

TRENDY TIMES

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DECEMBER 6, 2011 VOLUME 3 NUMBER 5

Hazen Property: The Most Valuable?

By Gary Scruton

What is the most valuable piece of property in Haverhill? That particular question may not have been actually asked in the last two hundred or so years. But back when Haverhill was founded it was probably a question that was raised by those who founded this river town.

Looking at that question from an historical perspective the answer will certainly be different depending on the time frame it pertains to. If one were to ask that question today, the absolute answer could be found at the Tax Collector's office by going thru the tax cards. Even then there may be some debate regarding the definition of valuable. And therefore debate over

which piece of property was indeed the most valuable.

If we go back a century we are at the time when the railroads were the number one industry in Haverhill. At that point value may well have meant being close to the tracks and at the hub of business (Woodsville). Therefore the most valuable piece could well have been one of the hotels on Central Street. Or perhaps one of the railroad owned round houses, could have been deemed the most valuable.

Now let's step back two hundred years. At that point the county offices for Grafton County were on Court Street in Haverhill Corner. The hub of the town was certainly at the southern end of the boundaries. Therefore the most valuable piece probably bordered one of the commons in Haverhill Corner. Again, perhaps an inn or tavern.

If we ride the time machine back another 50 years or so we will find John Hazen, the founder of Haverhill. Because of his status, he had the opportunity to pick the property where he wanted to put down his roots and build his homestead even before Haverhill was chartered. He

chose a piece of land that was on the Connecticut River. At that time the river was the most often used, and most efficient transportation method. The property was also located near some of the most fertile land that could be found in the Connecticut River Valley. Therefore, in the mind of John Hazen, it was the most valuable piece of land.

Needless to say, the value of property changes over the years depending on many factors. One thing that does not change is a milestone in the history of a town like Haverhill. The first homestead in Haverhill will always be the homestead of one John Hazen.

For that reason the Haverhill Heritage Commission, a group of volunteers appointed by the Selectboard, has undertaken the process of cleaning up and revitalizing the Hazen property. The town has actually owned this small parcel since the 1950's. It was taken for taxes after the previous owners had sold off the buildings and most of the adjoining fertile fields. What is left today is the house stone foundation with a root cellar, a ramp to where the barn once stood, another small foundation, a lot of trees and brush,



The earthen ramp to the Hazen Barn is still quite visible. The building itself was torn down and sold.



Note the bulkhead to the root cellar just to the left of the door. Also, note the unusual window layout.

and a beautiful river front piece of property.

Through the efforts of HHC chairman Jim Hobbs, much of the brush has been trimmed along with many of the small trees and even a few larger ones. Therefore some semblance of order has been restored. Of course Jim will quickly say that he did not do this on his own. Assistance has come from many directions including other members of HHC.

He has also received sup-

port in many other forms from the following persons and businesses. E-Z Steel, Green Thumb, Huntington's Agway, Rick Walling, Thompson Roofing, Richard Patten, Gary Elliott, Tim Clough, Blaisdell Gravel, Paul Knox. the Blaisdells, and Tom Fenn.

At this point work has come to a stop for the winter, but there are plenty of plans pending for 2012. Future plans include removing some more trees, creating several private picnic areas, continuing work on garden areas, and signage explaining the historical importance of this location.

HHC is also looking for new members to join the volunteer group. Along with the Hazen property HHC continues to work on the caboose at Railroad Park in Woodsville, and other projects throughout the town of Haverhill. To join, simply contact the Haverhill Town Office or speak to Jim Hobbs or any other member of the Haverhill Heritage Commission. The efforts of this group will help the rest of Haverhill's residents and visitors to better understand and appreciate the heritage of this community.

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Learning To Love Leftovers

By Deb Maes, Extension Educator, Family & Consumer Resources

Last night we ate a ground hamburger, potato and pasta sauce casserole that has been a family favorite for decades. What was different about this meal is that it was made from leftover meat sauce that we ate the other night. Since I am still learning the art of cooking for two, I had plenty of meat sauce left over and no desire to eat spaghetti again so soon.

I'm just like millions of Americans that enjoy a meal, but never want to eat leftovers. Our intentions are

good, but once the plastic container makes it into the fridge, the contents never make it back onto the dinner table. Since so many people don't like to eat leftovers, and we can't always cook "just enough" food, what are our options?

A quick internet search turned up several websites that provided creative uses and recipes for leftovers; Alice Henneman, moneysavingmom.com; cheaphealthygood.blogspot.com; getrichslowly.org; budget10.com and creativehome-

making.com. Most of these sites acknowledge people don't like to eat leftovers, but they do provide innovative ways to use the food left in your fridge. By using leftovers you can reduce food costs, optimize the health quotient of your lunches and decrease the time it takes you to prepare your lunch.

Consider the article in cheaphealthygood.blogspot.com. They describe the Three Rules of Leftovers MSR. Make more than enough. Save the extra. Repurpose it later. If you make more than enough, you might just get two, three or more meals to eat. Save the extra, don't throw food out. Portion it into individual servings and store it in the fridge or freezer. Label and date it to keep the guesswork out of your next meal. Finally, consider repurposing your meal. Think of how much money you can save if you bring your leftovers to lunch the next day. Your officemates will be envious and you won't be eating restaurant food or paying too much for something you could make yourself.

Moneysavingmom writes about turning grilled chicken into chicken enchiladas one night and casseroles an-

other. Extra hamburgers become Sloppy Joe filling one day and chili another. Her family now considers it a challenge to come up with creative ideas for leftover food.

Budgeting101 suggests cooking extra roast beef and gravy one night and having open-faced roast beef sandwiches with salad later that week. Extra mashed potatoes could be potato pancakes later on or even the topping for Shepard's Pie.

On the getrichslowly website they suggest putting together a leftovers' list and posting it on the fridge. Include the date, the name of the dish and how many servings are left. And this can work with not just homemade leftovers. What about that bag of leftovers from a restaurant that you usually forget to eat? I hate to think of how many times I've thrown out a portion of meat that got buried in the back of the fridge and no-one thought to open the container to see what was there. A list (you might even have to include the location of the dish) might help the non-cookers in the house find something different to eat than sandwiches or cold cereal.

Finally Alice Henneman, an Extension Educator from University of Nebraska-Lincoln, has a great idea for dealing with all the leftover turkey from your holiday meals. Start with a recipe for a basic turkey soup that then takes on a different flavor depending on what ingredients are added. You can download the "Soup"er Soups from Turkey Leftovers fact sheet at <http://bit.ly/vnRk6K>.

The National Turkey Federation just published a yummy recipe for Asian Turkey salad that will make you forget the need for stuffing and cranberry sauce. Check out their web site at www.eatturkey.com or type in this link <http://www.eatturkey.com/recipe/recipe.cgi/0/11603>

I can hardly write this article without a comment on the safety of leftover food. Start by cooking food to the correct temperature 160°F for ground meat and 165°F for turkey or chicken as measured by a food thermometer. Make sure you refrigerate or freeze food within two hours of cooking. Don't worry; your modern fridge will cool it down quickly. When you get ready to use food again, always reheat food to 165°F. If you aren't going to eat leftovers within three or four days, freeze the food.

So, along with healthier eating, let's save some money and time by thinking ahead to what we can do with our leftovers. Tell your family that in answer to the classic "What's for Dinner?" question your new answer is "Planned overs." Enjoy.



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WHERE: Haverhill Cooperative Middle School Gymnasium
 1st and 2nd grade 8:30-10:00 AM
 3rd and 4th grade 10:15 -12:00 PM

WHEN: January 7, 14, 21, 28 and February 4, 11th

Sign up is Wednesday, December 28th from 5-7pm in the James R. Morrill Building. The cost will be \$15 if you register on or before the sign-up date.

T-shirts will be handed out at registration.

After the deadline the fee is increased to \$20.

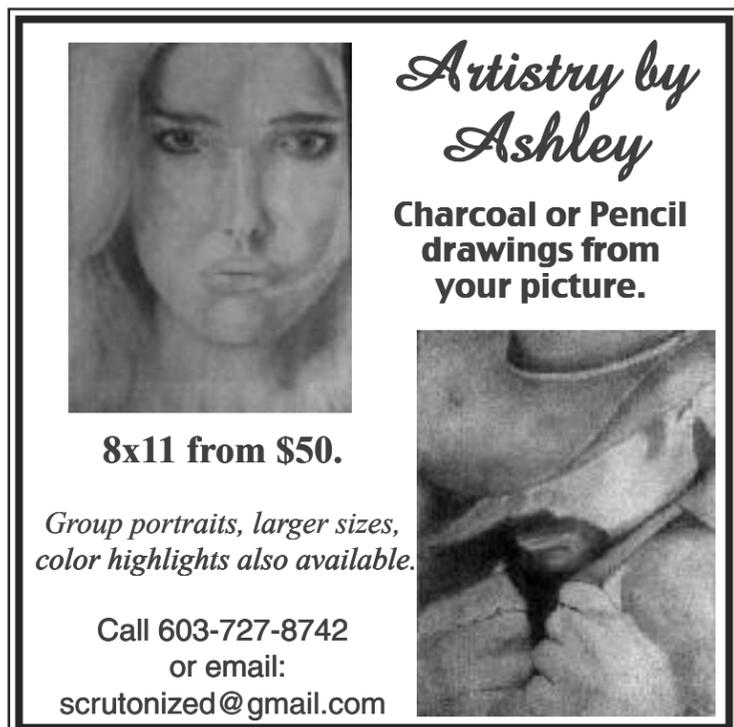
Checks payable to the Haverhill Recreation Department.

Children encouraged to bring their own basketball marked with your name!

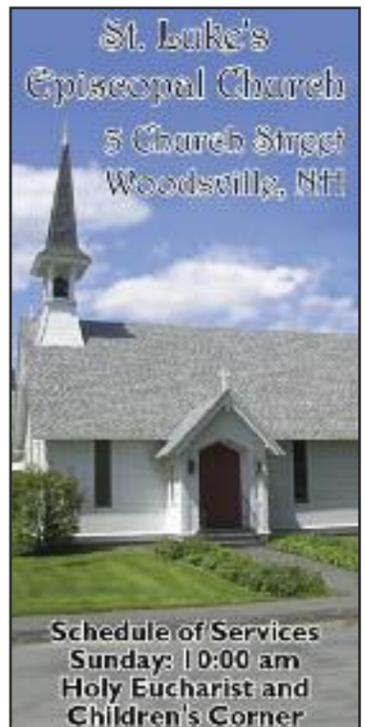
Schedule is subject to change! Any cancelled dates due to inclement weather will be noted on WYKR and/or you can listen to a pre-recorded message at the Recreation Department 787-6096



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In Vino Veritas – Champagne

“In Wine There Is Truth – And Beauty – And Bubbles If You’re Lucky”

By Robert Roudebush

The best thing about Champagne is how great it is for special occasions.

The worst thing about Champagne is how too many of us think how great it is ONLY for special occasions.

“It has been said that you can have too much champagne, but you can never have enough. The most festive of wines, champagne, adds gaiety and distinction to any occasion at which it is served. Unfortunately, most of us drink champagne only at crowded receptions where we enjoy its convivial effect without the chance to appreciate its quality. Although fine champagne is never cheap, it is no more expensive than a good bottle of Burgundy, or California Chardonnay, and the appearance of a bottle of champagne at any gathering is greeted with pleasure and enthusiasm.” Alexis Bepaloff’s New Signet Book Of Wine

This gift of the gods of agriculture and wine specialists in France is the result of a happy accident long ago – Man started it and nature completed it, then Man began to refine it. More about that later. Twice before in this TRENDY TIMES space we have talked about wine - first what it is and how it is made, and second, how you can get the wine you want any time you want it.

CHAMPAGNE IS NOT THE SAME THING AS SPARKLING WINE, RIGHT?

Right. Genuine Champagne is made only in France in a geographic area called Champagne, about 90 miles northeast of Paris, in cities like Epernay, and Reims. Champagne is called a sparkling wine because it has bubbles in it. The winemaking process that creates that natural carbonation is a fairly exacting process of complicated steps, first introduced in the 18th century. All Champagnes are sparkling wines, but not all sparkling wines are Champagne.

SO, WHEN I WANT THE BUBBLES, I SHOULD ONLY BUY GENUINE FRENCH CHAMPAGNE?

No way. There are lots of good sparkling wines made here in America, in California and Washington State, for example, or Spain and Australia. I recently priced some of them right here in the Haverhill area at a State Liquor and Wine Outlet - FREIXINET from

Spain, two bottles for \$16.00; DOMAINE ST. MICHELLE from Washington State, 2 bottles for \$18.00; CHANDON from California 2 for \$25.00, or \$14.99 each Even well-known Korbel from that state, (at \$13 or \$14) is so good for the money that it tells you on its label what you should be looking for – the words METHOD CHAMPENOISE, or METHOD TRADITIONELLE, all meaning made in the CHAMPAGNE METHOD. The producers have gone to the expense to make sparkling wine in the same demanding way that the French make Champagne. The words CHARMAT process tell you that a bulk method of production, a less authentic one, has been used. In that same wine outlet location, genuine French bubbly costs between \$30 and \$40.

CAN YOU RUN THAT GENUINE PROCESS BY ME, KEEP IT SIMPLE?

Sure. Various existing still wines are blended (that means a CUVEE) in order to maintain a consistent style and taste year after year in the great names of Champagne – the most famous of which is Dom Perignon.

When that blend is put back into bottles, the real magic begins, called SECOND FERMENATION. A little bit of sugar syrup is added to the wine, along with yeast before the bottle is capped to start this secondary process. Then the carbon dioxide newly created, that would nor-

mally escape into the atmosphere is now imprisoned and combines with the wine. Now you got your bubbles. That takes two to three months. Then the bottles are left to mature in magnificent underground cellars, 400 to 700 million bottles at a time. Other important steps follow, called RIDDLING and DISGORGEMENT, but you have the idea. The word BRUT on the bottle means it is dry, while SPUMANTE, as in ASTI SPUMANTE, or DOLCE, means the sweetest you can buy. There are levels of sweetness in-between those two descriptions, confusingly called DRY and EXTRA DRY. BLANC DE BLANCS on a label tells you the wine is made purely from white wine grapes. BLANC DE NOIRS on the other hand tells you your sparkling wine is made from dark grapes. Pink Champagne, or Rose Champagne, blends both red and white wine.

SO WHAT’S FERMENTATION AGAIN, FIRST FERMENTATION?”

Not paying attention to previous TRENDY TIMES wine articles. Fermentation is the process where naturally occurring sugar and yeast from the grape combine to create two other chemicals – one is alcohol, and the second is carbon dioxide, which naturally escapes into the atmosphere.

GOT IT. SO CHAMPAGNE GETS ITS NAME FROM AN AREA CALLED CHAMPAGNE?



You ARE paying attention to those articles. Yes true. Just like luscious Burgundy wine comes from a central region in France called Burgundy, a crisp light white called Chablis from the region of Chablis, and full-bodied reds called Bordeaux come from, you guessed it, Bordeaux in the southwest of France.

WHAT’S THIS ABOUT CHAMPAGNE BEING THE RESULT OF AN ACCIDENT?

In a Benedictine Monastery long ago, the cellar master there noticed that the still wines made in that area called Champagne often developed a sparkle in the spring following the vintage. What had happened is that not all of the natural grape sugar had been transformed into alcohol at the time of the vintage be-

cause early winters tended to stop fermentation before it ran its course. When warmer weather returned in the spring, the remaining traces of sugar began to referment and the wines in barrel took on a natural effervescence. That monk cellar master helped devise a better way of creating and retaining the natural sparkle. He also seems to have realized that a more harmonious sparkling wine was obtained if the grapes from various vineyards were blended together. So he established the concept of CUVEE, the blend. He was named Dom Perignon.

(Editor’s Note – Roudebush functioned as a wine specialist for years in the restaurant business and submits occasional pieces about the wonderful world of wine)

Not all Times are Trendy but there will always be Trendy Times

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Pearl Harbor Day December 7, 1941

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Army	233	
Civilian	48	

Personnel Wounded	United States	Japan
Navy	710	Unknown
Marine Corps	69	
Army	364	
Civilian	35	

Ships	United States	Japan
Sunk or beached *	12	5
Damaged	9	

Aircraft	United States	Japan
Destroyed	164	29
Damaged	159	74

*All U.S. ships, except the USS Arizona, the USS Utah, and the USS Oklahoma, were salvaged and later saw action.

*Figures are subject to change according to new evidence.

Booked Solid Hosts A Children's Christmas Storybook Launch

By Marianne L. Kelly

Bradford, VT—The spirit of Christmas was evident at Booked Solid as owner, Jasmine Bussing hosted the launching and signing of "Helping Santa... My First Christmas Adventure with Grandma."

On hand to personally sign each book was its illustrator, Bert Dodson while publisher Carole Bellew of Bunker Hill Publishing read the story to about a dozen visitors.

The story whose author is unknown, tells of a young lad who rushed to his grandmother's house after his sister told him there was no Santa Claus. His grandmother angrily assures him that this rumor has been going on for years, and takes him to Hill's 5 & 10 Variety Store. She gives him ten dollars and tells him to buy something for someone in need.

After much thought the young boy, who had never shopped alone in his life, or had ten dollars to spend, remembered a classmate who was always home from school, "sick with a cough," but in fact did not own a warm winter coat.



Bunker Hill Publisher Carole Bellew reading a story at Booked Solid. Several other titles are available at your local book store from Bunker Hill Publishing.

The story is about the joyous gift of giving from the heart and the Santa Claus spirit residing in each of us.

A story that needs to be heard Carole Bellew who with her husband IB owns Bunker Hill Publishing in Piermont, NH. "When I first discovered this story, I realized that it was one that needs to be heard, and we can all carry the spirit of Santa with us and be his helpers whenever we see someone in need."

She has no idea where or how the book originated, but

became acquainted with the story at a Philanthropic Educational Corporation (PEO) meeting. "I fell in love with it and wanted to make a book out of it," said Bellew. She went to the Library of Congress web site and found that it had not been published and decided, "to go for it."

According to Dodson, poor people, and those who open their hearts and pocket books to help them have experienced this story many times. Both Bellew and Dodson believe the story takes place in the 1950s but not sure if it is truth or fiction. "When else could one buy a warm coat for \$19.95?"

Bellew believes that in spite of the popularity of e-books and electronic readers, "We cannot stop producing books and newspapers. In this e-book market, I feel that grandparents and parents will still want to read books to their children."

A percentage of the proceeds from sales of this book will be donated to One Warm Coat, a nationwide organization that makes sure that everyone who needs a warm winter coat can get one easily and free of charge right in their own hometown.

In addition to "Helping Santa," Booked Solid has many other children's books and gifts for Christmas giving. What better gift to give someone than a book with a wonderful story, illustrated by a local artist, published by a local publishing company and conveniently available right on our own Main Street.

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Bradford Conservation Commission

The final Bradford Conservation Commission's First Monday of the Month Movie Series film was screened on Monday, December 5 at 6:30 pm at Colatina Exit Upstairs.

A synopsis of "The Last Mountain" follows: "In the valleys of Appalachia, a battle is being fought over a mountain. It is a battle with severe consequences that affect every American, regardless of their social status, economic background or where they live. It is a battle that has taken many lives and continues to do so the longer it is waged. It is a battle over protecting our health and environment from the destructive power of Big Coal."

A sample trailer of the film can be viewed at <http://thelastmountainmovie.com>.

If you weren't able to make it to a screening of an award-winning film earlier this year that was part of the Bradford Conservation Commission's First Monday of the Month Movie Series, not to worry - you can now borrow them to view at home. Bradford Conservation Commission has donated to the Bradford Public Library the following DVDs:

"TAKING ROOT" - The Story of 2004 Nobel Prize winner Wangari Matthai, who founded the Green Belt Movement in 1977 which planted tens of millions of trees. Sadly, Matthai succumbed to cancer this year at the age of 71;

"FRESH" - a film about a movement away from agribusiness and toward sustainably produced wholesome food;

"VANISHING OF THE BEES" - about the phenomenon known as colony collapse disorder that has brought beekeepers to crisis in an industry that relies on bees to pollinate crops that account for one out of every

three bites at our tables. "MOTHER NATURE'S CHILD" - this film explores nature's powerful role in children's health and development through the experience of toddlers, children in middle childhood and adolescents.

"EARTH- THE OPERATOR'S MANUAL" - DVD and Book - Hosted by Dr. Richard Alley, of the Earth and Environmental Systems Institute at The Pennsylvania State University, who shows how human activities have dramatically influenced Earth's climate and how human activities can lead us to a more sustainable future.

Funds for the purchase and licenses of these films were provided by a grant to the Bradford Conservation Commission (BCC) from Central VT Public Service Corporation and donations from attendees at the First Monday of the Month Movie Series.

Haverhill Corner Library Announces Books & Music Holiday Dessert Tea

HAVERHILL, NH—The Haverhill Corner Library will hold a Holiday Books & Music Dessert Tea on Saturday, December 10, 2011 from 3:00 to 5:00 PM, the library has announced.

The tea will be held at the General John Montgomery Homestead, at the intersection of routes 10 and 25 in Haverhill. Admission will be by donation, with a suggested donation of \$8.00.

Holiday shoppers in need of a break and perhaps some gift ideas will be able to relax with tea, coffee, and holiday desserts in the calming atmosphere of a carefully restored 18th-century home. In addition, they will pick up suggestions for the book lovers on their gift lists by browsing displays of titles recommended by library staff, trustees, and friends.

Seasonal music will add to the holiday atmosphere, and library trustees will be on hand to encourage discussion of books and authors.

"We envision this time as a respite for our patrons during the busy holiday season," notes library trustee John Landrigan. "It will be a chance to take a break, enjoy refreshments, and talk about books with friends and neighbors.

"We are enormously grateful to Mary and Bill Emig, who will host this event in their beautifully restored home. The 18th-century atmosphere of the Montgomery Homestead is

guaranteed to sooth even the most frazzled holiday nerves."

For more information, visit the library's web site at hliba.blogspot.com or call 603-989-5578.

BUDGET LUMBER

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Calendar of Events

This is a full page of Calendar of Events for local non-profits. Courtesy of Trendy Times.
Put **YOUR FREE** listing here!

SUNDAYS

CRIBBAGE TOURNAMENT

1:00 PM
American Legion Post #83, Lincoln

OPEN GYM

1:00 PM – 3:00 PM
Morrill Municipal Building, North Haverhill

MONDAYS/THURSDAYS

NORTH COUNTRY YMCA AEROBIC FITNESS CLASS

6:30 PM
Woodsville Elementary School

WEDNESDAYS

BINGO

6:30 PM
Haverhill Memorial VFW Post #5245
North Haverhill

THURSDAYS

JANUARY 19 - FEBRUARY 23

HEALTHY PEOPLE, HEALTHY PLANET:
CONNECTIONS BETWEEN OUR HEALTH
& THE ENVIRONMENT
6:30 PM – 8:00 PM
Bradford Public Library

TUESDAY, DECEMBER 6

NH STATE VETERANS COUNCIL REPRESENTATIVE

8:00 AM – 12:00 Noon
Woodsville American Legion Post #20

CONNECTICUT VALLEY SNOWMOBILE CLUB MONTHLY MEETING

7:00 PM
Morrill Municipal Building, North Haverhill

LIFE IN ORANGE COUNTY IN THE 30'S - 50'S PREMIER VIDEO SHOWING

7:00 PM
Bradford Academy Auditorium, Bradford

THURSDAY, DECEMBER 8

CRIBBAGE TOURNAMENT

1:00 PM
Horse Meadow Senior Center, North Haverhill

FRIDAY & SATURDAY DECEMBER 9 & 10

LIVE NATIVITY
7:00 PM
Christ Covenant Church
167 Creamery Street, Marshfield

SATURDAY, DECEMBER 10

6TH ANNUAL HOLIDAY BAZAAR
9:00 AM – 1:00 PM
Learn and Grow Preschool, Haverhill

CHRISTMAS BAZAAR & RAFFLE

9:00 AM – 3:00 PM
Ross-Wood Post #20, American Legion,
Woodsville

WINTER FARMERS MARKET

10:00 AM – 2:00 PM
Bradford Elementary School Cafeteria

HOLIDAY BOOKS AND MUSIC

DESSERT TEA
3:00 PM – 5:00 PM
General John Montgomery Homestead
Corner Rtes 10 and 25, Haverhill
See article on page 5

ROSS-WOOD POST #20 CHRISTMAS PARTY

5:00 PM Social Hour
6:00 PM Dinner
American Legion Home, Woodsville
See ad on page 13

SUNDAY, DECEMBER 11

GRAFTON COUNTY REPUBLICAN COMMITTEE MEETING/POT LUCK LUNCHEON

2:00 PM – 4:00 PM
Haverhill VFW Post, North Haverhill

MCLURE'S ALUMNI BAND

HOLIDAY CONCERT
3:00 PM
Monroe Town Hall
See ad on page 13

CHRISTMAS DINNER

5:00 PM
Wells River Congregational Church, UCC

MONDAY, DECEMBER 12

ROSS-WOOD AUXILIARY UNIT 20 MONTHLY MEETING

6:00 PM
American Legion Home, Woodsville

LIBRARY DISCUSSION

MS. DALLOWAY BY VIRGINIA WOOLF
7:00 PM
Haverhill Corner Library
See article on page 14

WEDNESDAY, DECEMBER 14

MONTHLY MEETING - ROSS-WOOD POST #20 AMERICAN LEGION

6:00 PM
American Legion Home, Woodsville

FRIDAY, DECEMBER 16

POLAR EXPRESS PARTY
6:00 PM
Baldwin Memorial Library
See ad on page 13

SATURDAY, DECEMBER 17

HOMEMADE CHRISTMAS COOKIES
9:00 AM – 1:00 PM
Christ Covenant Church
167 Creamery Street, Marshfield

GROTON GROWERS COMMUNITY MARKET

10:00 AM – 2:00 PM
Groton Town Hall Gym

FOOD PANTRY

10:00 AM – 12:00 Noon
Church of the Nazarene, North Haverhill

MONDAY, DECEMBER 19

HAVERHILL SELECTBOARD MEETING

6:00 PM
Morrill Municipal Building, North Haverhill

TUESDAY, DECEMBER 20

NH STATE VETERANS COUNCIL REPRESENTATIVE

8:00 AM – 12:00 Noon
Woodsville American Legion Post #20

EMERGENCY FOOD SHELF

1:00 PM – 2:30 PM
Wells River Congregational Church

FRIDAY, DECEMBER 23

HAVERHILL RECREATION CHRISTMAS CAROLING

5:30 PM – 7:30 PM
Morrill Municipal Building, North Haverhill
See ad on page 4

SATURDAY, DECEMBER 24

CHILDREN'S SERVICE

4:00 PM
St. Luke's Episcopal Church, Woodsville

FESTIVAL EUCHARIST

7:00 PM
St. Luke's Episcopal Church, Woodsville

SUNDAY, DECEMBER 25

HOLY EUCHARIST

10:00 AM
St. Luke's Episcopal Church, Woodsville

WEDNESDAY, DECEMBER 28

HAVERHILL RECREATION YOUTH BASKETBALL SIGN UP

5:00 PM – 7:00 PM
Morrill Municipal Building, North Haverhill
See ad on page 2

MONDAY, JANUARY 5

GOOD OLE BOYS MEETING

12:00 Noon
Happy Hour Restaurant, Wells River

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Deadline for submissions is Thursday, December 15th for our December 20th issue.

Tradition

By Elinor P. Mawson

While I was growing up, we went to my grandparents' for Thanksgiving dinner. They lived in the biggest house in town--28 rooms--and the dining room accommodated all 30-some odd family members. I think it was an edict by my grandmother that everyone attend this dinner because we were all there--her 6 kids, spouses and grandchildren. She cooked the turkey and the rolls (they were scrumptious) and the kids brought the rest. The adults sat at the big dining table and the grandchildren sat at another table in the bay window, and, as I remember, we loved every minute.

When the meal was done, the grownups sat at the table for what seemed like hours--talking. We kids went up to the attic--unheated--and played pool or dressed up in what we called "old fashioned clothes" which turned out to be from the twenties--and about 20 years old. Sometimes we went outside to play tag or hide and seek. Once we sat on a stone wall and I caught the worst case of poison ivy I have had before or since.

After the adults finished talking, the menfolk did the dishes, which took at least 2 hours. I don't know what the women did but I am sure it involved dividing up the leftovers

and putting things away.

This, to me was Thanksgiving.

When my grandfather died and the house was sold, we had a catch-as-catch can dinner at different venues. It was so hard to get used to eating in a different place--just as it is difficult to accustom yourself to a completely different tradition.

After awhile, we just went wherever we were invited, and sometimes we ate at a restaurant or just stayed home. By the time our kids had grown up, there was no tradition for Thanksgiving at all. We were sorry about that, but nobody seemed to want to do anything different.

Several years ago one of our sons decided his camp would make a good place for Thanksgiving dinner. Since there was no running water and only a smattering of electricity, it looked like a daunting task,

but with careful planning, we pulled it off. Our grandsons loved it, especially since their grandmother made them fudge and cheesecake and homemade stuffing. Of course most of the food had to be cooked or prepared in advance, but the turkey was roasted in the gas stove right there. We were pleased that the boys (now young men) had enjoyed it so much and talked about it all during the year and looked forward to it.

And suddenly it occurred to us that once again, there was a tradition for Thanksgiving! The people were different, the place was different, and there was no pool table or "old fashioned clothes", but we were all together as our own family, making our own way of doing things.

I guess that is how traditions are made

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December 6, 2011 Volume 3 Number 5

Christmas For Liberty House

Another year has passed and we are again collecting for Liberty House, a Homeless Veteran Shelter located at 75 W. Baker St Manchester, NH 03103. Bill Zarakotas is the Program Director for Liberty House Tel: 603-669-0761. As our troops from Iraq and Afghanistan come home LH will be a place for those vets to go. Under the guidance of Bill, they will receive, assistance with their

veteran benefits, job training, medical, clean clothes, food, a place to live and when they are ready, to get a place of their own, job, or just move on. Due to our hard winters, our last day of collection for the Winter will be December 17th.

Liberty House is in need of all foods, winter clothes, boots, socks, coats, hats, gloves underwear (new), long johns, always; back-

packs, sleeping bags, tents, blankets, anything for winter. Also if you would like to send a check, food, gift card, Hanafords, Shaws, Market Basket and Walmarts are closest to LH. For every dollar collected, they can buy \$15 worth of food from the food pantry. We are also collecting Christmas Cards (Christmas Vet) and Christmas Gifts, which both can be dropped off at 47 Bell St N. Woodstock, NH and we will deliver them with our collections. Liberty House receives no other help, except what they receive from folks like you, so thank you all, without you we could not do this. On behalf of our Veterans of Liberty House we wish all of you the Happiest of Holidays and Blessings to our troops coming home this Holiday season. Thank you all!

Roli & Nancy

Cottage Hospital Employee Of The Month



Maria Ryan, CEO presents Maggie Prescott with a check in honor of being named employee of the quarter.

Marjorie Prescott has been chosen as Cottage Hospital's Employee of the Fourth Quarter for 2011. Maggie joined the Cottage Hospital Team in September of 2008 as a Cook in the Food & Nutrition Services department.

A co-worker nominated Maggie for this honor stating, "...Maggie puts her all into her work. She is well liked and is always willing to go the extra mile to help anyone, nothing is let unfinished. She has great work ethic and is conscientious. If she does not understand something, she will work hard to find out how to do it. Maggie is an extremely reliable person." Maggie expressed that, "She was surprised to be nominated.

She enjoys helping the staff and patients and tries to make people happy and be helpful."

Maggie explained that she has lived here all her life and enjoys the North Country. She is married with two children who are grown and have moved away. Maggie and her husband enjoy camping in the summer and love spending time with family, which includes barbeques and holiday gatherings.

A party was held in Maggie's honor in the hospital dining room. In addition to a cake, Maggie received a check from the hospital and a special parking space reserved for the Employee of the Quarter.

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December 6, 2011 Volume 3 Number 5
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November 17th Field Crop Meeting In Bath

By Kristina Vaughan

As I entered the Bath Congregational Church last Thursday morning, a nostalgic aroma made me smile. The whole building smelled of freshly cooked comfort food, something that took me back to when we would gather at my grandparent's old farmhouse for a holiday celebration. Though the reason for the get together was far different, the lunchtime menu and friendly conversations were much the same. As folks arrived I heard them say to each other "How's the family?" and "How are things over your way?"

On that day, a mixture of 34 farmers, industry representatives, Farm Service Agency employees, Extension Educators, and Natural Resources Conservation Service Conservationists came to Bath to attend the third annual Field Crop Meeting. The purpose of the meeting was to provide research updates and other information regarding corn and hay production. With that goal in mind, four well-versed professionals presented topics including a research update on controlling bedstraw in hay and using small grains as an early-season forage crop (presented by Carl Majewski, UNH Cooperative Extension); the advantages of wide swath mowing in order to make haylage in one day (presented by Dan Hudson, UVM Extension); crop and Livestock Gross Margin – Dairy insurance (presented by Shantel Thomas, Crop Growers,

LLP); and using knowledge of weed ecology to minimize the need for pesticides (presented by Rich Smith, University of New Hampshire). In addition, while the featured presenters were swapping equipment in preparation for the next topic, side notes on deadlines for Farm Service Agency programs (presented by Steve Schmidt, FSA), as well as an update on a weed called Yellow Rattle (presented by Steve Turaj, UNH Cooperative Extension) were shared with the audience.

The formal portion of the day was broken up by a delicious chicken and biscuits meal provided by the folks at the Bath Church. They included little touches that appealed to this audience, such as milk instead of soda and butter instead of margarine. By the end of the four hour program, stomachs and minds were busy digesting everything from the day.

Participants were asked to complete an evaluation for the UNH Cooperative Extension planning committee. One of the questions asked: "As a result of attending today's program, please tell us the most valuable idea or practice you learned which can (or may) be incorporated into managing your farm." One survey response was "Re-conceptualizing my approach to needed weed controls". Another read: "I liked the hay in a day program – it had useful ideas".

As they packed up to



Richard Smith, Assistant Professor of Agroecology, University of New Hampshire, presented at the 2011 Field Crop Meeting in Bath, NH.

head home, I asked one participant "Did you learn something new today?", the quick response came back "Absolutely". The next gentleman I asked said, "It's not necessarily something that will work on my farm, but it is nice to hear what other people are doing out there. It gets me to thinking".

As I look back on the day I spent at the workshop I realize that for me, the PowerPoint presentations were only one small educational portion of the day. The real benefit, however, came from being in a room filled with people who have tried some of these things, for they are the ones who ask the pre-

senters questions that extract the truly useful responses that make their research findings valuable to me, the new farmer on the block.

I look forward to attending this event next year, with others who opt to take a few hours off from their busy schedules to reconnect with their neighbors, check in with some field representatives, quiz local Extension Educators, educate themselves about their industry, and eat some good, home cooked, New England style food. Until then, I'll continue to ponder how best to make the ideas presented to me last week work on our little farm on the hill.

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EVENT	DATE	DAY	TRACK	LAPS	NOTE
1	APR 15	SUN	LEE USA SPEEDWAY	150	
2	APR 29	SUN	THUNDER ROAD	150	
3	MAY 06	SUN	DEVIL'S BOWL	112	
4	MAY 20	SUN	OXFORD PLAINS	150	
5	JUN 23	SAT	WHITE MOUNTAIN	150	
	JUL 22	SUN	OXFORD PLAINS SPDWY	250	250
6	JUL 28	SAT	BEECHRIDGE MOTOR SPDWY	150	
7	AUG 11	SAT	SANAI SUPER SPDWY	100	[combo]
8	AUG 25	SAT	CIRCUIT RIVERSIDE SPDWY	200	[combo]
9	SEP 02	SUN	THUNDER ROAD	200	
	SEP 08	SAT	AUTODROME CHAUDIÈRE SHWDWN	200	[combo]
	SEP 22	SAT	NH MOTOR SPDWY INVITATIONAL	50	
	SEP 29-30	SA/SU	THUNDER ROAD MILK BOWL	150	
10	OCT 06	SAT	AIRBORNE SPEEDWAY	200	

Schedule Subject to Change

Waterbury, VT – The American Canadian US Tour (ACT) 2012 schedule will feature ten (10) point-counting events at nine different tracks. In addition, there will be four 'special' non-point counting events that most ACT teams will put on their 2012 calendars.

Lee USA Speedway in Lee, New Hampshire will continue the tradition of opening the ACT Late Model race season with the New Hampshire Governor's Cup 150 on Sunday, April 15, 2012.

Thunder Road Int'l Speedbowl in Barre, VT will host the 14th annual Merchants Bank 150 lap event to open the 53rd season at the "Nation's Site of Excitement" on Sunday, April 29, 2012. Thunder Road will present a second event over Labor Day weekend with the 34th Bond Auto Labor Day Classic 200 scheduled for Sunday, September 02, 2012.

Devil's Bowl Speedway, under the new management team of Mike and Alayne Bruno in West Haven, VT will open their season with the historic Spring Green 112 lap championship race on Sunday, May 06, 2012. The freshly paved wide half mile has become a favorite of the ACT teams over the past two years, since the conversion from dirt to asphalt.

White Mountain Motorsports Park was a charter member of the ACT Late Model touring program. Saturday, June 23, 2011 will be the 15th consecutive year that a Tour event will be held at the scenic facility in the heart of the White Mountains.

The Pine Tree State will host two events in 2012. Oxford Plains Speedway will open their season featuring a solid challenge by the very competitive weekly Late Model teams when the Tour arrives for a Sunday, May 20th 150 lap battle. Local racer, Jeff White from Winthrop, ME, stunned the ACT regular teams with a dominant win during the opening event in 2011. He went on to win the Oxford Plains Speedway Championship. The Beech Ridge Motor Speedway near the Portland seacoast will once again host a mid-summer 150 lap race on Saturday, July 28, 2012.

The Tour will head north of the border during August. A return to the SANAI

Super Speedway has teams from both the Castrol Series and the US excited for the 2012 season. The very fast tri-oval design was opened by ACT in the early mid-eighties and hosted numerous events over the decades of the 80's and 90's. The 100-mile combination event (also an ACT Castrol Series point race) is scheduled for Saturday, August 11, 2012. The return of the \$40,000 Can-Am 200 to the 5/8th mile Circuit Riverside Speedway along the St. Lawrence River across from Quebec City will be presented on Saturday, August 25, 2012.

The final point-counting event in 2012 will again be the Fall Foliage 200 at the fabulous and very competitive half mile Airborne Park Speedway in Plattsburgh, NY. The season finale will be held on Saturday, October 06, 2012.

Teams from the ACT Late Model ranks in both the US and Canada will once again have some non-point must participate events in 2012. The TD Bank Oxford 250 will have the best Late Model teams in the region competing for the 2012 bragging rights in what has been billed as the nation's richest one day short track event. Qualifying begins at high noon on Sunday, July 22, 2012.

The \$40,000.00 5th annual Showdown at Chaudière will once again challenge the best of the ACT Castrol teams against the best of the ACT US teams. A favorite event for the season's best competitors will take place on Saturday, September 8, 2012.

New Hampshire Motor Speedway will host NASCAR Cup Chase weekend over September 21-23, 2012. The 4th ACT Invitational will provide both weekly and ACT Tour teams with the opportunity to compete at the 'Magic Mile' during NASCAR Cup weekend again in 2012.

The 50th People's United Bank Milk Bowl will take place at Thunder Road on Saturday and Sunday, September 29-30, 2012. Plans for a very special 50th Milk Bowl are already in the works, including a Late Model 'mini-milk bowl' for non-qualified teams.

For additional information contact the ACT office at 802.244.6963, www.acttour.com, ormedia@acttour.com.

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They

By Sheila Asselin

Have you ever wondered who "they" are? I know I have. All I know is they seem to be everywhere. Also they know everything. They know what's good for you and what isn't. Try picking up a package of double stuffed Oreos and you will hear them saying, almost like your mother's echo from the past, "You know those are not good for you." They say you should walk more, eat more salad, and stop reading trashy novels. Not good for you.

You should not go shopping with you hair in rollers, put pink flamingos on the lawn, or say "Bah humbug" when Christmas decorations appear before Halloween. What would they say? Aren't you glad they haven't moved in next door...yet? You should not drive a 15 year old car no matter how good it is on gas. What would they think? Maybe feel sorry for you because they think you can not afford a new one.

They say we are in for a hard winter because they read it in the Farmer's Almanac. They can tell because the wooly worms are extra fluffy and squirrels hid extra acorns. Farmer's Almanac! Sounds like they wrote the Farmer's Almanac. Maybe they did. All I know is they are full of ancient folk lore. (They are also full of themselves but that calls for a whole other essay) Eat carrots they are good for your eyes. Eat the crust of your toast it will make your hair curly (no more rollers in Wal-mart). Break a mirror and you are in for seven years of bad luck. Step on a crack and you break your mother's back. When you got home from school your mother was laying on the couch moaning and popping

ibuprofen like it was popcorn. Now see what you just did. Did not listen to them and now you are sorry. Too bad. Your mother will never walk again and it is all your fault!

Always wear clean underwear. Never know when you will be hit by a truck. In every emergency room in the country the main topic on conversation is dirty underwear. Do CPR but first change the victim's underwear. Dirty underwear! What will they think? Also if you intend to go out and get hit by a snowplow make sure your fingernails are clean.

They are the final arbiters of good manners. They say you must never slurp your tea from the saucer. Bad manners! Hey, the word saucer has sauce right in it. What else were saucers in-

tended for if not world class slurping sessions.

One should always carry a clean white handkerchief. So they say. The other day when I was at a meeting of our local chapter of SOCK (Sisterhood of Community Kindness) I dipped my snicker doodle into my tea. Now tea is all crumbly. Poured tea in saucer and indulged myself in some serious slurping. Really satisfied my soul and inner karma. Our chapter president was so aghast she nearly dropped her doily! Spilled a little of the tea. Unavoidable under the circumstances. Could not locate my clean white handkerchief. Cleaned it with a wadded up Kleenex I found at the bottom of my purse. Mission accomplished and no harm done. Please don't tell them.



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ATVers- The old rail bed in North Haverhill south of Augies Take-A-Break is NEVER open to ATV riding.

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GRADE 5 – A's & B's
 Tayler Brown, Orin Ilsley, Donald LeClair, Ethan Riggie, Hannah Romprey, Tyler Roystan, Leah Rutherford, Taylor Sartwell

GRADE 6 – All A's
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December 6, 2011 Volume 3 Number 5

Not all Times are Trendy but there will always be Trendy Times

BEDCO Announces Distribution Of Assets

BERLIN, NH – Business Enterprise Development Corporation (BEDCO), a community development financial institution headquartered in Berlin, New Hampshire announced today that its board of directors has voted to dissolve the corporation and distribute its five loan funds to area lenders. BEDCO, which originally started in 1979 to provide business loans in the City of Berlin, had expanded its efforts in recent years to work with banks and other economic development partners to support community development lending throughout northern New Hampshire.

“For the past 30 years BEDCO has been committed to building and supporting northern New Hampshire’s many assets by providing financing for businesses, startups and expansions throughout the region,” said Bridget Freudenberger, BEDCO President. “Our operating costs exceed our revenue stream and our board determined the most prudent action would be to transfer our existing funds to other like-minded economic development organizations that could carry on our long tradition of serving the business interests of northern New Hampshire.”

BEDCO’s board of directors voted to distribute five loan funds of almost \$3 million, to Northern Community Investment Corporation (NCIC) and North Country Council (NCC), pending various approvals that are likely to occur by the end of November 2011.

“We were very fortunate that NCIC and NCC agreed to take on the management of these funds,” added William Andreas, Executive Director of BEDCO. “Both are well-respected organizations, equally committed to serving the interests of northern New Hampshire’s business community. The transition will be seamless for borrowers and lending partners who will work directly with NCIC and NCC representatives.”

ABOUT NCIC

Established in 1975, NCIC is a non-profit, certified Community Development Financial Institution working to address regional economic challenges. Today, NCIC continues to build partnerships while developing creative and effective solutions for individual businesses, communities and the region.

NCIC responds in a rapid and unique way to the needs of individual businesses and communities: expanding high-speed Internet access, finding affordable energy solutions, and offering financial and technical assistance for businesses of any size.

NCIC serves New Hampshire’s Carroll, Coos and Grafton Counties and Vermont’s Caledonia, Essex and Orleans Counties. NCIC offices are located in Plymouth and Lancaster, NH and Saint Johnsbury, VT. For more information visit: www.ncic.org.

ABOUT NORTH COUNTRY COUNCIL

Founded in 1973, North

Country Council (NCC) is a nonprofit regional planning agency serving 51 communities and 25 unincorporated places in the northern third of New Hampshire. In 1975 NCC was designated as an Economic Development District by the Economic Development Administration and the United States Department of Commerce.

It is the mission of North Country Council to encourage effective community and regional planning for the development of economic opportunity and the conservation of natural, cultural and economic resources. www.nccouncil.org



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Haverhill Police Department Offers Winter Driving Tips

As we again enter the season of cold temperatures and slippery roads, the Haverhill Police Department reminds drivers to leave early and drive with care. The following are tips from AAA for winter driving:

-Accelerate and decelerate slowly. Applying the gas slowly to accelerate is the best method for regaining traction and avoiding skids. Don't try to get moving in a hurry. And take time to slow down for a stoplight. Remember: It takes longer to slow down on icy roads.

-Drive slowly. Everything takes longer on snow-covered roads. Accelerating, stopping, turning - nothing happens as quickly as on dry pavement. Give yourself time to maneuver by driving

slowly.

-The normal dry pavement following distance of three to four seconds should be increased to eight to ten seconds. This increased margin of safety will provide the longer distance needed if you have to stop.

-Know your brakes. Whether you have antilock brakes or not, the best way to stop is threshold breaking. Keep the heel of your foot on the floor and use the ball of your foot to apply firm, steady pressure on the brake pedal.

-Don't stop if you can avoid it. There's a big difference in the amount of inertia it takes to start moving from a full stop versus how much it takes to get moving while still rolling. If you can slow

down enough to keep rolling until a traffic light changes, do it.

-Don't power up hills. Applying extra gas on snow-covered roads just starts your wheels spinning. Try to get a little inertia going before you reach the hill and let that inertia carry you to the top. As you reach the crest of the hill, reduce your speed and proceed downhill as slowly as possible.

-Don't stop going up a hill. There's nothing worse than trying to get moving up a hill on an icy road. Get some inertia going on a flat roadway before you take on the hill.

For more AAA tips for winter driving go to www.aaexchange.com

Haverhill Corner Library Announces Virginia Woolf Discussion

HAVERHILL, NH—The Haverhill Corner Library will sponsor a discussion of Mrs. Dalloway by Virginia Woolf on Monday, December 12 at 7:00 PM, the library has announced. This will be the third and final installment in the library's fall book discussion series, which has featured novels by British women.

The discussion will be held at the Haverhill Corner Library and will be free and open to the public.

Published in 1925, Mrs. Dalloway is one of Woolf's best-known novels. It explores British culture and society in the post-World War I era as it follows Clarissa Dalloway's travels about London on a day in June as she pre-

pares for a party she will host that evening. The novel itself, and its effects on three women, play a central role in Michael Cunningham's contemporary novel The Hours.

One of the most important writers of the Modernist movement, Woolf was a well-known literary figure during Britain's interwar period and one of the central members of a circle of writers, artists, and intellectuals known as the Bloomsbury Group. She is remembered for her novels, such as Mrs. Dalloway, To the Lighthouse, and Orlando, and for her book-length essay A Room of One's Own, a landmark of feminist writing. With her husband Leonard, she also established the Hogarth Press.

"Like her fellow Modernist James Joyce, Woolf wrote a masterpiece set in a single city on a single day in June that nevertheless incorporates the history and social dynamics of its time and place," notes John Landrigan, a library trustee. "Woolf's ability to refract an entire society through the consciousness of a single character is a remarkable achievement of empathy and creative imagination."

Copies of the book will be available to borrow from the library in advance of the discussion.

For more information, visit the library's web site at hliba.blogspot.com or call 603-989-5578.

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The Haunted Inn Littleton, NH

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(Please Note: Do NOT email me or NEPI asking where this location is. I can understand looking for a midnight fright, but we also need to protect the clients privacy as well.)

Though I have been asked to keep the name of this Inn silent, I will give you some clues: it is somewhere around Littleton, it's one of the oldest buildings in the town, and you can bet on it being rumored to be haunted. How haunted? I gave my friends over at NEPI an email asking them questions about their investigation at this confidential haunted inn.

July 28th, 2006 marked a time of celebration in the history of the Northeastern Paranormal Investigations team as this was their first investigation. You only have one time to make a first impression and they were ready. With a tape recorder and three video cameras, they were determined to see if the rumors were true. The rumors, if you are asking, is that this Inn has seen death in one of its rooms. Maids will leave rooms unattended only

to return with the TV on. Fans turn on by themselves, and a front desk bell rings when there is no one around to touch it. Most of the activity takes place in room forty-three (43). Was there any activity on this night though?

The evidence, though small compared to my experiences with the NEPI gang, proved to not be a waste of time. They did dowsing rod and EVP sessions that showed mixed results in room nineteen (19) where the death occurred. They also heard footsteps in the hall which was very peculiar as the floor is carpeted. After a few days or so, they went over evidence and saw a white orb coming down the hallway, but who can say it wasn't a bug or dust or something? We do have a saying in NEPI and that is, "Orbs smorbs." They also saw the light in room forty-three go off and then on when nobody was present and it happened it again!

Is the Inn haunted? They said they were excited as it was their first investigation, but

they said what they really needed was me to get the spirits to come out, and that my incredible presence in the group wouldn't become true until October 2009, two years later. Okay, guess which part I made up. In all seriousness, they said they can't come to the conclusion if it's haunted or not as there was guests still at the inn during the investigation walking around.

Which reminds me: If you feel like you have any spirits in your house and would like to have NEPI come in to do an investigation, feel free to contact Anthony at 444-7142. We're willing to travel to Vermont, so our neighbors from the west shouldn't delay to call! Also, we're open to inviting some more investigators in our group, if interested give the same phone number a call. Just please remember, we have lives and regular jobs just like everyone else, so we may not be able to get back to your right away, but we will.

If you want more scares, go to my website: scaredsheetlessncn.blogspot.com

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By Ronda Marsh

Cranberry / Orange Sauce For The Holidays

This Thanksgiving, I decided to try making my own Cranberry Sauce. I had read some recipes and seen cooks on TV do it, and it looked pretty simple. Besides, could it be any worse than that creepy jellied stuff that slithers out of the can and onto the plate with a weird sucking noise? I didn't think so! Thus began my search for just the right recipe. I quickly discovered that there are a lot of variations on a theme here; some folks like it pureed and jello-like, while others like a whole-berry sauce. Still others add nuts, apples, or raisins to the mix, or even a shot of liquor. Personally, I've always liked how a little orange flavor mellows things out a bit when paired with the tartness of the cranberry. So I took what I liked best from several recipes and came up with my own version. Not only did it come out better than the canned stuff, but it far surpassed my expectations. The fresh cranberries pop open as they cook down with the sugar, retaining some texture and providing little bursts of flavor as you chew. And let me tell you about the beautiful color of this sauce! Sitting on your table, it looks like someone spilled magnificent rubies into a serving dish...truly an

edible decoration! This recipe makes about 2 cups of sauce, enough for dinner and then some. It's sure to be delicious in a turkey sandwich the following day, or as a glaze for a ham steak. And, since it will keep for a week or so in the refrigerator, it will give you an opportunity to dream up all sorts of uses for it. So, if you know anyone who's in the market for a few cans of store-bought cranberry sauce, just let me know. I'm cleaning out my pantry and making it myself from now on!



- 1 (12 oz. bag) fresh cranberries
- 1 cup sugar (plus a little more, if needed)
- 1 naval orange
- water
- 1/2 teaspoon cinnamon

Rinse and pick over the cranberries. Place berries in a saucepan, along with 1 cup of sugar. Grate the zest from the orange and set aside. Halve and juice the orange in a one cup measure. Add water to the juice to measure one cup. Add to the berries and sugar. Bring pan to a boil over medium high heat, stirring occasionally to dissolve sugar. Continue to boil at medium heat for 7 to 10 minutes, until the berries have all popped, and the mixture is somewhat thickened. Taste and add more sugar, if needed. Remove from heat and add the reserved grated orange zest and cinnamon. Allow to cool, then store in refrigerator for up to a week.

Not all Times are Trendy but there will always be Trendy Times

December 6, 2011 Volume 3 Number 5

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