

A FREE PUBLICATION

TRENDY TIMES

20 Pine Street, Woodsville, NH 03785
Phone: 603-747-2887

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NOVEMBER 1, 2022 VOLUME 14, NUMBER 2

Milestone Christmas Parade This Year

2022 marks the 35th Anniversary of the Littleton Christmas Parade and all stops have been pulled out to make this year's celebration the biggest to date. Plans call for the parade itself, plus fireworks at dusk and a Christmas Ball in the evening. This is all part of a day of events on Friday, November 25, 2022 (the day after Thanksgiving).

Parade Executive Director Dennis Hartwell told news media this week that he is planning a town-wide "party" for the celebration beginning with the annual Littleton Christmas Parade at 12:00 noon with the theme "What Christmas Means to Me". The parade welcomes Santa & Mrs.

Claus to town for the Christmas Season and the route will be from Beacon Street to the Littleton Fire Station. Over a dozen entries have already signed up to participate, including Miss New Hampshire and the Roaming Railroad. Registration forms are available to anyone or any group wishing to be in the parade. E-mail ltnxmasparade@aol.com for more information or find the forms on the parade's Facebook page.

A spectacular fireworks display will take place at 4:30 pm across from Harbor Freight off Industrial Park Road at the old landfill. The display will be put on by Atlas Fireworks, who

also puts on Littleton's July 4th display. Parking to view the fireworks may be found at several locations on Meadow Street including the TX Maxx plaza. (The rain/snow date for the fireworks will be on Saturday, November 26th at 4:30 pm).

The Grand Finale of the day will be the Gala Christmas Ball from 8 pm - 12 am at the Littleton Elks Lodge on Route 302. Performing for the Ball will be the Wicked Smart Horn Band, popular for its unique style of music. Only 200 tickets will be available and almost a quarter of them have already been sold. Individuals will see a \$5 discount



by purchasing in advance, while couples will see a \$10 discount by purchasing in advance. The biggest deal is a table of 10 for \$150 (advance reser-

ervations only). Reservations may be made by contacting Dennis at 603-991-7517 or e-mailing ltnxmasparade@aol.com

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TRENDY Dining Guide

Woodsville Village Pizza

by Gary Scruton

It was a Thursday evening when Janice and I decided to make the very short jaunt over to Woodsville Village Pizza. As we pulled in the parking lot we noted that it appeared that they were having a very busy time. Walking inside we could see a number of people waiting to pick up their orders. We just grabbed a pair of menus from the front counter and found a booth to sit at and look through the menus to see what would hit the spot.

The menu at village Pizza is not one to take lightly either. The two sided laminated menu has plenty of choices. Not only are there plenty of pizza choices, but also subs, burgers, Italian dishes and appetizers. It took some

doing just to narrow down the options and make a choice.

Of course we understood that there was not a big hurry, but when we had our choices it did appear that the counter area had somewhat cleared. Our first stop was the upright cooler to one side of the counter where we each grabbed a bottle drink instead of choosing a fountain drink. At the counter the first thing the guy behind the counter said to us was to "please excuse the dirty floor area" as they had been so busy that no one had had the time to come out and clean up the leaves that had found their way in through the front double doors.

Though we appreciated the dilemma, we were not

deterred and put in our orders. Janice had settled on chicken parmesan. That was just the first choice. Breaded or marinated chicken? (breaded), cheese? (pizza mix), spaghetti or penne? (spaghetti) salad dressing? (ranch). The meal also came with a pair of garlic bread pieces.

I also went with a chicken dish, the chicken



wing dinner. Dipping sauce? (tangy BBQ) and salad dressing? (1000 Island). Now it was time to get our silverware from an area on the other side of the front counter, and return to our booth.

As busy as it was, our salads were brought out to us within about 5 minutes. They are served in good sized wooden type bowls with a packet of salad dressing.

We had not even finished our salads when the meals themselves came out the door and when we responded to the number called, they headed our way.

One note here is that Janice really likes to eat with and from substantial eating utensils. From the fork to the plate she prefers solid silverware and dishes. You get both at Woodsville Village Pizza. Her meal was served in a deep dish bowl with the garlic bread on a smaller side platter. The chicken was tender and the spaghetti sauce was fantastic. My meal was on a larger platter. Both meals were more than plentiful and though I was able to complete most all

of mine, Janice needed a take home dish for some of hers.



I should mention here that the wings platter I got came with a salad, then six breaded chicken wings, plus a good portion of onion rings as well as french fries. The dipping sauce I had chosen (tangy BBQ) was just that - tangy. It gave the wings a good kick that I very much enjoyed.

The total for the two meals along with the two bottled drinks was \$36.40. This was the amount we paid when placing the order for our meals. After we finished our meals, and took our dirty dishes up to the area near the counter, and threw away our used paper products, we left a cash tip in the jar that sits on the front counter.

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For More Details
Contact Gary @ 603-747-2887
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Margaret Pratt Community Welcomes its New Executive Director and Health Services Director

Bradford, VT - Margaret Pratt Community is pleased to announce Gretchen Cole as the new Executive Director and Erin Schmidt as the new Health Services Director.

Gretchen started at Margaret Pratt Community last July and since then has been focusing her time on staff appreciation and education, residents' quality of life, sense of purpose, and meeting various aspects of everyone's wellness - including physical, spiritual, emotional, social, intellectual, and vocational needs. Gretchen has over 25 years of experience in long-term care and memory care settings. She has a Bachelor of Science in Health Care Management and is also a certified Dementia Practitioner. Her time in health care has taken her on many journeys including volunteering as a support group leader with the Alzheimer's Association.

Born and raised in Lebanon, NH, Gretchen continues to call Lebanon home. She feels blessed to have a loving family with her husband Stephen, sons Matthew, Benjamin, and Nathaniel, and the love of her almost 2-year-old grandson Holden. When not at Margaret Pratt Community, Gretchen is gardening, spending time with her family & friends, continuing her advocacy work for those with dementia, and enjoying time on the coast of Maine.

Erin joined the Margaret Pratt Community team as Health Services Director last month. She has 29 years of experience in health care, starting as a hospital volunteer in high school, and earning her nursing assistant certification, LPN, and RN. She's had the good fortune to experience many exciting areas of health care across her life span, including medical-surgical

nursing, endoscopy, OR, infection control, quality assurance, intensive care, medical transport (flight nurse), geriatrics, and most recently, hospice.

Born and raised in Eugene, Oregon Erin came to Vermont with her family in late 2007 after moving back to the US from New Zealand. Erin and her husband, Eric, have two sons, Aric and Aiden (who are both serving in the US Navy), her beloved pug dog Avie, and Max the cat.

Margaret Pratt Community welcomes Gretchen and Erin to the organization and looks forward to a successful future under their new leadership!

Located at 210 Plateau Acres in Bradford, VT, Margaret Pratt Community is a non-profit assisted living community serving Vermont's older adults and their families. For more information, visit www.margaretpratt.org.

Crop Tree Management

To be held at the Grafton County Forest, 3855 Dartmouth College Hwy, North Haverhill, NH. We will meet at the farmstand on November 17, 2022 from 1:00 - 5:00pm

Want to learn how to grow big healthy trees in your woods? Want to grow trees for valuable timber? Join Grafton County Forester Jim Frohn and crop tree management enthusiast Russell Barnes to learn how to improve vigor, growth, and value of the trees in your forest.

Crop tree management can improve the growth and vigor of individual trees and increase a tree's value. Vigorous, fast-growing trees are better able to resist insects and disease, grow valuable logs sooner, and sequester more carbon. Trees grown for long-lived quality wood products will continue to store carbon even after they're harvested.

We'll learn: How to select hardwood and softwood crop trees; How to increase growth and vigor through crop tree release; How to increase value through pruning, both softwoods and hardwoods; How crop tree management can also benefit wildlife.

Space is limited! Pre-register by November 16th at <https://bit.ly/Crop-Tree22>

The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. U.S. Department of Agriculture, University of New Hampshire, and New Hampshire county government cooperating. For persons with disabilities requiring special accommodations, please contact Teresa at 603-787-6944 or teresa.locke@unh.edu prior to the event. Given ample time, we will make any reasonable effort to make accommodations.

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Crepaault Hill Road, St. Johnsbury, VT - \$45,000
2.2 acres on the backroads of St. Johnsbury. It's on a sloping hill that faces west, so you get to see the beautiful evening sunsets that the Northeast Kingdom has to offer. This land is freshly cut. The seller is willing to split the cost of a perc test with a ready, willing, and able buyer!

Libby Road, St. Johnsbury, VT - \$99,000
Here is a 10-acre parcel of land with some clearing done with the intention of future development. The lot has been stumped and leveled. There is electricity on site, has a natural spring, and a mountain view. The view could become more vast after clearing some trees that are on this property.

550 Bayley Hazen Road, Danville, VT - \$200,000
A 55-acre parcel with lots of potential. With some clearing, there is potential to have views of Joe's Pond. With about 1,100 feet of road frontage on Bayley-Hazen Rd, and just under 2,000 feet of road frontage along "Farmer John's Rd", this parcel offers potential on a quiet, remote, yet easily accessible lot of land.

425 Main Street, Concord, VT - \$145,000
A solid 1850 circa village home that offers spacious living, covered porches, carriage barn with workshop, new wiring and panel box through out the home, spacious lawn and choice of High Schools. The Carriage barn offers two parking bays, a workshop above and lean too behind. Garden or play on the nice open lawn. Nice home, convenient location.

1471 Hale Road, Waterford, VT - \$145,000
Here is a spacious old cape style farmhouse on 2 Ac +/- in Waterford with good privacy. It is a fixer upper, but it will be worth the effort when re done. The foundation seems solid. There is an attached garage/barn that needs work, but it could be re done. The front porch provides a great place to sit and enjoy the peace and quiet of the tree lined road.

75 Mount Pleasant Street, St. Johnsbury, VT 05819 | www.ParkwayVT.com






The Nation's Report Card and Math Instructional Challenges

During the previous week, the National Assessment of Educational Progress (NAEP) released the Nation's Report Card, which provides America, detailed information about student learning achievement. Between January and March 2022, the NAEP assessment was administered in mathematics and reading to representative samples of fourth and eighth grade students in the nation. The assessment is provided to students enrolled in public schools, private schools, Bureau of Indian Affairs schools, and the Department of Defense schools. This assessment has been administered to students across America since 1969, and subsequently, on an annual basis in all states, territories and urban cities. Within New Hampshire, 1,800 fourth grade students were tested in math, 1,700 fourth grade students were tested in

reading, and 1,700 eighth grade students participated in both math and reading assessments. The nation's schools recorded the largest drop in math scores ever this year, with fourth and eighth grade students in nearly every state showing declines, as reported by the Federal Education Department.

Although New Hampshire's average test score results are down from 2019, NH students scored above the national average in math and reading, and one of 4 states that scored above the national average in both subject areas. Learning decline during the pandemic was significant, and now sends the message that additional services are necessary to close the learning gap in an effort to accelerate student learning. To recapture lost learning, districts have initiated tutorial programs and instructional practices

to close gaps that exist in math and reading.

Several years ago, the Community College System of New Hampshire, determined that too many high school graduates were arriving at the two year institutions requiring remedial math instruction. The legislature also changed the number of math courses required for high school graduation from three, taught in the first three years, to requiring all students to take a fourth, board approved class during the senior year in which foundational math skills and knowledge are embedded. That change has been successful. Also, during the upcoming session, legislation will be proposed to again provide funding for the Math Learning Communities Program at the high school level. Woodsville High School was one of 37 NH schools participating in the program. For those sophomore students who have previously completed algebra I, but who lack a strong foundation in mathematics to successfully complete algebra II, the Math Learning Communities Program (RSA193-I) provides an alternative pathway toward learning and offers the needed foundational skills for college and career.

This is now the time for the legislature and classroom teachers to work together in closing the mathematics gap identified by the Nation's Report Card, and to overcome the challenges of preparing students who lost learning opportunity due to school closures and online delivery programs during the pandemic. Districts, educators and the legislature must now work together to close student learning gaps.

Respectfully Submitted,
NH Rep Rick Ladd
Chair, House Education

Truth in Advertising

by Maggie Anderson

Every election cycle the voting public is constantly assaulted with a barrage of promises that depend on so many other people, they can never be realized. And yet here we are again.

I have always believed we need more truth in advertising, politics is certainly an area we can improve on.

We are told we get what we pay for, but in politics we seldom get what was advertised. The marketing industry slips into warp drive every voting cycle, they don't necessarily set out to deceive, or to lie outright, instead their mission seems to be more about cutting corners on the facts, than cutting to the chase and giving us - in as few words as possible - the facts, and nothing but the facts.

Voters today must run a gauntlet of rerun interviews, and rebroadcast debates. Voters spend hours looking through old news accounts of what a candidate said in an in-depth interview five years before, in order to compare it to their current stance on a given subject, because the sad fact is, politicians like to be on top, and often change their stance when, and where, the most popular wind blows.

Many years ago I asked Oregon's Governor Hatfield why he had aligned himself with an opponent whose views he once found abhorrent. He told me he still had the same opinion of his rival's views on those particular subjects, but that he agreed with some of the guy's views and was

happy to take what he could get.

When I cast my vote I want to be happy with the choice I've made, not only because I believe he or she has the same views, but also have confidence, based on past representation they will in fact stand by the views they've espoused up to election day. I don't want to simply be happy to take what I can get.

Every election I am reminded of a conversation I had with Suzanne Massie, who worked closely with President Reagan in his dealings with the Soviet Union. She cautioned him to "trust but verify" in every instance. I try to do the same when casting my ballot.

Good thing I didn't use Governor Hatfield's reasoning when I married Hank - well there's a boat load of behaviors fundamentally important to me that you don't agree with, but you have a few behaviors I do agree with, and you have the most beautiful brown eyes I've ever seen, so I'll take what I can get and see how things turn out.

In this atmosphere of hot air, and the usual shape-shifters disguised as the one person to represent your interests if you'll only send them to Washington, leaving piles we all must side step, I offer a book that may help us clear the air, or at least clear the sidewalk.

I was in a bookstore at the airport in San Jose, California last week and came across the perfect title for the times. It is a story about a lowly little bug who has a sad but important life. It is called simply I EAT POOP. We need him right now.

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Stop Distorting The Truth

Op-Ed by Tom Thomson

Senator Maggie Hassan and President Joe Biden please stop distorting the truth to the American people and particularly to our New Hampshire voters. I like many in New Hampshire are tired of receiving in the mail or seeing the constant political ads by Maggie Hassan that are just misleading, or worse distorting or factually wrong.

We all know Maggie Hassan has supported Joe Biden and Chuck Schumer 96% of the time; in doing so Maggie has helped fuel the highest inflation in the past 40 years on the backs of New Hampshire's hard working men and women.

In a recent "Fox News" survey, voters were asked what they were most concerned about and 89% said the #1 issue was "Inflation/Higher Prices", and energy (Gas and Diesel) is one that ranks at the top when it comes to inflation. Maggie must think New Hampshire voters have a very short memory or are just stupid as it was Maggie Hassan when she was NH Governor who pushed for and signed into law a 23% increase in the NH Gas and Diesel Tax.

I remember two week before the Nov. 2020 elec-

tion when Joe Biden was elected, the gas and diesel price was as follows in Lebanon, NH (see photo). Prices were, Gas \$1.91 and Diesel was \$2.38 per gallon, which has more than doubled under Biden, Hassan and other Democrats. We all remember when Biden on day one cancelled the Key-Stone Pipe Line from Canada, which killed thousands of high paying jobs and stopped construction on the Pipe Line. Had it been completed, just under a million gallons of crude oil would be flowing into the US refineries. But instead of opening up and producing more of our own oil and gas in the US and becoming Energy Independent again as we were under the last administration Maggie Hassan is "Pressing Joe Biden to release more of our oil reserves" to lower the high gas and diesel prices before the Nov. 8, 2022 general elections. (Breaking News, Joe Biden just announced he will release another 15 Million Barrels of Oil, 21 days before Nov. 8th (Election Day). Maggie and Joe Biden are putting this Nation at great risk by depleting our National Oil Reserve, which is supposed to be used only for

extreme disasters and War; because of their actions the US Strategic Oil Reserves is at an all time low.

In less than two years into the Biden Administration, Maggie Hassan and her Democrat Senators have added \$5 Trillion to our National Debt. As of today each man, women and child's share is \$93,250 towards our National Debt. Because of this out of control spending, inflation continues to go up day after day and it's about to get a lot worse with winter just around the corner with your heating oil, gas, electricity and grocery bills to name a few. It's been recently reported that due to Joe Biden's and Maggie Hassan's inflationary spending, the average US Household cost has gone up by \$7200 from last year and continuing to go up daily.

When you go to VOTE on Nov. 8, 2022, I encourage New Hampshire voters, to vote with your "Pocketbook"; and retire Senator Maggie Hassan by voting Republican. Protect your Pocketbook by Voting for Republican Don Bolduc for New Hampshire US Senator.

Tom Thomson
Orford, NH

Justice For Dogs Annual Craft Show

Justice For Dogs, a Wolcott, VT based animal rescue organization, will hold its very popular 16th annual crafts show at Hazen Union Gym in Hardwick, VT on November 12th. Show hours are 9-3. This show features over 50 crafters, who all produce hand crafted items and food. There will be a large variety of different items. There will be door prizes, music, 50/50 raffle, a silent auction and a lantern auction.

A pet food drive will also be held at the craft show. If you would like to donate dog and cat food, treats, cat litter or other

animal supplies please bring your donations to the show. Admission to the show is free and also there is lots of free parking. Shop local and support a great animal rescue group.

The dogs and cats that Justice For Dogs has available for adoption are all local animals, never brought in from out of state. Justice For Dogs (and cats too) is an all volunteer based animal rescue group. Check out the Justice For Dogs website at <https://www.justicefordogsvt.org> or <https://www.facebook.com/justicefordogs>.

Bethany Church of Pike To Honor Veterans

On Sunday, November 6th, Bethany Church of Pike will be dedicating their new flag pole with a flag raising ceremony in honor of all veterans past and present. Members of Bethany Church whom have served our country will be participating in this service as well as special guests including Fred Delman, Chaplain of VFW, Post 5245, US Marine Sergeant Bernie Marvin, VFW, Post 5245, and NH Representative Rick Ladd. All veterans and the public are warmly invited to attend the ceremony as

well as the Patriotic Worship Service which will follow the flag raising. Bethany Church is located on route 25, Pike, NH. For more information, please call Jo Anne at 603-787-6658.

Not all Times are Trendy, but there will always be Trendy Times

November 1, 2022

Volume 14 Number 2

Calendar of Events

EVENTS FROM LOCAL NON-PROFITS, SCHOOLS AND TOWNS. *PRESENTED FREE BY TRENDY TIMES.*

TUESDAY, NOVEMBER 1

WOODSVILLE WELLS RIVER 4TH OF JULY COMMITTEE MEETING
7:00 PM
Baldwin Memorial Library, Wells River

WEDNESDAY, NOVEMBER 2

NHSAVES BUTTON UP WORKSHOP
6:30 PM
Monroe Town Hall

THURSDAY-SATURDAY,, NOVEMBER 3-5

TRIANGLE OF SADNESS
See Article on Page 19
The Colonial Theatre in Bethlehem

SATURDAY, NOVEMBER 5

SENIOR HOLIDAY DINNER
For Seniors in Lisbon, Lyman, Landaff
Home Delivery Only - See Article on Page 7

SUNDAY, NOVEMBER 6

FLAG POLE DEDICATION & CHURCH SERVICE
9:00 AM See Article on Page 5
Bethany Church, Pike

BENEFIT TEXAS HOLD 'EM POKER

10:00 AM-7:00 PM Cash 1:00 PM Tournament
Moose Lodge 1779, St. Johnsbury

ACOUSTIC MUSIC JAM

12:00 - 3:00 PM
Clifford Memorial Building, Woodsville

MONDAY, NOVEMBER 7

HAVERHILL SELECT BOARD MEETING
6:00 PM
Clifford Memorial Building, Woodsville

Mali Obomsawin 6tet at The Loading Dock

What: Mali Obomsawin 6tet performs Sweet Tooth, A suite for Indigenous resistance

When: Friday, November 04, 2022, 8pm-10pm

Where: The Loading Dock, 35 Mill Street, Suite D, Littleton NH 03561

Cost: \$5 students, \$20.

The Loading Dock is pleased to announce that the Mali Obomsawin 6tet will be performing live in Littleton on November 4 at 8pm. Tickets are available on Eventbrite and at the door. All ages.

Doors open at 7:30, music starts at 8. This concert has been made possible with support from Elise Drake, Northern Lights Music, Chang Thai, Thayers Inn and the Littleton Co-op.

A suite for Indigenous resistance, the new album from Wabanaki bassist, composer, and songwriter Mali Obomsawin flies in the face of Western tropes that insist Indigenous cultures are monolithic, trapped in time. Instead, Obomsawin highlights

centuries of clever adaptation and resistance that have fueled the art and culture of Wabanaki people. Written as a compositional suite, the album Sweet Tooth, released October 28, 2022 on Out of Your Head Records, blends Wabanaki stories and songs passed down in Obomsawin's own family with tunes addressing contemporary Indigenous life, colonization, continuity, love and rage. It's at once intimately personal, featuring field recordings of relatives at Odanak First Nation, but also conveys a larger story of the Wabanaki people, stretching across the domain of their confederacy from Eastern Canada to Southern New England. In three movements, Obomsawin's powerful compositions honor the Indigenous ability to shape great art from the harshest fires of colonialism. The compositions reveal threads that bind together blues, jazz, hymns, folk songs, and Native cultures, and fore-



ground the breadth and continuity of Indigenous contributions to these genres.

"Telling Indigenous stories through the language of jazz is not a new phenomenon," Obomsawin explains. "My people have had to innovate endlessly to get our stories heard - learning to express ourselves in French, English, Abenaki... but sometimes words fail us, and we must use sound. Sweet Tooth is a testament to this." Sweet Tooth is a celebration of Indigenous innovation, and an ingeniously envisioned debut for this composer-bandleader

TUESDAY, NOVEMBER 8

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TUESDAY, NOVEMBER 8 & THURSDAY, NOVEMBER 10

PRODUCE SAFETY ALLIANCE GROWER TRAINING ONLINE ONLY
10:00am - 3:00pm

WEDNESDAY, NOVEMBER 9

ROSS-WOOD POST #20 AMERICAN LEGION MONTHLY MEETING - 6:00 PM
4 Ammonoosuc Street, Woodsville

FRIDAY, NOVEMBER 11

VETERANS DAY PARADE & CEREMONY
11:00 AM. See Ad on Page 7
Central Street, Woodsville

SATURDAY, NOVEMBER 12

PENNY SALE
9:00 AM. Drawings at 1:00 PM
Bath Village School See Ad on Page 6

JUSTICE FOR DOGS CRAFT SHOW

9:00 AM - 3:00 PM
Hazen Union Gym, Hardwick, VT.

WINTER CLOTHING GIVEAWAY

10:00 AM - 2:00 PM
North Haverhill United Methodist Church
See Ad on Page 12

MONDAY, NOVEMBER 14

ROSS-WOOD AUXILIARY UNIT #20 MEETING
6:00 PM
4 Ammonoosuc Street, Woodsville

THURSDAY, NOVEMBER 13

CROP TREE MANAGEMENT
1:00 - 5:00 PM
Grafton County Farmstand
See Article on Page 3

SUNDAY, NOVEMBER 20

ACOUSTIC MUSIC JAM
12:00 - 3:00 PM
Clifford Memorial Building, Woodsville

SENIOR THANKSGIVING DINNER

12:30 PM with the Boyz
Ross-Wood Post #20 Legion, Woodsville

SATURDAY, NOVEMBER 26

OLD TYME COUNTRY DANCE
7:30 - 10:00 PM
West Newbury Hall

EVERY THURSDAY


WORKING ON WELLNESS
6:00 PM
Monroe Public Library

EVERY FRIDAY

SHARE THE HARVEST TABLE
NOON - 7:00 PM
Baldwin Memorial Library, Wells River.

EVERY SUNDAY

BETHANY CHURCH WORSHIP SERVICES
9:00 AM "the church set apart on the hill"
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CHRISTMAS BAZAAR PENNY SALE
Saturday, November 12
Bath Village School
Doors Open 9:00 AM,
Drawings Start at 1:00 PM
Corn Chowder Luncheon
Benefit Bath Congregational Church
Women's Fellowship
Questions/Donations? 603-747-4001

November Activities At Horse Meadow Senior Center

1. 9:00 Nifty Needlers
9:00 Plastic Canvas
9:30 Bone Builders
12:30 Holiday Crafts
1:00 Walk the Center
2. 9:00-11:00 Quilting /Paper Piecing
9:00 Walk the Center
10:30 Board Games/ Cards
1:00 Bingo
1:00 Drums Alive
3. 9:30 Bone Builders
10:00 Writers Group
1:00 Walk the Center
4. 9:00 Walk the Center
10:00 Movie & Popcorn
12:30 Mahjongg Music by Marshall Meade
Afternoon: haircuts by Marshall
5. 9-2 Craft Fair
7. 9:00 Walk the Center
10:30 Candy Bar Bingo
1:00 Cards
1:00 Drums Alive
8. ELECTION DAY
9:00 Nifty Needlers
9:00 Plastic Canvas
9:30 Bone Builders
12:30 Holiday Crafts
1:00 Walk the Center
9. 9-11 Painting
9:00 Walk the Center
10:00 Veterans Coffee Hour
10:30 Board Games
1:00 Bingo
1:00 Drums Alive
10. 9:30 Bone Builders
10:00 Writers Group
10:00 Floral w/Jane
1:00 Walk the Center
11. 9:00 Walk the Center
12:30 Herbal w/Elaine
12:30 Mahjongg
Silent Auction Begins and runs through 12/9
13. 2:00 Community HARVEST DINNER
14. 9:00 Walk the Center
12:30 Interfaith Chat
1:00 Caregiver Support Group
1:00 Drums Alive
15. 9:00 Nifty Needlers
9:30 Bone Builders
12:30 Holiday Crafts
1:00 Walk the Center
16. 9:00 Walk the Center
9-11 Quilting w/paper piecing
10:30 Board Games
11:00 Book Discussion
1:00 Bingo
1:00 Drums Alive
17. 9:30 Bone Builders
10:00 Writers Group
11:00 ZOOM Painting w/Joan
12:30 Smore's around the campfire
1:00 Walk the Center
18. 9:00 Walk the Center
10:00 Movie & Popcorn
10:30 Music by Marshall
11:15 Commodities in the parking lot
Foot Clinic w/Bev
12:30 Mahjongg

- 12:30 Herbal w/Elaine
21. 9:00 Walk the Center
10:30 Candy Bar Bingo
1:00 Drums Alive
1:00 Cards
22. 9:00 Nifty Needlers
9:30 Bone Builders
12:30 Holiday Crafts
1:00 Walk the Center
23. 9:00 Walk the Center
9-11 Painting
10:30 Board Games
24. & 25 CLOSED Happy Thanksgiving
28. 9:00 Walk the Center
12:30 Interfaith Chat
1:00 Caregiver Support Group
1:00 Drums Alive
29. 9:00 Nifty Needlers
9:30 Bone Builders
12:30 Holiday Crafts
1:00 Walk the Center
30. 9:00 Walk the Center
9-11 Quilting/Paper Piecing
10:30 Board Games
1:00 Bingo
1:00 Drums Alive

by Elinor Mawson

Nancy sold her house and moved to a mobile home in a park in a nearby town. She continued her antique business, mostly on Sundays, although she did outdoor flea markets in the good weather.

One year she asked me to accompany her on a buying trip to upstate New York. She had been doing this with her friend Virginia who had gone into a nursing home. I thought the trip sounded like something I would like and we set off.

The plan was to sleep overnight at Nancy's house and start off at 4 AM. We'd have breakfast at Friendly's in Troy, New York and start buying from there. I had never been to this area of New York and was really taken by the scenery.

I was a little non-

Nancy (continued)

plussed by Nancy's driving (she insisted on it). She would stop at green lights and start on red. She wandered from side to side at times and my knuckles were white. We shared the cost of gas, which made me feel a little better but it was difficult at times to wonder if we would be arrested or worse.

Virginia and Nancy would stay in cheap motels but I disabused her from that. Nancy also liked to bring food with her on these trips but I didn't go along with that either.

We bought at shops along the way and when we got to a motel we would bring our purchases in and have "Show and Tell". This was one of my favorite parts of the trip.

After 3 days and 2 nights I came thankfully home, happy that I was still alive. I would tell my

husband about Nancy's driving and he would admonish me to stay home next year.

I would "forget" her driving and go along with Nancy for the next several years. Finally it got so bad, I resolved to not go again. And surprise! She called and said she couldn't go to New York any more.

Not long afterward her daughter called and said that Nancy had had a stroke and was in a nursing home. I wrote to her every week for awhile, but seldom heard from her. I also visited a couple of times, and noticed that she had declined each time.

Nancy passed away at the age of 88. She left 2 daughters and 3 grandsons. She never remarried; Tom is still among us with his wife of 26 years.

Lisbon Lions Senior Holiday Dinner

The Lisbon Lions Club is once again showing their appreciation to local senior citizens by sponsoring the 25th Annual Senior Holiday Dinner, free for all senior citizens living in Lisbon, Lyman and Landaff, on Saturday, November 5th. The dinner menu will include roast turkey, gravy, stuffing, mashed potatoes, vegetables, cranberry sauce, rolls and pie.

Due to continuing Co-

ronavirus concerns, this year's dinners will be offered as home deliveries only. When you call to order, please provide an outdoor location where we may leave your meal to avoid close contact. Meals will be delivered as close to noon as possible.

To order a dinner to be delivered to your home, please call Donna & Phil Clark at 603-838-5043 by Nov 2nd.



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Ross-Wood Post #20 American Legion
4 Ammonoosuc Street, Woodsville, NH
Veterans Day Parade & Ceremony
Friday, November 11
11:00 AM Step off
From Woodsville Village Pizza
Ceremony at
Central Street Flagpole
With Guest Speaker Robert Roudebush
Vietnam Era US Navy Veteran & Former Haverhill Selectboard Member
Music by HCMS Students
PLUS:
Dedication of New Gazebo

Not all Times are Trendy, but there will always be Trendy Times

November 1, 2022

Volume 14 Number 2

Finding Solutions for Your Financial Needs

Kim R Shillieto
Financial Advisor

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Don't Overlook Importance of Cash

If you're an investor, you no doubt pay a great deal of attention to your stocks, bonds and mutual funds. But you shouldn't forget another key element of your financial strategy: cash.

Cash is part of any financial strategy and investment portfolio, but how much have you thought about the different uses of cash, and how much you really need? Consider these four key purposes:

1. Unexpected expenses and emergencies – If you face an interruption in employment, you need an extensive home repair or you encounter an unplanned medical expense, you may need access to cash. If you're not retired, it's a good idea to have three to six months of living expenses in cash, possibly supplemented by access to a line of credit. If you're already retired, keeping up to three months of living expenses

in cash, possibly supplemented by a credit line, is a good rule of thumb.

2. Specific short-term savings goals – You may have some goals you want to meet

within the next year or two, such as a wedding, a vacation or the purchase of a new car. And since you have a little more time to meet these needs than you would for an emergency, you might consider using a money market account or a short-term certificate of deposit (CD), in addition to your other savings vehicles.

3. Everyday spending – You'll always need cash to provide for your day-to-day spending needs, such as your mortgage, other debts, groceries, utilities, entertainment and so on. If you haven't already done so, you might want to create a budget, which could help highlight areas in which you can reduce spending to free up funds for investing in long-term goals. If you're still working, keeping one to two months' worth of living expenses in a liquid account may be sufficient, but if you're retired, you may need up to 12 months of living expenses, which you can adjust to accommodate outside sources, such as Social Security or a pension.

4. Source of investment – You can look at cash as an investment source in two different ways. First, cash can be considered its own distinct asset class, and because it typically

behaves differently from other asset classes, it can provide some diversification to a portfolio containing stocks and bonds. (Keep in mind, though, that diversification can't guarantee profits or protect against all losses.) And second, the cash in your portfolio could be used as part of a systematic investing strategy in which you put set amounts of money at regular intervals into investment vehicles that are appropriate for your goals and risk tolerance.

Clearly, cash is an important part of planning for the future, but there can be too much of a good thing. While cash may seem like a perpetual safe harbor from the stormy investment seas, it is not without risk. If you hold too much cash, you could underfund your longer-term investments – the ones with the growth potential you need to reach some of your most important goals, such as a comfortable retirement.

Put your cash to work. By using it wisely, you can add a valuable element to your financial picture.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC

Scott Borthwick
Manager

Ph: 603.523-9284
Cell: 603.630.8032



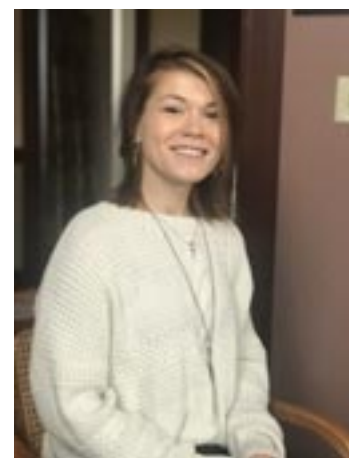
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NEK Council on Aging Welcomes Emily Sander-

St. Johnsbury, VT – The Northeast Kingdom Council on Aging is pleased to welcome Emily Sanderson as the AmeriCorps Senior Volunteer Coordinator. She will be responsible for managing the recruitment and activity of the volunteer network at the NEKCOA. The volunteer network of the NEKCOA encompasses over 320 people and extends throughout the three-county area of the Northeast Kingdom. She will work in the Council's St. Johnsbury office and work closely with the

AmeriCorps Senior Program Director for Vermont, Representative Dan Noyes at the Central Vermont Council on Aging.

Emily graduated from Lyndon Institute (Class of 2011) and received her Associates of Arts degree with a focus on Childhood Education with the Community College of Vermont. She is pursuing a Bachelor of Psychology degree at Walden University. She spent seven years as a preschool teacher at Little Dippers Doodle Children Center planning curriculum and learning objectives. She collaborated with parents, families, guardians, and outside community partners to ensure the children were meeting developmental goals in a safe and healthy learning environment. She was an Intensive Intervention Assistant for Kingdom East Unified School District where she provided one-



on-one support to students to meet their learning goals. She appreciated her position as a cashier at Dunkin Donuts in Lyndonville, greeting and servicing customers. It was a very busy work environment and challenged her multi-tasking skills.

She has received the following certifications: Child Development Associate, Reiki Master Certificate, Fundamentals in Trauma Informed Practice, and Adoption and Family Engagement.

She lives in East Burke, enjoys art, and is the mother of two young boys.

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WHY DON'T THEY CAMPAIGN ON THEIR RECORDS?

SILENCE –

violence and death in the summer riots of 2020

SILENCE –

epidemic of crime across America due to failure to enforce law

SILENCE –

rising deaths from fentanyl which crosses the “closed” southern border

SILENCE –

rising cost of living (inflation) due to support for Democrat Biden’s government spending spree

SILENCE –

increased criminal element entering the United States from uncontrolled illegal immigration- sex, human trafficking

IGNORANCE –

Smear Republican U.S. Senate candidate Bolduc and Senate Republican minority leader McConnell alleging support for a nation-wide abortion ban when the U.S. Supreme Court (in the Dobbs decision) stated abortion regulation is a state, and can never be a federal, issue (see U.S. Constitution, Amendment X)

IF YOU CAMPAIGNED FOR ELECTED OFFICE WOULD THIS BE YOUR PLATFORM?

Welcome November!

Danville VT looking into the Presidential Range. Clouds over lapping Mt. Washington in NH. These pictures were taken when the Foliage was at its peak.

For copies contact Cyndi: cnb.pics07@gmail.com



On Tuesday, October 18, the G. Hampton McGaw Chapter of the National Honor Society held its annual induction ceremony and welcomed 14 new members. The ceremony was held in the Dr. John A Bagonzi Community Building at Woodsville High School. Current members gave speeches about leadership, character, community service, and scholarship, the 4 pillars of the National Honor Society. The photo includes the new members: Anna Englert, Haleyann Spencer, Vanessa Chausheva, Mackenzie Griswold, Aaralyn Evans, Dorothy Roy, Katherine Vasconcelos, Wiktoria Wawrzyniak, Stevie Warf, Connor Houston, Izabella Rutherford, Sidnei Watson, Emma Hillner, and Thomas Martel.

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Paid for by Kelsey Root-Winchester for State rep Treasurer Roxanne Russell

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I look forward to representing the communities of Bradford, Fairlee, and West Fairlee in the following areas:

- HOUSING SOLUTIONS
- CHILD CARE SYSTEMS
- WOMEN'S RIGHTS
- COMMUNITY HEALTH
- ECONOMIC DEVELOPMENT
- WORKFORCE DEVELOPMENT
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Volume 14 Number 2

November 1, 2022

Not all Times are Trendy, but there will always be Trendy Times



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Robert Burns, US Congress, NH District 2

Chris Sununu, GOVERNOR, State of New Hampshire

Harold French, EXECUTIVE COUNCILOR, District 2 (Grafton & Coos Counties)

Carrie Gendreau, NH STATE SENATE, District 1 (Grafton & Coos Counties)

Glenn Libby, GRAFTON COUNTY COMMISSIONER, District 2
(Bath, Benton, Bethlehem, Easton, Franconia, Haverhill, Landaff, Lincoln, Lisbon, Littleton, Lyman, Lyme, Monroe, Orford, Piermont, Sugar Hill, Thornton, Waterville Valley, Woodstock)

Omer Ahern, Jr., GRAFTON COUNTY COMMISSIONER, District 3
(Alexandria, Ashland, Bridgewater, Bristol, Campton, Canaan, Dorchester, Ellsworth, Grafton, Groton, Hebron, Holderness, Orange, Plymouth, Rumney, Warren, Wentworth)

NH STATE REPRESENTATIVES:

Calvin Beaulier, David Rochefort, & Matthew Simon, Grafton District 1 (Bath, Lisbon, Littleton, Lyman, Monroe, Sugar Hill)...VOTE for 3

Cathy Qi, Grafton District 2 (Bethlehem & Franconia) ...VOTE for 1

Bonnie Ham, Grafton District 3 (Easton, Lincoln, Livermore, Woodstock) ... VOTE for 1

Rick Ladd & Matthew Coulon, Grafton District 5 (Benton, Haverhill, Landaff, Piermont, Warren) ...VOTE for 2

Paid for by the Northern Grafton County Republican Committee...Nick De Mayo, Chairman

Not all Times are Trendy, but there will always be Trendy Times

November 1, 2022

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A County Commissioner **DOES** impact **LOCAL** issues like your property tax and ensures that you have access to exceptional County services including those provided by the County Nursing Home, County Attorneys Office, Department of Corrections, Sheriffs Department and Registry Of Deeds.

There is **ONLY** one Candidate that has:

- 30 years of experience in County Government with expertise in the budget process
- Conservative fiscal principles
- A genuine love of County government, its residents, and employees
- A tireless work ethic that will prioritize constituent service
- An understanding of the issues facing County operations

On November 8, 2022 I respectfully ask for your **VOTE**

Keep it LOCAL make it LIBBY

*Authorized and paid for by the candidate

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Yes, Inflation is on the Ballot

Are you tired of High Prices on GAS, GROCERIES, HEATING OIL, ELECTRICITY, etc.

If you want to lower Inflation VOTE Republican on Nov. 8, 2022

Paid for by Tom Thomson

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VOTE for EXPERIENCE

EDITH TUCKER

District 1

State Senate

Paid for by Edith Tucker

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Vote Martha McLeod

Grafton County Commissioner, District 2



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A native of Grafton County, former State Representative with state and county budget experience, and the spouse of a war veteran. I have no conflict of interest in serving as your Commissioner.

Paid for by Committee to Elect McLeod County Commissioner, 348 Wells Road, Katharine Terrie, Fiscal Agent

IMPORTANT NOTICE

Are you terrified about the current state of our Country and the direction our Country is headed? The far-left wing of so-called “Progressives” of the “Democrat” party are hell bent on destroying this great Nation and are doing everything in their power to do so. If you are not very worried, you should be and here are just a few of their atrocities:

1. Vowing to federalize our voting laws to dictate voting requirements. Changes will include no Identification, no proof of residency, and no signature verification required and legalizing ballot harvesting. This is just the tip of the iceberg!
2. Spending Trillions of dollars we do not have available to spend!! The U.S. National deficit is currently at thirty-one trillion dollars, which explains the outrageous inflation we are currently facing. The inflation rate is the highest it has been in 40 years. Middle class Americans are struggling to pay their bills and put food on the table. If we don't act, the worst is yet to come. and in parts of the Country over \$5.00 per gallon of fuel.
3. Teaching our children from age 5 that they can change their genetic identity if they choose.
4. Teaching children Critical Race Theory in our Public Schools, which, is promoted as “anti-racist” civil rights education, however, CRT actively encourages discrimination based on skin color. At it's (CRT) core, it segregates people into two main categories: oppressors or victims. It teaches white children to hate themselves and to be ashamed. It also teaches children of color to hate and not trust white people. This is a dangerous racist teaching that will only further divide in this Country. Racism and discrimination are wrong and have no place in the classroom – but neither does racially motivated propaganda.
5. This crazy “Woke” ideology of which is just another word for Marxism.
6. The far left contends if they win elections in November, they plan to “pack the Supreme Court” to their liking and do away with the Filibuster.
7. No Southern border security, resulting in well over three million illegal immigrants coming into our Country. Human trafficking, sex crimes, deadly fentanyl. Convicted murderers, rapists etc.... just to name a few. Not to mention un-accompanied children that are missing and/or found dead.
8. Abortion. They insist on it up to the moment of birth. (non-negotiable)
9. The Left wants to ban all gasoline powered vehicles by 2035 and only electric vehicles will be driven and cramming this charade down our throats while knowing that coal is needed to produce electric. And using a form of black mail to do so by shutting down the Keystone XL pipeline and stopping all permitting on Federal lands for new oil and gas exploration. We are already seeing and hearing the negatives from Electric Automobile owners.
10. Democrat held cities and towns that are no longer safe. Lawlessness, no bail laws. Murderers, rapists, drug dealers, and other violent criminals get released back into society to commit their crimes again. Innocent people are assaulted and many with injuries so bad that they suffer for the rest of their lives or die because of their injuries.
11. Regarding January 6th, yes, it was as bad as bad can get, but to arrest the hundreds of Peaceful Protesters they are held in prisons that are worse than those in Third World countries. These “alleged participants” are held in Solitary with no outside interaction and held without bail.
12. On the flip side, if you go back to the 2020 Riots, when police officers were being assaulted and murdered, small businesses were burnt to the ground, looted, and nobody has been held accountable for these atrocities.

Folks, these are just a few of the reasons to resonate that this IS the new Democratic Party, and the list goes on and on!

I am a registered Independent voter, who like many of you came from a Democratic family. But the old Democratic Party is gone forever. If you love your Country, I plead with you because precious time is running out, I ask you to join with me this November 8th and please vote Republican and let us take our Country back!

*Sincerely,
John P. Martin
Woodsville, NH*

We Accept Cash, Check or Credit/Debit Cards



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Personal: For Sale, Wanted, Lost, Found: Up to 30 words FREE for 2 issues. (\$10,000 value limit)
 Business: Help Wanted, For Rent, etc. \$10/2 issues, \$20/5 issues, \$50/15 issues. Limit of 30 words.
 Classifieds that exceed word count may be subject to an additional charge.
 Mail or Drop Off at Trendy Times, 20 Pine Street, Woodsville, NH 03785 Email: Gary@trendytimes.com



SERVICES

TDL WASTE SERVICE & trash drop. Jct. Route 302 and Wallace Hill Road, Wells River. Wed. 5-7 pm. Sat. 8 am - 1 pm, Sun. 9 am - 1 pm. Phone 802-584-3287 and 802-272-7019 11.01

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BEEZWAX By John Martin



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ARIENS 18" SNOWBLOWER used twice. Self propelled electric starter. Used twice... labels still on it. Bought new at Lowe's. All manuals with it. Don't need it anymore. Paid over 500 for it but asking 350. or b/o 603-991-4984....call or text. 11.01

ORION SKYQUEST XT4.5 DOBSONIAN TELESCOPE. Includes: 6-26mm Correct-Image, 10mm, 25mm, 2x Barlow lens, Base, Case, Moon Map, Star Planisphere, Guidebook, Instruction Manual. Excellent Condition. Asking \$219 OBO. Call 603-444-6489. 11.15

BARRELS, TOTES & PAILS: 5 gallon - 275 gallon. Plastic or steel. Open and closed top. Call Bicknell Barrels 802-439-5519 10.31.23

GAS POWERED HOT AIR TRAILER FURNACE. \$50. CALL 603-747-4140 11.15

4 GOODYEAR WRANGLER SNOW TIRES, LT245/70R/17, \$300. Call, leave message. 603-989-9836 11.15

DROP LEAF TABLE, expasnds from 24"x40" to 8" with two extra leaves. \$75.00. Set of four (4) antique Windsor back chairs \$125.00. 2 odd wooden chairs \$25.00 each. Call Janice at 603-254-1448 11.15

TRENDY TIMES: The owner wants to retire! But is willing to stay on to help train a new owner/editor. Sale includes solid list of current customers, along with many years of past ads. Buyer should have some creativity, be able to work with other business owners as well as the general public, have some computer skills and possbily even be able to write. The business could be run on a part time basis, or add some staff and make it full time. Currently there is a public office, but not necessary. Priced at \$10,000. with negotiable terms. For more details call 603-747-2887 or email: Gary@trendytimes.com

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MAPLE TRESTLE TABLE will expand to 92". \$100. Call 802 695-8145 11.01

1996 CORVETTE CAT BACK EXHAUST. New condition. Don't need it. Phone 603-991-4984 text or call if interested. 11.01

OFFICIAL POLICE YELLOW CRIME SCENE TAPE, on a reel, 1000' new, \$25.00 802-439-3254 11.01

BLACK & DECKER TOASTER OVEN like new, bakes & broils \$20.00. Travel trailer extension cord, 25', 30 amp, heavy duty \$25.00 603-787-6686 11.01

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We accept checks, credit/debit cards and even cash!

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- Free
- Found
- Personals
- Wanted
- Other _____

Description: _____

Price: _____

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NON-BUSINESS: For Sale, Wanted, Lost, Found:

Up to 30 words FREE for 2 issues. (\$10,000 value limit)

BUSINESS: Help Wanted, For Rent, etc. \$10/2 issues, \$20/5 issues, \$50/15 issues. Limit of 30 words.

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 Email: Gary@trendytimes.com

Volume 14 Number 2 November 1, 2022 Not all Times are Trendy, but there will always be Trendy Times

Letter to the Editor

Dear Friends,

As I prepare to retire after three terms in the NH Senate, I'm honored to express my strong support for Carrie Gendreau to be our next NH District 1 Senator. I say "our" next NH Senator because redistricting moved my home town (Warren) into District 1.

I've had numerous conversations and discussions with Carrie about the many issues facing our communities and our state. She is rational, reasonable, and respectful of all points of view, and represents the values we need in Concord to deliver sensible solutions to those issues. Her work as a Selectwoman in Littleton stands as proof of her abilities.

I am strongly opposed to her Democrat opponent, Edith Tucker, whose votes

as a State Representative have promoted the Democrat party line at the expense of parental rights, economic prosperity, energy costs, and education choice for the less affluent. We don't need ideologues in Concord; we need down-to-earth, sensible solutions that support our parents, strengthen our families, energize our economy, expand education choice, and are fiscally responsible.

Carrie Gendreau will use common sense and the values and experience she's acquired as a lifelong North Country native to represent us, just as she's done in Littleton. Please join me in casting your vote for her on November 8th.

Respectfully,
Bob Giuda
State Senator
NH District 2

Letter to the Editor

to the Editor,

Kelsey Root-Winchester is running for State Representative in Newbury, Grotton and Topsham. She's familiar to many of you already because she wears many hats in our community: she's a school board member at Blue Mountain Union, a board member of Little Rivers Healthcare, the president of Wells River Action Program, co-founder of 302 Cares (substance abuse prevention coalition) and on the board of Newbury United (community Covid response coalition) – not to mention being a business owner in Wells River, and being the mother of two middle-schoolers.

This means not only that she has a deep understanding of the needs in our towns -- including economic development, education, health care and wellness -- but it shows that when there is work to be done to support the

community, Kelsey says yes, I'll help, and jumps right in.

During this campaign she has been out listening to your thoughts and ideas about our community. She's been to town select-board meetings, parades and festivals, and has held meet and greet events at area businesses. Very likely she has even knocked on your door – or will before election day.

This is why Kelsey Root-Winchester deserves your vote, and why she has ours: She has a deep understanding of our towns and responds to community needs by putting in the hard work necessary to make things better. She's doing great work in our community. Let's elect her State Representative so that she can do even more for our district in Montpelier.

Fay Homan and
Chip Conquest

Letter to the Editor

To the Editor,

Tulsi Gabbard, a former US congressional representative from Hawaii, announced her leaving the Democratic party and denounced it as an "elitist cabal". Her announcement was the following:

"I can no longer remain in today's Democratic Party that is now under the complete control of an elitist cabal of warmongers driven by cowardly wokeness, who divide us by racializing every issue & stoke anti-white racism, actively work to undermine our God-given freedoms, are hostile to people of faith & spirituality, demonize the police & protect criminals at the expense of law-abiding Americans, believe in open borders, weaponize the national security state to go after political opponents, and above all, dragging us ever closer to nuclear war."

This was so nice to see a Democrat who was not afraid to take a stand against the corruption, radical ideology and ludicrous actions that are running rampant through the Democratic party today. She could've just stayed quiet and played the old partisan "support your side no matter what you really believe", but she did not. She saw what many people are seeing now. Her reason spelled it out perfectly. Now if any of you think that this is

groundless bashing just take a look at what recently came out in the news. It epitomizes what Tulsi spoke about:

Kelisa Wing is a diversity, equity and inclusion chief at the Pentagon's education wing –She is involved in the curriculum in the Department of Defense Education Activity (DoDEA). This department services military-connected children all around the world. She promoted an anti-police book titled "Between the World and Me" by Ta-Nehshi Coates.

Coates said this about 9/11 responders in her book.: "They were not human to me. Black, white, or whatever, they were menaces of nature; they were the fire, the comet, the storm, which could – with no justification – shatter my body."

Kelissa Wing supports someone who calls our brave first responders "not human" and "menaces"? (Is the author insane?) Wing has also co-written a children's book about defunding the police. Recently she tweeted that "I am so exhausted with these white folk in the PD sessions this lady had the CAUdacity to say that black people can be racist too..." I had to stop the session and give Karen the BUSINESS..."

And this woman has a job in our Pentagon? What is the agenda of the people who hired her? Meanwhile DoDEA Direc-

tor Tom Brady has said, 'Kelisa Wing is exactly the right person to lead our efforts... to support meaningful change'. So this is what our government is all about now? Obviously, they are trying to destroy our country and transform it into something else completely. Tulsi Gabbard sees this clearly! Now what do our local Democrat leaders think about this? I am willing to bet they would disagree with it as well, BUT will they speak out or stand up against it? Probably not! And as these radical Democrat leaders on top in Washington continue to do all the things that Tulsi Gabbard spoke about, you know our local Democrats will vote along with them in congress thus perpetuating the problems and promoting the downward spiral of our country. To save our country people need to vote straight Republican ticket. We need a Republican majority in congress to stop this insanity or our country will eventually fall. THINK about what Tulsi mentioned. Research on your own! These are not the JFK, Joe Lieberman or Harry Truman Democrats. These are a globalist breed with a radical agenda to divide and destroy our country, our constitution and transform America into something unrecognizable.

Alex Foryan
Landaff, NH

What's Your Opinion?

**Let others know with a Letter to the Editor.
Just be prepared for a response.
But most importantly, be sure to VOTE
on Tuesday, November 8th.**

BABY SNUGLERS AND FUN PEOPLE NEEDED COME JOIN OUR TEAM!

If you love children, want to do meaningful work and never be bored please consider joining our team at Cradle & Crayon, Inc. in Hanover. You must be available 7:30-5:30 M to F year round, and a flexible team player with extraordinary people skills, infinite patience and a sense of humor. The successful candidate will need to: be a lifelong learner, flexible worker, outside the box thinker and did I say LOVE children? Ages 6 weeks to 6 years. Must be looking for a career not a job and appreciate excellent pay and benefits. For fulltime staff our package includes: 4 weeks off with pay the first year, all federal holidays and your birthday off with pay, free health and dental insurance, all meals provided, 403-B retirement plan and onsite training. For more information or to apply email director: brendadanielson@yahoo.com. No phone calls please. (covid vaccination is mandatory for all employees)



Peacham - EP Management Corp is accepting applications for one-bedroom units at Peacham Academy Apartments.

Non-Smoking, professionally managed building. On-site coin-operated laundry. 24-Hour emergency maintenance. Income limits apply. Section 8 Vouchers welcome. One-Bedroom Units \$870/mo. Rent includes heat, electricity, hot water, trash removal & recycling. Tenant pays phone, internet & cable. For application call 802-775-1100 ext 8 or e-mail denises@epmanagement.com.

Equal Housing Opportunity.

Letter to the Editor: Martha McLeod Will Ensure Choices as We Age in Grafton County

To the Editor:

On November 8th, I am supporting Franconia native Martha McLeod for the Grafton County Commissioner for District 2.

Martha has stated that the Grafton County Nursing Home is one of the most important organizations overseen by the Grafton County Commissioners. Almost 23 percent of us in Grafton County are over the age of 65, and the numbers are increasing. Martha's goal is to make sure that all of us have a choice in how and where we age, whether it is in a nursing home or provided the supports to age in our homes and communities.

Martha is a long-time resident of Grafton County; she graduated from Littleton High School and holds bachelor's and master's

degrees from the University of New Hampshire. She has worked in the community health field and overseen not-for-profit organizations focused on improving access to health care, health coverage, and human services for the North Country residents. She served two terms in the NH House of Representatives and served on the Finance Committee working on the NH state budget and on the county delegation overseeing the county budget. She has the experience we need to best manage our county resources.

When you vote on November 8th, vote for Martha McLeod for County Commissioner.

Jim Moore
Franconia

Letter to the Editor: McLeod Has No Conflict of Interest in Serving as Our County Commissioner

To the Editor,

I encourage Grafton County residents to vote for Martha McLeod for County Commissioner, District 2, on Tuesday, November 8th. Martha has the experience needed to ensure common sense management of the county portion of our property taxes.

Grafton County raises approximately \$26 million through local property taxes and manages a budget of about \$48 million. Martha has spent her career working in both the public sector and the non-profit sector and understands the importance of stewardship of our limited resources. She served two terms in the NH House of Representatives where she served on the Finance Committee and was a part of the Grafton County del-

egation charged with reviewing and approving Grafton County budget expenditures and revenue.

It is especially important to note Martha has no family members working for Grafton County and will have no potential conflicts of interest when deciding on budget expenditures, determining salaries, or providing oversight of employees. This is not the case for her opponent.

Martha McLeod will bring integrity to Grafton County government with a focus on improving access to high-speed internet, ensuring high standards in our nursing home, and choices for aging in our community. Join me in voting for Martha McLeod on November 8th.

Kathy Taylor
Franconia, NH

Letter to the Editor

To the Editor,

On January 6th an insurrection took place and lead by Biden, Democrats, and the likes of Liz Cheney that insurrection is still taking place as they try to destroy the country, our republic, our home.

We have a chance with the elections in November to start on the road of taking our country back by

voting as many Democrats out of office as possible.

This may be our Alamo, our Little Big Horn, our last chance to save our country from the Socialist onslaught Biden and company are trying to force on us.

Please get out there and vote so we can take our country back.

Jim Jordan
Lincoln, NH

Letter to the Editor

To the Editor

The behavior of Randolph Union High School officials in the case involving the trans-identifying student in the girls' locker room is shocking and despicable. How have we come to the point where a biological male—yes, a BOY—stands in a corner ogling girls on the volleyball team as they change clothes in their own locker room, and the GIRLS lose locker room privileges and get investigated for harassment?

What?

Topping off the insanity and the wickedness, the father of one of the girls is

JP,

I must admit that I know nothing about this particular incident. I can only comment on the facts that you have offered. With that said it appears that pendulum has swung way far to one side.

I am one who likes to try to find a compromise position when there is conflict. Perhaps all schools, and by extension all public places will soon need to offer three bath-

rooms. His, hers, and transitioning. Then you still have to hope that each individual will abide by the signage and choose the proper facility.

I have nothing personally against a person who wants to transition. But I also have to agree that those individuals' rights do not overrule the rights of others. Remember that in every case there are, at least, two sides.

Gary Scruton, Editor

fired from his job as soccer coach because he refused to apologize for calling the offending boy ... a "BOY"! Orange Southwest School District Superintendent Layne Millington and, indeed, the entire school board, should be sacked immediately and chased out of town for incompetence and toxic wokeness. The news director at station WCAX says he pulled the report about the affair to protect transgender students. How thoughtful. But what about protection for the girls on the volleyball team? They are the true victims here, and the

trans student the station is "protecting," along with Supt. Millington and his band of nodding nincompoops and useful idiots, are the victimizers.

Again, how did we get here? A male student claims he's a girl, behaves badly and menacingly, embarrasses and frightens a group of girls, creates a scene, and the whole system is flipped upside down to accommodate HIM! He gets coddled and the victims are punished. Ubi sunt old-fashioned decency and common sense?

JP Watson
Fairlee

Letter to the Editor: "It's about the economy, stupid!"

To the Editor,

During Bill Clinton's first run for President in 1991, the overriding campaign concern during the 1991 Presidential campaign was an economic recession and the decreased emphasis on foreign policy in a post-Cold War political climate.

The slogan coined by James Carville, a strategist for Clinton, during the 1992 Presidential campaign, was "It's the economy, stupid!" Clinton's campaign advantageously used the then-prevailing economic recession and this catchy slogan as one of the campaign's means to successfully unseat George H. W. Bush.

History does repeat itself! Much like 1992, today's economy is spiraling toward a recession! While there are those focusing on the many social issues during this mid-term election, the overriding concern on the minds of a majority (82%) of Americans is their pocketbook, and what's called "Kitchen-Table Issues".... Things like the basic, things that the everyday family needs to survive: groceries by which to feed and survive, fuel by which to heat the house, and keep warm, air conditioning costs for those in the southern tier of States, electricity costs, gas for the auto so the family can go to work/travel to school/ go shopping/vacation trips, savings growth for seniors, interest rates in order to borrow money, etc.

The overall Consumer Price Index (CPI) is up 8.2% from the days of the previous Administration

when the CPI was a mere 1.2%. Inflation has caused this dramatic rise due to cost of producing all kinds of goods.

There is a surge of 28% in the cost of home heating bills across the country this winter. Those living in the Northeast will be experiencing these much higher energy costs in order to keep warm.

Food product prices are up across the board according to the Bureau of Labor Statistics, and responses from the average shopper...eggs (prices nearly doubled over the past year to \$2.94 a dozen, while a pound of coffee has shot up \$1.50, chicken breasts cost an additional \$1.00 per pound, and, for dessert, a half-gallon of ice cream climbed 75 cents). Cereals and bakery products are up 15% from last year, while dairy is up 14.9% from a year ago. Fruits and vegetable prices are up 9.3%.

Information Resources Inc. found the biggest jumps in food prices from last year were in every day goods such as: ice cream, sports drinks, crackers and breakfast meats all skyrocketing over 50% from July, 2021 to July, 2022.

While the federal government plans to increase Social Security COLA's, ie cost of living adjustments, (reportedly in the area of 8%) in January to seniors, this falls far short of the drastic declines of 30% in investment portfolios of many diligent seniors who saved for retirement.

Bill Clinton was re-elected to a second term

because he got the message..."it's the economy, stupid!" when he honestly expressed his feelings to the American people, "I feel your pain!"

Joe Biden, earnestly, still does not feel the pain of the average American citizen, and continues to cater to demands of the Radicals of the Far Left Socialist Wing of the Democrat Party, individuals like Bernie Sanders, Nancy Pelosi, Elizabeth Warren, AOC and The Squad, and more. Their policy of Socialist "wealth distribution" transferring money and value from the middle class to illegal arrivals is revamping our current American society, and burying us under \$31 Trillion in staggering national debt.

An "across-the-board-philosophical-reversal-of-governmental-thought-and-policy" is needed on the federal level to correct these problems, I believe, and it begins at the ballot box on Tuesday, November 8th with the election of "new thinkers."

We need to kick out those who have been giving us years of continuous "lip service" and "double-talk" in order to sustain their current standings within the Democrat Party, and cozying up to their Left-leaning, Socialist Party Leaders.

Tuesday, November 8th is a "wake up call" for America! I urge all patriotic Americans to answer this historic call, and return to our Constitutional republic way of life.

Nick De Mayo
Sugar Hill, NH

Letter to the Editor

To the Editor,

I would like to know what the rules against price gouging is. Why is it the price of regular gas in Woodsville & North Haverhill is so much higher than surrounding towns?

Cumberland Farms gas in Woodsville, NH is \$3.89⁹ per gallon while Cumberland Farms in Littleton is \$3.41⁹ per gallon.

All the other gas stations in Woodsville and North Haverhill are 41+¢ per gallon higher than Lisbon or Littleton or Piermont.

Eden,

I wish I could give you some reasonable, or fact based, answer to this long standing question. A quick look at legislation shows that the US House passed an anti-gouging bill earlier this year. The Senate has not yet passed it. Unfortunately this bill only takes affect during an energy emergency. Not the everyday issue you mention.

In defense of retailers, from those selling gas to those selling toaster ovens or corn on the cob, you can sell your product for whatever the market will bear. If the guy or gal next door can get a certain price, why can't I, seems to be the prevailing attitude.

I do know that my wife is a good shopper and will certainly take advantage of a deal when it is available. And that sometimes means planning a shopping trip or other drive at a time when the gas tank is low and it can be filled at one of those less expnsive locations.

Gary Scruton, Editor

I think everyone local should boycott these stations until their prices are competitive with other stations.

All the gas comes from the same depots, either Portland, Maine or Burlington, VT or Albany, NY.

It would be economical for people to drive to Lisbon or Littleton or even Piermont to get their gas.

The lower part of the state is at \$3.29⁹ per gallon. Outrageous.

Eden Aldrich
Woodsville

Letter to the Editor: Our Border Crisis

To the Editor,

The Biden administration stopped the construction of Trump's wall and has left our border wide open. As a result of this, and Biden's policies that encourage them, Illegals have been pouring into our border states. The Biden administration also has been flying illegals in secretly and many times under the cover of night. Governors Desantis of Florida and Abbott of Texas have sent them to DC, Chicago and to Martha's Vineyard. And why shouldn't they? Why should the border states be overwhelmed with thousands of illegals coming into their state? These Democrat led cities claim that they are sanctuary cities, so if they talk the talk, let them walk the walk.

Also, the Border Patrol caught 78 people so far this year that were on the terror watch list while others that come across our border have committed crimes in the border towns that include theft rape and murder. This is all so criminal and the silence from the Democrats on this is deafening. However, as soon as the illegals arrive in a

Democratic city, the Democrats, of course, are outraged. They attack Desantis and Abbott, calling them cruel and accuse them of using the migrants as political pawns, etc. Biden's encouraging policies are also not fair to the migrants in a way. In NY, for example, they are placed in a "tent city". Well how is this going to work in the winter? Where do they go then? How do these people get food and clothing? Will they all have jobs? I'm sure whatever the Democrats come up with will come down to the American taxpayer footing the bill. Meanwhile we have huge inflation going and families are STRUGGLING as it is without added costs. Also, we have our own CITIZENS with hardships that we should be giving priority to. We have our OWN homeless, mentally ill, families who have lost military and police spouses in the line of duty, wounded warriors, abused women shelters, and most recently, communities that have been devastated by the hurricane in Florida. How about money to somehow fix our deteriorating supply chain? Biden's

admin is giving military personnel food stamps to help with the inflation instead of paying them a decent wage. Why not pay our military a better wage? And how about funding our police instead of defunding them? Crime is rampant in the cities where the police budget has been drastically cut. But all of this does not matter to the Biden administration. They put the illegals first above Americans. Why do they do this? Do you really think they care about these people? If they cared about people who are suffering hardships, then they would prioritize the aforementioned groups. All they want is the illegals' vote. And YOU KNOW they will try to get these people to vote. It's naive to think otherwise. If the Democrats remain in power this problem will only continue to get worse. The Democrats (including our own Maggie Hassen) were against hiring more border patrol agents. The only way to end this border crisis is by voting Republican. This way our government can make our OWN CITIZENS a priority.
Janice A. Novak
Easton, NH

Letter to the Editor

To the Editor:

I had the honor of representing the towns in this area in the New Hampshire Senate between 1988 and 1994. Largely because of the fondness I developed in those years I've recently chosen to move up to the area. Today, I live just across the Burton Bridge, named for my political mentor Raymond Burton.

During my years in the State Senate I built a reputation as someone who worked with both Republicans and Democrats to make sure the needs of my District were met and we worked together to build a better future.

I was followed by two Republican Senators, Senator Ned Gordon and Senator Jeannie Forrester who both worked well with members of the other party. I suspect that Ray Burton was a big influence on their outlook, I know he was on mine. Ray gave me the two dollars I needed to file for my first elected office and quietly supported me over the years. My loyalty to him and his example is truly immeasurable.

What I learned from him, more than anything else, was the need for us to listen to one another and to create a community of

common cause.

During the last few years I have been saddened at the way in which the job of serving the people of this area has deteriorated into a partisan food fight.

Rather than focusing on serving people, irrespective of party, our leadership in the Senate has sought to use the position to gain partisan advantage, often at the expense of the people of the District.

This year we have a chance to elect a Senator who can help restore some civility to the office, Edith Tucker. Like Ray Burton, Edith will never ask a constituent with a need, or an opinion, what party they are registered with. She will put the people of Senate District 1 first and she will use her persuasive powers to bring people together when it matters for the People of District 1.

I fervently hope that you will help put us back on a path to civility and a spirit of community by casting your vote for Edith Tucker. She will earn the respect of her fellow Senators and work with them to make us proud.

Sincerely,
Wayne D. King
Bath, NH

Letter to the Editor

To the Editor

I am voting for Edith Tucker for NH State Senator, District 1. I urge you to vote for her as well. Ms. Tucker ticks all of the boxes in my list of policy issues but one in particular stands out: Her literature states, that she supports and will fight for, "maintaining women's access to quality, affordable reproductive health care." Since the US Supreme Court overturned Roe vs. Wade earlier this year, the question of who is in charge of women's bodies and their decisions about their bodies in this country, sadly, is unclear.

Edith Tucker's opponent in the race for the State Senate seat is Carrie Gendreau.

According to the Caledonian Record (9-6-22), "Republican Carrie Gendreau of Littleton is pro-life." Asked to explain her position on abortion, Gendreau explained that she believes "in the sanctity of life." And she continued,

"Right now the state has decided that a woman can get an abortion at up to 24 weeks. Until [legislative changes are proposed] the law is the law. In the meantime, if we could continue to change hearts and thinking..." I find the last part of Ms. Gendreau's quote chilling and frightening. Given the chance, I fear the Ms. Gendreau would gladly vote for a complete ban on abortion in New Hampshire.

I am a part of a generation of women (old!) who remember well life before the US Supreme Court in 1973 decided in Roe v Wade that the 14th Amendment to the US Constitution provides a fundamental "right to privacy," which protects a pregnant woman's right to an abortion. What I remember vividly of those times was that back alleys and wire coat hangers were associated with trying to obtain an abortion. I also remember that

women of means had a much better chance of obtaining a safe and even legal abortion than women without the ability to pay for the procedure. We must elect Edith Tucker to the NH State Senate. We cannot allow Ms. Gendreau's idea of "changing hearts and thinking" to become a reality.

And, finally, by the way, Edith Tucker never voted for an income tax. SB 1 mentioned on the sign relates to medical and family leave. Not one mention of income tax in the whole bill. It is shocking that given the chance at the Candidates Night held in Bethlehem this week, Ms. Gendreau refused to acknowledge this distortion of Tucker's record and claimed she could do nothing to remove the defamatory signs around town.

Sincerely,
Katharine Terrie,
Littleton, NH



What About Ma?

by Kellie Quackenbush

All About Being Burned Out

When Ma was sharing home with us, my husband and I decided to hire a helper to stay with Ma during the day so she would not be lonely while we were at work. We started with part time hours as the neighbor lady we hired was just looking for a few hours a week to make some "fun money". As Ma's needs changed, so did the hours of our helper. Our kind helper went from a part time helper to a full time caregiver. She never took any time off until one day she resigned.

The added hours and the increase in the needs for Ma's care were too much. Our kind helper had burned out on the job. The stress of being a caregiver for a friend or family member is very high, especially when the person you're caring for is having rapid changes in their health. "Burnout is a form of exhaustion caused by constantly feeling swamped. It's a result of excessive and prolonged emotional, physical, and mental stress. In many cases, burnout is related to one's job. Burnout happens when you're overwhelmed, emotionally drained, and unable to keep up with life's incessant demands." per <https://www.webmd.com/mental-health/burnout-symptoms-signs>.

When there is a job that is increasing in work load and hours and there appears to be no end in

site, that is when burn out is likely to affect people. "The term "burnout" is a relatively new term, first coined in 1974 by Herbert Freudenberger in his book, Burnout: The High Cost of High Achievement. Freudenberger defined burnout as "the extinction of motivation or incentive, especially where one's devotion to a cause or relationship fails to produce the desired results."

For people working with limited breaks or time away from the job, Burning out is a big risk. For people who are caregivers for family that they live with, because admitting you need help can be confused with failure, by the time they admit they need a break it may be too late. "Because burnout is caused by chronic stress, it's helpful to also be aware of how this stress, in general, affects the body. Chronic stress may be felt physically in terms of having more aches and pains, low energy levels, and changes in appetite. All of these physical signs suggest that you may be experiencing burnout." per <https://www.verywellmind.com>.

Let us think for a minute about your life caring for a family member (or two or more children), These are people you love and have vested your whole being into their wellness. Time goes by and as you adapt to their needs, yours get pushed

to the side, you love them, but your needs get forgotten.

"Now check off any of these if you have felt them in the past week:

Totally overwhelmed or feeling trapped

Exhausted by 3 pm

Getting too much sleep or not enough

Major weight fluctuation

Flying off the handle - a lot

Feeling depressed or uninterested in activities you used to enjoy

Resentful of your children/family member

Drinking/smoking/self-medicating (more than usual...)

isolating from friends or family (more than usual...)

Your body has decided to become stiff and sore — or new issues like stomachaches/headaches have started to appear on the regular." per <https://parentingwithgratitude.com>

So what do you do to fix this issue? Call a friend-someone who you can truly open up to. Hire help-for kids you can call the local High School and get a list of qualified teen-aged babysitters looking for work. Hiring help for seniors involves getting the visiting nurses, local agencies or trusted friends to help. Call your family and let them know that you are in need of a break. Talk to your doctor, your pastor or local senior center--before the stress makes you ill, get help and take time for yourself.

Ma would shed tears at the thought of her friend not coming anymore. Let us all remember that we must be good to ourselves before we can be good to others. Help is out there.

Letter to the Editor: Jerry Stringham seeks to return to Legislature

To the Editor,

I served as State Representative for what is now Grafton County's District 3 from 2018-2020. With the help of Lincoln, Woodstock and Easton voters on November 8, I hope to return to Concord for a second term.

My service for the first term was strong. I had a 100% voting record, sponsored two bills that were signed into law, spoke on the house floor 11 times, served admirably on the Ways and Means Committee and also served as Clerk to the Grafton County Executive Committee which manages another \$38 million of taxpayers money every year. I was also proud to contribute regularly to the Trendy Times under the Rubric, "the Rep's Repartee". I plan to do so again this term.

Having met with so many of you, I know there are a lot of concerns about energy costs. We will have a lot to do to make sure those that are vulnerable are able to get the support they need to stay warm. We will be diligent to support those in need.

In the longer run, I am optimistic about our reducing our energy costs and doing so from cleaner energy sources. I met with one Woodstock resident and asked about energy. "My latest bill was minus \$581. (i.e. they got a check!)" Their home is covered with solar panels and the family receives payment for the excess energy pumped into the energy grid. "The only reason we don't have more

panels is that the law limits us if we are any bigger"

The state legislature passed several bills in my term that would have made a difference. One bill would have expanded the allowed solar capacity to 2.5 times the current level but was vetoed. Expanded use of solar is a good idea when feasible – the cost of the sun doesn't go up when there is a war in Europe and any payments stay here. Bills to support expanded biomass utilization were similarly vetoed. But the rhetoric is more favorable now. These bills will likely have bipartisan support this coming term.

I know some of my neighbors are concerned about energy sources like coal and expanded access through conduits like the Keystone XL pipeline. I am not an expert on the XL, but there is already a pipeline with the same starting point and ending point as Keystone XL (it's called the Keystone pipeline). Rather than building a new pipeline against native American sacred ground and private landowners, why didn't they just build a new line right next the existing one? It would be longer, but there would be no controversy over confiscating land, exposing new land to environmental hazards and spoiling of sacred grounds.

Please vote for me on November 8th. I look forward to putting my education, experience and enthusiasm to better our lives.

Jerry Stringham
Candidate for
State Representative
jerry@jerrystringham.com

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TRENDY TIMES
A FREE PUBLICATION

Letter to the Editor: Tucker voted for a state income tax....twice!

To the Editor,
I am disappointed to learn that Representative Edith Tucker (D), Randolph, who is presently running for the position of New Hampshire State Senator from District 1 which includes portions of Grafton County and Coos County, voted in favor of a state income tax on numerous occasions. The majority of Granite Staters oppose, and find a state income tax completely unnecessary, especially with fuel costs soaring, gas prices rising, food prices spiraling upward, interest rates out of control, an ever-growing inflation rate now at 8.2 %, and a disastrous national debt at \$31 Trillion.

Not only did she vote for a tax increase on the average Granite Stater, she voted for it twice, both in 2019 (SB 1) and in 2020 (HB 712). Folks are struggling just to put food on their tables, let alone heat their houses, so the fact that this person running for NH State Senate, District 1, wants to add an additional cost on New Hampshire families is outrageous!
What's even worse, is that she now claims she has always been against an income tax! Can anyone afford gas, let alone a state senator flip-flopping on the issues?
Nick De Mayo
Sugar Hill, NH

Letter to the Editor

A vote for Donald Bolduc is a vote for the creeping fascism that threatens to transform the U.S.A. into an authoritarian state. In Washington he would simply be yet another act in the freak show that the once Grand Old Party has become. Do the people of

New Hampshire really want another election denying, Social Security/Medicare destroying, far right Republican in the US Senate? I hope not.
Sincerely
Dale York
Woodsville, NH

Editor's Note

You probably have noticed that not all Letters to the Editor got an individual answer in this edition of Trendy Times. To be honest, there was simply not enough room. My comment to all would be "Thank you for your thoughts. Now I encourage you as well as the readers, to exercise your right to vote on Tuesday, November 8th.

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The Colonial Theatre Wraps Up 2022 Season With Cannes Palme d'Or

The Colonial Theatre in Bethlehem, New Hampshire will wrap up its season with a winner - the 2022 Cannes Film Festival Palme d'Or winner, Triangle of Sadness. Widely considered the film industry's most prestigious prize, the Palme d'Or, or Golden Palm, is the highest honor awarded by the Cannes Film Festival each year. This year's award went to Ruben Östlund's wickedly funny, Triangle of Sadness. In the film, social hierarchy is turned upside down, revealing the tawdry relationship between power and beauty. Comedies are often overlooked at awards season and critics are sharply divided over Ostlund's brutal satire, but Triangle of Sadness was an instant hit at the festival receiving

an 8-minute standing ovation. Triangle of Sadness will run from November 3rd to 5th at The Colonial Theatre in Bethlehem, New Hampshire. November 5th marks the closing day of The Colonial's 2022 season with a 2023 opening day slated for next May. Member General Admission tickets are \$6 and Non-member General Admission tickets are \$8. More information about The Colonial Theatre in Bethlehem, New Hampshire is available at www.BethlehemColonial.org. The mission of the Friends of The Colonial is to inspire and invite participation in the cultural conversation by preserving and improving this historic landmark theatre, providing high-quality film



and performing arts programming and quality family entertainment, and offering a vision of small-town revitalization based on the arts. To learn more about upcoming movies and events, purchase tickets, or become a member or volunteer please visit www.BethlehemColonial.org. While you are there, sign up for regular email updates or follow The Colonial on Instagram (@bethlehemcolonial), Facebook (Facebook.com/BethlehemColonial), or Twitter (@ColonialNH).

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Not all Times are Trendy, but there will always be Trendy Times

November 1, 2022

Volume 14 Number 2



by **Cindy Pinheiro**
to contact Cindy (aka Cin Pin)
write to the editor at
gary@trendytimes.com

Pumpkin Squares

Hello hello my fellow chefs! How are you all doing today? I am fine but my friend Jane fell. It was about 1:30 AM. She got up to use the bathroom and lost her balance and fell into the tub. Her granddaughter was there and called. When we arrived she was in bed and disoriented and had a fever so we called for the rescue to come. They took us to the hospital. Long story short she is ok. But we are both exhausted. We didn't get out until 7:00 AM then went home. Needless to say it was a long night and long day.

I'd like to give a shout out to all the wonderful people I met at a Trendy



Times gathering in Woodsville. They were smart and beautiful and we had great conversations. The food was delicious too. Thank you all for being so friendly.

Let's get started with today's recipe and how to make it. It's great for

Thanksgiving which is right around the corner. It's easy peasy and "Delicioso"!!!

- Ingredients**
 4 large eggs
 1 2/3 cups of sugar
 1 cup vegetable oil
 1 15 oz. Can of pumpkin
 2 cups of all purpose flour
 2 tsp baking powder
 1 Tbsp cinnamon
 1 tsp salt
 1 tsp baking soda
- Frosting**
 3 oz softened cream cheese
 1/2 cup softened butter (1 stick)
 2 tsp vanilla extract
 2 cups confectionery sugar
 Walnuts (optional)
 Lightly grease a sided

cookie sheet then preheat oven to 350 degrees. In large bowl mix eggs, sugar, oil and pumpkin until combined. In another bowl mix the dry ingredients; flour, baking powder, cinnamon, salt and baking soda with a whisk then add to egg mixture and mix well. Spread in cookie sheet and make it even. Bake for 25-30 minutes until toothpick comes out clean and let it cool. Meanwhile in medium bowl beat cream cheese, butter and vanilla then add confectionery sugar and mix until smooth and creamy. When cool frost and sprinkle walnuts on top. Cut right in cookie sheet and they come out easy, and put in

serving dish. That's it. It makes a lot so it's great for company or to share with your neighbors. Make it for Thanksgiving and you will be a star. I didn't add the walnuts to mine because I didn't have them on hand but will use them when I make this for the holiday. I hope you enjoy this tasty treat.

Well folks that's it for today's recipe. If you have any questions please contact Gary and I will help you out. This dessert will become a tradition for you and your family. Until next time, I am signing off.

Sincerely,
Cin Pin



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