

A FREE PUBLICATION

# TRENDY



# TIMES

Next Issue: Tuesday, July 9  
Deadline: Thursday, July 4

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JUNE 25, 2019 VOLUME 10, NUMBER 19

## “Better Together” For 4th Of July in Woodsville Wells River

One of the true marks of summer is the annual 4th of July Celebration in Woodsville and Wells River. This interstate celebration boasts of one of the biggest parades you can see on the 4th of July. That parade will again step off at 11:00 AM on Thursday, July 4 from the area of the Woodsville Elementary School and proceed west on Route 302 (Central Street) into Wells River (Railroad Street) and concluding on Main Street. The Parade Marshal this year is World War II veteran and Piermont resident Donald Stevens. The Grand Marshals for this year are Bob & Linda Stoddard of North Haverhill. You can see the stories of our marshals in the souvenir booklet or on our website. The theme for this year's parade is "Better Together" which should allow for some creative floats and parade entries.

After the parade, activities will continue on the Woodsville Community Field. D&L

Amusements returns again this year with a midway of rides, games and food that will join the flea market and food court area provided by local vendors. Also at 1:00 will be the first of two sessions with DJ Mike. Mike's collection of music can match almost any request.

Also getting under way at 1:00 PM will be the first of several persons sitting on the dunk tank seat ready to raise money for their organization. Those on the "wet" seat this year will include Haverhill Police Chief Alling and Grafton County Sheriff Steigler. Check our website or facebook page for a complete schedule.

1:30 will mark the beginning of an afternoon long series of Critter Chip bingo games. For \$1.00 you can have a chance to win up to \$50 depending on where our critter leaves its calling card. If you prefer traditional Bingo, that will begin at 2:00 PM under the big tent. For a dona-

tion of \$1.00 for 3 cards you can win your choice of prizes.

More music gets started at 3:00 when the Back Shed String Band gets underway with their blue grass tunes. A new event this year will take center stage at 5:00. A number of blueberry pies will be on hand waiting to see who can eat one the fastest. There will be three categories of entrants; Men, Women and those 16 & under. Prize money of \$30 for 1st, \$20 for 2nd and \$10 for third will be awarded. There is a \$5.00 entry fee and entries are limited. Please preregister thru our website or Facebook page.

At 6:00 there will be a break in the music to hear the list of Parade winners who will also receive cash prizes in three different categories. Another musical group gets underway at 8:00 with the return of Don & Jen Plus. This group always has a blast playing for their fans with an eclectic mix of tunes.



Another break in the music will be taken at 9:00 as the raffle drawing occurs. Again plenty of cash will be handed out as the top prize winner gets \$1,000. Second prize is \$500, plus two \$250 prizes and four \$100 winners. Tickets are \$10 each and can be purchased on the field or at several businesses in Woodsville and Wells River.

The conclusion of the day will be the Immense Fireworks Display. The best place to watch this display is from the Woodsville Community Field itself.

There is no charge for anyone to watch any of these

events either on the street or at the Community Field. The field is located on Route 135 (South Court Street) just south of Central Street. There is plenty of free parking next to the field. Please note that no pets are allowed on the field due to Precinct regulations.

To get full details on any of the events go to our website [www.wvr4th.org](http://www.wvr4th.org) or visit our FaceBook page.

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# TRENDY Dining Guide

## Juniper's

by Gary Scruton

An evening of fine dining is an experience that can be hard to explain. It can, and should be so much more than just eating. But when the food you consume is also top notch, then it becomes a meal for the memory.

Being a bit older, Janice and I tend to like the "comforts" of eating inside without breezes or other inclement weather interfering. Juniper's at the Wildflower Inn has a great outside patio area with a trellis roof of plants and vines, but the rain can still get thru. So we were more than happy to take our seats on the enclosed porch. From that porch you can look out from Darling Hill into a vast valley and some of the Green Mountains in the further distance.

But dining is, after all, about the food. We had made reservations and it did not take us long to be seated. Our waitress, Danielle, was soon at our table to offer a beverage. We both decided to wait a bit until we knew our meal choices. She then asked if we would like to try some homemade bread with honeybutter spread. (That was an easy question to answer, honey was in the question.)

Danielle also told about the evenings' specials, one being the day's catch, the other a pork dish. Thou they both sounded tempting, and delicious we both tempted with dishes off the regular menu.

Janice chose to go with a seafood alfredo and a glass of soda. I was having a bit of a stomach issue and decid-

ed to play things a bit calmer and picked out a fish sandwich. It came with french fries, but Danielle let me switch that to the macaroni and cheese side dish. Along with that I ordered (with Danielle's help) a glass of dark porter.

Shortly after we ordered the bread arrived. It was a small loaf served on a cutting board with a small knife. The honey butter was in it's own cup that had it's own place on the cutting board. We started slicing, spreading and savoring. In fact at one point there was one piece of bread left and I asked Danielle to leave it for later.

Janice's seafood Alfredo had scallops, shrimp and mussels along with a delightful tasty sauce. Janice proclaimed later that it was the best Alfredo that she

had ever eaten. It was unlike the "usual" white cheese sauce. This was full of herbs and other spices and each mouthful just exploded with flavor. There was also plenty of seafood mixed in. Janice, who normally gets a clean plate award was not quite able to get to the bottom of this delight.

I need to note that Janice's meal looked so appetizing that one lady from a neighboring table, after going outside to get a closer view of some flowers, stopped to ask just what the dish was, and then remarked on how wonderful it looked.

My fish sandwich seemed like more than a sandwich. It was served on a square dish and had a long skewer holding it all together. On the side was a serving of mac & cheese. I was very happy to have made that change. This mac and cheese should have been called cheese and macaroni. The cheese covered the macaroni well. In fact some forks of food were just cheese.

Regarding the sandwich, it was understandable that the skewer was used. I removed it and then had to squeeze quite a bit just in or-

der to get a bite of the tasty treat. The fish was nice and flaky with just a thin fried crust on it. The other parts of the sandwich simply enhanced the enjoyment of the meal.

When we were finished and Danielle came back to check on us, she asked about dessert. "Well, yes please, I would like to see a dessert menu." Another easy choice for me as one of the desserts mentioned maple. It was a maple sundae.

The sundae was served in a tall sundae glass with two long spoons. We started at the top with candied walnuts and whipped cream. After that was vanilla ice cream and various sections of maple syrup. I'm glad the spoon was long so I could reach the bottom.

Juniper's offers a chance to enjoy a fine dining experience. They do it mostly with the food being served, the presentation of that food, the attentive waitstaff but also with the outstanding views from many of their tables.

The total cost of our meal and beverages was \$67.10. As per our usual we left a cash tip on the table for Danielle.

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# Health & Retirement Of Orange County Teachers

Orange County Retired Educators Association invites you to a meeting with Beth Pearce, State Treasurer of Vermont, to learn about the current conditions of our pensions and health benefits and concerns about the future.

All educators in Orange County, whether active or retired, are encouraged to come to listen to Beth's presentation and to participate in the subsequent question and answer session. Beth, a longtime supporter of our pension system, will talk about potential threats to our retirement system from those who support a defined contribution plan, which makes pension benefits dependent on how state investments perform, rather than

our current defined benefit plan, under which we know what benefits we can expect and can plan accordingly. Potential increases out-of-pocket health care costs will also be addressed.

When: Wednesday, June 26 at 2:00 pm

Where: Bradford Congregational Church UCC, 145 North Main Street, Bradford, Vermont (Use the side vestry door on the south side to enter.)

Light Refreshments will be served. We would appreciate RSVPs to Marilyn Malmquist at MLJMALMQ@YAHOO.COM or 802 439 5934 to give us a general idea of how many to expect.

Sponsored by the Orange County Retired Educators Association.

# Annual Wells River Picnic

The 6th Annual Wells River Community Picnic will be held on Saturday, June 29th at the Berry Memorial Field just south of the village at 143 Main Street North.

This year will feature story telling, magic and free ice cream. The Newbury Historical Society will host a Newbury version of Story Corps beginning at 11:00am. This year the Historical Society is particularly interested in hearing stories about student life from people who attended one of Newbury's one room schools, but other stories about Newbury are also welcomed. Historical Society members will be on hand until 1:00pm recording stories.

Tuttle's Family Diner will again be at the park and this year will be selling hot-dogs with all the fixings. As always you may bring your

own picnic lunch.

This year's entertainment sponsored by the Baldwin Memorial Library will begin at 1:00pm and will be the well-known Marko the Magician. Marko's shows are designed for fun; no one is ever embarrassed or compromised. What makes Marko's performances so special is his ability to mystify, entertain and make everyone laugh on different levels at the same time. His program is designed to entertain younger as well as older family members.

The day ends as usual with WRAP serving free ice cream at the conclusion of Marko's performance at about 1:45pm.

This year marks the 25th Anniversary of the dedication of the Rev. Kenneth W. Berry Field. In 1989 Dr. Elisabeth Berry, a partner in

Dr. Rowe's Family Medical Practice donated the land, in memory of her husband Kenneth, to the Village with the hope it would become a playground for kids. On June 26, 1994, the Rev. Kenneth W. Berry Field was dedicated with Dr. Berry speaking to 50 residents that turned out for the dedication.

The wider Wells River Community is invited to come enjoy the wonderful park, visit with some of your neighbors, enjoy a picnic, a tell a story, experience some magic plus have some ice cream. Attendees should bring their own chairs, blankets, pop-up canopies, non-alcoholic beverages and insect repellent and sun block.

In case of rain all events will be held at the Wells River Congregational Church.



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**Woodsville Wells River 4th of July Celebration**

**Thursday, July 4, 2019**

**9:00 AM Flea Market Opens**  
**11:00 AM GIGANTIC PARADE**  
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**1:00 PM Midway Opens w/ D&L Amusements**  
**1:00 -8:00 Dunk Tank**  
*Check our FaceBook page or website for schedule of who will be sitting and when*  
**1:30 Critter Chip Bingo (throughout the day)**  
**1:00 - 3:00 DJ Mike**  
**2:00-9:00 Bingo Under the Tent**  
**3:00-5:00 Back Shed String Band**  
**5:00 Pie Eating Contest**  
*\$5.00 entry fee - \$30 to win / 3 categories*  
**6:00 Parade Winners Announced**  
**8:00-10:00 Don & Jen Plus**  
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## The Denny Report

by NH State Representative  
Dennis Ruprecht



### Compromise: The Cornerstone of Good Governance

Maybe you've heard the saying "compromise is the cornerstone of good governance". It's an axiom recited more than practiced, but it's true, and it's one that I couldn't agree with more. Whenever compromise prevails in government, the best results are yielded, and a bit of public trust is restored in our institutions. When voters sent democratic majorities to the state's House of Representatives, Senate, and Executive Council while at the same time re-electing republican Governor Chris Sununu, they were sending us a clear message--compromise. As the first year of the biennium comes to a close on June 27th, when the House of Representatives is set to take a final vote on the state's budget for fiscal years 2020 and 2021, I can gladly say that compromise has prevailed in the process. House and Senate negotiators met recently to rectify differences between the spending plans adopted by the separate chambers and to make concessions to the

governor. The final plan includes a \$138 million increase in funding for public schools over the next two years, the largest increase in state aid to schools in more than 20 years, with no new taxes. The increases will primarily be directed to communities with low property values and will include funding for stabilization grants, fiscal capacity disparity aid, and adequacy aid for kindergarten. In a concession to the governor, a paid family and medical leave program has been removed from the budget.

It's all but certain that the budget will be approved by the legislature, and then it will be on to the governor's desk where he'll have the option to sign the plan, let it become law without his signature, or veto it. In the spirit of compromise, towards the goal of good governance, I hope that Governor Sununu approves the proposal to put us on the track to make a New Hampshire that works for all of us.



## The Governor's Difficult Decision

On Thursday, June 20, 2019, the joint committee of conference comprised of four senators and five representatives, finalized negotiations regarding NH's upcoming budget for FY20 and FY21. The purpose of the committee of conference process is to take both the House and Senate budget proposals and meld them into one recommendation that will move forward to the Governor for his approval. The committee of conference voted to support a budget that increases spending by 13% above the current spending level, increases business taxes and creates a structural deficit. With Democrat majorities in the Senate and House, it is certain that this proposal will be sent to the Governor by July 1. It will then be Governor Sununu's responsibility to either veto or permit the budget bill to become law. If the Governor vetoes the budget, state agencies will continue to operate at current funding levels in accordance with a continuing resolution.

Governor Sununu has clearly stated that he will not support a reversal of business tax cuts initiated in

January. Two years ago, the legislature passed a budget and made a promise to job creators that business taxes would be reduced. These cuts have led to NH's economic success and a \$260 million budget surplus. All this is largely due to NH's business friendly environment. Senate Republican Leader Chuck Morse stated, "The budget being proposed increases business taxes, threatening an economy with the second lowest unemployment rate in the nation and the highest per capita income. The spending decisions in other parts of the budget make the increase in education funding unsustainable and will only lead to an income tax or capital gains tax."

In regard to funding education aid, proposed legislation would increase current spending by an additional \$138 million. Necessary funding to correct disparities and inequities between property poor and property wealthy communities is high on the list of budget needs. The House Education Committee plan to rectify this problem included a three-phase process: 1.) Roll-back

stabilization funding to the FY16 level for FY 2020, 2.) Develop a transitional funding plan without stabilization for FY 2021 (HB709), and 3.) Establish a commission to study and make recommendations for programming and costing of an adequate education.

A commitment of \$138 million beyond current funding levels will be unsustainable without a reliable, identified revenue stream. There are many competing programs for limited state dollars such as mental health, the opioid crisis, state infrastructure, family leave, and more.

If the proposed budget becomes law, the Town of Haverhill would receive an additional \$1,234,213 above current education funding starting in FY 2021. There is no question that this huge amount could really help education and hopefully off-set property taxes, BUT, it must be recognized that this budget is unbalanced and built upon inflated revenues that will lead us into structural deficits. We must be cautious when spending one-time, unsustainable revenue on the growth of government. That scheme will come back to haunt us in future years. Ten years ago, the state inherited a \$500+ million debt in school building aid which was unsustainable, and that resulted in a spending moratorium for 10 years. Any spending today must be based upon sustainable revenue. I concur, NH needs to allocate more revenue to education, but in doing so, it must be done in a responsible manner based upon specific criteria and accountability. Lastly, NH cannot afford to tamper with our thriving economy and we definitely should not attempt to squeeze more dollars out of businesses that create jobs and growth.

Respectfully Submitted,  
NH Rep Rick Ladd

Volume 10 Number 19

June 25, 2019

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# “A Reason to Smile”

by Michael Costa,  
CEO of Northern Counties  
Health Care

Vermont legislators are our friends and neighbors, not remote political figures. Thank them next time you see them. Why? Northeast Kingdom legislators gave our community a big reason to smile with a recent boost to Medicaid’s dental payments.

Vermont’s Medicaid program places a cap on how much the State will pay for adult dental services. The State capped payments at \$510 annually in 2014, and the cap had only been raised \$15 during the past twelve years. People visited a dentist or hygienist, and they faced a difficult choice if they needed a lot of care. They could pay out of pocket for the care they needed above the cap or delay care until the next year. This is a heartbreaking position for both our neighbors on Medicaid and dental practitioners. We want people to get the care they need when they need it, not suffer under the physical pain of dental decay, the mental anguish of unpaid medical bills, or the ethical distress of letting patients out of your chair who need your skill and care.

This year, legislators led the charge to increase the cap from \$510 to \$1,000 annually. This is a big investment in the oral health of Vermonters, and it should make a real difference to patients and dental providers. Our neighbors will have a better chance to complete their care and move forward with their health and life. It will be less likely that people will need to wait in pain, and sometimes embarrassment, for care and healing.

I appreciate the leadership demonstrated by our legislators, particularly those involved in the appropriations process: Senator Jane Kitchel, Senator Bobby Starr, Representative Kitty Toll, Representative Martha Feltus, Representative Chip Conquest, and Representative Dave Yacovone. A thank you goes to Governor Scott as well for signing the budget into law, which includes this investment despite the financial pressures facing Vermont.

This is progress; however, some community members will still need more dental care than they can pay for. As a Federally Qualified Health Center, Northern Counties Health Care is committed to the health of every member of the community. We will contin-



ue to work with everyone in the community to meet their needs, using our sliding scale fee schedule that is adjusted based on your family income. Our great teams at the Orleans Dental Center, Island Pond Dental Center, and Northern Counties Dental Center in Hardwick work hard to care for people once they find their way through the clinic doors. We urge everyone to visit a dental practice regularly, ours or other great dental practices in the community. The best way to avoid dental problems tomorrow is to take care of your oral health today.

Michael Costa is CEO of Northern Counties Health Care (NCHC). NCHC encompasses five FQHC community health centers, three dental centers, and a certified home health care & hospice division providing a full spectrum of quality, affordable, and compassionate health care services to patients of all ages, throughout the Northeast Kingdom of Vermont. For more information, visit [www.nchcvt.org](http://www.nchcvt.org).

# Pine: Noun? Verb? Play!

by Gary Scruton

The current production at Old Church Theater is simply titled “Pine”. The first thought is that the play has something to do with that particular type of tree. That is correct.

Maybe you know a person who is known as Pine, therefore the play is about a person? You would be right.

Pine is also a verb: “to yearn intensely and persistently especially for something unattainable”. Once more you would be right.

This production is from a local playwright who displays some excellent writing although the profanity, and some of the sexual antics on stage, do not make this a performance for everyone. Most would agree that it is not meant for children, or those with sensitive emotions.

The play is actually a very emotional portrayal of a Vermont family that has lost a father and a son (well sort of). A second son (very well portrayed by Andrew Carmichael) is going thru some deep emotional issues of his own. He has found interesting ways in order to deal with those emotions.

There are also two daughters (one an almost daughter) who have their own very personal memories to deal with. Both Beth Burton & Marcella Williamson did an excellent job with their parts that included much more than remembering lines.

The main character is this production was one of those people who did, or did not, actually exist. Though Colin was known as a lost son, Elizabeth Keith took the role and showed some great emotion, some nervous pacing, and some interactions that brought the role to life (so to speak)

Another nod of a job well done needs to go the two new sons on stage. Dan Naranjo, as Miles (really just a perspective son-in-law), made the intermission very intriguing as the final scene of the first Act featured his arrival in Vermont and his first interaction with a member of the family. The other son (actually son-in-law) was Anthony Helm playing Mike. His actions with Julie brought some of the best re-

actions from the audience. Of course there is always a leader to any family. In this case Mom (aka Rita) was the job that Annette Harding took on. As head of the family, and the family business, Rita had some great responsibilities. Not the least of which was changing clothes, and changing minds.

Pine is a well written, and well performed production by the community theater group at Old Church Theater. Unless you can not handle the coarse language or the intimate portrayals that deepen the characters in this production, this is a performance that should not be missed, it will provide you with many chuckles and leave you with plenty to mull over.

**6th Annual Wells River Community Picnic and Ice Cream Social**  
RAIN or SHINE  
**SATURDAY, JUNE 29th 11:00 AM – 2:00 PM**  
Berry Memorial Field - 143 Main Street North  
Newbury Historical Society Story Corps  
11:00 AM - 1:00 PM  
Picnic Lunch by Tuttle's Family Diner available at the field.  
11:30 AM - 12:30 PM  
Baldwin Memorial Library and WRAP  
Presents Marko the Magician -  
Entertainment for all ages. 1:00PM  
WRAP SERVES FREE ICE CREAM  
1:45PM  
*Buy a picnic lunch or bring your own picnic, non-alcohol beverage, blankets, chairs, pop-up canopy, insect repellent and sun screen.*  
*In case of rain, activities will be held at the Wells River Congregational Church*

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 **Woodsville and North Haverhill United Methodist Churches**  
*Open Hearts*  
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*Open Minds*  
**Combined Services 10:00 AM through August 4, 2019**  
**June 23 & 30, July 7 & 14** at NHUMC  
Route 10, North Haverhill, NH  
**July 21 & 28** at Woodsville UMC  
Maple Street, Woodsville, NH  
**August 4** Welcome Pastor David Palmer  
North Haverhill UMC  
Route 10, North Haverhill, NH

**LIVE! THE COLONIAL**  
**The Capitol Steps**  
MUSICAL POLITICAL SATIRE  
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**THE COLONIAL** BETHLEHEM, NH • INFO LINE: 603 869 3422  
[BethlehemColonial.org](http://BethlehemColonial.org)

# Calendar of Events

A Full Page of Events from Local Non-Profits, Schools and Towns. *Presented FREE by Trendy Times.*

## TUESDAY, JUNE 25

BRIT READERS OF THE NEK: NEW BOOK CLUB  
5:00 PM St. Johnsbury Athenaeum

## WEDNESDAY, JUNE 26

ORANGE COUNTY TEACHERS ASSOCIATION  
2:00 PM  
Bradford Congregational Church UCC

## FRIDAY, JUNE 28

OLD CHURCH THEATER PRESENTS PINE  
7:00 PM  
Old Church Theaeter, Bradford  
See Ad on Page 16 and Article on Page 5

## THE CAPITAL STEPS

8:00 PM  
Colonial Theater, Bethlehem  
See Ad on Page 5 and Article on Page 9

## SATURDAY, JUNE 29

OLD CHURCH THEATER PRESENTS PINE  
7:00 PM  
Old Church Theaeter, Bradford  
See Ad on Page 16 and Article on Page 5

## WELLS RIVER COMMUNITY PICNIC

11:00 AM - 2:00 PM  
Berry Memorial Field, 143 Main St. North  
See Ad on Page 5 and Article on Page 3

## BARBECUE & SHORTCAKE

5:30 - 7:00 PM - See Article on Page 13  
Orford Congregational Church

## SUNDAY, JUNE 30

RUNNING OF THE BEARS 5K  
8:00 AM - See Article on Page 8  
Clark's Bears, Lincoln

## NEWBURY'S SILENCE BROKEN

2:00 PM - See Ad on Page 7  
Blue Mt. Union School, Wells River

OLD CHURCH THEATER PRESENTS PINE  
3:00 PM  
Old Church Theaeter, Bradford  
See Ad on Page 16 and Article on Page 5

LYME TOWN BAND'S ICE CREAM SOCIAL  
4:00 PM  
Fairlee Town Common

## TUESDAY, JULY 2

FAIRLEE SUMMER MUSIC: THE TRICKSTERS  
6:30  
Fairlee Town Common

## THURSDAY, JULY 4

WOODSVILLE WELLS RIVER  
FOURTH OF JULY CELEBRATION  
11:00 Parade / 10:00 PM Fireworks  
Central Street & Woodsville Community Field  
See Article on Page 1 and Ad on Page 3

## SATURDAY, JULY 6

JUMBLE SALE  
10:00 AM - 4:00 PM  
136 Church Street, Lyndonville

## BERNARD ROSE AND EDWARD ARRON

5:00 PM - See Article on Page 15  
Bethlehem Hebrew Congregation Synagogue

## SUNDAY, JULY 7

BENEFIT TEXAS HOLD 'EM POKER  
11:00 AM Cash Game - 1:45 PM Tournament  
American Legion Post 30, Rt. 5, Lyndon

## WORSHIP SERVICE REV. KELLY DONAHUE

3:00 PM  
Old Goshen Church, Bradford

## MONDAY JULY 8

HAVERHILL SELECT BOARD MEETING  
6:00 PM  
Morrill Municipal Building, North Haverhill

ROSS-WOOD UNIT #20 AMERICAN LEGION  
AUXILIARY MONTHLY MEETING  
6:00 PM  
Post Home, 4 Ammonoosuc Street, Woodsville

## TUESDAY, JULY 9

STEEL PIER JAZZ BAND  
6:30 PM  
Fairlee Town Common

## CRUISING NH HISTORY:

7:00 PM - SEE ARTICLE ON PAGE 7  
Alumni Hall, 75 Court St., Haverhill Corner

## WEDNESDAY, JULY 10

ROSS-WOOD POST #20 AMERICAN LEGION  
MONTHLY MEETING  
6:00 PM  
Post Home, 4 Ammonoosuc Street, Woodsville

## THURSDAY, JULY 11

ROSS-WOOD POST #20 SONS OF THE  
AMERICAN LEGION MONTHLY MEETING  
6:00 PM  
Post Home, 4 Ammonoosuc Street, Woodsville

## FRIDAY, JULY 12

DAVID ROSANE & THE ZOOKEEPERS  
7:00pm - See Article on Page 7  
Peacham Congregational Church

## SATURDAY, JULY 13

HAVERHILL S GOT TALENT  
5:00 - 7:00 PM  
Railroad Park, Central St., Woodsville

## NOTCH ABOVE PHOTO CLUB

1:00 - 3:30 PM  
Bethlehem Public Library.

## SUNDAY, JULY 14

BENEFIT TEXAS HOLD 'EM POKER  
11:00 AM Cash Game - 1:45 PM Tournament  
Moose Lodge 1779, St. Johnsbury

# Ongoing Weekly Events

## MONDAYS

**NEK COUNCIL ON AGING'S HOT MEALS**  
11:30 AM - St. Johnsbury House  
NOON - Darling Inn, Lyndonville  
**BINGO** - 6:00 PM  
Orange East Senior Center, Bradford  
**TOPS (TAKE OFF POUNDS SENSIBLY)**  
6:00 PM - Peacham School  
**KIWANIS CLUB OF ST JOHNSBURY**  
6:15 PM - VFW Post, Eastern Ave.  
**DRAWING FROM LIFE** - 6:00 - 8:00 PM  
Joseph Patch Library, Warren

## MONDAYS/WEDNESDAYS

**RSVP BONE BUILDERS**  
10:30 AM - 11:30 AM  
Linwood Senior Center, Lincoln  
**RSVP BONE BUILDERS**  
1:30 - 2:30 PM  
United Community Church, St. Johnsbury

## MONDAYS/THURSDAYS

**ADULT INTERVAL AEROBICS CLASS** - 6:30  
Woodsville Elementary School  
**GOLDEN BALL TAI CHI**  
8:30 - 9:15 AM - St. Johnsbury House  
**RSVP BONE BUILDERS**  
9:00 - 10:00 AM  
Municipal Building, Lyndonville  
9:15 - 10:15 AM  
Congregational Church, East St. Johnsbury  
6:00 - 7:00 PM  
Community Church, Concord

## MON./WED./FRI.

**RSVP BONE BUILDERS**  
1:30 - 2:30 PM - United  
Community Church, St. Johnsbury  
**TUESDAYS**  
**BREAKFAST BY DONATION**  
8:30 AM - 10:00 AM  
Horse Meadow Senior Center,  
North Haverhill  
**RSVP BONE BUILDERS**  
9 AM - 10 AM - St. Johnsbury House  
10:30 AM - 11:30 AM  
Congregational Church, Danville  
**NEK COUNCIL ON AGING'S HOT MEALS**  
11:30 AM - St. Johnsbury House  
NOON - Senior Action Center,  
Methodist Church, Danville  
NOON - Presbyterian Church, S. Ryegate  
NOON - Darling Inn, Lyndonville  
**RSVP BONE BUILDERS**  
2:00 - 3:30 PM - East Haven Library  
**TOPS (TAKE OFF POUNDS SENSIBLY)**  
Weigh In 5:00 PM - Meeting 6:00 PM  
Horse Meadow Senior Center, N. Haverhill  
**EMERGENCY FOOD SHELF**  
4:30 PM - 5:30 PM  
Wells River Congregational Church  
**COMMUNITY DINNER BELL** -  
5:00 PM September 5- June 5  
All Saints' Church, School St., Littleton  
**AA MEETING (OPEN BIG BOOK)**  
7:00 PM - 8:00 PM  
St. Luke's Parish Hall, Woodsville

## TUESDAYS/THURSDAYS

**RSVP BONE BUILDERS --**  
8:30 - 9:30 -- Monroe Town Hall  
**ACTIVE OLDER ADULT STRENGTH CLASS**  
1:30 PM  
Woodsville Post Office, S. Court St  
**RSVP BONE BUILDERS**  
2:00- 3:00 PM -East Haven Library  
**TUESDAYS/FRIDAYS**  
**RSVP BONE BUILDERS**  
9:00-10:00 AM  
St. Johnsbury House  
**RSVP BONE BUILDERS**  
9:30-10:30 AM  
GRACE Art Gallery, Hardwick  
**GOLDEN BALL TAI CHI**  
8:30-9:30 AM  
United Methodist Church, Lyndonville  
**WEDNESDAYS**  
**AQUA AEROBICS**  
Evergreen Pool, Rte 302, Lisbon  
**ADULT STRENGTH TRAINING**  
1:30 - 2:30 PM - United Community  
Church, St. Johnsbury  
**BINGO** - 6:30 PM  
Haverhill Memorial VFW Post #5245  
North Haverhill  
**CRIBBAGE** - 7:00 PM  
Orange East Senior Center, Bradford  
**WEDNESDAYS/FRIDAYS**  
**NEK COUNCIL ON AGING'S HOT MEALS**  
11:30 AM - St. Johnsbury House  
NOON - West Barnet Senior Meal Site  
NOON - Darling Inn, Lyndonville

## THURSDAYS

**GROTON LUNCHES W/FRIENDS**  
10:00AM - 2:00 PM / Lunch @ 12:00  
Groton United Methodist Church  
**NEK COUNCIL ON AGING'S HOT MEALS**  
11:30 AM - St. Johnsbury House  
NOON - Senior Action Center,  
Methodist Church, Danville  
NOON - Darling Inn, Lyndonville  
**ST PAUL'S BIBLE STUDY ON JAMES**, 6:15  
PM, 113 Main St., Lancaster  
**TOPS (Take Off Pounds Sensibly)** --  
Weigh-in @ 6:00 p.m., meeting @ 6:30  
-- Monroe Public Library  
**FRIDAYS**  
**RSVP BONE BUILDERS**  
9:00 - 10:00 AM - St. Johnsbury House  
9:30 - 10:30 AM  
Grace Art Gallery, Hardwick  
1:30 - 2:30 PM - United Community  
Church, St. Johnsbury  
**WORSHIP UNDER THE TENT- 7 PM**  
100 Horse Meadow Rd, No Haverhill  
**AA MEETING (OPEN DISCUSSION)**  
8:00 PM - 9:00 PM  
Methodist Church, Maple St, Woodsville  
**SATURDAYS**  
**STORY HOUR FOR CHILDREN** - 10:15 AM  
*September thru May*  
Brainerd Memorial Library, No. Danville  
**SUNDAYS**  
**CRIBBAGE** - 1:00 PM  
American Legion Post #83, Lincoln  
NORTH DANVILLE BAPTIST CHURCH (ABC),  
Worship and Sunday School, 9:30 AM  
Refreshments at 10:20 a.m.

## David Rosane & The Zookeepers Benefit Concert to Support the Peacham Library

Peacham, VT: For the second summer in a row, 2019 Tammie Award "Best Vermont Rock Album" winner David Rosane & the Zookeepers will tour to support Vermont libraries and shine a light on their pivotal role in our communities. The Peacham Library is one of 16 libraries to be supported by this tour, with the concert taking place Friday, July 12th at 7:00pm in the Peacham Congregational Church (56 Church Street, Peacham, VT 05862). Opening act Platinum Tide, featuring the Marcotte bothers Owen, Cameron, and Kingdom All Star lead guitarist Aden, will bring youthful energy and local

flavor to the performance. Suggested donation \$15; tickets are available in advance through Eventbrite at <https://peachamlibraryzookeepersbenefit.eventbrite.com>.

The performance will be preceded by a fundraising dinner at the Peacham Town Tennis Court (across the street from the church) starting at 5:30pm. Woodbelly Pizza will be serving up delicious wood-fired pies made to order, along with Artesano Ice Cream sundaes. All food purchases are by donation to benefit the Peacham Library, and no reservations are required.

The Library will offer a

special Family Movie Night on the same date at 6:45pm in the Peacham Library Community Room (565 Bailey Hazen Road, Peacham, VT 05862), designed to serve as childcare by donation for those attending the Zookeepers performance at the church. Kids can enjoy a PG-rated movie, popcorn and lemonade, and PJs are encouraged! Suggested donation \$10 per child.

Please register in advance through Eventbrite at <https://peachamlibraryzookeepersbenefit.eventbrite.com>.

Visit [www.peachamlibrary.org](http://www.peachamlibrary.org) or call 802-535-3682 for more information.

## Summer Reading Program at Bath Public Library

Hey Adults! Don't let the kids have ALL the fun this summer! You are invited to join Bath Public Library's Summer Reading Program and attend the fun programs we are planning for adults of all ages. This summer's theme is "A Universe of Stories!" The program is free and open to adults.

Planned activities include: "Space" rock painting to music: The Kindness Rocks Project, which encourages people to leave rocks painted with inspiring messages along the path of life. You can see just how much impact it's made when looking up #TheKindnessRocksProject.

Beautiful Button Moon collage: we have collected

old buttons and beads from our patrons to make a stunning "3-D" collage.

Reading for fun prizes – what can you read?

Anything! This includes books, eBooks, audiobooks, graphic novels, and comic books. Not sure what to read? We have suggestions on our site and our staff is always ready to help find a new book for you.

Three sessions on Thursday afternoons at 1:30 pm, from July 11 through July 25. Come join the creativity and fun!

Stop by the Bath Public Library for more information. Contact us at [bathlibrarykjb@gmail.com](mailto:bathlibrarykjb@gmail.com) or call 747-3372.

## Haverhill Historical Society's Summer Speaker Series

Haverhill, NH – The Haverhill Historical Society has invited Michael Bruno of Bethlehem, NH to talk about his new book, "Cruising NH History: Roadside Historical Markers", on Tuesday July 9th at 7:00 PM at Alumni Hall, 75 Court St. in Haverhill Corner. Admission is free and open to the public. The venue is handicapped accessible.

Bethlehem; and to support through sales, charities in both communities as well as the Class of 2019 at White Mountains Regional High School where he is a JROTC Army instructor.

For more information contact Roger Warren 603 787-2446 or [barogw@hotmail.com](mailto:barogw@hotmail.com)

In May 2018 Mr. Bruno's book was published after three years of research and since then he has traveled through-out the State giving book talks. He has identified 260 markers (five of which are in the town of Haverhill) covering nearly 400 years of history. In writing the book, Bruno had some very specific goals: to tell the story behind each marker; to not lose money in the process; to deliver lectures in his hometowns of Tilton and

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## Birds of the White Mtns.

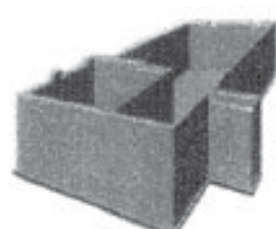
Saturday July 20th at 1:00 the "Birds of the White Mountains" will appear at Joseph Patch Library, 20 NH Route 25 Warren, NH. 03279.

Stop by the Joseph Patch Library to see a popular presentation, Birds of the White Mountains, presented by Steve Hale, Open World Explorers.

Light refreshments will be served. Extra parking is available across the street in the Health Center.

For more information call 603 764-9072

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## Summer Reading Program at Bath Public Library

Your children are invited to join Bath Public Library's Summer Reading Program and attend the fun programs and events we are planning for children preschool to age 12. This summer's theme, "A Universe of Stories", explores all kinds of ways in preparing children for success by developing early language skills. The programs are free and open to children of all abilities.

The Bath Public Library cares about your children and has planned programs to keep them reading and learning all summer. Whether keeping track of the amount of time your children spend reading or the number of books they have read this summer, children who

join the Summer Reading Program keep their minds active and enter school in the fall ready to learn and ready to succeed.

Planned activities include: Astronomer, Matt Amar; Button Moon craft & Oreo Cookie Phases of the Moon; the Children's Museum of New Hampshire; a CLiF presenter and book giveaway; and a Book Walk – every Tuesday morning at 10:00, from July 2 through July 30. Come join the fun!

Stop by the Bath Public Library for a schedule of events for our 2019 Summer Reading Program. Contact us at [bathlibrarykjb@gmail.com](mailto:bathlibrarykjb@gmail.com) or call 747-3372 for more information.

## Want to Connect to Other Readers? Join the Bath Book Club!

The Bath Library Book Club will be discussing "The Marriage of Opposites", by Alice Hoffman on Thursday, July 11th at 6 pm at the Bath Public Library.

Growing up on idyllic St. Thomas in the early 1800s, Rachel dreams of life in far-away Paris. Rachel's mother, a pillar of their small refugee community of Jews who escaped the Inquisition, has never forgiven her daughter for being a difficult girl who

refuses to live by the rules.

Books may be picked up at the Bath Library; hours are Tuesdays, Wednesdays and Thursdays 9:00am to noon and 1:00 pm to 6:00 pm and Saturdays 9:00 am to noon. Anyone with an interest in reading and conversing about books is welcome to attend. For information, please contact the library at 603-747-3372 or email [bathlibrarykjb@gmail.com](mailto:bathlibrarykjb@gmail.com)

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**Newbury & Ryegate Historical Societies**  
 present

**"Newbury's Silence Broken: Reporting on the Gibson Murder Case"**  
 with Journal Opinion's Michelle Arnosky Sherburne



After 60 years of silence, people began talking about the Unsolved Orville Gibson Murder Mystery and the Journal Opinion ran two separate series in response to local input.

This presentation examines the multifaceted aspects of how the Murder Case changed a community and how it has remained unsolved.

**Sunday, June 30**  
 at 2 PM  
 at Blue Mountain Union School Cafeteria  
 2420 US Rte. 302  
 Wells River, VT

Program is Free and Open to the Public. Handicapped Accessible



Eleanor Leach (left) and Cathy Leaf (right), American Legion Auxiliary members donated 12 Afghans to David's House & 12 to Alice Peck Day Hospital. These afghans are made by members of the Auxiliary as well as other town residents.

### Woodsville Wells River 4th of July Dunk Tank Schedule

- 1:00 PM Amy Baker & Son - Amy Baker Bookkeeping**
- 2:00 Eric Volk - ED Cohase Chamber of Commerce**
- 3:00 - 5:00 Members or Employees Haverhill Recreation Commission**
- 5:00 - 7:00 Police Time Haverhill Police Chief Brandon Alling & Grafton County Sheriff Jeff Stiegler**
- 7:00 John Hunt 4th of July Parade Chairman**

**Balls are \$1.00 Each or 6/\$5.00**  
**50% of Proceeds go to the Charity chosen by the participant, other 50% goes to 4th of July Committee**

## 2nd Annual Running of the Bears 5K



(Lincoln, NH) Clark's Bears in Lincoln, NH is teaming up with the Linwood Ambulance Service for the 2nd Annual Running of the Bears 5K on Sunday, June 30, 2019 at 8am. Pre-registration includes a complimentary ticket to Clark's Bears (that can be used any time this year or next) and a 2019 Running of the Bears 5K T-shirt.

This 5K, perfect for the whole family, is BYOB (Bring your own BEAR). Each participant must run/walk with a teddy bear. There will be fun prizes for biggest bear, best bear costume, youngest and oldest participants, but the most coveted are the top awards. The fastest three male and female runners are given trophies. Awards are also given to the fastest in each age group. Millennium Running will be at the ready with chipped bibs and computer equipment to accurately keep time. As you can tell this is the perfect 5K for the competitive runner. Walkers also enjoy the 5K. Last year times varied from about 17 minutes to just under an hour. All are welcome. Well...unless

you have an unusual fear of Wolfman. The infamous legend himself will be there for the shotgun start. This unique road race will benefit the communities Emergency Medical Services.

The Linwood Ambulance Service is celebrating their 50th Anniversary. The department of call members responds to medical emergencies and provides standby coverage in Lincoln, Woodstock, and Livermore. This 200-square miles in the White Mountains of New Hampshire depends of this vital service. Their hard-work providing basic and advanced life support to this community does not go unnoticed. Woodstock Selectman and Linwood Medical Center Trustee, Joel Bourassa came up with the idea. The Clark Family loved it and makes the perfect host.

Nearly 200 participants last year helped raise \$6,000. The goal, of course, is the Running of the Bears 5K will continue to grow.

Visit [www.ClarksBears.com](http://www.ClarksBears.com) special events page for more information and to pre-register.

Volume 10 Number 19 June 25, 2019 Not all Times are Trendy, but there will always be Trendy Times

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## TRENDY TIMES

**Our office is now located at 20 Pine Street in Woodsville.**

Pine Street is between Gather Together Cafe and Dunkin.

Our office hours will still be 9 am - 5 pm Tuesday - Friday

Our phone number will remain 603-747-2887

Or email [Gary@TrendyTimes.com](mailto:Gary@TrendyTimes.com)



# The Capitol Steps Make America Grin Again at The Colonial

With the support of Northern Lights Music and Peabody and Smith Realty, the newly renovated Colonial Theatre in Bethlehem, NH is pleased to present The Capitol Steps Friday, June 28.

The Capitol Steps are a troupe of Congressional staffers-turned-comedians who travel the States satirizing the very people and places that once employed them. The Steps perform over 500 shows a year all over the country.

The Capitol Steps were born December, 1981 when three staffers for Senator Charles Percy were planning entertainment for a Christmas party. Their first idea was to stage a nativity play, but in the whole Congress they couldn't find three wise men or a virgin! So, they decided to dig into the headlines of the day and created song parodies & skits which conveyed a special brand of satirical humor that was as popular in Peoria as it was on Pennsylvania Avenue.

Ronald Reagan was President when the Steps began, so co-founders Elaina Newport, Bill Strauss and Jim Aidala figured that if entertainers could become politicians, then politicians could become entertainers! Most cast members have worked on Capitol Hill, some for Democrats, some for Republicans, and others for politicians who firmly straddle the fence. No matter who holds office, there's never a shortage of material. Says Elaina Newport, "Typically, the Republicans goof up, and the Democrats party. Then the Democrats goof up and the Republicans party. That's what we call a two-party system."

Although the Capitol Steps are based in Washington, DC most of their shows are out-of-town or for out-of-town audiences. Whether it's the National Welding Supply



Association, a University audience, high schoolers, or State Legislators, people love to laugh at the foibles of Jerry Falwell ("Loonies of the Right") or even Bill Clinton's new office ("In the Ghetto"). In fact, the Capitol Steps have performed for the last five presidents (six if you include Hillary). The only complaints the Steps seem to get are from the politicians and personalities who are NOT included in the program!

General Admission tickets for the 8 PM LIVE! at The Colonial performance are \$64 for general admission tickets; Colonial, Catamount Arts and St. Kieran's Community Center for the Arts, Gem Theater and Loading Dock members \$54. Reserved Front & Centers seats (available on-line only) are \$79. Tickets are available in advance while they last at Maia Papaya Cafe, Bethlehem, or Catamount Arts, St. Johnsbury or [www.BethlehemColonial.org](http://www.BethlehemColonial.org). The doors open at 7 PM with refreshments including beer and wine on the patio. For more information about this or upcoming live events

find The Colonial on Facebook (Facebook.com/BethlehemColonial), follow The Colonial on twitter (@ColonialNH), visit the Colonial on line or tune in to North Country Community Radio, WZNC, broadcasting from atop the historic Colonial Theatre at 99.9 on the FM dial.

This evening of great musical political satire is made possible with additional support from New Hampshire Public Radio, Vermont Public Radio, The Cold Mountain Café, The Wayside Inn, The New Hampshire State Council on the Arts, The New Hampshire Charitable Foundation, The Neil & Louise Tillotson Fund, The Jane B. Cook 1992 Charitable Trust, and The Colonial's promotional partner, Catamount Arts.

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# Mind's Eye

## Art by Randee Leightcap and Meri Stiles

Mind's Eye, the new exhibit opening on Wednesday July 17th at Northeast Kingdom Artisans Guild showcases the probing work of Randee Leightcap and Meri Stiles. Each explores individual emotional responses using contrasting artistic styles. The viewer enters into a world simultaneously domestic and fanciful; using images commonplace or mystical, benign or menacing reaching toward catharsis.

In describing her work, classically trained graphic artist Leightcap writes, "I am drawn to natural objects and found objects of copper or rust and combine them into what I think are beautiful contrasts. I draw the resulting objects, placing them in a visual environment to recreate specific memories. I limit my palette of color and use baroque lighting for emotional effect."

"I am a feminist artist creating cathartic imagery of women's issues of domes-

tic abuse, child molestation, women's self imagery, and society expectation of women. However I hope that my artwork can be enjoyed on other levels as well, for its colors, and textures, and design."

Meri Stiles, an experienced practical and research clinical social worker and college professor notes that her work "flows from my lens as a long time mediator and Buddhist practitioner. I consider art as a natural extension of my social work practice," and summarizes "The art I make reflects aspects of life and society that are important to me."

"Nature, animals, impermanence, and interdependence are all recurring themes. I try to develop a language of symbols to represent these themes—such as bones depicting impermanence. There is a light-hearted intuitive energy infused into my creative process: I enjoy the simplicity and comfort of the art that

arises from this process."

These two artistic visions will take the viewer not just on a visual ride, but into the interior space of what we often call the soul, eyeing the inner reaches of our minds, to clarify, contain, and remediate.

The exhibit is in our Back Room Gallery, and runs from July 17th to August 24th. And Opening Celebration with delightful hors d'oeuvres, including wine and light beverages is on Friday the 19th, from 4 to 6, with a brief introductory talk by Meri Stiles. All are welcome to join us to honor the artists, and open the discussion on these controversial and conversational images. We are located at 430 Railroad St., St. Johnsbury, VT, and are open Mon-Sat from 10:30 am to 5:30 pm

Submitted by James M. Frase-White, Curator, Back Room Gallery, NEK Artisans Guild

# Tell Me A Story

by Maggie Anderson

Last Monday afternoon at the AVA Gallery in Lebanon, New Hampshire we held our closing program for Rebecca Rule's Story Telling workshop. Rebecca titled it our "Tellebration." It was a pleasant way to spend the afternoon and, except for having to get up in front of an alarmingly large audience, made even more alarming by the presence of a local television crew, I had a great time.

The stories were as varied as their tellers, some long and filled with antics and details, others short but with a lightening bolt's burst of energy and surprise.

The story tellers hailed from backgrounds, businesses, professions, and persuasions so different from each other an onlooker might wonder what we'd ever have in common, what we'd ever find to talk about.

Therein lies the strength of stories. Stories have the ability to swiftly find common denominators, common ground occupied in some

way or another by every human being on the planet.

The second a story begins every person at the table or scattered round the room thinks of a similar moment or incident in their own life. It is not possible to maintain any distance from another person sharing a story so closely related to our own.

The more stories we share, the more walls we destroy, the more bonds we cement.

Stories were the glue that knit clans together, shortened distances between villages, and made history a living thing rather than a list of dates memorized and spewed by rote without connections to anything or anyone.

Stories were and still are the breath that gives each of us a stake in the world's final chapter. The knowledge, the sincere belief that we are more alike than not and that we are all in this together will be what keeps this generation from being the last.

That's the power of stories.



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Or in person at:

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## Investment Strategy Can Be Your 'GPS' As You Travel Toward Goals

Summer is here at last. For many people, it's time to get the car ready for a long road trip. And with GPS-enabled smartphones, it's now a lot easier to navigate these drives without getting lost. During your life, you may take many journeys – one of which is the long road you'll travel toward your financial goals. But even on this path you can benefit from a "GPS" in the form of your goal-oriented, personalized strategy.

Your investment strategy can function this way by helping answer these questions:

How far do I have to go? Your smartphone's GPS can quickly tell you how many miles you need to travel to arrive at your destination. And a well-constructed investment strategy can inform you of when you might reach a goal, such as having a desired amount

of money when you retire, given your current age, earnings, sources of retirement income, and so on.

What route should I follow? Your GPS will plot out your route, showing what turns you should

take along the way. Similarly, to reach your desired financial outcome, your investment strategy helps guide the investment decisions you make, such as investing adequate amounts in the appropriate vehicles, including your 401(k) and IRA.

What problems await me? When your smartphone's GPS shows red on the route you're following, you know that heavy traffic lies ahead. And your investment strategy can also help you manage bumps in the road, particularly if it's a strategy you've designed with a financial professional, who has the knowledge and technology to create various scenarios and hypothetical illustrations to account for potential difficulties – i.e., a rate of return that's less than expected, a lower income base than you had anticipated, greater college costs than you bargained for, and so on.

When should I take an alternate route? For whatever reason, you may deviate from the course plotted by your GPS – which will then helpfully re-route you. While following your investment strategy, if you make a wrong turn, so to speak – perhaps by putting insufficient funds in a retirement account or by assembling an in-

vestment mix that has become unsuitable for your risk tolerance – you may need to get back on track.

As we've seen, some analogies exist between your smartphone's GPS and your investment strategy. And yet, there's also a big difference in terms of complexity. It's simple to program your smartphone to give you the directions you need. But crafting a personalized investment strategy takes time and effort. You need to consider all your goals – college for your children, a comfortable retirement, the ability to leave the legacy you want – along with your time horizon, risk tolerance and other factors. And your investment strategy may well need to change over the years, in response to changes in your family situation, employment and even your objectives – for example, you may decide you want to retire earlier (or later) than you had originally planned.

In any case, like your GPS, your investment strategy can help guide you – so make good use of

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

## Graduation Gift

*By Robert Roudebush*

In this season of school graduations, a friend of mine sent a note to one younger family member just prior to their graduation June 28. Included was a gift check of a certain amount. This is my friend's letter in full. The name of the graduate is the only item made up.

Hey Kelly -

Thanks for waiting to open this until the time of your high school graduation. That took some patience.

I don't send cards much but I never mind telling good people the truth.

You've already found the check – I wish I could do more, but small or large, it is just a token of the good feeling I have for you.

Getting out of high school and moving on - whether it is to college or not - is a big deal – you're about to enter a whole new world.

Some of it is great, some of it is not, some of it can be downright bad at times, and that's just the nature of life in general, the flow of events when young folks move from one life phase to another, completely in the course of growing and experiencing life. We have all gone through it. Believe it or not, I was once young and

I've never forgotten it, any of it, not a day, not a moment, not a feeling, not a person or event that affected me. It's all here inside me just as it will be for you.

Your intelligent loving parents think the world of you and have given you everything they can to help prepare you for this new time and that is fine, to be expected. But you already know now as they know that it's pretty much up to you how things go from now on. Most of the rest of your life is up to you, the choices you make, the decisions you reach, the hurts and the triumphs that come your way. A few of those will be pure luck of the draw of course, and never discount their value, but most are really going to be results of your actions.

While everything is not going to be wonderful, it will be real and it will all be in the normal course of events, all part of you transforming into the smart, sensitive good person you'll get better at becoming each year.

Keep your eyes wide open, see it all, see it clearly. Trust your warmhearted instincts but develop the radar that protects you from folks who would take advantage of your good heart. Keep your thinking level-headed,

keep that good mind of yours in training and learning at all times and know that you are loved. That counts.

I'll back you when you are right, I'll support you when you are wrong and need support, and I'll love you at all times no matter what happens.

All that is true of anyone who cares for you and is truthful with you. You'll make mistakes, we all did and we all still do, but we get along the best we can, no matter our age.

Find folks you can tell the truth to, and who do you the same. Hang around them, value them. Tell them you like them and tell them why. That'll cause you some pain sometimes maybe, but the pain is well worth the power you'll feel from being independent and straightforward. Support the folks who support you.

Don't date anyone who does not respect you. Go out with people who respect you and have the strength to show their respect.

That's all.

Let's talk sometime. Anytime.

Best Regards and Love,  
Your Uncle.

## Cynthia Stever Maurice: OBITUARY

Cynthia Lu Stever Maurice of 259 Plateau Acres, Bradford, VT, died unexpectedly and peacefully, at Dartmouth Hitchcock Medical Center on June 3rd, surrounded by her family. She was born December 20, 1958, to Bruce and Martina Day Stever. She attended Bradford Schools, graduating from Oxbow High School in 1976. Following graduation, she went to the Thompson School of Nursing in Brattleboro. She began her nursing career at Cottage Hospital in Woodsville, NH, and spent 10 years there. In 1980, she married Stephen Jerry. They had two children, Melissa and Timothy. She was divorced in 1989. She then became a nurse in Dr. Lance Osadchey's practice in her home town of Bradford. As the office expanded, it became Little Rivers Health Care, where she continued caring for patients for 24 years. On July, 7th, 2007, she married Raymond Maurice. "Cindy" was a very



dedicated, loving, family oriented person, not only with people, but animals, as well. She always had a dog and some cats. Her kind spirit welcomed those needing a home, whether children or animals.

She is survived by husband, Raymond Maurice of North Carolina; Daughter, Melissa Jerry and partner, Josh Lapham of Bradford; Son, Timothy Jerry and wife, Nicole, of Bradford; Step-

son, Keith Maurice, of Bradford and Rachael Traendly. Brothers: Clark, of Burlington, Michael of Bradford, David, of Williston. Four grandchildren, Aubrey and Conner Jerry, Elijah Lapham and Lua B. Maurice. Mother, Martina Stever. An Aunt, Uncle, nieces and cousins. She was predeceased by her father, Bruce Stever.

A celebration of life will be at the Bradford Congregational Church UCC, at 2:00 PM, on Saturday, June 29th. Burial will be in Sawyer Cemetery at a later date. Arrangements are by Hale Funeral Home of Bradford, VT.

In lieu of flowers, Memorial contributions may be made to Upper Valley Humane Society Shelter, 300 Old Rt.10, Enfield, NH 03748.

Condolences may be sent to Melissa Jerry, 259 Plateau Acres, Bradford, VT 05033 and Timothy Jerry, 428 Plateau Acres, Bradford, VT 05033.

## Helen Stoughton Daniels: OBITUARY 13

Lisbon, NH – Helen Stoughton Daniels, 99, of Sunset Lane, died on Wednesday, June 19, 2019, at the Grafton County Nursing Home, North Haverhill, NH.

She was born in Haverhill, NH, March 26, 1920, a daughter of Walter H. and Ellen (Stoughton) Chase.

Helen graduated from Plymouth Teachers College in 1941. She was an elementary school teacher in Connecticut, Japan, Illinois, Texas, California, and Lisbon, NH. Helen was a member of the Bath Congregational Church, Lisbon Women's Club, Ammonoosuc Valley Retired Teachers Association, and the N.H. Retired Teachers Association. She loved to watch birds and wildlife.

Survivors include her step daughter, Yvonne Perrino and husband Russell of Allenstown, NH; and several cousins.

There will be no calling



hours.

A graveside service will be on Friday, July 12th, at 11 AM at the Bath Village Cemetery with Rev. Lyn Winter, officiating.

In lieu of flowers, memorial contributions may be made to the Bath Congregational Church, c/o Janet Cheney, Bath, NH 03740.

For more information or to sign an online condolence please visit [www.rickerfh.com](http://www.rickerfh.com)

Ricker Funeral Home & Cremation Care of Woodsville in charge of arrangements.

## Corey Robert Welch: OBITUARY

Woodsville, NH- Corey Robert Welch, 27, of South Court Street, died at his home on June 18, 2019.

Corey was born in St. Johnsbury, VT on February 17, 1992 to Dick M. Welch and Debbie Tegu. He was a graduate of Woodsville High School, Class of 2010. He served in the US Army from April 30, 2013 to April 29, 2017 having been stationed at Ft. Knox, KY and Ft. Stewart, GA and was discharged as a Specialist. Most recently he was employed as a carpenter for Coventry Log Homes.

Corey was a member of the NRA. In his free time, he loved fishing, riding his dirt bike, and shooting. He followed a very strict routine working out with weights. He cared very much for his pet turtles, fish, cats, and rabbits.

He is survived by his mother Debbie Tegu of Woodsville; his father Dick Welch of Concord, VT; his sister Chelsea Welch and her daughter Gaby Smith of Woodsville; his brother, Tyler Welch and his children Skylar and Ryder of Woodsville; along with aunts, uncles, and cousins.



Corey was predeceased by his grandparents, Lee and Janet Tegu and Virgil and Glenda Welch.

Calling hours will be Wednesday, June 26th from 4-6 PM with special remarks beginning at 5:30. Following the remarks, friends are invited to the American Legion Home, 4 Ammonoosuc Street, Woodsville to continue to share their memories.

A private burial will be observed by Corey's family in the Bath Village Cemetery.

For more information or to offer an online condolence, please visit [www.rickerfh.com](http://www.rickerfh.com)

Ricker Funeral Home & Cremation Care of Woodsville is in charge of arrangements.

## Acceptance

by Cyndi Wellman

I'd Like to start with the definition of Disabled:

"Person having a physical or mental condition that limits movements, senses, or activities."

It's another one of those labels society has used to describe someone different from themselves.

Some think: Physical (CP / MS). Or someone with Down Syndrome.



you. You should consult a Professional, with any concerns.

As you read my column/articles, you will notice they aren't in a sequence. I'm just seeing where it takes me.

## BBQ, Shortcake and Concert In Orford

The Orford Congregational Church is offering a smoked brisket, pulled pork, BBQ chicken, sides (by donation) dinner on Saturday, June 29th from 5:30 – 7 pm.

That will be followed by Strawberry Shortcake at the Bandstand (by donation). Then stay for Yvonne and the Reverbs Concert starting at 7 pm.

This notice is posted by The Rev Jane E Wilson, United Congregational Church UCC Orford.

"No matter where you are on life's journey or who you are, you are always welcome here". Worship 10:30 am on Sundays, Senior Meals on Tuesday's, Orford Ballet, varieties of exercise groups, harp therapy, public fund raising meals, fall craft fair, organ concerts, Sunday School, partnerships with

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**Bryan S. Gould**      **Thomas W. Mayo**

# The Friendship Part #2

by Elinor Mawson

Mary Lou and husband Dick led an unusual life. With Karen away at boarding school and then college, they were on their own. Since they worked together at the plumbing supply store, there wasn't much to talk about when they got home; you would think that they would want to pursue other interests. But instead, they went out to dinner every night to the same restaurant!

Dick rose every morning and went right to work. Mary Lou would sleep late, check on her horses and then go to work. Dick worked in his office and took care of the customers. Mary Lou worked upstairs with a secretary. On the first of the month, they would send out bills to their plumbing customers, and on the 15th they would pay their own bills. Those two dates were sacrosanct and Mary Lou would stay upstairs all day.

The rest of the time, the couple would be downstairs talking with whomever would come in--gossiping, solving problems, and even having some fun. Dick and another employee would play darts (sometimes with disastrous results). Mary Lou would go to the post office, the bank, and get lunch for whomever was working that day. Often, she would go next door to the antique shop she owned and operated. I can see her now, walking across the parking lot with her enormous purse and determination in her step.

In that purse was a stenopad with the day's list of things she had to do. She always carried hundreds of dollars in cash "just in case"--if someone brought antiques for her to buy. Her

shop was occupied by about 12 dealers and was always busy. One or two of the dealers would be in charge of the shop each day but Mary Lou was always up to speed with what was going on.

Needless to say she was seldom at home--except to sleep. She always took care of her horses and her big dog (a St Bernard named Bertha, replaced by a Great Dane named Margo). Her house was packed with fine antiques she had acquired over the years. One of her best friends was a noted antique dealer who was always finding things that Mary Lou couldn't resist. I don't think too many people saw the inside of the home, probably because of time constraints on her part, and because she didn't want the wrong people to see what she had.

Even though they had a state of the art kitchen, very little cooking took place in it. Here again, there wasn't much time to go grocery shopping or prepare a meal, but once in awhile, Mary Lou would make a seafood chowder that would last for several days. Dick never cooked--his wife said that Dick's idea of cooking was lying on the floor in front of the refrigerator with his tongue out.

Dick had a hair-trigger temper. It manifested itself if he lost at darts, or if a customer caused a major problem. Most of the time he got his ire under control, but if that didn't happen, Mary Lou sent him home. Fortunately I never saw it.

There are a lot more stories that I will share in the next few issues--some of which will be some of Mary Lou's philosophical musings and views of life.

## Letter To the Editor

Dear Editor,

### Keep New Hampshire Great!

Here in New Hampshire, we are proud of our "Live Free or Die!" traditions. These are based upon The Bill of Rights Article II in the US Constitution "...a well regulated militia being necessary to the security of a free State, the right of the people to bear arms shall not be infringed." (ratified Dec. 15, 1791).

Further, the NH State Constitution Bill of Rights, Article 2-a, The Bearing of Arms, states that "...all persons have the right to keep and bear arms in defense of themselves, their families, their property, and the state." (Dec., 1982).

Historically, we have had Representatives in Concord who held these same basic beliefs. This has been widely successful. In fact, New Hampshire has been ranked #2 overall in US News & World Report's 2019 Best States study, which ranks all 50 states based on criteria from eight (8) categories, including education, health care, infrastructure, and the economy.

Wonderful, right? Wait... No more! Unfortunately the Democrats who were voted to "represent" us in Concord in 2018 act more like they're representing liberal Mas-

sachusetts! Interestingly, Massachusetts ranked # 8 in the same study. It seems as if our Democrat Representatives are in a race to force New Hampshire lower in this list...lower in overall quality of life!

Take a look at the voting records of this current batch of NH Democrat Representatives for just one segment of our lives in New Hampshire, and tell me I'm wrong:

Egan, Timothy (Democrat, Sugar Hill), Ford, Susan (Democrat, Easton), French, Elaine (Democrat, Littleton), Massimilla, Linda (Democrat, Littleton) all voted FOR:

\*requiring law-abiding citizens, but not criminals, to undergo a background check for any transfer of firearms (HB109);

\*requiring law-abiding citizens, but not criminals, to endure a waiting period between the purchase and delivery of a firearm (HB514);

\*creating a guilty-until-proven-innocent standard (HB696).

Egan, Timothy (Democrat, Sugar Hill), Ford, Susan (Democrat, Easton), French, Elaine (Democrat, Littleton), Massimilla, Linda (Democrat, Littleton) all voted AGAINST:

\*clarifying that self-defense includes defending one's family (HB208);

Ford, Susan (Democrat, Easton) & French, Elaine (Democrat, Littleton) went further by voting FOR:

\*protecting criminals by disarming law-abiding citizens on school property (HB564);

Ruprecht, Dennis (Democrat, Landaff) voted FOR:

\*creating a guilty-until-proven-innocent standard (HB696).

These Democrat votes do not reflect New Hampshire values.

Fortunately, two of New Hampshire's loyal Republican Representatives: Erin Hennessey (Littleton) and Rick Ladd (Haverhill) had our backs with no bad votes.

Elections matter, and I am sad to say I think New Hampshire put many of the wrong people into office during this last election.

Stay tuned to learn more about the voting records of New Hampshire's Democrat "representatives" and their affinity for taxes (a Democrat specialty!) and their attempts to make New Hampshire into another "Tax-a-chusetts."

We can fix this.

Vote Republican in the next election. Keep New Hampshire Great!

Nick De Mayo, Sugar Hill, NH

Nick,

The Great American experiment continues from one election to the next. Candidates run for office with plenty of promises and thoughts about making life better. Sometimes those promises are kept, and sometimes they are not. Sometimes life gets better, and sometimes not. I agree with you whole heartedly that elections are important. After all we are voting for the person, or persons, who will become our voices.

But let me state the obvious, those representatives will never vote the way every single

voter wants them to. No one wins an election with 100% of the votes. What that means to me is that we need to stay in touch with our elected officials, and they need to stay in touch with us. In that vein I thank both Republican Rick Ladd and Democrat Dennis Ruprecht for their continued reports to our readers.

I wish both of these representatives and all the other elected officials the foresight to vote for the best interest of the residents of New Hampshire (or Vermont) as the case may be. I thank them all for their service.

Gary Scruton, Editor

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Trendy Times reserves the right to accept or reject publication of any letter to the editor or submission of any nature for any reason. *Of course you will need to be really out there for us to turn you down.* We also reserve the right to make slight changes to submissions for readability purposes.

Thank you for your understanding.



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**ABOVE THE NOTCH**  
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# Sounds in the Sanctuary Summer Programs

*By Eileen Regen*

This year the choice of Sounds in the Sanctuary artists and programs is sure to attract music lovers of all ages. Bethlehem Hebrew Congregation is pleased to announce the schedule for the sixth annual chamber music series for July and August. All concerts are set for 5 p.m., Fridays, July 5, 19, and August 2, 16, and 30 in the Bethlehem Hebrew Congregation Synagogue on Strawberry Hill, Bethlehem. A meet and greet reception follows each performance.

July 5: Bernard Rose, piano and Edward Arron, cello

Opening the 2019 season on July 5, audiences will welcome Bernard Rose and Edward Arron, performing works of Mendelssohn, J.S. Bach, and Beethoven. Rose is a graduate of Columbia College and the Juilliard School and has performed as a soloist, accompanist, and chamber musician across the country.

Edward Arron has garnered recognition for his elegant musicianship in his performances throughout the world. He began playing the cello at age seven and continued his studies in New York with Peter Wiley. A graduate of the Juilliard School, he later joined the faculty at University of Massachusetts Amherst after having served on the faculty of New York University.

July 19: Michael Arnowitt, piano

Michael Arnowitt performs a program surveying the music of Aaron Copland, who created what is considered today to be a distinctively American sound in classical music. His landmark compositions from the 1930s and 1940s used energetic jazz rhythms and folk song material from different regions of the United States and Mexico, blended into his own classical music writing style to evoke our nation's vast landscape.

August 2: Ensemble Aubade – Peter H. Bloom, flute; Francis Grimes, viola; and Mary Jane Rupert, piano

The trio will perform chamber music spanning four centuries with works of C.P.E. Bach, Carl Maria von Weber, Robert Russell Bennett, and Karl Henning. En-

semble Aubade is based in Boston and performs across the United States.

Peter Bloom is a winner of the American Musicological Society's Noah Greenberg Award. In a career spanning four decades, he has concertized with chamber ensembles throughout the world. He is also a noted jazz artist.

Francis Grimes has performed with the Boston Pops, Boston Opera, and Boston Ballet. He has toured with the Star Wars Orchestra and distinguished ensembles in the USA and Europe.

Mary Jane Rupert has shared her artistry from Carnegie Recital Hall to the Beijing Concert Hall. And has appeared with chamber ensembles, choral groups, and orchestras across the United States. She serves on the faculties of Boston College and Tufts University and has taught at MIT, Wellesley, and Western Michigan University.

August 16: Classicopia Piano Quartet - Daniel Weiser, piano, Iris Jortner, cello, Ralph Allen, violin, and Marcia Cassidy, viola

Classicopia continues its summer tradition of blockbuster programs featuring the Israeli-based husband and wife team of cellist Iris Jortner and violinist Ralph Allen together with Dartmouth's own Marcia Cassidy, viola, and Classicopia's Artistic Director pianist Daniel Weiser. Their program will include works of Schumann and Fabre.

Daniel Weiser has a Doctorate in Piano/Chamber Music from the Peabody Conservatory. He has performed on many great stages in the United States and abroad and is the co-founder and artistic director of the Classicopia, the founder of AmiciMusic and a founding member of the Adirondack Ensemble which won a Chamber Music America Award for inventive programming and outreach.

Iris Jortner, a native of Israel, has performed in important venues in Israel, Europe, China, Australia, and the United States. She has collaborated with Yefim Bronfman, Michael Tree, Itamar Golan, Levon Chilingirian, the Orion Quartet, the Avalon Quartet, and the

Apple Hill Chamber Players. Jortner teaches cello and chamber music and has performed in numerous festivals in the United States and abroad. She is artistic director of the Rosemarie and Robin Russell chamber concerts on Roosevelt Island, NY and is a member of the Appassionata Trio.

Ralph Allen has a BA in Philosophy from Yale, and degrees in music from the Cleveland Institute of Music, SUNY Stony Brook and the Royal Conservatory in the Hague. He has performed with opera, baroque, and contemporary ensembles throughout Europe, Israel, the Far East, and the US, and he has participated in numerous festivals. He has performed solo throughout the world. In the summers, Allen teaches at Apple Hill in New Hampshire and the Elm City Music Festival in Connecticut. He lives in Israel, where he performs with the Israel Symphony.

Marcia Cassidy is an active chamber music recitalist, teacher, and freelance violist. As a member of the faculty of Dartmouth College, she teaches violin and viola, coaches chamber music, and leads sectionals for the Dartmouth Symphony.

Marcia is a member of the Musicians of the Old Post Road and the Burlington Chamber Orchestra. She is principal violist of the Franciscan String Quartet.

August 30: Amit Peled, cello and Noreen Cassidy-Polera, Piano

From the United States to Europe to the Middle East and Asia, Israeli Amit Peled, a musician of profound artistry and charismatic stage presence is acclaimed as one of the most exciting instrumentalists on the concert stage today. He has shared with audiences the sound of the cello of Pablo Casals, personally handed to him by Mrs. Marta Casals Istomin, the widow of Maestro Casals. One of the most sought after cello pedagogues, Peled is a professor at the Peabody Conservatory of Music of the Johns

Hopkins University.

Noreen Cassidy-Polera ranks among the most highly regarded chamber artists performing today in America and abroad and has been a regular recital partner with cellists Amit Peled, Matt Haimovitz, Yo-Yo Ma, and Leonard Rose. She holds Bachelor of Music and Master of Music degrees from the Juilliard School where she studied with Martin Canin.

The Peled-Polera program includes works of J.S. Bach, Cassado, and Strauss.

Tickets are available at the door or at [tickets.catamountarts.org](http://tickets.catamountarts.org). To order season passes, email Michel Adler at [adlermf@verizon.net](mailto:adlermf@verizon.net). For more program details and information, please visit <http://www.bethlehemsynagogue.org/afternoon-concert-series>.

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by Cindy Pinheiro  
to contact Cindy (aka Cin Pin)  
write to the editor at  
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## Peanut Butter and Jelly Granola Bars

Hello, hello my fellow chefs. Well I'm home from my getaway vacation to Rhode Island and it was fun. I got to enjoy all my favorite foods that are not available up here.

I picked up a cookbook at a local yard sale and found this recipe that I think you will like. This is the first time that I made this and it was easy peasy and they are "Delicioso". I hope you give this a try, I think you will like how they turn out. Okay let's get started with the recipe and how to make it.

Preheat oven to 325 degrees

**Ingredients**  
3 cups of rolled oats

1½ Cup peanut butter (I used creamy but use what you have)

1½ Cup jelly, jam or fruit spread (I used strawberry fruit spread)

¼ Cup jelly for the top

¼ Cup of water

¼ teaspoon of salt

Spray a 9 by 13 glass dish with Pam or grease with butter. In large bowl put your oats. In small saucepan over low heat combine the peanut butter, the jelly, water and salt and mix well until smooth. Combine the oats with your peanut butter and jelly mixture. When all mixed, spread in your baking dish and pat down into an even layer. Spread ¼



Cup of jelly over top. Put in the oven and bake for about 20 to 25 minutes.

Cool completely about an hour and cut into squares. I got 12 bars. A little note, if you don't have a 9 by 13 dish and using a smaller size, it may need a few extra minutes to bake, just keep an eye on them. They will crisp and toast around the edges. Be careful they don't burn.

If you want you can add ½ Cup of chopped nuts or shredded coconut or dried fruit. You can even substitute the jelly with honey. Experiment with different additions for your own tasty concoction. You can even use 2 Cups rolled oats and 1 Cup of rice krispies for extra crunch. Have fun with your different additions. They are a healthy snack and good for you. I tried mine in a dish with vanilla ice cream. Really good. That's it, homemade goodness.

Well folks I hope you enjoy this recipe and if you have any questions please contact Gary and I will help you out. So until next time my friends I am signing off, Sincerely, Cin Pin.

## Rabbi Donna Kirshbaum to Lead Bethlehem Hebrew Congregation for 2019 Season

By Eileen Regen

Members of Bethlehem Hebrew Congregation (BHC) are pleased to announce the appointment of Rabbi Donna Kirshbaum to the pulpit of the Bethlehem Hebrew Congregation. She will commence her spiritual leadership of BHC on Friday, July 5 when she leads our Friday evening Sabbath service followed by Saturday morning services and Torah study. Kirshbaum will be with BHC for the summer season and through the High Holidays to the end of season in late October.

Rabbi Kirshbaum served as pulpit rabbi at Congregation String of Pearls in Princeton, New Jersey prior to moving to Israel where she led services, read Torah, and spoke at a local Masorti synagogue near Beersheba. She brings to BHC her experience as a congregational rabbi, chaplain, educator, writer, and speaker. She is, in her own words: "passionate about reinvigorating Jewish traditions, insights, and learning for the twenty-first century in order to help communities and individuals add more joy and meaning to life and meet its conflicts, ethical dilemmas, suffering, losses, and challenges in robust, Jewishly informed ways."

In recent years, Kirshbaum has been active in the Women Wage Peace movement following the 2014 Gaza War. She was a major force in this movement's growth to over 40 thousand volunteers and 55 thousand supporters worldwide working actively to create new responses to conflict and to write grant proposals on behalf of the movement. In addition, she has served as Publications Committee Chair of the Jewish Women International Clergy Task Force for the Prevention of Domestic/Intimate Partner Violence.

Throughout the Negev, she has presented talks on a variety of Jewish topics, including an Introduction to Talmud, Peace in the Jewish Tradition, and Fasting in Judaism. Following her ordination in 2008, she served as a pulpit rabbi in New Jersey



where she created and piloted an innovative Hebrew school curriculum based on Rashi, a medieval French rabbi and author of a comprehensive commentary on the Talmud and commentary on the Torah.

She has been tapped to coordinate a national Jewish bioethics coalition which has become a clearinghouse of seminal resources written by coalition members, all committed to advancing a uniquely Jewish bioethics platform. Several of her commentaries have been included in "A Guide to Jewish Practice" whose first volume won the 2011 National Jewish Book Award.

Her experience includes serving as a chaplain at Johns Hopkins Hospital (Baltimore), participating as an American Jewish World Service student delegation member to Ghana, and working as co-founder of Bolton Street Synagogue Religious School, Baltimore, Maryland.

Her many awards and honors include the Lillian Fern Memorial Award for Outstanding Contributions to the Reconstructionist Rabbinical College Community, the Rabbi Devora Bartnoff Prize for Spiritually Motivated Social Action, the Driesen Prize in Science and Judaism, and the Birnbaum Endowment Award for "extraordinary dedication to Klal Yisrael and distinguished service to the Baltimore Jewish educational community."

BHC welcomes Rabbi Kirshbaum and look forward to her leadership and teaching.

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