

# TRENDY TIMES

20 Pine Street, Woodsville, NH 03785  
Phone: 603-747-2887

Email: Gary@TrendyTimes.com  
Website: www.TrendyTimes.com



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## 2022 Littleton Rotary Cinco De Mayo Scholarship Auction Fiesta

Support local high school graduate scholarships by attending the Littleton Rotary Club's 56th annual fundraiser event, Thursday, May 5th, 2022, starting at 5:30pm at the Mountain View Grand Hotel in Whitefield. The event and live auction raise money for scholarships to deserving local high school seniors from the 12 towns served by the Rotary Club of Littleton. All are invited to come to this amazing event.

"After two years of remote fundraising, the club is really excited to get back to holding a live, in-person event," said Rusty Talbot, of the Littleton Rotary Club Charitable Fund.

Since it is occurring on May 5th, the theme is Cinco

de Mayo. The fiesta will be in the Mountain View Grand's magnificent Crystal Ballroom and includes a Mexican buffet dinner, signature margaritas and live music, plus games and raffles.

"While we want this to be a fun opportunity for folks to get back out there and have a good time together, the real purpose is to raise money for scholarships," said Talbot.

The event provides multiple ways for members of the community to assist deserving local high school graduates. The live auction will focus on unique, exciting, and memorable experiences, while "Shares of the Future" are direct donations to the scholarship fund. All pro-

ceeds from games and raffles during the event go into the fund. Donations are tax deductible since the Rotary Club of Littleton's Charitable Fund is a 501c3 charitable organization.

After last year's virtual event, the club was able to offer scholarships to all eligible applicants. Thanks to generous Community Sponsors and individual donations, about \$40,000 worth of scholarships were awarded to graduating seniors at our six area high schools. The club hopes that this year's event will be the most successful yet!

Applications for scholarships are open to graduating high school students in the

service area, which includes Lisbon, Lyman, Landaff, Bethlehem, Carroll, Easton, Franconia, Dalton, Littleton, Monroe, Sugar Hill, and Whitefield.

Don't miss out on an evening of fun with good food and drinks, live music, and auc-

tion – all to benefit our local grads and to help in the pursuit of their dreams!

Tickets to the event are \$45 and can be purchased, along with "Shares of the Future," at <https://littletonrotaryauction.com>.



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# TRENDY Dining Guide

## Iron Rail Pub + Grill

by Gary Scruton

The month of April can be very fickle. One day it is nice and warm, and the next the wind blows and you're glad the winter coats have not been put away. Janice and I happened to hit one of those nice days and decided to increase our appetite with a walk to the Iron Rail Pub - Grill. Though we did have to deal with some wind in our faces on the way there, the walk home later put the wind at our backs.

As the name implies the Iron Rail not only serves food but also has an extensive bar area with plenty of seating. Janice and I normally request to sit in the dining area where there are a number of comfortable booths as well as a number of tables that can easily be moved around to accommodate larger groups.

The hostess brought us to one of those booths and left us with menus as well as telling us that Nate would be waiting on us this day. When Nate came over he quickly asked us what we would like for beverages. Janice went with a simple glass of water. I told Nate that I really liked dark beer. He mentioned Guinness and I was ready to say yes, but then he also said there was a tap with Allagash Nocturna. I believe he added that it was made in bourbon barrels and had about a 9.5% alcohol content. I ordered one and when it arrived I could certainly tell it was not your normal beer. It was very dark, almost black and was even served in a glass closer to a brandy glass than a beer glass. I savored every drop.

Next was our meal order itself. Janice very much enjoys her fish and chips and

went with that. I have had the clam chowder at Iron Rail before and enjoyed it, so I asked for a cup of chowder and a cheeseburger. Nate asked if I wanted the chowder with the meal or before and then followed my request and brought the chowder out very soon after taking our order.



The chowder came with a bag of oyster crackers and most every bite felt like it had some clam bits in it. Not to mention that it was as tasty as I had remembered.

The chunk of fish in Janice's basket was plenty big. It covered a good amount of the fries even though they

were also quite plentiful. There was also a small side bowl of coleslaw.



As far as my burger was concerned it was listed as an 8 oz. patty with lettuce, tomato (I asked Nate to keep the tomato) and choice of cheese (Cheddar please). It also came with hand cut french fries and coleslaw.

This is probably a good time to mention that the Iron Rail does seem to be presenting itself well to all ages as we were well entertained by a couple of different families. One was at a booth just across from us with two well behaved little ones and two sets of young parents. The other was at one of the tables and included a girl of about 5 or so who had finished her meal and was obviously ready to move on to the next adventure of the day. Again, a well behaved child who was able to get up and stretch her legs before

leaving.

Our meals arrived in a reasonable amount of time and we began the attempt to clean our plates. Janice was able to do so, while I struggled to get the last of the burger finished. I finally had to give up as there was just too much for me to finish.



When we were finished Nate came back to our table again with the hand held point of sale instrument that most of the order takers at the Iron Rail use. It allowed him to total our bill, accept our credit card right there, and hand us a receipt. I noted that while we were processing the card Nate took a step away from our table in order to give us the privacy one might want when using plastic.

Our total for the meals and beverage was \$45.57 including tax. As always we left a cash tip on the table for Nate.



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## Thousands of Acres in White Mountains Conserved For Wildlife Habitat, Recreation, Forest Economy

The N.H. Division of Forests and Lands and The Conservation Fund have announced the completion of a multi-year effort to protect 6,395 acres of forestland and aquatic resources within the Beebe River watershed in central New Hampshire.

Named the Beebe River and Spencer Brook Forest Legacy Conservation Easements, the newly conserved contiguous land shares a 6.5-mile boundary with the White Mountain National Forest just north of Squam Lake.

The Division of Forests and Lands will hold conservation easements on the property, which will remain privately owned and sustainably managed to support timber products and protect wildlife habitat and water resources.

The property will also continue to provide access to 15 miles of recreational trails that link to an additional 150 miles of state-wide trail systems, guaranteeing public pedestrian access for hunting, fishing, hiking and cross-country skiing and snowmobiling on designated trails.

"This tract serves as a critical part of the Beebe River Watershed complemented by the White Mountain National Forest to the north and Squam Mountains to the south," said State Forester Patrick Hackley, director of the N.H. Division of

Forests and Lands. "We are pleased to have a role in conserving this special property and the many values it provides."

The Conservation Fund, a national environmental nonprofit, purchased the land through its Working Forest Fund with support from the Richard King Mellon Foundation. Federal funding from the U.S. Forest Service's Forest Legacy Program, along with private support from the Squam Lakes Conservation Society and from other local and public partners also made finalizing the purchase and establishing the easement possible.

New Hampshire's U.S. Congressional delegation representing Grafton and Carroll counties – U.S. Senator Jeanne Shaheen, U.S. Senator Maggie Hassan, and U.S. Representative Chris Pappas – supported the use of federal funding for this project.

"Thanks to these efforts and the generous support from local and public partners, especially from the Richard King Mellon Foundation, the Squam Lake Conservation Society and the Land and Water Conservation Fund, people and wildlife will be able to enjoy this important landscape for many years to come," said Sally Manikian, the Conservation Fund's New Hampshire and Vermont represen-

tative.

"It's an extraordinary accomplishment to achieve both conservation and restoration goals, while improving the health and vitality of a forested watershed for wildlife, climate resilience and nearby communities," she added. "The fate of this land has finally been confirmed, and it will continue to be managed as a working forest—ensuring jobs and revenue will stay in the region."

In addition to providing aquatic habitat for wild brook trout – which are one of New Hampshire's species of greatest conservation need – the parcel has a deep history in the timber industry, including providing spruce for the construction of World War I airplanes.

About the New Hampshire Division of Forests and Lands

The Division of Forests and Lands protects and promotes the values provided by trees, forests, and natural communities. Our work is accomplished through responsible management of the state's forested resources; by providing forest resource information and education to the public; and through the protection of these resources for the continuing benefit of the state's citizens, visitors, and forest industry. For more information visit us at [nh.gov/nhdf](http://nh.gov/nhdf).

## Lisbon Lions To Host 18th Annual Spring Senior Citizen Dinner

The Lisbon Lions Club is once again showing their appreciation to local senior citizens by sponsoring the 18th Annual Spring Senior Dinner, free for all senior citizens living in Lisbon, Lyman and Landaff, on Saturday, April 23rd. The meal will include ham, mashed potatoes, vegetables, applesauce, roll and dessert.

Due to continuing Coronavirus concerns, this year's

dinners will be offered as home deliveries only. When you call to order, please provide an outdoor location where we may leave your meal to avoid close contact. Meals will be delivered as close to noon as possible.

To order a dinner to be delivered to your home, please call Donna & Phil Clark at 603-838-5043 by April 19th.

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## Vermont Agriculture Leaders Endorse Molly Gray for Congress

Burlington, VT — Today, Lt. Governor Molly Gray, a Democratic Candidate for Congress, announced a slate of endorsements from 14 agriculture leaders across Vermont. These endorsers include dairy and vegetable farmers, meat producers, greenhouse owners, and former Vermont Secretaries of Agriculture.

"Workforce shortages, supply chain issues, climate change: they've all converged to make times tough for our farmers," Gray said. "Here in Vermont and nationally, we're seeing how food, climate, and economic security are inextricably linked. As Vermont's Congresswoman, I'll carry on the historic leadership of our congressional delegation by protecting and expanding

key provisions in the Farm Bill to support Vermont farmers, tackling comprehensive immigration reform, and boosting domestic production to strengthen supply chains."

Gray was born and raised at Four Corners Farm, a diversified fruit, vegetable, and dairy farm in South Newbury still operated by her family today. As Lieutenant Governor she has supported Vermont's statewide response to COVID-19, worked to address food insecurity, and advocated for increased investment in local, resilient food systems and supply chains.

"This impressive lineup of farmers and agriculture leaders exemplifies much of what makes Lt. Governor Gray a unique statewide

leader and candidate for Congress," Samantha Sheehan, Gray's Campaign Manager, said. "Lt. Governor Gray understands firsthand the needs of Vermont farmers; she also possesses the legal, policy, and leadership skills to be effective in Congress. No other candidate in this race has her combination of lived and professional experience."

"Farming teaches you scrappiness, practicality, and resilience," said Gray. "There are no Fridays on the farm, and there are no Fridays in public service. It's a labor of love. You've got to love what you do. As Vermont's Congresswoman, I'll approach each day with that same labor of love as I fight for our working families, our communities, and our state."

## Nancy Kaplan of Burlington Appointed to the Vermont Commission on Women

Montpelier, VT) – Governor Phil Scott has appointed Nancy Kaplan of Burlington to serve on the Vermont Commission on Women (VCW), the state's non-partisan commission working to advance rights and opportunities for women and girls.

Kaplan is a Research Navigator at The University of Vermont Larner College of Medicine. Her work connects Vermont clinicians and providers with the resources at the Northern New England Clinical and Translational Research Network to enable them to conduct health related research in their communities.

Previously she served as Program Manager for the Vermont Department of Health's You First program, providing breast and cervical cancer screenings, heart disease management, and health care system navigation for eligible low-income Vermonters. She also worked for Voices for Vermont's Children, a non-profit organization promoting public policy that enhances the lives of children and youth in Vermont.

Commissioner Kaplan's public service includes more than eight years on the Burlington Parks Recreation and Waterfront Commission, including six years as Chair. In addition, she served on Burlington City Council from 2009-2011 and was also Chair of the Board of Directors of Trinity Children's Center, an inclusive

preschool in Burlington. Upon reflection on her many years of public service Kaplan wishes to extend a particular thanks to Carlen Finn, the former Executive Director at Voices for Vermont's Children for taking the time to introduce her to the importance of policy and advocacy.

Kaplan will bring her experience working with and for Vermont's vulnerable and minority communities to the Commission. Her history working within the government, healthcare, and non-profit sectors will allow her to bring a nuanced and informed perspective to this work. Reflecting on her

VCW appointment, Kaplan said, "I am excited to use my skills to help our state work towards equity and inclusion for all of its residents and particularly to help the next generation of women to be successful."

The Vermont Commission on Women (VCW) is an independent non-partisan state commission working to advance rights and opportunities for women and girls. Sixteen volunteer commissioners and representatives from organizations concerned with women's issues guide VCW's public education, coalition building, and advocacy efforts.

## NEK Chamber Legislative Breakfast In Person, April 25

The Northeast Kingdom Chamber of Commerce will hold its fourth legislative update of the year, in person, on Monday, April 25, from 8 to 9 a.m., at the St. Johnsbury House, 1207 Main St., St. Johnsbury. The program starts with a short update from the chamber, continues with legislator reports addressing key issues and concludes with a question-and-answer period at the end of the event.

Expected issues to be discussed include Covid-19 and its impact, the state budget, health care, labor and economic development issues, taxes and fiscal policies, not to mention the many issues that arise during the session. Laural Ruggles will serve as co-host of the meeting along with NEK Chamber Director Darcie

McCann.

In accordance with Covid recommendations at the time of this release, guests to the forum may decide for themselves whether to wear masks. There will be hand sanitizer and wipes on hand for use by guests and to clean the microphones. There will be a small fee to cover the cost of food and the room fee.

The forums are held the last Monday of each month from January to May, from 8 to 9 a.m. Please mark your calendars for the remaining 2022 date of May 23, which is also expected to be held in person at the St. Johnsbury House. The forums will be recorded, with video links provided on the chamber Facebook page following the event.

## Barnet Clothing Give-Away

On Friday, April 22nd from 3-7 p.m. and Saturday and Sunday, April 23rd and 24th from 9-4, The Barnet Good Neighbor Fund will be hosting a CLOTHING GIVE-AWAY at the Barnet Village Church (just off Route 5 and up the hill from the Post Office).

We have completely filled the church with gently used clothing (some new with tags) in sizes newborn to adult 4X. We have an overabundance of women's large, extra large and plus sizes. We also have bedding, winter coats, shoes, boots, slippers, and flip flops

as well as some gently used toys.

Everyone is invited to come take whatever they need for their family.

Bring a bag (or two or three or four) and have fun without spending a dime. Tell your family and friends as well as any strangers you meet along the way.

We will be having a 50-50 raffle to benefit our Ukrainian refugee friends!

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# NH's Forests Count On Your Help During Wildfire Season

Op-Ed by  
Chief Steven Sherman  
N.H. Forest Protection  
Bureau, N.H. Division of  
Forests and Lands

April 17-23, 2022 is Wildfire Awareness Week in New Hampshire, and it's a perfect opportunity for everyone to learn more about wildfire in our state as well as what we all can do to protect the forest resources that are so important to our day-to-day lives.

You may know that, at 82 percent forest cover, New Hampshire is the second-most forested state in the country. We depend on healthy forests for recreation and jobs, as habitat for wildlife and to help keep our air and water clean.

Wildfire Awareness Week in New Hampshire takes place in April, timed to coincide with the start of wildfire season here, when forest floors, meadows and lawns haven't greened up yet and the forest canopy can't provide protection from drying sunlight and spring winds,

each of which make conditions even more combustible.

While wildfires in New Hampshire tend to be smaller than the dramatic fires out west that make the news, that doesn't mean they aren't destructive and dangerous. Ninety percent of wildfires in New Hampshire are human caused, and we have, on average, 250 wildfires each year, with 250 acres destroyed.

Most wildfires in New Hampshire are contained quickly and with minimal loss, but even the smallest wildfire can result in the loss of structures or other personal property. Injuries can also be a factor.

The N.H. Forest Protection Bureau works all year long to minimize both wildfire incidents and their impacts. Our full-time staff covers the state from Pittsburg to Hinsdale to Rye, working closely with forest fire wardens, fire departments, fire tower lookouts, aerial surveillance and others to implement a com-

prehensive program of prevention, training, early detection, hazard mitigation and wildfire suppression. Our team is dedicated to keeping you and your loved ones safe from the damage wildfires can cause.

But our most important partner is you! You can help minimize wildfire risk in New Hampshire by developing a few good habits. These include always checking with the local jurisdiction and obtaining a fire permit before burning any materials outdoors – no matter how small the fire you plan on having; being careful about sources that you might not immediately think could start a wildfire, including sparks or heat from machinery, embers hidden in ash from a woodstove or even stray bullets hitting rocks and igniting forest fuels; and always making sure your fire is completely out by drowning it in water, stirring it, feeling it for residual heat and repeating the process until the heat source is 100 percent extinguished.

Smokey Bear's wise words, "Only you can prevent wildfires" is as true today as when he first became the icon of wildfire awareness in 1944. Please join him – and us – by remaining vigilant and on high alert for wildfire danger, not just during Wildfire Awareness Week, but also all year long.

# A Month in Italy - 8 <sup>5</sup>

by Elinor Mawson

We are finishing up all the stuff in the fridge today and leaving some butter and cheese for Irene, the house cleaner. We hope she doesn't present us with a huge gas bill for the month. We have to get up on Saturday at 4:30 AM in order to get ready and be out by 5:40. Mr. Ciccerelli is coming for us in his van to take us the half mile to the bus station; our luggage is so heavy we have to have him. He charges extra for the early hour. We plan to sleep all the way to Rome. When we get there we are going right to the hotel.

After getting settled we may go for a city tour. I have been there before but I wouldn't mind seeing the sights again -- Rome is a BIG place.

We got to Rome at about 8:30 and it was pouring down rain. We had to go from the bus station to the train station and then wait in line and get very aggressive before we could finally get a taxi to the hotel.

Tomorrow we are taking a 9-hour bus tour of the city. Nancy has gone off on her own to see the Sistine Chapel ceiling and La Pieta.

We booked a minibus to the airport for \$68.00; it cost \$15 for the taxi to the hotel. We had a buffet breakfast for \$5.00 when we got to the hotel.

We went to the Valentino restaurant about 15 minutes by taxi from here. We had champagne, filet mignon, salad and dessert on a rooftop overlooking a huge dome. It took almost 3 hours to eat and was \$50 each. Needless to say we dreamed of our great grandmothers, but it was a wonderful experience.

Our beds in this hotel are about 20 inches wide and the floor is marble. Need I say more?

Now I am waiting to check out and take the minivan to the airport. There are a lot of things I am looking forward to -- my own bed, seeing my favorite people and hearing my native language without an accent. The things I will miss are food without additives and preservatives, the weather and my wonderful friends with whom I have spent the past month. It has been a real adventure and the fact that we are still friends has to tell us all something.

We met several times during the following year and talked about another adventure in Italy. The idea sounded good, but when push came to shove, the only one of us who was flexible enough to do it was me. Now we communicate by facebook

Thank you for sharing this great experience with me.

Not all Times are Trendy, but there will always be Trendy Times

April 19, 2022

Volume 13 Number 14

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- Blue litter bags and gloves can be picked up at the Clifford Building in Woodsville, the Morrill Building in North Haverhill and the office at Mountain Lakes and are provided for litter pick-up in the Town of Haverhill. This includes all the villages and precincts in Haverhill including North Haverhill, Pike, Woodsville, Haverhill Corner and Mountain Lakes. These bags are not to be used for household rubbish and are not for personal property clean-up.

- We ask that if you are participating in roadside litter pickup, please wear gloves (doubled up if necessary) and wear brightly colored clothing. Do not pick up anything suspicious or sharp. Be aware of your surroundings and USE CAUTION on the roadways!

- Please transport the litter to the Town of Haverhill Town Garage located on Airport Road in North Haverhill. If you are not able to transport the litter, we ask that you pile 3 or more bags together on the roadside and notify the road agent or 603-728-7133 and we will have them picked up.

# Calendar of Events

EVENTS FROM LOCAL NON-PROFITS, SCHOOLS AND TOWNS. *PRESENTED FREE BY TRENDY TIMES.*

## THURSDAY, APRIL 21

VFW POST #5245 MONTHLY MEETING  
7:00 PM  
VFW Hall, North Haverhill

## FRIDAY, APRIL 22

CLOTHING GIVE-AWAY  
3:00 - 7:00 PM See Article on Page 4  
Barnet Village Church

## SATURDAY, APRIL 23

LISBON LIONS SENIOR CITIZEN DINNER  
Home delivered about 12 noon  
Lisbon, Landaff, Lyman residents  
See Article on Page 3

## SATURDAY & SUNDAY, APRIL 23 & 24

CLOTHING GIVE-AWAY  
9:00 AM - 4:00 PM See Article on Page 4  
Barnet Village Church

## SUNDAY, APRIL 24

ACCOUSTIC MUSIC JAM  
12:00 noon - 3:00 pM  
Clifford Memorial Bilding, Woodsville

## MONDAY, APRIL 25

NEK LEGISLATIVE BREAKFAAST  
8:00 - 9:00 AM  
St. Johnsbury House, 1207 Main St.  
See Article on Page 4

## HVERHILL SELECT BOARD MEETING

6:00 PM  
Clifford Memorial Building, Woodsville

## WEDNESDAY, APRIL 27

ROSS-WOOD POST #20 AMERICAN LEGION  
ANNUAL MEETING & ELECTION OF OFFICERS  
6:00 PM  
4 Ammonoosuc Street, Woodsville

## FRIDAY, APRIL 29

PLANTING & PRUNING WORKSHOP  
5:30 PM See Article on Page 11  
Windy Ridge Orchard, North Haverhill

## SATURDAY, APRIL 30

JIGJAM, Irish Celtic music  
7:30 PM  
Alumni Hall, Haverhill

## SUNDAY, MAY 1

MEET THE AUTHOR OPEN HOUSE  
3:00 - 4:00 PM See Ad on Page 7  
Clifford Building, Woodsville

## TUESDAY, MAY 3

WOODSVILLE WELLS RIVER 4TH OF JULY  
7:00 PM  
Baldwin Memorial Library, Wells River

## THURSDAY, MAY 5

SCHOLARSHIP AUCTION FIESTA  
5:30 PM See Ad on Page 9 and Article on Page 1  
Mountain View Grand Hotel, Whitefield

## FRIDAY, MAY 6

REIMAGINING THE AMERICAN SONGBOOK  
7:30 PM  
Alumni Hall, Haverhill

## SUNDAY, MAY 8

BENEFIT TEXAS HOLD 'EM POKER  
10:00AM Cash Game 1:00 PM Tournament  
Moose Lodge 1779, St. Johnsbury

## AN EVENING OF BACH

3:00 PM See Article on Page 9  
Clifford Building, Woodsville

## MONDAY, MAY 9

BATH BOOK CLUB DISCUSSION  
4:30 PM See Article on Page 7  
Bath Public Library

## SUNDAY, MAY 15

ACCOUSTIC MUSIC JAM  
12:00 noon - 3:00 pM  
Clifford Memorial Bilding, Woodsville

## EVERY SUNDAY

BETHANY CHURCH WORSHIP SERVICES  
9:00 AM "the church set apart on the hill"  
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## WEEKLY EVENTS AT

### CLIFFORD MEMORIAL BUILDING

South Court Street, Woodsville Antique  
STROLLERS WALKING PROGRAM  
Monday – Friday from 11:00-12:00  
MOVEMENT AND STRETCH CLASSES  
Tuesday and Thursday afternoons  
1:00 – 2:00 PM  
PICKLEBALL  
Tuesday & Thursday evenings at 6:00 PM  
Saturday mornings at 9:00-10:30 AM  
LINE DANCING every Wednesday evening  
6:00 - 7:00 PM

## Littleton Co-op Rounds Up for Seniors

The Littleton Food Co-op is excited to have the Littleton Area Senior Center (LASC) be the recipient of our Partner of the Month round-up for the month of April! The Senior Center was voted in as one of Partners of the Month last year by our member/owners.

Each time you "round up" during the month of April you will be supporting services that assist older adults and adults with disabilities to live safe, healthy, and independent lives within their community. Services offered by the Littleton Area Senior Center include on-demand, door-to-door transportation, activities such as bone builders, tai chi, and educational seminars, and nutritional services that include home-delivered meals and Grab and Go meals. In addition, each home-delivered meals beneficiary receives a daily "wellness" check to ensure that the individual is safe and healthy. All services are free of charge, although donations are accepted.

In FY 21 LASC provided 63,559 meals for 693 older adults or adults with disabil-



*Delivering a meal to the car window in winter is a volunteer, Larry Steigleman.*

ities.

LASC provides services to the residents of Bethlehem, Easton, Franconia, Landaff, Lisbon, Littleton, Lyman, Monroe, and Sugar Hill.

Member-owned Littleton Food Co-op serves the community by providing high quality food, offered at a fair price, with outstanding service. Everyone is welcome to shop and anyone is welcome to join. Through our Partner of the Month Program, the co-op sponsors a different local non-profit

each month of the year. All of the Partners are locally focused, socially and environmentally responsible, non-political, and secular. Partners are chosen by our Member by popular vote. Located at the intersection of Cottage Street and Route 302 (exit 41 off I-93), the Littleton Food Co-op is open daily from 7 am - 8 p.m. For more information or to become a member, please visit [www.littletoncoop.com](http://www.littletoncoop.com), call 603-444-2800 or just stop by!

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## 'Save Our Granite Stages' Grants Available For Smaller-sized NH Arts Venues

Small performing arts venues and performing arts production entities are welcome to apply for funding through the N.H. State Council on the Arts Save Our Granite Stages grant program.

The \$1M in funding for the program comes from the State's allocation of the American Rescue Plan Act State Fiscal Recovery Fund. It continues the State's commitment to supporting arts organizations and venues through the challenges of COVID-19 and builds on \$13M in targeted relief funding provided in 2020 and 2021 through the Governor's Office for Emergency Relief and Recovery.

Venues with 300 seats or fewer and arts organizations that produce performances in venues of that size are eligible to apply. Additionally, to be considered for this grant, applicants may not have received funding from the federal Shuttered Venue Operators Grant program.

As part of the application process, organizations must be located in New Hampshire and are required to explain how funding will have an immediate positive impact on the state's arts workforce and detail how funding

will benefit their organization.

A one-time, temporary funding opportunity, Save Our Granite Stages is meant to assist smaller arts venues that are still struggling from pandemic-related impacts, including reduced ticket sales, artist cancellations, increased facilities costs related to upgrading ventilation systems, and more.

The deadline to apply for a Save Our Granite Stages grant is May 27, 2022. More information, including how to register for online workshops focused on the program on April 7 and 21, is available by visiting the N.H. State Council on the Arts website, [nh.gov/nharts](http://nh.gov/nharts), and clicking on "Grants."

The New Hampshire State Council on the Arts, a division of the New Hampshire Department of Natural and Cultural Resources, enhances the quality of life in New Hampshire by stimulating economic growth through the arts, investing in the creativity of students, making the arts accessible to underserved populations and preserving heritage arts. Learn more about the New Hampshire State Council on the Arts at [nh.gov/nharts](http://nh.gov/nharts).

## Want to Connect to Other Readers? Join the Bath Book Club!

The Bath Library Book Club will be discussing *Nickel and Dimed; on (not) getting by in America* by Barbara Ehrenreich on Monday, May 9th at 4:30 pm at the Bath Public Library.

In her non-fiction book, Ehrenreich recounts her experience going undercover as a low-wage employee to see if Americans can survive on minimum wage salaries.

Books may be picked up

at the Bath Library on or after April 11; hours are Tuesdays, Wednesdays and Thursdays 9:00am to 5:00 pm and Saturdays 9:00 am to noon. Anyone with an interest in reading and conversing about books is welcome to attend. For information, please contact the library at 603-747-3372 or email [bathlibraryal@gmail.com](mailto:bathlibraryal@gmail.com).

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## Weathervane Theatre Seeks Local Talent for Upcoming Season

WHITEFIELD, NH - Weathervane Theatre is thrilled to announce local auditions for its upcoming 57th season (running June 8 - October 9, 2022). On stage opportunities include the play *Eurydice* by Sarah Ruhl, the rock opera *Jesus Christ Superstar* by Andrew Lloyd Webber and Tim Rice, and *North Country Shakes* by Jorge Donoso. *North Country Shakes* is a new and original adaptation of Shakespeare's works and will be performed on the newly constructed Weathervane outdoor stage. *North Country Shakes* is made possible by a \$10,000 Challenge America Award from the National Endowment for the Arts.

Auditions for all productions will take place at Weathervane Theatre's rehearsal space, The Grange, located at 35 Maple Street in Whitefield, NH. All ages welcome.

Auditions for *Eurydice* and *North Country Shakes* will be held on Sunday, May 1st from 11AM - 4PM. Auditionees should be prepared to present a Shakespeare monologue (does not need to be memorized). Auditionees may prepare a Shakespeare monologue of their choice or can select one from Weathervane's website to perform. *Eurydice* and *North Country Shakes* will be directed by Jorge Donoso. *North Country Shakes* starts rehearsals May 23rd with performances running June 16 - 24. *Eurydice* starts rehearsals June 13 and performs in rep July 1 - August 5.

Auditions for *Jesus Christ Superstar* will be held on Monday, June 13th from 4PM - 7PM. Auditionees should provide clearly marked sheet music and be

prepared to perform 60 seconds of a song in the style of the show. An accompanist will be provided. *Jesus Christ Superstar* will be directed by Weathervane's longtime Resident Music Director Colin Keating. *Jesus Christ Superstar* performs in rep August 8 - September 4th with rehearsals starting in mid-July.

For additional audition and show information please visit [weathervanenh.org](http://weathervanenh.org). Questions can be directed to [info@weathervanenh.org](mailto:info@weathervanenh.org)

In addition to onstage opportunities, Weathervane also seeks local behind the scenes talent. Open positions include carpentry, box office staff, and a residence manager. Interested applicants can submit a resume to [weathervanejobs@gmail.com](mailto:weathervanejobs@gmail.com). Flexible hours and competitive pay for the right candidates. Additional



info regarding these positions can be found at [weathervanenh.org](http://weathervanenh.org)

Weathervane's 57th season opens June 8, 2022 and runs through October 9, 2022. Season productions include *Million Dollar Quartet*, *Eurydice*, *The Marvelous Wonderettes*, *A Gentleman's Guide to Love and Murder*, *Jesus Christ Superstar*, *A Class Act*, *Intimate Apparel*, and *A Chorus Line*. Season subscriptions are currently on sale at [weathervanenh.org](http://weathervanenh.org) or by phone at 603-837-9322. Please note all phone calls will be returned within 3 business days per the off-season box office schedule.

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## NH Trade Exports Hit Record in 2021

CONCORD, N.H. – According to the U.S. Census Bureau, New Hampshire exports hit record-breaking figures of \$6.4 billion last year, a 16.7% increase from 2020, announced the New Hampshire Department of Business and Economic Affairs (BEA). New Hampshire's top two export sectors driving the growth were industrial machinery and electrical machinery, which includes components used in automobiles, computers, and airplanes. In the food and beverage category, the Granite State's maple syrup industry ranked first among U.S. states for the first time since 2004.

"We're proud that New Hampshire companies helped alleviate shortages in the global supply chain in 2021, specifically in essential products like automotive and computer components," said Taylor Caswell, BEA Commissioner. "And it was great to see New Hampshire's maple syrup industry take the title of top national maple product exporter. This report showcases impressive growth from companies and industries throughout the state."

Industrial machinery brought in \$1.5 billion in revenue, with electrical machinery at \$1.460 billion, up from \$1.087 billion in 2020 – a growth of more than 34%. This category includes electronic integrated circuits (IC), a crucial automobile component subject to global shortages. Exports of ICs from New Hampshire increased by 165% from 2020 to 2021 and were valued at \$170 million.

Granite State exports of aircraft and aircraft parts also grew following a decline in 2020 due to COVID-19. The sector was valued at \$1.123 billion in 2021, a

20.5% increase from the year before. Germany received 56% of aircraft imports, worth \$630 million, from New Hampshire.

"With a network of booming industries – particularly in manufacturing components – the state has a strong foundation for success, regardless of the circumstance brought on by the pandemic," said Adam Boltik, Office of International Commerce program manager. "These figures are a clear representation of how the New Hampshire economy has the ability to bounce back, while also having a national and international influence."

Overall, New Hampshire's top export markets last year were Germany (\$915.4 million), Canada (\$906.3 million), and the United Arab Emirates (\$503.7 million).

In addition to increases in maple sugar and syrup exports, valued at \$5.8 million and representing 22.5% of all U.S. maple exports, other New Hampshire food and beverage-related sectors, like beer, also saw significant growth.

## Younger Generation Electrician Ready To Move Forward With Business

Andrew Dicks graduated from Oxbow High School and Riverbend Career and Technical Center in 2016. By itself that is not big news. It was certainly a big day for Andrew and his family. But the bigger day came about three and a half years earlier.

Shortly after starting high school on a college tract Andrew had problems with his Spanish 1 class. His guidance counselor told him that if he continued to fail classes he may well not graduate as scheduled. The suggestion was that he look into moving over to Riverbend. So the question then was, "what courses do they offer that interest you?? The answer did not come quickly, but it did not take long for Andrew to decide to explore electricity and all of its inner workings.

As mentioned Andrew graduated high school, on schedule, in 2016. But that was certainly not the end of his education. Upon graduating he went to work not only to earn a living, but also to further his knowledge in the world of being an electrician. Four years of night school, 8,000 hours of on

the job training, and a test earned him his Journeyman's license. This allowed Andrew to take one further step in his plan. That step was to become his own boss and form his own business.

Now working under the name of Dicks Electric his home base is at his home in Haverhill Corner. But he works all around the area as he is licensed in Vermont and New Hampshire. Dicks Electric does not currently do any solar installations, but they can install generators, take on a remodeling job or new construction with most any residential project. Of course being a business owner his education has still not stopped. Owning any business is a constant learning experience, plus he continues to gain experience as required before taking his Master Electricians license test in May of 2022.

In the meantime Andrew's business will soon grow as his wife Monica will be joining him as a bookkeeper and paperwork assistant. Monica is currently a



kindergarten teacher but they both hope that the business grows enough to allow her transition to being full time with the new business.

It is well understood by many in the area that a good number of our current tradesmen are reaching the age of retirement, and that new blood is needed in many fields of hard working tradespeople. It appears that at least one area of that hole is being filled by Dicks Electric and owner, journeyman electrician and still learning Andrew Dicks. You can contact Andrew and Dicks Electric at 802-222-1466 or via email at andrewdicks716@gmail.com

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# Celebrate the Blossoming of the Earth In Nick's Explosive Color

We are pleased to announce an exhibit of the art work by St. Johnsbury artist Nick Piliero, whose brilliant colors will fly into your heart. When first viewing Nick Piliero's works thoughts immediately compare his paintings with other artists whose creations became popular in the Pop and Psychedelic movements of the late 60's and 70's. Peter Max and Roy Lichtenstein come to mind. Viewers captivated by Piliero's images find a special touch that is all his own.



Piliero is of an age when these artists came to dominate the scene, in both popular and fine art venues. Yet Nick did not begin painting seriously, as he writes, "When in 1984 or so, my 2nd wife gave me paints. When I picked up the brush I knew this is what I was born for. . . . When painting I go to a place within a place of pure creation so I never run out of things to paint."

"Color is my passion," writes Nick. Paraphrasing the mentor of many artists, Pablo Picasso, he continues, "Anyone can paint pretty pictures. Great artists paint ideas. A lot of my work is ideas. Form and color are

important to me. . . . There seems to be an inner force in me that guides me when I'm painting, it's like the brush is doing the work, not me."

A "Meet the Artist" program will be announced on Public Media (Facebook and Instagram) when a date is set. The NEK Artisans Guild is located at 430 Railroad Street. Our hours are 10:30 until 5:30 Tuesday through Saturday. We are an artisan cooperative now celebrating our 25th year. Keep up with the Guild on the web at [www.nekartisanguild.com](http://www.nekartisanguild.com), on Instagram and Facebook, or call during open hours at 802-748-0158.

Press release edited/written/ by James M. Frase-White, Curator, Back Room Gallery

# Woods Without Gile Owners Named 2022 NH Outstanding Tree Farmers of the Year

The N.H. Tree Farm Program has announced that Ann and Marc Davis have been named New Hampshire's 2022 Outstanding Tree Farmers of the Year.

Straddling Springfield and Wilmot, the Davises' 500-acre tree farm, Woods Without Gile, is a working forest that implements the four pillars of the Tree Farm program: wood, water, wildlife and recreation.

"When we purchased the property in 2002, the forest was dense and had been severely damaged by the 1998 ice storm," said Ann Davis. "Working with Tim Wallace, a licensed New Hampshire forester, we've had four timber harvests that have focused on extricating some of the damaged hardwood, which has allowed existing conifers to regenerate and flourish."

"One objective we've had is to expand habitat diversity for wildlife, including deer, moose and birds," said Marc Davis. "To accomplish this, we've planted trees and fruity shrubs, inventoried snags and downed woody materials that provide food and shelter for a variety of animals and birds, and both implemented and stumped patch cuts that have created a meadow as well as foraging sites for beaver."

Woods Without Gile's wetlands include a more than five-acre beaver pond and associated wetlands, two streams with several beaver dams, a sphagnum moss bog, vernal pools, an upland red maple swamp, and both intermittent and year-round streams.

The Davises keep Woods Without Gile open to the public for cross-country skiing, fishing, hiking, hunting, horseback riding, snow

shoeing and other non-motorized and non-wheeled recreation. To help facilitate these activities while keeping the forest healthy, the Davises established eight miles of trails and installed permanent bridges over stream crossings.

Proceeds from timber harvests on the property have helped establish the trails, pay property taxes, purchase skidder bridges, install gates and make other improvements.

As is required for all certified tree farms, a written forest management plan for Woods Without Gile is in place and is updated regularly.

With a long-range goal of ensuring that their Tree Farm remains a working forest in perpetuity, the Davises have established a conservation easement for it that is held by Ausbon Sargent Land Preservation Trust. They purchased their property in part because it abuts another protected parcel, the 6,725-acre John F. Gile Memorial State Forest, which is owned and managed by the N.H. Division of Forests and Lands.

The Davises learned about managing their woodlot by attending multiple educational workshops, many of which were organized by UNH Cooperative Extension. They are also long-time members of the N.H. Timberland Owners Association; Ann Davis served on the board from 2005 to

2013 and was board president from 2010 to 2012.

"The dedication Ann and Marc have shown in making sure Woods Without Gile is a model Tree Farm is inspiring," said Greg Jordan, chairman of N.H. Tree Farm. "Their thoughtfulness over two decades as they worked to achieve their goals exemplifies the Tree Farm program spirit."

N.H. Tree Farm reports that there are 1,450 certified tree farms, totaling 500,000 acres, involved in the program statewide.

The New Hampshire Tree Farm Program is co-sponsored by the N.H. Division of Forests and Lands, the Granite State Division of the Society of American Foresters, the Society for the Protection of N.H. Forests, the N.H. Timberland Owners Association and UNH Cooperative Extension. It is based on the American Tree Farm System and is operated by volunteers through the New Hampshire Tree Farm Executive Committee.

For more details about the New Hampshire Tree Farm Program, visit [nhtreefarm.org](http://nhtreefarm.org).

Part of the N.H. Department of Natural and Cultural Resources, the Division of Forests and Lands protects and promotes the value provided by trees, forests and natural communities. For more information, visit [nh.gov/nhdf](http://nh.gov/nhdf) or call 603-271-2214.

Not all Times are Trends, but there will always be Trendy Times

April 19, 2022

Volume 13 Number 14

FAIRLEE, BRADFORD, FAIRLEE, VERMONT



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Volume 13 Number 14 April 19, 2022 Not all Times are Trendy, but there will always be Trendy Times

# Planting and Pruning Workshop

If you have spring planting and pruning questions the Grafton County Conservation District Planting and Pruning Workshop will have the answers about managing blueberries, fruit trees and softwood trees. This workshop will start at 5:30 PM, Friday, April 29, 2022 at Windy Ridge Orchard, 1775 Benton Road/Route 116, North Haverhill.

At 6:00 Windy Ridge Orchard owner, Dick Fabrizio, will demonstrate planting and pruning methods for apple trees, and share his knowledge and expertise on apple tree care. At 6:30 Jim Frohn, UNH CE Forest Resources Educator, will discuss suitable sites, planting techniques, and growing balsam and Fraser fir.

This workshop will take place outdoors in the orchard, and includes some walking.

At 5:30 Heather Bryant, UNH CE Field Specialist, will demonstrate blueberry pruning and proper tools needed to grow GREAT

## Letter to the Editor: Educated and Informed Electorate Needed

To the Editor,  
Let me begin by complimenting Stacey Cramer on her excellent article (Enough is Enough, March 22, 2022) She was absolutely correct when she indicated the importance of being educated as to what is happening in this country. Unfortunately, there are too many uninformed people who show up at their voting districts with little knowledge of the issues facing this country. Who suffers the consequences of their lack of education? You guessed it, those of us who took the time to educate ourselves.

A case in point is the Presidential election of 2020. Presidential candidate Joe Biden, sequestered in his Delaware basement for the majority of the campaign, promised to bring the country together by working with both sides of the aisle. How has that worked out? By the end of President Trump's term, we became energy independent and a net exporter of oil, becoming the world's largest supplier of energy. This resulted in lower gas prices and reduced home heating costs. When President Trump left office the average price of gasoline was around \$2.39/gal. In January of 2021, President Biden, through executive orders, stopped the Keystone/XL pipeline, destroying 11,000 good paying jobs, placed restrictions on oil producers, limiting drilling on Federal lands and offshore drilling. Subsequently, we have witnessed dramatic increases in gas prices to an average of \$4.25 today.

President Trump withdrew us from the job killing

TPP deal, renegotiated the unfair NAFTA agreement, replacing it with the USMCA agreement. In 2018, President Trump signed into law the First Step Act enacting reforms reversing the disastrous 1994 crime law that then Senator Joe Biden helped write and took credit for, which disproportionately incarcerated thousands of minority Americans. President Trump's economic policies resulted in unemployment for African-Americans, Hispanic-Americans and Asian-Americans reaching all-time lows.

I could go on about the accomplishments of the Trump Administration such as fulfilling the 1995 Jerusalem Embassy Act, negotiating the Middle East Abraham Accords, withdrawing from the job killing and unfair Paris Climate Accord, pulling us out of the disastrous Iran Nuclear deal, securing our southern border, and plummeting the number of illegal alien crossings. How many of the electorate were aware of these accomplishments before they "pulled the lever" for Joe Biden?

Weeks before the 2020 election, Hunter Biden, son of Joe Biden, left his laptop at a Delaware repair shop. The owner of that shop, discovered a drove of pornographic images, incriminating emails indicating millions of dollars in wire transfers, including \$3.5 million from the wife of the former mayor of Moscow, a 3-carat diamond from a Chinese businessman, and mingled bank accounts with Joe Biden, with millions of dollars going to the "big guy." This was first reported by the New York Post. The

New York Times, the Washington Post, and the bias news outlets all blamed it on Russian disinformation. Big tech media companies such as Facebook, Twitter, Google, and others shut down all communication concerning Hunter's laptop, protecting Joe Biden. Fifty former "intelligence" officials including James Clapper, Leon Panetta, John Brennan, and others signed a letter claiming that Hunter Biden's laptop had the earmarks of Russian disinformation without providing proof. Seventeen months later, The New York Times admitted that they have authenticated the laptop. Amazing are the efforts and lies that the deep state went through to protect Joe Biden!! Recent polls have indicated that one in six Democrat voters would not have voted for Joe Biden had they been aware of the authenticity of the laptop. If President Trump were our current President, the robust economy, record employment, low inflation, low gas prices, and respect on the world stage would have continued. I am sure Putin's incursion into Ukraine would not have happened. The lack of being educated, and informed on current events can have serious and dire consequences.

A quote from former President Reagan: "Freedom is never more than one generation away from extinction. We didn't pass it onto our children in the bloodstream. It must be fought for, protected, and handed on for them to do the same."

Robert Briggaman  
Newington, CT

Robert,  
I can not agree with the title to your Letter to the Editor any more. Information is key to making a wise decision at the polling booth, as well as in life. Try buying a car when knowing nothing about cars or their financing. Or try putting a baseball bat in a child's hands with no instruction on where to stand or how to best swing that piece of lumber (or metal).  
The biggest issue I have is when facts are fol-

lowed by or mixed with opinions and the person being given this information does not know where the line is between the two.

The other point is that most any given set of facts can be interpreted in a number of ways. Depending on a person's stand on other issues can make a difference on how a given set of facts can be understood.

Gary Scruton, Editor

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**BEEZWAX** By John Martin



Panel 1: "IT'S GETTING HARDER AND HARDER TO GO TO WORK IN THE MORNING."

Panel 2: "THAT'S WHY I KEEP A PICTURE OF A HOMELESS PERSON BY MY BED." "WHY IS THAT?"

Panel 3: "IT REMINDS ME WHAT IT'LL BE LIKE IF I DON'T GO IN!"

Not all Times are Trendy, but there will always be Trendy Times April 19, 2022 Volume 13 Number 14

## Finding Solutions for Your Financial Needs

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## Will your money last as long as you do?

We all hope for long, healthy lives. But there's a serious "side effect" of longevity – the possibility of outliving our money. How can you help prevent this?

It's useful to know the seriousness of the threat. Consider this: About 41% of all U.S. homes in which the head of the household is between 35 and 64 are projected to run short of money in retirement, according to the Employee Benefit Research Institute.

While this statistic indicates a cause for concern, it certainly doesn't mean that you are necessarily headed for trouble – because there's a lot you can do to help build and manage enough resources to last a lifetime. Here are a few suggestions:

- Consider your estimated longevity. On average, a 65-year-old man can expect to live another 17 years, while a 65-year-old woman

can anticipate about 20 years, according to the Centers for Disease Control. Of course, you'll want to take into account your health and family history of longevity to arrive at a reasonable estimate. You can then use this figure to help determine how much money you'll eventually need. To play it safe, you might even want to try to build an income stream that can last beyond your estimated lifespan, possibly up to age 90.

- Don't overlook health care costs. When budgeting for retirement, allow enough for your health care expenses, which can be considerable. Even with Medicare, you can expect to spend anywhere from \$4,500 to \$6,500 per year, per person, for traditional medical costs. Also, you may want to prepare for two to three years of long-term care expenses, which currently range from about \$50,000 per year for home health care to over \$100,000 per year for a private room in a nursing home.

- Keep building assets for retirement. While you're working, constantly try to put away as much money as possible for your retirement years. Each year your salary goes up, increase your contributions to your 401(k) or similar employer-sponsored retirement plan. You may also want to contribute to an IRA, depending on your goals. And within your retirement savings, make sure you devote a reasonable percentage of your investment dollars to growth-oriented vehicles that align with your goals and risk tolerance.

- Seek out sources of guaranteed income. As a retiree, you will receive Social Security benefits –

and the longer you wait before claiming them, the bigger your monthly checks will be. But you might also consider investments that can provide a source of income you can't outlive, such as annuities.

- Revisit your strategy before you retire. As you near retirement, you may want to review your investment strategy, possibly adjusting your risk level so that your portfolio would be somewhat less susceptible to market volatility. This is also a good time to review your spending needs in retirement.

- Maintain a reasonable withdrawal rate. Once you are retired, you'll likely need to start withdrawing from your 401(k), IRA and other investment accounts. To avoid taking out too much money too early in your retirement, you'll need to set a reasonable, sustainable withdrawal rate based on your assets, age and retirement lifestyle. A financial advisor can help you determine an appropriate rate.

It will take dedication and determination to help ensure your money doesn't run out during your lifetime. But you'd probably agree that it's well worth the effort.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

*Edward Jones, Member SIPC*

### Letter to the Editor:

To the Editor:

My wife and I took our grandson to see the Oxbow High School production of Lion King and were delighted by the performance. In this time of war in Ukraine, deep polarization, and divisive local issues, it is easy to get discouraged. But, attending this event in

Bradford, VT, it was inspiring to see young people, our country's future, so engaged and enthusiastic. Bravo to the teachers, administrators, and students of Oxbow for this uplifting performance. You rock!  
Sincerely,  
Doug Teschner  
Pike, NH

Doug,

*High school productions can be amazing happenings whether they are a play, like the Lion King, or a ball game, or even graduation ceremonies. They are all opportunities for us to see the best in our advancing generation.*

*As I did not see this production I can not comment on it, I will just echo your words, and add a wish of continued success for whatever next comes in view for the public.*

*Gary Scruton, Editor*

### Letter to the Editor: Clarifying the Town's Role

To the Editor,

Town Administration believes it is our duty to make sure you have accurate information, so we would like to offer a clarification related to the Town's role with regards to approval or disapproval of articles placed by the Select Board, or added by petition, to the Town's warrant.

It is a bit of a misnomer to think any warrant article, regardless of how it is drafted, will be binding or allowed, the content and the wording matter. The Town is obligated each year to ensure each article placed on the warrant by the Select Board is worded properly and legal. Likewise, the Town is obligated each year to determine whether each petitioned article is legal and/or whether each is binding or advisory.

The Town has an obligation to submit the warrant each year to the DRA for a

pre-review, prior to finalizing the warrant each year for Town Meeting. The DRA reviews the warrant and cites any articles that might be of concern. This year, the DRA had questions about the legality of articles 27 & 28, and we were told that if either article passed at Town Meeting, the articles would need a more thorough review by DRA legal prior to being approved.

The Town also submits the warrant to the Town's attorneys for review and input prior to finalizing the warrant for Town Meeting. The Town's attorneys also had concerns about the legality of articles 27 & 28. Because of those concerns, the Town's attorneys sent a detailed explanation of such for use at Town Meeting. This was presented, at least in part, by Fred Garofalo, Haverhill Select Board Chair at Town Meeting.

After Town Meeting, the

Town sent warrant voting results to the DRA and both article 27 & 28 were subsequently sent for review by DRA's legal department. It is the DRA that approves or disapproves warrant articles in accordance with NH State Law. The DRA must approve each article before we can appropriate, and spend funds, for the purpose outlined in each article.

The Town is still waiting for a decision by the DRA regarding the fate of these articles, as soon as we hear, we will notify the Select Board, after which we will notify the public.

If anyone has questions about the process by which the warrant is drafted, reviewed, and approved by the DRA, we are happy to sit with you and go over it. Please reach out if you have questions.

Warmest Regards,  
Brigitte Codling  
Haverhill Town Manager

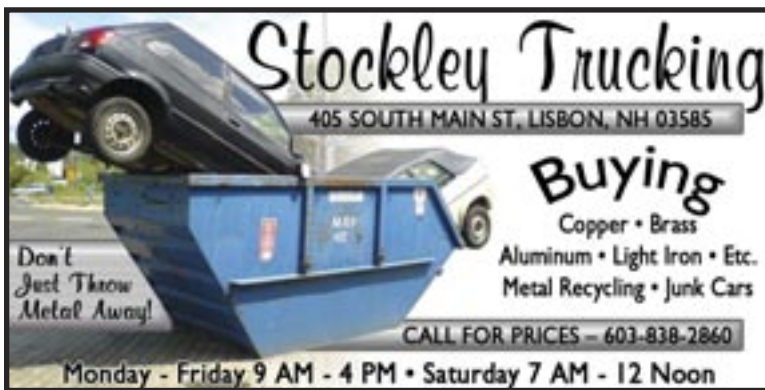
Brigitte,

*It is greatly appreciated that you have written this explanation of why it has taken so long for these articles from the Haverhill Town Meeting, which took place on Saturday, March 12, to be resolved. Of course it would have been best if the questions were resolved before the meeting. If I am correct the deadline to submit articles by petition was in late January or early February. That means it has now been over sixty days for the DRA to make their decision.*

*As a resident and taxpayer in Haverhill and Woodsville I believed I knew the result of Articles 27 & 28, as well as the rest of the articles, on March 12. But instead I am still waiting to know how my tax bill, my road maintenance, and my fire protection, will be affected.*

*I truly hope that this can be quickly resolved and announced to the voters of Haverhill so that we can all move on in whatever direction will need to be taken at that time.*

*Gary Scruton, Editor*



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## Letter to the Editor

To the Editor

The letters in the April 5th issue of Trendy Times were filled with quite a collection of right wing Republican talking points, lies and misinformation. I will only address Alex Foryan's letter to the editor. I don't know if he is deliberately citing misinformation and lying or if he is just not knowledgeable. Parts of the Keystone Pipeline is actually operating according to Dr. Matthew Ross, the former Sunoco Project Engineer and current Western Michigan University professor and Jason Geer the President/CEO of the Michigan Oil and Gas Association. The Keystone XL pipeline was not built. Neither has anything to do with current gas prices. Also some area stations are now selling gas for less than \$4 per gallon.

There are over 9,000 oil and gas leases on federal lands approved and not being used for a variety of reasons but not because of any proposed ban on federal leases. Also the President has very little control in gas prices at the pump. Foryan goes on to say that under Trump gas prices were low. They were lower, but not because Trump, but because of worldwide supply as compared to demand. During the pandemic the demand for gas went down so the price went down. According to Forbes

Magazine, as recently as March 2022 the US was energy independent. Also America hasn't imported any oil from Iran since 1979. Biden has never asked Iran for oil for the US. It would be nice if Mr. Foryan would do some research and it is obvious that he does not have any understanding of the sanctions against Iran or of the Iran nuclear deal that Trump rescinded that had prevented Iran from developing nuclear weapons. Even if the Revolutionary Guard is removed from the terror list sanctions against them will remain.

Mr. Foryan is good at repeating buzz words such as antifa (which is not a group) and claims "they" and BLM are being coddled and proclaim the police are demonized while not offering any proof. Yet on April 4 another black man, face-down on the ground was fatally shot in the back of the head by a Michigan police officer. It appears that the black man is the one being demonized. Holding the police accountable is not demonizing the police and one can support BLM and support the police at the same time; the two are compatible.

I suggest Mr. Foryan has no idea what CRT is, and apparently does not know, it is not taught in elementary or high school, so I don't know what he means when he says "Parents who stood

up to filthy, divisive CRT in school board meetings are called domestic terrorists". I wish he had explained filthy and divisive. Parents have the right and the responsibility, to respectfully address issues that are actually happening in the school, to be listened to, and have their concerns considered. But when a small group threatens school board members, scream at meetings and prevent the board from conducting business maybe it is domestic terrorism. I do know it is not good for democracy.

While President Biden's evacuation from Afghanistan was poorly orchestrated, billions of dollars worth of equipment was not left behind. While there was equipment left behind most was disabled or destroyed, and the most advanced US equipment had not been gifted to the Afghan Army according to Forbes Magazine.

As far as vaccines, workplaces have not been hurt by vaccine mandates, they have been harmed by workers not getting vaccinated. I for one want people I come in contact with to be vaccinated. So I will end as Mr Foryan did, and ask what was your real purpose of writing and what is your agenda?

Richard M Roderick  
Wells River, Vt.

*conclusion. But disagreeing just for the sake of argument moves nothing forward and can be harmful to not only those arguing, but also to those they claim to serve.*

*As the old saying goes "Can't we all just get along?" I thank you for offering views from the other side of that fence.*

*Gary Scruton, Editor*

*Richard,*

*Today's political world has clearly become very divisive. It seems that those on either side of the fence will disagree with those on the other side in regards to almost any subject. Disagreement in itself is actually a good thing. Looking at an issue from multiple sides is not only worthwhile, but necessary in order to come to the best*

## Larry Sedgwick: Memorial Service

There will be a Memorial Service for Larry Sedgwick of Haverhill Corner, New Hampshire immediately following the regular Sunday church service at the First Congregational Church of Haverhill on Sunday, April 24. The regular service begins at 10:30 and all are welcomed to attend.

Following the memorial service there will be a time of coffee and refreshments at the parish house next door.

A graveside service will follow at the East Haverhill Cemetery with Haverhill Memorial VFW Post #5245 offering colors.

## Better Alert The Military

*by Maggie Anderson*

Watching coverage of the day's events each night on the 6 o'clock news makes me grateful that, unlike an excited child with a captured bug, the TV does in fact have an off button. It is my lifeline.

I was happy to reach for it after taking all I could of the New Jersey educational system's recent insanities.

You cannot convince me there is a fresh-faced college graduate with a crispy new teaching certificate in hand who possesses the experience or the training to decide, first who in their class of squirming ten-year-olds is stressed-out, or how to deal with their all-consuming stress. Neither do I believe they - or anybody - could throw a blanket decision over the entire class and offer them a sure cure for their perceived stress.

Mental health professionals spend years studying case histories, exploring nuances of care and sussing out the best possible treatments for each of their patients, individually. One size does not fit all.

Apparently New Jersey's education wizards beg to differ, they have already decided all fifth-graders are suffering from unbearable stress and they have devised a program in which the inexperienced young teacher is told to instruct these fifth grade children the way to alleviate all their stress is to jam their tiny hands into their spider-man bvd's or their hello kitty panties several times a day and life will be more bearable. Don't worry if things don't look brighter right away they can always follow the directions on the shampoo bottle, rinse and repeat.

Have these imbeciles not heard of a frisbee, or a game of hopscotch? And who, pray tell, decides how many forays is enough, or one too many? This is the pinnacle of insanity.

Have our children not been victimized enough already? Groomed and scared into silence, abused by the very people we entrust them to every day in

classrooms all over the country? The DOE has been racking up stats and waving red flags for years about the sexual abuses perpetrated on students by school personnel, almost twenty years ago the stats were that 9.6% of all school children had been the victim of sexual abuse in school.

If Covid-19 hospitalizations were that high we would be under a lock-down like the world has never seen.

But New Jersey is now going to ignore the red flags, the stats, and the warnings, and blur the lines between education and abuse with idiotic suggestions obliterating childhoods by instructing their fifth-graders in the art of "self-medication." Whatever happened to checkers, or a walk in the park, or a game of tag?

Ignorance is not bliss, it's just ignorant, and this is so incredibly ignorant I can hardly believe it.

Dung is dung no matter the packaging. New Jersey's governor could offer this up in a beautiful tiffany-blue box with the iconic blue bow attached, but it would still be dung.

I promise you any parent within earshot of some scuzzball at the beach telling some ten-year-old child they could relieve their stress by the means suggested by New Jersey's geniuses in the upper-echelons of New Jersey's educational department, the scuzzball would get the thumping of their life while screaming for protection.

I have been wrong before, could be wrong on this as well. Just in case, New Jersey's esteemed governor should alert the military so they can tell all those war-weary veterans suffering from PTSD he has a miracle cure for what ails them.



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# What About Ma?

by Kellie Quackenbush

## All About FOGO

Ma had Arachnophobia, fear of spiders, just the thought or the image of a spider would cause shrieks and tears. Ma would tell the tale of her father making a swing for her and her sister in the barn, they could not use the swing because there was a spider filled web above it. Ma would talk of how much they did want to use the swing but the danger of spiders dropping on them kept them away.

"The effects of arachnophobia can significantly impact your quality of life. For example, you may experience panic symptoms and not feel comfortable in your home knowing that a spider is in there. You may also avoid engaging in outdoor activities where spiders may be present, such as hiking or having a picnic in the park." per <https://www.verywellmind.com/spider>.

I bring up Ma's fear of spiders because it is a common fear that many people have and never overcome. Society with its social demands and expectations can create new phobias that isolate specific groups of people. We can fall into the trap of letting trends become the norm. Once we saw trends as fads, a popular style or idea that has a short social life but when examined more closely is not an acceptable long term norm.

This brings me to Gerasophobia, the fear of getting

old, which in many people's mind is the same as losing the ability to care for yourself and to have cognition ailments. "How common is the fear of getting old? So common that this fear even has its own acronym — FOGO, "Fear of Getting Old." Although less catchy, the term "gerontophobia" is sometimes used to describe the same thing.

A 2014 survey of 2088 Americans age 18 and older, commissioned by the drug company Pfizer, found that 87 percent of participants had at least one fear about getting old. (I was surprised to find that 13 percent of those surveyed didn't have any anxiety about getting old.) According to this survey, conducted online by Harris Poll, 23 percent of Americans worry about a decline in their physical ability, 15 percent worry about memory loss, 12 percent fear running out of money, and 12 percent are concerned about chronic illness. Only 10 percent say they fear dying, an astoundingly low percentage from my perspective." by Meg Selig in <https://www.psychologytoday.com>, posted June 29, 2021.

The reality of aging is that we gain wisdom through our life struggles, education and experiences. Because we have seen the results of choices - both bad and good - we move forward with a better confidence of surviv-

ing life's challenges. Knowing that there is no shame in asking for help with tasks that are difficult or confusing, we make smarter choices. We eat healthier so that we have less physical ailments. We keep moving and refuse to be limited, this keeps our daily existence fresh. Existence is the ability of an entity to interact with reality. In philosophy, it refers to the ontological property of being.

"If you're living well, you're in your prime at 40. Perhaps you're more worried about losing your lucidity. True, some mental and physical decline is part of the natural aging process — everyone will go through it. Still, if you're taking care of yourself on all fronts (exercising, eating right, saving money for retirement), you are already controlling what you can to live your best life long-term. Don't forget that with age comes wisdom, experience, often a wider circle of loved ones, and more comfort and security in your sense of self. Those are things worth looking forward to." per <https://www.health.com> by Gail Saltz, MD.

As Ma would say, "Every day is an adventure but lets skip the ones with spiders." It is rather interesting to think of our daily experience in terms of spiders; there are only two types of spiders - the fast ones and the slow moving ones. We need to watch out for the fast ones because they pass too fast but the slow ones can fill you with dread.

Time is a gift, each day can be what you make it -- let today be the start of something great.



by Renee L. Schulze, MSW, LICSW

## Are you aware of what "projection" means ?

We often notice negative qualities in others that we dislike in ourselves. This process occurs unconsciously and is called "Projection." It occurs when a person attributes a quality to another person that really comes from themselves. These negative qualities that are denied in the self are seen as coming from the other person.

It's easier for us to point the finger outward at others behavior, and for them to point their finger outward at others behavior. But, what happens when we point the finger inward at ourselves and what's going on with ourselves ?

### Are You Projecting?

It's easy to notice when other people are projecting. It's a lot more difficult to notice this tendency in ourselves.

Here are some signs that you might be projecting:

- Feeling overly hurt, defensive, or sensitive about

# Mental Health Matters

something someone has said or done

- Feeling highly reactive and quick to blame.

- Difficulty being objective, getting perspective, and standing in the other person's shoes.

- Noticing that this situation or your reactivity is a recurring pattern.

If you notice any of these, ask yourself:

- Is the behavior that I dislike in this person something that I find intolerable in myself?

- In what ways do I act like this person?

- What types of stories am I telling myself about this person or situation?

- Who or what does this person or situation remind me of?

If you can get in touch with above and accept all of your thoughts and feelings and not try to get rid of them, you won't need to project them onto others. In addition, you will become a more tolerant and flexible person.

Seek out a therapist if you suspect that this is an issue for you or a loved one. What you "feel" you can HEAL.

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# Tek Talk with Eli

ing ways to attach infections to websites that use Adobe Flash to show graphics and video's if your Adobe Flash player is not up to date that YouTube video you watch may infect your computer. The question is do you need to pay a lot of money for virus protection? My answer is no, there is a free alternative that I recommend and I also install in customer's computers that do not have a antivirus, it is built into Windows 10 and 11 called Windows Defender, what I like about this program is it does not bug you to pay for an upgraded version of their program it is free and integrates into the operating system replacing Windows Defender.

The third line of defense is where you go on the internet, going to questionable web sites your computer will be infected, if you go to a web site a message pops up saying your computer may be infected, power off the computer, do not move the mouse or touch the keyboard just press the power button until your computer is turned off. The website that gave you that message is infected with a Microsoft-SQL type infection if you moved your mouse or touched your keyboard it would install a program on your computer that looks like a legitimate antivirus program but it is not it will show several infections it has found on your computer and then will ask you to pay to remove the infections. The program is a fake, do not pay for it if you do you have spent money and get nothing for it, however the hackers have got your credit card information, so call your bank to cancel your credit card.

Keep in mind you also need to run and install other antimalware programs like Malewarebytes, or Spybot S&D or run a built in program called Microsoft Malicious Removal Tool type MRT.EXE at the run command to scan your computer.

Q: I have had my computer for 3 years, over time it has started to run slow, what

could be the problem and how can I fix it?

A: As we use our computers over time we install and uninstall programs, the information about the program we installed is stored in the windows registry and over time that registry can become large, as we start our computers windows load the program information from the registry into memory the more information in the registry the longer it will take your computer to load. When we uninstall programs from the computer not all information about that program is removed from the registry so when your computer starts it may be looking for a program that is no longer installed on your computer which can also slow it down. I recommend every 3 years to back up your data files (documents, Pictures, Music) and completely reload the computer back to factory settings using the restore disks that came with the computer, then run windows updates until your windows operating system is up to date, put in an antivirus, I recommend Microsoft Windows Defender and make sure you, restore your backed up files and then install the programs you are currently using. Sure there are registry cleaners you can use but they may break your computer if they remove a registry entry you need, I do not trust them.

So until next time any questions call me at (603)747-2201, visit my website a [www.paigecomputerservices.com](http://www.paigecomputerservices.com) or e-mail me at [paigecs@gmail.com](mailto:paigecs@gmail.com).

by Eli Heath  
Paige Computer Services

This week I am going to answer a few questions that were asked to me in previous conversations with my customers.

Q: I have an antivirus program in my computer why is my computer still getting infected.

A: The antivirus program is only the first line of defense and it cannot protect you from everything out there. The virus writers find ways of going around antivirus programs so they cannot be detected. For instance if Norton put out an update now to find a certain virus, the authors will put out a fix almost immediately to go around that Norton update, it is a constant battle. Most of the infections that are on computers are in the form of a root kit. A root kit is a file that disguises itself as a windows system file. The root kit can also live on the boot sector of your hard drive, when you turn on your computer the root kit load which opens up your computer to the hackers and viruses. A sign that your computer may have a root kit is, when you try to go to a website and then directed to another site or when you try to do Windows updates and you get an error and the windows update page cannot be displayed. That is the time you need to bring your computer to a shop for a cleaning/tune-up.

The second line of defense against viruses and Trojans is keeping both you operating system and programs current with updates. The second Tuesday of each month Microsoft releases its Windows updates, if you do not have automatic updates turned on in your computer I recommend you do so. Programs such as Adobe Reader, Adobe Flash and Java need to be updated virus writers are find-

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April 19, 2022

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by Cindy Pinheiro  
to contact Cindy (aka Cin Pin) write to the editor at gary@trendytimes.com

# Magic Custard Pie

Hello hello my fellow chefs. How are you all doing today? I'm doing good and I'm going to Rhode Island for Easter. My grandchildren are on school vacation for the week so it was a good chance to see them. I hope you all enjoyed your Easter. So my bedroom, living room and dining room are all freshly painted and I love it. I feel like I'm in a new house. It's funny how a fresh coat of paint can boost your spirits. Just when you think you are all going good my upstairs bathroom toilet leaked and soaked my whole kitchen ceiling. Luckily I have insurance so I'll deal with that when I return home.

Today's recipe is by far one of the most easiest desserts you can imagine. Everything goes into the blender and you pour it into your pie dish. How easy peasy is that?! It makes its own bottom crust while bak-



ing. So let's get started with today's recipe and how to make it.

- Ingredients**
- 2 Cups milk
  - 4 Eggs
  - 1/2 cup or 1 stick butter melted
  - 1 cup sugar
  - 1/2 cup all purpose flour
  - 2 tsp vanilla extract
  - 1/4 tsp salt
  - Pam spray for pie plate

Preheat oven to 350 degrees

In your blender put the milk, eggs, melted butter,

sugar, flour, vanilla extract and salt and blend until frothy, about 1 minute. If you don't have a blender use your hand mixer and a bowl that you can pour out of or even a whisk can be used. Hopefully you have a blender because it's so simple. Spray Pam or baking spray in pie plate. Place pie plate in oven and pour from blender the magic pie into greased plate. It comes close to the top so be careful and carefully slide oven rack in. Bake for 50-55 minutes. When a toothpick inserted in center comes out clean. Cool on wire rack for 1 hour then refrigerate. That's it you are done!

Enjoy a piece with a nice cup of coffee or tea or even a glass of milk. If you want you can put whipped cream on top. You won't believe how "Delicioso " and easy this is. You probably have all the ingredients in your pantry so please try this.

I would like to stress that you use real vanilla extract it makes all the difference in the world. I ordered some on line from the Dominican Republic and it is great. I heard Madagascar vanilla is excellent and I will be ordering some on line.

So folks that's it for today's recipe. Please try it because you will be a star. Remember if you have any questions please contact Gary and I will help you out. Until next time I am signing off.

Sincerely,  
Cin Pin

## Looks like a Sketch

A Deer near the Oliverian Brook in Pike  
Choose kindness and laugh often!

Cyndi Wellman

For a photo contact: cnb.pics07@gmail.com



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