-warm beef stew (with very little beef) and call it supper. That lasted a few years until I brazenly told her we would have to eat out--and that's what we did. Nancy was the world's worst driver and she got worse every year. I wondered how I was going to tell her I couldn't go anymore but fate stepped in and she had a debilitating stroke. From then on, she was in a nursing home, and I wrote to her every week and even visited her a couple of times. She was there for about eight years and died last summer. I miss our trips. She was a good soul and we had some good times. I miss that annual trip even though I don't miss her driving.

Our friends Stan and Barbara moved to our area the same year we did. Stan taught music in the school where I taught fourth grade and the 4 of us visited a lot

together. Nobody had much money and we would go to each other's house for coffee. They became wonderful friends through the years, and we shared a lot of ups and downs as time went by. We retired and moved North and they bought a condo in Florida but we would meet up either here or there. We grieved with them when they lost their son a few years ago, and then Barbara showed signs of dementia. Last summer we met them for lunch and then went back to their house and chatted just like old times.

Barbara passed away a few weeks ago; we went to her funeral. Stan had lost weight, was very unsteady on his feet and had tremors in one hand. I realized that even though our friendship was still strong, it would soon be over. I will always be glad we knew them and shared so much of their life. But I realize that even though we can't predict the future, it is there waiting for us. I don't want to say goodbye.

Recreational Trails Program Grant Applications for 2020 Available

Recreational Trails Program Grant Applications for 2020 Available The New Hampshire Division of Parks and Recreation, Bureau of Trails announced the Recreational Trails Program (RTP) grant applications for 2020 are now available. RTP is a competitive grant program that offers funding for quality public trail projects throughout New Hampshire.

Grants are available for motorized, non-motorized, and diversified trails. Eligible projects include maintenance and restoration of existing trails, purchase and lease of trail construction and maintenance equipment, construction of new trails, development and rehabilitation of trailside and trailhead facilities, trail linkages, and acquisition of easements or property for trails. Applicants may be non-profit organizations, private groups or government entities.

The Bureau of Trails will be holding three informational workshops about the program. Starting this year, attendance to at least one of these workshops is mandatory to apply for RTP funds. The workshops will be held at the following dates, times and locations:

- May 13, 2019, at 1:00 p.m., Department of Natural and Cultural Resources, 172 Pembroke Road, Concord, NH 03301.
- May 13, 2019, at 6:00 p.m., Department of Natural and Cultural Resources, 172 Pembroke Road, Concord, NH 03301.
- May 20, 2019, at 6:00 p.m., Department of Natural

and Cultural Resources, 629 B Main St., Lancaster, NH 03584.

Applications are due June 21, 2019. For an application and more information, visit the Recreational Trails Program page at www.nhstateparks.org.

More than \$20 million has been invested in NH trails since 1993.

"There would not be a public trail system in NH without these funds being available for new trail construction and maintenance of existing trails." Said Chris Gamache, chief of the NH Bureau of Trails. "It is one of the only public sources of trail funding available in the State."

Funding for the Recreational Trail Program is generated from federal gas tax dollars paid on fuel purchases for off-highway recreational vehicles and snowmobiles. These funds are appropriated to the states by the Federal Highway Administration as authorized through the Fixing America's Surface Transportation Act (FAST) of 2015.



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Thank you for your understanding.



TRENDY TIMES
A FREE PUBLICATION

What I've Seen In Concrd

by Davied Starr
NH State Senator District 1
(received April 22)

Things are a little slow Ed Committee Hearing. 23 April. Five bills were heard. We started off with HB 383 "Relative to the prohibition on unlawful discrimination in public and non-public schools". Couple of interesting phrases in that title. "Unlawful discrimination", is there any other kind? Does "lawful discrimination" really exist? And "non-public schools". In plain English those are called private schools. I asked the representative introducing the bill if "discrimination" included preventing boys from using girl's restrooms, locker rooms and showers. She said it did. She also said preventing boys from competing in girl's sports would be discrimination. I plan to speak against and vote against this bill when it reaches the Senate floor. Can you say stealth transgender? The bill makes no attempt to define discrimination, which means it could be anything.

Now for HB 435, this is a harmless paperwork bill, changes a few names, but otherwise harmless.

And HB 447 "Relative to school calendar days". This bill merely states that local school boards can set the school calendar as they please just so long as they squeeze in 180 school days. This is what the law is today. This bill is to kill off a Senate bill passed earlier, that required all schools to start AFTER Labor Day. Most NH schools now start in August. Administrators and teachers like that. Personally, I feel that starting school before Labor Day is child abuse. But that's just me.

And HB 448 another harmless paperwork bill of no consequence.

And finally, HB 652 which would require two hours of suicide prevention training for everyone, teachers, administrators, bus drivers, secretaries, everybody except coaches. No funding was provided. Training could be merely watching some instructional video on the Internet. No requirement for training students to recognize suicidal thoughts in their friends, or what to do should they feel a friend might be suicidal.

Short Senate session today. Started at the usual time, 10 AM and we had all the business on the calendar done by 11 AM. Opened the show with the Fast Track (consent) calendar. Ten bills were Fast Tracked. All of them were harmless and no account. One was amusing and makes you wonder how anyone does business in New Hampshire. That was HB 259 that now requires that building inspectors writing up a building or job must quote chapter and verse of the fire code that has been violated when they write up a violation. Dunno how we have gotten along without that all these years. Anyhow one quick voice vote and ten more bills, already passed by the House, are passed by the Senate and off for the Governor's signature.

Now for the regular calendar. We killed (Inexpedient to Legislate, ITL in legitative speak) HB 309 which made complicated changes to the procedures about foreclosing a mortgage. We passed HB 511 which subjected vaping to the same controls as ordinary cigarette smoking. No vaping on school property, no vaping in no smoking areas. Seemed reasonable to me. Did not get into taxing vaping stuff as hard as we tax cigarettes. And we voice voted HB 684, concerning rent disputes about "man-

ufactured housing: Ought To Pass (OTP). I asked the bill's sponsor if "manufactured housing" was what ordinary people call house trailers. He conceded that it was. I then asked him why rent disputes over house trailer rentals deserved special protections at law that ordinary landlord tenant disputes don't get. Answer was so vague as to be no answer at all.

And then HP 663 concerning some obscure language changes about the definition of agriculture and agricultural land use. We used to call that farming and farms. Dunno what the lawyers dreamed up to complicate life and raise their billable hours.

And HB 118 which would require notifying a child's doctor of reports of abuse. This could be a little touchy. Down in Massachusetts they have a lot of doctors reporting ordinary child accident injury from falls and such as child abuse. Anyhow HB 118 passed on a voice vote. Zap.

And HB 396 requiring the bureaucracy to get the lead out and respond to right to know requests within 5 days. OTP voice vote.

And HB 427 made some opaque change to the law

about filing protective orders on behalf of minor children. OTP voice vote.

And HB 437 concerning "family alienation" was tabled on a voice vote. This bill would have allowed divorced parents to sue each other for bad mouthing each other in front of the children. Let's leave it on the table forever.

And a weird one, HB 518 which allows the state to recover the costs of imprisoning someone from that someone. Apparently we have a wealthy prisoner in slam right now and we want to sock it to him harder.

Senator Lou D'Alessandro spoke in favor of this. I never heard of this before. We send a guy to jail, he serves his sentence, or is a good little boy and gets parole, and he is out. I never heard of a state dunning such a person for room and board in the big house before.

And we closed by passing HB 700 concerning taxes on utilities. I did not understand just what the deal was in HB 700. I do know New Hampshire utility rates are totally unreasonable, partly due to taxes on utilities, RGGI, another hidden utility tax and more such.



Not all Times are Trendy, but there will always be Trendy Times

April 30, 2019

Volume 10 Number 15

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by Cindy Pinheiro
to contact Cindy (aka Cin Pin)
write to the editor at
gary@trendytimes.com

Split Pea Stew/Soup

Hello, hello my devoted fellow chefs. Well finally all the snow has melted away. Now it's time for yard work. Anyway, I'm calling today's recipe a stew because it's very dense/thick, not a soupy consistency because we are going to cook for 3 - 4 hours. It's certainly not slaving over the stove by any means, it's basically not a hard recipe just cooks for awhile allowing the peas to totally saturate and turn into a soft mashed potato consistency instead of soupy. I was given a food basket for Easter and it had all the ingredients I needed to make this recipe. So here goes!

Ingredients

5 Cups of split peas or a large bag 2 Lbs. *I was given yellow split peas so that's what I used.*

1 Lb. of ham steak, I used two 8 oz. Ham steaks by Hatfield, cut in small cubes.

3 uncooked slices of Bacon cut in small pieces

2 32 oz. Chicken broth containers 64 oz. total

- 2 Carrots sliced thin
- 2 Celery stalks sliced thin and use some celery leaves chopped
- 1 Onion chopped small
- 2 teaspoons garlic powder
- 2 teaspoons onion powder
- 1 Tbsp. Olive Oil
- 1 Tbsp. Butter
- 1/4 Cup Parmesan cheese

Open the bag of split peas and put in a large strainer (the kind with small holes), rinse under water and with your hands go through all the peas and remove any small stones or discolored peas. Like looking for a treasure! Put in large pot and cover beans with water, bring to a boil and cook for 5 minutes. Drain the starchy water and rinse the peas. This removes excess starch. Check again for any discolored peas. Put back in pan and cover with chicken broth using both containers, they should be covered with about 1" over the peas. Bring to a boil and cook for one hour. Stir every 20 minutes or so so nothing



sticks to the bottom.

While that's cooking cut up the carrots, celery and the leaves, onion, and the bacon. Add everything to boiling pot including the seasonings and olive oil, and butter. Add all these ingredients except the parmesan cheese and slow boil for 2-3 more hours until everything is cooked remembering to stir often.

Everything will melt except the carrots. All these ingredients add layers of flavor. If too thick add some water or more chicken broth and mix well. I used a diffuser, one of my favorite kitchen necessities.

It sounds like a lot of work but it's not. Add the parmesan cheese and mix well. Voila you have created a "Delicioso" hearty supper.

This makes a lot, so when you use the leftovers heat on stove and add more broth and stir.

I hope you enjoy my version of split peas stew/soup. Any questions you can contact me through Gary and I will help you out.

Well folks until next time I'm signing off, Sincerely Cin Pin.

Volume 10 Number 15

April 30, 2019

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