

# A FREE PUBLICATION TRENDY

Thursday,  
December 7

Next Issue: Tuesday, December 12

Deadline: Thursday, December 7

# TIMES

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NOVEMBER 28, 2017 VOLUME 9, NUMBER 4

## Free Christmas In Bethlehem Celebration

The holidays are quickly approaching, which means it's time once again for the 7th Annual Christmas in Bethlehem Festival. Nothing will kick your holiday spirit into action faster than an old-fashioned holiday event, and attendance continues to grow at this event each year. Visitors and locals alike will treasure the entirely free, family-friendly fun which happens snow or shine all day from 10am to 8pm.

Scheduled for Saturday, December 2nd, 2017, this year's theme is "A Holly Jolly Holiday" and the event promises plenty of hometown fun for all ages. Due to the generosity of local donors, organizations, and dozens of volunteers, all events throughout Bethlehem are free all day long. In honor of our passion for community, everyone is encouraged to bring a non-perishable food donation to help the neediest among us, or pull a tag from the Make-A-Wish Tree in Town Hall to guarantee Christmas morning smiles for

local children who might otherwise not find much under their tree.

The events are as follows: From 10am-3pm you can buy one-of-a-kind crafts and goodies at the Durrell Methodist Church Bazaar, 10am-2pm come meet Santa and get a glimpse into Bethlehem's storied past as a playground for the rich and famous at the Heritage Society Museum on Main Street. From 11am-1pm join Mrs. Claus at the Bethlehem Public Library for stories, crafts, and cookie decorating. As well, from 10-5 the Main Street retailers are offering special discounts, charming window displays, and the WREN Gallery has the popular "Small Works" show.

There will be a free ornament painting workshop at 42 Maple Art Center. The ornament painting workshop will be led by resident artist, Jose Bonilla of Nitty Gritty Pottery. This is a great family activity, perfect for all ages, and everyone will take home their

very own hand-painted ornament. New this year is Shop Local. Stop by any participating Bethlehem business to pick up your card, receive special holiday discounts on many items, and enter to win a free \$100 shopping spree.

At 4pm on Main Street, across from the Town Hall, the Veterans and Memory Trees will be lit to commemorate loved ones and local heroes. Be sure to save room for the "not to be missed" community spaghetti dinner from 5-6:30 pm at Durrell Methodist Church.

From 5-8pm the day culminates at the Town Hall where the streets are closed for a block party featuring bonfires, Santa's After Hours Post Office (where you can get a special "Bethlehem NH" hand-stamped postmark for your Christmas cards), holiday train rides, and free refreshments from area merchants. The "Ho-Ho-Hootinanny Community Concert" features area favorite Marsha Dickerman, as well as



some of the region's freshest musical talent. As well, The Grinch will be on hand to share goodies and treats at the bonfire. It all culminates with the arrival of Santa and

a grand finale of fireworks. For more information on any of the day's events or to learn more about the Costume Parade, go to [www.christmasinbethlehemnh.org](http://www.christmasinbethlehemnh.org)

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# TRENDY Dining Guide

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## American Legion Post #20

by Gary Scruton

This column is normally reserved for articles about eateries that are listed in the Trendy Dining Guide. But this time I would like to take the opportunity to write about a very different recent eating experience.

For many, many years the Ross-Wood American Legion Post #20 in Woodsville has provided a senior citizen turkey dinner on the Sunday before Thanksgiving. As I am a member of this post, and Janice and I both qualify as "elderly" we took advantage of this close to home opportunity and showed up to enjoy the fare.

We arrived at the post home at 4 Ammonoosuc Street in Woodsville about

12:15 for a posted meal time of 12:30. This being one of the biggest events each year at the Legion, parking was at a premium so we parked in the park and ride just off Route 135 and took a quick walk to the post. There is a chair lift to the second floor hall, but we are still able bodied enough to climb the stairs, so we did. At the top of the stairs we were greeted wiby th some young volunteers who took our coats and gave us each a door prize ticket. We also noticed at that time that the stage had live music being performed by a local country music group "Country Hustlers".

The hall was set up with three long rows of tables, plus one short one, and at

our arrival was already well populated. We went down one aisle and after skipping some saved seats, found a pair of seats. They turned out to be great seats as the couple across the table from us were long time locals and we talked about a good variety of subjects. A bit later the saved seats were also occupied by folks we knew.

At each place setting on the table there was a small cup of trail mix as an appetizer. Shortly after sitting down one member of the wait staff came along offering water, coffee or some other beverages. I got coffee to start with and later was offered and took a cup of some fresh sweet cider.

After an introduction from Oliver Brooks, the Com-

mander at the Legion, and a short prayer, the staff started bring bowls and plates of food to the tables. There was pretty much the full range that one might expect at a Thanksgiving dinner. Homemade rolls, cranberry sauce, mashed potatoes, turkey, stuffing, gravy, peas, cole slaw, sweet potatoes, boiled onions (those are the ones I can remember, there may have been more). Each of those vessels was then picked up by someone sitting near by who served themselves and then passed it around to the others in that 10-12 person section. The wait staff was also quick about picking up empty bowls to go up front to get them refilled and brought back for a second time around, or to just finish up the first trip. No one that was there should have been hungry when they finished.

Like any good Thanksgiving dinner, the meal did not stop with those foods. The next step was a selection of homemade pies (pumpkin, apple and pecan are the varieties I heard).

"Pumpkin pie for me, please".

Then came another server with a bowl of Cool Whip who offered a good sized dollop if desired.

I can note at this point that according to the Commander about 85 people were seated for the meal upstairs. But before that happened the members of the Legion family, and others I'm sure, home delivered about 174 meals with all the same great foods.

As earlier mentioned there was live music as well at this holiday feast, and at least a few people took advantage and found a piece of floor to do a two step, waltz or a polka.

By the way, those door prizes mentioned earlier? Yes, indeed I was lucky enough to win a \$25 gift certificate to Shaw's. (That should take care of some of my holiday shopping).

I usually end this column with the cost of our meal. This time it was simply by donation and therefore I will leave it to you to put in your own cost for this great meal and equally great conversations.

Volume 9 Number 4

November 28, 2017

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## Someone you should know...Kim Robie Consignment from the Heart

By Marianne L. Kelly  
No. Haverhill, NH — Over the river and through the woods, you'll find Backyard Treasures. Consignment and thrift shops dot the countryside of our area, but one in particular, along with its owner stands out among them. Follow Rte. 116 to about 3 miles from the North Haverhill Common and turn onto Lime Kiln Road. Go another quarter mile and you will see a mobile home. You have arrived at Backyard Treasures.

Kim Robie, a native of North Haverhill recently opened her Backyard Treasures consignment shop here. No stranger to this business, she owned Kim's Treasure Chest fifteen years ago. Sadly she was forced to close when the building was sold.

Kim, however did not let this stop her from doing what she loves and on Friday, Oct. 13, of this year she opened Backyard Treasures.

"Mine is a consignment store with many new items, including gently worn, almost new winter jackets, hats, mittens, gloves, boots, shoes, etc. Visitors to my shop will also find great gift ideas including crafts, microwaves, glassware, nic nacs, toasters, pots and pans, furniture, seasonal items, collectible cars and trucks, and anything else in nearly new condition that I think someone might be able to use," she explained.

Kim's unique mission is not only to offer a wide range of items in good, usable condition, but knowing there are many low income people in the community who need, but may not afford them, she

purposely and consciously keeps her prices as close as possible to their price range. "My customers are amazed at the quality of the items I have, the prices and they love how organized I am," she said. "I love the feeling I get when I keep my prices low and reasonable for the less fortunate, thereby helping the community as well," she added.

Kim accepts consignment items with certain requirements. Consignors and store closeouts are welcome, no junk will be accepted. Clothing must be gently worn in usable, almost new condition. Other items must be in good, gently used condition. Donations are always welcome.

"I want everyone to know that I am here for our community and thrive on being able to help anyone in need." I truly hope to meet you and make a difference in the community," she said. "I have a lot of Christmas items and welcome everyone to do some of their shopping right here. You never know what treasure you will take with you."

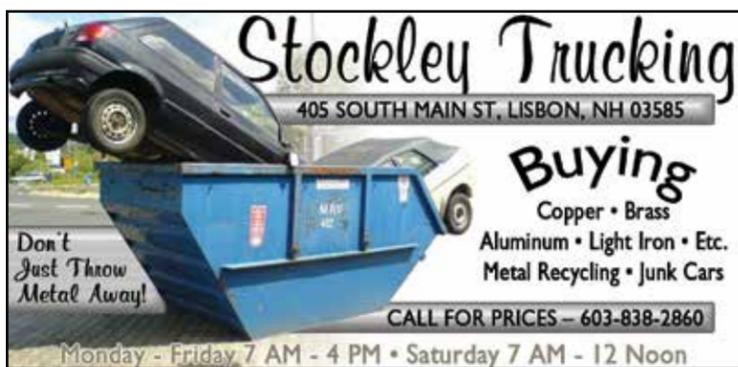
"The shop will be open year round and if my hours don't fit your needs, just give me a call, and I will open the doors for you," she added. "I am here for the community and welcome any questions or suggestions."

And this is why Kim Robie is someone you should know.

Backyard Treasures is located at 2475 Lime Kiln Rd. in North Haverhill.

Winter hours are Mon.-Fri. 1-4—Sat,-Sun. 9-4

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## ACT Joins Global #GivingTuesday Movement – Pledges to Continue Protecting Clean Water, Rivers and Streams

FRANCONIA – Your locally based lands conservancy, the Ammonoosuc Conservation Trust (ACT) is joining #GivingTuesday 2017. Tuesday November 28th kicks off the global holiday giving season. This organized day of on-line giving aims to inspire people to improve their local communities by giving back to the charities and causes they support.

Those interested in joining ACT's #GivingTuesday initiative can visit <http://bit.ly/2i6SRNs> or go to Facebook at [www.facebook.com/aconservationtrust](http://www.facebook.com/aconservationtrust). No need to wait until November 28th - the donation link is live and ready for you to make a difference in your community today.

As a special incentive for the holiday season, ACT is raffling off something that will get you giddy - an Instant Pot®! It's not instant pot, although that would help with merry making this season. Anyone giving at a \$35 level or above will be entered to win an Instant Pot®, the wildly popular time-saving, eco-friendly combination slow cooker, pressure cooker, rice cooker, yogurt maker etc. (see [www.instantpot.com](http://www.instantpot.com)). Share your best recipes with ease, fill it with your favorite local ingredients and you're off to the races. Not much for the kitchen? It makes a great gift for the holidays too!

ACT has been working to build community, especially around the outdoors, encouraging people to get out from behind their screens

and strengthen the bond they have to nature. Encouraging people to take time to enjoy and appreciate our region's beauty as well as each other is one of ACT's primary goals, along with permanently protecting farmlands and forests for people and wildlife. ACT also has a special emphasis on protecting our waterways in an effort to build climate resilience in our region.

ACT has been conserving land in the North Country since 2000, helping families protect the land the love forever. For ACT, land conservation is about protecting our landscapes and ensuring that future generations have a love of place, healthy local food options, and clean water.

"We can all agree that clean water and habitat for everyone, both people and

wildlife, is a crucial need," said Rebecca Brown, ACT's Executive Director, "Keeping the North Country economically viable and climate resilient is the best way we can make sure this special place is here for generations to come."

For more details about the history of the movement and beyond, visit the #GivingTuesday website ([www.givingtuesday.com](http://www.givingtuesday.com)).

Ammonoosuc Conservation Trust is the North Country's regional lands conservancy, protecting land for the vitality and well-being of our region. Learn more and become a member at [www.aconservationtrust.org](http://www.aconservationtrust.org) or call (603) 823-7777. For news and upcoming events, follow ACT on Facebook: [www.facebook.com/aconservationtrust](http://www.facebook.com/aconservationtrust).



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# Plymouth State University Holds "Symposium on Civic Engagement" in Haverhill

Haverhill, NH – In early July 2017, Plymouth State University (PSU) launched the "Haverhill Civic Engagement" project, an integrated cluster project which is exploring ways to spark civic engagement in Haverhill (comprising Woodsville, North Haverhill, Mountain Lakes, Haverhill Corner, Pike, and East Haverhill). PSU students and faculty held two events in July to meet townspeople and gather information.



out the region in which communities came together to share ideas and create plans to improve the community. Following the presentation, Clark led a discussion about the status of civic engagement in Haverhill.

On October 18th PSU hosted the "Symposium on Civic Engagement" at Alumni Hall – the first in a series that will take place over the next few months.

Approximately 25 Haverhill residents gathered to hear Susan Clark, author of the book, "Slow Democracy," give an hour-long presentation on the history of civic engagement in New England, touching on key topics from her book. Clark discussed other such civic engagement efforts through-

"Based on conversations with residents, as well as looking at the data gathered by Plymouth State University, it's clear that Haverhill has a strong sense of community – one that many places in America would envy," said Clark. "Haverhill residents value their neighbors, their local farms, and their access to the outdoors. But they

also say there's work to be done to strengthen the local economy, and improve opportunities for young people."

Since launching the civic engagement project in July, Haverhill residents have shared a number of ideas with the Plymouth State University team that may develop into major civic engagement experiences.

"There is clearly a deep heritage to the Haverhill community that creates many shared values," said Brad Allen, Ph.D., Professor of International Business, Plymouth State University, who is leading the Haverhill Civic Engagement project. "We are thrilled to be able to help residents identify and implement new ideas and programs to benefit the greater Haverhill community as a whole."

Going forward, various community groups will convene to continue discussions and prioritize some of the ideas presented in the listening sessions to determine how best to proceed. Other plans include a community-wide 'Vision-to-Action' forum, and additional symposiums featuring experts such as Clark who will provide additional insight on civic engagement and facilitate specific community initiatives.

For information about Plymouth State University and the integrated clusters approach, as well as news about similar civic clusters initiatives, visit [www.plymouth.edu](http://www.plymouth.edu).



## WHS in Line for State Support

This past summer, Governor Sununu signed HB517 into law. HB517 established a building infrastructure fund for elementary and secondary public schools. A commission was also formed to recommend schools that would benefit from state support. After transferring sufficient funds to the state's rainy day fund to bring the balance to \$100,000,000, the remainder of the general fund surplus for fiscal year 2017 was placed into an infrastructure grant program. At one point, it was thought the grant program would total \$8.5M; however, recent unofficial audit figures indicate the figure is closer to \$19M.

Approved funds from the grant must be used for unexpected and imperative security, online connectivity, and building structural and life-safety needs. The infrastructure commission, of which I am chairman, has met numerous times this fall to develop criteria in which applications must comply.

On November 16, 2017 the commission received 107 applications, all worthy of consideration. In reviewing applications, Homeland Security and the Department of Education had previously rated each project as: recommended for funding, undetermined, does not meet statute, or incomplete. The total amount requested for all projects approximated \$28M. Further, the commission previously determined that each security project would be funded at an 80% level with the local district responsible for the remaining 20%. In short, it is believed that the local district should have some commitment or "skin in the game," from the community. Infrastructure grants will receive 30% to 60% funding from the state.

Infrastructure grants will be in keeping with the state school building aid-funding formula. Haverhill's state percentage is 60% with the remaining 40% coming from the local community.

Of the 107 projects, 62 projects met commission criteria. The total for recommended applications amounts to \$3,760,859, and this amount is contingent upon several factors. First, the official state audit must be completed. Knowing that the unofficial audit equals approximately \$19M, this should not be a problem. Secondly, Governor and Council plus the Fiscal Committee must approve recommendations. Whereas the Governor has worked closely with the commission, this process should move forward smoothly.

It's exciting to inform the public that Woodsville HS is among those selected to receive funding, with three projects that include security for the WHS vestibule area (\$223,200) and building infrastructure needs amounting to (\$277,584). WHS is in line to receive a total of (\$500,784) or 13% of the statewide recommendation. Once again, grants are awarded based upon need; however, to receive any grant funding, the school district must also be willing to approve the local share. As a community, we are fortunate to have school district leadership that has jumped on the application process, and diligently communicated infrastructure and security needs with the department of education and the commission. Thank you!

Respectfully Submitted,  
Rep Rick Ladd  
Chairman State Infrastructure Commission

Volume 9 Number 4  
November 28, 2017  
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## Lisbon Lions Club's Holiday Events

The Lisbon Lions Club is once again celebrating the Christmas season with special events. Starting November 25th, Christmas trees will be on sale Saturdays and Sundays at the New England Wire Technologies parking lot on Main Street from 9:00am to 3:00pm, while the supply lasts. A portion of the proceeds from this year's sale will be donated to area food banks. Don't miss this opportunity to purchase a beautiful tree and support your local food pantries.

The Lisbon Lions Club and the Lisbon Public Library are again working together to help Santa deliver books to area children on Christmas Eve. A drop box for new, unwrapped books for children through age 12 is located at the Lisbon branch of the Woodsville Guaranty Savings Bank, or books may be left at the Lisbon Public Library. Please contact librarian Karla Houston at 838-6615 for more information about the book drive.

The Lisbon Lions Club is also looking for folks to knit or crochet hats, mittens and

scarves for Santa to deliver to local children on Christmas Eve. While the kids are always happy to see Santa and receive a stocking of goodies and a book, a handmade hat, scarf or pair of mittens is a personal and lasting gift that brings big smiles to their faces. Please call Mrs. Claus at 838-5043 if you would like to help.

Beginning Sunday, December 17th through Thursday, December 21st, between the hours of 6:00 pm to 8:00 pm, Santa will be taking calls from children living in Lisbon, Lyman and Landaff. If you would like Santa to visit your home on Christmas Eve, please be sure to call him at this special Santa number, 838-5043!

Wrapping up our holiday events, the 22nd Annual Lisbon Lions Tip-Off Classic basketball tournament will be held at Lisbon Regional School January 5th - 7th. Fifth and sixth grade children from several North Country communities will participate.

Thank you, as always, for your generous support of Lisbon Lions Club events throughout the year and Happy Holidays!

## Pine Hill Singers present "Christmas Across the Pond!"

The Pine Hill Singers is pleased to invite the public to celebrate the rich and joyous sounds of the season, with holiday music from our neighbors "Across the Pond" in the British Isles. The Singers' popular winter concerts, a North Country tradition for over 15 years, will offer choral gems from a variety of periods and genres from Great Britain, Wales, Ireland, Scotland and Skye. They will perform English medieval processions to works from the modern choral masters Britten and Rutter; along with traditional carols, beloved folk songs and lullabies from across the Isles: Suo Gân, Skye Boat Song, I Saw Three Ships, The Holly and the Ivy, The First Noel, Auld Lang Syne and Balulalow, and much more.

"Christmas Across the Pond!" will be presented on Friday, December 8th, at 7:00 pm at the Alumni Hall on 75 Court St., Haverhill, NH and on Sunday, December 10th, at 3:00 pm at the Sugar Hill Meeting House on Main St., Sugar Hill, NH.



The Pine Hill Singers are under the musical direction of Judy Abbott and Anita Bonnevie is their pianist. Admission for all concerts is by donation.

For more than 20 years, the Pine Hill Singers have brought outstanding performances to the local area. Now 24 strong, the singers are of diverse ages, musical abilities, backgrounds and perspectives. The close knit women from NH and VT meet weekly, and from this weekly sharing of music they know the personal healing as well as the community outreach found in the joy of music. Just after 9/11 they began to insert a quote attributed to Leonard Bernstein in all their programs -

"This will be our reply to violence: to make music more intensely, more beautifully, more devotedly than ever before." Over the years, their thematic concerts have featured an eclectic variety of music from classical to contemporary, Broadway to pop, patriotic to global, and strive to promote social justice, community singing - and fun! Many of their concerts benefit and promote local non-profits. Each of the last 9 years they have contributed awards to musically talented high school graduates throughout northern NH and VT.

Come, let us warm your heart and soul this winter season with "Christmas Across the Pond!"

## Caroling, Tree lighting & Santa Come to Woodsville

The Haverhill Beautification Committee is happy to announce their first public event. On Sunday, December 3rd at 3:30 pm there will be a Christmas tree lighting, carol sing, and visitation from Santa.

For those who are regular visitors to Woodsville it is probably already obvious that a new, and much bigger tree has been added to the landscape along Central Street. The tree is actually located on the westerly edge of the Railway Farm & Garden store on Railroad Street. This particular tree is the last of a large group of trees planted back in 1997 by Dr. Cyrus & Grace Eastman and Tony & Barbara Jones. All of the other trees from that planting have already been harvested for the pleasure of countless families. This particular tree

took a bit longer to become fully developed, but thanks to Diane (WHS '51) and Dick (WHS '52) Jones this tree will now be the first in what is hoped to be a long line of trees that will be surrounded by holiday revelers.

Along with the tree lighting on December 3rd there will also be caroling. Booklets with words will be handed out so don't worry about knowing all the words ahead of time. You also won't have to be worried about getting cold as hot chocolate and cookies will be served, and there is even plans to move inside if the weather conditions warrant.

As a final addition to the day's activities Santa is due to arrive via fire truck thanks to the Woodsville Fire Department. It is likely that Santa will also have gifts for all the children that join the

happy revelers.

It is asked that all those who attend bring a donation of non-perishable food to be given to the local food shelf for later distribution during the holiday season.

The Haverhill Beautification Committee would also like to pass along a very big thank you to all the members of the Ross-Wood Post #20 American Legion family in Woodsville for their generous donations that helped to fund this event. It is hoped that this will be the first in a long line of such gatherings as the community pulls together to beautify the town and get Haverhill on the right track. Also a big thank you to the owners and employees at Railway Farm & Garden for the use of their property, and the hours of work they have provided in preparation of this event.

## SPAY/NEUTER CLINIC FOR CATS WEDNESDAY, DEC. 6

BY APPOINTMENT ONLY



Cats must be in their own carrier. Carriers available for \$5. Not accepting VSNIP during Clinic. Feral Cats Welcome.

Neuter \$75 and Spay \$175 includes Rabies Vaccine, First Distemper Vaccine Dropoffs start at 7:30 AM and Pickups 3 PM to 5 PM Limited Space.



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# Calendar of Events

A Full Page of Events from Local Non-Profits, Schools and Towns. *Presented FREE by Trendy Times.*

## FRIDAY, DECEMBER 1

NORTH COUNTRY CHORUS  
7:30 PM  
First Congregational Church, Littleton  
See Ad on Page 7

## SATURDAY, DECEMBER 2

INDOOR FLEA MARKET,  
9:00 AM - 2:00 PM  
Landaff Town Hall

## CHRISTMAS IN BETHLEHEM FESTIVAL

10:00 AM - 8:00 PM  
Throughout Bethlehem Village  
See Article on Page 1

## BENEFIT TEXAS HOLD "EM POKER

1:30 PM Cash Game Only  
Dancers' Corner, White River Jct.

## CHRISTMAS FAIR

4:00 - 7:00 PM  
St. Joseph Church, 25 Church St., Lincoln

## NORTH COUNTRY CHORUS

7:30 PM  
Wells River Congregational Church  
See Ad on Page 7

## HOLIDAY SPECTACULAR BY LSC

7:30 PM  
Alexander Twilight Theater, Lyndon  
See Article on Page 9

## SUNDAY, DECEMBER 3

BENEFIT TEXAS HOLD "EM POKER  
11:00 AM Cash Game 1:45 PM Tournament  
American Legion Post #58, St. Johnsbury

## CHRISTMAS CAROLING & SANTA

3:30 PM  
Next To Railway Farm & Garden, Woodsville  
See Article on Page 5

## NORTH COUNTRY CHORUS

7:30 PM  
Peacham Congregational Church  
See Ad on Page 7

## GRANITE STATE RINGERS HANDBELL CHOIR

4:00 PM  
Tillotson Center, Colebrook  
See Article on Page 6

## TUESDAY, DECEMBER 5

NH STATE VETERANS COUNCIL  
REPRESENTATIVE  
9:00 AM - 12:00 Noon  
Woodsville American Legion Post #20

## WEDNESDAY, DECEMBER 6

WOODSVILLE AREA FOURTH OF JULY  
COMMITTEE MEETING  
7:00 PM  
Woodsville Emergency Services Building

## FRIDAY, DECEMBER 8

LIVING NATIVITY  
6:30 & 7:15 PM  
Trinity Church of the Nazarene, No. Haverhill  
See Ad on Page 7

## CHRISTMAS ACROSS THE POND

7:00 PM  
Alumni Hall, Haverhill  
See Article on Page 5

## SATURDAY, DECEMBER 9

ALL FAITHS WELCOME HOLIDAY BREAKFAST  
8:00 - 10:00 AM  
Lake View Grange, W. Barnet

## SUNDAY, DECEMBER 10

BENEFIT TEXAS HOLD "EM POKER  
11:00 AM Cash Game 1:45 PM Tournament  
Moose Lodge 1779, St. Johnsbury

## CHRISTMAS ACROSS THE POND

3:00 PM  
Sugar Hill Meeting House, Main Street  
See Article on Page 5

## MONDAY, DECEMBER 11

ROSS-WOOD UNIT #20 AMERICAN LEGION  
AUXILIARY MONTHLY MEETING  
6:00 PM  
Post Home, 4 Ammonoosuc Street, Woodsville

## HAVERHILL SELECT BOARD MEETING

6:00 PM  
Morrill Municipal Building, North Haverhill

## WEDNESDAY, DECEMBER 13

ROSS-WOOD POST #20 AMERICAN LEGION  
MONTHLY MEETING  
6:00 PM  
Post Home, 4 Ammonoosuc Street, Woodsville

## THURSDAY, DECEMBER 14

ST. LUKE'S COMMUNITY MEALS  
5:00 - 6:30 PM  
St. Luke's Parish House, Woodsville

## ROSS-WOOD POST #20 SONS OF THE

AMERICAN LEGION MONTHLY MEETING  
6:00 PM  
Post Home, 4 Ammonoosuc Street, Woodsville

## SATURDAY, DECEMBER 16

CHRISTMAS PARTY & YANKEE SWAP  
6:00 PM  
Ross-Wood Post #20, Woodsville

## TUESDAY, DECEMBER 19

NH STATE VETERANS COUNCIL  
REPRESENTATIVE  
9:00 AM - 12:00 Noon  
Woodsville American Legion Post #20

## THURSDAY, DECEMBER 21

VFW POST #5245 MONTHLY MEETING  
7:00 PM  
VFW Hall, North Haverhill

# Ongoing Weekly Events

## MONDAYS

**NEK COUNCIL ON AGING'S HOT MEALS**  
11:30 AM - St. Johnsbury House  
NOON - Darling Inn, Lyndonville  
RSVP BONE BUILDERS  
1:30 - 2:30 PM - North Congregational  
Church, St. Johnsbury  
9 AM - 10 AM  
Municipal Offices, Lyndonville  
10:30 AM - 11:30 AM  
Municipal Offices, Lyndonville  
BINGO - 6:00 PM  
Orange East Senior Center, Bradford  
TOPS (TAKE OFF POUNDS SENSIBLY)  
6:00 PM - Peacham School  
KIWANIS CLUB OF ST JOHNSBURY  
6:15 PM - VFW Post, Eastern Ave.

## MONDAYS/WEDNESDAYS

**RSVP BONE BUILDERS**  
10:30 AM - 11:30 AM  
Linwood Senior Center, Lincoln

## MONDAYS/THURSDAYS

**ADULT INTERVAL AEROBICS CLASS** - 6:30  
Woodsville Elementary School  
**GOLDEN BALL TAI CHI**  
8:30 - 9:15 AM - St. Johnsbury House

## TUESDAYS

**BREAKFAST BY DONATION**  
8:30 AM - 10:00 AM  
Horse Meadow Senior Center,  
North Haverhill  
RSVP BONE BUILDERS  
9 AM - 10 AM - St. Johnsbury House  
10:30 AM - 11:30 AM  
Congregational Church, Danville  
**NEK COUNCIL ON AGING'S HOT MEALS**  
11:30 AM - St. Johnsbury House  
NOON - Senior Action Center,  
Methodist Church, Danville  
NOON - Presbyterian Church, S. Ryegate  
NOON - Darling Inn, Lyndonville  
**TOPS (TAKE OFF POUNDS SENSIBLY)**  
Weigh In 5:00 PM - Meeting 6:00 PM  
Horse Meadow Senior Center, N. Haverhill  
**EMERGENCY FOOD SHELF**  
4:30 PM - 5:30 PM  
Wells River Congregational Church  
**COMMUNITY DINNER BELL** -  
5:00 PM September 5- June 5  
All Saints' Church, School St., Littleton  
**AA MEETING (OPEN BIG BOOK)**  
7:00 PM - 8:00 PM  
St. Luke's Parish Hall, Woodsville

## TUESDAYS/THURSDAYS

**ACTIVE OLDER ADULT STRENGTH CLASS**  
1:30 PM  
Woodsville Post Office, S. Court St  
RSVP BONE BUILDERS  
3:00 PM  
East Haven Library  
**TUESDAYS/FRIDAYS**  
**GOLDEN BALL TAI CHI**  
8:30 AM - 9:15 AM  
First Congregational Church, Lyndonville  
**WEDNESDAYS**  
**AQUA AEROBICS**  
Evergreen Pool, Rte 302, Lisbon  
**ADULT STRENGTH TRAINING**  
1:30 - 2:30 PM - North Congregational  
Church, St. Johnsbury  
**BINGO** - 6:30 PM  
Haverhill Memorial VFW Post #5245  
North Haverhill  
**CRIBBAGE** - 7:00 PM  
Orange East Senior Center, Bradford  
**WEDNESDAYS/FRIDAYS**  
**NEK COUNCIL ON AGING'S HOT MEALS**  
11:30 AM - St. Johnsbury House  
NOON - Presbyterian Church, West Barnet  
NOON - Darling Inn, Lyndonville

## THURSDAYS

**ADULT STRENGTH TRAINING**  
10:30 AM - 11:30 AM  
Senior Action Center  
Methodist Church, Danville  
**NEK COUNCIL ON AGING'S HOT MEALS**  
11:30 AM - St. Johnsbury House  
NOON - Senior Action Center,  
Methodist Church, Danville  
NOON - Darling Inn, Lyndonville  
**ST PAUL'S BIBLE STUDY ON JAMES**, 6:15  
PM, 113 Main St., Lancaster  
**FRIDAYS**  
RSVP BONE BUILDERS  
9 AM - 10 AM - St. Johnsbury House  
1:30 - 2:30 PM - North Congregational  
Church, St. Johnsbury  
**WORSHIP UNDER THE TENT**- 7 PM  
100 Horse Meadow Rd, No Haverhill  
**AA MEETING (OPEN DISCUSSION)**  
8:00 PM - 9:00 PM  
Methodist Church, Maple St, Woodsville  
**SUNDAYS**  
**CRIBBAGE** - 1:00 PM  
American Legion Post #83, Lincoln  
NORTH DANVILLE BAPTIST CHURCH (ABC),  
Worship and Sunday School, 9:30 AM  
Refreshments at 10:20 a.m.

## Horse Meadow Senior Center

Lunch is served daily at 12:00, except when noted

**DECEMBER EVENTS**  
Breakfast Buffet: Every Tuesday @ 8:30-10:00

Find-a-Sticker: 12/6/17 @ Noon  
Food Raffle: 12/7/17 @ Noon  
50/50 Raffle: 12/20/17 @ Noon  
**CLOSED: 12/25, 12/26**

\*Meals are available M-F for home delivery.

\*A variety of Exercise Equipment is available daily in Bertha's room at HMSC

### SPECIAL DECEMBER PROGRAMS:

Nutritionist, Chad Proulx from ACHS presenting "Living an anti-Inflammatory lifestyle" on Friday 12/15 @ 1:00

### ENTERTAINMENT: Starts at 11:15

Phyllis: 12/5, 12/12, 12/19  
The Boy-z: 12/20/17  
Ethel Cooper: 12/14, 12/21, 12/28  
HMSC Chorus: 12/11  
Bob Benjamin: 12/1, 12/15, 12/29

### CLINICS:

Foot Clinic: 12/5 Starting @ 10:00 (\$20 by appt. only)  
Senior Feet: 12/15 Starting @ 10:00 (\$30 by appt. only)

### ON-GOING ACTIVITIES:

*Bone Builders:* Mondays, Wednesdays & Fridays @ 9:30  
*Hearts & Hands Quilting:* Mondays @ 12:30  
*Nifty Needlers:* Every Tuesday 9:00-2:00  
*Writers Group:* Wednesdays @ 10:30  
*Bingo:* Wednesdays @ 1:00  
*Beading with Faith* 12/6 @ 9:00  
\$15.00 to cover materials  
*Floral Arrangements w/ Jane:* Thursday 12/7 @ 9:30  
*Learning to Sew:* Wednesdays at 9:30  
*Mahjonn:* Every Friday @ 10:30  
*MS Support Group:* 12/18 @ 1:00  
*Herbal with Elaine* 12/1 & 12/8 @ 12:30  
*Cribbage:* Thursdays @ 12:45  
*Cards w/Jeanie:* Thursday 12/7 @ 1:00  
*American Sign Language Class* 12/18 at 1:00  
*Peer Support Sr. Exercise Program* Tuesdays and Thursdays from 1:30-2:30

## Orange East Senior Center

All events held at the Senior Center are open to the public unless otherwise advertised.

When Oxbow High School closes due to bad weather OESC also closes. School closings are announced in the morning on WCAX-TV Channel 3. But there are times when we still close when the schools do not, so be sure to listen for an announcement on radio WYKR 101.3 on your dial.

The Boyz will be playing on Friday, December 8th starting at 11:00 a.m.

No Strings Attached will be playing Friday, December 22nd starting at 11:00 a.m.

The Foot Clinic 2nd and 4th Wednesday of the month, if you would like an appointment please call.

Bingo is every Monday at 6:00 p.m. The doors will open at 5:00 p.m. The kitchen will be open selling drinks and food.

Computer classes will be

on Wednesdays from 3:00 pm. to 5:00 p.m. This class is for all levels.

The Orange East Senior Center is available for rent. We have a capacity of 125. If you would like to book your wedding reception or birthday party or if you have any questions, please give us a call.

If you are in need of any medical equipment, please check with Vicky to see if we have it to borrow before you purchase any.

There is space available in the Monday, Tuesday, Thursday and Friday exercise class. The class begins at 9:00 a.m. and ends at 10:00. The Tuesday and Thursday exercise class is a strength and balance class.

Orange East Senior Center is holding informal Line Dancing classes for exercise and just plain fun, each Tuesday at 10 a.m. Come On Down!

## Granite State Ringers Handbell Choir comes to Whitefield

WHITEFIELD, NH — Community Baptist Church will be hosting the Granite State Ringers Handbell Choir as they begin the Advent worship season, December 3rd, 2017. The Granite State Ringers was organized as a community-based ensemble in February of 2007 by Mary Divers and Joan Fossum. Their shared vision was to offer musicians who are committed to the art of handbell ringing an opportunity to play a variety of challenging music and to promote the art of handbell ringing to audiences all over New Hampshire. Granite State Ringers is an auditioned choir and is made up of ringers from communities throughout New England.

Now in its tenth season, the Granite State Ringers

have performed in venues all over New Hampshire, including the Strawberry Banke in Portsmouth, Mary Keane Chapel in Enfield, First Night Wolfeboro, the Currier Museum of Art, the Manchester Choral Society, the Concord Chorale, NH Expo, and on the Mount Washington Fall Foliage Cruise. The Granite State Ringers is a full member of the Handbell Musicians of America. They will also be performing at the Tillotson Center in Colebrook, NH at 4pm on December 3rd.

Community Baptist Church is located at 27 Jefferson Road in Whitefield, across the street from the town's Post Office. Their Sunday service begins at 10am.

## "Brown Girl Dreaming" Book Discussion @ Baldwin

Newbury poet Sydney Lea will lead a program on Jacqueline Woodson's book "Brown Girl Dreaming" on Sunday, December 3 at 2:00 pm at the Baldwin Library in Wells River. Written in free verse, Woodson's memoir is this year's VT READS selection by the VT Humanities Council.

In Woodson's own words, "Raised in South Carolina and New York, I always felt halfway home in each place. In [this book], I share what it was like to grow up as an African American in the 1960s and 1970s, living with the remnants of Jim Crow and my growing awareness of the Civil Rights movement. It also reflects the joy of finding my voice through writing stories, despite the fact that I struggled with reading as a child. My love of stories inspired and stayed with me, creating the first sparks of the writer that I was to become."

"Brown Girl Dreaming" won the 2014 National Book Award, the Coretta Scott

King Award, and the NAACP Image Award. It was also named a Newbery Honor Book and a Robert F. Sibert Honor Book. Woodson was recently named Young People's Poet Laureate by the Poetry Foundation. She has written more than 2 dozen award-winning books, most for children and young adults, but also the 2016 adult novel "Another Brooklyn".

Copies of "Brown Girl Dreaming" are available to borrow at both the Baldwin and the Tenney Libraries. The program will spend time considering the book, what Woodson has to say, and how she says it. We'll also look at this thing called "free verse". How do you do it? Are there rules of structure or composition? Is it just a free-for-all? What makes it work well? And finally, for anyone who wishes, we'll spend some time trying our hands at our own free verse autobiographical statement. Call the library at 802-757-2693 for more information.

### Senior Feet

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FOR UNTO US A CHILD IS BORN, UNTO US A SON IS GIVEN. Isaiah 9:6

Trinity Church of the Nazarene's  
24th Annual

## Living Nativity

Friday, December 8

Come Experience the True Meaning of Christmas!



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GLORY TO GOD IN THE HIGHEST! PEACE AND GOOD WILL TOWARD ALL MEN! Luke 2:14



### North Country Chorus

70th Annual Christmas Concert

## Christmas Oratorio

by J. S. Bach (sung in English)  
Alan Rowe, Musical Director

Friday 1 December at 7:30 pm  
First Congregational Church, Littleton

Saturday 2 December at 7:30 pm  
Wells River Congregational Church

Sunday 3 December at 4 pm  
Peacham Congregational Church

Tickets from Catamount Arts (\$12/\$5 students)  
At the door (\$15/\$5 students)

Details at [northcountrychorus.org](http://northcountrychorus.org)



The G. Hampton McGaw Chapter of the National Honor Society at Woodsville High School hosted a penny war during the last two weeks to raise money for hurricane relief. The school in total raised \$313.17. The juniors won the war, the freshmen in second place, the sophomores in third place and the seniors in fourth place.



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## Ring A Bell In Memory Of A Loved One

ST. JOHNSBURY - The Northeast Kingdom Council on Aging is inviting the public to "ring a bell in memory of a loved one" this year for its annual holiday fund raiser.

"Winter on Summer: A Celebration of Remembrance and Joy" is a nod to the Council's location on the corner of Winter and Summer streets in the well-proportioned red-brick school designed by Lambert Packard, noted architect of the Fairbanks Museum, United Community Church, and Brantview on the St. Johnsbury Academy campus, among many others.

Each \$5 donation in name of an individual supports the non-profit's mission to help older Vermonters living on fixed incomes who need an emergency delivery of fuel or food throughout the long winter months.

First names will be inscribed on a colorful bell-shaped tag topped by a miniature bell and ribbon to be hung on a white tree in the Council's lobby which is painted a historic shade of pale green. These memorial gifts will be given to friends and family who attend.

"We're excited to launch this new tradition to honor those who are no longer present, but who do remain in our hearts forever," said Meg Burmeister, who was appointed executive director in 2016. "This is a wonderful

public event to get the holiday season started."

The event is scheduled for Thursday, Dec. 7, from 4 to 6 p.m.

The United Community Handbell Ensemble, under the direction of well-known musician Phil Brown, will perform a seasonal medley to start the celebration. Then members of the ensemble will ring a bell at intervals as groups of names are read aloud by alternating participants from the Council's board and staff.

The program includes the selection of the winning raffle ticket for the unique twin, double-sided, blue-and-gold quilt in a quartfoil pattern hand-made by one of the Council's angels. These special tickets are \$25 each. Proceeds from this raffle also benefit the Emergency Fund. The quilt is currently on display, brightening the Council's lobby at 481 Summer St.

Council on Aging staff, known for their love of holiday baking, will provide the treats for a reception that follows the raffle. Off-street parking is free.

Those who wish to make a contribution in memory of a loved one or to purchase a raffle ticket are asked to contact the Council's executive assistant, Mary Jane Miller, by noon on Wednesday, Dec. 5: 802-745-1007.

*The December 22, 2017 issue of Trendy Times will feature Holiday Greetings cards from many area businesses and organizations.*  
(Please note early publish date to allow distribution before Christmas)

*As we celebrate the birth of Christ, let us rejoice in His glory.*  
The cost will be just \$25 for a full color card.

Religious Theme

Happy Holidays From

The card includes your logo, address, contact information and choice of themes

Holiday Greetings Theme

**Deadline for ads is Friday, December 15**

Merry Christmas From

Choose from Merry Christmas, Santa, Religious or Holiday Greetings.

Merry Christmas Theme

The edition will be on newsstands on Friday, December 22

Santa Theme

Contact Gary Scruton, Owner  
603-747-2887 Office  
gary@trendytimes.com  
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## Linda McCullough Joins Re/MAX in the Mountains

Lincoln, NH - RE/MAX in the Mountains announced recently that Realtor® Linda McCullough joined their growing real estate franchise. McCullough brings to the office more than 32 years of real estate experience and specializes in all aspects of the marketing and sales of residential / condo vacation and primary homes, investment properties and commercial sales.

"I'm eager to be part of the most productive real estate network in the country and heighten the buying and selling experience for my clients," Linda said. "The winter real estate season is upon us. Vacation homes are in high demand. They are selling quickly and I bring my experience to the consumer to help guide them through the process."

McCullough holds many prestigious real estate designations such as the Certified Residential Specialist, Seniors Residential Specialist, Graduate of the Realtor Institute, Certified Distressed Property Expert and she is a licensed Associate Broker in NJ and MY, and of course



a licensed sales associate in NH.

Linda also believes in giving back to her community and donates a portion of every commission to The Children's Miracle Network. She is actively pursuing opportunities to reach out to the community and help those in need.

For more information about McCullough or RE/MAX in the Mountains, please contact Linda at 973-277-1438 or by email; lindam@remax.net

## Lyndon State College's Twilight Players Present Their Annual Holiday Spectacular

On Saturday December 2nd, LSC's Twilight Players will present the fifth edition of their Holiday Spectacular. The show is a variety hour filled with holiday music, songs, sketches and dance.

This year's program continues last year's theme of 'North Pole's Got Talent', featuring Twilight Players and other Lyndon State College performers, along with appearances from the Lyndonville community.

This family friendly evening is directed by Crenshaw Lindholm and Jake Mead. In lieu of admission Twilight Players asks audience members to bring a non-perishable food item or a new unwrapped toy that will be donated to H.O.P.E. H.O.P.E is a Lyndon area non-profit organization that provide a number of services to area families and individuals in need.

Curtain time will be at 7:30pm in the Alexander Twilight theater. To reserve seating or for more information contact 802-626-3663 or visit the Twilight Players page on Facebook.



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# ACT Establishes New Conservation Action Fund

FRANCONIA – Thanks to the generosity of a local resident and her deep commitment to the North Country, Ammonoosuc Conservation Trust has established a new fund aimed at making conservation available to all.

“Our new Conservation Action Fund allows us to move quickly and work with all landowners,” said ACT Executive Director Rebecca Brown. “Often landowning families can’t wait for us to raise funds through grants or other fundraising. This allows us to start to work immediately and complete projects far more quickly.”

This year, ACT will protect over 300 acres of land to help keep clean water in streams, floodplains, and fish habitat. Early next year, ACT expects to protect an additional 800 acres including farmland and forests for people and wildlife. ACT aims to keep the North Country healthy and vibrant by conserving working landscapes and bringing community together through a shared love of the outdoors.

“We’re a lucky bunch here in the North Country,” said Gal Potashnick, ACT’s Community Engagement and Member Services Director. “We have the ability to look out the window onto a natural expanse and go for a stroll in the woods without much of a thought. We live here because we love this place, and whether or not we think about it, it speaks to us. It gives us a place to revitalize our spirit, a place to take a deep breath, a quiet place to call home.”

“Now, close your eyes and imagine your favorite place, a place you share with those closest to you. What does it smell and sounds like? How does the light change through the seasons? This feeling, shared by multitudes of others be-

fore you in that same place, can be passed to future generations by protecting the land you love through conservation. We believe that protecting land should be possible for everyone in our community and thanks to a generous gift by a local supporter, money doesn’t have to be a stumbling block,” Potashnick continued.

“The donor is motivated by a deep appreciation for our shared responsibility to keep our towns and villages surrounded by the forests and farmlands iconic to our area,” said Brown. “By offering financial support to families who wish to conserve their land, and who are not in the position to take advantage of federal tax incentives or make a donation to help cover the costs of the project, the Conservation Action Fund makes conservation open to all families wanting to protect their special places, the land they love.”

The Ammonoosuc Conservation Trust is the North Country’s regional lands conservancy, protecting land for the vitality and well-being of our region. Learn more, get added to the E-News and become a member at [www.aconservationtrust.org](http://www.aconservationtrust.org) or call (603) 823-7777. For other news and upcoming events, follow ACT on Facebook: [www.facebook.com/aconservationtrust](http://www.facebook.com/aconservationtrust)



# Haverhill School Projects



Board has been given the Facilities Committee’s recommendations and we continue to adjust some aspects of the plans for WHS. The High School plan has seen some changes as we have needed to go back and re-evaluate some of the information that was provided to the committee and upon which decisions were made.

It is our desire to have building plans that resolve the important issues and not only make a better and safer learning environment but try to not increase our taxes. This is difficult but not impossible. The concept of tuitioning our High School students is also on the list of considerations for the public to decide. We face pressure from many directions.

One particularly sore point is our funding. The state legislature has chosen to reduce our funding by about \$130,000 every year for 25 years at which time their support from this stabilization program will be reduced to zero. I believe this coming year we will receive \$390,000 less than it would have been. This cost shifting has done some major damage to our funding. I’ve spoken to Representatives Ladd and Guida about this as well as the NH Commissioner of Education. The answer was similar from each.

They advised that we reduce the size of our schools to reflect our reduced enrollment. At the rate that the state is cutting funds, this would amount to a reduction of about 1.5 teachers per year until we are down more than 30 teachers. That’s unthinkable and very disappointing. The alternative is for our local taxpayers to pick up the difference. That’s unthinkable too.

So, let’s summarize. Our facilities have many needs. Demands for services are increasing and especially government mandated specialized services. Costs to provide all of these services are increasing. State funding sources are pulling back despite the expensive services that they mandate. The local taxpayers are fed up with rate increases and make it clear they won’t stand for any more. Hey, if this were easy, anyone could do it. The three major concepts under consideration will be the subjects of the articles that follow.

Respectfully,  
Richard Guy,  
Haverhill School Board  
Chair

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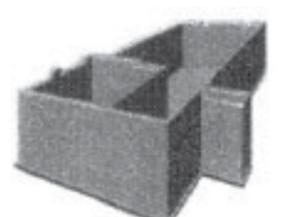


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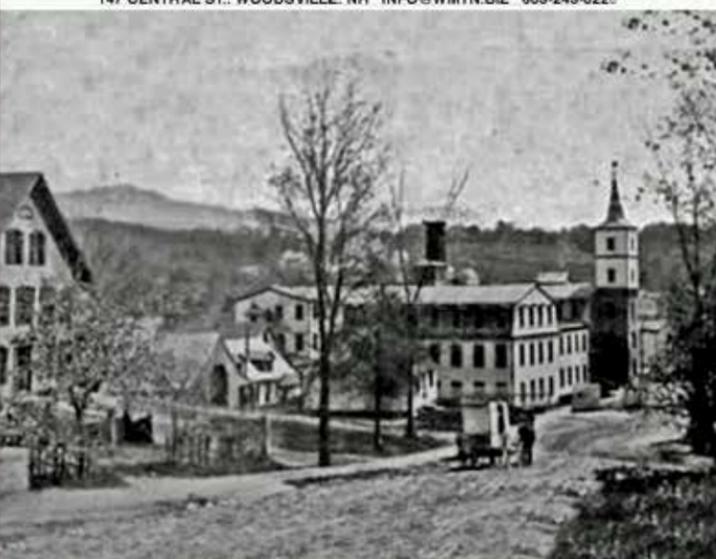
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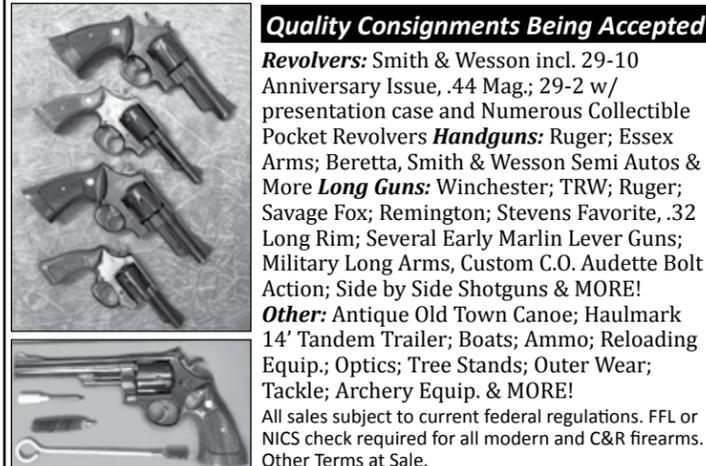
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# Can You Afford to Retire Early?

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Some people dream of retiring early. Are you one of them? If so, you'll need to plan ahead – because a successful early retirement can't be achieved through last-minute moves.

So, if you're determined to retire early, consider taking the following steps:

Pick a date. Early retirement means different things to different people. But it's important to pick an exact age, whether it is 60, 62, 64, or whatever, so you can build an appropriate retirement income strategy.

Think about your retirement lifestyle. You may know that you want to retire early – but have you thought about what you want to do with your newfound time? Will you simply stay close to home and pursue your hobbies? Do you dream of spending two months each winter on a tropical island? Or are you thinking of opening your own small business or doing

some consulting? Different retirement lifestyles can have vastly different price tags. Once you've envisioned your future, you can develop a saving and investment plan to help you get there.

Boost contributions to your retirement plans. If you want to retire early, you may well need to accelerate your contributions to your retirement accounts, such as your IRA and your 401(k) or other employer-sponsored plan. You may need to cut back in other areas of your life to maximize the amounts you put into your retirement plans, but this sacrifice may be worth it to you.

Invest for growth. Your investment strategy essentially should be based on three key factors: your goals, risk tolerance and time horizon. When you change any one of these variables, it will affect the others. So, if you shorten your time horizon by retiring early, you may well need to reconsider your

risk tolerance. Specifically, you may need to accept a somewhat higher level of investment risk so you can invest for greater growth potential.

Keep a lid on your debt load. It's easier said than done, but try to manage your debt load as tightly as possible. The lower your monthly debt payments, the more you can contribute to your retirement plans.

Life is unpredictable. Even if you take all the steps described above, you may still fall short of your goal of retiring early. While this may be somewhat disappointing, you might find that adding just a few more years of work can be beneficial to building resources for your chosen retirement lifestyle. For one thing, you can continue contributing to your IRA and your 401(k) or similar employer-sponsored plan.

Plus, if you're still working, you may be able to afford delaying your Social Security payments until you're closer to your "normal" retirement age, which, as defined by the Social Security Administration, likely will be 66 or 67. The longer you put off taking these benefits, the bigger your monthly checks, although they will max out once you reach 70.

And even if you are not able to retire early, some of the moves you took to reach that goal – such as contributing as much as you could afford to your IRA and 401(k), controlling your debts, and so on – may pay off for you during your retirement – whenever it begins.

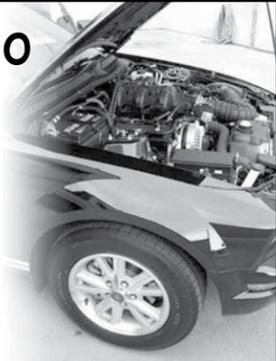
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BY JIM HOBBS - WHITE MOUNTAIN TRADER - 603-243-0225 - INFO@WMTN.BIZ - WOODSVILLE, NH



The original Mulliken Block, more recently Woodsville Book Store and Everything But The Cook, had 12 upper windows, and ran all the way to the fire station including over what is now the exit from Chapel Street.

The part with the 8 windows was the original part and was built in 1900. The portion with the 4 windows was built in 1901. Doe Bros. from Bradford was the first tenant (right end) along with Mulliken Hardware store.

The fire started in the annex and quickly spread into the main building, demolishing it. I am told remnants from the fire (1916) was used to build the building set back from the present 4 window annex and housed a garage. Bartlett-Mulliken, then Wiggin's Central Garage and lastly Walker and Eastman Motors, moving from North Court street. .. See below for the progression.



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The Present Mulliken Annex



# Bullies and Butterflies

by Maggie Anderson

The determined stride of the businessmen is echoed in the staccato of machinery changing the face of the city with equal determination. With the Olympics bearing down on Tokyo everywhere I look something is being polished or demolished.

The struggle here is the same as that faced by towns and cities all over the US, all over the world really; trying to keep pace with a world that changes by the nano second and clinging at the same time, sometimes in desperation, to those things that make a place the reason people flock to an area like monarchs to milkweed.

That struggle often creates conflict where none existed before. When the selectmen in a small town decide to improve the roads by changing boundaries or installing curbs and sidewalks, not everyone is as thrilled with the prospect of what those changes will do to a village they've always seen as perfect the way it is.

The recent tug of war with the USPS and small towns all over the country was a crystal clear picture of the difference between what one side feels is a vast improvement and the other sees as something between sheer desecration and, at the very least, a huge inconvenience.

It is a problem as deep-seated as humanity itself and can be traced as far back as written history. How do we live in such a way as to see that each person has what they see as necessary to their survival without encroaching on someone else's space and trampling his right to live the way he chooses. How do we keep ourselves in check when we see something we think we ought to have and there is no one around strong enough to stop us?

I recently shared a con-

versation with a young friend about his latest vacation. He has just returned from a trek into an area few people have ever been before and his insights into the plight of those who live there is the stuff that memorable conversations are made of.

He journeyed far into the jungles of Papau in the western part of New Guinea. Papau, New Guinea was scooped up to become part of Indonesia by what is referred to as a "popular consultation" in 1969. Interesting that the "popular consultation" fell on the heels of mining interests in that part of the island and the voice of massive logging companies looking for another forest to claim.

It occurs to me that the timing of one person's consideration for another's welfare often begs the question, whose well being are we actually talking about? It is the classic tale of the school yard bully; he only picks on those he knows haven't the power to stop him and he always gets what he wants as long as no one steps up and supports his victim.

Which brings me to the issue of the beautiful ginkgo trees at the entrance to Ueno Park here in Tokyo. They were scheduled to be cut down and hauled away in some misguided effort to beautify that area of the park. They would have been if not for the tireless efforts of citizens who saw them as not only worth saving but also as a symbol of an ancient civilization. Their beguiling shape and the brilliance of their foliage this time of year draw people here like, well, monarchs to milkweed.

The signatures on the petition for a stay of execution for the gorgeous ginkgos reminded me that anything is possible if enough people believe it and are willing to stand up for it.



# What About Ma?

by Kellie Quackenbush

## Limited Options

A recent article found in the "Valley News" about the Brookside Nursing Home, located in White River Junction of Vermont being closed is a sad story. The nursing home provided space for 67 people that need help for their daily lives. The funding for these people to stay at Brookside came from Medicare and Medicaid. Due to a failure to upkeep safety standards and follow established guidelines for nursing homes, Medicare and Medicaid has given notice that they would no longer be paying for people to stay at the Brookside Nursing Home.

There is a crisis in health care for those with chronic illness and aged individuals. The number of nursing homes in our region is getting smaller. Specifically, those places that accept Medicare and Medicaid. One only needs to open the classified ads in the daily paper to see there is a huge need for health care workers. Most people, when faced with an aging family member, try to take care of

their loved one at home first.

When dealing with dementia or Alzheimer's disease, the amount of time and care required increases with every day. Hiring agencies to provide respite care or daily care while trying to maintain a work life is costly. The dependable helper's that are found for private care create their own financial strain on a home care situation. Eventually, when all financial resources have been expended, the only option left is a nursing home with a memory care unit. That is when you find out how very limited the options in this area are.

"Bloomberg" recently published the results from a recent study that suggests that health is declining in the American population. Millions of middle-aged workers are expected to work longer and have a shorter and a less active retired life. Due to illness and serious health issues that are affecting people in their late 50s, people that retire in their mid to late 60's are unable to

have a vigorous retirement. The ability to care for oneself beyond retirement age is lessened.

Due to the increasing numbers of people reaching retirement and needing help to function in their daily lives, the need for Adult Day programs, Assisted Living and nursing homes is rising. Medicare does not pay for Assisted Living and pays for limited stay in a nursing home. Private pay nursing homes (especially those with memory care units) will cost anywhere from \$4000 to \$15000 a month.

What we can do now; advocate for senior housing development. Contact your county commissioner or state representative and express your concern over the limited availability of nursing homes that accept Medicare & Medicaid. Encourage high school students to join a health care profession. Support nursing education in the community colleges and state run schools. Stay informed about what services are available in your area.

Benefits for retired people and those with chronic illnesses are being reduced by funding cuts. Even if you do not need these services, someone near you does, please voice your concerns to your elected representatives.

## Hobo RR Announces 2017 Santa Express

LINCOLN, NH – The Hobo Railroad in Lincoln, NH recently announced the schedule for their Santa Express Trains which kicks off the Friday after Thanksgiving, November 24th, and operates weekends at 1:00pm through Saturday, December 23rd, 2017.

All passengers aboard the Hobo Railroad's popu-

lar Santa Express Train receive a cup of hot chocolate and each family or group receives a box of Holiday Cookies to enjoy during the 1 hour and 20 minute holiday excursion. Children are given letters to complete for Santa which he picks up as he makes his way through the train. On the return trip to Hobo Junction Station, Santa surprises each child on the train with a special gift. Upon returning to Hobo Junction Station, guests are encouraged to pose for pictures with Santa on the Platform.

"We look forward to announcing our Santa Express Trains schedule every year" stated Paul Giblin, Director of Marketing & Business Development for the Hobo & Winnepesaukee Scenic Railroads. "The Santa Express Trains have been part of our annual schedule since the Hobo Railroad first opened 30 years ago in 1987. For many of our guests, enjoying hot chocolate and holiday cookies with Santa on the train has become a long-standing family tradition. In fact, in many cases we're seeing second and third generations returning to create their own family traditions."



Tickets for the Hobo Railroad's Santa Express Trains are \$22.00 for Coach Class seating and \$28.00 for First Class seating (ages 3 and up), while ages 2 and under ride for free. Advance reservations are strongly suggested and can be made by visiting [www.HoboRR.com](http://www.HoboRR.com) or by calling (603) 745-2135 between 9:00am and 3:00pm Monday through Friday. The Hobo Railroad is conveniently located in the village of Lincoln, NH, just off I-93 at Exit 32, directly across from McDonalds.

2017 Santa Express Train Schedule (all Santa Express Trains depart Lincoln, NH at 1:00pm)

- December 2 & 3
- December 9 & 10
- December 17, 18 & 23

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Trendy Times reserves the right to accept or reject publication of any letter to the editor or submission of any nature for any reason. *Of course you will need to be really out there for us to turn you down.* We also reserve the right to make slight changes to submissions for readability purposes.

Thank you for your understanding.



# TRENDY TIMES

A FREE PUBLICATION

## Robert C. Ellsworth - OBITUARY

Bath, NH – Robert C. Ellsworth, passed away peacefully at the age of 93, on November 19th, in his home with his caregivers Shawn, Cindy, and Laura, and his dog Gus, by his side. He was an exceptional husband, father, grandfather, brother and friend.

Bob proudly served during World War II in the Army Air Corps in France and England. He retired from New York Telephone as an investigator and moved to Bath, NH, where he built his log home and resided with his wife, Bev, who predeceased him in 2014. They had a blissful 70 years of marriage. He was a member of the Masonic Order for many years. He was an avid fisherman and pilot, enjoyed canoeing, sailing, radio-controlled planes and boats and traveling. He had a wonderful sense of humor and loved animals and nature. Bob volunteered at the Bath Congregational Church and served Meals on Wheels with Bev for many years. They traveled extensively throughout the United States, Canada, and Mexico in their Winnebago with their dog.

Survivors include his children Lynn (Jay), Lori (Lou),



and Bob (Dianna), three grandchildren, two step grandchildren, and four step great grandchildren, and his sisters, Alleda, Kathy and Lori.

His family wishes to thank all of his exceptional caregivers for their love and compassion and all of his friends for their love and support and also for the wonderful hospice care that he received.

A Celebration of Life service will be held on April 7, 2018 with details to follow.

In memory of Bob, consider donating to North Country Hospice, 563 Cottage Street, Littleton, NH 03561, or a charity of your choice.

Ricker Funeral Home & Cremation Care of Woodsville assisted with arrangements.

## Managing Holiday Stress for Family Caregivers

ST. JOHNSBURY – Does your holiday season seem like a speeding merry-go-round of cleaning house, shopping, wrapping, baking, and non-stop entertaining?

As the family caregiver, do you want to find a simpler, even slower, carousel to ride? One that might allow you to celebrate life and those you share it with instead of one that opens the door for resentment to simmer just below the surface?

Come find out how in a 90-minute workshop to be led by Nancy Oakes, director of the Family Caregiver Support Program at the NEK Council on Aging, on Dec. 5 at NVRH. Oakes will help participants assess traditions, how they might be streamlined, how to design a care plan, and how to be more alert to the more subtle triggers of holiday stress.

“Making cookies with the person you care for may continue to be a pleasant activity for you both,” explained Oakes.

“But if you are used to serving a dinner for twelve on Christmas Eve, and this is becoming too much for you and overwhelming for

the person you care for, it's time to be flexible and make new traditions.

“When you put your care first, you can prevent or even recover from the negative effects of stress, like resentment and depression,” she continued. “So, a potluck brunch for five just might provide that familiar feeling of well-being and family connection.”

“Managing Stress for Family Caregivers” will take place in the hospital's business center, in Room 126 on the ground floor. Parking is free in the large lot across Hospital Drive. The free workshop starts at 3 p.m. on Tuesday, Dec. 5. Please register by calling Oakes directly: 751-0435. You can also e-mail questions in advance via: info@nekouncil.org. Please put “caregiver” in the subject line.

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## Seasonal Safety Rest Areas in Littleton, Colebrook and Lebanon Will Operate Year-Round

Concord, NH – The New Hampshire Department of Business and Economic Affairs (BEA) and the New Hampshire Department of Transportation (NHDOT) today announced Safety Rest Areas in Colebrook, Lebanon, and Littleton will be operated on a year-round basis. The facilities previously operated seasonally.

Safety Rest Areas in Lebanon, Littleton, and Colebrook, located along Interstate 89, Interstate 93, and US Route 3 respectively, serve as entry points to the northern and western regions of New Hampshire. For more information on New Hampshire's twelve Safety Rest Areas, please visit: <https://www.visitnh.gov/getting-around-nh/travel-resources/safety-rest-areas>.

“New Hampshire's twelve Safety Rest Areas are valuable resources to the traveling public,” said Victoria Cimino, director of the Division of Travel and Tourism Development, a division within BEA. “The extended service will allow for consistent hours of operation across the state's system of rest area facilities.”

In December 2015, a pilot

program enabled the three seasonal facilities to remain open throughout the winter months. In 2016 and 2017,

combined foot-counts at the three facilities totaled more than 600,000 people.



Safety Rest Areas in Colebrook, Littleton and Lebanon will now operate on a year-round basis. Officials from the New Hampshire Department of Business and Economic Affairs and the New Hampshire Department of Transportation, along with elected officials and local business leaders, gathered at the Safety Rest Area in Colebrook today for a special event announcing these facilities' year-round status. Pictured here, Representative Gene Chandler addresses the crowd, while Taylor Caswell, commissioner of the New Hampshire Department of Business and Economic Affairs, looks on.

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by Cindy Pinheiro  
to contact Cindy (aka Cin Pin)  
write to the editor at  
gary@trendytimes.com

## Eclair Cake.

Hello Hello my fellow chefs! Recently I had lunch with my friends at the Gilman/Lunenberg/Concord Senior Meal Center in Gilman, Vermont. I enjoyed a wonderful lunch and a great dessert. Eclair Cake. I told them I wrote a column for Trendy Times Free News-

- STANT pudding.  
1 & 3/4 Cup of Milk  
1 - 8 oz container of Frozen whipped topping (Cool Whip)  
1 box Honey Graham crackers  
1 can Dark Chocolate Frosting



paper called Trendy Kitchen and wondered if they would share that recipe. They were thrilled and I know you will be too when you taste it, and it's a No Bake recipe!

- You will need:  
9 x 13 pan, ( I used my glass pan)  
1 box 3.4 oz vanilla IN-

Mix well the instant pudding with the 1 3/4 cups milk, put in fridge till firm. When firm mix well the 8 oz. cool whip with the pudding. I used a whisk. Line the 9 x 13 pan with one layer of graham crackers. Spread 1/2 the pudding/cool whip mixture over the graham crack-

ers. Put another layer of graham crackers and spread the other 1/2 of the pudding/cool whip over them. Add a final layer of graham crackers and cover with plastic wrap and refrigerate over night or at least 4 hours. It will firm. Spread the dark chocolate frosting of the top layer of graham crackers and refrigerate. The graham crackers get soft and cake like. That's it.

You can try to cut in squares but it's not easy. Try using a large serving spoon to scoop out servings. Keep leftovers refrigerated. Pretty easy!

I encourage you all to visit the Gilman Senior Center and support their hard work and dedication. They are opened Tuesday through Friday. Visit all Senior Meal Centers. They ask for a \$3.50 donation for those 60 or older and \$4.50 if under 60 years. Call for reservations at 802-892-6616. Take a ride and visit all the senior centers and see a part of the North East Kingdom in Vermont, you never know who you'll meet and you won't be disappointed.

I hope you enjoy this dessert because it's "Delicioso". Keep those comments coming in.

Signing off, Cin Pin.

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WOODSVILLE, NH - One of the best locations for a business in the town. Located across the street from the Wal-Mart entrance. Traffic lights controlling entering and exit. Building has great potential for another business venture or convert it back to an apartment. Lot size 0.32. Plenty of foot traffic as well. Be your own boss. Great price for commercial property. \$75,900.



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