

A **FREE** PUBLICATION

TRENDY

NEXT ISSUE: TUESDAY, OCTOBER 4
DEADLINE: THURSDAY, SEPTEMBER 29

TIMES

171 Central Street, Woodsville, NH 03785
Phone: 603-747-2887 Fax: 603-747-2889

Email: gary@trendytimes.com
Website: www.trendytimes.com



SEPTEMBER 20, 2016 VOLUME 7 NUMBER 25

New Turf, Old Haunts: A Collection of recent paintings by Ben Barnes

Northeast Kingdom Artisan's Guild is proud to present "New Turf, Old Haunts", a collection of recent paintings by Ben Barnes in our Back Room Gallery, Northeast Kingdom Artisans Guild, in St. Johnsbury, VT from 30 September – 19 November 2016. The artist will welcome visitors at a reception on Saturday October 1st from 4- 6. Please join this celebratory salute to St. Johnsbury and welcome Ben to this, his new hometown. Wine & hors d'oeuvres will be served

Barnes writes, describing his work and motivation, "While planning my move to Saint Johnsbury, I became eager and excited to explore this new old place, and to set my brush to depicting it, in all its nuance and complexity. I was lucky enough to take on an abandoned property, right in the middle of town, and during a chilly February, I moved my family here, and began my new painting project as soon as the house was livable. With my camera hanging by its strap, I take

half aimless walks around this little city: its Victorian neighborhoods, its railyards, the overgrown yards of old factories and warehouses, the rivers and dams, its outlying farms. The connection was instantaneous. There is so much to see within walking distance, that I feel I could never see it all. I choose my subjects based both on their visual interest, and their historical or personal meaning. I am shy of nostalgia, and so prefer images that admit to their era. I enjoy it when the viewer can feel both the past and the present. I cherish the mark of the maker, long forgotten, but tend not to edit out the telltale signs of our modern day: the powerlines, the cars, the updated construction materials. That said, I have also realized that while my subject may seem cur-

rent to me today, the speed with which we change our surroundings, the landscape around us, is exponential. And so I have developed further reverence for the details of the particular place, knowing that what seems commonplace to us now, will only a short time into the future, seem unmistakably rooted in

our past. It may jog our memory, and hopefully help us appreciate our memories, as well as the ephemeral nature of the present."

The Artisans Guild is located at 430 Railroad Str., St. Johnsbury, VT. It is open Monday – Saturday from 10:30 AM to 5:30 PM. 802-748-0158



TATTOOS & PIERCINGS
603-444-7800
15 Main St
Littleton, NH
Inked Again

chickaroo
gifts for the comfortable home
2 Cottage Street, Littleton, NH
Open Daily 11 am - 5 pm

Wizard of Pawz
QUALITY DOG GROOMING AT AFFORDABLE PRICES
Plain Rd, Bath, NH
603-747-4171

ABBOTT RENTAL & PARTY STORE
• Costumes
• Masks
• Wigs
• Makeup
• Decorations
502 Union Street • Littleton, NH
603-444-6557 • 800-287-6557
www.abbottrental.com

COUNTRY POOLS
POOL & SPA SUPPLIES
SALES & SERVICE
260 Meadow St., Littleton, NH
603-444-5454
WWW.COUNTRYPOOLS.COM

TODD HOLT PHYSICAL THERAPY
31 Main Street
Wells River, VT
802-757-8000
Fax 802-757-8001

Pure Envy Salon
(802) 626-8000
32 Depot Street
Lyndonville, VT 05851
pureenvysalon32@gmail.com

Melanie's Woven Memories
Handwoven Caning - Splint - Rush Seating
Shaker Tape - Baskets & Minor Repairs
Competitive Pricing - Quality Work
Melanie Miller • 802-467-1326
melaniemiller58@yahoo.com
www.melanieswovenmemories.com

Antiques & Emporium
182 S. Wheelock Rd • Lyndonville, VT
VT Certified Precious Metal Dealer
Open Daily 10-5 • Closed Tuesdays
Always Buying Gold & Silver
Also Good Used Furniture

PAWFECTIION GROOMING
Gift Certificates Available!
Michelle Tanner
802-535-7958
10 Angies Alley
Between Asia & Subway
Lyndonville, VT

YOUR AD COULD BE HERE
\$10 or less per issue
Contact Gary @603-747-2887
gary@trendytimes.com

Village Etceteras
Main Street, Bradford, VT
Vendor Rental Space Available!
Sell Your New and Used Unique Items.
Mon-Fri 10-5:30 ~ Sat 10-5
802-449-3330

LAHOUT'S APARTMENTS
Littleton & Bethlehem
Studio-One and Two Bedrooms
Heat Included • Country Setting
Pets Allowed
www.lahoutspd.com • 603-444-0333

Summer Sale!
ALL RVs IN-STOCK ON SALE!
ON-SITE FINANCING **Tax Free NH!**
OPEN: MON-FRI 8-5, SAT 9-3
Largest Selection of **PARTS AND ACCESSORIES** For All RV's
C.H. DANA R.V. Sales & Service
A Family Tradition Since 1955 • www.chdanarv.com
628 Woodsville Rd. • Monroe, NH 03771 • 603-638-2200
Just off I-91, Exit 18, Route 135 South, 15 miles South of St. Johnsbury, VT
From Littleton: I-93N to Exit 44, 15 miles South on Route 135, on right.

Reiki Retreat
Contact Barbara To Set Up Your Personalized Treatment Today!
Choose From Reiki, Massage, Biofield Tuning and/or Zero Balancing
90 Farm St • E Ryegate, VT
802-757-2809
reikiertreat@charter.net

ALWAYS FIT ATHLETIC CLUB
alwaysfitathletic.com
603-747-8006
Woodsville, NH
TAKE ADVANTAGE OF OUR 9 MONTH SCHOOL YEAR SPECIAL!
Start your ADULT membership during the month of September and lock-in for \$40/month for 9 months!
CLASSES: We offer many great classes to keep you moving and motivated! Check alwaysfitathletic.com for dates and times!

HOUSEWRIGHT CONSTRUCTION, INC.
New Construction / Remodeling / Design-Build
Restoration / Reproduction / Custom Woodworking
EPA Land Safe Certified Firm / Renovator
802-866-5520
www.housewright.net
5365 Main Street S • Newbury, VT 05051



TRENDY Dining Guide

Bliss Village Store

by Gary Scruton

The Bliss Village Store in the heart of Bradford Village has surprises in store for anyone who has not visited before. For those who live or work in downtown Bradford it is probably a regular shopping location. You can walk thru the front door and get a newspaper, or a candy bar, or a beverage of your choice. But there is way more than that. Go around the corner and you come to the deli counter, which doubles as an ice cream counter with an outside window during the warmer weather days.

As we have found before, the deli counter has daily specials and an ever chang-

ing variety of precooked dishes. On this evening there were actually three of us in our party. Janice and I had brought along our friend Kathy for the meal and later a visit to Old Church Theater.

We walked up to the counter to look over what was available for the day and quickly realized that the two men behind the counter were right out straight. There were a couple of ladies already waiting for their orders, plus at least one more phone order came in before we got to the ordering area.

As this was Kathy's first visit to the Bliss Village Store she had some questions before she ordered. For that reason it was somewhat

unfortunate that the order taker seemed to be new. A question about the pizza sub and just what was included, did not receive a knowledgeable response. Kathy then decided to go with a cheeseburger sub. She was given a choice of several types of cheese (cheddar was her choice), plus a side order of sweet potato fries.

Janice made a decision to also go with the sweet potato fries. Her main dish was a pastrami Reuben.

I knew that I did not want a sandwich for supper and therefore was looking over the deli case closely to see what main dish they were offering on this Friday night. The decision was not really hard. There was a big pan of

lasagna.

After giving our orders we headed for the back room to find a table or booth to wait for the staff to bring out our meals. On the way we stopped at the big glass front coolers to make another decision about a beverage. Among us we had two Snapples and a Diet Coke. We took these with us to the table and waited.

Even though the deli counter was quite busy the wait was no longer than one would expect in any eatery. The sandwiches came out first followed by my lasagna. As is probably not a surprise, the counter guy was not what your would call a good wait staff person as I needed to made a trip back to the deli counter to get a bottle of ketchup for the ladies. Again they were busy and it was obvious that several others had already used the booths earlier in the day.

Janice's Reuben had plenty of pastrami and sauerkraut and a bit less 1000 Island dressing, just the way she likes it. She also said she enjoyed the crunchy sweet potato fries. Kathy concurred on the fries. She

also enjoyed her sandwich

My lasagna, like most I have ever eaten, was a bit different than others. It contained hamburger and ricotta cheese and lasagna noodles, but it also had some curly pasta. As I said, different, but quite tasty, and quite filling.

When we were finished we put our plates and baskets into the dish pan that sat on top of the garbage can at the entrance to the back room. Again, this is not your standard eatery, but more of a convenience for those who wish to eat in instead of take out.

When I got to the front counter I offered up our deli slip and then told the guy at the register about our added drinks. (We also added a couple of candy bars for desert at the theater.) The total for all three of us was thirty-two and change. Plus there was no tip needed.

I think the comment that best sums it up was "it was real food". A meal that satisfied each of us without any of the frills. Well worth going back again and a great prelude for an evening at the theater.

Put a Little Bliss
in Your Day!

SUNDAY PIZZA SPECIAL

Put a little Bliss in
your Sunday.

Large Pepperoni Pizza \$7
Large Cheese Pizza \$5
Does not include tax.

Special can not be
combined with any
other discounts.

Bliss Village
Store

Main St, Bradford, VT
802-222-3355

OPEN DAILY 
at Windy Ridge Orchard

Serving Homemade Breakfasts and Signature Sandwiches
Breakfast 7:00 - 11:00 am • Lunch 11:00 am to 3:00 pm

We use the freshest, most wholesome, local ingredients
featuring Windy Ridge produce, Angela's Breads, Hatchland
milk, Pete and Gerry's eggs and local maple syrup.

Come enjoy our inspiring view, relaxing nature trails and
entertaining playground.

Windy Ridge Wine Shop

The Winery at  **Open for Tastings Friday - Sunday**
11:00AM to 3:00 PM

(603) 787-6377 www.windyridgeorchard.com
Route 116, Benton Road, North Haverhill, NH

The
LITTLE
Grille

Seafood Night

Every Thursday in Littleton
Every Friday in Woodsville
5-9 pm



Wednesday
Burger & Fries \$7

All Locations



Brazilian BBQ

Every Friday & Saturday
in Littleton Only
5-9 pm

603-747-2777 - All Seasons Plaza, Woodsville
603-444-0395 - 62 Cottage Street, Littleton
603-747-8255 - 9 Lisbon Road, Bath

EVERYBUDDY'S
CASUAL DINING

Offering The Best Of
Breakfast, Lunch & Dinner
Under Our Roof Or Yours!

Gift Certificates &
Loyalty Cards Available!
Delivery • Catering
Take-out! 802.626.8685

OPEN DAILY 7am - 9pm
Sunday 7 am - 8 pm
Bar Menu: 9pm-10pm

Jct. of Rts. 5 & 114
Off VAST Trail #52
Lyndonville, VT

**CALAMITY JANE'S
RESTAURANT**
ON THE COMMON • WARREN, NH • 603-764-5288

"Fish Friday"
Every Friday 4pm - 8pm
All You Can Eat Fresh Fish Fry
Hand Cut French Fries & Coleslaw \$10.99 Plus Tax

KARAOKE
EVERY OTHER SATURDAY -
OCTOBER 1, 15 & 29
OPEN THESE NIGHTS UNTIL 10PM

Now Serving Pizza & Calzones

OPEN: Sunday 8am - 2pm
Monday, Wednesday & Thursday 6am - 2pm
Friday 6am - 8pm • Saturday 6am - 8pm
Closed Tuesday
BREAKFAST SERVED ALL DAY!




We Accept Cash or Check

Whippi Dip

That means no plastic

**Local Meat,
Fresh Seafood, Our BBQ,
Local Salads, Drinks,
And More!**

Monday, Tuesday, Wednesday: 7am - 6pm
Thursday & Sunday: 7am - 8pm
Friday & Saturday : 7am - 9pm
Main St • Fairlee, VT • 802-331-1313



Monday-Saturday 11am-10pm
Sunday 12pm-9pm

1216 Railroad Street
802-751-8500

FREE DELIVERY within 10 Miles

Formerly Ramunto's

LOCALLY PRODUCED KING ARTHUR FLOUR, AND PARTNERING WITH LOCAL FARMS TO OFFER LOCALLY GROWN MEATS AND VEGGIES.

Tintype Experience Coming to Sugar Hill

On October 1-2, Tintype Artist, Edith Weiler will be at Sugar Hill's Autumn Celebration. She will speak about and make tintypes, as well as displaying her recent work. Dale's Auto Body of Lisbon and other local businesses are sponsoring this special event at the Sugar Hill Meetinghouse. Edith "Potter" Weiler has been studying tintype making and its history since 2010 and practicing the 19th century medium independently since 2013. She graduated from the New

Hampshire Institute of Art with a Certificate in Photography in 2004. She is a Littleton High School graduate and is thrilled to come back to the area to share her talent. Her tintypes were recently on display at the Kimball-Jenkins Gallery in Concord. Deerfield enlisted her services for their 250th celebration. Through October, you can see more of Edith Weiler's work at the Twiggs Gallery in Boscawen.

During Sugar Hill's Autumn Celebration weekend, she is welcoming sitters to have their own one-of-a kind 19th Century Wet Plate Colodion Tintype made on location between 10 am and 2 pm. This is an opportunity to experience a photography experience that dates back to the Civil War era. Each sitting takes about one half hour. The goal is always to make it right the first time, but on occasion, a few tries may be necessary. **EVENT SPECIAL** for a single tintype: \$30.00. Signature mounting or framing done by the artist is extra. For more information or to contact Edith about "tintypes", visit www.eyefthemaker.zenfolio.com

Women's Organizations Host State House Gubernatorial Candidate Forum

(Montpelier) – A Gubernatorial Candidate Forum on Women's Issues will take place Thursday, September 22nd from 12:00 to 1:30 at the Vermont State House in Montpelier.

This non-partisan event is presented by the Vermont Commission on Women, the League of Women Voters of Vermont, and Vermont Federation of Business and Professional Women, and moderated by Anne Galloway of VTDigger.org, an independent investigative news organization.

The forum's candidate questions were drawn from the public, organizations serving women and girls

in Vermont, and experts in fields such as child care, pay equity, and health care. In addition to prepared questions, there will be time for audience question submissions.

Live video streaming of the forum will be available through ORCA Media and via the Event's Facebook Page, and live audio streaming via Vermont Public Radio's Vermont House stream.

Visit the Facebook Event Page, women.vermont.gov, or contact the Vermont Commission on Women at 800-881-1561 for more information. The forum is free and open to the public.



BREAKFAST LUNCH DINNER

802-626-9890
686 Broad Street
Lyndonville, VT
Mon-Thu 5:30am-8pm
Fri & Sat 5:30am-9pm
Sun 7am-8pm

Miss Lyndonville
DINER

PEYTON PLACE RESTAURANT
AT THE HISTORIC MANN TAVERN

Chef Jim & Heidi Peyton Welcome You To Their 1773 Tavern House For Comfortable Country Dining Wines & Spirits With An Emphasis On Local & Organic Products



Serving Wednesday - Sunday From 5:30 pm

Main Street • Orford, NH • 603-353-9100



Karaoke Every Thursday **Family Day Every Sunday**

NOW OPEN!
WEDNESDAY: 3 PM - 11 PM
THURSDAY: 3 PM - 12 AM
FRIDAY: 3 PM - 1 AM
SATURDAY: NOON - 1 AM
SUNDAY: NOON - 10 PM

9 Central Street
Woodsville, NH
Candlepin Bowling Bar & Grill

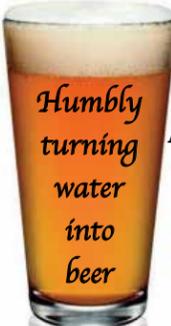
603-243-0393



BREWERY
DRAFT ROOM & HOGIE BAR

GROWLER THURSDAYS:
ALL 64oz GROWLER FILLS JUST \$12

Green Mountain Mall, St. Johnsbury, VT
2002 Memorial Drive, Suite 6
Wed-Sat: Noon - 8:00 PM
Sunday 1:00 - 5:00 PM
802-424-1700
Full Menu at www.SaintJBrewery.com



Trendy Dining Guide Ads

This size is \$129 for eight issues

Or choose 13 issues for \$199

Plus get a Trendy Dining Guide Review

For details contact Gary at 603-747-2887 or email Gary@TrendyTimes.com



SUGAR HILL'S AUTUMN CELEBRATION

SATURDAY & SUNDAY, OCTOBER 1-2, 2016
10:00 AM – 3:30 PM (RAIN OR SHINE)
Rt 117 • Sugar Hill Meetinghouse • Carolina Crapo Building • Historical Museum

OPEN AIR MARKET WITH OVER 50 PARTICIPANTS

- Alpaca Wool to Zelda's Pickles
- Artisans, Local Businesses, Crafters, Non-Profits
- Artisan Demonstrations Both Days
- Farm to Fire Pizza
- Apples from Windy Ridge & Fresh Cider Donuts
- Free Cup of Coffee from White Mountain Gourmet Coffee

Saturday: Auctions
at the Sugar Hill Historical Museum

Saturday & Sunday: Tintype Photography Demo
Edith Weiler, Eye of the Maker Photography

SPONSORED BY Dale's Auto Body & Other Local Businesses

Sunday, 1 pm – Free Concert
Maple Leaf Seven
Traditional Dixieland and Swing Jazz

SPONSORED BY  

For More Info: www.HarmansCheese.com • 603-823-8000

Not all Times are Trendy, but there will always be Trendy Times

September 20, 2016

Volume 7 Number 25

Education Baggage?

While driving this morning along a stretch of NH 25 between Glenciff and Warren the early morning scene reminded me of a past moment while sitting on the front deck of a friend's house in Homer, Alaska. Coming from the ocean, Louis and I saw an immature bald eagle flying right towards us. The eagle was struggling with a large, flopping salmon in its talons. The eagle was powering along, but not gaining any altitude. We wondered, what is this eagle doing, and instead of veering off to the tall spruce beside the house, the bird dropped the "heavy" fish short of the deck and suddenly soared upwards and over the roof. We retrieved the salmon.

Upon entering Warren, I thought, "What would it be like if teachers, principals and school boards could function without the "heavy" baggage of so many mandated rules and time consuming Federal regulations?

When I entered teaching and later school administration we didn't have this costly set of regulations mandating what we could or should teach or do. Since that era, times have certainly

changed. Our country now annually spends more than \$600 billion for K-12 education. The U.S. Department of Education spent \$375 M designing a redundant set of tests that measure and hold schools accountable to Common Core Standards. Additionally, American education has been deluged by countless failed initiatives supposedly designed to make our students brighter and better equipped to face world challenges? Some may remember: A Nation at Risk, Outcome Based Education, Goals 2000, No Child Left Behind, Race to the Top, and now the Every Student Succeeds Act (ESSA). And of course there are the reform movements that gave so many parents heartburn: Modern Math, Open Classrooms, Creative Writing, Whole Language, Inquiry Science, and the list goes on. Why must America's classrooms undergo this constant "think tank" barrage? With the advent of creative writing parents were told that it was OK to just let a child get his or her thoughts on paper, and not to worry about grammar, punctuation, capitalization,

or spelling. We missed it then, and we have continued to strikeout year after year.

In New Hampshire alone, our state department of education has some very talented and well-prepared employees, but they are being governed by rigid rules and regulations of which many are written Washington lobbyists and politicians. Approximately 196 NH DOE employees, or 81% of the total department, are paid by federal dollars. That sends a clear message that Washington has grabbed control of public education, and despite our high level of education funding, the US continues to lag behind schools within other countries in the areas of reading, math, and science.

The Nation recently adopted the new Every Student Succeeds Act that replaces the previous law, No Child Left Behind. Although welcomed with support and hope that the new law would return some control to local and state education, the new law will not deviate much from previous mandates. Federal over-reach certainly threatens the basic principles of state and local control of schools. As with the bald eagle, our schools and your children will soar once the costly, controlling baggage of Federal rules and regulations is dropped. Respectfully submitted, NH Rep Rick Ladd

More Veterans Eligible For Benefit

Concord - State officials gathered recently for the signing of HB430, which allows towns to extend current property tax credits to all honorably discharged veterans. Rep. Brad Bailey, Monroe, was a co-sponsor of the bill. Previously, only veterans who served during specific periods were eligible to receive the credit. Bailey said he had been approached by veteran Angelo Costa of Franconia who was not allowed the credit because his service did not occur within the periods allowed. "Angelo, along with others, went to Concord to testify on behalf of this bill," stated Bailey. "Citizens engaged in the legislative process can make a difference, and Angelo did."

"Any towns that adopt the new change will be able to give the property tax credit



Veteran Angelo Costa of Franconia stands with NH Rep. Brad Bailey of Monroe. Costa was on hand for the signing of a bill to benefit veterans.

to all who served honorably", said Bailey. "When someone signs up to serve their country, they don't know if they'll be serving in conflict or not, but they're willing to take the risk for us. That's why I felt all veterans should receive this benefit in the towns that offer it."

WREN offers BETA classes in Littleton

LITTLETON — With a focus on successful business strategies, the WREN BETA (Business and Entrepreneurial Technical Assistance) program will guide participants on how to take their business to the next level or explore options for starting something new.

The WREN BETA program is an eight-week course that integrates the nationally known, award-winning Core Four® training curriculum with WREN's own brand of business coaching, mentoring and entrepreneurial networking, covering successful strategies for business that include marketing, financial management, and operations planning.

Held at the Littleton Business Center at 33 Main

Street in Littleton, the program is scheduled to start on Wednesday, Sept. 21, from 5:30 to 8 p.m. and run each consecutive Wednesday for eight weeks. Carrie Gendreau, of The Training Connection and Emma & Co. Consignment Boutique will be leading the program and helping participants reach their business goals.

Scholarships for the BETA program are available for all local residents, and no one will be turned away from the opportunity to participate in this important business-training course.

For more information or to register, please call WREN at (603) 869-9736 or e-mail ninag@wrenworks.org.

Fire Wood For Sale

Starting At \$195/Cord

Cut/Split/Delivered

Green/Seasoned

Select Orders Available

Log length Loads Available

(603)-728-8295

Whole Sale Pricing Available

Deliveries From 1-15 Cords

Deliveries beyond 10 miles are subject to an additional delivery fee.

- NEW & IMPROVED -
PERFORMANCE HORSE FEEDS

-  Live cell yeast for increased digestion and absorption of nutrients
-  100% organic selenium and 100% natural Vitamin E to support health and immune function
-  Highly digestible fiber sources for a healthy hind gut
-  Optimum amino acids for performance and muscle recovery





\$13.49 / 50lb bag

EQUI-PR3 PERFORMANCE, PERFORMAX, PROMAX
For a limited time only. See participating Poulin Grain dealers for details.

www.poulingrain.com

603-787-6311 • 603-787-6964 FAX
NO. HAVERHILL, NH 03774

BLACKMOUNT



EQUIPMENT, INC.

37 Postcards From Old Church Theater

by Gary Scruton

There is no question that Old Church Theater has hit another home run with their latest production "37 Postcards". This play was billed as a comedy. In fact on opening night director Gloria Heidenreich started off the evening by encouraging those in attendance to laugh as much and as loud as they wished. It is true that many comedys done by local theater groups loses some of its humor by actors talking over the laughter of the audience. That was not the case on this evening. Every actor seemed to have the timing down perfectly and allowed the laughter to end before giving the next line.

As much as was made about the humor in this play, there could be as much said about the deeper meaning of what these characters were going thru in their lives. The advertising also mentions that there are some "PG-13" scenes. I can testify that there are indeed some portions of the play where the language gets a bit tricky for any young audience members. However most of those lines came from Nana, played very aptly by Sheila Kaplow, and were in short outbursts that initially caught most everyone by surprise. Of course a bit later in the production Nana did have a bit of a change in attitude and became softer, and yet more alive.

Most of the other "risqué" language came from Aunt Ester, Athene Chadwich. Her lines were a bit mellower on their own, but taken in context could be considered on the same level as sexting. I need to also mention that Aunt Ester's use of her endearing term for others also brought a chuckle from the audience.

One of the reasons that the timing was so good during this performance was that most all of the actors on stage have plenty of experience. The one exception was Margaret Albee who portrayed Gillian Moore, the initially soon to be bride, who was also the stranger in the household. Though Margaret has not been on stage since 8th grade, her performance seemed spot on. Even when she appeared with a wet dress, her lines were not simply recited, but rather spoken as though they were the thoughts of the young lass who walked



The cast of Old Church Theater's "37 Postcards", playing one more weekend Friday and Saturday at 7:30pm and Sunday at 4pm. Clockwise from center top, Gloria Heidenreich, director; Athene Chadwick, Sheila Kaplow, Melissa Mann, Margaret Albee, Anthony Helm and Miles Conklin. Observant readers might notice a dog, "Pippin", on Margaret's lap, who also makes an appearance live on stage.

into a bit of a wonky household. To be fair I must mention one other first time actor, Pipin. But we could all forgive him if his lines were not perfect, or if he strayed a bit from the director's instructions.

One other actor who did not appear to stray at all was really the main character, Avery Sutton, portrayed by Anthony Helm. Anthony not only was called on to have the timing to wait for a laugh, or to give a laugh line, but he also had to be able to go from the funny to the deep and heart wrenching portion of the story. Spending 8 years in Europe with a bottomless trust fund, on the surface, doesn't seem to be a bad thing. But when the whole story is revealed it turns out that it may have been the toughest 8 years of his life.

Speaking of a tough 8 years, there was no one who seemed to take that time any tougher than Melissa Mann in the role of Evelyn Sutton. Sure, she was wel-

coming home her son from his extended vacation, and she had 37 post cards telling her all that he had been doing, but in reality was not a place she was well equipped to function. Melissa, like Anthony, had to move ahead into reality and face a world that was nothing like what had been happening.

Miles Conklin also must receive a word in this review. His portrayal of Stanford Sutton was done with the dignity that seemed very appropriate for a many of his stature. Plus his scene on the floor was done with realism and class. A solid round of applause for all of that.

Overall, I feel that this is the best production so far during the 2016 season at Old Church Theater. It features solid acting, wonderful timing, and a story that allows you to laugh, but also can make you question many things once you have a chance to replay the story and wonder, where did those 37 Postcards come from?

ATTENTION

ALL NON-PROFIT GROUPS

Every dollar you raise is important. Be sure to spend them wisely. When advertising an upcoming event, consider placing your ad with Trendy Times!

Your copy, our time to design, 4" x 4" display size, just \$24 (other sizes also available)

Plus it will be listed for **FREE** in our Calendar of Events!

To get your event delivered to over 8,000+ addresses call Gary at 603-747-2887 or email: gary@trendytimes.com

RICH SAFFO

Concrete Form Co., Inc.

Since 1978 Continuous Service

Phone: 603-787-6747 Fax: 603-787-6560

INCOME TAX PREPARATION

Personal & Professional • E-File • Payroll Services

Label (See instructions on page 12.) the IRS

Department of the Treasury—Internal Revenue Service
U.S. Individual Income Tax Form 1040
For the year Jan. 1-Dec. 31, 2007, or other tax year beginning on 1/1/07
Your first name and initial
If a joint return, also
Home address

Peter B. LaVoice

James K. Lang

OPEN MONDAY THRU FRIDAY
9:00 AM – 4:00 PM Or Call For An Appointment
pete@peterblavoice.com • 603-747-3613 • Fax 603-747-3287
49 Swiftwater Road, Woodsville, NH 03785

SprayFoam

& CELLULOSE

INSULATION

838-5112

jmyers.nhnr@gmail.com

Quality Work At Quality Prices

Our Experience Is Superior

Cheap Kids

499 Route 10
Orford, NH
603-353-9212

Wednesday thru Saturday
9:00 to 3:00

A wonderful selection of Children's sizes 0-14 and Maternity Wear

On Facebook? Become a Cheap Kids fan!
www.cheapkidsnh.com

"definitely worth the trip"

Calendar of Events

A Full Page of Events from Local Non-Profits, Schools and Towns. *Presented FREE by Trendy Times.*

MONDAY - FRIDAY, SEPTEMBER 19-23

FREE CLOTHING DRIVE
9:00 AM - 7:00 PM
Warren, NH Town Hall

TUESDAY, SEPTEMBER 20

NH STATE VETERANS COUNCIL
REPRESENTATIVE
8:30 AM - 12:00 Noon
Woodsville American Legion Post #20

WEDNESDAY, SEPTEMBER 21

WREN BETA COURSE
5:30 - 8:00 PM
Littleton Business Center, 33 Main St.
See Article on Page 4

THURSDAY, SEPTEMBER 22

VERMONT GOVERNOR FORUM
Noon - 1:30 PM
Vermont State House, Montpelier

THURSDAY, SEPTEMBER 22 THRU SATURDAY, OCTOBER 1

STEEL MAGNOLIAS
7:30 PM - Matinées @ 2:00 PM
Jean's Theater, Lincoln
See Article on Page 17

FRIDAY, SEPTEMBER 23

37 POST CARDS
7:30 PM
Old Church Theater, Bradford
See Ad on Page 20 & Article on Page 5

SATURDAY, SEPTEMBER 24

TAG SALE
8:00 AM - 2:00 PM
First Congregational Church, Littleton

CHURCH YARD SALE

8:00 AM - 5:00 PM
Bread of Life UPC, Profile Rd., Bethlehem

FREE CLOTHING DRIVE

9:00 AM - 12:00 NOON
Warren, NH Town Hall

FALL BOOK SALE

9:00 AM
Haverhill Corner Library, 67 Court Street

LITTLETON SEWFLAKES QUILT SHOW

Littleton Opera House
See Article on Page 10

JAZZY CHILDREN FUN QUARTER AUCTION

4:00 PM
Blue Mountain Union School
See Ad on Page 7

CHICKEN PIE SUPPER

5:00 PM
North Danville Baptist Church
See Ad on Page 7

PORK DINNER/ROAST PORK & PULLED PORK

5:30 - 7:00 PM
United Congregational Church UCC of Orford

TALES OF THE HUNTING CAMP

7:00 PM
Bradford Academy Auditorium

SWEET JAMM

7:00 - 10:00 PM
Alumni Hall, Court St., Haverhill

37 POST CARDS

7:30 PM
Old Church Theater, Bradford
See Ad on Page 20 & Article on Page 5

PORTLAND CELLO PROJECT

8:00 PM
Colonial Theater, Bethlehem
See Article on Page 14 and Ad on Page 7

SUNDAY, SEPTEMBER 25

LITTLETON SEWFLAKES QUILT SHOW
Littleton Opera House
See Article on Page 10

BENEFIT TEXAS HOLD 'EM CASH GAMES

11:00 AM
VFW Post 10038, Lyndonville

37 POST CARDS

4:00 PM
Old Church Theater, Bradford
See Ad on Page 20 & Article on Page 5

TUESDAY, SEPTEMBER 27

DANIEL WEBSTER, NH'S FIRST FAVORITE SON
7:00 PM
Alumni Hall, Court St., Haverhill
See Article on Page 8

SATURDAY, OCTOBER 1

SUGAR HILL AUTUMN CELEBRATION
10:00 AM - 3:00 PM
Route 117, Sugar Hill
See Article and Ad on Page 3

BATH HISTORICAL CHILI COOK-OFF

3:00 - 6:00 PM
Bath Village School
See Article on Page 8

ARTIST RECEPTION

4:00 - 6:00 PM
Back Room Gallery, St. Johnsbury
See Article on Page 1

TURKEY DINNER

5:00 PM
East Concord, VT. Methodist Church

SUNDAY, OCTOBER 2

SUGAR HILL AUTUMN CELEBRATION
10:00 AM - 3:00 PM
Route 117, Sugar Hill
See Article and Ad on Page 3

BENEFIT TEXAS HOLD 'EM CASH GAMES

11:00 AM
Breslin Center, Main St., Lyndonville

PADDLE THE BORDER

11:00 AM Suggested Launch Time
Newbury Boat Launch, Connecticut River

MONDAY, OCTOBER 3

HAVERHILL SELECT BOARD MEETING
6:00 PM
Morrill Municipal Building, North Haverhill

TUESDAY, OCTOBER 4

NH STATE VETERANS COUNCIL
REPRESENTATIVE
8:30 AM - 12:00 Noon
Woodsville American Legion Post #20

Ongoing Weekly Events

MONDAYS

NEK COUNCIL ON AGING'S HOT MEALS

11:30 AM - St. Johnsbury House
NOON - Darling Inn, Lyndonville

ADULT STRENGTH TRAINING

1:00 - 2:00 PM - North Congregational Church, St. Johnsbury
9 AM - 10 AM

Municipal Offices, Lyndonville

10:30 AM - 11:30 AM

Municipal Offices, Lyndonville

BINGO - 6:00 PM

Orange East Senior Center, Bradford

TOPS (TAKE OFF POUNDS SENSIBLY)

6:00 PM - Peacham School

MONDAYS/WEDNESDAYS

RSVP BONE BUILDERS

10:30 AM - 11:30 AM

Linwood Senior Center, Lincoln

CARE COORDINATOR/ENROLLMENT SPECIALIST

1 PM, Baldwin Library, Wells River

MONDAYS/THURSDAYS

ADULT INTERVAL AEROBICS CLASS - 6:30

Woodsville Elementary School

GOLDEN BALL TAI CHI

8:30 - 9:15 AM - St. Johnsbury House

TUESDAYS

BREAKFAST BY DONATION

8:30 AM - 10:00 AM
Horse Meadow Senior Center,
North Haverhill

ADULT STRENGTH TRAINING

9 AM - 10 AM - St. Johnsbury House
10:30 AM - 11:30 AM

SENIOR ACTION CENTER

Methodist Church, Danville

NEK COUNCIL ON AGING'S HOT MEALS

11:30 AM - St. Johnsbury House

NOON - Senior Action Center,

Methodist Church, Danville

NOON - Presbyterian Church, S. Ryegate

NOON - Darling Inn, Lyndonville

TOPS (TAKE OFF POUNDS SENSIBLY)

Weigh In 5:00 PM - Meeting 6:00 PM

Horse Meadow Senior Center, N. Haverhill

EMERGENCY FOOD SHELF

4:30 PM - 5:30 PM

Wells River Congregational Church

COMMUNITY DINNER BELL - 5:00 PM

All Saints' Church, School St., Littleton

Orange East Senior Cntr, Bradford

WEIGHT WATCHERS - 5:30 PM

Orange East Senior Cntr, Bradford

AA MEETING (OPEN BIG BOOK)

7:00 PM - 8:00 PM

St. Luke's Parish Hall, Woodsville

TUESDAYS/THURSDAYS

ACTIVE OLDER ADULT STRENGTH CLASS

1:30 PM
Woodsville Post Office, S. Court St

GROWING STRONGER FITNESS CLASS

3:00 PM
East Haven Library

TUESDAYS/FRIDAYS

GOLDEN BALL TAI CHI

8:30 AM - 9:15 AM
First Congregational Church, Lyndonville

WEDNESDAYS

AQUA AEROBICS

Evergreen Pool, Rte 302, Lisbon

ADULT STRENGTH TRAINING

1 PM - 2 PM

North Congregational Church,

St. Johnsbury

BINGO - 6:30 PM

Haverhill Memorial VFW Post #5245

North Haverhill

CRIBBAGE - 7:00 PM

Orange East Senior Center, Bradford

WEDNESDAYS/FRIDAYS

NEK COUNCIL ON AGING'S HOT MEALS

11:30 AM - St. Johnsbury House

NOON - Presbyterian Church, West Barnet

NOON - Darling Inn, Lyndonville

THURSDAYS

ADULT STRENGTH TRAINING

10:30 AM - 11:30 AM

Senior Action Center

Methodist Church, Danville

NEK COUNCIL ON AGING'S HOT MEALS

11:30 AM - St. Johnsbury House

NOON - Senior Action Center,

Methodist Church, Danville

NOON - Darling Inn, Lyndonville

PEACHAM FARMERS MARKET

Peacham Academy Green

LISBON FARMERS MARKET

3:00 PM - 6:00 PM - Main Street, Lisbon

ST PAUL'S BIBLE STUDY ON JAMES, 6:15

PM, 113 Main St., Lancaster

FRIDAYS

ADULT STRENGTH TRAINING

9 AM - 10 AM - St. Johnsbury House

1 PM - 2 PM - North Congregational

Church, St. Johnsbury

WORSHIP UNDER THE TENT- 7 PM

100 Horse Meadow Rd, No Haverhill

AA MEETING (OPEN DISCUSSION)

8:00 PM - 9:00 PM

Methodist Church, Maple St, Woodsville

SUNDAYS

CRIBBAGE - 1:00 PM

American Legion Post #83, Lincoln

Horse Meadow Senior Center

Sept 19:
 Bone Builders @ 9:30
 Hearts & Hands Quilting @ 12:30
 Tech Time w/Paul @ 1:00
 Crafts 2 @ 1:00
 MS Support Group @ 1:00
Sept 20:
 Nifty Needlers @ 9:30
 Dental Trivia/Bingo @ 10:00
 Golf Outing @ 12:30
 Classic Bone Builders @ 2:00
Sept 21:
 Bone Builders @ 9:30
 Flu Shot Clinic (by appt) @ 10:00
 Writers Group @ 10:30
 Bingo @ 1:00
Sept 22:
 Art Class w/Barb @ 9:00
 Cribbage @ 12:30
 Line Dancing @ 12:45
 Jewelry 1 @ 1:00
 Classic Bone Builders @ 2:00
Sept 23: CLOSED
Sept 26:
 Bone Builders @ 9:30
 Hearts & Hands Quilting @ 12:30
 Tech Time w/Paul @ 1:00
 Tai Ji Quan @ 2:00
Sept 27:
 Nifty Needlers @ 9:30
 Herb Group @ 1:00
 Jewelry 2 @ 1:00
 Classic Bone Builders @ 2:00
Sept 28:
 Bone Builders @ 9:30
 Writers Group @ 10:30
 Bingo @ 1:00
Sept 29:
 Art Class w/Barb @ 9:00
 Cribbage @ 12:30
 Line Dancing @ 12:45
 Classic Bone Builders @ 2:00
Sept 30:
 Bone Builders @ 9:30
 Mahjongg @ 10:30
 Dec. Arts 1 @ 1:00
 Tai Ji Quan @ 2:00

Orange East Senior Center

All events held at the Senior Center are open to the public unless otherwise advertised.

Mary Robinson will be here Wednesday, September 21 at 11:00 a.m.

No Strings Attached will be playing music on Friday, September 23 starting at 11:00 a.m.

The Orange East Senior Center will be closed on Monday, October 10 in observance of Columbus Day. There will also be no bingo that evening.

Our Annual Penny/Silent auction will be on Saturday, October 15, from 9 a.m. to 2 p.m. We still need unopened and unused items for the penny auction. Please drop them off at the Senior Center between 9:00 a.m. and 2:00 p.m. Monday through Friday. I am also looking for items for the bake sale that will be on that day.

We are looking for help in the kitchen. We are looking for help Monday through Friday between the hours of 9 a.m. and 2p.m., but you can set your own hours and the day or days, you would like to volunteer.

Bingo is every Monday at 6:00 p.m. The doors will open at 5:00 p.m. The kitchen will be open selling drinks and food.

Computer class winter hours will be on Wednesdays from 3:00 p. until 5:00 p.m. This class is for all levels.

The Orange East Senior Center is available for rent. We have a capacity of 125. If you would like to book your wedding reception or birthday party or if you have any questions, please give us a call.

If you are in need of any medical equipment, please check with Vicky to see if we have it to borrow before you purchase any.

There is space available in the Monday, Tuesday, Thursday and Friday exercise class. The class begins at 9:00 a.m. and ends at 10:00. The Tuesday and Thursday exercise class is a strength and balance class.

Orange East Senior Center is holding informal Line Dancing classes for exercise and just plain fun, each Tuesday at 10 a.m. Come On Down!

Groton Library News

Books, Books, and More Books! Friday, Sept. 30th from 2:30-7pm. Saturday, Oct. 1 from 9am-3pm. The Friends of the Groton Library group is happy to announce their annual Fall Foliage Day Book Sale. There will be hundreds of books arranged category (for easy rummaging) will be available, including children's, history, cooking, crafts, biographies, classics, language, music, poetry...plus DVDs, too! And, during the final hour on Saturday (2-3pm), fill a bag for \$5! All sales by donation, and all proceeds support library programs. Note: We are still accepting book donations during our open hours. Thank you!

Annual Handmade Afghan Raffle. TWO beautiful afghans to choose from this year, handmade & donated by our Crafts & Conversation library group. Winning tickets will be chosen at the Chicken Pie Supper on Oct. 1. Tickets are \$1 each or 6 for \$5. Stop by the library to get your tickets! (Proceeds from last year's afghan raffle made our popular VINS Falconry program possible this year.)

Crafts & Conversation.

Every Wednesday from 1-3pm. Stop by the library for some crafty tips, and perhaps share some of your own. Bring a project to work on or just enjoy some good company!

Vermont Humanities Council Book Discussion Series. Begins on Monday, Oct. 3 at 6:30pm with "Interpreter of Maladies" by Jhumpa Lahiri. To or from the United States, spanning India, Cuba, and Greece, this series of Pulitzer-winning works spotlights characters in the midst of broader migrations. These sessions are free, open to the public, and accessible to those with disabilities. Books are available to loan in advance.

All of our programs are free and open to residents of all towns.

Find us on Facebook (Groton Free Public Library) or contact Anne: grotonlibraryvt@gmail.com, 802-584-3358.

Open M (2:30-7) W (10-4) F (2:30-7) S (10-12). www.grotonlibraryvt.org

Want to Connect to Other Readers? Join the Bath Book Club!

The Bath Library Book Club will be discussing "The Round House" by Louise Erdrich on Thursday, October 13th at 6 pm at the Bath Public Library.

One Sunday in the spring of 1988, a woman living on a reservation in North Dakota is attacked. The details of the crime are slow to surface as Geraldine Coutts is traumatized and reluctant to relive or reveal what happened, either to the police or to her husband, Basil, and thirteen-year-old son, Joe.

In one day, Joe's life is irrevocably transformed. He tries to heal his mother, but she will not leave her bed and slips into an abyss of solitude. Increasingly alone, Joe finds himself thrust prematurely into an adult world for which he is ill prepared.

Books may be picked up at the Bath Library; hours are Tuesdays, Wednesdays and

Thursdays 9:00am to noon and 1:00 pm to 6:00 pm and Saturdays 9:00 am to noon. Anyone with an interest in reading and conversing about books is welcome to attend. For information, please contact the library at 603-747-3372 or email bathlibrarykjb@gmail.com

Chicken Pie Supper

Saturday
September 24
5:00pm

North Danville Baptist Church

Eat In Or Order A Delivered Take Out

Orders Must Be Placed By Thursday, September 24.

Adults \$12 • Children 12 & Under \$6 • Preschoolers FREE

Chicken Pie, Mashed Potato, Gravy, Squash, Apple Rings, Coleslaw, Rolls, Cranberry Sauce, Pickles, Apple Crisp & Beverage

Dining Room Seating Is First Come, First Serve
No Reservations Taken For The Dining Room • Handicapped Accessible

Delivery available in Danville & St. Johnsbury.
Call Cheryl 227-3035 or Judy 748-8519 to place orders.

BENEFIT NORTH DANVILLE BAPTIST CHURCH LADIES AID



Quarters In! Paddles Up!
 3rd Annual Quarter Auction to benefit
The Jazzy's Children Fund
 Making Smiles Happen One Family at a Time
 www.jazzyschildren.org

Saturday, September 24

Blue Mountain Union School

in the Cafe

Auction Starts at 4:00 Doors Open at 3:15

Paddles Cost \$3.00 Items Sell from 25¢ to \$1.50

What is a Quarter Auction? Upon arrival, you can buy a numbered paddle. Auction items will be on display with a bid price of 1, 2, 3, 4, 5 or 6 quarters. As the items are presented, if you want to bid, you place the bid amount in the bowl provided on the tables and hold your paddle in the air. If the auctioneer picks your paddle number you win the item, walking away with an **AMAZING** deal.

We will also have Vendors selling their items
Food available by donation

Reiki Retreat
 Contact Barbara To
 Set Up Your Personalized
 Treatment Today!
 Choose From Reiki,
 Massage, Biofield Tuning
 and/or Zero Balancing
 90 Farm St • E Ryegate, VT
 802-757-2809
 reikiertreat@charter.net

LIVE! @ THE COLONIAL
PORTLAND CELLO PROJECT

"An ace group of rotating cellists who take on everything from Britney's "Toxic" to the Dandy Warhols and postmodern Estonian composer Arvo Part in their one-off performances" —Entertainment Weekly

SATURDAY, SEPT. 24, 8 PM
 TICKETS: \$19, \$25, \$30

DE TEMPS ANTAN

 "Honkytonk Québécois folklore with lots of stomp."
 —Popmatters

SATURDAY, OCT. 15, 8 PM
 TICKETS: \$13, \$16, \$19

AVAILABLE AT: BethlehemColonial.org, Catamountix.org, Maia Papaya Café, Bethlehem, NH; and Littleton Food Coop

THE COLONIAL
 BETHLEHEM, NH | INFO: 603.869.3422
 www.BethlehemColonial.org

Giant Zucchini Contest & Other Winners Announced

WRAP announced the prizewinners from the free drawings held during the 5th Annual So Long –Hello Fall Festival. It seems like the “luck of the draw” was with Haverhill and Ryegate residents who entered, as 8 of the 9 prizes given away went to a resident from one of those two towns.

The lucky winners from Ryegate were:

Lynn Gelsleichter - South Ryegate, a \$10 certificate from A Sharp Edge

Betty Beauvais – East Ryegate, book – “Saving Your Sanity without Losing Your Mind” by local author, Maggie Anderson

Cody Bilodeau - East Ryegate, a local product gift basket from NewburyConnect

Timothy Peterson Jr. – So Ryegate, book - “The Mollie Chronicles – Rescued” from Spice of Life

The Haverhill lucky residents were:

Shirley Slack -Woodsville, a local product gift basket from NewburyConnect;

Leslie Waterman – Woodsville, a gift certificate from The Rivers Edge Eatery;

Wallace Trott from Pike

won a FitBit Fitness Tracker, the 2nd place prize from Wells River Chevrolet. Bob Cavellius from Woodsville won the 3rd place prize from Wells River Chevrolet, a \$100. Gift Certificate.

The first place prize @ WRC - the 39 inch flat screen TV went to Judy Peters from East Thetford.

Giant Zucchini Contest

Ainsley and Casey Kendall of South Ryegate, teamed up with their little brother Elliot hoping to reclaim 1st place in the Giant Zucchini Contest. While their 10 pound zucchini was heavier than their 9.4 pound 2015 entry, it wasn't nearly enough to beat out newcomer Braelynn Parsons' 14.4 lb. green vegetable. Braelynn has the distinction of growing the heaviest zucchini (so far) in the history of the contest besting the Kendal sister's 13.5 pound entry in 2014. Seven was not a lucky number for Mary Durfee and Rachel Longmoore of Newbury and James Munis of Wells River who all grew 7 pound zucchini for a 3-way tie for third place. This year's contest attracted 18 entries.

Haverhill Historical Society's Summer Lecture Series

Haverhill, NH – The Haverhill Historical Society has received a grant from the New Hampshire Humanities Council to offer “Daniel Webster: NH's First Favorite Son”, a program presented by Richard Hesse of Hopkinton, NH. Mr. Hesse is Professor Emeritus at the UNH School of Law. This presentation will take place on Tuesday September 27 at 7:PM at Alumni Hall, 75 Court St. in Haverhill Corner. Admission is free and open to the public and the venue is handicapped accessible.

New Hampshire's Daniel Webster was instrumental in the development of national political and legal policy in the formative years of the American Republic. His national and international diplomacy and his oratorical skills cast him as a leader and a world-class statesman. Richard Hesse reviews Webster's life and career with attention to his NH ties. Webster covered a case in the Grafton County Court

here in Haverhill in 1805. The Court, at that time, was most likely a building that stood to the south of the current Pearson Hall which was built in 1816. The earlier building was destroyed by fire in 1814.

Richard Hesse has published works on a variety of legal and ethical topics. He served as a community lawyer in Philadelphia, heading a police community relations project before moving to Boston to head a national project focused on the rights of consumers. His academic concentration is on state and federal constitutional law and international human rights. Hesse has been an advocate for civil and human rights for more than 45 years and was twice awarded the Bill of Rights Award by the New Hampshire Civil Liberties Union.

For more information, contact Roger Warren, 603 787-2446 or barogw@hotmail.com

Bath Historical Society Chili Cook-Off

The 2nd Annual Chili Cook-off is being held at the Bath Village School on Route 302 in Bath, NH from 3 – 6 PM on Saturday, October 1. Applications to enter the contest are available at the Bath Historical Society and the Bath Public Library.

The Public will determine the People's Choice winner. For a \$4.00 donation, you will get 4 different small chili samples so you can decide which Chili you like the best! The public tasting will occur from 3:45 to 5:30.

There will also be an Independent Judge determining the winner of the cook-off. Presentation of the winners will occur at 5:45 PM.

In addition to the “Samples”, bowls of Chili and a piece of cornbread will be sold for \$4.00 each.

There are also a number of other activities taking place at the same time. They include a Bake Sale, a White Elephant Table and an Ice Cream Social.

Come on out and enter your best Chili in the contest ... or Spend an enjoyable afternoon with others in the Community!!!!

Littleton Food Co-op Help Above The Notch Humane Society

The Littleton Food Co-op partnered with Above the Notch Humane Society in August for the Partner of the Month program. Littleton Food Co-op shoppers raised a record breaking \$2080 dollars for ATNHS. The Partner of the Month program helps organizations increase awareness of great work being done in our community as well as a fundraising opportunity. Any local non-profit may become a Partner of the Month by contacting the Co-op at 603-444-1430.



Pictured in the photo from L to R are: Co-op employees Bekah Daniels handing the check, Rodney Mitton, Michael Peacock, Amanda Schrader, ATNHS Board President Richard Larcom receiving the check, Bobbi-Sue Baker, Melody Fenwick.

ANNUAL

North Haverhill FAIR



ASSOCIATION PICNIC

Sunday, September 25

Steaks ready about 12 Noon

All Volunteers and their families are welcome.

OVER 2000
BROKEN-IN TIRES
MANY SETS OF 4



CANON TIRE
I-91 Exit 8, Ascutney, VT
802-674-5600
NEW TIRES TOO!!!

MEADOW LEASING

Littleton, N.H.



Ground Level Containers
20' - 40'



Office Trailers



Storage Trailers
28' - 48'

1-800-762-7026 • 603-444-7026

Let Us Help You With All Your Storage Needs.






All Sizes Available In:

- Landscape Trailers
- Utility Trailers
- Car Haulers
- Machine Trailers
- Solid Side Trailers
- Roll Off Dump Trailers
- Pickup Dump Inserts

www.belmontmachine.com

AVAILABLE AT WELLS RIVER DADS 4BY

If We Don't Have It, We Can Get It! Special Orders Accepted!

DADS 4BY TOOL & SUPPLY
10 Railroad Street, Wells River
802-757-2000
www.dads4bytool.com

Hastings to Join Staff at WRSB



WELLS RIVER, VERMONT – Wells River Savings Bank is pleased to announce the addition of Joy Hastings to their staff. She brings 15 years of banking experience with certification as a mortgage broker, an investment advisor, and branch manager. After graduating from SUNY in Potsdam, NY., Joy began her banking career at HSBC Bank in Massena, NY as an investment banker, and later at Community Bank as a mortgage officer and assistant manager. She has also been a branch manager for Key Bank in Massena, NY & Barre, VT. Joy has relocated

to the upper valley and will be managing the East Thetford branch of Wells River Savings Bank. She looks forward to working in a community bank setting and

getting to know her customers and their families. In her spare time she is remodeling her home in West Newbury, VT.

NEK Council on Aging's new Executive Director Meg Burmeister is touring the 17 kitchens which contract with the Council to provide Meals on Wheels; 14 also provide sit-down lunches in a community setting like this one at the Danville Senior Action Center. "Any one of any age can join their neighbors or make new friends here," Burmeister said. In the summer, grandchildren are seen at some sites breaking bread with their elders. Those younger than 60 pay \$5 for

a complete meal that meets USDA nutritional guidelines. For those older than 60, the price varies from dining room to dining room, but no senior is ever turned away. Burmeister met Calvin Hazeltine (center), Donald Page, Jean Ashley, and newcomers Sue-Ann and Paul Anair over a lunch of encrusted salmon, yellow rice, Harvard beets, and Brussels sprouts, with gingerbread for dessert prepared by cook Wendy Fearon.

HARVEST TIME EXPRESS
NH's Classic Fall Experience
 Open daily Sept. 17th - Oct. 16th (10am-3pm)
 Check out our famous "Cornstalk Critters"
 Theme: "Scarecrows of the Oval Office"
 13 life-sized Scarecrows created by the world-famous Annalee Doll Company!
 80-minute train rides at 11am & 1pm daily
 www.HoboRR.com **Lincoln, NH (603) 745-2135**

LISBON Village PIZZA
 Open 7 Days A Week
 Sun-Thu 11am-9pm
 Fri-Sat 11am-10pm
 99 North Main St • Lisbon, NH

\$1 OFF
 1 Large One & More Toppings Pizza
 Expires 10/03/16

603-838-9050
 Gift Certificates Available
 In The Business Since 1973
 The Original Owner, Jim, Is Back!

North Country
APPLIANCE SERVICE
 603-787-6677
 DON BOWMAN - OWNER/SERVICE TECHNICIAN
 Factory Authorized Service Provider • Serving NH & VT

Dogs Boarding
 Cats Grooming
 Exotics Dental Care
 Poultry Surgery

BRADFORD VETERINARY CLINIC
 Susan Dyer, DVM

802-222-4903
 176 Waits River Rd, Bradford, VT
 BradfordVet.com or Facebook.com/BradfordVetClinic

Now Available at
Wells River Pharmacy
 Milk, Cheese, Sour Cream, Eggs and Other Dairy Products by Hatchland Dairy, Hood & Cabot

Also Home Of
The Rivers Edge Eatery
 Formerly TJ's Lunch Counter
 Main Street Wells River, VT
 802-757-3066

More Items Coming - Tell Us What You Need.

802-757-2244
Monday - Friday 8:30 am - 5:30 pm
Saturday 9:00 am - 1:00 pm
Monday - Saturday 6:00 am - 3:00 pm
Sunday 7:00 am - 12:00 Noon

10% Off All Dairy Products first 2 weeks of October.
Now Also Offering Essential Bread Products
41 Main Street North Wells River, VT

Enjoy the Beautiful Connecticut River
 From the Comfort of a Pontoon Boat

Enjoy The Fall Colors of the River Valley

Rental Fee starts at \$75
 Half Day & Full Day Rentals Available

New & Reliable Motors
 ON ALL THREE PONTON BOATS

Contact Byron at The Pastures Campground
 Call 603-353-4579 or www.thepastures.com

CustomSUPPORT
 We're here to help you!

www.customsupport.com

- Windows and Mac Installation & Repair
- Virus & Malware Removal (PC Tuneup)
- Network Installation & Configuration
- Website Design & Maintenance

227 Cross Road
 Bradford, Vermont 05033
 paul.hunt@customsupport.com 802.222.4460
 john.hunt@customsupport.com

10 **Littleton 'SewFlakes' Quilt Show**

The Littleton Quilt Guild is having their biennial quilt show on Sept 24th and 25th at the Littleton Opera House. Many beautiful quilts made by the members will be on display. There will also be vendors, demonstrations, door prizes, raffle quilts, and light lunch available. The admission charge is \$3 per person. The Littleton Quilt Guild meets once a month at the Littleton Community Center and promotes learning new quilt techniques, sharing sewing ideas and projects, and contributing to

local charities and organizations through quilt projects. New members and guests are always welcome. This



show is just one of many events in Littleton during the September 24th and 25th weekend-part of the 'Art in the Mountains'.

Ryegate Cane Bestowed on Madeline

Madeline Chase Batten Chaffee was born on January 4, 1920 in Watertown, Mass., and her entire life has been nothing short of remarkable accomplishments! Madeline received a B.S. degree from Boston University and went on to become a high school science teacher. When WWII broke out, she felt a call to serve in the military and against her parents wishes she enlisted. She was deployed to Hawaii just 24 hours before the bombing of Pearl Harbor, which she experienced in horror. Remaining in Hawaii throughout the war as a parachute rigger for the Naval Air Force, she would fly on missions searching for enemy submarines. Eventually Madeline got her pilot's license and to this day she



from left to right: Dover Ford, Madeline Batten Chaffee, Jenny Nelson, Marsha Nelson.

remains a member of the Civil Air Patrol. She is an active member of the VFW Lyndonville Post 10038 and never misses an opportunity to participate in events on Memorial Day and Veterans Day!

What an honor to bestow the Ryegate Cane on this extraordinary woman

Volume 7 Number 25 September 20, 2016 Not all Times are Trendy, but there will always be Trendy Times

HARRIS ENERGY

Join us on Saturday October 1, 2016

from **10-2** at our **NEW** location,
456 West Main St. Littleton, NH
603-444-2774

GRAND OPENING
Open House

- * *BBQ and refreshments served*
- * *Cash & Carry Discount Sale*
- * *Door prizes - enter to win up to 5 tons of pellets and 100 gal. of oil*

Authorized dealer of



With Offices in
 St. Johnsbury 802-748-2045
 Danville 802-684-1127

Unique one-of-a-kind property with 62 acres +/- with the option to purchase a 5 acre +/- with 200 ft of frontage on lower Symes Pond. Open fields, woods, Pond, large 3-car garage with possible studio on 2nd and 3rd floor, several outbuildings. Three bedrooms, balcony, porch, patio. Come take a look! \$289,000 -- ML4506746



www.beginrealty.com



Downtown - Bradford, VT
 (802) 222-9211 / 800-654-3344

HOME APPLIANCE CENTER



Authorized Dealer for all of these fine Brands

- Whirlpool
- BOSCH
- FRIGIDAIRE
- Electrolux
- MAYTAG
- Fisher & Paykel
- Premier
- ASKO
- ILVE
- Danby
- KitchenAid
- WOLF
- JENNAR
- beo
- Cuisinart
- VerAHeat
- Amana
- HOTPOINT
- AMERICAN RANGE
- SHARP
- SONY
- BERTAZZONI
- MARVEL
- Friedrich

Carrie Gendreau of Littleton Elected to Woodsville Guaranty Savings Bank Board of Directors

[Woodsville, NH – September 15, 2016] James E. Graham, President and CEO of Woodsville Guaranty Savings Bank, announced today the election of Carrie Gendreau of Littleton, NH to the Board of Directors of Woodsville Guaranty Savings Bank and Guaranty Bancorp, Inc.

Carrie brings with her great success in the areas of organizational management, leadership, and marketing. She is the owner of the Training Connection, which provides professional leadership development and consulting for businesses throughout the region. She is also the owner of Emma and Co. Consignment Boutique in Littleton. In addition, Carrie teaches a variety of communications and business-related courses for Granite State College, White Mountain Community College, and WREN (Women's Rural Entrepreneurial Network), and is a Certified Instructor for Dale Carnegie and Associates. She and her husband, Bill, also own, fix up, and manage investment properties in the Littleton area.

Carrie holds a Masters in Organizational Development and Leadership from Spring-

field College, a New Hampshire real estate license, and certificates for a long list of professional development programs, and was the recipient of the 2010 Granite State College Distinguished Faculty Award. She is the current President of the Littleton Area Chamber of Commerce and is a member of the board of the NH Retail Association. She is a past director of the Morrison and Ammonoosuc Community Health Services, both of which she served as a director and committee member.

"We are so pleased to have Carrie join our board," stated James. "Her expertise and enthusiasm for business management, sales and marketing, and community service make her an excellent addition to the bank's board. Her election also marks the first woman to join the bank's board, a milestone that is welcome."

"It is a huge honor to serve WGSB," said Carrie. "I have a great deal of respect for the bank's people, for their mission of service to customers and to each other, and for management's interest and investment in supporting and developing its employees. I look forward to working with the



bank's Board of Directors to continue the service and results that have made WGSB number one in so much of its area."

Woodsville Guaranty Savings Bank is a New Hampshire state-chartered savings bank headquartered in Woodsville, with nine banking offices in the communities of Woodsville, Piermont, Lisbon, Littleton, Lancaster, Plymouth, and Franconia. For more information, call 800-564-2735, visit the bank's website at www.thegarantybank.com, or find them on Facebook.

Nathan A. Muehl,
Registered Representative
Offering Securities Through
NYLIFE Securities LLC,
Member FINRA/SIPC,
A Licensed Insurance Agency.

NATHAN A. MUEHL, LUTCF
51 N. Main St, B-1 • Wells River, VT 05081
802-588-5035
Nate@NMAFinancial.com

HELP WANTED

Requirements:

- Mature, self-motivated, reliable person(s) to work with an experienced staff
- Customer Service Skills background
- Experience with outdoor activities
- Holidays and weekends are a must
- Reliable transportation

- Longterm & Seasonal Full-time and Part-time Sales Positions available.
- Ski technician(s) position(s) available.

Stop by for an application.

- Lincoln Main Store 127 Main St., Lincoln 603-745-6970 Contact Linda
- North Face Summit Shop Lincoln Square Mall 165 Main St., Lincoln, Contact Ashley
- Concept Shops 41 Main St., Lincoln 603-745-3334 Contact Dana

Residential, Commercial and Agricultural

ROSS PAGE FOUNDATIONS LLC

EST. 1970

Eric Page, Owner

Concrete Foundations/Floors/Slabs • Stamped & Colored Concrete
Thermomass Insulated Concrete Walls
ACI Certified Flatwork Finishers

802-592-3166 • 348 Thad Stevens Rd • Peacham, VT 05862

Sweater Heaven

Trendy Threads

Quality Consignment Clothing
171 Central Street, Woodsville, NH
603-747-3870
Open 9:30 to 5:00
Weds. Thurs. & Fri. and 1st & 3rd Sat.
www.TrendyThreadsWoodsville.com

DOWN September SPECIALS

2014 Hyundai Elantra \$13,888 \$198⁷² A MONTH #40404, GT, 5dr, 2.0L, 6 sp, Alloys, Fogs, 34 mpg	2015 Volkswagen Passat \$16,690 \$238³¹ A MONTH #40407, Wolfsburg, 1.8L Turbo, Loaded, Heated Leather	2013 Dodge Charger \$21,987 \$346⁵⁵ A MONTH #3065N, R/T AWD, 5.7L Hemi, Red Climate Leather, NAV, Beats Audio
2011 Mini Cooper \$16,994 \$268⁵⁶ A MONTH #40377, Countryman, All-4, AWD, 1.6L Turbo, Htd-Ltr, Sunroof	2015 Chrysler 200 \$15,938 \$227⁶⁹ A MONTH #40405, Limited, 4dr, 2.4L, 9sp Auto, Back Up Camera	2014 Kia Optima \$18,474 \$263⁵² A MONTH #46021A, EX, 4dr, 2.4L, Leather, 9k miles
2016 Chevy Trax \$22,897 \$326⁰¹ A MONTH #40406, LT, AWD, 1.4L Turbo, Wi-Fi, MyLink, Bkup Camera	2013 Chevy Equinox \$18,936 \$298⁹³ A MONTH #40402, LS, AWD, 2.4L, Alloys, Low miles, 29 mpg	2015 Chevy Colorado \$29,982 \$426¹² A MONTH #36169A, Z71, Crew, 3.6L, Heated Seats, Tow
2015 Chevy K2500 \$38,348 \$544³² A MONTH #36239A, LTZ Z71, 6.0L, Loaded, Climate Leather, 20", NAV	2012 Chevy K1500 \$24,719 \$389³⁸ A MONTH #25301S, Z71, Xcab, 5.3L, All-Star, Tow, 1 owner	2011 GMC K1500 \$25,897 \$407⁸¹ A MONTH #26009A, SLE, Crew, 5.3L, Heated Leather, Chrome Package, Tow

CHEVY BONUS TAG BLOWOUT!!! PICK YOUR TAG Don't Miss Out! **EVERYONE QUALIFIES for our Bonus Tag PRICING!**

All New 2016 Chevy Malibu #46050 \$27,940 MSRP -\$5,000 Savings Sale Price \$22,940 LT, 1.5L Turbo, MyLink, Sunroof, 37 mpg	All New 2016 Chevy Cruze #46051 \$25,335 MSRP -\$4,700 Savings Sale Price \$20,635 LT RS, 1.4L Turbo, Wi-Fi, Moonroof, 42 mpg	2017 Chevy Equinox #37005 \$31,125 MSRP -\$2,500 Savings Sale Price \$28,625 LT, AWD, 2.4L, Heated Seats, Remote Start
2016 Chevy Colorado #36195 \$36,510 MSRP -\$4,750 Savings Sale Price \$31,760 Z71, Crew, 3.6L, Heated Leather, Tow	2016 Chevy K1500 #36033 \$42,250 MSRP -\$7,900 Savings Sale Price \$34,350 RALLY, DBL Cab, 5.3L, 20", Graphics, Tow	2016 Chevy K2500 #36235 \$51,655 MSRP -\$7,200 Savings Sale Price \$44,455 LS, DBL Cab, Duramax, Allison, Loaded, Alloys

WELLS RIVER

802-757-2311 • 800-468-2956 • www.wellsriverchevy.com
Jct. Rte. 5 & 302 • Wells River, VT 05081 • Mon. - Fri., 8am - 6pm • Open Sat., 8am - 4pm

All used vehicle payments are based on 0 cash down. 2015 - 2014 payments based on 64 months at 4.99%. 2012 - 2010 payments based on 72 months at 3.99%. Admin. fee included. Tax, Title & Reg. Lic's. All payments and interest rates advertised are available to qualified buyers only. All incentives are subject to change without notice, with approval credit. Photos may not represent actual vehicle. OFFERS GOOD THROUGH 9-30-16. SEE US FOR DETAILS.



We Accept Cash, Check or Credit/Debit Cards



CLASSIFIEDS

Personal: For Sale, Wanted, Lost, Found: Up to 30 words FREE for 2 issues. (\$10,000 value limit)
Business: Help Wanted, For Rent, etc. \$10/2 issues, \$20/5 issues, \$50/16 issues. Limit of 30 words.
Classifieds that exceed word count may be subject to an additional charge.

Mail or Drop Off at Trendy Times, 171 Central Street, Woodsville, NH 03785 Email: Gary@trendytimes.com



FOR SALE

NEW BOAT PACKAGES are here. We carry Avalon Pontoons, Polarkraft aluminum, & Carolina Skiff fiberglass boats. With Mercury or Honda motors. Fairlee Marine 802-333-9745 09.20

1997 F-150 TRUCK Has been inspected. Needs some work. \$1,500. 2000 Dodge Truck, Lots of new parts with tool box & ladder rack. 8 foot body. \$1,500. 2001 Youth ATV 90 \$600. 1997 Dodge Truck A fixer upper. \$1,500. Call Steve at 603-747-9138 10.04

HAND CROCHETED BLANKETS fit up to a Queen sized bed. \$100 each. Multi colored, one blue, and one green. Mittens size 2-4, 5-7, 8-10 different colors. Also slippers, different sizes & colors \$5.00 each. Potholders \$1.00 each. Call Penny 802-757-3337 10.04

CERTIFIED USED BOATS. Lots of good used boats to choose from. Checked over by our certified technicians. If it's not reliable, we won't sell it. Fairlee Marine, see them on our website at www.fairleemarine.com 802-333-9745 09.20

LIGHTWEIGHT BOAT DOCKS. 1 person can install or take them out. In stock. Standing, floating, or roll-in. Fairlee Marine, see them on our website www.fairleemarine.com 802-333-9745 09.20

SHOP LIGHTS (3) w/xtra Fluorescent bulbs \$22, elec Dirtdevil hand vacuum \$12, lightweight vacuum cleaner \$10. 352.735.1747 10.04

FOUR TOYOTA YARIS RIMS with snow tires 185/60R15 84T, used 2 seasons. \$150. or B.O. Call 603-9895511 09.20

FLOOR LAMPS: 2- matching stand up (4') lamps Euro look \$125 for pair, Grille w charcoal wood chips and light fluid \$30, 30# propane tank filled Aug. 25 \$16, Brand new still in box Broan bath fan/light #162 make offer. Call 352.735.1747 Lancaster 09.20

4 WHEEL ROLLATOR WALKER, red with seat, wheel locks, brakes, new condition. Asking \$60.00 Call 802-626-5176 09.20

ELEC LEAF BLOWER (almost new) \$16, Large 10 cup Mr Coffee \$10, Montgomery Ward dorm, table top refirg/freezer \$15, G. Foreman Grille for family \$8, Ostersiser Blender \$6. 352-735-1747 10.04

2006 CHEVROLET SILVERADO 1500LS, 4 wheel drive with ladder/kayak rack. About 90,000 miles. Never plowed. Spray-in bed liner. \$10,900. Call 603-747-3942 10.18

INSTRUCTION

INSTRUMENT LESSONS: Offering private piano, guitar, banjo & clarinet lessons for beginner & intermediate students of all ages. 30+ years instructing. Call 603-398-7272. 11.01

FOR RENT

BOAT RENTALS, Pontoon, Canoes, Kayaks, Runabout ski boats. Daily and weekly rentals. We launch and pick up. Fairlee Marine www.fairleemarine.com 802-333-9745 09.20

LOOKING FOR A PROFESSIONAL COUPLE or senior citizens to rent a furnished country home. No smoking or animals. Snow removal, rubbish removal, lawn mowing included. \$800 a month plus one month deposit. PJ Blanchard, Monroe, NH 603-638-2833 10.04

WELLS RIVER, VT HOUSING AVAILABLE: *11 Center Street, Wells River - Upper level 2 BD apartments available now. \$700 rent includes heat, trash and snow removal. Off street parking. *51 Main Street, Wells River - 2 BD apartment coming available soon. \$700 rent includes electric, heat, trash and snow removal. Central elevator & laundry facilities in building. *51 Main Street, Wells River - 2 & 3 BD HUD Subsidized apartments. Rent is 30% of monthly household income. Off street parking. \$100 Sign on bonus for 1st year Tenants! Walking distance to banks, stores and laundromat. Income restrictions apply. Security Deposit payment plan available! To request an application, call Shelly at 775-1100 Ext. #7, e-mail shelly@epmanagement.com or visit <http://epmanagement.com/vermont-properties/> to print an application. E.H.O. 09.20

ST. JOHNSBURY, VT HOUSING AVAILABLE: Passumpsic Housing, Multi-Family Housing: Now accepting applications for 2 & 3 BD Units. Rent includes heat, hot water, trash, snow & rubbish removal. Must be income eligible. Income restrictions apply. Rent is 30% household monthly income. Tenant would also pay own electricity. Call E.P. Management 802-775-1100 Ext #7 or e-mail shelly@epmanagement.com. E.H.O. for an application. 09.20

ALTERNATIVE HEALTH/HEALING

REIKI RETREAT: Barbara L. Smith RMT, LMT. Reiki sessions & classes. 10 years experience. Offering Massage, Bio Field Tuning and Zero Balancing. Gift certificates available. 90 Farm St, East Ryegate, VT. 802-757-2809. reikiretreat@charter.net or check the website www.vtreikiretreat.com

SERVICES

BOAT SERVICE: Is your boat unreliable and ready to go? Doesn't have the power it used to? Our Certified Technicians fix things right. We can water test or dyno test so you know it's fixed. Fairlee Marine www.fairleemarine.com 802-333-9745 09.20

LOCAL PACKING & SHIPPING SERVICES: Safe Ship located at 226D Industrial Drive in Bradford, VT can assist you with all your shipping needs. We are Authorized Shippers of USPS, FedEx, UPS, DHL and more. 802-222-4000. 09.20

HELP WANTED

SOLSTICE NORTH DAY SPA is accepting applications from NH licensed and experienced: Massage Therapists, Nail Technicians and Spa Managers. Solstice North will be opening Fall of 2016 at the new RiverWalk at Loon Mountain Resort in Lincoln, NH. Please email resumes to: manager@solsticenorth.com, or mail to Solstice North, P.O. Box 988, Lincoln, NH 03251 10.04

HOME CARE AIDES: Personal care positions available. Full/Part time in Franconia & Woodsville. Experience necessary for personal care with elderly. Contact Susan 603-345-1209 11.01

IMMEDIATE OPENINGS for dependable LNA's or nurses to assist a pleasant female client under 24 hour care in her home in Haverhill. Must be strong, to help with the hands on care. She ambulates with a walker. Varied per diem hours are available. Please call 603-989-5586 for more details, to make an appointment and to arrange a meeting with the client. 09.20

WANTED

PAYING CASH FOR OLD WATCHES AND POCKET WATCHES: working or not. Also old jewelry, hunting knives, gold & silver items, Masonic & military items, American & foreign coins, old unusual items. We make house call. Call 603-747-4000 11.01

BUYING USED MOTOR OIL. Call Lee at 802-429-2500 11.29

CONSIGNMENTS: We take good late model boats in to sell for you. We do the sale and warranty, you collect the cash. They sell fast and you get as much or more than selling it yourself. Fairlee Marine, see them on our website at www.fairleemarine.com 802-333-9745 09.20

WORK FOR MID-SIZED FARM TRACTOR with winch and bucket. (Great for Yard or Wood Lot work). Will also cut and split firewood & bush hogging. Call for pricing and details. 603-747-4140 10.04

CLASSIFIED

MAIL OR DROP OFF AT:

171 Central Street, Woodsville, NH 03785

EMAIL: gary@trendytimes.com

NON-BUSINESS: For Sale, Wanted, Lost, Found: Up to 30 words FREE for 2 issues. (\$10,000 value limit)

BUSINESS: Help Wanted, For Rent, etc. \$10/2 issues, \$20/5 issues, \$50/16 issues. Limit of 30 words. Classifieds that exceed word count may be subject to an additional charge.

We accept checks, credit/debit cards and even cash!

Fashion Week in Japan

by Maggie Anderson

I am in Tokyo, Omotesando to be exact, swirled into the vortex of Fashion Week. Last night even the walk back to my train was one for the books.

Had the weather been cooler and kinder, I might have been able to sit and watch the show for awhile longer. Half of these people made me look like the backwoods farmer's daughter - that I really am, just don't tell anybody - and the other half made me feel as if I was w-a-ay overdressed!

There were beautiful young women draped in silks that undulated with every whisper of a breeze. The cut of some of the designs crisped the edges of conventionality and crumpled it into a ball of discarded paper when disappointment has given way to brilliance. There were remarkable clothes on remarkable bodies in every doorway and every inch of open space in the city.

Japan's fashion scene is as fresh and forward as any city in the world but Fashion Week also offers a backdrop for those a bit farther removed from the scene to be seen. That's the Fashion Week I was riveted by.

One guy came down the hill into the fray wearing a huge purple plaid wool coat that was cut so that when he let the sleeves hang down and just draped it over his shoulders the cuffs dragged the ground making it look like it had been designed for a really big chimp, with extra long arms and a circulation problem! How that man could walk in that thing in that heat without fainting in the middle of the sidewalk was a mystery to me.

He was keenly aware of himself. He kept slinging his arms out so that the cuffs would fall a certain way, in case a photographer jumped in front of him and stole a photo because he was just such a model of fashion. I kept expecting him to trip over somebody while he was busy enjoying his own image in every plate glass window he passed. He

even had an entourage following in his wake - or maybe they were just catching the breeze from that enormous coat! He cut through the crowd like a frigate, maybe they were just catching a wave!

As soon as Chimpy disappeared into the crowd behind us I looked up to find that Spider Man's distant cousin had joined the party! He was one of the smallest, most fragile looking little men on the street - honestly I don't know why I thought Spidey should be a regular sized man - isn't he supposed to be some kind of spider, spiders aren't that big, why should he be?

He was wearing a skin-tight suit and with his size and all if it hadn't been for the pattern, which was over the top, absolutely dizzying colors and design, he may have disappeared completely. He was wearing a huge pair of goggles, to mimic spider eyes I imagine and he was wearing a giant backpack which had a shoulder rigging that looked like it might be big enough to house a parachute if he heard a distress call and had to leap into action. You never know when you might have to bail from skyscraper and believe me, last night the only way you could see anybody in distress would be from a tall building, unless of course you were right behind Chimpy, he was impossible to miss, impossible to pass too!

Spidey stopped to ask directions from a couple sitting on a bike rack and when they looked up they were so startled by his image she almost fell off her perch! He had been looking into shops as he made his way up the hill, I think he wanted everyone to know he was searching for something but I think he was just enjoying his own view and stopped to talk so they could enjoy it too!

There were shaved heads, blue hair, boots with ten inch platform soles - which on the hill in Omotesando are death-defying. I saw more black lace than Victoria's ever sold and more black lips than you'd

find in a licorice taste testing lab.

The atmosphere though crowded was convivial, a party on every inch of sidewalk. Each doorway was crammed with throngs of people reaching for the goodie bags filled with photos and invitations to spend your money on even more of their stuff. And the staff manning their posts couldn't give them away fast enough.

There were opportunities to have your photo taken in front of a brand new Audi - holding a gigantic replica of the interlocking logo, sure sorry I didn't have time to wait in line for a picture of me trying to hold that sucker up, it was huge. There is not a new car on the planet that could induce me to stand in a line blocks long in that heat just to have a photo of me standing in front of the newest model and holding up a gigantic line of interlocking silver circles.

Can you imagine the speculations that will be made a couple hundred years from now when someone unearths a box filled with those images, what will they think was going on? And pity any poor alien who whisks through the galaxy and stops to take a leak in some alley down here and finds a box of those images, what will he think was going on? I'd love to be there when he takes the box back to the mother ship and tries to tell them about the important discovery he's just made! Maybe I could get Spidey to be a fly on the wall for a change and hear what they're saying about us up there!

It was a once in a lifetime experience and like others I've been through - glad I was there, happy that it's over!



North Country Senator Jeff Woodburn was the guest speaker at the Pomona Grange at their meeting in Bath recently. From the left is Jean Abbott, of Dalton, Riverside Grange, Dalton; Les Avery, of West Stewartstown, Sen. Woodburn, Mohawk Grange; Stephen Tracy, of Stratford, Stratford Grange; Ann Leger, of Shelburne, Winthrop Grange; Winston Merrill, of Bath, Pine Grove Grange; Linda Lauer, of Bath, Pine Grove Grange; and Arthur Merrill, of Antrim, State Steward of the NH Grange.

Senior Feet Foot Care For Age 55 & Older

Beverly Sinclair
Registered Nurse
802-449-7385
bev@sinclair-chiro.com
www.bevseniorfeet.com
183 North Main St
Bradford, VT

GRS Tire & Auto
Full Service Auto Repair
Foreign & Domestic

Alignments • Brakes • Lube, Oil & Filter Changes
Oil Undercoating • State Inspections • Tires
Towing & Recovery • Tune-Ups • Used Car Sales

GARY SIEMONS, PROPRIETOR
603-747-4192
95 Central Street, Woodsville, NH
Hours: M-F 8-5

Thank You

To everyone who made the Wells River 5th Annual "So Long Summer - Hello Fall" Festival a huge success. Thank you to the vendors, volunteers and the public for attending. And thank you to the **Wells River Community and Business Participants and Ad Sponsors**

NMA/NY Life
Baldwin Memorial Library
Burnham's Shoe Store
Copies and More
Dads 4By Tools and Supply
Gateway Sports
Green Mountain Monogram
The Happy Hour Restaurant
Little Rivers Health Care
Todd Holt Physical Therapy
The Rivers Edge Eatery
WYKR FM 101.3
Walter E Jock Oil Co., Inc.
Wells River Chevrolet
Wells River Pharmacy
Wells River Savings Bank
Woodsville-Wells River Rotary Club

Thank You for your Support
Wells River Action Program (WRAP)
Ad Sponsored by E.P. Management Corp.

**Do You Like Numbers - And People?
If So, We Have The Ideal Job For You!**

ACCOUNTING SUPERVISOR

Upper Valley Press, Inc. is currently seeking an Accounting Supervisor to oversee the day-to-day logistics of the accounting and office administrative team.

The ideal candidate will act as a liaison between the CFO and the accounting/office administrative team. Key responsibilities include: Supervising a staff of up to five; manage all accounting activities such as AP;AR; payroll; credit & collections; inventory; month-end and year-end closing procedures; insurance renewals; and financial analysis and monitoring of monthly operating results vs. budget. This position supports the CFO in a wide range of projects as necessary.

The ideal candidate will possess strong experience with accounting software and spreadsheets, the ability to exercise independent judgment in matters relating to accounting activities; strong general business skills and an aptitude for strategic thinking. Bachelor's degree in accounting as well as prior supervisory experience is strongly preferred.

Interested candidates please send resume and salary requirements to:

UPPER VALLEY PRESS, INC.
Attn: Human Resources
446 Benton Road
North Haverhill, NH 03774
charrington@uvpress.com

OUR MISSION:
To provide support for stray and unwanted dogs in our communities and to attend to their needs while looking for their forever homes.

PO Box 98, Franconia, NH 03580
603-823-7077
atnhs.email@gmail.com
www.atnhs.org

ABOVE THE NOTCH
HUMANE SOCIETY

**NOW OFFERING
CUT & SPLIT FIREWOOD**

**\$225/CORD
DRY HARDWOOD
Local Delivery
Included**

We Also Do Wood Chipping Up To 4"

**J & A
LAWNGARE**
603-747-4030
BEST TO CALL AFTER 5 PM
Woodsville, NH

Finding Solutions for Your Financial Needs

Kim R Shillieto
Financial Advisor

One Main Street
Littleton, NH 03561
603-444-0344
www.edwardjones.com

Edward Jones
MAKING SENSE OF INVESTING

Member SIPC

Want to Retire Early? Start Planning Now

The average American retires at about age 63, according to data from the U.S. Census Bureau. If you enjoy your work, of course, you may want to go well beyond that age. But what if you don't want to wait until 63 or so? Can you afford to retire early?

Possibly – if you follow these suggestions:

- Research the costs involved. What will you do during your retirement years? Will you travel the world or stay close to home, pursuing your hobbies? Will you downsize from your current home? How will you pay for health care until you're old enough for Medicare? You will need to answer these and other questions to determine how much you will need to sustain a comfortable lifestyle as an early retiree.

- Invest more – and invest for growth. One big advantage in retiring at the usual age, or even later, is that it gives you more time to invest. But if you're determined to retire early, you will almost certainly need to accelerate your investment rate –

which, in practical terms, means you'll likely have to contribute more each year to your IRA and 401(k) or similar employer-sponsored retirement plan than if you were going to retire later on. Plus, you may have to "ratchet up" the growth potential of your investment portfolio. However, because growth-oriented investments typically are more volatile than other investments, you will be taking on more risk than you might otherwise. If you are truly uncomfortable with this risk level, you may need to re-evaluate your plans for retiring early.

- Cut down your debt load. It's always a good idea to enter retirement with as few debts as possible – but if you want to retire early, you may need to be even more diligent in controlling your debt load.

- Know the rules governing retirement plan withdrawals. If you want to retire before age 59½ and begin taking distributions from your IRA or 401(k) plan, you will generally be subject to a 10% early distribution penalty, plus normal income taxes. (To withdraw your earnings from a Roth IRA tax and penalty free, you generally must

have owned the account for at least five years and have reached age 59½. You can withdraw your contributions at any time tax and penalty free.) However, you may be able to avoid the 10% penalty if you take "substantially equal periodic payments," which are calculated based upon your age and other factors. Once these distributions begin, they must continue for five years or until you reach age 59½, whichever is longer. Other rules apply to these distributions, so before taking any, you will want to consult with your tax and financial professionals. And keep in mind that if your withdrawal rate is too high, you risk seriously depleting your retirement accounts, especially if your investments decline in value during the years you're taking these payments.

Most importantly, do everything early: Plan early, invest early (and don't stop), and lower your debt load early. Getting a jump on all these activities can go a long way toward turning your early retirement dreams into reality.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Stockley Trucking
405 SOUTH MAIN ST., LISBON, NH 03585

Buying
Copper • Brass
Aluminum • Light Iron • Etc.
Metal Recycling • Junk Cars

Don't Just Throw Metal Away!

CALL FOR PRICES – 603-838-2860

Monday - Friday 7 AM - 4 PM • Saturday 7 AM - 12 Noon

Sharpen Up!

Large And Small Kitchen Knives
Serrated Knives • Steak Knives
Small Hand Tools - Chisels • Etc.

Sean Kelly
802-222-9258
sean@asharpedge.com

Contact Me For:
Brochure • Pricing • Drop-Off • Pick-Up

RICH CLIFFORD
CONCRETE FOUNDATIONS

SLABS, RETAINING WALLS, CURBINGS,
SIDEWALKS INCLUDING RAILINGS

NO JOB TOO SMALL

54 Clifford Drive
N. Haverhill, NH

Rich Clifford
603-787-2573

MANLIFT RENT
Day • Week • Month

Trailer Hitch Installations

TOOL BARN, INC.
1233 LOWER PLAIN • ROUTE 5
BRADFORD, VT

802-222-9311

Mon-Fri 7:30am-4:30pm • Sat 8am-12 Noon

Portland Cello Project to Perform at the Colonial

The Colonial Theatre in Bethlehem, NH, with the support of Peabody & Smith Realty and MLK & Company, will host a live performance by the genre-bending Portland Cello Project Saturday, September 24 at 8 PM. The Portland Cello Project is a collective of cello players from Portland, Oregon who have been performing since October 2006. Since the group's inception, Portland Cello Project (or, PCP, as their fans affectionately call them), has wowed audiences all over the country with extravagant performances, mixing genres and blurring musical lines and perceptions wherever they go. The group had evolved into a nationally recognized performance and educational group with a revolving cast of cellists, releasing full-length albums, performing everywhere from punk rock clubs to, loading dock street parties, to exclusive private events, and symphony halls all over North America, spending more than a quarter of the year touring, and featuring a diverse reper-



toire of well over 1,000 pieces of music.

General Admission tickets for the 8 PM performance are \$25; Colonial, Catamount Arts and St. Kieran's Community Center for the Arts members \$19; Reserved Front & Center tickets (available on-line only) are \$30. Tickets are available in advance while they last at Maia Papaya Cafe, Bethlehem, The Littleton Food Coop, or Catamount Arts, St. Johnsbury. The doors open at 7 PM for the 8 PM performance with

refreshments on the patio. For more information about this or upcoming live events find The Colonial on Facebook Facebook.com/BethlehemColonial), follow The Colonial on twitter (@ColonialNH), visit the Colonial on line at www.BethlehemColonial.org or tune in to Bethlehem's own community radio, WZNC, broadcasting from atop the historic Colonial Theatre at 99.9 on the FM dial.

This evening of great music is made possible with additional support from New Hampshire Public Radio, Vermont Public Radio, The Cold Mountain Café, The Wayside Inn, The New Hampshire State Council on the Arts, and The Colonial's promotional partner, Catamount Arts

HI-NO SILVER **SALE!**

DEEP=DEEP DISCOUNTS ON OVER 300 PIECES OF..
SILVER AND GEMSTONE PIECES!

90 NECK CHAINS
29 PENDANTS and PINS
75 BRACELETS 50-60% OFF
72% OFF ON 50 WATCHES!

50% TO 72% OFF

White Mountain Trader, 147 Central St., Woodsville, NH

JUNE SALE HOURS ... NOON TIL 5 and 7-9 pm 603-243-0225

My Farmers Market Becomes Local Food Hub

by Marianne L. Kelly

So. Ryegate, V T — Who knew last April, that a fledgling farm stand housed in an Amish shed with a few local vendors and sparsely filled shelves would become in just a few short months an integral part of South Ryegate and surrounding communities?

According to My Farmers Market owner, Jennifer Bone, “We started this with the vision of running a farmers market that offers more shopping hours to the community, and what has evolved is a local food hub with the promise of a cooperatively run alternative food system.”

That My Farmers Market has become popular with locals and visitors alike is not surprising, and considering the GMO controversy, is very telling about changing attitudes about where our food actually comes.

Everything sold at My Farmers Market with few exceptions is provided by local vendors. Customers can find a wonderful variety of locally grown plants, seasonal vegetables and fruits from the Bone Farm and surrounding farms as well.

In addition, local vendors who man the store provide a wide variety of locally produced meats, cheeses, bread, pastries, pies, jams, jellies, relishes, flavored butters, ice cream, maple syrup, local honey, eggs, mushrooms, Chaga and Reishi. Choose from a good selection of bulk items, as well as seasonal specialties such as garlic scape pesto, and so much more. One can even find the basic dairy products like milk, butter, and cheese as well as soda, and non-toxic, chemical free home health and personal care items.

Locally made sandwiches, “heat and eat” meals for those nights that you are simply too tired or not motivated to cook dinner are available. Want something special? Just ask and they will try to accommodate you.

Customers can also buy beautifully and artistically produced hand crafts that will never be found in box stores. Crafts include knitted and crocheted items, wood crafts, embroidered towels, hand made baskets...they're all here, and all local. Friends helping friends, neighbors helping neighbors. The winners are the communities that are brought together.

There is much fun to be



had here. One cold, blustery morning last April they kicked off the season with a successful maple syrup tasting complete with freshly grilled pancakes, that brought many people who enjoyed the pancakes, syrup and warmth of this market despite the cold weather. Since then, they have hosted other special events including tomato and blueberry festivals complete with contests and winners.

Next up are the events that make Autumn such a popular, fun season.

On Saturday, September 24, between 10am and 2 pm, My Farmers Market will host an Apple Festival, complete with an apple pie contest, apple cider pressing, and apple creations from our food vendors. This event also includes a craft fair that will showcase vendor creations.

You can even bring your knives and scissors to be sharpened while you shop, taste the apple pie entries, and vote for your favorite, sample the freshly pressed cider (don't forget to take some home with you). This family event is sure to be a big hit.

Anyone who thinks they bake the “world's best apple pie,” is invited to enter the contest. The winner will

receive a \$20 gift certificate to My Farmers Market. Pies should be brought to the market on Friday between 9 & 6.

Not to be out done by the apple and craft festival, My Farmers Market will also host a Pumpkin Festival on October 22.

The pumpkin festival will include a pumpkin pie contest for those who make the “best pumpkin pie,” as well as pumpkin carving and painting. Buy your pumpkin from the market and the activities are free.

Once again a \$20 gift certificate will be awarded to the winner.

Halloween will be special this year as My Farmers Market invites everyone to a “haunted market walk” on Oct. 31 from 5-9pm.

What started out as a dream on a chilly, windy Spring morning, has blossomed into a warm and inviting successful hub where people can gather, purchase locally grown and produced products and share their news.

My Farmers Market is located on Creamery Road, just off Route 302 in So. Ryegate. Hours are Tues.-Sat.- 9-6 and Sun.11-2. For more information email myfarmersmarket@gmail.com.

See you there!



North Country Senator Jeff Woodburn conducted a tour with State Lottery Director Charlie McIntyre recently which included a stop at Wayne's Market in Woodstock. From the left is Director McIntyre, store owner Chris Clermont and Sen. Woodburn. Woodburn sponsored a law that increased store winning on major jackpots from \$30,000 to \$70,000.



Budget Lumber

1139 Clark Pond Road, N. Haverhill, NH 03779
 budgetlumber@charterinternet.com
 1-800-488-8815 • 603-787-2517
 FAX 603-787-2588
 All Major Credit Cards • Tax-Free NH

BUILDER SPECIALS!

SMART OSB 5/16 X 6 CLAPBOARDS PRIMED \$.40 LIN FOOT
 1X3X12 STRAPPING WEATHERED 2.50 EA.
 1120 PCS. SPRUCE 2X4X8 #2 & BETTER \$2.48 EA.
 55 PCS. SP2X10X12 #2 BETTER WEATHERED \$11.99 EA.
 84 PCS. SP2X12X12 #2 & BETTER WEATHERED \$12.99 EA.
 13 PCS. 2X12X18 #2 & BETTER WEATHERED \$19.99
 17,000 LINEAL FT. 1/2X6 RS PRIMED CLAPBOARDS .40 L.F.
 130 PCS. 5/4X6X14 PRESS TREATED DECKING
 OLD STOCK \$7.00 EA.
 GREEN LATTICE 4X8 REG. SPACING \$11.99
 GREEN LATTICE PRIVICY 4X8 \$15.99
 FABAL GALV. 14PC 12-6 2 PC. 10-6 AND MISC. TRIM
 \$568 VALUE \$299
 39 PCS. 2X8X20 PRESSURE TREATED \$24.29
 32 PCS. 2X10X20 PRESSURE TREATED \$30.86
 47 PCS. 2X12X20 PRESSURE TREATED \$49.00
 NOVERLINE STAINABLE/PAINTABLE RAILINGS 8'-0.....\$107
 CULL LUMBER (WEATHERED END OF UNITS) 50% OFF

NEW ITEMS ADDED TO INVENTORY:

7/16 FORCE-FIELD EXT. COATED PLYWOOD
 NO HOUSE WRAP NEEDED SPECIAL OFFER \$19.40 EA.

5/4X6X12 STK CEDAR DECKING 1.50 LF

PRE-ASSEMBLED OUR SHOP CEDAR WITH FORTRESS
 METAL BALUSTERS \$14.50 L.F., STK \$12.50 L.F.

OPEN MON-FRI 8 AM TO 4 PM
 SAT 8 AM TO 12 NOON, CLOSED SUNDAYS

ODELL INSURANCE AGENCY INC.
(802) 222-4755
 21 BARTON STREET, BRADFORD, VT 05033
 WWW.ODELLINSURANCE.COM
PERSONAL, SMALL BUSINESS & FARM INSURANCE
 Dedicated to providing quality insurance protection to generations.

Robert's Thrift
Orange Tagged Items: 25¢
Red Tagged Items: 1/2 Price
All Summer Items
At Least 90% Off
 Check Our Holiday Room - Halloween, Thanksgiving, Christmas & More
 Located Under The Post Office In Bradford • 802-222-5001

Visit Local Conservation Projects That Benefit Soil Health and Water Quality

How do landowners remedy field erosion caused by untimely weather events, or improve pasture quality and water supplies for livestock? The GCCD Fall Tour of Conservation Practices will look at several projects, and discuss natural resource planning and conservation practices. Join Grafton County Conservation District (GCCD), participating landowners and partner agencies to learn firsthand what conservation practices can be done to manage natural resources for soil health and water quality. We will meet on Thursday, September 29, 2016 at 9:30AM at the Simpson field and stream-bank restoration project on Route 302 in Lisbon, NH. All are welcome to join us. We will caravan in personal vehicles from site to site. The Tour will be held rain or shine, so dress for variable weather, and plan on light hiking at each stop. Bring a bag lunch. Call Pam at (603) 353-4652 if you plan to attend. Feel free to join us along the way. Our schedule of site visits includes:

Field, Stream and Buffer Restoration Project, Simpson property, about two miles north of Lisbon village on Route 302: In winter 2013, an ice jam created a gully causing extensive erosion of the Ammonoosuc River bank, and loss of productive farmland. The damage qualified for USDA Emergency Conservation Program (ECP) financial assistance from the Farm Service Agency (FSA) and technical assistance from Natural Resources Conservation Service (NRCS). A plan was developed to restore the stream back to its natural course, restore

the damaged cropland, and plant a two-acre riparian buffer. The planned riparian buffer will be extended to adjacent land owned by the Ammonoosuc Conservation Trust (ACT). The Connecticut River Watershed Council (CRWC) agreed to assist the landowner with the required Wetlands Permit from NH Department of Environmental Services (NH DES), and additional funding for the desired extended buffer. Partners met on-site and discussed how to make this project happen and most of the site work was completed in late fall 2015. This project demonstrates how patience, persistence and partnerships can achieve success.

Mill Brook Farm, owned by Harry and Becky McGovern 373 Mill Brook Road, Landaff: Several years ago, Harry worked with the NRCS Environmental Quality Incentives Program (EQIP) to develop a conservation plan, and complete a rotational grazing system and solar water system on the homestead side of the road. EQIP provides financial and technical assistance to agricultural producers in order to address natural resource concerns and deliver environmental benefits such as improved water and air quality, conserved ground and surface water, reduced soil erosion and sedimentation or improved or created wildlife habitat. The McGovern's have added beef and pork into their operation. Again working with a NRCS conservation planner, a conservation plan was developed to address their changing needs. Across the road is a new heavy use area for wintering cattle, and a hub for rotational grazing in the

summer. The improvements include a new well, pump house, heavy use/paddock area and fencing.

GCCD recently received Conservation Moose Plate funds to purchase an AerWay aerator to rent to smaller farmers to improve soil health. The AerWay is great for pasture renovation and relief from compaction on smaller acreages. GCCD has attached a Herd broadcast seeder allowing seed to be applied in the same pass. There will be a demonstration of the AerWay giving everyone a chance to see how it works.

We will stop at the Landaff Town Hall to enjoy our bag lunches and coffee will be provided by the Mount Hope Grange. After lunch, we will continue on to the Iris Farm in Sugar Hill.

Iris Farm, Sandra White, and Wendy and Ron Cole, 321 Route 117, Sugar Hill: Wendy Cole's grandparents began dairy farming at the Iris Farm in the 1920s. Wendy and Ron are new to farming, and began working with NRCS to develop a rotational grazing system for beef cows. With EQIP technical and financial assistance, field drainage was improved by re-constructing two waterways with cattle and equipment crossings, cattle watering pipeline with frost-free hydrants, and high-tensile perimeter fencing for grazing paddocks. A concrete heavy use area was constructed for cattle feeding during winter and wet months, and an access road and cattle trails were built to facilitate equipment and cattle movement near the barn area.

Letter to the Editor

To the Editor,

My wife and I have been visiting the NE this last week - the "Freedom Trail" in Boston, the auto road on Mount Washington, Vermont's covered bridges and looking forward to Middlebury, VT's TAM Trek 18 mile run Sunday. But, I have to tell you, one of the most memorable high-

lights of this trip will be having breakfast in Peg's Cafe in North Woodstock and reading the "Trendy Times", Sept. 6, Letters to the Editor. Life is good.

Dale

P.S. You bear your cross well.

Dale R. Evans, DVM
Bellingham, WA

Dr. Evans,

I'm not really sure how to answer this letter. But, obviously, I will give it a shot.

First, I'm glad you have enjoyed New England. Like any area in this great country, we have some great things to see and to do. All you have to do is look around a little. Some of the greatest places to visit can be in our own back yard.

In regards to your comment about our "Letters to the Editor", I can only reiterate that we do not take sides in any political debate. Well, that may not be exactly true. I will on occasion take the opposite side of a letter writer just to get a discussion moving ahead. But I have not, and will not, endorse any single candidate for any office. I strongly feel it is the duty of every citizen to make those choices on their own by reading or listening to those candidates and where they stand on the issues important to the individual voter. Then cast your ballot for the one that most closely mirrors your own views.

I should also mention that when growing up my elders always stressed that you should answer any letter sent to you. As Editor, and owner, of Trendy Times I feel it is my obligation to answer all such letters.

Again, thanks for the words, and let's hope you come back to visit again soon.

Gary Scruton, editor

Oxbow Football Under The Lights



Oxbow High School is excited to announce its first ever Friday night football game under the lights on Homecoming! Join in on the fun Friday, September 23rd at 7pm when Oxbow will face U-32 on the field.

TRENDY TIMES STAFF

SALESRICHARD M. RODERICK, COREY GOODWIN & GARY SCRUTON	CONTRIBUTING WRITERS ELINOR P. MAWSON,
DISTRIBUTION AGENTS. VAUGHAN SMITH, RICHARD RODERICK, JESSICA EMERSON, GARY SCRUTON	MARIANNE L. KELLY, MELANIE OSBORNE, ROBERT ROUDEBUSH, DAVID TURNER
TRENDY KITCHENRONDA MARSH	EDITOR / PUBLISHER.....GARY SCRUTON EDITOR'S ASSISTANTJANICE SCRUTON

Phone 603-747-2887 • Fax 603-747-2889
gary@trendytimes.com

171 Central St. • Woodsville, NH 03785
Tuesday – Friday 9:00 am - 5:00 pm

Trendy Times reserves the right to accept or reject publication of any letter to the editor or submission of any nature for any reason. *Of course you will need to be really out there for us to turn you down.* We also reserve the right to make slight changes to submissions for readability purposes.

Thank you for your understanding.



TRENDY TIMES

A FREE PUBLICATION

Hood's Plumbing and Heating Inc

Complete Plumbing & Heating Systems
Bathrooms & Water Conditioning

24-Hour Emergency Service For Our Customers

Free Estimates

CHRIS DELLINGER
NH #2712 • VT #PM3036
603-787-6600 • 603-787-6838 Fax
PO Box 368 • North Haverhill, NH

Give Us A Call!

PATTEN'S GAS

Water Heaters
Appliances
Generators
Heaters

603-787-2422
240 Brushwood Road
North Haverhill, NH 03774

Small-Town Southern Belles Share Shampoos and Gossip in Steel Magnolias at Jean's Playhouse

Steel Magnolias is a comedy-drama play about the bond among a group of Southern women in north-west Louisiana. Written by Robert Harling based on his experience with his sister's death, the play opened off-Broadway in 1987 before being adapted into the 1989 film with Sally Field, Dolly Parton, Shirley MacLaine and Julia Roberts. Steel Magnolias is "...suffused with humor and tinged with tragedy" (NY Post). This all-female classic show will be playing September 22nd through October 1st, Thursday, Friday and Saturday evenings at 7:30 p.m. with 2:00 matinee performances on Monday, September 26 and Wednesday, September 28. More information on this production can be found at www.jeansplayhouse.com.

Make an evening of supporting local arts on Saturday, September 24 and join us at 5:00 p.m. before that evening's performance of Steel Magnolias for a special Meet the Artist reception. Robert Gordon's exhibit "Painting the Landscape of New England" will be on display at Jean's Playhouse through December 2016. Robert Gordon paints the mountains and rivers of New Hampshire, the villages and farms of Vermont and the coastline and harbors of Maine and Massachusetts. His painting style is broad and free-flowing, with detail kept to a minimum. His chosen subjects range from the intimacy of gardens and still-life to the wild grandeur of landscape and seascape. Bob has won over forty awards and has exhibited in one-man and national group shows all over the country. Bob teaches both beginning and advanced students in his gallery on the Kancamagus Highway in Conway. Please join us at Jean's Playhouse on Saturday, September 24, from 5:00 to 7:00 PM to meet and talk with Bob about his art work.

Jean's Playhouse is proud to announce A White Mountains, NH Community Arts Event: SCROOGE! The Musical, this December 2016. A powerful story of redemption, Charles Dickens' A Christmas Carol has enchanted audiences the world over with its simple message of holiday joy. Ebenezer Scrooge, that most unrepentant and miserly of fellows, is made to see the light as he



The cast of Steel Magnolias in rehearsal. Steel Magnolias plays September 22-October 1, 2016 at Jean's Playhouse.

survives a merciless battery of revelations by the ghosts of his own life: Jacob Marley and the Spirits of Christmas Past, Present and Future. In SCROOGE! The Musical, the same cast of characters- Scrooge, Marley, the Cratchits, and more- will grace the stage, but now they will act, sing and dance their way into the hearts of the audience! By combining the core professional, community and youth theatre groups at the center of our mission, we anticipate that a company of professional, local and youth performers and designers will work side-by-side to produce this beloved tale with live musical accompaniment, lush costumes, cinematic projections, and theatrical lighting and effects over the first three weekends in December.

We invite you to join us for auditions on Sunday, September 25 or Monday, September 26 from 6-8 PM. Multiple roles are available for all ages and voice ranges. We ask that you please come prepared to do the following: read from the sides we will provide; sing 18-24 bars of a song (please bring

your sheet music); and be dressed for and prepared to learn/perform a short dance segment. If you have a resume and headshot, please bring them with you. If you attend the first evening of auditions there is no need to attend the second. Show dates and times are the following: December 2-4, 9-11, and 16-18, Fridays and Saturdays at 7:30 PM and Sunday matinees at 3:00 PM. For further information, please contact Sharon Paquette at spaquette@jeansplayhouse.com.

Jean's Playhouse operates the professional Papermill Theatre and IMPACT Children's Theatre Companies in the summer and fall and the community Playhouse Players and Jean's Teens theatre companies in the winter and spring. Jean's Playhouse also offers a limited year-round guest artist series of magicians, comedians and musicians. Jean's Playhouse is located at 34 Papermill Drive in Lincoln, adjacent to Riverwalk at Loon Mountain (newly opened!) off I-93 Exit 32. Visit JeansPlayhouse.com or call 603-745-2141 for more information.

Athena's Adult Home Novelties

Adult Novelties • Spa Parties
50 Shades of Gray Parties • Bachelorette Parties



APRIL DYKE
Adult Event Planner
603-991-6194

ATHENA'S
HOME NOVELTIES

**Estate Auctioneers
and Appraisers**

Specializing in
On-Site Auctions
and
Estate Appraisals
Antique to Modern

Steenburgh

779 Jeffers Hill Road • Pike, NH 03780 • 603-989-5361
josh@steenburgh.com • www.steenburgh.com

Katy and the Tires

by Eleanor Mawson

The annual cleaning of the town water tank took place early Monday morning. It is a necessary ritual, performed around the Fourth of July since the town's well was first drilled.

The cast and crew are much like other groups of volunteers; a reliable core that serves to anchor the rest of those who drag themselves up to the drive next to the cemetery, roll up their sleeves or their pant legs and spend an hour making sure the villagers have the same freezing cold, sweet water they've come to expect each time they turn on their taps.

The list of volunteers has always been in flux but lately the changing of the guard is more pronounced. Several have left the village and taken up permanent residency in the cemetery, presumably to oversee the efforts of those left behind. There have been strokes and surgeries, bad knees, weak hearts and missing lungs to shorten the list.

Somehow in spite of everything there are always just enough bodies to scoop sediment, set the traps in the front room, sweep and vac the walls, ceiling, and

crevices of lurking dust and spiders, turn the pump back on and pour the necessary amount of chlorine in before the chart is filled in, the lights turned off and the outer door is locked again.

This year we were lucky, two of the through hikers on the AT volunteered to help, they weren't planning to hit the trail until 9 or 10 anyway and they were told we would surely be finished before then so they jumped aboard. Interesting guys, their trail names traditionally chosen at the start of the long journey, were Sprout and Whiskers. These guys told us they were happy to help, glad of the chance to offer some payback for all the folks they'd met along the trail who were so generous and so helpful to them.

When the job was done and the pump was humming we wished them safe travels, offered hearty thanks for their efforts on our behalf then went back inside and added their names to the list of the important details of the day.

Now every time I turn on the tap and am rewarded with that icy sweet refreshment I'll picture Sprout and Whiskers high in the mountains headed for Maine.

Happy trails guys.

 **Second Chance
animal rescue**
"we care when there's no one there"

1517 Meadow Street
Littleton, NH 03561
603-259-3244
www.secondchancear.org

**CUSTOMIZED INSURANCE FOR
Contractors,
Artisans,
Tradespeople.**

We offer a custom package policy combining a broad range of property and liability protection for you and your business at an affordable premium.


**THE
CONCORD GROUP
INSURANCE COMPANIES**
www.concordgroupinsurance.com

CONTACT US FOR FULL DETAILS

SWENSON INSURANCE AGENCY
"SERVICE IS OUR BEST POLICY"



800-491-4765 802-222-4765
www.swensoninsurance.com

Herbs for Pain Relief

Pain is a mechanism our bodies use to draw attention to a problem that the autonomic system cannot handle by itself. Pain signals us to consciously address the underlying cause. Pain is almost completely individual. It can stem from large centers that control the main pain blocks of the body, and also from specific local areas that demand exact pinpointed action. Even mental trauma will eventually manifest itself as a physical pain. There are different kinds of pain – physical, emotional, chronic, local, sporadic, throbbing, dull, spasmodic, sharp, shooting, etc... Add to this the fact that every person feels and reacts differently to pain, and you have some idea of how difficult it is to make or find a universal analgesic or pain killer.

Pain can be your body's best friend. It alerts you when something is wrong and needs your attention. It identifies the location, severity, and type of problem, so that you can treat the right area. But pain can also be your body's worst enemy. Continuous, constant body trauma saps strength

and spirit, causes irrational acts and decisions, and alters personality. This is the reason pain killers are useful. They allow you to think clearly, work and live, while addressing the cause of the problem. Other than injury or degenerative disease, chronic pain is based in lifestyle habits. Poor nutrition (to most people's surprise), plays a big role in back and muscle pain. For instance, a lack of green vegetables and calcium-rich foods may be the underlying cause. A stressful lifestyle exhausts adrenal and pituitary glands resulting in physical pain. An over-acid diet can eat away protective mucous membranes and nerve sheathing, so improving body chemistry through a better diet and herbal supplements affords long term nerve and stress relief. Being seriously overweight puts strain and pain on body parts from feet to shoulders.

Chemical pain-killing drugs, while strong, afford relief by masking pain, or deadening certain body mechanisms so that they cannot function. Herbal pain relievers are more subtle and work at a deeper level,

to relax, soothe, ease and calm the distressed area. They allow you to use the pain for information about the state of your body, yet not be overwhelmed by the trauma to body and spirit that unrelieved pain can bring.

Herbal analgesic combinations are effective for each of the pain areas. For many people, natural therapies and herbs are superior to pharmaceutical drugs and their side effects. Herbs may be used topically or taken orally. They work by soothing membranes, relaxing muscles and spasms, calming the mind and providing oxygen or pain relief. All of them allow the body full function and communication while it is healing. Relaxation techniques like chiropractic adjustment, shiatsu massage, biofeedback, acupuncture, and massage therapy are excellent methods to use along with pain relieving herbs for the best results in controlling pain.

Frontal lobe head pain is one of the body's most insistent mechanisms for drawing attention to a health problem. Earaches, toothaches, face twinges, sinus pressure and over the eyes headaches all signal us to address the trouble right away. The frontal lobe pain center occurs roughly from the ear line forward, and includes all parts of the face and skull. This type up-front pain is usually caused by the pressure and swelling and inflammation, and is characterized by throbbing or sharp shooting twinges. Frontal lobe is frequent in children, who seemed to be more plagued than adults with toothaches, earaches and headaches caused by asthma or allergy attacks. Fortunately, most underlying causes for frontal lobe pain can be addressed easily and successfully with herbal an-

algescics, these are safe and gentle for children as well as effective for adults.

Vascular headaches like migraines and cluster headaches appear to be disorders of the brain, indicating vascular instability, cranial artery constriction and inadequate brain blood supply. There is neurological inflammation and a drop in estrogen levels. Migraines affect 15% of American men and 30% of American women. Chronic stress is a leading cause of migraines. Cluster headaches, characterized by two or more sudden, extremely painful headaches in a day, come in cycles for several days, and recur every few months. Both of these specific headaches respond to herbal pain relievers. Herbs act as relaxants for neutral pain in the neck, face and base of the brain. They encourage body chemistry balance by providing brain and nutrient support.

Neuritis (peripheral neuropathy) is an inflammation of a nerve or nerves characterized by a burning or tingling sensation in the muscles or nerve area, resulting in numbness of the nerve area. It is usually a degenerative process, and often part of a degenerative disease, such as diabetes or leukemia. Trigeminal neuralgia is sudden, sharp, severe pains shooting along the course of a nerve – often because of pressure on the nerve trunks, or poor nerve nutrition and an over-acid condition. Herbal healing compounds are a good choice because they act as tonics and sedatives, boosting circulation while calming and soothing, relieving pain while helping to rebuild and muscle strength with mineral-rich nutrients. Herbs should be combined with stress management techniques, such as Reiki or massage therapy

for best results.

The spine is a major seat of human nerve structure, and as such manifests many of the body's emotional, psychological and physical stresses, eighty percent of Americans suffer from back pain at some time in their lives and almost 40% wind up with crippling back pain. Causes for back pain can be as far apart as a slipped disc and family financial problems, in fact, lower back pain is a far more complex problem, than once thought. High stress lifestyles and poor dietary habits inhibit mineral absorption needed for strong back muscle structure. Organically grown foods, sea plants, herbs and outdoor exercise for vitamin D are good habits to consider for healing. Major back surgery, like removing discs may do more harm than good. Diet improvement, supplementation and other healing modalities that treat more than just the physical pain, is often the best answer.

Analgesic herbs include: White Willow Bark, St. John's Wort, Kava Kava, Valerian Root, Wild Lettuce, Wood Betony, Scullcap, Cramp Bark, Black Haw Bark.

Alkalinizing herbs include: Kelp/Sea Vegetables, Garlic, Tumeric, Dandelion Root, Yellow Dock Root, Black Cohosh Root, Spirulina, Nettles, Marshmallow Root, Alfalfa.

Body chemistry balancers include: Devil's Claw Root, Pau D'Arco Bark, Lemon Balm, Dandelion Root, Ashwaganda, Chamomile, Ginger Root, Parsley Leaf & Root, Chlorella, Barley Grass, Slippery Elm Bark, Licorice Root.

Melanie Osborne is the owner of Thyme to Heal Herbs and practices on Route 302 in Lisbon, NH. She has been in practice since 1991.

Fine Gourmet Items
Pure Maple Products • Specialty Cheddars

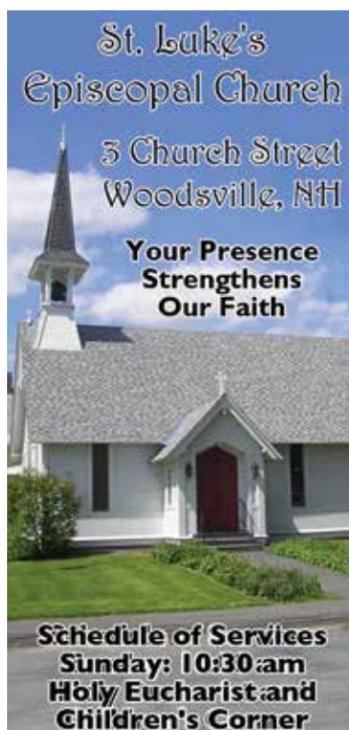


Really-Aged Cheddar - Aged 2 Full Years
FREE Tasting Samples!

Harman's Cheese & Country Store
1400 Route 117 • Sugar Hill, NH 03586
603-823-8000 • www.HarmansCheese.com
Open 7 Days A Week 9:30 am - 5:00 pm

St. Luke's
Episcopal Church
3 Church Street
Woodsville, NH

Your Presence
Strengthens
Our Faith



Schedule of Services
Sunday: 10:30 am
Holy Eucharist and
Children's Corner

A Local Agent For A Local Company

We offer Vermont Mutual:
Home • Auto • Business
Good Claim Service
Competitive Rates



The
Taylor-Palmer
Agency

"Insurance Service Since 1860"



Bradford, VT 05033
802-222-5222 • 802-222-2903
www.taylor-palmeragency.com

Serving the area for over 100 years!
Auto • Home • Farm • Business • Life • Health



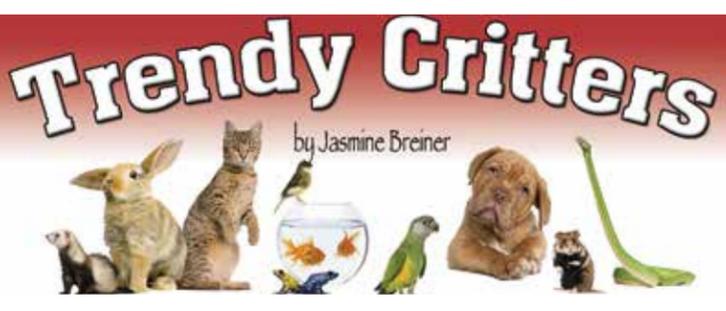
myFarmersMarket
Healthy Food, Sustainable Farms, Vibrant Communities

"The finest in local products"

OPEN:
Tuesday thru Saturday 9 to 6
Sunday 11 to 2



Just off Rt. 302 on Creamery Road in South Ryegate.
"Just look for the yellow flags"



Blue-Green Algae Cautions

Blue-green algae, or cyanobacteria, are an ancient group of algae. Although they are most closely related to other bacteria, they can photosynthesize like green plants. Blue-green algae reproduce rapidly in lakes and ponds with adequate amounts of "sunlight", "air/water temperature" and "nutrients" like phosphorus and nitrogen.

Within a few days a clear lake or pond can become cloudy with algae growth. This is called a bloom. Although blue-green algae blooms can create nuisance conditions and undesirable water quality, most blooms are not toxic.

Some kinds of blue-green algae produce natural "toxins" or "poisons". When these algae die and break down, toxins can be released into the water. Avoid contact with blooms and dense accumulations of these algae.

Children are at higher risk of exposure to blue-green algae because they are more likely to drink the water.

Cyanobacterial toxins may cause illness and be a danger to pets.

Do not allow pets in algae-contaminated water because they will also drink the water and consume algae on their fur.

If animals ingest the toxin, they can be quickly paralyzed and die. Signs of poi-

soning include weakness, staggering, difficulty breathing, convulsions and death. During the summer of 1999, the death of two dogs was attributed to blue-green algae poisoning after drinking large amounts of contaminated water directly from Lake Champlain.

Conditions as of September 9, 2106 in inland lakes:

- Carmi - Good conditions. No reports of blooms. This area is considered generally safe.
- Iroquois - Good conditions. No reports of blooms. This area is considered generally safe.
- Memphremagog - Good conditions. No reports of blooms. This area is considered generally safe.
- Morey - Mixed conditions. Watch for changing conditions and avoid blooms.
- Chittenden Reservoir - Good conditions. No reports of blooms. This area is considered generally safe.
- Stoughton Pond/North Springfield Reservoir - The US Army Corp of Engineers has closed the reservoir due to an on-going cyanobacteria bloom.
- North Hartland Lake - The US Army Corp of Engineers has closed the reservoir to recreation due to a bloom.

Changing Society's Perspective

Editor's Note: This is the next submission in a series of articles written by local people who some would call disabled. But they would like to change that title and change that perspective.

We encourage anyone with comments, or perhaps a story of your own, to send us a note. Or simply send a question that you would like answered and we will do our best. After all, that's all that any of us can do.

I don't have to worry whether she will be able to get into a building or not. There always seems to be someone ready to grab a door, or offer some small assistance.

Yes, there are those that will go out of their way to avoid the whole thing.

Shame on you if you have ever done that.

That simple act of kindness can make another person's whole day.

To those of you that have done so, you are AWE-SOME! We Thank you!

Chivalry is NOT DEAD!

by Bret A.

It is simply compassion for one's fellow human being.

I see this when someone young or old, man or woman, stops to hold a door for my spouse.

You see she uses a walker to help maintain her independence. She is fiercely independent. She won't ask you to do it, or even expect it from you, but she does appreciate it. For that matter so do I.

ONGOING PERSONALIZED HERBAL CLASS

BOOK YOUR MORNING!

9:00 AM to Noon **Only \$49**

- Teas, Tinctures, Wild-Crafting & Edibles, Bath & Body Products
- Optional Kayak/Snowshoe Trips



376 Coppermine Rd., Monroe, NH 03771
Call (603) 638-3017

www.stillwatersrundeepkayaking.com
www.stillwatersherbalgiftshop.com

COUNTRY 101.3

W Y K R • F M



Sunday, Sept. 25th., 2016

NASCAR® racing is on "Your Country", WYKR-101.3FM !!!

Puffer Broadcasting, Inc.

WTWN AM 1100
"The River of Life"

WYKR 101.3 FM / WTWN AM 1100
P. O. Box 675 / 1047 US Route 302
Wells River, VT. 05081-0675
(802) 757-2773 / (603) 747-2770 / Fax: (802) 757-2774
www.wykr.com

MOODYRADIO
Where you turn. For life.



THE FARMER'S DAUGHTER
Gift Barn & Ice Cream Parlor

- **Homemade Fudge \$12.99 lb**
Buy One lb. Get 1/2 lb. FREE
Many flavors, and for the Fall -
Apple Pie and Pumpkin
- **Flowering Hanging Baskets \$25 each or 2/\$45**
- **Maple Soft Serve Creemees**
Made right here in the NEK
- **Sundaes • Barnyard Twisters**
- **Vermont Made Products & Pottery**
- **Vermont Maple Syrup**

Route 2 • St. Johnsbury, VT • 802-748-3994
Monday-Saturday 9-Close • Sunday 10-Close

Not all Times are Trendy, but there will always be Trendy Times
September 20, 2016
Volume 7 Number 25



by Ronda Marsh

If you would like to reach Ronda, you can email her at trendychefronda@gmail.com

Pumpkin Angel Food Cake with Cinnamon Cream Cheese Frosting

I am really excited to share this recipe with you; it's probably one of my favorite finds this year, gleaned from the postings on good 'ole Facebook. I was in a fever to give it a try, because it seemed a bit too simple to be as good as it looked in the pictures, but lo and behold if it wasn't even better!

I enlisted the services of sous chef Halee by promising to send her home with some of the finished product, and in no time at all we had a dessert fine enough to have come from a fancy bakery. Of course, we had to immediately sample the results (quality control is my top priority, you know!) before

we declared this cake to be an undeniable success. The original recipe had one teaspoon of pumpkin pie spice in it, but I doubled it and I'm glad I did. I wanted the flavor of the spices to be discernible when combined with the cool creaminess of the frosting, which, by the way, is another wonderful invention all of itself. The addition of the cinnamon takes it to another level, and I anticipate I'll be using that stuff to frost an apple cake in the not-too-distant future!

Only one word of caution here: because the pumpkin is so moist and dense, be sure to completely cool this cake on a rack, and af-

ter frosting, store it in the fridge. Someone I know told me that they left their cake on the shelf overnight, and it started to mold...not a happy ending for any cake!

So celebrate the onset of cooler weather and the anticipation of our beautiful New England autumn with this delightful, easy confection. You're gonna love it!

- Cake:**
- 1 box angel food cake mix
 - 12 teaspoons pumpkin pie spice
 - 11 (15 oz. can) pumpkin puree
- Frosting:**
- 18 Tablespoons butter, room temperature
 - 16 oz. block cream cheese, room temperature
 - 11 teaspoon vanilla
 - 11 teaspoon cinnamon
 - 1 Dash of salt
 - 1 2-1/2 cups powdered sugar

Preheat oven to 350°F. In a large bowl, whisk together the cake mix and pumpkin

pie spice. Add the pumpkin puree and stir well to combine. Pour mixture into a well-greased 9"x11" pan and bake for 25 to 30 minutes, until the top springs back when touched lightly. Place pan on rack and cool completely before frosting. To make frosting, place butter and cream cheese in bowl

of mixer and beat until fluffy. Add the vanilla, cinnamon, salt, and powdered sugar. Continue beating until light and fluffy. Frost cake as desired or cut cooled cake into squares and pipe frosting on top individual servings. Refrigerate any leftovers for up to 3 days (but I bet there won't be any!)

"The Generator Guy"

Whatever the hour, you'll have power.™

**802-GENERATOR
(802-436-3728)**

SALES • SERVICE • INSTALLATIONS

Rte. 10; Orford, NH (603) 353-9901

Mums, Asters, Kale, Ornamental Grasses and Bulbs (Garlic & Spring-Flowering)

SALE 25-30% Off

perennials, trees, shrubs and evergreens

Mon.-Fri. 8:00 - 5:00; Sat. 8:00 - 5:00; Sun. 10:00 - 2:00

PRESENTS

"37 Postcards"

Directed by Gloria Heidenreich

Fridays and Saturdays 7:30pm
Sundays at 4pm

Admission \$12, Seniors \$10, Children \$6

NOTE: A few scenes are "PG-13"

RESERVATIONS 802-222-3322
www.oldchurchtheater.org
137 N Main St, Bradford, VT

"37 Post cards"

By Michael McKeever

sometimes...
you just
gotta laugh!

Sept 16-17-18 & 23-24-25



Nightingale PAWN SHOP

PAYING CASH FOR GOLD, SILVER AND GUNS

Including Broken Jewelry & Coins

OPEN
Monday thru Saturday 10 AM - 5 PM
21 Bishop Cutoff, Lisbon, NH 03585
Corner Rt. 302 & Lyman Road
603-838-2444

Paddle The Border

Sunday, October 2, 2016

From Newbury Boat Launch (Beside the Haverhill/Newbury Bridge)
To Bugbee Landing (Next to Bradford Golf Course)

FREE Shuttle Service (for persons and personal equipment only) from Bradford to Newbury available from 10:00 - 11:00 AM.

Volunteers will be at the boat launch to help unload and protect boats before launching.

All Events Are Weather Permitting

Suggested Launch Time 10:30 - 11:30 AM (Approx. Paddle Time 3.5 Hours)
BBQ Lunch provided by Rotary with music by Strawberry Farm Band

All participants MUST abide by safe boating rules and regulations

EVENT SPONSORED and SUPPORTED BY: Haverhill Recreation Commission • Newbury Conservation Commission • Woodsville/Wells River Rotary Club • Cohase Chamber of Commerce • Butler's Bus Service • Bradford Conservation Commission • Upper Valley Land Trust • Upper Valley Trails Alliance

Paddle The Border - Spring is scheduled for Sunday, May 21, 2017

For Further Information Contact **Mike Thomas (802) 757-3960**
or email mikethom1@charter.net
www.cohase.org • www.newburyconservation.org