



TRENDY



TIMES

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Newbury Acquires Tucker Mountain as New Town Forest

The Town of Newbury recently completed the long-sought purchase of a 636-acre parcel that will be the new Tucker Mountain Town Forest. This purchase culminates a two-year effort, spearheaded by local citizens, the Newbury Conservation Commission and the Vermont Land Trust to secure iconic forestland in the Upper Valley area for the Town of Newbury. This purchase occurred more than a year after the townspeople of Newbury voted twice in favor of the purchase.

The Town of Newbury purchased the land from the Vermont Land Trust, who in early September bought it as two parcels: 142 acres from Ted and Deborah Leach; and 494 acres from Ted and his siblings Tina Clark, Suzanne Charity, Lucinda Leach, along with their late sister Robin's children, Alexia Vondrak and Joshua Moody. The family sold the land to VLT for a total of \$384,500, just over half of the appraised value.

"As far back as the 1940s, my parents, Phil and Ginny Leach enjoyed the distant views from atop Tucker Mountain," said Tina Clark. "In the early '70s, much development was taking place

in Vermont and Tucker Mountain was up for sale. Phil and Ginny made the decision to purchase the land to protect it as open space. They have both since passed on, leaving Tucker Mountain to their children and grandchildren. We live far and wide, so we turned once again to VLT for guidance in further protecting the mountain we love. Our family members are so very grateful to all those who have embraced the concept Tucker Mountain Town Forest, which is now a reality."

The 636-acre town forest includes most of Tucker Mountain, 1,690 feet in elevation, along with Newbury's highest point, the 1,742-foot summit of Woodchuck Mountain.

The top of Tucker Mountain was cleared for pastures in 1810 and has remained open since. These grassy meadows have panoramic views, abundant wildflowers and excellent habitat for nesting birds. The forest also has beaver pond wetlands along the West Branch of Halls Brook along with a large vernal pool. Hunters, hikers, cross-country skiers, snowmobilers, mountain bikers, horseback riders, and ATV riders all use the moun-

tain. Newbury and Bradford students make yearly treks to the top and have celebrated International Day of Peace there.

The Town of Newbury voted to contribute \$25,000 toward the purchase of the town forest. The project was also funded with competitive grants from the Vermont Housing and Conservation Board, the Open Space Institute's Community Forest Fund, the Upper Connecticut River Mitigation and Enhancement Fund of the New Hampshire Charitable Foundation, the National Fish and Wildlife Foundation, the Vermont Land Trust Forest Fund, Davis Conservation Foundation, Fields Pond Foundation, and charitable donations from the community.

More than 115 donors from the Upper Valley and beyond provided nearly \$100,000 in contributions to complete the purchase and endow a fund dedicated to stewardship.

"Gifts were provided by many Newbury residents who have enjoyed the mountain over the years," said Bob Linck, Central Vermont Regional Director of the Vermont Land Trust. "The outpouring of support shows how important this place is."



The next step for the Newbury Selectboard will be to appoint a management committee of Newbury residents representing various user groups. The committee will draft a plan for how the forest will be used for recreation, education, hunting and timber harvesting. The plan will also specify access and ecological protects for the land, forests, wetlands and wildlife. The Newbury Conservation Commission will work closely

with the committee.

There is an interim management plan, written by a town-appointed committee and chaired by Bob Beaulieu, Newbury's road foreman. The committee is focused on management that could help control erosion of the Class IV Tucker Mountain Road and avoid future degradation on the mountaintop, where heavy vehicle use has created gullies and damage to the high meadows.

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TRENDY Dining Guide

Peyton Place

by Gary Scruton

There are all types and styles of dining out. We visited an eatery that hits several of those marks for this review. We had the opportunity to speak with Heidi Peyton, the owner and hostess, at Peyton Place who was happy to tell us about their variety of special nights each week at the historic 1773 Tavern House.

We visited Peyton Place on a Friday evening when they feature a community table. This means a large table with an open invitation for singles, couples, or even groups, to come in and make a community gathering.

We had made reservations and were seated at a nice little table for two looking out a window. A candle was on our table along with the cloth napkins and sturdy

silverware.

Heidi soon came over with menus, a wine list, and a bottle of water that she left on the table after filling our water glasses.

Peyton Place is now featuring a tappas menu (small portions) but they also offer a pair of "full plate" items each night. The menu also contained a number of vegetarian and gluten free choices.

After some time looking over the menus we were ready when Heidi came back to make our choices. Janice went tappas style and ordered a pair of spring rolls, vegetarian lasagna and a chicken skewer.

I am still a creature of habit and took advantage of the full plate option. One of the dishes was listed as a seafood of the day. Heidi told us that the meal was haddock

coated with a shaved potato coating. I also ordered a bowl of clam chowder. Plus with the recommendation of Janice, I got a glass of red merlot wine.

For anyone who is looking to pop into a place to get a bite to eat, then Peyton Place may not be your spot. This is a place to visit when you want the chance to sit back, enjoy your food, enjoy the atmosphere of the establishment, and really have a memorable night.

My glass of wine was the first to arrive at our table. A nice tasty, full bodied, but not too sweet, wine that went well with my meal. Next came my chowder and two of Janice's dishes. Her spring rolls came with chop sticks (which she worked with for only a short time before picking up the fork)

These were crispy in a rice wrapper and was served with a delicious dipping sauce. The chicken skewer was well seasoned (as is everything at Peyton Place) and was so tender it almost melted in your mouth.

My chowder was served in a rather low, flatter bowl on another plate. There was no question that it was clam chowder as there were plenty of good chunks of clam. The chowder was also thick enough that as I ate and the chowder got low I could push it to one side and it stayed there. Just delicious.

Janice's lasagna was filled with a variety of mushrooms, eggplant, vegetables, hand made pasta and a big thick layer of mozzarella cheese. She stated that every bite surprised her with a distinct taste. Definitely a tappas dish to enjoy and appreciate.

When my haddock arrived I was anxious to get a taste. The only way I could explain it was to say that the taste exploded on my tongue. I certainly took my time enjoying the dish and savored each and every taste.

Both Janice and I were very much enjoying our evening so we decided to stay a bit longer and try some-

thing off the desert menu. This was a separate menu that the evening's waitress brought over to us. Janice settled on a creme brulee while I asked for the five chocolate brownie with vanilla ice cream drizzled with a reaspberry sauce. They turned out to be two more excellent choices for us. My brownie was delicious, cooked just right, and the ice cream was just soft enough to be easily scooped up, eaten, and enjoyed. The creme brulee was a traditional vanilla pudding (smooth as silk) with that wonderful crackly sugar topping.

We spent close to two hours for our delightful dining experience at Peyton Place, time well spent. The tab for this experience was \$74.12, including tax, before we added our gratuity.

Editor's note: Trendy Dining Guide reviews eateries that advertise in our Dining Guide. A note to the writers of the unsigned letter we recently received, we do not always know in advance where we will be going next.. We also like to visit these eateries, when possible, without forewarning them of our arrival, or even of our attendance, in order to get the full experience of what each establishment has to offer.

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ACT Kicks off 2019 'Shoes-n-Brews at Bronson Hill & Iron Furnace Brewing

SUGAR HILL – Do you like getting outdoors? How 'bout a beer with friends? If you answered yes to either of those questions join us for Ammonoosuc Conservation Trust's first 'Shoes & Brews event of 2019 - wine drinkers welcome, too!

On Saturday, Jan. 12 the group will meet for a snowshoe (or X-C ski if that suits your fancy and conditions allow) at ACT's Bronson Hill Conservation Area in Sugar Hill at 2 p.m. After the walk we'll head to Iron Furnace Brewing in Franconia for brews and snacks from 4 – 5:30 p.m.

The snowshoe walk is planned for about an hour and a half and will be hosted by ACT Trustee Ned Brewer. We'll be moving at a slow to moderate pace along old woods roads and to the beautiful open fields on Bronson Hill. This magnificent land is currently be-

ing conserved with ACT by its generous landowner and through the support of ACT members.

We'll stop to warm up in the historic cabin and enjoy sweeping views of Franconia Ridge and beyond. Kids are encouraged to come along and dogs are welcome!

After the walk the group will reconvene at approximately 4 p.m. at Iron Furnace Brewing in Franconia for refreshments and a warm up. Come have a beverage, catch up with old friends and get to know more folks in your community. All are welcome (bring a friend!) and are free to come and go as needed. The event will officially run from 4 p.m. to about 5:30 p.m. but you're invited (even encouraged!) to stay and enjoy the delicious fare at Iron Furnace Brewing.

Registration for the

'Shoes portion of this event is required - for your safety and enjoyment we must cap the walk at 20 participants so please be sure to pre-register ASAP. Be aware registration closes on Friday, January 11th. Once registered, you will receive an e-mail with details on the meeting location. Registration for Iron Furnace Brewing is appreciated to help organizers plan accordingly. Not able to make it to both portions? You're welcome to join either or both. Only coming for the brews? Bring a friend(s)!

This program is free and open to the public, with a suggested \$5 donation to support ACT's land conservation efforts. Advance registration is required. Details and registration information are available at act-nh.org/education-events or by calling (603) 823-7777.

North Country Chorus Invites Singers

North Country Chorus will begin weekly rehearsals for its spring season on Tuesday 15 January at 7:15 pm in the band room of the Morse Center for the Arts at St. Johnsbury Academy. The group will perform Leonard Bernstein's Chichester Psalms and Gabriel Faure's Requiem in Littleton, Wells River, and St. Johnsbury on May 3, 4 and 5.

NCC is a community chorus of about 75 members serving the Upper Connecticut River Valley of New Hampshire and Vermont. Each December and May the Chorus presents concerts featuring mostly



classical works. Auditions are not required. The group welcomes all singers who are willing to commit to its standards of attendance and musical excellence. New members are invited to join through 29 January.

To learn more about the North Country Chorus or to register online, visit north-countrychorus.org. Questions? Contact Musical Di-

rector Alan Rowe at arowe@stjadecademy.org or at 802-748-5027. You are also invited to follow NCC on Facebook.

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Kicking off our 5th year, we invite friends, family and everyone interested in learning more about the band to come to our first practice of the year on Sunday, January 27th at the First Congregational Church of Littleton and have pizza with us. The event starts at 6pm with the band practicing our songs. Then we will break for pizza!

If you play an instrument, you are welcome to join in

our practice.

Please let us know if you think you might be attending, so we can order the right number of pies.

See you there!

Visit The Summertime Marching Band on Facebook, or call Perry Williams at (603) 307-9744 perry-williams999@gmail.com or Mary Choate at (603) 638-4903 marychoate@roadrunner.com

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The Denny Report

by NH State Representative
Dennis Ruprecht

Governor Seeks Common Ground in Inaugural Address



Governor Chris Sununu was inaugurated to his second term of office on Thursday, January 3rd. While laying out his priorities for the state over the next two years in his Inaugural Address, the Governor called for finding common ground and doing things "the New Hampshire way" by working together, disagreeing without being disagreeable, and not letting politics dictate policy.

Policy was the focus of the Governor's address as he introduced some of his legislative and budgetary goals including: reforms to the state's mental health care and foster care systems, education funding and in his words, "expanding a student's access to educational choices", as well as rejecting an income or sales tax and investing in work-

force development.

While policy was his focus, Governor Sununu also emphasized the importance of relationships and the value of not burning bridges, "Don't burn bridges," the Governor warned, "You'll be surprised how many times you have to cross the same river."

I think that this message is important. Relationships are essential, and especially in the New Hampshire House where there are 400 representatives. Building bridges, rather than burning them, is how progress is made and how government best functions. Over the course of this biennium, I look forward to building bridges with my colleagues on both sides of the aisle and working together to get things done the New Hampshire way.

by Jerry M. Stringham

As a newly elected state representative, I had the opportunity to have a one-on-one two-hour discussion over breakfast with recently re-elected Secretary of State William Gardner. I wanted to understand where we are and how we, as representatives, could help his 22nd term be a successful one. He was kind enough to share his 42 years of experience with me. In particular, I was interested in his election philosophy and attitudes about recent legislation, including SB3, which added many definitions to the provisions related to domicile requirements for NH voters. In part, I share concerns voters expressed to me. New voting restrictions might bring harm to New Hampshire.

NH's reputation for free, fair, and verifiable elections are part of our continuous selection as the nation's first primary for the past 100 years. In this most recent election, I saw the benefits of the paper ballot system personally while observing the recount in my own close election.

Secretary Gardner's history includes growing up during the Vietnam War, seeing friends go to war and die in battle, but not having the opportunity to vote in elections himself (due to

A Rep's Repartee

the voting age of 21. Such a powerful experience in his life has anchored his commitment for individuals to express their most sacred right as citizens – the right to vote. This is something I share.

Secretary Gardner enunciated the following tenants of NH election policy:

- Citizens can register on the day of the election
- Same-day registrants would get a full ballot (not a provisional ballot)
- Same-day registrants would not need any ID to qualify

Despite SB3, it is the Secretary's position that these principals are still present under current law. Of course, voters must provide their addresses and have their photo taken if they do not have proper ID. The state does follow up after the election and verify address with all of these voters.

Most of SB3's language deals with eligibility requirements. According to the Secretary, the law indicates the types of acceptable ID, but current law also indicates that citizens without ID can still vote. The purpose of much of SB3 is based upon a concern that college students should not be able to vote in NH and creates language that would indicate students and certain others should not vote in NH. How-

ever, case law on college students voting dates back to 1972.

I know a UNH student who votes in NH using his college residence as his domicile. He says, "That is where I live." If he did not vote in Durham, he would vote in New Castle, NH, which is the address on his driver's license and where his parents live.

I am grateful that our Secretary of State shares the goals of free, fair, and verifiable elections. I'm sure the legislature will continue to debate what represents appropriate residency verification.

I would like to express my admiration and appreciation for Bonnie Ham, my opponent, who has spent a lifetime serving our community. Thank you also to Secretary Gardner for his time and far-reaching discussion.

I will be serving the NH legislature on the Ways and Means Committee and look forward to hearing from constituents at any time.

Jerry Stringham is a graduate of MIT and Harvard Business School and represents Lincoln, Woodstock, and Waterville Valley as State Representative. If you need to reach Jerry, email Jerry@jerrymstringham.com.

Haverhill Candidates' Platforms: Wednesday, January 30 & Saturday, March 2

Again this March the voters of Haverhill will be asked to vote for candidates who

will be entrusted to spend local tax dollars as well as to lead the town and its citizens into the future. In response to suggestions raised at the "Vision for Haverhill" session in the spring of 2018, a chance to better know those who are running for those positions is being held.

This year's slate of elected officials is highlighted by two members of the Haverhill Selectboard and two members of the Haverhill Cooperative School District board. All four of these seats are for three year terms.

To fulfill the request to inform the voters of Haverhill as to who is on the ballot there will be two Candidate Platforms scheduled before town meeting. The first will be held on Wednesday, January 30 from 6-8 PM at the Clifford Memorial Building (the former armory) in Woodsville. All announced or registered candidates are invited to participate in this platform so that voters can ask questions of their potential representatives.

Following this first meeting there will still be two days for any additional can-

didates to file with either the Town Clerk (Select Board and other offices) or with the SAU office (School Board seats) The deadline for signing up is Friday, February 1.

Then the second Platform will be held on Saturday, March 2 from 10 am to 1 pm at the Morrill Municipal Building in North Haverhill. This session will allow for voters to have another chance to ask questions of candidates just before town meeting balloting which will take place on Tuesday, March 12 during the day.

At both of these platforms, each candidate will be furnished a table and chair. Their name and the position they are running for will be displayed on the table. Members of the public will be encouraged to step up to the table in order to ask questions about budgets or any other policy items that may be relative to that position.

There is no charge for either candidates or voters to attend either of these platforms. They are being presented as a public service by Trendy Times.

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HAVERHILL CANDIDATES' PLATFORMS

**Wednesday, January 30
6:00 - 8:00 PM**

**Clifford Memorial Building
Route 135, South Court St.,
Woodsville**

**Saturday, March 2
10:00 AM - 1:00 PM**

**Morrill Municipal Building
(Town Office Building)
North Haverhill**

These Platforms are being held to allow all Candidates for Haverhill Town Offices a chance to answer questions from voters about current issues, future plans or whatever.

In order to be on the 2019 Haverhill Ballot a Candidate must sign up between Monday, January 21 & Friday, February 1 at Haverhill Town Clerk's Office

**Positions to be voted on during balloting on:
Tuesday, March 12, 2019 include:**

Two Selectboard Seats (3 year term)

Current Members: Wayne Fortier & Christopher Luurstema

Town Treasurer (2 year term) Current Treasurer: Jonathan Hobbs

Trustee of Trust Funds (3 year term) Current Trustee: Scott Horne

2 School Board Members (3 Year Term)

One is from the Pre-Existing Woodsville School District: Richard Guy

One is an At-Large position: John Rutherford

These Platforms are Sponsored by Trendy Times as a Public Service.

For more information contact Gary @ 747-2887 or email Gary@TrendyTimes.com

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Calendar of Events

A Full Page of Events from Local Non-Profits, Schools and Towns. *Presented FREE by Trendy Times.*

SATURDAY, JANUARY 12

CHICKEN & BISCUIT DINNER
5:30 - 7:00 PM
United Congregational Church of Orford UCC,

ACT SHOES & BREWS

2:00 PM
Bronson Hill Conservation Area, Sugar Hill
4:00 – 5:30 PM
Furnace Brewing, Franconia
See Article on Page 3

MICHAEL HAHN BAND

7:00 PM
NorthWoods Stewardship Center, East Charleston
See Article on Page 9

SUNDAY, JANUARY 13

BENEFIT TEXAS HOLD 'EM POKER
11:00 AM Cash Game - 1:45 PM Tournament
Moose Lodge 1779, St. Johnsbury

TUESDAY, JANUARY 15

NORTH COUNTRY CHORUS REHEARSAL
7:15 PM
Morse Center, St. Johnsbury Academy
See Article on Page 3

THURSDAY, JANUARY 17

VFW Post #5245 monthly meeting
7:00 PM
VFW Hall, North Haverhill

SUNDAY, JANUARY 20

BENEFIT TEXAS HOLD 'EM POKER
11:00 AM Cash Game - 1:45 PM Tournament
Amerian Legion Post #58, St. Johnsbury

ACOUSTIC MUSIC JAM

12:00 Noon - 4:00 PM
Clifford Memorial Building, Woodsville

MONDAY, JANUARY 21

HAVERHILL SELECT BOARD MEETING
6:00 PM
Morrill Municipal Building, North Haverhill

TUESDAY, JANUARY 22

ANNUAL COHASE CHAMBER MEETING
11:00 PM
Alumni Hall, Haverhill

SUNDAY, JANUARY 27

BENEFIT TEXAS HOLD 'EM POKER
11:00 AM Cash Game - 1:45 PM Tournament
American Legion Post 30, Lyndon

SUMMERTIME MARCHING BAND PIZZA PARTY

6:00 - 7:30 PM
First Congregational Church of Littleton,
See Article on Page 3

WEDNESDAY, JANUARY 30

HAVERHILL CANDIDATE PLATFORM
6:00 - 8:00 PM
Clifford Memorial Building, Woodsville
See Ad and Article on Page 4

THURSDAY, FEBRUARY 7

WOODSVILLE AREA FOURTH OF JULY COMMITTEE MEETING
7:00 PM
Woodsville Emergency Services Building

WEDNESDAY, FEBRUARY 13

ROSS-WOOD POST #20 AMERICAN LEGION MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

THURSDAY, FEBRUARY 14

ST. LUKE'S COMMUNITY MEALS
5:00 - 6:30 PM
St. Luke's Parish House, Woodsville

ROSS-WOOD POST #20 SONS OF THE AMERICAN LEGION MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

BATH LIBRARY BOOK CLUB

5:00 PM
Bath Public Library.
See Article on Page 9

ATTENTION ALL NON-PROFITS, SCHOOLS & TOWN GROUPS

Your upcoming event or Meeting can be listed Here for **FREE**
Date, Name of Event, Time & Location are listed.

Plus if you have provided a press release about your event
we will direct readers to that more in depth information.

Deadline for each issue is the Thursday before Publication.

Ongoing Weekly Events

MONDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Darling Inn, Lyndonville
BINGO - 6:00 PM
Orange East Senior Center, Bradford
TOPS (TAKE OFF POUNDS SENSIBLY)
6:00 PM - Peacham School
KIWANIS CLUB OF ST JOHNSBURY
6:15 PM - VFW Post, Eastern Ave.
DRAWING FROM LIFE - 6:00 - 8:00 PM
Joseph Patch Library, Warren
MONDAYS/WEDNESDAYS
RSVP BONE BUILDERS
10:30 AM – 11:30 AM
Linwood Senior Center, Lincoln
RSVP Bone Builders
1:30 – 2:30 PM
United Community Church, St. Johnsbury

MONDAYS/THURSDAYS

ADULT INTERVAL AEROBICS CLASS - 6:30
Woodsville Elementary School
GOLDEN BALL TAI CHI
8:30 – 9:15 AM – St. Johnsbury House
RSVP BONE BUILDERS
9:00 - 10:00 AM
Municipal Building, Lyndonville
9:15 – 10:15 AM
Congregational Church, East St. Johnsbury
6:00 - 7:00 PM
Community Church, Concord

MON./WED./FRI.

RSVP BONE BUILDERS
1:30 - 2:30 PM - United Community Church, St. Johnsbury
TUESDAYS
BREAKFAST BY DONATION
8:30 AM – 10:00 AM
Horse Meadow Senior Center, North Haverhill
RSVP BONE BUILDERS
9 AM – 10 AM - St. Johnsbury House
10:30 AM – 11:30 AM
Congregational Church, Danville
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Senior Action Center, Methodist Church, Danville
NOON - Presbyterian Church, S. Ryegate
NOON - Darling Inn, Lyndonville
RSVP BONE BUILDERS
2:00 – 3:30 PM - East Haven Library
TOPS (TAKE OFF POUNDS SENSIBLY)
Weigh In 5:00 PM – Meeting 6:00 PM
Horse Meadow Senior Center, N. Haverhill
EMERGENCY FOOD SHELF
4:30 PM – 5:30 PM
Wells River Congregational Church
COMMUNITY DINNER BELL -
5:00 PM September 5- June 5
All Saints' Church, School St., Littleton
AA MEETING (OPEN BIG BOOK)
7:00 PM – 8:00 PM
St. Luke's Parish Hall, Woodsville

TUESDAYS/THURSDAYS

RSVP BONE BUILDERS --
8:30 - 9:30 -- Monroe Town Hall
ACTIVE OLDER ADULT STRENGTH CLASS
1:30 PM
Woodsville Post Office, S. Court St
RSVP BONE BUILDERS
2:00- 3:00 PM -East Haven Library
TUESDAYS/FRIDAYS
RSVP BONE BUILDERS
9:00-10:00 AM
St. Johnsbury House
RSVP BONE BUILDERS
9:30-10:30 AM
GRACE Art Gallery, Hardwick
GOLDEN BALL TAI CHI
8:30-9:30 AM
United Methodist Church, Lyndonville
WEDNESDAYS
AQUA AEROBICS
Evergreen Pool, Rte 302, Lisbon
ADULT STRENGTH TRAINING
1:30 - 2:30 PM - United Community Church, St. Johnsbury
BINGO - 6:30 PM
Haverhill Memorial VFW Post #5245
North Haverhill
CRIBBAGE - 7:00 PM
Orange East Senior Center, Bradford
WEDNESDAYS/FRIDAYS
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - West Barnet Senior Meal Site
NOON - Darling Inn, Lyndonville

THURSDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Senior Action Center, Methodist Church, Danville
NOON - Darling Inn, Lyndonville
ST PAUL'S BIBLE STUDY ON JAMES, 6:15 PM, 113 Main St., Lancaster
TOPS (Take Off Pounds Sensibly) --
Weigh-in @ 6:00 p.m., meeting @ 6:30 -- Monroe Public Library
FRIDAYS
RSVP BONE BUILDERS
9:00 - 10:00 AM - St. Johnsbury House
9:30 - 10:30 AM
Grace Art Gallery, Hardwick
1:30 - 2:30 PM - United Community Church, St. Johnsbury
WORSHIP UNDER THE TENT- 7 PM
100 Horse Meadow Rd, No Haverhill
AA MEETING (OPEN DISCUSSION)
8:00 PM – 9:00 PM
Methodist Church, Maple St, Woodsville
SATURDAYS
STORY HOUR FOR CHILDREN - 10:15 AM
September thru May
Brainerd Memorial Library, No. Danville
SUNDAYS
CRIBBAGE - 1:00 PM
American Legion Post #83, Lincoln
NORTH DANVILLE BAPTIST CHURCH (ABC),
Worship and Sunday School, 9:30 AM
Refreshments at 10:20 a.m.

Todd Rust and The Appalachian Trail

by Elinor P. Mawson

Todd Rust is a typical teenager with atypical attributes. Unlike many people his age, he has been able to put a dream into reality and follow that reality into undertaking and completing a huge accomplishment.

Todd's father, David and his two boys spent a lot of time outdoors. David made sure there was hiking, climbing, skiing and other activities in their lives. As time went on they talked about bigger mountains to climb and other trails to hike, and even the Appalachian trail (AT) was mentioned. That planted a seed in Todd's mind. Although he was a teenager he began thinking that he, too, could hike the Appalachian Trail

When he was a sophomore in high school, he really began planning to do the hike. He ran the idea past a buddy, and it wasn't long before they were strategizing how they could make it happen. During their junior year the plans kept coming; for one, they decided to get their academic work done a semester early so they could begin their hike during the second half of their senior year. Using u-tube they found out about most of the equipment and other necessities they would need, and Todd found an app for his cell phone that would tell them about mileage, water sources, towns, post offices and other vital information. They realized that the AT was over 2,000 miles long, and started planning for their next 6 months.

They completed their high school requirements as planned and got their gear together. Todd said that he didn't completely believe their adventure would happen, even when he was on

the plane to Atlanta Georgia in March. The boys were transported to the trailhead by the buddy's mother and, after a brief and unemotional goodbye, they were on their way.

Todd says the first two weeks constituted their "training". It was a matter of dealing with the weather, their gear, their schedule and meeting other hikers. Their legs bothered them for the first weeks, but they finally felt fit enough to tackle their 15-20 mile a day schedule. Their food consisted of a pop tart or 2 for breakfast, a couple of bagels for lunch and a delicious dinner of ramen noodles. This menu didn't vary much unless they found some "trail magic" or went to a place in a town on their way.

Trail Magic consists of food left by other hikers or local people on the trail. It is available to anyone who comes upon it, and can be the usual fare or something far different. It is "magic" because it is most always welcomed and always used. The "Magic" sometimes includes transportation from the trail to a town or post office on their way. Many times, packages from home containing food or a change of clothes can be found at the post office; this has been planned for in advance and is always welcomed.

Every so often, hikers come to a town where there is a hostel or motel that gives a chance to get a much needed shower and a comfortable place to sleep. Todd says that several hikers can rent a room in a motel and all use the facilities and split the cost. Someone most always has to sleep on the floor, but that usually is a welcome change from the trail. Often there is a store where they can enjoy a cold soda and

replenish their supplies.

Somewhere along the trail, Todd left for a few days to go home to attend his Senior Prom. He also took another break to go home and graduate from high school. He went right back and resumed his hike.

When Todd and his buddy reached New York, they began to disagree about a lot of things. They had been in each other's company for many weeks, and they were getting tired of "getting along". With remarkable maturity, they decided to part company for awhile and hike alone. Each of them found other people to hike with during this time and found the change a good thing.

When Todd reached the Maine border, he met up with his buddy, and they decided to finish the trail together since they had started together. New Hampshire and Maine were the most difficult part of the Appalachian Trail--mountains were higher and more demanding, and Todd and his buddy were just plain tired. They were anxious to finish and go home to warm beds, hot showers and their families and friends.

Since they had had a few Zero days (when they didn't hike) they decided to do some long days--25 or 30 miles--to speed up the process. When they reached Mount Kahtadin, the terminus of the trail, they were elated to say the least, since the last three days had been the hardest of all. Todd says he looked out at the landscape from the summit and thought the view was one of the best he'd ever seen.

Like most hikers on the trail, Todd went through 3 pairs of footwear. He has decided that "trailrunners" are the most comfortable and best wearing, although when you walk 2,100 miles, shoes are going to wear out.

While Todd was on the trail, his parents had sold their house in New Ipswich and moved to Bath. Coming home was a double adjustment--getting used to a new home and getting used to not hiking somewhere every day. He found that sitting at home felt good, but it was a major change all the same. In a few weeks, he started looking for a job.

Todd's plans for the future take a couple of roads. He would like to go into business somewhere, and eventually go to college. His adventures on the trail have matured him, and given him an opportunity to take his time making decisions. He has accomplished a huge milestone at a young age. When asked if he would do it again, he replied with a immediate and resounding "Yes!"

Warren Library Opens Doors For Common Ground Forum



For the past five months the Joseph Patch Library in Warren, NH, has offered a Common Ground Forum covering assorted topics. They have been well attended by a diverse group of librarians, school principal, police chief, library trustees, politicians, parents with school kids and retired folks.

The week of Dec. 19, folks were invited to a Winter Solstice Celebration with promises of good cheer, conversation and refreshments. I attended this event also and enjoyed the warmth and shared camaraderie of a room full of people who had braved the cold to come out and enjoy an evening with friends and neighbors.

I feel now, more than ever before, there is a real need for us to provide a meeting place for people to come together including seniors who live solitary lives far from a nearby neighbor. I see the town libraries as a perfect place for this to happen. The key elements are Library Trustees and Librarian working together to make it happen.

The Joseph Patch Library is in the forefront leading the way to provide a place for people to 'connect' and is serving as a model. For information on Joseph Patch Library's future programs, call 603 764 9072

Submitted by: Martha Morrill, Retired Librarian

Northeast Kingdom Council On Aging Welcomes New Staff

St. Johnsbury, VT - The NEK Council on Aging is pleased to welcome Faith Therrein as the new Benefits Specialist and Cynthia Shelton as Case Manager. They will work out of the Council's St. Johnsbury and Newport offices and cover a service area including Caledonia, Essex, and Orleans counties.

"The two positions will work closely with one another," said Meg Burmeister, Executive Director of the NEK Council on Aging. "As the Benefits Specialist, Faith will connect elders with needed services and community supports including benefits applications, such as public benefits, health care, housing, and legal services. She will support staff such as Cynthia, our case managers and options counselors so our older Vermonters may continue to live as independently as possible within the framework of available resources and community supports."

Therrein comes to the Council with over 16 years of experience in health and human services and community action. She served as a case manager with NEK Community Action supporting the homeless by establishing case plans, mediating with landlords, managing



crisis support, and offering referrals to area agencies. Her community action service included support for case managers dealing with older Vermonters and those with disabilities.

Shelton, who graduated from Marlboro College with a B.A. in Writing, Art History, and Studio Arts comes to the Council after serving as a Nurses Aid and Physical Therapy Assistant in Sargent, NE and as the Activities Assistant at the Vernon Nursing Home. She has also worked for several organizations focused on, arts education, world and distance learning, and alternative fuels.

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Northern Counties Health Care Welcomes New Providers

St. Johnsbury, VT – Northern Counties Health Care, Inc. (NCHC), an award-winning northeastern Vermont community health-care network comprised of five primary care, three dental centers, and a home health care and hospice division, is pleased to welcome three new providers to their healthcare network.

Abby Young MSN-FNP, a board-certified family nurse practitioner, completed her training at George Washington University in May 2018 after earning her BSN at Norwich University. Her prior experience has included working as the Maternal and Child Health Coordinator at the Vermont Department of Health and serving as an ICU Staff RN at NVRH. Her passion for helping others came from her family's experience as first responders with a goal to help residents of the community live healthy and happy lives. She will care for patients at the Danville Health Center.

Alison Landrey, MD attended SUNY Downstate Medical Center and earned her Doctor of Medicine in 2009. She completed her Internal Medicine residency training at the University of Colorado in Denver. She also has a Bachelor of Arts in Religious Studies from Swarthmore College in Pennsylvania. In 2012, she started working at the UVM Medical Center as a primary care physician and assistant professor of medicine. She is passionate about primary care and preventive medicine and has special interests in shared decision making, patient communication, hypertension, prostate can-



Abby Young, FNP



Alison Landrey, MD



Logan Dege-Pearl, DNP, FNP - C

cer screening, and medical student and resident education. She will care for patients in the Hardwick Area Health Center.

Logan Dege-Pearl DNP-FNP-C, a board-certified family nurse practitioner, received her Doctor of Nursing Practice from the University of Massachusetts-Amherst in May 2018. She earned her Bachelor of Arts in Liberal Arts from Vermont College and an Associate Degree in Nursing from Castleton State College. Her career path started by serving as an EMT for 10 years and included three semesters of clinical experience at the St. Johnsbury Community Health Center and working as a nurse at the St. Johnsbury Community Health Center and in the emergency room at Northern Vermont Regional Hospital. Her hobbies include reading and traveling. She will care for patients at the St. Johnsbury Community Health Center.

The Northern Counties Health Care network includes Caledonia Home Health Care & Hospice, Concord Health Center, Danville Health Center, Hardwick Area Health Center, Island Pond Health and Dental Center, Northern Counties Dental Center (Hardwick), Orleans Dental Center, and St. Johnsbury Community Health Center.

On Thursday, December 6 Woodsville High School French III/IV students spent the afternoon at King Arthur Flour learning how to make the French baguette. There will be 11 other bread-making enthusiasts of all ages from across the country and even around the world learning how to make this icon of French culture. Best thing is they got to take their freshly baked baguettes home! w/ Ms. Linda Haggarty

Woodsville High School French III/IV Students Spent An Afternoon At King Arthur Flour In Norwich

Pictured: Judah Krull, Mikayla Smith, Haley Porter, Alex Whitney

Groton's Luncheon With Friends



Members of the Groton community and staff from the NEK Council on Aging were pleased to welcome neighbors at the new "Lunches With Friends" community dining site which opened on December 6th. Lunch and friendly conversation are provided every Thursday at noon at the Groton Methodist Church. Pictured are: (Back

row l-r) Kathleen Lamberton, Karen Budde (NEK Council on Aging), Judy Chandler, Julie Paton, Julie Knight, and Bill Paton. (Middle row l-r): Jeannie Denson, Mary Berjelung, and Susan Gordon. (Front row l-r): Millie Kizer, Pat Russell, and Lallie Mambourg (NEK Council on Aging).



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Roth vs. Traditional 401(k): Which Is Right for You?

For many years, employees of companies that offered 401(k) plans only faced a couple of key decisions – how much to contribute and how to allocate their dollars among the various investment options in their plan. But in recent years, a third choice has emerged: the traditional versus Roth 401(k). Which is right for you?

To begin with, you need to understand the key difference between the two types of 401(k) plans. When you invest in a traditional 401(k), you put in pre-tax dollars, so the more you contribute, the lower your taxable income. Your contributions and earnings grow tax-deferred until you begin taking withdrawals, which will be taxed at your ordinary tax rate. With a Roth 401(k), the situation is essentially reversed. You contribute after-tax dollars, so you won't lower your taxable income, but withdrawals of contributions and earnings are tax-free at age 59-1/2, as long as you've held the account at least five years.

So, now that you've got the basics of the two types of 401(k)

plans, which should you choose? There's no one right answer for everyone. You essentially need to ask yourself these questions: When do you want to pay taxes? And what will your tax rate be in the future?

If you're just starting out in your career, and you're in a relatively low income tax bracket, but you think you might be in a higher one when you retire, you might want to consider the Roth 401(k). You'll be paying taxes now on the money you earn and contribute to your Roth account, but you'll avoid being taxed at the higher rate when you start taking withdrawals. Conversely, if you think your tax rate will be lower when you retire, you might be more inclined to go with the traditional 401(k), which allows you to avoid paying taxes on your contributions now, when your tax rate is high.

Of course, you can see the obvious problem with these choices – specifically, how can you know with any certainty if your tax bracket will be lower or higher when you retire? Many people automatically assume that once they stop working, their tax liabilities will drop, but that's not always the case. Given

their sources of retirement income from investment accounts and Social Security, many people see no drop in their tax bracket once they retire.

Since you can't see into the future, your best move might be to split the difference, so to speak. Although not all businesses offer the Roth 401(k) option, many of those that do will allow employees to divide their contributions between the Roth and traditional accounts. If you chose this route, you could enjoy the benefits of both, but you still can't exceed the total annual 401(k) contribution limit, which for 2019 is \$19,000, or \$25,000 if you're 50 or older.

You may want to consult with your tax advisor before making any decisions about a Roth or traditional 401(k) – or Roth and traditional 401(k) – but in the final analysis, these are positive choices to make, because a 401(k), in whatever form, is a great way to save for retirement. Try to take full advantage of it.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor

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What About Ma?
by Kellie Quackenbush

All About Paying Attention

Here we are in 2019, a new year to make better choices and do better at everything. Good bye to the old year with the old problems. Not quite. Children are back in school, the weather is cold and ice is everywhere and what about Ma?

I was driving home tonight and a teenager was walking along the side of the road. Not uncommon but with it getting dark before 5PM, the teen with his black pants and hoodie was close to invisible. The roads are lined with snow and ice, forcing the teen to

be more in the road than on the side of the road--danger, danger. Had the teen been carrying a flash light or had an LED arm band, he would have been more visible to passing cars.

It was 25* this morning and snowing yet half of the children I saw going to school did not have gloves, mittens or hats. Some were wearing sneakers and did not have winter coats--why? Sleepy children (including teens) do not make good choices about what they wear in this winter season. Parents need to be more assertive to protect children from bad decisions.

The World Health Organization has addressed the issue of children in traffic crashes in the May 2015 article "Why are so many children involved in road traffic crashes" The big issue is that young children get distracted and make poor

judgement calls regarding the speed and danger of approaching vehicles and traffic. Limited attention spans along with gadgets like toys, cell phones and gaming devices add to the distraction.

The next big issue is how good is the daycare/after school service. Babysitters, home helpers and even parents get distracted with life overloads. Now is a good time to review your expectations of yourself and your care givers to make sure that all of your family needs are being met.

Care giving is sometimes a taxing job but mostly it can be tedious. If you have a loved one that has home helpers, now is the time to review daily routines and to be sure your care giver is still attending to your loved ones needs. Have the services they provide become less? Does your loved one seem anxious when you talk about their helper? Does the care giver need some time off to regroup?

In a nursing home situation, have there been changes in the staff? Does your loved one seem happy or withdrawn? Have you looked at their feet or hands and felt something was not right? Talk to the staff and charge nurse about your concerns and make more random visits at different times of the day so that you can be satisfied that proper care is being delivered.

Now is the time to renew your dedication to family and friends. You will not miss anything if you are paying attention.

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Horse Meadow Senior Center

Activities for January, 2019
Lunch is served daily at 12:00, except when noted
HMSC is CLOSED

January 21 Civil Rights Day
Breakfast Buffet: Every Tuesday @ 8:30-10:00
50/50 Raffle: 1/16/19 @ Noon

*Meals are available M-F for home delivery.

*A variety of Exercise Equipment is available daily in Bertha's room at HMSC
SPECIAL DAYS:
National Hat Day- Tuesday, January 15th

ENTERTAINMENT: Starts between 11&11:15
Phyllis: 1/8, 1/22
The Boy-z: 1/16
Ethel Cooper: 1/17, 1/31
Bob Benjamin: 1/10, 1/24
Wayne Klingler: 1/14, 1/28

CLINICS:

January ?, Foot Clinic with Beverly Sinclair, Call for appointments and date
January - Massage Therapy with Donna Paye, Call for Date and Time

ON-GOING ACTIVITIES:

Mel Colby JP, NP (NH) will be here at HMSC for notary services, free of charge
Domestic Trauma Support Group @ 10:45, Thursday 1/10, 1/24
Drums Alive on Tuesdays at 12:30-1:30

Bone Builders: Mondays, Wednesdays & Fridays @ 9:30, Tuesdays and Thursdays @ 1:30

Interfaith Fellowship & Coffee beginning at 9:30 on 1/15 w/ Pastor Wayne Chevalier All welcome!

Hearts & Hands Quilting: Mondays @1:00

Herbal with Elaine on Friday 1/11, 1/25 @ 12:30

Nifty Needlers: Every Tuesday 9:00-2:00

Writers Group: Wednesdays @ 10:30

Bingo: Wednesdays @ 1:00
Floral Arrangements w/ Jane: Thursday 1/10 @ 9:30

Mahjongg: Every Friday @10:30

Play Reading Group: Mondays @ 10:30

Cribbage: Thursdays @ 12:30

HMSC Chorus: Mondays @1:00

Sewing with Rosemary: Mondays @ 10:00

Hand and Foot Cards: Fridays @ 12:30

Ukulele: Wednesdays @ 1:00

Drums Alive: Tuesdays @ 12:30 come join us!

Beginners Quilting: Wednesdays @ 1:00

*Also, Please think about volunteering here at Horse Meadow or delivering meals!

Kingdom Coffeehouse with Michael Hahn

Celebrate the heart of winter with good music and warm company in the North-Woods lodge. Michael Hahn Band plays a diverse selection of American music, especially rock, country, and blues with a bit of reggae and folk. Michael Hahn was a finalist in the 2014 USA Songwriting Competition and has entertained Northeast Kingdom audiences for years with popular bands, including Hornbeam; Don't

Call Betty; Hoochie Lombardo; Whetstone; and Ten Mile Shuffle Band.

Location: NorthWoods Stewardship Center, 154 Leadership Drive, East Charleston, VT

Saturday, January 12, 7pm \$10, includes refreshments

Contact: 802-723-6551, northwoodscenter.org, events@northwoodscenter.org

Want to Connect to Other Readers? Join the Bath Book Club!

The Bath Library Book Club will be discussing "Sisterland", by Curtis Sittenfeld on Thursday, February 14th at 5 pm at the Bath Public Library.

When a minor earthquake occurs just north of their St. Louis home, Kate's self-proclaimed-medium twin's prediction about a more powerful earthquake places the whole family under public scrutiny and causes Kate to reevaluate her relationship to her sister and to acknowl-

edge her own psychic abilities.

Books may be picked up at the Bath Library; hours are Tuesdays, Wednesdays and Thursdays 9:00am to noon and 1:00 pm to 5:00 pm and Saturdays 9:00 am to noon. Anyone with an interest in reading and conversing about books is welcome to attend. For information, please contact the library at 603-747-3372 or email bathlibrarykjb@gmail.com

NH's "Ladybug Picture Book

Award: Winner Announced

New Hampshire children, from preschoolers to third graders, have voted "Not Quite Narwhal" the winner of the 2018 Ladybug Picture Book Award.

"Not Quite Narwhal" received 6,077 votes out of the 20,353 cast by children across the state. It was written and illustrated by Jessie Sima, and is published by Simon & Schuster Books for Young Readers.

Sponsored by the Center for the Book at the New Hampshire State Library, the Ladybug Picture Book Award was established to promote early literacy and to honor the best in recent children's picture books. Previous winners have included "Woodpecker Wants a Waffle" by Steve Breen, Chris Van Dusen's "If I Built

a House," and "The Day the Crayons Quit" written by Drew Daywalt and illustrated by Oliver Jeffers. A full list of past winners is at <http://ladybug.nhbookcenter.org>.

In the spring of 2018 the Ladybug Picture Book Award Committee, which is made up of children's librarians from around New Hampshire, selected ten picture book titles as nominees for the award. Throughout the summer and fall, librarians and teachers shared the books with children at storytimes, developed displays of the titles and encouraged families to borrow and read the books at home.

Beginning in November, to coincide with elections, New Hampshire preschools, elementary schools and public libraries invited children

to vote to select the award winner. Voting took place at more than 160 schools, libraries and day care centers around the state.

The Ladybug Picture Book Award Committee has begun working on its nominations for the 2019 Award. To be considered for nomination, a picture book must meet the following criteria: be published in its current edition within the last three years, be in print; have an author and illustrator living in the United States, possess strong child appeal, and have artistic quality with text that supports the illustrations. No titles that have previously been selected as nominees will be considered. Nominations are only accepted from New Hampshire libraries, including school libraries.

For more information about the award, please visit the website of the Center for the Book at the New Hampshire State Library at: <http://nhbookcenter.org>.

Orange East Senior Center

Upcoming Events at the Orange East Senior Center, 176 Waits River Road, Bradford VT

On Tuesday, January 29, 2019, we have the opportunity to have a licensed massage therapist, Donna Paye giving neck, back and shoulder massages, as well as reflexology to hands and feet. Call the center to get an appointment time - 9:45 to 11:15 am are available at this time. Everyone is welcome.

On Wednesday, January 30, 2019 at 12:45 pm, we are having a workshop and information session on Wills and Life Estates. Bring your questions that you may have about the "laws and end of life issues" and join us here at the center. Everyone is welcome.

Ongoing clinics: Foot care clinics to be held the second and fourth Wednesday of each month and appointment times are nec-

essary, call center for an appointment times.

Lunch is served daily at 12:00

Meals are available M, W, & F for home delivery.

BINGO every Monday at 6 pm, doors open at 5 pm. Everyone Welcome

ENTERTAINMENT: Starts between 11 & 11:15

Music - The Boy-z on 1-11

Music - Barry Hayes 1-18

Music - No Strings Attached on 1-25

Exercise Classes every Monday, Tuesday, Thursday and Friday at 9:00am

Line Dancing every Tuesday at 10:00 am

Arts Group is a group that meets and supports each other's arts and crafts on Wednesdays at 2:00 pm

Computer Class each Wednesday at 3:00 pm

Cribbage every Wednesday evening at 7:00 pm

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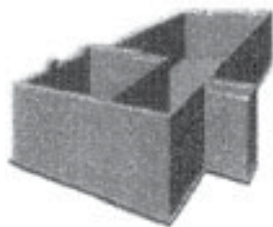
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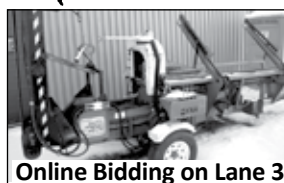
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E. W. CHILD
 98tf

Dale Wayne Powers,: OBITUARY

Woodsville, NH - Dale Wayne Powers, 66, of Wilson Avenue, died following a brief illness on Friday, December 21, 2018 at Dartmouth Hitchcock Medical Center, Lebanon, NH.

Dale was born in Haverhill, NH on June 3, 1952, to Frank and Velma (Aldrich) Powers. He was a graduate of Lisbon High School, Class of 1970. On March 10, 1973, he married Judith M. Best. For many years he worked in the maintenance department at Montgomery Wire in Littleton, NH.

Dale was a member of the Ammonoosuc Fish and Game Club. He enjoyed motorcycling, hunting, and shooting, along with spending time with his "buddies." He was fond of watching old Westerns on TV. In particular, he loved the time he spent with his grandchildren.

Along with his parents, Frank and Velma, he was predeceased by a sister, Andrea; a brother, Frank Jr.; and his stepfather, Harvey Mackie.

He is survived by his wife of 45 years, Judy Powers of Woodsville; two children, Michael Powers and partner David of New Bedford, MA and Jennifer Mendoza and husband Victor of Woodsville; two grandchildren, Arelis "Chica" Mendoza-Powers and Giovanni Mendoza-Powers; his faithful canine companion, Lulu; three sisters, Pamela York and husband Paco of Colebrook, NH, Sandra Cushing and husband Harry of Ryegate, VT, and Sharon Covey and husband Bert of Bradford, VT; a brother, Gary Powers and wife Brenda of Lebanon, ME; a sister-in-law, Cheryl Chamber-



lin and husband Edward of Bath, NH; a brother-in-law, Mark Best and wife Brenda of Bradford, VT; as well as nieces, nephews, cousins, aunts and uncles.

A celebration of Dale's life will be announced in the coming weeks.

Memorial contributions may be made to Central Vermont Humane Society, 1589 VT 14, East Montpelier, VT 05651.

For more information or to offer an online condolence, please visit www.rickerfh.com

Ricker Funeral Home & Cremation Care of Woodsville is in charge of arrangements.

David (Dave) Cotting: OBITUARY

Woodsville, NH - David (Dave) Cotting, 66, passed away December 17, 2018 at Byrnes Pallative Care Center after complications of a stroke.

David was born October 27, 1952 the son of the late Robert S. and Anita Cotting.

David leaves behind one daughter, Jessica Grace and her husband JJ Hogue of Woodsville along with his three Granddaughters, Jaylah, Kreyra and Naleah whom he was very proud of,

Bath, NH - Teresa Rodimon Whitney, age 63, passed away peacefully at her sister's home in Orford, NH on December 23, 2018.

Teresa was born on November 16, 1955 in Woodsville, NH to Frank and Louise (Hood) Rodimon. She grew up on her family's farm in Piermont, where she attended Piermont Village School and Woodsville High School. She graduated with a Bachelors degree from Dartmouth College and a Masters of Education in Clinical Mental Health Counseling from Plymouth State University.

Teresa's greatest joy in life was her family. She is survived by her husband Stephen, her beloved sister Marie Matyka and her husband John, and her brother Frank Rodimon and his wife Laura. Also left to remember Teresa are her two sons and their families, Joshua Hutchins, his wife Jennifer, their children Michael, Zachary, Justin, Morgan, Moriah, and Hunter, and her son Nicholas Hutchins, his wife Megan, and their children Zoe, Rowen, and Espen. Teresa is predeceased by two grandsons, Bryce and Matthew. She was greatly



loved and had many good friends to include Pat Benjamin, Melanie Lawrence, and Samantha Amey.

Teresa worked as a therapist initially for Clara Martin Center in Bradford, VT before opening her own practice in Newbury. She loved working with her clients and found her time with them a privilege. Teresa enjoyed volunteering at the Chil-

dren's Story Hour at the Bath Public Library, where she worked with Kathie and Bernie and many young families. In her free time, she loved to cook, garden, read and learn (slowly) how to knit.

There will be no calling hours.

A funeral service was held on Saturday, January 5th at 11:00 at Grace United Methodist Church in Bradford, VT.

Donations in Teresa's memory can be made to the Bath Public Library, Children's Story Hour.

For more information or to offer an online condolence, please visit www.rickerfh.com

Ricker Funeral Home & Cremation Care of Woodsville is in charge of arrangements.

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Trendy Times reserves the right to accept or reject publication of any letter to the editor or submission of any nature for any reason. *Of course you will need to be really out there for us to turn you down.* We also reserve the right to make slight changes to submissions for readability purposes.

Thank you for your understanding.



TRENDY TIMES

A FREE PUBLICATION



by Cindy Pinheiro
to contact Cindy (aka Cin Pin)
write to the editor at
gary@trendytimes.com

Pizza Treats

Hello hello my fellow chefs! I hope this year of 2019 brings you many blessings. I had a quiet New Year's Eve ordering Chinese take out which is our family tradition. While watching TV I had a brainstorm during a commercial for pizza bites. I thought, I'm going to make my version of pizza treats. So that's where today's recipe comes from. Okay let's get started.

Ingredients

- 1 Package of pita bread regular size
 - 1 Cup of pasta sauce or pizza sauce
 - 1 Cup of mozzarella cheese shredded
 - 1/4 Cup Parmesan cheese grated
 - 1/2 Cup thin sliced pepperoni cut in quarters
 - 1 teaspoon oregano
 - 2 Tablespoons of melted butter
 - 1/2 teaspoon garlic powder
- Preheat oven to 325 degrees
- Double the recipe if you want to make the whole package of pita pockets and use 2 baking sheets.

Slice pita pockets in half and open the pocket carefully. Combine all except for the garlic powder and melted butter and mix well. Spoon into the pockets and place into baking sheet. If you're using the whole package use two baking sheets and rotate shelves when you turn them. Don't over fill it because it will run out.



Brush the butter and garlic mixture on both sides. Bake for about 20 to 25 minutes turning once so both sides are toasty. Some cheese might come out and that's OK. Let them sit for about 5 to 10 minutes so you don't burn your mouth.

You can even cut the halves into quarters for a snack or at a party. They are Delicioso and I think everyone will like them. Add mushrooms, peppers or whatever you like on your regular pizza. A very versatile recipe so

use your imagination, even change the cheese to cheddar or jalapeno for a little kick. That's it!

A nice Carlo Rossi Hearty Burgandy or Paisano goes well with this so enjoy but remember to drink responsibly.

Well folks I hope you enjoy these easy peasy tasty treats. If you have any questions please contact Gary and I will help you.

Signing off in the New Year, Cin Pin!

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