

A **FREE** PUBLICATION

TRENDY

TIMES

171 Central Street, Woodsville, NH 03785
Phone: 603-747-2887 Fax: 603-747-2889

Email: gary@trendytimes.com
Website: www.trendytimes.com

MAY 17, 2016 VOLUME 7 NUMBER 16

PTB - Spring: A Chance To Explore Once Again

by Gary Scruton

The Spring Paddle The Border event starts on the Community Field in Woodsville and travels south on the Connecticut River to the Bell Bridge State Park boat landing. This will take the average paddler about three and a half hours. Of course that time will change dramatically depending on your type of paddling.

One of the nice aspects of this portion of the Connecticut River is that there is exploring to be done. There are a number of islands to paddle around, and inlets to paddle up, if you so choose. There is also ample opportunity to simply paddle downstream and see the sights that Mother Nature has provided on the banks of this local asset.

For those who have not participated in this event before, remember to drop off your boat at the Woodsville Community Field, just off Route 135 south of Woodsville Village, and then drive to the take out point off Route 10 in Haverhill Corner (the access road is just south of the junction of Routes 10 & 25). From there you can catch a ride on the Butler Bus Service school bus with other paddlers back to the put in spot.

Another nice quality of this event is that volunteers are stationed at both ends of the trip to help each boater launch, and take-out. This is great for those who have little experience, or for those who are just getting started on this year's boating activities.

Speaking about the end of

the Spring Paddle, there will be a blue grass band playing for the cool down time after the paddle. Plus the Rotary Club is set to be on hand with hot dogs, hamburgers and drinks for those who wish to purchase a bit. An added attraction at the take out spot this year will be the Cohase Chamber of Commerce (one of the sponsoring groups) with a tent and table of various items from various members of the Chamber. The Newbury Conservation Commission is also expected to have a booth. It should also be noted that these items at the take out are for more than just the paddlers. Members of the general public are invited to drive across the meadow to the site of the former Bell Bridge. Not only can you see all of these activities, but

you could also take a walk on one of the trails leading from the State Park.

For those who may still be on the fence wondering if the Spring Paddle The Border event is for you, allow me to pass along some interesting tidbits. The trip has had paddlers from babies to eighties. There have been dogs in boats, first time paddlers and long time, well known, kayak-

ers and canoeists.

So take advantage of the last weekend of Spring, and see some sights that not everyone else gets to view. Join the dozens of other boaters on the scenic Connecticut River as the Spring Paddle the Border shoves off on Sunday, May 22 about 11 pm. See more details in the ad on page 3. Hope to see you there.



One of many paddling groups that took the time to explore one of the tributaries to the Connecticut River.

TODD HOLT PHYSICAL THERAPY



31 Main Street
Wells River, VT
802-757-8000
Fax 802-757-8001

PAWFECTION GROOMING
Gift Certificates Available!



Michelle Tanner
802-535-7958
10 Angies Alley
Between Asia & Subway
Lyndonville, VT

Antiques & Emporium
182 S. Wheelock Rd • Lyndonville, VT
VT Certified Precious Metal Dealer
Open Daily 10-5 • Closed Tuesdays
Always Buying Gold & Silver
Also Good Used Furniture

Wizard of Pawz
QUALITY DOG GROOMING AT AFFORDABLE PRICES
Plain Rd, Bath, NH
603-747-4171



Melanie's Woven Memories
Handwoven Caning - Splint - Rush Seating
Shaker Tape - Baskets & Minor Repairs
Competitive Pricing - Quality Work
Melanie Miller • 802-467-1326
melaniemiller58@yahoo.com
www.melanieswovenmemories.com



Reiki Retreat
Reiki • Massage
Biofield Tuning
Zero Balancing
Contact Barbara To Set Up Your Appointment Today!
90 Farm St • E Ryegate, VT
802-757-2809
reikiertreat@charter.net



ALWAYS FIT ATHLETIC CLUB LLC
alwaysfitathletic.com
603-747-8006
Woodsville, NH

SPRING HAPPENINGS!
For all you early risers, we have new weekday hours:
Mon-Fri, we are now open at 4:30 am!

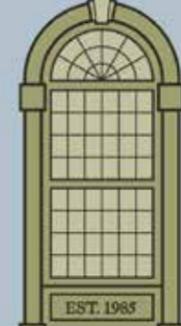
Take advantage of one of our great packages:
3 mo, 9% off • 6 mo, 18% off • 12 mo, 27% off
Percentages are off our adult, one month membership

LAHOUT'S APARTMENTS
Littleton & Bethlehem
Studio-One and Two Bedrooms
Heat Included • Country Setting
Pets Allowed
www.lahoutspd.com • 603-444-0333

COUNTRY POOLS
POOL & SPA SUPPLIES
SALES & SERVICE
260 Meadow St., Littleton, NH
603-444-5454
COUNTRYPOOLSINC@GMAIL.COM



HOUSEWRIGHT CONSTRUCTION, INC.
New Construction / Remodeling / Design-Build
Restoration / Reproduction / Custom Woodworking
EPA Land Safe Certified Firm / Renovator
EST. 1985
802-866-5520
www.housewright.net
5365 Main Street S • Newbury, VT 05051



North Country Disability Services
Serving the Northeast Region
From Initial Application to Appeals, one call can do it all! Let me fight for you!
Kelley McGeecham
EDPNA, RN, Disability Advocate
Toll Free (844) 607-7139
kelley.ncds@gmail.com
kmcgeechn.wix.countryds



Village Exotics
Consignment
And Marketplace
Guitar Strings,
Scarves and Incense
Main Street Bradford VT
Mon-Fri 10-5:30 ~ Sat 10-5
802-449-3330



CH DANA RV
SALES & SERVICE
5th Wheels, Travel Trailers, Campers
Largest Selection of PARTS & ACCESORIES for All RV's!
603-638-2200
www.chdanarv.com
628 Woodsville Rd., Monroe, NH



Shops At Fayrehale
4821 Rt 5, McIndoe Falls, VT
FAYREHALE
Antiques
Christmas
Gifts
OPEN
Opening For The Season
June 1st, 2016
Contact us: shopsatfayrehale@gmail.com
SHOP ONLINE:
www.fayrehalefarm.com





TRENDY Dining Guide

Miss Lyndonville Diner

This is not the first time we have had the opportunity to visit Miss Lyndonville Diner. As you may guess this little gem is in Lyndonville (a village within the town of Lyndon) the second largest town in the Northeast Kingdom. One thing that means is that there is plenty of competition in Lyndon and Lyndonville. But Miss Lyndonville is one of the great picks in this busy area. They are open seven days a week and offer breakfast, lunch and dinner options.

We took the chance to visit on a Saturday evening.

We were not the last ones to dine on this particular night, but we were among the last wave. Yet even then I heard one neighboring table of guests ordering breakfast foods and coffee. This is not unusual in a busy place like Miss Lyndonville. I must say that the waitress did not even blink, she just took the order, and as she and the rest of the staff appeared to do, took care of the order with efficiency and grace. As in many busy eateries there is not a lot of time for chit chat between the customers and the wait staff, instead they

get the order and the details, then head for the kitchen to get things started.

When we walked thru the door we saw the "please wait to be seated" sign and did so. One of the waitresses caught our eye and told us we could pick our seat. We picked one of the roomy booths and as we sat down, our menus were waiting for us, and the waitress asked about getting us a beverage. On this evening I was content with a glass of cold water and my wife got a diet soda. (Miss Lyndonville does not have a liquor license.) We noticed on the way in that the Saturday night special was prime rib, almost always a good choice. But we took our time and went thru the menu looking at a wide

variety of possibilities.

When our waitress came back to our table my wife requested the prime rib in the 12 oz. version rather than the 8 oz option. Our waitresses' reply was "Au Jus or BBQ?". Barbecued prime rib, that sounds different. So, no, she did not go with the barbecue, she went the well known au jus. The beef came with a choice of fries, mashed or baked potato (Janice chose the baked with sour cream of course), choice of vegetable (coleslaw) and a tossed salad and roll to start. Janice told me that the prime rib was great., nice and juicy, and the 12 oz. portion allowed her to take some home (to be used the next morning in an omelet).

For me, I found one of my all time favorites on the menu. Whole fried clams are available in many eateries, but often are listed at "market price". Here they were a standard \$13.99. The other thing I have seen before is that when there is

a set price, the portion can be somewhat disappointing. But I went ahead and got my clams with steak fries and coleslaw. I was more than happy with the portion I was served. The plate was filled with the clams and fries, about half and half, and the coleslaw needed to be in its own side dish. Concerning the taste, very nice, and with none of the "grit" that you sometimes find. The breading was also right on, and the fries were thick and nicely cooked. A great meal.

Now how do you top off a great meal? Apple pie with ice cream, of course. The pie was heated up and the vanilla ice cream matched it well.

The Miss Lyndonville Diner is not the most fancy of restaurants. It is not the least expensive, or the most expensive. But it is a great place to eat (just ask some of the regulars), and offers reasonable prices (our total bill was just over \$40. before tip), good food and solid service.

Volume 7 Number 16

May 17, 2016

Not all Times are Trendy, but there will always be Trendy Times

Put a Little Bliss in Your Day!

SUNDAY PIZZA SPECIAL
Put a little Bliss in your Sunday.
Large Pepperoni Pizza \$7
Large Cheese Pizza \$5
Does not include tax.
Special can not be combined with any other discounts.

Bliss Village Store
Main St, Bradford, VT
802-222-3355

Fusion Grill at Maplewood Lodge
New American and Hawaiian Cuisine Fusion menu

Featuring Chef Daren - 20 year American Grill Master - Winner of Iron Chef 3 years in a row & Chef Julian - American Culinary Institute Teacher and Hawaiian Cuisine Master

New menu includes Egg Benedict, Fruit Parfaits, Fresh Seafood Scampi, Fresh Salmon seared to perfection, plus wonderful steaks.
Also 12 Specialty flatbreads and signature triple stack burgers

Open 7 Days A Week - 7am -10pm
802-626-5832 • maplewoodlodge.net
4992 Memorial Drive • St. Johnsbury, VT
VAST Location: Jct. CA 48 Trail 5/2F



BREAKFAST LUNCH DINNER

802-626-9890
686 Broad Street
Lyndonville, VT
Mon-Thu 5:30am-8pm
Fri & Sat 5:30am-9pm
Sun 7am-8pm

Miss Lyndonville Diner

PEYTON PLACE RESTAURANT
AT THE HISTORIC MANN TAVERN

Chef Jim & Heidi Peyton Welcome You To Their 1773 Tavern House For Comfortable Country Dining Wines & Spirits With An Emphasis On Local & Organic Products

Serving Wednesday - Sunday From 5:30 pm



Main Street • Orford, NH • 603-353-9100

EVERYBUDDY'S CASUAL DINING

Offering The Best Of Breakfast, Lunch & Dinner Under Our Roof Or Yours!

Gift Certificates Available! Take-out! Delivery - Catering 802.626.8685

OPEN DAILY 7am - 9pm
Bar Menu: 9pm-10pm

Jct. of Rts. 5 & 114
Off VAST Trail #52
Lyndonville, VT

Happy Hour RESTAURANT

Celebrating 70 Years \$10 Menu for a limited time

- Beer Battered Fried Shrimp
- Grilled (6 oz.) Sirloin Steak
- Baked Haddock
- Chicken Parmigiana
- Baked Chicken Cordon Bleu
- Deep Fried Stripped Clams
- Grilled Sirloin Tip Caesar Salad
- Ricotta Stuffed Shells

Available Monday-Thursday, 11:30-Close - excluding Holidays

MAY SPECIAL Chicken and Biscuits w/Gravy With 2 Sides \$12	THURSDAY NIGHT SPECIAL All You Can Eat Beer Battered Fried Haddock Choice Of Potato And Salad Bar \$14	FEATURING DAILY LUNCH & DINNERSPECIALS Fresh Seafood • Hand Cut Steaks Pub Menu • Salad Bar Children's Menu
----------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------

YOUR CHOICE EVERY SUNDAY FOR \$11
Roast Tom Turkey, Pot Roast Or Baked Haddock
Choice of Potato, Butternut Squash, Coffee & Dessert
CATERING AVAILABLE FOR LARGE GROUPS
BANQUET FACILITIES AVAILABLE FOR ANY SIZE

Sunday - Thursday 11:30am - 8:00 pm • Fri-Sat 11:30am-9:00pm
802-757-3466 • Main St • Wells River, VT • www.happyhourrestaurant.net

CALAMITY JANE'S RESTAURANT
ON THE COMMON • WARREN, NH • 603-764-5288

"Fish Friday"
Every Friday 4pm - 8pm
All You Can Eat Fresh Fish Fry
Hand Cut French Fries & Coleslaw \$10.99 Plus Tax

Watch for Details on our Make A Wish Benefit Saturday, June 25, 4-8 PM

Now Serving Pizza & Calzones
KARAOKE EVERY OTHER SATURDAY - MAY 28 & JUNE 11
OPEN: Sunday 8am - 2pm
Monday, Wednesday & Thursday 8am - 2pm
Friday 8am - 8pm • Saturday 8am - 11pm
Closed Tuesday
BREAKFAST SERVED ALL DAY!



EDUCATE YOUR TASTEBUDS.

Read the *Trendy Dining Guide* Every Issue!

ROOM 111
AT VICTORY LANES

Central Street,
Woodsville, NH
**Candlepin Bowling
and Bar**

Karaoke
Every Thursday

Family Day
Every Sunday

Now Open!
WEDNESDAY: NOON - 11 PM
THURSDAY: NOON - 12 AM
FRIDAY & SATURDAY: NOON - 1 AM
SUNDAY: NOON - 10 PM

603-243-0255

RAMUNTO'S
BRICK OVEN PIZZA

A New York
Pizza Family

FREE DELIVERY
WITHIN 10 MILES

802-751-8500

1216 Railroad Street
St. Johnsbury, VT 05819

Monday-Saturday 11am-10pm
Sunday 12pm-9pm

Find us on
facebook

Gluten Free Pizza
& Beer Available

Ramunto's Brick Oven Pizza,
St. Johnsbury for exclusive
specials, deals & other offers!

Trendy Dining Guide Ads

This size is \$129 for eight issues

Or choose 13 issues for \$199

Plus get a Trendy Dining Guide Review

For details contact Gary at 603-747-2887
or email Gary@TrendyTimes.com

The LITTLE Grille

ALL YOU CAN
EAT SEAFOOD
EVERY FRIDAY
5PM - 9 PM

ASK ABOUT OUR DAILY SPECIALS

EVERY WEDNESDAY
\$7 ANY BURGER ON THE
MENU WITH SIDE

50 Smith st
Woodsville, NH 03785
Phone: 603-747-2777
LIKE US ON FACEBOOK
The little grill "comida
mexicana"

*Our Famous Seafood
Night Is Back In Our
Woodsville Location!!!*

*With A Great Array Of Items
Being Served Table Side
Hot And Fresh From
The Kitchen.*

13th YEAR

Paddle The Border

Sunday, May 22, 2016

From Woodsville Community Field
On Connecticut Street, Just Off Route 135 in Woodsville, NH
To Bedell Bridge State Park Boat Launch
Off Route 10, Haverhill Corner, NH

All Events Are
Weather Permitting

All participants MUST abide by
safe boating rules and regulations

FREE Shuttle Service (for persons and personal equipment only)
from Bedell Bridge to Woodsville available from
10:00 - 11:00 AM. Volunteers will be at the boat launch
to help unload and protect boats before launching.

**BBQ Lunch provided by Rotary
with music by Strawberry Farm Band**

Suggested Launch Time 11:00 AM
Approx. Paddle Time
3 1/2 Hours

EVENT SPONSORED and SUPPORTED BY:
Lower Cohase Chamber of Commerce
Haverhill Recreation Commission
Newbury Conservation Commission
Woodsville/Wells River Rotary Club
Upper Valley Land Trust

**Paddle The Border - Fall
is scheduled for Sunday, October 2, 2016**

For Further Information Contact Mike Thomas (802) 757-3960
or email mikethom1@charter.net
go to www.cohase.org • www.newburyconservation.org • www.haverhill-nh.com (Haverhill Rec)

Barr Brothers Kick Off 2016 Live! At The Colonial Theater

With the support of Mascoma Savings Bank and Samuel Adams Beer, The Colonial Theatre in Bethlehem, NH is pleased to announce the 2016 LIVE! At The Colonial season premier event, The Barr Brothers on Friday, May 20th.

Built around the evocative vocals and songwriting of Brad Barr and the sturdy and studious drumming of his brother Andrew, Montreal-based Americana/folk-rock quartet the Barr Brothers were formed in 2006 after the dissolution of the siblings' avant-rock trio the Slip. Originally based out of Boston, Massachusetts, the Barrs spent the bulk of the 1990s touring with the Slip before calling it quits in 2004. Upon relocating to Montreal, the duo hooked up with classically trained harpist Sarah Page and multi-instrumentalist Andres Vial and began operating under the Barr Brothers moniker. The newly minted quartet's eponymous debut album was issued in 2011 via Secret City Records, and elicited positive reviews which helped land the group an appearance on Late Night with David Letterman. The band's new album, *Sleeping Operator*, arrived in October 2014. They have performed at the Newport Folk Festival, with Calexico, and will be touring with My Morning Jacket this spring.

General Admission tickets for the 8 PM performance are \$19; Colonial, Catamount Arts and St. Kieran's Community Center for the Arts members \$15; Reserved Front & Center



tickets (available on-line only) are \$25. Tickets are available in advance while they last at Maia Papaya Cafe, Bethlehem, The Littleton Food Coop, or Catamount Arts, St. Johnsbury. The doors open at 7 PM for the 8 PM performance with refreshments on the patio. For more information about this or upcoming live events find The Colonial on Facebook Facebook.com/BethlehemColonial, follow The Colonial on twitter (@ColonialNH), visit the Colonial on line at www.BethlehemColo-

nial.org or tune in to Bethlehem's own community radio, WZNC, broadcasting from atop the historic Colonial Theatre at 99.9 on the FM dial.

This evening of great music is made possible with additional support from New Hampshire Public Radio, The Cold Mountain Café, The Wayside Inn, The New Hampshire State Council on the Arts, and The Colonial's promotional partner, Catamount Arts.

POULIN GRAIN
A Family Feed Company

START THEM OFF RIGHT!
STARTER PROMOTION 3/28 - 5/22

SAVE .75¢
PER
50 LB
BAG

PIG STARTER CRUMBLES

TURKEY/GAMEBIRD STARTER CRUMBLES

GAMEBIRD STARTER/GROWER CRUMBLES

EQUI-PRO® MARE & FOAL

CHICK STARTER CRUMBLES

QUICK GROW BROILER CRUMBLES

LAMB N' KIDS STARTER PELLET

800.334.6731 | www.poulingrain.com

603-787-6311 • 603-787-6964 FAX
NO. HAVERHILL, NH 03774

BLACKMOUNT
EQUIPMENT, INC.

FARM & GARDEN



Parliamentary Maneuvering

May 11 was a long day at the NH General Court! For twelve hours, representatives struggled through drawn-out parliamentary maneuvering to complete action on 113 bills. This is the time of year when attempts to add non-germane floor amendments having no relevance to the issue at hand are introduced. This happened while debating SB 533, a bill that provides supplemental appropriations for alcohol and drug abuse prevention, treatment, and recovery needs in NH. The proposed floor amendment would have allowed a person to carry a loaded, concealed pistol or revolver

without a license. Although I have always supported legislation aligned with our Constitutional right to bear arms, the introduction of this amendment was poorly timed and had nothing to do with substance abuse. If amended the chances of the bill becoming law would be nil, the Governor would certainly veto the bill, even though the appropriation for drug abuse prevention is a statewide need. I have always supported bills or amendments aligned with the 2nd Amendment of the U.S. Constitution, but by attaching an unrelated floor amendment without first obtaining public testimony

or comment is contrary to proper procedure. Further, any bill that is vetoed by the Governor will then return for legislative action at a costly special session in the fall. Each legislative session costs the state approximately \$40,000. The amendment to SB 533 was voted down, 204 to 98, followed by a voice vote passing the bill as introduced.

In another matter, the Ways and Means Committee, which had been tasked to review SB 441, a bill relative to discounts and admission charges at state parks returned the bill to the House with recommendations. Several weeks ago, the House modified free admission for seniors over the age of 65 for state parks and other areas. The majority of the committee felt that allowing the state to charge seniors over the age of 65 to ski at Cannon Mountain on weekdays was not in keeping with the general policy of giving seniors free access to NH parks. Amending language from the committee, which was accepted by House action, retains the existing free access on weekdays for seniors, and seniors may be charged up to 2/3's of the usual fee for the use of "uphill devices" on weekends and holidays. I supported the need and willingness to provide NH seniors with free weekday skiing; it's part of the brand we call the "New Hampshire Advantage."

Once again, it is a pleasure representing Haverhill and the Upper Valley; my email is: ladd.nhhouse@charter.net

NH Rep Rick Ladd

Boutin Announces Candidacy For State Rep

Skylar Boutin, of Lisbon has announced his candidacy for the New Hampshire House of Representatives Grafton District 2 seat, which encompasses the towns of Lisbon, Lyman, Monroe, Sugar Hill and Franconia.

Boutin, a Republican, is a North Country native and has been a life-long resident of Lisbon. His family has deep roots in the region. While studying at Plymouth State University he has served on the Lisbon Conservation Commission, currently sits on the town Zoning Board and is also a Supervisor of the Checklist. In addition, Boutin has a keen interest in history and volunteers as a board member on the Lisbon Area Historical Society.

Having spent much time involved with town government Boutin believes he understands the needs of area citizens and would focus on jobs, with fewer onerous regulations, on job creators. Boutin believes in keeping spending in check, thus not spending more than you take in. He feels a well-educated work force goes hand-in-hand with creating a dynamic job climate for our



youth, which will in turn offer them the opportunities to stay in the area.

Managing Boutin's campaign is Katelyn Boutin of Lisbon. Dr. Leonard Joel "Joe" Nyberg of Lisbon will serve as Boutin's fiscal agent. Don Clark, also of Lisbon, will serve as Boutin's Lisbon Town Chair. Lyman residents Bruce and Anne Beane will serve as Co-Chairs in Lyman. Additional town chairs will be announced shortly.

Boutin stated, "I am excited about my run for the State House. I have the energy and time to serve the people, and I hope they will elect me. I am more than happy to have people reach out to me with their questions and concerns by contacting me at skylarboutin@gmail.com or 603-259-6650."

Legislators to Summarize Session

Local legislators will update guests on legislation enacted, discuss how such legislation affects the Northeast Kingdom and report on their committee accomplishments at the last legislative breakfast of the season, which will be held Monday, May 23. The session will last from 8 to 9 a.m. at the St. Johnsbury House dining room, Main Street, St. Johnsbury.

The monthly programs provide area business people and residents an overview of the legislative session and concerns affecting the region. The public is invited to attend and encouraged to ask questions. The Northeast Kingdom Chamber organizes the monthly forums and will provide a brief legislative report.

The chamber would like to thank Kingdom Access Television, WSTJ, the Caledonian-Record and Lyndon State College News 7 for covering the breakfasts throughout the session.

The legislative breakfast series is sponsored by the Northeast Kingdom Chamber, with sponsorship assistance from Community National Bank, Fairbanks Scales, Lyndon Institute, Northeastern Vermont Regional Hospital, Passumpsic Savings Bank, St. Johnsbury Academy, Union Bank and Weidmann. There is a small fee to attend the breakfast.

For more details, contact the NEK Chamber at 2000 Memorial Drive-Ste. 11, St. Johnsbury, VT 05819; call 802-748-3678; or e-mail at director@nekchamber.com.

Foreclosure: 2BR Cape on 4.2± Ac.

AUCTION

Tuesday, June 14 @ 11AM

98 Buckshot Rd. a/k/a 434 Blakslee Rd., Dalton, NH



Private 2BR, 1BA Cape on 4.2± Acres. Oversized 50x75 garage/workshop, woodshed. Off Blakslee Road onto Buckshot. (Mortgagor/Debtor remains in possession of the property.) NH#2661

Thomas Hirchak Co. • THCAuction.com • 800-634-7653

SUGAR HILL'S LUPINE CELEBRATION MARKET

Saturday & Sunday • June 11 & 12, 2016

10:00 AM – 4:00 PM

Rain or Shine

Sugar Hill Meeting House & Carolina Crapo Memorial Building

Sugar Hill Historical Museum

OVER 65 MARKET VENDORS

Locally Made Foods, NH-Made Products, Pottery, Soaps, Jewelry, All types of Needlecrafts, Birdhouses & Bird Feeders, Photography, Oil & Watercolor Art, Stained Glass, Furniture, Country Signs, Hand-woven Baskets, Maple Syrup, Yarns, Kitchen Products, Woodworking, Leather Purses, Home Décor, Wellness Products, Local Attractions, Non-Profits, Local Authors, Museum Exhibits and Much More!

LUNCHEON VENDORS AVAILABLE

Mac & Cheese & Bag Lunches by Sugar Hill's The Willing Workers, Pizza from Farm to Fire, Kettle Corn & Strawberry Shortcake from Mountain View, and Coneheads Ice Cream

ARTISAN DEMONSTRATIONS

Basket Weaving, Wabanaki Beadwork, Folk Art, Thrown Pottery

SATURDAY EVENTS

Photography Workshop - George Mitchell,

Cheese Making - Kathy Jablonski,

White Mt Poetry - Jeffrey Zygmunt,

Native American Flute - Mary Sturtevant,

Mystery Novel Author - Marilinn Cooper

1 pm: New England, Myth or Reality by Edie Clark

FREE CONCERT

Sunday, 1 pm:

UNCOMMON FOLK

Folk & Bluegrass Music,

Plethora of Instruments,

and Stories (some might be true!)

STILL SPACE AVAILABLE AT THE MARKET

MANLIFT

RENT

Day • Week • Month

Trailer Hitch Installations

TOOL BARN, INC.

1233 LOWER PLAIN • ROUTE 5

BRADFORD, VT

802-222-9311

Mon-Fri 7:30am-4:30pm • Sat 8am-12 Noon



From The Desk Of

Jeanie FORRESTER FOR STATE SENATE

Dear Constituents,

Last week I attended a public hearing on the proposed Northern Pass project hosted by the town of Plymouth. The purpose of the hearing was to inform Plymouth residents of what Northern Pass is offering to the town to be allowed to bury its transmission line through Plymouth. Although the Northern Pass application to the New Hampshire Site Evaluation Committee specifies Main Street as the proposed route, they have asked to bury the line down Green Street which is parallel to Main Street. In exchange, Northern Pass officials have offered to pay Plymouth \$1 million a year for ten years in return for an easier buried route through town.

It was heartening to see over 200+ people turn out for this public hearing. Nearly 30 people spoke in opposition to the project, including four elected officials. There was no one who spoke in support of the project. I was one of those elected officials who spoke and informed the audience that the latest WMUR poll (<http://www.wmur.com/politics/wmur-poll-more-granite-staters-now-oppose-northern-pass-than-support-it/39455822>) now shows that more Granite Staters oppose Northern

Pass than support it. Over five years later, opposition is still fierce to this project and continues to grow.

As a reminder, the current Northern Pass proposal offers to bury a total of 60 miles of transmission line with the remaining 120+ miles still overhead. Northern Pass continues to propose violating private property rights and continues to insist on using out-of-date technology—even though surrounding states have embraced state-of-the-art technology.

We know that New Hampshire doesn't need the power (we already export more power than we use), and that the power is destined to the southern New England states. If it really is about getting power to the New England grid, then why not consider alternatives that would gain support from the citizens of New Hampshire? Why not use the existing Vermont/New Hampshire corridor? Upgrade National Grid's existing 2000 MWH-VDC corridor in Vermont that crosses into New Hampshire within the existing corridor with a single 3200 MW line. The environmental benefits of using an existing corridor instead of slashing through miles and miles of pristine forest, family farms, homes, recreation land, and legally

protected conservation areas are obvious.

Why not use New Hampshire's roadways? A couple years ago I chaired the 361 Commission which was tasked with looking at the viability of burying HVDC lines. During those commission hearings, the NH Department of Transportation identified several viable corridors along existing transportation rights-of-way (where the earth has already been disturbed and no utilities exist). Northern Pass/PSNH/Eversource representatives claimed it would be up to 10 times more expensive to bury the lines versus hanging transmission cables overhead on 100+ foot towers, but they provided no data to back up the claim. (It is interesting to note that in the Northern Pass proposal to bury 52 more miles of line, the construction cost of \$1.4 billion is the same as their first plan that only buried 8 miles.)

Why shouldn't New Hampshire get the same benefit as our neighbor, Vermont? If New Hampshire

got the same rate Vermont is getting for the TDI project, it would receive \$11.5 million a year. Why does NP believe they should be able to bury its lines on 8 miles of town roads in Pittsburg, Stewartstown, and Clarksville and 52 miles of state roads (routes 302, 18, 116, 112, and 3) without paying the towns or the state one red cent?

Energy projects may be a positive asset to New England; but public acceptance, community support and economic impact on New Hampshire must be properly addressed. When states around us are using state-of-the-art technologies, why is it Northern Pass cannot? Failure to answer all these questions and concerns honestly will only continue the mistrust, opposition and delay, quite probably leading to lengthy and expensive litigation.

It's been over five years since Eversource (then PSNH) rolled out its plan to lay a giant extension cord through New Hampshire to get power to the southern

New England states. The opposition continues to be strong even with the Northern Pass "divide and conquer" bribery strategy.

To the Northern Pass officials, this is about New Hampshire choosing New Hampshire's future, not Hydro Quebec or Eversource choosing the Granite State's future.

Let's see a plan that buries the entire line, a plan that respects private property; a plan that doesn't destroy our property values, our tourism economy, and our treasured landscapes. Bury the lines—New Hampshire IS worth it!

As always, I want to hear from you. If you have a concern you'd like to share, an event you'd like me to attend, or a problem you think I might be able to help with—please call or email (271.4980 [o] or jeanie@jeanieforrester.com). If you would like to subscribe to my e-newsletter, visit www.jeanieforrester.com and sign up.

Your Senator from District 2, Jeanie Forrester

**quiet family oriented camping
ON THE CONNECTICUT RIVER**

Father's Day Weekend
Friday, 7 pm
POKER NIGHT
Saturday 4 pm
HORSESHOE TOURNAMENT
Sunday 8-10 am
BREAKFAST

**THE PASTURES
CAMPGROUND**

- Heated Pool
- Kayak, Canoe & Pontoon Boat Rentals (available to non-campers, as well)

603-353-4579 • www.thepastures.com
Route 10, Orford, New Hampshire

THE GREEN THUMB

Greenhouses, Nursery & Landscaping Services

Open 9am-2pm Closed Sunday • 603-787-6022 • 603-787-2237 Fax
Route 116 • 2470 Benton Road • North Haverhill, NH 03774

Budget Lumber
1139 Clark Pond Road, N. Haverhill, NH 03779
budgetlumber@charterinternet.com
1-800-488-8815 • 603-787-2517
FAX 603-787-2588
All Major Credit Cards • Tax-Free NH

TREATED WOOD SPECIALS!

LENGTH	8	10	12	14	16
2X4 #1	3.94	5.94	6.69	7.31	9.78
2X6 #1	5.35	6.82	8.59	10.74	11.55
2X8 #1	7.351	10.18	11.97	14.43	15.56
2X10#1	9.27	12.62	16.08	18.58	21.44
2X12#1	14.03	16.21	20.59	21.54	28.72
5/4X6#1	6.88	8.44	10.13	11.60	16.94
4X4 #1	10.37	12.51	14.36	N/A	22.72
4X6 #2	N/A	N/A	SPECIAL ORDER	N/A	SPECIAL ORDER
6X6 #2	22.53	28.35	34.01	40.17	44.31
8X8 #2	SPECIAL ORDER	SPECIAL ORDER	SPECIAL ORDER	4 STEP	13.96
2X2 CLEAR	36" 1.24	42" 1.52		5 STEP	18.80
PT 1/2 PLY	37.95	PT 3/4 PLY	65.44		
PT 5/8 PLY	44.92	PT 5/8 LATT	16.99		

MEADOW LEASING
Littleton, N.H.

Ground Level Containers 20' - 40'
Office Trailers
Storage Trailers 28' - 48'

1-800-762-7026 • 603-444-7026
Let Us Help You With All Your Storage Needs.

LIVE! THE COLONIAL

THE BARR BROTHERS

FRIDAY, MAY 20, 8 pm
TICKETS: \$25, \$19, \$15

VALERIE JUNE

SUNDAY, JUNE 5, 8 PM
TICKETS: \$33, \$27, \$21

GET TICKETS: BethlehemColonial.org, Catamountix.org, Maia Papaya Café, Bethlehem, NH; Littleton Food Coop; and Catamount Arts, St. Johnsbury, VT

THE COLONIAL
Bethlehem, NH • 603.869.3422
BethlehemColonial.org

Calendar of Events

A Full Page of Events from Local Non-Profits, Schools and Towns. *Presented FREE by Trendy Times.*

MONDAY - FRIDAY, MAY 16-20

FREE CLOTHING EVENT
9:00 am - 5:00 pm
Warren Town Hall

TUESDAY, MAY 17

NH STATE VETERANS COUNCIL REPRESENTATIVE
8:30 AM – 12:00 Noon
Woodsville American Legion Post #20

EMERGENCY FOOD SHELF
4:30 PM – 6:00 PM
Wells River Congregational Church

THURSDAY, MAY 19

VFW POST #5245 MONTHLY MEETING
7:00 PM
VFW Hall, North Haverhill

EMERGENCY FOOD SHELF
4:30 PM – 6:00 PM
Wells River Congregational Church

"ALMOST, MAINE" A ROMANTIC COMEDY

7:30 PM
Fuller Hall, St. Johnsbury Academy

FRIDAY, MAY 20

FRIDAY NIGHT EATS - FEATURING TACOS
5:00 - 7:00 PM
American Legion Auxiliary Unit 83, Lincoln

"ALMOST, MAINE" A ROMANTIC COMEDY

7:30 PM
Fuller Hall, St. Johnsbury Academy

BARR BROTHER IN CONCERT
8:00 PM
Colonial Theater, Bethlehem
See Ad on Page 5, Article on Page 3

SATURDAY, MAY 21

CHILDREN'S FISHING DERBY
Cabot Village Store for Details

FREE CLOTHING EVENT

9:00 AM - 2:00 PM
Warren Town Hall

WEST NEWBURY BACK ROOM PLANT SALE

8:00 AM - 2:00P M
7292 Rt. 5 South, NEWBURY
Spaghetti & Meatball Dinner
5:00 - 8:00 PM
Knights of Columbus Building, Bethlehem

SUNDAY, MAY 22

PADDLE THE BORDER - SPRING
11:00 AM Suggested Launch Time
Woodsville Community Field
See Ad on Page 3 Article on Page 1

Benefit Hold "Em Poker"
11:00 AM - 8:00 PM
American Legion Post 58, St. Johnsbury

"ALMOST, MAINE" A ROMANTIC COMEDY

2:00 PM
Fuller Hall, St. Johnsbury Academy

SUNDAY, MAY 23

LEGISLATIVE BREAKFAST
8:00 - 9:00 AM
St. Johnsbury House

WEDNESDAY, MAY 25

OLD CHURCH THEATER AUDITIONS
6:00 PM
Old Church Theater, Bradford
See Article on Page 12

SATURDAY, MAY 28

SPRING CRAFT FAIR
9:00 AM - 2:00 PM - 1-802-522-8868
Orford Congregational Church of Christ

F.O.L.L. ANNUAL PLANT SALE

9:00 AM - 2:00 PM
Lincoln Library

FLEA MARKET

9:00 AM - 2:00 PM
Dalton Municipal Building Gymnasium

SWEET JAMM MUSIC

7:00 - 10:00 PM
Alumni Hall, Haverhill

JAMES MONTGOMERY CONCERT

7:30 PM
Jean's Playhouse, Lincoln
See Article on Page 13

SUNDAY, MAY 29

OLD CHURCH THEATER AUDITIONS
2:00 PM
Old Church Theater, Bradford
See Article on Page 12

BOSTON STAND UP COMEDY

7:30 PM
Jean's Playhouse, Lincoln
See Article on Page 13

WEDNESDAY, JUNE 1

WOODSVILLE/WELLS RIVER FOURTH OF JULY COMMITTEE
7:00 PM
Woodsville Emergency Services Building

SUNDAY, JUNE 5

ACCOUSTIC MUSIC JAM
12:00 Noon - 4:00 PM
Clifford Building, Woodsville

VALERIE JUNE IN CONCERT

8:00 PM
Colonial Theater, Bthlehem
See Ad on Page 5

TUESDAY, JUNE 7

NH STATE VETERANS COUNCIL REPRESENTATIVE
8:30 AM – 12:00 Noon
Woodsville American Legion Post #20

Ongoing Weekly Events

MONDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Darling Inn, Lyndonville
ADULT STRENGTH TRAINING
1:00 - 2:00 PM - North Congregational Church, St. Johnsbury
9 AM – 10 AM
Municipal Offices, Lyndonville
10:30 AM – 11:30 AM
Municipal Offices, Lyndonville
BINGO - 6:00 PM
Orange East Senior Center, Bradford
TOPS (TAKE OFF POUNDS SENSIBLY)
6:00 PM - Peacham School

MONDAYS/WEDNESDAYS

RSVP BONE BUILDERS
10:30 AM – 11:30 AM
Linwood Senior Center, Lincoln
CARE COORDINATOR/ENROLLMENT SPECIALIST
1 PM, Baldwin Library, Wells River

MONDAYS/THURSDAYS

ADULT INTERVAL AEROBICS CLASS - 6:30
Woodsville Elementary School
GOLDEN BALL TAI CHI
8:30 – 9:15 AM – St. Johnsbury House

TUESDAYS

BREAKFAST BY DONATION
8:30 AM – 10:00 AM
Horse Meadow Senior Center, North Haverhill
ADULT STRENGTH TRAINING
9 AM – 10 AM - St. Johnsbury House
10:30 AM – 11:30 AM
SENIOR ACTION CENTER
Methodist Church, Danville
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Senior Action Center, Methodist Church, Danville
NOON - Presbyterian Church, S. Ryegate
NOON - Darling Inn, Lyndonville
TOPS (TAKE OFF POUNDS SENSIBLY)
Weigh In 5:00 PM – Meeting 6:00 PM
Horse Meadow Senior Center, N. Haverhill
EMERGENCY FOOD SHELF
4:30 PM – 5:30 PM
Wells River Congregational Church
WEIGHT WATCHERS - 5:30 PM
Orange East Senior Cntr, Bradford
AA MEETING (OPEN BIG BOOK)
7:00 PM – 8:00 PM
St. Luke's Parish Hall, Woodsville

TUESDAYS/THURSDAYS

ACTIVE OLDER ADULT STRENGTH CLASS
1:30 PM
Woodsville Post Office, S. Court St
GROWING STRONGER FITNESS CLASS
3:00 PM
East Haven Library

TUESDAYS/FRIDAYS

GOLDEN BALL TAI CHI
8:30 AM – 9:15 AM
First Congregational Church, Lyndonville

WEDNESDAYS

AQUA AEROBICS
Evergreen Pool, Rte 302, Lisbon
ADULT STRENGTH TRAINING
1 PM – 2 PM
North Congregational Church, St. Johnsbury
BINGO - 6:30 PM
Haverhill Memorial VFW Post #5245
North Haverhill
CRIBBAGE - 7:00 PM
Orange East Senior Center, Bradford

WEDNESDAYS/FRIDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Presbyterian Church, West Barnet
NOON - Darling Inn, Lyndonville

THURSDAYS

ADULT STRENGTH TRAINING
10:30 AM – 11:30 AM
Senior Action Center
Methodist Church, Danville
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Senior Action Center, Methodist Church, Danville
NOON - Darling Inn, Lyndonville
PEACHAM FARMERS MARKET
Peacham Academy Green
LISBON FARMERS MARKET
3:00 PM - 6:00 PM - Main Street, Lisbon

FRIDAYS

ADULT STRENGTH TRAINING
9 AM – 10 AM - St. Johnsbury House
1 PM – 2 PM - North Congregational Church, St. Johnsbury
WORSHIP UNDER THE TENT- 7 PM
100 Horse Meadow Rd, No Haverhill
AA MEETING (OPEN DISCUSSION)
8:00 PM – 9:00 PM
Methodist Church, Maple St, Woodsville

SUNDAYS

CRIBBAGE - 1:00 PM
American Legion Post #83, Lincoln

Haverhill Garden Club Plant Sale

The annual Plant Sale by the Haverhill Garden Club will take place on Saturday, May 28, 2016, on Haverhill Common, Dartmouth College Highway, from 8:30 a.m. until 11:30 a.m. The event will take place rain or shine.

The sale, always a popular event among local gardeners, will feature a variety of plants started, raised and nurtured by members of the club. This year's offerings will include popular annuals such as snapdragons, Sweet William, blue salvia and zinnias. Herbs including dill and basil will be available, as well as different varieties of tomatoes and other vegetables. In addition, there will be a number of mature plants for sale, harvested from members' gardens.

Typically, popular varieties sell out first, and since

supplies are limited; "the early bird gets the worm." Every year the sale attracts both veteran and novice gardeners. Garden club members will be available to answer questions and offer advice on plant location and maintenance.

Funds raised through the plant sale are used for beautification projects and scholarships. The Club has pledged funds to landscape the perimeter of the Bertha Farnum Room extension to the Horse Meadow Senior Center that is nearing completion. Last year the Club restored the garden at the triangle on Court Street in Haverhill Corner between the north and south Commons and will continue caring for it.

Mark your calendars to not miss the Haverhill Garden Club Plant Sale on May 28, 2016, 8:30--11:30!

Groton Free Public Library

Drop Everything! (at the Library) Calling all Spring Cleaners! This is the final weekend to bring your gently used items to the Upper Valley Grill drop-off box on Friday (4-6pm) or Saturday (9am-12pm). If an alternate donation time is desired, please call 584-3358. Thank you for your support of our upcoming Yard Sale Extravaganza on May 28!

Fri, May 20 at 3:30pm: More Zentangle! Continue learning new Zentangle patterns and create more fun art with your unique designs. Open to all ages, first-timers welcomed.

Fri, May 20 at 5:00pm: More Acrylic Painting. Continue your painting from last session, or, begin with the basics. Teens & adults, first-timers welcomed. All supplies provided.

Tues, May 24 & 31 at 5pm: Free Community Yoga Class! A 3rd season of community yoga classes will be offered every Tuesday in May from 5-6pm at the Groton Community Building with Rising Spirit Yoga. All levels welcomed. Co-sponsored by the Library & Groton Recreation Committee and free to

you! Extra yoga mats available.

Sat, May 28 from 8am-2pm: Yard Sale Extravaganza! NEW family-friendly community event at the Veteran's Memorial Park gazebo on Rte 302, Groton. Yard sale, book sale, fun food, face painting, bounce house & silent auction. All proceeds directly support the Groton Library and will be generously matched by Modern Woodmen of America!

Every Wed. from 1-3pm: Crafts & Conversation. Stop by for some tips, and perhaps share some of your own. The coffee is on!

Saturday Hours Return! Thanks to our amazing volunteers, our library is open again every Saturday from 10am-12pm.

All of our programs are free and open to residents of all towns.

Find us on Facebook (Groton Free Public Library) or contact Anne: grotonlibraryvt@gmail.com, 802-584-3358.

Open M (2:30-7) W (10-4) F (2:30-7) S (10-12).
www.grotonlibraryvt.org

Orange East Senior Center

All events held at the Senior Center are open to the public unless otherwise advertised.

The Senior Center will be closed on May 30 in observance of Memorial Day. There is also no bingo that evening.

We are looking for substitute drivers for our Meals on Wheels routes. We are also looking for volunteers to help in the kitchen. If you are interested, please call or come by.

Bingo is every Monday at 6:00 p.m. The doors will open at 5:00 p.m. The kitchen will be open selling drinks and food.

Computer class is on Wednesdays from 3:00 p.m. until 5:00 p.m. This class is for all levels.

The Orange East Senior

Center is available for rent. We have a capacity of 125. If you would like to book your wedding reception or birthday party or if you have any questions, please give us a call.

If you are in need of any medical equipment, please check with Vicky to see if we have it to borrow before you purchase any.

There is space available in the Monday, Tuesday, Thursday and Friday exercise class. The class begins at 9:00 a.m. and ends at 10:00. The Tuesday and Thursday exercise class is a strength and balance class.

Orange East Senior Center is holding informal Line Dancing classes for exercise and just plain fun, each Tuesday at 10 a.m. Come On Down!

Bath Library Book Club

The Bath Library Book Club will be discussing "March" by Geraldine Brooks on Thursday, June 9th at 6 pm at the Bath Public Library.

From Louisa May Alcott's beloved classic Little Women, Geraldine Brooks has taken the character of the absent father, March, who has gone off to war, leaving his wife and daughters to make do in mean times. As March recovers from a near mortal illness, he must reassemble his shattered mind and body and find a way to

reconnect with a wife and daughters who have no idea of the ordeals he has been through.

Books may be picked up at the Bath Library; hours are Tuesdays, Wednesdays and Thursdays 9:00am to noon and 1:00 pm to 6:00 pm and Saturdays 9:00 am to noon. Anyone with an interest in reading and conversing about books is welcome to attend. For information, please contact the library at 603-747-3372 or email interlibraryloan@together.net.

Height of Spring Bird Walk

SUGAR HILL – May is a great time of year to see and hear breeding birds including warblers, tanagers, vireos, and thrushes. The Ammonoosuc Conservation Trust (ACT) continues its tradition of offering a free Memorial Day bird walk for birders of all ages.

This year's "Height of Spring Bird Walk" will take place in Sugar Hill on Friday, May 27 from 6:30-8:00 a.m. ACT Executive Director Rebecca Brown will offer tips and tricks for bird identification and will introduce birding by ear.

Participants should meet

at 53 Post Road in Sugar Hill and bring binoculars, bug spray, and a bird book if they have one. Birders of all experience levels are welcome, and this walk is dog-friendly. Details are available online at www.aconservationtrust.org/education-events.

The Ammonoosuc Conservation Trust is the North Country's regional lands conservancy, protecting land for the vitality and well-being of our region. Learn more and become a member at www.aconservationtrust.org or call (603) 823-7777.

Horse Meadow Senior Center

Every Tuesday: 8:30
Community Breakfast
May 17
Nifty Needlers @ 9:30
Osteoarthritis Talk @ 12:45

Tai Ji Quan @ 2:00

May 18

Bone Builders @ 9:30
Writers Group @ 10:30
Bingo @ 1:00

May 19

Art Class with Barb @ 9:00
Cribbage @ 12:30
Line Dancing @ 12:45

May 20

Bone Builders @ 9:30
Mahjongg @ 10:30
Decorative Arts 2 @ 1:00
Tai Ji Quan @ 2:00

May 23

Bone Builders @ 9:30
Hearts & Hands Quilters @ 12:30

Tech Time w/Paul @ 1:00
Craft Class 2 @ 1:00

May 24

Nifty Needlers @ 9:30
Paper crafts 2 @ 1:00
Tai Ji Quan @ 2:00

May 25

Bone Builders @ 9:30
Writers Group @ 10:30
Bingo @ 1:00

May 26

Art Class with Barb @ 9:00
Card Class w/ Jeannie @ 9:30

Cribbage @ 12:30
Line Dancing @ 12:45

May 27

Bone Builders @ 9:30
Mahjongg @ 10:30
Tai Ji Quan: @ 2:00

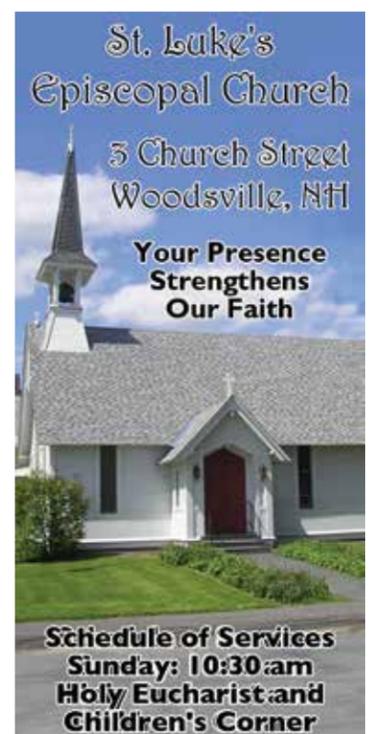
May 30: CLOSED

May 31

Nifty Needlers @ 9:30
Jewelry Class 2
Tai Ji Quan @ 2:00



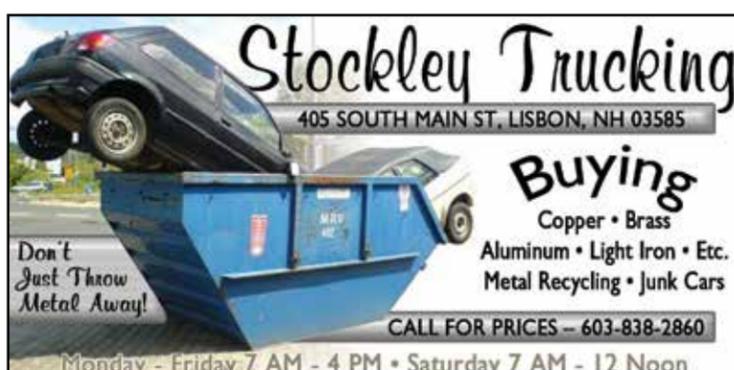
**Route 5 Collectibles
ANTIQUES**
Will Buy One Item
Or Complete Households
Always Buying US Coins
Open 10-5 • Closed Tuesday
277 Main Street • Lyndonville
802-626-5430



**St. Luke's
Episcopal Church**
3 Church Street
Woodsville, NH
Your Presence
Strengthens
Our Faith
Schedule of Services
Sunday: 10:30am
Holy Eucharist and
Children's Corner



**Second Chance
animal rescue**
"we care when there's no one there"
1517 Meadow Street
Littleton, NH 03561
603-259-3244
www.secondchancear.org



Stockley Trucking
405 SOUTH MAIN ST., LISBON, NH 03585
Buying
Copper • Brass
Aluminum • Light Iron • Etc.
Metal Recycling • Junk Cars
CALL FOR PRICES - 603-838-2860
Monday - Friday 7 AM - 4 PM • Saturday 7 AM - 12 Noon



Harman's Cheese and Country Store, an iconic White Mountains business attraction, celebrated their 35-year under Aldrich Family ownership this past weekend. Maxine Aldrich, left, and Brenda Aldrich received a State Senate resolution honoring their contributions to the state from North Country Senator Jeff Woodburn.

7th Annual Sunrise Ascent on Mount Washington Collaboration creates increased opportunities for athletes with disabilities

Franconia, NH, Planning is underway for the seventh annual "Sunrise Ascent on Mount Washington" sponsored by the Bank of New Hampshire to benefit Adaptive Sports Partners of the North Country. This year's event will be held Sunday, August 7 when mule teams assist and accompany adaptive athletes on their climb up Mt. Washington. The ascent teams will begin at the base of the Mt. Washington Auto Road leaving in time to view sunrise as they crest tree line.

The Bank of New Hampshire has again signed on as the event Summit Sponsor. We are grateful for the Bank of NH's continued support of sport, recreation, and wellness opportunities for people of all abilities.

This year Adaptive Sports Partners of the North Country (ASPNC) will again welcome athletes from New England Disabled Sports (NEDS) to the event. A record number of athletes from both organizations and beyond have come forward to accept the

challenge of summiting Mt. Washington, New England's highest peak. This collaborative effort will afford the opportunity for more people with and without disabilities the opportunity to share in the challenge and to work together to raise essential operating funds for adaptive sport organizations.

"Mules" for Ascent teams are being recruited at this time. An ascent team is built around each adaptive athlete who accepts the challenge of this arduous journey. With 18 adaptive athletes committed to making the ascent this year, athlete registration is at capacity and has been closed for this year's climb. At this time, "mule team" members are actively sought.

Teams will meet at the base of the Mt. Washington Auto Road at 4 a.m. These teams comprised of volunteer "mules" hike up to the summit with adaptive athletes. Teams will utilize trailriders, off-road wheelchairs, and handcycles. There will also be several athletes

walking, hoping to reach the summit without the aid of adaptive equipment.

For the adaptive athletes, who love the outdoors, this trek represents the realization of a monumental goal, achieved in spite of disabilities. The volunteer teams, organized around each athlete, participate in a challenging and rewarding group journey.

To find out how you can be a part of this exciting event, visit www.SunriseAscent.org or contact Sandy Olney, Executive Director of ASPNC (Adaptive Sports Partners of the North Country) at 603-823-5232 or by email at info@adaptivesportspartners.org.

This event helps fund a significant portion of the annual budget for these not for profit organizations which provide sport, recreation and wellness opportunities for adaptive athletes of every age. Located in Franconia, the ASPNC (Adaptive Sports Partners of the North Country) enriches the quality of life for people with disabilities through sport, recreation and wellness opportunities throughout the year

New England Disabled Sports is located at Loon Mountain Resort in Lincoln, NH and has a satellite operation at Bretton Woods Ski Area. NEDS strives "through sports, to change lives affected by disabilities."



Erik Kondo of Lexington, MA makes an unassisted ascent of Mt. Washington on a handcycle.

Volume 7 Number 16

May 17, 2016

Not all Times are Trendy, but there will always be Trendy Times

Nathan A. Muehl,
Registered Representative
Offering Securities Through
NYLIFE Securities LLC,
Member FINRA/SIPC,
A Licensed Insurance Agency.



NATHAN A. MUEHL, LUTCF
51 N. Main St, B-1 • Wells River, VT 05081
802-588-5035
Nate@NMAFinancial.com



HOBBO Railroad
Lincoln, NH

**OPERATING WEEKENDS
STARTING MAY 28th**
HOLIDAY WKND TRAIN SCHEDULE:
SAT & SUN: 11am, 1pm & 3pm
MON: 11am & 1pm

VETERANS RIDE FREE MEMORIAL DAY WEEKEND
Regular priced tickets available for family members wishing to join their Veterans: \$17 adults / \$13 kids 3-11 (2 and under ride free!)

www.HoboRR.com
64 Railroad Street, Lincoln, NH (603) 745-2135

Rte. 10; Orford, NH; (603) 353-9901

Mill Gardens Farm Stand

Bare root Strawberry & Asparagus, Veggie Starts
Herbs and Potato & Onion Sets
Annuals in Full Color!
Apple Trees & Flowering Shrubs

HOURS: Mon. - Fri. 8 - 6; Sat. 8 - 5; Sun. 10 - 4

Dogs Boarding
Cats Grooming
Exotics Dental Care
Poultry Surgery

BRADFORD VETERINARY CLINIC
Susan Dyer, DVM

802-222-4903
176 Waits River Rd, Bradford, VT
BradfordVet.com or [Facebook.com/BradfordVetClinic](https://www.facebook.com/BradfordVetClinic)

Safe Ship Locally Invested, Globally Connected!
SPECIALTY SHIPPING

Come Visit Us At Our
OPEN HOUSE
Saturday, May 21, 8 am - Noon
Pierson Industrial Park
226D Industrial Drivel Bradford, VT 05033
www.bradfordpacknship.com

STAR CAT BOOKS

CUSTOMER APPRECIATION DAYS

Friday, June 3rd
Saturday, June 4th
STORE-WIDE SALES
+ 15% off all new books & items
+ 20% off all used books
+ specially discounted books on sale

Shop locally
157 Main St., Bradford, VT, 802-222-5826
www.starcatbooks.com

LISBON Village PIZZA

Open
Tue-Thu 11am-9pm
Fri-Sat 11am-10pm
Sunday 11am-9pm

99 North Main St • Lisbon, NH

\$1 OFF
1 Large One & More Toppings Pizza
Expires 5/30/16

603-838-9050

Gift Certificates Available
In The Business Since 1973
The Original Owner, Jim, Is Back!

Modern Furniture is pleased to support our local student athletes.
For your support we offer you these exclusive specials from our stores.

MODERN FURNITURE
www.modernfurniturevt.com
Derby, VT 802-334-5616
Lyndonville, VT 802-626-3273
Littleton, NH 603-444-2033
Woodsville, NH 603-747-3202

FREE BOX SPRING
With purchase of any Mattress \$499 & up*

\$50 OFF ANY RECLINER
Valued \$399 & up*

Best Home Furnishings **Serta** **KING KOIL** **TEMPUR-PEDIC** **ASHLEY FURNITURE INDUSTRIES, INC.** **LA BOY FURNITURE GALLERIES** **England**

*Excludes closeouts & special buys. Limit one coupon per person per purchase, must present coupon, no duplicates.
Not valid on prior sales or with other promotions. Expires 6/30/16

JROTC Spartan Battalion Celebrates 20th Anniversary



On 28 May 2016, the Army Junior ROTC program at the White Mountains Regional High School will celebrate its 20th anniversary. The popular high school program which promotes leadership and character development is currently under the leadership of Lieutenant Colonel (Retired) Darrel Gearhart and Sergeant Major (Retired) Michael Bruno. The program at the WMRHS was established in September 1995 and is one of only two Army JROTC programs in New Hampshire.

The anniversary celebration will consist of an Open House that is open to Spartan Battalion alumni as well as the public. Activities will begin at 10:00 am and run until 1:00 pm. Planned activities include a tour of the new JROTC classroom area, a display of pictures and videos covering the years of 1995 to present, an alumni drill team and Color Guard competition, a JROTC general knowledge quiz, a rank game, and many other fun activities. A cake cutting ceremony commemorating the 20th anniversary of the Spartan Battalion will take place in the high school gymnasium. A special dedication of the JROTC physical fitness room honoring former cadet, SFC Ryan Savard, will also take place during a private ceremony.

The Junior Reserve Officer Training Corps or JROTC, is a program designed to teach high school students the value of citizenship, leadership, service to their community, personal responsibility and a sense of accomplishment. The JROTC program also instills in students self esteem, self discipline, and the value of teamwork. JROTC prepares high school students for roles in responsible leadership positions while making them aware of their rights, responsibilities and privileges as citizens of the United States of America. In addition to WMRHS students, several sending students from Littleton, Groveton,

Profile, and Lin-Wood High Schools as well as the Charter Academy participate in the program. Cadet Lieutenant Colonel Ivory Blanchette of Lancaster currently serves as the cadet Battalion Commander, the most senior position within the organization. Ivory has been accepted to Saint Michael's College where she will begin her freshman year in the fall of 2016 and plans to major in psychology.

The mission of JROTC is to motivate young people to be better citizens. Although several students take JROTC because they have a goal of joining the military following high school, there is no military obligation or pressure for students to join the military. Cadets are required to wear a military uniform once per week. All uniforms, supplies, books and equipment are provided at no cost to the student. The program is designed to ensure students are successful while in high school, and more importantly, teach them valuable skills that will make them successful following graduation.

In addition to the 20th anniversary of the Spartan Battalion, United States Army Cadet Command which oversees over 1,730 Army JROTC programs will celebrate its 100th anniversary this year as well. The command has over 314,000 cadets and over 4,000 instructors assigned to the organization. The JROTC program is designed to promote good citizenship habits, emphasize character education, student achievement, community service, and giving back to others. The WMRHS Spartan Battalion participates in a community flag education project within our local elementary schools, assists the American Red Cross with blood drives, participates in community parades, presents Colors for many sporting and community events, assists in Project Homebound, and has adopted a highway for cleanup each year.

Blaze a Trail with Gary Moore

ST. JOHNSBURY – Award-winning outdoors writer and photographer Gary Moore will speak about his adventures throughout seven decades in a special event hosted by the NEK Council on Aging.

The inaugural Summer Street Salon at the Council's administrative offices, here, is part of a nationwide celebration of Older Americans Month. The annual event spotlights the 1965 federal legislation passed by Congress to keep older adults healthy and independent. This year's theme is "blaze a trail."

"We wanted to spotlight the pursuit of an active lifestyle as part of the new directions for living well older Vermonters can take part in," explained Executive Director Lisa Viles. "Close to 450 Northeast Kingdom residents enjoy our free fitness and wellness classes."

At 19 different locations throughout the three coun-

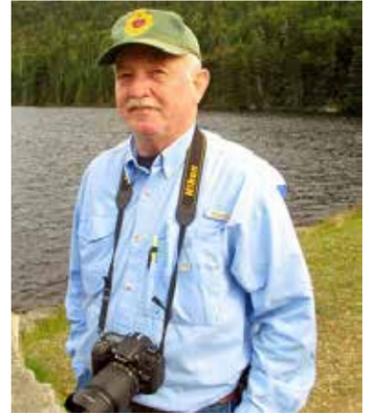
ties, and from 8:30 a.m. to 6 p.m. Monday through Friday, individuals meet up to participant in such diverse work-outs as Growing Stronger, A Matter of Balance, Golden Ball Tai Chi, and Tai Chi for Arthritis. All are evidence-based and are designed to improve flexibility, balance, energy, and to help reduce the risk of disease.

Like his regionally syndicated stories, Moore's illustrated talk promises to reveal the funny, the tender, and the courageous encounters he continues to have. Light refreshments will be served following a Q&A.

Caplan's Army Store and North Country Chiropractic Center, both here, are underwriters of this first Summer Street Salon.

The event is scheduled for 4 p.m. Sunday, May 22, at 481 Summer Street, corner of Winter Street. Admission is by donation. On-site parking is free.

Seating is limited to



the first 50 individuals who RSVP by noon on Friday, May 20, by calling Executive Administrative Assistant Mary Jane Miller: 802-745-1007.

Reiki Retreat
Reiki • Massage
Biofield Tuning
Zero Balancing
 Contact Barbara To Set Up
 Your Appointment Today!
 90 Farm St • E Ryegate, VT
 802-757-2809
 reikiertreat@charter.net

Not all Times are Trendy, but there will always be Trendy Times

May 17, 2016

Volume 7 Number 16

Happy Memorial Day

WELLS RIVER

2011 Mini Cooper \$17,888 \$226⁵⁹ <small>A MONTH</small> <small>#40377, Countryman, All-4, AWD, 1.6L Turbo, Htd-Ltr, Moonroof</small>	2013 Dodge Charger \$23,733 \$299⁷² <small>A MONTH</small> <small>#3065N, R/T AWD, 5.7L Hemi, Red Climate Leather, NAV, Beats Audio</small>	2015 Volkswagen Passat \$16,465 \$188⁶¹ <small>A MONTH</small> <small>#40381, Wolfsburg, 1.8L Turbo, Loaded, Heated Leather</small>
2014 Kia Optima \$19,473 \$222⁶¹ <small>A MONTH</small> <small>#46021A, EX, 4dr, 2.4L, Heated Leather, 9,488 miles</small>	2010 Toyota RAV4 \$11,555 \$147³⁵ <small>A MONTH</small> <small>#36152A, AWD, 2.5L, AT, Nice Shape</small>	2015 Chevy Colorado \$30,601 \$349¹⁸ <small>A MONTH</small> <small>#36122A, Z71, Crew, 3.6L, Heated Leather, Tow</small>
2015 Hyundai Santa Fe \$22,820 \$260⁴⁷ <small>A MONTH</small> <small>#40371, Sport, AWD, 2.4L, Low Miles, Sharp</small>	2013 Chevy K2500 Just In Call For Details <small>#36029A, Z71, Crew, 4x4, 6.0L, Leather, Tow, Nice</small>	2012 Toyota Tacoma \$23,958 \$302⁵⁴ <small>A MONTH</small> <small>#36039A, TRD, Crew, 4.0L, SR5, Alloys, Tubes, 1 Owner</small>
2009 Toyota Tacoma \$19,586 \$255¹² <small>A MONTH</small> <small>#36108B, TRD, Crew, 4.0L, SR5, Custom Alloys</small>	2012 Chevy K1500 \$23,420 \$295⁸¹ <small>A MONTH</small> <small>#24214A, LT, Xcab, 5.3L, All-Star, Tow Package</small>	2011 GMC K1500 \$25,963 \$327⁶³ <small>A MONTH</small> <small>#26009A, SLE, Crew, 5.3L, Heated Leather, Chrome Package, Tow</small>

CHEVY BONUS TAG BLOWOUT!!! PICK YOUR TAG DON'T MISS OUT! **EVERYONE QUALIFIES for our Chevy Bonus Tag PRICING!**

All New 2016 Chevy Spark <small>#49019</small> <small>\$13,535 MSRP - \$2,500 Savings</small> Sale Price \$11,035 <small>LS, 1.4L, 5 speed, AC, Built in WI-FI</small> <small>CHEVY BONUS TAG</small>	All New 2016 Chevy Camaro <small>#49025</small> Just In Must See <small>2 SS, Conv, 6.2L, 455 hp, 6sp, Red Leather, Nav.</small> <small>CHEVY BONUS TAG</small>	2016 Chevy Trax <small>#36156</small> <small>\$26,935 MSRP - \$3,000 Savings</small> Sale Price \$23,935 <small>LT, AWD, 1.4L Turbo, Moonroof</small> <small>CHEVY BONUS TAG</small>
2016 Chevy Traverse <small>#36077</small> <small>\$40,190 MSRP - \$4,500 Savings</small> Sale Price \$35,690 <small>LT, AWD, 3.6L, Quads, 7 Pass, Moonroof</small> <small>CHEVY BONUS TAG</small>	2016 Chevy Tahoe <small>#30107</small> <small>\$59,895 MSRP - \$7,000 Savings</small> Sale Price \$52,895 <small>LT, 4x4, 5.3L, Heated Leather, Nav, Tow</small> <small>CHEVY BONUS TAG</small>	2016 Chevy K1500 <small>#36066</small> <small>\$47,365 MSRP - \$8,000 Savings</small> Sale Price \$39,365 <small>LTX Crew, 5.3L, All-Star, LED's, Heated Seats, Tow</small> <small>CHEVY BONUS TAG</small>

802-757-2311 • 800-468-2956 • www.wellsriverchevy.com
 Jct. Rte. 5 & 302 • Wells River, VT 05081 • Mon. - Fri., 8am - 6pm • Open Sat., 8am - 4pm

All used vehicle payments are based on 20% cash down or equivalent trade equity. 2015 - 2014 payments based on 84 months at 4.99%, 2013 - 2010 payments based on 72 months at 3.99%, 2009 payments based on 72 months at 4.99%. Admin. fee included, Tax, Title & Reg. Extra. All payments and interest rates advertised, are available to qualified buyers only, all incentives are subject to change without notice, with approved credit. Photos may not represent actual vehicle. OFFERS GOOD THROUGH 6-31-16. SEE US FOR DETAILS.



We Accept Cash, Check or Credit/Debit Cards



CLASSIFIEDS

PERSONAL: For Sale, Wanted, Lost, Found: Up to 30 words **FREE** for 2 issues. (\$10,000 value limit)

BUSINESS: Help Wanted, For Rent, etc. \$10/2 issues, \$20/5 issues, \$50/16 issues. Limit of 30 words.

Classifieds that exceed word count may be subject to an additional charge.

Mail or Drop Off at Trendy Times, 171 Central Street, Woodsville, NH 03785 Email: Gary@trendytimes.com



FOR SALE

FOR SALE

FOR SALE

COLLECTABLE 18" DOLL. Dressed in Organza/Pearl dress with parasol. \$300 or best offer. Call 603-747-2214 05.17

2000 BMW Z3 ROADSTER - Baby blue with tan leather interior, tan soft top with cover. 5 speed manual 2.8 liter. CD player, heated seats, power windows. Excellent condition. Always garaged. 101K. \$7,500. Fun! 603-838-2246 05.17

PUSH MOWERS OF ALL TYPES. Also in chimney incinerator, made to burn paper, etc. from inside. Call 603-823-0018 05.17

1989 TOYOTA (LITTLE RUST) SR5 standard extended cab, V6, 4x4. Brand new oversized tires, extensive front end driver side damage. Best offer.... Can be seen in Pike, NH. Contact Chris@802-222-1677 or Dave @802-356-5036 05.17

STAGE LIGHTS - MBT; 2 stands, 8 cans, colored gels, 4 channel dimmer \$250. 603-838-6851 05.17

LUDWIG DRUMS, Black, 5 drums, cymbals, stands, hi Hat, saddle seat. \$450. 603-838-6851 05.17

NASCAR CLASSIC DIECAST CARS, #17, 18, 33 & 66 \$35.00 each. NASCAR Jr. Bud Jacket, XL, never worn. \$100.00 Call 802-439-3254 05.17

NEW BOAT PACKAGES are here. We carry Avalon Pontoons, Polarkraft aluminum, & Carolina Skiff fiberglass boats. With Mercury or Honda motors. Fairlee Marine 802-333-9745 09.16

NASCAR JR. JACKET, XL, never worn \$100; Craftsman 20" elec. hedge trimmer, dbl. insulated \$25; Original glass negatives, 1930's, 1940's, \$15. each. 802-439-3254 05.31

SHARP CAROUSEL MICROWAVE CONVECTION OVEN. Outside measures 24 5/8" wide, 15" high, 16 1/8" deep. Excellent condition. Used only a few times. Asking \$25.00. Call 802-429-2163 05.31

SLIGHTLY USED COUCH: Couch came out of a 5th wheel camper. Measures 63" long X 26" wide. Excellent for someone wanting a smaller couch. Asking \$100.00 Call 603-764-5591 05.31

TWO VITESSE BY BROOKSTONE RACKET BALL PADDLES in excellent condition. Includes padded case. Asking \$25.00 Call 802-429-2163 05.31

SHOE AND CLOTHES RACK. Rack holds 15 pair shoes. Hangs in closet. Metal clothes rack measures 63 high X 38 wide. \$8.00 for shoe and \$10.00 for clothes rack. Call 802-429-2163 05.31

ACCENT TABLE: Faux leather top table measures 19" high and 12" round. Top has scalloped edges and stands on 3 legs. Asking \$8.00 Call 802-429-2163 05.31

ALTIMAX M&S 215/65R/16 TIRES \$25 each or \$80/set of 4; UniRoyal Summer 215/65R16 tires, set of 4 \$70; Firestone M&S 245/70R/16 tires \$30 each or \$100 set of 4; Fuzion All Season 245/65R/17 \$35 each or \$125 set of 4; Wintermax snow 195/60\$14 good spare, FREE. Call 603-998-6710 Littleton. 05.17

LAZYBOY SOFA. Good condition, dark blue. Has one long cushion. 81x36x33. Complete sofa is tuft design. I need reclining type. Asking \$150.00 603-444-1103 05.31

ANTIQUE AMISH DRYING RACK: This is a large clothes drying rack in good condition. Has one rod a little bent. Also a splinter on one rack. Asking \$100.00 Call 802-429-2163 05.31

TV STAND Measures 30" high, 26" wide, 21" long. 3 shelf spaces. Smoked glass front. Stand is on wheels and in excellent condition. Asking \$25.00 Call 802-429-2163 05.31

HISTORY BUFFS: War Time Iraqi paper bills, crisp, Saddam Hussein picture on 12 bills all denominations - Best offer over \$50.00 each. Call 339-927-3721 05.31

IRAQI BILLS "She'll be coming around the mountain when she comes, riding three white horses. 3 Riderless running horses on bills - wartime bills. \$250.00 each. Call 339-927-3721 05.31

LIGHTWEIGHT BOAT DOCKS. 1 person can install or take them out. In stock. Standing, floating, or roll-in. Fairlee Marine, see them on our website www.fairleemarine.com 802-333-9745 09.16

CERTIFIED USED BOATS. Lots of good used boats to choose from. Checked over by our certified technicians. If it's not reliable, we won't sell it. Fairlee Marine, see them on our website at www.fairleemarine.com 802-333-9745 09.16

Volume 7 Number 16

May 17, 2016

Not all Times are Trendy, but there will always be Trendy Times



Part Time Sales Position Available Make Your Own Hours & Your Own Days!

Commissioned Position

Experience is Great, But Will Help Train.

Prefer A Person To Cover Lincoln/Woodstock Area

For Details & Interview Contact Gary 603-747-2887 or email: Gary@TrendyTimes.com

Hood's Plumbing and Heating Inc
 Complete Plumbing & Heating Systems
 Bathrooms & Water Conditioning
 24-Hour Emergency Service For Our Customers
 Free Estimates | Give Us A Call!
CHRIS DELLINGER
 NH #2712 • VT #PM3036
 603-787-6600 • 603-787-6838 Fax
 PO Box 368 • North Haverhill, NH

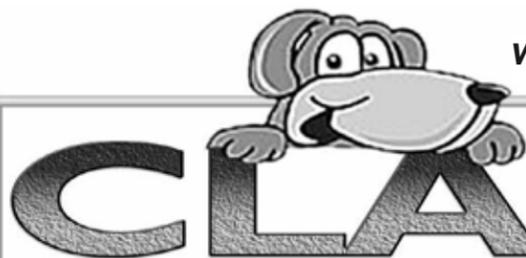
LIBRARIAN POSITION OPEN WOODSVILLE LIBRARY
 603-747-3483
 or
 603-747-3792
 or email
 woodsvillelibrary@hotmail.com

We're Enlarging Our Staff!!
 Join our team of hair, skin, nails, and massage techs! NH license required.
 Busy, upscale salon in excellent location.
 Call 747-2818.
 Ask for Donna.

INCOME TAX PREPARATION
 Personal & Professional • E-File • Payroll Services

 Form 1040
 Label (See instructions on page 12) the IRS
 Department of the Treasury—Internal Revenue Service
 U.S. Individual Income Tax Return
 For the year Jan. 1-Dec. 31, 2007, or other tax year beginning on 12/31 of the year before
 Your first name and initial
 If a joint return, sp...
 Home address
 Name and initial
Peter B. LaVoice
James K. Lang
 OPEN MONDAY THRU FRIDAY
 9:00 AM – 4:00 PM Or Call For An Appointment
 pete@peterblavoice.com • 603-747-3613 • Fax 603-747-3287
 49 Swiftwater Road, Woodsville, NH 03785

We Accept Cash, Check or Credit/Debit Cards



CLASSIFIEDS

PERSONAL: For Sale, Wanted, Lost, Found: Up to 30 words **FREE** for 2 issues. (\$10,000 value limit)
 BUSINESS: Help Wanted, For Rent, etc. \$10/2 issues, \$20/5 issues, \$50/16 issues. Limit of 30 words.
 Classifieds that exceed word count may be subject to an additional charge.

Mail or Drop Off at Trendy Times, 171 Central Street, Woodsville, NH 03785 Email: Gary@trendytimes.com



FOR RENT

NEW WOODSVILLE RENT: Newly renovated 1 BDRM, ground level apartment. Utilities & cable \$180.00/wk. Two additional apts. available soon, one 1-bdrm \$770.00/mo. utilities included, and one 2-bdrm with separate entry to 2nd bdrm., perfect for roommate situation, \$850.00 plus heat, all other utilities included. No smoking, no pets. First/last/sec. 603-243-0077 06.28

WELLS RIVER, VT HOUSING AVAILABLE: *11 Center Street, Wells River, third floor - 2 BD apartment. \$725 rent includes heat, trash and snow removal. Freshly painted with new carpet. Walking distance to banks, stores and laundry mat. Income restrictions apply. Call E.P. Management 802-775-1100 Ext #7 or e-mail shelly@epmanagement.com. E.H.O. 28 Grove Street, Wells River, 2nd floor - 1 BD apartment. \$700 rent includes heat, trash and snow removal. 05.17

ST. JOHNSBURY, VT HOUSING AVAILABLE: Passumpsic Housing, Multi-Family Housing: Now accepting applications for 3 BD Units! Rent includes heat, hot water, trash, snow & rubbish removal. Must be income eligible. Income restrictions apply. Rent is 30% household monthly income. Tenant would also pay own electricity. Call E.P. Management 802-775-1100 Ext #7 or e-mail shelly@epmanagement.com. E.H.O. for an application. 05.17

BOAT RENTALS, Pontoon, Canoes, Kayaks, Runabout ski boats. Daily and weekly rentals. We launch and pick up. Fairlee Marine www.fairleemarine.com 802-333- 9745 09.16

WOODSVILLE: 2 BR., 6 ROOM, ground floor apartment with laundry room, eat in kitchen, full bathroom. \$650 per month plus heat & electric. First month and security. Call for viewing and application. 603-747-3942 06.28

SERVICES

HARTY'S PAINTING SERVICE: Interior and exterior, painting, free estimates, fully insured. Call 603-254-9682 07.12

BOAT SERVICE: Is your boat unreliable and ready to go? Doesn't have the power it used to? Our Certified Technicians fix things right. We can water test or dyno test so you know it's fixed. Fairlee Marine www.fairleemarine.com 802-333- 9745 09.16

INSTRUCTION

INSTRUMENT LESSONS: Offering private piano, guitar, banjo & clarinet lessons for beginner & intermediate students of all ages. 30+ years instructing. Call 603-398-7272. 05.17

WANTED

PAYING CASH FOR OLD WATCHES AND POCKET WATCHES: working or not. Also old jewelry, hunting knives, gold & silver items, Masonic & military items, American & foreign coins, old unusual items. We make house calls. Call 603-747-4000 05.31

BUYING USED MOTOR OIL. Call Lee at 802-429-2500 11.29

WORK FOR MID-SIZED FARM TRACTOR with winch and bucket. (Great for Yard or Wood Lot work). Will also cut and split firewood & bush hogging. Call for pricing and details. 603-747-4140 07.12

DOUBLE AXLE BOX TRAILER. Prefer 12' - 15' length. Please Call 603-747-4140 05.17

USED OIL. We pay 50¢/gallon. We are a certified burner, so we will satisfy your legal disposal needs. Fairlee Marine 802-333-9745 09.16

FOUND

FOUND AT FLUME PARKING LOT in Lincoln on 3/21/16. Did you leave something, forgot something? Tan jacket, gloves and " ITEM?" Left note but someone else took the note. Call 603 745 4725 Tell me other item. 05.17



CLASSIFIED FORM

- For Sale
- For Rent
- Lost
- Help Wanted
- Free
- Found
- Personals
- Wanted
- Other _____

Description: _____

Price: _____

Phone Number: _____

NON-BUSINESS: For Sale, Wanted, Lost, Found: Up to 30 words **FREE** for 2 issues. (\$10,000 value limit)

BUSINESS: Help Wanted, For Rent, etc. \$10/2 issues, \$20/5 issues, \$50/16 issues. Limit of 30 words.

Classifieds that exceed word count may be subject to an additional charge.

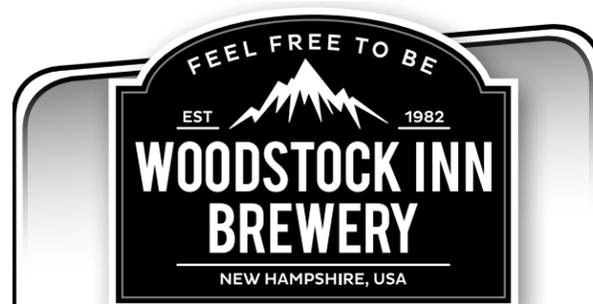
ALTERNATIVE HEALTH/HEALING

REIKI RETREAT: Barbara L. Smith RMT, LMT. Reiki sessions & classes. 10 years experience. Offering Massage, Bio Field Tuning and Zero Balancing. Gift certificates available. 90 Farm St, East Ryegate, VT. 802-757-2809. reikiretreat@charter.net or check the website www.vtreikiretreat.com

HELP WANTED

PCA NEEDED: Seeking experienced PCA for 10 year old boy in Groton. Valid driver's license and vehicle essential. For information please call 802-584-4206 05.17

The Littleton Food Co-op is hiring an experienced full time meat cutter or part time meat cutter apprentice! Required skills include quality meat cutting experience; positive, energetic, team player with exceptional internal and external customer service skills. Benefits include generous employee discount, paid time off, matching retirement contributions, medical and dental coverage and holiday pay. Stop by the Co-op to complete an application. 05.31



JOIN OUR TEAM!

SEVERAL POSITIONS AVAILABLE

It's time to up our staff at the Station for the summer! Come join us at one of New Hampshire's busiest restaurants, voted the White Mountain's favorite **nine years in a row.**

DINING ROOM

Join our dynamic and fun dining room team! We're looking for waitstaff and hosts for all shifts, both full- and part-time. We offer fairly flexible hours. Potential benefits include health insurance, dental insurance, disability, 401K, paid vacation, *plus*—discounts at the Restaurant and Brewery!

KITCHEN

Looking for day and evening line cooks, day prep cooks and dishwashers. We can train the right people with a great attitude. Potential benefits include, *big* night bonuses, health insurance, dental insurance, 401K, and deep discounts on beer!

Pay depends on experience, but we have some of the highest pay rates in the area. Stop by and check it out!

135 Main St., North Woodstock, NH 03262
 800-321-3985
 WoodstockInnNH.com

Finding Solutions for Your Financial Needs

Kim R Shillieto
Financial Advisor

One Main Street
Littleton, NH 03561
603-444-0344
www.edwardjones.com

Edward Jones
MAKING SENSE OF INVESTING

Member SIPC

Talk to Your Adult Children About Smart Financial Moves

If you have children who are finishing college or embarking on their first full-time job, you obviously want them to get off to a good start in their adult and working lives. And by virtue of your years of experience, you probably have some good advice to offer – especially when it comes to making smart financial moves.

Of course, you can find a broad array of financial topics to discuss. But if you want to concentrate on just a few, you might consider these for starters:

- Investing for the future – When young people are paying off student loans, they may not think they can also afford to invest for the future. Indeed, this can be challenging – but it's not impossible. So, if your children go to work for an employer that offers a retirement plan, such as a 401(k), you may want to point out that they can have money automatically invested – and since they never really "had" this money in the first place, they are less likely to miss it. They can

start by deferring small amounts; when their earnings rise, they can increase their contributions.

- Buying a home and paying off a mortgage – With interest rates still low, now is not a bad time for prospective first-time homebuyers. Of course, if your children truly are starting out in the working world, it will likely take them a few years to save up enough for a down payment. But even after they reach that goal, you may want to warn them not to become "house poor" by spending a large portion of their total income on home ownership. If they do buy a house, though, and their incomes go up as their careers progress, they may wonder if they should pay down their mortgage quicker. While they might feel good about lowering that debt, you may want to point out that an argument could be made for putting money in assets that will likely be more liquid, such as stocks and bonds. For one thing, if your children were to lose their jobs, and they needed cash to tide them over until they were once again employed, they'd likely find it much harder to get money out of their homes than

their investment accounts. Also, in terms of accumulating resources for retirement, they might better off building up their investment portfolios, rather than sinking every extra dollar into their homes.

- Using credit wisely – Urge your children to avoid taking on excessive credit card debt and taking out non-essential loans. As you know, having a good credit score can pay off in several ways, including getting better rates on mortgages. You may want to risk sounding "old fashioned" by encouraging your children to live within their means. And consider pointing out that it's often the people who are the most frugal today who may end up with the most money tomorrow.

It's not always easy for young people to get off on the right foot, financially speaking. But as someone who knows a thing or two about controlling debt, saving and investing, you can help your children out by imparting a few words of wisdom.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor

OCT Auditions for "Secret Garden"

Bradford, VT: Old Church Theater will be casting THE SECRET GARDEN at auditions to be held Wednesday May 25th at 6pm and Sunday May 29th at 2pm at their theater at 137 N Main St in Bradford, VT. The production is scheduled for two weekends in mid-August, before schools start. This original non-musical version

of the play is written by William Fray, who also wrote the group's "Heidi" some years ago.

Directed by Brian Kenyon, seven actors are needed: 3 females, one about age 10, one about 18, and one about age 40, and four males, one about age 10, one about 12, one about 40 and one about 55. Al-

though there are parts for all ages, the lead will belong to a young girl who can portray someone about age 10. Two young boys will also have significant roles. Adults- perhaps parents- might consider taking on the other roles to make transportation to rehearsals easier.

THE SECRET GARDEN is the beloved tale of youth, relationships and transforming power of positive thinking. Written by Frances Hodgson Burnett in 1910, it is a classic of literature with many versions written for stage, engaging audiences from around the world.

For more information, please visit www.oldchurch-theater.org or contact director Kenyon at brianjkenyon@live.com. Old Church Theater is a non-profit organization entering its 31st year. It presents five full length productions from June to October. The first play of the 2016 season, DR COOK'S GARDEN, opens June 3rd.



RICH SAFFO
Concrete Form Co., Inc.
Since 1978 Continuous Service
Phone: 603-787-6747 Fax: 603-787-6560

603.353.9700
WWW.GOTHOMSON.COM
53 RT 10 ORFORD

THOMSON EXCAVATION

- DRAINAGE PROBLEMS
- DRIVEWAYS - SEPTIC SYSTEMS
- FOUNDATION REPAIR - PONDS - HORSE ARENAS

NOW SCHEDULING SPRING CLEANUPS

Now Offering Cut & Split Firewood
\$225/Cord Hardwood - Delivery Available
We also do wood chipping up to 4"

J & A LAWN CARE
603-747-4030
BEST TO CALL AFTER 5 PM
Woodsville, NH

\$125/CORD PINE
GREAT FOR OUTSIDE FURNACES

SprayFoam
& CELLULOSE
INSULATION
838-5112
jmyers.nhnr@gmail.com

Quality Work At Quality Prices
Our Experience Is Superior

A Local Agent For A Local Company

We offer Vermont Mutual:
Home • Auto • Business
Good Claim Service
Competitive Rates

The Taylor-Palmer Agency
"Insurance Service Since 1860"

Bradford, VT 05033
802-222-5222 • 802-222-2903
www.taylor-palmeragency.com

Serving the area for over 100 years!
Auto • Home • Farm • Business • Life • Health

OVER 2000 BROKEN-IN TIRES
MANY SETS OF 4

GOODYEAR
CANON TIRE, INC.

CANON TIRE
I-91 Exit 8, Acutney, VT
802-674-5600
NEW TIRES TOO!!!

Blues Rock and Comedy this Memorial Day Weekend at Jean's Playhouse

James Montgomery, Brian Maes and the Nor'easters Band usher in a night of blues rock at Jean's Playhouse on Saturday, May 28 at 7:30 p.m.

When blues legend James Montgomery plays the harmonica, he "brings it on home". Whether it's recording with Kid Rock, sitting in with Gregg Allman, or fronting his hot band of thirty years, Montgomery plays with authority. While growing up in Detroit he learned first-hand from the masters - James Cotton, John Lee Hooker, and Jr. Wells - at the legendary "Chessmate." Over the years, he's carried on in the tradition and continues to be a vital presence in Blues as one of the most dynamic performers on the scene.

Brian Maes is a graduate of Berklee College of Music Traditional Performance Classical Piano. He was the keyboardist, arranger & backing vocalist with Peter Wolf (J.Geils Band frontman) in the studio and on tour in the United States and Japan 1985-1998. He was also the keyboardist, songwriter, arranger and backing vocalist with the band "RTZ" featuring former "BOSTON" band members, Brad Delp and Barry Goudreau. Brian composed the 1992 "RTZ" hit (#26 Billboard National Charts) "Until Your love Comes Back Around". Brian has done openers for Little Richard, Peter Wolf, KC & the Sunshine Band, Emerson Lake & Palmer. While involved with other bands, he has opened for U2, The Kinds and Aerosmith.

With Special Guest Dave Keller from Montpelier, VT. A first-class singer, guitarist, and songwriter, Keller has earned the respect of the torchbearers of blues and soul music. Now, with a coveted 2014 Blues Music Award (BMA) Nomination for Best Soul/Blues Album of the Year (for his CD Soul Changes), he is poised to take his music even further.

And join us the following night, when Boston Stand-Up Comedy returns to Lincoln on Sunday, May 29 at 7:30 p.m, this time with headliner Frank Santorelli!

Frank is an Italian-American who is best known for playing the recurring role of "Georgie the Bartender" at the Bada Bing in The Sopranos. Frank is also well known for his star role in The Godfathers of Comedy. Frank has starred in numerous movies, including: No Reservations, Meet the Par-



ents, and Crooked Lines. Frank's passion has always been comedy. He has headlined at some of the world's most famous comedy clubs.

Featuring New England Comedian, Drew Dunn, one of the fastest rising young comedians in the New England comedy scene! His accents and voices are flawless and always draws out the laughter. Drew Dunn is a New England native and started his comedy career at the end of his senior year of college. He has performed at Laugh Boston, Nick's Comedy Stop, Headliners Comedy Club, the Comedy Studio and many other clubs in the Northeast.

James Montgomery and the Nor'easters play on Saturday, May 28, followed by Boston Stand-up Comedy on Sunday, May 29. Tickets are \$20 and available for purchase at www.jeans-playhouse.com or 603-745-2141.



Veterans Ride For FREE On Both Railroads Memorial Day Weekend

Lincoln, NH - The Hobo Railroad in Lincoln, NH and the Winnepesaukee Scenic Railroad in Meredith and Weirs Beach, NH begin weekend operations on Saturday, May 28, 2016 - Memorial Day Weekend.

On this special 3-day holiday weekend, the Railroad is offering complimentary tickets to all United States Military Veterans. "This unique opportunity is being extended to all U.S. Military Veterans who have retired, are still serving on active duty or are prior service. It's our way of saying thank you to Veterans everywhere for their service and dedication to this great country" stated Benjamin Clark, Vice President of the Hobo & Winnepesaukee Scenic Railroads. Regularly priced tickets will be also available in Lincoln, Meredith and Weirs Beach for family members wishing to join their Veterans aboard the train as well as the general public.

The Hobo Railroad's one hour and twenty minute round trip excursions travel along rail that dates back to the late 1800's through wooded areas along the banks of the Pemigewasset River from Lincoln through North Woodstock and south to Woodstock, NH and back.

The Winnepesaukee Scenic Railroad offers one and two hour excursions along the western shores of Lake Winnepesaukee and Paugus Bay from Meredith and Weirs Beach to Lakeport, NH and back.

All trains travel rain or shine and all excursions are round-trip.

Both the Hobo Railroad

and the Winnepesaukee Scenic Railroad offer a variety of group programs for school groups, community organizations, recreation & parks organizations and bus tours from May through late October. The Hobo Harvest Time Express as well as Dinner Trains and Fall Foliage Trains are also available throughout the Foliage season for groups as well as the general public.

"People of all ages love to look at trains and we have a number of special events scheduled throughout the season where they can see and experience rail travel up close and personal," stated Benjamin Clark, Vice President of the Hobo & Winnepesaukee Scenic Railroad, "Come check us out, we have a train ride for everyone!"

The Hobo Railroad also offers a full schedule of Santa Express Trains starting November 25, 2016, the Friday after Thanksgiving, that

operate weekends through Sunday, December 18, 2016. In addition, the Journey to the North Pole Trains (formerly known as the Polar Express) also operate weekends during the same period from the Hobo Railroad in Lincoln in support of the Believe in Books Literacy Foundation.

Located in Lincoln, NH, the Hobo Railroad is located just off Exit 32 on I-93, left on Route 112 directly across from McDonalds. The Winnepesaukee Scenic Railroad station is located off Route 3 at 154 Main Street in Meredith, NH, while the Weirs Beach ticket booth is conveniently located on the Boardwalk at 211 Lakeside Avenue across from the arcades, just off Route 3.

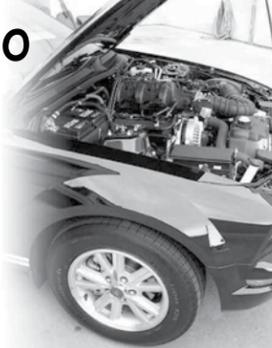
For more information regarding 2016 train schedules and special events for both railroads, visit www.HoboRR.com or call 603-745-2135.

GRS Tire & Auto

Full Service Auto Repair
Foreign & Domestic

Alignments • Brakes • Lube, Oil & Filter Changes
Oil Undercoating • State Inspections • Tires
Towing & Recovery • Tune-Ups • Used Car Sales

GARY SIEMONS, PROPRIETOR
603-747-4192
95 Central Street, Woodsville, NH
Hours: M-F 8-5



Robert's Thrift

Red Tagged Items: 25¢
White Tagged Items:
Half Price

Daily Specials - Every Day Something Different
Located Under The Post Office In Bradford • 802-222-5001



NEED CASH? **C.M. WHITCHER TRANSFER FACILITY**
"Facility To Meet Your Needs"
58 WHITCHER HILL ROAD • WARREN, NH 03279
LOCATED ABOUT 1 1/2 MILES EAST ON NH RT. 118 WARREN

BATTERIES - WASTE OIL • TIRE DISPOSAL • CONTAINER RENTAL
FOR YOUR SPRING OR FALL CLEANOUTS • CURBSIDE GARBAGE SERVICES
CONSTRUCTION & DEMOLITION CONTAINERS • ON SITE DEMOLITION
CONCRETE & MASONRY DISPOSAL • REMOVAL & PICK-UP AVAILABLE

603-764-9300 • FAX 603-764-9302
www.cmwhitcher.com • cmwhitcher@yahoo.com
Mon - Fri 7:30am - 3:30pm

PAYING FOR SCRAP METALS



Got Kids?

**Color Their Wardrobes
In Rainbow Colors at
Trendy Threads**

Quality Consignments
171 Central Street
Woodsville, NH
603-747-3870
Open 9:30 to 5:00
Tues - Fri and 1st & 3rd Sat
www.TrendyThreadsWoodsville.com



Water Heaters
Appliances
Generators
Heaters

603-787-2422
240 Brushwood Road
North Haverhill, NH 03774

Kate G. Shepard for President

Op-Ed by JJoe Benning
State Senator
Caledonia-Orange District

A constituent of mine noticed that I was having a difficult time accepting my parties' apparent choice for president. In truth, I'm not impressed with the front runner in either party. Call me old fashioned, but my vote comes with a price. I expect a candidate for any office to have integrity, the ability to respect all, and a working knowledge of the issues they may face if elected. This is especially important when considering candidates for president, a position by which all other nations will measure us as a people. Policy preferences become lost in the sauce when a candidate exhibits arrogance, ignorance, bigotry, disdain for opposing viewpoints, or takes delight in using fear and paranoia to polarize an electorate. I prefer a candidate determined to make America a better

place to live by uniting rather than dividing.

So my constituent suggested I should vote Kate G. Shepard for president. Now I'm a political news junkie at heart, but I must admit I'd never heard the name Kate G. Shepard. My constituent insisted there was no better candidate. She is loyal to a fault, is extremely intelligent, makes everyone around her happy, has very few demands and presents herself as a strong but positive force wherever she goes. I was intrigued.

Despite the naysayers, America remains the greatest social experiment humankind has ever witnessed. After almost two and a half centuries we remain bound by a constitution that enables both the individual and the nation to reach their highest potentials, free from needless or arbitrary government interference. We've recognized our environment and rich natural resources as precious trea-

sure to be protected. We place education and the welfare of our people highest on our list of priorities. Our military keeps us safe and can keep others safe as well. I want to cast my vote for someone who appreciates these strengths and will know how to use them properly. I want that person to guard against government encroachment on our liberties, and to represent us with integrity when dealing with other nations.

Unfortunately, the present candidates leave me wishing for somebody different. They seem preoccupied with bringing out the worst in us all. We voters don't need doom and gloom; we need someone to constantly remind us that we are extremely fortunate, that nothing is impossible when we are united as a people. We need civility, both at home and abroad.

So is it too much to ask that candidates running for the highest position in the land exhibit the characteristics of Kate G. Shepard? With quiet reserve and noble countenance, her mere presence brings respect and mutual admiration. She flatly rejects the idea of polarizing party animus. She consistently brings cheer to confront negativity and depression, knowing that her political foundation is built on love rather than hate. She might be a bit different from others, with four paws and a tail, but bigotry is not in her DNA. Perhaps someone like Kate G. Shepard is exactly what this country needs at this moment in history. I'm glad ballots come with a "write in" line.

Protect Your Picnic

Food safety for the summer.

By Jessica Sprague,
Food Safety Field Specialist



Summer is fast-approaching and with it comes barbecues, graduation parties, picnics, family reunions and other fantastic events that take us outside to enjoy our hard-earned sunny days. One thing we can all do without through these lovely summer months is foodborne illness, or food poisoning.

We've all seen the culprits. Potato salad sitting out on the picnic table for hours. Fruit salad that has been basking in the sun since morning. Barbequed goodies that have long since cooled (and perhaps been taste-tested by the family dog). To top it all off, those pesky flies who seem to find their way into the party without invitation.

Start Safe: Safe food preparation always comes first. Washing your hands with soap and water is one of the most important steps you can take to prevent foodborne illness. Wash equipment, utensils and surfaces before you begin. Rinse and/or scrub fresh produce immediately before preparation. Work in small batches where appropriate and always refrigerate cut fruits and vegetables.

Travel Safe: Use a cooler and ice packs to keep things cold if you're transporting items. Foods that need to be kept cold include raw meat, poultry, and seafood; deli and luncheon meats or sandwiches; summer salads (tuna, chicken, egg, pasta, or seafood); cut up fruit and vegetables; and perishable dairy products. Planning to take some leftovers home? Keep the cooler and ice packs handy (and cold!) so you can safely transport food home at the end of the day.

Serve Safe: When items are left out in the temperature danger zone (40°F - 140°F) bacteria can multiply rapidly. If possible, position your picnic or buffet table in the shade. An ice water bath is a great way to

keep food cool, and you can easily set one up by taking the serving dish and placing it in a larger dish containing ice. Cover the item to protect it from flies and other sources of cross-contamination, such as curious pets.

For summer salads and dips, prepare several smaller serving dishes as opposed to one large one. This way you can replace a serving dish with a fresh one as necessary, like when that one relative insists on double dipping because, "We're all family here!!"

If cold food isn't being kept below 40°F it shouldn't be left out in the temperature danger zone for more than two hours. At that time the food should be discarded. If it is 90°F or warmer outside, food should be discarded after one hour. This timeline applies for hot food as well. If hot food isn't being kept at a temperature of at least 140°F it should not remain in the temperature danger zone for more than one or two hours, depending on how warm it is outside.

Grill Masters have to follow food safety advice as well. Use a food thermometer to check the internal temperature of food before serving. Namely, cook chicken and poultry products to 165°F, ground beef to 160°F and whole cuts of beef, pork or lamb to 145°F. Avoid cross contamination by cleaning and sanitizing plates and utensils that have come in contact with raw or undercooked items.

Following these simple steps will allow you to rest easy, knowing that you provided safe food to your friends and family. Unfortunately, I make no promises that you'll ever be able to convince that one relative to stop double-dipping.

These summer food safety tips were adapted from the "Summer and Vacations" page at FoodSafety.gov. As always, the friendly folks at the UNH Cooperative Extension Education and Info line are available to answer questions Monday-Friday from 9am-2pm at 1-877-398-4769 or anytime at answers@unh.edu.

Volume 7 Number 16
May 17, 2016
Not all Times are Trendy, but there will always be Trendy Times



OUR MISSION:
To provide support for stray and unwanted dogs in our communities and to attend to their needs while looking for their forever homes.


PO Box 98, Franconia, NH 03580
603-823-7077
atnhs.email@gmail.com
www.atnhs.org

ABOVE THE NOTCH
HUMANE SOCIETY

RICH CLIFFORD
CONCRETE FOUNDATIONS

SLABS, RETAINING WALLS, CURBINGS,
SIDEWALKS INCLUDING RAILINGS

NO JOB TOO SMALL

54 Clifford Drive
N. Haverhill, NH

Rich Clifford
603-787-2573

TRENDY TIMES STAFF

SALESRICHARD M. RODERICK, JESSICA EMERSON & GARY SCRUTON	CONTRIBUTING WRITERS
DISTRIBUTION AGENTS.	ELINOR P. MAWSON, MARIANNE L. KELLY, MELANIE OSBORNE, ROBERT ROUDEBUSH, DAVID TURNER
VAUGHAN SMITH, RICHARD RODERICK, JESSICA EMERSON, GARY SCRUTON	EDITOR / PUBLISHER.....GARY SCRUTON
TRENDY KITCHENRONDA MARSH	EDITOR'S ASSISTANTJANICE SCRUTON

Phone 603-747-2887 • Fax 603-747-2889
gary@trendytimes.com

171 Central St. • Woodsville, NH 03785
Tuesday – Friday 9:00 am - 5:00 pm

Trendy Times reserves the right to accept or reject publication of any letter to the editor or submission of any nature for any reason. *Of course you will need to be really out there for us to turn you down.* We also reserve the right to make slight changes to submissions for readability purposes.

Thank you for your understanding.



TRENDY TIMES
A FREE PUBLICATION

Sharpen Up!

Large And Small Kitchen Knives
Serrated Knives • Steak Knives
Small Hand Tools - Chisels • Etc.

Sean Kelly
802-222-9258
sean@asharpedge.com

Contact Me For:
Brochure • Pricing • Drop-Off • Pick-Up





Amazing Heroes

Patrick Brady

Combat Medic

This is the first of three articles about Amazing Heroes that will be printed during May.
by David Turner

Patrick entered the service in 1968. He had a college deferment, but had to cut his classes in half to get a job in order to make enough money to continue his education.

Losing his deferment, he was soon drafted, trained as a medical corpsman and sent to Viet Nam. On just his third mission the helicopter he was in was hit by a rocket as it was landing and crashed in the rice paddies. Slightly wounded, he managed to crawl out of the burning chopper and immediately started running around in the open battlefield, doing what he had been trained to do.

The Viet Cong had set up the ambush flawlessly and they owned the field. The fire was so intense that helicopters trying to assist them were shot up so bad-

ly the commander made the painful decision to call off any more missions. Within the first half hour more than 30 men had been wounded. Ignoring his own wounds he went from man to man, doing what he could to stabilize each one. He gave them morphine, refusing to use any on himself, saving what little he had for the men. After stabilizing dozens of men a mortar round exploded nearby and he was hit in both legs. Unable to walk, and in extreme pain, he grabbed the rice stalks and pulled himself around, and continued to treat the wounded.

Then, the enemy spotted his medical bag. Being a medic made him a prime target. You take out the medic, a lot of men die. They zeroed in. He could hear the bullets sizzling as they hit the water all around him. That did not stop him. Throughout the day he managed to treat most of the wounded.

Although he himself

was wounded twice more, his thoughts remained on those he had not, or could not reach. Finally, he was pinned down by enemy fire so intense it was impossible to move.

The rest of that day, and throughout the night he laid there, listening to his wounded men, crying, calling for their mothers, and he cried. Not for himself, he says, but for his inability to continue to help "his guys." The Air Force flew missions through the night, dropping napalm and firing their machine guns, keeping the Viet Cong from reaching the few remaining troops. The following morning the enemy was finally pushed back far enough to make rescue possible.

Patrick refused to be loaded until every other man, dead or alive, was off the field. On the flight back he was finally able to treat his own wounds, which by then had become infected.

When he was notified that he was to receive the Medal, at first he refused, feeling those who had not survived deserved it more. He wears it for all of those, in all the wars, that were never recognized for their brave acts, because no one saw, or no one survived to tell their story.

Letter To The Editor

To the Editor.

The Newbury Historical Society is getting ready for the 2016 season of historical displays. Museum open houses and presentations.

There is one item that we have not been able to use the past few years that will again be in use this year. The item is the Newbury Historical Society stand-alone sign, which had been unused due to its broken "feet".

Thanks to Mr. Lance Mill's Construction Technology Class at the River

Bend Career and Technical Center in Bradford, we have a very stable sign with removable feet that we will be using this year. The Class also fixed and put new "legs" on a sandwich signboard.

On behalf of the Newbury Historical Society we thank the class for taking on the two sign rehabilitation projects.

Richard M Roderick
Programs and Events
Committee
Newbury Historical Society

Richard,

It is so nice to hear that the students and staff at River Bend have stepped up to provide a local non-profit group with a real, tangible project that helps out the organization. It is also very nice to hear that the group is giving the students and staff the praise they have earned. Here's hoping other such projects will also be brought forth so that we can all see the goods things happening in our area.

Gary Scruton, Editor

I'll buy your COINS and SPORTS CARDS & MEMORABILIA TODAY
603-243-0225

ASTROS
NOLAN RYAN

WHITE MOUNTAIN TRADER
147 CENTRAL ST, WOODSVILLE
OPEN NOON TIL 8:00 MOST DAYS

Congratulations go out to **Brenda Smires**
For winning our May drawing for a \$50.00 Gift Certificate at **Trendy Threads**
171 Central St
Woodsville, NH 603-747-3870
(our next \$50.00 gift certificate drawing will be June 2016, come in and sign up, no purchase necessary.)
www.TrendyThreadsWoodsville.com

COUNTRY 101.3

W Y K R • F M

Dependable Local Weather Forecasts !
Experienced, Local Meteorologists !
Every Hour, Every Day !



STAY UP TO DATE WITH THE LATEST WEATHER FOR NORTHEAST VERMONT AND NORTHWEST NEW HAMPSHIRE.

Puffer Broadcasting, Inc.

WYKR 101.3 FM / WTWN AM 1100
P. O. Box 675 / 1047 US Route 302
Wells River, VT. 05081-0675
(802) 757-2773 / (603) 747-2770 / Fax: (802) 757-2774
www.wykr.com

WTWN AM 1100
"The River of Life"

MOODYRADIO
Where you turn. For life.



Senior Feet

Foot Care For Age 55 & Older

Beverly Sinclair
Registered Nurse
802-449-7385
bev@sinclair-chiro.com
www.bevseniorfeet.com
183 North Main St
Bradford, VT

Memorial Day Parade

Monday, May 30 - 11:00 AM

Steps off at Woodsville Village Pizza
Central Street, Woodsville

Ceremonies at:
Central Street Monument
Guest Speaker: Oliver Brooks:
N.H. American Legion District 8 Commander,
VFW Memorial Post 5245 Commander,
Past Ross Wood Post 20 Commander.

Ross-Wood Post #20 American Legion
4 Ammonoosuc Street, Woodsville

THE PUBLIC IS CORDIALLY INVITED
TO VIEW ANY OR ALL CEREMONIES



by Ronda Marsh

If you would like to reach Ronda, you can email her at trendychefronda@gmail.com

Apple Dapple Cake

I hadn't thought about Apple Dapple cake in years, when niece Adrienne suggested we make one for our Fall Cooking Marathon. She'd had a piece somewhere and wanted to give it a try, herself. My knowledge of Apple Dapple stemmed from the fact that when I was young, my best friend's mom used to make it at Christmas. My recollection was spotty, at best, but I did remember that I liked it...that automatically qualified it for our marathon event!

"What is an Apple Dapple cake," you might ask? As far as I can ascertain, there is no documented specific origin, but it appears to be Southern in heritage, and, as is typical of many Southern cakes, it is rich, moist, dense, and sweet. Studded with pecans and finished with a caramel glaze which oozes down, around and into the cake itself, you need only a tiny slice to satisfy your sweet tooth. The ingredients are basic, it is mixed totally by hand, and it looks really impressive sitting on a cake plate. Deceptively easy to make, you can serve it warm for dinner tonight, or just cover it and eat it tomorrow, when that caramel has been absorbed into the outer crumb and creates a little crunch to the surface.

Are you drooling yet? If not, you certainly will be by

the time you cut the first slice!

- 3 cups all-purpose flour
- 1 teaspoon salt
- 1 teaspoon soda
- 1 cup pecans, chopped
- 1 cup vegetable oil
- 2 cup sugar
- 3 eggs
- 2 teaspoon vanilla
- 3 cups raw apples (I use Granny Smith), peeled and chopped fine

- Glaze:
- 1 cup packed light brown sugar
 - ¼ cup milk
 - ¾ cup butter

Preheat oven to 350°F. In a large bowl, mix oil, sugar, eggs and vanilla, using a wooden spoon. Sift together flour, salt, and soda. Add to the first mixture, and mix well. Fold in pecans and apples. Bake in a well-greased Bundt or tube pan for 1 hour, until a toothpick inserted in the cake comes out clean. Remove cake from oven and make the glaze: In a saucepan, melt butter. Add brown sugar and milk, and bring to a boil. Allow to gently boil 3 minutes, stirring constantly. Pour over hot cake while cake is still in pan. Let cake cool completely in pan before removing. Best stored in an airtight container on the shelf, this cake will keep for up to a week. Serves 14.



North Country
APPLIANCE SERVICE
603-787-6677
DON BOWMAN - OWNER/SERVICE TECHNICIAN
Factory Authorized Service Provider • Serving NH & VT

Residential, Commercial and Agricultural
ROSS PAGE FOUNDATIONS LLC EST. 1970
Eric Page, Owner
Concrete Foundations/Floors/Slabs • Stamped & Colored Concrete
Thermomass Insulated Concrete Walls
ACI Certified Flatwork Finishers
802-592-3166 • 348 Thad Stevens Rd • Peacham, VT 05862

NEWBURY VETERINARY CLINIC
3890 Route 5 North
Newbury, VT 05051
Phone 802-866-5354
Email: Newburyvetclinic@gmail.com
www.newburyvetclinic.com

Amy Cook, DVM
Diane Gildersleeve, DVM
Erin Nelson, DVM

Office Hours:
Mon & Wed 8-8
Tues, Thurs, Fri 8-5
Sat 9-12



New Homes From
CREASER REALTY
St. Johnsbury, VT (802) 748-3033
www.creaserrealty.com
creaser1@gmail.com

Building a new home? Quality Huntington Homes local Vermont factory - the very best custom modular - all styles - or design your own plan
2x6 Construction - Andersen windows - CDX Plywood



26x36 Cape w/2 dormers
\$92,000 - Cabot Plan



26x48 Ranch w/3 bed - 2 baths
\$99,000 - Lane Plan

Above Prices Delivered to your foundation

PERRY'S OIL SERVICE INC. Downtown - Bradford, VT
(802) 222-9211 / 800-654-3344
HOME APPLIANCE CENTER



Authorized Dealer for all of these fine Brands

CustomSUPPORT
We're here to help you!

www.customsupport.com

- Windows and Mac Installation & Repair
- Virus & Malware Removal (PC Tuneup)
- Network Installation & Configuration
- Website Design & Maintenance

227 Cross Road
Bradford, Vermont 05033
802.222.4460
paul.hunt@customsupport.com
john.hunt@customsupport.com

