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NEXT ISSUE: FRIDAY, DECEMBER 23

DEADLINE: WEDNESDAY, DECEMBER 21

PLEASE NOTE SPECIAL DATES

TRENDY



TIMES

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DECEMBER 13, 2016 VOLUME 8 NUMBER 5

Ray Burton "Open Laboratory" Dedicated at PSU

PLYMOUTH, NH (November 28, 2016) – Plymouth State University (PSU) today dedicated its new 'Open Laboratory' in memory of Mr. Raymond S. (Ray) Burton, Plymouth State alumnus and long-serving member of the New Hampshire Executive Council. Located in Lamson Learning Commons, the Open Laboratory offers students, faculty, community and business partners a technologically advanced space to collaborate, learn and succeed, and is an important milestone in the university's transformation to an integrated clusters learning model.

"Integrated clusters allow us to provide the type of education, beginning at the freshman level, that integrates the learning process in such a way as to create opportunities to interact with our communities," said Donald L. Birx, president, Plymouth State University. "Using

open laboratories, we can work across disciplines and with community members to solve problems and challenges that give students insights into how education is relevant to the needs of the world and their role in innovation, entrepreneurship, discovery and exploration. Raymond Burton provided real-world experiences to dozens of interns, and it is fitting for our new Open Laboratory to bear his name," Birx added.

Speaking at today's dedication, Governor Maggie Hassan commented on Ray Burton's service to New Hampshire and the appropriateness of naming the new space in his memory.

"Ray Burton was one of the most dedicated and caring public servants that the State of New Hampshire has ever known, whose unwavering commitment to service made our democracy and our state stronger," Hassan said. "The new Open Lab-

oratory is a fitting tribute to Ray that will encourage collaboration, improve the learning environment for students and faculty alike and prepare students for future success – helping to strengthen our state and ensure that Ray's legacy endures."

The Raymond S. Burton '62 Open Laboratory was made possible through a generous gift of \$250,000 from Burton's lifelong friends, Mr. Duane Baxter and Mrs. Reta Presby of Littleton, NH. Baxter is chairman of the Raymond S. Burton Legacy Fund.

"Raymond Burton was a truly selfless public servant who believed in the power and value of practical experience – and he loved Plymouth State," Baxter said. "We know Raymond would have enthusiastically supported the university's visionary new approach, and this open laboratory is essentially a manifestation of his internship program, where students



can roll up their sleeves and work alongside faculty and community partners to tackle real-world challenges. He would have loved it!"

New, Strategic Approach

In June 2016, Plymouth State University announced that it would transform its academic structure university-wide to an integrated cluster structure, beginning with the incoming class in September 2017. The model is based on an integrated liberal arts education that gives students the opportu-

nity to think critically and link across multiple disciplines. It will be organized into seven (7) interdisciplinary academic clusters, and feature open laboratories to support collaborative projects with community and industry partners that will provide students with integrated learning, research and service opportunities.

The Raymond S. Burton '62 Open Laboratory, located in the north corner of Lamson Learning Commons, features movable furniture to allow flexibility for large and small group configurations; dry erase and smart boards; and state-of-the art audio, video and acoustic technology.

For more information about the Raymond S. Burton '62 Open Laboratory, and about Plymouth State University's integrated cluster education model, please visit www.plymouth.edu.

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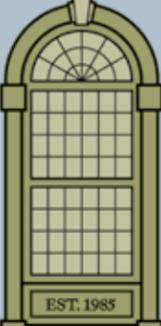
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TRENDY Dining Guide

Little Grille - Woodsville

by Gary Scruton

The Little Grille - Woodsville

Every privately owned eatery has it's own personality. Perhaps it is the layout of the dining area. Perhaps it is something on the menu that's unique. Maybe it's the wait staff. Or it could be just that something extra that you just can't put your finger on.

The Little Grill in Woodsville is actually one of two year round (plus one summer only) eateries that are owned by Scott and Carmella Rutherford. But they are no where near being cookie cutters of each other. The

Woodsville location was, at one time, a Subway sandwich shop. That means that the seating at this eatery is not expansive, but comfortable and with enough flexibility to match most any group that walks in. The night we were there a group of four women and two small children were seated in two adjoining booths and it worked out just fine for them.

As is true at most eateries our waiter started us off by asking for a drink order. I asked him about what was currently on tap. On this particular evening they were out of their self labeled beer, but he gave me a list of what was

available. Part of that commentary included the fact that one particular seasonal brew was not recommended. Yes. He said that those who had tried it, did not like it, and he recommended that I not order it. I took him up on his suggestion and went with a tried and true Long Trail. Janice ordered her regular diet soda. Here that happened to be Pepsi, served in a tall glass with ice. At the same time as he took our drink orders he offered, and we accepted, a basket of toasted corn chips and some salsa. The salsa was zesty. It had a good

after taste that let you know that it was there. (Not really recommended for those who do not like spiciness).

When it came to the main meal we went different directions. I went with a surf and turf selection that offered an 8 oz. steak and either shrimp or scallops. One of the other unique things at the Little Grille is that they offer rice and beans as one of the sides with an entree. They also offer french fries, mashed potato, or for a dollar more, sweet potato fries or onion rings.

I stayed with one of my favorites, mashed potatoes.

Janice, meanwhile, went with one of her favorites, fish and chips, also known as haddock and french fries. With her meal she ordered an extra side salad which was served, as requested, ahead of the meal. This salad came on a full sized plate and contained plenty of good stuff and was larger

than Janice had anticipated.

Both meals were served at the same time and our waiter checked back with us a couple of times to make sure we were happy with everything.

My steak was thick and tasty. The scallops were also quite tasty and cooked just the way I like them. The potatoes were also just the way I like them. When I finished my meal, there was no room for dessert.

Janice's fish and chips also met all of her expectations. The fish was moist, tender and flaky with a nice crunchy coating on them. The Little Grilles french fries are a treat by themselves, very crispy on the outside and soft and full of flavor on the inside. Again, a delicious filling meal with no room for dessert for Janice either, although the selections were tempting.

The total for the meal was just over \$46 before tip.

Volume 8 Number 5

December 13, 2016

Not all Times are Trendy, but there will always be Trendy Times



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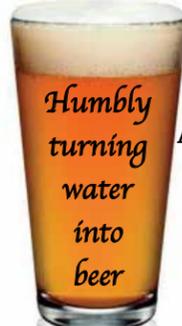
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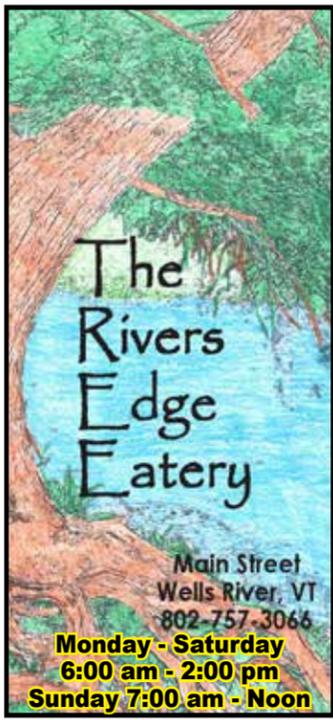
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Railroad Partners with Local Businesses to Collect Food & Funds for Food Pantry

4th Annual Ride the Rails Against Hunger event takes place at the Hobo Railroad December 17 & 18, 2016

LINCOLN, NH – The Hobo Railroad announced today that their 4th annual “Ride the Rails Against Hunger” event is scheduled for Saturday and Sunday, December 17 & 18, 2016. The purpose of this event is to generate awareness of, and support for, the Lincoln-Woodstock Food Pantry, which is based at the Lincoln-Woodstock Community Center located on Pollard Road in Lincoln, NH.

Depending solely upon donations from area residents and local businesses, the Lincoln-Woodstock Food Pantry currently assists an average of 30 families per week without any product or monetary assistance from the State of New Hampshire, Grafton County or the New Hampshire Food Bank program.

“We’re looking forward to making a difference once again this holiday season by collecting as many non-perishable food items and monetary donations as we can over the 2-day period to assist the Lincoln-Woodstock Food Pantry in meeting their objectives and replenishing their shelves”, stated Benjamin Clark from the Hobo Railroad.”

Those traveling to the Lincoln-Woodstock area during the weekend of December 17 & 18, 2016 are encouraged to stop by the Hobo Railroad to help the cause.

Non-perishable food items and monetary donations of any size are welcomed. Items can be dropped off at the Hobo Railroad in Lincoln, NH any time between Noon and 5:00pm on Saturday or Sunday, December 17 & 18, 2016.

As a way to thank those who contribute to the Lincoln-Woodstock Food Pantry through this program, anyone dropping off at least \$5.00 worth on non-perishable items or monetary donations will receive three (3) raffle tickets towards a post-event raffle. Additional raffle tickets will be available for purchase at the event. The prize drawing will take place on Monday, December 19, 2016, following the event for a variety of prizes donated by local merchants and participants don't need to be present to win.

Raffle prizes include a Country Gift Basket provided by Fadden's General Store & Maple Sugar House in North Woodstock, NH; a pair of mid-week, non-holiday lift tickets to Loon Mountain Resort for use during the 2016/2017 winter season; a mid-week overnight stay for

two at the new RiverWalk Resort at Loon Mountain which comes with a \$75 gift card to LaVista Italian Cuisine in Lincoln, NH and the grand prize, a 2017 Process 59 Flying-V Burton Snowboard donated by Varsity Beverage and Pepsi Bottlers of Conway, NH.

“We were thrilled when we heard Ride the Rails Against Hunger event would be returning this year”, stated Dan Lamoureux, Program Coordinator at the Lincoln-Woodstock Recreation Program and the Food Pantry. “We function entirely off the generosity of our community, events like this are a huge help to providing for the area families in need. Thank you all for your selfless generosity this holiday season!”

For more information regarding the 4th annual Ride the Rails Against Hunger event in support of the Lincoln-Woodstock Food Pantry or how you can help, please call the Hobo Railroad at (603) 745-2135. The Hobo Railroad is located in Lincoln, NH, just off Exit 32 on I-93, directly across from McDonalds.

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The New Hampshire General Court

In accordance with the New Hampshire Constitution, all newly elected representatives were summoned by the Secretary of State to attend the opening session of General Court (NH House of Representatives) on December 7, 2016. The New Hampshire House comprises 400 elected representatives and the New Hampshire Senate has 24 elected senators. The New Hampshire House is the third largest democratically elected legislature in the world, behind the British Parliament and the U.S. House of Representatives.

The first day of the session is known as "Organizational Day." Representatives

take the oath to support and adhere to both the NH and US Constitutions. Beyond this basic 'organizational' procedure, much more takes place. The House elected Representative Shawn Jasper from Hudson, NH, to be Speaker of the House. Once elected, the Speaker has the responsibility to manage the House in such a manner that all representatives, regardless of party affiliation, are treated fairly and with respect. Speaker Jasper offered a conciliatory opening speech to all asking that representatives work together in a spirit of cooperation while recognizing that in doing so, disagreements will occur, but remembering that every

elected official is in Concord not to define their own work agenda, but to serve New Hampshire voters. "We will do great things in the next two years, and we will do them together." It should be noted that during the course of a biennium (two year legislative session), the House deals with approximately 1,800 bills, of which 1/3 may become law. Of the 600 that may move forward for signature into law by the Governor, 70 – 80 percent will receive bipartisan support.

In addition to newly elected representative being sworn into office and electing a Speaker, the House adopted a resolution defining the rules that will govern legislative procedure for the biennium. Lastly, the House took action to elect the following positions: Paul Smith, House Clerk; Walter P. Sword, Sergeant-at-Arms; William M. Gardner, NH Secretary of State; and Bill Dwyer, NH State Treasurer.

I am very proud to represent the citizens of Haverhill and feel very privileged to be a part of our democratic process. Our state capitol building has undergone a \$1 million refurbishing over the past two years. Rotten wood timbers have been replaced and a new layer of gold leaf has been placed on the capitol dome. Stuart J. Park built the state capitol building in 1816-19. It is constructed of New Hampshire granite quarried in Concord. The original part was occupied June 2, 1819 and is the Nation's oldest State Capitol in which a legislature meets in its original chambers.

I look forward to hearing from you throughout the upcoming biennium.
Respectfully,
Rep Rick Ladd
Chairman, House Education

Littleton Food Co-op Partners with Trees for Troops to Raise Funds for Christmas Trees for Military Families

LITTLETON, N.H.-The Littleton Food Co-op is pleased to announce they will be partnering with Trees for Troops in December to help raise funds to provide Christmas Trees to military families this holiday season.

Trees for Troops, a program of the Christmas SPIRIT Foundation, provides free, farm-grown Christmas Trees to United States armed forces members in all branches of the military and their families, through donations, sponsorships, grants and the work of many volunteers. Since 2005, more than 157,000 free, farm-grown Christmas Trees have been provided to troops and military families in the United States and overseas through Trees for Troops.

Three local New Hampshire farms have supported the program for the past ten years. They are Mountain Star Farms of Swiftwater, Finnegan's Fine Firs and The Rocks Estate of Bethlehem. The Rocks Estate acts as the collection point for the trees from New Hampshire and Vermont.

"We think supporting Trees for Troops is a great way to make the holidays a little easier for military families," said Co-op General Manager Ed King. "We are thankful for the support our customers give to the Partner of the Month program especially during the holiday months."

As the Littleton Food Co-op's Partner of the Month, Trees for Troops will receive donations made by community members at the check-outs and \$1 from every pizza purchased during Pizza for Partners Friday nights through December.

Member-owned Littleton Food Co-op serves the community by providing high quality food, offered at a fair price, with outstanding service. Everyone is welcome to shop and anyone is welcome to join. Located at the intersection of Cottage Street and Route 302 (exit 41 off I-93), the Littleton Food Co-op is open daily, 8 a.m.-8 p.m. For more information or to become a member, please visit www.littletoncoop.com, call 603-444-2800 or just stop by!

Burton Welcome Center Plaque and Portrait To Be Unveiled

The public is invited to attend the unveiling of a plaque and portrait to commemorate the naming of the

Exit 44 Welcome Center in Littleton after the late Raymond S. Burton. State and local dignitaries will speak at the ceremony. The event will take place on December 15th at 10am.

A bronze plaque and portrait painted by Bath resident Craig Pursley will be placed at the entrance to the building.

Burton, of Bath, was known as the Dean of the New Hampshire Executive Council. He served 34 years on the Council- the longest in New Hampshire history.

A tireless advocate of tourism, in the North Country, Ray Burton was instrumental in the building of the Welcome Center, which greets travelers at the gateway to the White Mountains. This year has seen over 100,000 visitors stop in and learn more about the region.

Earlier in the year Governor Hassan signed a bill naming the Welcome Center after Burton.

From The Desk Of (former) NH State Senator



Dear Constituents,

On December 6th at midnight, my term as your state senator ended. As I look back over the six years that I have served, I can say with the greatest sincerity, that it was truly an honor to represent the people of District 2.

My number one priority has always been constituent service, learning from my dear friend and mentor, Ray Burton. I believe helping others navigate state government is one of the most important roles of a citizen legislator. Along the way I have made so many friends—from Monroe to Hill and everywhere in between.

I have been impressed by my local leaders, who work hard to serve the people—whether on a planning board or a Selectboard. Through the years, they have also been mentors to me.

As I look back over the years, never did I imagine that I would spend six years fighting to protect private property rights. That experience taught me that a just cause can bring together and hold together people of all political persuasions.

Never did I imagine that I would meet so many kind and generous people willing to be engaged in the political process. And those same folks supported me in every campaign—from my first run for a state senate seat to my run for governor. To all of you I say “thank you!”

There was much I accomplished, and I do believe I’ve held to a basic belief, “leave it better than you found it.” In my first term, we eliminated the \$800 million deficit left

Working to create a more business-friendly state by eliminating the Start Up tax; quadrupling the small business capital expense deduction to \$100,000; updating state laws to conform with the IRS code, cutting down on the time it takes to file returns and updating tax laws to make it easier for businesses to file.

Tackling the heroin epidemic head on by including more funding for drug prevention and treatment; establishing a new position at the Department of Justice to prosecute high level drug crimes; updating ruling-making for opioid prescriptions; updating insurance requirements for those being treated for addiction; and updating the health education curriculum to include age

by the previous legislature. We built three state budgets, helping deliver responsible spending based on realistic revenues. Finally, we rebuilt the rainy day fund to an historic high.

Highlights in my last term of office include:

Improving the business environment through continued modernization of the state’s banking, credit union and trust laws and updating the state’s LLC statutes.

appropriate drug and alcohol education for children.

On a local level, we established the Drinking Water and Ground Water Trust Fund to take money received by the state from damages or settlements from MBTE lawsuits and using those funds to remediate or run waterlines to those impacted by contamination; we also provided additional grants to towns promised funds from the clean water and waste water revolving fund.

We also passed important legislation relative to health care, transportation, and education.

In this last session I sponsored legislation that included:

Authorizing energy infrastructure development and

designating energy infrastructure corridors. This legislation has been a long time coming and a lot of good bi-partisan work was done to accomplish this.

Giving authority to federal border patrol agents to make arrests in Coos county. This legislation was brought forward to address the shortage of law enforcement in the northern part of the state.

Establishing a state grant program to assist state and local law enforcement agencies in addressing the opioid crisis.

Implementing a system of care for children’s behavioral health.

Thank you all for the opportunity to serve.
Jeanie Forrester

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MERRY CHRISTMAS!

Children living in Lisbon, Lyman and Landaff are invited to call Santa at the North Pole at 838-5043 starting Monday, Dec 12th through Thursday, Dec 15th from 6:00 pm to 8:00 pm.

If you have been good this year, I will come visit you at home on Christmas Eve and bring a stocking and some special treats!

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Christmas Day Buffet

All You Can Eat **\$9.59** Adults
Children Under 10 **\$7.59**

Buffet items:
Scrambled Eggs,
Eggs Benedict Casserole
Seasoned Home Fries
Sausage Gravy
Homemade French Toast
Pancakes
with Blueberry Filling
Corned Beef Hash
Bacon, Ham & Sausage Links
Homemade Toast
Fruit & Pastry Bar
Plus More.

Roast Pork Loin with Apple Chutney
Stuffing, Potato, Vegetable & Homemade Roll.
Choice of Pie, Pudding or Ice Cream
\$14.99

2886 Rte. 302 & I-91 Wells River, Vermont

Calendar of Events

A Full Page of Events from Local Non-Profits, Schools and Towns. *Presented FREE by Trendy Times.*

**MONDAY, DECEMBER 12 -
THURSDAY, DECEMBER 15**
NORTH POLE CALLS TO SANTA
Lisbon, Lyman & Landaff Children
See Ad on Page 5

WEDNESDAY, DECEMBER 14
MONTHLY MEETING -
ROSS-WOOD POST #20 AMERICAN LEGION
6:00 PM
American Legion Home, Woodsville

THURSDAY, DECEMBER 15
BURTON PLAQUE & PORTRAIT UNVEILING
10:00 AM
Exit 44 Welcome Center, Littleton
See Article on Page 4

COMMUNITY POT LUCK SUPPER
CHRISTMAS CAROL SING AND DECORATING
5:00 PM
Bath Congregational Church

FRIDAY, DECEMBER 16
CHRISTMAS VILLAGE DISPLAY
3:00 - 7:00 PM - Free Admission
Warren Town Hall

FRIDAY NIGHT EATS
5:00 - 7:00 PM Pizza \$5.00
American Legion Auxiliary, Lincoln

MEMORY TREE LIGHTING & POT LUCK
6:00 PM - \$3.00 per Bulb
American Legion Home, Woodsville
See Ad on Page 13

SATURDAY, DECEMBER 17
BENEFIT TEXAS HOLD "EM POKER
1:00 PM Cash Game 6:00 PM Tournament
Dancers' Corner, 93 Pine St., White River Jct.

CHRISTMAS VILLAGE DISPLAY
4:00 - 7:00 PM - Free Admission
Warren Town Hall

CHRISTMAS PARTY & YANKEE SWAP
5:00 Hors D'Oeuvres 6:00 PM Dinner
American Legion Home, Woodsville
See Ad on Page 13

SUNDAY, DECEMBER 18
ACOUSTIC MUSIC JAM
12:00 Noon - 4:00 PM
Clifford Memorial Building, Woodsville

CHRISTMAS VILLAGE DISPLAY
2:00 - 6:00 PM - Memory Bulbs @ 6:00 PM
Warren Town Hall

DROP-IN GINGERBREAD HOUSE DECORATING
6:00 PM - Free & Open To All Ages
Groton Free Public Library

SD IRELAND HOLIDAY CEMENT MIXER
6:00 PM
Groton Free Public Library

MONDAY, DECEMBER 19
CHRISTMAS VILLAGE DISPLAY
4:00 - 7:00 PM - Free Admission
Warren Town Hall

WEDNESDAY, DECEMBER 21
BLUE CHRISTMAS SERVICE
7:00 PM
Haverhill Congregational Church
See Article on Page 7

SATURDAY, DECEMBER 24
CANDLELIGHT SERVICE
7:00 PM
Haverhill Congregational Church

CHRISTMAS EVE SERVICE
7:00 PM
Bath Congregational Church

CHRISTMAS EVE SERVICE
7:00 PM
North Danville Baptist Church

SUNDAY, DECEMBER 25
CHRISTMAS SERVICE
10:30 AM
Haverhill Congregational Church

MONDAY, DECEMBER 26
HAVERHILL SELECT BOARD MEETING
6:00 PM
Morrill Municipal Building, North Haverhill

WEDNESDAY, JANUARY 4
WOODSVILE AREA FOURTH OF JULY COM-
MITTEE MONTHLY MEETING
7:00 PM
Woodsville Emergency Services Building

FRIDAY, JANUARY 6
FRIDAY NIGHT EATS
5:00 - 7:00 PM Pasta Bake \$5.00
American Legion Auxiliary, Lincoln

THURSDAY, JANUARY 12
COMMUNITY MEAL
5:00 - 6:30 PM by Donation
St. Luke's Parish Hall, Central St., Woodsville

FRIDAY, JANUARY 13
AMERICAN LEGION RIDERS MONTHLY
MEETING
6:00 PM
American Legion Home, Woodsville

2nd Thursday thru April
Community Meal by Donation
5:00 - 6:30 PM
St. Luke's Parish Hall, Central St., Woodsville

SATURDAY, JANUARY 14
CHICKEN POT PIE SUPPER
5:00 - 7:00 PM - \$10
American Legion Unit #83, Lincoln

FRIDAY, JANUARY 20
FRIDAY NIGHT EATS
5:00 - 7:00 PM Baked Beans & Ham \$5.00
American Legion Auxiliary, Lincoln

Ongoing Weekly Events

MONDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Darling Inn, Lyndonville
ADULT STRENGTH TRAINING
1:00 - 2:00 PM - North Congregational
Church, St. Johnsbury
9 AM - 10 AM
Municipal Offices, Lyndonville
10:30 AM - 11:30 AM
Municipal Offices, Lyndonville
BINGO - 6:00 PM
Orange East Senior Center, Bradford
TOPS (TAKE OFF POUNDS SENSIBLY)
6:00 PM - Peacham School

MONDAYS/WEDNESDAYS

RSVP BONE BUILDERS
10:30 AM - 11:30 AM
Linwood Senior Center, Lincoln

MONDAYS/THURSDAYS

ADULT INTERVAL AEROBICS CLASS - 6:30
Woodsville Elementary School
GOLDEN BALL TAI CHI
8:30 - 9:15 AM - St. Johnsbury House

TUESDAYS

BREAKFAST BY DONATION
8:30 AM - 10:00 AM
Horse Meadow Senior Center,
North Haverhill
ADULT STRENGTH TRAINING
9 AM - 10 AM - St. Johnsbury House
10:30 AM - 11:30 AM
SENIOR ACTION CENTER
Methodist Church, Danville
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Senior Action Center,
Methodist Church, Danville
NOON - Presbyterian Church, S. Ryegate
NOON - Darling Inn, Lyndonville
TOPS (TAKE OFF POUNDS SENSIBLY)
Weigh In 5:00 PM - Meeting 6:00 PM
Horse Meadow Senior Center, N. Haverhill
EMERGENCY FOOD SHELF
4:30 PM - 5:30 PM
Wells River Congregational Church
COMMUNITY DINNER BELL - 5:00 PM
All Saints' Church, School St., Littleton
Orange East Senior Cntr, Bradford
WEIGHT WATCHERS - 5:30 PM
Orange East Senior Cntr, Bradford
AA MEETING (OPEN BIG BOOK)
7:00 PM - 8:00 PM
St. Luke's Parish Hall, Woodsville

TUESDAYS/THURSDAYS

ACTIVE OLDER ADULT STRENGTH CLASS
1:30 PM
Woodsville Post Office, S. Court St
GROWING STRONGER FITNESS CLASS
3:00 PM
East Haven Library
TUESDAYS/FRIDAYS
GOLDEN BALL TAI CHI
8:30 AM - 9:15 AM
First Congregational Church, Lyndonville
WEDNESDAYS
AQUA AEROBICS
Evergreen Pool, Rte 302, Lisbon
ADULT STRENGTH TRAINING
1 PM - 2 PM
North Congregational Church,
St. Johnsbury
BINGO - 6:30 PM
Haverhill Memorial VFW Post #5245
North Haverhill
CRIBBAGE - 7:00 PM
Orange East Senior Center, Bradford
WEDNESDAYS/FRIDAYS
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Presbyterian Church, West Barnet
NOON - Darling Inn, Lyndonville

THURSDAYS

ADULT STRENGTH TRAINING
10:30 AM - 11:30 AM
Senior Action Center
Methodist Church, Danville
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Senior Action Center,
Methodist Church, Danville
NOON - Darling Inn, Lyndonville
ST PAUL'S BIBLE STUDY ON JAMES, 6:15
PM, 113 Main St., Lancaster
FRIDAYS
ADULT STRENGTH TRAINING
9 AM - 10 AM - St. Johnsbury House
1 PM - 2 PM - North Congregational
Church, St. Johnsbury
WORSHIP UNDER THE TENT - 7 PM
100 Horse Meadow Rd, No Haverhill
AA MEETING (OPEN DISCUSSION)
8:00 PM - 9:00 PM
Methodist Church, Maple St, Woodsville
SUNDAYS
CRIBBAGE - 1:00 PM
American Legion Post #83, Lincoln

Horse Meadow Senior Center

Every Tuesday: 8:30
Community Breakfast
December 13:
Nifty Needlers @ 9:30
Classic Bone Builders @ 10:00
December 14:
Bone Builders @ 9:30
Writer's Group @ 10:30
Bingo @ 1:00
December 15:
Art Class w/ Barb @ 9:00
Classic Bone Builders @ 10:00
Cribbage @ 12:30
Line Dancing @ 12:45
Jewelry 1 @ 1:00
December 16:
Bone Builders @ 9:30
Mahjongg @ 10:30
December 19:
Bone Builders @ 9:30
Cookbook Meeting @ 10:00
Hearts & Hands Quilters @ 12:30
Tech Time w/Paul @ 1:00
Jewelry 2 @ 1:00
Tai Ji Quan @ 2:00
December 20:
Nifty Needlers @ 9:30
Classic Bone Builders @ 10:00
Heart Peer Group @ 10:00
Yankee Swap @ 12:45
December 21:
Bone Builders @ 9:30
Writer's Group @ 10:30
Bingo @ 1:00
December 22:
Art Class w/ Barb @ 9:00
Classic Bone Builders @ 10:00
Cribbage @ 12:30
Line Dancing @ 12:45
December 23:
CLOSED
December 26:
CLOSED
December 27:
Nifty Needlers @ 9:30
Classic Bone Builders @ 10:00
Deco Arts 2 @ 1:00
December 28:
Bone Builders @ 9:30
Writer's Group @ 10:30
Bingo @ 1:00
December 29:
Art Class w/ Barb @ 9:00
Classic Bone Builders @ 10:00
Cribbage @ 12:30
Line Dancing @ 12:45
Crafts 2 @ 1:00
December 30:
Bone Builders @ 9:30
Mahjongg @ 10:30
Tai Ji Quan @ 2:00

Blue Christmas Service Offers Comfort For Many

For many people, the approaching Christmas holiday does not bring with it the joy and happiness that is advertised on television or in greeting cards.

The Blue Christmas Service provides an opportunity to recognize and honor the sadness we may feel. It may be death that separates us from a loved one, a deployment overseas, divorce or separation, or just sheer distance. It may be the loss of employment and economic uncertainty. It may be a trauma suffered, or it may be the loss of a beloved pet.

Amid the holiday busyness and parties, shopping and decorating, this is a chance to step back, take a deep breath find God's com-

fort.

The Blue Christmas Service has also been called the Service of the Longest Night because it coincides with the Winter Solstice, the time when there is the least amount of daylight. Scripture, music and meditations focus on the comfort God offers during dark times.

This year a Blue Christmas Service will be held for the community at 7:00 p.m. on Wednesday, December 21st, at the First Congregational Church, Haverhill. There will be a time of fellowship and sharing following the service, and light refreshments will be provided.

For more information call Rev. Rebecca Larson at 603-331-1751.

Orange East Senior Center

All events held at the Senior Center are open to the public unless otherwise advertised.

When Oxbow High School closes due to bad weather OESC also closes. School closings are announced in the morning on WCAX-TV Channel 3. However, there are times when we still close when the schools do not, so be sure to listen for an announcement on radio WYKR 101.3 on your dial.

No Strings Attached will be playing music on Friday, December 16 at 11:00 a.m. Dwayne Benjamin will be playing music on Friday, December 23 at 11:00 a.m.

The Orange East Senior Center will be closed on December 26 and January 2. There will be no bingo that evening.

The East Corinth Cribbage Club is at O.E.S.C on Wednesdays for the 2016-2017 season at 7:00 p.m. Cost is \$2.00 per night. A raffle drawing will be held on the last Wednesday of every month. Any levels welcome—please come to enjoy! If you have any questions, please call Sally Osgood 802-222-5756

We are looking for help in the kitchen. We are looking for help Monday through Friday between the hours of 9

a.m. and 2p.m., but you can set your own hours and the day or days, you would like to volunteer.

Bingo is every Monday at 6:00 p.m. The doors will open at 5:00 p.m. The kitchen will be open selling drinks and food.

Computer class winter hours will be on Wednesdays from 3:00 p. until 5:00 p.m. This class is for all levels.

The Orange East Senior Center is available for rent. We have a capacity of 125. If you would like to book your wedding reception or birthday party or if you have any questions, please give us a call.

If you are in need of any medical equipment, please check with Vicky to see if we have it to borrow before you purchase any.

There is space available in the Monday, Tuesday, Thursday and Friday exercise class. The class begins at 9:00 a.m. and ends at 10:00. The Tuesday and Thursday exercise class is a strength and balance class.

Orange East Senior Center is holding informal Line Dancing classes for exercise and just plain fun, each Tuesday at 10 a.m. Come On Down!

Groton Free Public Library

All Ages Program: Gingerbread House Decorating on Sunday, Dec. 18 from 4:30-6pm. Creative winter fun for all ages of gingerbread house fans! Adults with/without kids are invited to drop in to decorate sweet holiday homes to take home as we count down to the 6pm arrival of the SD Ireland Holiday Lights Cement Mixer. Craft sponsored by the Friends of the Library group and the cement mixer by the Groton Recreation Committee.

Holiday Puppet Show on Friday, Dec. 23 at 10am. We are thrilled to host the Traveling Storyteller for a second year at our library! Join us for a special winter show, craft and light refreshments -- free for families. Come enjoy this fun program that taps into the imagination of children of all ages. Sponsored by the Crafts & Conversation group and Friends of the Library.

Crafts & Conversation: Every Wednesday from 1-3pm. Stop by the library for some crafty tips, and

perhaps share some of your own. Bring a project to work on or just enjoy some good company!

Need a gift for the Holidays? Come on over to the library and check out our "Honor with Books Program!" Honor a loved one by purchasing a book in their name to add to our library's collection. Each time someone opens your chosen book/DVD, your special person will be acknowledged. A special sticker will be added to this item to commemorate your gift, and we'll create a small card announcing your gift in case you would like to wrap up your surprise! This holiday season, give a gift that will honor one and be enjoyed by all!

All of our programs are free and open to residents of all towns.

Find us on Facebook (Groton Free Public Library) or contact Anne: grotonlibraryvt@gmail.com, 802-584-3358.

Open M (2:30-7) W (10-4) F (2:30-7) S (10-12). www.grotonlibraryvt.org

Want to Connect to Other Readers? Join the Bath Book Club!

The Bath Library Book Club will be discussing "Orphan Train" by Christina Kline, on Thursday, January 12th at 5 pm at the Bath Public Library.

Seventeen-year-old Molly Ayer knows that a community-service position helping an elderly widow clean out her attic is the only thing keeping her out of juvenile hall. But, as Molly helps Vivian Daly sort through her keepsakes and possessions, she discovers that she and Vivian aren't as dif-

ferent as they appear. Both have unanswered questions about the past.

Books may be picked up at the Bath Library; hours are Tuesdays, Wednesdays and Thursdays 9:00am to noon and 1:00 pm to 5:00 pm and Saturdays 9:00 am to noon. Anyone with an interest in reading and conversing about books is welcome to attend. For information, please contact the library at 603-747-3372 or email bathlibrarykjb@gmail.com

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Family and friends are invited to drop by to celebrate his birthday on

SUNDAY, DECEMBER 25, 2016

at the Monroe Town Hall from 2:00-5:00 PM.



Light refreshments will be served. Your presence is all that is required -- no gifts please.

If you are unable to attend but would like to send a card, please mail to:
910 Plains Rd., Monroe, NH 03771





Mrs. Claus (Sharon Savoy of Twin Mountain) made a Saturday morning appearance at the Whitefield School's annual holiday PTO breakfast fundraising. North Country Senator Jeff Woodburn and his son Avery were among the many who shared their Christmas wish-list with Mrs. Claus.

UNH Cooperative Extension Master Gardener Program

by Olivia Saunders,
Field Specialist, Agriculture,
UNH Cooperative Extension
– Carroll County



the elderly and physically challenged, written gardening articles for local newspapers, spoken to groups interested in horticulture, and much, much more.

The next class is in Littleton, NH, on Mondays and Wednesdays, beginning February 27, 2017, 6 - 9:00 pm at White Mountain Community College, 646 Union St, Littleton NH.

Do you love gardening and sharing your gardening experience with others? Consider becoming a Master Gardener volunteer, an integral component of UNH Cooperative Extension, to educate and share gardening knowledge and experience with individuals and communities in Carroll County.

After completing 10-13 weeks of training in botany, soils, fertilization, entomology, pesticide use and safety, plant propagation, vegetables, composting, fruit,

The cost of the training is \$175. The Master Gardener handbook is available free online, and you have the option to purchase the printed book for an additional \$25. Payment plans and financial aid are available.

Continue your love of lifelong learning by becoming a Master Gardener! For more information and an applica-



woody ornamentals, lawn care, house plants, organic practices, plant pathology, landscape design, annuals, perennials, and more, participants will contribute a minimum of 55 hours of volunteer service over the next year. Master Gardener volunteers have: staffed the Family Home & Garden Education Center Information Line, created and maintained educational gardens, worked at county fairs and plant clinics, gardened with

tion: Visit goo.gl/cSzg8u, call 1-877-EXT-GROW (1-877-398-4769) 9 am – 2 pm, M – F, email marcy.stanton@unh.edu, or contact your County Educator.

Olivia Saunders is an Extension Field Specialist in Agriculture with the Food & Agriculture team for the University of New Hampshire Cooperative Extension in Carroll County. She can be reached at 603-447-3834 or Olivia.saunders@unh.edu.

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- Assisting or performing aspects of personal care such as brushing teeth, toileting, bathing, clothing and feeding.
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- Providing safe transportation for medical appointments or community activities.

Qualifications:

- High School Diploma or equivalent required. Must be at least 18 years of age.
- Good verbal and written English communication skills as well as basic math and computer skills (MSOffice) required
- Ability to work in a team environment
- Interested in assisting individuals achieve personal outcomes
- Valid driver's license, personal auto insurance and reliable transportation required
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Website: www.pathwaysnh.org

Mail: Human Resources, 654 Main Street, Claremont, NH 03743

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CHARings in Christmas Season With Memories

WOODSVILLE, NH - Cottage Hospital Auxiliary members rang in the start of the Christmas season with the lighting of its Memory Tree on the evening of December 6th. The tree lighting was made all the more festive by the season's first major snowfall. The Auxiliary's annual memory tree program enables its members, hospital staff and community to recognize the memory of loved ones with a donation to have a named ornament placed on the memory tree.

This year's annual memory tree program was lead by Auxiliary Co-President Brenda Long as 28 members and friends gathered for a prayer reading by Auxiliary member Chris Roberts and a blessing

of the memory tree by Pastor George Hemway of Trinity Church of the Nazarene, Woodsville, who also offered a prayer and inspirational words to honor the memory of those remembered and those not remembered. Auxiliary member Laraine King had the honor of lighting the memory tree and Auxiliary member Lori Thompson read the names of all of the loved ones whose memories were recognized this year.

"The Auxiliary wants to express its thanks to Pastor Hemway for performing the blessing and joining our members and friends as we start the Christmas season remembering those important in our lives," stated Marcia Selent and Brenda Long,

Auxiliary Co-Presidents. "The Cottage Hospital Auxiliary wishes all a Merry Christmas and a happy and healthy New Year."

A replica of the memory tree is in a display case near the hospital's cafeteria for public viewing and contains ornaments with the names of all loved ones.

Immediately following the memory tree lighting ceremony, Auxiliary members got busy and transformed into Santa's helpers as they decorated Christmas trees in the hospital's main corridor and two patient waiting areas. They also decorated two Christmas trees in the Rowe Health Center patient waiting areas and placed wreaths on the hospital's front corridor of windows and kissing balls on the grounds of the hospital and health center to bring Christmas cheer to patients and visitors.

Memory Tree Ornament Forms are available at the Cottage Hospital's front welcome desk and ornaments can be purchased up through December 24th. Donations received will help fund the Auxiliary's annual ongoing projects to support Cottage Hospital, Rowe Health Center and Ray of Hope Geriatric Behavioral Unit.

Karen Rajsteter and Eileen Belyea served as co-chairpersons for the Auxiliary's 2016 Memory Tree project.

Membership in the Cottage Hospital Auxiliary is open to everyone, women, men and hospital employees. To obtain more information the Cottage Hospital Auxiliary or to become a member, please visit www.cottagehospital.org/support/cottagehospitalauxiliary or call 603-747-9707.



Auxiliary members Eileen Belyea and Bonnie Chaine decorating Christmas tree in patient waiting area.



Cottage Hospital Auxiliary and Hospital administration join for prayer and reading of Memory Tree names.

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2016 SCHEDULE
Nov. 25, 26 & 27
Dec. 3 & 4
Dec. 10 & 11
Dec. 17 & 18
DEPARTURE TIME: 1PM

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First Class: \$25 (ages 3+)
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Letter to the Editor

To the Editor,
NH Governor-Elect Sununu is plopping his feet into huge piles of it even before he gets paid to do so.

His wrong-headed intent is to end statewide same-day voter registration and what he really wants to do is increase voter suppression. Sununu's inadequate explanation - "It's simply about doing things the right way" does not cut it. Millions of voters nationwide say more convincingly that same-day registration "is simply about doing things the right way." That's because studies show unfailingly that same-day registration increases voter participation - Sununu and his cloudy-eyed cronies

in Concord also know that large percentages of that increased voter participation do not vote on their side of the ballot.

Sununu seems to be on the same page of a bad play book currently being written by that other official-elect, soon-to-be-President Trump. Trump recently tweeted like a hormonal adolescent about "serious voter fraud" in several states, including New Hampshire. No such fraud exists here, never has. No facts or figures to back such claims up. As state officials stated recently, "there is no evidence to support the claim of widespread voter fraud made by...Trump". And confusingly, contradictorily, Sununu has been

quoted in the news media recently agreeing with that statement.

Mr. Trump made an art of lying loudly, long and repeatedly during his campaign, and since he has moved into his transition phase, he has proved daily that his bully/spoiled-brat act has not changed at all.

It is also worrisome that New Hampshire's Executive Council and legislature are Republican controlled - state voters on both sides of the aisle have ample reason to watch Concord with eagle eyes and keep track of messy steppers who have ill-intent for our voting booths."

Robert Roudebush,
North Haverhill

Robert,

I have been a registered voter for most of my adult life. I have always considered it not only a privelege, but a duty. I vote in local elections like town, precinct and school meetings, as well as in state wide and national elections. As the saying goes "It's what you do." Because of that I have only needed to register once, way back in my much younger years.

When my wife and I voted this year in the recent election, I noticed that there was a pretty good stream of new voters getting in line to register. One of the interesting stories I happened to hear was that one young voter-to-

be was there to sign up and had his parents with him to also sign up to vote for the first times. My point being that not everyone takes the time, or even has the inclination, to sign up early in order to vote.

The bottom line is that I agree that same day voting seems to be something that needs to be kept. But at the same time we need to keep a very strong control, and check on any new voters. Even without same day registration, there could be the opportuntiy for some to attempt to vote improperly.

Gary Scruton, Editor

Letter to the Editor

To the Editor,

Remind me again. I put a sticker on, after "I Voted". Why did I/We vote for the POTUS 2016 or any other time in US History.

When we find out that since the US Constitution was established, our Vote for POTUS , NEVER did count. What a waste of time, money, wars and lives. When it could have been all done and over in 2 Days. One day for the Electoral College to vote. And the other for Electoral College to count their votes. We didn't even need to go to the polls.

Are we a Joke around the world? I for one am not laughing, Crying is more appropriate.

Union Leader:

Clinton winning the so-called popular vote, an aggregation of the votes in the 50 states and District of Columbia, is irrelevant. Our federalist system, spelled out in the U.S. Constitution, awards the presidency to whichever candidate wins a majority of the Electoral College." Joe McQuaid/Publisher UL

That's why I signed a petition to The United States House of Representatives, The United States Senate, and President Barack Obama, which says:

"Amend the constitution to abolish the Electoral College. Hold presidential elections based on popular vote. One person one vote to determine the one leader who is supposed to answer to all the people of

the country."

Will you sign the petition too? Copy this link to add your name: http://petitions.moveon.org/sign/abolish-the-electoral-6?source=s.fwd&r_by=8539684

Michael Baer; Petitioner, I hope you will support Democracy, because its being torn apart. And there are some who are doing it right here. Domestic Terrorism is alive and well in the United States and its not the ones you think they are; XIV Amendment Sect. 3.

Do not Vote just for your party, Vote for your country USA,USA

Nancy Leclerc
North Woodstock

Nancy,

I must start by saying that I will never think that my vote was a waste of time. I have said this before and I really do believe this. The rules for our election were set long before the election. It has been well established that the electoral college is how the final vote will be taken, not popular vote.

Of course it is also very true that in recent history it seems that popular vote and electoral college votes have not agreed. So, should

the system be changed before we vote again? I have already heard much debate on this matter. I would also expect that more debate will occur before we get to the 2020 election.

Whether or not we change our system, our votes will still be very important. Not only do we vote for president, but also for US Senators & Representatives, Governor and State Senators & Representatives, not to mention all the other necessary positions that must be chosen.

Gary Scruton, Editor

Letter to the Editor

To the Editor,

All around, manger scenes are being taken down which is a direct violation of the real intent of the first amendment.

That manger scene is the real reason for the season, just ask Charlie Brown's friend Linus who

said "today in the town of David a Savior has been born to you, He is Christ the Lord."

Yes, besides being totally constitutional that manger scene is the reason for the season, Merry Christmas every one.

Jim Jordan, Lincoln, NH

Jim,

A Merry Christmas to you as well. I would also love to see more mangers around our area. I can not agree with you more that the reason for this merry season is the birth of Jesus.

However, I must also just take a step back and say that our US Supreme Court is so-called for a reason. They are the supreme deciders of what is, or is not, constitutional. I believe that the current ruling is that no manger scenes are allowed on publicly owned property (town, school, county, state or nation). But any of us who wish to display one on our own property have, and should always have, the right to do so.

Additionally, if a homeowner wants to put up a scene celebrating Hanukkah or Kwanzaa, or whatever other holiday they wish, they have the right to display such a scene.

So to those who celebrate Christmas, Merry Christmas. To those who celebrate some other holiday, I offer you best wishes as well. And for those who wish to not celebrate any of these annual events, may the winter be kind to you and yours.

Gary Scruton, Editor

Letter to the Editor

To the Editor,

I want to say a big thank you to the voters of Senate District 1, the North Country and White Mountain Region, for their tremendous vote of confidence. It was hard-earned to be sure. Despite \$20,000 of out-of-area negative right-wing attacks and big Donald Trump sweep of our area, more people cast their votes for me than any other candidate on the ballot. I'm grateful to my many friends who stood by me and worked so hard on my behalf. Politics is tough business and I want to thank both of my Republican opponents Dolly McPhaul and Leon Rideout for their commitment, concern and willingness to stick their neck

out and run for office.

Now, its time to put the election behind us and get to work. Days after the election, state leaders gathered in the North Country to discuss issues and seek common ground to move New Hampshire forward and expand opportunity for all people. I will continue my bipartisan work and will fight for our interest in Concord. It's an honor to be your voice and representative in Concord. Please contact my office at 603-271-3207 if I can be of service to you or your community.

Jeff Woodburn
Senate Minority Leader/
North Country Senator
30 King Square, Whitefield,
NH 03598

Senator Woodburn,

Let me thank you as well for your service to your constituents and all the voters of New Hampshire. I am fairly well assured that non-elected residents do not know all that goes into performing your assigned tasks of law making and all the other tasks that are required, or wanted, from our elected representatives.

So congratulations on your victory, and may the coming two years be a time of working together for the betterment of us all.

Gary Scruton, Editor



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Here's Your Retirement "To Do" List

At this time of year, your life is probably more hectic than usual – so you may have assembled an impressive "to do" list. This can be a helpful tool for organizing your activities in the near future – but have you ever thought of developing a "to do" list for long-term goals, such as a comfortable retirement? If not, you may want to think about it – and here are a few list-worthy items to consider:

- Examine – and re-examine – your planned retirement age. You may have long counted on retiring at a certain age, but are you sure that this goal is the best one for your overall financial situation? Think about it: If you like your job, and you stayed at it for just a few more years, you could significantly boost the funds in your 401(k) or other retirement plan, and you might even be able to delay taking Social Security, which, in turn, would result in larger monthly payments.

- Put a "price tag" on your retirement lifestyle. When you retire, do you want to travel the world or stay at home pursuing

your hobbies? Will you truly retire from all types of work, or will you do some consulting or take up part-time employment? Once you know what your retirement lifestyle might look like, you can better estimate your costs and expenses – and this knowledge will help you determine how much you need to withdraw each year from your various retirement accounts, such as your IRA, 401(k) or other employer-based plan.

- Be aware of retirement plan withdrawal rules. It isn't enough just to recognize how much you need to withdraw from your retirement plans – you also must know how much you must withdraw. Once you turn 70 ½, you generally have to start taking money out of your traditional IRA and 401(k). These required minimum distributions, or RMDs, are based on your account balance, age and other factors, but the key word to remember is "required" – if you don't withdraw the full amount of the RMD by the applicable deadline, the amount not withdrawn can be taxed at a 50% rate.

- Review your health care situation. When you turn 65, you will likely be eligible for Medicare, but you'll want to become familiar with what it does – and doesn't – cov-

er, so you can establish an annual health care budget. And if you are planning to retire early, which might mean losing your employer-sponsored health insurance, you will need to be prepared for potentially large out-of-pocket costs.

- Think about long-term care. One service that Medicare doesn't cover – or, at best, covers only minimally – is long-term care. If you faced an extended stay in a nursing home, the costs could be catastrophic. A financial professional may be able to help you find a way to reduce this risk.

- Develop your estate plans. Estate planning can be complex, involving many different documents – such as a will, a living trust, power of attorney, etc. – so you'll want to work with a legal professional to ensure you're making the right choices for yourself and your family.

By checking off these items, one by one, your retirement "to do" list will eventually get "done." And when that happens, you may find yourself pretty well prepared to enjoy life as a retiree.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor

Colin's Misdirected Play

by Joe Benning
State Senator
Caledonia-Orange District

Colin Kaepernick is the quarterback of the San Francisco 49ers. He is a celebrity who earns a great deal of money. He's grabbed national attention by choosing to sit or kneel, instead of stand, when the national anthem is played. He does so, he says, to protest police racial profiling.

I do not object to his right to protest; in fact I fully support it. But is this particular form of protest working to solve the problem? Permit me to suggest his protest is misdirected. Perhaps there is a better way.

Fifty years ago I had the privilege of visiting Washington, D.C. with my grandparents. I look back through time at cherished snippets, like the dashboard of their Chrysler that played only AM radio but was never turned on for the whole trip. I recall them talking about a trip they took when they were younger, in a roadster featuring a split windshield that opened out forward. Their laughter was infectious as they recalled striking a grouse that came in through that open windshield, covering them both with feathers and gooey bird parts.

The Lincoln memorial, the White House, the halls of Congress, and the recent-

ly lit eternal flame on John F. Kennedy's grave were overwhelming to this youngster. I witnessed real-time color to what previously were fuzzy images on a black and white television with rabbit ear antenna.

But what really stands out in my memory is the pride my grandparents felt in their government, especially while watching the changing of the guard at the Tomb of the Unknown Soldier at Arlington. My elderly grandfather stood as ramrod straight during that ceremony as he appeared in the picture I'd seen of him as a teenager, standing proudly in his Marine uniform on the family front porch during World War I. That sense of pride in his country and its symbols hadn't subsided one iota as we stood in Arlington fifty years later. Looking back, I now know the reason I was invited on that trip was to instill that same sense of pride in me. It worked.

Which brings me back to Mr. Kaepernick's form of protest. He has a right to be frustrated and a right to protest. But it seems to me his form is misdirected. Our national anthem, our flag and our country do not condone police racial profiling. Our country and its symbols, I'd argue, stand against it. Targeting them brings press, but it comes at the expense of polarization. Needed cul-

tural change will not likely come about by alienating those who retain pride in this country.

So Mr. Kaepernick, let me suggest a different way. You and your colleagues are blessed with riches beyond anything the vast majority of Americans could ever hope to achieve. You also have national media at your disposal. Organize your colleagues together to educate America about police racial profiling. Purchase body cameras for police uniforms. Support racial bias curriculum in law enforcement training. Promote community organizations that bring attention to the cause and seek meaningful change.

And one more thing. Sponsor some school trips to Washington, D.C. for youngsters in those neighborhoods where limited resources would never enable them to experience it otherwise. Teach them that they are part of something far greater than the sum of our sometimes faulty parts. Tell them that watching you throw a touchdown pass pales in comparison to the experience of standing with their grandparents watching the changing of the guard at Arlington. I submit these things would do far more to achieve your worthy goal than what you are doing now.

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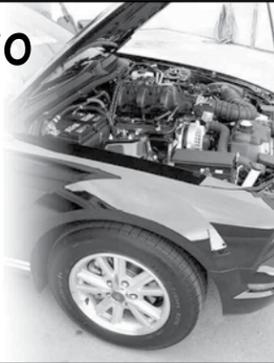
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Hiring and Firing

by Elinor Mawson

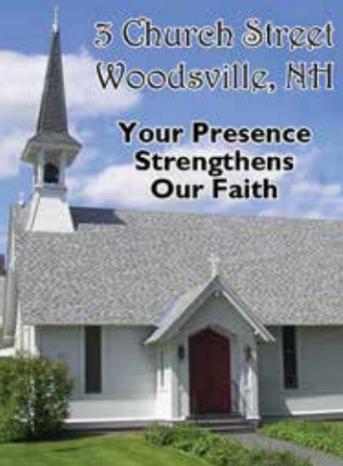
I have been set up in one or more group antiques shops for over 4 decades. They all had good points and bad points but the one I remember most was the one in which I was the "manager".

My first duty was to choose the right people to accompany us from the shop we were leaving. Terry was a dealer who latched on to everyone who came through the door and told them that his prices weren't firm and he could "do better". This gave the potential customer the idea that everyone's prices could be adjusted and we were all upset over it. So when Terry announced he wanted to accompany us to the new shop I had to tell him he wasn't welcome. I felt badly, but business is business.

It was called the Country Store Antiques -- so named because it had been the Country Store convenience store and since we were on a budget, we decided to keep the name.

Since I was the "Manager" I was in charge of finding dealers to occupy the 12 spaces. It didn't take long, and we had a good bunch of people to start with; with one exception. Steve and Ed were business partners who had some nice inventory, and Steve was very excited about his booth. Ed was another story. He fussed about everything. He didn't like the lighting, he didn't like the hours we were open, you name it. I got tired of listening to all his negative comments, and when I announced that everyone was responsible for working half a day a week, Ed was furious. He told me in no uncertain terms that he would not be working at all.

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I don't know if I was tired or if I had just had it. I told Ed that he wouldn't have to work since he was not welcome in the place. He stuck his nose in the air and walked out and I never saw him in the shop again. Steve was the one who worked.

Then there was Gerda. She sold dolls, and let everyone know it. She was a complainer and a fussy budget and couldn't get along with anyone. Every group has someone like her and I knew right away that she wasn't a good fit. So I waited until the shop was empty of people and told her she would have to go. She wasn't happy, and called me all sorts of names, some of which were true and some not. We saw her go with huge sighs of relief.

I always worked Sunday afternoons because nobody else wanted to. If I needed a day off we had to close the shop; I was not about to twist anyone's arm. Nancy, one of the dealers was fit to be tied when she found out the shop had been closed one Sunday, and she let me know in no uncertain terms. I asked her if she wanted to work and she refused -- SHE had too many things to do on Sundays.

I knew right then that it was time to move on. I called the landlord and told him I was done. I called another dealer and turned the manager's job over to her. Then I moved out.

I had just fired myself.

BERTHA ESTHER AREMBURG - OBITUARY

North Haverhill, NH- Bertha Esther Aremburg, 87, of Dartmouth College Highway, died following a period of declining health on Friday, December 9, 2016 at Cottage Hospital, Woodsville, NH. Bertha was born in Bradford Center, VT, on July 22, 1929, to Frank and Hazel E. (Barrett) Frappiea. On March 5, 1948, she married Earl W. Aremburg.

Bertha worked as a secretary for Vermont Dairy and Whiting Milk, both in Bradford. She later went to work for the post office in White River Junction, VT, before transferring to Woodsville, NH and Haverhill, NH. She retired as Postmaster from the Haverhill Post Office in 1986.

Bertha was active in the First Congregational Church of Haverhill, UCC as a member of the Women's Fellowship, the Home Dem associated with the Church, and by holding various offices for the Church. As a life member of the VFW Auxiliary #5245, Bertha served as the treasurer for the Auxiliary and for the District VFW for thirty years. In her younger years, she enjoyed hunting and fishing. She loved playing BINGO and her scratch tickets. She attended postal conventions and enjoyed taking her grandchildren on trips.

Bertha was predeceased by a granddaughter, Heather Marie Poor on January 31, 2010; a great grandson, Gavin; and by her five siblings, Bernice, Beatrice, Beryl, George, and Fred.

Bertha is survived by her

husband of 68 years, Earl W. Aremburg of North Haverhill; two children, Marie Bigelow and Russell of Haverhill, and Raymond Aremburg and wife Carol of Haverhill; four grandchildren, Shawn Bigelow and Lorrie-Ann, Michael Aremburg and wife Kristin, Shelby Lorusso and husband Michael, and Sean Hard and wife Brooke; seven great grandchildren, Kyle Bigelow and Jennie, Luke Poor and Ashley, Meaghan Fulford and husband Brandon, Anna, Aubree, Colton, and Chase; and four great great grandchildren, Isabella, Abigail, Arya, and Barrett; and several nieces, nephews and cousins.

Calling hours will be on Friday, December 16 from 6-8 PM at Ricker Funeral Home, 1 Birch Street, Woodsville, NH.

A memorial service will be on Saturday, May 20, 2017, at 11 AM at the First Congregational Church of Haverhill, UCC, 120 School Street, Haverhill, NH.



Cemetery, Haverhill.

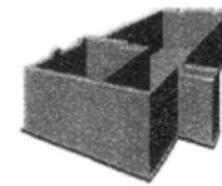
Memorial contributions may be made to the VFW Auxiliary #5245, c/o Mrs. Janice Sackett, 386 Lake Tarleton Road, Warren, NH 03279 or to the First Congregational Church of Haverhill, UCC, 120 School Street, Haverhill, NH 03765.

For more information or to offer an online condolence, please visit www.rickerfh.com

Ricker Funeral Home & Cremation Care of Woodsville is in charge of arrangements.

PLEASE NOTE:
The Next Edition of Trendy Times
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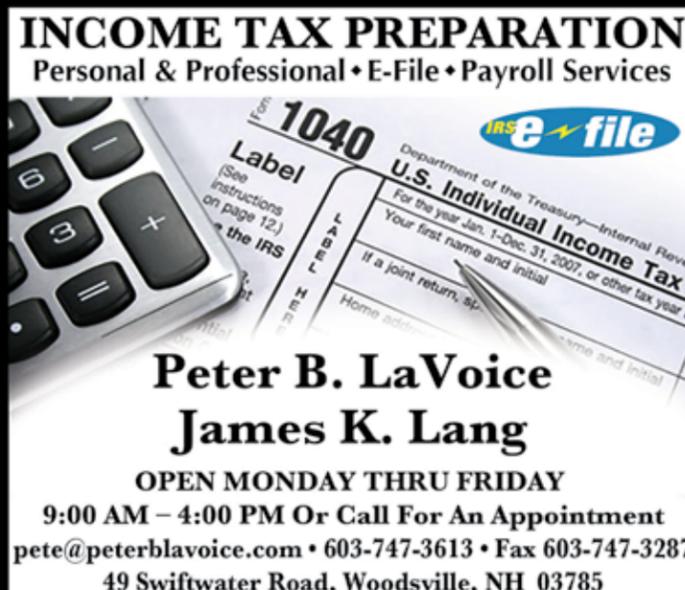
The Holiday Season and Winter months are so difficult for many in our local community; as a way to help we have kicked off our annual **Giving Tree!** Stop in or call to see how you can help a pet owner in need. Holidays are a wonderful time to give back!

January 2017 we are offering **10% off all Spay and Neuters.** Please call now to book your appointment.
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Lighting of the American Legion

Memory Tree
Friday, December 16
 6:00 PM

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Ross-Wood Post #20

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Saturday, December 17
 Hors D'oeuvres: 5-6 PM / Dinner: 6 PM

Roast Beef,
 Potatoes, Vegetables,
 Salad & Desert
 Yankee Swap to Follow.
 Please bring a gift (\$10 limit)




Where Did Holiday Pies Originate?

By Heather Bryant,
Regional Field Specialist,
Food and Agriculture



One year while I lived in Madagascar, my American friends and I decided to celebrate Thanksgiving at my house which was in the same complex as my office. This meant my Malagasy colleagues spent two days watching people traipsing into town and back with groceries, including a live turkey. There were a lot of questions! We decided to bake extra pies and bring them to the office for a cultural exchange. Between the language and cultural barriers the holiday was far more difficult to explain than you would think, but the pie was a different story. It turns out sweetened fruit baked in a crust needs no translation!

Remembering that holiday got me to wondering where the inspiration for pie came from in the first

place? So I did a little research. Pies did not start out as holiday deserts at all, and they did not even start out sweet. Pies originated in ancient Egypt and Greece. Most early pies were made of meats such as venison, lamb, beef and even seafood.

The Romans made a pie that was similar to cheesecake with a pastry base, but the sweet pies we shared with my colleagues didn't come along until the 16th century when the English first started making them.

I didn't find any evidence that Native American's made pies but the Pilgrims did make meat pies, and they added dried fruit and spices like pepper, cinnamon, and nutmeg to improve the flavor. As trade grew and Americans gained access to maple syrup, honey, cane sugar and molasses, sweet pies became so common they were sometimes served at breakfast. I say, why not, in my family apple pie and cheddar cheese is

the breakfast of choice the morning after Christmas!

It's not clear when pie became a typical holiday dessert, or which types came first. However, pumpkins are native to Central America and the earliest pumpkin pie was actually made by the Colonists who cut the top off the pumpkin, added milk, honey and spices and baked it whole in ashes.

Pies actually fell out of favor for a time in the late 1800's and early 1900's as they were felt to be unhealthy. Happily for us they came back in style in the mid 1900's after canned fruit and ready to use pie crusts became readily available.

In Madagascar, ready to use pie crusts were not available. Also the baking powder and soda were not the same strength as you get in the States, so we had to wing it a bit on our crusts for that holiday, but the results were well worth it. Hope the same can be said for all your favorite holiday foods.

Information for this article came from the Library of Congress (http://blogs.loc.gov/inside_adams/2011/11/pie%e2%80%a2ology-a-full-filling-story/), Illinois Extension (<http://extension.illinois.edu/pumpkins/history.cfm>) and the Rochester Institute of Technology (<https://people.rit.edu/~jhs5446/320/project2/History.html>)

An Apple For The Teacher(s)

The American Legion Auxiliary was busy during the month of November. After a successful Penny sale, They gave apples to 3 Schools in the week of November 14-18. That week was appreciation week for the Teachers & workers of the schools. Three schools were given a bag of apples. Woodsville High School, Woodsville Elementary School & The Bath School.



Volume 8 Number 5

December 13, 2016

Not all Times are Trendy, but there will always be Trendy Times

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Thank you for your understanding.

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 and a Happy New Year*
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Littleton Food Co-op Announces 2017 Partners

Every year the Littleton Food Co-op chooses 12 local chapters of non-profit organizations doing wonderful community work for fundraising partnerships. Littleton Food Co-op employees have selected the following partners for 2017:

- ABOVE THE NOTCH HUMANE SOCIETY
- BOYS AND GIRLS CLUB OF THE NORTH COUNTRY
- LITTLETON FARMERS MARKET
- TOYS FOR TOTS
- COPPER CANNON CAMP
- WOODLAND COMMUNITY SCHOOL
- AMMONOOSUC CONSERVATION TRUST
- HABITAT FOR HUMANITY
- NORTH COUNTRY CHAMBER PLAYERS
- GOOD NEIGHBOR FOOD PANTRY
- HEALTHY FOOD ACCESS
- BANCROFT HOUSE

The Partner of the Month program raises public awareness, provides

education and promotes funding for local non-profit organizations. As the Littleton Food Co-op's Partner of the Month, organizations receive customer donations collected at the checkouts and \$1 from every pizza purchased during Pizza for Partners Friday nights.

Member-owned Littleton Food Co-op serves the community by providing high quality food, offered at a fair price, with outstanding service. Everyone is welcome to shop and anyone is welcome to join.

Located at the intersection of Cottage Street and Route 302 (exit 41 off I-93), the Littleton Food Co-op is open daily, 8 a.m.-8 p.m. For more information or to become a member, please visit www.littletoncoop.com, call 603-444-2800 or just stop by!

by Maggie Anderson

The snow began to fall in the wee hours of Sunday morning and by the time the coffee in my cup was warming fingers chilled from kindling a fire in the wood stove my newly delivered firewood was peacefully resting beneath a four inch blanket of new-fallen snow.

Fortunately in my effort to beat the clock I threw three gigantic tarps over what I had not yet stacked, otherwise I'd now need a sledge hammer or an idle lumber jack to separate the logs one from another.

It's funny to think that when we lived on the west coast people drove by and envied our barbeque or our pristine 69 Camaro but in this part of the country folks pass by salivating over our wood pile.

If I'd had a better sense of timing this year that may have been the case again, as it turns out the only feeling it elicits is immense gratitude that it hasn't taken over their whole driveway and that they don't have to first excavate and then stack the whole pile.

Personally I'm happy to have a job to do, a challenge

Beat The Clock

to face. Besides there have been far too many winters when fire wood was the last thing on my mind, real life having taken precedence, and many other years when I barely scraped the cash together to buy enough wood to keep the home fires burning all winter long.

I cannot complain stacking the whole load, sometimes squeezing a round piece into a square hole and making a puzzle of it all, will take some serious effort on my part but it will give me lungs filled with fresh crisp mountain air and more exercise than I intended, perhaps less than I need but since I may have to have another cord or two delivered I may get a reasonable amount of exercise when all is stacked

and done.

These days I feel quite spoiled being able to have our winter's wood cut, split and delivered. Although there is an occasional rogue in the pile and I'm forced to reach for the splitting maul and whip him into shape I don't have to do it from scratch anymore and that makes stacking it seem like a piece of cake even if I do have to wrestle with the snow-laden tarps to get to it.

Just so you know, if dealing with tarps and snow and buried fire wood is the worst thing that happens in the next 12 months all I can say is, it's gonna' be a great year.

Catch you later the wood pile's calling my name.

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