

TRENDY TIMES

171 Central Street • Woodsville, NH 03785
Phone: 603-747-2887 • Fax: 603-747-2889

Email: gary@trendytimes.com
Website: www.trendytimes.com

JANUARY 6, 2015 VOLUME 6 NUMBER 7

Holiday Gift-Giving To NEK Seniors Is A Festive Bonanza

ST. JOHNSBURY – Hundreds of seniors served by the Northeast Kingdom Council on Aging received an outpouring of gifts this year, from socks and quilts to keep them warm to crossword-puzzle books, home-baked goods, and even requested cologne.

The donations surpassed even staff expectations at the Council which celebrated its 35th anniversary in 2014 as the Area Agency on Aging.

“The community has been amazing with its support and generosity,” Lisa Viles, Executive Director, said.

Substantial contributions were made to the Council’s

food-and-fuel fund by private individuals as well as such organizations Dead River Co. Additionally, a couple who loves animals, Malcolm and Michelle McCormick of Barton, made a significant contribution to the Agency’s Pets for Life program which buys food for seniors’ companions

“This community is unbelievable,” said long-time case manager Sandy Sloan who went on to credit the local Elks with donating “boxes and boxes of non-perishable food that will help a lot of seniors.”

In Hardwick, Paul Davis Restoration of Northern Vermont employees coordinated the delivery of more than 60 ‘holiday cheer bags’ to the Agency’s Meals on Wheels clients. The totes included

Jasper Hill Farm cheese, fleece throws, carnations from The Flower Basket, baked goods from Connie’s Kitchen and the Paul Davis staff, along with thoughtful greetings composed by Hardwick Elementary School kindergarten and 6th grade pupils.

The law firm of Downs Rachlin Martin and Kingdom Community Services, both here, also provided gifts for 60 Meals on Wheels recipients in town. Many of the gifts went to seniors who live alone or have no family.

“The gratitude we felt going into these homes was deeply touching,” said Jerri Ryan, volunteer coordinator for the Agency’s St. Johnsbury office. “It was a reminder to all of us about the great community we live in.”



NEK Council on Aging’s Meals on Wheels customers receive shelf-stable Blizzard Boxes for their weekend meals. Making holiday deliveries are Don Bostic of the Area Agency on Aging’s Advisory Council; current Board member Barry Herz; volunteer Grace Bengston, and Board member Mollie Chamberlain.



Marsha Kuhn of the St. Johnsbury law firm of Downs, Rachlin Martin delivered armloads of presents for Meals on Wheels customers who live in St. Johnsbury. Accepting the gifts for distribution is Michel Richards, Information Services Group Coordinator.

Meadow St. Primitives
Country & Primitive Home Decor & Gifts
260 Meadow Street
Littleton, NH 03561
Mon-Thurs 10-5
Fri 10-6
Sat 10-4 - Sun 12-4
603.444.7333
or 603.444.5454
260meadow@gmail.com
“Like” us on FACEBOOK, please!

Wizard of Pawz
QUALITY DOG GROOMING AT AFFORDABLE PRICES
Plain Rd., Bethel, NH
603-747-4171

TODD HOLT PHYSICAL THERAPY
31 Main Street
Wells River, VT
802-757-8000
Fax 802-757-8001

Life Change Counseling
William S. Huntington
Counselor
560 Railroad Street
St. Johnsbury, VT 05819
802-751-1511

Antiques & Emporium
182 S. Wheelock Rd • Lyndonville, VT
Open Daily 10-5 • Closed Tuesdays
802-626-3500
Always Buying Gold & Silver Also Good Used Furniture

Melanie's Woven Memories
Handwoven Caring • Spint • Rush Seating
Shaker Tape • Baskets & Minor Repairs
Competitive Pricing • Quality Work
Melanie Miller - 802-467-1826
melmiller58@yahoo.com
www.melanieswovencollections.com

Your ad could be here for
\$10 or less
per issue.
Contact Gary 603-747-2887
gary@trendytimes.com

Junction Shop Auto & Repair
VT Inspections • Brakes • Tires • Exhaust & More
Time to think about snow tires and winterizing your vehicle!
802-222-4864
418 Waits River Rd • Bradford, VT

ST. JOHNSBURY ANTIQUES
Buying & Selling
560 Railroad St • St. J
802-748-6000
Wed - Sat 10am-5pm
Sunday 12 noon-4pm

PAWFECTIO GROOMING
Gift Certificates Available!
Michelle Tanner
802-535-7958
100 Depot Street
Lyndonville, VT

TATTOOS & PIERCINGS
603-444-7800
15 Main St
Littleton, NH
Inked Again

True Vermonters QUILTS
ACI Certified Appraiser,
Custom Quilt Studio
SANDRA PALMER
241 Harvard 128 Rd
Woodstock, VT 05091
struememsonline@aol.com
802-337-2295

Barbara Smith, CMT
Certified At Green Mountain Massage School
MASSAGE SPECIAL
(For new clients only)
60 minute massage for \$25.00
- Relaxation
- Stress Reduction
- Pain Relief
90 Farm Street
East Ryegate, VT
802-737-2809
reikiretreat@charter.net

Shops At Fayrehale
4821 Rt. 5, McIndoe Falls, VT
FAYREHALE
Antiques Christmas Gifts
OPEN
Winter Hours
By Chance Or By Appointment
Usually Open Fri, Sat, Sun (Noon - 4PM)
Email: shopsatfayrehale@gmail.com
Follow us at
https://www.facebook.com/ShopsAtFayrehale

HOUSEWRIGHT CONSTRUCTION, INC.
New Construction / Remodeling / Design-Build
Restoration / Reproduction / Custom Woodworking
EPA Lead Safe Certified Firm / Renovator
802-866-5520
www.housewright.net
5365 Main Street S • Newbury, VT 05051



TRENDY Dining Guide

Calamity Jane's Restaurant

By Gary Scruton

There are a wide range of eateries in this area. If you look you can find almost everything from fine dining to lunch counters, from the friendly local diner to the upscale specialty hideaway. Plus there are a wide variety of places in between. They all have one thing in common, food and beverages served to hungry and thirsty customers. But each one also is set apart by its owner/manager and the staff that works there.

Calamity Jane's in Warren is a great example of one of those eateries that takes on the personality of its owner. The reason for that is that Jane Higgins (Calamity Jane, herself) is owner, chief cook, and sometimes waitress, all at the same time. The restaurant itself only has about a half dozen tables and about the same number of counter stools in her spot right on the common in Warren, NH. But Jane has learned to make the best of it all. In fact she has been there for more than 20 years doing it all. And doing it very well.

A plus about having a small number of tables is that each meal gets the full

attention of the cook. In our most recent visit, lunch time on a Sunday, there was a waitress on duty to help out Jane. We thought about ordering breakfast, kind of a staple at Jane's, but both decided to go with a sandwich. My wife settled on a classic BLT. Her comment? There was plenty of bacon and tomatoes. It was indeed a full sandwich that also came with a side of french fries. I decided to try a cheddar burger. This is one of the specialty sandwiches

listed on the menu. The hamburger patty was plenty large and it was served with bacon, lettuce and tomato on a half grinder roll. Again there was plenty of bacon, not just a strip or two, and the burger filled up the roll, even sticking out on the sides. It also came with fries. Both meals were more than satisfying and were priced at a reasonable level that made the whole meal well worth the price.

Another aspect of Calamity Jane's personality

is what she does for the community. In 2014 Jane helped raise about \$11,000 for the Make A Wish Foundation - NH Chapter. This year she is hoping to out do that amount. To get started towards that goal there will be a bake sale at Calamity Jane's the last week of each month. The products come from the kitchen of Jane's and virtually every dollar raised goes to Make A Wish.

So stop in for lunch or

breakfast Tuesday thru Sunday. Or try the new offerings on Friday & Saturday evenings. Or grab up some of those baked goods from January 25 thru the 31st. Whichever one you choose (of course you can choose more than one) you are assured of getting a good meal at a reasonable price thanks in large part, or possibly entirely, to owner Jane Higgins.

DINE AT

Maplewood Lodge

Enjoy Great Food & Atmosphere

Blues Lounge
Ice Lounge
Breakfast Served All Day

Chef's Recommendations
BBQ Pulled Pork
Apple Ham Cheddar Melt
Rueben

Monday - Sunday 7:00am - 10:00 pm
802-626-5832 • maplewoodlodge.net
4992 Memorial Drive • St. Johnsbury, VT
VAST Location: Jct. CA 48 Trail 5/2F



EVERYBUDDY'S
CASUAL DINING

Offering The Best Of
Breakfast, Lunch & Dinner

Under Our Roof Or Yours!

Gift Certificates Available!
Booking
Christmas Parties!
Take-out
Delivery • Catering
802.626.8685

Open For Breakfast
7 Days A Week - 7AM

Jct. of Rts. 5 & 114
Off VAST Trail #52
Lyndonville, VT

*Put a Little Bliss
in Your Day!*

**SUNDAY PIZZA
SPECIAL**

Put a little Bliss in
your Sunday.

Large Pepperoni Pizza \$7
Large Cheese Pizza \$5
Does not include tax.

Special can not be
combined with any
other discounts.

*Bliss Village
Store*

**Main St., Bradford, VT
802-222-9355**

THE
HAPPY HOUR
Restaurant

SPECIAL FOR THE MONTH OF JANUARY
Marinated Sirloin Tips And Fried Chicken Tenders
Served With Choice Of Two Sides \$13

FEATURING DAILY LUNCH & DINNER SPECIALS
Fresh Seafood • Hand Cut Steaks • Pub Menu • Salad Bar

WEDNESDAY NIGHT SPECIAL
2 For \$26: All Wednesday Night Special Dinners Are Served
With The Salad Bar And Choice Of A Brownie Sundae Or
Cheesecake With Strawberries

THURSDAY NIGHT SPECIAL \$14
All You Can Eat Beer Battered Fried Haddock
Choice Of Potato And Salad Bar

YOUR CHOICE EVERY SUNDAY FOR \$10
Roast Tom Turkey, Pot Roast Or Baked Haddock
Choice Of Potato, Butternut Squash, Coffee & Dessert

Sunday - Thursday 11:30am - 8:00pm
Fri-Sat 11:30am - 9:00pm • CLOSED MONDAYS
802-757-3466 • Main Street • Wells River, VT
www.happyhourrestaurant.net

**CALAMITY JANE'S
RESTAURANT**

ON THE COMMON • WARREN, NH • 603-764-5288

"Fish Friday"
Every Friday 4pm - 8pm
All You Can Eat Fresh Fish Fry
Hand Cut French Fries
& Coleslaw \$10.99 Plus Tax

OPEN: Sunday 8am - 2pm
Wednesday & Thursday 6am - 2pm
Friday 6am - 8pm • Saturday 6am - 11pm
BREAKFAST SERVED ALL DAY!

Closed Mondays & Tuesdays until May
Karaoke January 10 & 24

Available Friday & Saturday Evenings:
Two complete dinners for \$25.00 plus tax
Includes a dessert big enough for 2!

January 25-31 - Week Long Bake Sale
ALL proceeds go to "Make A Wish - NH Chapter"



Thistle Cafe

At
NEWBURY VILLAGE STORE

**NEW MENUS FOR
BREAKFAST AND DINNER**

Breakfast Is Served
On Weekends.
Dinner Is Served
Wednesday - Saturday.
Saturday Night Special:
Prime Rib

We Serve Beer And Wine
Best Wines In The Valley!

802-866-5681
4991 Main Street South
Newbury, VT
Mon-Thur 6am - 8pm
Fri & Sat 6am - 9pm
Sun 7am - 7pm

The LITTLE Grille

AND THE  *Cantina Mexicana*

In Woodsville, NH

OUR WEEKLY SPECIAL
Every Wednesday \$6 Any Burger On The Menu
Friday & Saturday: Prime Rib Special
Check Our Lunch Menu: All Items Under \$8
Also Like Us On Facebook

Closed Monday & Tuesday
Open Wednesday thru Sunday 11 am - 9 pm

603-747-2777 • www.thelittlegrille.com • All Seasons Plaza • Woodsville, NH

The Upper Valley Community Band Presents "Frozen Fantasy"

The Upper Valley Community Band presents its Annual Winter Concert "FROZEN FANTASY" on Saturday, January 31, 2015 at 7:30 PM at the Lebanon Opera House.

Come and hear 65 musicians from all over the Upper Valley and beyond as they present a delightful evening of music that will set your toes tapping with tunes that will keep you humming all night.

Of course, as the title suggest, there will be musical highlights from the hit Disney movie "Frozen" but there's more! Travel the world with music from the Hungarian plains (Puszta) the Arabian Peninsula (Arabian Dances) and Italy (Italian Holiday) Or travel in time back to the great swing era with songs

from Benny Goodman or even further back to Elizabethan England (Fantasia on "Greensleeves"). And what Concert Band performance would be complete without a great march from John Philip Sousa (The Fairest of the Fair) and a classic from Leroy Anderson (Sleigh Ride). In addition, there are a few more "surprises" to be enjoyed. All in all a wonderful evening of live music for the whole family. Tickets are only \$8 with reduced prices for youngsters, students and seniors. Our concert partner is WISE of the Upper Valley. All this plus refreshments! Don't miss it! (Band Website is www.uvcb.org)

Catamount Arts Hosts Chicago Artist & Local Playwright In January

In January 2015, Catamount Arts Center will be presenting the work of Chicago-based painter, Julian Williams entitled, Englewood Boys and a performance piece based upon this collection of portraits by local playwright Ruby C. Berryman.

Just recently the two were the artists in residence at the Northeast Correctional Complex where this unusual inmate art project began. Englewood Boys is a thirteen portrait watercolor collection of incarcerated males in Chicago, Illinois. Mr. Williams' collection is derived as a response to his interaction with the penal system when his own son was incarcerated in a medium security

prison.

Ms. Berryman created a writing workshop for the inmates based upon the portraits. Her goal was, "to convey meaning from one artistic medium to another culminating with a performance." Working through a series of writing and performance exercises, the inmates compiled monologues for each of the thirteen portraits, thus extending the Englewood Boys narrative onto the page and ultimately the stage.

This was the first portrait

to performance piece for the Northeast Correctional Complex and Superintendent Al Cormier noted that, "It was impressive that the inmates were able to accomplish so much with the portraits in so little time." A recent blog post which can be found at: <http://www.spaldingmfa-blog.org/?p=296> chronicles the journey.

The Englewood Boys will be on exhibit for the month of January 2015. A performance which will be open to the public will take place on January 30th at 7:30pm.



Second Chance animal rescue

"we care when there's no one there"

1517 Meadow Street
Littleton, NH 03561
603-259-3244
www.secondchancear.org

North Country Chorus
Madrigal Dinner
Hello, Columbus!

January 23 and 24 at 6:30 pm
January 25 at 4:30 pm
Monroe Town Hall ~ Monroe, NH

Join Queen Isabella, King Ferdinand, and Christopher Columbus for an evening of music, mirth, magic, dance, and a scrumptious feast. Tickets by advance sale through Catamount Arts. Order online, by phone, or at the box office. **Special: Purchase 8 tickets, get 2 free!**

Details and ordering information at northcountrychorus.org
Questions? Call Claire Mead at 603-989-5523

St. Luke's Episcopal Church
3 Church Street
Woodsville, NH



SUNDAY SERVICE 10AM
1st, 2nd & 4th Sundays
Holy Communion With Sunday School
3rd & 5th Sundays
Morning Prayer With Sunday School
Bible Study Following Coffee Hour

Cheap Kids

20% OFF EVERYTHING Through January

499 Route 10
Orford, NH
603-353-9212

Wednesday thru Saturday
9:00 to 3:00

A wonderful selection of Children's sizes 0-14 and Maternity Wear



On Facebook? Become a Cheap Kids fan!
www.cheapkidsnh.com

"definitely worth the trip"

THE FARMER'S DAUGHTER
Gift Barn & Fudge Shoppe

Look For Us Across The Road In The "Sugar Shack"

From November - April
Where you'll find warmth (Yes, it's heated!) and our BARN Favorites:

- Homemade Fudge • Maple Syrup
- Vermont Products & Gift Baskets
- Locally Made Candles & Crafts



THRU THE HOLIDAYS
November & December
We will be carrying:

- Christmas Trees
- Wreaths • Ornaments
- X-mas Gifts

Route 2 • St. Johnsbury, Vermont • 802-748-3994

DADS GOT GAS

Now Available: Dyed Off Road Diesel
ALL SIZES PROPANE CYLINDERS FILLED



Dads is a Vermont Fuel Assistance Dealer



We Carry **INTERSTATE BATTERIES** Top Quality Value-priced Batteries

MONDAY - FRIDAY 7:30 AM - 5:30 PM
SATURDAY 8:30 AM - 4:30 PM
SUNDAY 9:00 AM - 2:00 PM

802-748-4208

DADS 4 BY TOOL & SUPPLY

22 Memorial Drive, St. Johnsbury, VT • 802-748-4208
10 Railroad Street, Wells River, VT • 802-757-2000



On January 7, NH Representatives will meet to approve rules governing conduct in legislative chambers as proposed by the rules committee.

Several rule changes have been submitted for consideration. Previously, a request for a roll call vote had to be seconded by 10-seated members. The new proposal requires 20 other members to second the motion. Although it is every member's right to request a roll call vote, it should be remembered that each roll call consumes time and requires additional expense. Unless a particular vote has political significance or other reason to record each member's position, a recorded 'division vote' identifying the total 'Yeas' and 'Nays' is often sufficient. The increased frequency of roll calls significantly increased time in Chamber last session.

Another proposed rule change addresses the issue of concealed weapons in the House. The rules committee has proposed: "No person, including members of the House, except law enforcement officers while actively engaged in carrying out their duties as such, shall display any deadly weapon as defined in RSA 625:11, V while in House Chamber, ante-rooms, cloakrooms, or any portion of the State House adjacent to any of the above." With this change, concealed weapons would again be allowed in and around the N.H. House Chamber.

It is also likely that some Republican members may

challenge the right of the Speaker to appoint the leaders of both caucuses. This proposal would be a significant departure from long, established practice. In 2004, Speaker Doug Scammon was elected by a bipartisan coalition and there was no challenge to his right to appoint caucus leaders. The Speaker represents all representatives in the Hall and this person is responsible for conducting sessions in a respectful, ethical, and bipartisan manner. Although Speaker Scammon was elected to office with bipartisan support, similar to Speaker Shawn Jasper this session, his tenure was not dysfunctional. In 2005, the House passed the first budget in memory that was lower than the previous biennium. In fact, in 2010, when the Republican majority leader resigned, Speaker O'Brien chose not to have the majority leader elected; Speaker O'Brien appointed the majority leader, as did Speaker Terrie Norelli in the previous biennium, and as Speaker Jasper has done in this session. This rule vote will identify those Republicans supporting Representative O'Brien from those united behind Speaker Jasper.

With the adoption of House Rules, the body will move forward in focusing and considering new bills. To date, 800 legislative requests have been received. The first committee organizational sessions will begin on January 13. Have a safe and productive New Year!

The Runaway

By Elinor P. Mawson

This is the story of a good little boy. He ate his vegetables, minded his mother and father and stayed away from the road. He liked to play with his trucks, watch Captain Kangaroo and Lassie on TV, and never fussed when he had to go to bed.

In fact, he liked to go to bed. His mother always tucked him in, read him a story and gave him a kiss goodnight.

One day, though, he decided it was time to do something different.

He would run away from home. (His big brother had tried it once, but that was all he could remember.)

When he told his mother of his plan, she hid her surprise and said only, "I am going to miss you around here."

The Little Boy went upstairs and put his clothes into his mother's overnight bag. It was only big enough to hold all his underpants and his favorite blanket, but he thought that it would be enough.

As he placed the bag in his wagon, his mother remarked, "It's too bad you won't be around for supper. It's spaghetti." (His favorite.)

But the Little Boy was intent on his plan. Giving his

mother a wave, he started off.

When he got to the road, he stopped short. He suddenly remembered one of his mother's rules: no crossing the road until you are 7 years old.

Oh well, he thought--I will just go up this side of the road until I get to the end.,

But when he got to the end, he had only one choice. He had to turn around and go back on the same side.

When he got near his house, he could see his mother on the steps. She waved at him, and he waved back. He continued on his journey--but when he got to the end, it was still the same problem. He turned around and came back--on the same side.

This continued for a few more trips up and down. Sometimes his mother would be outside and waving at him, sometimes she had gone indoors. He began to miss seeing her.

After the 7th or 8th trip by the house, he felt a little hungry. His mother had promised spaghetti, and he had promised to run away. What a dilemma!

Finally, he went by the house again. His mother was outside, and this time she

asked him if he was hungry. It was nearly suppertime, and he supposed he could stop running away for awhile and have something to eat.

There was very little conversation at the table. He ate a huge plate of spaghetti and drank a huge glass of milk. He felt on top of the world.

His mother asked him if he was going to continue his plan or would he like to take a nice bath and get tucked into bed. That sounded pretty good, but what would he do about running away?

"You can always continue running away from home tomorrow after a good night's sleep," she said. "You don't even have to unpack your suitcase".

That sounded like a good idea.

So the little boy had his bath, got into his pajamas, and he and his mother went up the stairs.

It was while she was reading him his story that he got a bit drowsy and philosophical. "I don't think I want to run away any more. I got pretty tired doing all that walking."

His mother didn't say a word. She just kissed him goodnight.

Love, Sex, And The I.R.S Auditions

The St. Johnsbury Players are pleased to announce auditions for their spring show Love, Sex, and The I.R.S. ! A comedic farce by William Van Zandt and Jane Milmore, it will chase away the tax season blues and cabin fever!

Auditions will be held at the St. Johnsbury Middle

School auditorium January 18-19 @ 6pm. There will be a call back date on Jan. 22 @ 6pm if deemed necessary. We ask that those auditioning to try to be there for both 18 & 19. If you cannot be there for both, please try to stay for a whole audition on either night. If you want to audition and are unable to make ei-

ther of those dates, please call or email to discuss a possible special arrangement: nikkiarts@aol.com. Ph 802-751-9377.

Those auditioning will be reading out of the script in addition to some improv exercises for the group. Come expecting it to be fun! Wear casual clothes that you can move around in and feel relaxed.

Once the show is cast, there will be a read through rehearsal on January 28th @ 6pm.

The cast will then have several weeks with the scripts to read through and begin the process of memorization before resuming rehearsals.

Stockley Trucking
405 SOUTH MAIN ST. LISBON, NH 03585

Buying
Copper • Brass
Aluminum • Light Iron • Etc.
Metal Recycling • Junk Cars

CALL FOR PRICES - 603-838-2860

Monday - Friday 9 AM - 4 PM • Saturday 7 AM - 12 Noon

Fabulon floor sanders and all the supplies including the floor finish.
We are your 1 stop shop!

TOOL BARN, INC.
1233 LOWER PLAIN • RTE 5
BRADFORD, VT
802-222-9311
Mon-Fri 7:30am-4:30pm • Sat 8am-12 Noon

SprayFoam
& CELLULOSE
INSULATION
838-5112
jmyers.nhnr@gmail.com

Quality Work At Quality Prices
Our Experience Is Superior

OVER 2000
BROKEN-IN TIRES
MANY SETS OF 4

GOODYEAR
CANON TIRE, INC.

CANON TIRE
I-91 Exit 8, Ascutney, VT
802-674-5600
NEW TIRES TOO!!!

Not Your Mom's Musical Theater Auditions

Not Your Mom's holds auditions for 2015 Concert Season in Littleton Jan. 7, 6:30-8:00 p.m. Littleton Opera House, 2 Union St., Littleton, NH

Not Your Mom's Musical Theater is holding auditions for its 2015 concert series, *Something Wonderful I Missed*, which highlights music from Broadway and off-Broadway musicals. Concerts will be held in March 8 (The Musicals of 1965), May 24 (The Musicals of 1975), July 12 (The Musicals of 1985), September 20 (The Musicals of 1995) and November 22 (The Musicals of 2005) at the Derry Opera House. All Derry concerts are on Sundays at 4, with dress rehearsal prior. Additional performances will be held in the North Country and will highlight both local and southern New Hampshire performers. Actors are encouraged to audition for any and all of the concerts that interest them and to bring their calendar and conflicts to auditions.

This is the fourth year of the concert series, which features two emcees who share the often hilarious history of the songs, which are



Photo is from *Something Wonderful I Missed: The Musicals of 1983*, which was in July of 2013.

performed by the cast. All roles are unpaid, but those who audition will also be considered for Not Your Mom's Musical Theater's professional touring company, which offered two North Country tours in 2014.

AUDITION REQUIREMENTS:

For Singers: Please bring two contrasting songs that illustrate your range and versatility, keeping in mind that we showcase shows from 1965-2005 in this concert. No more than 32 bars each. A short monologue is welcome but not required. Please bring a resume if you have one. A pianist will be provided.

For Emcees: Please

come prepared to read from a script and talk to the director about your interest in the show. A short comedic monologue is also welcome. Please bring a resume if you have one.

Note: You're welcome to audition as BOTH an emcee AND a singer - and yes, you can do both!

Not Your Mom's Musical Theater is also raising money for a "secret show" to be held in September of 2015. To learn more about the show and get involved, email us! Auditions for that show will be held in February or March.

For more information: www.notyourmomsmusicaltheater.com, or notyourmoms@gmail.com.

New Hampshire Food Bank Distributes Record 11 Million Pounds Of Food In 2014

Manchester — The New Hampshire Food Bank, a program of Catholic Charities NH, reached a record food distribution of 11 million pounds in 2014; equivalent to 9,166,666 meals; a 29% increase over last year. With 1 in 9 men, women and children in New Hampshire who do not know when or where their next meal will come from and needs continuing to grow, this is a much-needed boost to the New Hampshire Food Bank's critical role in New Hampshire's emergency food system.

This year's growth in food distribution is due to the generous response of the New Hampshire Food Bank's partners, donors, volunteers and others to the increasing needs of our neighbors in need in New Hampshire. As the only Food Bank in New Hampshire, the New Hampshire Food Bank provides food and other resources to more than 400 food pantries, soup kitchens, children's and senior's programs and other



hunger relief partner agencies throughout the state.

"We are so grateful to have had the ability to reach such a milestone," said Mel Gosselin, NH Food Bank Executive Director. "All that participated, whether donor, volunteer, staff, or advocate should be proud knowing the impact you've had on the thousands of New Hampshire Food Bank clients that were able to eat because of you."

In addition to surpassing 11 million pounds of food distributed, several other key

milestones occurred. In January, the Food Bank achieved AIB International Certification, one of only 10 Food Banks in the Country to attain this Certification. October also marked the 30 year anniversary of the Food Bank.

"Even with this significant increase in distribution and other milestones, an estimated 24 million meals are still missing for our neighbors in need in New Hampshire. Our work to support those in need continues," said Gosselin.



New Hampshire State Representative Rick Ladd and New Hampshire State Senator Jeanie Forrester at the Horse Meadow Senior Center Christmas Lunch helping to serve the meal with members of the Haverhill Police Department.

From TRUCKS to TABLES
WE CAN PAINT ANYTHING.
603.353.9744
Orford, NH
GOTHOMSON.COM

Foreclosure: 37± Acres • Mtn Views!

AUCTION

Fri., Jan. 16 @ 2PM • 486 Harriman Road, Dalton, NH

3BR (2 up & 1 down) Log home with mountain views! Tongue & Groove pine ceiling, Great Room with stone fireplace (wood). Full bath, dining, full basement. Master Suite with Jacuzzi. Walk-in closets, large kitchen with slate floor & granite counter tops.

Thomas Hirschak Co. • THCAuction.com • 800-634-7653 (NH+661)

The Maroon
Lizard
graphic design

Over 20 Years Experience Providing Excellent Quality Design At Reasonable Rates! Anything From Advertisements to Newspapers And Everything In Between!

Jeanne Emmons
Graphic Designer
603-348-7172
themaroonlizard@yahoo.com

Calendar of Events

This is a full page of Calendar of Events for local non-profits. Courtesy of Trendy Times.
Put **YOUR FREE** listing here!

SATURDAYS

BINGO

6:00 PM
Blue Mt. Grange Hall, Ryegate Corner

SUNDAYS

JANUARY, FEBRUARY & MARCH

Newbury & Wells River
Congregational Churches Will Worship At
Wells River Congregational Church

CRIBBAGE

1:00 PM
American Legion Post #83, Lincoln

MONDAY/THURSDAY

ADULT INTERVAL AEROBIC CLASS

6:30 PM
Woodsville Elementary School

TUESDAYS

BREAKFAST BY DONATION

8:30 AM – 10:00 AM
Horse Meadow Senior Center, North Haverhill

UCC EMERGENCY FOOD SHELF

4:30 PM – 6:00 PM 802-584-3857
Wells River Congregational Church

T.O.P.S. (TAKE OFF POUNDS SENSIBLY)

Weigh In – 5:00 PM – 5:45 PM
Meeting – 6:00 PM
Horse Meadow Senior Center, North Haverhill

WEIGHT WATCHERS MEETING

5:30 PM
Orange East Senior Center, Bradford

AA MEETING (OPEN BIG BOOK)

7:00 PM – 8:00 PM
St. Luke's Parish Hall
121 Central Street, Woodsville

TUESDAY/THURSDAY

ACTIVE OLDER ADULT STRENGTH CLASS

1:30 PM
Woodsville Post Office, South Court Street

WEDNESDAYS

AQUA AEROBICS

9:00 AM
Evergreen Pool, Route 302, Lisbon

BINGO

6:30 PM
Haverhill Memorial VFW Post #5245
North Haverhill

THURSDAYS

CRIBBAGE

1:00 PM
Horse Meadow Senior Center, North Haverhill

FRIDAYS

AA MEETING (OPEN DISCUSSION)

8:00 PM – 9:00 PM
Methodist Church, Maple Street, Woodsville

TUESDAY, JANUARY 6

NH STATE VETERANS COUNCIL
REPRESENTATIVE
8:30 AM – 12:00 Noon
Woodsville American Legion Post #20

GOOD OLE BOYS MEETING

12:00 Noon
Happy Hour Restaurant, Wells River
Public is invited.

CONNECTICUT VALLEY SNOWMOBILE CLUB MONTHLY MEETING

7:00 PM
Morrill Municipal Building, North Haverhill

WEDNESDAY, JANUARY 7

NOT YOUR MOM'S AUDITIONS
FOR 2015 CONCERT SEASON
6:30 PM – 8:00 PM
Littleton Opera House, Union Street
See article page 5

WOODSVILLE/WELLS RIVER 4TH OF JULY COMMITTEE MEETING

7:00 PM
Woodsville Emergency Services Building

THURSDAY, JANUARY 8

FREE COMMUNITY MEAL

5:00 PM – 6:30 PM
St. Luke's Parish House, Woodsville

FOUR WRITERS... ONE EVENING

6:00 PM – 8:00 PM
Bath Public Library

FRIDAY, JANUARY 9

AMERICAN LEGION RIDERS MONTHLY MEETING

6:00 PM
American Legion Home, Woodsville

SATURDAY, JANUARY 10

EXHIBIT OF BRADFORD PHOTOGRAPHS, ETC.

2:00 PM – 4:00 PM
Bradford Academy Building, Main St.

CHICKEN & BISCUITS HOMEMADE DINNER

5:30 PM – 7:00 pm
United Congregational Church of Orford

SUNDAY JANUARY 11

BENEFIT TEXAS HOLD 'EM TOURNAMENT
1:00 PM / Cash Games @ 11 AM
AMERICAN LEGION POST 58
Maple St, St J. Vt.

MONDAY, JANUARY 12

HAVERHILL SELECTBOARD MEETING
6:00 PM
Morrill Municipal Building, North Haverhill

WEDNESDAY, JANUARY 14

MONTHLY MEETING -
ROSS-WOOD POST #20 AMERICAN LEGION
6:00 PM
American Legion Home, Woodsville

THURSDAY, JANUARY 15

VFW POST #5245 MONTHLY MEETING
7:00 PM
VFW Hall, North Haverhill

FRIDAY, SATURDAY & SUNDAY

JANUARY 16, 17 & 18

19TH ANNUAL LISBONS LIONS
TIP-OFF CLASSIC
Lisbon Regional High School

SATURDAY, SUNDAY & MONDAY

JANUARY 17, 18 & 19

THREE DAY SLED DOG RACE
New Hampshire Northcountry

SUNDAY JANUARY 18

BENEFIT TEXAS HOLD 'EM TOURNAMENT
1:00 PM / Cash Games @ 11 AM
VFW POST 10038 Hill St, Lyndonville, Vt.

SUNDAY & MONDAY

JANUARY 18 & 19

ST. JOHNSBURY PLAYERS AUDITIONS
6:00 PM
St. Johnsbury Middle School
See article on page 4

MONDAY, JANUARY 19

BOOK DISCUSSION
6:30 PM
Groton Free Public Library
See article on page 7

TUESDAY, JANUARY 20

NH STATE VETERANS COUNCIL
REPRESENTATIVE
8:30 AM – 12:00 Noon
Woodsville American Legion Post #20

EMERGENCY FOOD SHELF

4:30 PM – 6:00 PM
Wells River Congregational Church

FRIDAY, JANUARY 23

34TH ANNUAL MADRIGAL DINNER
6:30 PM
Town Hall, Monroe
See ad on page 3

SATURDAY, JANUARY 24

34TH ANNUAL MADRIGAL DINNER
6:30 PM
Town Hall, Monroe
See ad on page 3

SUNDAY JANUARY 25

BENEFIT TEXAS HOLD 'EM TOURNAMENT
1:00 PM / Cash Games @ 11 AM
ELKS POST 1343 118 Western Ave St. J. Vt.

34TH ANNUAL MADRIGAL DINNER

4:30 PM
Town Hall, Monroe
See ad on page 3

PLACE YOUR EVENT FOR YOUR TOWN, SCHOOL OR ORGANIZATION AT NO CHARGE.

Submit your entries by:

Phone: 603-747-2887 • Fax: 603-747-2889 • Email: gary@trendytimes.com

Deadline for submissions is Thursday, January 15th for our January 20th issue.

March Fundraiser: Volunteers Needed. The Friends of the Library is a very small (but expanding), informal group of volunteers. If you are interested in working on a NEW spring fundraising project, we'd love to hear from you! For more information, call Nancy Spencer at 584-3717, or contact Anne at the library.

Book Discussion: "Beautiful Music for Ugly Children." Monday, Jan. 19 at 6:30pm. Teens & adults are invited to join our conversation of one of this year's Green Mountain Book Award nominees, a novel written in the voice of a transgendered teen. This book was written by author Kirstin Cronn-Mills and is

available at the library for lending.

Book Discussion: "The Rosie Project." Monday, Jan. 26 at 7pm. Written by Graeme Simsion, "The Rosie Project" is an international bestselling romantic comedy. Pick up a copy for an enjoyable winter read and join us for a lively conversation!

Round Robin Reading Storytime. Every Tuesday at 10am. For children ages 0-5 and their caregivers. Come share stories and playtime!

NEW! Cabin Fever Flix. Due to popular demand, we are now adding new release DVDs to our collection this winter season -- let's beat those cabin fever blues! Free one-week loan for best titles

around!

Crafts & Conversation. Every Wednesday, 1-3pm. Join us with your ideas and projects-in-process – or – just join us!

All of our programs are free and open to residents of all towns. Find us on Facebook (Groton Free Public Library) or contact Anne: grotonlibraryvt@gmail.com, 802.584.3358. Online catalog: grotonlibrary.kohavt.org.

Open Hours: Mon 2:30-7pm, Wed 10am-4pm, Fri 2:30-7pm, Sat 10am-12pm.

Visit us on Facebook: www.facebook.com/Groton-FreePublicLibrary and at our website: www.grotonlibraryvt.org

Over the course of one week, Dec. 8 to Dec. 12, the students of Woodsville High School raised more than \$1,200 worth of nonperishable food items for families in need. The event was run by the National Honor Society at Woodsville. These students worked together to make the

holiday season much better for families in their area.

The National Honor Society at Woodsville High School is excited to continue this event for years to come. They also look forward to helping the community even more for the rest of this 2014-2015 academic year.

Orange East Senior Center

All events held at the Senior Center are open to the public unless otherwise advertised.

We are looking for volunteers for the kitchen for Monday through Friday. If you are interested, please call or come by.

The East Corinth Cribbage Club will be on Wednesdays for the 2014-2015 season at 7:00 p.m. Cost is \$2.00 per night. A raffle drawing will be held on the last Wednesday of every month. Any level are welcome—please come to enjoy! If you have any questions, please call Sally Osgood 802-222-5756

Bingo is every Monday. There has been a change in what time bingo starts, the time has been changed from 6:30 p.m. to 6:00 p.m. The doors will open at 5:00 p.m. The kitchen will be open selling drinks and food.

Robert's Thrift Store is looking for volunteers on Tuesday, Thursday, Satur-

day and Sunday. The store is open from 9 to 5p.m. but you can set what hours you would like to work. If interested please call Robert at 222-5001 or stop by.

The Senior Center has a foot care clinic on the second Wednesday of the month. The next clinic is January 14. If you would like an appointment, please call.

Computer class is now on Wednesdays from 3:00 p.m. until 5:00 p.m. This class is for all levels.

There will be Tai Chi Easy classes on Wednesday are at 8 a.m.

The Orange East Senior Center is available for rent. We have a capacity of 125. If you would like to book your wedding reception or birthday party or if you have any questions, please give us a call.

If you are in need of any medical equipment, please check with Vicky to see if we have it to borrow before you purchase any.

There is space available in the Monday, Tuesday, Thursday and Friday exercise class. The class begins at 9:00 a.m. and ends at 10:00. It is a strength building class. Directly after exercise class on Tuesday and Thursday we continue with a balance class that helps build balance.

Orange East Senior Center is holding informal Line Dancing classes for exercise and just plain fun, each Tuesday at 10 a.m. Come On Down!

Not all Times are Trendy but there will always be Trendy Times

January 6, 2015 Volume 6 Number 7

PIKE / EAST HAVERHILL 13TH ANNUAL CHRISTMAS MEMORY TREE (sponsored by Bethany Congregational Church)

- | Given By | In Memory Of |
|-----------------------------------|---|
| Bobby Adams | Don & Marion Adams |
| Don Smitty Adams | Don & Marion Adams |
| Richie Adams | Don & Marion Adams |
| Bobby Adams | Floyd Noyes |
| Betty Conrad | Mary Thompson; John Conrad; Linda Conrad; Tom Conrad; Seth Conrad; Kaitlyn Conrad; Jacob Conrad |
| Kim & Phil Conrad | Dale & Estella Ramsay (Kim's parents); Seth Tyler Conrad (son); Jacob Seth Conrad (grandson) |
| Richard & Lillian Eastman | Henry & Esther Eastman; Sherman & Alvina Godbout; Peter Losier (Lil's uncle); Kenneth Murray (Dick's uncle) |
| Maureen Foote, Kelly & Bob Holmes | Robert Foote; George Prusia; Sara & Dean Prusia; Ethel & Alvin Prusia; Lucy Warriner; Sheila Jaquith |
| Shirley Grilli | Clarence Grilli; Ellie Rayhill; Will Rayhill; Henry Prue |
| Shirley Grimes | Bill Grimes, Jr.; Bill & Gladys Grimes; Clarence & Doris Pettis |
| Richard & Shirley Hall | William & Marguerite Eichhorn; Ellis & Ruth Hall; Howard Hall; Betty Kimball |
| Jim & Winifred Hill | All Our Loved Ones |
| Scott, Darlene & Little "Isie" | Isabell Patten |
| Alice Hodgdon | Mark Floyd Noyes; Marion Noyes; Earl Hodgdon; Augusta Hodgdon; Don Adams |
| Mark & Virginia Noyes | Dorman & Ethel Dennis; Bob, Blanche & Donna Dennis; Floyd Noyes; Marion Noyes; Bert Keniston; Don & Marion Adams; Ted & Marge Aust |
| Carl & Priscilla Nystrom | Brenda Patterson; Robert Nystrom, Sr.; Hugh Kenniston; Forest Dodge |
| Debbie Page | Jim Page; Ruth Page; Jeff Page; Miriam Page; Rich Kinder |
| Debbie & Lincoln Page | Megan Foley |
| Mike & Carol Penkert | The Gearhart Family; The Penkert Family; The Baustezt Family; Willa Weiss; Jack Thompson |
| Steve & Marilyn Seminero | Rev. Norman Langmaid; Alice Langmaid |
| Mike, Patti & Ian Severino | Sarah Kathryn Severino; Anthony Severino |
| Patti Severino | Ann & Walter Wicke; Stephen McDonough; Cindi Wicke Lawrence; Norma Wicke Ireton; Sherri Vaillancourt |
| Harry Simano | Gail Simano; Jennie Simano Piper; Harry P. Simano; Manson Brown; Ronald Brown; Diane Brown; Kenneth Smart; Etta Bossie; Tammy Simano Boeske |
| Joe & Mary Lee Vigent | Leo Vigent; Gladys Vigent; Kenneth Trevena; Nellie Trevena; Jeffrey Vigent; Diane Vigent; Betty Emery; Richard Colbeth |
| Joe Vigent | Paul Powers; Frank Spear; James Gaylor; Paul Ashmore; Bruce Morse |
| Mary Lee Vigent | Lois Paye; Karen Gordon; Irving Thayer |
| Cody Ricker & Trevor Smas | Orman (Red) Thayer; Isabell Thayer |
| Trevor Smas | Susan Smas |
| Nicholas Vigent | Patricia Bancroft |
| Ruth Wellington | Stephen B. Wellington |
| Ruth Wellington & family | Bill Grimes; Sten Gustavson; Emily Gustavson |
| Jane Wilson | Rev. R. Ward Wilson, husband; Henry & Barbara Cotton, parents; Robert Ward Wilson, Jr., Son; |
| David Ward Wilson | Steve & Helen Dunbar, grandparents; Harold & Mary Cotton, grandparents |
| | Mildred & Donald Strout, godparents |

“Heart, Hope – And A Little Push”

Kathy Jablonski Has Perfected The 4-H Recipe

By C. Ralph Adler

“I’m going to get a bit weepy, so bear with me!”

It’s a few days before her December 31 retirement, so Kathy Jablonski’s tears are understandable, but they’re not flowing because her Cooperative Extension years are ending. In a rich career serving youth as a teacher, principal, Head Start director, and 4-H specialist, Kathy has gracefully, and gratefully, accepted that every day spent helping a child grow is emotional, and about heart.

Kathy first joined the world of 4-H in upstate New York at age nine. She stayed with the club through high school, then embarked on an education and professional career that reflected her love of the 4-H ethos: degrees in home economics, psychology, and adult and community education followed by jobs as a Cooperative Extension home economist, Head Start Center director and nutrition consultant, high school teacher and assistant principal, adult and community ed-

ucation director, and elementary principal.

Along the way, she met and married Dick Bielefield, who shared her deep affection for and commitment to children. Dick led a remarkable career with the Boy Scouts of America that required him to move 22 times. When the couple decided to marry in 2001, he told Kathy that, now retired, he had made his last move, to the home in Sugar Hill. So Kathy sold her Maine property and joined him there.

But Kathy wasn’t ready to just “settle down.” Her career was just getting started.

A JOB MADE TO ORDER

“I was searching for something in my expertise in Grafton County, and it was the middle of winter,” she recalls. When winter comes screaming through Franconia Notch like a diesel train, the county is pretty well but-toned-up for the long haul and jobs for someone with Kathy’s estimable experi-

ence don’t just jump off the classified pages.

But there it was—a youth and family field educator position in Cooperative Extension’s Grafton office. “I was quite pleased to get a first interview within 48 hours. When I was offered the job, I was shocked. I called my sister, Karen, and said, ‘I don’t know what to do!’ She kind of snickered and said, ‘Well, it only took you 30 years to get the job you always wanted.’”

“She was right—it turned out that being an agent was what I wanted to do.” Kathy had been very impressed with the 4-H work in Schenectady County in New York. “We were teaching kids through positive youth development, which we’re not seeing in public schools these days because of the emphasis on math and science. We’re not seeing schools teaching so-called ‘soft skills,’ like working with others, leadership, problem-solving—teaching about the human level as well as the academic level.”

Kathy was immediately impressed with 4-H in Grafton County. “I was very glad to see that Grafton had a very strong 4-H program with committed leaders,” she recalls. “The best part of this job is bringing opportunity to youth and leaders they may not have had in other venues in their lives. We’ve been

able to bring experiences and life skills to a lot of kids and adults in Grafton County.”

According to her UNH colleagues, Kathy has made an impressive mark as both a program manager and a compassionate mentor with children, especially important in a sparsely populated area that relies on programs like 4-H for community connections and careful attention to children in their formative years.

Mike Young, Extension’s youth and family area of expertise leader, said, “Kathy is a team player who voices her opinion in a constructive way but is always willing to do what others need of her. I’m going to miss her ability to balance being a thorough professional with being caring and personal with me as a colleague. It’s a very special quality of hers.”

“No one that I know works harder or longer to get the job done,” said Holly Young, whose position in Communications and Marketing at Cooperative Extension has given her many opportunities to see Kathy in action. “She’s such a caring, compassionate individual, but she takes everything very seriously.”

As an Extension educator in Grafton County, Kathy’s responsibilities have touched on every aspect of

the program—dozens of clubs, military kids camps, county fair presentations, youth STEM (science, technology, engineering, mathematics) activities—if it involved 4-H in Grafton County, Kathy was at the helm.

Yet one area rises to the surface as particularly important to Kathy—healthy living and eating. She piloted and launched a Healthy 4-H Club initiative, created a healthy living curriculum, played a major role in the 14-state Northeast Region Healthy Living Team, ran a “teens as teachers” program with a focus on healthy eating and increasing physical activity (a program that is now going statewide), and piloted a food science program at Haverhill Cooperative Middle School.

And while her managerial and programmatic achievements as the 4-H educator in Grafton County fill dozens of pages of annual reports, Kathy’s success in running the annual Grafton County 4-H Leaders’ Association Golf Tournament deserves special mention, if only for its feat of raising tens of thousands of dollars to support 4-H and Kathy’s achievement in turning the management of the tournament over to a group of capable volunteers.

AUTHENTIC COMPASSION, A LITTLE PUSH

Tellingly, when asked to share her strongest, fondest 4-H memories, Kathy starts with the big picture but quickly moves to the more intimate stories. “One of my strongest memories is of the 2001 4-H centennial, when we were looking at what the future of 4-H should be. We brought groups of kids together...one young man, Glenn Putnam, was very dependable, very intelligent, but very quiet at that time. But during those conversations about 4-H’s future he had some profound thoughts. He made such a good impression on me that we sent him to represent New Hampshire 4-H at regional and national events.”

“Another young lady—Sarah Carter—just a small town kid from Canaan—she’s pursuing genetics and is doing quite well,” Kathy continues. “And Marcy

NEWBURY VETERINARY CLINIC
Annual Exams and Wellness Care
Ill Animal Care • Spay/Neuter & Other Surgeries
DOG & CAT BOARDING AVAILABLE



DR. AMY COOK, OWNER
DR. DIANE GILDERSLEEVE
3890 Route 5 North • Newbury, VT
802-866-5354

Nightingale
PAWN SHOP

We Pay Top Prices For Gold & Silver

Also Buying Broken Silver, Gold Jewelry & Coins.

We Buy, Sell & Trade Firearms & Do FFL Transfers

WE NEED GUNS! We buy, sell & trade!

NOW BUYING DIAMONDS
WE HAVE A LARGE & GROWING RETAIL INVENTORY

Stop In Or Call 603-838-2444
Ask For Buzzie

OPEN
Tuesday thru Saturday 10 AM - 5 PM Or By Appointment
21 Bishop Cutoff, Lisbon, NH 03585
Corner Rt. 302 & Lyman Road



USDON, NH - Lowly home and perfect for the family. Features include 4 Bedrooms, 2 Baths, Dining Room, Living Room, fireplace, large dry basement with woodstove and forced hot water heating system. Two car garage, nice solid construction. Very nice neighborhood. \$129,000.

HVERHILL, NH - Wow beautiful 1.11 Acres with single level 24' x 48' manufactured home. Sunny Living Room, Eat-In Kitchen, 3 Bedrooms, 2 remodeled Bathrooms, additional hobby room with hand-cap ramp. Upgrades throughout, paved driveway, laminate flooring. Enjoy living here. \$99,500.

GRAFTON, VT - A home to meet all needs. 28' x 72' manufactured home with a finished basement. Situated on 13.40 acres with mountain views. 14 Rooms, Jacuzzi, heated garage, 40' x 80' shop garage with a 35' x 30' addition. There are 2 ponds, pasture and horse shed. The list goes on. \$229,500.

HVERHILL, NH - Chalet located across the street from the lake, wonderful screened in porch for relaxing and entertaining. 1st floor bedroom, living room with double slides and fireplace, dining area, loft area for kids to play, family room in lower level and 2 bedrooms, 2 bathrooms, walk-out lower level to a good size deck. Enjoy mountain lakes amenities with no fees. \$151,500.

HVERHILL, NH - Open concept Living Room/Kitchen with center island, 2 bedrooms first floor, 2 Baths, spacious loft area. Finished lower level with family room, additional guest room or den/office area. Large deck. 2 car attached garage and a work shed. There is an additional lot located next door that will be included. Fun awaits you with the Mountain Lakes amenities. Move right in. \$162,000.

HVERHILL, NH - Directly located on the Lake. Chalet great for vacation or year round. Offers plenty of natural light. Living room with woodstove. Open concept Living Room/Kitchen, Loft, 3 Bedrooms, sliders to deck to enjoy the sunrise or set. Partially finished lower level with family room and additional room for guest or office. Private boat dock for non motor boats. Mountain Lakes offers many amenities without association fees. Nice way to start the New Year. \$179,000.

DAVIS REALTY OF NH & VT, INC.
139 Central St. - Woodsville, NH • 603-747-3211 • Fax: 603-747-3575
Email: DavisRealty1958@gmail.com • Web: www.davisrealtynhvt.com

Gowen—she went on to college and I got a call from her parents saying she had gotten an A in public speaking because of her work in 4-H. That kind of ability to represent themselves, to reach an audience beyond their immediate circle of friends—that’s a special thing that 4-H has done for so many kids.”

Asked why she thinks her colleagues speak of her 4-H career with admiration and affection, Kathy echoes what others have said...and adds one more important ingredient. “I think it’s because I care about the kids. I like knowing them. I like hearing their ideas. I like listening to them. But I also like pointing them in a direction I think they might like to grow.”

“I reconnected with one woman who was a student of mine and she told me to remember the things I said or encouraged her to do 25 years ago,” Kathy said. “It’s good to know she looks at what I said as not berating her to change her life, but as suggestions of what might be in her best interest if she

wanted to change her life.” Empathy, Kathy says, is important but not enough to be a good mentor. “It’s powerful stuff to know you made an influence on somebody 10 or 15 years ago, and they’re still thinking about what you said or did or encouraged them to experience to make them who they are today. It’s the right amount of heart and compassion and push, and letting them know I’m there to support them. I don’t want to hold your hand all the way, but I’m willing to give you a push.”

Holly Young agrees: “That’s how she looks at 4-H—she convinces kids that if they step out of their comfort zone, they might like it.”

KATHY’S FUTURE—AND THE FUTURE OF 4-H

While it’s convenient to call the end of her association with Grafton County 4-H “retirement,” Kathy’s career isn’t over yet. In fact, she drops some intriguing, mysterious nuggets about what might lie ahead. “Things have come together to allow

me to leave at this time. I’ll be developing my own enterprise, but I don’t know what that is yet.” Is it safe to say it will involve children? “No, not necessarily,” she teases. “When you work for 30 years you get ideas you want to put into practice.”

But Kathy’s been thinking about the future of 4-H as well as her own (said Mike Young, “Kathy pushes us to honor our past successes while staying open to the ideas that will help us in the future”). Her accomplishments and depth of understanding of the organization have got her thinking about how 4-H might evolve to serve contemporary families better.

“4-H needs to look at ways to engage families more over time,” Kathy believes. She thinks, for example, that the traditional year-round club setting might not be the only, or the most responsive, arrangement for some families. “Maybe a six- or eight-week program would be more inviting and convenient, but always keeping the



door open for families to come back. Of course there’s value to the current club model, but I think it’s a good time to get like-minded people together, parents, 4-H leaders, to see if that model still has meaning in their lives.”

Whatever new ventures lie ahead for Kathy Jablonski, “I won’t be leaving 4-H entirely. I am a 4-H leader, and always will be. It’s my intent to keep in touch, but I

will miss that daily contact, the folks I’ve met through the years, whom I’ve added to my ‘people collection.’”

Kathy pauses, and even over the phone you can almost hear the tears beginning to pool again in the corners of her eyes. “4-H has given me the opportunity to meet some of the most interesting people on this great Earth. These very special people have made a difference in who I am.”

Thayers

INN

111 Main Street, Littleton, NH 03561
Inn & Dining: (800) 634-8179 • ThayersInn.com

Come and Experience the New Thayers Inn!

GRILLE ONE ELEVEN

APPETIZERS

WINGS	8
SLIDERS	9
PASTA/PASTA	10
SUBWAY COCKTAIL	12
MEXICALS	12

SALADS

HOUSE SALAD	8
CASA SALAD	8
STRAWBERRY AMARETTO SALAD	10
\$4 CHICKEN - \$5 SHRIMP	

SOUPS

FRENCH OMELET	5
SEASONED CHOWDER	5

ENTREES

NEW YORK STEAK	22
DEMONIAC STEAK RIB-TYE	26
SHRIMP TINA	18
CHICKEN FENCIBLE	16
CHICKEN DE SHRIMP GARCONADE	18
PANCO SALMON	16
SEAFOOD ARRABDO	18
LOBSTER MAC CHEESE	18
FRESHLY BAKED	16

SANDWICHES

STEAK AND CHEESE	12
GRILLE 111 BURGER	15
CHICKEN SALAD SANDWICH	11

Thayers Inn has 40 uniquely decorated rooms. And now you can enjoy a full service restaurant for lunch and dinner. We also offer Room Service, Function and Business meeting rooms, 24-hour Fitness room and (coming soon) a new Gift Shop.

Introducing ...

GRILLE ONE ELEVEN

Featuring:

- Daily Specials for Thirsty Thursdays Italian Night 1/2 price bottle of wine
- Lobster Special (Wed), Prime Rib Special (Fri)
- Sunday Night Football in HD All Games 1/2 price Appetizer
- Early Bird Specials 4-6 pm, Kids Eat Free

And, NOW OPEN

Stela Studio
Beauty starts here

Stela Studio: (603) 575-5178 • stelastudioinc@gmail.com

Cozy Cat
Coffee &
Gift Shop

cozycatcoffeeandgiftshop@gmail.com

Call or stop by today to find out about our seasonal specials, including New Year’s specials*, and our popular Ski and Dine packages.

(800) 634-8179 • (603) 444-6469

*Reservations Required.



CLASSIFIEDS



PERSONAL: For Sale, Wanted, Lost, Found: Up to 30 words FREE for 2 issues.
BUSINESS: Help Wanted, For Rent, etc. \$10/2 Issues, \$20/5 Issues, \$50/15 Issues.
 Price reflects classifieds up to 30 words. For longer classifieds premium may be charged.
MAIL OR DROP OFF: Trendy Times, 171 Central Street, Woodsville, NH 03785
EMAIL: gary@trendytimes.com *We accept checks, credit/debit cards or even cash!*

FOR SALE

AKC GERMAN SHEPPARD PUPPIES. 3 males, 4 females, 3 black, 4 black & tan. Family raised. Puppy packs, Health Certificates & 1st shots included. Ready 1/18/15. \$850. Pick now, deposit holds choice. 802-633-2830 01.20

PICK UP TOOL BOX: 5' x 20". Fits full size pickups. One month old. Aluminum Diamond Plate. \$150. Call 508-641-2196 01.20

UNFINISHED WOOD STORGE BENCH with back, Like new and ready for your finishing. From Pilgrim Furniture. L 46", W 15", H 33" picture available via email \$79.00 Richard M Roderick 802 757 2708, maxinpalau@hotmail.com 01.20

LONG DISTANCE PHONE CARD. 350 minutes. Half price. \$10. Call 802-333-4457 01.06

MILLER MOBILE HOME OIL FURNACE. Runs excellent. \$400. Infrared Comfort Furnace, 1500 watt. \$100. Call 603-444-0816 01.06

OAK BUTTERFLY KITCHEN TABLE & CHAIRS. Seats 6. Paid \$1,200, would like \$450. London Fog Long Trench Coat, Brown, Size: Small/Petite. \$50. 603-575-5070 01.06

HAND CROCHETED BLANKETS, multi-colored. Fits up to queen sized bed \$100.00. each. Also hand knitted slippers, men, women children sizes. Multi-colored. \$5.00 each. Great gifts. contact Penny 802-757-2894 01.06

UNITED STATES STOVE CO'. PELLET STOVE #5660, 50 lb. hopper. Top loading, glass front. \$500. Call 603-638-2812 1.06

OLD FASHION COUNTRY KITCHEN CABINET: Wainscoting with old fashioned latches. Picture available. 603-348-7172. \$400. 1.06

LEGO STAR WARS DEATH STAR: Completely assembled \$100. 603-348-7172. 1.06

ANTIQUE JELLY CABINET, top portion. No back w/4 shelves. 5 ft wide by 4 ft high. Picture available. \$100. 603-348-7172. 1.06

ALTERNATIVE HEALTH/HEALING

REIKI RETREAT: Barbara L. Smith RMT, Reiki sessions & classes. 10 years experience. Now also offering massage & Reflexology. Gift certificates available. 90 Farm St, East Ryegate, VT. 802-757-2809. reikiretreat@charter.net, www.vtreikiretreat.com

JOIN ME FOR A CUP OF HERBAL TEA! Holistic health consultations available at: Still Waters Herbal Gift Shop, 376 Coppermine Rd., Monroe, N.H. Margie Emmons, Certified Herbal Therapist, Reiki Master. www.stillwatersherbalgiftshop.com, 603-638-3017 06.23

FOR RENT

WELLS RIVER HOUSING AVAILABLE:

• 51 Main Street, second floor - 3BD apartment. \$750 rent includes heat, trash and snow removal.

• 24 Grove Street, second floor - 2 BD apartment. \$680 Includes heat, trash and snow removal. Income restrictions apply.

Walking distance to banks, stores and laundry mat. Income restrictions apply. Call E.P. Management 802-775-1100 Ext #7 or e-mail shelly@epmanagement.com. E.H.O. 01.20

WANTED TO RENT: Man looking for garage with apartment. Wife looking for apartment with garage. Both looking for work with apartment and garage for grounds and building maintenance. Wife retired from the VNA. Man retired from every thing. Recent 10 years+working for a retired minister and his wife and managing the grounds, woods, buildings, home, cars, machinery and the lot, in N. Haverhill. Alex & Carol, PO Box 103, Newbury, VT 05051. E-mail carol-wilber@yahoo.com 01.06

WOODSVILLE, NH: 1 & 1/2 bdrm 2nd floor apartment. On site parking. \$400 mth plus utilities. 603-747-3942 for more info & application. 12.23

SERVICES

Get ready for this winter or Spring 2015. Wood cutting & splitting, general Lawn Care, Roto-tilling, weed sacking. Also doing personal transportation. Minimum charges. Call Frank 802-461-5896, Ryegate. 01.20

INSTRUCTION

INSTRUMENT LESSONS: Offering private piano, guitar, banjo & clarinet lessons for beginner & intermediate students of all ages. 30+ years instructing. Call 603-398-7272. 12.23

HELP WANTED

LYNDONVILLE, VT: Pure Envy Salon Stylist wanted. Booth rental or commission. Call (802) 626-8000 01.06

WANTED

PAYING CASH FOR OLD WATCHES & POCKET WATCHES: working or not. Also old jewelry, hunting knives, gold & silver items. Masonic & military items, American & foreign coins, old unusual items. We make house calls. 603-747-4000 09.16

USED OIL. We pay 50¢/gallon. We are a certified burner, so we will satisfy your legal disposal needs. Fairlee Marine 802-333-9745 06.09

January 6, 2015 Volume 6 Number 7
 Not all Times are Trendy but there will always be Trendy Times

TRENDY TIMES

MAIL OR DROP OFF: Trendy Times, 171 Central St, Woodsville, NH 03785
 EMAIL: gary@trendytimes.com
We accept checks, credit/debit cards or even cash!



CLASSIFIEDS FORM

CATEGORY: For Sale For Rent Found Free Help Wanted
 Lost Personals Wanted _____

DESCRIPTION: _____

PRICE: _____

PHONE NUMBER: _____

PERSONAL: For Sale, Wanted, Lost, Found: FREE for up to 25 words for 2 issues.
BUSINESS: Help Wanted, For Rent, etc. \$10/2 Issues, \$20/5 Issues, \$50/15 Issues.

Fruit Pruning Season Is Almost Here

By Heather Bryant, Regional Field Specialist, Food and Agriculture

The best time to prune tree fruit and small fruit (berries) is late winter to early spring while the plants are dormant. In this area, that generally means February to April. Therefore, now is the perfect time to start planning.

It really is best to plan to do some pruning every year. If you've ever bought a piece of property with a 40 year old apple tree that hasn't been pruned in 10 years you know why. The branches get much too large and pruning becomes a challenge. Worse, in some cases you can't accomplish all that needs to be done in one year without damaging the tree, and you need to come up with a multi-year strategy for bringing the tree back. Additionally, left to their own devices all fruit will tend to produce too much vegetative growth, proper pruning will actually lead to better fruit production and fewer insect and disease problems.

The first question to ask yourself is "do I have the right

tools", or in my case "do I remember where I stored them after last season". For small fruit pruning jobs long handled loppers (for branches up to 2" diameter) and hand pruners (for branches up to 3/4" diameter) should be all you need. Personally, I prefer curved blades because they fit around the branch better, but you may need to test out a couple styles of pruning tools before you find what you like best. If you have a lot of plants to prune every year you may want to invest in loppers whose blades can be removed and replaced if they chip or get worn out. For tree fruit, you will likely need to add a pruning saw. Folding saws are nice because they are safer to transport, but they may not work on larger branches. Some people use hack saws with replaceable blades.

Next, if you are new to pruning or fear your skills are rusty, the web is full of resources. Cooperative Extension has two factsheets that

may help. One for pruning mature trees http://extension.unh.edu/resources/files/Resource000582_Rep604.pdf and another for young trees https://extension.unh.edu/resources/files/Resource000588_Rep610.pdf. The University of Maine Cooperative Extension has a couple of great videos for pruning blueberries and apples <http://umaine.edu/high-moor/videos/>.

The details of pruning strategy vary from species to species, but the common themes are maintaining good air flow thru the plant to minimize disease problems, and cutting off anything that is dead, likely to break off in a storm, or that will interfere with mowing.

Finally, if you'd like something more interactive than a factsheet or video, we run a series of fruit pruning demonstrations across the state each spring. For more information on demonstrations near you please visit our website (<http://tinyurl.com/nmw4ul2>).

HUGS

From The Computer Of Robert Roudebush

Yes, this came to me from a friend, over my computer, and I don't know who originated it. Maybe you do. The content got my attention.

It's wonderful what a hug can do.
A hug can cheer you when you're blue.
A hug can say, "I love you so."
Or, "Gee, I hate to see you go."

A hug is, "Welcome back again!"
and, "Great to see you!", or
"Where you been?"

A hug can soothe a small child's pain
and bring a rainbow after a rain.

The hug. There's just no doubt about it.
We scarcely could survive without it.
A hug delights and warms and charms.
It must be why God gave us arms.

Hugs are great for fathers and mothers
Sweet for sisters, swell for brothers.
And chances are some favorite aunts
love them more than potted plants.

Kittens crave them – puppies love them.
Heads of state are not above them.
A hug can break a language barrier,
and make the dullest day seems merrier.

No need to fret about the store of 'em.
The more you give, the more there are of 'em.

So stretch those arms without delay
and give someone a hug today.

Grafton County 4-H'ers Earn County Recognition

The following Grafton County youth earned 4-H recognition for their recent successful national award qualification. Each individual prepared a resume, went through a county interview and submitted their 4-H records for review. Awards are based on the 4-H'ers record of achievement in project areas, community service, leadership and commitment to the program. Congratulations to Alyssa Jellison, Green Pastures 4-H Club, and Grace Flynn, Bob-O-Links 4-H club. These Grafton County 4-H youth rose to the top during the

county selection process; therefore, they will be moving on to the State level interviews to be held at Pembroke Academy on January 17, 2015. The 4-H leaders, parents, and UNH Cooperative Extension staff wish to congratulate these young ladies on their achievements.

For more information about the University of New Hampshire Cooperative Extension 4-H Youth Development program in Grafton County, please call (603) 787-6944 or email: donna.lee@unh.edu



Alyssa Jellison



Grace Flynn



Happy New Year Sale

Keep Your Business Running Strong During The Winter Months...

ADVERTISE!!!

**2X4
SAMPLE SIZE AD**

THIS IS A 2 COLUMN WIDE BY 4 INCH HIGH AD

BLACK AND WHITE AD – \$48

BUY 2 FOR \$96 AND GET 3RD AD FREE!

EARNED RATE \$4 PER COLUMN INCH

COLOR AD – \$60

BUY 2 FOR \$120 AND GET 3RD AD FREE!

EARNED RATE \$5 PER COLUMN INCH

Minimum of six column inches. Regular rate to apply
(\$6 per column inch for black & white
\$7.50 per column inch for color)

Account must be current. Full amount must be prepaid.
All three ads must run in one or more of the following issues:
January 6, 20, February 3, 17 or March 3 or 17, 2015.

Buy
2
Ads
Get
3rd
FREE!

For details or to order contact Gary at 603-747-2887 – gary@trendytimes.com

Finding Solutions for Your Financial Needs

Kim R Shillieto
Financial Advisor

One Main Street
Littleton, NH 03561
603-444-0344
www.edwardjones.com



Member SIPC

What Does 2015 Hold In Store For Investors?

If you're an investor, you probably had a pretty good year in 2014. But what's in store for 2015?

It's essentially impossible to make precise predictions about the performance of the financial markets — but it is possible to identify those economic conditions and market forces that may help shape outcomes in the investment world for 2015. By paying close attention to these conditions and forces, you can gain some valuable insights as to what investment moves might make sense for you.

Here are a few of these moves:

Consider adding stocks. With stock prices having climbed higher and higher for more than five years, you might be wondering if it's time to scale back on your ownership of equities. After all, no "bull" market lasts forever. Still, some factors point to continued strength for stocks over the long term. First, we are seeing signs of improving economic growth; employment gains and low oil prices are giving consumers more confidence, leading to a boost in spending. Second, corporate earnings — a key driver of stock prices — were quite strong in the second half of 2014, and companies appear poised to show more good results in 2015. Third, stocks — at least large-company stocks — are still reasonably valued, as measured by their price-to-earnings ratios (P/E). Given these factors, you might want to think about adding quality stocks to your

holdings — assuming, of course, these stocks can help meet your needs for a balanced portfolio. And be aware that even the most favorable conditions can't assure a continued run-up in stock prices, which can and will fluctuate. Prepare for rising interest rates. For several years, interest rates have been at, or near, historical lows. Given the strengthening economy, and the decreased need for stimulus, the Federal Reserve may well raise short-term interest rates in 2015, perhaps as early as this summer. But long-term rates may start rising even before then, so you may want to take a close look at your bonds and other fixed-rate investments. As you probably know, when interest rates rise, the value of existing bonds typically falls because investors won't pay full price for your bonds when they can get newly issued ones that pay higher rates. One way to combat the effects of rising rates is to build a "ladder" consisting of short-, intermediate- and long-term bonds. With such a ladder, you'll be able to redeem your maturing short-term bonds and reinvest them in the

new, higher-paying bonds. Look for investment opportunities abroad. Although economic growth has been slow in parts of the world, especially China, many countries have now initiated policies to spur economic growth. These actions can create opportunities for international equity investments. Keep in mind, though, that international investing involves particular risks, such as currency fluctuations and political and economic instability. So if you are considering foreign investments, you may want to consult with a financial professional.

There are no guarantees, but by following the above suggestions, you may be able to take advantage of what looks to be a fairly favorable investment environment for 2015. While you should make most of your investment decisions based on long-term considerations, it's always a good idea to be attuned to what's happening in the world around you — and to respond appropriately.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor



RICH SAFFO
Concrete Form Co., Inc.
Since 1978 Continuous Service
Phone: 603-787-6747 Fax: 603-787-6560

Hood's Plumbing and Heating Inc
Complete Plumbing & Heating Systems
Bathrooms & Water Conditioning
24-Hour Emergency Service For Our Customers
Free Estimates Give Us A Call!
CHRIS DELLINGER
NH 2712 • VT PM3036
603-787-6600 • 603-787-6838 Fax
PO Box 368 • North Haverhill, NH

A Local Agent For A Local Company
We offer Vermont Mutual:
Home • Auto • Business
Good Claim Service
Competitive Rates

The Taylor-Palmer Agency
"Insurance Service Since 1860"
Bradford, VT 05033
802-222-5222 • 802-222-2903
www.taylor-palmeragency.com
Serving the area for over 100 years!
Auto • Home • Farm • Business • Life • Health

MEADOW LEASING
Littleton, N.H.

1-800-762-7026 • 603-444-7026
Let Us Help You With All Your Storage Needs.

TRENDY TIMES STAFF
EDITOR / PUBLISHER.....GARY SCRUTON
EDITOR'S ASSISTANT.....JANICE SCRUTON
SALES.....RICHARD M. RODERICK,
ILENE MCHUE & GARY SCRUTON
GRAPHIC DESIGNER.....JEANNE EMMONS
TRANSPORTATION
COORDINATOR.....BARBARA SMITH
DISTRIBUTION SPECIALIST.....APRIL DYKE
CONTRIBUTING WRITERS..ELINOR P. MAWSON,
MARIANNE L. KELLY, MELANIE OSBORNE,
ROBERT ROUDEBUSH
IN VINO VERITAS.....ROBERT ROUDEBUSH
TRENDY KITCHEN.....RONDA MARSH
Phone 603-747-2887 • Fax 603-747-2889
gary@trendytimes.com
ads@trendytimes.com
171 Central St. • Woodsville, NH 03785
Tuesday – Friday 9:00am - 5:00pm
Trendy Times reserves the right to accept or reject publication of any letter to the editor or submission of any nature for any reason, of course you will need to be really out there for us to turn you down. However, we do reserve the right to make slight changes to submissions for readability purposes. Thank you for your understanding.



A FREE PUBLICATION
TRENDY TIMES
www.trendytimes.com

Letter To The Editor

Year in Review

Our President recently did an executive order for amnesty and work permits for some illegal aliens. Unfortunately, he did not see it an urgency to get Americans back to work. No executive order for anything that would ease the burden on companies to hire American citizens.

We all noticed the gas prices are down. Great for us at the moment but has anybody read the news about its effect.

Russia is in a financial crisis. Inflation and a recession. Interest is at 17% and the value of the ruble has dropped dramatically. Russia may not be able to support Syria's Bashar al-Assad. Russia citizens will no longer have the cash to spend money to travel or buy foreign imports.

Financial problems are also facing Venezuela and Iran. Not exactly our friends but this will affect other countries as well.

Perhaps Iran may agree to a nuclear deal. This would be good. Venezuela does not have the funds now to finish its social projects and may default on loans.

America wins and loses. We are the biggest producer of oil and the biggest user. Shale oil extractors will lose in profit.

Lower oil prices are great for farming. Cheaper oil to power aquifers and pump water from far away. Oil is also used in making fertilizers.

China and India are big oil importers so

this is great for them. It is cleaner air in China to move from diesel and more money for India for less energy subsidizing.

Last but not least, we saw 2 of our finest gunned down for no reason other than they are our finest. What does this say about America to other countries?

The majority of our police serve the public. They go in harm's way to protect us. Yes there are a few bad apples, but only a few. And there are a few bad apples in all professions. I am grateful we have our police and their service for a country without law is anarchy.

Our President and others like Al Sharpton have been anti-police and are race baiters. They do not bring up the black on black crime. That is the sad thing.

We need jobs. Jobs for white Americans, black Americans but for all Americans. With good jobs we have health benefits and can live the American dream.

I am not better off than my parents. I am unemployed. The American Dream is not working for me. I hope it works for my son.

We must change the ways of our country before it is too late. We must do better in 2015. Our federal and state representatives must do better. We must look at the long range effects of our actions. We as citizens must do better.

Linda Riley, Meredith NH

Linda,

Your last sentence is a great one. "We as citizens must do better." Here in New Hampshire we are lucky enough to have the first shot at doing better in only about a year. That is when "The First In The Nation" Presidential Primary will take place. Between now and then we will all see and hear from many, many people looking to be the next US President. It will then be our job to start the process of picking a candidate for our two major parties.

So let's start there! Let's all do a better job when we go to the polls.

Gary Scruton, Editor

Letter To The Editor

To the editor,

Are you happy with microsoft? When Microsoft said that they would no longer update Windows XP. I had no idea they meant they would take away "ALL" of my Works Documents as well. Which means, ALL of my and the families medical files, all of the children story's I've been writing since I bought Windows XP..All of my pictures, ALL of my financial papers, in fact just about EVERYTHING that is of importance that was done on "Works." Even though I copied them to a disk and flash drive they will not open, because..there is no WORKS program anymore. I wrote Microsoft a letter, telling them I didn't appreciate it. Told them they weren't environmentally friendly. How many WINDOWS XP are now in landfills? Only because they no longer run on updates. If you bought a car, which we have

Nancy,

I'm sure you have heard this before, but have you checked with a computer professional? I also know that such professionals can be expensive, but it should be worth something to get all your files retrieved.

I have experienced the same sort of circumstance when a company "updates" a program. At some point the original just doesn't work any more. It is sometimes called "Planned Obsolescence". To others it is called progress. Either way, it tends to cost consumers money in order to simply keep up.

I hope you are able to retrieve your files and keep your family safe, healthy and updates.

Gary Scruton, Editor

an old one, doesn't mean because its old, it is not of value. It runs and it is not going into a landfill for quite sometime. Our 2001 Ford Windstar has over 225 thousand miles on it and runs just fine, has a few kinks, needed brakes, but we didn't throw it away because it did..not like Microsoft.

We are in our late 70's and learned how to turn the computer on by using the "Dummies Book" and have used updates of Dummies ever since. They send me emails if I need help on problems I don't understand...but Microsoft just has ...nothing.

Have no idea what the new computers are saying or telling us to do. I can't even find a place on how to turn it on or to start it up. Not only Microsoft isn't environmentally friendly, but neither are they senior citizen friendly.

Nancy Leclerc, No. Woodstock

Letter To The Editor

My 'Know it all' Friend

For the past six years my 'know it all' friend has been telling me that Obama was a DINO, a continuation of the previous administration, a lap dog for Wall St, a representative for big oil, big corporations, big insurance—I didn't believe him.

On March 9, 2009 former George W. Bush advisor Michael Boskin wrote this tidbit: "Obama's radicalism is killing the Dow". The Dow is at 18,000 now with a 171% return since Boskin's op-ed. The economy is growing at its fastest pace in ten years. This is what should be the last evidence that one would need to prove my friend's dastardly accusations. But go ahead and continue to listen to racist polemics instead.

George Maloof, Plymouth

George,

It seems obvious that "friends" are not always right. Sometime we must believe what our eyes see, and what our pocketbooks feel. Of course not everyone is affected in the same manner by what the Dow does. Just like not everyone is directly affected by a minimum wage increase. But they are all tied together.

In regards to our current president and whether or not he is doing a good job, my belief is that like so many before him, it will be almost impossible to tell during his term just exactly what kind of job he has done. It will take another 20 years or more before history can look back and tell us the real effects his presidency has had on the early 21st century.

Gary Scruton, Editor

Robert's Thrift Store
50% OFF
ALL ITEMS IN THE
CHRISTMAS ROOM!
 Daily Specials - Every Day Something Different
 Located Under The Post Office In Bradford • 802-222-5001

Estate Auctioneers
and Appraisers
 Specializing in
 On-Site Auctions
 and
 Estate Appraisals
 Antique to Modern
Steenburgh
 779 Jeffers Hill Road • Pike, NH 03780 • 603-989-5361
 josh@steenburgh.com • www.steenburgh.com

PATTEN'S
GAS
Water Heaters
Appliances
Generators
Heaters
 603-787-2422
 240 Brushwood Road
 North Haverhill, NH 03774

NOW OFFERING CUT & SPLIT FIREWOOD
 \$225/Cord Hardwood
 Delivery Is Available
 We Also Do Wood Chipping Up To 4"
J & A LAWNCARE
 603-747-4030
 BEST TO CALL AFTER 5 PM
 Woodsville, NH
 \$115/CORD
 PINE
 GREAT FOR
 OUTSIDE
 FURNACES

Visit Our New On line Store WhiteMountainTrader.net

Athena's Adult Home Novelties

Adult Novelties • Spa Parties
50 Shades of Gray Parties • Bachelorette Parties



APRIL DYKE
Adult Event Planner
603-991-6194



RICH CLIFFORD

CONCRETE FOUNDATIONS

SLABS, RETAINING WALLS, CURBINGS,
SIDEWALKS INCLUDING RAILINGS

NO JOB TOO SMALL

54 Clifford Drive
N. Haverhill, NH

Rich Clifford
603-787-2573

Senior Feet

Foot Care For Age 60 & Older

Beverly Sinclair
Registered Nurse

802-449-7385
bev@sinclair-chiro.com

183 North Main St
Bradford, VT



GRS Tire & Auto

Full Service Auto Repair

Foreign & Domestic

Alignments • Brakes • Lube, Oil & Filter Changes
Oil Undercoating • State Inspections • Tires
Towing & Recovery • Tune-Ups • Used Car Sales

GARY SIEMONS, PROPRIETOR
603-747-4192
95 Central Street, Woodsville, NH
Hours: M-F 8-5



NEED CASH?

C.M. WHITCHER TRANSFER FACILITY

"Facility To Meet Your Needs"

58 WHITCHER HILL ROAD • WARREN, NH 03279
LOCATED ABOUT 1 1/2 MILES EAST ON NH RT. 118 WARREN

BATTERIES - WASTE OIL • TIRE DISPOSAL • CONTAINER RENTAL
FOR YOUR SPRING OR FALL CLEANDUPS • CURBSIDE GARBAGE SERVICES
CONSTRUCTION & DEMOLITION CONTAINERS • ON SITE DEMOLITION
CONCRETE & MASONRY DISPOSAL • REMOVAL & PICK-UP AVAILABLE

603-764-9300 • FAX 603-764-9302
www.cmwhitcher.com • cmwhitcher@yahoo.com
Mon - Fri 7:30am - 3:30pm

PAYING FOR SCRAP METALS

INCOME TAX PREPARATION

Peter B. LaVoice
James K. Lang

Personal & Professional • E-File • Payroll Services

OPEN TUESDAY & WEDNESDAY
9:00 AM - 7:00 PM
Or Call For An Appointment

e-file

603-747-3613 Fax 603-747-3287
49 Swiftwater Road, Woodsville, NH 03785

Dear Marci...

Dear Marci,

I have a Medicare Advantage plan, and I get two notices from my plan every month. Both are called Explanation of Benefits. It seems like one is about my health care services, and one is about my prescription drugs. These statements have a lot of information, and I sometimes find them confusing and hard to read. What are they and why am I getting two different ones?

Vivian

Dear Vivian,

If your Medicare Advantage plan includes prescription drug coverage, you should receive two kinds of Explanation of Benefits (EOB) notices: one that explains your recently received health care services, and a second kind that summarizes your prescription drug usage in the past month. Keep in mind that your EOB

is not a bill; it simply states the health care services you have received over a period of time and the amount you have paid or should expect to pay for them. You will receive a separate bill directly from your provider for any amounts you owe them. Read your EOB to verify that you received all health care services listed, and to check that you have paid the proper amounts to your provider. If you overpaid your provider, contact your plan to correct that mistake.

Be sure to note whether or not the EOB has denied payment for any health care services. The EOB should either contain instructions for filing an appeal, or instruct you to read your "Notice of Denial of Payment," which can be mailed along with your EOB, or separately. Your EOB for prescription drugs must always come on a monthly basis. The prescription drug EOB will list what the plan has paid for a prescription, and what you

paid for that prescription at the pharmacy. It will also include what you have paid out-of-pocket for prescription drugs for the year, as well as your Part D coverage phase—which can be deductible, initial coverage, coverage gap, or catastrophic coverage. If your plan denies payment for your prescription, you should receive a notice immediately at the pharmacy counter. This notice gives steps for starting an appeal.

The EOB is similar to the Medicare Summary Notice (MSN) that people with Original Medicare, the traditional Medicare program administered directly by the federal government, receive every three months. However, if you have Original Medicare and a stand-alone Part D plan, you will receive an EOB from your Part D plan for prescription drugs that you have filled each month.

-Marci

Think Local Shop & Eat Local Be Local

"Like" these advertisers on Facebook and remember to support our local communities.

Bradford Veterinary Clinic	Calamity Jane's Restaurant	Custom Support	Davis Realty	Everybuddy's Casual Dining
The Farmers Daughter	Shops At Faryehale	Groton Growers Farmers Market	Happy Hour Restaurant	Inked Again
Lisbon Village Pizza	The little grill "comida mexicana"	Maplewood Lodge	Meadow Street Primitives by D	Melanias Woven Memories
Newbury Veterinary Clinic	Newbury Village Store	Patten's Gas	Pawfection Grooming	Reiki Retreat
Second Chance Animal Rescue	A Sharp Edge	St. Johnsbury Antiques	Steenburgh Auctioneers	Thayers Inn
Thomas Hirchak Company	Thyme to Heal Herbs	Timberwolf Rubbish	Thomson Auto Body	Tool Barn, Inc.
Trendy Threads	Trendy Times	UNH Cooperative Extension - Craftsm	C M Whitcher Rubbish Removal	White Mountain Trader
Wizard of Pawz Dog Grooming	WYKR 101.3 FM			

Railroad Partners With Local Businesses To Collect Food Items And Funding For The Lincoln-Woodstock Food Pantry 2nd Annual Ride The Rails Against Hunger Event Extremely Successful

LINCOLN, NH – The Hobo Railroad announced today that the 2nd annual Ride The Rails Against Hunger event for the Lincoln-Woodstock Food Pantry was extremely successful. The event took place at the Hobo Junction Railroad Station in Lincoln, NH December 20-21, 2014.

“Our goal heading into this year’s event was to exceed last year’s totals by collecting more non-perishable food items and monetary donations than we did in 2013”, stated Benjamin Clark from the Hobo Railroad. “We’re pleased to say the 2nd annual Ride The Rails Against Hunger event not only collected more food items than last year, but we saw a 32% increase in monetary contributions for the Lincoln-Woodstock Food Pantry this year as well. Donations came from not only local residents and businesses, but from vacationers and second home owners. Thanks to everyone who contributed this year we’re able to provide the Food Pantry with over \$1,000.00 in monetary donations, as well as several hundred pounds of non-perishable food items prior to the Christmas holiday. We couldn’t be happier.”

Following the event, a raffle was held to thank contributors. Raffle prizes included a Country Gift Basket filled with NH MADE products donated by Fadden’s General Store and Sugarhouse in North Woodstock, NH; a custom Burton Snowboard with Amp Energy graphics donated by Varsity Beverage and the Pepsi Bottlers of Conway, NH; and the grand prize, an overnight

stay for two with dinner at the Indian Head Resort in Lincoln, NH along with a pair of tickets to the popular Ice Castle attraction at the Hobo Railroad during the 2014-2015 winter season.

Prize winners in the 2nd annual Ride The Rails Against Hunger raffle included:

Grand Prize:

Ellen White

Center Ossipee, NH

Overnight stay for two with dinner at the Indian Head Resort in Lincoln, NH along with a pair of tickets to the Ice Castles attraction at the Hobo Railroad in Lincoln, NH

2nd Prize:

Lynda Massengale

Fitchburg, MA

(who in turn, donated the snowboard to a local child in Lincoln, NH) Custom Burton snowboard with Amp Energy graphics provided by Varsity Beverage & Pepsi Bottlers of Conway, NH

3rd Prize:

Allen Luba

Lincoln, NH

Country Gift Basket with NH MADE products donated by Fadden’s General Store & Sugarhouse, North Woodstock, NH

“It’s events like Ride the Rails against Hunger that allow the Lincoln-Woodstock Food Pantry to continue to serve those in need”, stated Justin Chaffee, coordinator of the Lincoln-Woodstock Food Pantry. “The event was tremendously successful and we look forward helping it grow even more in the coming years while continu-

ing to raise awareness. On behalf of the Lincoln-Woodstock Food Pantry, I would like to thank everyone who had a hand in putting on this amazing event!”

The Lincoln-Woodstock Food Pantry is located in the Lincoln-Woodstock Community Center at 194 Pollard Road in Lincoln, NH. For more information on how you can assist the Food Pantry, please call Justin Chaffee at (603) 745-8958.

The Hobo Railroad is located on Rt. 112 in Lincoln, NH, just off Exit 32 on I-93, directly across from McDonalds. For more information regarding the Hobo Railroad or the first annual Ride The Rails Against Hunger event, call (603) 745-2135 or visit www.HoboRR.com.



Local Photographer Harry Wright recently published a calendar of some of his local pictures, with the money raised to be donated to the Juvenile Diabetes Research Foundation in honor of two youngsters close to him that have diabetes. It was a project he did with his daughter Taylor to help her understand the meaning of giving and helping out a good cause. Pictured from left to right, Harry Wright, his daughter Taylor Wright, and Courtney Derrington from Woodsville who is one of the honorees of the donation. 50% will be donated to the NH Chapter of JDRF, the other 50% will be donated to the Georgia Chapter in honor of his 11 yr old friend Lance Johnson.

BOYS & GIRLS HIGH SCHOOL VARSITY BASKETBALL IS ON WYKR-101.3FM !!!

Puffer Broadcasting, Inc.

WYKR 101.3 FM / WTWN AM 1100
 P. O. Box 675 / 1047 US Route 302
 Wells River, VT. 05081-0675
 (802) 757-2773 / (603) 747-2770 / Fax: (802) 757-2774
www.wykr.com

WTWN AM 1100
 "The River of Life"

MOODYRADIO
 Where you turn. For life.

Thyme To Heal Herbals

Melanie Osborne, CHT Herbal Therapist & Teacher
 Shoppe & Teaching Facility
 Offering Workshops in Herbalism,
 Certified Nine Month Herbal Apprenticeship, Reiki 1, 2, 3 Into Mastership

*Take thyme to stock up on
 winter's remedy teas, tinctures
 and homeopathic remedies!*

Shoppe Hours Mon-Sat 9:00am-5:30pm • Appointments Necessary For Consultations
 603-838-5599 • 113 South Main Street • Lisbon, NH 03585 • thymetoheal1@yahoo.com



By Ronda Marsh

Mediterranean Quick Bread

Hi. My name is Ronda, and I am a carbaholic. Yup, I have decided that I am a committed lover of all things carbohydrate, and have resigned myself to living within the confines of my addiction. I seem to have a particularly pronounced weakness for warm, chewy, flavorful bread; especially anything with a Mediterranean flair, like olives or dill, and when time allows, I enjoy nothing more than kneading a big, yeasty ball of dough into a beautiful, crusty loaf. But, when the time and effort to create an excellent artisanal loaf is not an option, here is the next best thing: Fresh bread, from start to finish in less than an hour! This is known as a "Quick-Bread" method; using baking powder as the rising agent, and made like you would a batch of muffins. It needs to be sliced thicker than conventional bread due to a coarser texture, but it really has a great taste, and if you manage to have any leftovers, it toasts up wonderfully the next morning. Whether you pair this bread with a big Chef's Salad in the summer or a bowl of soup in the winter, I'm sure you'll appreciate the simple comfort this wholesome loaf offers, while feeding my (your) favorite addiction!

- 1-1/2 cups all purpose flour
- 3/4 cup whole wheat flour (if you have it; otherwise just increase the all purpose flour by this amount)
- 2-1/2 teaspoons baking powder
- 1 teaspoon fresh rosemary, chopped
- 1/4 teaspoon dried dill weed
- 1/2 teaspoon salt
- 2 large eggs
- 1 cup whole milk
- 1/4 cup high quality olive oil
- 1/2 cup pitted Kalamata Olives (or Oil Cured Italian Olives); chopped
- 1/4 cup chopped toasted almonds (optional)

Preheat oven to 350°F. Whisk dry ingredients together in a small bowl. In a medium bowl, whisk eggs, milk and oil together. Add flour mixture to the egg mixture and combine with a few quick strokes; don't worry about lumps, this is a muffin-method bread. Fold in the chopped olives just until combined. Spread batter into a greased bread pan and sprinkle the almonds, if using, on top. Bake for 40 minutes or until a toothpick comes out clean. Cool in pan for 10 minutes before unmolding and cooling completely.



Residential, Commercial and Agricultural
ROSS PAGE FOUNDATIONS LLC EST. 1970
 Eric Page, Owner
 Concrete Foundations/Floors/Slabs • Stamped & Colored Concrete
 Thermomass Insulated Concrete Walls
 ACI Certified Flatwork Finishers
 802-592-3166 • 348 Thad Stevens Rd • Peacham, VT 05862

North Country
APPLIANCE SERVICE
 603-787-6677
 DON BOWMAN - OWNER/SERVICE TECHNICIAN
 Factory Authorized Service Provider • Serving NH & VT

\$1 OFF 1 Large One & More Toppings Pizza Expires 01/19/15
603-838-9050
 Gift Certificates Available In The Business Since 1973
 The Original Owner, Jim, Is Back!
LISBON Village PIZZA
 Open 7 Days A Week
 Sun-Thu 11am-9pm
 Fri-Sat 11am-10pm
 99 North Main St • Lisbon, NH

Dogs Cats Exotics Poultry Boarding Grooming Dental Care Surgery
BRADFORD VETERINARY CLINIC
 802-222-4903
 176 Waits River Rd, Bradford, VT
 BradfordVet.com or Facebook.com/BradfordVetClinic

Barbara Smith, CMT
 Certified At Green Mountain Massage School
MASSAGE SPECIAL
 (For new clients only)
60 minute massage for \$25.00
 - Relaxation
 - Stress Reduction
 - Pain Relief
 90 Farm Street East Ryegate, VT 802-757-2809
 reiki@reiki@charter.net

7 billion reasons for peace.
 Watch *Words of Peace* On KATV Channel 197
 Thursdays at 3 and 8 pm
 Fridays at 9 am
 Sponsored by VT/NH Peace Network
WORDS OF PEACE
 wopg.org

PERRY'S OIL SERVICE INC. Downtown - Bradford, VT (802) 222-9211 / 800-654-3344
HOME APPLIANCE CENTER
 Authorized Dealer for all of these fine Brands
 Whirlpool BOSCH FRIGIDAIRE Electrolux KitchenAid Fisher & Paykel LG
 KitchenAid WOLF BUNNAR Bosch Cuisinart
 Amana HOTPOINT AMERICAN RANGE SHARP DE'Longhi

CustomSUPPORT
 We're here to help you!
 www.customsupport.com
 • Windows and Mac Installation & Repair
 • Virus & Malware Removal (PC Tuneup)
 • Network Installation & Configuration
 • Website Design & Maintenance
 227 Cross Road
 Bradford, Vermont 05033
 paul.hunt@customsupport.com 802.222.4460
 john.hunt@customsupport.com

Not all Times are Trendy but there will always be Trendy Times

January 6, 2015 Volume 6 Number 7