

A FREE PUBLICATION

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# TRENDY TIMES



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JUNE 22, 2021 VOLUME 12, NUMBER 19

## 4th Of July Activities Announced

Things are looking up for this year's Woodsville Wells River 4th of July Celebration. One big reason is the inclusion of Vertical Entertainment to the happenings on the Woodsville Community Field. Vertical Entertainment, headquartered in Gilford, NH, will be setting up on the field with Marshall the Fire Dog bounce house, Trevor the Tiger combo bounce house and slide, 18' Giant Dual Lane Dry Slide, High Voltage Dual Lane Obstacle Course, 4 person High Voltage Joust, Single Lane 15' Tropical Water Slide and a Dual Lane 22' Twin Falls Water Slide. A wrist band for unlimited use as well as single use tickets will be available on the field. But wait, there's more! Basketball, duck pond and baseball toss

carnival games will also be set up. Games are \$5 each to play with licensed and popular items as prizes. Plus the Ice Box inflatable Photo booth with hundreds of props and 3 pictures each time to take home with you. Also there will be a Rock wall/bungee combo unit and novelties and light up products at night.

Along with all this activity there will be a number of food vendors around the basketball court serving up your summertime favorites. Plus there will be a bingo tent from 3 pm until 9 pm with a variety of prizes for winners. The music tent will feature two live bands, Back Shed String Band from 3-5 pm and The Sled Wrenches with opener Bim Tyler from 8 to 10 pm. In between will be DJ

Mike with some favorite tunes. There will even be a tent to sit under to eat or simply sit back and enjoy the day.

One other attraction of note is the Dunk tank. There are still spots for volunteers to sit up and have others take notice. Half the money raised during your time on the seat is given to the organization of your choice.

There are also still some spaces available to join the flea market. Yard sale spots are just \$25 or bring your new items and rent a spot for only \$50.

As always the 4th of July celebration in Woodsville and Wells River is bookended by a grand parade stepping off at 11 am and traveling across the state line, and the day ends with a Gigantic Fire-



works Display thanks to Hell's Gate Fireworks of Rumney, NH.

For a complete schedule or to volunteer check our the

Facebook page or the website at [www.wvr4th.org](http://www.wvr4th.org). Happy 4th of July.

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# TRENDY Dining Guide

## Polly's Pancake Parlor

by Gary Scruton

We have probably all heard about "destination weddings". The couple picks a distant spot to get married and all folks travel to it. Well there is also such a thing as a "destination meal". At least that's what I am calling a trip to Polly's Pancake Parlor in Sugar Hill. Not only is it a destination but according to their website they have been serving pancakes since 1938.

We visited on a Saturday morning in June. Part of what made it a destination were all the Lupines that were in bloom. Add the spectacular views of the Presidential range of the White Mountains and of course great food, and you have all the reasons you need to visit.

On this visit we took a friend, Janis. (Note that this one is "Jan is", while my wife

is "JA nice".

As strongly suggested by the website and proven by earlier visits we called ahead to get our name on the list.. We expected to arrive around 11:30. We were a few minutes early and still needed to hang out outside until about 11:45. The tables inside were still "socially distanced" which cuts down on the number of patrons that can be served at one time.

Our waitress was quite pleasant and quickly asked about beverages. Janice and I asked for the daily special of dark roasted coffee, while Janis got the regular coffee.

When our waitress returned with those drinks, we ordered. Janis asked for a trio of pancakes with that day's special add-on of butterscotch chips. The batter of choice was Buckwheat. She also got a side order of home fries.

Janice asked for Sugar Bill's breakfast. Two eggs (scrambled) choice of sausage, bacon or ham (bacon) home fries, and choice of homemade toast (cinnamon raisin).

I went with a full six pack of pancakes (half with blueberries and half with butterscotch chips) and three different batters (buckwheat, gingerbread and whole wheat) plus a side order of corned beef hash.

Now it was time to sit back

and continue our conversation, enjoy the coffee and take in the view from the windowed dining room. One note is that the staff at Polly's has learned to turn over tables quickly. When a party leaves it seems as if two people were there very quickly to clear the table, wipe it down, and get it set for the next group ready to enter and enjoy a meal.

Our meals did not take long before they arrived at our table. The first thing I noticed was that I received the entire six stack of pancakes. In the past they have been served three at a time. I did not ask, but assumed this was due to the continued restrictions of the current rules. Whatever the case I still added some butter and poured on the real maple syrup that sat in a glass server on the table. In fact I went back for a bit more later but between Janis and I we

still did not use it all up.

Both ladies finished their meals with smiles and a bit of lip licking to be sure to enjoy the tastes right to the end. I was not sure I would get through all of my meal but I soldiered on and also got a "clean plate" award.

We did not feel hurried at all as we finished off our meals and were gone before 1:00. Our total bill came to \$47.60 which we paid for with a card at the front desk. As usual we left a cash tip on the table for our waitress.



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For More Details  
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## Teen Center to Benefit in Hannaford's Reusable Bag Program

(Bradford, VT) – The Bradford Hannaford's leadership team has chosen Bradford Teen Center as the July beneficiary of the Fight Hunger Bag Program. Each month, Hannaford stores focus on a local non-profit, which receives \$1 from every purchase of a \$2.50 reusable Fight Hunger Bag at Hannaford's. Local shoppers can reduce single-use plastic in the environment and give back to those in need in the local community, all while running routine weekly errands.

"It's more important than ever to help reduce single-use plastic in the environment," said Patrick Peters, Executive Director of Brad-

ford Teen Center. "Non-profits at the local level, like us, need continuous community support. The Hannaford's program offers a tool to address multiple issues of the world today. We hope you'll support us in July by purchasing one or more Fight Hunger Bags at our local Hannaford's."

Bradford Teen Center, founded in 2019, operates The Hub, a teen drop-in center in Bradford. The Hub's mission is to provide a safe, enjoyable environment where teenage youth are heard, encouraged, and empowered. For more information, visit [www.bradfordteen-center.org](http://www.bradfordteen-center.org).

## Sen. Hennessey Named "At Large" Member of the Council of State Governments for East Region

CONCORD, NH -- The Council of State Governments (CSG) announced that District One State Senator Erin Hennessey (R-Littleton), has been named an "At Large" member of the CSG East Executive Committee, which serves as the main governing body for the organization.

"CSG is the leading organization for promoting good governance and formulating the important policies that go along with that responsibility," said Hennessey. "I am honored to be named to the East Region's Executive Committee and look forward to working with my fellow state office holders across the East Region and the country during this critical time of public service."

The Council of State Governments was founded in 1933 and is the nation's largest nonpartisan organization serving all three branches of state elected

and appointed officials. The mission of CSG is to champion excellence in state government, bringing state leaders from across the nation and through its four regions together to put the best ideas and solutions into practice.

Among its many responsibilities, the Executive Committee is entrusted with the oversight of the regional committees and affiliate organizations, approving, or amending CSG East rules and policies, approving the annual budget, assigning responsibilities to the regional director, reviewing annual work plans for regional committees and the director, and considering and approving interim statements of policy. The CSG East Executive Committee is responsible for ensuring programs and activities meet the needs of the member jurisdictions and advance the mission and goals of the national CSG organization.

## Change The Story Vt Partnership Launches Free New Pay Equity Resource

Virtual Event, Vermont – On Tuesday, June 8 over the lunch hour, over 250 people gathered virtually for the launch of the new Leaders for Equity and Equal Pay (LEEP) Toolkit. The Toolkit is a unique and powerful DIY resource, containing an excel-based Equity Management Tool and a companion Playbook, that provides Vermont's small to midsize employers with information and methodology needed to conduct in-house, ongoing gender and racial pay equity reviews. The full color, 60-page Playbook provides a wealth of information for anyone interested in learning more about compensation philosophy and building organizational equity. The Toolkit is free of charge and can be downloaded from [changethestoryvt.org/payequity](http://changethestoryvt.org/payequity).

The launch was organized by Change The Story VT, a partnership initiative of Vermont Works for Women,

Vermont Commission on Women (VCW), and the Vermont Women's Fund. Speakers included national pay equity expert, economist, and former Massachusetts Lt. Gov. Evelyn Murphy and Toolkit creators Frank Sadowski and Krysta Sadowski. Lt. Gov. Murphy was received with a virtual room full of nodding heads when she encouraged attendees to "change workplaces, not women".

VCW Commissioner Kerin Durfee moderated a panel that included representatives from three of the seven Vermont employers who participated in the Leaders for Equity and Equal Pay professional development program, which met throughout 2020. Duane Peterson of Suncommon, Lisa Yaeger of the Vermont Foodbank, and Mara Rivera of Chroma Technology all spoke to their experiences implementing the tools, and encouraged

others to do the same.

Currently, the gender wage gap in Vermont stands at 16 cents, which means all women on average make 84 cents to the \$1.00 paid on average to men. When broken out by race and ability the wage gap is much wider. Nationally, Black women are paid 37% less, Latinx women 45% less, Indigenous women 40% less, and Asian American and Pacific Islander women are paid up to 50% less than white men. Vermont women with disabilities are paid on average 26% less than men without disabilities. Mothers are paid on average 30% compared to fathers. The COVID pandemic disproportionately impacted women, with more than 2 million women leaving the workforce over the last year. The LEEP Toolkit will provide smaller organizations with the methodology and resources to lead the way out of the "she-cession."

Not all Times are Trendy, but there will always be Trendy Times

June 22, 2021

Volume 12 Number 19

# Woodsville Wells River 4th of July Celebration Sunday, July 4, 2021

## Theme: "America's Superheroes" 11:00 AM Gigantic Parade

### From Woodsville into Wells River

No Fee to enter parade

3 Categories for Cash Prizes

Woodsville Community Field Activities:  
Vertical Entertainment NH brings  
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## Live Free Or Die (211-150)

One of the first bills to come before the New Hampshire House of Representatives on June 10th, was HB69 relative to the authority of public schools to display the national and state mottos. As chair of the education committee, it was my responsibility to address the packed house with a recommendation and to speak in support of the bill.

As the bill was introduced, the bill read as follows: "Notwithstanding any other provision of law to the contrary, no power or authority of the state of New Hampshire, or any political subdivision thereof, shall in any way restrict, or be construed to restrict, the authority of any school district to display the national motto, "In God We Trust" in any building. This bill ran into some head winds in the Senate until our Senator from Warren made the bill even better by amending the bill to include our state motto, "Live Free or Die."

I have lived in a number of regions within this great Nation, including Maine, New Hampshire, Alaska, Kentucky, Texas, and Rhode Island. Every one of these states is unique and proud of their state motto. Alaska's is "The Last Frontier." The great seal of Maine reads, "Dirigo," meaning "I Lead." The Texas motto is "Friendship," but we often refer to the "Friendship" state as "The Lone Star State." But, with all these motto's, New Hampshire's motto that appears on our license plate sends a sense of pride and strength to all, "Live Free or Die."

To cut to the chase, I was proud to stand in front of 361 elected officials, urging them to press the green button allowing local school districts the choice to display either

or both the state and national mottos in our public schools. I took advantage of this teaching moment to inform all that these immortal words, "Live Free or Die," were written in 1809 by New Hampshire's native son, General John Stark, who served as an officer in the British Army during the French and Indian war and as a major general in the Continental Army during the American Revolution while securing America's independence and freedom that we so enjoy. As the pastor said during his opening prayer at the start of our day's work, "we enjoy our love for freedom," and as we have all learned through family and schools or gained through service to our country, freedom is not free.

Following my brief remarks, the motion was called; I asked for a roll call vote. The vote to approve received 211 votes while those objecting had 150. The bill passed, but the final outcome left me asking, why is our way of life and respect for each other under the microscope of criticism? I am proud to live in America where "In God We Trust," and in a state that takes pride in our powerful state motto, "Liver Free or Die." We passed a bill that now makes it permissible for local schools to display or hang a picture on the wall with either or both mottos. This bill neither mandates or requires schools to do anything; it simply provides local schools and students an awareness of our past and to cherish freedom as we move forward into the future. Isn't that what democracy is all about?

Respectfully Submitted,  
Rep Rick Ladd  
Chairman, House Education

## A Balanced Budget That Serves All of New Hampshire

By Sen. Erin Hennessey

In an unprecedented legislative session, the New Hampshire Senate was challenged to come up with a state budget that met unprecedented challenges. I am proud of the work we've done, delivering a budget that spends responsibly, focuses spending on programs to serve New Hampshire's most vulnerable populations, and delivers tax relief to Main Street businesses and New Hampshire homeowners.

When I ran for the Senate, I promised voters that I would fight for better schools and lower taxes, particularly for New Hampshire homeowners. This budget lives up to those commitments. In fact, this budget will result in lower taxes on every portion of your annual property tax bill; municipal, school, county, and state.

As a member of the Senate Education Committee, I heard from many schools that the drop in enrollment last fall because of the pandemic would result in a drop in the school funding formula, giving districts less state aid next year when classrooms are full. I led the effort to fully fund state education aid, protecting out local schools and local taxpayers from a \$67 million drop.

Some schools need more help than others but previous efforts to address these needs have resulted in more lawsuits. I asked my Senate colleagues to create a Relief Funding Plan, set-

ting aside \$35 million in new money for schools most in need. Helping districts with the most financial need will provide relief to property taxpayers.

This budget also provides \$6 million for the Governor's scholarship program and an additional \$1.9 million for districts expanding to full-day Kindergarten.

Through the pandemic switch to remote instruction, we saw that every child learns differently. Some thrive in their local public school while others need alternatives to succeed. This budget creates Education Freedom Accounts, providing state education aid to low-income families through approved scholarship organizations to seek out the best path for each student's individual education. Expanding school choice means more options for low-income families.

"Low taxes are the result of low spending," as former Governor Mel Thomson liked to say. The budget passed by the Senate spends \$150 million less from the General and Education Trust Funds than the House version, focusing on health and mental health services, education, and property tax relief for cities and towns across New Hampshire.

This budget continues along the path of tax reform, further reducing the Business Profits Tax and Business Enterprise Tax, raising the filing threshold for the BET. It also phases out the Interest and Dividends Tax,

an income tax on investment income that many seniors count on in retirement. We also provide \$100 million in direct property tax relief to every home and business in New Hampshire. This budget cuts taxes for everyone, giving a boost to families and Main Street businesses.

For the first time, we have created a dedicated trust fund to share 30% of Meals and Rooms Tax revenue with cities and towns, providing \$188 million for local tax relief. That's an increase of more than \$50 million from the last budget. We also increase support for county nursing homes by \$21.4 million, easing the county tax burden.

The pandemic has heightened the struggles of Granite Staters dealing with mental health problems. Our budget fully funds a new forensic psychiatric hospital, freeing up beds at New Hampshire Hospital and allowing us to transfer patients from the secure psychiatric unit at the state prison. We provide \$3 million to help veterans and seniors recover from the isolation of the COVID-10 pandemic and increase funding for homeless shelters by \$3.8 million.

This balanced, fiscally conservative budget meets the needs of New Hampshire's most vulnerable populations while delivering tax relief for New Hampshire homeowners and Main Street businesses.

Sen. Erin Hennessey (R-Littleton) is a member of the Senate Finance Committee.

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## Sen. Tom Cotton To Speak at Lincoln-Reagan Dinner

Grafton, Coos & Carroll County Republican Committees are excited to announce Senator Tom Cotton of Arkansas will headline their Lincoln-Reagan Day dinner at the Indian Head Resort on Friday, July 16th at the Indian Head Resort in Lincoln.

Senator Cotton graduated from Harvard College in 1998 and Harvard Law School in 2002, worked as a federal clerk for a year and as an associate at a Washington, D.C., law firm before enlisting in the U.S. Army in January 2005. He was commissioned as an infantry officer in June and rose to the rank of captain before being honorably discharged in 2009. He served tours in Iraq, Afghanistan, and at Fort Myer (Arlington, Virginia), and was awarded the Bronze Star and the Combat Infantryman Badge.

Cotton was elected as the U.S. Representative for Arkansas's 4th congressional



district in 2012 and to the Senate at age 37 in 2014, defeating two-term Democratic incumbent Mark Pryor.

For more information and tickets: Grafton County Barb Dutille – bdutille@charter.net 603.989.3005 39 Slate Ledge Rd. Haverhill, NH 03765

Coos County Eli Clemmer - clemmer@usa.com 603.728.7981 35 Cedar St. Berlin NH 03570

Carroll County Wendy Richardson butterfly 91011@yahoo.com 207.332.2619 PO Box 603 Conway, NH 03818

## Congressman Dan Crenshaw to Headline GOP Dinner in July

Concord, New Hampshire – The Grafton County Republican Committee and New Hampshire Republican Party are hosting a joint fundraiser on Thursday, July 8th featuring Congressman Dan Crenshaw (R-TX 2nd) with Special Guest Governor Chris Sununu (R-NH) at the Grappone Center in Concord.

Tickets and sponsorships are available online at: [www.tinyurl.com/CrenshawEvent](http://www.tinyurl.com/CrenshawEvent)

For more information or details, contact the New Hampshire Republican



Party at [info@nhgop.org](mailto:info@nhgop.org) or 603-225-9341

## Jason Winchester Announces Bid For Wells River Trustee

Jason Winchester has announced he is a candidate for the 3-year vacant Village Trustee seat in Wells River. Winchester has owned and operated the Winchester Enterprises carpentry business since 1997. He was a facility manager at a residential retreat center in the Northeast Kingdom and was responsible for the water and sewer system operations, road maintenance, and upkeep of 20 plus buildings and the grounds.

He is also the co-founder and co-owner of the Wells River Wellness Hall located in the old village hall.

He joined the Monroe NH fire department at the age of

18. He went on to be a member of Lyndonville fire and Barnet departments. Currently he is a captain on the Wells River fire department.

Winchester grew up in Monroe, NH and Barnet, and now lives in Wells River with his wife Kelsey and their two children since 2010.

Winchester is committed to fiscal responsibility and transparency in the Village government. He will work to bring Wells River into the digital age and ensure the village follows the state's laws and regulations.

He will continue to help uplift Wells River by expand-

ing on recent projects like the water system as well as other improvements to bring new life and fresh ideas to the village.

Winchester will work hard for the residents and businesses in Wells River.

Wells River Village vote is June 30th from 10AM -7PM at the Wells River Village garage.

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# Calendar of Events

EVENTS FROM LOCAL NON-PROFITS, SCHOOLS AND TOWNS. *PRESENTED FREE BY TRENDY TIMES.*

## TUESDAY, JUNE 22

THE HISTORY OF AGRICULTURE AS TOLD BY BARNES  
7:00 PM  
Alumni Hall, 75 Court St. Haverhill Corner.

## SATURDAY, JUNE 26

TOWN WIDE YARD SALE  
9:00AM-3:00 PM See Ad on Page 12  
Monroe, NH

## WELLS RIVER CLEAN UP DAY

9:00 AM See Article on Page 6  
Baldwin Memorial Library, Wells River

## SUNDAY, JUNE 27

BENEFIT TEXAS HOLD 'EM POKER  
11:00AM-1:15 PM Cash 1:45 Tournament  
Moose Lodge 1779, St. Johnsbury

## MONDAY, JUNE 30

WELLS RIVER VILLAGE ELECTION  
10:00 AM - 7:00 PM  
Wells River Village Garage

## Horse Meadow Senior Center Activities for July 2021

MASKS ARE MANDATORY at THE CENTER FOR all activities and ON THE BUS! You must sign in and do temperature checks, etc. before your scheduled time and before you get on the bus.

Our bus is now available, 3 passengers at a time, Covid restrictions apply. Call to reserve 603-787-2539

GRAB N GO Meals every Tuesday and Thursday from 11:15-12:00

Meals on wheels are available M-F for home delivery. Contact Wanda Peters @ HMSC 787-2539

A variety of Exercise Equipment is available daily in Bertha's room at HMSC one person at a time, call to reserve a time 603-787-2539

July 2021: at HMSC - Foot Clinic with Beverly Sinclair, Call HMSC for date and appointment times

Call HMSC to get all Zoom information 603-787-2539

\*Zoom for Beginners 7/1/2021 1:00 - 2:00,

\*Zoom Online Book Club "Three Hours in Paris" Join the discussion on July 28th at 11:00 am, call 603-787-2539 to sign up or email Wanda - wsawyer@gcssc.org

\*Zoom Online Presentation by the Institute of Natural Science: "Give a Hoot" on Wed. August 18th from 10:30- 11:00

\*Zoom online Bingo on Mondays 2:30-4:30 (as of 7/26 Zoom Bingo will be on hiatus until late Aug.

\*Zoom Online Ukulele 3 class 7/1 & 7/8 @ 3:00 - 4:00

\*Zoom Guitar 2: 7/6, 7/13, 7/20 1:45-2:45

\*Zoom Art Reach on Fridays 10-11 & 2-3

\*Zoom Chair Exercise with Emily 7/2, 7/9, 7/16 (from 723 on this will be on hiatus until late Aug.)

\*Zoom USSR-Russia: Myths, Mysteries & Spying - Tuesday 7/20 - 3:00 - 4:00

\*Zoom Let's Talk Cars 7/21 @ 10:00 - 11:00

\*ON-GOING ACTIVITIES OUTSIDE UNDER THE TENT BEGINNING IN JULY:

BINGO - Outside Under the tent at HMSC Thursdays from 1:00 - 2:00 pm

YOU MUST HAVE A RESERVATION call 603-787-2539

DRUMS ALIVE Outside Under the tent at HMSC Mondays & Wednesdays from 11:00-12:00

YOU MUST HAVE A RESERVATION 603-787-2539

CRAFTING - Outside Under the tent at HMSC Tuesdays from 10:00-11:00

YOU MUST HAVE A RESERVATION call 603-787-2539

## SUNDAY, JULY 4

WOODSVILLE WELLS RIVER RTH OF JULY 11:00 AM PARADE 10:00 PM FIREWORKS  
See Ad on Page 3 & Article on Page 1

## TUESDAY, JULY 6

HAVERHILL SELECT BOARD MEETING  
6:00 PM  
Clifford Memorial Building, Woodsville

## THURSDAY, JULY 8

REPUBLICAN FUNDRAISING DINNER  
Grappone Center, Concord  
See Article on Page 5

## FRIDAY, JULY 9

AMERICAN LEGION RIDERS MEETING  
6:00 PM  
Post Home, 4 Ammonoosuc St., Woodsville

## MONDAY, JULY 12

ROSS-WOOD UNIT #20 AMERICAN LEGION AUXILIARY MONTHLY MEETING  
Post Home, 4 Ammonoosuc St., Woodsville

## WEDNESDAY, JULY 14

ROSS-WOOD POST #20 AMERICAN LEGION MONTHLY MEETING  
6:00 PM  
4 Ammonoosuc Street, Woodsville

## THURSDAY, JULY 15

VFW POST #5245 MONTHLY MEETING  
7:00 PM  
VFW HALL, NORTH HAVERHILL

## FRIDAY, JULY 16

LINCOLN-REAGAN DAY DINNER  
Indian Head Resort, Lincoln  
See Article on Page 5

## SIMDAU, JULY 18

ACOUSTIC MUSIC JAM  
12:00 NOON - 3:00 PM  
Clifford Memorial Building, Woodsville

## SATURDAY, JULY 19

PENNY SALE/SILENT AUCTION/50/50 RAFFLE  
10:00 AM - 2:00 PM  
Bradford Masonic Hall, 1958 Waits River Road

## Wells River's Clean Up Day For the Fourth

Another sign that things are returning to how things were before the pandemic is the 4th of July Parade will once again cross the bridge in celebration of our nation's Independence.

The Wells River Action Program is organizing a Clean Up Day on June 26th to spruce up the downtown village area to welcome parade participants and watchers. Kelsey Root Winchester, President of WRAP explained that this will be the first large gathering of people in over a year and that "WRAP wanted the Village to Shine for the Parade and the Baldwin Memorial Library book sale". Businesses are also encouraged to enter the Storefront Decorating Contest, more information is available at <http://www.wvr4th.org> The 2021 theme is "America's Superheroes"

Plans are to sweep the sidewalks, pick up trash, clear some unwanted vegetation, wash some windows

and maybe plant some flowers.

WRAP is providing all the tools and trash bags needed for the clean up. Volunteers are asked to bring work gloves, sunscreen and their own drinking water. You don't have to be a Wells River resident to help with the clean up. Volunteers should meet in front of the Baldwin Memorial Library at 9AM on Saturday, June 26th. For more information contact Kelsey Root-Winchester at [kelseyrootwc@gmail.com](mailto:kelseyrootwc@gmail.com) or 802 - 626 - 8982.

The mission of WRAP is to enhance the quality of life

in Wells River Village and its immediately surrounding villages and towns by: (1) Supporting affordable and accessible housing, business and economic development, and tourism and recreation (2) Preserving the rural and historic character, and the ambiance of Wells River Village. (3) Establishing avenues of cooperation with other organizations, non-profit groups and governmental agencies. Membership in WRAP is open to all who are interested in improving and preserving the Wells River Area whether or not they reside in the Wells River area.

### HELP WANTED: Director, Bradford Teen Center

Bradford Teen Center, Inc. in Bradford, Vermont seeks a part-time (20 hr./wk) Director, responsible for all day-to-day operations of The Hub, a person experienced and enthusiastic about working with young people, dedicated to their positive development and wellbeing.

**Duties:** The Director plans and implements day-to-day activities, including programs that engage teens socially, culturally, and intellectually and that focus on service, leadership, and education; maintains a culture of inclusion and respect; monitors, evaluates, and reports on quality of programs; keeps complete records and collaborates with board members and/or publicity coordinator to promote participation in teen center programs; participates in all Board meetings and special events; recruits, trains, and manages volunteers and staff; participates in annual Mandated Reporter and other relevant trainings; and serves as the public face of the Bradford Teen Center.

**Qualifications:** Higher education preferred, in social services, education, human development or related field; experience working with a non-profit organization, preferably a youth development organization; excellent planning and organizational skills; familiarity with the principles of youth development; ability to work collaboratively with diverse communities and groups; ability to define outcomes and work towards positive outcomes; excellent written and oral communication skills; facility with social media platforms.

**Applying:** Interested and qualified candidates should submit a cover letter, resume and three (3) references **by email** to:

Betsy Alexander • [bradfordteencenter@gmail.com](mailto:bradfordteencenter@gmail.com)  
[www.bradfordteencenter.org](http://www.bradfordteencenter.org)

### HELP WANTED

#### P/T Staff Assistant, Bradford Teen Center

Seeking an energetic, enthusiastic individual to work with youth in The Hub, the home of Bradford Teen Center in Bradford, VT. This is a 10 hr/wk, year-round position paying \$12/hr. and reporting to the Director. Weekend availability is a must. Duties include opening and closing the Hub, overseeing teen activity, tracking attendance, supporting compliance with Hub policies, and fostering a culture of inclusion and respect.

The Hub supports youth and families by providing a safe, enjoyable environment where teenage youth are heard, encouraged, & empowered. After-school and out of school programs promote creativity, self-esteem, and development of leadership skills.

To apply, email cover letter, resume and 3 references to  
Betsy Alexander • [bradfordteencenter@gmail.com](mailto:bradfordteencenter@gmail.com)  
[www.bradfordteencenter.org](http://www.bradfordteencenter.org)

## Colonial Theatre Raises Over \$51,000 Towards New HVAC System

The Colonial Theatre in Bethlehem, NH raised \$51,219 in support of the installation of a new heating, cooling, and ventilation system at the Theatre. The Colonial received 134 online donations and 17 offline donations through NH Gives, a statewide 24-hour online fundraising event. 76 donations were matched by The Colonial's anonymous \$10,000 matching gift challenge, and an additional 13 donations were matched by NH Gives site-wide initiatives. The Colonial also placed 2nd in the region and 10th in the state for online funds raised, won the prize for the most unique donors in 24 hours in the Lakes / White Mountains / North Country region, and was the only arts institution to finish in the top ten of organizations participating in the statewide event.

"We are humbled by this response to our call for support and will move forward with pride as we continue to build and preserve a cultural center that offers a host of culturally diverse, thought-

provoking, high quality, and often surprising, entertainment for everyone" said Executive Director Christine Kelly. "It has been our vision to create a cultural center with an emphasis on community. This stunning outpouring of generosity is a manifestation of community, one that ensures The Colonial will reopen its doors with confidence for the 2021 Season with the installation of our new HVAC system."

In addition to broad community support, The Colonial's HVAC project has the full support of its Board of Directors, with 100% participation in a Board matching gift challenge led by Board President Tami Nason. With the full weight of The Colonial's community behind it, the installation process is underway - JD Plumbing & Heating out of Groveton, NH have begun work on The Colonial's new HVAC system. This HVAC system includes an iWave commercial air purification system and will also provide heating and cooling in the auditorium.

"Thank you to our

members, donors, volunteers, community partners, Board of Directors, the NH Center for Nonprofits, the New Hampshire Charitable Foundation, and everyone in The Colonial family who has supported our Theatre throughout this challenging time." Kelly added, "Because of our incredible community, we will emerge from this pandemic stronger than ever!"

For information on upcoming outdoor films and events visit The Colonial's website at [www.Bethlehem-Colonial.org](http://www.Bethlehem-Colonial.org). While you are there sign up for The Colonial's email newsletter, so you won't miss a beat!

## Bradford Teen Center's Hub Receives Tarrant Foundation Grant

[Bradford, VT]: The Bradford Teen Center has been awarded a \$6,000 grant from The Richard E. & Deborah L. Tarrant Foundation of Winooski, Vermont in support of its ongoing programs to benefit youth from Bradford and surrounding Vermont towns.

"We are grateful for the Tarrant Foundation's recognition and support of the important work we do with local youth," said Patrick Peters, Director of The Hub, the home of the teen center. "Our teens deserve our best efforts, and the Foundation's gift will help us continue to provide quality programming and events. We look forward to welcoming a new crop of

teens, as current sixth-graders begin discovering what the Hub has to offer."

The Hub's mission is to provide a safe, enjoyable environment where teenage youth are heard, encouraged, and empowered. Its after-school and out of school programs are designed to stimulate creativity, enhance self-esteem, and develop social and educational skills; to encourage community awareness through community service projects; to foster leadership skills; and to provide a safe location for social and recreational activities.

For more information: <http://www.bradfordteen-center.org>.

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53 PCS 5/4x6x10 Premade Corners	\$60. each
54 PCS 5/4x4x20 Premade Corners	\$99. each
135 PCS 2x6x16 T&G (Discolored)	\$9.99 each
21 PCS 2x6x16 T&G (Nice)	\$14.83 each
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## 8 Senior Center Receives Co-op Check



Jacob, Littleton Food Co-op (LFC) cashier and Robin Kristoff, Director Littleton Area Senior Center hold the Big Check the Senior Center received on Friday, June 11 from the LFC Partner of the Month Program.

Robin Kristoff, Director of the Littleton Area Senior Center, stopped in on Friday to the Littleton Food Co-op (LFC) to accept a check for \$5,310.06, funds rounded up from LFC member/owners and shoppers at the register. LFC member/owners vote on non-profits once a year and choose the organizations that they would like to support through the Partner of the Month Round-Up Program. LFC is thrilled to present this check to such a vital organization that supports our senior community members.

The Littleton Area Senior Center is currently serving home delivered meals and hot Grab & Go lunches Monday through Friday, and offers transportation for seniors and adults with disabili-

ties throughout Littleton, Bethlehem, Franconia, Sugar Hill, Easton, Lisbon, Lyman, and Monroe. They are also offering a variety of zoom and phone-based activities, and are in the process of beginning outdoor in-person activities for small groups. They are planning to use the money raised through the Partner of the Month program to support their operating costs, and towards the expense of replacing the center's roof.

Member-owned Littleton Food Co-op serves the community by providing high quality food, offered at a fair price, with outstanding service. Everyone is welcome to shop and anyone is welcome to join. Located at the intersection of Cottage Street and Route 302 (exit 41 off I-93), the Littleton Food Co-op is open daily from 7 am - 9 p.m. For more information or to become a member, please visit [www.littletoncoop.com](http://www.littletoncoop.com), call 603-444-2800 or just stop by! See ya at the Co-op!



Awesome News for WHS JAG...they have won 1st place from entries throughout New Hampshire JAG programs for their community service project (Pantry Pack Program) for the 2nd year in a row!! Congratulations to all involved!

## Summit by Morrison to Celebrate its Third Anniversary

WHITEFIELD — Summit by Morrison will mark its third anniversary on June 23, with residents and staff enjoying cake and other festivities to celebrate the occasion.

"The past year of Covid has been particularly challenging for residents and staff, but now that we are transitioning, we are ready to celebrate our third year on this beautiful campus," said Shannon Lynch, Executive Director. "And the residents have been making the most of these nice spring days, getting outdoors as much as possible and reconnecting with their loved ones."

Summit by Morrison on the Littleton Road is a senior living community offering independent living cottages and apartments, assisted living apartments and a memory care wing. It is part of The Morrison Communities, which includes Morrison Skilled Nursing, Sartwell Assisted Living and comprehensive inpatient and outpatient rehabilitation services, at the Morrison's original location on Terrace Street.

A firm commitment by the Board of Trustees to provide additional options for seniors who want to remain in

the region as they age began to take hold in earnest in early 2014. At that time, the Board began the lengthy process of outlining the specifications and attending to the hundreds of details, including funding, that would eventually result in the new Summit by Morrison campus, which opened its doors to its first residents in 2018.

"I think I can speak for the entire Board of Trustees in saying how proud we are that current and former board members and our administrators were able to bring this enormous project to completion in just a few short years," said Doug Shearer, current Board president. "Building Summit by Morrison creates a path for The Morrison Communities to one day be self-sustaining while providing additional and affordable senior living options in the North Country. It's so gratifying to know that we were able to fill a need and are now celebrating our third anniversary."

"This spring, with many of the restraints of Covid behind us, I can't help but notice the bustling atmosphere as residents can be seen washing a car, walking a



dog, watering window boxes, having lunch on the patio, or enjoying the mountain views," said Lynch. "And as we welcome new residents and continue to fill, we can fully enjoy the richness of community that has been building over these last three years."

This year, many outdoor enhancements are planned at Summit to give greater access to all residents, Lynch added. The plans include new pergolas for shade, gardens for vegetables and flowers, and additional seating areas to provide greater flexibility for outdoor visitations.

Lynch noted that while the anniversary celebration on June 23 is not open to the general public in the interests of continuing caution around Covid-19, members of the public who would like a tour can make an appointment by calling Summit at (603) 837-3500.

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# After Action Report – The Fallen Outdoors

The COVID-19 pandemic will have a profound and lasting effect upon the men and women of the veteran community for decades to follow. Servicemembers returning from long and hard-fought wars overseas, often sacrificing everything to protect their loved ones back home are at an increased risk for developing mental health problems related to PTSD, social withdrawal, depression and anxiety. The facts suggest that up to one third of returning servicemembers experience these symptoms within the first three months of being “home” and as a result, the prevalence of suicide is as high as 22 veterans per day (Post-Traumatic Stress Disorder, 2014). Social isolation related to the pandemic has affected the veteran population in ways that may take years to unravel but one constant remains true, there will always be Americans such as Angel Eaton and April Nicoll ready and able to lift these heroes up on their darkest days.

The focus of this event may have been fishing, but the healing of these warriors was strengthened and fostered through the camaraderie and fellowship exonerated by those around them. The excitement for them began well over a month ago with the announcement of an entire day out to sea fishing for haddock, pollock and cod, donated by the Al Gauron family. Travel arrangements were immediately made, and veterans traveled from all over the region to come together in support of one another, with the furthest traveler flying in from Alabama several days

prior to stay with his “former Army buddy”. Those were his words, and I smiled as I listened to him talk in his long southern drawl because even though those two met each other for the first time just yesterday, I knew that because of this trip, they had created a bond that during their darkest hour they could lean on to get them through and ward off their demons. That is what these events are truly about and why it is so crucial for Americans such as Angel and April to facilitate the opportunity for healing of our men and women returning from service.

Captain Pete put the ship filled with heroes on fish after fish resulting in many sore arms and full coolers. The “bite” was slow in the morning and the crew worked hard grinding away to ensure that the action remained “hot”. We were fortunate to have the presence of a real life “movie-star” named Jax onboard and he not only kept a ship full of nearly 50 veterans laughing and amicably joking with one another but swiftly and deftly ensured operations ran smoothly. I did not keep count, but I would bet that the mates Jax and Steve unspooled several dozen lines, hauled in the heavy “drift sock” ten times at the order from Captain Pete and worked well after we had moored pier-side cutting up the fish caught and securing the ship from sea.

As the veterans disembarked from the ship laden with heavy coolers full of fish and smiles on their face, it was easy to see that they were leaving with much more than meat for their



freezer. The bonds formed, the networks established, and memories fostered during this day will emit and instill within them a sense of belonging to propel them through darker times. This trip was coordinated by fellow veteran Michael Chase with the help from The Fallen Outdoors, a 501(c)3 nonprofit organization for veterans whose mission is to reduce the prevalence of suicide in our veteran community. For more information, please visit the Fallen Outdoors Website or if you are a veteran join the Facebook page for upcoming events.

Sincerely,  
Jesse Webber  
Assistant Team Leader –  
New England  
Jesse.Webber@TheFallen-  
Outdoors.com  
6032362293



Perfect year for Lupine. These were found in Lisbon, NH  
Photo by Cyndi Wellman cnb.pics07@gmail.com



This is a brand new fawn I saw on our Tree Farm in Orford this week, mother was close by watching.

Tom Thomson

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These two properties are being sold per order of the Trustee of a NH Charitable Trust. The properties will only be sold as a package.

**PARCEL A) 37 FRESCOLN ROAD**, Map 10, Lot 1-1 is a 4.53± acre parcel with 1,036± feet of road frontage and is improved with a circa 1840, 3-bedroom home. The home offers 2,404± square feet on 2 levels and retains many original features and offers an attached workshop and garage. There is an additional detached 2-car garage.

**PARCEL B) ROWENTOWN AND FRESCOLN ROAD**, Map 10, Lot 4-3 is a wooded, 77.59± acre parcel having over 3,000 feet of road frontage and is located across the street from the 37 Frescoln Road. The property slopes uphill from the intersection of Rowentown Road and Frescoln Road.

**OPEN HOUSE:** Tuesday, June 22nd from 10:00 a.m. to 12:00 p.m. and Saturday, June 26 from 10:00 a.m. to 12:00 p.m.

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Carey is both a Family practice and Psychiatric NP, presently concentrating on taking care of patients with mental health concerns. Carey was born in England . She emigrated to Canada with her family in 1966. She has been working in the USA since 1976 ,after graduating from Nightingale school of nursing, in Toronto. She received her BSN from The State of New York University, Regents College in 1997.

**She obtained her MSN and Family practice certificate from UVM in 2000. She returned to UVM to get her post graduate certificate in psychiatry, graduating in 2007. She is looking forward to working with the dedicated employees at LRHC. Outside of work she enjoys spending time with her family and friends, travelling, cooking and gardening.**



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## SERVICES

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### Letter to the Editor

To The Editor;

In the June 17th issue of Trendy Times, Mr. Robert Briggeman wrote a piece about "confirmation Letters", which was absolutely spot-on correct & totally accurate, regarding the situation in this Republic that so many have fought to preserve. Your comments on his article were obviously liberal leaning & incorrect. It's very obvious what the Democratic party is attempting to do, as they are diligently working to destroy all we hold dear. The social permissiveness has led to a total moral perversion away from all traditionalism of decent behavior.

They support any and all forms of lifestyles, no matter how deviant they may be, or how far away from God's laws they are, as Christianity is being trampled on, but exceptions are being made for other "religions".

Mr. Briggeman was right, you were not. Supporting the left wing radical agenda is what has brought this country to the brink of destruction, and everyone needs to pray that God will intervene soon, to stop this slide into the oblivion that Sodom & Gomorrah suffered.

W. B. Fisk Sr.  
Post Mills, Vt.

W.B.

First let me correct your statement about the letter from Mr. Briggeman. It was actually in the June 8 edition of Trendy Times. I say this so that readers will be able to find it more easily in the archives at [www.TrendyTimes.com](http://www.TrendyTimes.com).

Regarding my comments on that letter, I will stand behind them. As a refresher I merely suggested that discussion and compromise on issues will help this country move ahead.

Gary Scruton, Editor

### Letter to the Editor

When Government Controls  
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Thjnk about it!  
Robert A Peraino, MD  
Franconia

Robert,

Government controls have long been, and will probably always be a point of discussion and disagreement. How much control is too much control? When do the controls in place fall short of doing their intended tasks? It is a balancing act that will go on forever.

Gary Scruton, Editor

## Haverhill Town Manager Notes 2nd Anniversary

Op-ed by Brigitte Codling, Haverhill Town Manager

Recently, I was reminded that my second anniversary as Haverhill's Town Manager had passed in April. It's been a wild ride, not always easy, but one of the most fulfilling and challenging roles I've ever had the honor to hold. All things considered - a new job, learning about a new community, developing relationships with town leaders and residents, doing my best to be a positive influence on local government, and making strategic change all the while managing town operations through a pandemic - I'm proud of the work we have collectively accomplished over the past two years. I have been blessed to serve in Haverhill and even more blessed to work with a very supportive Board of Selectmen and staff that are truly second to none. I look forward to what

the future brings. A big THANK YOU to the community of Haverhill for being so welcoming, engaged, active and for being so supportive of our hard work on behalf of this great town.

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## Vermont Mask Survey Exposes Severe Health Risks

Op-ed by Amy Hornblas  
Vermont Mask Survey

CABOT, VERMONT – For the past year the Vermont Mask Survey has been collecting evidence from across the state which proves that wearing masks is causing people to experience symptoms of oxygen deprivation and other expected difficulties. This month the author released the Final Report, which shares data from the Vermont Mask Survey as well as from other relevant surveys, studies, and warnings from experts at leading institutions in the field.

Since the 1970's, there have been OSHA standards in place to protect employees who wear respiratory protection, such as 1/2 face dust masks, from the harmful effects of restricted breathing. The report cites numerous studies which demonstrate that prolonged use of respirators, even by "healthy" health care workers, can be dangerous.

Vermonters of all ages and abilities have been required to wear masks for the past year without any protections or training. Last July health educator Amy Hornblas began conducting a statewide survey out of concern about the obvious impacts they can have on health. It appears to be the only attempt in the state so far to assess the health implications of this mandated medical intervention.

Results of the Vermont Mask Survey provide evidence that people in our state are experiencing the following difficulties: people with pre-existing conditions are not able to access basic services, people with hearing impairment are unable to communicate with others, pre-existing conditions (such as PTSD, asthma, COPD and heart conditions) are being exacerbated, and masks cause a drop in blood

oxygen during pregnancy. Patients are being required to wear masks, even with an oxygen requirement. Employers have become responsible for enforcement, and some are resorting to punitive measures, such as fines and disciplinary actions for employees who "cheat to breath." Construction workers who require respiratory protection are not able to find the respirators they need. Pro-longed use increases the risks, and most of the employees who responded to the survey report they are required to wear masks 4-5 days a week for 5-8+ hours at a time.

The Final Report begins by describing the respiratory system and the importance of unrestricted breathing. Much of this section is taken directly from the original OSHA inspector manual. The manual explains why understanding biology is critical to supervising the use of masks. Oxygen deprivation and high carbon dioxide in the body can cause serious short and long-term consequences. The levels of oxygen and carbon dioxide available beneath the masks is below and above, respectively, the safe levels set by OSHA, the report explains.

The Vermont Mask Survey's Final Report contains 150 references from the most respected sources available as evidence that the potential of long-term mental, physical, and social health consequences is a valid concern, demonstrated clearly in the research. The

report includes a timeline of their current use in community settings, definitions of the types and their approved uses, the safety of masks (including concerns about contaminants), and particular considerations around their use by young people and people with pre-existing conditions. The discussion assesses the current climate of bias and censorship about the issue, reviews evidence of their effectiveness, and the need for a cost/benefit analysis. Just as with smoking tobacco 100 years ago, Hornblas worries that if the media and public officials continue to deny the existence of harms caused by masks, it will be possible to continue to justify their use. Recently, the governor updated his mask mandate to require their use only by those who are not vaccinated, including children, despite the fact that their safety in community settings has not been established, and evidence of the dangers is growing.

The Vermont Mask Survey Final Report concludes by encouraging a full assessment of the effectiveness and safety of using masks in community settings so that we can prevent and mitigate the harms. The author hopes it will serve as a reference guide to support and inspire those who would like to assist in this process, whether they are decision-makers, bystanders, or on the front lines.

The Vermont Mask Survey Final Report is available at: [vtmasksurvey.com](http://vtmasksurvey.com)

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MAKING SENSE OF INVESTING

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For more than a decade, inflation has been essentially dormant. In recent months, though, economists have expected an uptick but were still surprised by the sharp jump in the April Consumer Price Index (CPI), which rose 4.2% from a year ago. As an investor, what can you expect if we do enter a more inflationary environment?

First, it's useful to understand the main causes of the recent spike in prices. Part of the explanation is simply a result of increased economic activity in the spring of 2021 over the same period a year ago, when prices collapsed at the height of the COVID-19 pandemic. And this reopening of the economy has also resulted in a surge in demand for travel-related services such as hotels, airfare and rental cars. Another contributing factor is a widespread shortage of manufacturing materials that have limited production and driven up prices for an array of consumer goods.

Will this inflationary pressure continue? It's not easy to make predic-

tions of this nature, but, for now, the Federal Reserve seems to believe the recent price hikes are temporary, and, as a result, will continue its policy of keeping interest rates low. But a few more months of higher-than-expected inflation could change the Fed's view and its actions.

In any case, how should you as an individual investor respond to even the potential threat of rising prices? You'll need to keep in mind that inflation affects different types of investments differently. Consider fixed-income securities such as bonds, which pay a set interest rate – the coupon rate. Because rising inflation erodes the value of a bond's future income, bond prices typically fall during inflationary periods. This is particularly true of longer-term bonds, due to the cumulative effect of the lower purchasing power. On the other hand, stocks – especially those of larger companies – tend to do well during inflationary periods, which might not be that surprising, considering that a company's revenue and earnings may increase at a rate similar to that of inflation. Of course, "stocks" is a broad term, and some industries will do better than others when inflation is on the rise.

Even if inflation keeps advancing, you may not want to make significant changes to your investments. For example, although their prices may fall, bonds can still be valuable assets, since they can help reduce the impact of market volatility on your portfolio. And if you've already got a good mix of stocks appropriate for your goals and risk tolerance, there's probably no need to shake things up.

Here's one more thought to keep in mind about inflation: It serves as a reminder that you'll always need to have a reasonable percentage of growth-oriented investments in your portfolio to avoid losing purchasing power. As we've seen, inflation won't always be in hibernation.

Ultimately, your own actions and decisions will determine your success as an investor, but you'll still want to be aware of how a development like inflation can affect the economy and the financial markets. If we are entering territory we haven't seen in a while, it pays to stay alert.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

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## How Should Investors Respond to Inflation?

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## Town of Haverhill REQUEST for PROPOSALS

The Town of Haverhill seeks the services of a firm capable of assisting the Town with the redevelopment of its Master Plan.

*Proposals are due on July 9, 2021 at 2:00 PM.*

The complete Request for Proposals can be found on the Town of Haverhill's website under "Announcements".

## MONROE, NH TOWN WIDE YARD SALE

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Food/Bake sale at the village church

Library Book sale at the town hall

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A google map of all the sales is on the Monroe Public Library's Facebook page.



## Rail Bike Adventures Opens For The 2021 Season in Laconia, NH

LINCOLN, NH – For nearly 35 years, the Hobo & Winnepesaukee Scenic Railroad has offered scenic train rides "along New Hampshire's lakes and through the White Mountains". Beginning on Friday, June 25, 2021, all that changes. The railroad is pleased to announce the opening of its newest company, Rail Bike Adventures – the Lakes Region's newest 3-season family attraction!

Guests of all ages will have an opportunity to experience the beauty and history of New Hampshire's Lakes Region as they join friends and family pedaling state-of-the-art, four-person Rail Bikes along a rail line that dates back to the mid 1800's. As an added bonus, these guided tours will begin and end at the historic Laconia Railroad Station at 15 Veterans Square in Laconia, NH which was built for the Concord and Montreal Railroad in 1892.

The planned route will take riders past the site of the former Laconia Car Company which built rail cars from 1848 to 1928, over a trestle bridge, then over Durkee Brook before arriving at the shore of Lake Winnisquam - New Hampshire's 4th largest lake. The terrain rail bike riders will cover along the approximate 5-

mile round-trip route is primarily flat and the guided rides are both enjoyable and scenic.

At the mid-point of each guided tour, riders will have an opportunity to step off their rail bikes, stretch their legs a bit or relax on log benches sharing stories while enjoying panoramic views of Lake Winnisquam. The rail bikes will be turned around using a special turntable and prepared for the ride back to Laconia Station. After a short break, riders will be invited to return to their rail bikes to pedal their way back to Laconia Station.

Each of the custom-made, 4-passenger rail bikes at Rail Bike Adventures is equipped with comfortable seating, handlebars, pedals for four riders, a hand brake, retractable seat belts, a water bottle holder for each rider and a basket for personal items, snacks and beverages.

Safety is paramount at Rail Bike Adventures, so all guided tours have trained guides at the front and rear of each group. Although rail bike tours will be departing Laconia Station up to four times a day – at 10am, 12pm, 2pm & 4pm - riders will have an opportunity to spread out during their ex-



cursion with up to 500ft between rail bikes. The front and rear guides will be available throughout each tour to assist where needed and to help ensure a safe and enjoyable experience. One of the unique things about the guided tours at Rail Bike Adventures is that the distance between rail bikes allows each group to pedal at their own pace so they can enjoy the ride and take in the views along the way.

The cost of the guided rail bike tours at Rail Bike Adventures is \$151.00 per rail bike for up to four riders. Advance reservations are required and can be made by visiting [www.HoboRR.com/rail-bike-adventures/](http://www.HoboRR.com/rail-bike-adventures/) starting Monday, June 21, 2021. Guided rail bike tours from Rail Bike Adventures located at 15 Veterans Square in Laconia, NH begin on Friday, June 25, 2021. For more information, call (603) 745-2135 or visit [www.HoboRR.com/rail-bike-adventures/](http://www.HoboRR.com/rail-bike-adventures/).

# Elaine Ruth Bryan Quackenbush: OBITUARY

Elaine Ruth Bryan Quackenbush, of Orford, New Hampshire, passed away peacefully at the Sullivan County Nursing Home in Unity, New Hampshire on April 23, 2021. She was born December 4, 1929 to Ruth and Allen Bryer and lived with her parents and sister, June, in Brookfield, Vermont for her early years. When she was around five years of age her family moved to Orford where her father was employed on the Lufkin farm. Elaine spent the rest of her life as an Orford resident.

Elaine attended the Orford schools and graduated from the Orford High School. In her youth, she learned to play the piano and the guitar. Music was an important part of her life and she and June played in a band, June on guitar and Elaine on the piano, at Bedell's Barn in Orford every Saturday night for many years. She and June also played at many other venues.

Elaine married Robert Quackenbush and together they had one child, Lyle Quackenbush. They built a house right down the road from her childhood home and within sight of her sister June and husband Bill's house.

Elaine and her sister June went through their lives doing as much as they could together. Elaine and June married the brothers, Bob and Bill Quackenbush, which made their sisterly connection even stronger. Known for their cooking and baking talents, they also would work together every summer and fall on lovely gardens and canning the produce from them. Their pickles were known to be the best in the region and their love for providing truly great



meals for their family-legend.

Elaine is survived by her son, Lyle Quackenbush and his wife Kellie; her nephew, Russell Quackenbush, his wife Ruth Sainte-Quackenbush and their daughters Tifanie Sainte-Quackenbush and Enjoli Parker; nephew Gary Quackenbush and his wife Deb and their children: Seth Quackenbush and Andrea Warren and family, Lydia and husband Steven Rhoads and family; Liz Smith and family; Valerie Russell and her husband Steve Sharp; as well as numerous other nieces and nephews.

A graveside service will be held at the Orford Main Street Cemetery on June 27, 2021 at 12:30 p.m. A gathering will follow pending state Covid-19 restrictions at the time.

To leave a message of condolence, please send cards to Lyle Quackenbush, or Russel Quackenbush or Gary Quackenbush c/o Orford UCC, PO Box 133. Orford, NH 03777-0133.

Graveside Service, Sunday, June 27, 2021 @ 12:30 PM at the Orford Main Street Cemetery (West Cemetery), NH Route 10 and Archertown Road, Orford, NH 03777

by Maggie Anderson

When I revved up my computer this morning I was bombarded by all sorts of interesting, often idiotic, stories of world-wide goings on.

First was the news that the Mexican president found his interaction with our Ms Harris to have been "pleasant and beneficial." Let's see 130 mil heading his way to help him solve Mexico's many labor issues, monies to beef up Mexico's police force, and gazillions more promised over the long haul for him and his triangular neighbors to his south, presumably to pass along to their countrymen to entice them to stay home.

My first thought of course was why she didn't suggest he simply defund his forces and let the residents police themselves, then I remembered how effective that's been here at home.

My second thought turned to the memory of a boyfriend who spent his whole paycheck at a carnival trying to win a two dollar teddy for me. In case the obvious didn't immediately register, no matter how much money he threw at the problem, he blew his whole paycheck, I spent the time trying to convince him it was pointless, he went home broke, and I still left without the bear.

You cannot solve problems just by throwing money at them, regardless of the amount you throw.

Then I was enlightened by the brilliant expert who told me the color of my skin is a parasitic condition for which there is no cure. He went on to say my whiteness enables me as its "host" to wield power "without limit, force without restriction, violence without mercy" and increases one's desire to terrorize.

# What's Up Doc?

I think he and the other brilliant scholar who spoke at Yale last week have been cramming from the same textbooks. She is fantasizing about unloading bullets into people's heads, white peoples' heads. Wait that can't be right, she isn't white. I wonder what's driving her to think about terrorizing?

Come to think about it, that diagnosis seems to fit the gangs of protesters who thought it the right thing to do when they trashed and burned so many cities this past year. Though the way they were dressed made it impossible to know the color of their skin, my guess is most of them weren't lily white either - in any sense of the word.

A couple other thoughts cropped up halfway through the whiteness discussion, one, when do they propose to begin eradicating the white parasites the way we try to clear the trees of mistletoe, or rid ourselves of plantar's warts, or shingles?

If this genius's opinion were actually true and not some twisted reach for his fifteen minutes, wouldn't that diagnosis make all us white people with that incurable issue of parasitic control over us be eligible for all the benefits afforded those who fall under the category of Americans With Disabilities? Surely an affliction we cannot control or rid ourselves of must fit the ADA's parameters.

Then the president's new budget popped up. Never trust spell check, do your own proof reading. I first typed in pooped up and had to reluctantly change it to popped up because spell check didn't care or actually found it amusing, I'm not certain. The new budget in areas referencing money being proposed for prenatal, maternity, birth, and child care issues, it

was noted, would now use the more enlightened and inclusive term "birthing person" in place of mother.

The guy who made that decision must be a democrat, only a real jackass could come up with something so mind-numbingly inane.

I polished off my first cup of coffee trying to wrap my head around what sort of nit wit could come up with something so idiotic, then I gulped down another just to settle my nerves enough to see how that verbiage might affect real world dynamics and conversations.

Guys insulting their peer's "female parent" will find the wording far less effective when they try to squeeze "your birthing person is so fat" -- well you get the idea.

What in the world do those twits think a change like that will do to the greeting card industry, it could fold overnight.

My husband's "step-birthing person" got a Happy Mother's Day card from him and if the card companies tow such a stupid line you can be sure Hank will be making his own Mother's Day cards from now on.

What really ticks me off though is why I couldn't drum up enough courage to tell my father's hateful second wife that she wasn't my real birthing person so she couldn't tell me what to do.

And don't get me started on "The Flag, Birthing-Personhood, and Apple Pie."

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**Adam W. Smith**

Not all Times are Trendy, but there will always be Trendy Times June 22, 2021 Volume 12 Number 19



# What About Ma?

by Kellie Quackenbush

## All About The Will

As we tuck 2020 firmly behind us, many people have faced events that they thought they would never have to face. Loss. The pandemic, COVID-19, has taken friends and loved ones from us and the loss numbers continue to grow.

In the losses that have been suffered, age was not spared as young and old alike were the victims of the pandemic. Many people found themselves saying good bye to children, cousins, siblings, parents, aunts, uncles and friends that they knew to be strong vital people in their lives. In these losses, we have found the compounding insult of "death taxes" and funeral costs. What happens when someone dies that has no 'will'?

"If you die without a valid will and last testament in place in New Hampshire, the distribution of your estate will be subject to the state's intestate succession laws, and may also be subject to the probate process, which can be both lengthy and expensive." per smartasset.com, "Wondering

what the requirements for a valid will and last testament in New Hampshire are? For starters, the testator (the person who created the will) must be at least 18 years old, of sound mind and the will must be signed by the testator and two witnesses. The will must name a beneficiary and must be in writing. However, in some cases, New Hampshire does recognize oral wills, but only if made by a soldier in active military service or mariner or seaman at sea."

People faced with a sudden loss will suddenly be faced with terms like probate, intestate, inheritance tax, decedent, executor, intestacy and administrator. Words that we would not typically apply to our family life. It can be overwhelming, especially for spouses that do not have formal wills in place. What is probate? "Probate is the legal process of administering a person's estate after their death. If you have a last will and testament, probate will involve proving that your will is legally valid, executing your instructions and paying ap-

plicable taxes." Per meetfabric.com.

The State of New Hampshire does not have an inheritance tax but the state of Vermont does. "Since 2011 estates with a value of less than \$2.75 million do not have to file a Vermont estate tax return. If your estate is worth more than the \$2.75 million exemption, the state taxes every dollar above that at a rate of 16%. There is no progressive rate or tax bracket involved. The estate tax is due within nine months of the estate owner's death. An extension on filing the estate tax return form doesn't extend the time to pay, so an estimate of the estate tax due must be paid when a request for an extension is made." per smartasset.com, with that said, the Federal Government has their own tax codes regarding inheritances and gifting monies.

Every article that I have read on the subject of an untimely death has made me believe that the one thing people can do for their loved ones is write a will. While state and federal laws do not recognize wills written by people under the age of 18, anyone over the age of 18 that has any type of property or bank account, should have a will. For older people with entangled family lives, consult a lawyer and make a proper last testament statement and file a formal will. It does cost some money but it saves the people you truly care about from estate disagreements and sad misunderstandings.

Peace to you all, perhaps, taking a few minutes to think about what you have and what you wish for your family-- perhaps, they will be spared added grief in the future.



by Renee L. Schulze,

# Mental Health Matters

## Time Management Part 1

How do you manage your time?

Do you use technological time management tools, like your iPhone, or computer, an appointment book or a pen and paper?

The first step in effective time management is looking at how you currently spend your time.

I remember being at a conference on Work/Life Balance. We were asked to draw a "realistic everyday pie graph" of how we spend each day. I remember that mine had 8 hours work, 8 hours sleep, 8 hours College classes and 8 hours recreational/family stuff. Did you do the math on that one? That was EXACTLY how my life felt,

Like I needed a 32 hour day. The instructor held up my "pie graph" to the entire class as a realistic truth that we all face. She asked the class "What is wrong here?"

I will never forget this, and I use it often to teach others.

What does your pie graph look like if you divided up your day?

•Do you sometimes feel so busy and frantic, yet you don't really ever accomplish anything?

•Do you sometimes feel the need to be more organized and more productive but can't seem to?

All we can actually manage is ourselves and what we DO with the time that we have. Since that's just 24 hours in each day.....how can you increase your productivity and become more organized and use your time better?

In Part 2, Personal Time Management Skills will be discussed and this all relates to our overall mental health. Remember your mental health matters and what you put into helping it, is what you will get out of it.

# Acceptance

Topics

Disability and Aging

by Cyndy Wellman



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# Weathervane's 2021 Intern Program Company Members Announced

WHITEFIELD, NH - Weathervane Producing Artistic Director Ethan Paulini and Intern Program Director Marisa Kirby are proud to announce this year's Weathervane Intern Program Company members. These early career artists will be featured on the Mainstage as well as headline Weathervane's Theatre for Young Audiences programming known as the Patchwork Players series.

The members of the 2021 Weathervane Intern Program are Nate Blakley (University of Montevallo), Connor Buonaccorsi (Boston Conservatory at Berklee), Nicole Fluegge (Boston Conservatory at Berklee), Matthew J. Kelly (University of Alabama at Birmingham), Ricky Moyer (Baldwin Wallace University), Nasir Panjwani (Oklahoma City University), Sunayna "Sunny" Smith (Kent State University), and Kinza Surani (Baldwin Wallace University).

The Weathervane Intern Program, designed to immerse interns in practical theatre arts training, began in 1991 and had previously been tuition based through 2020. The Weathervane Theatre Internship Program (WIP) is a total immersion experience of practical theatre arts training and networking. WIPs live, work, learn, and play alongside the professional actors and staff from the Broadway and regional theatre communities and perform in original children's theatre and Mainstage productions throughout the season. A rigorous schedule, WIPs increase their stamina, performance longevity, and work ethic rehearsing one show during the day while performing another at night. WIP participants receive a stipend and may choose to earn Equity Membership Candidate (EMC) credits. Notable WIP alumni includes 2018 Tony Award winner Ari'el Stachel.

All intern company members will be featured in Mainstage productions of Green Day's American Idiot, Hello, Dolly!, Kinky Boots, and The Addams Family. In addition half of the intern



company will be in the Mainstage production of Disaster! and half will be in Amadeus. These productions run in alternating rep July 1 - September 4th.

2021 Patchwork Players Season - Born to Entertain - Broadway Bound, Cinderella, The Good, The Bad, and the Cool, Halloween Mystery Show, and Best of Patchwork 2021 will run June 25th through September 3rd. These family and pet friendly children's theatre productions can be caught outside the Weathervane every Friday this summer at 11AM as part of our Picnic with Patchwork series. These shows will also be performed inside the Weathervane on select Tuesdays at 11AM in front of a live studio audience as these performances are live streamed throughout the country. Livestream dates: Born to Entertain (June 29th), Cinderella (July 13th and 20th), The Good, The Bad & The Cool (July 27th), Halloween Mystery Show (August 10th), and Best of Patchwork 2021 (August 24th). In person tickets for Patchwork performances are \$7.50 and sold at the door only. Livestream tickets can be purchased at weathervanenh.org for \$9.50. Livestream ticket packages available for \$29-\$39.

In addition to performing at the Weathervane, the Patchwork Players will also be touring the North Country throughout the summer. Venues include Lancaster's

Rialto Theatre (sponsored by Phlume MEDIA), Gorham's Medallion Opera House, Bethlehem's The Colonial Theatre, Colebrook's Great Woods Center for the Arts, and Bretton Woods' Omni Mount Washington Resort. Check weathervanenh.org for tour dates.

Kicking off the intern season is Interns at the Inn on Thursday, June 24th at 6:30 PM. Hosted at the award-winning Inn at Whitefield (381 Lancaster Rd), enjoy a delicious Italian meal catered by the Inn as well as high quality entertainment provided by the 2021 Weathervane Intern Company. Call 603-837-2400 to make reservations.

Tickets for season 56 are now on sale and can be purchased online (weathervanenh.org) by phone (603-837-9322) or in person (389 Lancaster Rd., Whitefield). Additional inquiries can be directed to boxoffice@weathervanenh.org. The Patchwork Players are sponsored by Crosstown Motors, Little Village Toy & Book Shop, and New England Wire Technologies.

# Ready...Set...Grow Receives Summer Matters for All Grant

Newport, VT - Ready...Set...Grow Childcare (RSG) was recently selected to receive \$35,161.60 in funding from the Summer Matters for All Grant program. According to Governor Phil Scott, the Summer Matters for All Grant Program will award up to \$3.85 million to programs in 13 counties with the goal of expanding access to summer enrichment opportunities for K-12 youth this summer.

"RSG will be offering a 9-week summer program for school agers beginning June 21st. We are happy to have received the Summer Matters Grant making it possible to offer a variety of exciting on-site and off-site enrichment activities as well as tuition relief ensuring weekly costs do not exceed \$50" Dawn Powers, RSG Director Governor Scott has put an emphasis on helping Vermont kids recover from the pandemic and the isolation it caused, including creating opportunities for them to safely reconnect with their peers and their communities. The purpose of the grant program is to increase access to summer enrichment opportunities for K-12 youth statewide during Summer 2021. This was a highly competitive process with 188 proposals submitting \$7,427,584 in requests, which far exceeded available funds.

The grants, funded by federal dollars secured by Senator Bernie Sanders and administered by Vermont Afterschool, were awarded to a variety of programs, including summer camps, libraries, municipalities, teen centers, non-profit social services organizations and more, to expand the number

of weeks and slots, as well as to increase affordability and accessibility of summer programs. These offerings will supplement school-based programs, as districts in Vermont received separate federal funds to support summer learning and afterschool programs.

"Summer is the perfect opportunity to help kids reconnect and recharge. We are incredibly grateful to our state leaders and policymakers for their commitment to the development of the Summer Matters for All Grant Program," said Holly Morehouse, Executive Director of Vermont Afterschool. "With this funding, communities and youth-serving organizations across the state will be able to create a great summer for Vermont children and youth that will help them make new memories and emerge from the pandemic strong, resilient, and hopeful."

To learn more about the program folks can call 802-995-2051 and ask about the Summer Matters for All summer program.

Northeast Kingdom Learning Services, Inc. (NEKLS) opened Ready, Set, Grow Childcare in September of 2019. We are licensed for 98 children and provide care year round for infants (6 weeks old) to school age (up to age 12.)



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Not all Times are Trendy, but there will always be Trendy Times June 22, 2021 Volume 12 Number 19



by Cindy Pinheiro  
to contact Cindy (aka Cin Pin) write to the editor at gary@trendytimes.com

# American Flag Jello Cake



Hello hello my fellow chefs. How are you all doing today? I am doing good and enjoying the wonderful weather we have been having. The 4th of July holiday is quickly approaching and I have a great recipe for you. It's easy peasy and very "Delicioso". I am bringing mine to a summer solstice party at my friends camp in Vermont. I haven't made this flag cake for a few years but Gary mentioned that this is the last edition before the 4th of July so I'm sharing this recipe with you. Show off your creative side. You will be the hit of the party. Let's get started with today's recipe and how to make it.

**Ingredients**

- 1 box of classic white cake mix
- 1 small box of strawberry jello
- 1 cup of hot water
- 1 cup of cold water
- 1 16oz container fresh strawberries

1 pint fresh blueberries  
8 oz. cool whip topping

Preheat oven to 350 degrees and make the cake according to the package for an 8x10 cake. Cool on wire rack. Put parchment paper in the dish you baked the cake in and after it is cooled put it back in the cake pan over the parchment paper. Make the Jello with the hot water, dissolve and put the cold water in and mix. Poke fork holes in cake all over. Pour liquid jello over cake and refrigerate for at least 4 hours. The jello will go into the fork holes. When set, spread the cool whip all over the top. Slice the strawberries in half or thirds. Start making the stripes with the strawberries and use the blueberries to make the square for the stars. Lift out of pan and put on a oblong tray. Very carefully because it will be heavy.

I could have used an extra set of hands but I managed. I had a glass cutting board so that's what I used. I cut the parchment paper off when it was on the tray. When you cut the cake it will have designed pokes from the jello. It is moist and really good. I'm not the best artist or crafter but you can certainly see that it is our flag.

Well folks that's it for today's recipe. Good luck and have a wonderful 4th of July. I am signing off for now. Sincerely, Cin Pin

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