

# TRENDY TIMES

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## RESTORATIVE JUSTICE

### Proven Pragmatism In Dealing With Youthful Offenders

By Robert Roudebush



It hurts to be smacked with the truth. Remember when you were a kid and your old man would catch you doing something wrong and instead of slapping you or kicking you in the ass he'd pummel you instead with hard-eyed questions that embarrassed you and either made you blush or made your face pale with fear? And then he made you do some work to correct what you had screwed up? He made you make it right for the one you'd offended. Those questions and the feelings they caused stung more than blows, and the lessons lasted longer. I know, believe me. Maybe it wasn't your Dad, but your Mom, or a sharp aunt or uncle, maybe even a teacher or principal or an older brother or sister. Whoever it was, you never forgot and probably you learned and took a new road. It's called growing up with guidance.

That old-style approach tells you something about the basics of "Restorative Justice". What would you say to a 93% success rate? That figure means that of the number who enter the program, only 7 percent drop-out or re-offend after completing it. It's a new way of handling juvenile offenders coming soon to a Grafton County Courtroom near you and it is simultaneously cutting-edge contemporary and as old as the generations of your family. And you could be part of it.

RJ is the region's sole juvenile court diversion program,

and it might be summed up as simply as confronting the young lawbreaker with "admit it and fix it" instead of "give me money" (a fine) or "I'll lock you up" (incarceration). Fines for young offenders are often paid by parents or other family members – with little or no pain to the perpetrators - and putting a young person into jail too often is the first step into "frequent flier" repeat offender status, the revolving door of in-and-out jail time. That's time-consuming, not to mention life-eroding, and it ends up costing a lot of taxpayer dollars as well. This traditional type of court-appearance system is often referred to as "retributive justice", or "offender-centered" justice, or "punitive justice". Common risk factors contributing to delinquency have been identified as substance abuse and mental health issues, poorly developed social and decision-making skills and complicated family issues.

#### VICTIM-CENTERED JUSTICE

Haverhill residents learned first-hand recently about RJ, from Jay Apicelli. He's a seasoned law-enforcement professional, with 25 years in Juvenile Justice corrections as a supervisor in probation and parole, and as an administrator of the John Sununu Youth Services Center. He is currently the North Country RJ Coordinator, and a facilitator with CADY, Community for Alcohol and Drug Free Youth based in Plymouth, New Hampshire. The event took

place December 17th at a "Dessert Dialogue" at the Grafton County Drug Court Building Conference room for an over-flow crowd. Folks were there for the viewing of an effective documentary film and discussion and Q and A with Coordinator Apicelli. Mr. Apicelli spoke of "Victim-Centered Justice" - which provides a second chance for first-time youth offenders to take responsibility for their actions, to require accountability to the victim and for the restoration of losses.

Session attendees included law-enforcement personnel, at least one corrections officer from Grafton County House of Corrections as well as staff members from area schools and Haverhill town Officials and members of the Select-board. There were also participants from other state regions who shared their experiences with the alternative approach. All reported success. Grafton County Attorney Lara Saffo appeared briefly and effectively to address county efforts to expand RJ to the northern part of Grafton County.

#### BROKEN WINDOWS LEAD TO OPEN DOORS

The film was called "Beyond The Broken Windows" and is the depiction of a true-life incident involving a young perpetrator who hurled bricks into a family's home. It graphically communicated the impact of such an act of vandalism and assault on various affected people, the perpetrator himself, the victims and the rest of the community. RJ involves the

creation of a volunteer "restorative panel" process which oversees case referrals from start to finish. Referrals may be made by police, the courts or schools. The panels formulate "restorative contracts", or "reparative agreements". The contracts/ agreements confront youngsters with what they've done and insist that they fix what they broke, return or replace what they stole. This means restitution, a written apology to victims, and community service. It's today's version of plain old-fashioned parental tough love.

#### ACCOUNTABILITY = TRANSFORMATION

Such volunteer panels may typically include the perpetrators who have agreed to participate, the victim or victims, teachers, and responsible adults from the community who care to be involved. In cases where for one reason or another, the victim does not care to participate, the panel includes an advocate who presents the victim's point of view. A bonus of this RJ approach is that it prevents escalation of juvenile crime into more serious crime – thereby saving lives and money – by connecting youth and their families with needed services, many for the first time. This article includes information below on who to contact and how for more information or if you wish to become an active part of this Grafton County initiative.

We're talking minor offenses here, misdemeanors not felonies – crimes of petty theft or property damage, van-

dalism, not violent or sexual assaults. Because of so much positive feedback in recent weeks, training for this program is set to begin in the Grafton County Court system as soon as January. RJ has been operating with success recently in the Plymouth region, and even after some recent funding challenges, is continuing there.

#### IN YOUR FACE QUESTIONS

Coordinator Apicelli explained in no-nonsense terms what RJ does and how it does it. He pointed out that RJ practices are highly coveted as being effective and life-changing methods for all stakeholders involved because they help hold youth accountable for their actions and at the same time address at-risk behavior. At community panel meetings, questions asked of the offender include:

- What happened?
- What were you thinking of at the time?
- What have you thought about since?
- Who has been affected by what you have done? In what way?
- What do you think you need to do to make things right?

Contact Jay Apicelli at 603 536 9793, or japicelli@cady-inc.org, or write to him at 94 Highland Street, Plymouth, NH, 03264. Another good contact is Kathleen (Katy) Shelton, 603 787 2291 (will also put you in touch with Mental Health Court) or write her at 3785 Dartmouth College Highway, Box 7, North Haverhill, NH 03774.

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# TRENDY Dining Guide

## Lyndon Buffet

By Gary Scruton

There are several Chinese restaurants in the readership area of Trendy Times. But one of my favorites is Lyndon Buffet. They are right on Route 5 less than a mile from the Interstate in Lyndonville. There is a good sized parking lot, there is a very accessible ramp to the front door, and the staff seems pleased to have you stop in.

Don't let the name of Lyndon Buffet fool you, though. They are much more than just a buffet. There is a full menu for lunch and dinner. And as an added bonus there is a great website where you can order a meal to go, or to set up a delivery (limited to a 5 mile radius of the restaurant), or simply to save time if you plan to stop in and are in a hurry. The web site allows you to set up an account so that the next time you order, the pricess is even quicker.

Regarding that lunch menu. It is available from Monday thru Saturday from 11:00 am until 3:30 pm with a nice variety of choices all priced under \$6.00. The variety includes your choice of rice along with chicken, pork, beef or even shrimp dishes. You can top that meal off with something from the desert bar, and of course they offer a full variety of beverages.

Lyndon Buffet is open

until 9:00 pm five days a week and until 10:00 pm on Friday and Saturday. And the evening menu includes most all of your favorite Chinese dishes. There is a wide variety of chicken, beef and shrimp dishes.

But the name is indeed Lyndon Buffet, not just Lyndon Chinese. That means that for lunch or for dinner, you can show up and enjoy an all you can eat meal of a vast array of foods. Of course there is always white rice as well as fried rice to start with. (I choose the pork fried rice any time I can). Then move along one of the two hot buffet lines (they are both about twenty feet long and with foods on both sides, that means about 80" of food!) and see what other items tempt your taste buds. Of course you can also grab a bowl and start with some soup. There is usually also a pan of pizza for those less traditional Chinese appetites.

And like any good buffet, you can go back for a second or third trip and try something different, or just load up a bit more on that taste that you so love.

But be sure to save some room. Because Lyndon Buffet also has a very full dessert area. From ice cream to strawberries, and other delights there is sure to be something to top off your meal.

For those in a hurry, or who want to take something home to eat, you can also partake of the buffet. Just ask for a to go box, then walk around and fill it up. You are charged by wight (with some minor restrictions). And off you go to enjoy it at home or in the car.

So if you are out for a drive, or live close to Lyndonville, put Lyndon Buffet on your list of stops for a delicious meal. The food will satisfy and the price will bring you back.



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## TIPPING

By Gary Scruton

I'm not sure that this section is totally needed but there does seem to be some who still question how much to tip when going out to eat. There are several ways to look at this question. One is that most wait staff do not earn minimum wage. State laws allow them to work for much less with the idea that they will make up the difference with tips. In the scenario it is assumed that a waitress will receive about 15% for each table served. This says to me that a 15% tip is basically the minimum tip that one should expect to leave for a wait person who

has done their job of serving you (period). It should not be considered that a 15% tip is something more than just that, the minimum. Therefore when you get a wait person who goes above and beyond, is helpful, willing to offer suggestions, or able to grant special requests, a bonus (like you would hope to receive at your job) would be realistic. How much that bonus amount should be is strictly up to the person leaving it, but again should be based on the job done, and the attitude with which it was done.

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# North Country Chorus Presents Madrigal Dinner 2014 3

Tickets are still available through Catamount Arts for the 33rd Annual Madrigal Dinner presented by the North Country Chorus. It will be held on January 17, 18, and 19 at the Town Hall in Monroe, NH. Performances begin at 6:30 pm on Friday and Saturday and at 4:30 pm on Sunday.

This year's production, "The Queens Play," revisits the 16th Century reign of Elizabeth I. The action takes place at Kenilworth Castle, home of the Earl and Countess of Leicester, where the Queen's nobles compete for her favor.

Enjoy their best efforts to regain her majesty's confidence by means of music, dance, magic, and a sumptuous feast! The entertainment will include a production of the unintended comedy "Pyramus and Thisbe," reputedly written by the up-and-coming playwright Will Shakespeare.

David Kyle of St. Johnsbury will portray the Jester. Queen Elizabeth will be played by Sage M. Couture, of Littleton. Bob Mead of Haverhill will recreate the role of Robert Dudley, Earl of Leicester. Alan Rowe of St. Johnsbury is the musical director.

Monroe native Edith Anne Emery and her team of scullery maids are planning a delicious full-course dinner.

Tickets are available only by advance sale through Catamount Arts. There are three ways to purchase - and select your own seats: 1) Online at [www.catamountarts.org](http://www.catamountarts.org); or 2) by phone: 802-748-2600 or 888-757-5559 (Toll Free); or 3) in person at the Catamount Arts box office at 115 Eastern Ave, St. Johnsbury, VT.

Note on accessibility: The

Monroe Town Hall is handicapped-accessible, but use of the lift requires prior arrangements through Claire Mead.

For more information, visit

[www.northcountrychorus.org](http://www.northcountrychorus.org) or contact Claire Mead via email ([claire.mead@alumni.duke.edu](mailto:claire.mead@alumni.duke.edu)) or phone (603-989-5523).

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## Old Church Theater Auditions For February Play In Haverhill Corner

Bradford, VT: Old Church Theater will hold auditions for its February play, "Bell, Book and Candle" by John Van Druten on January 11 and 12 at 2pm in the basement of the Congregational Church on North Main Street in Bradford, Vermont (next to the theater). There are parts for 2 women and 3 men, ranging in age from the 20 to 50. Directed by Peter Richards, this play is scheduled to be staged at Alumni Hall in Haverhill Corner, NH on February 21, 22 & 23 and February 28 and March 1 & 2. Auditions are open to all. For information or to borrow a script, call the director at 802-222-5801, or visit the website [www.oldchurchtheater.org](http://www.oldchurchtheater.org) for more information.

"Bell, Book and Candle"

is the charming, funny and romantic tale of a modern-day witch using her powers to cause a man to fall in love with her and was made famous by the 1958 movie which featured Jimmy Stewart, Kim Novak, Jack Lemmon and Ernie Kovacs (and rumored to be the basis for the TV series "Bewitched"). The original 1950 Broadway play featured Rex Harrison.

"Bell Book and Candle" is the second time the Old Church Theater has presented a production away from their home theater in Bradford: Together with Court Street Arts they partner to present a "cabin-fever reliever" in the depths of winter to augment their normal five play season that runs from

May to September.

Old Church Theater is a non-profit community group based in Bradford, VT.

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**New HAMPSHIRE HOUSE UPDATE**  
By Rick Ladd

As we begin the 2014 Legislative Session on Wednesday, January 8, it is important that state representatives and senators reflect upon the accomplishments of 2013, and continue to promote legislation that strengthens communities and our economic condition. Political posturing or unwillingness to work together should not compromise or detract from finding long-term solutions. The most important accomplishment last year was the overwhelming bipartisan support for a balanced budget that among other positives, directed needed

funding to the University System of New Hampshire. A number of differing, retained bills will be discussed and voted upon during the upcoming three weeks. Some of the issues slated for action include: (1) the legalization and regulation of marijuana, (2) minimum of three required math courses with an additional year of embedded mathematics for high school graduation, (3) labeling of genetically engineered foods and agricultural commodities, (4) directing the SEC (NH Site Evaluation Committee) to give preference in its permitting

process to the burial of large transmission lines, (5) establishing the game of keno and allowing licensed business to operate games between 11:00am and 11:00pm, (6) consumer interest rates on title loans, (7) in-state tuition (University System New Hampshire), and (8) Medicaid expansion. These are just a few issues among the 140 bills to be considered in January.

As mentioned above, every bill deserves an open mind. I am the sponsor of the bill requiring high school students to use math during each year prior to graduation. Some may ask, "why?" First, the bill supports the Department of Education in the position that every high school student must satisfy the three-credit math requirement. In addition, if a student opts not to take a fourth year math course, the student must then enroll in another class such as science or technology in which math is embedded and approved by the local school board. The New Hampshire Community College System has also communicated that 65-70% of students planning to attend state community colleges are unprepared for college level mathematics. Nearly 63% of those requiring remedial math fail to earn a degree. At \$550 to \$730 per course, the cost of remediation quickly becomes unaffordable, and we are obligated to best prepare all students for career and college opportunities.

As always, I welcome your input and look forward to representing Haverhill in Concord during 2014.

**New HAMPSHIRE HOUSE UPDATE**  
By Rick Ladd

NH Representatives have statutory responsibility to represent citizens in matters of state and county government. County business is often overshadowed by front page issues addressed by the General Court; however, county business often impacts family or local concerns closer to home and of course, your wallet. When I first look at my property tax statement, the bottom line figure is what catches my eye. Like many communities, Haverhill's statement provides specific tax rate information for: town, county, local school, state education, and precinct. Within Haverhill, your bottom line tax rate may be anywhere from 26.86 to 31.26 depending upon the village precinct in which one resides.

Since 2007, the county portion of the tax rate has hovered between 1.19 and 1.6. In comparison to the other areas of taxation, the county tax is the lowest, but certainly necessary. We value services provided by the nursing home, care to our elderly and service organizations, the county court system, the sheriff's department, and more.

It is the responsibility of the 27 Grafton County Representatives to thoughtfully approve the annual Grafton County budget and when necessary, to fill county commissioner vacancies, such as the current District 2 vacancy previously held by Commissioner Ray Burton.

Grafton County comprises 38 towns, 1 city, 1 unincorporated area within the

county's 1,747 square miles. The full delegation, 27 NH representatives, elects an executive committee comprised of 9 representatives who have the responsibility of meeting monthly. Representative Andrew White of Lebanon chairs the executive committee and the Vice Chair is Representative Rick Ladd, Haverhill. On January 6, the executive committee will meet for the purpose of interviewing five District 2 applicants for the vacant commissioner position. Those to be interviewed include: Richard Long (Bath), Michael King (Haverhill), Linda Lauer (Bath), Denis Ward (Monroe), and Peter Glenshaw (Lyme). Applicants will be asked questions relative to their communication skills, fiscal understanding and handling budgets, attitude toward social service programs, experience in public office, knowledge of county departments, personnel skills and more. The annual salary for the vacant commissioner position is \$10,782.04.

The executive committee will submit a recommendation(s) to the full delegation for action on January 27. Executive committee and delegation meetings are open to the public. It is important that the vacant commissioner position be filled as soon as possible as the Grafton County budget preparation process for FY15 is upon us.

Not all Times are Trendy but there will always be Trendy Times

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# From The Desk Of NH State Senator



Dear Constituents,

I'm pleased to report that the state of New Hampshire is headed into the New Year in good financial shape—probably the best shape we've been in for years. Thanks, in large part because of a Republican legislature that provided much needed fiscal leadership. By making years of tough, responsible choices, today we have a surplus. With this surplus in hand, we must continue on the path of fiscal responsibility and put this money into our Rainy Day Fund.

When I was first elected to the State Senate in 2010, New Hampshire faced a projected budget deficit of \$800 million because of out-of-control spending. At a time when our economy was stalling and unemployment was rising, the previous Legislature increased spending by over 24 percent. This growth was financed through one-time stimulus spending, bonding state operating expenses, over-estimating revenues, and instituting over 100 new taxes and fees.

In my first term in office, I was a member of the Senate Finance Committee and helped craft the 2011-2012 budget. At that time, Republicans agreed that New Hampshire needed to get its fiscal house in order and created a budget that was balanced while keeping four core principles in mind:

- 1) live within our means
- 2) help those who need it most;
- 3) reform the way government does business (e.g., less regulation); and
- 4) budget cautiously and build a surplus.

It wasn't easy and we had to make some tough choices, but we did it. And, for just the second time since World War II, we spent less money than the year before.

In putting together our current budget (2013-2014), the Senate again created a responsible budget and was able to make investments in education and critical services without raising taxes. We produced a balanced two-year budget that made significant improvements over both the Governor's budget and the House budget. And while the

Lynch and Democrats in the Legislature used nearly \$80 million from the Rainy Day Fund to cover their deficit, leaving just \$9.3 million as our state's reserve.

Because of the way the budget was written, the \$15 million will not automatically go into the Rainy Day Fund as the law normally anticipates. It will remain available in the state's General Fund until the Legislature decides what to do. Governor Hassan wants to put some of the surplus into the Rainy Day Fund, but spend some of it on expanding government services. She hasn't said how much she wants to spend and how much she would set aside. Senate Republicans would prefer to follow the spirit of our Rainy Day Fund law, and set aside that extra \$15 million. We haven't set any money aside for nearly a decade, and the Rainy Day Fund is now at its lowest point in 22 years.

This is not a partisan issue. This is about sound budget management. If we don't save our surpluses when we have them, we won't have anything set aside for when we face an unexpected deficit. From state officials to budget watchdog groups on both sides (e.g., Center for Budget and Policy Priorities and Josiah Bartlett Center)—all agree on the value of having a healthy Rainy Day Fund in order to be prepared for unexpected economic hardship. A strong fund position can avoid the need to raise taxes just when the state's economy is weakest. Additionally, bond rating agencies look at how we manage the Rainy Day Fund when determining our bond rating. Better bond ratings mean we can pay lower interest rates, and save taxpayers money.

Governor called our budget "fiscally irresponsible," it was approved unanimously in the Senate, overwhelmingly in the Democratically-controlled House, and signed by the Governor. This current budget also anticipated a surplus of at least \$56 million, which Republicans and Democrats agreed to transfer into the Fiscal Year 2014 General Fund, offsetting any need to raise taxes.

Fortunately, business tax revenue came in \$15 million higher than we expected and so the question before us now is: Do we spend every dollar of this \$15 million that we didn't expect, or do we continue on the path of fiscal responsibility and rebuild our Rainy Day Fund? As the new Chair of the Senate Finance Committee, I believe we need to stick with our core principles and start to rebuild our Rainy Day Fund.

As background, under our budget laws, any surplus we generate is transferred into the Revenue Stabilization Reserve Account, better known as the Rainy Day Fund. First established by Governor Sununu in 1987, the Rainy Day Fund grew to nearly \$90 million by 2009. It would have been even larger if the Legislature (Republicans and Democrats) hadn't repeatedly voted to suspend the law in order to spend budget surpluses rather than save them. Then in 2010, Governor



Left to Right: Rep. Rick Ladd, ED of Grafton County Economic Development Council Mark Scarano, Jeanie Forrester, and Rep. Linda Lauer.

Republicans and Democrats should make a New Year's Resolution to stick to the responsible budget path we charted in June. Building the Rainy Day Fund is the fiscally responsible thing to do.

As always, I want to hear from you. If you have a concern you'd like to share, an

event you'd like me to attend, or a problem you think I might be able to help with—please call or email (271.4980 [o] or jeanief@jeanieforrester.com). If you would like to subscribe to my e-newsletter, visit [www.jeanieforrester.com](http://www.jeanieforrester.com) and sign up.

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- Two different sizes super and mini

Protein 12% Fat 2% Fiber (Min) 24% Fiber (Max) 28%

Promotion valid 12/9/13-1/12/14

# Calendar of Events

This is a full page of Calendar of Events for local non-profits. Courtesy of Trendy Times.  
Put **YOUR FREE** listing here!

## SATURDAYS

**FREE BLOOD PRESSURE CLINIC**  
10:00 AM – 12:00 Noon  
Littleton Fire Station

## SUNDAYS

**CRIBBAGE**  
1:00 PM  
American Legion Post #83, Lincoln

## MONDAY/THURSDAY

**ADULT INTERVAL AEROBIC CLASS**  
6:30 PM  
Woodsville Elementary School

## TUESDAYS

**BREAKFAST BY DONATION**  
8:30 AM – 10:00 AM  
Horse Meadow Senior Center, North Haverhill

**UCC EMERGENCY FOOD SHELF**  
4:30 PM – 6:00 PM 802-584-3857  
Wells River Congregational Church

**T.O.P.S. (TAKE OFF POUNDS SENSIBLY)**  
Weigh in – 5:00 PM – 5:45 PM  
Meeting – 6:00 PM  
Horse Meadow Senior Center, North Haverhill

**WEIGHT WATCHERS MEETING**  
5:30 PM  
Orange East Senior Center, Bradford

**AA MEETING (OPEN BIG BOOK)**  
7:00 PM – 8:00 PM  
St. Luke's Parish Hall  
121 Central Street, Woodsville

## WEDNESDAYS

**BINGO**  
6:30 PM  
Haverhill Memorial VFW Post #5245  
North Haverhill

## THURSDAYS

**CRIBBAGE GAMES**  
1:00 PM  
Horse Meadow Senior Center, No. Haverhill

## FRIDAYS

**AA MEETING (OPEN DISCUSSION)**  
8:00 PM – 9:00 PM  
Methodist Church, Maple Street, Woodsville

## TUESDAY, JANUARY 7

**NH STATE VETERANS COUNCIL REPRESENTATIVE**  
8:30 AM – 12:00 Noon  
Woodsville American Legion Post #20

## CONNECTICUT VALLEY SNOWMOBILE CLUB MONTHLY MEETING

7:00 PM  
Morrill Municipal Building, North Haverhill

## WEDNESDAY, JANUARY 8

**MONTHLY MEETING - ROSS-WOOD POST #20 AMERICAN LEGION**  
6:00 PM  
American Legion Home, Woodsville

## THURSDAY, JANUARY 9

**BATH LIBRARY BOOK CLUB**  
6:00 PM  
Bath Public Library

## NEW BEEKEEPING MEETING

7:00 PM – 9:00 PM  
Grafton County Extension Office, North Haverhill

## FRIDAY, JANUARY 10

**AMERICAN LEGION RIDERS MONTHLY MEETING**  
6:00 PM  
American Legion Home, Woodsville

## SATURDAY & SUNDAY

**JANUARY 11 & 12**  
**47TH ANNUAL JUNIOR/HIGH SCHOOL BASKETBALL TOURNAMENT**  
1:00 PM  
Blue Mountain Union, Wells River  
*See article on page 15*

## OLD CHURCH THEATER OPEN AUDITIONS

2:00 PM  
137 North Main Street, Bradford  
*See article on page 3 and ad on page 9*

## MONDAY, JANUARY 13

**ROSS-WOOD AUXILIARY UNIT 20 MONTHLY MEETING**  
6:00 PM  
American Legion Home, Woodsville

## HAVERHILL SELECTBOARD MEETING

6:00 PM  
Morrill Municipal Building, North Haverhill

## THURSDAY, JANUARY 16

**VFW POST #5245 MONTHLY MEETING**  
7:00 PM  
VFW Hall, North Haverhill

## FRIDAY & SATURDAY

**JANUARY 17 & 18**  
**NORTH COUNTRY CHORUS MADRIGAL DINNER**  
6:30 PM  
Monroe Town Hall  
*See Article and ad on Page 3*

## SATURDAY, JANUARY 18

**SOUPER SATURDAY / 11 KINDS OF SOUP**  
11:00 AM – 2:00 PM / Eat In or Take Out  
Peacham Congregational Church

## SATURDAY & SUNDAY

**JANUARY 18 & 19**  
**47TH ANNUAL JUNIOR/HIGH SCHOOL BASKETBALL TOURNAMENT**  
1:00 PM  
Blue Mountain Union, Wells River  
*See article on page 15*

## SUNDAY, JANUARY 19

**CLEANING WITHOUT CHEMICALS**  
3:30 PM  
Groton Free Public Library  
*See article on page 7*

## NORTH COUNTRY CHORUS

**MADRIGAL DINNER**  
4:30 PM  
Monroe Town Hall  
*See Article and ad on Page 3*

## MONDAY, JANUARY 20

**BOOK DISCUSSION**  
6:30 PM  
Groton Free Public Library

## TUESDAY, JANUARY 21

**NH STATE VETERANS COUNCIL REPRESENTATIVE**  
8:30 AM – 12:00 Noon  
Woodsville American Legion Post #20

## EMERGENCY FOOD SHELF

1:00 PM – 2:30 PM  
Wells River Congregational Church

## ARTS ALLIANCE ANNUAL "BYOP"

6:30 PM  
Karl Drerup Art Gallery, Plymouth  
*See article on page 8*

## SATURDAY, JANUARY 25

**VINTAGE SNOWMOBILE RACES**  
Route 302, North of Lisbon

## SNOWMOBILE (OHRV) SAFETY COURSE

8:00 AM – 3:00 PM  
Haverhill Municipal Building, North Haverhill

## HOMEMADE CHICKEN POT PIE SUPPER

5:00 PM – 7:00 PM - \$10/person  
American Legion Post 83, Lincoln

## MONDAY, JANUARY 27

**HAVERHILL SELECTBOARD MEETING**  
6:00 PM  
Morrill Municipal Building, North Haverhill

## BOOK DISCUSSION

7:00 PM  
Groton Free Public Library

## MONDAY, FEBRUARY 3

**GOOD OLE BOYS MEETING**  
12:00 Noon  
Happy Hour Restaurant, Wells River  
*Public is invited.*

## TUESDAY, FEBRUARY 4

**NH STATE VETERANS COUNCIL REPRESENTATIVE**  
8:30 AM – 12:00 Noon  
Woodsville American Legion Post #20

## CONNECTICUT VALLEY SNOWMOBILE CLUB MONTHLY MEETING

7:00 PM  
Morrill Municipal Building, North Haverhill

## WEDNESDAY, FEBRUARY 5

**WOODSVILLE/WELLS RIVER 4TH OF JULY COMMITTEE MEETING**  
7:00 PM  
Woodsville Emergency Services Building

**PLACE YOUR EVENT FOR YOUR TOWN, SCHOOL OR ORGANIZATION AT NO CHARGE.**

*Submit your entries by:*

Phone: 603-747-2887 • Fax: 603-747-2889 • Email: gary@trendytimes.com

**Deadline for submissions is Thursday, January 16th for our January 21st issue.**

# Groton Free Public Library

Fri, Jan. 10 from 3-6pm: Crafts 4 Kids! All materials provided for Penguin Thermometers. Check the chilly temps outside or in with this crafty magnet. Free -- drop in anytime!

Sun, Jan. 19 at 3:30pm: Reducing Your Everyday Toxic Exposure. Michelle Robbins, Environmental Wellness Consultant, joins us from her practice in Williston to answer your questions and start your New Year off on the right track. Join us for a lively and informative presentation on living a cleaner, safer, healthier & happier life.

Mon, Jan. 20 at 6:30pm: Book Discussion. This month's featured read for teens/adults: King of the

Screwups by K.L. Going. New folks welcome!

Fri, Jan. 17 from 3-6pm: Crafts 4 Kids! All materials provided for Clay Creations. Imagine, sculpt, and shape in 3D. Free -- drop in anytime!

Fri, Jan. 24 from 3-6pm: Crafts 4 Kids! All materials provided for Snowman Boxes. Decorate your own treat boxes -- popcorn provided! Free - drop in anytime!

Mon, Jan. 27 at 7pm: Book Discussion. This month's featured read: Bel Canto by Ann Patchett. New folks welcome!

Fri, Jan. 31 from 3-6pm: Crafts 4 Kids! All materials

provided for a Yarn Barnyard. Use yarn and felt to create some fluffy animal pals. Free -- drop in anytime!

Crafts & Conversation. Every Wed. from 1-3pm. Join us with your ideas and projects-in-process -- or -- just join us!

All of our programs are free and open to the public. Find us on Facebook (Groton Free Public Library) or contact Anne: grotonlibraryvt@gmail.com, 802.584.3358.

Open Hours: Mon 2:30-7pm, Wed 10am-4pm, Thurs 10am-12pm, Fri 2:30-7pm.

Visit us on Facebook: www.facebook.com/GrotonFreePublicLibrary

# Bath Library Book Club

The Bath Library Book Club will be discussing "One Thousand White Women: The Journals of May Dodd" by Jim Fergus on Thursday, February 13th at 6 pm at the Bath Public Library. One Thousand White Women is the story of May Dodd and a colorful assembly of pioneer women who, under the auspices of the U.S. government, travel to the western prairies in 1875 to intermarry among the Cheyenne Indians. The covert and controversial "Brides for Indians" program, launched by the administration of Ulysses S.

Grant, is intended to help assimilate the Indians into the white man's world. Toward that end May and her friends embark upon the adventure of their lifetime. Books may be picked up at the Bath Library; hours are Tuesdays and Thursdays 9:00am to noon and 1:00pm to 6:00pm and Saturdays 9:00am to noon. Anyone with an interest in reading and conversing about books is welcome to attend. For information please contact the library at 603 747-3372 or email bathlibrary@together.net.

# Orange East Senior Center

All events held at the Senior Center are open to the public unless otherwise advertised.

Orange East Senior Center is offering three choices of trips this year. The three choices are Bronson, MO, Cape Cod and The Islands and Alaska. We will be taking only one of these trips but please make your choice and get on the list. For more information, please call Vicky at 802-222-4782. Everybody is welcome to come.

When Oxbow High School closes due to bad weather OESC also closes. School closings are announced in the morning on WCAX-TV Channel 3. All other times, be sure to listen for an announcement on radio WYKR 101.3 on your dial.

The East Corinth Cribbage Club will be at O.E.S.C on Wednesdays, for the 2013-2014 season at 7:00 p.m. Cost is \$2.00 per night. A raffle drawing will be held on the last Wednesday of every month. Any level welcomes--please come to enjoy! If you have any questions, please call Sally Osgood 802-222-5756

Weight Watchers is now meeting at the Orange East

Senior Center on Tuesdays--the meeting starts at 5:30 p.m.

The senior Center has a foot care clinic on the second Wednesday of the month. The next clinic is January 8. If you would like an appointment, please call.

There is now a computer class at the Orange East Senior Center. Class is being held on Wednesdays from 10 a.m. to 12 p.m. All levels of knowledge are welcome.

Tai Chi Easy classes are Thursday at 1:30 p.m.

The Orange East Senior Center is available for rent. We have a capacity of 125. If you would like to book your wedding reception or birthday party or if you have any questions, please give us a call.

The Orange East Senior Center now has a Wii game system for the seniors to

come and try. There are golf, tennis, baseball and bowling games. Please come join us for some fun!!!! We have started the bowling league but we still would like more people to join us in our fun!!!

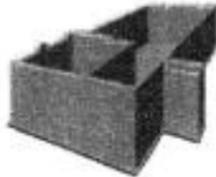
If you are in need of any medical equipment, please check with Vicky to see if we have it to borrow before you purchase any.

There is space available in the Monday, Tuesday, Thursday and Friday exercise class. The class begins at 9:00 a.m. and ends at 10:00. It is a strength building class.

There is balance class being held on Tuesdays at 9:40 a.m. This is to help with not slipping and falling.

Orange East Senior Center is holding informal Line Dancing classes for exercise and just plain fun, each Tues. at 10 a.m. Come On Down!

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**FUND RAISING OPPORTUNITY**

The Town of Haverhill is soliciting interest from area Nonprofit Organizations to deliver our annual town reports in early March 2014. The delivery period will be approximately 8 days, including two successive weekends. The Town will donate \$500 to an interested group who will be able to meet our qualifications, which require that the organization:

1. Must be an fully insured Nonprofit organization
2. Must have adult drivers required for delivery
3. Must be able to establish delivery routes and be able to locate each address.
4. Should know the roads in Town.

Interested parties please contact Jo Lacaillade by the deadline of January 24, 2014 with your proposal.  
Questions? Call 603-787-6800 or email Jo at jlaillade@haverhill-nh.com or stop by Haverhill Selectboard Office.

*Happy New Year!*

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**thru Sat. Jan. 18th**

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# 8 Arts Alliance Holds Annual 'BYOP' At Drerup Gallery

## Bring Your Own Poetry/ Painting/ Performance & Potluck

PLYMOUTH — Artists and arts supporters of all ages are invited to perform, present, and display their work — and enjoy the work of others — at an informal "BYOP—Bring Your Own Poetry, Painting, Performance, Presentation and Potluck (Dessert)" on Tuesday, January 21, at 6:30 p.m. at the Karl Drerup Art Gallery in

Plymouth. The BYOP is hosted each year by the Arts Alliance of Northern New Hampshire as an informal celebration and showcase of the region's talent and artistic enterprise, and follows the Alliance's annual meeting, which begins at 6 p.m. Participants are welcome to attend the meeting,

or to come for the potluck or for the 7 o'clock program.

Writers, dancers, actors, musicians, storytellers, visual artists, and traditional artists and craftspeople of all ages and artistic experience are encouraged to bring work, and to talk about their art-making process. In addition to two-minute performances and presentations, stands will be set up and space made available for an exhibit of visual arts and crafts. Cultural organizations and educators are also invited to give brief presentations on their organizational or school arts activities.

"This is a wonderful opportunity for artists of all kinds to meet and talk with one another, for families to enjoy a night out together, and for the public to see what a wealth of creativity and energy we have in

northern New Hampshire," says Arts Alliance Program Manager Jamie Feinberg.

"We've discovered some amazing artists at these events," notes Executive Director Frumie Selchen. "It's always particularly interesting to hear painters and other visual artists talk about the thinking behind their work, and to talk about it with them. We're especially excited about being hosted by the Drerup Gallery and having a pop-up exhibit in such a beautiful gallery space. We hope this opportunity will draw people from around the state."

Cold drinks will be provided, and potluck participants are invited to bring their favorite dessert to share. There is no admission, but donations are welcome and memberships to support Arts Alliance activi-

ties are encouraged.

Pre-registration is requested, particularly for those interested in performing or bringing artwork, and for organizations that wish to give a brief presentation. To register, or for more information, call 323-7302, or e-mail [programs@aannh.org](mailto:programs@aannh.org) and tell us what you'd like to present or exhibit. The Gallery is located on the first floor of the Draper and Maynard Building, Main Street, Plymouth, NH.

The Arts Alliance of Northern NH is a nonprofit network that works to support, promote and sustain cultural activity throughout the northern half of the state through partnerships, programming and information sharing. Additional information can be found at [www.aannh.org](http://www.aannh.org).

January 7, 2014 Volume 5 Number 7

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**NEW YEAR.....NEW HOME!!!**  
 In celebration of the New year, sellers are offering a limited time reduction in pricing on this energy efficient home. Good for the next 30 days price will be reduced to \$173,400 or they will contribute \$4,000 towards closing costs at current pricing of \$187,400. This home was recently appraised and being offered well below its appraised value. Full walk out basement with one room 3/4 finished and lots of potential for additional space if desired. Bradford, VT




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[john.hunt@customsupport.com](mailto:john.hunt@customsupport.com)

# Wells River Savings Bank

WELLS RIVER, VERMONT – Sally Wellman will be retiring this month, after more than 34 years of service with the Wells River Savings Bank. Starting out as a teller, in 1979, Sally has held positions in almost every facet of the bank, spending 8 years as the Manager of the bank's Bradford branch, and most recently in the Mortgage & Consumer Loan department.

Sally is looking forward to travelling and spending more time with her family, including her husband of 47 years, Chris, and her daughter, son, grandchildren & great grandson. She will miss her co-workers, who



have been like a second family to her, but still plans to visit them between craft projects, kayaking, and working in her garden.

A retirement party for

Sally will be held on January 17th, between 10am and 2pm. All are invited to stop in to the Main Street, Wells River branch.



North Country Sen. Jeff Woodburn spent part of Thursday on a DOT snowplow clearing Franconia Notch. He applauded state workers who keep our highways clear and safe. "As a tourist destination and place that can be easily isolated from important services and our southern New Hampshire neighbors," Woodburn said, "we are fortunate to have 135 dedicated DOT workers in Senate District 1."



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# OPEN AUDITIONS!

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## "Bell, Book & Candle"

January 11 & 12, 2pm

137 North Main St  
Bradford, VT

Needed 3 men & 2 women  
ages 20-60

For presentation  
at Alumni Hall in  
Haverhill  
late February

Director:  
Peter  
Richards

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www.oldchurchtheater.org






**NORTH HAVERHILL, NH - 14' X 60' Mobile Home.** Features- open concept Living/Dining Area, 2 bedrooms, front porch, large chain link fence in back yard, metal roof, vinyl sided, set back off the paved public road. Situated on .93 of an Acre with lovely landscaping, well and septic. Easy commute from this local on. \$79,500.

**NORTH HAVERHILL, NH - Spacious 9 Room Ranch** with living area on one level. Situated on 1.22 Acres, Formal Living Room and Dining Room, new Den with pine walls, cathedral ceilings, ceiling fan, Kitchen with island, 3 Bedrooms, central air conditioning, hot tub, skylights in each bathroom, mud room, automatic propane generator, detached 2 car garage. \$151,500.




**HAVERHILL, NH - BRAND NEW MOBILE HOME.** Energy star rated with extra insulation for the cold nights. This 14' x 72' home offers open concept Living Room and Kitchen, both with cathedral ceilings, Kitchen has cabinets galore, pantry closet, center island, Range, DW and Refrigerator included, and bedrooms, 2 bathrooms, mud room/laundry, community water and septic. First 6 months park rent is FREE! Awesome Deal. \$49,900.

**NORTH HAVERHILL, NH - NEW LISTING -** Great investment- 3 Family home, much of the house has been renovated, remodeled kitchens, 5 bedrooms, 4 1/2 bathrooms, very spacious attic, some hardwood floors, metal roof, deck and porch, 2 car detached garage, ample parking, newer septic system, owner occupy and have the rents help pay the mortgage. Easy commute. \$175,000

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# CLASSIFIEDS

**PERSONAL:** For Sale, Wanted, Lost, Found: Up to 30 words FREE for 2 issues.  
**BUSINESS:** Help Wanted, For Rent, etc. \$10/2 Issues, \$20/5 Issues, \$50/15 Issues.  
 Price reflects classifieds up to 30 words. For longer classifieds premium may be charged.  
**MAIL OR DROP OFF:** Trendy Times, 171 Central Street, Woodsville, NH 03785  
**EMAIL:** gary@trendytimes.com *We accept checks, credit/debit cards or even cash!*



## FOR SALE

**1996 HONDA ACCORD.** New Hampshire inspected in August. Call for details. \$775. Call 603-238-7257 01.07

**HAND MADE CROCHETED BLANKES.** Multi-colored to fit up to a queen sized bed, \$100 each. Also handmade knitted slippers, all sizes, \$5 each. Contact Penny 802-757-2804 01.21

**TROY BILT SNOWBLOWER:** 26" Troy Bilt Snowblower with 10hp Tecumseh engine, 120v electric start. Great condition. This is a Heavy Duty machine! \$575. 603-787-9153 01.21

**2006 15 CU. FT. MAYTAG CHEST FREEZER,** MQC1557AEW, 46"x28"x34" High. Clean, interior light, removable baskets. \$75. Littleton, 603-991-8644 01.21

**CATNAPPER DOUBLE RECLINER** with center console. Brown suede. Asking \$800.00. Call evenings 802-429-2432 01.21

**JELLY CABINET:** Antique Jelly Cabinet. Picture available. 603-348-7172. \$100. 01.21

**VARIOUS ITEMS:** Diving knife \$50, Sword nightstick (nightstick w/sword inside, can screw together for mini spear) \$100. 603-348-7172. 01.21

**LEGO STAR WARS DEATH STAR:** Completely assembled \$200. 603-348-7172. 01.21

**CLUE SECRETS & SPIES BOARD GAME:** Opened but never used, asking \$15. 603-348-7172. 01.21

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**INSTRUMENT LESSONS:** Offering private piano, guitar, banjo & clarinet lessons for beginner & intermediate students of all ages. 30+ years instructing. For info & to set up a day & time call 603-989-3255. 02.18

## FOR RENT

**WELLS RIVER HOUSING AVAILABLE:** 51 Main St. - 2 BD Apartments starting at \$665 - \$720. 28 Grove St. - 1 BD Apartment \$575. Rent includes heat, trash and snow removal. Walking distance to banks, stores and laundry mat. Income restrictions apply. For an application call Shelly at 775-1100 Ext. #7 or e-mail shelly@epmanagement.com. E.H.O. 01.21

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# Is Your Community Ready For A Profile?

By Deb Maes, Regional Field Specialist, Community Development

I've lived in a small community my whole life. I see people I know at school functions, at the transfer station (or as we called it "The Dump"), bump into each other at the post office and at Old Home Days, Town Meetings, waiting to register our cars or just talking a walk.

Conversations at these occasions involve little more than simple niceties, and rarely do we talk about anything important concerning our town. When we do talk about town issues, it is generally at our annual Town Meeting when the primary concern is how much money each warrant article will cost.

We never get the opportunity to talk about what we like about our community and what we want to see in the future. But we should. UNH Cooperative Extension has a long history of working with communities to help them step back and take a look at what they like about the towns they live in and what they want to see for their towns in the future. When Judd Gregg was Governor, he commissioned a study to look at New Hampshire in the 21st Century.

One community in each of the ten counties held what was known then as a Civic Profile. Extension staff worked with a local committee and held the two-day event to look at issues important to local citizens.

In the mid-1990's Extension staff once again started working with communities in a revamped Community Profile. The Community Profile is a process by which communities take stock of where they are today and develop an action plan for how they want to operate in the future. The process provides a method for citizens to affirm community strengths, find collaborative approaches to meet challenges creatively, and manage change. One of the major outcomes of the Community Profile is more citizen participation in the community and the affairs of its government.

Many of the staff members who worked on Community Profiles in the nineties have retired, but with new staff and a new vision to work with communities, Extension has once again offered to work with local communities to hold

their own Community Profile. In Grafton County, Canaan, Lebanon, Lisbon, Rumney and Bethlehem have all worked with Extension staff in the past to hold their Community Profile event. Across the state almost 80 other communities have held their own profile.

Extension staff work with a local steering committee for about six months to plan and organize the event. The staff provides training for local volunteers to facilitate discussions throughout the process, develop a report for the town covering the proceedings on the whole event, and then work with action committees for at least a year after the event to provide whatever assistance is needed to complete the projects identified in the process.

Some of the long term results of local community profiles are increased communication—many towns develop newsletters and enhance their web presence. Many communities have also expressed concern about their local natural resources and some towns have increased the amount

of money raised at their town meetings to put more land into conservation.

One of Extension's goals is to help towns develop more local leadership. Many times people want to take on a larger role in their towns, but don't feel qualified. By working with others on the planning of the profile or getting training in group facilitation, people are more willing to step forward and volunteer for local planning, conservation and zoning boards—or serve on other local school or town boards.

If you like the idea of your community participating in a community event that doesn't involve adversarial topics, but instead looks at a way to make your town bet-

ter, consider contacting our Extension office at UNH and talking to our staff about whether a Community Profile is in your future. Peterborough and Barrington have done so and will be holding events this spring.

To look at our 10 year report of the impact of Community Profiles check out this link [http://extension.unh.edu/resources/files/Resource001138\\_Rep1427.pdf](http://extension.unh.edu/resources/files/Resource001138_Rep1427.pdf). You can reach Molly Donovan at our Durham office at 862-5046 or Deb Maes at the Grafton Office at 787-6944. We can help you determine if your town is ready to start the process to hold a Community Profile. You'll be glad that you did.

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## Thank You! Thank You! Thank You!

As chairwoman of the *Holiday on the Common* committee, I would like to thank the Newbury/Haverhill 250th Committee for their full support and assistance in putting on this event, and to thank the following individuals and fellow committee members for their contributions:

Heartfelt thanks to **Nate Brooks**, who spent many hours in the extreme cold on the common, stringing lights in the trees. To **Richard Roderick** for initiating and coordinating the fireworks. To the **Swenson family** for providing an outstanding fireworks display. To the churches from both communities for donating delicious food for the community dinner, and to the individuals who stayed to help serve. To **Brian Emerson** for setting up and running the indoor and outdoor sound systems. To the **North Country Chorus, Fifth Business with Kate & Steve Davie** and the church choirs from Newbury and Haverhill who regaled us with live music. To **Dalton Thayer and family** for providing the wonderful experience of horse-drawn wagon rides. To **Vickie Carson and family** for providing the managerie for the petting zoo. To **John Renfrew and Nate Brooks** for tirelessly working to overcome Mother Nature and the fickle New England weather attempting to create a skating rink. To the **Newbury Woman's Club** for providing and serving delicious homemade cookies, hot cocoa and cider. To **George Swarbrick, Wayne Fortier and Paul Jewett** for playing their parts so perfectly at the gazebo. To **Laurie Storm and Roe Williams** for leading the Moonlight Snowshoe activity. To **Sue Hunt** of Alexandria, NH for topping off the evening by calling an old-time square dance. To Principal **Chance Lindsley**, for his support and generous offer of the use of Newbury Elementary School. To **Dale White** for coming to our rescue. To **Dave McNelly/Newbury Village Store** for the generous contribution of food. To **Jane Booth and David Tansey** for the use of their property for the fireworks. To the **Groton United Methodist Church** for the use of the chair for Santa. To **Murdo Limlaw** for donating the firewood for the bonfire. To **JM Landscaping** for donating the Christmas tree. To **Shaw's Supermarket** for their donation toward the dinner. To **Suki Knight** for the use of her land for the Moonlight Snowshoe. To **John Renfrew** for the use of Checkerberry Hill for sliding. To **Hannaford Supermarket** for their donation of food for the dinner. To **Turbox Tent Rentals** for providing shelter from the cold. To **Bread and Chocolate** for providing the cocoa mix. To each **Newbury town committee** entrusted with the preservation of the Newbury Common. To the **community members of both Newbury and Haverhill** who stepped in when extra hands were needed. To **Linda Ide** for arranging and coordinating so many of the day's activities (sleigh rides, square dance, live music), for designing and providing artwork for the program booklet, for leading us in song around the bonfire and dressing the part to boot! To **Brad Vietje**, who spent countless hours inviting and coordinating fellow craftspeople to show off their amazing talents in the gym. To **Danielle Page** and her mother, **Marguerite Donlon**, who painted the beautiful mural of the Newbury Village Common that decorated the gazebo. To **Lesla Lakenan-McDonald** for advertising the event, providing the background music and helping with the small details. To **Hope Hutchinson** for the hours she spent searching Santa's workshop for just the right toys, and for juggling her time between, storytelling, singing and organizing the kitchen to serve the guests. To **Debbie Page** for her help with Storytelling, her assistance in the kitchen during the dinner and hours spent in the planning process. Finally, I would like to say "Thank You" to **Rich Jones** for his support and encouragement, for his words of wisdom, and for all the hours he spent taking care of the details that are so crucial but often go unnoticed. To each and every one, I would like to express my sincerest gratitude. Sincerely, **Lisa Paganelli**

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# What's Your Retirement Vision

When you start out in your career, you're probably not thinking much about retirement. At this point, your picture of a "retirement lifestyle" may be, at best, hazy, hidden as it is behind a veil of experiences you've yet to encounter. But as you move through the years, your view of retirement comes into clearer and closer focus — and this vision will have a big impact on your savings and investment strategies.

Consequently, to create and implement those strategies effectively, you'll need to define your retirement vision by identifying its various parts. Here are some to consider:

**Travel** — If you're like many people, you may dream of traveling during your retirement. But what does "travel" mean to you? Do you envision taking a cruise or an international trip every year? Or is your idea of travel just a short jaunt to a popular destination, such as a lake or the mountains or the beach? The difference in costs between global and U.S.-based travel can be enormous, so you'll need to define your goals and estimate your expenses.

**Second home** — Once you retire, you'll have to make some housing-related decisions. Should you sell your home and "downsize"? Or do you want to keep your current

residence and possibly purchase a second home, such as a condominium, in another part of the country? Obviously, you'll need to factor in these choices when you think about how to invest before you retire and how to manage your withdrawals from your 401(k), IRA and other accounts during your retirement.

**Volunteer activities** — You might think that your volunteer activities during retirement won't affect your finances much. But if you are particularly ambitious, and your volunteerism involves travel, renting space, purchasing equipment and so on, you might be looking at some large cash outlays. Furthermore, if you host people at your house, you may be incurring some types of liability risk, which you might need to address through appropriate insurance coverage.

**Hobbies** — During your working years, you may pursue your hobbies always

with the thought that you can devote a lot more time to them after you retire. However, expanded hobby activities may involve expanded costs. For example, if you're good with cars, you might decide to invest in that foreign sports car of which you've dreamed. Or, if you're fascinated by genealogy, perhaps you'll start traveling to places once inhabited by your ancestors. These types of activities can be expensive, so you'll have to evaluate your saving, spending and investing habits to determine how to accommodate your increased expenditures on your hobbies.

**Second career** — Many people look forward to retiring from one career so they can start another — opening a small business, consulting or even taking a part-time job. Clearly, if you were to start your own business, some expenses would be involved, so you'll have to plan for them. Even if you become a consultant or work part time, you could incur various costs, including travel. And, in relation to these types of work, you may also have insurance and health care issues to address.

By identifying the various components of your retirement vision, and estimating their respective costs, you can make those saving, spending and investment choices that can help you work toward your retirement dream.



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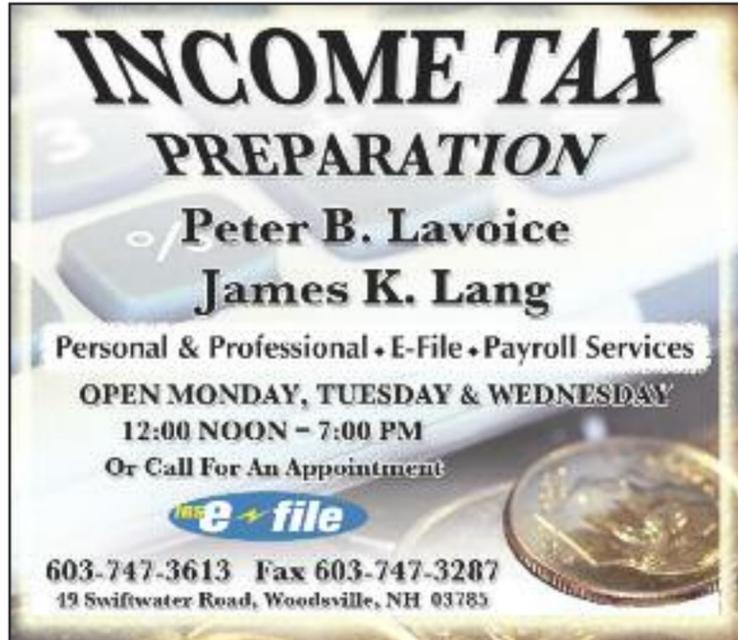
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# OBITUARY

## MARY ELIZABETH HESSELTINE



She was predeceased by her two sons, Russell "Rusty" Hesselstine on October 22, 1969, and Charles Hesselstine on November 26, 1978, along with her dear friend Emaline McFarland on December 21, 2011.

She is survived by her daughter, Linda Speer and husband Lewis of Ryegate, VT; two grandsons, Russell Rutledge and Randall Hesselstine; two great grandchildren; three great great granddaughters; a brother, Francis Smith and wife Jackie of Canaan, NH and Paul Smith of Bridgewater, MA; and several nieces, nephews, and cousins. There was an hour of

visitation at Ricker Funeral Home, 1 Birch Street, Woodsville NH, on December 23 from 2-3 PM with a funeral service immediately following at 3 PM, with Rev. David Pruitt, officiating.

Burial will be in the spring in the Pine Grove Cemetery, Woodsville, NH. In lieu of flowers, memorial contributions may be made to SAD-SAC (Save a Dog, Save a Cat), Federal Street, St. Johnsbury, VT 05819.

Ricker Funeral Home & Cremation Care of Woodsville is in charge of arrangements. For more information, or to offer an online condolence, please visit [www.rickerfh.com](http://www.rickerfh.com)

North Haverhill, NH - Mary Elizabeth Hesselstine, 88, died on Friday, December 20, 2013, at the Grafton County Nursing Home, North Haverhill, NH. Mary was born in Haverhill, NH, on July 10, 1925, the daughter of Howard and Gladys (Douse) Smith.

During her working career, she was employed at Burndy's and in the kitchen at the Grafton County Nursing Home. Mary was a member of TOPS Club for many years and attained KOPS status, which she enjoyed for 33 years. She also belonged to the American Legion Auxiliary Ross-Wood Post #20. In her spare time, she enjoyed fishing and camping. She loved cats, especially Bee Bee and Grasshopper.

Mary lived at the Opera Block in Woodsville for a number of years and appreciated the friendship of the residents there, as-well-as the friendships she established at the Grafton County Home.

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# Update/Correction <sup>13</sup>

It has been brought to the attention of the Editor that in the last edition of Trendy Times there was an error in an article.

NH State Senator Jeff Woodburn (District 1) wrote an Op-Ed about a proposed Boat Tax (which he opposed). He stated that such legislation had been filed with the state Senate. This Boat Tax

would "require non-motorized vessels – things like canoes, kayaks, row boats and sail boats to pay a \$10 tax."

We are now informed that this proposal has indeed not been introduced in the Senate. Though we do understand that there are still legislators who favor such legislation.

Gary Scruton, Editor

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# Letter To The Editor

The following article was recently sent to me, so I thought I would share it with Trendy Times readers. At such a joyous time of year, this article presents a very sad statement regarding not only our rights as American citizens, but also as individuals. It seems that more and more of our individual rights and freedoms are being prohibited and replaced by what I call "generic rights", those "rights" which are vague and nonspecific. We have over the past several generations become a spoiled and overly sensitive nation, and in so doing we are quickly losing our individual identities. Relative specifically to December 25th, why has it become increasingly difficult, or not permitted at all, for us to say "Merry Christmas." I understand value and observation of other traditions and beliefs, and I accept them, but I believe that Christians, too, have rights. Gladly, perhaps we are coming around just a little as I noticed the sign in front of the Haverhill Town Offices (and SAU) read: "Merry Christmas." I thought this was uplifting and refreshing as Christmas celebrates the birth of Christ, not the birth of a "season." Many residents in my home of Bath have asked over the years that our town sign also read "Merry Christmas," but once again all we get from our town is "Season's Greetings." These "victories" of our rights are rare. Clearly this issue has recently come to a head and has left the American Legion and many children unhappy.

Lee Mahle, Bath, NH

INDIANAPOLIS (December 26, 2013) -- Handwritten Christmas cards from schoolchildren were denied distribution to veterans at the Dallas VA Medical Center this week because they referenced the holiday by name, and American Legion National Commander Daniel M. Dellinger is not happy about it. Neither is the Liberty Institute, which has sided with the Legion in opposing a number of other attempts to prevent free expression of speech and religion.

Also this week, the VA hospital in Augusta, Ga., announced a new policy that turned away high-school students who intended to sing Christmas carols to veterans, as they traditionally have in past years. And in Iowa City, American Legion members were told they could not hand out presents to veterans if the wrapping paper said Merry Christmas, a problem they solved by filtering the gifts through the VA chaplain.

The American Legion has asked VA Central Office for an explanation of why it appears that Christians are being singled

Lee,

*This is one of those times that I could not agree with you more. Freedom of religion is indeed one of the reasons this country was formed. I take it to mean that we can all express our own belief in what ever religion we believe in. It does not mean that just because I do not believe in your religion that I can tell you when and where you can practice it. This includes the signs in front of town buildings, saying a prayer before the annual Town Meeting (something Haverhill voted to do several years ago), and even saying a prayer in school. It is not mandated that anyone participate. On the contrary, everyone has the right to stay seated, say nothing, or leave the room. But it does not mean that just because one or two people disagree, that everyone else must go without. Majority rules (another cornerstone of this country).*

*So, yes, the VA should allow cards and presents to be distributed, songs to be sung, and even chaplains to visit patients. If someone chooses not to participate, that's fine, it is their right. But they should not be able to say no one else can participate.*

*Though it is already well into January, let me be one of the last to say to all who care to hear, Merry Christmas.*

Gary Scruton, Editor

out for restrictions, especially when the holiday honors the birth of Jesus Christ.

"First of all, VA's decision to prohibit the delivery of Christmas cards that mention Christmas is ludicrous," Dellinger said today after Texas teacher Susan Chapman was told Monday that her students' cards would not be delivered to veterans. "Second of all, VA has been down this road before, and recently. VA has been warned through a federal court decree to stop denying freedom of religious expression at its facilities. It's pretty obvious the Dallas VA did not get that memo."

When high school singers arrived last Friday at the Augusta, Ga., VA Medical Center, officials reportedly gave them a list of 12 approved, secular holiday songs. Unprepared to sing them, the students opted not to perform. "That's censorship, pure and simple," Dellinger said of the rejected carolers. "Every Christmas, every religious holiday, Christians are more and more often targeted for censorship and restriction at VA facilities. Veterans in these hospitals fought to protect such freedoms."

Chapman, the wife of a U.S. military veteran, has requested that the Dallas VA Medical Center immediately rescind its discriminatory policy and allow her and her students – and any others in the future – to distribute Christmas cards that say "Merry Christmas" or "God Bless You" or mention Jesus. Writing to VA Secretary Eric Shinseki and VA North Texas Health System Director Jeffery L. Milligan, Liberty Institute set a deadline of Friday, Dec. 27, for confirmation in writing "that Mrs. Chapman and her students may distribute cards that contain the phrase 'Merry Christmas,' 'God Bless You,' or that contain other religious references to veterans at the Medical Center and at all other VA hospitals, and that the holiday card policies of the Department and the Medical Center (are) brought in line with applicable law."

"Of course, for this year's schoolchildren, it's a little late, and that's really disappointing," said Dellinger, who leads the 2.4-million-member American Legion, largest veterans organization in the country. "VA needs to let those children deliver cards to the veterans now, and those who wrongly banned them owe an apology to the children, the teacher and the veterans who were supposed to get them Monday. This is a clear case of discrimination on the basis of religious expression; the courts have already ruled that such policies are unconstitutional. The American Legion fully concurs with that interpretation."

# The Blizzard

By Elinor P. Mawson

It had been snowing all day.

I was at work in Nashua, an hour from home, and somehow the idea of a snowstorm didn't seem important when I had driven there in the morning.

And now it was time to go home. My boss was quite concerned. "Why don't you take a motel room tonight?" she asked.

"I'll be OK," I replied.

Did I have snow tires? Did I have 4-wheel drive? Did I have a big, sturdy car? No to all of the above!

I had a Volkswagen.

The snow was already quite deep as I plodded to my car. It took about 5 minutes to clear the snow from my windows, but during this time, I was warming up the vehicle--in those days the heat and defroster came off the engine, so it was quite tricky if you didn't wait.

I started off into a black tunnel of swirling snowflakes. I noticed that there very few vehicles on the road; fortunately--it was all I could do to stay in what I thought was my lane. I was going less than 30 miles an hour and hoping to stay on the road.

As I left the city limits and got onto the interstate, I realized that it was too late to find a motel, even if I wanted one. There was a moment of regret; however I was concentrating on the road to be too sorry.

I could feel my little car plowing the road in front of me, the snow was that deep.

I wondered where the plow trucks were!

About halfway home, I discovered the plow trucks.

They were in formation across the road, one just a little ahead of the other. There was no room to pass, even if I could have. I guessed I was in pretty good shape nonetheless. We inched our way along.

As I got closer to home, the plow trucks went their own way, and I faced deeper snow on the road. The secondary roads were in worse shape, and I had a few moments of panic. I felt alone in the world--almost like I was in a small boat on a very large sea.

This was in the days before cell phones, and I guess my husband was quite worried. He was standing in the garage when I plowed my way into the driveway. When I finally parked the car, I opened the window and said "Now I can do anything".

I won't tell you what he said.

Next day I was in a large group of people who were all discussing the storm. There were a lot of horror stories--each one worse than the next.

I announced that I had driven home from Nashua in the midst of the storm in a Volkswagen.

"Did you have snow tires?" "Were the roads plowed?" "Were you all alone?"

Yes to all of the above.

I won't tell you what they said.

# Woodsville-Wells River Rotary Club<sup>15</sup> Announces 47th Annual Junior High School Basketball Tournament

The Woodsville -- Wells River Rotary Club will be hosting our 47th Annual Junior High School Basketball Tournament in January 2014. Proceeds from the tournament support our fund for local scholarships. The tournament will be Saturday & Sunday January 11 & 12 and Saturday & Sunday January 18 & 19 at Blue Mountain Union High School, River Bend Career & Technical Center and Woodsville High School. The first game will start at 1 p.m. each day.

The first weekend will have boys and girls teams from Haverhill, Lyndon, St Johnsbury and Oxbow. January 18 & 19 will feature boys and girls teams from Barnet, BMU, Monroe and Waterford. Each Saturday both boys and girls teams from each school will play in the first round, and compete

again on Sunday for the consolation prize and championship.

Proceeds from the tournament are used by the Woodsville -- Wells River Rotary Club for its scholarship fund. This year, the Club will award four \$1,000 scholarships, one to a student in each of Blue Mountain Union High School, River Bend Career & Technical Center and Woodsville High School. Since the spring of 2000, the Club has awarded \$93,000 to local students.

The Club supports several additional service projects, both locally and worldwide. Rotary International is best known for its campaign to eliminate polio worldwide. The PolioPlus program has eliminated polio in 99% of the world. Rotary

supports education around the world, Rotary's Ambassadorial Scholarship program is the world's largest privately funded scholarship program. Each year, about 1,000 university students and 8,000 high school students receive Rotary awards to study abroad. Rotary has established eight International Centers for Peace Studies and Conflict Resolution to provide masters level education to future world leaders.

The Club will be holding an open house for anyone interested in learning more about Rotary on Tuesday February 18 at noon at Cottage Hospital. Everyone is welcome. For more information, see the Club's web site at [www.WellsRiverRotary.org](http://www.WellsRiverRotary.org).

Not all Times are Trendy but there will always be Trendy Times

January 7, 2014 Volume 5 Number 7

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By Ronda Marsh

## CHOCOLATE POTS DE CRÈME A L'ORANGE

I just love it when I find a great "fake-out" recipe; one that results in something attractive, tasty, and appearing much more complex than it is. I struck the jackpot with this one, courtesy of The Pioneer Woman...even the

name is reminiscent of a dessert served in a grand Parisian hotel.

The real Pots de Crème is very French and extremely labor-intensive to create. Dating back to the mid-1600's, the technique re-

quires tempering eggs, chocolate, and cream, then straining through a "chinois" or sieve and baking in a water bath to achieve a silken texture; akin to a cross between custard and mousse. Delicious, I am sure, but in truth, way more work than I want to attempt! Now let me explain the fake version: You toss stuff in a blender, whiz it up and stick it in the fridge. That is much more my style! Here's how and why it works. By using room temperature ingredients and then whizzing in the hot coffee, the eggs are being cooked and tempered simultaneously, resulting in a rich, creamy, and smooth emulsion. Although it's not necessary, I actually heated half and half to scalding and added a big spoon of instant coffee granules, in lieu of the hot coffee. I would encourage you to play with this and make it your own. I think you'll agree that fake never tasted so good!

- 1 bag (12 oz.) semi-sweet chocolate chips
- 4 large eggs (room temperature)
- ¼ teaspoon salt
- 1 tablespoon Grand Marnier (or other liquor of choice)
- 1 cup coffee (very strong; almost boiling)

Place chocolate chips in blender. Add eggs, salt, and liquor (if you prefer, omit liquor and add 1 teaspoon vanilla). Pulse to combine and break up chocolate. Remove center cap from blender top and slowly drizzle in the hot coffee while blending on "high". Continue to blend until mixture is homogenous and chocolate is completely melted. Pour into 12 individual containers...fancy tea cups, champagne flutes, wine glasses, etc. Refrigerate a minimum of 4 hours or overnight, before serving topped with a dollop of whipped cream.

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