

A FREE PUBLICATION
NEXT ISSUE: TUESDAY, OCTOBER 25
DEADLINE: THURSDAY, OCTOBER 20

ECRWSS
 PRSRT STD
 U.S. POSTAGE
 PAID
 Permit #1
 N. Haverhill, NH
 POSTAL CUSTOMER

TRENDY TIMES



171 Central Street • Woodsville, NH 03785
 Phone: 603-747-2887 • Fax: 603-747-2889

Email: gary@trendytimes.com
 Website: www.trendytimes.com

OCTOBER 11, 2011 VOLUME 3 NUMBER 1

Trendy Times: It Is A Changin' ...Once Again

In the past we have utilized this front page space to make certain announcements about Trendy Times.

The very first issue had a picture of Gary Scruton, the editor and publisher. It also contained a story written about Gary by his wife Janice. It was meant as an introduction to the purpose and thoughts behind the beginnings of Trendy Times, as well as a little biography. That was two years ago, Tuesday, October 6, 2009. And we felt welcomed by the community. Readers started to let us know how they felt about the paper. Advertisers began to come on board utilizing the space in Trendy Times to connect with perspective customers up and down the Connecticut River Valley.

Later during that very first year of Trendy Times space was given to announce the fact that the publication was going from a weekly paper to being published every other Tuesday.

Again there were those who stepped up to let us know their thoughts. And again we continued to gather devoted advertisers who were taking advantage of the advertising rates and who wanted to be part of this new venture.

Shortly after that time a request was put out looking for individuals to invest in Trendy Times. Many locals came forward with amounts both big and small to keep this new venture going, and growing. Again we must take the time to thank all of those people and remind them that we have not forgotten. The two year mark will arrive in the spring of 2012 and we plan to keep our promises.

The front page of Trendy Times was used once again to celebrate the first anniversary of the new business. The article that appeared included a picture of the four main persons behind the publishing, creating, billing and selling of Trendy Times.

Since that time there

have been additional changes. The latest being a new salesperson who we must say is doing a wonderful job in helping new advertisers to get their story front and center for readers of Trendy Times.

But now comes a whole wave of new changes. The largest being that this will be the last edition of Trendy Times to be mass mailed. To this point we have covered every postal patron in our distribution area, and the cost has been a major factor in the whole business model. To save money and keep Trendy Times a viable business the method of distribution had to change. Therefore beginning with the October 25 issue, Trendy Times will now be distributed by means of being placed at various locations up and down the Connecticut River Valley. Most of those locations are listed in a clip and save box on page 19 of this edition. The Tuesday, October 25 edition should arrive at these locations on Monday, October 24, or Tuesday, October 25. If your favorite spot is not on this list, please let us know and we'll see if that location can be added. Also if you are a business owner who would like to be a



Introducing the newest member of the Trendy Times family. Olivia Marie Orser joined us on October 5th weighing in at a whopping 9 lbs and 4 oz. Proud parents are Ashley Scruton and Micah Orser along with big sister Myla. If Olivia had waited just one more day, she could have shared her birthday with Trendy Times.

distribution location, give us a call and we will work to make that happen.

Another aspect of this change in distribution is that with the savings Trendy Times is not pulling back, but instead expanding the coverage area. It should be noted that Orford and Fairlee will

now have pick up locations for Trendy Times. We are also exploring other distribution locations and may very possibly have more by the time the October 25 issue hits the street.

Also please note that if you wish to receive Trendy Times in your mailbox that can still happen. The difference will be that it will arrive by first class mail. It will also be by subscription with a rate of \$1.25 per issue, 13 issues for \$15, or an entire year for \$25. These prices reflect a portion of our cost for postage.

The bottom line is that Trendy Times will continue to offer various viewpoints, articles of interest, some very special features, and advertising from your neighbors and friends who own all the great small businesses in this area. We hope that the changes all work well and that you will continue to enjoy Trendy Times. Remember "Not all Times are Trendy, but there will always be Trendy Times."

BUYING
GOLD • SILVER • PLATINUM
 Silver & Gold Coins (Collections)
 Silver Plated Items: Paying \$1.00/Pound
OLD COIN & JEWELRY SHOP
 10 Eastern Ave • St Johnsbury, VT
 802-748-9174 • Tues - Sat 10-5

LANDAFF, NH – \$529,900

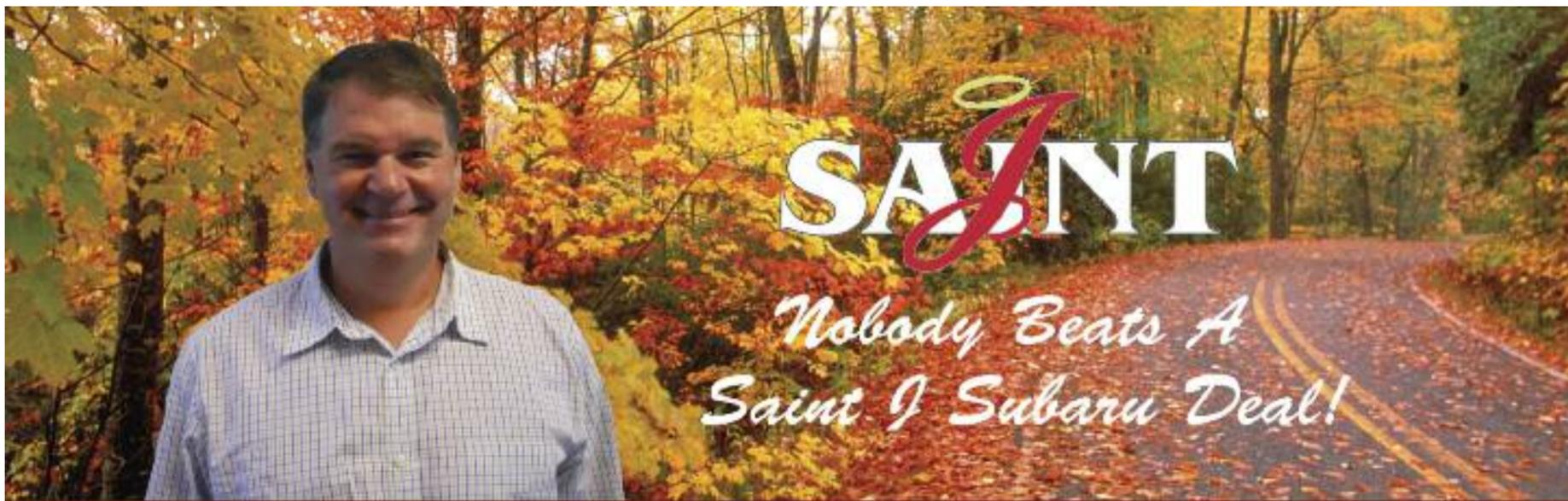
Bring the toys, horses, etc. & enjoy private country living at its best! This custom log home offers open concept kitchen-dining room with ceramic tile floor & stainless appliances, large living room with beautifully done wood floor and a small propane fireplace, there's also a bedroom, den and full bath on the main level, upstairs you'll find the master bedroom and bath a private deck and amazing views of the mountains, the lower level boasts 2-more bedrooms and a walk-out basement, other features include deck overlooking the mountains, 2-car detached garage w-separate wood furnace & electric and a 985 sq. ft. finished studio space above. Property features include 2 ponds, brook, apple & white pines, trails for riding & so much more!!



ALL ACCESS
 REAL ESTATE ASSOCIATES NH/VT

Vickie Wyman, Owner/Broker
 www.AllAccessRE.com • www.facebook.com/vickiewymanRE
 14 Ralston Road, Suite 1 • Woodsville, NH 03785
 Phone 603-747-3605 • Fax 603-747-3606 • Cell 603-616-9590

\$55
 FULLY DESIGNED FULL COLOR
 BUSINESS CARDS
1,000
 MINIMUM ORDER
 PREPAY ONLY
603-747-2887
 or email gary@trendytimes.com



Fall Into Great Savings at Saint of Subaru!



2008 Subaru Outback
\$19,991



2005 Chrysler Sebring Sedan
\$10,991



2004 Chevrolet Silverado
\$17,491



2008 Subaru Impreza
\$15,491



2006 Chevrolet Cobalt
\$9,991



2009 Chevrolet Aveo
\$11,991



2007 Dodge Caliber
\$12,991



2003 Buick LaSabre
\$8,991



2007 Mazda6
\$12,991



2003 Pontiac Sunfire
\$6,991



2010 Subaru Impreza
\$17,491



2006 Mercury Montego
\$13,991

with over 250 more vehicles available at

WWW.SAINTJSSUBARU.COM

200 Memorial Drive, St. Johnsbury, VT

866-492-4009

* Fees Over 2002-2003 at 7.99% for 36 months, 2004-2005 at 7.95% for 48 months, 2006-2007 at 7.99% for 72 months, 2008 at 7.99% for 75-78 months, 2009-2011 at 7.99% for 84 months. All offers are based on approved credit. Tax, Title, Registration and Docking Fee are not included. Cannot be combined with any other offer. Must trade a 2006 or newer or add \$1,000 to sale price. In stock vehicles only!

Robert Nutting And The Connecticut Valley Fair

By Gary Scruton

For many years when a local has thought about the Connecticut Valley Fair, they have also thought about Robert Nutting. Robert has been involved with the fair in one way or another since the early 1950's. For the past couple of decades he has been either President of the Association or the Fair Manager, and at many times he has held both positions.

Add to that the fact that for the past several years Robert and others have also operated Robert's Thrift Shop, with all proceeds going to the Connecticut Valley Fair, and you can see why the two are practically synonymous.

But all things change as time goes by and there comes the time when every one of us must slow down a bit. Robert Nutting is now 70 years old and he is ready to take some time for himself. He recently was a member of the crowd of Seniors who traveled to Nashville with the Orange East Senior Center. A trip that Robert certainly enjoyed.

Robert also decided to step down as the Fair Manager after the 2011 edition of the valley standard. The move was official at the meeting that followed this year's fair. At that point Paul Thurston of Haverhill was elected by the Board of Directors as the new General Manager. Election for some members of the fair's Board of Directors and all four members of the Executive Committee, President, Vice-President, Secretary & Treasurer, will take place at the annual meeting in January. At present Robert is not sure whether or not he will run to keep his position as President.

Another sign of slowing things down a bit is that Robert and volunteer staff have made the tough decision to discontinue the operation of the furniture portion of Robert's Thrift Shop. This piece of the thrift shop business has been housed in the basement of the Aubuchon building in Bradford. But there have been a number of issues. The biggest being that way too many items are being left at the door during

closed hours. In some cases this means that good saleable items become unsaleable, and in many other cases the items are simply not saleable at all. This translates into a large dumpster bill, plus a lot of man hours to look over the donated pieces and move them to the proper area for sale or disposal.

With the decision to close there is now the need to clean out the space. For that reason every item in the furniture store will be marked at \$10 or less. The hope is to sell everything by the first weekend in November and to be out of the space by that Monday.

The other thrift store will continue business as it has over the past many years, taking in donated items and turning over the proceeds from their sale to the fair association. In fact Robert pointed out that the sales of the thrift store have covered the mortgage and taxes at the new fairgrounds on Carson Lane. Those two bills add up to a sizeable

amount of money each year. With those bills covered the fair can use funds raised from the fair itself, other rentals of the property, and state funding to begin the long process of creating the infrastructure needed on the new grounds.

For Robert Nutting it is by no means the end of his association with the Connecticut Valley Fair. It is, rather, another chapter. One that is still to be written. But rest assured that he and the fair will not be far apart for the foreseeable future.

TRENDY TIMES
It is a changin' ...
Here is number 1 of 13
It Will Now Be
"Trendy" To Pick
Up The Latest
Edition Of
Trendy Times
At Your Favorite
Location
See Location Listing
On Page 19

TRENDY TIMES
603-747-2887
gary@trendytimes.com
www.trendytimes.com

Robert's Thrift & Used Furniture
All Furniture Items \$10 Each
Furniture Store Will Be Closing
November 6, 2011
Daily Specials - Every Day Something Different
Located Under The Post Office In Bradford • 802-222-4053

WEEKLY SPECIALS

Hungry Bear Pub & Grill
STEAKS • SEAFOOD
SALADS • FULL BAR
FAMILIES WELCOME
Jct Of Rtes. 5 & 25
Exit 16, I-91 • Bradford, VT
802-222-5288
Tuesday - Ladies Night - Buy 1 Get 1 Half Price On
Any Chicken Dish, Any Salad Dish, Any Dessert
House Wine All Day or Well Drinks All Day
And Check This...
\$2 Bud & Bud Light Bottles Or Pints All Day
Wednesday - 2 for \$22 Dinner
Includes 1 Appetizer Or 2 Desserts
Thursday - \$1 Off Any Draft Or House Wine
Friday - After School Special 5-6pm
Half Price Wings And Nachos
VISIT US AT WWW.HUNGRYBEARPUBANDGRILL.COM FOR OUR WEEKLY PRINTABLE COUPON

Plant A Tree Today
20% OFF
FOR CLEANER AIR TOMORROW
Trees filter pollutants, absorb CO2
AND help fight erosion!
MUMS IN GLORIOUS COLORS
Perennials, lilacs, crab apples,
blueberries and fruit trees!
SALE 20% Off Cash And Carry
All Nursery Stock In Stock
Now Until October 29
Hours: Mon thru Sat 8-5
Website: jmlandscaping.net
Gardening - An Investment That Grows!

JM Landscaping
NURSERY & GARDEN CENTER
Rt 5 Lower Plain Bradford 802-222-5354


MAYO'S MAXIMS
Sink into sofa,
Lounge in a chair,
Then check out our low prices -
No one can compare!
Mayo's Furniture
AND FLOOR COVERING
802 Railroad Street • St. Johnsbury
802.748.8725
www.mayosfurniture.com

Women In Sustainable Agriculture

Register now for the 2011 Women in Sustainable Agriculture Conference: "Tell your Story" happening in State College, PA, on November 6-8, 2011. The conference will bring

together farmers, growers, educators, agricultural professionals, and policy makers to share the knowledge, skills, and stories for building a dynamic sustainable agriculture.

The theme of the conference, Tell Your Story, focuses on the benefit of networking to women in agriculture. Through networking, women share their stories and knowledge and gain inspiration and companionship needed to survive challenging economic times. Women in agriculture have amazing stories to tell, and this conference will capture the struggles, passions, and history of the incredible women that have chosen careers in agriculture. The conference will include authors

and artists who tell stories of women farming through non-fiction, literature, art, and film.

The conference keynote speaker is Karen Washington, an urban farmer, president of the New York City Community Garden Coalition, and founding member of Black Urban Growers (BUGs). With over 20 years of experience working in New York City, Washington has developed abandoned lots into successful community gardens and food initiatives. She is the driving force behind the revitalization of numerous impoverished Bronx neighborhoods through the establishment of community gardens. She is a strong believer in the connection between food and greater

social justice issues.

The conference will offer more than 30 workshops on sustainable and holistic farm management, urban farming, organic vegetable production, livestock management, health and well-being, value-added agriculture, marketing, sustainable communities, creating a local food system, and on writing your story. The first day of the conference will feature four farm tours: 1) a tour of value-added agriculture in Amish country; 2) a tour of wineries and artisan cheesemakers; 3) a collaborative marketing tour; and 4) a community-supported agriculture (CSA) farm tour.

What: 2011 Women in Sustainable Agriculture Conference: "Tell your Story" hosted by the Pennsylvania Women's Agricultural Network at Penn State University.

When: November 6-8, 2011

Where: Penn Stater Conference Center, State College, Pennsylvania

Who: Everyone is welcome to attend

Early registration discount is available until October 10,

2011. Registration deadline is October 28, 2011. The Penn Stater is offering discounted guest suite reservations until October 7, 2011. For a complete list of conference offerings and to register for the conference, please visit: <http://2011wisa.aers.psu.edu>.

To learn how you can support the conference through sponsorships or become an exhibitor, visit <http://2011wisa.aers.psu.edu/Sponsorship.html>.

The Pennsylvania Women's Agricultural Network (PA-WAGN) is an outreach and extension program of the College of Agriculture at the Pennsylvania State University. PA-WAGN supports women in agriculture by providing positive learning environments, networking, and empowerment. To learn more, visit PA-WAGN's web site at <http://agsci.psu.edu/wagn>.

NOTE: UVM Extension is putting together a bus for those interested in attending the conference. If you are interested please contact Mary Peabody at mary.peabody@uvm.edu or 802-223-2389 x202.

October 11, 2011 Volume 3 Number 1

TRENDY TIMES
It is a changin' ...
Here is number 2 of 13

Trendy Times Will No Longer Show Up In Your Mailbox

See Location Listing On Page 19

TRENDY TIMES
603-747-2887
gary@trendytimes.com
www.trendytimes.com

Tardiff Realty

www.TardiffRealty.com
lynneat@hotmail.com

Direct: 802-233-2106
Fax: 603-259-3130

79 Union Street
Littleton, NH 03561

Lynne Tardiff, LMC
Broker-Owner

MLS

\$9.99/ 50 lb bag
Make It Worth The Trip!
Decade Complete Diet™ & Forage Extender Pellet

COMPLETE DIET 13%™

- High fiber, low fat pelleted feed designed for pregnant and lactating mares as well as weanlings and yearlings and light, moderate and active performance horses.
- 13% protein 3% fat
- Protein quality and availability is also enhanced by utilizing soybean meal and alfalfa meal which are high in lysine, an essential amino-acid.

FORAGE EXTENDER PELLETS

- Less than 7% NSC (starch and sugar) and can replace up to half of your horses hay. No molasses.
- 12% protein 24% fiber
- Two different sizes super and mini

Poulin Grain
A Family Feed Company

\$9.99 50 lb bag
From 9/5-12/31, 2011

Decade

For Exceptional Service Visit:
BLACKMOUNT EQUIPMENT, INC.
NORTH HAVERHILL, NH 03774
603-787-6311 • 603-787-6954 FAX

Sharpen Up!
WITH
Large And Small Kitchen Knives
Serrated Knives - Steak Knives
Small Hand Tools - Chisels
Etc.

Sean Kelly
802-222-9158
sean@asharpedge.com

For Brochure-Pricing
Drop-Off
Pick-Up

Congratulations go out to
Wanda Hubbard

For winning our October 1st drawing for a \$50.00 Gift Certificate at

Trendy Threads
171 Central St
Woodsville, NH 603-747-3870

(our next \$50.00 gift certificate drawing will be in November, come in and sign up, no purchase necessary.)

www.TrendyThreadsWoodsville.com

INCOME TAX PREPARATION

Peter B. Lavoie

Personal & Professional • E-File • Payroll Services

OPEN MONDAY THRU SATURDAY
9:00AM - 8:00 PM
Drop-ins and Walk-ins Welcome

e-file

603-747-3613 Fax 603-747-3287
49 Swiftwater Road, Woodsville, NH 03783

Singer Scotty McCreery Likes A Full Shoebox

Samaritan's Purse And Operation Christmas Child Walk Worldwide

By Robert Roudebush

It's surprising how much you can get into a standard size shoebox with a little planning, a little more love and a great deal of faith. And that's the whole simple idea behind this successful world-wide gifting outreach – and Bradford resident Jayne Jones knows all about it. Send kids who can use them shoe boxes or plastic boxes just in time for Christmas - boxes full of school supplies, toys and clothing, hygiene items, maybe some candy, T-shirts, socks, watches, flashlights, maybe a personal note or photo of the sender and their family. Sometimes the recipient kids write back and what follows may become lifelong connections, life-changing friendships.

Jayne Jones and other members of her church, The Bradford Evangelical Free Church, a protestant Christian group on Route 5 of the Lower Plain, are about to stage their yearly "shoe-box stuffing" party at the church. That's when everybody in the volunteer group gathers about 10AM NOV 5, the first Saturday of the month, and puts the goods into the boxes and sends them along the church transportation pipeline for globe-spanning distribution. Mexico, the Orient, Africa, some recipients even right here in areas of need in America. National collection week for the relief effort is NOVEMBER 14-21. The shoe-box packing is called "OPERATION CHRISTMAS CHILD", and it is one part of a larger

helping ministry termed "SAMARITAN'S PURSE".

Because the Bradford Evangelical Free Church is what is called a "relay center" for this geographic area for the first time this year, the church is ready, willing and able to receive pre-packed boxes from other groups or individuals on NOV 5, or any posted acceptance times during national collection week, and will make sure they all get into the transportation and delivery pipeline. Jayne suggests that donors wishing to drop off either completed stocked shoeboxes, or items to put in those boxes may even deliver them to the church during Sunday services. Packing guidelines discourage certain items, war or violence-related for example, and more information may be obtained by simply calling the church – 802-222-9021, or checking online at a site mentioned in this article. Jayne's fellow churchgoers have been at this pragmatic work for nearly 10 years now, and last year alone their small church stocked, wrapped and sent along the international pipeline over 50 boxes, a good number Jayne tells me, for a church of their size, and one they hope to better this year.

Jayne's group makes no mystery about their motivation for straightforward giving in this hands-on way. "These boxes are a source of hope," she tells me – "As God is the original source of real hope. I love this ministry. We put a little bit of love into each box, and a little bit of God's

love too. Come on down and help us pack that day if you like. Let us know you are coming because we serve a lunch that packing session too. Anybody who wants to help is invited, you needn't be a member or our church, or any church for that matter. We have a lot of fun and welcome people who want to attend and touch young people all around the world."

Where does young Scotty McCreery, the famous new teenaged country crooner come into the picture? He's the fresh-faced American Idol season ten winner, only 17, who looks about 14 and has the deep voice of a seasoned country star. He's also the winner who gave God the credit for his victory on the spot at the televised moment of announcement, and as it happens he's also a sincere supporter of this 20-year non-denominational effort of inter-

national relief in over 130 countries. He was packing shoeboxes himself as a kid for OPERATION CHRISTMAS CHILD and shares his belief in the value of the work – simply go to www.samritanspurse.org, then look for "OPERATION CHRISTMAS CHILD" and look for Scotty's video, "BACK HOME". At that same internet connection, you can learn more about "SAMARITAN'S PURSE", the umbrella organization mounting the Christmas shoebox effort.

According to the website, the biblical story of the Good Samaritan (LUKE 10:30-37) is the basis for SAMARITAN'S PURSE, "which for over 40 years has been going to the aid of the world's poor, sick and suffering ...to victims of natural disasters, disease, war and famine."

Part of the box preparation is choosing if each box is

either for a girl or a boy, and choosing one of three age groups – 2 to 4 years, 5 to 9, or 10 to 14 years old. Shoe box packers are also asked to include in each box a monetary gift per box of seven dollars to cover shipping and other project costs. That donation may also be made online through what's called the E-Z Give method. One fascinating aspect of this charitable work is the ability to track individual boxes, to know where your gift box ended up and when, at the same website cited above.

TO REACH THE BRADFORD EVANGELICAL FREE CHURCH 802 222 9021 TO FIND OUT MORE ABOUT OPERATION CHRISTMAS CHILD ORSAMARITAN'S PURSE WWW.SAMARITANSPURSE.ORG



Paul Chu, MD



Marlene Sarkis, MD



Keith Fortier, MD



Cynthia Holloran, APRN



Lili Cargill, APRN

Providing the Accessible, Compassionate, Quality Care You Deserve

Cottage Hospital is pleased to offer the services of our Internal Medicine Department and Monroe Health Services. If you are currently without a provider or looking for a new one, now is your opportunity to be part of a great practice. As part of the Cottage Hospital family, both practices are committed to your health, being your provider, and serving you...our community!

- Accepting New Patients
- Same Day appointments
- Convenient Locations
- Evening hours available at Cottage Hospital Internal Medicine
- Psychiatric & Gynecology Services available at Monroe Health

COTTAGE HOSPITAL
MONROE HEALTH SERVICES
152 Woodsville Road
Monroe, NH 03771 • (603) 638-2372

COTTAGE HOSPITAL
INTERNAL MEDICINE DEPARTMENT
79 Swiftwater Road Suite #2
Woodsville, NH 03785 • (603) 747-2900

Cheap Kids
499 Route 10
Orford, NH
603-353-9212
Wednesday thru Saturday
9:00 to 3:00
A wonderful selection of
Children's sizes 0-14
and Maternity Wear
On Facebook? Become a Cheap Kids fan!
www.cheapkidsclothingnh.com
"definitely worth the trip"



Not all Times are Trendy but there will always be Trendy Times

October 11, 2011 Volume 3 Number 1

Calendar of Events

This is a full page of Calendar of Events for local non-profits. Courtesy of Trendy Times.
Put **YOUR FREE** listing here!

MONDAYS/THURSDAYS

**NORTH COUNTRY YMCA
AEROBIC FITNESS CLASS**
6:30 PM
Woodsville Elementary School

WEDNESDAYS

BINGO
6:30 PM
Haverhill Memorial VFW Post #5245
North Haverhill

THURSDAYS

PEACHAM FARMERS' MARKET
3:00 PM – 6:00 PM Rain or Shine
Academy Green, Peacham

OCTOBER 3 - 31

**LANDSCAPES: AN ART EXHIBITION BY
KRISTINE LINGLE**
Alumni Hall, Haverhill

SATURDAYS (9/17 – 10/22)

FARMER'S MARKET
9:00 AM – 1:00 PM
Behind The Star Theatre, St. Johnsbury

TUESDAY, OCTOBER 11

ESSAY WRITING WORKSHOP
7:00 PM
Haverhill Corner Library

WEDNESDAY, OCTOBER 12

**MONTHLY MEETING -
ROSS-WOOD POST #20 AMERICAN LEGION**
6:00 PM
American Legion Home, Woodsville

SATURDAY & SUNDAY

**OCTOBER 15 & 16
18TH ANNUAL H.C.M.S. SOCCER
TOURNAMENT GAMES**
All Day Long
Haverhill Cooperative Middle School

SATURDAY, OCTOBER 15

HOME BAKED GOODS, CRAFTS & PLANTS
9:00 AM – 1:00 PM
Christ Covenant Anglican Catholic Church
Creamery Street, Marshfield

GROTON GROWERS FARMERS MARKET

10:00 AM – 2:00 PM
Groton Town Hall Gym

ANNUAL HARVEST SUPPER

5:00 PM – 7:00 PM
Woodsville United Methodist Church

SWEET JAMM

7:00 PM
Alumni Hall, Haverhill

SUNDAY, OCTOBER 16

BENEFIT CHICKEN PIE DINNER
11:30 AM – 1:30 PM
Grace United Methodist Church, Bradford

TUESDAY, OCTOBER 18

**NH STATE VETERANS COUNCIL
REPRESENTATIVE**
8:00 AM – 12:00 Noon
Woodsville American Legion Post #20

WEDNESDAY, OCTOBER 19

**THE MAN FROM VERMONT: THE OLD
COUNTRY FIDDLER**
6:00 PM Potluck Supper
7:00 PM Program
Vestry, United Church of Christ
245 North Main Street, Bradford

BOOK DISCUSSION GROUP

WATER WITCHES
7:00 PM
Fairlee Public Library

FRIDAY & SATURDAY

OCTOBER 21 & 22

**"THE ELEPHANT MAN" PRESENTED BY
THE ST. JOHNSBURY PLAYERS**
7:30 PM
St. Johnsbury School Auditorium

SATURDAY, OCTOBER 22

FRIENDS OF BATH ARTS & CRAFTS FAIR
10:00 AM – 3:00 PM
Bath Village School

CHURCH SUPPER

5:00 PM – 7:00 PM
First Congregational Church of Haverhill
See ad on page 8

SUNDAY, OCTOBER 23

AFTERNOON TEA
2:00 PM
St Luke's Parish Hall, Woodsville
See ad on page 8

ANNUAL OLD CHURCH COMMUNITY THEATER MEETING

2:00 PM
Upper Valley Services Building, Bradford
See article on page 17

MONDAY, OCTOBER 24

HAVERTHILL SELECTBOARD MEETING
6:00 PM
Morrill Municipal Building, North Haverhill

TUESDAY, OCTOBER 25

**VERMONT ACTIVIST RON KRUPP
BOOK TALK**
7:00 PM
Fairlee Public Library

FRIDAY, OCTOBER 28

PEACHAM CHURCH RUMMAGE SALE
9:00 AM – 2:00 PM
Peacham Church

FRIDAY & SATURDAY

OCTOBER 28 & 29

**"THE ELEPHANT MAN" PRESENTED BY
THE ST. JOHNSBURY PLAYERS**
7:30 PM
St. Johnsbury School Auditorium

SATURDAY, OCTOBER 29

PEACHAM CHURCH RUMMAGE SALE
9:00 AM – 12:00 Noon
Peacham Church

MARIONETTE AND PUPPET SHOW

2:00 PM
Fairlee Public Library

HAVERTHILL PARISH HALL

HAUNTED HOUSE
6:00 PM – 9:00 PM
Parish Hall, Haverhill Corner

HAVERTHILL RECREATION COMMISSION'S

HAUNTED HAPPENINGS & DANCE

6:00 PM – 10:00 PM
Robert E Clifford Memorial Building,
South Court Street, Woodsville
See ad on page 8

SUNDAY, OCTOBER 30

**"THE ELEPHANT MAN" PRESENTED BY
THE ST. JOHNSBURY PLAYERS**
2:00 PM
St. Johnsbury School Auditorium

TUESDAY, NOVEMBER 1

**NH STATE VETERANS COUNCIL
REPRESENTATIVE**
8:00 AM – 12:00 Noon
Woodsville American Legion Post #20

CONNECTICUT VALLEY SNOWMOBILE CLUB MONTHLY MEETING

7:00 PM
Morrill Municipal Building, North Haverhill

WEDNESDAY, NOVEMBER 2

**3 RIVERS BUSINESS ASSOCIATION
MONTHLY MEETING**
8:00 AM
Wells River Savings Bank, Wells River

WOODSVILLE/WELLS RIVER 4TH OF JULY COMMITTEE MEETING

7:00 PM
Woodsville Emergency Services Building

MONDAY, NOVEMBER 7

PRESCHOOL PLAY GROUP
9:30 AM – 10:30 AM
Morrill Municipal Building, North Haverhill
See ad on page 10

SENIOR STRETCHING

11:00 AM – 12 Noon
Morrill Municipal Building, North Haverhill
See ad on page 10

GOOD OLE BOYS MEETING

GUEST SPEAKER - OVIDE LAMONTAGNE
12:00 Noon
Happy Hour Restaurant, Wells River

HAVERTHILL SELECTBOARD MEETING

6:00 PM
Morrill Municipal Building, North Haverhill

PLACE YOUR EVENT FOR YOUR TOWN, SCHOOL OR ORGANIZATION AT NO CHARGE.

Submit your entries by:

Phone: 603-747-2887 • Fax: 603-747-2889 • Email: gary@trendytimes.com

Deadline for submissions is Thursday, October 20th for our October 25th issue.

Cottage Hospital Stork Report For July, August & September

Cottage Hospital is pleased to announce the following births for Summer 2011.

Cheryl Lakin & Scott Hanley Jr., of Newbury, VT proudly introduce their son, Mason Charles Hanley born July 5, 2011. Delivering Physician was Dr. Sarah Young-Xu.

Nicole & Timothy Jerry, of Bradford, VT proudly introduce their daughter, Aubrey Marie Jerry, born July 8, 2011. Delivering Physician was Dr. Jessie Reynolds.

Samantha & Earl French and Big Brother Lucas, of Bath, NH proudly introduce their son and brother, Ryan Michael French born July 8, 2011. Delivering Physician was Dr. Sarah Young-Xu.

Shelby & Ben George and Big Sister Ashlynn, of Woodsville, NH proudly introduce their daughter and sister, Kamryn Skye George, born July 11, 2011. Delivering Physician was Dr. Sarah Young-Xu.

Jennifer Carter & Tyler Stygles, of Piermont, NH proudly introduce, their daughter Gracie Ann Stygles, born July 14, 2011. Delivering Physician was Dr. Melanie Lawrence.

David & Katie Plachetzki and Big Siblings Michael & Colin, of Benton, NH proudly introduce their son and brother, Sawyer Elliott Plachetzki born July 15, 2011. Delivering Physician was Dr. Sarah Young-Xu.

Pete & Tara Roy and Big Siblings Calvin, Madeline, Dorothy and Gabriel, of North Haverhill, NH proudly introduce their daughter and sister, Rose Valerie Roy born July 18, 2011. Delivering Physicians were Dr. Aaron Solnit and Dr. Fay Homan.

Angela Evans & Nicholas Blanchard, of Washington, VT proudly introduce their daughter and sister, Elaine Marie Blanchard, born July 20, 2011. Delivering Physician was Dr. Melanie Lawrence.

Laura & Ethan Sjolander, of North Haverhill, NH proudly introduce their son, Jackson Chase Sjolander, born July 24, 2011. Delivering Physician was Dr. Aaron Solnit.

Lee Flint & Kyle Frigon and Big Brother Keegan, of Groton, VT proudly introduce their

daughter and sister, Madison Lee Frigon, born August 4, 2011. Delivering Physician was Dr. Aaron Solnit.

Jani Larabee & Aaron Anderson and Big Brother Isaiha, of Wells River, VT proudly introduce their daughter and sister, Leigha Ann Larabee, born August 4, 2011. Delivering Physician was Dr. Jessie Reynolds.

Keith & Rachel Martin, of Newbury, VT proudly introduce their daughter, Aralynne Jean Martin, born August 5, 2011. Delivering Physician was Dr. Melanie Lawrence.

Brandi Dennis and Nathan Brown and Big Sister Lauren, of Bath, NH proudly introduce their daughter and sister, Jordan Alexis Brown, born August 30, 2011. Delivering Physician was Dr. Aaron Solnit.

Amanda Hamblin & Brian Teachout and Big Brother Kyler, of Littleton, NH proudly introduce their daughter and sister, Brianna Mae Teachout, born September 2, 2011. Delivering Physician was Dr. Sarah Young - Xu.

Anna Ricker & David Burroughs III and Big Siblings Michael, Olivia and Cody, of Bradford, VT proudly introduce their son and brother, Greysen James Burroughs, born September 8, 2011. Delivering Physician was Dr. Aaron Solnit.

Robin Roud & Eric Shaw and Big Siblings Riley, Tyler, Austin Reid, Drew, Dylan and Kayla of Lisbon, NH proudly introduce their daughter and sister, Trinity Rayne Shaw, born September 26, 2011. Delivering Physician was Dr. Steve Genereaux.

Erica Coutu & Joseph McComick, of Woodsville, NH proudly introduce their daughter, Brooklynn Elizabeth Coutu, born September 28, 2011. Delivering Physician was Dr. Sarah Young - Xu.

Kathryn Roux & Jessey Rogers, of Bradford, VT proudly introduce their daughter, Vanessa Anne Rogers, born September 30, 2011. Delivering Physicians were Dr. Jessie Reynolds & Dr. Fay Homan.

What's In A Name?

By Elinor P. Mawson

In a lot of ways, I am lucky my mother's love of flowers didn't result in the name Marigold when I was born. It almost did, though!! Instead, I was named after my aunt Elinor and I have been spelling my first name ever since.

You would think that when I announce that my name is Elinor with an I that it would be sufficient! But no--They spell it Ilinor, or Ileanor. The people who remember it is spelled differently than the usual Eleanor, most always spell my name Elinore or Elenor. But at least it is better than Marigold.

I hate to admit it, but my maiden name was Perfect. Yes, you read it right--PERFECT. I was teased unmercifully all my childhood by people who would say ARE you? and then laugh. After all, my parents were Mr. and Mrs. Perfect. My sisters were the Misses Perfect. My brother is still perfect at the age of 62. Much as I hated it, I use Perfect as my middle name and oddly enough, so do my sisters. We don't advertise it though (most of the time.)

As for Mawson--it is a good Anglo-Saxon name. You can't imagine how many people get it wrong. Even though I say M (as in Mary)AW-son, I get Morri-

son, Monson, Mossman, and once even Monsoon. I probably over-reacted the time we were called Manson (as in Charles) but that was taking things a bit too far. You would think that the name was pretty much unheard of except it is in almost every telephone book both here and in the United Kingdom. We always looked through the phone books when we were in England and Scotland, and there were plenty of Mawsons there. And after all, my father in law was born in Yorkshire.

A name is an individual thing; I often wonder if

everyone has a problem when they state their name to someone. If my name was Krapopopodopoulos it would be one thing...but I'm glad it's not.

Every so often, someone spells my first name right, doesn't comment on my middle name and pronounces my last name correctly--I nearly faint with surprise. I have decided in the next life I am coming back as Ann Smith. But I bet nobody will believe me.

Fall foliage, cooler weather... it's the season at the Service Center.

New winter tires, a four-wheel alignment, a service combination for tire preservation and steering control.

Receive \$10 off tire mount & balance and a four-wheel alignment with the purchase of four new winter tires.

Offer Good With Mention Of This Ad Thru October 2011

DARLING'S SERVICE CENTER OF RYEGATE, LLC
315 Creamery Road
South Ryegate, VT
802-584-4773 ext. 2

TRENDY TIMES
It is a changin' ...

Here is number 3 of 13
Actually, this item is not a change!

No Increase In Display Advertising Rates
At \$6.00 Per Column Inch Open Rate. Trendy Times Still Offers One Of The Best Rates Around!

Discounts may apply for long-term advertisers. Special rates for larger ads.

TRENDY TIMES
603-747-2887
gary@trendytimes.com
www.trendytimes.com

Not all Times are Trendy but there will always be Trendy Times

WINTER IS COMING
Only 6 weeks left until Thanksgiving
It's time to get your roof done.
"Wheeling Pittsburgh Steel, Feel The Strength"®



Asphalt Shingles
Up to 1,000 Sq. Ft.
\$3,990 Installed



Metal Roofing
Up to 1,000 Sq. Ft.
\$4,990 Installed

We Also Do All Types Of Roof Repairs And Insurance Claims!

Budget Terms Available

Call The Roof Guy, LLC Today
603-667-7451 or 603-747-3187

October 11, 2011 Volume 3 Number 1

**Hours: Tuesday 9-6 • Wednesday 9-8
Thursday 9-6 • Friday 9-6 • Saturday 9-3
Other Times Available By Appointment**

SHEAR ANIMAL On Site Wedding Hair & Make-up
Styling Salon & Serenity Day Spa

Book Your Spa Party For Up To 12 People - Just \$25/person

603-747-2818
187 Central St, Woodsville, NH

North Country APPLIANCE SERVICE

603-787-6677

DON BOWMAN - OWNER/SERVICE TECHNICIAN
Factory Authorized Service Provider • Serving NH & VT

JOE BOUTIN, JR. & SON
Logging & Excavating

• Retaining Walls • Lot Clearing • Foundations • Driveways • Shimming • Septics • Ponds

133 Tunnel Stream Road
Benton, NH 03785
Phone 603-787-6083
Cell 603-443-7779
Fax 603-787-6183

Afternoon Tea

With an etiquette consultant available to answer all your questions concerning the art of Afternoon Tea

**Sunday, October 23rd
2 o'clock
in the afternoon**

St. Luke's Parish Hall
Central St, Woodsville
Next To
St. Luke's Episcopal Church

TICKETS ARE \$8 AND MUST BE PURCHASED IN ADVANCE

WOODSVILLE AREA:
Janice Crawford 603-747-3564 or Kay O'Malley 603-747-3475
NEWBURY AREA:
Elanor Longfellow 802-866-5979

CHURCH SUPPER

**Saturday, October 22, 2011
5:00pm - 7:00pm**

Parish Hall
First Congregational Church
of Haverhill

Pork Roast • Squash • Potatoes
Rolls • Beverages
Apple & Pumpkin Pies

Adults - \$10
Children Under 12 - \$5

MARK YOUR CALENDAR
AND BE SURE TO ATTEND

Common Sense

By Sheila Asselin

Common sense. We all think we have it yet daily we see the rules of common sense violated by otherwise intelligent people.

For instance why will people (mostly men people) drive ten miles out of their way to save 2 cents on a gallon of gas? Makes no sense.

Why is it when the sign clearly says WET PAINT will everyone passing by have to touch it just to make sure?

Why do people stop on a two lane street, casually open the door on the drivers side and proceed to stop all traffic while they search the contents of their purse, or whatever the heck they are doing. Putting on their mascara maybe? Who knows. Let's just get going.

Noah was a smart man. The Bible tells us that he was. He made the ark using vague measurements sent to him from on high. There was no divine blueprint. What the heck is a cubit? He did not hire a subcontractor, an electrician (had to wait for Ben Franklin to discover electricity) a flooring man for the decks, or an architect. Maybe the ark was up to building codes, maybe it wasn't. But when all the rain started no one cared.

Still you have to wonder how Noah with all his smarts saw fit to let the mosquitoes get on board but forgot the unicorns! Didn't use common sense.

Why do people gamble? Common sense will tell you that all those gorgeous casinos were not built by estab-

lishments that were giving away money. Still millions flock to them in the hopes of beating the odds. The house always wins in the end! Invest in a sure thing like the stock market. The only way you can win in Las Vegas is by chowing down at the cheap buffets, drink all the free booze and not going near the slots or gaming tables.

Why do food manufacturers downsize the contents of the coffee can from sixteen ounces to thirteen, keep it in the same size can and think we do not have enough common sense to read the label and know the difference. Of course they do not make it easy to read the labels. Red print on a black background makes it very hard for us visually challenged seniors to read anything. Then there is the tiny print. These days you need a math degree to go shopping. Don't they think I know that \$1.99 each or two for \$4.00 is not a bargain?

I will not even touch politics. I know danger when I see it. The world needs a lot more common sense so let's all work to make it a lot more common instead of the rare commodity it is now.

TRENDY TIMES
It is a changin' ...

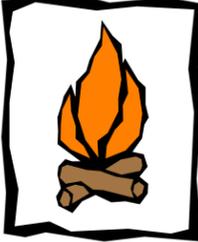
Here is number 4 of 13

9,000
Copies Of
Trendy Times
Will Now Be
Distributed

Publish Date Will
Still Be Every Other
Tuesday

TRENDY TIMES
603-747-2887
gary@trendytimes.com
www.trendytimes.com

HVERHILL RECREATION COMMISSIONS
HAUNTED HAPPENINGS & DANCE

This year's theme is **HAUNTED CAMPGROUND!!!**

October 29, 2011- 6:00-10:00 PM

ROBERT E. CLIFFORD MEMORIAL BUILDING
(former Armory) South Court St. Woodsville, NH

Come dressed for Halloween! Haunted walk for all age groups!
Activities, treats and family friendly music by DJ Mike Luca!

Jack o'lantern contest this year! Carve it, label it, (include a candle) and drop it off at the Clifford Building no later than Friday, October 28, 2011 for judging! Entries will be on display Saturday night! Categories of winners include scariest, funniest and most original and judges choice!

Ghoulish goodies will be sold by Woodsville High School Mentors!

Door entry fee is \$3.00 per person

NOMINATIONS BEING SOUGHT: Northeast Kingdom Senior Of The Year

Ken Gordon, Executive Director of the Area Agency on Aging for Northeastern Vermont, announced today that his group is seeking nominations for its "Senior of the Year" Award to be presented at the Agency's annual meeting on October 27th, 2011 at the American Legion in Island Pond.

The Northeast Kingdom Senior of the Year Award was established in 2003 to recognize an older adult who has enriched the social, cultural or civic life of the community without thought of personal or financial gain. Last year, Helen Renaud of Hardwick was selected for the award in recognition of their many years of service in helping others in the com-

munity.

Agency on Aging Board President, Kathy Hemmens, of East Hardwick said, "Seniors make a difference in our communities each and every day. This award provides an opportunity for community members to honor an exceptional older adult."

Nomination forms can be obtained from the Area Agency on Aging for Northeastern Vermont by calling the Senior HelpLine at 1-800-642-5119 or by stopping by one of the AAA offices (in Newport in the Waterfront Plaza behind Rite Aid) or in St. Johnsbury in the old Summer Street School. The deadline for nominations is Monday, October 17, 2011.

For more information

about the "Senior of the Year" award or the services and programs available to support the independence of older adults, contact the Agency on Aging for Northeastern Vermont at 748-5182, 334-2190 or 1-800-642-5119.

NOW SCHEDULING FALL CLEANUPS

Including Wood Chipping (Up To 4")
Hauling Dirt With 1 Ton Dump Truck

J & A LAWCARE

603-747-4030
BEST TO CALL AFTER 5 PM
Woodsville, NH

ALSO TAKING ON NEW LONG TERM MOWING CONTRACTS.

GRS Tire & Auto
Full Service Auto Repair
Foreign & Domestic

Alignments • Brakes • Lube, Oil & Filter Changes
Oil Undercoating • State Inspections • Tires
Towing & Recovery • Tune-Ups • Used Car Sales

GARY SIEMONS, PROPRIETOR
603-747-4192
95 Central Street, Woodsville, NH
Hours: M-F 8-5



COVENTRY LOG HOMES
Beautiful Designs
Proven Energy Efficient



Ask our Representatives or go to
www.coventryloghomes.com to learn about our
5+ Star Rated Homes

COVENTRY LOG HOMES, INC.
108 South Court St. • Woodsville, New Hampshire 03785
1-800-308-7505 • 603-747-8177

- Leaders in Energy Efficient Log Homes
- Factory Direct
- Guaranteed Lowest Price
- Free Custom Designs
- Logs are Precut and Ready to Assemble
- \$1 Shipping Eastern and Central Time Zones
- Kiln Dried—Eastern White Pine
- Most Complete Package






**UNDER COVER
TENTS
Party Rentals**

BRADFORD VT 802-222-5601
undercover-tents.com
Now Is The Time To Call
About Your 2011
Wedding or Special Event!

TRENDY TIMES
It is a changin' ...
Here is number 5 of 13
Actually, this item is not a change!

**The Same
Great Writers &
Contributors**
Plus There Is Always
Rooms For New
Writers To Be
Published



TRENDY TIMES
603-747-2887
gary@trendytimes.com
www.trendytimes.com

Thank you

Woodsville Fire Rescue would like to thank the surrounding fire, EMT and police for their participation in the 9-11 Memorial Parade, and to the citizens for the tremendous turn out to help remember our fallen brothers, sisters and service men and women. We thank you. This is a community we are proud and honored to serve.

Chief Brad Kennedy
Assistant Chief Jeff Robbins
WFR Board of Officers and all the WFR firefighters.

Acres of Hope
Christian Fellowship

Church Service - Sundays at 11:00am
Horse Meadow Senior Center
91 Horse Meadow Road • N. Haverhill, NH 03774
Pot Blessing Dinner to follow service.
If you can, bring a dish to share, if not we always have enough.
All are welcome!

To contact us:
Pastor Joseph Grabowski
603-787-5758
pastorjoe@acresofhope.net • www.acresofhope.net

lovely antiques & old-fashioned gifts in
a charming New England carriage shop

....That Was Then....

772 Benton Rd. (Rt. 116), N. Haverhill, NH
(next to entrance to middle school)

Fall Hours: Wed - Sat 10 am - 5 pm
Last day of season 10/29/11. Will open again in April.
<http://www.antiqueshop.shutterfly.com/>



**FUEL OIL • PROPANE
KEROSENE**

- Pre-Pay Programs available
- Monthly Budget Plans
- Heating Equipment
- Sales & Service

24 Hour Emergency Service

PERRY'S
A Family Business Locally Owned and Operated
Since 1926

173 Main St. Bradford, VT
802-222-9211 • 800-654-3344

10 From The Desk Of NH State Senator



Dear Constituents,

It's hard to believe that October is already here. It's been a busy summer and fall and the January session is just around the corner. I suspect that all the other Senators have been just as busy as I have—meeting with constituents, attending various committee meetings, and working on re-referred legislation. (A re-referred bill is one that a committee felt needed more study before it could be acted on.)

In addition to the standing committees that I serve on (Senate Finance and Public & Municipal Affairs), I also serve on 11 statutory commissions, committees, and boards.

Commissions and boards comprise members from the public and members from the Senate and House. Committees comprise only Senate and House members.

I am a member of the following:

- Cannon Mountain Advisory Commission
- Commission to Evaluate the Long-term Uses of the Lakes Region Facility Located in Laconia
- Commission to Study Business Taxes
- Commission to Study Requirements for Safe and Secure Landfills
- Committee to Develop a Plan for Privatizing the Department of Corrections
- Committee to Study Issues Regarding Financial Resources Mortgage Inc.
- Current Use Board
- Health and Human Services Oversight Committee
- Public Higher Education Study Committee
- Public Water Access Advisory Board
- State Retiree Health Plan Commission

testify. They are staffed and recorded.) These re-referred bills are typically handled in an Executive Session.

Executive sessions do not allow for public testimony. While questions of committee members may occasionally be answered by experts or members of the public, testimony on the bill is not solicited. Executive sessions are not recorded.

New this year, the Senate President approved an additional optional tool for handling re-referred bills—a work session.

Work sessions allow the committee to review and work on pending legislation while notifying the public in compliance with the Right to Know law. This also allows for a back and forth between members of the audience and committee members to provide input on pending legislation, which is typically not the case in public hearings or executive sessions. Work sessions are staffed but not recorded.

Also new beginning January 1st, the Senate will begin a trial run with a Consent Calendar that was authorized by our rules. A Consent Calendar enables the Senate to group routine bills under one umbrella. As the name implies, there is general agreement on the procedure. Legislation in the Consent Calendar does not need any discussion before the vote. Unless a Senator feels that a bill should be dis-

cussed and requests the removal of that bill, the entire Consent Calendar is voted on at once without any additional explanation or comment, thus the thinking is that this procedure saves time.

There are a number of criteria that bills have to meet in order to be placed on the Consent Calendar:

1. All committee members must be at the Executive Session.
2. The Executive Session vote on the committee recommendation (Ought To Pass, Inexpedient To Legislate, Interim Study, etc.) must be unanimous.
3. The vote to place the bill on the Consent Calendar must be unanimous.
4. No Ought To Pass or Ought To Pass-Amended bills are allowed on the Consent Calendar if they have a fiscal note. (If they are Inexpedient To Legislate or Interim Study, however, they can go on the Consent Calendar)
5. A short explanation about the committee recommendation, approved by the committee chair, must be submitted (a sentence or two explaining what the bill proposes to do, and another sentence or two explaining why the committee is making the recommendation that it is making).
6. On the floor, any Senator can request that any bill be pulled off the Consent Calendar and debated separately.

Senate rules do allow for a suspension of the Consent Calendar rule with a simple majority vote, so it will be easy to discontinue it if it does not seem to be working. However there is really no way to tell how well it will work without actually trying it.

October 10th through the 21st marks the filing period for Senate legislation and it looks like there are plenty of issues that we will be working on in the next session including redistricting, gambling, a constitutional amendment on education funding, Northern Pass/ eminent domain, the return of voter photo ID, possible tort reform, Financial Resource Mortgage bills, and legal issues relative to retirement reform.

As always, I want to hear from you. If you have a concern you'd like to share, an event you'd like me to attend, or a problem you think I might be of assistance—please call or email.

Your Senator from District 2,
Jeanie Forrester

BUDGET LUMBER

FALL IS ROOFING SEASON

**Sick Of Shoveling Snow And Leaky Roofs?
Steel May Be The Answer!**

STEEL ROOFING

Will Solve The Problem (Most Of The Time)
Painted (19) Colors
36" Coverage \$2.90 Lineal Foot or \$.97 Square Foot
Cut To Size – Week Delivery
Bare Galv-a-lume

In Stock Galvanized Roofing	
8'\$17.60
10'\$22.20
12'\$26.40
14'\$30.00
16'\$35.20

Approx. 74 Sq. Ft. • All 36" wide

1139 Clark Pond Road • North Haverhill, NH
800-488-8815
Open 7 Days A Week M-F 8-4 Sat 8-2 Sun 8-12

Hood's Plumbing and Heating Inc

Complete Plumbing & Heating Systems
Bathrooms & Water Conditioning

24-Hour Emergency Service For Our Customers

CHRIS DELLINGER
NH 2712 • VT PM3036
603-787-6600 • 603-787-6838 Fax
PO Box 368 • North Haverhill, NH

Free Estimates Give Us A Call!

Top Of The Hill Ceramics

Paints, Ready to Paint Pieces & Painted Pieces For Sale

CLASSES
Wednesdays
10am-12 Noon and 6-8pm

CALL TO HAVE A
CERAMIC BIRTHDAY PARTY!
198 Central St. • Woodsville, NH 03785
Shop 747-3686 • Evelyn 787-6273

RICH CLIFFORD

CONCRETE FOUNDATIONS

SLABS, RETAINING WALLS, CURBINGS,
SIDEWALKS INCLUDING RAILINGS

NO JOB TOO SMALL

54 Clifford Drive
N. Haverhill, NH

Rich Clifford
603-787-2573

PRESCHOOL PLAYGROUP AND SENIOR STRETCHING

Morrill Municipal Building, North Haverhill

**Starting
Monday, November 7th, 2011**

Preschool Group will meet
Mondays and Fridays
from 9:30-10:30.

Senior Group will meet
Monday, Wednesday
and Fridays from
11:00-12:00.

**HAVERHILL
RECREATION
COMMISSION**

**\$10.00 per session or \$25 for all three sessions.
Arrive early to register!**

Vermont Farm Disaster Relief Fund Press Release

It is well known how generous the people of the North Country are when it comes to caring for their neighbors. Recently, our neighbors in Vermont have suffered from devastating rains in the spring and the disaster of hurricane Irene. Farmers hit by these events have lost entire crops for the season. The people of St. Luke's

Episcopal Church in Woodsville are determined to help them recover. St. Luke's is holding a benefit dinner on October 28th to raise funds for the Vermont Farm Disaster Relief Fund. All proceeds will go to help the hard hit farmers of our neighbor state. There will be two seatings, 5:00 p.m. and 6:30 p.m. Ticket holders will

have a choice of chicken or meatloaf. Much of the produce for the meal will be purchased from local farms. Reservations must be made in advance by contacting Janice Crawford at (603) 747-3564, Florence Hartmann at (603) 787-2344 or Elanor Longfellow at (802) 866-5979.



Farmer and St. J. ALFA on-line farmers market distributor arranges local food for pick-up

RENEWABLE | NATURAL | ORGANIC

Interiors green

THE HOME AND LIFESTYLE STORE

We can be found online at www.interiorsgreen.com
2021 Main St., Bethlehem, NH 03574 • 603-616-6499

TRENDY TIMES
It is a changin' ...

Here is number 6 of 13

You Can Purchase A Home Delivered Subscription.
\$1.25 Per Issue
6 Months For \$15
1 Year For \$25

It Will Be Mailed To You First Class

TRENDY TIMES
603-747-2887
gary@trendytimes.com
www.trendytimes.com

I LOVE THE SMELL OF THE FALL SEASON, BUT...I'M NOT SURE HOW I FEEL ABOUT THIS COOLER WEATHER COMING. I THINK IT'S TIME TO PUT AWAY THOSE TANK TOPS AND BRING OUT SLEEVES, SWEATERS AND JACKETS.

TRENDY THREADS HAS WARM CLOTHES FOR EVERYONE. COME IN AND SEE HOW WE CAN KEEP YOU COVERED, AS THE DAYS AND NIGHTS GET COOLER.

Trendy Threads
Quality Consignment Clothing
171 Central St. Woodsville, NH
747-3870
Open 9:30 to 5:00, Tues - Fri. and 1st & 3rd Sat
www.TrendyThreadsWoodsville.com

Harvest The Holiday Savings

Friday, October 21st
& Saturday, October 22nd

WOODSVILLE / WELLS RIVER

You'll find specials, sales and drawings at many participating businesses!

This Event Sponsored By:



King Arthur Flour and UNH Cooperative Extension once again co-sponsored a baking contest at this year's North Haverhill Fair. Second place winner, North Haverhill's Catherine Flynn (standing on the right), received a \$25 gift certificate. The third place finisher, Haley Davenport of Bradford, VT, received a brownie pan from the King Arthur Store.

The sounds and smells of the 2011 North Haverhill Fair are just a memory, but for many talented local bakers something special happened.

King Arthur Flour and UNH Cooperative Extension once again co-sponsored a baking contest and challenged area

bakers to test their skills. With the exposure to cupcakes on reality television we choose chocolate cupcakes for the adults and yellow cupcakes for the youth entries. Each participant could choose their own frosting recipe and decorating theme. The contest was held on Saturday morning and one participant even brought a few samples for the hard working fair ticket takers.

In the youth division, the entries were judged by Brandon Miller of The Common Man Restaurants. Brandon choose Grace Comeau of Wentworth as the first place winner. She received a \$50 gift certificate to King Arthur's Baker's Catalogue. As second place winner, North Haverhill's Catherine Flynn received a \$25 gift certificate and third place finisher Haley Davenport of Bradford, VT received a brownie pan from the King Arthur Store. Judge Miller presented a special award to Bradley Henrickson for his beautiful presentation of cupcakes garnished with corn leaves and buttered popcorn jellybeans.

For the adult division, Linda Masure of Bradford received a perfect score from judges Bernie and Polly Marvin for her chocolate cupcakes with chocolate frosting. Judge Marvin noted on her score sheet, "they were excellent in every aspect of the contest". Linda received a \$75 gift certificate. Close behind, in second place, was Diane Lagarto of North Haverhill. Kristi Medill of Piermont, took third place. Diane received a \$50 gift certificate and Kristi now has her very own large King Arthur Flour Tote Bag.

The cupcakes were displayed for the remainder of the fair, and the extras were sold to support the work of the Grafton County 4-H Leaders' Association.

To get your own copy of either the chocolate or yellow cake recipes call the Grafton County Extension office at (603) 787-6944. Don't forget to enter next year's contest!

LITTLETON — Tony Poekert has been elected as the new chairman of the Board of Directors of the Center for New Beginnings, the Littleton-based organization that provides counseling and mental health services to families and individuals of all ages. He replaces Bob Patterson, a 10-year member of the board, who recently decided to step down after four years as chairman, although he will remain a member of the board.

Poekert, a resident of Dalton, is a familiar name to North Country residents, having served for the past 27 years as the coordinator of Parish and Community Services for New Hampshire Catholic Charities. Additionally, for 15 years he has been administrator for Catholic Charities' northern regional office. Poekert has also been involved in a volunteer capacity with a number of community organizations, including the North Country Health Consortium; NFI North Advisory Board; chairman of the Grafton County Emergency Food and Shelter program; state Set Aside board (for emergency food and shelter); an incorporator of AHEAD; and a board member for the Caleb Group. In 2008, he received a Lifetime Achievement Award from the New Hampshire Charitable Foundation.

"All of my work during my career has focused on issues of folks in poverty, and developing grassroots volunteer resources to address these issues," says Poekert. "Among the challenges we face at the Center for New Beginnings is how to respond to the needs of people



Bob Patterson, right, congratulates Tony Poekert, the new chairman of the Board of Directors of the Center for New Beginnings in Littleton. Patterson recently stepped down from the chairman's seat. (Courtesy photo)

requiring professional counseling services, while addressing solvency issues. It's a two-edged sword. More people need the services, but they have an inability to pay for them. So how can we beef up services, and at the same time create revenue streams to offset the people who can't pay?"

As board chair, Poekert also intends to develop leadership within the organization's staff, including bringing on a fulltime clinical director. And he'd like to get the public involved. "We'd love to hear from anyone with innovative ideas or suggestions to strengthen our mission," he says.

During his four-year tenure as chairman, Patterson oversaw several changes that strengthened both the board and the organization, including establishing a web presence; creating a personnel commit-

tee; developing systematic rules and procedures; and providing leadership during a period of rapid change and growth within the organization. During his career, Patterson was Superintendent of Schools in Claremont during the school lawsuit. He has been a member of the Profile School Board; chaired the Profile Building Committee; and was a selectman in Easton.

The Center for New Beginnings, a non-profit organization governed by a local Board of Directors, has been providing psychotherapy services to the North Country since 1985. The service area covers the northern third of New Hampshire, from the Kancamagus Highway north to the Canadian border, and northwest to the neighboring Vermont counties. To learn more, call 444-6465 or go to centerfornewbeginnings.org.

October 11, 2011 Volume 3 Number 1



Bradley Henrickson was presented with an honorable mention ribbon from judge Brandon Miller at the North Haverhill Fair in July. Judge Miller was impressed with Bradley's beautiful presentation of cupcakes garnished with corn leaves and buttered popcorn jellybeans.

TRENDY TIMES
It is a changin' ...
Here is number 7 of 13
Actually, this item is not a change!

Non-Profit Groups Still Get An Unbelievable Rate Of Just \$3.00 Per Column Inch For Display Advertising

That means an ad that is 4" square (2 columns by 4" tall) will still cost just \$24.

TRENDY TIMES
603-747-2887
gary@trendytimes.com
www.trendytimes.com

NIGHTINGALE PAWN SHOP
We Pay Top Prices For Gold & Silver
Sell Us Your Gold Or Silver & Receive Up To 20% Off Current Inventory!
Also Buying Broken Silver And Gold Jewelry.

WE HAVE A LARGE AND GROWING RETAIL INVENTORY

Stop In Or Call 603-838-2444
Ask For Buzzie

Open Wednesday thru Sunday 10 AM - 5 PM Or By Appointment
21 Bishop Cutoff, Lisbon, NH 03585 • Corner Rt. 302 & Lyman Road

Classroom Chefts

St. Johnsbury School 7th and 8th graders participate in the first school wide taste test by cooking and serving a sample portion of Autumn Harvest Hill Salad which was prepared with vegetables from Harvest Hill Farm in Walden VT. The Farm to School project is a nationwide initiative and in Vermont it is funded by a grant from the Department of Agriculture. The project runs through the 2011/2012 school year and includes

monthly taste-tests, a local foods professional development course and curriculum integration. More information is at the schools webpage www.stjds.org/parents/farm_to_school or the nationwide site at www.farmto.school.org. People can visit the facebook page and contact coordinator Melissa Bridges at the St. J. Food Co-op 802-748-9498. The project welcomes and needs many volunteers to be successful.



Students (from L to R) Craig Fillon, Cody Despina and Kyle Lambert grating Harvest Hill Farm organic carrots.



Students (from L to R) Patty McDougall, Brittany Smith, Felicia Chase peeling Harvest Hill Farm organic carrots.

CT. Valley Snowmobile Club

These local businesses are selling our club memberships AND state registrations. Swiftwater Stage Stop, Route 112 Bath, NH
Pike General Store, Route 25, Pike, NH
Club memberships (only) are available at :
TC's Snowmobile & ATV Repair-2851 Dartmouth College Hwy, N. Haverhill, NH
We appreciate the service that these businesses are providing. Please support them.
For more information call 989-3009.
Please attend our meetings and support your club.



We need new ideas and fresh faces. Meetings are the first Tuesday of the month in the Morrill Building, North Haverhill, at 7 PM.
Work days will start on October 30th. We meet at TC's old shop on Dartmouth College Highway in North Haverhill at 8am and we work until noon. We need your help!
We have a website. It is ctvalleysnowmobileclub.com.
Please visit it for membership applications, trail conditions, trail maps, events and more.

Paddle The Border - Fall

By Gary Scruton

The weekend of October 1 and 2 was not a perfect weather weekend. But there are some outdoor activities that can be enjoyed without regard to the weather. The semi-annual Paddle the Border event is one such happening. The get together is co-sponsored by the Cohase Chamber of Commerce, the Newbury Conservation Commission and the Haverhill Recreation Commission. On Sunday the 3rd, all three groups had representatives on hand to help the devoted paddlers get underway.

With the threat of rain and a chilly wind, the number of those who showed up was greatly diminished. The organizers realized this and were able to make a few phone calls to advise the Wells River Rotary Club that they need not show up to cook their normal offerings for the paddlers. Also receiving a phone call were the members of the Strawberry



Farm Band who normally play their great bluegrass sounds at the landing point.

With those two groups taken care of it was just left for the volunteers to help launch boats. And in the case of Mike Thomas of the Newbury Conservation Commission, to take his canoe down river. Mike was one of only seven total individuals who did paddle from Newbury to Bradford. One of those who paddled kept in tact his

record of being on every paddle during the seven year history of this event. Trendy Times publisher Gary Scruton now holds the honor of being the only such person.

By the way, the weather was not all that bad. Only a little drizzle occurred, the wind was almost non-existent, and the conversation among those who paddled was fun. Congratulations to all who made the trip. To the rest, see you in the spring.

Ryegate Historical Society

The fall meeting of the Ryegate Historical Society will be held on Wednesday, October 12th at 7:30 PM at Whitelaw Hall in East Ryegate.

The speaker will be Dr. Dwight White, local historian and author of "The Down of the Thistle - 20th Century Ryegate" published in 2006. The topic will be "Reading, Writing and 'Rithmetic in Ryegate 1773-1970." Ryegate, not unlike surrounding towns, has always been concerned with the education of

its children. Until 1970, when Blue Mountain Union School was opened, the town provided a free accessible public education for elementary school children and paid the tuition for youth to attend a high school of their choice.

A special invitation is extended to all who spent at

least one year in one of Ryegate's ten district schools or in similar one room schools in other towns.

All are invited to attend this last meeting of 2011 program season. There will be opportunity to share educational experiences and insights with others.

Reiki Retreat
New Client Special!
Save 50% off First Visit

Call for an appointment now.
(this offer good thru October 2011)

Barbara L. Smith, Reiki Master Teacher
802-757-2809 or vtreikiretreat@yahoo.com
90 Farm St., East Ryegate, VT 05042

North Country Trader

"Your Guide to Bargains and More!"
Shop Products On-Line Anytime.

Free Personal Classifieds*

Casino Fun Bus Day Trips / Weekend Overnight Getaways

P.O. Box 4142 • St. Johnsbury, VT 05819-4142
www.NorthCountryTrader.com • save@northcountrytrader.com

*RESTRICTIONS APPLY. FOR DETAILS, VISIT US ONLINE

TRENDY TIMES
It is a changin' ...

Here is number 8 of 12

Expanded Coverage Area For Our Advertisers
From Orford To Littleton
From Fairlee To St. Johnsbury

See Location Listing On Page 19

TRENDY TIMES
603-747-2887
gary@trendytimes.com
www.trendytimes.com

TRENDZ'

Interview With Heidi Bolduc

By Lauren M. LoSchiavo

Born and raised in this area, Heidi has been in business for 14 years. She started out at Top Notch Stylist and moved 3 years ago to her present location (TRENDZ'), at 17 Main Street, Littleton, New Hampshire.

Heidi showed an interest in hair at a very young age and often practiced, brushing, combing and putting her Grandmother's hair up in rollers. She wanted to further her education in this field right after High School but never had the time. She started a family and went into daycare to be home with her children. When her youngest child turned four she finally had some free time. She could now drop her son off at the Kinder Center and pursue her dream of becoming a hair stylist.

Heidi's former mother in law, Pat Whipple, with whom she remains close, offered her the chance to apprentice with one of her employees and later sold her the salon. During Heidi's apprenticeship she was required to do everything normally done in a school environment. After logging 3000 hours and practicing under a mentor for 18 months, she completed the apprenticeship program. She was then required to take the State Board and spent 5 hours in Hudson, New Hampshire at the Continental Hair School Design where she passed the exam and received her license.

Although apprenticing takes longer, Heidi feels fortunate for the experience it gave her. She learned lots of things she couldn't have in a school environment. "They teach the basics at school, but your mentor can teach you techniques which make certain procedures quicker and more efficient". Additionally, apprenticeship allowed for more one on one attention and gave her the opportunity to practice on people who would later become her clients. Because most of these schools are out of this area, you can't begin to establish your clientele until you return home.

Heidi is very meticulous about her haircuts. She believes (as do her employees),

"Word of mouth is the best form of advertising, and if you give someone a bad haircut, this is a small town and everyone will know it and talk about it. Essentially, they are wearing your job and represent you and the salon." Trendz' is a family oriented business. Rates are kept low and affordable and Heidi feels strongly that working moms, high school students (everyone, really) should have a chance to relax and be pampered. Her oldest client will be 100 in November and still comes in for cuts and perms. The youngest is around 2 years of age.

Heidi understands that people do not generally like change. She has a low turnover rate of employees. Theresa Wharem, a close friend, has worked with her for almost 10 years and Jennifer Crowe for 13. COMING SOON!! Theresa's daughter, Ashley Conn, will be joining TRENDZ'. She is a skilled Cosmetologist and Esthetician, which involves hair, skin care, microdermabrasion, facials, eyelash extensions, and makeup.

Heidi goes to conventions and trade shows to stay apprised of the latest products and trends in her business. The latest is real, sanitized, colored, feathers such as peacock and rooster. They will stay in your hair for 4-6 weeks and you can wash, curl or use a flat iron on them. Trendz offers a service whereby either she or her whole team will go to a bride's home and do everything; hair, makeup, pedicure and manicure, to get her and/or her bridesmaids ready for their special day.

EXPERIENCE TRENDZ'

Come in and see Heidi, her stylists, and her very smart, beautiful, faithful companion, Chloe (a Yorkshire Terrier).

The hours are: Monday thru Thursday 9:00a.m.-5:00p.m.
Friday: 9:00a.m.-6:00p.m.
Saturday 8:00a.m.-2:00p.m.
Phone number 603-444-7020

You can post a comment or question on the Trendz Facebook page as well as see uploaded pictures of her work.



By Ronda Marsh

Ronda's Harvest Chicken

If you are a regular reader of this column, you are probably wondering why I'm featuring a chicken recipe for 2 issues in a row. It's kind of an unwritten rule of mine to switch it up each time from main dishes to desserts, to appetizers, etc., in an effort to appeal to the tastes of many different people, and also to avoid becoming tedious. Well, here I am, violating my own edict, but trust me, it's not without good cause: This is the perfect dish for early fall; it is redolent of the flavors we in New England associate with the turning foliage and the accompanying clear, crisp days. Now is the time to try this recipe, when our local apples are prime for the picking and just waiting to be transformed into a delicious meal. If you have always thought of apples as being strictly for use as an element of a dessert, you are in for a treat. Apples can be used in many savory applications, too; a secret the French have known for a long time. Something about the slight sweetness of the fruit has a natural affinity for any white meat, such as pork or chicken, and the pectin which apples contain acts as a natural thickener for the sauce which dresses the dish.

- 3 or 4 Boneless/skinless chicken breasts, rinsed, trimmed and dried
- Salt & pepper
- 1 Tablespoon butter
- 1 Tablespoon olive or vegetable oil
- 1 medium onion, sliced

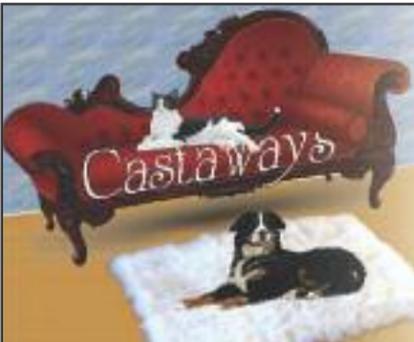
Add the smoky overtones of a little maple syrup, and you have the picture perfect autumnal dinner.

I got the inspiration for this recipe from a chef's cooking demo on VT Public Television, but as usual, I tweaked and fiddled with her version until I had something which felt easy and more user friendly for all of us non-chef types. I served it with a mound of sautéed spinach and simple buttered noodles, but it sure would be just as tasty with a big 'ole pile of mashed potatoes, too. Please, please, please give this a try soon, while you still have that bag of fresh apples begging to be used!



- 1 apple, peeled, cored, and sliced in thin wedges
- 1/4 cup REAL maple syrup
- 2 Tablespoons cider vinegar
- 1 cup chicken broth (or bouillon)
- 1 teaspoon dried thyme

Preheat oven to 350°F. Liberally season the prepared chicken breasts on both sides with salt and pepper. In a large, oven-safe skillet, heat the butter and oil until almost smoking. Add the seasoned breasts and do not move for a couple of minutes, allowing them to brown and release from the pan before turning to brown on the other side. Remove meat to a plate and set aside. Add the onions, apples, and thyme to the pan and cook for several minutes, until apples are softened and onions are translucent, scraping bottom of pan to incorporate the fond left behind by the chicken. Add the syrup, vinegar, and about half of the bouillon to the pan, bringing it to a boil before nestling the browned chicken back in amongst the vegetables. If necessary, add more of the bouillon, so that the chicken is about half submerged in liquid. Place uncovered skillet in the oven and cook for 30-40 minutes, until liquid is reduced by about half and chicken is thoroughly cooked. Remove from oven and allow to sit for about 5 minutes, before slicing each chicken breast into medallions. Serve chicken slices topped with the apples, onions, and pan gravy.



Castaways
Resale Shop

Proceeds Benefit Companion
Animals Support Services

Open Mon thru Sat 9am-5pm
802-222-4131
www.castawaysvt.org
214 Main St., Bradford, VT



ABBOTT
RENTAL & PARTY STORE

HUGE
SELECTION OF COSTUMES!

PLUS MAKE-UP
MASKS - WIGS
PARTY WARE
DECORATIONS & MORE

502 Union Street • Littleton, NH
603-444-6557 • 800-287-6557 • www.abbottrental.com



Hours Mon-Thurs 9-5
Fri 9-6 Sat 8-2

Trendz'
Styles by Heidi

17 Main St.
Littleton, NH 03581
(603) 444-7020

Owner/Stylist Heidi Bolduc
Manager/Stylist Theresa Wharem A Full Service Salon
Stylists Jennifer Crowe & Ashley Conn Tanning

NOTE: This recipe serves 4, but can be easily doubled. You can also substitute pork chops for the chicken breasts, for an equally delicious meal!

Interview With Anna Slack

By Lauren M. LoSchiavo

Anna Slack, the Programs Coordinator for Upper Valley Land Trust, is a young, educated woman whose interest in conservation has been present since childhood. She grew up in a town not far from Montpelier, Vermont on 13 acres that bordered a state forest. As Programs Coordinator, she has many responsibilities some of which are planning events, maintaining websites, and promoting the organization through education and outreach.

Until the date of this interview I was unaware of the impact this non-profit organization has on our environment and the multitude of benefits it provides. The very basic description of what Upper Valley Land Trust does is it protects and conserves land in a way that will allow it to remain sustainable, adaptable, and will offer a resiliency that will support the well-being of the community as a whole, well into the future or in perpetuity.

Upper Valley Land Trust is a nonprofit organization that has been in existence since 1985 and recently celebrated their 25th year. The trust consists of a board of trustees. They hold over 420 property conservation easement deeds. This powerful legal document specifies how a property can be used, no matter who owns the land in the future. A total of over 41,000 acres in 44 communities is protected. Each of these properties must be visited at least once per year to ensure that the land remains in its protected state. An impressive number close to 50% of all these visits are from volunteers, an equally

impressive percentage of Upper Valley Land Trust's budget comes from supporters.

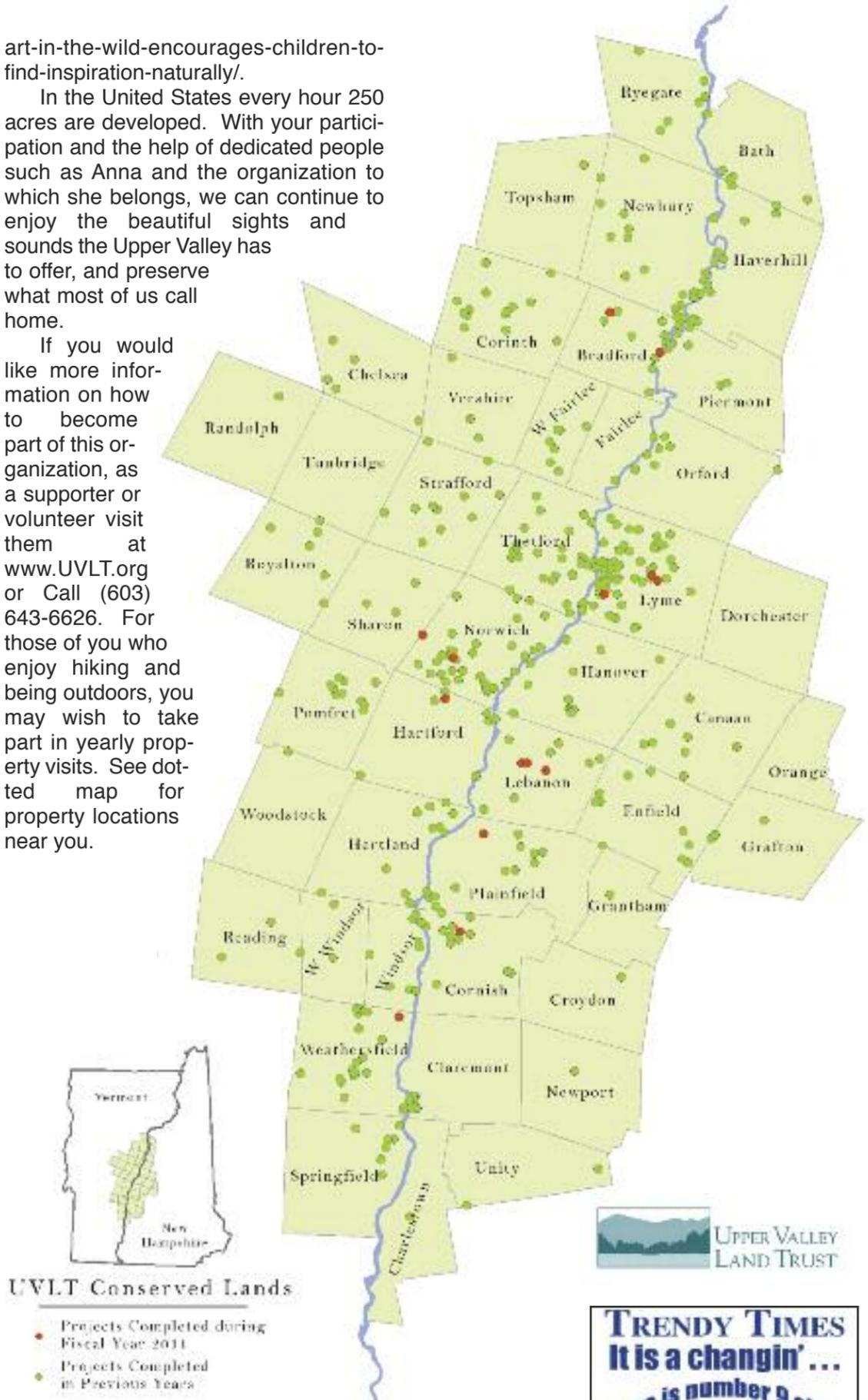
UVLT works closely with towns to see what they want protected and tries to work within those guidelines. Conservation transactions include donated conservation agreements, bequests and acquisition of land purchased with local conservation funds. If they (the community and UVLT) feel that a property has a high environmental value, they will work with a land owner to separate and figure out what development rights are on that land, and then buy those rights to ensure that the land will be conserved as is. They protect working farms, forested ridges, wildlife habitat, water resources, flood plains and 16 wetlands. In short, the stewardship they have created ensures that the Upper Valley's rural landscape remains just that. If you were to see an aerial view of the Upper Valley, the work they do would be evident. Over 27 Miles of Connecticut River frontage is protected by this Trust.

The overall message that Anna would like us to acknowledge is "conservation does not mean we protect land and keep it just because it looks pretty, but also because it adds to the resiliency, the adaptability, and the sustainability of our communities." Anna has also worked closely with the AVA Art Gallery to increase environmental awareness in children. "The land is for people of all ages to use and enjoy." You can go to this website to see more. <http://www.uvlt.org/2011/08/>

art-in-the-wild-encourages-children-to-find-inspiration-naturally/.

In the United States every hour 250 acres are developed. With your participation and the help of dedicated people such as Anna and the organization to which she belongs, we can continue to enjoy the beautiful sights and sounds the Upper Valley has to offer, and preserve what most of us call home.

If you would like more information on how to become part of this organization, as a supporter or volunteer visit them at www.UVLT.org or Call (603) 643-6626. For those of you who enjoy hiking and being outdoors, you may wish to take part in yearly property visits. See dotted map for property locations near you.



Not all Times are Trendy but there will always be Trendy Times

October 11, 2011

Volume 3 Number 1

AFFORDABLE PROPERTY SERVICES
TOOL & EQUIPMENT RENTALS
PARTY & EVENT INFLATABLES
SALES • SERVICE

We Are An **efco** Dealer!
603-747-2322 Mon-Fri: 8-5
 Sat: 8-Noon
65 Forest St., Woodsville, NH

Land conservation solutions for the places you love.
 You are here for a reason. So are we.

www.UVLT.org
UPPER VALLEY LAND TRUST

A Local Agent For A Local Company

We offer Vermont Mutual:
 Home • Auto • Business
 Good Claim Service
 Competitive Rates

The Taylor-Palmer Agency
"Insurance Service Since 1860"

Bradford, VT 05033
 802-222-5222 • 802-222-2903
www.taylor-palmeragency.com

Trusted Choice
 Serving the area for over 100 years!
 Auto • Home • Farm • Business • Life • Health

TRENDY TIMES
It is a changin' ...
Here is number 9 of 13
Actually, this item is not a change!

The Same Larger Font To Make Trendy Times Easier To Read
 No Glasses Required!

TRENDY TIMES
603-747-2887
gary@trendytimes.com
www.trendytimes.com



CLASSIFIEDS

PERSONAL: For Sale, Wanted, Lost, Found: FREE for up to 25 words.
BUSINESS: Help Wanted, For Rent, etc. \$10/3 Issues, \$20/5 Issues, \$50/15 Issues.
MAIL OR DROP OFF: Trendy Times, 171 Central Street, Woodsville, NH 03785
EMAIL: gary@trendytimes.com *We accept checks, credit/debit cards or even cash!*

HELP WANTED

CRAFTERS WANTED St. Johnsbury Area Lions Club Annual Country Craft Fair, Saturday, November 26th, 2011 from 10:00am to 3:00pm at the Field House at St. Johnsbury Academy, Main Street, St. Johnsbury. Contact Patricia at 802-274-3543 and leave message. 11.08

THE WORST HOURS EVER.....are the ones you have no control over! Work your own schedule, selling sterling silver jewelry. Set your own hours. Become an independent Representative-find out how! 802-274-8729 11.08

JOIN US IN PROVIDING QUALITY CARE TO OUR COMMUNITY. Woodsville Rescue Ambulance Service is looking for EMT's to fill open positions. Will provide training to the right candidate. Positions include night, weekend and holiday shifts. If you are interested please contact Steve Robbins, Director of Services. 603-747-3311 or by email: srobbins@earthlink.net 10.25

INSTRUCTION

INSTRUMENT LESSONS: Offering private piano, guitar, banjo & clarinet lessons for beginner & intermediate students of all ages. More than 30 years instructing. For info & to set up a day & time call 603-989-3255. 01.24

WANTED

PAYING CASH FOR OLD WATCHES & POCKET WATCHES: working or not. Also old costume jewelry, medals, tokens, hunting knives, pens, pencils, cigarette lighters, Masonic & military items American & foreign coins, old unusual items. We make house calls. 603-747-4000 10.25

BUYING ANTIQUES of all types and periods. Furniture, signs, china, paper & all small items. 603-747-3585 10.25

FOR SALE

Offered for appraisal/sale to right person: Vintage early to mid 1900's G.E. electric refrigerator, top mounted motor, two door, exterior hinges, white porcelain, 4' tall, 2' deep, 3.5' wide. Not pristine. Contact Robert 603-787-6549 10.11

2 year old large chest freezer with key. \$250 or best offer. Panasonic TV \$40 or best offer. Call Henry Crane 603-747-2579 10.11

Four Season 2 story cottage in Groton State Forest. Near lake, VAST trails and walking trails. Kitchen, livingroom, 3/4 bath, 2 bedrooms, gas heat, large shed on .35 acres. Asking \$106,000. 802-584-4792 12.06

Old cupboards, baker's table, Hoosier cabinet bow front dresser, old bottles, numerous other items. 603-747-2006 11.08

DAY BED WITH CANOPY 5 Drawer dresser, old trunk, lamps, desk. Please call 802-584-4792. 10.11

VTECH V.READER Interactive Reading System. Ages 3-7. Brand new \$30 (normally \$60). 704-303-9440. 10.11

SOFA Teal color, pretty good condition, although recliner on one side has an attitude. \$50. Call 704-303-9440. 10.11

KITCHEN TABLE White, good condition. No Chairs. \$20. 704-303-9440 10.11

FREE

Personal Classifieds!!

PERSONAL: For Sale, Wanted, Lost, Found: FREE for up to 25 words.

BUSINESS: Help Wanted, For Rent, etc. \$10/3 Issues, \$20/5 Issues, \$50/15 Issues.

FOR RENT

WOODSVILLE: First floor apartment, all utilities included, security and good references. Non-smoker. \$700/mo. 603-747-2006 11.08

NEWBURY: 100% new in 2011, 2 bedroom apartment. All new appliances, washer/drier, flooring, fixtures, lighting, bathroom, closets—everything new. Breakfast bar. Dry storage available. Rent includes heat, hot/cold water, parking x2, dumpster, plowing, etc. Very quiet professional building. Very private—no residential neighbors. Local views. Available immediately. Sorry, no dogs. \$1100/mo. Newbury Clinic, Rte 5 North. Call Kevin Lawrence 802-866-502412.06

MT. LAKES: Looking for clean, responsible tenant to fill 2nd floor apartment. Two bedrooms, living room, kitchen, den/dining room. \$750/ month includes heat, snow removal, lakes amenities. call 603-359-5811 10.11

WOODSVILLE: 2nd floor heated apartment. 2 bedrooms, large eat in kitchen, livingroom and small office area. Must have good references. \$800 per month plus security deposit. Non-smokers. Call 603-747-3942. 10.11

MONROE, NH: Beautiful 1 bedroom apartment, town-center, new carpet, screened deck, hot water, great parking, trash & snow removal included. 2nd floor, quiet. NO PETS. References, security deposit, lease required. 603-638-4097 10.11

WOODSVILLE: 1 bedroom spacious, bright, new construction. All new appliances including washer & dryer. \$675 per month includes heat & trash pickup. Good references, no pets, security deposit, 1 year lease. Call 603-838-5004 10.11

FREE

Glass fronted wooden display cabinet, three shelves, not new but in good shape. 4.5' tall, 16" deep, 3.5' wide. Two stationary front glass panels, one glass opening door. Contact Robert 603-787-6549 10.11

FREE FOR PICK-UP: Two children's bicycles. One boy's & one girl's. Used, some rust, but in good shape. Everything works. Padded handles and cross bar. Robert 603-787-6549 10.11

FREE FOR PICK-UP: Single bed foam mattress, nearly new, clean, good shape. Wooden and metal frame work for Strongly Home Built twin bunk set as well. Robert 603-787-6549 10.11

TRENDY TIMES
It is a changin' ...

Here is number 10 of 13

FREE
Personal
Classified Ads

Whether You Want To Sell
Or Are Looking For
Something Special

Personal Classifieds
Limited To 25 Words

TRENDY TIMES
603-747-2887
gary@trendytimes.com
www.trendytimes.com

Crew Leader - Mailing Department

Upper Valley Press, Inc., a printing and direct mail company has immediate openings available working in a high volume insert and mail center. We are seeking experienced leaders with the ability to effectively lead a small crew in a fast-paced, deadline-driven environment.

As a mailing crew leader, duties include overseeing mailing staff positions, running inserting machines and ensuring performance standards and deadlines are consistently met. Prior manufacturing and leadership experience is a must.

Upper Valley Press, Inc., provides excellent wages, benefits, 401(k) retirement saving and much more. We offer opportunities in a solid company with an excellent record of stability and growth. Please submit a resume with wage requirements or apply in person to:

UPPER VALLEY PRESS, INC.

Attn: Human Resources
446 Benton Road
North Haverhill, NH 03774
charrington@uvpress.com

MACHINE OPERATORS

Upper Valley Press, Inc., a printing and direct mail company has an immediate opening in our high volume insert and mail center. We are seeking an experienced operator with the ability to effectively operate machinery in a fast-paced, deadline driven environment.

Duties will include running inserting machines and meeting performance standards. This position will be responsible for ensuring deadlines are consistently met. Prior manufacturing experience is a must.

Upper Valley Press, Inc., provides excellent wages, benefits, 401(k) an air-conditioned work place and more. We offer opportunities in a solid company with an excellent record of stability and growth!

Interested applicants please submit a resume or apply in person to:

UPPER VALLEY PRESS, INC.

Attn: Human Resources
446 Benton Road
North Haverhill, NH 03774
charrington@uvpress.com

White Mountains Community College Littleton Academic Center

White Mountains Community College, Littleton Academic Center, is offering an Introduction to Hypnosis Workshop on Monday, October 17, 2011 from 5:00 pm to 7:00 pm. This workshop is for those who are curious or those who need a method of relaxation and stress reduction. This workshop will give you an introduction into hypnosis and its uses. The workshop will consist of learning briefly about how the mind works, especially when stress or pain are involved and how hypnosis can be used to deal with these issues. Demonstrations of the uses of hypnosis and a group hypnosis relax-

ation session will be part of the workshop.

Instructor: Linda Murphy-Luck. Linda has been a Nationally Certified Hypnotherapist for the past 10 years. In the past four years, she has specialized in Past Life Regression. She has a Master's Degree in Education and is a Nationally Certified Licensed Massage Therapist and Shamballa Reiki Master Healer teacher.

For More Information regarding this workshop, or to Register, contact The White Mountains Community College - Littleton Academic Center - at 646 Union St, Littleton, New Hampshire, 03561, or call 603-444-1326

Bradford Theater Group To Become Non-Profit

BRADFORD, VT: At its upcoming annual meeting on October 23rd, the Old Church Community Theater plans to dissolve and then re-incorporate as "Old Church Theater", with a new non-profit status under state and federal law.

Paul Hunt, president of the group, says "This new status gives us more options for fund-raising and applying for grants than ever before, which will allow even better quality productions in the future. We are very excited to have taken this step and look forward to being a part of what makes Bradford special for years to come". The group has just concluded its 27th year.

The theater's home stage is in the historic "old church" on North Main Street, leased to the group

by the Bradford Congregational Church. The building is reported to be the second oldest building in Bradford, originally built on the upper plain near Oxbow High School in 1793 and moved to the village in 1836. It has been a church, meeting hall, Odd Fellows hall, basketball court and movie theater through the years. In the 1970's it was home to the Bradford Repertory Theater but fell idle until Mary Alice Klammer and Dominique Bulfair opened the first "Old Church Community Theater" in 1984 with the popular musical "Finnian's Rainbow". Since then, the all-volunteer group has staged 5 or more shows a season, from May to September.

The October 23rd annual meeting is open to all, and will be held at 2pm at the

Upper Valley Services building opposite Bradford's FarmWay store, beginning with potluck, reports of officers, a review of the 2011 season, election of officers and concludes with dissolving the old group and incorporating as the new entity.

Winners From Ross-Wood Post #20 American Legion Gift Card Raffle

1st Prize: \$500 gift card @ Wal-Mart - Kay O'Malley

2nd Prize: \$500 gift card @ Shaw's - Mickey Leafe

3rd Prize: \$250 gift card @ Aldrich General Store - Ann Tyler

4th Prize: \$100 gift card @ Shaw's - Mickey Leafe

5th Prize: \$50 gift card @ Shiloh's - Stuart Goodwin



Ted's Excavating
SEPTIC SYSTEMS • CELLAR HOLES • DRIVEWAYS
WATER SYSTEMS • DUMP TRUCKS
LAND CLEARING • BULLDOZING
603-787-6108
30 Years Experience • Fully Licensed
2599 Lime Kiln Road • North Haverhill, NH 03774



FLY COMMISSION SALES
Ernie Stevens, Auctioneer
Buying & Selling To Complete Estates
799 Lower Plain, Box 1 - Bradford, VT 05608
ehysales.com • 802-222-5113 • 803-589-5809 Home

**BLUE MOUNTAIN UNION
SCHOOL DISTRICT
ADMINISTRATOR OPENING**

Interim Director of Special Education
Part-time .4 FTE
October 1, 2011 - June 30, 2012

Applicants must hold or be able to obtain a Vermont Teaching License with endorsement 3-86 or 6-86.

Minimum of Master's Degree in special education, curriculum development, or school administration.

Send letter of interest, resume, three current letters of reference, transcripts and certification documents to:

Richard Pike, Superintendent
Blue Mountain Union School
2420 Route 302
Wells River, VT 05081
802-757-2766

E.O.E.



COUNTRY 101.3
WYKR-FM
Radio Flier
Northeast VT & Northwest NH Country



Welcome to
WYKR-101.3 FM
Country...
...for News, Weather, &
Your All-Time Favorites !




**Puffer
Broadcasting, Inc.**



WYKR 101.3 FM / WTWN AM 1100
P. O. Box 675 / 1047 US Route 302
Wells River, VT. 05081-0675
(802) 757-2773 / (603) 747-2770 / Fax: (802) 757-2774
www.wykr.com

OBITUARY KELLEY LEIGH SANVILLE



by her husband, Arnold "Jake" Sanville of Groton; her father, Richard Blodgett, Sr. of Littleton, NH; three sisters, Lorrie Lynn Austin of North Haverhill, NH, Tari Jean Labreque of Ryegate, VT, Kandi Layne Spruill of Orford, NH; and a brother, Richard Blodgett, Jr. of Barre, VT. Kelley Leigh had many nieces and nephews and she loved them like her own children; Derrick, Timothy, Ashley, Richard, and Misty. They were her life and she gave them all she could and she was very proud to be their aunt.

Groton, VT – Kelley Leigh Sanville, 47, died on Saturday, September 24, 2011 at the Dartmouth Hitchcock Medical Center in Lebanon, NH.

She was a beloved wife, sister, aunt, and best friend. She took life as it came, and lived her life to the fullest.

She was born in St. Johnsbury, VT, October 21, 1963, a daughter of Richard Blodgett, Sr. and Leona "Dolly" Alger. She attended school in Bradford, VT and graduated from Oxbow High School. She lived all of her life in Groton. Kelley married Arnold "Jake" Sanville on October 1, 2004.

She was predeceased by her mother, Leona "Dolly" Alger.

She will be sadly missed

A graveside service was held on Monday, October 3 at 1 PM at the Groton Village Cemetery with Rev. Jane Wilson officiating.

In lieu of flowers, memorial contributions may be made to a charity of one's choice.

Ricker Funeral Home, Woodsville, NH was in charge of arrangements.

For more information or to offer an online condolence please go to www.rickerfh.com

OBITUARY EARLE E. COLE



Bath, NH – Earle E. Cole, 71, of West Bath Road, died September 24, 2011 at Dartmouth Hitchcock Medical Center, Lebanon, NH, following a sudden illness.

He was born in Haverhill, NH, May 26, 1940, the son of Everett E. and Irene Naomi (Tewksbury) Cole. For many years Earle worked at the former Newman Lumber Company in Woodsville as the assistant maintenance foreman and later he worked the Grafton County Home in North Haverhill for ten years, and is a former Road Agent in the Town of Bath.

He was a graduate of Woodsville High School, was a member of Pine Grove Grange, Bath, and formerly served on the Bath Fire Dept., and volunteered on

the Woodsville Ambulance Service. Earle enjoyed the outdoors, hunting, fishing, shooting, and gardening, and feeding the deer. He also enjoyed painting, photography and writing. Most importantly was the time he spent with his family.

He was predeceased by his father Everett on November 3, 1974, and his mother Irene on August 23, 2006.

He married Peggy Ann Laundre on December 13, 1962.

Survivors include his wife of 48 years Peggy of Bath, three daughters Kathy Mitton and companion Scott Herbert of Meredith, Anita Robbins and fiancé Terry Alexander of Woodsville, and Deborah Cole-Simano and husband Brian of Pike, four grandchildren Savannah Mitton and companion Chad Daniels, Jeffrey Robbins, Jr. and companion Samantha Chase, and Mayghan and Brooke Simano, two great grandchildren Landen Erik Daniels, and Bentley Chase Robbins, along with an expected great

granddaughter due in December.

He is also survived by a sister in law Joyce Roy and husband Norman of Bath, a niece Jo-Ann Roy and companion Damon, a nephew Shawn Roy and wife Kelly, and their children Austin and Jillian, and many cousins

Calling hours were Thursday, September 29th, from 6:30 to 7:30 PM at Ricker Funeral Home, 1 Birch Street, Woodsville, NH.

The funeral service was held on Friday, September 30th, at 1 PM at the funeral home with Rev. Lyn Winter officiating. Burial followed in the Bath Village Cemetery.

Memorial contributions can be made to the ALS Association, Northern New England Chapter, The Concord Center, 10 Ferry Street, Suite 309, Concord, NH 03301.

For more information or to sign an online condolence, please visit www.rickerfh.com

Ricker Funeral Home, Woodsville was in charge of arrangements.

OBITUARY

BARBARA STIMSON ROBINSON



Woodsville, NH – Barbara Stimson Robinson, 80, of Highland Street, died on Wednesday, October 5, 2011 at the Grafton County Nursing Home, North Haverhill, NH with her family by her side.

She was born in Haverhill, NH, August 1, 1931, a daughter of Erville and Roberta (Miller) Stimson. Barb graduated from Woodsville High School, Class of 1949 and then attended the Bennington School for Nurses in Bennington, VT. She worked as an LPN at Cottage Hospital for 42 years and among her many duties there she loved rocking the hundreds of babies she helped bring into the world.

Barb was a member of the Woodsville United

Methodist Church for over 50 years and served as the former president of the Girls Club. Barb was involved with every aspect of the church, including organizing church suppers and rummage sales, singing in the choir, making and delivering Christmas baskets, and participating in the Couples Club at the church. Barb loved to go dancing with her husband Gordon and she loved her dog Britney. She will be fondly remembered for her love of children and for attracting children to her side.

Barb married Gordon C. Robinson on March 28, 1953.

She was predeceased by her parents, Erville Stimson on February 4, 1964 and Roberta Miller Stimson on January 14, 2001; her husband Gordon C. Robinson on September 30, 1984; and a nephew, Joshua M. Stimson on October 24, 2010.

Survivors include her daughter, Linda J. Robinson Goss and her husband Tom of Woodsville, NH; a son, James

G. Robinson and his wife Sherry of Leesburg, Virginia; two granddaughters, Alexandra "Alex" Graham and Sarah Robinson; a sister, Betty Stimson of Bath, NH; two brothers, Ronald Stimson and his wife Peggy of Rochester, NY and Jeffrey A. Stimson and his wife Jane of North Haverhill, NH; several nieces, nephews, and cousins.

There were no calling hours.

A memorial service was held on Monday, October 10, at 11 AM, at the Woodsville United Methodist Church, Maple Street, Woodsville, NH with Pastor Susan Ellery officiating.

In lieu of flowers, memorial contributions may be made to Woodsville United Methodist Church, c/o Reita Jones, 8 Ammonoosuc Street, Woodsville, NH 03785.

Ricker Funeral Home, Woodsville, NH was in charge of arrangements.

For more information or to offer an online condolence please visit www.rickerfh.com.

RICH SAFFO
Concrete Form Co., Inc.
Since 1978 Continuous Service
Phone: 603-787-6747 Fax: 603-787-6560

COUNTRY CHIQUE ANTIQUES
Group Shop In Tax Free NH
Ruth Hatch, Owner
Hours: Wednesday-Saturday 10-5 ♦ Sunday 1-5
603-747-3131 ♦ 29 Central St ♦ Woodsville, NH 03785

Stephan A. Elliott, CLU, ChFC
Financial Services Professional*
VT Ins. Lic. # 10178
Life Member
MDRT®
New York Life Insurance Company
Licensed Agent
P.O. Box 141
152 Elliott Road
S. Ryegate, VT 05089
Tel. 802 584 3513
saelliott@ft.newyorklife.com
The Company You Keep®

Estate Auctioneers and Appraisers
Specializing in On-Site Auctions and Estate Appraisals Antique to Modern
Steenburgh
779 Jeffers Hill Road • Pike, NH 03780 • 603-989-5361
josh@steenburgh.com • www.steenburgh.com

NYSTROM SURVEYING AND MAPPING
BOUNDARY SURVEYS – SUBDIVISIONS
STATE AND LOCAL PERMITTING
LEEANN NYSTROM
N.H. LICENSED LAND SURVEYOR #983
NYSTROMSURVEYINGANDMAPPING.COM • LENYSTROM@HOTMAIL.COM
PHONE: 603-787-9028 • CELL: 603-454-4980
156 ALLAGASH ROAD • NORTH HAVERHILL, NH 03774

GATEWAY
WELLS RIVER • WOODSVILLE
GATEWAY SPORTS
802-249-7476
25 Railroad Street
Wells River, VT
**Buying & Selling
New & Used Guns
Plus A Full Line Of Ammo**

OBITUARY – LEE GEORGE SHEPPARD



East Ryegate, VT – Lee George Sheppard, 79, died on Monday, October 3, 2011 at the Cottage Hospital in Woodsville, NH.

He was born in Warden, Quebec, March 17, 1932, the son of Angus and Claudia "Cora" (Hamel) Sheppard.

He graduated from McIndoe Falls Academy and an automotive tech college. Lee served with the U. S. Air Force during the Korean War. He married Ann Willey Pollard on December 28, 1957.

He was automotive service technician for many years at the Volkswagon dealership in Barre, VT. He also owned and operated Sheppard Auto Repair in East Ryegate. For more than 25 years he was a rural paper

carrier for the Caledonian Record. He delivered newspapers from St. Johnsbury, VT to Woodsville, NH. Lee was a 56 year member of the Ross-Wood Post #20 American Legion in Woodsville and a member of the VFW Post #10038. He loved to fish, and when he was younger he enjoyed hunting with his brothers. He loved to cook and socialize with people. Lee will be sadly missed. He was one of the most liked people, was very caring, and always helped everyone. Lee never gave up in anything he did. Lee's greatest love was his family and spending time with his grandchildren. He will be fondly remembered as a caretaker for his family.

He was predeceased by his brother, Laurent Sheppard.

Survivors include his wife of 53 years, Ann W. Sheppard of Ryegate; two daughters, Lynn Ruggles and her husband Richard of Haverhill, NH and Vicki Sheppard of Humble, TX; four grandchildren, Topaz Sheppard,

Odessa Crowley, Christy McClintock-Such, and Cathy McClintock; nine great grandchildren; one great granddaughter; a sister, Lena Bean of East Ryegate; three brothers, Lester Sheppard of Walpole, NH, Leonard Sheppard of Bradford, VT, and Leo Sheppard and his wife Patricia of Dawsonville, GA; and several nieces, nephews, and cousins, and a brother in law Neil Pollard of Essex Jct., VT.

A graveside service was held on Saturday, October 8, at 2 PM, at the Monroe Village Cemetery, Plains Road, Monroe, NH, with Rev. Dr. M. Catherine Cook officiating.

In lieu of flowers, memorial contributions can be made to the American Heart Association, Founders Affiliate, PO Box 417005, Boston, MA 02241-7005.

Ricker Funeral Home, Woodsville, NH was in charge of arrangements.

For more information or to sign an online condolence please visit www.rickerfh.com

St. Luke's Episcopal Church
5 Church Street
Woodsville, NH

Schedule of Services
Sunday: 10:00 am
Holy Eucharist and
Children's Corner

TRENDY TIMES
It is a changin' ...

Here is number 11 of 13

For Rent & Help Wanted Classifieds
2 Issues For \$10
5 Issues For \$20
Limit Of 50 Words

These Rates Also Apply To Other Business Type Classifieds

TRENDY TIMES
603-747-2887
gary@trendytimes.com
www.trendytimes.com

LITTLETON food coop
Open Daily 8am - 8pm
Located at the corner of Cottage Street & Route 320
www.littletoncoop.org
(603) 441-2802

Satisfy all your food and grocery needs at the Littleton Food Co-op. We feature high quality products with a focus on local & fresh goods.

Taste the Difference!

details
WINDOW & INTERIOR FASHIONS

A Hunter Douglas Priority Dealer
Custom Window Treatments, Slipcovers & Upholstery
For Residential & Commercial Spaces
249 Main Street • Littleton, NH • 603-444-7444

Paye's Plumbing AND HEATING

Complete Plumbing And Heating Services
LP - Oil - Pellets Installation & Maintenance
High Efficiency Heating Systems

Wells River, Vermont
802-757-2124

PATTEN'S GAS

Water Heaters
Appliances
Generators
Heaters

603-787-2422
240 Brushwood Road
North Haverhill, NB 03774



Available At The Following Locations

Beginning Tuesday, October 25, 2011.

- IN BARNET:
BARNET VILLAGE STORE
WEST BARNET STORE
- IN BATH:
SWIFTWATER WAY STATION
BRICK STORE
- IN BRADFORD:
BRADFORD BOTTLE SHOPPE
HILL'S 5 & 10
BLISS VILLAGE STORE
HANAFORD'S
KINNEY DRUGS
- IN FAIRLEE:
WING'S
CUMBERLAIN FARMS
CHAPMAN'S
R&S PRODUCE
CITGO
- IN GROTON:
UPPER VALLEY GRILL
- IN LISBON:
DU-EZ LISBON
P & D QUICKSTOP
NORTHROP'S
WOODSVILLE GUARANTY SAVINGS BANK
- IN LITTLETON:
LITTLETON CO-OP
PILGRIM FURNITURE
SHAW'S
- IN NEWBURY:
NEWBURY GENERAL STORE
- IN NORTH HAVERHILL:
ALDRICH GENERAL STORE
DMS
HORSE MEADOW SENIOR CENTER
PT FARM
- IN ORFORD:
PATTERSON'S
CHEAP KIDS
- IN PIERMONT:
PIERMONT 4 CORNERS
ROBIE FARM
- IN PIKE:
PIKE STATION STORE
- IN SO. RYEGATE:
ALLIE'S MARKET
- IN ST. JOHNSBURY:
ST. J. COOP
ST. J. WELCOME CENTER
DUNKIN' DONUTS
PIZZA RUMONTO
BAGEL DEPOT
GREEN MT. MALL
KINNEY DRUGS
GOLD CROWN LANES
WHITE'S MARKET
CUMBERLAIN FARMS
NISSAN BREAD STORE
PETTYCO JUNCTION
- IN WELLS RIVER:
JIFFY MART
P&H TRUCKSTOP
TJ'S LUNCH COUNTER
- IN WOODSVILLE:
SHAW'S
CUMBERLAIN FARMS
TRENDY THREADS
MCDONALD'S
WOODSVILLE GUARANTY SAVINGS BANK
TRENDY TIMES

Other locations may also be added. If your favorite store is not listed call us, and we will see about adding them to the list. Our thanks to each one of these business owners for allowing Trendy Times to be available at your location.

The Secrets Of Anti-Aging

It's happening to everybody, most of the time faster than we'd like. But even though the calendar tells us we're older, the passage of time isn't really what ages us. It's the process that reduces the number of healthy cells in the body. There are so many interesting things to do and see in the world. We all want to extend our life spans with the best health possible. Fortunately, youth is not just a chronological age, it's good health and an optimistic spirit. The concept of anti-aging is gaining strength as more

people realize they can positively affect their own aging process. We can see this in today's elite athlete's who perform at world class levels well into their thirties or even forties, inspiring healthy people living long life spans, proving that the downward spiral associated with aging need not happen.

The human life span is at least 20-30 years longer than most of us live today. It's astonishing to realize that we are living only two-thirds of the years our bodies are capable of. There is a paradox about aging: Life expectancy lengthens as you age. The longer you live, the longer your total expected life span becomes. Age is not the enemy... illness is. Our cells don't age; they're sloughed off as their efficiency diminishes to be replaced by new ones. When the body is given the right nutrients, cell restoration may continue for many years past current life expectancy.

Environmental pollutants, a long standing diet of chemical laced, refined foods, vitamin and mineral deficiencies, overuse of prescription drugs and antibiotics, and high stress all prevent good cell restoration. Eighty percent of the population over 65 years

old in industrial nations is chronically ill, usually with arthritis, heart disease, diabetes or high blood pressure.

Human lifespan can be increased. Youthfulness can be restored from the inside by strengthening lean body mass, metabolism, and immune response with good nutrition, regular exercise, fresh air, and a positive outlook. A balanced life is the key to long life. While cell life is largely genetically controlled, disease is usually the result of diet, lifestyle or environment. We can do something about these things. Slower aging means a better memory with no senility, better skin with fewer wrinkles, a strong heart, bones and immune response, flexible joints and muscles, a good metabolic rate and a healthy sex life (organ and endocrine activity keeps your whole body youthful). Regular aerobic exercise like a brisk daily walk prolongs fitness at any age. Exercise helps maintain stamina, strength, circulation and joint mobility. Stretching out every morning limbers the body, oxygenates the tissues, and helps clear it of the previous night's wastes and metabolic eliminations. Stretches at night before you retire help insure muscle relaxation and a better night's rest.

Don't worry. Be happy. Think positive to stay young. Clearly, the subtle energies of the mind effect the body. Affirm: "Every day I am healthier and happier in every way", say this a hundred times a day until you truly believe it. A pessimistic outlook on life depresses not only your personality (and everyone around you), but also your immune response. Even science is validating the "mind/body connection" in terms of the body's ability to heal. An optimistic, well-rounded, loving life needs friends and family. Regular contact is important for you and for them. Doing for, and giving to others graciously, makes a world of difference to your spirit.

The "Fountain of Youth" may have been available all

along in the youth-extending nutrients of herbs and "super foods". Herbs have wide-ranging properties, and far reaching possibilities as health restoratives. They can help with almost every aspect of human need as we age. The two main causes of aging are:

1) cell and tissue damage caused by free radicals that aren't neutralized when the body lacks antioxidants; 2) reduced immune response that puts the body at risk for disease-causing stress and environmental toxic reactions. Herbal therapy is a premier agent for both of these aging actions. Antioxidant herbs quench and neutralize free radicals, energize and tone. Adaptogen herbs strengthen immunity, and equip the body to handle stress.

Anti-Oxidant Herbs include: Rosemary, Ginkgo Biloba, Reishi Mushroom, Maitaki Mushroom, Astragalus Root, Alfalfa, Hawthorn Berry, Leaf & Flowers, Ashwaganda Root.

Adaptogen Herbs include: Bee Pollen, Royal Jelly, Panax Ginseng Root, Pau De Arco Bark, Suma Root, Schizandra Berry, Siberian Ginseng Root, Ashwaganda Root, Alfalfa, Fo-Ti-Tieng Root.

Super Food Herbal Sources include: Barley Grass, Alfalfa, Royal Jelly, Bee Pollen, Parsley Root & Leaf, Chlorella, Spirulina. Enzyme Therapy Herbs include: Dandelion Root & Leaf, Milk Thistle Seed, Licorice Root, Nettles, Gotu Kola, Green Tea, Oregon Grape Root, Capsicum, Aloe Vera.

Vitamin C & Bioflavonoid Sources include: Kelp/Sea Vegetables, Bilberry, Hawthorn Berry, Leaf & Flowers, Aloe Vera, Rosehips, Cranberry Powder, Capsicum, Parsley Leaf, Chlorella.

Mineral-Rich Herbs include: Gotu Kola, Dandelion Leaf & Root, Nettles, Alfalfa, Yellowdock Root, Chamomile, Bee Pollen Echinacea Root, Burdock Root.

Melanie Osborne is the owner of Thyme to Heal Herbs and practices on Route 302 in Lisbon, NH. She has been in practice since 1991. She is certified in Therapeutic Herbalism through the Blazing Star Herbal School in Shelburne Falls, Massachusetts. Much of her work is private health consultations, teaching herbal apprenticeships and intensive workshops, Reiki I, II & III into mastership. In her Shoppe located in Lisbon are over 200 medicinal bulk herbs, teas and capsules, all made on premise. 603-838-5599 thymetoheal01@yahoo.com

C. Ainsworth Trucking & Excavation
 FOR ALL YOUR SITE WORK NEEDS - BIG OR SMALL
 Water, Septic Systems, Cellar Holes, Driveways, Roads & Land Clearing
PLUS: Sand, Gravel, Stone, Staymat & Top Soil
 Over 25 Years Experience
FREE ESTIMATES
 802-584-3262 • wedigit@fairpoint.net
 3341 South Bayley-Hazen Road • Wells River, VT 05081



Are You On facebook ?
 "Like" these advertisers on Facebook and show your support for our local communities.

 Darling's Auto Repair Inc	 Haverhill Congregational Church (NH)	 Haverhill Recreation
 The Hungry Bear	 Interiors Green	 Littleton Food
 Littleton Imports	 Mayo's Furniture & Floor Covering	 Nightingale Pawn
 Robert's Thrift Store	 Shear Animal Serenity Day Spa	 St J Auto
 St J Subaru	 Trendy Threads	 Trendy Times
 Undercovertents	 The Upper Valley Land Trust	 WYKR 101.3 FM
 Woodsville Fire Rescue Department	 UNH Cooperative Extension - Grafton County	 Cowie Hill Graphics
 3 Rivers Business Association	 Abbott Rental & Party Store	 Affordable Property Services
 Vickie Wyman, New Hampshire & Vermont Real Estate	 Bus2Win.com	 Cheap Kids
 Cottage Hospital	 Countrychique-antiques Woodsville	 Coventry Log Homes

White Mountain Trader
 21A Central Street - Woodsville NH
 OPEN NOON TO 5 WED-THURS-FRI-SAT
ALWAYS BUYING
 GOLD and SILVER JEWELRY AND COINS
 STORE ADVERTISING ITEMS - BOOKS
 CIVIL WAR ITEMS - AREA MEMORABILIA
 POSTCARDS - FOSSILS - WATCHES
 THIMBLES - TRILOBITES - KNIVES
 POSTERS - SILVER DOLLARS - SIGNS
 WHEAT PENNIES and WORLD COINS
 DEQUERREOTYPES - RAILROAD ITEMS
 STEREOPTICS and GLASS NEGATIVES
EXPERIENCE IS 62 YEARS ENOUGH ?
 603-747-4025

TRENDY TIMES
 It is a changin' ...
 Here is number 12 of 12
 Actually, this item is not a change!
Free Calendar Of Events Available To Non-Profits, Towns & Schools
 See Page 6
TRENDY TIMES
 603-747-2887
 gary@trendytimes.com
 www.trendytimes.com






The Dog Killing Bridge Overtoun Bridge Milton, Dumbarton, Scotland

In my research, all the countless articles I've read, I've realized one thing: every house has a story and every bridge has a story. What I mean is that where there's a haunted house, there's a haunted bridge just around the corner. You either have the woman who is crying over a lost love (Emily's Bridge-Stowe, Vermont) or a bridge where there's at least one dog committing suicide every month since the 1950's...yes, you read correctly. It's no ordinary bridge, a bridge like Emily's Bridge is ordinary in the terms of spirits, but this canine hating bridge struck me odd.

I first read about it off of theinsidegeek.com (a website dedicated to anime, video game/movie reviews, your kids will love it) where they posted an article about the "10 Paranormal and Unexplained Mysteries That Will Leave You Guessing." Great article with ten interesting subjects, but the one that got me interested the most was this bridge that attracts dogs to take their own lives.

The bridge was built by John Campbell White who was better known as Lord Overtoun in 1895 and is right next to the very large Overtoun Mansion (2,000 acres large). Due to both the west side and east side being separated by a waterfall, they built this Victorian bridge to connect each side. The bridge stands 50 feet tall

which would be great for the bungee jumping junkies, but it's more known for the depressing amount of dog deaths that have occurred at this bridge. As said before, dogs will climb the parapet wall and jump off the bridge. Of course, mistakes happen, but this bridge has claimed the lives of six-hundred dogs and has claimed only two human lives. What's even stranger is that the dogs who have survived the plunge have come back to try again.

What's even stranger is that all the dogs who have committed suicide have jumped off almost exactly the same spot. Why does this happen though? Some believe, such as the Celts, that the Overtoun Bridge is a portal between the world of the living and the afterlife and sometimes they cross over. Another theory, which is more logical, is that there's these animals called minks that hang around the bridge. The dogs could sense them since they give away this musty smell, and when they jump onto the ledge, they don't realize the incredible fall they're going to take.

But the bridge has claimed two human lives on record as well. In 1994, a man threw his newborn child off the bridge claiming it was the anti-Christ. After feeling sorrow for the atrocious act of killing his own child, he killed himself on the same bridge. Some say it was the bridge that made him kill his

child and himself, where there's others, such as myself, that think the man did it because anyone wouldn't be able to live with themselves after doing something like that. Whatever the case maybe, Overtoun Bridge has claimed more lives of dogs than any other bridge in the world. If you go to the bridge, make sure to have a leash.

Remember: NEPI is still looking for members to join us on future investigations. If you're interested make sure to call Anthony at (603) 444-7142 and become apart of the coolest ghost group around!

Until next time this has been another Scared Sheetless. Make sure to enter my website if you dare for more scares at scaredsheetlessncn.blogspot.com and write me a message! Thanks for reading my fellow graveyard disciples and always remember to keep it scary!

Resources:
<http://strangeworldofmystery.blogspot.com/>

James Paradie is a paranormal columnist as well as a paranormal investigator who has been seen in such newspapers as the Northcountry News, Littleton Record, the White Mountain Shopper, and the Trendy Times. His stories can also be seen on paranormal-news.com and mostlyghosts.com where he is a regular contributor.

HDTV
Plasma & LCD
Flat Screen TV's

Several Sizes Available

Prompt & Professional Repair Service On
All Brands of TV's, VCR's, Stereo Systems,
Guitars, Amplifiers & Professional Audio

Authorized Panasonic Repair Center

BYRNE ELECTRONIC
802-748-2111 • Eastern Ave • St. Johnsbury, VT

NAPA AUTOCARE CENTER

RON DEROSIA
Owner/Technician

R&M AUTOMOTIVE SERVICE CENTER

ASE CERTIFIED

585 Benton Road • PO Box 385
North Haverhill, NH 03774
603-787-6408 • rmauto@randmauto.net

Thyme To Heal Herbals

Melanie Osborne, CHT Herbal Therapist & Teacher
Shoppe & Teaching Facility

Offering Workshops in Herbalism,
Certified Nine Month Herbal Apprenticeship, Reiki 1, 2, 3 Into Mastership

www.thymetohealherbals.com
Now Under Construction

Shoppe Hours Mon-Sat 9:00am-5:30pm • Appointments Necessary For Consultations
603-338-6699 • 113 South Main Street • Lisbon, NH 03685 • thymetoheal01@yahoo.com

NEPI

Northeastern Paranormal Investigations
www.northeasternparanormal.com

Northeastern Paranormal
Is Looking For Our Next Investigator:
Photography Experience A Must
Will Train The Right Person
Go on ghost hunts and handle
equipment like the ghost hunters on TV!
SERIOUS INQUIRES ONLY
If Interested, Please Call 603-444-7142

We have a large selection of
Kid's Halloween Costumes

Trendy Threads
Quality Consignment Clothing
171 Central Street
Woodsville, NH
603-747-3870
Open 9:30 to 5:00, Tues - Fri and 1st & 3rd Sat
www.TrendyThreadsWoodsville.com

MEADOW LEASING
Littleton, N.H.

Ground Level Containers
20' - 40'

Office Trailers

Storage Trailers
28' - 48'

1-800-762-7026 • 603-444-7026
Let Us Help You With All Your Storage Needs.

Littleton Area Community Project (LACP)

September 29, 2011 Meeting

By Lauren M. LoSchiavo

A meeting was recently held in the Littleton, New Hampshire high school cafeteria. It is evident that the LACP group members, who participated in this project in its infancy, were committed to change and there is no doubt that they will continue to be successful in their plans for the future.

The introduction and explanation of the "Report to the Citizens" plan was extremely comprehensive and well delivered. Gerald Winn conducted the meeting smoothly and competently. Both Alison Chisolm and Steve Kelley delivered their groups goals on "Services and Costs", addressing is-

such as EMS (Emergency Medical Services) staffing, to include road maintenance and engineers. The topic "Enhance the Way We as a Town Do Business" was delivered by Mel Brooks, and Dave Ernsberger talked about the plan for "Economic Prosperity."

Their overall mission statement is this:

Develop and activate a plan that includes a package of sustainable, deliverable, specific, dynamic principles and attitudes that will assure the continuation of the vision of Littleton being "an ideal place in Northern New England to Visit, Live, Learn, Work, Play and Retire."

The LACP was formed primarily to address change, how to prepare to meet these changes, and adapt and grow as a community. After some debate they were unanimous in choosing 3 imperatives. This in itself is quite remarkable. Each individual group (there was a total of three) had a mission statement. They then developed a list of recommendations/suggestions, and broke it down further to include what priority each would take and the time frame in which it would be implemented. They added one more step to this process by evaluating which recommendations could be handed off to an al-

ready established entity (i.e. School Board, Superintendent, and Town Manger).

Take a walk down Meadow Street. At night the sidewalks are well lit, there is greenery, storefront walkways are kept clean, and night or day, there is an abundance of foot traffic. One member came up with the idea of putting pianos in key spots along the sidewalks. This gained Littleton, New Hampshire national attention and significantly increased traffic to main street businesses. There is a sense of pride here. It is aptly nicknamed "The Glad Town." These changes are the most noticeable. To those who

were unaware of the Littleton Area Community Project (myself included), the aforementioned improvements were ones for which they were largely responsible.

The plan LACP has set forth is an aggressive one. The people behind the LACP plan are committed, but, in order to implement these initiatives, they will need the help of volunteers. If any of the aforementioned initiatives are of interest to you, or you would like more information on how you can be a part of these efforts, call 603-444-6561 or go to www.littletonareachamber.com

October 11, 2011 Volume 3 Number 1 Not all Times are Trendy but there will always be Trendy Times

HOUSTON'S FURNITURE BARN
Used Furniture, Antiques, Collectables & Much More!
We Buy House Lots, Estates & Small Lots
Come In and Browse
Open 7 Days A Week 9am-5pm
603-838-5920
Jct. of Rte. 117 (Sugar Hill Rd) & Rte. 302, River Rd, Lisbon, NH

Stockley Trucking
405 SOUTH MAIN ST. LISBON, NH 03585
Buying
Copper • Brass
Aluminum • Light Iron • Etc.
Metal Recycling • Junk Cars
CALL FOR PRICES - 603-838-2860
Monday - Friday 7 AM - 4 PM • Saturday 7 AM - 12 Noon

U-HAUL **IN TOWN AND ONE WAY MOVES**
Plan ahead for your next move...
WE RENT Appliance, Utility & Furniture Dollies. Also Furniture Pads.
\$10 Add In Town Move Deal To Your Next Rental - Utility Dolly and 6 Furniture Pads
Hitches sold & installed.
603-747-4035
Woodsville, NH

TRENDY TIMES
It is a changin' ...
Here is number 13 of 13
Long-Term Business Classifieds
15 Issues For \$50
25 Word Maximum
This Rate Designed For Service Type Businesses
TRENDY TIMES
603-747-2887
gary@trendytimes.com
www.trendytimes.com

Current Use Board Meeting

Per RSA 79-A:3, the Current Use Board will be holding a series of (3) public forums across the state to hear questions and comments from the general public pertaining to current use practices and rates. At the forums, the Board will present its preliminary proposal for current use tax rates for the coming year which include changes to the forestland assessment ranges.

Taxpayers are encouraged to attend one of the following forums:

Tuesday, November 8, 2011 - Lancaster, North Country Resource Center, 629B Main Street, 4:00 p.m.

Thursday, November 10, 2011 - Newbury, Newbury Town Hall, 937 Route 103, 4:00 p.m.

Monday, November 14, 2011 - Concord, NH Department of Revenue, 109 Pleasant Street, 9:30 a.m.

Regular Current Use Board meeting will immediately follow the public forum on November 14 in Concord.

Written comments can be e-mailed to cub@rev.state.nh.us or mailed to: NH Department of Revenue Attn: Current Use Board PO Box 487 Concord, NH 03301

TRENDY TIMES STAFF	
EDITOR / PUBLISHER	GARY SCRUTON
EDITOR'S ASSISTANT	DEVIL'S ADVOCATE
SALES	CAROLYN DARLING, LAUREN M. LOSCHIAVO, GARY SCRUTON
GRAPHIC DESIGN	JEANNE EMMONS
BOOKKEEPING	JANICE SCRUTON
CONTRIBUTING WRITERS	SHEILA ASSELIN, MARIANNE L. KELLY, ELINOR P. MAWSON, MELANIE OSBORNE, ROBERT ROUDEBUSH
MOVIE SCRUTONIZER	ASHLEY SCRUTON
SCARED SHEETLESS	JAMES PARADIE
TRENDY KITCHEN	RHONDA MARSH

Phone 603-747-2887 • Fax 603-747-2889
gary@trendytimes.com
ads@trendytimes.com
171 Central St. • Woodsville, NH 03785
Tuesday - Friday 9:00am - 5:00pm

Trendy Times reserves the right to accept or reject publication of any letter to the editor or submission of any nature for any reason, of course you will need to be really out there for us to turn you down. However, we do reserve the right to make slight changes to submissions for readability purposes. Thank you for your understanding.



A FREE PUBLICATION

TRENDY TIMES
www.trendytimes.com

Trying to Cut Down on Bills? SWITCH TO DISH NETWORK AND SAVE!
Call us today! to see how we can save you money!
All prices, packages and programming are subject to change without notice. Restrictions apply.
THE TV GUY
Local Service Since 1976
Route 302 • Woodsville, NH
603-747-2233

Littleton

IMPORTS

2000 Chevrolet S-10
\$6,075



2007 Nissan Frontier
\$21,995



2008 Nissan Altima 3.5
\$20,991



2011 Chevrolet Equinox
\$27,725



2008 GMC Sierra 1500
\$23,425



2010 Dodge Avenger
\$19,425



2007 Cadillac CTS
\$16,991



2006 Mercedes-Benz
\$17,900



2007 Ford Explorer
\$20,125



2009 Ford Fusion SE
\$18,991



2007 Ford Edge SEL
\$21,991



2010 Volkswagen Jetta
\$24,991



2008 Dodge Grand Caravan
\$20,600

with over 250 more cars available at

WWW.LITTLETONIMPORTS.COM

722 Meadow Street, Littleton, NH
(across from the 99 Restaurant)

603-444-2139

Fall In Love with our inventory

SAINT

2008 Pontiac G6
\$14,991



Stock #B909A

2006 Buick Lucerne
\$15,991



Stock #B879A



2006 Suzuki
Grand Vitara
\$12,991

Stock #GU002

2008 Buick
LaCrosse
\$19,991



Stock #B1064A

2009 Chevrolet
Cobalt
\$14,491



Stock #G1829X

2009 Kia Optima
\$16,991



Stock #B965



2010 Jeep Patriot
\$21,650

Stock #G1910A

2010 Toyota
Corolla
\$19,485



Stock #G1918A

2010 Pontiac Vibe
\$16,991



Stock #GU007



Kristin Michaud
General Manager

John Loschiavo
Owner

with over 250 more cars available online at:

WWW.STJAUTO.COM

866-854-3421 500 Memorial Drive St. Johnsbury, VT

All offers exclude tax, title and registration. All offers are based on approved credit. Not valid with any other offer.