A FREE Publication

20 Pine Street, Woodsville, NH 03785 Phone: 603-747-2887

Next Issue: Tuesday, February 4 Deadline: Thursday, January 30 February 2 **Groundhog** 9 Half your wood, ' And half your hay, You should have, Email: Gary@TrendyTimes.com On Groundhog Day Website: www.TrendyTimes.com

**JANUARY 21, 2020** 

**VOLUME 11, NUMBER 8** 

# Northern New England Plays Key Role In Reducing the Decline of Bird Populations

Sunday,

Fairlee, Vt. -- Imagine a spring without birdsong--the "Silent Spring" Rachel Carson warned about nearly sixty years ago. Many recent studies of bird populations indicate that this is no longer a remote possibility but a looming and well-documented crisis.

"North America's birds are disappearing from the skies at a rate that's shocking even to ornithologists. Since the 1970s, the continent has lost 3 billion birds, nearly 30% of the total, and even common birds such as sparrows and blackbirds are in decline." Science Magazine, Sept. 19, 2019.

On Tuesday January 21 at 6:30 in Fairlee Town Hall Auditorium, Steve Hagenbuch and Margaret Fowle of Audubon Vermont will give a slide presentation on BIRD CONSER-VATION: THINKING GLOB-ALLY, ACTING LOCALLY about Northern New England's migratory birds and the steps residents can take to increase the breeding success of these species. The weather back-up date for this event is January 28, same time and place.

Residents of the Upper Valley are privileged to live in one of North America's richest and healthiest bird nurseries, according to ornithologists. From the peregrine falcons that nest on Fairlee's Palisades to the tiny warblers that fly thousands of miles from South America each spring. these birds come to the Upper Valley because there is ample food for their young and a wide variety of nesting habitats preferred by different species. As wintering grounds and migration routes become increasingly inhospitable for migratory birds, their summer nesting grounds in Northern New England become all the more critically to their survival.

The most significant variable in the success or failure of the New England breeding season for these far travelers, however, is human activity and behavior. There is much we can do to improve success rates. Hagenbuch and Fowle will offer suggestions for homeowners and people who visit and work in forests and other bird habitats.

Steve Hagenbuch is a conservation biologist with Audubon Vermont's Forest Bird Initiative who works with private landowners, municipalities, foresters, and land managers to promote management activities that will enhance the habitat value of forestland for priority bird species. He has done extensive work in Fairlee Town Forest and surrounding private lands. Margaret Fowle is a conservation biologist with Audubon Vermont's Peregrine Falcon Recovery Program and Champlain Valley Bird Initiative. Margaret has coordinated peregrine and bald eagle recovery efforts in Vermont and also works with private land-



owners to promote management activities that enhance grassland and scrubland habitats for priority bird species in the Champlain Valley.

The presentation is part of Fairlee Community Art's 2020 "Secret Lives" monthly lecture series on local wildlife and habitats. Future "Secret Lives" presentations include those by well-known area experts on the Eastern coyote, vernal pools, amphibians and reptiles, creatures of the forest floor, and important local "for-

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est blocks" and "wildlife corridors." These events feature Fairlee Town Hall's new video projection system funded by the Couch Family Foundation, Lake Morey Foundation, and local residents.

Fairlee Community Arts (FCA) is an all-volunteer nonprofit organization building community through cultural and educational programs for the public. Visit www.fairleearts.org for information on this and other FCA programs, and to reserve tickets.

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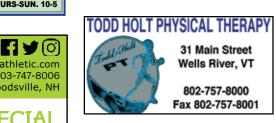




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# **Meals Far From Home**

by Gary Scruton

Once again I must stray from the intended purpose of this column. That is the promotion of our fine advertising eateries. It is part of each of their contracts that freshly baked croissants someone from Trendy Times will visit their eatery during their contract time frame, partake of their service, and report back as to how the experience went. It has been my privilege (and pleasure) to do most of those reviews. And have no fear, that normal routine will definitely begin again with the next issue. But for now I want to take the time to tell you about a couple of other "dining experiences"

My wife, Janice, and I recently had the opportunity to go on vacation. We spent a week in the Raleigh, North Carolina area visiting my youngest daughter, along with three granddaughters and others. Now, of course, we ate plenty of meals at their home. Coffee and toast is pretty easy to handle. For one meal we did have french toast. I will give compliments to the chef, but have to say

that I am a bit worried. At least one person at the table preferred the artificial maple svrup to the real stuff. Not sure how I can handle that

We also enjoyed some from a local bakery. I got bacon and maple flavored and they were excellent.

One other breakfast note is that during our traveling we found ourselves at Logan Airport in Boston for a meal time. Yes, the prices are higher than I would expect to see locally, but there are extenuating circumstances at an airport. The thing I want to mention is that for the second time in my life I ordered a breakfast meal that included toast, and I got one slice of toast. The other time was also in an airport. As I said, extenuating circumstances. I suppose.

The other piece of this meal that was different for me was that my breakfast came with sausage. Normally I see either a patty, or a few sausage links. This order came with a large link sausage sliced lengthwise and cooked. Different, but

still quite tasty.

While visiting we also had a couple of occasions to go out to some suggested eateries. One was an experience that we have had in the past, the second was something brand new to my, and Janice's, taste buds.

The first occasion was to one of those spots where they cook the food on a hibachi grill right in front of you. On this occasion there happened to be ten people in our party so we took up the entire area around the grill. The first person to wait on us took drink orders along with our entree requests. My daughter is allergic to shrimp and made the order taker aware.

The next person was our chef for the night. Like most chefs of this nature he was great with knives, his spat-

ula, and with the repartee that goes along with food service of this style. My eight year old grand daughter was seated next to me and our chef even got her with the sauce in the squirt bottle trick. It was a blast.

The chef was also well aware of my daughter's special needs and included that in his table side routine. The food was also well cooked and presented and there was plenty of it. If we go back at a future time, this spot will certainly make the list.

The second spot we went was a whole new taste treat for us. They feature bison meat. I realize that there are some local eateries that have this, but we had as yet not tried it. The strange thing is that we had just visited the North Caroline State Zoo the previous day and the zoo included a small herd of Bison. That brought up the subject and was a large part in our decision to visit this particular eatery.

Again we had a large contingency at the table and there was a wide variety of orders given. Janice settled on a bison brisket, while I listened to our waiter and tried the bison meatloaf. My meal

came with garlic mashed potatoes plus peas and carrots (the menu called for green beans, but no thanks on those fro me).

Around the table there were also orders for a bison burger, the greatest fish sandwich ever (that's what it said on the menu) and even macaroni and cheese for the eight year old grand daughter who has decided to currently eat as a vegetarian. Beverage orders went from the mandatory sweet tea, to soda, to a local craft brew that matched well.

The motif of this eatery included a large buffalo head on the wall, plus some cozy booths and our large table. Each table was also covered with a paper map of Montana, the focal point of this place.

All in all we enjoyed the many culinary adventures we had during our trip out of town. But we also look forward to returning to some of our local, and favorite, eateries. We also look forward to adding new eateries to the Trendy Dining Guide. Rates are reasonable, and it would give Janice and I a chance to visit your establishment.





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Plus You Get a Restaurant Review

For More Details
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# , 2020

# **Littleton Food Co-op Passes On Big Check To Adaptive Sports Partners of The North Country**

Thomas Shovlin, executive director of Adaptive Sports Partners of the North Country (ASPNC), came into the Co-op on January 7th to pick up the Partner of the Month check for December! John from our Service Desk helped Thomas hold that BIG check! And it was a big one indeed! A very big thank you to all our shoppers and owner/members who support Partners in our community by rounding up at the registers. A little bit from so many certainly adds up fast!

Through fundraising events like our Partner of the Month program, Adaptive Sports Partners of the North Country are able to provide sport, recreation, and wellness opportunities for a broad rage of people with disabilities. The adaptive participants say that AS-PNC has enabled them to do things they never thought they would be able to do. Thank you ASPNC for enriching the quality of life if our community!

Little-Member-owned ton Food Co-op serves the community by providing



high quality food, offered at a fair price, with outstanding Everyone is welservice. come to shop and anyone is welcome to join. Located at the intersection of Cottage Street and Route 302 (exit 41 off I-93), the Littleton Food Co-op is open daily 8 a.m.-8 p.m. For more information or to become a member, please visit www. littletoncoop.com, call 603-444-2800 or just stop by! See ya at the Co-op!

# Vermont Welcome Wagon **Comes to the NEK**

Northeast Kingdom - The Vermont Welcome Wagon has landed in the Northeast Kingdom with its second chapter in the State open and ready for participants.

The VT Welcome Wagon Project (VTWWP) is a program where new arrivals or returnees are connected with current residents, or 'hosts' through an informal meet and greet. It provides new folks with the opportunity to learn more about the region and ask honest questions with honest answers about the ins and outs of the community---where's the nearest laundromat? Where do you go out to eat? What's there to do on a rainy day? What's the childcare situation like? The goal is to accelerate the time it takes to "figure out" VT and get connected to our community in meaningful ways.

The Northeast Kingdom Young Professionals Network (NEK YPN) decided to take on this initiative last spring upon learning about the program that began in Chittenden County.

VWWP co-founder Krysta Sadowski said "we are simply thrilled that the NEK YPN has partnered with VWWP to launch a local chapter of the program! Their commitment to connecting and serving



their community combined with the energy and skills of their leadership team makes them an ideal partner for leading this program in the

While the VT Welcome Wagon Project is for all ages, the NEK YPN was thrilled to take on the leadership of this program and offer it to all community members and new arrivals in the NEK. Thanks to grants from both the Vermont Community Foundation and the NEK

Collaborative, the NEK YPN has been able to secure a part-time administrative staff member to oversee the unveiling of the project.

This program is open anybody new or returning; there are no age limits or restrictions. The NEK YPN manages the program but participants do not need to be a member to utilize it. Materials and sign up information can be found at https:// www.vtwelcomewagon.org/



# **The Morrison Communities To Host Red Cross Blood Drive**

Whitefield, N.H. -- The Morrison Communities will host a community blood drive with the American Red Cross on Thursday, February 6 from 11:00 AM to 5:00 PM at its Summit by Morrison campus located at 56 Summit Drive, Whitefield, N.H. 03598.

For more information or to make an appointment to donate, please visit redcrossblood.org or call 1-800-RED CROSS (1-800-733-2767).

"Hosting a blood drive aligns with The Morrison Communities mission statement of giving back to the community," said Tamara Reilly. "With a simple blood donation, we have the ability to help save the life of someone who could be a coworker, loved one or neighbor."

Blood is routinely transfused to patients with cancer and other diseases, premature babies, organ transplant recipients and trauma victims, according to the



Tamara Reilly, Resident Service Director delivering posters to local businesses to spread the word about upcoming blood drive at the Summit.

### Red Cross.

"The short amount of time it takes to donate can mean a lifetime to a patient with a serious medical condition. We urge eligible donors to join us in the selfless act of giving blood."

Donors of all blood types needed, especially those with types O negative, B negative and A negative. According to the Red Cross, type O negative is the universal blood type that can be safely transfused to anyone and is often used to treat trauma patients.





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# **SB414: Woodsville Fire District Highway Funds**

from the Haverhill Selectboard, Senator Bob Guida and cosponsors Rep Ladd and Rep Ruprecht have submitted Senate Bill 414, a bill to modify the distribution formula for highway funds in Haverhill and Woodsville. The Senate Transportation Committee will hear the bill in room 103 of the State Legislative Office Building in Concord on Tuesday, January 21 at 1:00pm. If approved by the Senate, the bill will then be sent to the House of Representatives for another round of public hearings and testimony.

There are two highway departments within Haverhill. Roads in Woodsville are maintained by the Woodsville Highway Department while the remaining roads within the Town including Mountain Lakes, North Haverhill, and Haverhill Corner along with all non-precinct locations



Pursuant to a request are served by the Town of Haverhill Highway Department. Annual funding by the Town to Woodsville is based upon statutory law that was last updated in 2009. Statute requires that the net operating budget for the Town of Haverhill Highway Department shall be divided by an annual percentage factor based upon the annual updated Woodsville Fire District property valuation percentage of the town's property valuation. Secondly, Woodsville's share of New Hampshire Highway Block funds, another source of road funding, is sent from the State directly to the Town for distribution to the Fire District. Block grants are based upon population and road mileage.

> SB414 proposes that highway funding to Woodsville continue; however, formula changes are designed to better align the distribution of Block Fund Grant amounts with the state formula. Grant funds will be allocated to the District and Town based upon the proportionate percentage share of population and the proportionate percentage share of class V road mileage in the District and the Town. An

other change in the bill uses road mileage rather than property valuation to determine the amount of funding premised upon the net operating budget that will be distributed to Woodsville.

It is the responsibility of the bill's sponsor and cosponsors to introduce HB414 to the Senate Transportation Committee. At the Senate hearing, sponsors will briefly explain the bill's intent along with proposed changes; however, the primary purpose of the hearing is for members of the public (commissioners, selectboard members, and any interested member of the public) to present his or her testimony, either in support or against. This issue has previously been discussed at noticed work sessions commissioner/board meetings during the past months. The Selectboard unanimously supports the proposed bill while commissioners have concerns. Tuesday's hearing is the first step in the long legislative process, and I encourage those who are interested to attend the hearing or to track this bill through later legislative discussions and at the Senate's executive session that has not yet been scheduled. If the Senate passes HB414, it will then be sent to the House of Representatives.

Respectfully submitted, Rep Rick Ladd New Hampshire House

BEFORE

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### **A Bill in Honor of Marc Decoteau**

On Tuesday, January 28th, I will be introducing House Bill 1135, which is titled "Naming of portion of Route 49 in Honor of Specialist Marc P. Decoteau" to the Public Works and Highway Commission.

PFC Decoteau served in the Army in Afghanistan in Operation Enduring Freedom and died on January 29, 2010. He enlisted in the Army after his 2008 graduation from Plymouth Regional High School, where he was an outstanding student-athlete helping to win two state football championships. He was raised in and his family still lives in Waterville Valley. PFC Decoteau was stationed in Afghanistan as part of a Psychological Operations unit based out of Fort Bragg, N.C. He was known as hard working, reliable and a great team player according to his high school football coach in the publication Military Times.

His sacrifice, and that of his family, will be memorialized with the passage of this bill. Route 49, as the main road into Waterville Valley, will be named in his honor.

Upon a suggestion from Waterville Valley residents, this bill was written and submitted by me last fall. Like

all bills submitted to the NH house, they first are reviewed by a committee (in this case, Public Works and Transportation). They will make a recommendation on the bill, which will then go to the full house of representatives for a vote. Passed bills are then heard by a Senate committee and then voted on by the full Senate. Once passed in both chambers, the bill is sent to the governor for signature. This process will take several months for this legislation to become law. I expect his family to be present and testify at the bill introduction session.

Once the bill is signed by the governor, Private First Class Decoteau's sacrifice, made on our behalf, will be acknowledged by erecting signs along Route 49 and naming the road in his honor. His service will be appropriately remembered by all on every trip into Waterville Valley.

Jerry Stringham represents Lincoln, Woodstock, and Waterville Valley in Concord, serving on the House Ways and Means Committee. If you need to reach Representative Stringham, email jerry@jerrymstringham.com.

# HAVERHILL CANDIDATES' PLATFORMS

Wednesday, January 29 6:00 - 8:00 PM **Clifford Memorial Building Route 135, South Court St.,** Woodsvile

Saturday, February 29 2:00 - 4:00 PM **Morrill Municipal Building** (Town Office Building) **North Haverhill** 

These Platforms are being held to allow all Candidates for verhill Town Offices a chance to answer questions from voters about current issues, future plans or whatever.

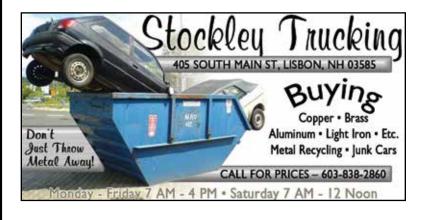
In order to be on the 2020 Haverhill Ballott a Candidate must have signed up befoe Friday, January 31. Write in candidates can still run for office.

Positions to be voted on during balloting on: Tuesday, March 10, 2020 include:

School Moderator (1 year term) currently held by Jay Holden

Two Selectboard Seats (Both are 3 year terms) Current members are: Fred Garofalo & Thomas Friel Moderator (2 year term) currently held by Jay Holden Supervisor of the Checklist (6 year term) currently held by Carol Norcross Cememtery Commissioner (3 year term) currently held by Robert Rutherford Trustee of Trust Funds (3 year term) currently held by Marie Bigelow Three At Large School Board Seats (2 Three Year Terms & 1 One Year Term) Currently held by Stephanie Chase, Maryanne Aldrich & Nancy Hoel

This Platform ais Sponsored by Trendy Times as a Public Service. For more information contact Gary @ 747-2887 or email Gary@TrendyTimes.com





# Fairlee to Screen First Films On Town Hall's New \$14K Projection System



Fairlee, Vt. -- Now that Fairlee Town Hall Auditorium has a theater-quality projection system, Fairlee Community Arts (FCA) has begun the task of creating a film series that is affordable, appealing to audiences, and that fills a niche in the Upper Valley. On Saturday February 8 at 3:00 and 7:00, FCA will test audience responses to two films from The Middlebury New Filmmakers Festival (MNFF), an international event featuring the work of first- and second-time filmmakers selected by Artistic Director Jay Craven.

Of the 85 works shown during the August festival, a few are chosen for screenings in various Vermont locations the following February. Fairlee's selection as one of MNFF's screening venues gives Fairlee Community Arts an opportunity both to assess local interest in films like this while introducing its community to the cinematic capabilities of the new projection equipment and honoring the projection system's major funders, notably the Couch Family Foundation and The Lake Morey Foundation.

The 3:00 film, entitled The Dog Doc, features a maverick veterinarian and his dedicated team as they provide last-chance treatments for severely injured and ill pets as well as hope to the distraught owners. Animal lovers and caregivers will find this interesting and uplifting.

The 7:00 film, Don't Be Nice, features a team of young New York City Slam Poets finding its voice as it competes for the 2016 National Poetry Championship. An emotional and inspiring film that gives insightful commentary on race, gender, identity and sexual politics in America today, Don't Be Nice is both an absorbing competition doc and proof for aspiring writers that winning hearts and minds is the ultimate prize.

Prior to the evening screening, the audience

is invited to meet Don't Be Nice producer Nikhil Melnechuk at an informal reception at 6:00 in the Town Hall. Immediately following the screening, Mr. Melnechuk will entertain questions from the audience during a Q&A session moderated by Dartmouth College Associate Professor from the film and media studies department, Desirée Garcia.

FCA is an all-volunteer nonprofit organization building community through cultural and educational programs for the public. Visit www.fairleearts.org for information and tickets for this and other FCA programs.

The 6th Annual MNFF is scheduled for August 27-30, 2020. Film submissions will be accepted beginning January 6, 2020. Submission instructions can be found on their website.

# Yamato Japanese Drummers Bring Ancient Thunder to Lyndon

Catamount Arts and KCP Presents are thrilled to host a spectacular, exhilarating display of virtuosity and endurance, Yamato: The Drummers of Japan, on Thursday, January 30, at Lyndon Institute Auditorium in Lyndon Center. "A genuine theatrical experience," raves the Times of London, "delivered with balletic grace and infectious humor!"

Founded in 1993 by Masa Ogawa in Nara, "the land of Yamato," and the birthplace of Japanese culture, Yamato travels all over the world with Japan's traditional Wadaiko drums. Yamato's dazzling performers put their very souls into their instruments, stirring the hearts of people the whole world over.

In the village of Asuka, a place with more than a thousand years of history and culture, Yamato seeks evolved expression with Wadaiko as its backbone. They think of the sound of the drums – made of animal skin and ancient trees, some of which are more than 400 years old – as a pulse or heartbeat (Shin-on), the center of life and the source of power which pulsates within the human body.

Like the strong and sturdy heartbeats of a distance runner commanding his body's full potential, Yamato harnesses the energy of life, enveloping the audience and performers in a single resounding rhythm. What



one feels when surrounded by the sound of Wadaiko, brought out by these highly trained performers, is what the Japanese call "Tamashy", translated as soul, spirit, and psyche – the basic elements of life. Invisible, intangible, but nevertheless irresistible, the pulse, delivered from antiquity, will resonate within all the bodies gathered at any given performance.

This past season marked Yamato's 26th anniversary, celebrating over 4,000 performances in 54 countries, bringing their enthusiasm to over 8 million fans young and old. Audience spirits are lifted to new levels with Yamato's infectious sense of joy and entertainment. For Yamato's drummers, every encounter with an audience

perience, an opportunity to unite performers and spectators in a single majestic heartbeat. The show promises to exhilarate audiences of all ages.

For tickets to see Yamato: The Drummers of Japan at Lyndon Institute Auditorium on Thursday, January 30th, or to learn about other upcoming KCP Presents shows, call 748-2600 or visit www.kcppresents.org.

The KCP Presents Series is produced by Catamount Arts working in association with Kingdom County Productions and supported by generous local sponsors with grant funding from The National Endowment for the Arts and the Vermont Arts Council.





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A Full Page of Events from Local Non-Profits, Schools and Towns. Presented FREE by Trendy Times.

**TUESDAY, JANUARY 21** 

BIRD CONSERVATION: THINKING GLOBALLY, **ACTING LOCALLY** 

6:30 - 8:00 PM See Article on Page 1 Fairlee Town Hall Auditorium

COHASE CHAMBER ANNUAL MEETING 6:00 PM

Alumni Hall, Court St., Haverhill

**THURSDAY, JANUARY 23** 

DOROTHY'S LIST BOOK CLUB 12:15 PM

St. Johnsbury Athenaeum

**TECH SUPPORT** 

5:00 PM

St. Johnsbury Athenaeum

WILD THING NATURE TRIVIA NIGHT 7:00 - 9:00 PM See Article on Page 7 Rek'-lis Brewing, Bethlehem

**FRIDAY, JANUARY 24** 

ACORN CLUB STORYTIME 10:30 AM

St. Johnsbury Athenaeum

**SATURDAY, JANUARY 25** 

THE YEAR OF THE RAT STORY & CRAFTS 10:00 - 11:00 AM 764-9072 or 764-9073. Joseph Patch Library, Warren

THE STORY BEHIND HILLSIDE HIVES 2:00 PM

Bath Public Library

Landaff Town Hall

**CHOWDER & CHILI CHARTER SUPPER** 5:30 PM Entrance by Donation

**BOYS & GIRLS CLUB CASINO NIGHT** 6:00 - 10:00 PM See Ad on Page 16 Maplewood Clountry Club, Bethlehem

**SUNDAY, JANUARY 26** 

BENEFIT TEXAS HOLD "EM POKER Cash 11:00 AM - Tournament 1:50 PM Moose Lodge 1779, Portland St, St. Johnsbury

**TUESDAY, JANUARY 28** 

BRIT READERS OF THE NEK BOOK CLUB: 5:00 PM

St. Johnsbury Athenaeum

**WEDNESDAY, JANUARY 29** 

HAVERHILL CANDIDATE PLATFORM 6:00 - 8:00 PM See Article on Page 15 Clifford Memorial Building, Woodsville

ARTS & CULTURE SERIES: DAN SWAINBANK

7:00 PM

St. Johnsbury Athenaeum

**THURSDAY, JANUARY 30** 

DOROTHY'S LIST BOOK CLUB 12:15 AM

St. Johnsbury Athenaeum

YAMATO: THE DRUMMERS OF JAPAN See Article on Page 5 Lyndon Institue Auditorium

ARTIST'S RECEPTION / RACHEL VanWYLEN 6:00 - 7:30 PM See ARticle on Page 9 Littleton Food Co-op

FRIDAY, JANUARY 31

ACORN CLUB STORYTIME 10:30 AM

St. Johnsbury Athenaeum

ATHENAEUM GAME NIGHT 6:00 PM St. Johnsbury Athenaeum

STONE WALLS IN NEW ENGLAND

6:00 - 7:30 PM See Article on Page 8 Bethlehem Elementary School

**MONDAY FEBRUARY 3** 

HAVERHILL SELECT BOARD MEETING 6:00 PM

Morrill Municipal Building, North Haverhill

**TUESDAY, FEBRUARY 4** 

PAINT BY PAGES: PICTURE BOOKS MEET ART 1:00 PM

St. Johnsbury Athenaeum

TEEN ADVISORY BOARD 5:30 PM

St. Johnsbury Athenaeum

NORTHERN GRAFTON COUNTY REPUBLICAN COMMITTEE MONTHLY MEETING

7:00 PM

Littleton Regional Healthcare

**WEDMESDAY, FEBRUARY 5** 

PHOTOGRAPHY AS SOCIAL JUSTICE

St. Johnsbury Athenaeum

**THURSDAY, FEBRUARY 6** 

RED CROSS BLOOD DRIVE 11:00 AM - 5:00 PM SEE ARTICLE ON PAGE 3 Summitt by Morrison, Whitefield

VIEW TAX/ASSESMENT PUBLIC FORUM 5:30 PM See Article on Page 11 White Mtountain Regional High School, Whitefield

WOODSVILLE WELLS RIVER 4TH OF JULY MONTHLY COMMITTEE MEETING 7:00 PM

Woodsville Emergency Services Building

FRIDAY, FEBRUARY 7

ACORN CLUB STORYTIME 10:30 AM

St. Johnsbury Athenaeum

CLASSIC MOVIE: THE GHOST & MRS. MUIR 6:30 PM

St. Johnsbury Athenaeum

# Ongoing Weekly Events

### **MONDAYS**

**NEK Council On Aging's Hot Meals** 

11:30 AM - St. Johnsbury House NOON - Darling Inn, Lyndonville **Bingo -** 6:00 PM

Orange East Senior Center, Bradford

TOPS (TAKE OFF POUNDS SENSIBLY) 6:00 PM - Peacham School

KIWANIS CLUB OF ST JOHNSBURY 6:15 PM - VFW Post, Eastern Ave. Drawing From Life - 6:00 - 8:00 PM

Joseph Patch Library, Warren **MONDAYS/WEDNESDAYS RSVP BONE BUILDERS** 

10:30 AM -11:30 AM Linwood Senior Center, Lincoln **RSVP Bone Builders** 

1:30 - 2:30 PM United Community Church, St. Johns-

**MONDAYS/THURSDAYS** 

Adult Interval Aerobics Class - 6:30 Woodsville Elementary School

GOLDEN BALL TAI CHI 8:30 – 9:15 AM – St. Johnsbury House

**RSVP BONE BUILDERS** 9:00 - 10:00 AM Municipal Building, Lyndonville 9:15 - 10:15 AM

Congregational Church, East St. Johnsbury 6:00 - 7:00 PM

Community Church, Concord MON./WED./FRI.

**RSVP BONE BUILDERS** 

1:30 - 2:30 PM - United Community Church, St. Johnsbury

### **TUESDAYS**

**BREAKFAST BY DONATION** 8:30 AM - 10:00 AM

Horse Meadow Senior Center, North Haverhill **RSVP BONE BUILDERS** 9 AM – 10 AM - St. Johnsbury House

10:30 AM - 11:30 AM Congregational Church, Danville

NEK Council On Aging's Hot Meals

11:30 AM - St. Johnsbury House NOON - Senior Action Center, Methodist Church, Danville NOON - Presbyterian Church, S. Ryegate NOON - Darling Inn, Lyndonville **RSVP BONE BUILDERS** 

2:00 - 3:30 PM - East Haven Library TOPS (TAKE OFF POUNDS SENSIBLY) Weigh in 5:00 PM – Meeting 6:00 PM

Horse Meadow Senior Center, N. Haverhill **EMERGENCY FOOD SHELF** 4:30 PM - 5:30 PM

Wells River Congregational Church COMMUNITY DINNER BELL -5:00 PM September 5- June 5

All Saints' Church, School St., Littleton AA MEETING (OPEN BIG BOOK)

7:00 PM - 8:00 PM St. Luke's Parish Hall, Woodsville **TUESDAYS/THURSDAYS** 

**RSVP BONE BUILDERS --**8:30 - 9:30 -- Monroe Town Hall ACTIVE OLDER ADULT STRENGTH CLASS 1:30 PM

Woodsville Post Office, S. Court St

### **RSVP B**ONE BUILDERS

2:00- 3:00 PM -East Haven Library

## **TUESDAYS/FRIDAYS**

**RSVP BONE BUILDERS** 9:00-10:00 AM

St. Johnsbury House **RSVP BONE BUILDERS** 9:30-10:30 AM

GRACE Art Gallery, Hardwick GOLDEN BALL TAI CHI

8:30-9:30 AM

United Methodist Church, Lyndonville

# **WEDNESDAYS**

**AQUA AEROBICS** 

Evergreen Pool, Rte 302, Lisbon

ADULT STRENGTH TRAINING

1:30 - 2:30 PM - United Community Church, St. Johnsbury

**Bingo** - 6:30 PM

**THURSDAYS** 

Haverhill Memorial VFW Post #5245 North Haverhill

CRIBBAGE - 7:00 PM Orange East Senior Center, Bradford

**WEDNESDAYS/FRIDAYS NEK Council On Aging's Hot Meals** 

### 11:30 AM - St. Johnsbury House NOON - West Barnet Senior Meal Site NOON - Darling Inn, Lyndonville

**GROTON LUNCHES W/FRIENDS** 10:00AM - 2:00 PM / Lunch @ 12:00 Groton United Methodist Church

# **NEK Council On Aging's Hot Meals**

11:30 AM - St. Johnsbury House NOON - Senior Action Center, Methodist Church, Danville NOON - Darling Inn, Lyndonville

ST Paul's BIBLE STUDY ON JAMES, 6:15 PM, 113 Main St., Lancaster TOPS (Take Off Pounds Sensibly) --Weigh-in @ 6:00 p.m., meeting @ 6:30 -- Monroe Public Library

### FRIDAYS

**RSVP BONE BUILDERS** 

9:00 - 10:00 AM - St. Johnsbury House 9:30 - 10:30 AM

Grace Art Gallery, Hardwick 1:30 - 2:30 PM - United Community Church, St. Johnsbury

Worship Under The Tent- 7 PM 100 Horse Meadow Rd, No Haverhill

AA MEETING (OPEN DISCUSSION) 8:00 PM - 9:00 PM

### Methodist Church, Maple St, Woodsville **SATURDAYS**

Story Hour For Children - 10:15 AM September thru May

Brainerd Memorial Library, No. Danville **SUNDAYS** 

LISBON BIBLE CHURCH, WOOLSON ROAD Sunday School 9:15 AM Worship 10:30 AM Bible Study 6:00 PM NORTH DANVILLE BAPTIST CHURCH (ABC),

Worship and Sunday School, 9:30 AM

Refreshments at 10:20 a.m. CRIBBAGE - 1:00 PM

American Legion Post #83, Lincoln

# Valentine's Day Reading At St. Johnsbury Athenaeum

St. Johnsbury, VT - Forthe sixth year running, the Northeast Storytellers host a special event in honor of the patron saint for lovers at the St. Johnsbury Athenæum in St. Johnsbury, Vermont. This year the event will be held on Valentine's Day: Friday, February 14, 2020 from 3-4:30 pm. In association with the St. Johnsbury Athenæum, group members and guests will appear in the world-famous Gallery sharing their love-themed readings. An award for the best love poetry or prose reading (or recitation) will be presented, as determined by audience appreciation.

This event is free and open to the public. All are welcome to attend and participate, and scrumptious refreshments will be served. If you'd like to read or recite something at this event, please show up a little before the start to sign up. Genre and style are open, but a love theme is encouraged. Contact Brooke Quillen via brookequillen@yahoo.com or on 802.751.5432 for more information.

The Northeast Storytellers — a group of writers, readers, and appreciators of verse and prose — meet regularly the second Tuesday of every month from 2-3:30 pm for a Poetry Tea Party offered through the Good Living Senior Center in St. Johnsbury, Vermont. The public is welcome to attend, if only to listen, and new members are always encouraged to join. The group organizes events during National Poetry Month every April ranging from workshops to commemorations to open houses — and it participates in other activities throughout

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the year. Many members also join the Poetry Society of Vermont, actively engaging in programs they offer.

The St. Johnsbury Athenæum is a non-profit public library and art gallery located at 1171 Main Street in St. Johnsbury, Vermont. It was founded as a cultural center by the Fairbanks family whose scale manufacturing company contributed to the growth of the town. The Athenaeum hosts a number of artistic, cultural, and educational events for the public throughout the year.

Constructed in the French Second Empire style in 1871, the St. Johnsbury Athenæum was designated a National Historic Landmark in 1996. A small art gallery was added in 1873, and the collection of paintings and sculptures now numbers over one hundred. Most are originals with some

copies of masterpieces by Old Master artists such as Van Dyck, Raphael, Rembrandt, and Fra Angelico. Dominating the gallery is the magnificent "Domes of the Yosemite" framed oil painting by Albert Bierstadt, which is recently back from a major refurbishment.

Also called Saint Valentine's Day, the annual Valentine's Day celebration honoring Love began in the 14th century - when the tradition of courtly love flourished. The day evolved in 18th-century Victorian England into an occasion to express love with flowers, chocolate, or greeting cards known as "Valentines". As in previous years, the prize for the audience favorite reading or recitation at this event is selected in this spirit.

# Get Wild with ACT's 'Wild Thing' Nature Trivia at Rek'-lis



BETHLEHEM – Sharpen your pencils and get your team together to join us for the Ammonoosuc Conservation Trust's (ACT) very first ever 'Wild Thing' nature trivia night. On Thursday, Jan. 23 from 7 – 9 p.m. at Rek'-lis Brewing in Bethlehem, we'll be looking for all our nature nerds to come get wild!

Test your knowledge of the outdoors, get some big belly laughs, eat and drink at one of our favorite spots and win Rek'-lis gift certificates all while supporting conservation and community in the North Country! There will be three prize rounds throughout the night, so both early birds and night owls will have opportunities to win

regardless of bedtimes.

Bonus for anyone showing their love early! Pre-register with a donation by Thursday (01/23) at noon and get an order of chips and salsa and one beer FREE (high ABV not included). Registration is not required but is very much appreciated to help organizers plan accordingly. To sign up today go to act-nh.org/education-events.

The Ammonoosuc Conservation Trust inspires and leads private, voluntary action to conserve the land the North Country loves. Learn more and become a member at act-nh.org or by calling (603) 823-7777.

# Want to Connect to Other Readers? Join the Bath Book Club!

The Bath Library Book Club will be discussing "22 Britannia Road", by Amanda Hodgkinson on Thursday, February 13th at 5 pm at the Bath Public Library.

In this tale of a Polish family desperately trying to put itself back together after WWII, Silvana and Janusz travel to England where they attempt to put the past behind them. But the secrets they carry pull at the threads

of their fragile peace.

Books may be picked up at the Bath Library; hours are an Tuesdays, Wednesdays and Thursdays 9:00am to noony and 1:00 pm to 5:00 pm, 20 and Saturdays 9:00 am to 20 noon. Anyone with an inter-est in reading and conversing about books is welcome to attend. For information, please contact the library at 603-747-3372 or email bath-11 librarykjb@gmail.com

# **NOTICE**BATH SCHOOL DISTRICT

The Annual School District Meeting and elections will be held on Thursday, March 12, 2020 in the Bath Village School Cafeteria at 7:00 PM

Polls will open at 6:00 PM

The following officers will be voted upon:

- ☐ Moderator for a term of one year
- ☐ School District Clerk
  - for a term of one year
- ☐ Treasurer for a term of one year
- ☐ 1 School Board Member for a term of three years

Candidates for the above offices may file at the Bath Village School from 8:30 AM – 2:30 PM January 29, 2020 - February 7, 2020

# NOTICE HAVERHILL COOPERATIVE SCHOOL DISTRICT

The Annual Election of Officers will be held at the James R. Morrill Municipal Building North Haverhill, NH March 10, 2020 8:00 AM - 6:00 PM The following officers will be voted upon:

- ☐ Moderator for a term of one year
  ☐ 2 School Board Members At-Large
- ☐ 2 School Board Members At-Large for a term of three years
- ☐ 1 School Board Member At-Large for a term of one year

Candidates for the above may file at the SAU #23 Office
James R. Morrill Municipal Building,

North Haverhill, NH 8:00 AM – 3:00 PM January 22, 2020 – January 31, 2020

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# **Uncover the History of Stone Walls** in New England with ACT

BETHLEHEM - Ever wonder how and why we have so many stone walls along our roads and in our fields and woods or how they came to be? Then join the Ammonoosuc Conservation Trust (ACT) on Friday, January 31 from 6 to 7:30 pm at the Bethlehem Elementary School for the first installment of ACT's Winter Speaker Series.

Our special guest speaker will be Kevin Gardner from NH Humanities. A writer, teacher, and tradesman, Kevin has been building stone walls for 40 years! He is also the author of The Granite Kiss: Traditions and Techniques of Building New England Stone Walls, as well as poetry, songs, and essays.

During his presentation, Kevin will explain how and why New England came to acquire its thousands of miles of stone walls, the different ways in which the walls were built, and their significance to the New England landscape. As he talks



he will also build a miniature stone wall on a tabletop!

This event, sponsored by two very generous ACT members, is free and open to the public, although donations are welcome and gladly accepted. The program is geared toward adults and older children, but all are welcome. Save your spot by pre-registering at act-nh. org/education-events. And everyone who pre-registers is entered to win a cool door prize!

Love our events? We're working on building our roster of speakers and increase the impact of events and you can help by becoming an events sponsor! If you're interested in finding out more about how to sponsor an upcoming speaker or other event, please call or email Gal at (603) 823-7777 or outreach@act-nh.org.

The Ammonoosuc Conservation Trust inspires and leads private, voluntary action to conserve land the North Country loves. Learn more and become a member at act-nh.org or by calling (603) 823-7777.

# **Hillside Hives Donates To WHS JAG Project Pantry Pack**



On Tuesday, January, 7th, 2020 Mike Frace from Hillside Hives stopped by Woodsville High School and presented the WHS JAG program with over \$200 worth of food to help with their Pantry Pack Program. The WHS Pantry Pack Program is set up to help students who are suffering from Food Insecurity. Each week, Jill Nichols (WHS' Youth Specialist) and her JAG students pack anywhere from 8-12 backpacks that are sent home with students in need. Each backpack contains a breakfast, lunch, snacks and drinks for the weekend. This is the third large donation to this program in the last two months. Recently, Woodsville Guaranty Bank made a generous donation and Haverhill PD had a large donation drive too. To donate to this worthy cause you can email Mrs. Nichols at inichols@sau23.org or call WHS at 747-2781.

Mike's BeeCause Program set up a donation at several local businesses that people could purchase a bottle of Hillside Hives' Honey and all proceeds went to purchase these food items. Mike is also implementing a BEECause program at WHS and WES. These are full beehives hives that he manages throughout the year, but the proceeds of the honey from that hive go to help with this program. Mike also has this program with several other local worthwhile causes. See his website (HillsideHives.com) for more information.

Pictured from Left to Right...Ehren Lagarto, Gill Capps(JAG Social Coordinator), Mike Frace (Hillside Hives), Jill Nichols (JAG Specialist), Felisha Fournier (JAG Secretary),

Blanca Sabina, Jeter Bailey (JAG Historian)...front row...Hayley Perkins (JAG President)





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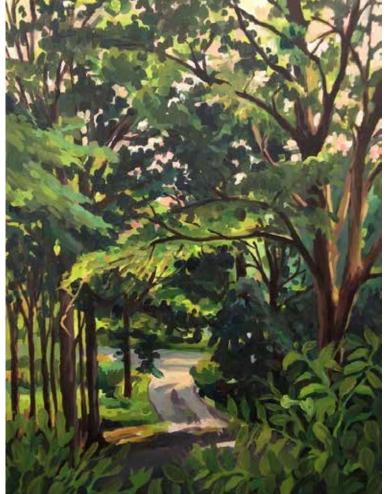


# **Littleton Co-op To Host Artist's Reception**

Littleton Food Co-op invites everyone to come to our Artist's Reception for Rachel VanWylen on Thursday, January 30 from 6 - 7:30 pm in the Co-op Cafe. Come and meet Rachel, find out about her artistic process, enjoy delicious food, and see her beautiful artwork gracing our Co-op Cafe.

Rachel Van Wylen's artwork encompasses a range of subjects including portraits, landscapes and still life, centering around her fascination with being present and observing things as they are in a given place. She prefers to work on location because it allows her to have an authentic experience of each site; this often means that she has a limited amount of time to work on a piece before the light changes, which creates an inherent rhythm to the way she works each day.

Rachel is the current Art Department Chair at The White Mountain School and a resident of Bethlehem NH. Her work has been shown throughout the Midwest, the Northeast, and Italy, and she has taught at a number of schools and arts organizations. Her original artwork will be featured in our Coop Cafe Gallery through the months of January and Feb-



ruary, and will be available for purchase directly through the store. To see more of her work, visit www.rachelvanwylen.com.

Member-owned Littleton Food Co-op is a local, hybrid, and very friendly store located at the intersection of Cottage Street and Route 302 (exit 41 off I-93). Everyone is welcome to shop and anyone is welcome to join!

Not sure what local, hybrid, and friendly means in terms of a food store? Come on in and ask any of our staff members! The Littleton Food Co-op is open daily from 7 am - 8 pm. For more information or to become a member, please visit www. littletoncoop.com or call 603-444-2800. See you at the Co-op!





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### **Letter to the Editor**

To the editor,

It is not Mr. Trump, it's President Trump. He has not been impeached yet. The senate has to vote with a 2/3 majority. Your democrat slip is showing.

Who were the other impeached presidents? Clinton and Johnson were both

acquitted by the Senate, or have I read the wrong history books?

All politicians want to be king. Trump puts it out in the open. You don't have to read his mind.

Earl Adams Corinth, VT

Perhaps we are simply not agreeing on the term "impeachment". My understanding is that three US Presidents have indeed been impeached (charges brought against them by the members of the US House). The first two were indeed found not guilty by the US Senate. President Trump is yet to stand trial in the Senate, though that time appears to be quickly approaching.

In regards to referring to our current President as Mr. Trump instead of Prescient Trump, my apologies if it offended you. I have the utmost respect for the office of President and would not wish to show any disrespect for it. In many instances President Trump (and past presidents) have been referred to simply as Mr. or sometimes simply by their last name (and on some occasions even by their first name). That does not necessarily make it right, I only point it out. Gary Scruton, Editor

### **Letter to the Editor**

To the editor,

King".

First of all, before November ever happens, there has to be a Republican Nominee for the February 11th 2020, Presidential Primary.

Trump will have to be the Pres. Nominee for the Republican Party first.

Now if the Democrats "Man who would be & the Republicans both decide to vote for Welds, make Welds the Republican Nominee for the Republican Party, rather than have another 4 more years of "Trump Twitters." Maybe Trump can go on his merry way to Mara-largo.

Nancy Leclerc North Woodstock

Nancy,

You are absolutely correct that New Hampshire has a Presidential Primary vote coming up on February 11. Let me point out that both Republicans and Independents can vote in the republican Primary. Those registered as Democrats can only vote in the Democratic Primary. Of course Independents can also choose to vote in the Democratic Primary if they choose.

I would say that if history holds, President Trump will win his reelection nomination from the Republicans. Most Presidents have easily won a nomination for a second term from their party.

I will again take this chance to encourage all voters to show up and exercise your right to vote on February 11. Gary Scruton, Editor

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# Do You Have A View Tax/Assessment?

may want to attend a Public Forum on Thursday, Jan. 30, 2020 at 5:30pm at the White Mountain Regional High School on 127 Regional Road Whitefield, NH, with a snow date if needed, Thursday, Feb. 6, 2020 at 5:30pm same location.

This past November a number of concerned taxpayers from the North Country drove to Manchester to attend the only scheduled Assessing Standards Board (ASB) Public Forum in the state to discuss Views and how they are measured and assessed to you the Taxpayer. The North Country Taxpayers wanted to know "why would you have a Public Forum on Views in the city of Manchester which really doesn't have many Views"? So, they requested the (ASB), which is attached to the NH Dept. of Revenue Administration, to hold another Public Forum for the Taxpayers in the North Country where we have views; this

If you think you do, you will be held on Jan. 30, 2020 at the High School in Whitefield, NH.

> In full disclosure, I am a member of the (ASB) and have served on the Board for the past 13 years and anyone who knows me in the North Country knows where I stand on the "View Tax".

I encourage everyone who has questions and concerns on this subject to come to the Public Forum and listen to a short power point presentation put on by the (ASB) and Dept. of Revenue Administration and then it will be opened up to listen to you the North Country Taxpayers.

My late father, Gov. Mel Thomson, reminded me years ago that if you don't show up and take part in the discussion on important issues such as Views, then you surely will lose by default.

I hope to see my North Country friends on Jan. 30, 2020, 5:30pm at the White Mountain Regional High School, at 127 Regional Road, Whitefield, NH.

Tom Thomson Orford, NH Public Member of the NH

Assessing Standards Board

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# **Service Coordinator Upper Valley Services, Inc.**

Upper Valley Services, Inc. is actively seeking a qualified person to join our team as a Service Coordinator in our Bradford, VT office. Join our innovative team in this high-impact community engagement work. Qualified candidate will support individual and their teams through person-centered practices that promote individual growth and connection to their community. Responsibilities include: development and coordination of an individualized service plan of clinical, medical, home, social and educational/career components, and development of professional relationships with team members.

The preferred requirements include a Bachelor's Degree in Human Services or a related field and a minimum of two years' experience supporting individuals to achieve life outcomes. The position is based in Bradford and is a benefitted, 40 hour/week, salaried position.

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# Edward Jones **MAKING SENSE OF INVESTING**

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# Don't Play Politics with Your Portfolio

You're probably aware this is an election year. During the next several months, the candidates will discuss issues that should greatly interest you as a citizen. But as an investor, how concerned should you be with the results of the presidential and congressional elections?

Maybe not as much as you might think. At different times, the financial markets have performed well and poorly under different administrations and when different parties have controlled Congress. And after all the votes are counted, outcomes in the investment markets can be unpredictable. Consequently, you'll be helping yourself greatly by not making big moves in your portfolio in anticipation of new legislation or political moves down the line.

Of course, that's not to say that nothing emerging from Washington could ever have an impact on your investment decisions. For example, if a future president and Congress decide to change the capital gains tax rate, it could affect some of your choices, such

> as which stocks and stock-based mutual funds you should buy, and long how you

should hold them.

Overall, though, your investment results will ultimately depend on actions you can take, including

- Making changes for the right reasons - While the results of an election may not be a good reason to make changes in your investment portfolio, other factors can certainly lead you to take steps in this direction. For one thing, as you get closer to retirement, you may want to shift some - though certainly not all – of your investment dollars from more growth-oriented vehicles to more conservative ones. Conversely, if you decide, well in advance, that you might want to retire earlier than you originally thought, you may need to invest more aggressively, being aware of the increased risk involved.
- Following a long-term strategy - In pretty much all walks of life, there are no shortcuts to success - and the same is true with investing. You need to follow a long-term strategy based on your goals, risk tolerance and time horizon, and you need the patience and perseverance to keep investing in all markets - up, down and sideways.
  - Avoiding mistakes Many

people think of an investment mistake as failing to "get in on the ground floor" of some company that ultimately grew to huge proportions. But it's pretty hard to become an early investor in companies like these, many of which start out as privately held businesses without any stockholders. Furthermore, companies with shorter track records can be much more unpredictable investments. However, you do want to avoid some real mistakes, such as chasing "hot" stocks. By the time you hear about them, they may already be cooling off, and they might not even be appropriate for your needs. Another mistake: failing to diversify your portfolio. If you only own one type of asset, such as growth stocks, you could take a big hit during a market downturn. Spreading your dollars over a wide range of investments can help lower your risk exposure. (However, diversification by itself can't guarantee a profit or protect against all losses.)

After Election Day, regardless of the outcome, you can help keep your portfolio on track by not playing politics with it.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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# **Hobo & Winnipesaukee Scenic RR Officials Look Forward to Major Rail Investment Initiatives Beginning in 2020**

LINCOLN, NH - The Hobo & Winnipesaukee Scenic Railroad, with operations based in Lincoln, Meredith & Weirs Beach, NH, recently reported significant growth in passenger traffic at all three of their locations in 2019, with further increases expected in 2020.

"Revenues for 2019 were up double digits as a result of increased passenger counts and healthier per capita spending. We expect these numbers to continue increasing in 2020. Group tour bookings are currently running more than 10% ahead of last year," men-Benjamin Clark, President of the Railroad.

In addition to continued increases in walk-on and tour group numbers realized, the Railroad is pleased to report that capital funds have been approved and allocated by the State of NH Department of Transporta-



tion. The approved repair work and funding will support cross tie replacement on three sections of the state-owned Concord-Lincoln Railroad Line which is utilized under agreement by freight railroad operator, New England Southern Railroad, and tourist excursion railroad Plymouth & Lincoln Railroad (AKA the Hobo & Winnipesaukee Scenic Railroad).

The first two car loads of railroad ties needed for the Concord-Lincoln Railroad Line upgrade are shown above as they arrived in Canterbury, NH January 11,

The sections of rail scheduled to receive upgrades include over 24 miles of track between Tilton and Thornton, NH. Work in support of these upgrades includes the purchase of materials, hiring

of contractors, installation of railroad ties, and project supervision. Many of the ties that will be replaced as part of this project were installed prior to the 1970's. Work is scheduled to begin in 2020 and continue in 2021. Materials for these upgrades are currently on order, while the first two carloads of railroad ties recently arrived. These critical upgrades to the Concord-Lincoln line will allow for continued freight and tourist usage, which will also help attract new business to the region.

"We are committed to growing our business", stated Clark, "It's meaningful for tourism, our employees, and the communities we serve. It also represents additional revenue to the track owner, the New Hampshire Department of Transportation."





# **WES Classroom Corner**

Super Power Science in Ms. Favaloro's Class

Ms. Favaloro's class has been enjoying eventful days since returning from the Holiday Break! We wrote New Year's resolutions during our first two days back! Our students have some very thoughtful goals for themselves for the new year: aiming to improve their health, skill level in some areas, or kindness toward siblings!

We've also begun another writing unit on narrative writing. This time we are writing personal narratives about a "small moment"something we have experienced. We will practice with sequencing words and including lots of supporting details to write our stories across multiple pages.

In math, we started chapter five on addition and subtraction relationships. Students are focusing more on reading, understanding, and solving word problems while integrating the use of related facts/ fact families.

We are having fun working in our Plant and Animal Superpowers unit in Science! Students have been clearly engaged in learning about the structure and function of different plant and animal parts, and have especially enjoyed our activities centered around camouflage. Ask your child how many of my moths and how many of their classmates' moths they were able to locate!

Ms. Hudson's First Grade: The sun, the moon the stars, oh my!

Ms. Hudson's class is excited to be back and are starting the New Year off strong. Students reflected

on their favorite parts of the last year and set goals for this year! Many of them set personal goals along with goals to help others or make others happy!

In math we are finishing up chapter 5. Students have worked hard and enjoyed learning about addition and subtraction relationships. Students have been working on representing and solving problems in a variety of ways and explaining the strategies they are using!

We are starting our new writing unit on informative writing. Students will be writing books to teach others about a topic they know well or have researched. Students will be practicing adding detail to make their writing interesting and including captions and bold print.

In science we are starting our "Spinning Sky" unit by exploring shadows. Students are excited to examine patterns and find out more about the sun, moon, and stars. We are looking forward to visits from VINS (Vermont Institute of Natural Science) to support our exploration of these concepts!

Students are looking forward to all of the exciting events happening over the next few months. I am looking forward to seeing what great things they are going to accomplish!

Reading with Families in Ms. Giudici's 1st Grade class

Ms. Giudici's class has had a busy start to the New Year! We are looking forward to the 2020 winter program off site and on site. We are continuing to learn about plants and animals in science. Later this month



James Ross, Principal Woodsville Elementary School (603) 747-3363

we have Vermont Institute of Natural Science VINS coming for three teaching sessions. This is a wonderful experience for our students and compliments what we have been doing with NH AG in the classroom. If you have the opportunity, I recommend visiting VINS with the family.

We have just finished chapter #5, "Addition and Subtraction Relationships", in Go Math! The students have done well with the concept of "related facts". In chapter #6, we will be learning about place values for ones, tens, and hundreds. We are practicing reading and writing our numbers to 120.

In writing, the students are completing another narrative writing piece. The class chose to write about one thing they did over vacation. Everyone is very excited to write and share about one small moment from their vacation.

Several students told me they read their Book in a Bags with relatives over vacation which I was very pleased to hear about. They were quite proud of themselves too. Reading with families makes such a difference in a student's self-esteem and the value they place on being a good reader. Again, thank you for supporting this activity with your child!

## **Alan Morrison: OBITUARY**

Newbury, VT - Alan Morrison, 80, of Bowen Road went to be with the Lord Jesus Christ Monday, January 13, 2020.

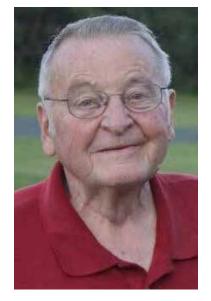
He was born February 10, 1939 in Woonsocket, RI the son of Herman G. Morrison and Lois Margaret (Moody) Morrison. He attended schools in Woonsocket and attended Northeastern University in Boston, MA.

Mr. Morrison worked on the construction of Hopkins Center at Dartmouth College and on several large construction projects in Vermont. He returned to Providence, RI where he earned a degree in industrial art-education at Rhode Island College, later teaching high school in Norton, MA for four vears.

On December 24, 1966, he married Carolyn Horvath in Stow, Ohio. They moved to the Upper Valley where he taught Industrial Arts at Orford High School for 10 years.

In 1979 he was one of the first employees to join Copeland Manufacturing Company in East Corinth where he was a design/engineer for more than 30 years, retiring in 2009. During retirement he enjoyed traveling, gardening, and spending time with his family and dogs.

Survivors include his wife,



Carolyn Morrison, two sons, Eric Morrison of Waits River, VT and Kirk Morrison and his wife, Kimberly (Stockwell) Morrison of Newbury, VT, three granddaughters, Angelica, Kristin and Kori, two great-grandsons, Duncan and Connor, four nieces, two nephews and cousins. He was predeceased by three brothers, Richard Morrison, Burton B. Morrison and H. George Morrison Jr.

A memorial service will be held Saturday, January 25, 2020 at 11 am in the Topsham United Presbyterian Church in East Topsham, VT. Refreshments will follow in the church vestry. Donations in Mr. Morrison's memory may be made to the cancer charity of one's choice. Arrangements are by Hale Funeral Home in Bradford, VT.













 $\mp$ What About Ma?

by Kellie Quackenbush

# All About **Getting Help**

It feels like, not so long ago, I had written about lifelines, smoke detectors and dialing 911. However, some of those articles have been many months ago and now we are in the heart of the "winter season" and it is time to think about safety. It feels like all of life's issues happen at the most inconvenient times, water pipes freeze in the mornings, power goes out at supper, smoke detectors buzz in the middle of the night.

Those with wood burning stoves or pellet stoves, this is about the time of the season when the chimney needs to be cleaned. The chimney gets lined with the off-gassing elements from burning wood. I would leave chimney cleaning to the professionals, yes, it will cost money but it will save you from slipping on the roof or any number of other injuries that happen when you are doing something that you have not done in a while.

If you did not check your smoke detector on New Year's Eve, now is the time to do it. You will want to use a step ladder to reach it and pick a time, during the day, when you are not alone, to test the smoke detector and/or change the batteries. Recently, a friend had her smoke detector go off in the night--instead of calling 911 and getting a ladder to reach the smoke detector, she climbed on a chair to try to reach the smoke detector. She fell off of the chair and hit something on her way to falling on the floor and broke her shoulder.

If your smoke detector starts making the alarm noise (no matter what time of day it is) the first thing you need to do is dial 911. Once you have made that call, you can look around to see what might be causing the alarm. The 911 operator is trained to ask you questions that will help identify the potential

issues and help you to be safe. Do as the 911 operator instructs.

Falling is a real danger in the cold weather, snow and ice are slippery and people track snow into the house and that creates wet floors that are slippery. I have stated before that falling is a great risk for older people. My friend, that fell off the chair while checking the smoke detector that was making the alarm sound, told me that she is not an older person. I would like to say that she is a very fit 60-something year old lady but that did not stop her from falling off of a chair and breaking a bone.

Old is not the issue, being alone and doing hazardous things is. While in our region, cell phone service is limited, the emergency call buttons (known as life-lines) are connected to a box that is connected to your regular hard-line phone. You can get one on a chain that you wear around your neck or one that attaches to your wrist (like a watch). There are, also, help systems available that connect through your wi-fi. These safety devices are not very costly. If cost is an issue, there are groups that will help or even pay for the service for you. Veterans can contact the VA, communities with Lions Clubs or senior centers can get help from these organizations. The most important thing is that you are safe and have help available when you need it.

Asking for help is not a sign of weakness, it is a demonstration of being intelligent. Mishaps occur and having help near by can save a great deal of pain and frustration. Enjoy the lovely winter wonderland we have but be aware of potential dangers and do not be afraid of asking for help. Safety first.

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# **NEK Chamber Seeking Input on Issues** To Be Discussed At First Legislative Breakfast

The Northeast Kingdom Chamber wants to hear from you.

The chamber, which legislative organizes the breakfast series for Caledonia and southern Essex counties, would like to hear from the public on the legislative issues that will affect our region the most in the months ahead. The chamber will take these concerns and relay them to legislators at the first breakfast of the session on Monday, Jan. 27, at 8 a.m., at the St. Johnsbury House, 1207 Main St., St. Johnsbury.

NEK "The Chamber has received quite a bit of feedback from people who want the sessions to be Kingdom-centric, so we will continue to solicit local and regional issues and concerns prior to each monthly breakfast for the chamber to either research or the local legislative contingent to address," said Darcie McCann, chamber executive director.

McCann noted the chamber has worked very hard to carve out more time for breakfast guests to ask questions of the legislators and this request will help make these sessions as responsive and relevant as possible to the residents and businesses of the Northeast Kingdom.

"It is a top priority of the NEK Chamber to cover as many of the necessary and critical issues affecting the region as we can and work with legislators to help address these concerns," she said.

Topics that might be discussed include health care, labor issues, the carbon tax, permitting concerns, economic development issues, taxes and fiscal policies, all issues that affect the Northeast Kingdom. Individuals wishing to express any comments or region-wide issues may contact McCann at 802-748-3678 or director@ nekchamber.com.

These monthly programs provide area business people and residents an overview of the session and legislative issues affecting the region. The Northeast Kingdom Chamber organizes the monthly forums and provides a brief legislative report each month. Following legislator updates, there is always time allotted at the end of each breakfast for questions from the public. Gretchen Hammer will continue to serve as the legislative breakfast moderator.

The legislative breakfast series is sponsored by the Northeast Kingdom Cham-

ber, with sponsorship assistance most recently from Beverly Manufacturing/ LaBelle Holdings, Casella Waste Systems, Celtic Marketing, Community National Bank, Fairbanks Scales, Guibord-Pearsons & Sayles Funeral Homes. Lvndon Institute, Maple Grove Farms of Vermont, Myers Containers, Northeastern Vermont Regional Hospital, Northern Counties Health Care, Passumpsic Bank, St. Johnsbury Academy, Union Bank, Valhalla Corp. and Weidmann.

The breakfasts are held the last business Monday of each month from January to May, from 8 to 9 a.m. Please mark your calendars for the 2020 dates of Feb. 24. March 30, April 27 and May 18. The chamber would like to thank Kingdom Access Television, WSTJ and the Caledonian-Record for covering the sessions. There is a small fee to support the St. Johnsbury Meals on Wheels and St. Johnsbury House to attend the breakfast.

For more details, contact the NEK Chamber at 2000 Memorial Drive-Ste. 11, St. Johnsbury, VT 05819; call 802-748-3678; or e-mail director@nekchamber.com.

# Weathervane Theatre Will Include The Tom Dudzick **Comedy Miracle On South Division Street**

WHITEFIELD, NH - Producing Artistic Director Ethan Paulini and the Weathervane Theatre, a professional, award-winning, Equity theatre in Whitefield, NH, is proud to announce the addition of Tom Dudzick's "utterly delightful" (Theatremania. com) comedy Miracle on South Division Street to its inaugural fall season. This heartfelt comedy tackles faith, family, the twists of life, and conflict over a "miracle" in the family barbershop. Opening on Friday, September 11, M iracle on South Division Street will run in alternating repertory through October 11, 2020 with L ittle Shop of Horrors and The World Goes 'Round.

Buffalo, NY might be depressed, but Clara Nowak is not. Staunchly religious, the mother of three is an organizer for her soup kitchen and the caretaker of her family's local claim to fame: a 20-foot shrine to the Blessed Mother commemorating the miraculous night in 1942 when she appeared to Clara's father in his barber-



shop. When daughter Ruth announces she's creating a one-person show about the family miracle, a deathbed confession causes the ily legend to unravel.

Casting and creative team information will be announced soon. Weathervane's inaugural fall season will open on September 5, 2020 following its signature summer alternating rep season (running July 3 - August 29, 2020). Performances for the fall season will be at 7:30 PM Wednesday through Saturday with 2 PM matinees on Saturdays and on select Sundays.

Early Bird Season Subscriptions and Gift Certificates for the 2020 season are currently on sale at weathervanetheatre.org. For more information call

603.837.8322 or email boxoffice@weathervanetheatre. org . Single tickets for M iracle on South Division Street will be on sale in June. Additional information will be available on our website www.weathervanetheatre. org.

The Weathervane Theatre was founded in 1965 by Gibbs Murray and the late Tom Haas and is under the leadership of Producing Artistic Director Ethan Paulini. For over half a century, it has presented high quality professional productions of plays and musicals. One of the few remaining alternating rep companies in the United States, the Weathervane is recognized as a historical institution nationwide, boasting among its alumni Elizabeth Stanley, Tally Sessions, four-time Tony nominee Judy Kuhn and recent Tony Award Winner Ari'el Stachel.

Weathervane can be found on Facebook at / weathervanetheatre and all other social media platforms @weathervanenh.

# Water Woes

by Elinor Mawson

There are two kinds of water -- water that works and water that doesn't. It is something we all take for granted, and when it doesn't work, we are in big trouble. We have been in this big trouble several times in our long married life, and we haven't forgotten any of it.

We lived for a school year in a big rambling house on Canobie Lake (remember the place that was painted pink all over the inside, including the piano)? Our water came from the lake, through a pipe into the cellar and into a pump surrounded by a refrigerator box and heated by a single bulb hanging over it. This worked fine during the warmer months but when it got cold, we started to worry. And when it got really cold, we kept a faucet running 24/7 and filled the bathtub with water "just in case". Even when he was asleep my husband listened to the pump starting up, and when it didn't he would awake and jump out of bed shouting "What was that?"

He fixed a lot of pipes that winter. Once when the pump froze up we agonized over the cost of fixing it, but the man charged us \$4. and we felt like we dodged a bullet. And once we woke up in the morning to find the water in the tub had frozen. I am sure you can imagine why we haven't forgotten that year! My husband announced more than once that our next house was going to have Town Water.

We lived in another place that had an outside drain pipe which froze up on a regular basis. To fix this problem we would heat a teakettle of water and pour it on the pipe. Sometimes we had to do this more than once but it always thawed.

lady who lived in a subdivision of several homes which all shared a water system. It consisted of a well that was fed by a large spring a few miles away. It seemed to work quite well for many years but when the trouble began, nobody had any water! It was discovered that there were several breaks in the piping, and it happened on a winter holiday when there was nobody available to call and it was quite cold out besides. It was a real dilemma for quite a few people until it was fixed. It seems that the breaks were on places where the pipes joined. I am sorry to say that the pipes have let go since that time and people are conserving their water "just in case". And nobody knows guite what to do.

When we had our camp we got our water from a spring across the road. We piped it into a large barrel through a pipe that went through a culvert nearby. Then we used a hand pump in the kitchen. It served us well, except in the winter

thank heavens. I spoke recently with a

when we brought our own water from home. We would shut our system down on Veteran's day and prime it up sometime in May. Now we are permanent residents we have an artesian well and it is like heaven. We lived for 44 years with Town Water. It was always working, much to my husband's great pleasure. And he hasn't fixed a pipe since.

Acceptance Disability and Aging by Cyndy Wellman

# **Attitude**

Readiness to respond to a certain situation.

Negative Helpful Optimistic Cool/calm

emotions! Variety of Which one is you?

You could be tense. Content or angry!

We need to learn to inhale/exhale. Our brain tells us how to react to something/somebody! An experiment for you to do. Observe at a public place. Watch people's mannerism, reactions and mood. I find it interest-



ing. As everybody thinks so different. Even twins!

Imagine your brain has train you. The word Aging! I like to think age gracefully. (Not all think this way.) Poor me, feel sorry for someone, you're so vain, etc. Why does aging have to be so frightening? When it can be: Wow, Fabulous and you look Marvelous! Now, doesn't that feel awesome? You really must stop following Society/Media way of thinking. It will drain you.

# **Haverhill Canidate Platforms**

will be an open opportunity for all voters in the Town of Haverhill to speak with the candidates who will appear on the Town Meeting Day ballot for elected positions in Haverhill.

In 2020 those positions include two three year terms for Selectboard, two three year terms on the School Board and one one year term also on the School Board. Along with those positions there will also be elections for Town and School moderator, A Supervisor of the Checklist, a Cemetery Commissioner and a Trustee of Trust Funds. Any resident of Haverhill can sign up for any of these positions. Some do require a small fee, but some require no fee. In order to register a person must sign up with either the Haverhill Town Clerk or the SAU 23 Clerk, depending on the position before Friday, January 31 in order to appear on the March 10 ballot. Of course write-in candidates can also launch a campaign if they desire.

The two platforms will take place on Wednesday, January 29 from 6 to 8 pm at the Clifford Memorial

For the second year there Building in Woodsville and tured agenda. again on Saturday, February 29 from 2 to 4 pm at the Morrill Municipal Building in North Haverhill. All candidates, whether registered or not, are strongly invited to attend both of these platforms. Voters are also very much invited to attend and ask questions of their potential leaders. The format will allow for one on one, as well as group conversations with candidates. It will be an informal setting with no struc-

The platforms are being sponsored by Trendy Times as a public service and thanks need to passed along to the Town of Haverhill for allowing the use of these two buildings for these platforms. In each case there is no intended or implied support for any candidate. This is simply an opportunity for all candidates to answer questions from the voters of Haverhill.

Are you running for office at Town Meeting?

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Trendy Times will be published February 4, 18 & March 3.

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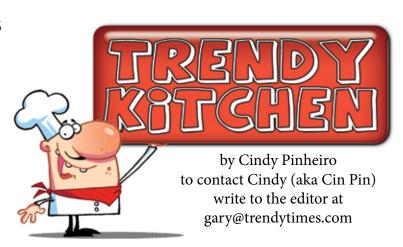
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# **Seven Layer Bars**

this column is a repeat from December 2018. Please wish Cyndy better health.

Hello hello my fellow chefs! I hope you are enjoying the winter snow. It seems like we are a!l experiencing some snow in everyone's neck of the woods. My grandchildren Angelo and Abigail who live in Rhode Island are jealous and are anxious to visit me to play in the many inches of snow in my yard. Their excitement helps me tolerate the weath-

Okay let's get to this week's recipe. It's a sweet treat you can share with your holiday guests. Here's what you will need to buy and how to make it.

Ingredients

- 1 Stick of butter
- 1 1\2 Cups of Graham cracker crumbs
- 1 Cup of Semi sweet chocolate chips
- 1 Cup of Butterscotch chips
- 1 Cup of chopped walnuts
- 1 Can (14oz) Sweetened condensed milk
- 1 1\3 cups of shredded coconut

Preheat oven to 350 degrees. While the oven is preheating get all your ingredients ready. Melt the butter in a 9" x 13" pan in the oven. I used a glass baking dish. When melted remove pan and swirl the butter around coating the bottom and sides, you can use a pastry brush if you want to. Spread the Graham cracker crumbs over the bottom and pat to even out and absorb the butter. Layer the chocolate



Editor's Note: Due to ill health chips over the crumbs, then laver the butterscotch chips then the walnuts. Drizzle the sweetened condensed milk over the layers. Sprinkle the coconut over the top. Place in oven and bake for about 25 minutes until the edges are golden brown.

Remove from oven and let cool completely on wire racks. Make sure it's thoroughly cooled by feeling the

bottom of your baking dish. You can loosen the edges with a knife. Cut into small squares using a sharp knife. If it sticks to the knife cool a bit longer. They are very rich so make them small.

They are Delicioso and go good with a glass of milk or a cup of coffee or tea. The first row was the hardest to cut. I got about 25 bars. I served them to company and they all loved them. They are great for the holidays or even a cookie exchange party.

I hope you enjoy your sensational treats. So folks that's it, a little work but worth it.

Remember if you have any questions please contact Gary and I will help you out. I wish you all a very Merry Christmas. Until next time I'm signing off, sincerely yours Cin Pin.

By Amy Vaughan, 4-H participant, age 11

Milk and Cheese

4-H Event

Twenty youth came to the Milk and Cheese Please 4-H event in Grafton County on January 4, 2020. At this workshop, the youth were video chatting with groups from Coös County and Merrimack County that were doing the same thing. Youth tasted cheese that was made from the milk of cows, goats, and sheep. They also made their own cheese and tasted it. (It tasted very good.) They also learned about the importance of washing your hands and learned some knife skills.

For lunch, they made grilled cheese sandwiches, with a catch: they had to use a fruit or vegetable. They could use any flavor cheese (ex: Gouda, Fetta, Blue, Mozzarella, Cheddar, etc.). They also had the option to use spices and different kinds of bread. After they assembled their sandwiches, they grilled them, then enjoyed. Many said that it was the best grilled cheese they had ever had.

After lunch, they had a special guest that came to talk about how they make yogurt and cheese on her farm. They also got to taste different kinds of milk including skim, whole, chocolate, coffee, and strawberry. It was a fun experience.





