A FREE Publication

20 Pine Street, Woodsville, NH 03785 Phone: 603-747-2887

> **JUNE 11, 2019 VOLUME 10, NUMBER 18**

Summer

10 Begins

9Friday,

Next Issue: Tuesday, June 25 Deadline: Thursday, June 20

Email: Gary@TrendyTimes.com Website: www.TrendyTimes.com

Mules Wanted For 10th Annual Anthem Sunrise Ascent on Mt. Washington

Franconia, NH - Planning is underway for the 10th Annual Anthem Sunrise Ascent on Mt. Washington to be held August 4, 2019 at the Mt. Washington Auto Road and ASPNC is seeking various types of volunteers. This unique and inspiring event, sponsored by Anthem Blue Cross and Blue Shield in New Hampshire, raises funds to support Adaptive Sports Partners of the North Country (ASPNC) and its mission to provide year-round opportunities for sports, recreation, and wellness for people with disabilities. Before sunrise, adaptive athletes begin their ascent of the 7.6-mile Mt. Washington Auto Road with the goal of reaching the summit of Mt. Washington. Each athlete is supported by a team of "mules" who push, pull, and encourage the athlete to the summit. The phys-

ical challenge, coupled with the natural beauty of the sun rising over the Presidential Mountain range, creates an exciting and memorable experience for all involved. This year, 15 athletes have accepted the challenge and AS-PNC is seeking volunteers to join in this inspirational journey and help these athletes reach the summit, standing at 6,288 feet. There is a role in this event for people of all ability levels, including non-hikers.

You can get involved in the Sunrise Ascent and support this great cause in the following ways:

· Register as a Mule. Mules hike alongside an adaptive athlete, helping as needed to reach the summit. The goal is to have 20-25 mules per team. Mules must attend one training hike and are asked to raise \$355

towards their team goal of \$6,288, which is equal to the height of Mt. Washington. The registration fee for a mule is \$62.88. Registration is open until June 17, 2019.

· Register as a Trail Angel. Trail Angels are volunteers who are unable to make the climb or attend the event. Their role is to assist a specific team with meeting and exceeding their fundraising goal of \$6,288. There is a special award for the top fundraising team, so Trail Angels can be a huge help and our athletes love the extra support! Registration is open until June 17, 2019.

· Register as a Roadrunner. Roadrunners drive their empty cars up the Auto Road to transport teams back down to the Bottom Side Brunch Celebration following the ascent. After a grueling climb, the teams appreciate



Kris Dobbins – Team Walking Strong at the summit of Mt. Washington after a successful climb at the 9th Sunrise Ascent.

their Roadrunners greatly! Registration for Roadrunners opens July 1st..

 Register as a Brunch Volunteer. Bottom Side Brunch volunteers provide support by donating goods for the celebratory brunch after the climb.

 Sponsor or Donate to a Team. You can donate to individual teams to help meet their fundraising goal by viswww.sunriseascent. org. Businesses and individuals are also invited to take advantage of several sponsorship opportunities for this milestone year. Sponsorship information is available on our website, or you can call

our office at 603-823-5232 to learn more.

The Anthem Sunrise Ascent on Mt. Washington seeks to raise more than \$62,880 to provide yearround sports, recreation, and wellness programs for people of all ages and abilities. Through ASPNC's mission fulfillment, thousands of participants have been encouraged to maximize their abilities and experience the benefits of physical activity, skill development, and being part of an inclusive community of caring individuals. For additional information, visit www.sunriseascent.org.















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Peyton Place Restaurant

by Gary Scruton

There's an old saying that "Variety is the spice of Life". Though I don't think that is true for everything, I do believe that it can easily apply to dining. And especially to dining out. It all depends on what type of dining you want to experience as to which of our many fine establishments you wish to visit.

For this edition of Trendy Times Janice and I had the chance to enjoy a fine dining experience at Peyton Place in Orford. This long time family owned and operated restaurant is set in an historic building just south of Orford village. The servings, however, are modern and delightful. Since their remodel of about a year ago Pey-

ton Place has gone to featuring a tapas menu along with gluten free and vegetarian dishes. The menu also has some full plate dinners, a number of appetizers, a full wine, beer and cocktail list, plus some wonderful dessert choices.

We began our dining experience on this evening with appetizers. Janice ordered a bowl of cream of mushroom soup which was pureed with lots of great texture and taste in every spoonful. After getting some details from both our waitress and host Heidi (one of the owners) I ordered a pair of Bellini. They were described as small pancakes rolled onto a sprig of asparagus with some other additions. With Heidi's help I also ordered a glass

of wine (Giopoza). She even brought the bottle to the table to show me what she had chosen as it was brand new to her offerings. It was a red wine that was a bit tart but went nicely with my meal. As for our meals we both decided to take advantage of the full plate offerings. Janice chose the seafood offering of blackened halibut while I went with the steak meal.

After our order was placed we were able to sit back and enjoy the Connecticut River Valley, the art that adorns the walls, and our own light conversation. My wine arrived and we had another topic. Again, with a dining experience it is expected that diners will be given plenty of time to savor each experience as the night goes by.

It wasn't too long before our appetizers were served. Janice's soup was in what I would call a "shallow" bowl. A tasty treat for her. My Bellini also had a great taste. Something I had never had before, and would certainly order again.

Next on the list were our main entrees. My steak was easily cut with the provided steak knife. It was covered with a thicker brown sauce On the side were steak fries and some fresh vegetables including asparagus. The steak was quite delicious and was well accented by the sauce.

Janice enjoys seafood and the blackened halibut sounded like a good choice. She called it spicy, as expected with a blackened dish, but not too spicy. She also said that it was cooked so nicely that it virtually melted in her mouth. The dish was completed with a serving of brown rice and a seasonal mixture of vegetables.

When our meals were finished it was time to turn to the dessert choices. It was the waitress' time to give us the run down. Janice heard her mention a creme brulee

and stopped right there. For those like me that are not quite sure about this dish it is described as a rich custard base topped with a texturally contrasting layer of hardened caramelized sugar.

As the list was being recited to us I heard about a five chocolate brownie with ice cream. My first thought was "I didn't realize there were five kinds of chocolate!" My second thought was "Yes, please". It was listed as having some vanilla ice cream on top, but I asked it to be changed to cinnamon. Plus there was a raspberry sauce garnish.

In my humble opinion the best way to finish off a fine meal is with a fine dessert. I think we both did just that. Janice's creme brulee was exactly what she wanted. My brownie was warm, all the way thru, and the homemade (by Jim, the other owner) ice cream topped it just right.

Referring back to my comment about fine dining, it does come at a higher price. With our three courses and the wine our total bill, including tax, came to \$80.66. We also left a cash tip on the ta-

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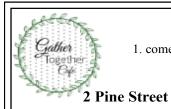
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ACT Speaker Series: The Dirt on Dirt – Bigger Better Compost

FRANCONIA — What we do with all our garbage has made national and local news recently. Images of hundreds of square miles of plastic filth floating in the ocean have been riveting and revolting. The possibility of a new landfill is sparking anxious debate locally. Increasing numbers of waste trucks roaring along our roads have energized residents to ask why.

To start a conversation about how we might take on the pressing issues of waste, consumption, and what individuals and communities can do to make a difference, this month the ACT Speaker Series presents a program about large scale compost-

ing

Leading the conversation will be special guest speakers from the Northeast Resource Recovery Association (NRRA), Sarah McGraw and Cindy Sterling.

Composting may seem like a drop in the bucket compared to rivers of plastic, but consider this: nationwide, yard trimmings and food waste together make up 27 percent of municipal waste, according to a 2013 study by the EPA.

All are welcome to the program at the Franconia Town Hall from 6 to 7:30 p.m. on Friday, June 14. We'll learn about the benefits of composting and what it would take to set up a

composting system on a larger scale.

This presentation, part of ACT's monthly speaker series, is free and open to the public, though donations are welcome and gladly accepted. The program is geared toward adults and older children, but all are welcome. Save your spot by pre-registering at www.act-nh.org/education-events. Everyone who pre-registers is entered to win a cool door prize!

The Ammonoosuc Conservation Trust inspires and leads private, voluntary action to conserve land the North Country loves. Learn more and become a member at act-nh.org or by calling (603) 823-7777.

Dog Mountain Founders Celebration Dog Party

Saint Johnsbury, VT - On Saturday, June 22, Dog Mountain, Home of Stephen Huneck Gallery, is hosting the 2019 Founders Celebration Dog Party in honor of the lives and loves of Dog Mountain's visionaries, Stephen and Gwen Huneck. Come and celebrate with us! If you have dogs, bring them. If you don't, come anyway!

Dog Mountain is a 501(c) (3) non-profit located on 150 acres of mountain top paradise. Covered with green fields and meadows, dog ponds, hiking trails, and breathtaking views, Dog Mountain is an enchanting location to run, romp, and play. Visiting families and their dogs will have a ball exploring the vast grounds, heartwarming Dog Chapel, and whimsical art gallery.

The Dog Mountain

Just Throw Metal Away!

Founders Celebration Dog Party promises to be a doggone good time. Boogie to live music by Gulf Coast Blues artist, Shrimp Tunes. Enjoy classic dishes of American/Mexican cuisine by Tailgators Food Truck. Participate in a variety of activities such as the fun-filled dog contests, lawn games, doggie agility course, and bounce house. With hundreds of guests and dogs expected, this is an event you don't want to

The event is free to the public and will be held rain or shine.

For more information about this or any of Dog Mountain's events, go to www.dogmt.com/Events or call 800.449.2580. We look forward to seeing you there!

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nday - Friday 7 AM - 4 PM • Saturday 7 AM - 12 Noon

Old Church Theater Presents "Pine"

Join Old Church Theater for their second production of the season! The next show for the 2019 season is Pine, written by local playwright Eugenie Carabatsos and directed by Miles A. Conklin.

Colin's been dead for the past five years, yet he still lives in his childhood home. When his ex-fiancée brings a new man to meet the family, Colin plans to sabotage the relationship, only to find that his presence may not be so invisible after all. Please note that this comedy-drama includes mature themes/ topics.

This is Old Church Theater's second season in their temporary space at 176 Waits River Road in Bradford, as the original theater is undergoing some major renovations. This season, Old Church Theater is pleased to announce new show times. Friday and Saturday shows will be at 7pm, and Sunday matinees will begin at 3pm. Reservations are strongly recommended and can be made by calling 802-222-3322 or emailing reservations@oldchurchtheater.org.

Check out the new website for ticket details and contact information. Thank you for supporting local theater!







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Volume 10 Number 18

The Denny Report

by NH State Representative **Dennis Ruprecht**

N.H. State House Celebrates 200 Years



The N.H. State House commemorated it's opening in 1819 by proclaiming the week of June 2nd as the N.H. State House Bicentennial Week.

Celebrations throughout the week included a re-enactment of the first House session in 1819, a Gover-

nor's Roundtable featuring 6 living N.H. Governors, Supreme Court oral arguments in the House chamber for the first time in 200 years, Cultural Heritage and Arts Day, and a Legislator's Homecoming Day in which all former legislators were invited back to the State House.



Pictured above are N.H. state Rep. Denny Ruprecht (left) and former N.H. state Rep. Doug Teschner (right).



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Final Bills Clear the House as 2019 **Session Festivities Highlight the Week**

The 2019 Legislative regular Session came to a rousing close on June 6th. While we will work with the Senate through conference committees to come up with an agreement on final legislation to send to the governor (including the budget), our committee work is done until the fall.

Of the greatest pleasure for me this term was the attendance of 17 Lincoln-Woodstock School 4th graders at the State House on June 7th. The students got to see an original Declaration of Independence and Bill of Rights as well as speak with their Representative! They asked wonderful questions and I can see a great future for all of them. They got to see our unique way of charitable and committed service. By the end, they were saying "Yeah, New Hampshire"

This week was quite remarkable in Concord. While working, we celebrated the 200th anniversary of the State House with all week festivities. We also paid special homage to the Veterans of D-Day at their 75th anniversary and the 100-year mark of women being given the right to vote. I was honored to lead the House floor by singing the National Anthem.

In the house and Grafton County, critical issues remain in the budget. In Grafton County, we are receiving departmental budget requests. Overall, the general consensus is that the County's \$45 million budget needs a haircut so that additional taxes will not needed. We will work through the budget line by line leading to a final vote on June 27th.

Back in Concord, the two-year budget state's





will be worked through the House and Senate Conference. As all granite state budgets are, the budget is balanced. The two bills both provide far more funding to cities and towns, both for education and general use, than current law.

Statewide education funding remains a key con-A court case this week was decided in favor of the ConVal school district. The judge indicated that the state of New Hampshire is not fulfilling its constitutional obligation to fund education - that's on the legislature and the governor. Some cities and towns are not able to fund school's adequately as their property values are too low. The legislature's inability to fund education lead to the Claremont Decision in 1992. In Ways and Means, we have been feverishly trying to address this issue. I would rather see a difficult voluntary solution than any court ordered resolution. Both parties agree that "Adequacy", which refers to the funding formula for state education, is of critical concern. Of course, no one wants to raise taxes or cancel funding for another program at the state level. This has led to a decade of "downshifting" of funding obligations to cities and towns particularly education.

Even in this year, where we have a relatively strong economy as well as windfall revenue that came through on a one-time basis as a consequence for the Federal Tax Cut and Jobs Act, there is lots of controversy. We are making substantial increases in THE House and Senate budget to education funding, but at far different levels. But it may not be enough to fend off judicial oversight.

Jerry Stringham represents Lincoln, Woodstock, and Waterville Valley in Concord, serving on the House Ways and Means Committee. If you need to reach Representative Stringham, email jerry@jerrymstringham.com.





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Adversity Score ... A Good Idea?

Four years ago, NH's governor signed HB323 into law; a bill introduced by me that enables the NH Department of Education to use either the SAT or ACT college readiness assessment to satisfy high school assessment requirements. Each year, all 11th grade students take the SAT that is owned, developed, and published by the College Board, a private, non-profit organization. As required by the Every Student Succeeds Act, the test is designed to closely reflect and assess student understanding of academic standards established by the State Board of Education for mathematics, critical reading, and writing.

Recently, various news outlets, including The Washington Post, have questioned the College Board's initiative to include a new 'adversity score system' from 1-100 as an additional component to identify conditions in a student's high school and neighborhood. This rating score will not change traditional SAT scoring for the combined assessment that currently ranges from 400 to 1600. Only colleges, "but not students will see the additional "adversity" score for each student. Supporters say the 'adversity score' will deliver useful context for test scores, showing hurdles students might have faced in places unfamiliar to college recruiters. The new rating scale is built from data or conditions associated with a student's family income, poverty, residence locale, educational attainment, employment, neighborhood crime and the probability of college enrollment. Although the College Board states that the adversity rating scale does not reflect detailed, personal information, such as race and ethnicity, the new scoring scheme has skeptics, including SAT's rival, ACT. The ACT states that it is "foolhardy to attempt to distill adversity to a single number from 1 to 100 that can add value" to the application review process.

Some post secondary institutions such as Bowdoin and Bates sight the SAT or ACT as optional in the application process. Colleges and universities such as these rely on other factors such as student transcripts, letters of recommendation. participation in school activities, leadership skills, work ethic, and much more. This information is critical and

effective, but to take the path chosen by the College Board to socially engineer these conditions into a 1-100 score is considered by many as dangerous and unfair to the student. Skeptics also predict that some parents may attempt to manipulate the 'adversity' score through zip code or address changes.

For years, the SAT has been viewed throughout the country as a reliable and fair indicator of a student's understanding of the 3 R's and an indicator of first year post secondary performance. In support of the 'adversity' score, "Florida State University reported that the experiment helped it admit more underprivileged students than in years past." The SAT was once viewed as the "equalizer" that provides all students, regardless of school and community disparities equal opportunity to demonstrate college readiness. Is the College Board now communicating that the SAT is not enough?

It must be remembered that although the College Board may be identified as a non-profit organization, annual revenues demonstrate that the College Board is in the profit business. This company in particular stands out with an enormous revenue of \$200,000,000 dollars and an annual profit of \$62,000,000.

Upon returning from WWII America's "Greatest Generation" went on to post secondary experiences and made our nation great. They did so without the SAT or an "adversity" score.

Respectfully Submitted, NH Rep Rick Ladd Ranking Representative, **Education Committee**

What I've Seen In Concord

by David Starr, NH State Senator, District 1

Senate Session, 6 June. Budget day. Plus 200 year anniversary of the Concord state house. We had a small army of former Senators in the visitor's gallery and the senate president introduced each one by name. And a short joint session where nice things were said about New Hampshire history and the progress women have made in politics over the years.

No Fast Track calendar this week. We ran thru the 8 bills on the regular calendar, mostly on roll calls, 14-10, all the Democrats voting for and all the Republicans voting against. That got us up to lunch, sandwiches and cookies on the lawn outside. After lunch we started on the budget and didn't finish it until midnight. The budget comes in two parts, part 1 (200 pages) and part 2 (180 pages). Other than style changes it was/is not clear to me what the difference between them is. Transparent they are not. Would you believe opaque? No index or table of contents.

Continuous Service

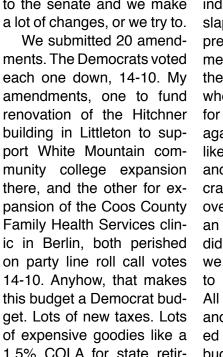
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I never found any totals of spending or tax revenues for the whole state, or even of the various departments of state government. I have been told that restoration of 100% stabilization grants is in there, somewhere, but I never found it. The budget is started by the governor, who asks all his department heads how much money they need. This list of goodies then goes to the house. which modifies it to suit themselves. Then it comes to the senate and we make

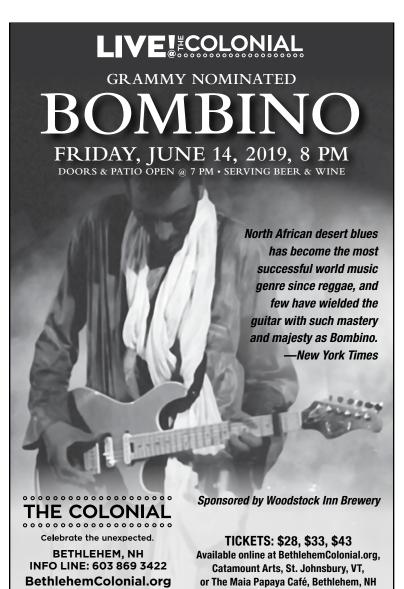
ments. The Democrats voted each one down, 14-10. My amendments, one to fund renovation of the Hitchner building in Littleton to support White Mountain community college expansion there, and the other for expansion of the Coos County Family Health Services clinic in Berlin, both perished on party line roll call votes 14-10. Anyhow, that makes this budget a Democrat budget. Lots of new taxes. Lots of expensive goodies like a 1.5% COLA for state retir-

It was after 10 PM by the time our last amendment was voted down. Then we got into a complex, and amazing bit of parliamentary quibbling that ran on till midnight. We had originally voted to "divide" the budget into stuff we liked and stuff we didn't like. Senate president Donna Soucy had ruled the budget part 2 "divisible". In a voice vote the Democrats overruled the senate president (one of their own party!) and declared part 2 indivisible. Very unusual to slap down your own senate president like that. Which meant we could only vote the whole thing up or down, whereas we wanted to vote for the stuff we liked and against the stuff we didn't like. So we called a recess and waited for the Democrats desire to go home to override their desire to score an obscure political point. It didn't work, and at midnight we finally held a roll call vote to approve budget part 2. All the Democrats voted for and all the Republicans voted against. So the Democrat budget is off to the governor's desk.









Calendar of Events

A Full Page of Events from Local Non-Profits, Schools and Towns. Presented FREE by Trendy Times.

WEDNESDAY, JUNE 12

ROSS-WOOD POST #20 AMERICAN LEGION MONTHLY MEETING 6:00 PM

Post Home, 4 Ammonoosuc Street, Woodsville

THURSDAY, JUNE 13

ROSS-WOOD POST #20 SONS OF THE AMERICAN LEGION MONTHLY MEETING 6:00 PM

Post Home, 4 Ammonoosuc Street, Woodsville

FRIDAY, JUNE 14

THE DIRT ON DIRT 6:00 - 7:30 PM - See Article on Page 3 Franconia Town Hall

FLAG DAY CEREMONY

6:00 PM - See Ad on Page 5

Ross-Wood Post #20 American Legion, Woodsville

BOMBINO

8:00 PM -

Colonial Theater, Bethlehem

See Ad on Page 5 and Article on Page 8

SATURDAY, JUNE 15

ANNUAL FUNDRAISER YARD SALE 8:00 AM - 2:00 PM - See Ad on Page 7 Horse Meadow Senior Center, North Haverhill

FATHER'S DAY OXEN PULL 10:00 AM - See Ad on Page 11

North Haverhill Fairgrounds, Route 10

A SPECIAL FAMILY READING: A DAY WITH PARKINSON'S

11:00 AM

St. Johnsbury Athenaeum

PAINT BY PAGES: WHERE PICTURE BOOKS

MEET ART

2:00 PM

St. Johnsbury Athenaeum

160TH ANNIVERSARY CELEBRATION 5:30 PM - See Article on Page 13 Lower Waterford Congregational Church

TUESDAY, JUNE 18

SARA MARTIN: WHERE FANTASY MEETS THE WHITE MOUNTAINS 7:00 PM St. Johnsbury Athenaeum

SUNDAY, JUNE 16

FATHER'S DAY HORSE PULL 10:00 AM - See Ad on Page 11 North Haverhill Fairgrounds, Route 10

WEDNESDAY, JUNE 19

SIPPICAN SCHOOL JAZZ BAND 2:00 PM

Littleton Community Center

THURSDAY, JUNE 20

VFW Post #5245 monthly meeting 7:00 PM VFW Hall, North Haverhill

FRIDAY, JUNE 21

OLD CHURCH THEATER PRESENTS PINE 7:00 PM Old Church Theaeter, Bradford

See Ad on Page 8 and Article on Page 3

SATURDAY, JUNE 22

FOUNDERS CELEBRATION DOG PARTY 12:00 NOON - 4:00 PM - See Article on Page 3 Dog Mountain, St. Johnsbury

OLD CHURCH THEATER PRESENTS PINE 7:00 PM

Old Church Theaeter, Bradford See Ad on Page 8 and Article on Page 3

SUNDAY, JUNE 23

BENEFIT TEXAS HOLD 'EM POKER 11:00 AM Cash Game - 1:45 PM Tournament American Legion Post 30, Rt. 5, Lyndon

OLD CHURCH THEATER PRESENTS PINE 3:00 PM

Old Church Theaeter, Bradford See Ad on Page 8 and Article on Page 3

MONDAY JUNE 24

HAVERHILL SELECT BOARD MEETING 6:00 PM

Morrill Municipal Building, North Haverhill

TUESDAY, JUNE 25

BRIT READERS OF THE NEK: NEW BOOK **CLUB**

5:00 PM St. Johnsbury Athenaeum

FRIDAY, JUNE 28

OLD CHURCH THEATER PRESENTS PINE 7:00 PM Old Church Theaeter, Bradford

See Ad on Page 8 and Article on Page 3

SATURDAY, JUNE 29

OLD CHURCH THEATER PRESENTS PINE 7:00 PM

Old Church Theaeter, Bradford See Ad on Page 8 and Article on Page 3

WELLS RIVER OCMMUNITY PICNIC 11:00 AM - 2:00 PM - See Ad on Page 13 Berry Memorial Field, 143 Main St. North

SUNDAY, JUNE 30

NEWBURY'S SILENCE BROKEN 2:00 PM - See Ad on Page 7 Blue Mt. Union School, Wells River

OLD CHURCH THEATER PRESENTS PINE 3:00 PM

Old Church Theaeter, Bradford See Ad on Page 8 and Article on Page 3

LYME TOWN BAND'S ICE CREAM SOCIAL 4:00 PM

Fairlee Town Common

Ongoing Weekly Events

1:30 PM

MONDAYS

NEK COUNCIL ON AGING'S HOT MEALS

11:30 AM - St. Johnsbury House NOON - Darling Inn, Lyndonville **Bingo -** 6:00 PM

Orange East Senior Center, Bradford TOPS (TAKE OFF POUNDS SENSIBLY)

6:00 PM - Peacham School

KIWANIS CLUB OF ST JOHNSBURY 6:15 PM - VFW Post, Eastern Ave. **Drawing From Life - 6:00 - 8:00 PM**

Joseph Patch Library, Warren

MONDAYS/WEDNESDAYS

RSVP BONE BUILDERS 10:30 AM -11:30 AM

1:30 - 2:30 PM

Linwood Senior Center, Lincoln **RSVP Bone Builders**

United Community Church, St. Johnsbury

MONDAYS/THURSDAYS

ADULT INTERVAL AEROBICS CLASS - 6:30 Woodsville Elementary School

GOLDEN BALL TAI CHI

8:30 - 9:15 AM - St. Johnsbury House

RSVP BONE BUILDERS

9:00 - 10:00 AM

Municipal Building, Lyndonville 9:15 - 10:15 AM

Congregational Church, East St. Johnsbury

6:00 - 7:00 PM

Community Church, Concord

MON./WED./FRI.

RSVP BONE BUILDERS

1:30 - 2:30 PM - United Community Church, St. Johnsbury

TUESDAYS

BREAKFAST BY DONATION 8:30 AM - 10:00 AM

Horse Meadow Senior Center, North Haverhill **RSVP BONE BUILDERS**

9 AM - 10 AM - St. Johnsbury House

10:30 AM - 11:30 AM Congregational Church, Danville

NEK COUNCIL ON AGING'S HOT MEALS

11:30 AM - St. Johnsbury House

NOON - Senior Action Center, Methodist Church, Danville NOON - Presbyterian Church, S. Ryegate NOON - Darling Inn, Lyndonville

2:00 – 3:30 PM - East Haven Library

TOPS (TAKE OFF POUNDS SENSIBLY) Weigh In 5:00 PM - Meeting 6:00 PM Horse Meadow Senior Center, N. Haverhill

EMERGENCY FOOD SHELF 4:30 PM - 5:30 PM

RSVP BONE BUILDERS

Wells River Congregational Church

COMMUNITY DINNER BELL -

5:00 PM September 5- June 5 All Saints' Church, School St., Littleton

AA MEETING (OPEN BIG BOOK)

7:00 PM - 8:00 PM

St. Luke's Parish Hall, Woodsville

TUESDAYS/THURSDAYS

RSVP BONE BUILDERS --8:30 - 9:30 -- Monroe Town Hall ACTIVE OLDER ADULT STRENGTH CLASS

Woodsville Post Office, S. Court St

RSVP BONE BUILDERS 2:00- 3:00 PM -East Haven Library

TUESDAYS/FRIDAYS

RSVP BONE BUILDERS 9:00-10:00 AM St. Johnsbury House **RSVP BONE BUILDERS** 9:30-10:30 AM

GRACE Art Gallery, Hardwick GOLDEN BALL TAI CHI 8:30-9:30 AM

WEDNESDAYS AQUA AEROBICS

Evergreen Pool, Rte 302, Lisbon

United Methodist Church, Lyndonville

ADULT STRENGTH TRAINING

1:30 - 2:30 PM - United Community Church, St. Johnsbury

Bingo - 6:30 PM

Haverhill Memorial VFW Post #5245 North Haverhill

Cribbage - 7:00 PM Orange East Senior Center, Bradford

WEDNESDAYS/FRIDAYS NEK Council On Aging's Hot Meals

11:30 AM - St. Johnsbury House NOON - West Barnet Senior Meal Site NOON - Darling Inn, Lyndonville

THURSDAYS

GROTON LUNCHES W/FRIENDS

10:00AM - 2:00 PM / Lunch @ 12:00 Groton United Methodist Church

NEK Council On Aging's Hot Meals 11:30 AM - St. Johnsbury House NOON - Senior Action Center, Methodist Church, Danville NOON - Darling Inn, Lyndonville

ST Paul's BIBLE STUDY ON JAMES, 6:15 PM 113 Main St. Lancaster TOPS (Take Off Pounds Sensibly) --Weigh-in @ 6:00 p.m., meeting @ 6:30 -- Monroe Public Library

FRIDAYS

RSVP BONE BUILDERS

9:00 - 10:00 AM - St. Johnsbury House 9:30 - 10:30 AM Grace Art Gallery, Hardwick

1:30 - 2:30 PM - United Community Church, St. Johnsbury

Worship Under The Tent- 7 PM 100 Horse Meadow Rd, No Haverhill

AA MEETING (OPEN DISCUSSION) 8:00 PM - 9:00 PM Methodist Church, Maple St, Woodsville

SATURDAYS

Story Hour For Children - 10:15 AM September thru May

SUNDAYS

Brainerd Memorial Library, No. Danville CRIBBAGE - 1:00 PM

American Legion Post #83, Lincoln NORTH DANVILLE BAPTIST CHURCH (ABC),

Worship and Sunday School, 9:30 AM Refreshments at 10:20 a.m.

A Universe of Stories

Sign up the kids now for Haverhill Library's SUMMER **READING PROGRAM!**

Haverhill Library will offer a free summer reading program every Tuesday in July from 12 Noon until 2:00 PM. (Kids should bring a picnic lunch, the Library will provide snacks and juice.) Participants will join others in reading, discussing, and doing arts and crafts on Tuesdays. They can win prizes for completing reading assignments.

Our instructor has been running this summer reading program for ten years with great success. She's a highly experienced children's librarian and teacher who changes the program each vear with a new theme, new materials, and new prizes.

Parents can sign their kids up at the library or by calling (989-5578) or email-(mail@haverhilllibrary. org).

TENNIS AND BASKETBALL IN HAVERHILL CORNER

Haverhill Library offers tennis equipment and basketballs for use in the tennis courts behind the library and Alumni Hall. The equipment will now be available any

time even when the library is closed. Rackets and balls will be inside an unlocked storage box just outside the library's back door.

Everyone is welcome to use them. We are counting on folks to use the equipment and courts responsibly-Return the equipment to the storage box after having your fun. Please, no roller blades or skates on the courts. We'll also have soccer balls available for use on the commons. Please stop in at the library with suggestions or requests for other activities you'd like to see in the Corner!

"Newbury Breaks Its Silence", A History Talk **About the Unsolved Orville Gibson Murder**

WELLS RIVER - Newbury Historical Society and Ryegate Historical Society are teaming up to host "Newbury Breaks Its Silence." a dissertation by Journal Opinion's Michelle Sherburne on Sunday, June30 at 2 p.m. held in the Blue Mountain Union gymnasium.

Sherburne, Newbury author and historian, will discuss the unsolved 1957 murder case of Orville Gibson that has captivated people for six decades and shut down an entire community to refuse to speak about the case due to adverse publicity and pressure. After Newbury farmer Gibson disappeared and later was discovered

New Saturday Hours at **Woodsville Free Public Library**

Woodsville Free Public Library is pleased to announce new Saturday hours beginning June 15.

As a pilot program beginning Saturday, June 15, the Library, located at 14 School Street in Woodsville, will be open from 10:00 AM until 1:00 PM. That's in addition to the library's current regular hours Tuesday, Wednesday, and Friday from 1:00 - 8:00 PM. With this pilot program aimed at improving access and convenience for residents of the greater Woodsville area, the Library is responding to many requests for Saturday open hours.

We hope that you will come to the Library to see the many changes and new books at the Library. Our Librarians are anxious to welcome you and get to know your interests and reading habits. We look forward to serving you.

dead in the Connecticut River in March 1958, the police and media descended on Newbury residents to solve the case. After three years of intense investigation and scrutiny by the police and media, Newbury residents went silent about the case. Newbury's silence was broken in 2014 in response to the release of an unpopular suicide theory. The Journal Opinion, which also had remained silent on the subject since the investigations ceased, published a fivepart series in 2015 allowing

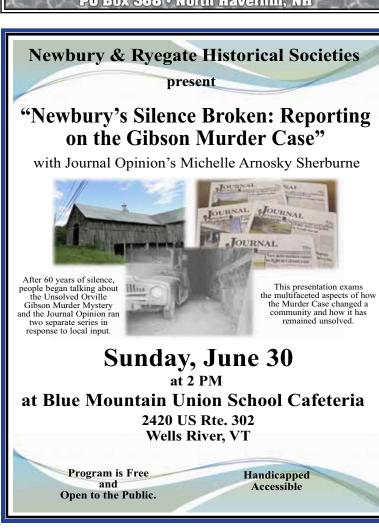
locals to share their theories.

Sherburne reported information and conducted interviews, providing a forum for those willing to share after the long silence.

A second series published in 2018 focused on Gibson's relatives who addressed inaccuracies and misinformation that been recycled in the press and continued to resurface.

The event is free, open to the public and is handicapped accessible. more information, contact Richard Roderick at 802 757 2708 or Dover Ford at 802 592 3378





Summer Reading Program to Explore 'Universe of Stories' at NH Libraries

New Hampshire's public libraries are set to soar to new heights and explore new worlds this summer with the help of the 2019 Summer Reading Program theme, "A Universe of Stories."

Library patrons of all ages will be invited to explore the galaxies - and our home planet - not only through books, magazines, music and movies, but also through activities and programs offered by their libraries, including a variety of celebrations for NASA's 50th Anniversary of Apollo 11's historic moon landing.

For many families with children, their public library is the only community space available during the summer months where free educational and cultural activities are available.

The State Library's "Kids, Books and the Arts" grant program will fund special events by juried performers at libraries across the state. incorporating music, magic, puppetry and storytelling into the "Universe of Stories"

theme as a way of making reading even more fun.

Summer reading programming can help children stay motivated to read, maintain their skills during summer vacation and help them develop positive attitudes about reading, books and the library. Program participants are encouraged to read whatever materials they like, including those not directly tied to the "A Universe of Stories" theme.

The New Hampshire State Library promotes excellence in libraries and library services to all New Hampshire residents, by assisting libraries and the people of New Hampshire with rapid access to library and informational resources through the development and coordination of a statewide library/information system; by meeting the informational needs of New Hampshire's state, county and municipal governments and its libraries; and by serving as a resource for New Hampshire. For more information, visit nh.gov/nhsl.



THE OLD GOSHEN CHURCH

Spread the word and mark your calendar!

BRADFORD, VT

Summer/Fall Service Schedule

Sunday, July 7 @ 3 PM

Rev. Kelly Donahue of the East Corinth UCC will conduct a service of worship

Sunday, July 14 @ 3:00 PM

The Jeremiah Ingalls Singers

Sunday, July 28 @ 10:00 AM

Stewart-McIntosh Family Reunion

Sunday, August 4 @ 2:00 PM

Annual Meeting of the Old Goshen Church, Inc.

Sunday, August 18 @ 3:00 PM

Rev. Kelly Donahue will speak about the history of the

Christian Denomination within which the Goshen Church was once affiliated.

Sunday, August 25 @ 3:00 PM

A presentation by the Tabor Valley Singers

Sunday, September 8 @ 6:30 PM A Candlelight Service of Worship w/Rev. Harvey Bartlett

—CLIP AND SAVE— —

CLIP AND SAVE



Sheep Laurel that I found on our Tree Farm today. Peterson Field Guides for Wildflowers says that Sheep Laurel is smaller than Mt. Laurel with narrow drooping leaves, flower is crimson-pink on a 1-3 foot tall bush which in our case grows in wet bogs. Hope you are doing well. Photo Courtesy of Tom Thomson, Orford

TRAIN RIDES along the river

TRAIN SCHEDULE

June 15 & 16: 1pm & 3pm

Open daily starting June 21st: 11am, 1pm & 3pm Tickets: Adult: \$18 / Child (4-11): \$13 / Ages 3 and under FREE



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Grammy Nominated World Music at The Colonial

With the support of the Woodstock Inn Brewery, the newly renovated Colonial Theatre in Bethlehem, NH is pleased to present Grammy Nominated desert blues guitarist Bombino Friday, June 14

For centuries, the desert town of Agadez has served as a converging point for the great camel caravans driven by the Tuareg that link West Africa with North Africa and the Mediterranean. Born in 1980 at a nomadic camp near this dusty outpost, the young guitarist and songwriter Omara "Bombino" Moctar was raised during an era of the struggle for Tuareg independence. He was exiled from Niger after the government banned guitars. Bombino's electrifying jams capture the spirit of resistance and rebellion while echoing with guitar riffs reminiscent of fellow Africans Tinariwen and Ali Farka Touré not to mention rock and blues icons such as Jimi Hendrix, John Lee Hooker and Jimmy Page.

According to the New York Times "North African desert blues has arguably become the most successful world music genre to break through since reggae, and



few have wielded the guitar with mastery and majesty as Bombino."

General Admission tickets for the 8 PM LIVE! at The Colonial performance are \$33 for general admission tickets; Colonial, Catamount Arts and St. Kieran's Community Center for the Arts, Gem Theater and Loading Dock members \$28. Reserved Front & Centers seats (available on-line only) are \$43. Tickets are available in advance while they last at Maia Papaya Cafe, Bethlehem, or Catamount Arts, St. Johnsbury or www.BethlehemColonial. org. The doors open at 7 PM

with refreshments including beer and wine on the patio. For more information about this or upcoming live events find The Colonial on Facebook (Facebook.com/BethlehemColonial), follow The Colonial on twitter (@ColonialNH), visit the Colonial on line or tune in to North Country Community Radio, WZNC, broadcasting from atop the historic Colonial Theatre at 99.9 on the FM dial

This evening of great World music is made possible with additional support from New Hampshire Public Radio, Vermont Public Radio, The Cold Mountain Café, The Wayside Inn, The New Hampshire State Council on the Arts, The New Hampshire Charitable Foundation, The Neil & Louise Tillotson Fund, The Jane B. Cook 1992 Charitable Trust, and The Colonial's promotional partner, Catamount Arts.





Admission: Adults \$12 • Seniors \$10• Students \$6

Marshals Announced for 2019 Woodsville Wells River 4th of July Celebration



Parade Marshal Don Stevens

The generation of men and women who went to war in the 1940's (World War II) are often known as "The Greatest Generation". Sadly there are not many of that generation left, especially those who served in the armed services. We are proud to be able to honor as the 2019 Parade Marshal of the Woodsville Wells River Fourth of July Parade one such person, Donald Stevens of Piermont, NH, who was called to service by Uncle Sam.

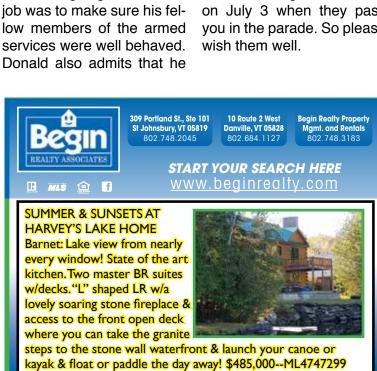
Donald admits that he was one of the lucky ones. Yes, he was drafted into the US Army, and yes he was sent to Europe (serving in France, Germany, Austria and Czechoslovakia), but he was also assigned to the Military Police. This meant that even though he had a rifle, his normal firearm was a pistol strapped to his side. Instead of going to battle, his low members of the armed services were well behaved. Donald also admits that he

was not one of the "big guys", and therefore took a position other than the front line. But he did his job and was able to return home safe.

Once home Donald worked for the Whiting MIlk Company (formerly in Bradford, VT) and then went to driving tractor trailer for the P&C Food Company delivering groceries all over New England. Donald is proud to say that he drove for more than 13 years, logging over a million miles, without ever being involved in an accident of any type.

Donald has been a long time member of the Haverhill Memorial Post #5245 VFW in North Haverhill where he continues to participate in the selling of poppies every year.

Donald was born in Piermont and still lives there with his wife Barbara. The two will have celebrated their 71st wedding anniversary on July 3 when they pass you in the parade. So please wish them well.





Grand Marshals Bob & Linda Stoddard

The Grand Marshals for the 2019 Woodsville Wells River Fourth of July Celebration are Bob and Linda Stoddard of North Haverhill. It depends on who you are and where your interests lay as to how you know this couple who both have lived here virtually their entire lives.

If you are a regular attendee of the North Haverhill Fair you have probably seen one or both of these fine folks. Linda became the secretary for this organization in 1976. She is still doing the job. Bob has been on the Board of Directors since 1991 with his main focus being the parking lot area.

Perhaps you know them from their involvement with conservation in Haverhill. Bob served as a long time member, and chair for about ten years, on the Haverhill Conservation Commission. He is also a past member of the of the Grafton County Agricultural Stabilization & Conservation Service.

Bob and Linda also head-



ed the Little Oxbow 4-H club for about 10 years. Also on their resume are Bob as President and Linda as Secretary for the NH Holstein Association . Bob was also the treasurer for the Grafton County Holstein Club.

If you wonder what they are currently doing, they have owned and operated Blackmount Country Club since the fall of 1996. As part of that ownership they sponsor the Woodsville High School Golf Team. Plus the

Lisbon Gold team when it existed. Those two schools have produced three State golf champions.

Wish Bob and Linda well when you see them in the 4th of July Parade. And wish them a Happy Anniversary because July 5th will mark their 50th wedding anniversary.

Congratulations and thank you to Bob and Linda Stoddard for all you have done, and continue to do for your community.

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139 Central St. - Woodsville, NH * 603-747-3211 • Fax 603-747-3575 Email: Davis Realty1958@gmail.com • Web: www.davisrealtynhvt.com



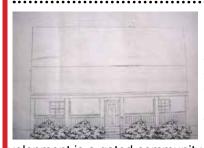
NEWBURY, VT- Once in a life time Opportunity to purchase one of the few remaining country farms. Built 1835 offers 10 Rooms, 6 of them Bedrooms. This property has been kept in good condition and has so much to offer. 50 Acres divided

equally of pasture/field and woodland. Peach Brook running a good length of the pasture. Over 2800 sf. Barn with hayloft. Additional outbuildings. Nice setting on a country paved road. Plenty of firewood and sugar orchard. \$320,000.

NORTH HAVERHILL, NH-Country Paradise with 10 Acres. Raised Ranch with 10 Rooms, Very large eat in kitchen with slider to the deck and above ground swimming pool. Master Bedroom with Bathroom, 2nd Bedroom and Main Bathroom, Finished basement. Heated Shop,



storage room attached. Detached 2 car garage with circular driveway. Pond in front, walking trail, Gazebo and so much more. \$249,500.



BATH, NH - To be built 6 Room Cape with 3 Bedrooms, 2 bathrooms, open floor plan with vaulted ceiling with pine v-groove ceiling and walls in the Living Room, Dining Room and Kitchen. First floor Master Bedroom and so much more to offer. The de-

velopment is a gated community with 2800 ft. on the Wild Ammonoosuc River as part of the open space areas. \$320,000. Bring your own plan as well to discuss.

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LOOKING FOR PART TIME WORK as companion for elderly or handicapped. Light housework, chores, meals, possibly errands, play cards. No lifting. Prefer Monroe, NH or Barnet, VT area. Margie Emmons, 376 Coppermine Road, Monroe, NH 03771. natureheals9999@gmail.com

07.09

ESTATE CLEAN OUTS: Buying estate items, and I offer a full clean out service for your house, attic, basement, clutter removal specialist with 30 years experience. Buying and selling antiques & collectables 802-279-9742

BOAT SERVICE: Is your boat unreliable and ready to go? Doesn't have the power it used to? Our Certified Technicians fix things right. We can water test or dyno test so you know it's fixed. Fairlee Marine www.fairleemarine.com 802-333- 9745

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PRO-FORM 6.0 RT TREADMILL. Excellant condition, used very little as owner has health issues that prohibit using it. Was purchased in early 2017 for \$389.00. Selling this dust collector for \$225.00. call Janice at 603-254-1448

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2006 CHEVY IMPALA, uses no oil. 94,000 miles. Located in Wells River behind Baldwin Block. \$3,500 as is. 802-588-5050

1995 HONDA VFR750, 42k miles. Runs well, nearly new Michelins and Curbin seat, Hindle exhaust(therefore no RR passenger footpeg). Some cosmetic damage to left plastics. Cover, bags. Littleton. \$1350 Message to 603-991-9960

2017 CHEVY EQUINOX PREMIER excellent condition, 8.690 miles! Loaded - heated seats. Sirius radio, Onstar, navigation. White, leather interior, remote start, moon roof, power liftgate. Smooth riding. \$24,500 OBO 603-989-9878 06.25

KABOTA HEAVY DUTY ROTARY TILLER Model FL1270. Used only one or two times a year. New \$2150, asking \$850 OBO or trade for firearms. Call 956-545-1678 in Monroe, NH

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Large brown Recliner, good condition. Large wood platforms. Lots of wood 802-626-5176 05.28

PIANO - BEAUTIFUL WOOD, good condition. Located in Calais, VT Call 802-279-2030 or 802-505-0555 06.11

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PART TIME SALES POSITION. Prefer someone with knowledge of Lincoln/Woodstock Area. Computer knowledge also a plus. Needs to be willing and able to visit businesses on a regular basis. Call Gary for further details and an interview. 603-747-2887 or gary@trendytimes.com

VENDOR'S WANTED: Outdoor Space available this Summer at the Big Red Barn / Visible from I-93, Just off Bethlehem, NH Exit 40. 12x12 Spaces Friday's & Saturday's \$15/day. Contact The Rusty Bucket @ 603-869-4096 or email thebucket@yahoo.com

WORK FOR SMALL FARM TRACTOR: 2 men & tractor @ \$50/hour. Also cleaning out houses, garages & barns. Also looking for bee equipment. Call Leo 603-747-4140

UPPER VALLEY IMAGE MAGAZINE Vol 1, No. 1 Premiere issue Spring 2006; Allan, 50 Route 10, Piermont, NH 03779 603-960-4027

UNRESTORED MEDEL "A" FORD, and parts. Frank, Keene, NH 603-352-6290

Coffee Anyone?

by Maggie Anderson

My cat is sitting on my lap at the moment not in the least concerned about how difficult it is for me to reach the keyboard while she's making herself comfortable.

She reminds me that I have had the constant company of one cat or another since Dad decided to stav in one place for awhile and we settled on the agate flats beneath majestic Mt Pitt in southern Oregon the summer before I entered the eight grade.

The cat I had from my sophomore year until Hank and I were married and we hauled the big furball with us to share our first tiny apartment was a giant Siamese named So Low.

So Low kept me company into the wee hours of the night while I did my homework long after everyone else in the house had crawled into bed. He used to curl up on the corner of the tea cart that served as a desk. He'd grab a nap and then get up for a midnight snack.

I liked to have an avocado and some cheese on hand to help me make it through the night. Once in awhile I'd have a handful of ginger snaps, and a jar of peanut butter to dunk the cookies and the cheese into. And coffee, no matter what else, always coffee.

So Low would wait until he thought I was distracted before he tried to share my goodies. He would stick a paw into my coffee cup and quickly turn his back on me while he lapped the coffee off, as if I hadn't seen what he was up to. He got so persistent I finally ended up putting a saucer on top of the cup rather than beneath it. He simply would not leave my coffee alone and hiding it under the saucer was the only way I could be sure of having a drop for myself.

He liked to slap a slice of avocado onto the floor and polish it off as fast as he could so he could jump back onto my desk and go for my cheese. He was quite the operator. Luckily for me So Low wasn't very interested in my peanut butter. The first time he stuck his paw into it he had to spend the next half hour trying to lick it clean, after that he never touched it again, although he wasn't above begging for his share if I spread some peanut butter on a slice of cheese.

Chantilly is my current coffee fanatic. I often imagine her in some dark church basement in front of a group

of strangers saying "Hello, my name is Chantilly and I'm addicted to caffeine." She is as persistent as So Low used to be but she is much sneakier. She waits until I am so engrossed in the teddy bear I'm working on that I think of nothing else for long periods of time before she makes her move.

Last week I reached for my coffee only to find her with her head buried in it and just as I got hold of the handle she jammed her paw clear to the bottom, pulled it out and licked it clean while I peered into its depths trying to figure out how she managed to empty my cup while I was sitting right beside her the whole time. I've got to start paying closer attention.

I think it's time for a new mug, the slogan printed on the side of this one reads "Coffee is Better When Shared" maybe she saw that as an invitation. Perhaps I should just get her a cup of her own. I heard about one that says " Everything Tastes Better With Cat Hair In It." Sounds like it would be right up her street.

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Indulge In You

Stefanie Schaffer Drives Equinox Into Celebration With North Country Chevy Dealers

On Thursday, June 6th, Stefanie Schaffer met with her new teammates, the North Country Chevy Dealof Burlington-Plattsburgh, for the second time. Stefanie initially met this group of dealers back in February, when they gifted her a brand new 2019 Chevy Equinox and asked her to join their team to work together to help Stefanie find new roads. There was a big difference this time around - Stefanie drove herself to the celebration behind the wheel of her Equinox. With a beaming smile across her face, Stefanie used newly installed hand controls to navigate the Chevy up to a group of applauding dealers. ready for an afternoon of celebrating the strides and accomplishments Stefanie has already made along her journey.

Stefanie was a victim of a boat explosion in the Bahamas in June 2018. She has had over 30 surgeries on her

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road to recovery, including having both legs amputated. Through all of this adversity, Stefanie has remained driven. She is committed to using her platform to communicate and inspire others through her story and perseverance.

The North Country Chevy Dealers are looking to help Stefanie regain independence in her life, and help her continue to find new roads. They look forward to watching Stefanie continue to grow on her journey, and inspire others along the way with more exciting updates ahead!

To follow Stefanie and her journey, visit steffindsnewroads.com and follow her on Facebook (Stefanie Schaffer Finds New Roads) and Instagram (@steffindsnewroads). #StefFindsNewRoads #StefStrong

North Country The Chevy Dealers is a group of 14 Chevrolet dealerships throughout Vermont, New York, and New Hampshire, including: Adirondack Chevrolet (Elizabethtown, NY), Alderman's Chevrolet (Rutland, VT), Benson's Chevrolet (Ludlow, VT), Champlain Chevrolet (Enosburg Falls, VT), Cody Chevrolet (Montpelier, VT), Denecker Chevrolet (Middlebury, VT), Ellis Chevrolet (Malone, NY), Handy Chevrolet (St. Albans, VT), Langway Chevrolet (Manchester, VT), Littleton Chevrolet (Littleton, NH), Newport Chevrolet (Newport, NH), Parker Chevrolet (Champlain, NY), Shearer Chevrolet (South Burlington, VT), Wells River Chevrolet (Wells River, VT).









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Father's Day: Tools Are Great for Father's Day – and for Investors

If you're a dad, you may well be pleased to unwrap some tools as Father's Day gifts. Of course, it might be a stereotype that all men are handy at repairs; women certainly can be every bit as good when it comes to building and fixing things. In fact, the construction process is valuable for anyone to learn – and the same skills that go in to creating and mending physical objects also can be applied to financial projects - such as working toward a comfortable retirement.

Here are a few of those skills:

Diagnosing the challenge -

A good craftsperson knows that the first step toward accomplishing any outcome is to assess the challenge. So, for example, if you want to build some bookshelves right into the wall, you'll need to locate the wall studs, de-

termine if you have adequate space for the shelving you want and allow room for future expansion. Similarly, if you want to retire at a certain age, you need to consider the key variables: your current and future income (How much can you count on from your retirement plans?), where you'll live (Will you downsize or relocate? Will you rent or own a house or condominium?) And what you'll do as a retiree (Will you travel extensively or stick close to home? Will you do some type of work for pay or pursue your hobbies and volunteer?).

Assembling the right tools and materials -

To put together your bookshelf, you will need the right tools - saw, hammer, drill, sander and so on - and the right building materials - plywood, nails, screws, glue, brackets, moldings and so on. And to work toward a comfortable retirement, you'll also need the right tool - in the form of a long-term financial strategy, based on your specific retirement goals, risk tolerance and time horizon - along with the appropriate materials the mix of investments you use to carry out that strategy. These investments include those you've placed in your IRA, your 401(k) or other employer-sponsored retirement plan, and those held outside your formal retirement accounts. Ideally, you want a diversified mix of investments capable of providing growth potential over time,

within the context of your individual risk tolerance.

Review your work -

Once you've finished your bookshelf, you occasionally may need to make some minor adjustments or repairs in response to slippage, cracks or other issues that can develop over time. As an investor, you also may need to tweak your financial strategy periodically and adjust your investment mix - not necessarily because something is broken, but to accommodate changes in your life, such as a new job, new family situation and new goals. Furthermore, over time, your risk tolerance may change, and this needs to be reflected in your array of investments..

Consequently, conducting an annual portfolio review with your financial professional should be a priority.

Tools are a big deal on Father's Day. But the construction-related tasks they represent, physically and symbolically, go beyond any one holiday and can be used by anvone interested in working toward a solid financial future.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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Winnipesaukee Scenic RR Announces **Motorcycle Week Train Schedule**

LINCOLN, NH – The Winnipesaukee Scenic Railroad. based in Meredith & Weirs Beach, NH, is pleased to announce it will once again offer a special train schedule for those attending the 96th annual Laconia Motorcycle Week scheduled for June 8-16, 2019.

Of the three major motorcycle rallies that take place annually in the United States - Daytona, Laconia and Sturgis - Laconia is the only major motorcycle rally to include train service for its attendees. In addition to train service, it's also the oldest event dating back to 1924.

In 2019, event officials are expecting more than 250,000 riders from across North America to enjoy riding on New Hampshire's scenic roads and highways making it one of the best attended events in the United States.

For those wishing to avoid traffic delays to and from Weirs Beach, NH - the hub of Laconia Motorcycle Week activities - round-trip train service will be available from Meredith, NH into Weirs Beach and back. Free parking is also available in Meredith for motorcycles, cars and trucks. The cost of round-trip tickets from Meredith to Weirs Beach and back is \$20.00 per person for ages 4 and up which includes parking in Meredith, while ages 3 and under ride for free.

THURSDAY – JUNE 13

- Departures from Meredith to Weirs Beach every hour on the half hour from 10:30am to 4:30pm.
- Departures from Weirs Beach to Meredith every hour on the hour from 11:00am to 5:00pm.

FRIDAY & SATURDAY -

JUNE 14 & 15

- · Departures from Meredith to Weirs Beach every hour on the half hour from 10:30am to 8:30pm.
- · Departures from Weirs Beach to Meredith every hour on the hour from 11:00am to 9:00pm.

The Winnipesaukee Scenic Railroad's Meredith Station is located just off Route 3 in Meredith, NH at 154 Main Street, while the Weirs Beach Ticket Booth is located at 211 Lakeside Avenue, directly across from the arcades at Weirs Beach. For more information regarding 2019 departure schedules and special events for the Hobo & Winnipesaukee Scenic Railroad, visit www. HoboRR.com or call 603-745-2135.

BACK IN THE DAY THE DEMOCRATIC REPUBLICAN NEWSPAPER

OFFERED BY JIM HOBBS ... INFO@WMTN.BIZ ... 603 243 0225

NOTICE

HE subscribers will continue to do all business of manufacturing cassimeres and satinettes in the most durable and satisfactory manner, for all growers and farmers. They will exchange good cloth on hand for wool when brought in if prefered, at Village Falls Manufacturing Company's Factory. They hope from the reputation of their cloth to receive a full patronage manufavturing and custom work.....

CLOUGH and COMPANY BATH. May 31, 1844

Town Preps for 160th Anniversary of Iconic Church

WATERFORD - A celebration to honor the 160-year-old Congregational Church in Lower Waterford is slated for Saturday, June 15.

"For God, Country and Rhubarb!" is the theme of the special, two-part benefit hosted by the church and the Waterford Historical Society.

The Community Room door on Maple Street opens at 5:30 p.m. for a rhubarb-flavored dinner with pizzas donated by Kingdom Crust in Saint Johnsbury and cheese from Crooked Mile Farm,

"We're so grateful to Aaren James for his generosity," said Norrine Williams, a member of the church's leadership team. Ticking off traditional, and separate, toppings of meat, vegetables and cheese, she continued, "Kingdom Crust's pizzas are delicious."

Noting that James bakes with King Arthur Flour that contains no GMO additives, Williams added, "We're thankful he's also willing to make a gluten-free pizza for our guests."

Two specialty pizzas combining goat cheese from the micro-dairy goat farm, with rhubarb and spinach are on the menu as well. Acting on a suggestion at Town Meeting by cheesemaker Roberta Gillott, WHS president/secretary Helen Pike made a sample that received a favorable response at the May historical society program.

Gillott had participated in the first joint benefit in 2014, "Barn to Table," because of her location on the historic Johnson-Powers Farm on Old County Road South. Added Williams, "We're thrilled Roberta is donating one of her flavorful cheeses

The dinner includes many different rhubarb desserts organized by WHS treasurer Roberta Smith who also will make a birthday-themed cake for the 160th celebration. The menu includes homemade pasta salad, a fresh garden salad with a variety of dressings, including a rhubarb vinaigrette. For beverages, there will be rhubarb switchel, lemonade, water and hot tea and cof-

At 6:45 p.m. sanctuary doors open for "Supreme Justice Jonathan Ross tells all - or most!" as historical interpreter and St. Johnsbury Academy theater director Bill Vinton brings Waterford farm boy-turnedlawyer back to his hometown with stories about the church, his career in St. Johnsbury, legal opinions in Montpelier, and even his brief stint in the U.S. Congress. Last month, the WHS donated to the Davies Memorial Library "The Law of the Hills," a concisely organized book that looks at the state's judicial history by Paul S. Gillies. It includes an entry on Ross.

Proceeds raised from the June 15th benefit are earmarked for the historical society's oral history project and the church's much-needed interior restoration.

A disastrous fire on June 30, 1859 levelled the previous Lower Waterford meetinghouse. But parishioners repurposed timbers, pews and deacons' benches from the 1818 meetinghouse built on a Mad Brook hillside with new materials. They dedicated their Greek Revival-styled church on January 11, 1860.

"Waterford has always had the faith of a mustard seed," said Rev. Ann Hockridge about the spirit of cooperation between both organizations to build a modern sense of community in a village where most buildings date from the late 18th century.

From 1860 until 1957, when the unified elementary school opened on Duck Pond Road, the current



Jonathan Ross engraving in the public domain

vestry. The sanctuary hosted 8th grade graduation ceremonies from the town's 14 district schoolhouses. A special Church Town Committee is exploring ways that might allow for a renewing of the building for municipal purposes.

Hallmark photographer Winston Pote of East Lancaster, NH, brought the Congregational Church and Lower Waterford international fame when he put the village on chrome postcards that were sold and sent by the thousands, beginning in the second half of the 1950s.

There is separate ticket pricing for the dinner and performance and for the performance only. Dinner reservations are limited to 90 and are expected to go quickly. Tables can be arranged for parties of two, four, five and 10. Reservations will be accepted until 8 p.m. Thursday, Pike: 802-748-0180.



6th Annual Wells River Community Picnic and Ice Cream Social

RAIN or SHINE

SATURDAY, JUNE 29th 11:00 AM – 2:00 PM

Berry Memorial Field - 143 Main Street North **Newbury Historical Society Story Corps**

11:00 AM - 1:00 PM

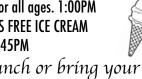
Bradford, VT

Picnic Lunch by Tuttles Family Diner available at the field.

11:30 AM - 12:30PM

Baldwin Memorial Library and WRAP Presents Marko the Magician

Entertainment for all ages. 1:00PM WRAP SERVES FREE ICE CREAM 1:45PM



Buy a picnic lunch or bring your own picnic, non -alcohol beverage, blankets, chairs, pop -up canopy, insect repellant and sun screen. In case of rain, activities will be held at the Wells River Congregational Church

Littleton Food Co-Op Supporting Second Chance Animal Rescue

The Littleton Food Coop is (LFC) delighted to that announce Second Chance Animal Rescue (SCAR) is our June Partner of the Month! Every time you round-up at our registers! Buy a pizza on Friday from 4 - 7 and \$1 will be donated to Second Chance! SCAR is an all-volunteer feline rescue and shelter dedicated to helping abandoned, abused, and stray cats in the North Country. Their mission is to provide homeless animals with a second chance at life and companionship in a no-kill shelter. Their organization goes beyond shelter walls and is committed to 1) Positive human and animal relationships and placements; 2) Offering affordable spay, neuter and vaccination clinics; 3) Cooperative rescue efforts; and 4) Animal welfare education.

Second Chance will be at the Co-op on Fridays in June from 4 - 7 pm for Partners and Pizza. During that time they are collecting donations of dry and canned food for cats and dogs. Their pet food drive is called "No Empty Bowls" to ensure that our community's pets never go hungry. Many seniors and families are struggling and too often it's their pets who go without. Donated pet food will be distributed by All Saints Episcopal Church Food Pantry. They are also collecting any donations from their wish list. These are just a few of the everyday items the shelter needs to take care of the homeless cats in their care.

Clay litter (not scented) Paper towels



Volunteers Melissa McKenzie (LFC grocery dept.) and Gabby Sweet (LFC produce dept.) hold kittens at Second Chance Animal Rescue.

Liquid laundry detergent Bleach (regular kitchen/ laundry)

Liquid dishwasher soap First class postage stamps Dry cat food (Purina cat chow, healthy weight, kitten chow, or indoor) Garbage bags (13 gallon, tall kitchen)

Envelopes (letter, notecard, invitation)

Copy paper (letter size, white)

Member-owned Littleton Food Co-op is a local, hybrid, and very friendly store located at the intersection of Cottage Street and Route 302 (exit 41 off I-93). Everyone is welcome to shop and ne is welcome to join! Not sure what local, hybrid, and friendly means in terms of a food store....come on in and ask any of our staff members! The Littleton Food Coop is open daily from 7 am - 8 pm. For more information or to become a member, please visit www.littletoncoop.com or call 603-444-2800. See you at the Co-op!







\mp What About Ma?

by Kellie Quackenbush

All About **Flying Pests**

Spring has sprung and the beauty of the blossoming trees and flowers cannot be denied. Ma's flower garden has upwards of 30 blossoming lovelies and more to come later in the summer. Sitting by the flower bed and enjoying nature's bounty is one of life's simple pleasures that Ma truly loves.

On any given morning or afternoon, Ma can be found resting by her garden with the biggest smile on her face. That is until those pesky black flies or mosquitoes start their attack. We used to use Avon's 'Skin So Soft' to detour the little bugs but where does one find an Avon Dealer these days?? Mosquito spray is smelly and sticky--Yuck. What does one

A growing number os people are finding good results from fans. Electric or battery operated, a fan blowing on you while you are outside will keep the flying blood-suckers away. An article in the Sun-Sentinel dated July 21, 2010 confirms this, "Myth

busting: To repel mosquitoes ... use a house fan?" by Anahad O'Connor, states, "Studies have found that wind is an effective method against mosquitoes and other airborne pests. The reason seems obvious: It prevents them from circling and landing on you, like a windstorm keeping a plane from its descent."

The result of this is that we own several battery operated fans that we use outside. The local hardware stores and department stores carry a 10" fan at a very reasonable price. They are small and lightweight so they will go anywhere, like outdoor concerts and of course, the flower garden. At home, a long cord and a box fan will also work, especially on the deck or patio.

Black flies and mosquitoes are "in season" now and we all must do what we can to avoid becoming their feast. This year, avoiding chemicals and getting a refreshing breeze sounds like a good way to enjoy the outdoors.

A Friendship

by Elinor Mawson

I had heard of Mary Lou before I met her. I knew she was in the antiques business and dealt in some amazing things. But when she came into my shop one Spring day, I wondered why she was there. I didn't think we had anything that she would be interested in, but she bought quite a bit, stopped to talk, and I found out more about her.

She was a tiny woman with a long braid, glasses, and wore jeans and a plaid shirt. She wore work shoes. Her voice was like a foghorn and she used plenty of cusswords. She explailned that she and her husband ran a plumbing supply store a couple of towns away.

She became a regular customer and as time went on, I found out more about her. She grew up on a family farm, went to Radcliffe for a couple of years, and met Dick, her husband, who was from Main Line Philadelphia. He was going to Harvard at the time; they fell in love and got married soon after they met, and Mary Lou dropped out of college--Dick kept on going. After graduation, they had one daughter, Karen, and moved to a farm in

Southern New Hampshire and proceeded to completely restore it. They raised horses, got a large dog, and while Dick opened his plumbing store, Mary Lou bought some land and built several houses and sold them.

When Karen got old enough she was sent to a posh secondary school outside of Boston. In the summer, the three of them showed horses and hung around with people who had the same kind of lifestyle. Eventually Mary Lou got into the antiques business and began to operate a group antiques shop near the plumbing store.

As our friendship developed, it became evident that Mary Lou needed a helper in the business. She did a show every month in Concord and could use someone to tend her booth while she interacted with the other dealers. She would pick me up at 5 AM and we would brave the weather and get to Concord in time to set up before the "heavy hitters" came in. I had to laugh--when the big dealers from New York appeared, Mary Lou went from her vernacular speech to a High class vocabulary with no cusswords. and a strange accent. She may have impressed her customers, but I found it comical.

She never told me where she got her inventory or how much she paid. I would wonder if she sold something for less than she paid for it, but I thought she did quite well. When it came time to pack up, she would finally come back to the booth and watch me put her inventory in boxes and carry them out to the

We always stopped for dinner on the way home. She would order a bloody and then another. Mary While we were eating she would wax eloquent about the day and who she talked to. It was like doing the show all over again.

The Concord show lasted for several more years until the building was sold and torn down. (I think a Staples occupies the space now.) We did several shows a year in other venues, but Concord was really missed by those of us who were regulars.

Mary Lou and I had several big projects in the aftermath, one of which involved a warehouse, 3 storage trucks and a ping pong table which I will tell you about next time.

conducting a Workplace

Training Survey for anyone

who is a Vermont employ-

ee or an employer. This

survey will help the Com-

mission gauge what types

of information and training

Vermonters feel are most

needed in their workplaces.

The survey is accessible on-

A Call for Public Input: State of VT Sexual Harassment & Workplace Discrimination Prevention Project

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Montpelier - Are you a trainer or advisor on workplace equity and inclusivity issues in our state, or have you worked with one? What trainings would be most helpful in your workplace?

The Vermont Commission on Women is currently compiling online educational resources and a directory about work-related discrimination and sexual harassment prevention. The Commission is inviting interested members of the public - employers, workers, non-profit organizations, advocates, and businesses - to provide input and guidance, and to help "crowdsource" experts, resources and information.

Input is being collected through two online forms, both of which can be found on the Commission's website (women.vermont.gov):

Anyone interested in sharing educational resources, or being included in a directory of trainers, providers, experts and organizations about workplace equity and discrimination prevention should complete the Commission's online Contact Form at www.surveymonkey.com/r/VTpreventiontrainers.

The Commission is also



line at: www.surveymonkey. com/r/VTtrainingneeds The information gathered will be used in a statewide public education and outworkplace

reach campaign later this vear, which includes a new prevention website. project is a result of the passage of recent legislation which allocated funds to the Vermont Commission on Women, in consultation with the Vermont Attorney General's office and the Vermont Human Rights Commission, to inform and assist Vermont employees, employers, businesses, and members of the public about these issues. "We aim to make it easier for Vermonters to access the information, training, and education they need to create better workplaces for everyone in Vermont," Commission Director Cary Brown

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Thank you for your understanding.



Interstate Commerce And The Sales Tax Debate

By Rep. Dick Marple Republished from the Concord Monitor with permission of the author

The Aug. 19 "Capital Beat" column by Ethan De-Witt featured reports of two of my colleagues attempting to come up with a protection program for our New Hampshire vendors, who might become involved with the so-called interstate sales tax that the Supreme Court sent back to the lower court for revision.

Since interstate commerce has its origin in the Constitution, where Congress has been delegated sole jurisdiction and authority to administer interstate commerce, the several states do not have any jurisdiction to usurp such a constitutional mandate.

Accordingly, New Hampshire has no jurisdiction to expend taxpayer revenue on such so-called preventative legislation. That is the exclusive jurisdiction of Congress, and it is my understanding that Congress is addressing this issue at this time.

In any event, this is the issue that prompted Gov. Chris Sununu to call for the recent special session, which was not needed and was rejected by the majority in the House. I was one who voted against the proposed unnecessary legislation, as it would have opened the door to negotiation and invited discussion of potential contractual relationship with foreign states.

We do not need to take such a risk and ignore the current RSA 382-A: 3-501, which now prevails and has for several years.

It was 1966 when President Lyndon Johnson removed the silver coins from circulation and thus there was no lawful money in circulation. Yes, there was "legal tender, that is the paper Federal Reserve notes, which have plainly printed on them the word "note," thus an instrument of indebtedness. Accordingly, Congress, having been delegated jurisdiction over interstate commerce, had to come up with a means for commerce to continue between the several states. They did

so with the Tax Lien Act of 1966, wherein the Uniform Commercial Code became the sole and exclusive protocol for all commercial business between government and the several states. The congressional enactment for commercial paper to be used as a means for settlement and discharge (not payment) of all obligations had Supreme Court mandate that when using commercial paper to discharge it's obligations, government becomes a mere corporation and has standing like any other corporation. This is known as the Clearfield Doctrine, which resulted from Clearfield Trust Co. v. United States, 318 U.S. 363, using commercial paper and not lawful money.

All current New Hampshire vendors are protected from any foreign states attempting to impose foreign sales tax upon them by the following: 382-A: 3-501 Presentment.

As is clear in the RSA, there must be a "holder-indue-course" for a "presentment" to be made and the only one who can make a "presentment" is one who holds an "instrument" or contract that has the other party's original signature signed with ink. No copy is acceptable. Accordingly, should any New Hampshire internet vendor get a "presentment" from a foreign state, he simply writes upon the "presentment": acceptance refused pursuant to RSA 382-A:3-501, U.C.C. 3-501, copy the "presentment" and return the original to its source.

It is doubtful that any foreign state will try to overcome the mandates of the Uniform Commercial Code, as all states have enacted legislation similar to ours. Hopefully this will relieve any concerns that may now exist and, with all due respect, I hope my colleagues abandon their efforts to act outside their jurisdiction.

We need less costly government not more, as this representative has striven to prevent.

(Dick Marple of Hooksett represents Merrimack District 24 in the N.H. House of Representatives.)

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PBVRC Spaghetti dinner with Governor Sununu and Gen. Donald Bolduc

ASHLAND NH: The Pemi-Baker Valley Republican Committee is starting their spaghetti dinner season off with a bang! Governor Chris Sununu is our featured speaker for the evening. Also joining us will be General Donald Bolduc, who is considering running against Senator Jeanne Shaheen in 2020. These events are open to the public, and are held at the American Legion Hall, 37 Main Street, Ashland NH 03217. The meal includes spaghetti, meatballs, Italian sausage, garlic bread, salad, beverages, and desserts.

Governor Christopher T. Sununu is the 82nd Governor of the State of New Hampshire. He is currently serving his second term and has the distinction of being the youngest Governor in the country. Among his accomplishments during his first year in office were delivering a balanced state budget with no new taxes or fees and establishing full day kindergarten. Additionally, Governor Sununu doubled funds to fight the opioid crisis, made investments

in clean water projects, expanded educational opportunities for students, and signed job creating business tax cuts into law.

Before being elected Governor in 2016, Chris served three terms on the New Hampshire Executive Council, representing 32 cities and towns in Rockingham and Hillsborough coun-We are pleased to in-

troduce General Donald Bolduc from Laconia, After 32 years of active duty service to his country in which he received two awards for valor, five Bronze Star medals, two Purple Hearts, led ten deployments, and survived both a bomb blast, numerous firefights, and a helicopter crash, General Bolduc, former Commander, Special Operations Command Africa, has hung up his fatigues to take on perhaps his most important and challenging mission of advocating for veterans and their families, the treatment and shedding the stigma of PTS, TBI, pain management, sleep disorders, and neurotoxicity both from within the



US military as well as the general public. His second passion is teaching, coaching, and mentoring leadership from entry level to the senior executive level.

Join us in welcoming both General Bolduc and Governor Sununu to this event. Admission for the dinner is \$10 at the door for adults, \$5 for children 5-12 years, and children 4 and under are FREE. We also offer a special family price of \$25.00. Non-perishable items or cash donations for the Plymouth Food Pantry are encouraged.

For more information, call Cindy at 603-536-3880 or deerladydwh@gmail.com

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Favorite Macaroni Salad

Hello, hello my fellow chefs. I'm in Rhode Island visiting my family. My son Nick had a Birthday party for my granddaughter Abigail and made this very different macaroni salad that everyone loved. It's a little sweet but nice and savory and I think you should try it because it is "Delicioso". The weather here is warmer than in Vermont, right now it is quite muggy.

Back to the recipe! It's easy to make so let's get started. Here's what you need and how to make it.

Ingredients
1lb. Large elbows (16

oz.)
4 Carrots grated or

shredded
1 Large red onion chopped
small

1 Cup celery chopped

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small

1\2 Red pepper chopped small

1\2 green pepper chopped small

2 Cups mayonnaise

1 14 oz. Can Sweetened condensed milk

1\2 Cup white sugar

1\2 Cup white vinegar Salt and pepper to taste. I used a pinch of each.

Boil the elbows in salted water until tender approximately 8 - 9 minutes. Drain and run under cold water. In large bowl combine the carrots, onion, red and green peppers. Toss the elbows

Serve with just about any grilled meat. A nice wine cooler or beer always goes well with your BBQ meals. Remember to drink responsibly.

in and mix. Mix the mayon-

naise, the sweetened condensed milk and the vinegar

in another bowl. Toss mixture over the macaroni and

vegetables and mix everything well, cover and refrig-

erate overnight or at least six

hours. Any juice gets soaked

Refrigerate leftovers, it is a great snack and you satisfy

your sweet and salty needs!

Toss

before serving.

Don't let the sweetened condensed milk and sugar scare you because the white vinegar cuts it and it is definitely not too sweet. I think you will like this and I hope you give this a try. Easy peasy.

Well folks that's it, Enjoy the pasta salad and the summer! Until next time I'm signing off, sincerely Cin Pin.



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Auxiliary Helps Celebrate Retirement of Lori Thompson at Cottage Hospital

WOODSVILLE, NH -Members of the Cottage Hospital Auxiliary joined together with the Cottage Hospital administration and staff to celebrate the retirement of Lori Thompson as the hospital's fiscal comptroller and presented her with a special resolution commemorating her tenure with the Auxiliary and hospital. Lori was a valued employee for 31 years at Cottage Hospital. Also during that time she served as an active member and officer with the Cottage Hospital Auxiliary.

On Friday, May 31st, the Cottage Hospital community gathered to celebrate Lori's career and to offer her their best wishes for a long, happy and healthy retirement. Over the past three decades Lori has volunteered with the Auxiliary and played an integral role in its leadership

and success.

"Lori Thompson personified an Auxiliary volunteer and worked tirelessly to help the Auxiliary achieve its mission to support Cottage Hospital in providing quality healthcare to its patients and their families. We look forward to Lori's continued active participation with the Auxiliary," stated Brenda Long, Auxiliary Co- President.

The Cottage Hospital Auxiliary is a tax-exempt nonprofit organization. Membership in the Cottage Hospital Auxiliary is open to everyone, women, men and hospital employees. To obtain more information about the Cottage Hospital Auxiliary or to become a member, please visit www. cottagehospital.org/support/cottagehospitalauxiliary or call 603-747-9707.



Auxiliary members celebrate Lori Thompson's retirement. (L to R) Barb Fitzpatrick, Auxiliary Co-President Brenda Long, Jean Adams, Lori Thompson, Mary Jo Locke and Don Perlee.

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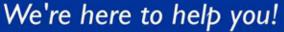


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