

A FREE PUBLICATION

TRENDY



Next Issue: Tuesday, August 3
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TIMES

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JULY 20, 2021 VOLUME 12, NUMBER 21

North Haverhill Fair to Run July 28 - August 1

There is much to see, hear, and participate in during the 77th Annual North Haverhill Fair.

If you want to watch livestock then you have a number of choices. Of course 4-H'ers will be there with a variety of animals. These numbers may be less than in some past years due to a lack of available training over the last year, but the enthusiasm of those who are on hand is sure to please all. Bishop Arena will be busy all five days with ox pulling on Wednesday & Thursday, ponies on Friday and the weekend is for horses. A new event this

year will be the Open Working Cattle Show to start on Saturday at 11 am in the Delinger ring. Plus all five days of the fair you will be able to enjoy the high flying "Aim High Canines".

If you prefer motor driven events then the fair starts off with three motorized events on Wednesday. The Classic Car Show, the mini-pullers and two demolition derbies. One is for 6 cylinder cars and the other is a brand new SUV division. The motors will also hum on Thursday as the skill of the log loader operators will amaze themselves as well as the crowd. Another demo derby is set for Friday when the ever popular 4 cylinder cars take to the track and will include one car that will be driven by a lucky raffle winner

from Wednesday night.

More motors do their work on Saturday with the tractor pull, while Sunday wraps things up with the 4x4 Truck Pull.

If listening to great music is more for you than come Wednesday for the sounds of Mark Shelton, or Thursday when the North Haverhill's Got Talent Show takes place and will be bound to have some undiscovered talent. Friday night the "Born To Run" show takes center stage. Saturday will mark the first time ever a band has come back for an encore performance at North Haverhill Fair as Recycled Percussion lives up to their name. The music raps up Sunday with the Johnny Cash Tribute Show Vermont.

You can also take part in one of many, many competi-

tions. Most require you to bring your entry in before the fair, but premiums are paid, bragging rights are won, and fun is available for all. There are even two great events for the kids on Saturday. First the Kiddie Parade and then the Kiddie Pedal Tractor Pull. In both cases all entrants get a prize.

Along with all of these events there will be Scott's World of Magic with multiple shows every day. Or get your thrills from the Fiesta Ride Company. They offer special pricing options on Wednesday, Thursday, Friday & Sunday. If you would rather take a mellower path the commercial building and the Stoddard Building will both have plenty of displays for you to see and learn. And of course, there is plenty of FAIR FOOD! Some old and some new vendors



will be on hand to tempt your taste buds.

All of these events, except the rides and food, are covered by your gate admission price of just \$12.00 per person for those over 12. Children 5-12 are \$3.00. Children under 5 as well as parking is still free.

For complete details and a schedule of all the events at the 77th Annual North Haverhill Fair go to the website www.nohaverhillfair.com or check out our Facebook page.



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TRENDY Dining Guide

Gather Together Cafe

by Gary Scruton

It's not often that we get to walk out the door, go past the car, and keep walking until we get to our destination. Janice and I do live in town, but we still tend to take the car almost anywhere we go. That is just the way things work for most people.

But there is always an exception. Gather Together Cafe happens to be one of the few for us. It is located on the same street we live on. Though I believe that most people would assume it to be a Central Street location, it is officially listed as 2 Pine Street in Woodsville.

Anyhow, it was a nice Sunday morning so we strolled on up the street (past the newly built cedar shelter? that has a pair of

tables under it surrounded by chairs) turned right onto Central Street, then went up the short walkway, up a couple of steps onto the porch (where there are a couple more tables) and into the old remodeled home that now serves as the home base for Gather Together Cafe.

When we walked in Erin, the owner, was busy taking an order from a young man who had a pair of children in tow. They appeared to be somewhat regulars and Erin handed us a couple of menu sheets and we sat at one of the round patio type tables inside. At one point the man's very young daughter came over and sat at a nearby table and she and Janice had a friendly little chat about baby dolls and their names.

When Erin had finished getting the man's order and he moved away from the front counter we went up to place our selections for the day.

It was still morning so we both ordered breakfast. Janice asked for the breakfast burrito, an orange juice and a small cup of coffee. The burrito was stuffed with scrambled eggs, cheddar cheese, ham and sun dried tomatoes. Janice asked for the extras that came with the meal including onions, hot sauce and sour cream. I went for a three egg omelette with ham, onions and cheddar cheese. Both meals came with a small side of yogurt and fresh fruit.

With our order placed we went back to sit down. Erin gathered two cups and

asked how we liked our coffee. Janice takes hers with cream and sugar, I ask for mine with coffee. (Yes, I like coffee with my coffee. Just black, thanks). She then brought the two cups to our table.

We had barely even gotten a couple of sips before Erin returned with two plates of food. When I commented that she was quick, she put the speed on her helper, Stephanie, and told us that she herself has only one speed, and it is not fast. (She also told me that she had recently hurt her back and had actually been in bed for a couple of days because of it).

Anyhow, it was time to eat. Janice's plate had a large burrito cut in half, of good size and very good taste.

My omelette was fluffy

and had some good chunks of ham. I could also very much taste the cheddar. The side cup of fresh fruit and yogurt had plenty of blueberries which worked just fine for me. The balance went down well and added a little something to the whole meal.

We also noticed that Erin had some meals pre-packaged in a cooler and ready for someone to come in and grab for an easy meal. Her sign out front offers Dine In, Take out and curbside orders and includes pastries as well as the pre-made meals.

The total cost of our meal was \$26.15. As usual we left a cash tip which Janice slipped into the tip jar on the counter on our way out..



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Open House & Services Scheduled at Old Goshen Church

We regret the limitations imposed on the church life because of the pandemic. The church will be open for visitation on Sundays this summer during the months of July and August from 2:00-4:00 PM.

Rev. Kelly Donahue will give a service of worship on July 25th at 3:00 PM. The public is invited.

Rev. Harvey Bartlett will complete the summer program with a candlelight serv-

ice on September 5th at 6:00 PM.

We hope our members and friends will find an opportunity to visit the church during these serves or during open hours.

The church is offering for sale an Esty organ in need of repair which was recently donated by a neighbor.

The church is located at 4308 Goshen Road in Bradford.

Bradford Fair Flea Market

Looking for something to do this summer and support a great cause? Missing the fair? Come join us for the August Bradford Fair Flea Market on Saturday the 14th and Sunday the 15th! Explore a wide selection of items including artwork, cards, frames, pillows, tote bags, crocheted sweaters and toys, jams and jellies, hand sown leather goods, model trains, glassware, furniture, and more! Come by and peruse or join as a vendor. All vendor fees and proceeds of the fabulous fair food go towards next year's Bradford Fair. To get a vendor application, or to learn more, email thebradford-fair@gmail.com Don't want to plan ahead? Show up and setup and pay. All vendor spaces are 20' by 20', and electricity is available upon request, and the space is just \$20.00.

Each flea market weekend is accompanied by events so there is something for everyone. In June there was the Bubble Bonanza and in July there was the tractor pull, truck pull and youth oxen show. Keep an eye out for the August event – possibly a steer show! All events are reasonably priced, and there's access to bathrooms and plenty of parking.

Just take Route 5 to 66 Carson Lane between Family Dollar and the auto repair garage, proceed up the street and follow the signs across from the fire station to the Bradford Fairground in Bradford, VT. Follow the signs for ample parking. All are welcome! We hope to see you there!

Check the Bradford Fair web page for future events like the Trunk or Treat for Halloween.



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Plus Two Restaurant Reviews**

Or choose the Smaller Size:
13 Issues for \$225.
Plus You Get a Restaurant Review
Or Try Us Out for 6 Issues / \$125.

For More Details
Contact Gary @ 603-747-2887
or Email: Gary@TrendyTimes.com

Sunsetting Newbury United

In March of 2020, a group of Newbury citizens came together in response to COVID-19 and formed Newbury United. Our goal was simple: to connect with and support our neighbors during the pandemic. Help with shopping and errands; share information about resources; and coordinate support in critical areas such as food security.

Now that Vermont's COVID transmission rate is low and COVID restrictions have been lifted, the need for our support is much reduced. We will discontinue the helpline on July 31; the State's 211 telephone helpline will continue to be available for people who need assistance. Linda Ide and the Rowe Community Gardeners have generously agreed to sustain the expanded Share the Harvest table into the fall at the Wells River, Baldwin Memorial Library on Friday afternoons from 2pm-4pm, so food support will continue. Although many of our members will continue to volunteer for Share the Harvest, we will sunset Newbury United as an organization.

It was a privilege to be of

service to the community of Newbury, and to be able, with your support, to pursue a number of initiatives. Early on we simply called neighbors to find out how they were and how we could help. We sponsored a campaign to encourage all of us to "mask-up." We published a print and online directory of Newbury Businesses and Services to encourage the residents of Newbury to shop locally and support our neighbors' businesses. We established a helpline for residents to reach out for information and help, and a phone tree to reach seniors with updates on vaccination. In collaboration with the Wells River Congregational Church and the Baldwin Memorial Library, we expanded Share the Harvest, originated by the Rowe Community Garden, to include food donated or made available at a discount by Willing Hands, Upper Valley Everyone Eats, Hannaford Supermarket, Upper Valley Coffee Roasters and 4 Corners Farm, as well as generous contributions from community members who provided venison, fruits, vegetables, eggs, jams and honey, plus

gift certificates for food. Throughout the year, we published updates on food security, vaccination availability and COVID-related news through listservs.

We thank our many volunteers and deeply appreciate the generous financial and operational support provided by Royal Electric Company, Wells River Action Program (WRAP), Wells River Savings Bank, the Newbury Woman's Club, the New England Grassroots Environmental Fund and the Vermont Community Foundation.

We trust our community will continue to stay safe and are confident that, when we face challenges in the future, we will draw strength from our commitment to take care of each other.

Newbury United Coordinators:
Amanda Beaulieu,
Kathy Damon,
Emmy & Rick Hausman,
Bobbie Jewett,
Catherine Kidder,
Cynthia Maltbie,
Jenna Parsons,
Richard M. Roderick,
Kelsey Root-Winchester,
and Robert Taylor



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Not all Times are Trendy, but there will always be Trendy Times July 20, 2021 Volume 12 Number 21

No to Critical Race Theory

On June 25, 2021, Governor Chris Sununu signed HB2 into law, making New Hampshire one of six states to ban students in any public school to be taught, instructed, inculcated or compelled to express belief that one's age, sex, gender identity, sexual orientation, race, creed, color, marital status, familial status, mental or physical disability, religion or national origin is inherently superior or inherently racist, sexist or oppressive, whether consciously or unconsciously. The law further states, "A violation of this section of HB2 by an educator shall be considered a violation of the educator code of conduct that justifies disciplinary sanction by the state board of education."

This new law does not ban teaching about race or racism, but it does forbid the teaching of certain beliefs put forth in critical race theory (CRT) such as, "an individual is "racist" simply based upon his or her skin color or other characteristics such as age as identified in the new law. Yes, teachers should teach the historical existence of ideas and events of our country's past, but on the other hand, our children should not be inculcated with untruthful instruction pushing a dangerous, misguided theory that their actions and thinking are a result of inherent skin color, sex or race. This misguided theory does nothing to enhance or strengthen life in America. Judging racism by the color of one's skin without consideration for a per-

son's intellectual, emotional and spiritual qualities, is simply wrong. We should not forget Dr. Martin Luther King's famous speech and advice to this Nation, "I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character." Does critical race theory align with Dr. King's dream, or does it do the opposite, and that is, "to judge by the color of one's skin?"

I supported HB2, and agree with Governor Sununu. Critical Race Theory is unacceptable in New Hampshire's public schools. As a parent and grandparent, I ask that schools teach our young people to think, but not tell them what to think. Children enter school in their first years eager to learn and play with all their classmates, regardless of one's skin color or cultural background. Is CRT going to build upon these characteristics, or do the oppose, by pitting people against each other.

In closing, it should be noted that at its recent convention, the National Education Association (NEA) adopted a resolution containing policy objectives. The document stated, "we oppose attempts to ban critical race theory." Governor Sununu is correct, divisive discriminatory theory cannot be condoned in our public schools.

Respectfully submitted,
NH Rep Rick Ladd
Chair, House Education

Haverhill Town Manager Offers Highway Departments Explanation

by Brigitte M. Codling
Haverhill Town Manager

I have been asked by citizens of Haverhill to provide a less complicated explanation of Haverhill's highway funding and the premise behind SB26.

So, after much thought, I took a shot at it with this analogy:

- o You move into a rental unit within a multi-unit apartment building.

- o When you move into the apartment, it is in good condition, and all the walls are painted white.

- o The landlord keeps buckets of white paint on-

hand for touch-ups as needed.

- o However, you don't like white; you want purple paint on the walls.

- o You ask for permission to paint the walls purple.

- o You are told yes, but that you will need to pay for the paint and paint the walls yourself.

- o The landlord has already paid for buckets of white paint and has it on-hand.

- o The landlord is not obligated to pay for painting the walls a color the renter prefers.

- o The renter is still obligated to pay rent for the unit

they occupy in the apartment building.

- ? The landlord = The Town of Haverhill

- ? The renter = The Woodsville District

- ? Permission = The NH Legislature

- ? The white paint = The Town's Highway Dept

- ? The purple paint = The Woodsville District Highway Dept

- ? The rent = The taxes paid by taxpayers

If you still have questions, please feel free to contact the Town Administration Office. We welcome your visit, email, or phone call.

Text of Senate Bill #26

SB 26 - VERSION ADOPTED BY BOTH BODIES

SENATE BILL 26 AN ACT relative to roads within the Woodsville Fire District.

SPONSORS: Sen. Giuda, Dist 2; Sen. Watters, Dist 4; Sen. Birdsell, Dist 19; Rep. Binford, Graf. 15; Rep. Weyler, Rock. 13

COMMITTEE: Executive Departments and Administration

AMENDED ANALYSIS

This bill modifies the law on the operation and funding of the Woodsville fire district and directs that appropriations to the Woodsville fire district shall be as directed by warrant articles duly voted at each annual Haverhill town meeting.

Explanation: Matter added to current law appears in **bold italics**.

Matter removed from current law appears ~~in brackets and struck through.~~

Matter which is either (a) all new or (b) repealed and reenacted appears in regular type.

AN ACT relative to roads within the Woodsville Fire District. Be it Enacted by the Senate and House of Representatives in General Court convened: 1 Town of Haverhill; Woodsville Fire District. Amend 1887, 204:3, as amended by 1899, 196:2; 1990, 37:1; and 2009, 147:1 to read as follows:

SECT. 3. Said district at each annual meeting shall elect by ballot a moderator, a clerk, one auditor, a treasurer, and three commissioners. All of said officers shall be elected by a majority vote of all the voters present and voting at the annual meeting. Said officers shall exercise in relation to district meetings the like powers to those of moderator, clerk, and selectmen of towns. The commissioners shall have within the district all the powers of the mayor and aldermen of any city respecting highways, sidewalks, and sewers. They shall control and direct the expenditure of all moneys raised under authority of the district and by the town of Haverhill

for expenditure in the district. They shall have sole authority to appoint a highway surveyor in said district, and in default of such appointment shall themselves perform the duties of that office. The surveyor or commissioners performing the duties of highway surveyor in the district shall give bond to the town to account for all money coming into their hands, and for the proper care and custody of the property of the town or district which may come into their custody or control, and shall be deemed officers of the town. Nothing in this act shall be construed to impose any distinct or special liability upon the district respecting highways within its limits.

Nothing in this section shall preclude the Woodsville fire district from maintaining the roads within the precinct at its own expense. Vacancies that may occur in the office of commissioner in the district shall be filled by appointment of the remaining commissioners or commissioner, but any commissioner appointed to fill a vacancy shall hold office only until the next annual district meeting. Commissioners shall be residents of the district. ~~[The money appropriated for the distribution of highway funds in the district which is attributable to the town of Haverhill shall be determined by a fraction, the numerator of which shall be the assessed valuation of the properties in the district, and the denominator of which shall be the assessed valuation of the properties in the entire town of Haverhill as determined annually from the town MS-1 form. The town of Haverhill shall appropriate the percentage represented by such fraction for distribution to the highway fund in care of the Woodsville fire district commissioners.]~~ **Highway block grant funds shall be distributed in accordance with the department of transportation formula. Any appropriations to the Woodsville fire district shall be as directed by**

warrant articles duly voted by the voters present and voting at each annual Haverhill town meeting.

2 Financial Audit Requirement. No later than one year after the effective date of section 1 of this act, the Woodsville fire district shall provide financial audits by a certified public accountant approved by the department of revenue administration that is compliant with generally accepted accounting practices (GAAP), of all funds received from the town of Haverhill and all other sources including state and federal funds, and of all funds expended by the fire district, for each calendar year commencing January 1, 2015 to the effective date of section 1 of this act, as directed by the department of revenue administration. The department of revenue administration shall approve the scope of the audit and shall receive monthly updates from the certified public accountant and the Woodsville fire district on the status of the audit while it is in progress. The results of the audit shall be published on the town of Haverhill website within 60 days of delivery by the certified public accountant to the Woodsville fire district and the department of revenue administration. The audit shall be at the expense of the Woodsville fire district. Reimbursement of any expenses related to the audit incurred by the department of revenue administration shall be in accordance with the provisions of RSA 21-J:22. The department of revenue administration may levy a fine of \$250 per day against the Woodsville fire district for every day of non-compliance with this act beyond one year from the effective date of this act. The commissioner may waive such fine at his or her discretion, subject to the good faith efforts of the Woodsville fire district to comply with all relevant laws and the provisions of this act.

3 Effective Date. This act shall take effect upon its passage.



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New Interim Director for Bradford Teen Center

Bradford Teen Center is delighted to welcome Christiane Carroll as Interim Director at The Hub, following Patrick Peters in that role. Carroll will be at The Hub to welcome area teens, overseeing ongoing activities such as the Food & Nutrition program, STEM education, and Magic Club.

Carroll, former director of Blake Memorial Library in East Corinth, Vermont, is looking forward to working again with youth in a new setting. "The Hub is a wonderful thread in the fabric of our rich community," she said, "and I'm pleased to have the opportunity to give back to and work with our youth, as well as collaborate with other local organizations."

The Hub, located at 9 Barton Street in Bradford, is open Tuesday through Friday, noon to 5pm (hours will change after school starts). The Hub serves Bradford and surrounding towns, welcoming 7th-12th grade youth, and offers video games, pool table, air hockey, music, crafts, computers, and free snacks.

The Hub's mission is to provide a safe, enjoyable environment where teenage youth are heard, encouraged, and empowered. Its after-school and out of school programs are designed to stimulate creativity, enhance self-esteem, and develop social and educational skills; to encourage community awareness through community service



projects; to foster leadership skills; and to provide a safe location for social and recreational activities.

For more information: <http://www.bradfordteen-center.org>, or on Facebook, "Bradford Teen Center."

Old Church Theater Returns!

BRADFORD, VT: "Alice in Wonderland" will be presented by Old Church Theater on August 13 - 15 and August 20 - 22 at the Bradford Academy auditorium on North Main Street in Bradford, Vermont.

Directed by Melissa Mann and Robin Keith with a large cast of youth and adults, this Lewis Carroll tale was adapted for the stage by William Glennon and has all the familiar and beloved characters of the original story. The show is fast-paced and fun and marks Old Church Theater's happy return to the stage since the pandemic began in the winter of 2020.

Reservations will not be necessary due to large seating capacity. Shows will be at 7pm on Fridays and Sat-

urdays, and on Sundays at 3pm. Tickets are \$12, \$10 for senior citizens and \$6 for children. Season tickets from 2020 will be honored.

Old Church Theater hopes to stage two more productions this fall and early winter as the group continues to raise funds to restore their home stage at

137 North Main Street. The most pressing need is a new foundation for the old building: Over its 228 year history, it has been a church, town hall, movie theater, basketball court and fraternal lodge. Plans call for it to become a year-round community performance center.

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Haverhill Historical Society's Summer Speaker Series

Haverhill, NH – With a generous grant from NH Humanities the Haverhill Historical Society will offer "Votes for Women: A History of the Suffrage Movement", presented by Liz Tentarelli of Newbury, NH on Tuesday July 27 at 7:00 PM at Alumni Hall, 75 Court St. in Haverhill Corner. Admission is free and open to the public and the venue is handicapped accessible. This event was postponed from last year which was the 100th anniversary of the passage of the 19th Amendment giving women the right to vote.

The campaign for women's right to vote was a long one, from the 1848 Women's Rights Convention in Seneca Falls, New York to ratification of the 19th amendment in 1920. Who were the key players in New Hampshire and the nation? What issues and obstacles did they face? How did suffragists benefit from World War I in the final push for passage of the women's suffrage amendment? Who was left out when women got the right to vote? Using historic photos and documents, Liz Tentarelli will

guide us on the journey. Liz is president of the League of Women Voters NH, a non-partisan organization that is the direct descendant of the National American Woman Suffrage Association.

Liz Tentarelli had a career spanning over 30 years teaching high school and college students, including 19 years at Merrimack College in North Andover, MA. Liz was appointed in 2015 by Governor Maggie Hassan to serve on the Citizens Advisory Board to the NH Correctional Facility for Women. She has presented courses on the issues surrounding female incarceration through Adventures in Learning (Colby-Sawyer College) and OLLI in Concord and Manchester. Liz has held appointed offices in two town governments and served 12 years as an elected library trustee in Newbury, NH. In 2016 she joined the board of the NH Library Trustees Association, where she now serves on the Education Committee.

For more information contact Roger Warren 603 787-2446 or wroger825@

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JULY 18- AUG 31

Calendar of Events

EVENTS FROM LOCAL NON-PROFITS, SCHOOLS AND TOWNS. *PRESENTED FREE BY TRENDY TIMES.*

SUNDAY, JULY 25

RED TRACTOR MUSIC FESTIVAL
10:00 AM See Ad on Page 9
1st Congregational Church of Newbury

ACOUSTIC MUSIC JAM

12:00 NOON - 3:00 PM
Clifford Memorial Building, Woodsville

WORSHIP SERVICE BY REV. KELLY DONAHUE

3:00 PM See Article on Page 3
The Old Goshen Church, Bradford

TUESDAY, JULY 27

VOTES FOR WOMEN: A HISTORY OF THE
SUFFRAGE MOVEMENT"
7:00 PM See Article on Page 5
Alumni Hall, 75 Court St. in Haverhill Corner.

WEDNESDAY-SUNDAY, JULY 28-AUGUST 1

NORTH HAVERHILL FAIR
1299 Dartmouth College Highway, No. Haverhill

THURSDAY, JULY 29

WATERFALLS OF THE WHITE MOUNTAINS
7:00 PM See Article on Page 14
Weeks State Park, Lancaster
and Field Trip JULY 29, AND 30, 2021

FRIDAY, JULY 30

WATERFALLS OF THE WHITE MOUNTAINS
FIELD TRIP See Article on Page 14
9:00 AM - 1:00 PM,
White Mountain Waterfalls, Randolph, NH

AUGUST 1 - SEPTEMBER 7

NORTHERN GRAFTON COUNTY REPUBLICAN
COMMITTEE SILENT AUCTION
WWW.NGCRC.ORG

MONDAY, AUGUST 2

HAVERHILL SELECT BOARD MEETING
6:00 PM
Clifford Memorial Building, Woodsville

SATURDAY, AUGUST 7

44TH ANNUAL ORFORD FLEA MARKET
9:00 AM - 5:00 PM
On the Common, Rt. 10, Orford

SUNDAY, AUGUST 8

44TH ANNUAL ORFORD FLEA MARKET
9:00 AM - 4:00 PM
On the Common, Rt. 10, Orford

BENEFIT TEXAS HOLD 'EM POKER

11:00AM-1:15 PM Cash 1:45 Tournament
Moose Lodge 1779, St. Johnsbury

ACOUSTIC MUSIC JAM

12:00 NOON - 3:00 PM
Clifford Memorial Building, Woodsville

MONDAY, AUGUST 9

ROSS-WOOD UNIT #20 AMERICAN LEGION
AUXILIARY MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc St., Woodsville

NGCRC MONTHLY MEETING

6:30 PM
Littleton Elks Club, Lodge #1831, Bethlehem

WEDNESDAY, AUGUST 11

ROSS-WOOD POST #20 AMERICAN LEGION
MONTHLY MEETING
6:00 PM
4 Ammonoosuc Street, Woodsville

AUGUST 13 - 15 AND AUGUST 20 - 22

ALICE IN WONDERLAND by Old Church Theater
Bradford Academy auditorium, North Main Street
See Article on Page 5 and Ad on Page 9

DAILY WALKING

11:00 AM - 12:00 NOON
Clifford Memorial Building, Woodsville

PICKLEBALL

TUESDAY & THURSDAY 6:00 PM
SATURDAY 9:00 AM
Clifford Memorial Building, Woodsville

MOVEMENT & STRETCH CLASS

TUESDAY & THURSDAY 1:00 - 2:00 PM
Clifford Memorial Building, Woodsville

MONDAY, TUESDAY, THURSDAY

10AM-1PM

WEDNESDAY 6PM-7PM

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Littleton Food Co-op Supports New American Farmers Cooperative with Big Check

On Friday, June 25, Becky Colpitts, Community Outreach Coordinator of the Littleton Food Co-op (LFC), visited Fresh Start Farms/ New American Farmers Co-operative in Dunbarton, NH to present the farmers with a check for \$1,855.78 from the Littleton Community Fund and Littleton Food Co-op. Nine farmers are part of the New American Farmers Co-op and grow at their farm on Story Hill in Dunbarton. They have been growing there since 2008. These farmers are working full time jobs, have families to take care of and still manage to make time for themselves to drive their own economic growth through their farm enterprises. They came here to America to make a better life for themselves and their families. They are working extremely hard to make that happen. In doing so, they are feeding over 320 families in southern NH.

Fresh Start Farms is a collective brand for immigrant and refugee farmers participating in the New American Sustainable Agriculture Program, a program of the Organization for Refugee and Immigrant Success. They work alongside new American farmers to bring farm-fresh ingredients to neighborhood farmers markets and stands, wholesale,



Left to right: Asli Yussuf, Khamis Khamis, Sidi Mohamed, Sylvain Bukasa: New American Farmers Cooperative

and their FarmShare and Fresh Start Market.

The New American Farmers Cooperative organized themselves cooperatively in 2016 in order to achieve their collective goals of increased self-sufficiency, efficiency, viability, and long-term sustainability of their farm businesses. The member-farmers represent the Somali-Bantu and Congolese communities and bring rich agricultural experience from both their countries of origin as well as the experience gained while farming in the United States and participating in ORIS' New American Sustainable Agriculture Program.

The New American Farmers Cooperative will be using the funds for a con-

crete slab for a cooler system that was donated to them for storing fresh produce until it is dispersed. The Littleton Food Co-op is proud to support the New American Farmers Cooperative in their collective goals.

Member-owned Littleton Food Co-op serves the community by providing high quality food, offered at a fair price, with outstanding service. Everyone is welcome to shop and anyone is welcome to join. Located at the intersection of Cottage Street and Route 302 (exit 41 off I-93), the Littleton Food Co-op is open daily from 7 am - 9 p.m. For more information or to become a member, please visit www.littletoncoop.com, call 603-444-2800 or just stop by!

Scott Borthwick
Manager

Ph: 603.523-9284
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Wednesday - Sunday
July 28, - August 1, 2021
 For full regulations and schedule please check our website at:
www.nohaverhillfair.com

ART & PHOTOGRAPHY SHOW

Items must be brought to the fairgrounds on
Sunday July 25, 2021 from 5:00 - 7:00 pm.
 Go to www.nohaverhillfair.com for complete rules & registrations.
 Brandi Young: youngshotography98@gmail.com



**EDITH G. HENSON
 MEMORIAL FLOWER SHOW**

Items must be brought to the fairgrounds on Wed., July 28, 3-6 pm, Thu., July 29 3-6 pm
 and on Fri., July 30 from 8:30 – noon. Go to www.nohaverhillfair.com for complete rules.
 Hannah Leland: hannaheleland@gmail.com



**CRAFTS AND
 COLLECTIONS**



Items must be brought to the fairgrounds on Saturday, July 24 from 1:00 to 6:00 pm.
 Go to www.nohaverhillfair.com for complete rules. Jane Oakes: 603-272-4928.



HAY BALE ART

Theme: Little Moments, Big Memories
 Bales can be placed beginning Sunday, July 25
 Must be in place by Wednesday, July 28
 Call (603) 443-2856



King Arthur Baking Contest
 Thursday, July 29
 Drop Off
 Wednesday, July 28
 Junior & Adult Classes
 For more info go to
www.nohaverhillfair.com



North Haverhill's Got Talent
 Thursday, July 29
 Please Pre-Register by Saturday, July 24
 Email: donvogt@audiofarmpro.com
 or call 603-787-9992
 Preliminary Round 6:00 PM • Finals @ 8:30 PM
 Cash Prizes for Top Three Contestants



Kiddie Parade
 Saturday,
 July 31 -
 11:00 AM
 Debbie Bigelow:
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Kiddie Pedal Tractor Pull
 Saturday, July 31 • 3pm
 Kennedy Arena
 Prizes for all Participants
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Horseshoe Tournament
 Sunday, August 1
 Doubles then Singles
 9:30 AM
 \$5 Entry fee • NHPA rules apply
 Cash Prize for 1st place only

- Farm, Antique & Enhanced Tractor Pull
- Stock & Modified 4x4 Truck Pull
 - SUV, 6 Cyl & 4 Cyl
- Demolition Derbies
- Ox, Pony & Horse Pulling Events
- Classic Car Show
- Open Ox Show

8 Grafton County Conservation District Names Ann & Dick Fabrizio Legacy Award Recipients

North Haverhill, NH - Grafton County Conservation District (GCCD) is celebrating our 75th anniversary with a special Legacy Award to recognize NH conservation district's shared mission to promote the conservation and responsible use of natural and agricultural resources with a sustained commitment to the stewardship of natural resources. We are very pleased to honor Ann and Dick Fabrizio with the Grafton County Legacy Award!

Ann and Dick purchased their North Haverhill farm and established Windy Ridge Orchard in the mid-1960's. They raised five children on the farm while working as educators: Ann taught at local schools and Dick served as the Grafton County 4-H Agent. While developing the orchard, Ann and Dick committed to sustainable management of their natural resources through a Conservation Plan working with Soil Conservation Service (now Natural Resources Conservation Service) and installed many conservation practices. Fabrizio family members have expanded Windy Ridge Orchard operations including, a gift shop, nature trails, choose and cut Christmas trees, pick your own blueberries and a café serving local fare. They have always focused on providing top quality fruit, and a great farm experience for families.

The Fabrizio family has



hosted workshops, tours and school groups where guests have learned about the importance of locally produced food, the economics of farming and marketing, and managing natural resources for future generations. Dick joined the Board of the GCCD Board in 1995. Dick and Ann's willingness to share their knowledge and experiences with farm visitors, and their service on Haverhill community boards and Grafton County Farm Bureau, has benefited countless farmers, and families for almost 60 years! Ann and Dick Fabrizio have earned

the Grafton County Legacy Award demonstrating a lifetime of natural resource stewardship and sustaining the NH family farming community. Thank you, Ann and Dick!

The NH Farm, Forest and Garden Exposition will be having a virtual session on July 20, 2021 at 10:00 to honor the 75th anniversary of NH Conservation Districts and the NH Conservation District Legacy Award winners. Visit the registration link and join us on Tuesday, July 20, 2021: <https://tinyurl.com/4w9jxt3u>.



by Ciyndy Wellman

Buy or pick a flower
Watch the petals blossom
It's beautiful - smell so sweet
like your grandmother finish
baking an apple pie

Look, watch beauty form
life cycle, petals means
something

A radiant of colors reveals
how people live, personality,
human being everybody is:
Special

Volume 12 Number 21 July 20, 2021 Not all Times are Trendy, but there will always be Trendy Times

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Saturday & Sunday, August 14 & 15
Bradford Fairgrounds, 66 Carson Lane, Bradford, VT
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Carey is both a Family practice and Psychiatric NP, presently concentrating on taking care of patients with mental health concerns. Carey was born in England. She emigrated to Canada with her family in 1966. She has been working in the USA since 1976, after graduating from Nightingale school of nursing, in Toronto. She received her BSN from The State of New York University, Regents College in 1997.

She obtained her MSN and Family practice certificate from UVM in 2000. She returned to UVM to get her post graduate certificate in psychiatry, graduating in 2007. She is looking forward to working with the dedicated employees at LRHC. Outside of work she enjoys spending time with her family and friends, travelling, cooking and gardening.

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Sunday, July 25
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August 20-21-22
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Wednesday - Sunday, July 28 - August 1
Friday, July 30 @ 8:30 PM
Born to Run
Alex Shillo's Tribute to Bruce Springsteen
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9
Not all Times are Trendy, but there will always be Trendy Times
July 20, 2021
Volume 12 Number 21

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Volume 12 Number 21
 July 20, 2021
 Not all Times are Trendy, but there will always be Trendy Times

Always...Patsy Cline at the Weathervane

WHITEFIELD, NH - Weathervane Theatre is pleased to announce single tickets for Always...Patsy Cline are now on sale. First performed at the Weathervane in 2018, Alaina Mills returns to reprise her acclaimed performance as Patsy Cline.

"Patsy Cline was a pioneer and pillar of strength as a woman in both the country and pop music scenes of her time," said Mills. "It's an honor to portray her and to play a part in passing down her legacy for more generations to be inspired by."

A graduate of University Of Cincinnati - College Conservatory of Music, Mills' extensive theatre career includes the 1st National Broadway Tour of Beautiful: The Carole King Musical (Carole King/Cynthia Weil Cover, Dance Captain), Papermill Playhouse; The York Theatre; Out of the Box Theatrics; J2 Spotlight; North Shore Music Theatre; TUTS; Florida Studio Theatre; American Theatre Company; Merry-Go-Round Playhouse and Actors Theatre of Louisville.

First appearing on the Weathervane stage in 2012, 2021 will mark Mills' third season with the Weathervane. In addition to Patsy Cline, some of her most notable Weathervane performances include Lois/Bianca (Kiss Me, Kate) and Roxie Hart (Chicago). This season she can also be seen as Catherine in Pippin and

Ilona in She Loves Me.

Mills reflects: "I feel at home away from home whenever I get the opportunity to come back and create theatre in the North Country," said Mills. "I am forever grateful to Gibbs Murray for creating such a haven for the love of the art form and to the entire Weathervane family for continuing to support artists and the North Country community."

Created by Ted Swindley, Always...Patsy Cline is based on a true story. In 1961 an unusual conversation began between the famed country singer Patsy Cline and one of her biggest fans, Louise Seger, a Houston housewife. Finding herself early at Cline's concert, Seger surprisingly meets Cline and they strike up a coffee chat that lasts until Cline's death in 1963. Always...Patsy Cline takes us on a musical journey of their serendipitous meeting, their genuine connection and their evolving relationship from fan worship to mutual friendship. The show provides a touching glimpse into the star's life from the perspective of a true friend. Seger provides the narrative and Cline reappears to sing the tunes that made her famous - "Walkin' After Midnight", "Sweet Dreams", "I Fall To Pieces" "Crazy" - and more.

Always...Patsy Cline not only reunites Mills with the Weathervane, but also with Marisa Kirby who will play

Louise Seger. The two were last seen together as Roxie and Velma in Weathervane's 2018 production of Chicago.

Always...Patsy Cline is directed by Ethan Paulini and music directed by Colin Keating. Additional creative team: Rien Schlecht (Production Management & Costume Design), Kelly Bernard (Technical Direction), Gibbs Murray (Scenic Design), Hayley Christensen (Sound Design & Associate Production Management), Ellen Houlden (Properties Design), Scout Hough (Lighting Design), Egypt Dixon (Production Stage Manager), and Sarah Goshman (Assistant Stage Manager).

Performed to in person audiences only, audiences are currently capped at 48% and socially distanced throughout the theatre. The theatre has a new HVAC/Air Purification System that filters the air and provides heat and air conditioning. Masks are required for unvaccinated patrons and complimentary masks available on premises.

Anybody Got A Bumbershoot ¹¹ I Can Borrow?

by Maggie Anderson

I suppose in these times of total chaos and utter confusion on the part of so many, the little things mean much more than they normally do, my hair for instance.

I've learned to smile and say a polite thank you to folks who tell me how much they like my hat, whichever one I'm wearing. I've learned there doesn't seem to be a point in trying to tell them I wear hats to the doll and teddy shows because I am toasted by the time set up is finally over and I can't convince myself the finished product of my beauty, and hair care regimen is worth the effort expended to get that certain look.

Depending on your point of view, I was blessed, or cursed, with hair finer than the fuzz on a brand new baby's tiny skull. My hair has no compunction to do anything I want it to and is so sensitive to the changes in relative humidity it falls flat if somebody within 3 feet of me happens to sneeze. Be-

fore the errant droplets hit the floor I end up looking as though I'd been thoroughly sprayed down with a fire hose and all my work goes for naught.

I admit this is not high on the world's list of priorities right now and may not ever climb to such lofty heights but it does remind me that no matter how things change, they always stay the same.

In some twisted-logic way I find that reassuring. The scary thing is that may be the saddest thing I've ever written. But we can talk about that later, right now you'll have to excuse me, I have to wash my hair so I can hit the terminal running at the airport tomorrow. TSA won't let me proceed to my gate unless I yank my hat off so they can better see my face.

It doesn't really matter I was planning to wash it tonight anyway, I find I have to wash it and show up curled and content once in awhile just to prove I actually still have hair.

Not all Times are Trendy, but there will always be Trendy Times

July 20, 2021

Volume 12 Number 21



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The Right Emotions Can Be Useful In Investing

You may have heard that it's important to take the emotions out of investing. But is this true for all emotions?

Certainly, some emotions can potentially harm your investment success. Consider fear. If the financial markets are going through a down period – which is actually a normal part of the investment landscape – you might be so afraid of sustaining losses that you sell even the investments that have good prospects and are suitable for your needs.

Greed is another negative emotion. When the financial markets are rising, you might be so motivated to “cash in” on some big gains that you will keep purchasing investments that might already be overpriced – and since these investments are already expensive, your dollars will buy fewer shares.

In short, the combination of fear

and greed could cause you trouble.

But other emotions may prove useful. For example, if you can channel the joy you'll feel upon achieving your investment goals, you may be more motivated to stay on track toward achieving them. To illustrate: You may want to see your children graduate from college someday. Can you visualize them walking across the stage, diplomas in hand? If so, to help realize this goal, you might find yourself ready and willing to contribute to a college savings vehicle, such as a 529 plan. Or consider your own retirement: Can you see yourself traveling or pursuing your hobbies or taking part in whatever activities you've envisioned for your retirement lifestyle? If you can keep this happy picture in mind, you may find it easier to maintain the discipline needed to consistently invest in your IRA, 401(k) or other investment accounts.

happen to you. Your employer may offer group life insurance coverage, but it might not be sufficient, so you may want to supplement it with your own policy.

Furthermore, you may need to protect your loved ones from another threat – your own vulnerability to the need for long-term care. Someone turning age 65 today has almost a 70% chance of eventually needing some type of long-term care, according to the U.S. Department of Health and Human Services. This type of care, such as an extended nursing home stay or the help of a home health aide, is extremely expensive, and, for the most part, is outside the reach of Medicare. So, to pay for long-term care, you might have to drain a good part of your resources – or depend on your grown children for financial help.

To keep your financial independence and avoid possibly burdening your family, you may want to consult with a financial professional who can recommend a strategy and appropriate solutions to cover long-term care costs.

By drawing on positive emotions, you can empower yourself to make the right financial moves throughout your life.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones, Member SIPC

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Trendy Times reserves the right to accept or reject publication of any letter to the editor or submission of any nature for any reason. *Of course you will need to be really out there for us to turn you down.* We also reserve the right to make slight changes to submissions for readability purposes.

Thank you for your understanding.



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Celebrating Life in Pike, NH

by Douglass Teschner

As I stood in the Pike Cemetery on Wednesday June 23, I was overcome by many thoughts and emotions.

First was the celebration of the life of my friend Richard Hall whose 93 years were so beautifully described by Melissa Gould as many of us stood at the gravesite with Moosilauke in the background. Melissa's talk was long but so powerful and thoroughly researched, and I never tired of standing and listening as she recounted the farming life, caddying at the old Lake Tarleton Club, marrying Shirley, raising daughters Lisa and Denise, and his pride in grandchildren Danielle and Stacy, not to mention two great grandchildren. There was also his daily presence at Always Fit in Woodsville which he kept up as long as he could drive!

Second, the ceremony highlighted the rich agricultural heritage that has defined the character and economy of Haverhill and our region. While many fields are still moved for hay (including an operation in progress across Route 25

during the ceremony!), family farms are largely a dying breed as the economics of agriculture have dramatically changed in recent years. There aren't many left like Richard who so dutifully worked the land all of his life. While celebrating that heritage, I also felt a deep sadness for future generations who will not have the opportunity to make a living off the land and experience the lifestyle and pride that go with it.

Third, the crowd was quite large for a funeral of someone of that age, demonstrating the impact that one person can have in life. I knew most of those gathered, but had not seen many since COVID-19 hit some 15 months earlier. This event had a kind of joyous coming-out feeling for reconnecting, for community, and for relationships as we emerge from the isolation this long pandemic.

Fourth, of course, was the beauty all around us -- of fields and forest and mountains in the distance. We are lucky to live in such a sacred place.

After the formal service, as I milled about re-connecting, one of the young people

who was back visiting made the comment that things haven't changed much over the years. Yes, there is the pastoral beauty and, on the surface, it mostly looks the same. But I thought of the diminished agricultural economy, the loss of that lifestyle, empty storefronts, and houses in some degree of disrepair.

I also thought about people who have passed on like Richard, Paul Tetreault, Jim Walker, John Wolter, Norma Lavoie, Richard Fagnant, Gene Puffer, and, of course, Ray Burton. Will future generations live up to what these people gave our communities? I pondered the divisions that have stoked discontent in Haverhill. Disrespect for those who disagree with us is a national trend, of course, but I wonder if we can pull together to improve our town in the present climate of widespread distrust.

Thanks, Richard, for a great life and this unexpected opportunity to reflect upon so many aspects of our special community. We will carry on without you, and I hope we can live up to what you gave us.

Shirley Long Demetrules, :

OBITUARY

Shirley Long Demetrules, 90, of Corinth VT passed away peacefully on June 18th 2021. She was attended by the quiet calm and professional care of The Jack Byrne Center in Hanover, NH. Birds were singing through the window.

Shirley's formative years were spent with Ralph and Luvia Emerson her maternal grandparents on their farm nestled in the hills of Topsham VT. Shirley graduated from Bradford Academy with high honors. While working at The Chimes Restaurant in Bradford she met the love of her life William "Bill" Demetrules.

Shirley was blessed with a brilliant mind and attended at the University of Vermont. She graduated Magna Cum Laude with a Bachelor's Degree in Education, focusing on French and Latin. Shirley was the highest ranked woman in her class. Upon graduation she was awarded a Fulbright Scholarship and offered a chance to study at La Sorbonne in Paris, France. Shirley went on to teach French and Latin and spoke often of how much she loved to teach.

Shirley worked with her husband at Bill's Restaurant in Bradford, VT. She also worked for the Vermont Department of Education for more than 20 years. After she retired, Shirley and Bill made a memorable trip to Greece, Bill's homeland, a highlight of their years together.

Whether friend, family or stranger, one was always assured of a hearty warm welcome and a cup of tea from Shirley. She would stop whatever she was doing to visit. She was known for delicious homemade bread, pies, baked beans and peanut butter fudge. You might find her doing almost any-

thing, she might be on the roof of the barn patching a hole, working in her beautiful flower gardens or if there was a spot anywhere she would dig a hole and plant a tree. She was never without a project, be it crocheting, knitting, sewing, rug braiding, quilting, painting, lace making, cooking, gardening, food preserving, or anything else that caught her eye. Shirley loved animals and nature and rescued cats and dogs too numerous to count, she was a lover of wildlife and befriended many a wild animal as well. She was above all a kind person and bestowed that kindness on family and friends throughout her life.

Shirley is survived by her daughter Eleni Demetrules, sisters Grace Viens, Luvia Callahan, Hope Emerson, Heidi Gardner Peyton, brothers Robert Long and Stephen Gardner, their spouses, and her many adored nieces and nephews and their families. She was predeceased by her husband Bill Demetrules, Mother Sophronia "Betty" Gardner and husband Harold, father Earl Long and wife Hazel, brother Earl Long JR, and sister Sandra Gardner.

Memorial Contributions in Shirley's name may be made to The Upper Valley Humane Society, 300 Old Rte. 10 Enfield, NH 03748. Calling hours are Saturday July 31 from 5-7 PM at Hale's Funeral Home in Bradford, VT. Burial will be private.

Shirley quietly practiced random acts of kindness and with that her family offers this anonymous quote. "Parfois les miracles sont les gens aux cœurs gentils - Sometimes miracles are people with kind hearts."

Colonial Hires New Director of Programming

The Colonial Theatre in Bethlehem, NH is pleased to announce that, after an extensive job search, the position of Director of Programming has been accepted by Susanna Brent. We received numerous applications from some very qualified individuals" reported Executive Director Christine Kelly, "and Susanna rose to the top of the list based on her qualifications, experience, and skill set. We couldn't be more pleased." Susanna has held positions at The Winnepesaukee Playhouse, the Rozsa Center for the Performing Arts at Michigan Technological University, Good Medicine Theatre Company, and Long Wharf Theatre to name a few.

Susanna joins The Colonial's team as Stephen Dignazio, The Colonial's outgoing Director of

Programming, transitions from founding director to audience member. Describing her path to The Colonial, Susanna said, "As a lifetime arts lover, I am in awe of what Stephen and The Colonial family have built over the years and I am deeply touched by the incredible warm welcome that everyone has shared. The future of The Colonial is bright because of its rich history, curated programming, and support from its community."

The filling of the Director of Programming position is an exciting leap into the next chapter of The Colonial's story. "As we emerge from a year and a half of uncertainty" Kelly said, "we are excited to bring Susanna's energy, creativity, and passion for the arts to The Colonial's programming and the North Country!"



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What About Ma?

by Kellie Quackenbush

All About That Summer Bug

We are finally into summer, the "Mask Mandate" has been lifted in many states and people are rushing to enjoy "normal". This sounds like a good thing, and it is for some people but we still need to be cautious for our own health concerns.

Lately, I have been hearing about people coming down with the "flu" or a stomach bug or a fever or a summer cold. It takes people by surprise when they get sick because for more than a year we were isolated, wearing masks and gloves, washing our hands and using sanitizer, and not getting sick. People have forgotten that without wearing a mask in public you are subject to any floating germ in the air. We forget that all of the produce in the grocery store or at those big box stores is dirty and needs to be washed before we eat it. We forget that those interesting people from somewhere else have their own germs and bugs

that they carry with them and if you get too close -- you could catch what they have.

It has been a while since a summer cold has been passed around but this summer there is one going around. You know how it goes, sneezing, runny nose, coughing, head congestion, body aches and a low grade fever. Depending on your age, it can be a nothing that passes in 5-10 days or it can become something to see a doctor about. If you are getting stomach pains and throwing up along with a fever, this is worth a call to the doctor. We still forget that at a family buffet, everything is great until the first person with dirty hands gets into the food.

When illness is going around, I like to get good medical advice, the Mayo Clinic has a website to address most illnesses and symptoms. Per www.mayoclinic.org, "You have a fever when your temperature rises

above its normal range. What's normal for you may be a little higher or lower than the average normal temperature of 98.6 F (37 C).

Depending on what's causing your fever, additional fever signs and symptoms may include:

Sweating, Chills and shivering, Headache, Muscle aches, Loss of appetite, Irritability, Dehydration, General weakness

For an adult, a fever may be uncomfortable, but usually isn't a cause for concern unless it reaches 103 F (39.4 C) or higher. For infants and toddlers, a slightly elevated temperature may indicate a serious infection.

Fevers generally go away within a few days. A number of over-the-counter medications lower a fever, but sometimes it's better left untreated. Fever seems to play a key role in helping your body fight off a number of infections."

Ma used to say, "feed a fever - starve a cold." She was right and chicken soup still is the number one thing to have when you are not feeling well.

Summer is here and we should be having fun. Using everything we have learned in the past two years, we can have fun and be safe. Happy summer days to you all.

The USSR

by Elinor P. Mawson

In the winter of 1988, I was at the hairdresser's when she mentioned that a colleague of her husband's was taking a group of teachers to the USSR. I was all ears and got the information from her and called the man as soon as I got home. It seems that there were 2 more openings and I signed up immediately. The next hurdle was telling my husband about it; happily, he agreed. And since we were short of funds, we asked my mother in law for a loan until our Income Tax refund arrived; she thought for 2 seconds and agreed to that.

The next few weeks were spent getting ready for the trip. We were to teach in a couple of schools, and we were expected to bring something to present to them. I was teaching third grade at the time, and we decided to make a quilt for the class. Since our holidays are different from theirs we would decorate a square of white cotton with a holiday motif. Meanwhile, we found a map of the country and talked about the Russian culture -- their foods, their hobbies, the places they live.

I made their squares into a quilt, of which they were proud, and then I explained that I would bring fabric and crayons with me and the Russian children would make a quilt for me to bring home to my class.

Soon we were ready to go, and I began my journal.

It is 6:20 PM. We are in JFK at Gate 1, in front of a large window. Outside is a jumbo jet with the Finnair logo. In about 40 minutes we will be boarding for our 9-hour flight to Helsinki and on to Moscow. It's going to be a long night.

In fact, it has already

been a long day. I left school at 11 AM and we left home at noon, arriving at Logan at 1. The shuttle to JFK took 36 minutes in the air; it took longer than that to go from one terminal to another when we got to NYC.

We foolishly -- or not -- checked our bags straight through to Helsinki. I have visions of wearing the same clothes for a week and going without a coat but it sure was great not to have to hore baggage off and on the bus like everyone else.

We ate supper here in the terminal -- a ham and cheese sandwich each and a glass of wine each and it was \$20. It's time we got off the farm, I guess.

Sean, our tour director, has amazing blue eyes and a casual attitude. It appears he knows most everyone and figures that they know how to travel, I hope he's not so casual when we get to the USSR.

Our traveling companions are a diverse lot: a couple of ladies from the Hooksett area, a man from Rye who teaches at Oyster River, several people from a middle school, a family of 3, 3 smokers, 2 students from Epping and various and assorted others: 21 in all.

We're the only ones whose luggage went through. Time will tell.

This flight goes to Montreal. We wonder if it flies up over the North pole for Helsinki or goes eastward.

We took pictures of our visa so we'll be able to say we've had one. I guess it is immediately taken away from us.

JFK is just HUGE! I am amazed at its vastness. It makes Logan look like the North Hampton Airport. I was amazed at how huge Long Island is when we came down through the clouds.

TO BE CONTINUED

Waterfalls of the White Mountains

The White Mountains of New Hampshire are home to many gushing, cascading waterfalls waiting to be discovered. Bruce Bolnick, author of *Waterfalls of the White Mountains*, will present an evening describing these waterfalls and guide us through our next excursion to the White Mountains of New Hampshire. He has served for years as a Volunteer Naturalist for the Appalachian Mountain Club and Nature Guide at Mass Audubon's Ipswich River Wildlife Sanctuary in Topsfield.

The completely revised and updated edition of *Waterfalls of the New Hampshire* outlines hiking trails ideal for observing the more than 100 waterfalls in the region, no matter experience level or ability. Each hike details the distance, difficulty, altitude gain, and directions to the starting point. Helpful tips and suggestions are of-

fered, such as the best times of year for each hike, best vantage points for viewing the falls, great swimming holes for cooling down, and uncovered scenic treasures that are perfect for a woodland picnic. Also featured are labeled maps and fascinating short essays on local history and lore.

This program will be in the Great Room of the Summit Lodge of Weeks State Park and will begin at 7pm on Thursday, July 29. Come early and bring a picnic supper, or climb the Fire Tower for one of the best views north of the notches. Weeks State Park is located on the east side of Route 3, approximately 2 miles south of Lancaster, NH. Carpooling is strongly suggested if possible for the events.

The summer programs are sponsored by the Weeks State Park Association, NH Division of Parks, and UNH

Cooperative Extension. "Thank You" to our local business supporters who help make the summer program series possible.

On Friday July 30, 2021, from 9 am - 1 pm, Bruce Bolnick and David Govatski will lead a field trip to several White Mountain Waterfalls in Randolph, NH. Total hiking distance on trails is 5 miles with a vertical climb of 1,000 feet in elevation. We will learn about the cultural and natural history of each waterfall and surrounding area. Note: The number of hikers is limited, so please email info.weeksstateparkassociation@gmail.com and pre-register. Include the word "Waterfalls" in the subject line, and details for the hike will be sent to you.

Linda Scherf for Weeks State Park Association



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Mental Health Matters



by Renee L. Schulze, MSW, LICSW

Time Management Part 3

Thankfully we all have very different personalities and therefore different time management styles.

Which style below fits you? Maybe you are a combination of a few? Perhaps none of the below types fit you, but you feel that you can improve on your time management style?

•Are you always running around from one thing to the next, constantly in crisis mode putting out fires? This type is the "firefighter" and is always in panic mode with constant stress.

•On the other end of the spectrum, are you a person that refuses to except anything less than perfect? Do you obsess over every detail and set excessively high standards for yourself or others? If this is you, then you're a "perfectionist" type.

•Are you the type that is very social and a great conversationalist? Do you have a lot of friends? Do you sometimes allow your socializing to deter you from things that you need to get done? Then you're a "social butterfly".

•Do you have trouble saying "NO" and setting boundaries? Are you always taking on more and more com-

mittmdnts and spreading yourself too thin? Do you feel like you need a 32 hour day instead of the 24 hours that you have? This type is "The Over-Committer."

•Do you have very little get-up-and-go on a daily basis and just go through life on auto-pilot doing the bare minimum? Do those around you think you're "lazy", disinterested, and complete tasks half-heartedly? This is the "lackadaisical" type.

Regardless of what time management style you do have, you can improve some of your daily habits right now. Start accomplishing what you need to get done today by having a daily agenda and prioritizing what is mandatory, and then get that done.

This one change can help to decrease your inability to finish tasks. Task management is critical as well as feeling a sense of accomplishment. Remember that getting to things when you get to them isn't time management; it's task avoidance.

"It is important that when we make a resolution, or establish a goal, that we take the Action necessary to accomplish that goal." - Steve Maraboli

Letter to the Editor:

Letter to the Editor:

First, I'd like to apologize to Editor Gary Scruton for lumping Trendy Times in with the other area newspapers when I stated "If you'd like a copy of the email, find me on Facebook. The papers wouldn't print it without charging me for the space!" Trendy Times was NOT one of those papers. I forgot the paper is bi-weekly and made an assumption because I hadn't heard back from him. When he did get in touch with me, he gave me the choice of printing a copy of the actual e-mail as an LTE, or printing my LTE describing the email. I made the choice of the latter. I have always found Gary to be fair and appreciate his thoughtful comments following my letter. I'm grateful to be able to voice my concerns regarding our town. I've found there are many in the Town of Haverhill who feel the same way I do about our town's issues. They have reached out to me and thanked me for voicing exactly how they feel and telling me to keep at it. I hope to.

"ROAD MONEY SAGA NEARS END" Not even close.

The "Road Money Saga" is what has brought about some discoveries that have resulted in multiple investigations by various State of NH Depts where fraud has occurred and/or questionable practices amongst the "lay people" who have controlled Woodsville Fire District (WFD) for decades. Many of these investigations came about as a result of the Audits WFD has been

Marilyn,

Thank you for the apology though it was not necessary. Though Trendy Times is, in fact, a small piece of "The Media", which seems to be under fire from all sides, our position has been and will continue to be "Free Speech for all". It matter not whether you are on the right or the

forced to endure.

I sat through the hours of the 2015 Audit findings, and so far the most glaring issue was the "lack of segregation of duties in several key areas. A lack of segregation of duties increases the opportunity for fraud and errors to occur and remain undetected. It gives an employee the ability to perpetrate and conceal fraud or errors in the normal course of their duties." And stated "In the Woodsville Fire District, a single individual is responsible for preparing checks and reconciling bank accounts, the individual is also a signatory on the payroll bank account, and maintains custody of funds within that account." Same stated for Ambulance, same for Woodsville Water & Light. The audit also noted how poorly the Woodsville Fire District Board Of Commissioners meetings were documented.

Also found in the audit was proof that funds were being transferred amongst the various WFD departments, which is illegal. Past WFD Commissioners testified in front of the Senate Board that there was absolutely no transfer of funds.

Dick Guy states "the audits have shown no malfeasancess."....."except for the "lay person" mistakes". The audits do show a retired WFD employee who was pulling retirement pay, immediately went back to work for WFD full time, yet was classified as part time in reporting hours to the state. Based on the submitted figures, he was paid an hourly rate of \$90 per

hour. This went on for 11 years and is being investigated for defrauding the retirement system. The commissioners, including Dick Guy, signed-off on this illegal conduct for 11 years.

It's unfortunate more years aren't being audited. From the Adverse findings of the audits so far, it's pretty clear that this is how WFD "lay people" had been doing their "duties" for years. This is a decades old issue; the illegal practices of management of WFD by the GOB's and the rift between Woodsville and Haverhill.

Dick Guy states the town divide "started very shortly after the employment of TM Brigitte Codling and might possibly be related thereto". Seriously?!! Woodsville leaders have been threatening to secede from the Town of Haverhill for decades. The divide has widened because we don't have a Town Manager that either looks the other way or abets illegal activities. The "Red flags" that our TM has dug into, and brought to the Select Boards' attention, have the GOBs worried and they've been doing all they can to divert attention from their activities by getting their constituents all riled up with misinformation.

So, the saga continues. The "lay people" have brought in Kevin Shelton, a "professional administrator" who, since his hire, violated electioneering laws and he publicly pled ignorance of the law. I thought that was the "lay people's" excuse?

Marilyn Blaisdell
North Haverhill, NH

left. Whether your ideas appear radical, or middle of the road, they deserve to be heard (or read) by others who then can make up their own minds as to how to think, feel, and eventually vote.

Gary Scruton, Editor

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by Cindy Pinheiro
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Eggplant Pizza

Hello hello my fellow chefs. How are you all doing? I'm fine and I traveled to Coventry, RI for the 4th of July for a week. I stayed with my son and grandchildren. I had a wonderful time. How did everyone like last editions recipe for Jello Flag Cake. I made it twice and everybody loved it. I'm excited to share today's recipe with you. Now that eggplant is coming in I thought this would be a great different way to use it. So let's get started with today's recipe and how to make it.



- Ingredients**
- 1 firm eggplant
 - 1/2 green or colored pepper diced
 - 7 or 8 fresh mushrooms sliced
 - 1 small can sliced black olives
 - 1 jar 14 oz. pizza sauce (your favorite)

- 1 Cup shredded mozzarella cheese
 - 1/8 Cup fresh Parmesan cheese
 - 1/2 tsp garlic powder
 - 1 tsp minced onion
 - 1 tsp Italian seasonings
 - 2 Tbsp olive oil divided
 - Salt and pepper to taste
 - Crushed red pepper flakes (optional)
- Preheat oven to 400 degrees
- Cut the eggplant into 1/4"-1/2" slices leaving skin

your cooking sheet. Place sliced eggplant in and sprinkle salt on them. Let them sweat for 10-15 minutes Dab sweat with paper towels turn eggplant over and sweat the other side and dab.

In bowl place the peppers, mushrooms and olives. Add the seasonings, 1 Tbsp olive oil Parmesan cheese and toss.

Bake eggplant slices for 10 minutes, turn over and bake for another 10 minutes. Remove from oven and put your pizza sauce on eggplant slices, add the toppings and sprinkle with mozzarella cheese. Bake for 15-20 minutes until cheese is melted.

That's it you are done. They are "Delicioso " and easy peasy. I served mine with a nice arugula salad and a wine cooler. My friend Jane and I thought they were good. You can certainly add or delete any ingredients like pepperoni, artichoke hearts, onions or whatever you like. Remove little pizzas carefully with spatula. A nice meal for the summer. I got 12 slices from my eggplant.

Well folks I hope you enjoy this recipe, try it for a change. If you have any questions please contact Gary and I can help you out. Stay healthy. I am signing off for now. Sincerely, Cin Pin

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