

A FREE PUBLICATION

NATIONAL  
PEARL HARBOR  
REMEMBRANCE DAY

Next Issue: Tuesday, December 21  
Deadline: Thursday, December 16

# TRENDY



# TIMES

20 Pine Street, Woodsville, NH 03785  
Phone: 603-747-2887

Email: Gary@TrendyTimes.com  
Website: www.TrendyTimes.com

DECEMBER 7, 2021 VOLUME 13, NUMBER 5

## Celebrate New Year's Day 2022 with a NH State Park First Day Hike

To ring in the New Year NH State Parks welcomes back the ever popular First Day Hikes. These hikes offer individuals and families an opportunity to begin the New Year rejuvenated and connected with the outdoors by taking a free self-guided hike on January 1. Come join New Hampshire State parks and our partners with a family-friendly hike on New Year's Day.

"We are very happy with the popularity of the first day hike program," said Phil Bryce, Director NH Div. of Parks and Recreation. "This year's list of First Day hike parks provides a variety of options to hike from Hampton with its ocean views to sweeping mountain views at Weeks State Park. I invite everyone to come spend New Year's Day at one of these five beautiful state parks"

Participants of First Day Hikes can explore historic sites, state parks and even enjoy pet friendly hikes with their four-footed friends.

Links to register for the First Day Hikes and to find more information, please visit our website at nhstateparks.org. Registration is required and there will be no same day registration available. For questions, please contact Eric Feldbaum, nhfdh@dncr.nh.gov or 603-271-3556.

Locations for 2022 First Day hikes:

Weeks State Park, Lancaster, NH Bring your four-legged friend along for a casual, self-guided hike up the Mt. Prospect auto road. The auto road is a moderate 3.2 mile round-trip hike and should take approximately two hours. Check-in: Base of the Auto road from 12 to 2 p.m. Event

begins at 12 p.m. and ends at 3 p.m.

Bear Brook State Park, Alenstown, NH This year join park staff for four different self-guided hike options all leaving from the Catamount Pond Beach Area parking lot from 12 to 2 p.m. Event begins at 12 p.m. and ends at 3 p.m. Check-in: Main Parking Lot from 12 to 2 p.m. Event begins at 12 p.m. and ends at 3 p.m.

Hampton Beach State Park, Hampton, NH (New for 2022) Join Park staff and the Blue Ocean Society on an easy 1.5 mile self-guided walk along Hampton Beach State Park. An easy relaxing stroll on the beach leaving from the Seashell complex heading north or south along the beach and returning to the seashell.

White Lake State Park, Tamworth (New for 2022) Come explore White Lake and

the 1.5 mile self-guided hike along the perimeter trail of White Lake. An Easy walk begins and ends at the parking lot by the beach while taking in a picturesque view of Mt. Chocoma and nearby peaks in the White Mountains.

Here are a few helpful tips to make your day enjoyable:

□ Please remember to check the weather prior to heading out.

□ Dress in layers appropriate for the winter weather and wear appropriate footwear. Make sure someone knows you are out on the trails and when you will be returning from your hike. For more infor-



Photo courtesy NH State Parks

mation regarding recommended clothing and gear, please visit Hike Safe (www.hikesafe.com.).

- Traction devices for wear on footwear are highly recommended (trails may be icy).
- Carry hand sanitizer and disinfecting wipes.
- Move to the side of the trail to allow others to pass.
- Be sure to pack water and a snack for during the hike.

**TATTOOS & PIERCINGS**  
603-444-7800  
101 Cottage St., Ste. 6A  
Littleton, NH  
**Inked again**

**Antique Junction**  
144 Main Street, Bradford, VT  
Vintage, antique  
& unique items  
**802-449-3121**

**ANTIQUES & EMPORIUM**  
ALWAYS BUYING GOLD & SILVER  
Buying Household Furniture & Collectibles  
182 S. WHELLOCK ROAD  
LYNDONVILLE, VT **802-626-3500**  
OPEN DAILY 10 AM - 5 PM

Jackson Antiquarium Books  
Used & Rare Books  
Next to Village Eclectics 2  
Main St., Bradford, VT  
Open Mon-Sat 10-5  
**802-449-3330**

**Village Eclectics 2**  
Antiques, Vintage Collectibles,  
Local Crafts, Books  
OPEN MON.-SAT. 10:00-5:30  
Corner Main & Bank St. Bradford

**HELL'S GATE**  
DISPLAY FIREWORKS  
**603-481-2793**  
LICENSED & INSURED 22 YEARS EXPERIENCE  
WEDDINGS, OLD HOME DAYS, REUNIONS, ANY EVENTS

**WE'RE BACK!!!**  
WIZARD OF PAWZ GROOMING  
Plain Rd.  
Bath, NH  
Quality Grooming,  
Affordable Pricing  
**603-747-4171**

**Melanie's Woven Memories**  
Handwoven Caring - Splint - Rush Seating  
Shaker Tape - Baskets & Minor Repairs  
Competitive Pricing - Quality Work  
Melanie Miller • 802-467-1326  
melaniemiller58@yahoo.com  
www.melanieswovenmemories.com

**Wild Child Emporium**  
STORE CLOSING -  
**50% OFF EVERYTHING**  
217 Broad St. Lyndonville, VT  
OPEN M-W-F 12-6, SAT 10-2

**Dicks Field & Tree**  
Field Mowing, Tree Work,  
Driveway Repairs,  
Firewood, Trucking  
**802-359-2478**  
cm3cando@hotmail.com

**HOUSEWRIGHT CONSTRUCTION, INC.**  
New Construction / Remodeling / Design-Build  
Restoration / Reproduction / Custom Woodworking  
EPA Land Safe Certified Firm / Renovator  
**802-866-5520**  
www.housewright.net  
5365 Main Street S • Newbury, VT 05051

**ALWAYS FIT ATHLETIC CLUB**  
Give the gift of fitness!  
Are you looking for an easy gift idea for that hard to shop for person? Grab a gift card to Always Fit. Stop in today!

alwaysfitathletic.com  
603-747-8006  
Woodsville, NH

ALWAYS FIT ATHLETIC CLUB GIFT CARD  
GIFT CARD DETAILS  
To: \_\_\_\_\_  
From: \_\_\_\_\_  
Amount: \_\_\_\_\_  
Date: \_\_\_\_\_ No. 100

**LC Design Concepts**  
~Specializing in the design of kitchens, bathrooms, laundry rooms, home offices, mudrooms and more.  
~Offering cabinetry, countertops, tile, plumbing fixtures and cabinet hardware.  
~Showroom open by appointment.  
**31 Main Street, Wells River, VT 802-477-2428**  
www.LCDesignConcepts.com

**NMA** NEW YORK LIFE  
• Life Insurance  
• Disability Insurance  
• Retirement Planning  
• Long Term Care  
• College Planning  
Main St. N., Wells River, VT  
802-588-5035  
nate@nmafinancial.com  
www.nmafinancial.com

**WOODSVILLE POWER EQUIPMENT**  
SALES \* SERVICE \* PARTS \* REPAIRS  
Now Moved to:  
**4942 Dartmouth College Hlhway, Woodsville, NH**  
efco HUSQVARNA TORO Mantis  
OREGON RedMax LITTLE WONDER  
**603-747-2322** WoodsvillePowerEquipment@yahoo.com

**THOMSON FUELS**  
The Local Choice  
PROPANE - HEATING OIL - OFF ROAD DIESEL  
Ask about our EZ Pay & Budget plans  
NOW SELLING APPLIANCES!  
MON-FRI 8-5  
24 HR EMERGENCY SERVICE  
**802.222.3330**  
THOMSONFUELS.COM  
177 MAIN ST, BRADFORD, VT  
THOMSONFUELS



# TRENDY Dining Guide

## Polly's Pancake Parlor

by Gary Scruton

Growing up and through most of my life the Thanksgiving weekend has usually meant a big meal with family and often also with friends. I am happy to say that happened again this year as my siblings joined Janice and I for a traditional meal with the bird and all the fixings.

But this space is going to tell the story about what happened later that weekend. I decided to take my brother, who grew up in this area but has been gone since his high school days, to see some sights and enjoy some food at what some would consider a landmark eatery.

As I have learned, and mentioned before, when you plan to visit Polly's Pancake Parlor it is suggested that you call ahead and get your

name on the list. It is not a reservation. It is just getting you on the list. We called about 9:30 on the Sunday following Thanksgiving and were told that it could be one and a half to two hours before a table for two would be available, and that we should plan accordingly. So we did. We waited a while and then took an easy drive with a stop at another Sugar Hill business.

When we did arrive we were handed a buzzer and told it should not be long, and would we mind sitting at the counter? My brother reply was that he was there for the food, not the view. So when the buzzer sounded and we headed in, we were led to a counter with diner stools. Behind the counter was an employee busy mak-

ing special coffees as well as alcoholic drinks. It gave us a show while we waited for our meals.

Our waiter pointed out the specials that were on a chalkboard to our right and took our beverage orders (two regular coffees, please). He came back shortly with the coffee and we got started with our orders. My brother had talked about French toast and went with the special eggnog battered French toast. He added a side order of bacon. I decided to stay more traditional and ordered the six pack of pancakes. With that customers are given a number of batter choices as well as fillings. I asked for gingerbread and buttermilk batters and blueberries and chocolate chips as topping

with the simple instruction to mix them up. I added sausage patties on the side.

It was now time to sit back and continue our visiting as well as watching the show behind the counter with the coffee and beverage maker. It was entertaining.

Considering how busy the place was we still did not wait a long time before our meals came out on a pair of good sized round plates, and we were ready to get to eating. I can also note that between us on the counter was a basket that held most of the extras you would need. Those extras included a pitcher with maple syrup and a bottle that we later discovered had a maple spread.

As expected we enjoyed our meals as well as refills on the coffee. My sausage had enough spice to it to be noticeable without being overpowering. My mix and match pancake batters and fillings were all great and if I did not look hard I got a bit of a surprise with each bite. I do need to also add that all six pancakes were served at once. I asked our waiter about that and he confirmed that they had gotten away

from the three at a time serving in order to cut down on the interaction between waitstaff and customer. They are still considering whether or not to return to that system once the current medical circumstances change.

My brother's meal was also everything he expected and wanted. Neither of us were hungry for some time to come. (In fact not until supper time).

One more note of interest for Polly's is that they still do not have all of the tables back in place that they did pre-pandemic time. Again time will tell when that changes.

I must say that my brother actually paid the bill for our visit to Polly's. The total was, I believe, \$35.72 which was paid at the front counter on our way out of the building. Meanwhile I left a cash tip on the counter for our waiter to collect.

To finish our excursion of the day we stopped a couple of times on the way home for my brother to take some interesting snapshots of trees with the fresh coating of white that occurred the day after Thanksgiving.



**FALL HOURS:**  
THURSDAY - MONDAY  
7:00 AM - 2:00 PM  
Closed Tuesday & Wednesday

Mail Order of our products  
continue online  
[www.pollyspancakeparlor.com](http://www.pollyspancakeparlor.com)

Taking Bakery orders through every  
Wednesday for pick up on Fridays.

I-93 Exit 38, Route 117  
Sugar Hill, NH  
(603) 823-5575  
[www.pollyspancakeparlor.com](http://www.pollyspancakeparlor.com)



**HUNGRY BEAR**  
since 1971  
**PUB & GRILL**

Jct. of Rts. 5 & 15 Exit 16 off I-91  
776 Lower Plain, Bradford, VT 05033  
(802)222-5288  
[www.thehungrybearpubandgrill.com](http://www.thehungrybearpubandgrill.com)

Open 7 Days a Week: 11am - 10pm  
Full Bar & Vermont Craft Beers  
Best Pub Fare Around!

Follow us on Facebook to receive daily  
food & Drink specials

**NFL FOOTBALL SEASON 2021**  
11 TV'S NFL TICKET  
OPEN EVERY SUNDAY @ 11AM

\$6. Bloody Mary's & Mimosa's  
\$3.5 Bud Light Aluminum Bottles

**SUNDAY & MONDAY WING DEALS**  
10 WINGS & A PINT \$15.  
20 WINGS & DOMESTIC BUCKET \$30.  
In house dining only. While they last!

**PRIME RIB DINNERS**  
EVERY FRIDAY 5PM \$25.



**Breakfast All Day**

**Daily Specials on Facebook**

OPEN: Sun., Mon. & Tue. 8 am - 3 pm  
Thu. & Fri. 8 am - 3 pm • Saturday 8 am - 1 pm  
CLOSED WEDNESDAY

**378 Railroad St., St. Johnsbury, VT**



**TUTTLES FAMILY DINER**  
41 Main Street, Wells River

MONDAY CLOSED  
TUES. 6:00 AM - 2:00 PM  
WED., THURS., & FRI.  
6:00 AM - 7:00 PM  
SAT. 6:00 AM - 2:00 PM  
SUNDAY 7:00 AM - NOON

**Now Home of School House Bakery**

Gift Certificates Available **802-757-3333**

**Trendy Dining Guide Ads**  
This Size Ad: \$125 for 6 Issues,  
Or 13 Issues for \$225.  
Plus You Get a Restaurant Review  
For More Details  
Contact Gary @ 603-747-2887  
or Email: [Gary@TrendyTimes.com](mailto:Gary@TrendyTimes.com)



**Woodville Village Pizza**  
179 Central Street,  
Woodville, NH **603-747-8111**

**Under New Ownership**

*Better Ingredients - Better Food*

Open Wed. - Sun.  
11 am - 9 pm

Pizza, Grinders, Meals,  
Sandwiches, Salads  
or try the Village Sampler  
Items made from Scratch

**Under New Ownership**

*Put a Little Bliss in Your Day!*

**PIZZA SPECIAL**  
Large Pepperoni Pizza  
Tossed Salad  
2 Liter Soda  
**\$16.99 PLUS TAX**

Special can not be combined  
with any other discounts.

**Bliss Village Store**  
Main St, Bradford, VT  
802-222-3355



**IRON RAIL PUB+GRILL**

- Bang Bang Shrimp • Shrimp Scampi
- Loco Loaded Nachos • Bacon Jamb Burger
- Chicken Alfredo • Railroad Ribeye
- DeRailed Steak Tips • 13 Beers on Tap
- Prime Rib (Saturday Nights) • And Much More . . .

Open: Tues-Sat . . . 11:30 am - 9:00 pm

[www.ironrailpub.com](http://www.ironrailpub.com)  
**603-747-3312**  
24 Railroad Street Woodville, NH

Governor Sununu is offering a one-day "Booster Blitz" on Saturday, December 11th

All sites for the Booster Blitz event are being managed and overseen by HSEM and DHHS in collaboration with our local partners.

- The 'fixed sites' are long term vaccine and testing sites being managed under contract with DHHS by Keady Medical.

- The 'pop-up sites' are being managed by the Regional Public Health Networks (RPHN) that most of you all work with on a regular basis.

- The 'other sites' are being managed by those 2 entities.

Here in Haverhill there will be a pop-up site at the Robert E. Clifford Memorial

Building at 65 S Court St, Woodsville, NH 03785.

Vaccines are by appointment, only for booster doses of Pfizer, Moderna, and J&J.

There will be NO 1st or 2nd dose vaccines or children dose vaccines, boosters only.

Appointments are scheduled from 9am to 3pm.

Registration can be done: Online at <https://www.covid19.nh.gov> (there is a button for the booster blitz)

Call center hotline at 603-271-1000 will be operational 9am-8pm December 1-10 and 8:30am-3:30pm December 11th.

Brigitte M. Codling  
Haverhill Town Manager  
Haverhill Emergency Management Director (EMD)  
603-787-6800 (office)  
603-728-5192 (cell)

## Five Good Reasons to Shop Local

The Bradford Business Association and the Cohase Chamber of Commerce want us all to 'think and shop local' this holiday season and beyond. We've seen many changes in the retail landscape in recent years with big box stores and national outfits purchasing our independent, family-owned businesses, rarely with positive results.

Here are five good reasons to think twice before heading off to the internet or big box stores for shopping.

- Studies have shown that sixty-eight percent (68%) of every \$100 in profits at a locally-owned business stays in the community compared with 43% for outside entities.

- Locally owned operations are generally better for the environment, as there's less packaging and less delivery impact.

- Owners, managers and employees of locally-owned stores are significantly better supporters of their peers, keeping the 'local dol-

lars' circulating in our communities.

- Community support (joining and participating in service organizations, donations to non-profits, schools and churches and community service/volunteerism) is usually a mission of locally owned business owners. This has become much more apparent with the recent changes in the retail landscape.

- Your friends and neighbors owning, managing and working at local businesses are more likely to provide you with great service and to listen to your concerns and requests for specialized products and services.

If we all take the time to explore the independent businesses in the region, we'll discover that most of what we need can be found here. And do our businesses a favor by posting reviews on-line when having positive experiences at those businesses. Reviews matter!

by Elinor Mawson

How was your Thanksgiving? I sure hope it wasn't like ours!

We always have our holiday at our son's camp in the middle of nowhere. It is very rustic with no running water or electricity, heated by a wood stove. We do have an oven to cook the turkey and stove top to cook the vegetables, but most of the amenities have to be brought from home.

To our complete surprise, we arrived at camp and discovered our son had somehow wired up the building to a generator and the place was ablaze with light! He had also installed a gas radiator and a ceiling fan, so the whole building was warm! We were incredulous! There was no danger of freezing, and we could actually see what we were doing. It wasn't going to be like other times.

There is, of course, no means of communication-few bars on the phone, no TV. We are really out in the woods. When one family member came in and announced that one of our grandchildren had broken her ankle, it was hard not to panic.

Another family member came in for dinner, and announced he had a new ladyfriend. We were overjoyed for him, and loved hearing all about her. It was good news.

Our holiday dinner was a huge success. Everything was done at the same time, it was hot and tasty. Nobody had room for dessert. We parceled out the leftovers, and somebody washed the pots and pans (after heating the water in a large kettle).

The boys left for home, each in a different direction. It wasn't long before we got

a call that one of them had broken down on Route 93 (for some reason the phone worked!), and needed someone to call AAA. They wouldn't come unless one of us had a photo ID, so that necessitated a trip out of the woods to help him. It was dark and raining, and our son had a miserable head cold, but we headed out.

Our grandson was traveling with a big dog, Zeus. The dog was very unhappy to be on a big road with bumper to bumper traffic going by. A state cop was standing by, and when we arrived, there was no sign of AAA. A plan B was put in place, and a private tow truck was contacted, but when it arrived, the driver refused to take Zeus. It seems that he was attacked by his own dog in the past and he had PTSD! Another call was made to a relative to come and take Zeus home, so we headed back to camp.

By this time it was 10:00;

the fire was out, the lights were out, and it was cold! But soon we were up and running again and we had a late leftover supper. Everyone was glad to get to sleep that night.

The next day we packed up and started for home even though a snowstorm was predicted. We didn't hit that until we were about 20 miles from home. We reflected on the ups and downs of the day before, and concluded that it had been a Thanksgiving like no other that we had experienced in our lifetimes.

By the way, our granddaughter's ankle has been taken care of. Zeus and our grandson are home and doing well. I hope our other grandson and his ladyfriend are enjoying each other's company. Our son's cold will eventually get better. And all of us are eating leftovers (including dessert), and will be doing so for the next several days.



### Harman's Vintage 2019 Aged Cheddar

*Ship 2 Pounds of Harman's "Really-Aged" Cheddar Cheese with Westminster Crackers Gift Wrapped For The Holidays*

**ONLY \$37.25**  
Anywhere in the USA



### Harman's Cheese & Country Store

1400 Route 117 \* Sugar Hill, NH 03586  
603-823-8000 • [www.HarmansCheese.com](http://www.HarmansCheese.com)  
Hours: 9:30 am-4:30 pm Friday & Saturday  
E-Mail for Appointment Shopping on Monday thru Thursday  
[Cheese@HarmansCheese.com](mailto:Cheese@HarmansCheese.com)

**Christmas Week Hours**  
Open Dec 21-23, Tuesday-Thursday, 10 am to 4 pm

**Saturday, December 25**  
**11:00 am - 8:00 pm**

## Christmas Dinner

**Roast Pork Loin, Homemade Dressing, Mashed Potato and Gravy, Vegetable, Homemade Rolls, Choice of Pie, Pudding or Ice Cream**

**\$16.99/person (plus tax)**  
**10% Senior Discount**

*Now Accepting Orders For Home Baked Pies, Breads & Rolls.*  
**Deadline to order is Friday, December 17**

2886 Rte 302 & 191  
Wells River, Vermont



**Authorized Milwaukee Sales & Service Dealer**



## TOOL BARN, INC.

**802-222-9311**

1233 Lower Plain • Rte 5 • Bradford, VT  
Mon-Fri 7:30am-4:30pm • Sat 8am-12 Noon

## RICH SAFFO

### Concrete Form Co., Inc.



Since 1978  
Continuous Service

Phone: 603-787-6747  
Fax: 603-787-6560

## Prioritize Legislative Issues

The New Hampshire House of Representatives will convene on January 5 and 6, to act on the Governor's vetoes and retained bills from the 2021 session. Representatives will meet in Representative Hall and while face coverings are not mandated within the State House and Legislative Office Building, those entering the capitol are urged by the Speaker to act with courtesy, and to respect the personal decisions individuals have made regarding mask use.

With the upcoming session almost upon us, committee chairpersons are busy prioritizing submitted legislation and scheduling public hearings for the 900 new bills. While some committees are receiving less than 10 bills, the education committee has been inundated with a myriad of 100+ bills. That committee's precious time must be used toward key education priorities.

Among the 900 bills, there are many serious bills that address important needs such as funding, better defining and applying core knowledge, redistricting, choice, higher education, COVID vaccinations and protocols, policing, and the like. While scanning submitted legislation, I do so with the understanding that an issue of concern for one group or region, may not be viewed the same by others. It should also be noted that the title of a bill can also be misleading, and not reflect bill intent. But, there are bills that make one wonder or ask, "Is this bill really needed, or, might this issue be better resolved locally?" Keep in mind that every proposal requires: support from drafting attorneys, costs for printing multiple copies, staff

support, research, and much more. All this support adds up to time and money/cost. How would you rate the following 10 bills in terms of need, high or low priority?

HB1057 Directing the state to set a length of time for public students to eat lunch.

HB1060 Authorizing the NH environmental educators to issue decals honoring the "daring jumping spider" for multi-use motor vehicle license plates.

HB1451 Relative to the recovery of submerged logs.

HCR6 Urging that the United Kingdom return the Parthenon (Elgin) marbles to Greece.

LSR2243 Providing that the state peaceably declare independence from the US and proceed as a sovereign nation.

HB1304 Establishing a committee to study the impacts of outdoor working conditions in heat and cold.

HB1287 Proclaiming March as Sleep Awareness Month.

HB1071 Relative to wake surfing.

HB1419 Relative to establishing a NH civilian climate corps advisory commission.

HB1356 Relative to the taking of gray squirrels.

HB1261 Prohibiting the use of Native American mascots in public schools, colleges, and universities.

In summary, all bills are not equal. With just two months in which committees must schedule public hearings, followed by executive sessions and possible amending language, many low profile, poorly developed bills will most likely be found inexpedient to legislate. Respectfully Submitted, NH Rep Rick Ladd, Chairman, House Education

## Executive Councilor Kenney Offers Highway Funding Information

The Governor's Advisory Commission on Intermodal Transportation (GACIT) consists of five Executive Councilors and the Commissioner of the Department of Transportation. GACIT along with the Regional Planning Commissions have an initial role to provide input into the Ten-Year Highway Improvement Plan. Also, the Executive Council votes to accept and expend all federal transportation funds.

GACIT has conducted 22 statewide public hearings to receive input on the Ten-Year Highway Improvement Plan. In December 2021, GACIT will provide its recommendations to the Governor who will in turn assign it over to the NH Legislature for its input and review. After the House and Senate passes the Ten-Year Highway Improvement Plan, the Governor will sign it into law by June 2022.

There has been a lot of news surrounding the new federal infrastructure five-year plan called the Infrastructure Investment Jobs Act (IIJA). New Hampshire is programmed to receive \$1.139 billion for its highway programs. Even so, this highway programming amount remains the lowest nationally for a state. Moreover, New Hampshire will be confronted with a revenue shortfall in its road tolls, Betterment and SB367 programs. But having said that, the IIJA federal funding will help to advance many projects.

One of the bright funding sources will be the bridge program category. This IIJA funding amount is \$225 million(m) to address state/town red listed bridges. The strategy is to use 15% of the bridge fund to support the municipal bridge aid program (\$6.75m/year). Allocate the remaining \$38m/year bridge funds to existing state bridge projects to free up funds with greater spending flexibility. The municipal red listed bridges are over 200 and the state red listed bridges are over 100. It is the intent to lower the state red listed bridges from

its current amount of 118 to 88 during this ten-year period.

One of the other strategies is to increase the following mandated programs by 24%: HSIP, TAP, CMAQ, Rec Trails, etc. (\$8.3m). These are popular programs that each District Councilor has a lot of say in. It is the intent to alternate the TAP and CMAQ from year to year. Other funds for these programs will support administrative project changes, project increases and recommended changes.

Additional transportation IIJA categories include Electric Vehicle Charging Stations (17.3m), Public Transportation (131m), and Airports (45.6m). And other infrastructure items include Broadband (100m), Wildfires (5.6m), Cyber Security (12.4m) and Water(418m).

GACIT public hearing comments brought out the need to expand travel options, improve safety, maintenance of the present system, congestion reduction and enhance system resili-

ency. In these hearings, it has become clear there is going to be a reduction in state revenue for unrestricted road tolls, Betterment and SB367 funds in the coming years. The TIFIA financing for I-93 will start to take out \$23.4m a year starting in 2026 for nine years.

The NH Legislature will be forced to look at future gas tax revenues and how it will support our paving and maintenance programs.

Additionally, the NH Legislature will be looking at policy issues such as: how does the state tax electric vehicles on our roadways, the reduction in gas tax revenue (due to more workers working from home), state workforce issues, material costs, contracted labor, safety, and transit issues.

I will always do my best to advocate for District 1 and I look forward to hearing from you.

Serving you,  
Joseph D. Kenney  
Executive Councilor District 1  
Wakefield, NH  
(603) 581-8780

**Robert's Thrift Store**  
**OPEN 7 DAYS A WEEK**  
9 AM - 5 PM



50¢ Grab Bags

**ALL Children's Clothing & Items 1/2 Price**

Check Out Our Christmas Room

**Card Packs 25¢**

**Green Tagged Items 25¢ Pink Tagged Items 1/2 Price**

Located Under the Post Office in Bradford • 802-222-5001

**OVER 2000 BROKEN-IN TIRES**  
MANY SETS OF 4



**CANON TIRE**  
I-91 Exit 8, Ascutney, VT  
802-674-5600  
NEW TIRES TOO!!!



**Tax-Free NH**

Kitchens & Baths to fit any budget!

## Kitchen & Bath

Thank you Diane Dickinson & Tracy Salisbury



**Counters:**  
Laminate,  
Solid Surface,  
Stone and  
Quartz.  
Goodfellow,  
Stone Plastic,  
Composite,  
Click-lock  
Flooring.

**50 VANITIES AND TOPS IN STOCK ON 5000sf SHOWROOM FLOOR**

*Design Services, Free onsite visits and quotes for all design projects.*  
Contact: **Rebecca 603-787-2517**

**BUDGET MILLWORK**  
Therma-Tru Doors • Jeldwen Doors • Pine Doors •  
Primed Doors • Bifold Doors • Bypass Doors •  
Silverline Windows • Windsor Windows •  
Steel Roofing • Vinyl Siding • Special Orders

**OPEN MONDAY - FRIDAY 8:00 AM - 4:00 PM**  
**CLOSED SATURDAY & SUNDAY**

1139 Clark Pond Road, N. Haverhill, NH 03779  
E-Mail: rkinerson@yourbudgetlumber.com  
woakes@yourbudgetlumber.com  
1-800-488-8815 • 603-787-2517

## POWVT Calls on Rep. Welch and Sen. Sanders to Sever Ties with Congressional Sportsmen's Caucus

STOWE, VT — As a leading wildlife advocacy organization in Vermont, Protect Our Wildlife, VT (POWVT), joined dozens of other wildlife protection organizations from across the country asking their elected federal officials to sever their relationships with the Congressional Sportsmen Caucus (CSC), which is supported by the Congressional Sportsmen's Foundation (CSF).

"The Congressional Sportsmen's Foundation (CSF) promotes some of the most egregious and unethical hunting practices and policies including wildlife killing contests, the hounding of bears and coyotes, trapping and other cruel activities," said Pat Monteferrante, POWVT co-founder.

POWVT sent letters to Congressman Peter Welch and Senator Bernie Sanders who both serve on the CSC. The CSC's own website states, "The CSC, with direct support from CSF, has maintained its effectiveness in championing the sportsmen's agenda in Congress even through shifts in political power."

"The CSF unfairly labels anyone who questions the status quo in wildlife man-

agement as broadly "anti-hunting" and opposes the appointment of nonhunters to wildlife boards and commissions," added Monteferrante. POW reports that the CSF promotes "right to hunt" laws that enshrine hunting as the preferred way to manage wildlife and that the CSF also applauded the devastating wolf hunt in Wisconsin that exceeded the quota set by wildlife officials.

POWVT was one of 37 wildlife protection organizations across the country that signed onto a letter to select CSC members asking them to resign from the CSC and form a new coalition that promotes a more progressive position on wildlife. The letter requests, "that you collaborate with other like-minded legislators to establish a new caucus dedicated to making wildlife management in the U.S. more evidence-based, ecologically-focused, democratic and compassionate."

John Aberth, POW Board member, said, "For too long, powerful legislators have gotten away with giving token support to wildlife advocates while simultaneously aligning themselves with regressive sportsmen's groups that wreak havoc on

wildlife."

POWVT President, Brenna Galdenzi, spoke with one of Congressman Welch's staffers on November 30 and asked why Welch continues to serve on the CSC, which appears to run contrary to Welch's supposed support to relist the gray wolf. The staffer was unable to provide a response.

POWVT is asking Vermonters to contact Sanders and Welch and ask them to discontinue serving on the Congressional Sportsmen Caucus and to better serve the interests of their constituents.

## NGCRC To Host Christmas Party

The Northern Grafton County Republican Committee will hold a Potluck Christmas Party and Meeting on Monday, December 13, 2021. The Potluck Christmas Party will begin at 5:30 PM and persons attending are asked to bring a Hot or Cold Covered Dish. Desserts and Beverages will be provided.

The Potluck will be followed by a brief meeting and speakers to begin at 6:30 PM. Dr. Robert A. Peraino, MD will present a video entitled "Climate Hustle: Are They Trying to Control the

Climate or You? Part 2" with discussion to follow. Dylan Bridge, NHGOP Regional Field Director, will also address the group on the "Republican Leadership Initiative".

These events will be held at the Littleton Elks Club, Lodge #1831, 42 Main Street, Route 302, Bethlehem, NH. Republicans and Like-Minded Conservatives are Welcome to attend. Interested persons may contact [janicenovak@myfairpoint.net](mailto:janicenovak@myfairpoint.net) or call 603-823-5011. Keep New Hampshire RED!

**POULIN GRAIN**  
Leading Animal Nutrition

# PREMIUM LAYER PELLET



- Essential oils from cinnamon, oregano and chili peppers
- Fully fortified with vitamins and minerals
- High-quality amino acid and protein sources
- Enzymes for a healthy digestive tract
- Lutein-enriched eggs from marigold extract for deep yellow yolks
- MOS for digestive and immune health
- Yucca extract to reduce coccidia and ammonia for improved health

**LAYER PELLET**

**\$100 OFF PER 50LB BAG**

**NOVEMBER 22 THRU DECEMBER 12**

[poulinoutdoors.com](http://poulinoutdoors.com)



**JOHN DEERE**

**UNITED**  
Ag & Turf

**603-787-6311 • 603-787-6954 FAX**  
**NO. HAVERHILL, NH 03774**

### BIG SALE WHILE SUPPLIES LAST

SALE PRICES EFFECTIVE NOV. 26

<p><b>BARNETT HYPER WHITETAIL 410 CROSSBOW</b></p>  <p><del>\$704.98</del> <b>Special \$499<sup>00</sup></b></p>	<p><b>BARNETT DROPTINE STR-FPS380 CROSSBOW</b></p>  <p><del>\$499.99</del> <b>Special \$399<sup>00</sup></b></p>	<p><b>BARNETT GAME CRUSHER CROSSBOW</b></p>  <p><del>\$505.00</del> <b>Special \$299<sup>00</sup></b></p>
<p><b>ALL OTHER CROSS BOWS \$50 OFF</b></p>		
<p><b>HANDS-FREE GRUNTER</b></p>  <p><del>\$19.99</del> <b>Special \$14<sup>99</sup></b></p>	<p><b>BOONER BLEND K-CUPS Buck Bean</b></p>  <p><del>\$12.99</del> <b>Special \$6<sup>99</sup></b></p>	<p><b>GROUND BOONER BLEND BUCK BEAN COFFEE 12 oz bag</b></p>  <p><del>\$9.99</del> <b>Special \$6<sup>99</sup></b></p>
<p><b>GROUND HOT DOE BUCK BEAN COFFEE 12 oz bag</b></p>  <p><del>\$9.99</del> <b>Special \$6<sup>99</sup></b></p>	<p><b>DEFENDER FLASHLIGHT</b></p>  <p><del>\$19.99</del> <b>Special \$9<sup>99</sup></b></p>	<p><b>HIGH POWER HEADLAMP</b></p>  <p><del>\$34.99</del> <b>Special \$19<sup>99</sup></b></p>
<p><b>NIGHT STALKER HEADLAMP</b></p>  <p><del>\$19.99</del> <b>Special \$12<sup>99</sup></b></p>	<p><b>HUNTER COMPOUND ARROWS 12 Pack</b></p>  <p><del>\$69.99</del> <b>Special \$39<sup>99</sup></b></p>	<p><b>BLACKJAX black only</b></p>  <p><del>\$12.99</del> <b>Special \$10<sup>99</sup></b></p>
<p><b>GUNS ARE IN-STORE PURCHASE ONLY</b></p>		
<p><b>BOW SHIELD</b></p>  <p><del>\$14.99</del> <b>Special \$6<sup>99</sup></b></p>	<p><b>SIG SAUER P365 9 mm pistol</b></p>  <p><del>\$799.99</del> <b>Special \$595<sup>00</sup></b></p>	<p><b>IMPALA PLUS EMERALD 12 ga 32"</b></p>  <p><b>Wood Stock</b> <del>\$660.00</del> • <b>Special \$570<sup>00</sup></b></p>
<p><b>ALL OTHER IMPALA PLUS MODELS \$530.00</b></p>		

**BOSSMAN OUTDOORS** 24 Railroad St. • Woodsville, NH

603-747-2976 • [www.bossmanoutdoors.com](http://www.bossmanoutdoors.com)



# Calendar of Events

EVENTS FROM LOCAL NON-PROFITS, SCHOOLS AND TOWNS. PRESENTED FREE BY TRENDY TIMES.

**TUESDAY, DECEMBER 7**

WOODSVILLE WELLS RIVER 4TH OF JULY  
7:00 PM  
BALDWIN Memorial Library, Wells River

**WEDNESDAY, DECEMBER 8**

ROSS-WOOD POST #20 AMERICAN LEGION  
MONTHLY MEETING  
6:00 PM  
4 Ammonoosuc Street, Woodsville

**FRIDAY, DECEMBER 10**

ST. J SPARKLES! HOLIDAY WEEKEND  
5:00 PM - 8:00 PM  
See Article on Page 6

**SATURDAY, DECEMBER 11**

ST. J SPARKLES! HOLIDAY WEEKEND  
9:00 AM - All Day Long  
See Article on Page 6

**HOLIDAY SWEETS**

10:00 AM - 2:00 PM See Ad on Page 9  
Lisbon Historic Railroad Station & Museum

**BATH HISTORICAL SOCIETY  
COOKIE WALK AND BAKE SALE**

10:00 AM - 2:00 PM.  
Historical Hibbard House, Rte. 302 Bath

**NH BOOSTER BLITZ**

Clifford Memorial Building, Woodsville  
See Article on Page 3

**SUNDAY, DECEMBER 12**

BENEFIT TEXAS HOLD 'EM POKER  
11:00AM-1:15 PM Cash 1:45 Tournament  
Moose Lodge 1779, St. Johnsbury

**LIGHTING OF MEMORY TREE**

5:00 PM  
UCC of Orford Church, Main Street

**MONDAY, DECEMBER 13**

NGCRC POTLUCK CHRISTMAS PARTY & MEETING  
5:30 PM See Article on Page 5  
Littleton Elks Club, Lodge #1831, Bethlehem

**ROSS-WOOD UNIT #20 AMERICAN LEGION**

AUXILIARY MONTHLY MEETING  
6:00 PM  
Post Home, 4 Ammonoosuc St., Woodsville

**THURSDAY, DECEMBER 16**

WOODSVILLE HIGH SCHOOL WINTER CONCERT  
6:30 - 7:30 PM  
Bagonzi Community Building

**VFW POST #5245 MONTHLY MEETING**

7:00 PM  
VFW HALL, NORTH HAVERHILL

**SATURDAY, DECEMBER 18**

LEGION CHRISTMAS PARTY  
5:00 pm See Ad on Page 6  
American Legion Home, Woodsville

**ROOMFUL OF BLUES**

7:30pm For tickets: www.courtstreetarts.org  
Alumni Hall, Haverhill.

**SUNDAY, DECEMBER 19**

ACOUSTIC MUSIC JAM  
12:00 NOON - 3:00 PM  
Clifford Memorial Building, Woodsville

**MONDAY, DECEMBER 20**

HAVERHILL SELECT BOARD MEETING  
6:00 PM  
Clifford Memorial Building, Woodsville

**SATURDAY, JANUARY 1**

NH STATE PARK FIRST DAY HIKE  
See Article on Page 1

**WEEKLY EVENTS AT  
CLIFFORD MEMORIAL BUILDING**

South Court Street, Woodsville

**ANTIQUÉ STROLLERS WALKING PROGRAM**

Monday – Friday from 11:00-12:00  
MOVEMENT AND STRETCH CLASSES

Tuesday and Thursday afternoons  
1:00 – 2:00 PM

**PICKLEBALL**

Tuesday & Thursday evenings at 6:00 PM  
Saturday mornings at 9:00-10:30 AM

LINE DANCING every Wednesday evening  
6:00 - 7:00 PM

CORNHOLE LEAGUE. October 27 at 7:00  
& 29 at 6:30. November 1 & 5 at 6:30,

10 at 7:00, 12, 15 & 20 at 6:30. 24 at 7:00,  
26 & 29 at 6:30.

*All listings in our Calendar of  
Events are free of charge.*

Check out [www.trendytimes.com](http://www.trendytimes.com)  
for an easy way to submit your  
upcoming event, fundraiser,  
or performance.

## Horse Meadow Senior Center

**Grab & Go and Home  
Delivered Meals Menu for  
December 2021**

- Dec. 1st: Breakfast Skillet & applesauce
- Dec. 2nd: Turkey burger sliders, roasted potato, veggie of the day
- Dec. 3rd: Chef's choice
- Dec. 6th: Stuffed peppers, rice, broccoli
- Dec. 7th: Baked fish, herb pasta, peas
- Dec. 8th: Fried egg sandwich, hash browns & fruit
- Dec. 9th: Chicken casserole, pastry square, veggie of the day
- Dec. 10th: Chef's choice
- Dec. 13th: Swedish meatballs, butter noodles & broccoli
- Dec. 14th: Creamy chicken, orzo pasta, carrots, garlic toast
- Dec. 15th: Pancakes, ham slice, fruit
- Dec. 16th: Traditional Christmas meal
- Dec. 17th: Chef's choice
- Dec. 20: Hamburger gravy, biscuit, mixed veggies
- Dec 21st: Baked ziti, peas, garlic bread
- Dec. 22: Spinach/mushroom/egg casserole, sausage patty, fruit

- Dec. 27th: Hotdogs, beans, corn bread, carrots
- Dec. 28th: Pot roast, mashed potato, gravy, squash
- Dec. 29th: Open faced breakfast sandwich, pastry, fruit
- Dec. 30th: Smothered pork chop, seasoned rice, green beans
- Dec. 31st: Chef's choice

**HMSC Activities for  
December 2021**

(we ask that you register for activities to secure a spot, space is limited)  
Drums Alive is on Hiatus for the month of Dec. Please join us in the new year!  
Remember our Christmas Craft Shop is open daily from 8:00-2:30 until 12/22  
Our YANKEE SWAP is @ 1:00 on 12/17  
Dec 1st: 1:00 Bingo (bring dimes)  
Dec. 2nd: 9:30 Bone Builders, 10:30 Writers Group, 12:30 Crafting memory ornaments  
Dec. 6th: 11:00 Chorus, Haircuts by Marshall by appointment \$10.00  
Dec. 7th: 8:00 Nifty Needlers, 9:30 Bone

- Builders
- Dec 8th: 1:00 Bingo
- Dec. 9th: 9:30 Bone Builders, 10:00 Floral with Jane
- Dec. 10th: Foot Clinic by Appointment
- Dec. 13th: 10:00 Interfaith chat, 11:00 Chorus
- Dec. 14th: 8:00 Nifty Needlers, 9:30 Bone Builders
- Dec. 15th: 1:00 Bingo
- Dec. 16th: 9:30 Bone Builders, 10:30 Writers Group
- Dec. 17th: 1:00 Yankee Swap
- Dec. 20th: 11:00 Chorus, Haircuts by Marshall by appointment \$10.00
- Dec. 21st: 8:00 Nifty Needlers, 9:30 Bone Builders
- Dec 22nd: 1:00 Bingo, Last day of Christmas Craft Shop
- Dec. 27th: 10:00 Interfaith chat, 11:00 Chorus
- Dec. 28th: 8:00 Nifty Needlers, 9:30 Bone Builders
- Dec. 29th: 1:00 Bingo
- Dec. 30th 9:30 Bone Builders, 10:30 Writers Group

**THE GREEN THUMB**

2470 Benton Road  
No. Haverhill, NH  
603-787-6022

Open  
Weekends 10-3  
Other hours,  
call ahead

**Call for special orders**  
Wreaths From 15" to 60"  
Cut Your Own Tree • Baskets • Swags  
Last weekend open - December 18

**Ross-Wood Post #20  
American Legion**

4 Ammonoosuc Street,  
Woodsville, NH

Annual  
*Christmas Party*  
**Saturday, December 18**

5:00 PM Social Hour  
**WITH CASH BAR**

6:00 PM Dinner  
7:00 PM Yankee  
Christmas Swap

(Please limit gift to  
\$10.00 maximum)

*All Legion Family Members,  
plus bona fide guests are invited.*



# Human Interactions Are Important...

We have systematically seen the degradation of human interaction and with it the prevalence of depression, hostility, carelessness, callousness, and even mental illness.

There are fewer and fewer ways we personally interact with one another and an increasing number of ways we interact artificially through video games, smart devices, and computers.

We have seen a decrease in pleasant, respectful, thoughtful conversation and watched as our friends, neighbors, and even our family members berate, insult, demonize, and attack each other with a ferociousness never seen before; and most of us have even found ourselves caught up in those damaging rogue waves.

We have watched as people ignore those in their immediate company as they ineffectually engage through platforms such as Twitter, Facebook, Instagram, YouTube, SnapChat, and TikTok.

Neuroscience research has shown that the ex-

tended exposure to digital media is having a profoundly negative impact on the human brain. It is actually changing how we think, how we act, and how we react to events in our lives and each other.

Though research studies vary some on the percentages, most researchers agree that communication is around 55% non-verbal (body language), 38% verbal (vocalizations), and 7% the written word. This means human interaction is necessary for us to effectively communicate with one another.

So, what can we do?

1. Limit the time you spend on Social Media platforms.
2. Turn off all notifications on devices and be intentional about what you see.
3. Seek out opportunities to have in-person conversations.
4. Make a call instead of sending a text.
5. Hug someone, hugs reduce stress hormone levels.
6. Offer a smile, smiles

7. Send a handwritten letter instead of an email.
8. Listen with the intent of understanding.
9. Respect opinions that differ from your own.
10. Employ critical thinking skills & do your own research.

11. Remember that most people have positive intentions.

12. Take time every day to go out into nature and ground yourself.

13. Speak (and type) to others as you would want them to speak to you.

14. Treat others with dignity and respect.

15. Put down the phone and see, really see, one another.

Digital media is unfortunately a staple in our lives today, but that does not mean we need to continue to allow it to dehumanize us. None of us are perfect, we all will make mistakes, but we can all do better...for everyone's sake.

Respectfully,  
Brigitte Codling  
Resident of Bath NH

# Another Big Check from Littleton Food Co-op



Littleton Food Co-op's Minnie Cushing, Controller for the co-op, is excited about this check!

Littleton Food Co-op (LFC) raised funds in October to build more co-ops. And stronger communities! Every dollar donated goes to investments that grow co-ops, and every dollar of interest earned on the LFC account helps our local non profits.

LFC's Cooperative Community Fund program is linked with the following Co-ops in our region: Brattleboro, City Market/Onion River, Franklin Community Co-op, Hanover/Co-op Food Stores, Hunger Mountain, Middlebury, Monadnock, and River Valley. Together we have now donated a total of \$227,000 to non profits in our communities. The combined total in dollars in the Cooperative Community Fund endowment funds in our territory is \$830,000.

The Twin Pines Cooper-

ative Foundation/Cooperative Community Fund (TCP/CCF) has investments in co-op funds and co-ops in our region in the amount of \$2,100,000. That total is invested in the following cooperatives; Cooperative Fund of New England, Equal Exchange, ICA Loan Fund, New Hampshire Community Loan Fund, and River Valley Co-op.

The funds do double work by all the capital being invested in cooperatives and all the earnings going to non-profits chosen by each food co-op CCF sponsors in our area.

Past recipients in our community:

- 2020 - Fresh Start Farms / New American Farmers Cooperative
- 2019 - SWAN-Supplemental Weekend Assistance
- 2018 - Good Neighbor Emergency Fund
- 2017 - Burch House
- 2016 - Above the North Humane Society

# Channeling Andy

by Maggie Anderson

I've spent the better part of the last few days trying to decide if the world has lost all its marbles or if there's just a really big hole in the bag.

I read with interest of the convicted murderer who, after having killed his victim in an ambush, and then spent the last 26 years of his 35-to-life sentence in prison has just won a position as a Neighborhood Advisory Commissioner in Washington DC.

I believe in second chances, I do, always have, but we're not talking about some kid who knocked over a lemonade stand in seventh grade.

Not only will he oversee a women's shelter, luxury apartments, even the jail he now resides in, but he'll also advise the local government on issues from police protection, to liquor licenses.

Maybe baby steps are in order here. Wouldn't it be wise to see how he behaves if/or when he gets out of prison? New hires in every business have to put in their time on a trial basis, they don't get to hang onto a job just because they want it, there are rules. Businesses have to be sure of their crew, and they have to protect those who've already made the grade, fairness demands it, so does common sense.

Am I the only person on the planet who sees some dark clouds on that horizon?

Then there's the issue of a "free education for all" constantly chanted by the most vocal folks on the socialist spectrum.

Judging from the latest headlines, that only applies to those who believe the same things as the chanters.

I thought it interesting to note that prisoners of every stripe have access to a college education, some even become lawyers on the taxpayers dime.

But on the other side of that coin is the reality of those who are not given access to an education, even when they pay for it, if they don't march to the chanters' drum beat.

Then when I read of the IOC's new rulings for female athletes, three things popped into my head.

The definition of the word asinine and all it entails was first.

The realization that those new rulings ring the death knell for world class female athletes wishing to compete against their peers was second.

And third, no matter how politically correct the tap dance of new words and phrases is, intersex or sex variations, etc. the new rules still spell the same thing, the end of world class women's competitive sports.

My father always said just because a cat has her kittens in the oven it does not make them muffins. Call the sexes anything you want, these new rules and the twisting to be sure everybody gets to do anything they want any time they please is going to come back to bite us in the can.

Were I still competing, and had I reached the levels these elite women have achieved I would be boycotting the Olympics hereafter and spend my energy organizing competitions for women, period.



**DADS4BY**  
TOOL & SUPPLY

**MULTI SPORT TRAILERS**

**DURABLE TRAILERS All New Design!**  
**SALE \$7,395**

Galvanized Axle & Wheels • 6' Interior Height  
Outfitted with Ski Guides, Track Mats & Tiedowns  
**GREAT FOR ATVs TOO!**

**Fits Two Sleds**

**CUSTOM SNOWMOBILE TRAILER**  
**ORDER NOW!**

MON-FRI 7:30AM - 5:30PM • SAT 8:30AM - 4:30PM • SUN 9:00AM - 2:00PM  
22 Memorial Drive, St. Johnsbury, VT • 802-748-4208  
10 Railroad Street, Wells River, VT • 802-757-2000  
www.dads4bytool.com



603-787-6677

DON BOWMAN - OWNER/SERVICE TECHNICIAN  
Factory Authorized Service Provider • Serving NH & VT

### The NEK Council on Aging Hosts Annual Meeting

St. Johnsbury, VT - The NEK Council on Aging held a virtual Annual Meeting on November 29th via Zoom. The meeting was open to the public and attended by an estimated 72 people. The meeting began with a welcome from the Council's Executive Director, Meg Burmeister and an address from Board President, Anne Steinberg. A new slate of Board of Directors officers was nominated and approved. The officers are Susan Gordon, President; Anne Steinberg, Vice President, Kathy Hemmens, Treasurer; and Kris Lance, Secretary. Hank Cheney of St. Johnsbury was nominated and approved as a new member of the Board of Directors.



Photo Caption: Linda Guyer is presented with the 2021 Humanitarian Hero award from the NEK Council on Aging. The award honors her commitment to supporting elder residents of the NEK community.

A video encompassing testimonials from NEKCOA staff was presented describing opportunities and challenges experienced over the past year. Staff commented on how the pandemic has brought the community and the team at the NEKCOA closer by increasing partnerships due to the inability to meet in person.

"There was an increase in collaboration with our community partners as we came together to meet the significant demands caused by the pandemic," said Meg

Burmeister. Services to manage nutrition and food insecurity, medical care, case management, social isolation, and the vaccine continue to be a priority. The demands of the pandemic forced us out of our individual service silos and created valuable partnerships."

Guest speakers Laura Jane Ward and Kunal Parikh from Trualta provided an overview of the new e-learning platform to support care-

givers which is available 24/7 via any browser or digital device. This new service, open to the public with no charge, can be found at nek-coa.trualta.com.

The Council honored Linda Guyer with the 2021 Humanitarian Hero award to celebrate and recognize her dedication and service to the Council and its mission, to provide resources to communities to age well.

The meeting concluded with Council staff recognition for years of service. Carolyn Granai was presented an award for 25 years of service; Karen Budde, five years; and Meg Burmeister, five years.

The 2021 NEKCOA Annual Report is available on the [www.nekcouncil.org](http://www.nekcouncil.org).

**STAR CAT BOOKS**  
Support local, independent stores this holiday season!  
Rolling discounts throughout December on new & used books, games, cards, gifts  
**Shop locally**  
157 Main St., Bradford, VT, 802-222-5826  
[www.starcatbooks.com](http://www.starcatbooks.com)

Residential, Commercial and Agricultural  
**ROSS PAGE FOUNDATIONS LLC** EST. 1970  
Eric Page, Owner  
Concrete Foundations/Floors/Slabs • Stamped & Colored Concrete  
Thermomass Insulated Concrete Walls  
ACI Certified Flatwork Finishers  
802-592-3166 • 348 Thad Stevens Rd • Peacham, VT 05862

**Cohase Chamber of Commerce**  
Cultivating Economic & Cultural Prosperity  
Buy Local. Shop Local. Dine Local  
Support Chamber Businesses  
[www.cohase.org](http://www.cohase.org)

FAIRLEE, BRADFORD, FAIRLEE, VERMONT  
HAVERHILL, PIERMONT, ORFORD, NEW HAMPSHIRE

**JunkitNH**  
Junk Removal and Demolition Services  
Free estimates, fully insured • Family owned and operated  
We recycle and donate to our local charities  
Call us at 603-953-7200 or check us out at [JunkitNH.com](http://JunkitNH.com) or on Facebook at [JunkitNH](https://www.facebook.com/JunkitNH)

**LIFE BEGINS AT CONCEPTION** Jeremiah 1:5  
"before I formed you in the womb I knew you  
The **heartbeat** is detected at 6 weeks = **LIFE**  
Our Founding Document states that  
All Lives are created EQUAL, endowed by God  
w/Rights, the **FIRST** on which all others stand,  
**LIFE**  
**Since 1973 over 63 Million Unborn Babies Destroyed: over 1 Million yearly, over 100 thousand a Month, 3600 a Day. WHY?**  
If they do this to the least of these, the Most Vulnerable, where will it stop?  
**LIFE is the MOST SACRED GIFT from GOD GIVING HIS SON, JESUS, FOR US THAT WE MIGHT HAVE ETERNAL LIFE**  
**PAID ADVERTISEMENT**

*The December 21, 2021 issue of Trendy Times will feature Holiday Greeting cards from many area businesses and organizations.*

*As we celebrate the birth of Christ, let us rejoice in His glory.*  
The cost will be just \$30 for a full color card.

Happy Holidays From

The card includes your logo, address, contact information and choice of themes

Deadline for ads is Wednesday, December 15.

Merry Christmas From

Choose from Merry Christmas, Santa, Religious or Holiday Greetings.

The edition will be on newsstands on Monday, December 20.

8,400 Copies Distributed Every 2 Weeks  
Put your business in front of thousands of eyes.  
603-747-2887 Office      [gary@trendytimes.com](mailto:gary@trendytimes.com)  
171 Central Street, Woodsville, NH 03785  
[www.trendytimes.com](http://www.trendytimes.com)

**TRENDY TIMES**  
A FREE PUBLICATION



## U.S. Representative Peter Welch Announces Candidacy for United States Senate

BURLINGTON, Vt. -- U.S. Rep. Peter Welch on Monday announced he is running for U.S. Senate. Welch called on Vermonters to join him in fighting for a progressive agenda in the Senate.

"We are at a pivotal moment," Welch said. "Vermont families are struggling through multiple crises: a global pandemic, the consequences of climate change, and a racial reckoning generations in the making. The result of this election will determine control of the Senate and with it, what we can accomplish for Vermont families. If Vermonters elect me to the U.S. Senate, I will be ready to fight for progressive change on day one."

Welch reaffirmed his focus on ensuring Vermont's working families have access to childcare and paid family leave, passing a



Green New Deal, lowering health care and prescription drug costs, ensuring that women continue to have control over their own health care decisions, and protecting voting rights and our democracy.

"I was there on January 6th when the Capitol was stormed by a violent mob fueled by the former president's lies. Too many Sen-

ate Republicans stood behind him instead of telling the truth: It was an attack on our democracy and an attempt to overturn a free and fair election. Senate Republicans continue to sow division for their own political gain instead of working together to get things done."

Welch said even in the face of these challenges, he is optimistic. "I've seen Vermonters come together to solve problems. We focus on solutions, not who gets credit. That's the Vermont way. That's how I've gotten things done as Vermont's congressman, and how I will get things done if I am elected to the U.S. Senate."

Welch will announce campaign events in the coming weeks. Visit [www.welchforvermont.com](http://www.welchforvermont.com) for information about how to get involved with the campaign.

Located Three Miles South of the Fairlee-Orford Bridge  
Rte. 10, Orford, NH (603) 353-9901

www.millgardensfarmstand.com

Looking to Add Some Holiday Splash to your Home for the Holidays? NOW TAKING ORDERS FOR WREATHS, ROPING & CENTERPIECES

**Poinsettias, Ribbons & Decorating Supplies**

**HOURS: Mon.-Sat. 8:00-5:00; Sun. 8:00-2:00**  
**CLOSED DECEMBER 24TH -25TH**

**Gifts for pets and for pet enthusiasts**

**1216 Railroad St., Suite 6**  
**St. Johnsbury, VT**

*Whether it flies, swims, slithers, or crawls we have it!*

[djnelson@aquarealmaquarium.com](mailto:djnelson@aquarealmaquarium.com)  
[www.aquarealmaquarium.com](http://www.aquarealmaquarium.com)

OPEN: Monday - Saturday 9:30 am - 6:00 pm  
Sunday 11:30 am - 4:00 pm  
**Phone 802-748-8858**

**GREEN MOUNTAIN BOOKS & PRINTS**  
**NEW, USED & RARE BOOKS**

**Annual Holiday Sale: December 2-5**

[www.GreenMtnbooks.com](http://www.GreenMtnbooks.com)  
1055 Broad Street, Lyndonville, Vt 802-626-5051  
Monday -Friday 10AM -6PM, Saturday 9AM - 5PM  
**OPEN SUNDAYS IN DECEMBER 11 AM - 4 PM**

**Red Clover BIKES**  
446 US-5N, Fairlee, VT 05045

**Bike Sales & Service**

Have your bike tuned up before storing it for the winter so it is ready to ride next spring!

Schedule a service drop off or shop online anytime  
[www.redcloverbikes.com](http://www.redcloverbikes.com)

Wed - Fri 10am - 5pm  
Saturday 10am - 4pm  
**(802)222-4748**  
*Empowering your next adventure*

**INDIAN CORN MILL**  
aka The Apple Shack

**OPEN REGULAR HOURS NOW THROUGH WEDNESDAY, NOVEMBER 24.**

**TAKING ORDERS FOR THANKSGIVING PIES**

SELLING SQUASH, CIDER, BAKED GOODS, MAPLE SYRUP, HONEY, HANDMADE GIFTS, SLICK'S ICE CREAM, HOMEGROWN MEAT

**SEVERAL APPLE VARIETIES AVAILABLE!**

**REOPENING NOVEMBER 27 & 28 & DECEMBER WEEKENDS THRU DEC. 19. HOURS WILL BE 10 AM-4 PM**

1459 DARTMOUTH COLLEGE HIGHWAY NORTH HAVERHILL, NH 03774  
**603-359-1678**

HOURS: MON-SAT 10 AM-6 PM, SUN 10 AM-4 PM  
CASH, CHECKS & CARDS ACCEPTED

**HOLIDAY SWEETS**

**Saturday, December 11**  
**10am - 2pm**

**Lisbon Historic Railroad Station and Museum**  
25 Central Street, Lisbon

**PIES, CAKES, CUPCAKES, COOKIES, and more...**  
Homemade goodies, safely packaged for purchase  
Come stock up for the holidays.  
Masks required/available at door.

Benefit Lisbon Area Historical Society

**HO! HO! HO!**  
**MERRY CHRISTMAS!**

Children living in Lisbon, Lyman and Landaff are invited to call Santa at the North Pole at 838-5043 starting Sunday, Dec. 12th through Thursday, Dec. 16th from 6:00 to 8:00 pm.

*If you have been good this year Santa will come visit you at home on Christmas Eve and bring a stocking and some treats.*

**Socially Distanced Santa Visits**  
**Sponsored by the Lisbon Lions Club**

**JOIN US FRIDAY MORNINGS!**  
6 AM to 9 AM  
THREE HOURS OF  
**COMMUNITY CONVERSATIONS...**

Stephen John & Guests:  
Conversation with Businesses, Community Leaders & Non-Profit Organizations!

**PUFFER BROADCASTING INC.**  
1047 US Route 302, Wells River, VT 05081-0875  
802-757-2773 • 603-747-2770  
FAX 802-757-2774  
[www.wykr.com](http://www.wykr.com)

We Accept Cash, Check or Credit/Debit Cards



# CLASSIFIEDS



Personal: For Sale, Wanted, Lost, Found: Up to 30 words FREE for 2 issues. (\$10,000 value limit)  
 Business: Help Wanted, For Rent, etc. \$10/2 issues, \$20/5 issues, \$50/15 issues. Limit of 30 words.  
 Classifieds that exceed word count may be subject to an additional charge.

Mail or Drop Off at Trendy Times, 20 Pine Street, Woodsville, NH 03785 Email: Gary@trendytimes.com

## SERVICES

TDL WASTE SERVICE & trash drop. Jct. Route 302 and Wallace Hill Road, Wells River. Wed. 5-7 pm. Sat. 8 am - 1 pm, Sun. 9 am - 1 pm. Phone 802-584-3287 and 802-272-7019. 04.05

LOW COST SPAY/NEUTER - Rozzie May Animal Alliance, cats and dogs. Cat cab service available. Military discounts. Sign up on line www.rozziemay.org or call 603-447-1373. 02.24

PARADIS PAINTING SERVICE, interior and exterior paint and stain. We paint metal roofs! Free estimates. Insured. Call 802-439-3423 or 603-931-6729 michael.laundry@gmail.com 01.26

## FREE

FUEL OIL TANK with some oil in it. 802-751-8445 12.21



## CLASSIFIED FORM

*We accept checks, credit/debit cards and even cash!*

### MAIL OR DROP OFF AT:

20 Pine Street, Woodsville, NH 03785

EMAIL: gary@trendytimes.com

- For Sale
- For Rent
- Lost
- Help Wanted
- Free
- Found
- Personals
- Wanted
- Other \_\_\_\_\_

Description: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Price: \_\_\_\_\_

Phone Number: \_\_\_\_\_

**NON-BUSINESS:** For Sale, Wanted, Lost, Found: Up to 30 words **FREE** for 2 issues. (\$10,000 value limit)

**BUSINESS:** Help Wanted, For Rent, etc. \$10/2 issues, \$20/5 issues, \$50/15 issues. Limit of 30 words.

**Classifieds that exceed word count may be subject to an additional charge.**

Mail or Drop Off at Trendy Times,  
 20 Pine Street, Woodsville, NH 03785  
 Email: Gary@trendytimes.com

## FOR SALE

1952? JOHN DEERE TRACTOR, lots of new parts, carb, seat, steering, wheel clutch parts, etc. \$2,500 or next best offer. 802-333-9065 12.21

BECKETT MOTOR FROM FURNACE. \$75.00 or best reasonable offer. 802-751-8445 12.21

NOKIEN HAKKAPELITTA 8 STUDED M/S TIRES (2) used lightly for 2 seasons, 195/60R15. 195T XL \$80.00 603-272-4979 12.21

1996 PANTHER DELUXE 440cc SNOW MOBILE, 2 up seat, luggage rack, 4515 miles. \$1,500 or next best offer. 802-333-9065 12.21

FLAGPOLES & SIGNS: Fiberglass or Aluminum \* Asst. sizes up to 100 ft. White - Black - Bronze \* Flags of all kinds. Carved Signs - Gold & Silver Leaf - Smalts, Dimensional Letters & Logos - Site Signs, Custom printed & embroidered Apparel. Rickhammar53@gmail.com 603-254-0446 12.21

BROWNING LEVER ACTION .22 RIFLE, new in box, never fired. \$450.00/ Box of (50) .38 cal. full jacket ammo. \$49.00. 802-439-3254 12.21

## FOR SALE

DOG CRATE, plastic, 24 in. long, 18 in. wide, 20 in high. \$45.00 100 ft. 2x4 welded wire fence, 3 ft. high. 5 metal posts. \$55.00 Call 802-431-7170 12.07

2000 ARCTIC CAT 500EFI SNOWMOBILE, 5,400 miles, excellent condition, always stored inside. \$2,500. 802-592-3385 12.07

2002 ARCTIC CAT 570, 1,500 miles, like new, always stored inside. \$3,800. 802-592-3385 12.07

AR-15 CUSTOM MADE, Upper - MUR weapon system, Lower - Mag tactical system, .223/5.56, chrome barrel, light optic system, never fired, \$2,299. 802-439-3254 12.07

HP CHROMEBOOK LAPTOP COMPUTER, \$150 firm. 802-291-3948 12.07

JOHN DEERE X310 LAWNMOWER, bagger, snowblower, wagon. All for \$2,000. Call 603-787-2511. Please leave message! 12.07

BLONDE PEDESTAL DINNING TABLE, 2 leaves hidden inside, 6 chairs, excellent condition, downsizing. \$395.00 Call 603-787-2511. Please leave message! 12.07

BARRELS, TOTES & PAILS: 5 gallon - 275 gallon. Plastic or steel. Open and closed top. Call Bicknell Barrels 802-439-5519 08.23.22

4 SNOW TIRES, 215-55R-16 used just one season. \$200. Call 603-747-3809 12.07

4 WINTER TIRES, STUDED, used one season, 235/R5018 \$250.00 for the set or best offer. 2 C78-14 mud & snow, 500 miles, \$40 for the pair. Call 603-787-7070 12.07

BEER-MAKING KIT 2-5 gal buckets w/ tubing, bottle caps and capper, Stainless steel keg and line, thermometer and gravity reader. Book of recipes. \$65.00 603-638-2656 12.21

XC SKI BOOTS Rossignol X-2 womens ski boot size 42. Like new. \$50.00 603-638-2656 12.21

ROWING MACHINE: Concept 2 Model C Rowing Machine in good condition. \$550.00 Call 603-638-2656 12.21

## INSTRUCTION

INSTRUMENT LESSONS: Private piano, guitar, banjo & clarinet lessons for beginner & intermediate students of all ages. 40+ years instructing. Call 603-398-7272. 08.17

## WANTED

BAND SAW OWNER to cut pine legs, also 1894 Winchester cal. 30 full octagon. Also Railroad lanterns. 603-444-4097 12.21

Do you have a  
**“Help Wanted”** sign  
 out at your business?  
*Trendy Times classifieds may  
 find you the right employee.*  
**And the cost is just  
 \$10 for 2 issues  
 or \$20 for 5 issues!**

Do you have a Service  
 you want to offer?  
**5 issues for \$20  
 or \$50 for 15 issues  
 (that's more than six months)**

**Trendy Times prints  
 over 8,000 copies  
 every two weeks that  
 are picked up for  
 FREE by readers.**

## Letter to the Editor: Be A CASA

To the Editor:

This past week, the first of two Pfizer injections was administered to children as young as five at Haverhill schools. How did we get here, you might ask? I am asking the same question. As an attendee of every Haverhill School Board meeting for the past six months I should be able to relate to you the steps that were taken and discussions had before HSB moved to vote for this, having decided it was both necessary and appropriate. Only that's not what happened. I'm not really sure what happened and can only tell you what I saw and heard. At the end of the last school board meeting on November 8, one parent asked about hosting a vaccine clinic at school. The school board chair responded, "We had a clinic here," meaning the high school, "the school didn't, per se, have a clinic. We allowed it to be on our premises." Then he said, "It's a state level thing and I'll talk to you about this, maybe, tomorrow." What did they later discuss? How is this a state level thing? They already had a clinic? They "allowed" it to happen? When? The meeting suddenly ended while I

was still processing what I had just heard. How did all of this get by me? I was at every meeting. On November 23, the state, I guess, directed Haverhill to inject consenting 5-11 year olds at the elementary and middle schools before another meeting could be held. Prior to this event, I wrote letters to my school board representatives but got little to no response. One board member got back to me and said it wasn't a hill to die on. The clinic took place without a discussion or vote. After all, it's a state level thing. So, in summary, I went to all those meetings only to discover that the school board doesn't necessarily make decisions for the school. Who does? I don't know. The state? The feds? Who knows? Maybe the SAU#23 Superintendent knows. Since I can't really answer these questions and many other questions, and because of other grave concerns I will share in subsequent letters, I have chosen to homeschool my kid and you should too. Maybe if we all took our children out we could take back control of our schools. Tim Robie  
Haverhill, NH

Tim,,

*I know that times change and procedures change over time. I was once on the Haverhill School Board and at that time, as I recall, the individual school principals had the authority to allow outside parties to use their facility for events as long as they fell within written parameters. An example would be the annual Craft show at the Haverhill Middle School. It seems more efficient to allow principals this discretion rather than bringing all such requests to the School Board level.*

*In regards to home schooling your child, I also have some experience in that matter and can only say that I hope you are well aware of the requirements to do so, and that you can offer your child all the education that he or she needs.*

Gary Scruton, Editor

## Haverhill Town Manager Statement on Woodsville/ Haverhill Lawsuit

Woodsville brought lawsuit against the Town in 2019 seeking a determination by the court what SB75 required. The Town is disappointed that the Superior Court issued a decision regarding the Town's interpretation of SB75 without clarifying the ambiguous language in the law; which is what started this disagreement in the first place. Thankfully, due to the hard work by state and local elected officials, the offending law is no longer in effect.

Throughout this lawsuit, Woodsville Commissioners and the District Administrator have repeatedly argued that the purpose of

SB75 was for the Town to raise money from Woodsville residents for transfer to the District for its roads. However, Woodsville has always had authority to independently raise and appropriate funds directly from District residents. Woodsville Commissioners and the District Administrator have asserted that the Town should have raised additional money in 2020 and 2021 on Woodsville's behalf. However, it is the Town's understanding that Woodsville itself already raised from Woodsville residents, any shortfall they might claim. Therefore, it seems the Woodsville Commissioners

and the District Administrator simply want a windfall from the Town taxpayers, not compensation for any "damages."

Although the Town would prefer to simply close this case, move forward, and begin fostering a positive relationship with the Woodsville District, the Town does not support any attempt by Woodsville Commissioners to transfer its past tax burden to the current Town residents at-large. The Town is seeking a status conference to determine what, exactly, Woodsville is legally claiming and what the next steps for this case should be.

## Letter to the Editor: PATRIOTISM

To the Editor

As defined by Ms. Booth (The Littleton Courier, November 10, 2021) patriotism is not embodied by our current President of the United States, Joe Biden. Ms. Booth says a patriot does not lie. Mr Biden's Homeland Security chief Alejandro Myorkas said the border is closed. We know that is a lie. How else would several hundred thousand world travelers enter our country illegally with some 40,000-plus escaping detention to avoid court dates to justify their claims of needing asylum. The Biden administration surreptitiously transports those unvaccinated and untested for COVID by late night/early flights into unsuspecting communities throughout our nation. Would a patriot propose payments to those who cross our border against the rule of law? An American patriot would not. An increase in opioid deaths from fentanyl that enters our country through the wide-open southern border is not addressed by the Biden administration. Does that sound like a truthful, decent, and caring leader of the free world? An American patriot would address this scourge. Ms. Booth stated a patriot tries to make America a better place. Does a patriot try to force us to receive medical care we do not want and under penalty of a slight of hand – using OSHA – to threaten our economy by demanding employers fire workers who refuse COVID

Robert,

*During the past few weeks I have heard from more than one person commenting on my responses to the Letters to the Editor sent to Trendy Times. Suggestions have ranged from "Maybe you should not answer them" to "You should fact check anything printed".*

*My response has been, and will continue to be, to the first item, answerer letters was something I was taught at a young age, and plan to continue to do. To the second items, everyone is entitled to free speech. Whether or not I agree*

vaccination, deny them healthcare through cancellation of health insurance of those who are axed, deny them unemployment benefits. Do we deny medical care for cancer patients who refuse chemotherapy? We do not! A communist or socialist might do this. An American patriot with compassion would not. Would an American patriot propose a \$3.5 trillion dollar bill, labeled infrastructure, that included many new entitlements which Americans do not want: expanded government health care, paid family leave, free college, free child care, guaranteed minimum income and on and on. Would an American patriot give a totalitarian regime – the Taliban - billions of dollars in military and civilian equipment paid for by the blood of our American military and taxpayers. An American patriot would not. Ms. Booth stated a patriot is caring. Would an American patriot ignore the energy needs of our highly productive society by driving energy prices higher trying to fulfill the radical left's juggernaut to turn the U.S. "green"? An American patriot would not. Would an American patriot propose favoritism – also known as crony capitalism – toward electric vehicle manufacturers? An American patriot would not. Has the Biden administration told us that all the batteries to be used in electric vehicles are made in China, or China-influenced countries because lithium – the essential ele-

*or disagree with a writer's statements makes no difference. They have a right, and I have an obligation, to have it printed. It then becomes the responsibility of our readers to make a decision as to whether or not to take what is written as fact, opinion, or falsehood.*

*My only pledge is to attempt to keep the conversation going. I hope it continues in a civil manner. I also hope that readers enjoy the letters and when appropriate join in.*

Gary Scruton, Editor

ment needed to make the batteries used in all electric powered vehicles, cell phones, etc. is abundant in China, but scarce in the U.S.? An American patriot would not bestow economic prosperity and a competitive advantage on a competitor controlled by the Chinese Communist Party without ensuring a like exchange. A patriot believes in the U.S. Constitution as the rule of law. The Biden administration and the reprehensible Democrats who control Congress have chosen to ignore the rule of law. A federal court issued a permanent injunction against the Biden COVID vaccination mandate which the Biden administration has blatantly ignored. Does the Biden administration tell you that poverty in the U.S. is at an all-time low, that capitalism – low taxes and few regulations – drive economic prosperity for all? Does the Biden administration tell you that wealth taxes stifle innovation and entrepreneurship – a fact repeatedly recounted throughout recorded history. An American patriot would tell you and try to minimize the adverse effects of high taxes. Rather than reduce business taxes the Biden administration asks the rest of the world to raise their taxes to stop U.S. business from moving elsewhere. If these facts do not incite you to rage then you must think hard about your patriotism.

Robert Peraino  
Franconia



**WE'RE HIRING!**

**Multi-Machine Operator**

Excellent, competitive wages and benefits package!

Primary responsibility: operate Table & Band Saws

- Production mindset w/ safe work habits
- Self-motivated, self-directed
- Moderate to heavy lifting • Able to work 45+ hours
- Strong math and problem-solving skills

Come join our family and proud team in Bradford, VT!  
Email resume to [jobs2021@copelandfurniture.com](mailto:jobs2021@copelandfurniture.com) or visit [www.copelandfurniture.com](http://www.copelandfurniture.com) and click on "Careers" at bottom of page.

Walk-ins welcome at our Factory: 156 Industrial Dr.

## Finding Solutions for Your Financial Needs

**Kim R Shillieto**  
Financial Advisor

One Main Street  
Littleton, NH 03561  
603-444-0344  
www.edwardjones.com

**Edward Jones**  
MAKING SENSE OF INVESTING

Member SIPC

It's human nature to want to make things easier for our loved ones – and to have great concern about adding any stress to their lives. In fact, 72% of retirees say that one of their biggest fears is becoming a burden on their families, according to the Edward Jones/ Age Wave Four Pillars of the New Retirement study. How can you address this fear?

First, don't panic. In all the years leading up to your retirement, there's a lot you can do to help maintain your financial independence and avoid burdening your grown children or other family members. Consider these suggestions:

- Increase contributions to your retirement plans and health savings account. The greater your financial resources, the greater your financial independence – and the less likely you would ever burden your family. So, contribute as much as you can afford to your IRA, your 401(k) or similar employer-sponsored retirement plan. At a minimum, put in enough to earn your em-

ployer's matching contributions, if offered, and increase your contributions whenever your salary goes up. You may also want to contribute to a health savings account (HSA), if it's available.

- Invest for growth potential. If you start investing early enough, you'll have a long time horizon, which means you'll have the opportunity to take advantage of investments that offer growth potential. So, in all your investment vehicles – IRA, 401(k), HSA and whatever other accounts you may have – try to devote a reasonable percentage of your portfolio to growth-oriented investments, such as stocks and stock-based funds. Of course, there are no guarantees and you will undoubtedly see market fluctuations and downturns, but you can help reduce the impact of volatility by holding a diversified portfolio for the long term and periodically rebalancing it to help ensure it is aligned with your risk tolerance and time horizon. Keep in mind, though, that diversification does not ensure a profit or protect against loss in a declining market.

- Protect yourself from long-term care costs. Even if you invest diligently for decades, your accumulated wealth could be jeopardized, and you could even become somewhat dependent on your family, if you ever need some type of long-term care, such as an extended stay in a nursing home or the services of a home health care aide. The likelihood of your needing such assistance is not insignificant, and the care can

be quite expensive. In fact, the median cost for home health services is nearly \$55,000 per year, while a private room in a nursing home can exceed \$100,000, according to Genworth, an insurance company. To help protect yourself against these steep and rising costs, you may want to contact a financial professional, who can suggest an appropriate strategy, possibly involving various insurance options.

- Create your estate plans. If you were ever to become incapacitated, you could end up imposing various burdens on your family. To guard against this possibility, you'll want to ensure your estate plans contain key documents, such as a financial power of attorney and a health care directive.

It's safe to say that no one ever wants to become a financial burden to their family. But putting appropriate strategies in place can go a long way toward helping avoid this outcome.

*Edward Jones is a licensed insurance producer in all states and Washington, D.C., through Edward D. Jones & Co., L.P. and in California, New Mexico and Massachusetts through Edward Jones Insurance Agency of California, L.L.C.; Edward Jones Insurance Agency of New Mexico, L.L.C.; and Edward Jones Insurance Agency of Massachusetts, L.L.C. California Insurance License OC24309*

*Edward Jones, its employees and financial advisors cannot provide tax or legal advice. You should consult your attorney or qualified tax advisor regarding your situation.*

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

*Edward Jones, Member SIPC*

## Retirees Fear Becoming a Burden

### Senior Feet Foot Care For Age 55 & Older

**Beverly Sinclair**  
Registered Nurse  
802-449-7385  
bev@sinclair-chiro.com  
www.bevseniorfeet.com  
183 North Main St  
Bradford, VT



## We Want To Care for Your Family!

LRHC supports our patients with family planning services, prenatal, labor and delivery, and postnatal care. Families who choose Little Rivers Health Care for their obstetrics and prenatal care experience the highest level of personal attention throughout the women's pregnancy.

- ◆ Women's Health & Wellness
- ◆ Family Planning
- ◆ STI Screening
- ◆ Counseling
- ◆ Pregnancy Care

### LITTLE RIVERS HEALTH CARE

**Schedule a Conversation Today!**

Bradford, VT  
(802) 222-9317

East Corinth, VT  
(802) 439-5321

Wells River, VT  
(802) 757-2325

**RICH CLIFFORD**  
CONCRETE FOUNDATIONS  
SLABS, RETAINING WALLS, CURBINGS,  
SIDEWALKS INCLUDING RAILINGS  
NO JOB TOO SMALL  
54 Clifford Drive  
N. Haverhill, NH  
**Rich Clifford**  
603-787-2573

### Wells River Historic Housing

is now accepting applications for 1, 2, and 3 bedroom units in Wells River. Income restrictions apply. Walking distance to bank, stores, Post Office and Laundromat.

Contact Amanda at 802-775-1100 ext. 4  
or email at [amanda@epmanagement.com](mailto:amanda@epmanagement.com)

EQUAL HOUSING OPPORTUNITY

### Paige Computer Services

For all your computer needs!  
Sales • Service • Training  
Eli Heath, Owner

50 Smith Street, Suite C  
Woodsville, NH 03785  
603-747-2201



Quality Service for Reasonable Prices!

**www.PaigeComputerServices.com**

### Letter to the Editor: Biden's Latest Destructive Acts

To the Editor  
In his response to letter writer Alex Foryan [November 23, 2021], Trendy Times Editor Gary Scruton exhorts readers to "think about the issues before taking someone's opinion as the full and unconditional truth." Excellent advice.

However, Mr. Foryan's letter was not an expression of mere opinion. It was a list of verifiable facts and, without saying as much, an indignant condemnation of those facts and actions taken by the current occupant of the White House. Almost every assertion in Mr. Foryan's letter was simply a statement of facts available to anyone with access to a newspaper, radio, or news website. He was not expressing opinion disguised as fact or reporting "fake news," as do members of the mainstream media (CNN, MSNBC, etc.), for whom "news" is not events as they occurred but how they think readers and viewers should respond.

Mr. Foryan did not need to color his assertions with his own position on the issues. That message came through in the telling. All he needed to do in order to make his point was list the

outrageous, unthinkably stupid, destructive things our so-called president has done and let readers come to their own conclusions. To his credit, he did not tell Trendy Times readers what to think or believe. All he did—all he needed to do—was tell it like it is and let the facts speak for themselves.

Now here's my opinion, based on my understanding of the facts: Joe Biden is the worst president in American history. He is not only inept and incompetent and, face it, addled with senile dementia, he is intent on destroying this country and everything it stands for. He (or his handlers) has an agenda, and that agenda is not to promote peace, prosperity, goodwill, and happiness across the land. It is clear from all he does and says that he wants America to fail. Whether this is from stupidity, oafishness, or some kind of grand totalitarian plan is anyone's guess, but the results are the same.

I hope God is listening, because we desperately need his help to get out of this mess.

JP Watson  
Fairlee

*JP,*  
*I am not, nor do I claim to be an expert on politics, especially national politics. So like most I read an article or hear a news cast and wonder how much of it is based on fact, and how much is based on point of view. Specifically in regards to the \$450,000 proposed to be given to immigrants I googled it" and found a number of reports. Some agreed with your (and Mr. Foryan's) view. Other article gave a much different view of the same information.*

*My quick conclusion is that the truth lies somewhere in the middle.*

*In regards to your comment that President Biden is the worst president ever, I point out that at this writing he has been in office for less eleven months of a four year terms. I suggest we allow history to make such calls. Even at that point there will be difference of opinions when ranking presidents top to bottom.*

*In conclusion I will again strongly suggest that voters and citizens make up their own minds on who to vote for, what to believe, and which path to follow.*  
*Gary Scruton, Editor*

### Donald Joseph Boissonneault: OBITUARY

March 13, 1942 -  
November 21, 2021

Donald J. Boissonneault passed away on Sunday, November 21, 2021 on his own terms and was able to participate in a special and loving goodbye with his family.

Donald was born at home on March 13, 1942 to Donat Charles Boissonneault and Madeleine Rolande St. Hilaire Boissonneault in Lincoln, NH. His parents both hailed from Quebec, Canada. Their childhood years being spent in a catholic orphanage in Blacklake, Quebec due to deaths of parents on Donat's side and death of a mother on Madeleine's side. Even though they were at the same orphanage they were not there during the same years. Both of Donald's parents migrated to Lincoln, NH to work at the paper mill as did many French Canadians at the time. They met and were married in 1940. Donald had two siblings, being predeceased by his brother, Paul, his sister, Yvette now residing in North Woodstock.

When Donald entered first grade he spoke no English as French was the language spoken at home. He soon learned English and always enjoyed conversations with anyone who crossed his path!

Donald graduated from Lincoln High School in 1960 as president of his class and remained in contact with many of his classmates throughout his life. He attended NH Technical Institute in Manchester enrolling in the Automotive program. He also served in the US Army stationed at Fort Huachuca, Arizona and was part of the military police unit. In 1966 Donald started his 32 year employment with the State of NH at Cannon

Mountain as an aerial lift mechanic from 1968 to 1998. Donald married Lissa Mack Presby of Lisbon in 1968 and enjoyed 53 years of marriage together. Donald and Lissa lived their entire years together in Sugar Hill and since 1970 at their home at 1380 Rt. 117. They bore two children Ryan Donald born in 1974 and Haley Mack born in 1979 and spent all their happy years being proud parents to their two children and five grandchildren, Finn, Troy, Dino, Cooper and Zoe. Donald always loved the pets that he and Lissa had over the years. All of them giving him a great deal of joy.

Upon retirement Donald kept busy with his many interests including a small engine repair business, riding his motorcycles, BMW's being his favorite model, and reading his automotive and bike magazines. In his earlier years he enjoyed bowling in a men's league in Littleton. He also was a member of the Lisbon Village Country Club and golfed in the men's league for many years. He loved all sports, both participating in many over the years and an avid fan of national sporting events, especially baseball and football. Watching faithfully on TV. He was a 20 year member of the Sugar Hill Fire Department helping with the mechanical upkeep of the equipment and trucks and at one time, also served as Chief. After retirement Donald drove school bus always enjoying

the camaraderie with the young students. Donald served on the Lafayette school board and he served on the Sugar Hill Zoning Board of Adjustment for many years. He was also a member of the Sugar Hill Historical Museum. In his later years he very much enjoyed being a loyal patron of the Richardson Memorial Library just across the street from home! Donald was always willing to lend a hand when needed be it friend, neighbor or the town. He was a very proficient home repair person which was a great talent since Donald and Lissa's home was nearly 180 years old. There was always something that needed to be repaired. Donald enjoyed the life he had with all the happy times and experiences and few regrets.

Donald is survived by his wife Lissa, son Ryan, and grandchildren Finn, Troy and Dino and daughter Haley and son-in-law Brinson Ireland and grandchildren Cooper and Zoe. Also surviving is his sister Yvette Bujau and companion Frank Fiasconaro of North Woodstock and sister-in-law June Eaton of Bethlehem, nieces and nephews.

Interment will be at the Sugar Hill Sunnyside Cemetery.

Memorial donations may be made to the Sugar Hill Fire Department, Richardson Memorial Library or the Sugar Hill Historical Museum.

*Ricker Funeral Home & Cremation Care of Woodsville*



1 Birch Street • P.O. Box 271  
Woodsville NH 03785  
**(603) 747-2717**  
www.rickerfh.com  
email - info@rickerfh.com

**Adam W. Smith**

**Stockley Trucking**  
405 SOUTH MAIN ST., LISBON, NH 03585

**Buying**  
Copper • Brass  
Aluminum • Light Iron • Etc.  
Metal Recycling • Junk Cars

Don't Just Throw Metal Away!

CALL FOR PRICES - 603-838-2860

Monday - Friday 9 AM - 4 PM • Saturday 7 AM - 12 Noon

**Second Chance animal rescue**  
"we care when there's no one there"

1517 Meadow Street  
Littleton, NH 03561  
603-259-3244  
www.secondchancear.org

**TUNE IN FRIDAY MORNINGS for FAIRBANKS MUSEUM & planetarium WEATHER**

SHORTLY AFTER 7:30 AM  
A Conversation with the Meteorologist!

SPONSORED BY  
HATCHLAND FARM & WICKED GOOD DAIRY DELIGHTS & MILK STORE



**Puffer Broadcasting, Inc.**



Not all Times are Trendy, but there will always be Trendy Times  
December 7, 2021  
Volume 13 Number 5

# 14 Op-Ed: "Thank you, Joe!"

by Nick De Mayo,  
Northern Grafton County  
Republican Committee  
(NGCRC), Chairman  
Sugar Hill, NH

As you prepare for the Thanksgiving and Christmas Holiday Season, I have to thank Joe Biden, and all who voted for him for this year's most incredibly expensive Holiday Season! The price of every necessary visible and invisible ingredient needed for a "Happy Thanksgiving!" and "Merry Christmas!" celebration is up, up, up since last year. Why?

Well, one should focus upon a number of factors, but zero in on specifically one....oil!!

Now, you're asking yourself, "What does oil have to do with the celebration of Thanksgiving and Christmas?!" Well, I'm glad you asked that crucial question. It takes a real uninformed individual to connect the dots! You must not have paid attention during elementary geography classes? Did your high school business classes include the creation of American products?

Under the present Administration, we experience higher prices, this year, on all foodstuffs, turkeys, and all the necessary and usual ingredients needed to pro-

duce a "Happy Thanksgiving!" and a "Merry Christmas!"...the price of cranberries is up; the price of fruitcake is up; the price of Christmas trees is up! Maybe, the only thing that doesn't have a price increase is the price of "Forever Stamps"! But, have no fear, the Swamp Creatures in Washington, DC will jack up those prices soon, also!

INFLATION is a tax on EVERYONE...from the Trillionaire in Seattle, to the Billionaire in New York, to the Millionaire in California, to the Thousandaire across the street to the Hundredaire over the hill and across the street to the average hard-working Middle-class American around the corner and next door, to the indigent poor in the inner cities! Those in the first few categories can navigate these strenuous, hard economic times without much difficulty, but those in the second set of categories...those hard-working Americans in the so-called "Middle-class," and the poor, cannot well afford these price hikes so easily!

The current Administration is solely responsible for these tumultuous economic times!

Under the former Administration, food prices, gas prices, toy prices, well just about the price of every holiday item needed for the celebration of a "Happy Thanksgiving!" and a "Merry Christmas!" were under control, and affordable to all economic groups! What happened?! Did a magic wand descend over and across America? Did a magic spell envelope America? Did anybody see a cloud of doom cover America?! Well, yes, in a sense, it did! But, everybody was duped! We thought we elected a Moderate, soft-spoken, nice, quiet, elegant, experienced, polished, grand-fatherly, pro-American guy to the Presidency. But, time (only a short 10 months!) has proven otherwise!

It started with the cancellation of the oil pipelines by Executive Action of the present occupant in the White House! OIL is the primary ingredient in the creation of all manufactured products throughout the world, especially in America! Without oil, machines don't work! Bread cannot be made without oil; clothes cannot be made without oil; plastics cannot be made without oil! Just about everything we use in our contemporary society is

made from oil or some oil product. Anything not "of oil" is made with oil as a lubricant! The machines that make everything else that we use is made "with oil"! So, without oil, the machines in the factories throughout the world which create our food, our clothes, our toys, our golf bags, our tires, our nail polish, our bicycle tires, our cassette tapes, our motorcycles, our motorcycle helmets, our plastics, our caulking, our dishwasher parts, our tool boxes, our car parts, our manufactured food products (cereal, flour, vegetables, fruits, desserts, etc.) are all manufactured using machines which use OIL!! Gee, you wanted an ATV or a snowmobile for Christmas! How about pancakes for breakfast, or pizza for lunch?! Many of these foodstuffs are made by machines which need oil as a lubricant in order to become their final product. Many complicated mechanisms are made of oil products, and made by machines lubricated by oil! They are either items of oil products, or made by machines which are oil-dependent.

How about your celebration?

Let's see what's not manufactured by some machine which needs oil?...beer? bread? Carrots? Lettuce?

Tomatoes? Wine? Silverware? Plasticware? Tablecloths? Napkins? Pancakes? How about China or everyday plates like Corelle, etc? So, oil is the main ingredient needed to produce, and manufacture the products of our current civilized society! Our supply chain is totally dependent upon oil which runs the ships, the trucks, the forklifts which stack, and store the innumerable products. All products which we need, and use need oil!

And, what about those generous "donations" you give to the needy at Thanksgiving and Christmas? Whether the food items donated come from "local" farmstands or commercial corporations, all machinery used to plant, cultivate, and harvest these foodstuff "donations" are created via machinery using oil....tillers, planters, harvesters, etc.

So, when you wonder who to blame, and consider who is responsible for the "most expensive celebration of this 'Happy Thanksgiving!' and 'Merry Christmas!' Holiday Season," you can thank the "Grinch who stole Christmas," the current and present occupant of the White House, Joe Biden!

Thank you, Joe! Happy Thanksgiving and Merry Christmas!

Volume 13 Number 5

December 7, 2021

Not all Times are Trendy, but there will always be Trendy Times



## What About Ma?

by Kellie Quackenbush

### All About the the Giving Season

Ma always loved her mail order catalogs. Ma and Auntie would pour over the pages looking for that special little trinket to add to the Merry Season. Without going into the varied religions and the associated traditions or anti-religion traditions, I will say that here in the United States, there does seem to be a big Season of Giving that starts around this time of the year.

Commercial sales and sales of "gifting" options abound. What would our winters be without shopping opportunities and social

gatherings? Oops, we did just survive 2020, a year where people were so very frightened that they washed their groceries (in the bags and boxes) when they got home. We thought we had seen the end of that when here in 2021, what came next--the Delta variant. Per [www.CDC.gov/coronavirus](http://www.CDC.gov/coronavirus), "Viruses are constantly changing, including the virus that causes COVID-19. These changes occur over time and can lead to the emergence of variants that may have new characteristics. Vaccines continue to re-

duce a person's risk of contracting the virus that cause COVID-19. Vaccines are highly effective against severe illness." With that said, wear your face coverings when shopping and wash your hands frequently.

Back to gifts; there was a time when the best gifts were very personal. My grandmother made pajamas and nightgowns for every person in the family, on her treadle sewing machine, every year for Christmas. She then would use the scraps for quilting. Think about the time and effort that went into those gifts. My mother was fond of baking fruitcakes laced with brandy. My dad would make trinket boxes. The neighbors would make wreaths, stockings, scarfs and grow little plants to gift other neighbors and friends each year.

What was valued was the

thought and effort of the gifts. What are we as a society putting a value on now? Fortunately, there are a number of good charities that will put value to the dollars donated. When we are tired of "things", we can always do good works or contribute to our community. Global warming has been a concern voiced on the news, one way to slow global warming is to plant trees, there is a charity that will plant trees for you and give you cards to mail to your friends to let them know that a tree will be planted (the Arbor Day Foundation).

Charities abound and you can donate to causes that help. What do you want helped? Locally, we have "Meals on Wheels", they help people, who can not shop or cook, have daily food. There is the "Old Church Theater" (OCT) they provide low cost live entertainment for our area. There are school fundraising events, just log onto the school's website and you will learn about what the schools need and what the students are working for, they have some great causes. Our towns are also in need of people to be interested and help with civic causes. Not too long ago, the town of Haverhill was asking

for help, people to be a part of the decisions for our welfare. There is also the Lions Club, they really care about people.

In this Season of Giving, I am asking you to think hard about what you give and the reason behind it. Are you getting the people you love something that they will care about and treasure or are you buying a trinket that will be forgotten? Let your time, effort and dollars go to something truly good. Let true joy fill your heart in this Season of Love and Giving.

## BEEZWAX By John Martin



**NOW OFFERING CUT & SPLIT FIREWOOD**

**\$225/CORD DRY HARDWOOD**  
Local Delivery Included

We Also Do Wood Chipping Up To 4"

**J & A LAWNCARE**

**603-747-4030**  
BEST TO CALL AFTER 5 PM  
Woodsville, NH

## Letter to the Editor:

To the Editor,

In my last letter to the Editor I was harshly critical of the decision that Board Chair Larry Scott and the Newbury DBR Committee made for abruptly closing the hearing on October 21, before any members of the public could speak. To be clear the criticism was directed at the decision to close the meeting and was not directed toward Larry or any member or to question their integrity. I had two people come up to me on October 21 after the hearing closed and state the DRB had already made their decision. I certainly didn't believe that and so stated this to the two people and in my letter. Just to state again it was the closing of the hearing I was criticizing and not the people involved. I apologize to Larry and to any DRB member who was offended, it was not my intent.

However, it is not surprising that the State and Vermont Permanency Initiative, Inc. are appealing the Newbury Development Review Board's decision to deny a Juvenile Detention Center in the CD-10 District that is limited to low-density

development that is primarily agricultural, forestry or residential in nature in a manner that protects forestland and wildlife habitat. The Detention Center doesn't meet any of these requirements.

The Newbury DRB is to be commended for their well thought out denial based on the facts and the town's zoning regulations. The unanimous decision clearly states why the plans were denied.

That said the State is to be applauded for wanting to keep these youth in-state and instead of sending them out state where they would be out of sight, out of mind. However the State has the responsibility NOT to place such a facility on a class IV road that the town does not maintain, and where there is no town police, that has a volunteer fire department and where rehabilitated services are not readily available and is in conflict of town zoning. While such a facility is needed, 487 Stevens Place, Newbury is not a suitable location. The State owns other property that would better serve these youth in need.

Richard M Roderick  
Wells River, Vermont

Richard,

*Zoning rules and regulations are for just that purpose; to follow thru on the will of the people with the restrictions that have been put in place. They are not supposed to be used to discriminate against and set of people or any individual person. For this to happen members of any Zoning Board need to examine every request and rule on the merits of that application. Nothing more, nothing less. When a unanimous vote is reached then it appears that is just what has happened.*

Gary Scruton, Editor



by Eli Heath  
Paige Computer Services

I received 4 calls in the past week about this scam. I have had customers say they have received calls from Microsoft that their computer was infected by a virus. Here is narrative from Scott Brande of Windows Secrets of what happened to him when he got one of those calls;

Scott's description of how the scam played out:

"This morning I received a telephone call (the second such call in two weeks) about infected files on my computer; the caller then offered to fix the problem. Suspecting a scam, I decided to play along.

"I think it was the same caller both times. He had a strong accent, the kind I'm used to hearing on outsourced help lines. I asked the caller's name both times; the first time he replied, 'Mike Tyler,' and the second time he was 'Andrew.' He began the call by saying that he's with Microtek, an authorized supporter for Windows operating systems. (My spelling of the company's name was a guess; the caller never spelled it out.)

"I asked immediately whether this was a sales call. Without directly answering my question, he launched into what sounded like a script. He stated: 'Our servers have received information from your computer that indicates it is infected.'

"When I questioned him

# Tek Talk with Eli <sup>15</sup>

about his company, he told me I'd find 'Microtek' listed on [an online business directory] — as if a listing in the directory were proof his call was legitimate! When asked where the company was located, he replied, 'Houston, Texas.' I then asked for his employee ID; he gave me 'MSCE079502.'

"(After the call, I ran an online search and came up with a Microtek in Houston; it's a training facility for business computer users — not a technical-support center. I assume the caller just picked Microtek's name off the Web. I don't believe the real Microtek had anything to do with the bogus tech-support call.)

"Changing topics, I asked how he knew my computer was infected. He replied that his company is an authorized Microsoft Partner and, because I use Microsoft Windows, my computer sends notifications to Microtek servers.

"I then asked how he knew about my specific computer; he stated that his server gets updates from my PC. He then asked whether I ran Windows Update. When I said yes, he went on to say that Microtek servers got the information about infected files in my system via Windows Update.

"I countered, stating that Windows Update goes only to Microsoft servers — not Microtek servers. But he simply repeated that Microtek is an authorized Microsoft Partner.

"Next, I asked him which one of my computers was infected (I have several at home), to which he said something vague about a MAC address. When asked

which MAC address he had for my machine, he would state only that, for 'security reasons,' he couldn't tell me the MAC address (even though it was my own PC).

"At this point, I expressed my doubts about all this information. But he was quite persistent; he stated that 'some of our clients in your area have been affected by the infected files on your machine.' He then claimed I had upward of '1,000 infected files.' When asked who these local clients were, he said he couldn't tell me that (of course).

"I asked how his clients' machines could possibly be affected by my home computer. He didn't answer this but went directly to the following: 'OK, I'll show you the infected files on your computer.' He instructed me to enter .inf into the Start menu search box, then declared that all these files were 'infected' (that .inf stands for 'infected' or 'infection').

"At that point, I said I didn't believe that was true; it was my understanding that .inf was a particular type of file that comes with software installed on my computer.

"At this point, he ended the call — probably because I knew that .inf didn't refer to infected files. As it was, I'd had him on the line for a good 15 minutes.

A customer called me and said that when she asked how much the cleanup will cost the guy replied \$300.00 when she said she was not going to pay the scammer started deleting pictures of her late husband from her computer. If you get such a call just hang up, I hope this helps. Any questions you can email me at Paigecs@

Not all Times are Trendy, but there will always be Trendy Times

December 7, 2021

Volume 13 Number 5

### TRENDY TIMES STAFF

SALES .....RICHARD M. RODERICK  
& GARY SCRUTON

CONTRIBUTING WRITERS .....

MAGGIE ANDERSON, ELINOR P. MAWSON,  
MARIANNE L. KELLY, ELI HEATH,  
CINDY PINHEIRO, KELLIE QUACKENBUSH

Phone 603-747-2887 • Email:gary@trendytimes.com

20 Pine Street • Woodsville, NH 03785

Tuesday – Friday 9:00 am - 5:00 pm

Trendy Times reserves the right to accept or reject publication of any letter to the editor or submission of any nature for any reason. *Of course you will need to be really out there for us to turn you down.* We also reserve the right to make slight changes to submissions for readability purposes.

Thank you for your understanding.



# TRENDY TIMES

A FREE PUBLICATION

DISTRIBUTION AGENTS. ....  
DAWN DEAN, RICHARD RODERICK,  
SHARON CASSADY, GARY SCRUTON  
EDITOR / PUBLISHER.....GARY SCRUTON  
WEB MASTER .....PAUL HUNT

## GRS Tire & Auto

Full Service Auto Repair

Foreign & Domestic

Alignments • Brakes • Lube, Oil & Filter Changes  
Oil Undercoating • State Inspections • Tires  
Towing & Recovery • Tune-Ups • Used Car Sales

GARY SIEMONS, PROPRIETOR

603-747-4192

95 Central Street, Woodsville, NH

Hours: M-F 8-5



Scott Borthwick  
Manager

Ph: 603.523-9284  
Cell: 603.630.8032



Estate Wildlife Control, llc

Professional Removal & Exclusion of Wildlife

www.estatewildlifecontrol.com



by Cindy Pinheiro  
to contact Cindy (aka Cin Pin) write to the editor at gary@trendytimes.com

# Salisbury Steak with Mushroom Gravy

Hello hello my fellow chefs! I hope you all had a nice Thanksgiving. The Christmas season is upon us and in my neck of the woods we have snow. I'm planning a trip to Rhode Island before Christmas. I just can't wait to see my family Nick and Tobi and my beautiful 3 grandchildren. It will be the baby's first Christmas and the other 2 kids still believe in Santa that makes the holiday so special.

Let's get started with today's recipe and how to make it. This is a great way to make something different with ground beef and it's "Delicioso". So much better than a TV dinner you remember from your childhood. We would all think how good it was and now you can make from scratch easy peasy and your family will say that this is the best Salisbury steak they've ever had. So let's begin.

### Ingredients for Salisbury steak

- 1 lb. 85% lean ground beef
- 1/2 tsp black pepper
- 1 tsp dry ground mustard
- 2 heaping Tbsp ketchup
- 1 Tbsp Worcestershire sauce
- 1 tsp soy sauce
- 1 large egg beaten
- 1/2 tsp cayenne pepper
- 1/2 cup seasoned bread crumbs
- Mushroom gravy ingredients
  - 2 Tbsp butter
  - 12 large white mushrooms sliced
  - 1/2 Vidalia onion chopped
  - 1/2 tsp salt

- 3 Tbsp white flour
- 3 Tbsp ketchup
- 1 Tbsp Worcestershire sauce
- 3 cups beef broth
- 2 Tbsp butter to fry patties

First mix in large bowl the ground beef, black pepper, dry mustard, ketchup, Worcestershire sauce, soy sauce, beaten egg, cayenne pepper and bread crumbs. Mix well with a fork until all incorporated but not over worked, then cover with plastic wrap and refrigerate while you make the gravy. In large non-stick fry pan melt the butter over medium heat, add the mushrooms, onion and salt then sauté until nice and brown and moisture is gone about 6-8 minutes or more if not golden brown. Add flour and cook tossing till incorporated another 2-3 minutes. Add ketchup, Worcestershire sauce and beef broth and mix stirring until thickened about 8-10 minutes or more if needed. Pour in bowl and set aside. Take out the ground beef and make 4 oval patties (quarter pound each). In same frying pan melt 2 Tbsp butter over medium high heat and brown patties about 2 minutes per side carefully turning using a flat spatula. You are just browning not cooking through. Pour gravy over the patties, reduce heat and simmer for about 10-12 minutes. That's it.

I served mine with white rice and corn. Spooning gravy over the rice. I tried a different beef stock called Kitchen Basics and the color is rich and the flavor is good.



It was even on sale. Your family will love this dinner. The gravy is delicious too. You can make it for any beef dish you make. Red wine goes well just drink responsibly.

Well folks that's it for today's recipe and I hope you try it. Happy December. Remember if you have any questions please contact Gary and I will help you out. Until next time I am signing off.

Sincerely,  
Cin Pin



## Christmas Spirit

Beautiful tree in N. Haverhill, NH

Photo by Cyndi Wellman  
Copies contact: cnb.pics07@gmail.com



On October 29, 2021, the Woodsville High School chapter of the National Honor Society hosted its annual Costume Day. Students were encouraged to wear any school-appropriate costume and pay one dollar. All funds from this Costume Day were donated to UNICEF and in total, the NHS made sixty dollars.

Volume 13 Number 5

December 7, 2021

Not all Times are Trendy, but there will always be Trendy Times



**(603) 747-2205**

**35 Central Street**  
Woodsville, NH 03785

*Over 2000 window treatments, styles, colors and sizes in stock plus accessories galore all displayed throughout the store.*

**Thurs, Fri, Sat, Sun, Mon 10AM - 4PM**

## CustomSUPPORT

We're here to help you!



**www.customsupport.com**

- Windows and Mac Installation & Repair
- Virus & Malware Removal (PC Tuneup)
- Network Installation & Configuration
- Website Design & Maintenance

227 Cross Road  
Bradford, Vermont 05033  
802.222.4460

paul.hunt@customsupport.com  
john.hunt@customsupport.com