

A FREE PUBLICATION

# TRENDY



Next Issue: Tuesday, March 3  
Deadline: Thursday, February 27

# TIMES

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FEBRUARY 18, 2020 VOLUME 11, NUMBER 10

## Join ACT to Learn about the Little Brook that Changed the World!

FRANCONIA – Did you know that tucked away in the White Mountain National Forest is a little brook where groundbreaking environmental research is done? Sound intriguing? Then join the Ammonoosuc Conservation Trust (ACT) and the Abbie Greenleaf Library on Friday, February 28 from 6 to 7:30 p.m. at the Lafayette Elementary School in Franconia for the next program in ACT's Winter Speaker Series!

Spend the evening learning about "The Little Brook that Changed the World" with special guest speaker, Anthea Lavallee, the Executive Director of the Hubbard Brook Research Foundation. The Foundation supports numerous research projects on hydrology and forest ecosystems within the Hubbard Brook Experimental Forest. A 7,800-acre area tucked into the White Mountain National

Forest.

During her presentation, Anthea will discuss how the scientific teams working in the Experimental Forest explore the relationships between the plants, animals, air, water, and soils within the Forest. She will also share some of Hubbard Brook's discoveries including acid rain, the impacts of forest cutting on water quality and quantity, and climate change consequences. Lastly, Anthea will talk about how Hubbard Brook research affects our economy, ecology, culture, and quality of life in the Northern Forest.

ACT is delighted to be partnering with the Abbie Greenleaf Library in Franconia for this event. The program is free and open to the public, although donations are welcome and gladly accepted. Although the program is geared toward



adults and older children, all are welcome. Save your spot and help organizers by pre-registering at [act-nh.org/education-events](http://act-nh.org/education-events). Everyone pre-registered is entered to win a cool door prize!

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The Ammonoosuc Conservation Trust inspires and leads private, voluntary ac-

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# TRENDY Dining Guide

## Gather Together Cafe

by Gary Scruton

One of the very nice aspects of the Gather Together Cafe is that Erin and her crew are so accommodating to the public as well as to groups that are looking for a place to gather together. Janice and I actually walked to the cafe on a Sunday morning and discovered that both of Erin's downstairs meeting areas were occupied by groups of folks who needed a place to meet. There's probably no doubt that while there they had a cup of coffee or other morning beverage, and probably could not resist either a piece of some of those delicious home baked pastries, or maybe even got a more

complete breakfast dish like Janice and I. But the key is that they had a room that was isolated enough for them to have a private meeting while not disturbing other guests. Yet they were close enough to the kitchen to get service if they wanted or needed it.

As for Janice and me, we took the day's menu out to a small table in the glassed in front porch area, found a table, and sat to decide what breakfast would consist of this morning. The menu went from a 3 egg omelet to waffles, to a breakfast sandwich. Not to mention those aforementioned pastries.

When we made our choices we returned to the front counter and Erin came

out to see what our decisions were. I went with the 3 egg omelet. I included onions and asked for the sausage to be added right into the omelet itself. It also came with a good amount of cheddar cheese. There was also toast, a small cup of fruit and some yogurt on the side. Janice asked for a piece of Quiche. But due to some ordering mishaps and a very long week they had just run out of quiche and she changed her order to another omelet with red peppers, sausage, mozzarella cheese and onions. She had been debating between the quiche and the omelet so the substitution was more than welcomed. The best thing about ordering omelets while

eating out is that somehow the eggs get cooked perfectly, soft and moist and never tough and chewy. Of course we added coffees to our order to wake us up after our brisk walk down the street. The total for our meal came to \$26.60 including tax. We paid for it with a credit card right there at the counter. Janice then reached into her wallet for a cash tip that went into the jar on the counter.

With the bill paid Erin provided us with a pair of nice thick coffee mugs and we stepped to one side to pump out our own coffee. There were three thermoses to choose from. A medium roast, a decaf, and a dark roast. We got our choices and went back to our seats.

Each table in this area has a stack of "conversation starter" cards. We not only went through the ones on our table, but also swapped them with the table next to us. Some of the questions I recall are "What do you like the most about your hometown?" and "What is your favorite Sitcom?" Now either of those could certainly

take you down a long road, but we instead just breezed thru, anxious to get to the next question.

Erin brought out our meals after just a short time and we dug in. I noted that my omelet was served in a form I had never seen before. Instead of a half moon shape, it was shaped more like a meatloaf. Straight on both sides and curved on the ends. But it was delicious. Well cooked. Fluffy. Just what I had ordered.

Janice also enjoyed her well prepared omelet meal which included two pieces of toast, a small fruit cup and some yogurt for dipping.

Not long after we had finished our meals Erin came out to clear off our dishes, ask how things were, and to assure us that if we wanted more coffee, we could help ourselves. I did just that with another quarter cup of Java before we left.

The Gather Together Cafe is still a fairly new establishment in Woodsville (located on the corner of Central Street and Pine Street) but Erin and crew have already earned a good following of customers at the cafe. It's a warm friendly place to hang out on a chilly day.



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# Legislative Session Updates The Focus Of February NEK Chamber Legislative Breakfast

With the legislature hitting full steam, the Northeast Kingdom Chamber Legislative Breakfast for February will include more detailed reports on bills affecting the Northeast Kingdom. This month's session will be held Monday, Feb. 24, at 8 a.m., at the St. Johnsbury House, 1207 Main St., St. Johnsbury.

Some of the issues expected to be addressed are the state budget, carbon tax, health care, tourism funding, permitting issues, labor and economic development issues, education funding, taxes and fiscal policies. Longtime community leader Gretchen Hammer serves as moderator for the forums.

The chamber, which organizes the legislative breakfast series for Caledonia and southern Essex counties, would like to hear from the public on the legislative issues that will affect our region so they can relay these concerns to local legislators.

"The NEK Chamber has

received quite a bit of feedback from people who want the sessions to be Kingdom-centric, so we will continue to solicit local and regional issues and concerns prior to each monthly breakfast for the chamber to either research or the local legislative contingent to address," said Darcie McCann, chamber executive director.

McCann noted the chamber has worked very hard to carve out more time for breakfast guests to ask questions of the legislators to make these sessions as responsive and relevant as possible to the residents and businesses of the Northeast Kingdom.

The legislative breakfast series is sponsored by the Northeast Kingdom Chamber, with sponsorship assistance most recently from Beverly Manufacturing/LaBelle Holdings, Casella Waste Systems, Celtic Marketing, Community National Bank, Fairbanks Scales, Green Mountain Support

Services, Guibord-Pearsons & Sayles Funeral Homes, Lyndon Institute, Maple Grove Farms of Vermont, Myers Containers, Northeastern Vermont Regional Hospital, Northern Counties Health Care, Passumpsic Bank, St. Johnsbury Academy, Union Bank, Valhalla Corp. and Weidmann.

The breakfasts are held the last business Monday of each month from January to May, from 8 to 9 a.m. Please mark your calendars for the remaining 2020 dates of March 30, April 27 and May 18. The chamber would like to thank Kingdom Access Television, WSTJ and the Caledonian-Record for covering the sessions. There is a small fee to support the St. Johnsbury Meals on Wheels and St. Johnsbury House to attend the breakfast.

For more details, contact the NEK Chamber at 2000 Memorial Drive-Ste. 11, St. Johnsbury, VT 05819; call 802-748-3678; or e-mail director@nekchamber.com.

# The Witch of Love At Old Church Theater

by Gary Scruton

One performer referred to this performance as a "Cabin Fever Reliever". But by opening on Valentine's Day, "The Witch of Love" could also be viewed as a Love Potion (or spell) for those who want a break.

There is nothing but good things for me to say about the performance I took in on the second night of the opening season performance at Old Church Theater in Bradford for 2020.

The all female cast (even though one played the part of a man) interacted smoothly and with the feeling that they had always done so. Though most of the scenes consisted of only two actors the plot moved along well and the ending was really in doubt until very late in the performance.

It would be hard to single out any of those on stage or even the director (who sang for choc-

olate donations at intermission in a style that made the audience pay attention) as the top performer, but I must say that Marilyn Blaisdell fit the role of Aunt Ivy almost perfectly. From the slippers to the magic touch, to the soft words of encouragement, she was a dear.

Elizabeth Keith and Carrie Anne Quinn, portraying the two best (or maybe not) friends also excelled with their back and forth conversation. It really made the audience feel like

they were simply looking in on someone else's normal life.

Some praise also needs to be handed out to the local playwright who offered up her words and directions to Old Church Theater in order to get the year off to a heartfelt start.

A second weekend of performances will be coming February 21-23 so it's not too late to get your piece of "The Witch of Love" and have your heart strings plucked just a little or a spell cast your way.



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# How to "Capture" the Best Wildlife Images on Trail Cameras

STOWE, Vermont – Protect Our Wildlife is sponsoring a free wildlife presentation that will teach attendees how to capture the best wildlife images on trail cameras. The event will be held on Tuesday, February 25th at 7pm at Saint Michael's College in the Dion Family Student Center. "Camera 'trapping' is becoming a very popular activity for wildlife enthusiasts to connect with nature in a non-invasive way," said POW board member and conservation biologist, Jennifer Lovett.

The presentation will be led by Professor McCabe, an ecologist and field biologist who uses trail cameras to study the 17 (and counting) species found on cam-

pus and at other Chittenden county sites. He'll share the very best wildlife images that he and his students have 'trapped.' He'll also discuss the ecosystem benefits of a diverse mammalian community, including a healthy predator population.

"This educational event is one of many that we've had the privilege of sponsoring thanks to our donors," said POW Vice President Holly Tippet. "We plan to sponsor future educational events that focus on some of Vermont's most misunderstood and maligned species like coyotes and beavers."

This event is free and family friendly. RSVP is required to: info@protectour-wildlifevt.org



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Not all Times are Trendy, but there will always be Trendy Times February 18, 2020 Volume 11 Number 10



## Update: Woodsville - Haverhill Road Formula Legislation

In recent days, I have been asked, "Rick, how's it going in Concord?" In response, "I often reply, "Concord's still there...but, this session has certainly been challenging and politically charged." Getting business done has required intense listening, patience and working with friends on both sides of the aisle. We are fortunate, as Haverhill has gained much in the past year: successful funding and completion of the Woodsville High School renovation project (one of only three projects statewide); increased state funding aid for schools that can be used to off set property taxes, increased municipal funding, and a noticeable reduction in statewide use of drugs and other forms of substance abuse.

Recently, Senator Giuda and I were asked to introduce House Bill 414, designed to change the current statutory formula for the distribution of highway funds to the Woodsville Fire District from the Town of Haverhill. As a note, Haverhill is the only community in NH that has two highway departments established in statute directing that a proportionate share of the annual Haverhill highway budget along with a share of the state highway

block grant funds be directed to the Woodsville Commissioners. The last changes to this law were made by SB75 in 2009.

As recommended by the Selectboard, HB414 proposes a new highway distribution formula premised upon road mileage, not property valuation as in current law. As with any change, short and long term outcomes must be considered and differing views and ideas for or against should be heard. While discussing recommendations within the bill, I am hopeful that the community will not walk down the path of personalizing issues. If we start personalizing the intent of this bill, it will only become easier for leadership from Woodsville and the Town to discount each other's perspectives and motives and ultimately result in mistrusting each other. The underlining question at hand is the funding distribution formula and not community leadership. Ultimately, we are all working toward a viable, fair result in support of the common good of the community.

Following the senate hearing on HB414, a senator mentioned to me later that afternoon, "This is a hornet's nest." He is correct, local bills

such as this are very difficult to deal with on the state level. The Woodsville-Haverhill highway bill remains in the senate transportation committee and must be reported from the Senate to the House by March 26.

It is likely that part of HB414 will be amended to replicate the same formula used by DOT for allocating block grant funds to towns based upon population and road mileage. The selectboard and commissioners supported this change earlier. Other components of the bill, including definitions of "net operating budget" and "highway operating budget," along with the distribution formula for local highway funds remain undecided.

The legislature receives very few bills seeking resolution to singular town problems. In this case, the Senate has several options it could possibly take on HB414. The bill could receive ITL and be done. The bill could also be amended. It's possible that a provision stating, "the Haverhill Board of Selectmen and Woodsville Fire District Board of Commissioners shall amend and approve a highway distribution formula by a locally adopted memorandum of understanding or agreement by a date to be determined," could be added to the bill. This would shift authority for resolution to local leadership. If local action were not taken by the prescribed deadline, then default language as identified in the amendment or current law would prevail.

Respectfully submitted,  
NH Rep Rick Ladd, Haverhill



## Killing the Proposed Ski Tax

The Ways and Means Committee reviews all new bills involving taxation. As a member of the Ways and Means Committee, I was one of those tasked with reviewing the advisability of taxing lift tickets at our state's key resorts.

Over the past month, we have had several hearings, a full committee work session and finally an executive committee.

The well-meaning individuals thought a ski tax might be a good source of income to pay for scholarships for higher education. This would be a noble use of taxpayer funds. The sponsor's thinking is that a substantial percentage of skiers are from out of state and those that can afford to ski would likely pay a few extra dollars for a tax.

When considering tax bills, the Ways and Means Committee considers the unintended consequences of taxes. In this case, our reputation for low taxes as well as our natural resources make us the ideal choice for vacation. A ski tax could cause some vacationers to look elsewhere. While vacationers do not pay sales tax, they do pay meals and rooms taxes on their prepared meals and hotels and purchase alcohol and lottery tickets. The few million we

would obtain from the tax on lottery tickets would put the billions in business (and hundreds of million of state income) at risk.

Tourists have a choice of where to spend their vacation dollars and we welcome them in NH. Re-affirming our commitment to tax free ski tickets helps promote tourism in our state. A new tax that would suppress visitors would not be good for northern New Hampshire or the granite state as a whole. Raising revenue for the state for our schools, roads, police and many other essential services is important. But some taxes change the essence of what we call the "New Hampshire advantage." Maintaining New Hampshire's mystique adds to the arguments against this new tax.

I put forward the motion to vote down this bill (the legislature calls it "Inexpedient to Legislate". The final vote in the Committee was 20:0 in favor of killing the ski tax. The bill will be permanently rejected by a vote of the full House of Representatives on February 20th.

I appreciate the many comments I received about this proposed bill. Please keep me informed of any issue you may have.

*Jerry Stringham represents Lincoln, Woodstock, and Waterville Valley in Concord, serving on the House Ways and Means Committee. If you need to reach Representative Stringham, email [jerry@jerrystringham.com](mailto:jerry@jerrystringham.com).*

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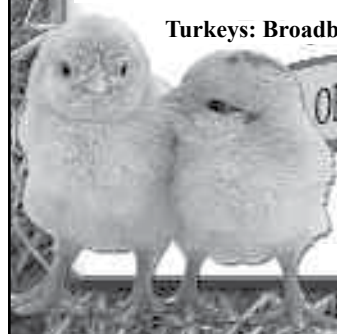
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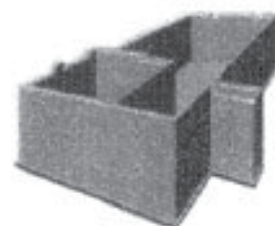
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# What I've Seen In Concord

by Sen. Bob Giuda  
(R-Warren)

Senate session, Thursday (yesterday). It snowed, I had to brush two inches off the car. DOT doesn't plow 193 north of Plymouth anymore. Slippery all the way to Concord. I called DOT this morning about the lack of plowing. They said they would get back to me (they DID get back to me). If they have stopped plowing, then obviously their budget is due for a good short haircut.

It was a long session, lasted until 4 PM. It was dark by the time I got home. Cat was overjoyed to see her person, AND to get dinner.

Knocked off all 15 bills on the consent calendar with one swift voice vote. None of them were very interesting, so I won't say more about them. Then we tackled the 37 bills on the regular calendar. I'll just mention the ones that seem interesting to me. SB 455 prohibiting discrimination against veterans or law enforcement personnel by the UNH. The committee had recommended Inexpedient to Legislate. A roll call vote overturned that 24:0 (unanimous) and we made it Ought To Pass on a voice vote. Dunno what that committee was thinking when it did OTP for a recommendation. PS. I sit on that committee (Ed & WFD).

SB488 and SB489 called for closer checking of NH absentee ballots looking for voter fraud. Would you believe 24 absentee ballots from the same out-of-state address, a college dorm room? Roll call vote on both. Democrats voted both bills down 14:10 (straight party line vote, all Democrats against, all Republicans for)

SB 287 PFAS in drinking water. Sets the limits on PFAS contamination down to a few hundred parts per TRILLION. Damn, that is low. Back when I took chemistry one part per million was about as small as the instruments could see. And we figured that one part per million of anything wasn't going to hurt anybody or anything. In-

strumentation has improved a lot since that Chem. class, now we can detect small amounts of anything just about anywhere.

SB496. After setting ridiculously low limits on PFAS we appropriated \$50 mil to help cities and towns meet those limits. Betcha we could have set the limits at one part per MILLION and saved the taxpayers \$50 mil. Roll call vote 24:0 (unanimous) passed it. Never say that Republicans won't spend tax money.

SB741 the born alive bill. Requires appropriate medical care for any infant born alive, even if the baby was born as the result of an abortion. Democrats called to table this one, roll call vote 14:10 (straight party line all Democrats for tabling, all Republicans against. That's probably the end of SB 741, although we might be able to pull it off the table later in the year. (Unlikely but possible)

SB263 about allowing parents with a sex offense to have custody of their children. I read this bill, and the language was pretty harsh, any sex offense and you loose custody. I feel custody decisions should always be made in favor doing the best we can by the child. In a case where there are some emotional bonds between parent and child and the sex offense is old, or minor, I would give the parent custody. I like to think that our DCYF staff could make this kind of decision properly.

And we broke at 2 PM to hear Governor Sununu give the State of the State address. He did well, he spoke of concrete things we have accomplished, and he presented heart shaped boxes of chocolates to the speaker of the house and the president of the senate. We Republicans stood and clapped for the applause lines, the Democrats mostly sat on their hands.

# A Glimpse of Intent

by Sen. Bob Giuda  
(R-Warren)

On January 30, NH's Senate Democrat majority provided a telling glimpse into their vision of "education" in the floor debate on SB583. This bill sought to add language to the "Criteria for an Adequate Education; Science" to specifically require curricula to study climate change – a controversial topic that has produced irrational student hysteria in some of our New Hampshire classrooms and around the world. As an example, according to a Nov. 2019 Reuters article, "Almost half of all Europeans fear climate change more than losing a job or a terrorist attack, a study by the European Investment Bank (EIB) showed on Thursday as EU lawmakers declared a "climate emergency."

The language of SB583 sought to change RSA 193-E:2, III to read as follows:

III. Knowledge of the biological, physical, and earth sciences, including climate and environmental sciences, to enable them to understand and appreciate the world around them.

During the debate, Floor Amendment 2020-0324s was introduced which would have added the following language to the Criteria for an Adequate Education in Civics:

IV. Knowledge of civics and government, free market economics, geography, and history to enable them to participate in the democratic process and to make informed choices as responsible citizens in a constitutional republic.

Thirteen of New Hampshire's fourteen democrat Senators, including the chairman of the Senate Committee on Education

and Workforce Readiness, voted against the proposed change to the definition of adequacy in civics.

As the partisan impeachment that weaponized our federal constitution to undermine the Separation of Powers mercifully draws to a close, what better demonstration could there possibly be for lawmakers to require better definition and greater understanding of our system of government? And as democrat presidential candidates continue to outdo each other in promising more and more "free stuff" with absolutely no possible way of paying for it, what clearer evidence could there possibly be for lawmakers to require better definition and greater understanding of our system of economics?

The partisan rejection of the proposed civics amendment provides a clear insight into the actions of New Hampshire's democrat-controlled legislature. Doubling down on their failed efforts last year to create new taxes, to choke businesses with more regulations, to attack our Second Amendment rights, and to spend us into an income tax, they now

reject teaching our children to understand the very systems of economics and government that granted freedom to more people than any other political system in history, and lifted more people out of poverty than any other economic system ever devised.

Our students need to learn about the economic and political systems that made our nation great. They need to be taught the true consequences of socialism which will rob them of freedom and prosperity – consequences which have driven millions of immigrants to leave their native homes and cross battle-torn lands and shark-infested waters to come to the United States.

Though the words of the proposed civics amendment were few, the implications of its partisan rejection are huge. There is possibly no better demonstration of the democrats' goal to fundamentally transform the world's greatest nation – and our state – into yet another socialist failure.

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- \* As a municipal department head, I am familiar with NH municipal budgeting, working with RSAs and DES regulations, and cooperating with local towns and state agencies to resolve issues and explore opportunities.
- \* In my current term I have followed my beliefs that government's two main duties are the safety of its' people (police, fire, roads, water, etc.) and spending your/our money wisely and with transparency. I plan to continue to make both duties my focus with your vote.
- \* Most of all, I promise to listen to the issues, learn about possible solutions, and serve all the citizens of the Haverhill community to the best of my ability.

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# Calendar of Events

A Full Page of Events from Local Non-Profits, Schools and Towns. Presented FREE by Trendy Times.

## WEDNESDAY, FEBRUARY 19

CHINESE CULTURAL CELEBRATION  
3:30 PM  
St. Johnsbury Athenaeum

## THURSDAY, FEBRUARY 20

VFW POST #5245 MONTHLY MEETING  
7:00 PM  
VFW Hall, North Haverhill

## FRIDAY, FEBRUARY 21

ACORN CLUB STORYTIME  
10:30 AM  
St. Johnsbury Athenaeum

## THE WITCH OF LOVE

7:00 PM See Article on Page 3  
Old Church Theater, Bradford

## SATURDAY, FEBRUARY 22

MARDI GRAS DANCE PARTY  
6:00 - 9:00 PM  
Fairlee Town Hall Auditorium

## THE WITCH OF LOVE

7:00 PM See Article on Page 3  
Old Church Theater, Bradford

## SUNDAY, FEBRUARY 23

THE WITCH OF LOVE  
3:00 PM See Article on Page 3  
Old Church Theater, Bradford

## MONDAY, FEBRUARY 24

NEK CHAMBER LEGISLATIVE BREAKFAST  
8:00 AM See Article on Page 3  
St. Johnsbury House, Main St., St. Johnsbury

## TUESDAY, FEBRUARY 25

CAPTURE THE BEST WILDLIFE IMAGES  
7:00 PM See Article on Page 3  
ST. Michael's Colleg, Burlington

## FRIDAY, FEBRUARY 28

ACORN CLUB STORYTIME  
10:30 AM  
St. Johnsbury Athenaeum

## THE BROOK THAT CHANGED THE WORLD

6:00 - 7:30 PM See Article on Page 1  
Lafayette Elementary School, Franconia

## SATURDAY, FEBRUARY 29

HAVERTHILL CANDIDATE PLATFORM  
2:00 - 4:00 PM See Ad on Page 7  
Morrill Municipal Building, North Haverhill

## MONDAY MARCH 2

HAVERTHILL SELECT BOARD MEETING  
6:00 PM  
Morrill Municipal Building, North Haverhill

## TUESDAY, MARCH 3

TOWN MEETING DAY IN VERMONT  
At a voting vooth & town hall in your town

## NORTHERN GRAFTON COUNTY REPUBLICAN COMMITTEE MONTHLY MEETING

7:00 PM  
Littleton Regional Healthcare

## WEDNESDAY, MARCH 4

THE CIVIL WAR, AND THE CREATION  
7:00 PM  
St. Johnsbury Athenaeum

## THURSDAY, MARCH 5

WOODSVILLE WELLS RIVER 4TH OF JULY MONTHLY COMMITTEE MEETING  
7:00 PM  
Woodsville Emergency Services Building

## SUNDAY, MARCH 8

BENEFIT TEXAS HOLD "EM POKER  
Cash 11:00 AM - Tournament 1:50 PM  
Moose Lodge 1779, Portland St, St. Johnsbury

## TUESDAY, MARCH 10

TOWN MEETING DAY IN NEW HAMPSHIRE  
At a voting vooth & town hall in your town

## THURSDAY, MARCH 12

ST. LUKE'S COMMUNITY MEALS  
5:00 - 6:30 PM  
St. Luke's parish House, Woodsville

ROSS-WOOD POST #20 SONS OF THE AMERICAN LEGION MONTHLY MEETING  
6:00 PM  
Post Home, 4 Ammonoosuc Street, Woodsville

## FRIDAY, MARCH 13

MOVIE NIGHT: "THE GHOST AND MRS. MUIR"  
6:30 PM  
St. Johnsbury Athenaeum

## SATURDAY, MARCH 14

NOTCH ABOVE PHOTO CLUB  
1:00 - 3:30 PM  
Bethlehem Public Library.

## TUESDAY, MARCH 31

FROM MODPUPIES TO WOOD TURTLES  
6:30 PM  
Fairlee Town Hall Auditorium

## FRIDAY, APRIL 3

VERMONT READS 2020 BOOK DISCUSSION AT THE CENTRAL CAFÉ  
5:00 PM  
Central Cafe, 418 Railroad St., St. Johnsbury

## MONDAY-FRIDAY, APRIL 13 - 17

GIANT PUPPET-MAKING WORKSHOPS  
2:00 - 4:00 daily  
Fairlee Town Hall Auditorium

## THURSDAY, APRIL 16

JAZZ JAM SESSION  
6:30 - 9:00 PM  
Fairlee Town Hall Auditorium

## Ongoing Weekly Events

### MONDAYS

NEK COUNCIL ON AGING'S HOT MEALS  
11:30 AM - St. Johnsbury House  
NOON - Darling Inn, Lyndonville

### BINGO - 6:00 PM

Orange East Senior Center, Bradford

TOPS (TAKE OFF POUNDS SENSIBLY)  
6:00 PM - Peacham School

KIWANIS CLUB OF ST. JOHNSBURY  
6:15 PM - VFW Post, Eastern Ave.

DRAWING FROM LIFE - 6:00 - 8:00 PM  
Joseph Patch Library, Warren

### MONDAYS/WEDNESDAYS

#### RSVP BONE BUILDERS

10:30 AM - 11:30 AM  
Linwood Senior Center, Lincoln

#### RSVP BONE BUILDERS

1:30 - 2:30 PM  
United Community Church, St. Johnsbury

### MONDAYS/THURSDAYS

ADULT INTERVAL AEROBICS CLASS - 6:30  
Woodsville Elementary School

#### GOLDEN BALL TAI CHI

8:30 - 9:15 AM - St. Johnsbury House

#### RSVP BONE BUILDERS

9:00 - 10:00 AM  
Municipal Building, Lyndonville

#### 9:15 - 10:15 AM

Congregational Church, East St.

Johnsbury

6:00 - 7:00 PM

Community Church, Concord

### MON./WED./FRI.

#### RSVP BONE BUILDERS

1:30 - 2:30 PM - United

Community Church, St. Johnsbury

### TUESDAYS

#### BREAKFAST BY DONATION

8:30 AM - 10:00 AM  
Horse Meadow Senior Center,  
North Haverhill

#### RSVP BONE BUILDERS

9 AM - 10 AM - St. Johnsbury House  
10:30 AM - 11:30 AM

Congregational Church, Danville

#### NEK COUNCIL ON AGING'S HOT MEALS

11:30 AM - St. Johnsbury House

NOON - Senior Action Center,

Methodist Church, Danville

NOON - Presbyterian Church, S. Ryegate

NOON - Darling Inn, Lyndonville

#### RSVP BONE BUILDERS

2:00 - 3:30 PM - East Haven Library

#### TOPS (TAKE OFF POUNDS SENSIBLY)

Weigh In 5:00 PM - Meeting 6:00 PM  
Horse Meadow Senior Center, N. Haverhill

#### EMERGENCY FOOD SHELF

4:30 PM - 5:30 PM  
Wells River Congregational Church

#### COMMUNITY DINNER BELL -

5:00 PM September 5- June 5  
All Saints' Church, School St., Littleton

#### AA MEETING (OPEN BIG BOOK)

7:00 PM - 8:00 PM  
St. Luke's Parish Hall, Woodsville

### TUESDAYS/THURSDAYS

#### RSVP BONE BUILDERS --

8:30 - 9:30 -- Monroe Town Hall

#### ACTIVE OLDER ADULT STRENGTH CLASS

1:30 PM

Woodsville Post Office, S. Court St

### RSVP BONE BUILDERS

2:00 - 3:00 PM - East Haven Library

### TUESDAYS/FRIDAYS

#### RSVP BONE BUILDERS

9:00-10:00 AM

St. Johnsbury House

#### RSVP BONE BUILDERS

9:30-10:30 AM

GRACE Art Gallery, Hardwick

#### GOLDEN BALL TAI CHI

8:30-9:30 AM

United Methodist Church, Lyndonville

### WEDNESDAYS

#### AQUA AEROBICS

Evergreen Pool, Rte 302, Lisbon

#### ADULT STRENGTH TRAINING

1:30 - 2:30 PM - United Community

Church, St. Johnsbury

#### BINGO - 6:30 PM

Haverhill Memorial VFW Post #5245

North Haverhill

#### CRIBBAGE - 7:00 PM

Orange East Senior Center, Bradford

### WEDNESDAYS/FRIDAYS

#### NEK COUNCIL ON AGING'S HOT MEALS

11:30 AM - St. Johnsbury House

NOON - West Barnet Senior Meal Site

NOON - Darling Inn, Lyndonville

### THURSDAYS

#### GROTON LUNCHES W/FRIENDS

10:00AM - 2:00 PM / Lunch @ 12:00

Groton United Methodist Church

### NEK COUNCIL ON AGING'S HOT MEALS

11:30 AM - St. Johnsbury House

NOON - Senior Action Center,

Methodist Church, Danville

NOON - Darling Inn, Lyndonville

ST PAUL'S BIBLE STUDY ON JAMES, 6:15

PM, 113 Main St., Lancaster

TOPS (Take Off Pounds Sensibly) --

Weigh-in @ 6:00 p.m., meeting @ 6:30

-- Monroe Public Library

### FRIDAYS

#### RSVP BONE BUILDERS

9:00 - 10:00 AM - St. Johnsbury House

9:30 - 10:30 AM

Grace Art Gallery, Hardwick

1:30 - 2:30 PM - United Community

Church, St. Johnsbury

WORSHIP UNDER THE TENT- 7 PM

100 Horse Meadow Rd, No Haverhill

AA MEETING (OPEN DISCUSSION)

8:00 PM - 9:00 PM

Methodist Church, Maple St, Woodsville

### SATURDAYS

STORY HOUR FOR CHILDREN - 10:15 AM

September thru May

Brainerd Memorial Library, No. Danville

### SUNDAYS

LISBON BIBLE CHURCH, WOOLSON ROAD

Sunday School 9:15 AM

Worship 10:30 AM Bible Study 6:00 PM

NORTH DANVILLE BAPTIST CHURCH (ABC),

Worship and Sunday School, 9:30 AM

Refreshments at 10:20 a.m.

CRIBBAGE - 1:00 PM

American Legion Post #83, Lincoln

## New Hours at the Haverhill Library

New Hours at the Haverhill Library at 67 Court Street in Haverhill Corner: Tuesdays and Saturdays—10:00 AM -2:00 PM; Wednesdays and Thursdays—3:00 – 7:00 PM.

In order to more closely adhere to patron use patterns, our library has adjusted its hours. Since we have experienced very low visits on Mondays, we have shifted those hours to days when demand is higher. We will open an hour earlier on Wednesdays and Thursdays for the convenience of school aged children and parents—at 3:00 PM and remain open until 7:00 PM. On Tuesdays and Saturdays we'll remain open an hour longer – until 2:00 PM.

We look forward to hearing from Library patrons about their reaction to this change and any suggestions they have to make our library more convenient to their needs. Drop by the library, or drop us a line at [mail@haverhilllibrary.org](mailto:mail@haverhilllibrary.org) Our Telephone number is 989-5578.

The Haverhill Library Association has provided library services to the Haverhill, New Hampshire community since 1880 and is supported by the voluntary contributions and efforts of local residents. We are located in the Historic District of Haverhill Corner in the upper Connecticut River Valley.

## 2020 Census: At Bath Library

The Bath Public Library presents "The 2020 Census", on Saturday, March 7th at 2 pm. A representative from the 2020 Census will answer all your questions and concerns.

Interested in becoming a Census Taker? All information will be provided during the program.

This program is free and open to the public.

For more information, please contact the Bath Public Library at 603-747-3372. We are open Tuesday through Thursday 9-12 and 1-6, and Saturday 9-12. Email us at [bathlibrarykjb@gmail.com](mailto:bathlibrarykjb@gmail.com)

## Reception To Honor Vesta Smith

The Haverhill Library Association will hold a reception honoring our now retired, and longest serving Trustee, Vesta Smith. Vesta has been a volunteer at our Library since 1977, and a board member since 1984, serving as President for 17 of those years and also as Secretary. And it wasn't only the library that she and her late husband, Victor, were involved in. They were active in the effort to save Bedell Bridge and helped get Haverhill Corner on the national Register of Historic Places. They also worked to preserve the Haverhill Academy buildings, including Pearson Hall and Alumni Hall -- Vesta served on the board of Haverhill Heritage, Inc. (Court Street Arts). She remains an active member of the Corner's First Con-

gregational Church and still serves as Moderator, along with in other leadership positions at the church, including the Women's Fellowship.

We hope her many friends in this community will join us in honoring Vesta's service to the library on February 22 at Alumni Hall. Those wishing to contribute to the event in any way, please contact our Librarian, Nanci Myers at [mail@haverhilllibrary.org](mailto:mail@haverhilllibrary.org), or by telephone at 989-5578

The Haverhill Library Association has provided library services to the Haverhill, New Hampshire community since 1880 and is supported by the voluntary contributions and efforts of local residents. We are located in the Historic District of Haverhill Corner in the upper Connecticut River Valley.

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## Acceptance

Topics

*Disability and Aging*  
by Cyndy Wellman

### Cheap is hurting YOU!

Eating out at fast food restaurants, inexpensive vitamins to lotions. Items you need. Try and seek ways to substitute. I know some of you really can't afford name brands / fancy restaurants. (Neither can I) It's harmful, quick way \$'s get thrown away. You're stimulating the wrong way. Look for bargains, save coupons. Read labels! Try to cook at home. Have fun and experiment cooking / baking. You'll feel better in the end.

Let's focus on your En-



ergy Booster. Daily wake up call. You as an individual, should get into the habit, of drinking a glass of water. Not town water! Also, for breakfast. Suggest getting protein into you. You will notice a change throughout the day. If you can take Co enzyme Q10. It does wonders for your precious heart. And gives you energy. Thought I would share these pointers.

Try to stay away from energy bars. Not as good, as

you think. Same with low sodium/sugar in certain foods. Read those labels and compare!

Some suggestions on inexpensive snacks/desserts:  
Frozen chocolate banana  
Chocolate milk  
Fresh fruit  
All fruit Popsicle  
Graham cracker with peanut butter  
Pudding  
Trail Mix with dark chocolate pieces.

Any kind of nuts, dry cranberries. You can add mini pretzels. Cheerios will add flavor also.

Really can't emphasize the importance of staying healthy. Not chemicals that cause illness! Train for healthier ways and keep your brain active!

Treat your body better!

## Want to Connect to Other Readers?

### Join the Bath Book Club!

The Bath Library Book Club will be discussing "Running North: A Yukon Adventure", by Ann Cook on Thursday, March 12th at 5 pm at the Bath Public Library.

What happens when a woman and her husband move their family from New Hampshire to Alaska to train a team of purebred Siberian Huskies for the world's toughest dogsled race, the Yukon Quest? They endure thousands of miles of lonely training in the Yukon trying to avoid thin ice, wolves, and rogue moose; they put up with the amused skepticism of Alaskan locals; and they pit themselves against the ultimate, fickle adversary --

nature. RUNNING NORTH is the true story of how Ann Cook, her husband, George, and their young daughter, Kathleen, moved to Alaska and how their Siberians became the first team from the lower forty-eight states to finish the Yukon Quest.

Books may be picked up at the Bath Library; hours

are Tuesdays, Wednesdays and Thursdays 9:00 am to noon and 1:00 pm to 5:00 pm and Saturdays 9:00 am to noon. Anyone with an interest in reading and conversing about books is welcome to attend. For information, please contact the library at 603-747-3372 or email [bathlibrarykjb@gmail.com](mailto:bathlibrarykjb@gmail.com)

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## HAVERHILL CANDIDATES' PLATFORM

**Saturday, February 29**

**2:00 - 4:00 PM**

**Morrill Municipal Building**  
(Town Office Building) North Haverhill

**This Platform is being held to allow all Candidates for Haverhill Town Offices a chance to answer questions from voters about current issues, future plans or whatever.**

**In order to be on the 2020 Haverhill Ballot a Candidate must have signed up before Friday, January 31.**

**Write in candidates can still run for office.**

**Positions to be voted on during balloting on:**

**Tuesday, March 10, 2020 include:**

**Two Selectboard Seats (Both are 3 year terms) Six Candidates Are Registered.**

**Current members are: Fred Garofalo & Thomas Friel Also Running Are:**

**Glenn English, Chuck Fenn, Gary Hebert & Steve Robbins**

**Moderator (2 year term) currently held by Jay Holden**

**Supervisor of the Checklist (6 year term) currently held by Carol Norcross**

**Cemetery Commissioner (3 year term) currently held by Robert Rutherford**

**Trustee of Trust Funds (3 year term) currently held by Marie Bigelow**

**Two School Board Seats (Three Year Terms) Nate Swain & Don LoCascio running**

**One School Board Seat (1 Year Term) Gary Chase & Charles Fenn, Jr. running**

**One Candidate for each seat: Nate Swain, Don LoCascio & Charles Fenn, Jr.**

**School Moderator (1 year term) currently held by Jay Holden**

**This Platform is Sponsored by Trendy Times as a Public Service.**

**For more information contact Gary @ 747-2887 or email [Gary@TrendyTimes.com](mailto:Gary@TrendyTimes.com)**

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Fire photos courtesy of Joe McQueeney

Brushwood Road fire on February 10 saw many firefighters leave their jobs to help. No injuries reported.



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## MATT WOODS MEMORIAL ICE FISHING DERBY

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We would like to take this opportunity to thank our sponsors, contributors, participants and all those who helped to make the 5th Annual Matt Woods Memorial Ice Fishing Derby a great success. Thank you all for your support.

Amoskeag Beverages	Jason Hubbard
Blackmount Country Club	Joe Hurley
Blackmount Equipment	Lisbon Village Pizza
Bossmen Outdoors	Littleton Motorsports
Calkins Inc.	Lyman Racing League
Coca-Cola	Maplewood Country Club
Corey's Sport Shop	Moore Dam Honda
Country Kitchen Bakery	New England Wire Technologies
Craig Bailey	New Hampshire Distributors
Dale Colby Auto Body	P&D Quickstop
Dodge's Sugar Shack	Patten's Sporting Goods
Du-Ez In and Out	Pepsi-Cola
Frito Lay Dist.	Phil & Donna Clark
Gateway Sports	Polly's Pancake Parlor
George M Stevens Insurance	Riverside Market
Harry's Raiders	The Brick Store
Hatchland Farms	Todd Rollins
Heathen Design Co.(Nate Heathe)	Tom & Karen White
Hunkins & Eaton Insurance	Tucker Clark
Iron Furnace Brewing	Woodsville Guaranty Savings Bank

# WELLS RIVER Presidents' Day SALE

<b>2018 Kia Sorento</b> #40631, LX, AWD, 3.3L, 7 Passenger <b>\$19,985</b> \$236 /mo	<b>2018 Chevy Equinox</b> #40632, LT, AWD, 1.5 Turbo, MyLink Audio, Back Cam <b>\$19,985</b> \$236 /mo	<b>2016 Ford Escape</b> #40627, Titanium, AWD, 1.6L Turbo, Htd Leather, Moonroof <b>\$18,989</b> \$247 /mo
<b>2015 Chevy Escape</b> #50033A, LTZ, AWD, 2.4L, Htd Leather, Moonroof <b>\$17,918</b> \$240 /mo	<b>2019 Dodge Grand Caravan</b> #40644, SXT, 3.6L, Quads, Stow-N-Go, Leather <b>\$19,925</b> \$235 /mo	<b>2017 Chevy Equinox</b> #40615, LT Sport, AWD, 2.4L, Htd Leather, Moonroof, Black Alloys <b>\$20,998</b> \$273 /mo
Save \$10,000 on Select In Stock 2020 Silverado 1500 Crew Cab Custom 4x4s		
<b>2014 Toyota Tundra</b> #50080A, TRD Off Road, Crew, 4x4, 5.7L, SR5, 1 Owner <b>\$29,910</b> \$399 /mo	<b>2016 Toyota Tacoma</b> #39327A, SR5, Crew, 4x4, 3.5L, Htd Leather, Tow Package <b>\$27,769</b> \$360 /mo	<b>2017 Chevy Traverse</b> #40632, LT, AWD, 3.6L, Quads, Htd Seats, Nice <b>\$25,771</b> \$334 /mo
<b>2017 Chevy 2500</b> #50089A, LTZ, Crew, 4x4, 6.0L, Htd Cooled Leather, Moonroof, NAV <b>\$47,974</b> \$620 /mo	<b>2017 Ram 2500</b> #50041A, Tradesman, Crew, 6.4L, Lift Kit, Wheels, 37" Tires, 6K Miles <b>\$39,883</b> \$516 /mo	<b>2016 GMC 1500</b> #40637, Elevation, DBL, 4x4, 5.3L, Blacked Out, 20's <b>\$29,970</b> \$388 /mo
<b>2016 Chevy 1500</b> #40619, LT Z71, DBL, 4x4, 5.3L, All-Star, 1 Owner <b>\$29,944</b> \$388 /mo	<b>2015 Chevy 2500</b> #50020A, High Country, Crew, 4x4, Duramax, Allison, Sunroof, 1 Owner <b>\$48,965</b> \$651 /mo	<b>2017 Chevy 1500</b> #39278A, Rally, DBL, 4x4, 5.3L, 20's, Tow Package <b>\$27,950</b> \$362 /mo

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# Shriners

by Elinor Mawson

Our granddaughter was born with a club foot. Before she left the hospital, her foot was encased in the smallest cast we had ever seen. The cast was changed every week, and because her mother didn't have a car, she was dependant on either her mother or I to transport Lissa to the doctor. Her appointments were at the end of the day, and sometimes the doctor would leave his office before his appointments were over. I objected strenuously to this, needless to say.

It wasn't long before I decided to look elsewhere for an orthopedist. And because my father was a Shriner, he suggested we give Shriner's Hospital in Springfield Mass. a try. He sent for the paperwork and we began the process. It was daunting. It involved a lot of legwork, photographs, her birth certificate, and a lot of time and energy. Somehow we got it done and an appointment was made.

Springfield was about 2-1/2 hours away. We picked up Lissa and her mother and off we went. At the time, the hospital was old and dated. But the people there were wonderful, and Lissa's appointment went well. We were told that she would be in either a cast or a special shoe and possibly an operation would take place. We were given a series of exercises to perform every day and she would be seen every month.

Time went on. We would make to trip to Springfield many many times. When Lissa was 2 they scheduled her operation. Her mother accompanied us to the hospital and arranged to stay for the week Lissa would

be there. We were very concerned about the operation and wished we could have it instead. I took her into the operating room and sang "Zippedy do da" while she was being put to sleep. I felt like a horrible person when I left her.

Her operation went well, and we returned to Springfield in due time and brought them home. Lissa was in a cast and we were told to not let her walk on it. The following day I saw her brother at school and he announced that Lissa was walking all around! I panicked, left school and went to see her. Her cast was just like a sponge! I took her home, called my husband and returned to the hospital. She was put in a stronger cast and we were told if she walked on this one she would have to come back and stay at the hospital until it was time for the cast to come off.

We went home and I called and quit my job. We rented a child's wheelchair and Lissa and I spent the next three months at my house. I loved having her there and we had a good time, but her attention span was about 2 minutes. We read and sang and she played with a small kitchen that we had set up for her. Every so often I would take her to see her mother and siblings but I was very watchful that she didn't walk on her cast. I also used the time to get her potty trained

to which she cooperated happily'.

The three months finally passed and the cast came off. We continued to go back and forth to Shriners where she was carefully monitored. At one appointment, she looked around at the other kids in the waiting room and whispered to me, "Gram! There;s something wrong with every kid in here!" It never occurred to her that anything was wrong with her.

Lissa was treated at Shriners until she was 18 years old. She was able to run and play and do physical activities just like everyone else. It was a real committment for us to see the pricess through but very worth it. And, thanks to the Shriners, there was no cost involved.



To welcome their new cook, Sharon Sanville (left). She is pictured with Assistant Cook, Cindy Sawicki (center) and Michele Coparannis, Mealsite Manager. Sharon worked in a variety of kitchens and restaurants in Derby and the North Country Hospital. She brings experience in culinary operations, menu planning, and ordering and inventory. She is excited to bring her skills and knowledge in the development of nutritious meals for the community. The Burke Senior Meal Program offers congregate and home-delivered meals Mondays, Wednesdays, and Fridays, at noon, in the Community Building in West Burke.

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**1999 FORD F250 4X4 Regular cab,** 8' bed, 8" lift, set of 4 - 35x12.50R17 & 35x12.50R20. Needs tires and trans speed sensor. \$3,500 or BO. Call Mike and leave a message 603-838-2826 03.03

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### Letter to the Editor

To the Editor,

The New Hampshire Fire Arms Coalition is mailing a broadside condemning me for SB677. I would like to set the records straight.

SB677 was proposed some time ago by the governor. It was supposed to offer court protection to vulnerable adults. Older people whose faculties were failing or unfortunate people who never had much in the way of faculties, or older people lacking family to take care of them. Back then it seemed like a good idea. All of us Republicans signed up as sponsors or

Senator Starr;

*Let me start by thanking you for your service. Not only as a USAF veteran, but also as a current member of the NH State Senate.*

*Gun legislation of any nature seems to be a major step for everyone. Legislation that is*

co-sponsors. Since then the anti gun people got a hold of it and slipped in wording that allowed police to confiscate firearms from anyone who seemed to be connected in any way with the vulnerable adult. I looked at SB677 yesterday and that objectionable language was gone, or at least I could not find it after read1ng the bill thru twice. As of right now SB677 is 11 pages long. It's wordy with large sections of it duplicated in several places. It contains a lot of complicated words that could rise up and bite us. I plan to vote against SB677 just

because I cannot be sure what it will do.

I should also say that I am a gun owner, I am an NRA member, I am a USAF veteran, and I am a member of the Alderbrook Sportsman's Association which has a shooting range in Littleton. I am a firm supporter of the second amendment.

David J. Starr Senator  
NH District 1  
Blog: <http://www.newsnorthwoods.blogspot.com>  
603 823 5319  
22 Ridge Cut Road  
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*edited to be so complex that it becomes difficult if not impossible to understand can also be a major tripping hazard. In my humble opinion any legislation should be written clearly and as concisely as possible. If not, then take it back to those who wrote it to get it right.*

Gary Scruton, Editor

### Letter to the Editor

Dear Editor,

"Gee, where are all the children?!"

"Look, here comes the yellow school bus! And, there goes another one!" "Gee, let's wave to the little kids on their way to school so we can wish them a great day! But, wait, there are no kids!! All I can see is the driver. But where are the kids?"

I'm sure many North Country residents have scratched their heads, and asked themselves the same question when seeing empty school buses rolling over our North Country roads, and seeing no little heads in the windows of the big, yellow, school buses!

What happened to the environmental concerns so prevalent here in the North Country?! Where are those environmental advocates who want solar panels, pellet silos, and electric cars when we need them? These environmentalists clamor for new clean energy, but allow school boards to contract with WW Berry Bus Company to run large, 72-seat buses, which often times, run empty.

I think I understand why many parents of Lafayette Regional elementary school and other area schools drive their children to school every morning, and pick them up every afternoon. I wouldn't want my child to stand out in the frigid cold of North Country winters. It makes sense.

Nick,

*If you have read many of my responses you know that I very much encourage voters to vote. Go to budget hearings, school and town meetings to listen and then vote. They are your tax dollars, as well as those of your neighbors.*

*Regarding the school buses in particular, it is certainly annoying to see them empty. .*

*Unfortunately there are fewer and fewer small*

However, there should be more of an in-depth analysis by SAU 35 and the administration of Lafayette School to determine the exact needs of transporting the children to/from school every day. With a little more creative effort, I'm sure the administration and the superintendent of SAU 35 as well as the Business Manager could ascertain a more tax-friendly expenditure for "contracted services in the area of transportation." Before putting out to bid, perhaps a "college computer geek" could be hired to create an algorithm based upon "past practice of transportation trends" to determine the exact transportation needs of that school? I'm sure the cost of the "geek" would more than offset the savings that could be garnered.

Perhaps smaller buses could be used at certain times of the day? Perhaps, a taxi could be used to pick up the few, individual students who do not use the bus in the morning and the afternoon. Certainly, it is understandable that larger buses would be needed to transport teams and equipment to sporting events and field trips.

According to the "LAFAYETTE REGIONAL SCHOOL PROPOSED OPERATING BUDGET, 2020 - 2021," the taxpayers are being asked to support an increased school budget of \$2,917,289.00 for a total

student population of 106 students, which has been steadily declining for the last decade. Last year's budget was \$2,856,029.00 while the previous year's was \$2,704,477.00. So, we have an increasing budget with a declining school population!

While some good things are happening for the students by the administration and the staff, the waste of money spent on transporting children to/from school has steadily increased from \$142,811.00 in 2018-2019 to \$147,737.00 in 2019-2020, to this year's proposed figure of \$152,079.00! while gas prices are down under President Trump's leadership of making America an exporter of energy!

"A thousand dollars here, a thousand dollars there" in another proposed local town or school budget doesn't make sense, nor does it help those receiving a 1.6% increase in Social Security !!

And, this is just the start of the "Public-Give-Me-Season" known as "Budget Proposal and Town Meeting" for the proposed budgets of area towns, schools, and the elusive Grafton County budget!

Taxpayers should rise up, and speak up before your pockets are picked clean by the circling vultures!

Nick De Mayo  
Sugar Hill, NH

*outfits that can operate buses, or many other school or town purchased services. Therefore big companies come in with scale being a more important aspect. Therefore using a big bus even when half empty is cheaper than buying an additional, though smaller, bus. So keep asking questions until you get a reasoned answer.*

Gary Scruton, Editor

### Letter to the Editor

To the Editor,

Primary season is inundated with political ads. One candidate in particular makes me sick. Tom Steyer.

I am reading the book Secret Empires by Peter Schweitzer. There is a small section in the book about Tom Steyer.

He claims to run about fixing global warming. Most of his wealth was made by investing in coal companies in Indonesia and Australia. President Obama, who was visited several times by Tom Steyer, had a war against the coal companies in our country, with a result of coal stocks hitting rock bottom and companies going out of business. Tom Steyer bought stock at these rock bottom prices

He also bought stock on

Linda,

*I'm afraid your timing was a little off as I received this letter on Friday the 7th and the NH Primary was on the 11th. By the time this edition of Trendy Times is published, hopefully, we will know the results of that primary and the candidates will have moved along to the next round. Of course the Vermont Presidential Primary happens on Tuesday, March 3 which is also Town Meeting Day.*

*I do want to thank you for your comments any way. It is important for the general public along with the media to pass along all of this information. Of course not every little tidbit will hit news columns or the airwaves. There simply is not enough time for everything when there are so many candidates. Even saying that I urge voters to learn what they can before making a decision. Then take the time to vote. For those New Hampshire readers who did vote, thank you. Now it's time to look at very local politics with town meetings. Then it will be on to state primaries in late summer, and the general election in November.*

*In the meantime, stay informed, and please keep sending your letters my way. It is one path of education.*

Gary Scruton, Editor

FreightCar America which made special freight cars to carry coal.

At the same time of these purchases he was speaking about climate change, buying up shares on the cheap.

He voiced his opinion against the Keystone Pipeline but bought stock for a pipeline in Canada.

Tom Steyer is a hypocrite. Making trades, buying cheap stock and having access to the White House.

And he calls Trump a hypocrite.

Where is the media regarding this info? I borrowed the book from the library. The information is out there. Why were no questions on any of the debates concerning this info? Voters need this information.

Linda Riley  
Meredith NH

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## Be Aware of Social Security Myths

Social Security can be one source of retirement income for you and your spouse. To maximize your benefits, you'll need to make some key decisions and be aware of some common myths.

- Myth 1: Always take Social Security early. You can file for Social Security benefits as early as 62, but you could get 25% to 30% more if you wait until your "full" retirement age (likely between 66 and 67). You can receive even more if you wait until 70, at which point your benefits will "max out." However, there's no right time to file for everyone – it depends on your situation, including factors such as your life expectancy, employment, financial need and spousal considerations.

- Myth 2: When you claim Social Security won't affect your spouse's benefits. This is not true. How much you receive in Social Security can affect your spouse's benefits while you are alive (spousal benefits) and after you've passed away (survivor's benefits). Your spouse could receive up to half of your retirement benefit, offset by his

or her own benefit, so the longer you work before collecting Social Security, the greater the potential spousal benefits. For survivor benefits, your spouse would receive 100% of your benefit or his or her own, whichever is larger, so when you file affects how much your spouse would receive if you pass away early. In any case, you'll want to consult with the Social Security Administration about how much your spouse can receive, as his or her own benefits can also affect your decision-making.

- Myth 3: You can't work during retirement and collect Social Security. Yes, you can. But if you start receiving Social Security before your full retirement age (likely between 66 and 67), you can only earn up to \$18,240 in 2020 and still get your full benefits. Once you earn more than this, Social Security deducts \$1 from your benefits for every \$2 you earn. But during the year you reach full retirement age, you can earn up to \$48,600 without your benefits being withheld. If you exceed this amount, \$1 will be deducted for every \$3 you earn during the months before you attain your full retirement age. Social Security will increase your benefits when you do reach

full retirement age to adjust for the previous work-related withholdings. So, if you plan on working and receiving Social Security, it may not make sense to file if most of your benefits will be withheld. Once you reach full retirement age, you can earn any amount without losing your monthly benefits, although your benefits could still be taxed.

- Myth #4: Social Security will provide for all my needs in retirement. Social Security will provide about a third of pre-retirement income, on average, according to the Social Security Administration. Consequently, you'll probably still need other sources of retirement income because Social Security alone most likely won't be enough to meet your needs. So, throughout your working years, contribute as much as you can to your IRA and your 401(k) or other employer-sponsored retirement plan. Combining these income sources with Social Security can help improve your chances of enjoying the retirement lifestyle you've envisioned.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

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### Earlene Jane Wetherbee: OBITUARY

East Ryegate, VT - Earlene Jane Wetherbee, 76, of North Bayley Hazen Road, died on Wednesday, February 12, 2020 at the Grafton County Nursing Home, North Haverhill, NH.

Earlene was born on December 13, 1943 in St. Johnsbury, VT to Ulric and Della (Frost) Legare. Over the years, she worked as a manager for Legare's fruit stand, at Perry Oil, McFarland House in Barre, VT, Ames Department Store in North Haverhill, and as a home healthcare aide for Brookside Nursing Home in Bradford, VT.



Earlene was a longtime member of the First Baptist Church of Groton, served as a trustee for the Whitehill Homestead in North Ryegate, and volunteered with Woodsville Ambulance and the Red Cross. She was the office manager for Cathedral Pines Campground in Eustis, ME. Along with her husband, Bernie, she wintered for 20 years in Zephyrhills, FL. While in Florida, she enjoyed participating in a creative writing club and being a member of the Red Hat Society.

Earlene is survived by her husband, Bernard O. Wetherbee of East Ryegate to whom she was married on May 27, 1988; four daughters, Debbie Griggs and husband Scott of Orange, VT, Darlene Daniels and husband Larry of Groton, VT, Dianne Gove and husband Jim of Evans, GA, and Gee Gee Moyse and husband Duane of Monroe, NH; 16 grandchildren and 19 great grandchildren; two step children, Cary Wetherbee of Rumney, NH and Sta-

cey Cass of Orford, NH; two sisters, Beverly Hatch and husband Cliff of Groton and Myrtie Beck and husband Kendall of Ryegate; as well as nieces, nephews, and cousins.

She was predeceased by her father, Ulric Legare on July 20, 1980; her mother, Della L. Legare on January 7, 1992; an infant brother, Merrill Alden Legare; a brother, Merrill Dean Legare on March 29, 2018; a niece, Juli-Ann Beck on December 7, 1981; and a nephew, Todd Hatch on November 11, 1988.

There will be no calling hours.

A memorial service will be on Saturday, February 29th at 11 AM in the First Baptist Church of Groton, VT with Pastor Dennis Walton, officiating.

In the spring, burial will be in the Groton Village Cemetery.

Memorial contributions may be made to the Norris Cotton Cancer Center, Dartmouth Hitchcock Medical Center, One Medical Center Drive, Lebanon, NH 03756 or to the Alzheimer Research Forum at <http://www.alzforum.org>

For more information or to offer an online condolence, please visit [www.rickerfh.com](http://www.rickerfh.com)

Ricker Funeral Home & Cremation Care of Woodsville is in charge of arrangements.

#### TRENDY TIMES STAFF

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Trendy Times reserves the right to accept or reject publication of any letter to the editor or submission of any nature for any reason. *Of course you will need to be really out there for us to turn you down.* We also reserve the right to make slight changes to submissions for readability purposes.

Thank you for your understanding.



**TRENDY TIMES**  
A FREE PUBLICATION

## Suzanne Lee Medlicott: OBITUARY

Piermont, NH - Suzanne Lee (Rykken) Medlicott died peacefully on February 1, 2020 at the Grafton County Nursing Home after a long illness.

She was born in Bellingham, WA in 1927 to Dr. Felix C. Rykken and Agnes Lee Rykken. She graduated from the Northampton School for Girls and from Smith College in 1949 as a music major. She married Alexander "Joe" Medlicott in 1950 and the couple moved to East Longmeadow, MA where their three children were born. She embraced child rearing and home management with a loving dedication.

Years later, as a resident of Seattle, WA, Storrs, CT, Deerfield, MA and Piermont, NH, she rekindled her passion for music, performed in chamber groups, and taught her granddaughters the violin and cello. She also pursued her love of horses and kept several at her home where she took dressage lessons and rode a highly-trained stallion until she was in her 80's.

Suzanne was an avid gardener, a lover of animals and the natural world, a voracious reader, and an excellent cook.

She leaves her husband of 70 years, Alexan-



der "Joe" Medlicott, three children, Alex Medlicott and his wife, Kristi Medill of Piermont, NH, Peter Medlicott of Frankfurt, Germany and Susan Medlicott and her partner, Jan Stenson of Whatley, MA, two granddaughters, Allethaire Renninger and her husband, Kyle of Raleigh, NC and Emilia Sales and her husband, Eric of Granby, CT, and four great-grandchildren. She was predeceased by her parents, a brother, and a sister.

A family memorial is planned for the spring. In memory of the holiday meals she lovingly prepared for so many, her family encourages donations in her memory be made to Barbara's Red Stocking, in care of Susan Taylor, Treasurer, 118 Indian Pond Road, Orford, NH 03777. Hale Funeral Home of Bradford, VT is handling arrangements.

## Rodney Roger Rood: OBITUARY

Groton, VT- Rodney Roger Rood, Sr., 70, of Ricker Mill Road, died on Wednesday, February 5, 2020 at the Berlin Health and Rehab in Berlin, VT.

Rodney was born on November 19, 1949 in Corinth, VT to Clifford Henry and Bernice (Comstock) Rood, Sr.

He served in the Army National Guard based in Bradford, VT for 23 years and worked for the Town of Corinth highway department for 16 years.

Rodney enjoyed hunting and being with his dogs, Gus, Sassy, and Sarah. He loved attending flea markets, buying, selling, and swapping items, as well as attending the Monday night auctions in Bradford, VT. He was a member of the American Legion.

Rodney's family will remember his great sense of humor and that he always had a can of Pepsi in his hands. He was known for his sarcastic wit and was a great grandfather to his grandchildren.

He is survived by his son Rodney Rood, Jr. and wife Julie of Groton, VT and their daughter, Ashley Kennedy

and husband Joshua and their children Cobin and Camden Kennedy along with their son, Jordan Rood and fiancé Madison Smith; his son Ralph Rood and fiancé April Dyke of Wells River, VT and his son Jaybyn Rood; and his daughter, Robin Shaw and husband Eric of Bradford, VT and four grandchildren Trinity Shaw, Austin Palmer, Riley Palmer, and Tyler Palmer and Eric's sons Dylan and Drew Shaw. Also surviving is a sister, Caroline Rood of Corinth and several nieces and nephews.

He was predeceased by two brothers, Clifford Rood, Jr. and Russell Comstock.

There will be no calling hours.

A graveside service will be on Thursday, May 28th at 10 AM in the Groton Village Cemetery with Pastor Candace Ricker of the Groton United Methodist Church, officiating.

For more information or to offer an online condolence, please visit [www.rickerfh.com](http://www.rickerfh.com)

Ricker Funeral Home & Cremation Care of Woodsville is in charge of arrangements.

## Patricia Ann "Pat" Smith: OBITUARY

Monroe, NH – Patricia Ann "Pat" Smith, 82, of Littleton Road, died on Monday, February 10, 2020, at the Dartmouth Hitchcock Medical Center, Lebanon, NH.

Pat was born in Concord, VT, on April 27, 1937, the daughter of Merlin and Margaret (Mahoney) Bradshaw. She attended Monroe School and graduated from McIndoe Falls Academy, class of 1955. In 1956, she graduated from Carriage Institute in Boston, MA for X-Ray Technology. Pat married James H. Smith on February 11, 1956.

Pat worked at Jordan Hospital in Plymouth, MA, Littleton Hospital, St. Johnsbury Catholic Hospital, and then for 45 years at Cottage Hospital, Woodsville in the X-Ray Department. Over her career she was employee of the month and employee of the year several times.

Pat sang in the North Monroe Methodist Church choir and taught Sunday school for a number of years. She also worked on



the Lord's Acre Auction making donuts for several years. She also served on the Monroe School Board. Along with her husband, Jim, she enjoyed vacationing and camping.

She was predeceased by her husband of 62 years, James H. Smith on February 10, 2019; a sister Natalie J. Allen; and by her son-in-law Robert Dean.

She is survived by her daughter, Dawn M. Dean of Bath, NH; her son, Lee Smith and companion Michelle Griffin of Monroe; two granddaughters, Lisa Murray and Crystal Green; five great grandchildren, Al-

exa, Avery, Alaina, Billy, and Benjamin; two sisters, Mary E. Ingalls of North Haverhill, NH and Nancy E. Murray and husband Doug of East Ryegate, VT; two brothers, Bernard D. Bradshaw and wife Linda of Monroe and Christopher A. Bradshaw and wife Winifred of South Pasadena, FL; several nieces, nephews, and cousins.

Calling hours will be on Tuesday, February 18th from 6 to 8 PM at Ricker Funeral Home, 1 Birch Street, Woodsville, NH.

A graveside service will be held on Thursday, May 14th at 1 PM at the North Monroe Cemetery with Melissa Gould as celebrant.

In lieu of flowers, memorial contributions can be made to the American Cancer Society, 30 Speen Street, Framingham, MA 01701.

For more information or to sign an online guestbook, please visit [www.rickerfh.com](http://www.rickerfh.com)

Ricker Funeral Home & Cremation Care of Woodsville is in charge of arrangements.

## Karen F. Barry: OBITUARY

Wells, ME - Karen F. Barry, 65 of Wells, ME and formerly of Fairlee, VT died Sunday, February 9, 2020 at St. Andre Healthcare in Biddeford, ME.

She was born January 9, 1955 in Hanover, NH the daughter of Everett A. Fifield Sr. and Evelyn (Estes) Fifield. She attended Thetford schools and was a graduate of Thetford Academy.

Mrs. Barry worked at a variety of jobs in the Upper Valley including at Dartmouth-Hitchcock Medical Center and Martha Diebold Real Estate. She married Reginald H. Cramer III in North Thetford, VT and they made their home in Vershire and Fairlee where they raised their family. They were later divorced. On May 12, 2001 she married Peter C. Barry in Wells, ME where they have since made their home.

Mrs. Barry loved to sing, sew, knit and was very artistic. She particularly enjoyed basketball, skiing, flower gardening, and cooking for

family and friends.

Survivors include her husband, Peter C. Barry of Wells, ME, children, Stacey Cramer of Lisbon, NH and Jeremy Cramer of Thetford Center, VT, 8 grandchildren, two sisters, Sandra and her husband, David Barry of Ogunquit, ME and Mary Sargent of Guilford, VT, and numerous nieces, nephews and cousins. She was predeceased by her parents, and three brothers, Everett Fifield Jr., Derek Fifield, and Jeffrey Fifield, Sr.

Funeral services were set for Saturday, February 15, 2020 at 1 pm in Our Lady of Perpetual Help Catholic

Church, Upper Plain, Bradford, VT. Calling hours were Saturday morning before the service from 11am-Noon at Hale Funeral Home, 187 Upper Plain, Bradford, VT. Burial in Thetford Center Cemetery and a Celebration of Life will be held in the spring.



*Ricker Funeral Home & Cremation Care of Woodsville*



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**Bryan S. Gould** **Thomas W. Mayo**

## BEEZWAX



By John Martin



# What About Ma?

by Kellie Quackenbush

## All About Those Precious Pets

Ma has had a love of critters all of her life. When her son brought home a white rat from the 5 & Dime store (in Bradford, VT), she would pet it and talk to it. When they had a big white bunny, Ma would lay it on her chest and it rested its head on her shoulder while she rocked in the rocking chair, petting the bunny. Over the years, aside from the cats and dogs, there were a number of baby wild things that enjoyed her love.

Now, as she is being cared for 24-hours a day, there are no more live pets and critters for her to care for. As dementia takes away her independence, she is in a loving environment that provides comfort and care, but she still has a stuffed menagerie. Her collection includes overly soft cats, dogs, squirrels and many other fluffy critters but her absolute favorites are the ones that talk. Talking, singing and dancing stuffed critters fill the spaces around Ma's room.

To a casual observer, one may say she has too many of these fluffy critters, but when you see how her face lights up when you mention them----. My husband and I spend a fair amount of time thinking about things we can do to improve Ma's life. We love her so very much and it hurts to think we can not keep her at home. This is one of those self imposed

bits of guilt that lingers since her stroke. The level of care that she needs, the loneliness she felt while we were at work, the odd behaviors brought on by dementia were all factors in finding her a safe place.

Should you ever ask Ma, she would tell you that she is home, she is very happy and she has friends that will keep her company any time, day or night. With her illness, dementia, there are times when she is up during the night-looking for a cookie or some laundry to fold. The staff are always very kind and Ma says they are good kids. Let's face it, she is ninety years old and everyone is a kid to her.

Living her life in a farming community has fostered a love of animals in Ma. Today, surrounded by a stuffed menagerie of animals that are always smiling, Ma is content. We share her joy and laughter as her "pets" sing and do their little dances. Ma revels in the bright and shiny eyes of her beloved critters, last week she commented after a dog sang (what I like about you), "Aren't they clever?"

Happiness is where we make it. Circumstances change but the love that comes from good pets cannot be underestimated. Be safe and be loving to those around you, the loving acts are the most meaningful.

# Friends Are More Than Numbers On A Screen

by Maggie Anderson

Last week I bought a throw pillow that read "Life isn't about waiting for the storm to pass, it's about learning to dance in the rain." It made me consider the storms I've weathered and whether or not I felt like dancing at those times. The concept appeals to me but getting on with the dancing is often more difficult than grasping the concept.

I believe that's what friends are for, the ones who share their umbrellas until you learn the steps to the dance, or the ones who drive you to the nearest promise of sunshine and stay with you until you're strong enough to face the storms again.

Not long ago one of my oldest friends asked me what I thought made us friends, what has kept us connected for a lifetime, even those times when we were worlds apart geographically.

Her question reminded me of a couple of my favorite quotes about friendship. One, actually printed on another pillow, says "Good friends are like stars, you don't always see them but you know they're always there." And the other says "A true friend ignores the broken pickets in your fence and admires the flowers in your window box."

I like the quotes but hers is a question worthy of more consideration, not just the first thing that pops into my head.

I remember the day we met. It was the first day of eighth grade. When Mrs. Morey introduced me as the new girl from Utah and asked who'd like to share their gym locker with me a pale little arm popped straight up like bread from a toaster and began frantically waving. All the time it was waving a little voice was squeaking "I will, I will."

That's how I met Carolyn. Sometimes we have to

search for friends, this one jumped up and offered to share her space with me.

The past fifty seven years have been so momentous it is difficult to know which of those moments cemented our friendship. I'm not sure it can be decided. In our case I see our connection and interactions as a series of pieces of glass in an intricate mosaic. Our friendship is a collection of moments, memories, conversations, confrontation, highs and lows, sorrows and euphoria, each one as important as the others.

The two of us were sweet on the same guy that first year, we did our best to get his attention. In our sophomore year he moved away and eventually built a life with somebody else.

Carolyn's only son was born on my birthday, he let me share his tenth birthday party at the skating rink with him. They even announced our tenth birthdays over the PA system. For that whole day I got to be ten years old again.

He died last winter, the same day my mother died. Our mutual sorrow another piece in the mosaic our friendship is made of.

I dated the younger of Carolyn's two brothers for awhile in high school. For a minute and a half we thought we may end up sisters as well as friends until David moved on and built a life with someone else too.

Every year David and I knew each other each of us called the other on our birthdays. His was on Valentine's Day and mine is in June. We called each other right up until the year Hank was in the hospital on Valentine's Day and I couldn't leave him to call David.

David and Carolyn called one another on their birthdays too, but I didn't get a call that year and neither did Carolyn. When I asked her what was up with that

idiot brother of hers and told her that he hadn't called on my birthday, she told me he hadn't called her on hers either and about the time she went to pick up the phone to find out why his wife called to say he had died.

We decided to forgive him since he really did have a good excuse, but it was one more shard of broken glass added to our mosaic.

Carolyn was my maid of honor when Hank and I were married almost fifty three years ago. The photos from that day show the lot of us looking so young I no longer wonder why Hank's folks seemed paralyzed with fear the day I met them.

When Carolyn and I were girls we sometimes talked far into the night of what our lives would become, what we wanted them to be. People think I talk a lot, that's because they haven't met Carolyn yet. The funny thing is we never seem to have said everything, we never tire of the other's thoughts or opinions, well I haven't tired of hers at least. She hasn't said in so many words that she's heard all she cares to from me either so I think I'm safe in saying that for both of us.

Years ago I read an essay on friendship, it said we gravitate to people who make us feel good about ourselves whenever we're around them. Perhaps there's truth in that. Carolyn makes me feel smarter, more creative, more important to the world than I am.

After all we've shared and been through that may be the answer. Carolyn is dear to me because of how I feel when I'm with her. I only hope she feels the same in my company, I need her in my orbit.

## Services Coordinator Upper Valley Services, Inc.

Upper Valley Services, Inc. is actively seeking a qualified person to join our team as a Service Coordinator in our Bradford, VT office. Join our innovative team in this high-impact community engagement work. Qualified candidate will support individual and their teams through person-centered practices that promote individual growth and connection to their community. Responsibilities include: development and coordination of an individualized service plan of clinical, medical, home, social and educational/career components, and development of professional relationships with team members.

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Please send resume' and letter of interest to Kelley Wright at [kwright@uvs-vt.org](mailto:kwright@uvs-vt.org), or by mail to Upper Valley Services, Inc., 267 Waits River Rd., Bradford, VT 5033.

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# WES Classroom Corner

## Busy Bees in PreK!

The Believe In Books Foundation will be visiting in March to guide us all to Seussville! We are all looking forward to this visit from A.O. and friends! The date and time is still to be determined. We hope everyone has a healthy and wonderful winter break. See you on Monday, February 24th!

## Preschool – Tuesday/Thursday 3-year-Olds

Our 3 year-olds are working hard on spelling their names. Most of the children can recognize their names in a variety of places. We continue to work on shapes, colors, and number concepts within our world. The Valentine's Day parties were a great success! The children loved giving and receiving their valentine cards.

## Preschool Monday/Wednesday/Friday 4-year-olds

We have finished our unit on friendship, culminating in our Valentine's Day Party. The children have been practicing drawing a person, writing their names, and working in their journals. We encourage you to ask your child to show you what s/he can do! We will continue to work on number skills, counting, letter recognition and writing, and fine motor skills such as cutting on lines and coloring (staying in the lines). We have been practicing numbers 1-7. Number 8 is next!

## Groundhog Predictions in Kindergarten!

Kindergarteners have been busy at work this month! We have been working on increasing our letter identification, letter sounds, and sight words in our reading groups.

We have also been learning about snow and how it is made in science. We took guesses about whether or not the groundhog would see his shadow. We are very excited for early spring!

In social studies we have been learning about important people in our country's past. We discussed Martin Luther King Jr and are finishing up learning about some of our presidents.

During math we have been busy bees counting to 100 by 1's and 10's. We are now working on three dimensional shapes!

## U.S.A. Gingerbread Man Exchange

Recently, Miss Hauswirth's class participated in a gingerbread man exchange group. The students had to think of how to decorate a gingerbread to represent New Hampshire. The class decided to dress some gingerbread up like white tailed deer and some like they were skiing. Each student added his/her own little flair to the gingerbread and then mailed them out to other kindergarten classes around the U.S.! It was very



James Ross, Principal  
Woodsville Elementary School  
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exciting to get gingerbread men back from other states and learn about what makes each state unique! Each time the class received a gingerbread man in the mail, Miss Hauswirth read the letter and showed the students the design. Then, the gingerbread men were hung up on a big map to show the state from where each one came. The class loved getting mail from other kindergarten classes around the USA!

## PRINCIPAL NOTES

Love is in the air. I know because I have been reminded of it constantly by the inundation of Valentine's Day commercials on TV and the radio, the number of heart themed parties around the school or the fact that I just listened to the John Paul Young '70s song 'Love Is In The Air' and it's stuck in my head. (In case you are wondering: <https://www.youtube.com/watch?v=NNC0k-lzM1Fo>).

Regardless of the reason, it has reminded me of how fortunate our students are to be surrounded by professionals who model a love for learning. I am in awe of the passion and commitment each of our staff members display every day while working with your children. The devotion of our dedicated faculty and staff who work to instill and motivate each of our student's innate desire to learn is second to none.

In the article "Instill A Love Of Learning In Your Child" a series of strategies are suggested to help keep the inherent desire to learn alive and well in a child. The author, June Allan Corrigan, believes you should show your passion for what interests you by providing real experiences - don't just talk about it, experience it live. She also suggests letting your child ask the questions while avoiding being too quick to provide answers before the questions are asked. Admitting to not knowing something creates opportunities for you and your child to explore together. Finally Ms. Corrigan suggests you "make it real" by connecting with what your child is interested in and making it fun

because, well, no one likes boring.

Every day I walk through classrooms, I come across instances of motivated learners from passionate teachers: The Gingerbread Man Exchange in Miss Hauswirth's class that helps students learn about other states and kindergarten classes. Writing prompts that help students reflect on their lives like Ms. Brown's "If I lived in a snow globe", Mrs. Musgrave's "Things I've told 100 times" and Miss Hudson's "When I am 100 years old I will...". Mrs. Crum's apple orchard and butterfly projects. The Ag in the Classroom lessons in Mrs. Giudici's class that are bringing real life agricultural experiences to students. These are just some examples found around WES that encourage students to question, explore, and problem solve real life experiences while being fun!

All in all, our mission together - family, school and community - should be to inspire, motivate and help guide that innate desire to learn in every child. Upon moving on from WES, if a student has developed and displayed a love of learning, I would say, "Mission accomplished".

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by Cindy Pinheiro  
to contact Cindy (aka Cin Pin)  
write to the editor at  
gary@trendytimes.com

## Snow Ball Cookies with Pecans

Hello hello my fellow chefs. I hope you are enjoying life. I caught the flu over the past couple of weeks but still don't feel great. I hope you are enjoying good health because when you are sick you just want to feel better.

Today's recipe is so easy peasy you can whip them up for dessert or for a great side with your coffee in no time. Call a friend over for coffee and surprise them with your creation.

They come better when you toast the pecans, it releases an amazing taste and aroma, so toast the chopped pecans on a cookie sheet at 350° for eight to ten minutes. It makes a big difference.

So let's get to it for what you need and how to make it. The recipe makes 24 cookies. You can certainly double the recipe if you want.

### Ingredients

- 1 Cup of chopped Pecans toasted
- 1 Cup of flour
- 3 Tablespoons white granulated Sugar
- 1 stick of Butter softened at room temperature (not margarine)
- 1 Teaspoon real Vanilla extract
- Preheat oven to 350°
- 1 1/2 Cups Powdered sugar or confectionary sugar

Mix the toasted pecans, the flour, the white sugar, the softened butter and the vanilla extract. Mix well until when squeezed forms a dough. Put the formed dough in the refrigerator for 30 minutes. Make 1" balls. Put parchment paper in a cookie sheet. Put the 1" cookie on the parchment paper. When rolling the cookie, don't roll like a meatball because they will crumble. Squeeze the dough then form a ball with your fingers. Bake for 12 to 15 minutes. Make sure you don't burn them, they cook quickly. Remove from the oven and let sit for just a few minutes until you can handle them. Put the powdered sugar in a bowl and roll the

half hour and roll again in the powdered sugar. That's it, they are done.

If you don't have parchment paper bake them on an ungreased cookie sheet, but the parchment paper works best and it's easy clean up. Enjoy these "Delicioso" cookies. They melt in your mouth.

Well folks that's it for this edition of The Trendy Kitchen. Remember that if you have any questions please contact Gary and I will help you out. Until next time I'm signing off, Sincerely Cin Pin!

cookies in to cover them with it. Let them cool for a



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Volume 11 Number 10



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