

TRENDY



TIMES

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FEBRUARY 4, 2020 VOLUME 11, NUMBER 9

Wells River Action Program (WRAP) Annual Meeting, February 9, 2020

It has been just over a year since the Newbury's Town Forest was established. So what does that mean? Come to the Wells River Action Program's (WRAP) annual meeting on February 9, 2020 and find out. The meeting will be held at the Happy Hour Restaurant on Main Street in Wells River and begins at 4:00pm.

Tom Kidder, Chairperson of the Tucker Mountain Management Committee and Michael Thomas, Chairperson of the Newbury Conversation Commission will summarize the activities of the past year and give us a look at what the future holds for this long time hiking and recreation spot.

Tom Kidder is chair of the Tucker Mountain Town Forest Management Committee. He moved to West Newbury in 1981 and that first fall, with his six-month-old daughter Annie on his back, he found his way to Tucker Mountain. Since then, he's never stopped exploring Tucker and Woodchuck Mountain

and the forests that surround them. He served on the interim management committee and, with six others, was chosen by the Selectboard to create the management plan, and to take steps to preserve and develop the 636 acres as our new town forest.

Michael Thomas grew up in South Newbury. After high school he moved out west to explore the ski areas of Wyoming and Montana. After moving back to Newbury, Michael owned the Frosty Delite Ice Cream stand in Wells River for three years in the late 70's and a Cross Country Ski Shop in South Newbury. In 1979 he bought a house in Wells River. In 1999 he joined the Newbury Conservation Commission and became chair in 2006 and still serves. In 1999 he helped start the Cross Vermont Trails Association a group working

on a year-round multipurpose trail from the Connecticut River in Wells River to Lake Champlain in Burlington and is still on the board. Michael has always cared about the environment and loves the outdoors. By working with the Newbury Conservation Commission and the Cross Vermont Trail Association he has been able to share that joy with others.

The annual meeting includes a short business meeting, election of board members and an annual report presentation plus dinner. Attendees can choose to order one of the three Sunday specials, (Roast Turkey, Roast Beef or Baked Haddock or the Soup and Salad Bar Special for \$12.00 plus tax and tip. Reservations are required. Reservations requested by February 5th but must be made by noon Fri-



day, February 07, 2020.

For more information and to make a reservation email WRAP at wrapwr@gmail, or call Don or Judi Waterman at 802 757 2572. The meeting is open to all. You do not have to be a member of WRAP to attend.

The mission of WRAP is to enhance the quality of life in Wells River Village and its immediately surrounding villages and towns by providing affordable and accessible housing, supporting and developing business and

economic development, preserving the rural and historic character and ambiance of Wells River Village and establishing avenues of cooperation with other organizations and governmental agencies. Membership in WRAP is open to all who are interested in improving and preserving Wells River Area whether or not they reside in Wells River. Annual Dues are only \$5.00 and may be sent to WRAP at Post Office Box 538, Wells River, Vermont 05081.

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TRENDY Dining Guide

Tuttles Family Diner & Deli

by Gary Scruton

Oh, it's good to be home! If you are a regular reader of this column you know that I have strayed for the past month from letting you know about our fine local advertising eateries and have written instead about our excursions "out of the norm". Well, that's over! We are back to the routine of frequenting our friends who reside here in the Trendy Dining Guide.

To get that renewal started we went out on a late Sunday morning to a very busy Tuttles Family Diner in Wells River, VT. I need to mention again that one of the reasons that their name includes "Family" is that it seems the whole family works there. From wait staff to cooks to cleaning crew

(and don't forget all the ordering and bookkeeping that is always involved with a business). Plus it offers a great "family" atmosphere where the kids can come in and take a spin on one of the counter stools (if Mom & Dad allow them to that is).

Of course Janice and I are a bit older so we chose the comfort of one of the sets of tables and chairs that offer additional seating to the traditional inner stools. Tuttles does not use a hostess, so when you walk in you are free to look around and find a place that suits you, and take a seat.

We did just that and soon saw water at our table along with breakfast menus. We were also offered a chance to order other beverages and we both went with a sim-

ple bottomless cup of coffee.

It really did not take a long time for either of us to make a choice for breakfast this day. When we had our picks our menus went onto the table and the waitress came right over to get our order. Janice decided to take the chance to build her own omelet. She started with asking for "all" the vegetables along with sausage. Then upon prompting she chose cheddar cheese. She also decided to ask for a side order of home fries, though later realized that there was now much more food than she would feel comfortable eating.

I took a slightly different direction for my breakfast choice. Tuttles has a meal item on their menu that is simply listed as Kielbasa.

This meal comes with two eggs (over easy please), home fries and toast.

With our orders placed we were able to sit back, enjoy our coffee, and do a bit of people watching as a number of groups and individuals came and went while the staff continued to move things along from the other side of the counter.

It wasn't long before Jennifer Tuttle, the owner, brought our meals out to us (our waitress was otherwise occupied) and we dug in to enjoy the delicious food.

One of the nice things about having the option to build your own omelet is that you know you will enjoy it. That is as long as it is cooked well. Janice's omelet was certainly done right. The egg portion was nice and tender, the veggies and sausage cooked and warm and the cheese melted. Janice enjoyed all she could eat, but she did need a box to take home some of her omelet and home fries (and enjoyed it just as much the next day!).

For me it was a chance to eat one of my much enjoyed, but seldom eaten, meats. The Kielbasa was two good sized lengths that

were sliced down the middle and fried just right, nicely browned. The home fries that came with the meal were also nicely done. Not so crispy that they crunch, but cooked thru. My two over easy eggs were also cooked the way I like. I also knew I was not at an airport as I got two full slices of toast, cut diagonally. There was also a good variety of the small packets of spreads, jellies and jam on the table for that toast.

Jennifer made the rounds a couple of times with the coffee pot in hand offering to top off our cups. At least on this day we turned down the extra coffee and left it at one cup each.

We continued to enjoy our meals and conversation, commenting on how nice it was to see adults accompanied by children coming in to enjoy the well prepared food and affordable prices.

The total for our two meals along with coffee was \$22.35 including tax. As is our habit we left a cash tip on the table and went up to the register to pay the bill with a credit card.



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Paul Harvey & Dave Harkless Chosen as 2019 Citizen and Volunteer of the Year

The Littleton Area Chamber of Commerce staff and Board of Directors are pleased to announce the recipients of the 2019 Citizen & Volunteer of the Year Awards.

Paul Harvey the 2019 Citizen of the Year is a Littleton native. He graduated from Littleton High School in 1969. In August of 1967, he worked for Doug Brown and the Littleton Cemetery Crew, and continued to work summers there through high school and college, returning full time after college. In the early 1980's, he managed Glenwood Cemetery and other cemeteries in Littleton. He enjoys keeping our cemeteries beautiful and well kept.

He married his wife Heidi in 1985, and they have two children and one grandson. In addition to his commitment to Littleton's cemeteries, he has volunteered for the Littleton Fire Department and worked for Cannon Mountain and Ross Ambulance.

Dave Harkless, the 2019 Volunteer of the Year is a Littleton resident and the tireless owner of Littleton Bike and Fitness. In addition to being a resident and established business owner, Dave has contributed many successful ideas that have enriched this community and beyond. To name a few of his accomplishments, Dave created and organiz-

es the annual Gathering of the Jack O'Lanterns event which attracts thousands of people to the area.

Dave Co-created and assists with leadership of the Mt Eustis Ski Hill in Littleton. These community activities have charitable components that help children learn, develop social connections and improve fitness.

Additionally, Dave is a board member of PRKR Mountain Trails. A little-known fact is that Dave also studied Culinary Arts at Johnson and Wales University. Dave is really cookin' when it comes to volunteering his time and talents with our residents and visitors!

Both Paul and Dave were celebrated at the Chamber's 98th Annual Meeting & Awards Dinner being held on Thursday, January 23, 2020 at the Omni Mount Washington Hotel.

For more information, please contact the Littleton Area Chamber of Commerce at 603-444-6561 or info@littletonareachamber.com

The Littleton Area Chamber of Commerce is a 501(c)6 non-profit organization, our mission is to promote economic development in the Littleton area by attracting and growing local business, providing valuable resources to our membership and branding the area for tourists and relocation.

“Show Love for Literacy” at Littleton Food Co-op!

Believe in Books Literacy Foundation is proud to announce that they will be Littleton Food Co-op's "Partner of the Month" this February!

INTERVALE, NH – The Littleton Food Co-op, located at the corner of Cottage Street and Route 302 in Littleton, NH, sponsors a different local non-profit each month of the year through their "Partner of the Month" Program. Partners are chosen by members of the Co-op who vote for their favorites during the annual Partner of the Month Fair. For the second year, Believe in Books Literacy Foundation (BIBLF) was voted as "Partner of the Month" and this year received the month of February!

Throughout the month, customers, visitors, and members of the Co-op have the opportunity to "round-up" their pennies and "Show Love for Literacy" to support BIBLF's rapidly growing literacy program, Books from Birth. Books from Birth provides new, age-appropriate books to children at important developmental stages from birth to age five, at no cost to families. The Books from Birth program has seen immense growth this year and is currently serving over 500 children in surrounding communities.

BIBLF is hoping to expand the Books from Birth program into Grafton and Coos County with the help from Co-op customers. Donations can be made when



Kathryn Huntress, Shelby Bellen, Megan Stokes - the friendly people from Believe in Books holding their check from all the Round-up and pizza donations in May 2019.

checking out after shopping by "rounding-up" any pennies to the nearest dollar. Customers are also able to "Show Love for Literacy" for \$1 at any cash register. Customers who "Show Love for Literacy," can write their name on a paper heart with the title of their favorite book and the heart will be displayed on the Co-op windows for the month of February! BIBLF and Littleton Food Co-op are both excited to offer this new donation option for customers to help BIBLF get more books to more local children through the Books from Birth program.

The mission of Believe in Books Literacy Foundation is to advance healthy development of young minds through literacy programs that encourage early reading, imagination, and physical activity. The Literacy Foundation is a Charitable

501(c)(3) Non-Profit guided by the needs and involvement of the communities of which it serves.

Member-owned Littleton Food Co-op is a local, hybrid, and very friendly store located at the intersection of Cottage Street and Route 302 (exit 41 off I-93). Everyone is welcome to shop and everyone is welcome to join! Not sure what local, hybrid, and friendly means in terms of a food store.... come on in and ask any of our staff members! The Littleton Food Co-op is open daily from 7 am - 8 pm. For more information or to become a member, please visit www.littletoncoop.com or call 603-444-2800. See ya at the Co-op!

Treat Your Special Valentine at the Happy Hour Restaurant!
Serving from 11:30AM-9:00PM ♥ Friday, February 14

COCKTAILS & STARTERS

- ♥ **LOVE MARTINI**
Vodka, malibu rum, peach schnapps, cranberry juice. \$7
- ♥ **LOVE POTION #9**
Vodka, peach schnapps, pink grapefruit juice. \$6
- ♥ **VERMONT MAC & CHEESE BITES**
Cabot Cheddar Macaroni and Cheese, breaded and fried crisp, served with a Roasted Garlic Aioli for dipping. \$8
- ♥ **SHRIMP COCKTAIL \$8**
Jumbo shrimp, house made cocktail sauce.

ENTRÉES - All entrées include salad bar

- ♥ **THREE CHEESE RAVIOLI**
Three Cheese Ravioli in a Basil Alfredo Sauce. Served with a garlic bread stick. \$13
- ♥ **GRILLED STRIP LOIN**
Grilled 10 oz. New York Strip Loin topped with a Lobster Compound Butter. Served with choice of side. \$17
- ♥ **SHRIMP AND PASTA SAUTE**
Sautéed Shrimp, Grape Tomatoes and Fresh Basil in a rich and creamy White Wine Butter sauce. Served over Cavatappi Pasta with a Garlic Bread stick. \$15
- ♥ **CRAB STUFFED BAKED HADDOCK**
Lump Crab Meat and Haddock Baked in Lemon Butter topped with Ritz cracker Crumbs served with choice of side. \$16
- ♥ **GRILLED CHICKEN BREAST**
Grilled, all natural, Chicken Breast with a Smoked Gouda Cheese sauce. Served with choice of side. \$14
- ♥ **ROASTED PRIME RIB AU JUS**
10 oz Prime Rib Au Jus, served with a side of horseradish Sour Cream, and your choice of side. \$19

DESSERT

- ♥ **Cheesecake with Strawberries \$4**
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ACTION PROGRAM
Annual Meeting and Dinner
4:00 PM**

**Sunday, February 9, 2020
Happy Hour Restaurant,
Main Street, Wells River**

Guest Speakers: Tom Kidder, Chairperson of the Tucker Mountain Management Committee and Michael Thomas, Chairperson of the Newbury Conversation Commission will present "Newbury's Tucker Mountain Town Forest, Year One and Beyond"

Dinner – Choose Roast Turkey, Roast Beef or Baked Haddock - \$12.00 plus Tax and Tip or Soup and Salad Bar – \$12.00 plus Tax and Tip.
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Upcoming Legislation

On February 6, 2020 at 10:00 a.m., the House and Senate will assemble in Joint Convention for Governor Sununu to deliver his State of the State Address. Following the Governor's address, the House will remain in session to consider 37 bills that have been introduced and heard by various standing committees. Including the Senate and House, a total of 1182 bills have been introduced this year. Issues associated with municipal and county government, health and human services, transportation and education are part of this huge number of proposals. Two bills up for consideration on the 6th are introduced below:

From the Municipal and County Government committee, a bill requiring criminal background checks for persons brought into a library to interact with minors in library-sponsored events, has been recommended inexpedient to legislate by a 19-1 vote. Libraries are where people go to learn, communities come together, and social programs are held for the betterment of our society. If passed, this bill would create a barrier to programs held at libraries by

requiring libraries to conduct criminal background checks on program participants and using the results to exclude community members, The New Hampshire Library Association strongly opposed this legislation, both because of the cost and administrative burdens it would impose and the precedent it would set. Multiple librarians testified in committee about how they take seriously a library's responsibility to prioritize safety for the public. Proper vetting of those participating at library-sponsored events is a local responsibility. For these reasons and more, I support the majority recommendation.

From the Transportation committee, HB1605 arrives with a 10-9 vote supporting ought to pass. The bill requires children under the age of 2 years to be restrained in a motor vehicle. Law currently requires seat belts and restraints for children; this bill further addresses infant restraints. As written, the bill provides for better protection regarding infants, and younger and smaller children, as they ride in rear-facing car seats in the event of a motor vehicle crash. It requires children

to be rear facing up to two years of age, but if the child is over 40 pounds or 40 inches, the requirement does not apply. The New Hampshire State Child Passenger Safety Office, as well as the New Hampshire Association of Chiefs of Police support HB 1605. The minority states the bill is a flawed implementation of new restraint requirements. The National Highway Traffic Safety Administration (NHTSA) recommends that children use rear-facing seats from 1-3 years of age, and that manufacturers' height and weight limits be followed. This bill requires that people ignore the NHTSA recommendations and manufacturers' specifications by imposing an arbitrary limit of 2 years old, 40 pounds, and 40 inches. The minority recommended that the bill be kept in committee to craft guidelines that do not conflict with federal safety standards. New Hampshire's child restraint laws should remain consistent with other states and the NHTSA. Traveling on roads and highways is an interstate issue and requires consistency in law. Many NH parents travel daily seeking day care services in Vermont and vice versa. I support the minority position advocating consistency with federal safety standards.

Respectfully Submitted,
NH Rep Rick Ladd, Haverhill

HHI Announces Court Street Arts Interim Director

HAVERHILL, NH, —The Board of Directors of Haverhill Heritage, Inc. (HHI), on behalf of Court Street Arts at Alumni Hall, has named Philip Coutu, of Monroe, NH, as Court Street Arts' Interim Director following the departure of former Executive Director Keisha Luce.

As interim director, Phil will oversee the organization's programming and marketing efforts, and will coordinate performances and events during the upcoming spring season. With a B.A. in studio art and graphic design coupled with experience in business, marketing, and customer service, Phil is no stranger to the demands of a dynamic organization. As one of Court Street Arts' cadre of dedicated volunteers, Phil is well acquainted with its programming and mission. "I love what Court Street Arts does to bring the arts and the local community together, and I'm just glad to be able to help out," he said. Phil will be assisted by

Interim Building Manager Ed Moodie, recently appointed by the Board to oversee and maintain Alumni Hall, CSA's main performance venue.

Court Street Arts, established by HHI in 2005, is a popular and well-established local venue for programs and events in the visual arts, music, dance, and theater, featuring both regional and nationally-recognized artists. HHI will soon open the search for a new Executive Director to lead the organization into its next stage.

"Having Phil's steady hand at the helm allows the Board of Directors to focus on this important search and on its other initiatives, specifically the development of a community-based business plan for the historic Wentworth-Brown property," said Board member Jane Quigley.

For inquiries about the transition or the organization, please email the Board of Directors at info@alumni-hall.org.

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**A Rep's
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by NH State Representative
Jerry Stringham

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The "No-Way" for Ways and Means Tax Bills

The Ways and Means Committee, on which I serve, has heard three well meaning bills that call for new taxes. I expect at least two of them to be turned down without any appreciable support while the third will get some consideration.

The first is what is called the ski tax. The supporters are looking for a revenue source for higher education. When considering what to tax, they followed the old saying, "don't tax you, don't tax me, tax the other guy behind the tree". A 9% tax on ski tickets, they figured, would be paid by those with disposable income, many of whom come from outside the state of New Hampshire.

The White Mountains and Ski Country is already the pocketbook for the state. We collect substantial Meals and Rooms taxes from visitors. Most of that money is sent downstate. The North Country is struggling financially and a new tax that would suppress visitors would not be good for us or the granite state as a whole. The state's no sales tax reputation helps promote our tourism. I expect it to continue and that this bill will be soundly rejected.

A second tax bill would create a new 4.3% sales tax on electronics, like cell phones, computers, televisions, etc. This would raise a substantial amount of money for the state but

works against our reputation as a no sales tax state. There is no obvious reason to just tax this particular type of goods. The Committee feels there are better options to secure the revenues we need. I expect this bill to be voted down by the entire Ways and Means Committee as well.

The third major taxation bill to be considered would make a 7% increase in the cigarette tax. New Hampshire's cigarette taxes are the lowest in the region. More than half of the cigarettes sold in the state are sold to people from out of state. The increase to \$1.90 would still make us substantially lower than the \$2.35 (including sales tax on top of the cigarette tax) in Maine. Maine has the second lowest rate of the New England States. This would seem to be an appropriate adjustment given that the tax rate on cigarettes has not changed in 10 years. I do expect a vigorous debate.

Your opinion matters. Please vote on February 11th in the New Hampshire primary!

Jerry Stringham represents Lincoln, Woodstock, and Waterville Valley in Concord, serving on the House Ways and Means Committee. If you need to reach Representative Stringham, email jerry@jerrystringham.com.

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What I've Seen In Concord

Editor's Note: This information is from January 22, 2020 by Davied Starr NH State Senator District 1 (received April 22)

We held hearings on the following bills today. Hearings started at 9 AM LOB room 103. Here is what we dealt with.

HB 454 an Act relative to the screening date for dyslexia. All students must be screened for dyslexia starting in Kindergarten. This bill eases the deadline from November to February when the screening must be completed. Especially as we ought to be interviewing and testing children several times before branding them dyslexic. We had a horde of people testify, and they all testified against any delay and against this bill. Like really solid opposition. After testimony we went into executive session and voted this bill Inexpedient To Legislate (ITL for short).

HB583 Relative to the addition of climate and environmental sciences to the criterion for an adequate education. Tacks climate and environmental science on after "biological, physical, and earth sciences". Climate and environmental science are political indoctrination, not science. We should amend RSA 193-E:2, III to read "Each child should take one year of biology, and one year of physics and one year of chemistry". These three sciences are fundamental to any understanding of the physical world in which we live. And they are necessary for any understanding of other branches of science such as environmental science and climate science. In an age of vast scientific progress and increasing impact of science upon daily life, three high school courses in the fundamental sciences will serve our children well. Speaking from personal experience,

over a forty year career in electrical engineering, the high school physics old Fred Swan taught me back in the 1950's has served me well. Far better than indoctrination into climate or environmental science would have. Far as I can remember we didn't get around to voting on this one, we just took testimony.

SB 584, Relative to policies for students with head injuries. DOE to consult with Brain Injury Association of NH to develop plan to return concussed/brain injured students to class. Essentially this bill gives Board of Education bureaucrat's unrestricted power to set policy. I thought this one was kind of crazy. If any of my kids had suffered a concussion (thank the good Lord they didn't) I would have wanted a real medical doctor's opinion as to treatment and return to sport or class. And I would have insisted on following doctor's orders rather than Board of Ed bureaucrat orders. In short I see this issue as a medical one, not an educational one. Far as I can remember we didn't vote on this one.

SB 624-FN-LOCAL establishing an armed school marshals program. Sets up a training and certification program worthy of any police force. Why not simply have schools arrange for school resource officers from the local police force? Despite much testimony in favor, we voted this one ITL.

SB 625-FN-A Relative to kindergarten funding. Towns starting up full day kindergarten to get state funding for the first year based upon enrollment as of start of school AND some obscure factor buried somewhere. OK, they told me that full day kindergarten will get state funding of \$3600 per child.

Blog: <http://www.newsnorthwoods.blogspot.com>

Dance Sensation Pilobolus Returns to NEK, Feb 21

Catamount Arts and KCP Presents are thrilled to host dance phenomenon Pilobolus at Lyndon Institute Auditorium in Lyndon Center on Friday, February 21. The brainchild of founder and Lyndon Institute graduate Moses Pendleton, Pilobolus "embodies...the best in contemporary dance: discovery, (m)aking something new with the same standard body parts the rest of us have," raves the Washington Post.

"It's as if we're being given a fleeting glimpse of the inner workings of the universe," concurs Alastair Macaulay of the New York Times. "Grace," says the Sunday Oregonian, "meets physical agility to create movement that is as lyrical as it is astonishing."

Named after a barnyard fungus that propels its spores with extraordinary speed, accuracy, and strength, Pilobolus is a dance company founded by Dartmouth College students, including Lyndon's own Moses Pendleton, in 1971. Pendleton went on to establish his company Momix, another KCP Presents favorite, but not before he and his original Pilobolus partners created the signature piece Walklyndon (which a Boston Globe correspondent once mistook as wordplay for "walk lying down.") Walklyndon, a delight of physical slapstick and Monty Python-esque pratfalls, will be performed



at the February 21st show at L.I.

Testing the limits of human physicality and exploring the beauty and power of connected bodies, Pilobolus engages and inspires audiences around the world through performance, education and consultation. Diverse collaborations with incredible influencers, thinkers, and creators break down barriers between disciplines and challenge the way we think about dance. Pilobolus has toured over 120 pieces of repertory in more than 65 countries over nearly 50 years, reaching 300,000 people annually.

The Pilobolus Lab has produced collaborations with Penn & Teller, the MIT Distributed Robotics Laboratory, Art Spiegelman, Maurice Sendak, OK Go, Radiolab, and many others.

Honors include a TED Fellowship, a Grammy® Nomination, a Primetime Emmy® Award, and several Cannes Lion Awards. Pilobolus has collaborated with over 75 brands and organizations, creating bespoke performances for television, film, and live events.

For tickets to see Pilobolus at Lyndon Institute Auditorium on Friday, February 21st, or to learn about other upcoming KCP Presents shows, call 748-2600 or visit www.kcppresents.org.

The KCP Presents Series is produced by Catamount Arts working in association with Kingdom County Productions and supported by generous local sponsors with grant funding from The National Endowment for the Arts and the Vermont Arts Council.

The Witch Of Love Appears At Old Church Theater

Bradford, VT: Old Church Theater's temporary space allows the group to present year-round entertainment, since it has heating and air conditioning. And they are taking full advantage of the heat to present the original romantic comedy "The Witch of Love", which will open on February 14 and play two weekends, with Friday and Saturday shows at 7pm and Sunday shows at 3pm.

As a romantic comedy, "The Witch of Love" will be perfect for couples and oth-

ers wishing to enjoy quality family-friendly live entertainment in Old Church Theater's cozy space at 176 Waits River Road (just past Farm-Way in Bradford). "The Witch of Love" was written by Kristin Rose, and is directed by Marcela Williamson. In the cast are Carrie Anne Quinn, Robin Keith, Elizabeth Keith, Mikeala LaCombe, and Marilyn Blaisdell.

Reservations may be made by calling 802-222-3322. Admission is \$12,

\$10 for seniors and \$6 for students (it should be noted that students younger than middle school will probably not appreciate the play). In case of inclement weather, theater goers should call to verify if performance has been cancelled.

Old Church Theater is embarking on an ambitious season, with seven productions scheduled through next November. Season tickets are on sale now at significant savings through March, allowing five admissions for \$45.00. Additionally, the group is continuing to seek donations and grants to restore the "old church" on North Main Street into a year-round performance center for the community, as well as being the home stage for Old Church Theater. 2020 will be a pivotal year as major repairs are begun once additional funding is secured.

Are you running for office at Town Meeting?
Political Ads in Trendy Times get noticed.
An ad this size (4" wide by 4" tall) is \$38.00
 Other sizes are also available.
Trendy Times will be published February 18 & March 3.
 Deadline is the Thursday before publication.
To place your ad email information to Gary@TrendyTimes.com
We will create an ad for you.
Or send a camera ready ad.



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 Monday - Friday 7 AM - 4 PM • Saturday 7 AM - 12 Noon

Calendar of Events

A Full Page of Events from Local Non-Profits, Schools and Towns. *Presented FREE by Trendy Times.*

TUESDAY, FEBRUARY 4

PAINT BY PAGES: PICTURE BOOKS MEET ART
1:00 PM
St. Johnsbury Athenaeum

TEEN ADVISORY BOARD
5:30 PM
St. Johnsbury Athenaeum

NORTHERN GRAFTON COUNTY REPUBLICAN
COMMITTEE MONTHLY MEETING
7:00 PM
Littleton Regional Healthcare

WEDNESDAY, FEBRUARY 5

PHOTOGRAPHY AS SOCIAL JUSTICE
7:00 PM
St. Johnsbury Athenaeum

THURSDAY, FEBRUARY 6

RED CROSS BLOOD DRIVE
11:00 AM - 5:00 PM
Summitt by Morrison, Whitefield

VIEW TAX/ASSESSMENT PUBLIC FORUM
5:30 PM
White Mtountain Regional High School, Whitefield

WOODSVILLE WELLS RIVER 4TH OF JULY
MONTHLY COMMITTEE MEETING
7:00 PM
Woodsville Emergency Services Building

FRIDAY, FEBRUARY 7

ACORN CLUB STORYTIME
10:30 AM
St. Johnsbury Athenaeum

CLASSIC MOVIE: THE GHOST & MRS. MUIR
6:30 PM
St. Johnsbury Athenaeum

PAULA POUNDSTONE
See Article on Page 7
NVU-Johnson Dibden Center for the Arts

SATURDAY, FEBRUARY 8

BREAKFAST WITH A PANCAKE BAR
7:30 - 9:00 AM By Donation
United Congregational Church of Orford

WHS RIBBON CUTTING & BUILDING TOUR
10:00 AM See Ad on Page 7
Woosville High school

NOTCH ABOVE PHOTO CLUB
1:00 - 3:30 PM
Bethlehem Public Library.

VALENTINE SOCIAL
2:00 - 4:00 PM
Willing Workers Meetinghouse, Sugar Hill, NH

MIDDLEBURY NEW FILMMAKERS:
"THE DOG DOC" & "DON'T BE NICE"
3:00 & 7:00 PM
Fairlee Town Hall Auditorium

SEMI-FORMAL COCKTAIL PARTY
5:00 - 8:00 PM
Queen Anne Centerpiece, Littleton

SUNDAY, FEBRUARY 9

BENEFIT TEXAS HOLD "EM POKER
Cash 11:00 AM - Tournament 1:50 PM
Moose Lodge 1779, Portland St, St. Johnsbury

WRAP ANNUAL MEETING & DINNER
4:00 PM See Article on Page 1, Ad on Page 4
Happy Hour Restaurant, Wells River

TUESDAY, FEBRUARY 11

PRESIDENTIAL PRIMARY DAY
IN NEW HAMPSHIRE

PRESENTATION: OUR WILD NEIGHBORS,
THE REAL EASTERN COYOTE
6:30 PM
Fairlee Town Hall Auditorium

THE REAL EASTERN COYOTE
6:30 PM See Article on Page 9
Fairlee Town Hall

WEDNESDAY, FEBRUARY 12

VISIBLE IN VT: OUR STORIES OUR VOICES
7:00 PM
St. Johnsbury Athenaeum

THURSDAY, FEBRUARY 13

ST. LUKE'S COMMUNITY MEALS
5:00 - 6:30 PM
St. Luke's parish House, Woodsville

ROSS-WOOD POST #20 SONS OF THE
AMERICAN LEGION MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

TECH SUPPORT
5:00 PM
St. Johnsbury Athenaeum

FRIDAY, FEBRUARY 14

ACORN CLUB STORYTIME
10:30 AM
St. Johnsbury Athenaeum

A SPECIAL ST. VALENTINE'S READING
3:00 PM
St. Johnsbury Athenaeum

SATURDAY, FEBRUARY 15

SPAGHETTI AND MEATBALLS DINNER
5:00 - 7:00 PM
American Legion Auxiliary, Lincoln

SPAGHETTI DINNER & AUCTION OF
DECORATED BIRTHDAY CAKES & GIFTS
5:30 PM by donation
Fairlee Community Church, Rt. 5, Fairlee

SUNDAY, FEBRUARY 16

CLASSICOPIA / SPIRITUALS & RAGTIME
2:00 PM
Fairlee Town Hall Auditorium

MONDAY FEBRUARY 17

HAVERHILL SELECT BOARD MEETING
6:00 PM
Morrill Municipal Building, North Haverhill

Ongoing Weekly Events

MONDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Darling Inn, Lyndonville
BINGO - 6:00 PM
Orange East Senior Center, Bradford

TOPS (TAKE OFF POUNDS SENSIBLY)
6:00 PM - Peacham School
KIWANIS CLUB OF ST JOHNSBURY
6:15 PM - VFW Post, Eastern Ave.

DRAWING FROM LIFE - 6:00 - 8:00 PM
Joseph Patch Library, Warren

MONDAYS/WEDNESDAYS

RSVP BONE BUILDERS
10:30 AM - 11:30 AM
Linwood Senior Center, Lincoln
RSVP BONE BUILDERS
1:30 - 2:30 PM
United Community Church, St. Johnsbury

MONDAYS/THURSDAYS

ADULT INTERVAL AEROBICS CLASS - 6:30
Woodsville Elementary School
GOLDEN BALL TAI CHI
8:30 - 9:15 AM - St. Johnsbury House
RSVP BONE BUILDERS
9:00 - 10:00 AM
Municipal Building, Lyndonville
9:15 - 10:15 AM
Congregational Church, East St. Johnsbury

6:00 - 7:00 PM
Community Church, Concord

MON./WED./FRI.

RSVP BONE BUILDERS
1:30 - 2:30 PM - United
Community Church, St. Johnsbury

TUESDAYS

BREAKFAST BY DONATION
8:30 AM - 10:00 AM
Horse Meadow Senior Center,
North Haverhill
RSVP BONE BUILDERS
9 AM - 10 AM - St. Johnsbury House
10:30 AM - 11:30 AM
Congregational Church, Danville
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Senior Action Center,
Methodist Church, Danville
NOON - Presbyterian Church, S. Ryegate
NOON - Darling Inn, Lyndonville
RSVP BONE BUILDERS
2:00 - 3:30 PM - East Haven Library
TOPS (TAKE OFF POUNDS SENSIBLY)
Weigh In 5:00 PM - Meeting 6:00 PM
Horse Meadow Senior Center, N. Haverhill

EMERGENCY FOOD SHELF
4:30 PM - 5:30 PM
Wells River Congregational Church
COMMUNITY DINNER BELL -
5:00 PM September 5- June 5
All Saints' Church, School St., Littleton
AA MEETING (OPEN BIG BOOK)
7:00 PM - 8:00 PM
St. Luke's Parish Hall, Woodsville

TUESDAYS/THURSDAYS

RSVP BONE BUILDERS --
8:30 - 9:30 -- Monroe Town Hall
ACTIVE OLDER ADULT STRENGTH CLASS
1:30 PM
Woodsville Post Office, S. Court St

RSVP BONE BUILDERS

2:00- 3:00 PM -East Haven Library

TUESDAYS/FRIDAYS

RSVP BONE BUILDERS

9:00-10:00 AM
St. Johnsbury House

RSVP BONE BUILDERS

9:30-10:30 AM
GRACE Art Gallery, Hardwick

GOLDEN BALL TAI CHI

8:30-9:30 AM
United Methodist Church, Lyndonville

WEDNESDAYS

AQUA AEROBICS

Evergreen Pool, Rte 302, Lisbon

ADULT STRENGTH TRAINING

1:30 - 2:30 PM - United Community

Church, St. Johnsbury

BINGO

6:30 PM
Haverhill Memorial VFW Post #5245

CRIBBAGE

7:00 PM
Orange East Senior Center, Bradford

WEDNESDAYS/FRIDAYS

NEK COUNCIL ON AGING'S HOT MEALS

11:30 AM - St. Johnsbury House

NOON - West Barnet Senior Meal Site

NOON - Darling Inn, Lyndonville

THURSDAYS

GROTON LUNCHESES W/FRIENDS

10:00AM - 2:00 PM / Lunch @ 12:00

Groton United Methodist Church

NEK COUNCIL ON AGING'S HOT MEALS

11:30 AM - St. Johnsbury House
NOON - Senior Action Center,
Methodist Church, Danville
NOON - Darling Inn, Lyndonville
ST PAUL'S BIBLE STUDY ON JAMES, 6:15
PM, 113 Main St., Lancaster
TOPS (Take Off Pounds Sensibly) --
Weigh-in @ 6:00 p.m., meeting @ 6:30
-- Monroe Public Library

FRIDAYS

RSVP BONE BUILDERS

9:00 - 10:00 AM - St. Johnsbury House

9:30 - 10:30 AM

Grace Art Gallery, Hardwick

1:30 - 2:30 PM - United Community

Church, St. Johnsbury

WORSHIP UNDER THE TENT- 7 PM

100 Horse Meadow Rd, No Haverhill

AA MEETING (OPEN DISCUSSION)

8:00 PM - 9:00 PM

Methodist Church, Maple St, Woodsville

SATURDAYS

STORY HOUR FOR CHILDREN - 10:15 AM

September thru May

Brainerd Memorial Library, No. Danville

SUNDAYS

LISBON BIBLE CHURCH, WOOLSON ROAD

Sunday School 9:15 AM

Worship 10:30 AM Bible Study 6:00 PM

NORTH DANVILLE BAPTIST CHURCH (ABC),

Worship and Sunday School, 9:30 AM

Refreshments at 10:20 a.m.

CRIBBAGE - 1:00 PM

American Legion Post #83, Lincoln

Horse Meadow Senior Center Activities

Lunch is served daily at 12:00, except when noted
 HMSC is CLOSED ON
 February 17th
 Breakfast Buffet: Every
 Tuesday @ 8:30-10:00
 Find-a-Sticker 5th @ Noon
 50/50 Raffle: 2/19 @ Noon
 Food raffle: 2/6/19 @ Noon
 *Meals are available M-F for
 home delivery.

*A variety of Exercise
 Equipment is available daily
 in Bertha's room at HMSC

SPECIAL DAYS:

Veterans Coffee Social
 Hour on Wednesday
 February 5th, from
 10:00AM-11:00AM
 Valentine's Craft Activity on
 February 5th
 Valentine Tea Party Febru-
 ary 14th, from 2:00-3:30PM
 Coming in March, Dance to
 Comfort Country on March
 6th from 7:00-9:00

ENTERTAINMENT:

Starts between 11&11:15
 Phyllis Vogel: 2/11, 2/25
 Bob Benjamin: 2/6, 2/27
 Wayne Klinger: 2/10
 Byron Berwick: 2/4
 Carl, Gloria & friends: 2/5
 Marshall Meade: 2/24
 The Boy-z: 2/19

CLINICS:

February 7: beginning at
 9:00AM, Foot Clinic with
 Beverly Sinclair, Call for

appointments and dates
ON-GOING ACTIVITIES:
 Gripe Group now meets
 once a month: This month is
 Thursday 2/13 @ 10:00
 Domestic Trauma Support
 Group Thursday 2/6 @
 10:45 call and speak with
 Jessica Kaminski
 Grief Support with Florence,
 first Monday of each Month
 at 10:30 in the library
 Art & Painting group-
 Thursdays at 9:00
 Bone Builders: Mondays,
 Wednesdays & Fridays @
 9:30, Tuesdays and
 Thursdays @ 1:30
 Beginners Quilting with
 Jean B.: Mondays @ 1:00
 Bingo: Wednesdays @ 1:00
 Cribbage: Thursdays @
 12:30

Chair Yoga with Kelsey
 Root Winchester on 2/6,
 2/20 @10:45 by donation
 Drums Alive: Tuesdays @
 12:30 come join Sherri from
 Haverhill Rec. by donation
 Healthy Life Share at 10:30
 on 2/13, contact Nancy Carr
 at 787-2539
 Floral Arrangements w/
 Jane: Thursday 2/13 @
 9:30

Haircuts by Marshall
 Meade, Mondays 2/3 & 2/24
 @ Hand and Foot Cards:
 Fridays @ 12:30

Hearts & Hands Quilting:
 Mondays @1:00
 Herbal with Elaine on Friday
 2/14, 2/28@12:30
 HMSC Chorus: Mondays
 @1:00
 Interfaith Fellowship &
 Coffee beginning at 9:30 on
 2/4, 2/18 w/ Pastor Wayne
 Chevalier All welcome!
 Mahjongg: Every Friday
 @10:30

Massage by Donna from
 "Indulge in You"/Wells River
 Wellness Hall, on Tuesday
 2/4 from 9:00 on
 Nifty Needlers: Every
 Tuesday 9:00-2:00
 Plastic Canvas with Gerrie
 Tuesdays by chance. Call
 787-2539 to check
 Rhyme & Poetry Workshop
 with Siggie Wood on @ 2/10,
 2/24 @ 10:00AM

Right Sizing continues
 on the first Friday of each
 month 2/7 @ 10:00
 Senior Splash/Thera Swim
 at Evergreen Sports Center
 Mondays from 10:15-11:00,
 \$10.00 per session
 Tai Chi- Fridays @ 1:00 by
 donation
 Writers Group: Wednesdays
 @ 10:30

*Also, Please think about
 volunteering here at Horse
 Meadow or delivering
 meals!

Orange East Senior Center Activities

All events held at the Senior
 Center are open to the public
 unless otherwise advertised.

2/3: Exercise @ 9:00 am
 Tai Chi 10:00 am
 Bingo 6:00 pm
 (doors open at 5pm)

2/4: Exercise Class @ 9:00
 Line Dancing 10:00am

2/5: Computer Class
 3:00-5:00pm

2/6: Exercise @ 9:00am
 2/7: Exercise @ 9:00am

2/10: Exercise @ 9:00 am
 Tai Chi 10:00 am
 Bingo 6:00 pm

(doors open at 5pm)
 2/11: Exercise Class @ 9:00
 Line Dance 10:00am

TAX PREP BY APPT
 2/12: Foot Clinic by Appt
 Computer Class 3-5 pm

Cribbage 7:00 pm
 2/13: Exercise 9:00am
 TAX PREP BY APPT

2/14: Exercise Class @
 9:00am
 Music – THE BOYZ
 @ 11:00 am

2/17: Exercise @ 9:00am
 Tai Chi 10:00 am
 Bingo 6:00 pm

(doors open at 5pm)
 2/18: Exercise Class @
 9:00am

Line Dancing 10:00
 TAX PREP BY APPT
 2/19: Foot Clinic by Appt
 Computer Class 3-5 pm

Cribbage 7:00 pm
 2/20: Exercise Class @
 9:00am

TAX PREP BY APPT
 2/21: Exercise Class @
 9:00am

Blood Pressure Clinic
 10:30am-12:30 pm
 Music by BARRY HAYES
 @ 11:00 am

2/24: Exercise Class @
 9:00am
 Tai Chi 10:00 am
 Bingo 6:00 pm

(doors open at 5pm)
 2/25: Exercise Class @
 9:00am

Line Dancing 10:00
 TAX PREP BY APPT
 2/26: Foot Clinic by Appt
 Computer Class 3-5 pm

Cribbage 7:00 pm
 2/27: Exercise Class @
 9:00am

TAX PREP BY APPT
 2/28: Exercise 9:00am
 Music by NO STRINGS
 ATTACHED @ 11:00 am

Woodsville Library's StoryTime & Snacks

Come to the Woodsville
 Library on February 15th
 starting at 10:30 AM.

Joy & Tuesday will be
 reading The Grumpy Mon-
 key :) and there will be
 snacks.

The hilarious New York
 Times bestselling picture
 book about dealing with un-
 explained feelings...and the
 danger in suppressing them.

Jim the chimpanzee is in
 a terrible mood for no good
 reason. His friends can't
 understand it--how can he
 be in a bad mood when it's
 SUCH a beautiful day? They
 encourage him not to hunch,

to smile, and to do things
 that make THEM happy.
 But Jim can't take all the
 advice...and has a BIT of a
 meltdown. Could it be that
 he just needs a day to feel
 grumpy?

Suzanne and Max Lang
 bring hilarity and levity to this
 very important lesson. This
 picture book is an excellent
 case study in the dangers of
 putting on a happy face and
 demonstrates to kids that
 they are allowed to feel their
 feelings (though they should
 be careful of hurting others
 in the process!).

Paula Poundstone at NVU-Johnson

Catamount Arts and KCP
 Presents are delighted to
 host humorist, author and
 comedian Paula Pound-
 stone, renowned worldwide
 for her clever, observation-
 al humor and spontaneous
 wit. A panelist on NPR's #1
 show, "Wait, Wait...Don't
 Tell Me," Paula also hosts
 the popular Starburns pod-
 cast, "Nobody Listens to
 Paula Poundstone," a com-
 edic field guide to life featur-
 ing taste tests, cats-of-the-
 week, and leading experts in
 everything from beekeeping
 to ping pong to prosopagno-
 sia.

Paula's stand-up cre-
 dentials are endless: "Cats,
 Cops and Stuff," "Paula
 Poundstone Goes to Har-
 vard," "Look What the Cat
 Dragged In," and numerous
 television appearances in-
 cluding "The Late Show with
 Stephen Colbert," "Last Call
 with Carson Daly," and "Late
 Show with David Letterman."
 Paula famously provided
 backstage commentary
 during the 1992 presiden-
 tial election on "The Tonight
 Show with Jay Leno," and
 was the first woman to host
 the White House Correspon-
 dents Dinner.

In 2017, Paula released
 her second book, "The To-
 tally Unscientific Study of
 the Search for Human Hap-
 piness," in which she offers
 herself up as a guinea pig in

a series of thoroughly unsci-
 entific experiments. Kirkus
 Reviews called the book, "a
 deeply revealing memoir in
 which the pathos doesn't kill
 the humor—delivers more
 than it promises." The book
 debuted at #1 on the Ama-
 zon Bestsellers List in Hu-
 mor, and the audiobook was
 one of five finalists for 2018
 Audio Book of the Year. The
 book was recognized as one
 of eight semi-finalists for the
 Thurber Prize for American
 Humor, the highest recogni-
 tion of the art of humor writ-
 ing in the United States.

Paula can be heard on
 the big screen as "Forget-
 ter Paula" in Disney/Pixar's
 "Inside Out," winner of the
 2017 Academy Award for
 Best Animated Feature Film.
 She has also starred in her
 own series on both HBO and
 ABC, is included on Comedy
 Central's Top 100 Comics of
 All Time and won an Ameri-
 can Comedy Award for Best
 Female Stand-Up. In Febru-
 ary 2019, Paula's stand-
 up special, "Cats, Cops and
 Stuff," was named by TIME
 Magazine and Tig Notaro
 as one of The 5 Funniest
 Stand-Up Specials Ever.

Paula's upcoming perfor-
 mance in Johnson will be the
 third of four KCP Presents
 shows scheduled this year
 at the Dibden Center for the
 Arts, an exciting new venue
 that brings the popular per-



forming arts series beyond
 the Northeast Kingdom. Re-
 maining events in the 2019-
 2020 KCP Presents season
 include Pilobolus dance at
 Lyndon Institute, A Capel-
 la Live! at St. Johnsbury
 Academy, Peking Acrobats
 at NVU-Johnson, and Dave
 Bromberg Quintet, also at
 St. Johnsbury Academy.

For tickets to see Paula
 Poundstone at NVU-John-
 son's Dibden Center for the
 Arts on Friday, February
 7th, or to learn about oth-
 er upcoming KCP Presents
 shows, call 748-2600 or
 visit www.kcppresents.org.
 The KCP Presents Series
 is produced by Catamount
 Arts working in association
 with Kingdom County Pro-
 ductions and supported by
 generous local sponsors
 with grant funding from The
 National Endowment for the
 Arts and the Vermont Arts
 Council.

**The Haverhill Cooperative School Board
 would like to express our sincere
 gratitude to the taxpayers of the
 Haverhill Cooperative School District
 for their continued support of our
 schools and the Woodsville High School
 renovation and new construction project.**



**The public is invited to
 attend a ribbon cutting
 ceremony at Woodsville High School
 on Saturday, February 8,
 2020 at 10:00 a.m.
 There will be a tour of
 the school immediately
 following the ribbon
 cutting ceremony.**



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Valentine's Day is Friday, February 14!

Say "I Love You" with Flowers or one of our many other gift ideas!

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Delivering to:
 Lisbon, Bath, Woodsville, N. Haverhill, Mtn. Lakes, Haverhill, Pike, Glenciff, Piermont and Monroe, NH, Bradford, Newbury, Wells River, Ryegate, Groton, Barnet and McIndoe Falls, VT.

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 www.antiquerosefloristwoodsville.net
 Mon-Fri 8:30-5:30 Sat 9-4

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 603-787-2517

WHS French III/IV Students Attended A French Immersion ...

WHS French III/IV students attended a French Immersion Day hosted by Bancroft School in Worcester, MA on Saturday, January 25. Thirty students represented 5 schools from Massachusetts, Rhode Island and New Hampshire. Attendance was capped to give students the best opportunity to engage with the presenters. There were three segments to the program: Pop Music, Cooking, and Drama. WHS students were commended for their willingness to speak French and participate in the activities, which were all conducted in French by native speakers.



Participants (from Right to Left) : Mikayla Smith, Nye Adamkowsky, Olivia Sarkis, Annabelle Townsend and Kaylynn Reagan

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Our Eastern Coyotes, What Are They and Can We Co-Exist?

Conservation biologist and coyote specialist Chris Schadler to present "Our Wild Neighbor, The Real Eastern Coyote" at Fairlee Town Hall, February 11, 6:30 (snow date Feb. 18) as part of FCA's "Secret Lives" series of monthly slide presentations on local wildlife and their habitats

Fairlee, Vt. – Coyotes seem to be everywhere these days. Are they part dog, part wolf, and where did they come from? Are they a danger to our children, pets, and livestock, and what impact do they have on deer populations? These questions have come to the fore in recent weeks after several attacks by a rabid coyote (now deceased) frightened residents of southeastern New Hampshire. It's time we learned more about them.

Chris Schadler, sheep farmer and teacher as well as conservation biologist specializing in wolves and coyotes, will speak about our distinct breed of local coyote – how and when they arrived in New England, how they live among us but are rarely seen, the role they play in our ecosystem, and

how even sheep farmers can co-exist with this, the most persecuted and possibly also the most resilient carnivore in North America.

Myths surrounding the coyote cloud our understanding of this valuable member of the local ecosystem. While not native to New England, coyotes are a smart, handsome, beneficial omnivore that, by its very presence, gives "wild" back to wild lands from which most native apex predators have long been exterminated, creating imbalances in the wildlife population. Despite human efforts to eradicate this much maligned species, it survives and thrives among us.

Chris Schadler will discuss coexistence strategies for those of us humans who farm, hike, or simply live near coyote habitat. "Understanding the mind and ecology of the coyote can keep us one step ahead of problems," says Chris, who, with 30 years of wolf and coyote experience, will demonstrate that "knowledge is power" when it comes to living with coyotes.

Future Fairlee Commu-



nity Arts' "Secret Lives" presentations include those by well-known area experts on vernal pools, amphibians and reptiles, creatures of the forest floor, and important local "forest blocks" and "wildlife corridors." These events feature Fairlee Town Hall's new video projection system funded by the Couch Family Foundation, Lake Morey Foundation, and local residents.

Fairlee Community Arts (FCA) is an all-volunteer nonprofit organization building community through cultural and educational programs for the public. Visit <http://www.fairleearts.org> for information on this and other FCA programs, and to reserve tickets.

Ammonoosuc's Warren Wellness Program Nutritious Cooking Demo

On Tuesday January 21st nutritionist Chad Proulx came to Ammonoosuc's Warren campus to give a cooking demo for people living with chronic conditions. Arthritis, diabetes, gluten intolerance are all examples of chronic conditions. Chad prepared two beautifully prepared delicious, healthy recipes, and even tweaked them so they were compatible for vegans and vegetarians: Brussel Sprout

Salads, one with feta, one without, and Spaghetti Squash Lasagna, one with meat and cheese, the other without.

While Chad prepared the food he discussed his choice of ingredients and cooking methods.

All present enjoyed the event, and we look forward to Chad returning Tuesday March 17th to give his next cooking presentation!



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Two Sides Of The Same Coin

by Maggie Anderson

I tend to avoid meetings these days, the official ones anyway. I am not always calm or congenial, often situations demand more finesse which I am often too quick to supply.

I don't even attend our annual water meetings any more. I don't really need to, each family on the system is afforded one vote on issues of import and since Hank was voted in as president again he casts ours without my causing any disturbances or making any waves.

As anyone who's ever talked with him knows, Hank is seldom ruffled by anything. He is as calm as the surface of a frozen pond.

I am not so calm, in fact I am the total opposite of calm when things get heated and I feel folks are trying to crush those who don't agree with them. Which also means I am usually able to step up for myself as well. Some have found that out the hard way.

For instance in 1978 we decided to purchase another car. There were four kids by then and our adorable little yellow Vega woody wagon didn't have the space we needed any longer.

Our first clue we might be in trouble was when the salesman insisted on our trading in the Vega even after each of us told him we planned to sell it ourselves and that we were going to make a cash down payment when we ordered the model we finally decided on.

When he told us he could give us \$400.00 for it, I began to lose patience. Then when he pulled the old "let me check with my boss and see what he can do for you" and promptly disappeared only to return with the great news that his boss gave him the go ahead to allow us \$600.00 toward our down payment as soon we turned in our Vega I blew a small gasket and told him I wouldn't sell the Vega to my own mother for only \$600.00.

We told him to just pretend there was no Vega, which in his case was true we had no intention of letting him give us 600 bucks one day and put it on the lot for \$1200.00 the next. Pretend there is no Vega, just forget what we drove up in.

He finally figured he wasn't going to get his hands on our Vega and got busy with the paperwork for the model we chose. We put a deposit down on a car in a special blue color that looked like we were staring

into a deep pool. We ordered black velvet upholstery and custom wheels that looked like big flowers. Then we went home and waited.

We drove around the block at least once a week checking to see if our "baby" had been delivered yet, one night we got lucky and saw what we believed was our car. Hank went to park the Vega and I strolled around the showroom in my work clothes, paint and paste covered overalls, my long hair in pigtails.

I may as well have been invisible but the moment I started out the back door to see where Hank had parked one of the salesmen asked if there was something I needed. When I told him we had ordered a car and we thought it might be on the truck out back they couldn't wait on me fast enough. Everybody wanted to help.

One of them checked the paperwork and told me that was indeed the car we'd waited three months for and that after its detailing we could pick it up the next day.

As soon as the dealership opened we were at the door but we looked out the window and saw that our car didn't have the flower wheels on it. We asked our guy where our special wheels were and he told us that's the way it was shipped from the factory and he had no idea what they had done with our special wheels.

I saw another car in the lot sporting wheels like the ones

we had ordered so I asked him if that car was sold. He told us it had not been, so I pulled our contract out of my pocket, spread it out on his desk and told him that we had paid a deposit and had a contract that included those wheels he had no idea about. I told him if they pulled the wheels off the other vehicle and had them on ours the next morning we'd be happy to fulfill our part of the contract. Otherwise he was free to send it right back to the factory.

I may be the underside of Hank's coin but we got our wheels.

And we sold the Vega for twelve hundred bucks to the first person who answered our two dollar ad and took a test drive around the block.

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EXECUTIVE DIRECTOR

The Cohase Regional Chamber of Commerce seeks an energetic, motivated individual to serve as its Executive Director. This is a part-time position (15 hours/week) that reports to the Board of Directors. Previous experience preferred.

Overall Responsibility:

- Responsible for the day-to-day Chamber of Commerce management, the implementation of policies established by the Board of Directors, and the coordination and implementation of activities, the majority of which are carried out by the volunteer base.
- Maintains a smooth and effective relationship with members, functioning as liaison with the Board of Directors, while actively managing all of the business affairs of the organization.
- Serves as the organization's official spokesperson.

Requirements § Professional presence, leadership, and strong interpersonal and communication skills.

- Ability to build consensus.
- Experience managing a coordinated online presence among most relevant social media channels.
- Knowledge of computer software applications, including, Microsoft Word, Microsoft Excel, Microsoft PowerPoint, Microsoft Publisher, Constant Contact and WordPress.
- Self-starter who has a high level of initiative.
- Leadership style that encourages team effort.
- Consistent attendance at monthly Board meetings, committee meetings, chamber events and occasional regional meetings as needed.

The Board is accepting resumes on a rolling basis with intent to fill the position by March 1, 2020. Please email your letter of interest and resume to cohaseexec@gmail.com.

The Cohase Chamber of Commerce serves the beautiful Cohase region, nestled in the valley of the Connecticut River. This region encompasses the Vermont towns of Newbury (including the villages of Newbury, Wells River and West Newbury), Bradford and Fairlee, and the New Hampshire towns of Haverhill (including Haverhill Corner, North Haverhill, Pike, and Woodsville), Orford and Piermont.



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EOE

First Haverhill Candidate Platform

By Gary Scruton

The first of two planned Candidate Platforms for those running for office in the town of Haverhill was held on Wednesday, January 29 at the Clifford Memorial Building in Woodsville. These platforms are open to any candidate for any elective office in Haverhill, both for Town of Haverhill and Haverhill School District officials.

A number of the positions listed for this year are currently held by the only person who has signed up for that position. Those seats include Moderator, for both School & Town, Supervisor of the Checklist and Trustee of Trust Funds. None of these candidates/office holders made an appearance at the Platform.

There are also three seats on the seven member Haverhill Cooperative School Board that are up for voters to decide who will fill those seats. Two of the seats are for three year terms. The third is a special election to finish the final year of a term. That seat is being vacated due to the moving of the current board members.

It should be noted that due to a vote at last years annual school meeting all three of these seats are at-large seats, which means any resident living in any part of Haverhill can run for any of these offices. There is no residency restriction as has been in the past for some seats.

At last indication there

were no candidates signed up for any of these soon to be vacant School Board seats. This means that any voter may launch a write-in campaign for any of these seats. If a person wishes to do so, please be aware that unlike the Select Board voting, these seats are individualize. In other words it's possible for two people to run for the same seat, in that case only one would be elected. The School Board will have the opportunity to appoint members to any seat that does not have a winner from the general voting of citizens.

The run for the Haverhill Select Board is an entirely different circumstance for 2020. There are two seats up for election this year. There are five candidates who have signed up with the Town Clerk to have their name on the ballot come March 10. In this case the top two vote getters will be elected to those seats.

The five candidates signed up include current Select Board members, Thomas Friel and Fred Garafalo. Also signed up are Glenn English, Gary Hebert and Steve Robbins. All five of these candidates did attend the first Candidate Platform and answered questions from the gathered voters.

The format for this Platform allowed each candidate, in turn, to answer a question that came from one of the voters. Questions included thoughts from the

candidates about their top priorities as a member of the Select Board; their opinion on the three fire departments in the town of Haverhill and the prospect of combining two or more of those departments; their opinion on the current dispute between the Select Board and the Woodsville Fire District Commissions regarding the highway budget and the possibility of combining those two departments; as well as other questions.

All five candidates were allowed to answer the questions in their own manner and there was also some discussion between candidates and/or voters. Though the entire evening was quite cordial there were differences in the opinions and thoughts among the five candidates.

A second platform will be held on Saturday, February 29 from 2-4 pm at the Morrill Municipal Building in order to give even more voters a chance to ask their own questions, or just hear the answers of the candidates only about one week before the annual Town Meeting and balloting for these two very important positions.

There is also hope that candidates for School Board will make themselves known and come to the Platform where they will also be able to answer questions and voice their opinions on matters that may come before that board in the upcoming months and/or years.

Cohase Chamber ED To Leave At End of February

To All Cohase Chamber of Commerce Members,

On the day of the Garden Tour, the first event I was slated to fulfill as Executive Director, my mother passed away. Erik Volk, [former ED] was transitioning me and he and the board were very compassionate with respect to the situation and let me spend the next couple of weeks focusing on my family and I returned to work at the beginning of August.

Since then, I've been working to learn my position and perform the duties of the ED while struggling with overwhelming anxiety and grief. At the same time, I'm the mother of two grade school aged children – one with Autism. Not only am I coping with my loss, but I trying to support them as they cope with their loss as well – as they had been very close to my mom.

During this time it has become clear that the anxiety and loss I am feeling due to my mother's death is having a negative impact on my ability to perform my role as my children's emotional support while managing the duties of the Executive Director.

With this realization, I submitted my resignation as the Executive Director of the Cohase Chamber of Commerce to the board of directors effective February 29, 2020. I hope to continue to serve in a volunteer capac-

ity as President of the BBA and on the workforce and economic sub committees of the Chamber and will continue my role with the Bradford Planning Commission.

The Cohase is an extraordinary place to live and work. There is so many possibilities for businesses looking to grow in complement with our rural landscape. This has been an excellent opportunity to meet people and learn about the businesses in the Cohase, and, in that regard, I owe it to the Chamber membership to step aside. I am thankful for the experience and to my board who has been patient and understanding of my decision.

The Chamber could use your help finding a new Executive Director to lead us into the future! The position is a part-time position (15 hours a week) and is an excellent opportunity for someone to have a profound effect on our region. The Board is accepting resumes on a rolling basis with the intent to fill the position by March 1, 2020. Inquiries, letters of interest and/or resumes should be emailed to cohaseexec@gmail.com.

With gratitude,

Sarah Hauger Pushee
Executive Director
Cohase Chamber of Commerce

HAVERHILL CANDIDATES' PLATFORM

Saturday, February 29
2:00 - 4:00 PM
Morrill Municipal Building
(Town Office Building) North Haverhill

This Platform is being held to allow all Candidates for Haverhill Town Offices a chance to answer questions from voters about current issues, future plans or whatever.

In order to be on the 2020 Haverhill Ballot a Candidate must have signed up before Friday, January 31.

Write in candidates can still run for office.

Positions to be voted on during balloting on: Tuesday, March 10, 2020 include:

Two Selectboard Seats (Both are 3 year terms) Five Candidates Are Registered.

Current members are: Fred Garofalo & Thomas Friel

Glenn English, Thomas Friel, Fred Garofalo, Gary Hebert & Steve Robbins

Moderator (2 year term) currently held by Jay Holden

Supervisor of the Checklist (6 year term) currently held by Carol Norcross

Cemetery Commissioner (3 year term) currently held by Robert Rutherford

Trustee of Trust Funds (3 year term) currently held by Marie Bigelow

Three At Large School Board Seats (2 Three Year Terms & 1 One Year Term)

Currently held by Stephanie Chase, Maryanne Aldrich & Nancy Hoel

School Moderator (1 year term) currently held by Jay Holden

This Platform is Sponsored by Trendy Times as a Public Service.

For more information contact Gary @ 747-2887 or email Gary@TrendyTimes.com

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Bolton Announces Candidacy For N.H. Senate

Plymouth, N.H. - Today, longtime Plymouth resident and 3-term Select Board member, Bill Bolton announced his candidacy to represent District 2 in the New Hampshire Senate. District 2 encompasses 27 towns in three counties spanning the region from Haverhill to Tilton.

Bolton, a Plymouth resident for over 30 years, served in the New Hampshire Departments of State and Health and Human Services. He retired as the State Registrar and Director of the Division of Vital Records Administration. Since his retirement, he has been an active member of his community, serving as the chair of the Pemigewasset River Local Advisory Committee, and as a Plymouth Select Board member and chairman. Bill and his wife, Denise raised their four children in Plymouth where they attended the town's public schools.

In a statement released today, Bolton leaned on his

years in public service saying, "I've worked in state government long enough to understand how it works and to recognize when it doesn't", adding that he's "running for the N.H. Senate to make sure that our state is working for the people of our district and to bring civility back to Concord."

Bolton acknowledges that while the quality of life is strong in the state overall, roadblocks persist, "I know that New Hampshire is the best place to live, work, and raise a family, because I've done it, but we still face a number of challenges that hold us back from reaching our full potential," Bolton added. If elected, Bolton's priorities would include supporting public education, providing property tax relief, making greater investments in infrastructure, and protecting Medicaid expansion.

Bolton said that in the Senate he would focus on finding ways to support public education, while at the same time reducing local property tax burdens by working to provide more state aid for education. He pointed to the most recent state budget that does just that. He also said that he would work to expand investments in infrastructure,



cell phone service, and broadband internet with an emphasis on ensuring coverage in rural communities. Lastly, Bolton said that he'd advocate for the continuation of the state's Medicaid expansion program which, according to Bolton, "provides quality, affordable health care to over 50,000 hardworking Granite Staters who wouldn't otherwise be covered."

Bolton will be on the November 3, 2020 ballot and will be crisscrossing District 2 over the course of the coming months, working to earn the support of voters: "I intend to listen, learn, and work hard to understand the needs and concerns of everyone in our communities. Listening to neighbors and being their advocate is what this campaign is all about."

Letter to the Editor

To the editor,
TRUMP'S LIES AND LESSONS

Find yourself a nice clear pool of water, so crystalline you can see everything in it, then shovel a whole lot of dirt into it, turn it into a mud pit. You can't see anything in a mud pit except mud, can't even see the truth. As thickheaded, greedy and incompetent as Trump is, he's a damn good dirt shoveler, someone who turns lucid into opaque. And the people charged with defending him during his Senate trial after his impeachment are using Trump's tactics.

A former U.S. President who will remain un-named in this writing is supposed to have said once about lies, "Don't matter if it is a lie, tell it anyway, make 'em deny it!" Folks can manufacture lies faster than they can be denied or disproved. So, another way to make truth disappear besides muddying the waters is to tell so many lies so often, the truth gets lost in the blizzard of bull-crap. These are lie's lessons.

Our country is being run by a liar of earth-shattering power. In general, people lie for one of two reasons - to gain something or to avoid something. Trump is

a master at both. He wants to gain power only a king or dictator can wield and he wants to avoid accountability. He does not want folks knowing how much money he really has, or how much he may owe certain corrupt foreign leaders, so he gains folks's ignorance by avoiding the truth. He's also afraid of losing the 2020 election so he coerces foreign countries to lie on his behalf, and then lies about that.

He knows the value of repetition, repetition, repetition. Lie about something loud enough and often enough and you wear folks out, make them believe something simply because they have heard it so often. Repetition is irresistible. Advertisers know this. Good teachers have always known this and use the knowledge well for education purposes. Trump has perverted the practice, twisted it to unclean ends, with our constitution the worse for it. Truth disappears. You can use a shovel to bury truth, or you can unearth it, with the same tool. Lie's lessons from Trump the lie teller king.

Robert Roudebush
North Haverhill, NH

Robert,

Lies and even half-truths can indeed be very disruptive and disastrous depending on the circumstances. The problem lies in the fact that two people can look at the same set of statistics or facts, and come to completely different conclusions. Often how you look at any set of information is slanted by your beliefs before you even start reading, or listening. It can be very difficult, if not impossible, to look at any given set of information without those ideals you have within yourself slanting how you see the final conclusion.

I am not a US Senator, and therefore have no say in the current trial happening in Congress. I only hope that our elected officials can listen to the testimony, forget their preconceived thoughts, and come to a reasonable conclusion and therefore a verdict.

Gary Scruton, Editor

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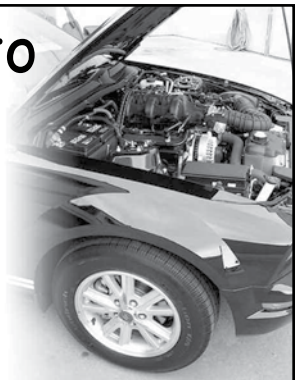
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What About Ma?

by Kellie Quackenbush

All About The Division Of Labor



In my house, as in many households, the various duties of maintaining the home are divided among my household. I call it "the division of labor", each member has set duties or chores and there are a few commonly shared duties that based on circumstance, time and need will get done with no particular "assignment". As my household gets smaller (let's face it, the kids do move out - sooner or later) there is more for me or my husband to do.

The division of labor is not a new concept, it dates back to the Neolithic Period, a time when people started farming, agriculture and staying in one place. Women who once were as fierce at being "hunter/gatherers" started staying behind and developed skills in weaving and pottery making. Men still went out to hunt and also tended to the fields and worked to domesticate or tame animals that would

provide milk, wool and meat. Today, the division of labor is very different but the dominance that men had gained during the Neolithic Period has not changed much. While our society and culture is still evolving, we still look at certain tasks to be gender oriented. Nursing is for females and plumbing is for males, etc.... The gender division is wrong, of course, there are many fine male nurses and there are many very skilled female plumbers. Which brings me back to home chores, it should be decided before marriage what the division of labor will be in the home.

My husband is in charge of everything outside of the house, which includes taking out the trash. Why would trash, that starts inside the house, be one of his outside chores? Because, trash should be outside and not smelling up my house in an overflowing trash can. Trash bags are heavy and a great

opportunity for "the man" to demonstrate his machismo. Yes, we women are perfectly able to take out the trash but why rob a man his opportunity to demonstrate a bit of machismo?

The time I spend not doing the trash is well spent on cooking, cleaning, doing laundry, taking care of bills, following up on pending political mayhem, did I mention cleaning the house?? I, once, left my husband in charge of cleaning the guest powder room, after a month, I decided to take a peek---ugh! It took a day, wearing a haz-mat suit, to find my lovely guest powder room (perhaps a bit of exaggeration here) but it WAS bad.

I go back to the division of labor, housework is in my domain and trash is in his. So, if by chance I do take out the trash and trip and hurt myself, the labor division shifts and I become the patient who is waited on, by my husband, until the injury is gone. Ma was great at dust-mopping until someone felt the urge to critique her work, she never dusted again and a certain critical somebody was stuck with the job forever more. Hm-mmmm--

Frank

by Elinor Mawson

The first time I saw Frank he was sitting up in the shopping cart being pushed by Claude. This was a strange sight since Frank was about 5 and Claude, a bachelor, was in his 60's. It wasn't long before I heard that they were father and son and a lawyer had made the arrangements for Claude to have custody of the boy.

Claude lived in a falling-down house with a junkyard surrounding it. You could imagine how it smelled inside and out. And I couldn't imagine how the State had allowed Frank to move in.

More gossip. It seems that Frank had been born to Pat who lived in another town. She was in her twenties when she had Frank, and he had resided in a crib for the first three years of his life. He couldn't walk or talk and had no social skills. Claude had discovered this and decided to go for custody. His lawyer was told that the house needed a bathtub, which was procured, and Frank moved in. And this is when I saw him in the shopping cart.

When Frank turned 5, he went to kindergarten. He looked lost and had no friends. He had learned to walk and talk -- somewhat -- but he had a tough year. When he entered first grade, his teacher took an interest in him and visited him at home. When she spoke to Claude he indicated that

keeping Frank's clothes clean was a real problem, so the teacher volunteered to do Frank's laundry.

Going on the school bus was excruciating for Frank. He was bullied by the older kids and soon he told Claude that he didn't want to go to school. When I heard about that, I volunteered to bring him to school each day. Frank was so happy to not go on the bus that he was right on time every day.

Once he invited me into his house, and, being curious, I went. It was pretty bad. Claude was in bed. I was ushered into another room where the tub sat -- it had the stickers in it from the store and was not connected to any water. But it was there! I didn't say much and left quickly.

As time went on, Frank would talk about Pat and her boyfriend George. They had decided that Claude needed help at home and were there every day. I had heard that Pat was developmentally delayed, as was George but they were always together. Once I saw a note from Pam to Frank's teacher and it was beautifully written and very articulate. It has always been a mystery to me.

When Frank was 9 or 10, Claude passed away. Pat and George continued to live in Claude's house and the lawyer was called in to make some decisions. It took a while but eventually it was decided that Frank would be adopted. A couple in a college town were selected, and Frank moved there. He changed his name to James during the adoption process. We were happy for him.

I only saw Frank one more time. It had been a few years and he was well over 6 feet. He didn't recognize me - whether on purpose or not. I told him I was happy to see him and wished him well.

Frank was a lucky boy, going from negligence to a better life. He had a lot of help along the way, and I hope he is doing something productive and worthwhile. And I wonder if he remembers the people that cared about him during his very interesting childhood.

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WES Classroom Corner

Third Grade

Third grade has been very busy!! We have completed the first multiplication chapter (understanding what multiplication means) and are starting to memorize the times tables. It is imperative that students practice these tables at home.

All classes are having lots of fun using Mystery Science. Miss Brown's and Mrs. Leete's completed the mini-unit on "Hibernation" and played a memory game showing some of the foods that bears eat. The students also learned how much food a bear needs to eat before they hibernate. Did you know that bear food favorites -salmon and trout - have more "food value" than blueberries and strawberries? Mrs. Knudson's class is currently working in the weather unit. They have learned about where and how clouds form. The class made a gas trap as an activity with that science mystery. Using a storm spotter's guide, the students learned how to predict when it is going to storm. Mrs. Leete's students are studying invisible forces, helping them become creative engineers by doing activities such as building bridges. Miss Brown's class is working in the "Animals Through Time" (Earth Science). So far, the students have been

on a "Fossil Dig", where they looked at the different layers of the earth to see that shells are in the layers below land animals. Next, the students will be looking at the time when dinosaurs lived.

In literacy, Miss Brown's class worked on informational reading and writing while gathering information and writing reports about "Holidays Around the World". The students researched an assigned country, took notes, wrote a paragraph on the computers (practicing our keyboarding skills) and shared their paragraphs with the class. Some holidays they learned about were Sinterklaas, Christmas, Hanukkah, Epiphany and New Year's Day.

In writing, Mrs. Knudson and Mrs. Leete's classes worked on writing their New Year's resolutions, hoping to make them stick! All the students are starting our opinion/persuasive writing unit. Students are learning to use strong thesis statements and evidence to support their thesis.

In reading, Mrs. Leete and Mrs. Knudson's classes are reading realistic fiction. Two of the books that are being read are "The Chocolate Touch" and "Freckle Juice", which the kids love! This has allowed the children to study characters, setting, and plot.

Winter Program News



James Ross, Principal
Woodsville Elementary School
(603) 747-3363

Last week, the students in school were treated to a musical day featuring guest instructors from WHS! The high school students created a day of rhythm, dance, and song which the WES students enjoyed tremendously! The "boom whackers" in first grade were a particularly big "hit"! A huge thank you to Mrs. Fleteau and Principal Chase for allowing the WHS to join us at WES.

Acceptance

Topics
Disability and Aging
by Cyndy Wellman



Accommodate:

Just like a person needs to change the way they do things. As we age or become disabled.

How about going camping? In an RV or tag along. Think about this for a moment. You must downsize, and plan where things are going. Can't have as much food. Unless you have a cooler for extra.

I went camping this last summer and watched people.

What brought me happiness: seeing everybody out-

side and moving. Not on the computer/cell phones. YES! Even dogs get to be with family. Instead of staying home alone all day. Spending time with those who care about you.

It was like people had the same feeling. As this 4-year-old boy riding a bike without training wheels for the first time. And wearing his spike helmet. He was so tickled pink.

Continue to smile/wave at your Camping neighbors!

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Bryan S. Gould
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Daytona Party: Slot Car Racing & Snowcross

LOUDON, NH: Kick off the 2020 racing season at the North East Motor Sports Museum on Saturday February 15th with free food and fun at our annual Daytona Party. The party starts at noon and runs until the end of the NASCAR Xfinity 300 which will be shown on our new 12x10 big screen! The party is free for museum members and kids under 12. If you're not a member become one the day of the event or pay \$10 for entry. Members, please bring your member cards for entry.



and talk racing with fellow friends and fans. Click here to get your tickets now or call 603-783-0183. All proceeds help support the museums mission of preserving and educating individuals about the history of motor racing in New England and the Northeast.

About: The North East Motor Sports Museum is

owned by the Racing History Preservation Group, a 501-c-3 educational non-profit organization that seeks to discover, preserve and share the history of motorsports in the Northeast. The 10,000 square foot museum opened on June 10, 2017 on the grounds of the New Hampshire Motor Speedway in Loudon, NH.

For one day only the 60 foot slot car drag strip returns to the museum for guests to test their reaction time and claim bragging rights. The slot car drag strip features a working christmas tree starting light, so don't red light! In addition to the drag strip the museum slot car oval will be zooming with many makes and models of cars.

Also don't forget to put the pedal to the metal on our iRacing Simulator. The simulator features 274 tracks and 102 cars. Rev up a midget car at the Chili Bowl or see how fast a NASCAR Cup car can go at Daytona. The simulator allows you to put any car on any track. On display as well will be two karts from Route 106 Race Park. Learn how you can go kart racing in 2020 at the party.

Giveaway prizes return to the party and will feature NASCAR die cast, memorabilia and free tickets to the NASCAR Modified and Xfinity doubleheader at NHMS in July. See new cars that have rolled into the museum such as the Richie Evans #61 Ghost Rider Modified or the wild 1940 Packard that drove from Peking China to Paris France in 36 days that was built in NH. Enjoy and explore our 25+ race cars and motorcycles and hundreds of artifacts.

Once things cool off at the museum the action heats up at the NHMS Flat Track directly behind the museum. For the first time The Flat Track will hold a snowmobile event featuring the Eastern Snocross Tour Championship starting at 4:30pm. For tickets and more info visit the NHMS website.

A variety of food will be served at noon so don't be late! Join us on February 15th to enjoy the museum

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by Cindy Pinheiro
to contact Cindy (aka Cin Pin)
write to the editor at
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Bacon Wrapped Water Chestnut Appetizer

Editor's Note: Due to ill health this column is a repeat from February 2018. Please wish Cyndy better health.

Hello hello again my fellow devoted chefs. Just saying, I'm done with snow. I don't about you but my hands want to plan flowers and vegetables Sorry skiers! My health update, I am back to my old routine of up chucking every night. My Dr. put in for an expedited first visit to

So let's get to this weeks recipe, that is quick and easy. Enjoy a little Asian appetizer they're Delicioso!

Ingredients

1 Can of WHOLE water chestnuts. Rinse and drain well.

1/3 lb. Bacon (I got a whole package, cut it in thirds, and used the center piece where there's more meat.)

1 cup of Soy Sauce

Round wooden toothpicks (try to get natural color) soak in water (count how many water chestnuts you have and soak same amount,

This process doesn't burn when the toothpicks are under the broiler.)

Put water chestnuts in small bowl and add 1 cup soy sauce mixed with 2 tbsp. sugar mixed in.

Toss so they are all mostly covered and turn occasionally marinating for 1 hour.

Wrap bacon around water chestnut and put toothpick in to hold.

Turn broiler on and broil



for about 10 minutes turning once. Cook to your desired doneness of the bacon.

Remove from oven and let stand for 10 minutes. Voila, Mangia, Enjoy !!!

I like my bacon done to a near crisp but it depends on the thickness of the bacon and any overlapped bacon so you do have to check.

I hope you like this easy peasy munchie.

Signing off till next time, Cin Pin

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