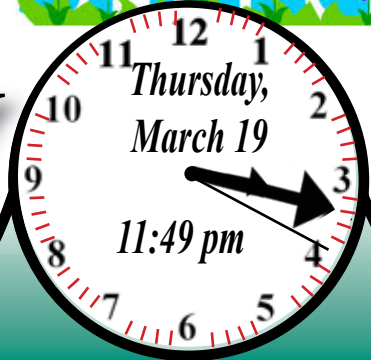


TRENDY TIMES

20 Pine Street, Woodsville, NH 03785
Phone: 603-747-2887

Email: Gary@TrendyTimes.com
Website: www.TrendyTimes.com



MARCH 17, 2020 VOLUME 11, NUMBER 12

National Developmental Disability Awareness Month

One Sky Community Services celebrated 37 years of promoting inclusion for all during National Developmental Disability Awareness Month during March.

Since 1987, March has been designated National Developmental Disabilities Awareness Month. One Sky Community Services is taking the opportunity to not only celebrate the many contributions people with developmental disabilities make to our community but raise awareness about including people with developmental disabilities in all facets of community life.

When President Reagan signed a proclamation officially declaring March as

National Developmental Disabilities Awareness Month, he helped to reaffirm that "Americans are becoming increasingly aware that such disabilities need not keep individuals from realizing their full potential in school, at work or at home, as valued members of their families and of their communities".

Statewide, 12,000 adults and children have a developmental disability or acquired brain disorder and yet we have so much to learn about what they can offer to our society. During the month of March everyone should focus on inclusion and helping everyone in our state live more self-determined independent lives.

Every day One Sky Com-



unity Services advocates for positive policies that create systems change for people with intellectual and developmental disabilities. "This month we will continue the legacy of building bridges of inclusion", stated Chris Muns, CEO of One Sky. "This is a time for communities to come together, get

more involved and become more responsive by embracing individuals with developmental disabilities and supporting policy changes that affect them."

Anyone who is interested in learning more or would like to know how they can help raise awareness, please reach out to One Sky Com-

munity Services at 603-436-6111 and ask for Billie Tooley, Director of Development and Outreach, or go to our website, www.oneskyservices.org.

Village Eclectics 2
Antiques, Vintage Collectibles,
Local Crafts, Books
NEW VENDORS - NEW WONDERS
OPEN: MONDAY-SATURDAY 10-5:30
Corner Main & Bank St. Bradford

ANTIQUES & EMPORIUM
Always Buying Gold & Silver
182 S. WHELOCK ROAD
LYNDONVILLE, VT 802-626-3500
Open Daily 10 am - 5 pm

SARANAC STREET ANTIQUES
141 Main Street, Littleton, NH
603-444-4888
Open daily except Mon & Tues. 10 AM - 5 PM

TODD HOLT PHYSICAL THERAPY

31 Main Street
Wells River, VT
802-757-8000
Fax 802-757-8001

NMA 
• Life Insurance
• Disability Insurance
• Retirement Planning
• Long Term Care
• College Planning
Main St. N., Wells River, VT
802-588-5035
nate@nmafinancial.com
www.nmafinancial.com

TATTOOS & PIERCINGS
603-444-7800
101 Cottage St., Ste. 6A
Littleton, NH
Inked Again

Melanie's Woven Memories
Handwoven Caning - Splint - Rush Seating
Shaker Tape - Baskets & Minor Repairs
Competitive Pricing - Quality Work
Melanie Miller • 802-467-1326
melaniemiller58@yahoo.com
www.melanieswovenmemories.com

CORNER COLLECTABLES
Home Decor, Antiques & Furniture,
Tiffany Style Lamps, Quilts,
Luminara Candles, Country Primitives
Route 5, 6124 Memorial Drive, Lyndonville, VT
802-626-9070 OPEN THURS-SUN. 10-5

Curt 'n Rod 
home decor centre
(603) 747-2205
35 Central Street
Woodsville, NH 03785
"Your One Stop Home Decor Outlet"
Over 1800 window treatments, styles, colors and sizes in stock
plus accessories galore all displayed throughout our store.
New Hours: Monday - Saturday 10AM - 5PM • Sunday 10AM - 3PM

ALWAYS FIT ATHLETIC CLUB 
alwaysfitathletic.com
603-747-8006
Woodsville, NH

Spin Class Added! Tuesdays @ 4:30 pm with Ellie	New Tanning Bulbs! Get ready for summer now with one of our new packages: \$9 plus tax/session \$60 plus tax/10 sessions \$40 plus tax/month (non-members) \$30 plus tax/month (gym members)
---	--

HARDWOOD FLOORS • PAINTING, ETC.
Restoration: All Things Wood & Drywall
Remodeling: All Floors, Honey Do Lists
Jim Jellison (603) 991-7251


JAMES K. LANG LLC
ACCOUNTING, TAX, AND CONSULTING SERVICES
James Dayna Walter Pete
603.747.3613
7 BOOMHOWER ROAD WOODSVILLE, NH 03785

802-586-2345
Northern Spay Apple Tree Pruning
NANCY MURRAY

THOMSON FUELS 
"The Local Choice"
We are the People to Call for Your
HOT AIR FURNACE AND BOILER REPLACEMENTS
• Total Installation • Oil & Propane
• Fast, Reliable Service
Call Today for a Free Estimate.
Heating Oil - Propane - Kerosene **802.222.3330**


HOUSEWRIGHT CONSTRUCTION, INC.
New Construction / Remodeling / Design-Build
Restoration / Reproduction / Custom Woodworking
EPA Land Safe Certified Firm / Renovator
802-866-5520
www.housewright.net
5365 Main Street S • Newbury, VT 05051

Junction Shop Auto & Repair
VT Inspections • Brakes • Tires • Exhaust & More
Keep your car running well during the colder months to come

802-222-4880
418 Waits River Rd • Bradford, VT



TRENDY Dining Guide

Happy Hour Restaurant

by Gary Scruton

We are certainly living in different times right now here in the United States. But that does not mean that if one is careful, you can't enjoy a meal or the company of others. You merely need to do it with a bit more caution than in the past.

We traveled only a short distance from home to a familiar location that recently rejoined the Trendy Dining Guide family. The Happy Hour Restaurant on Main Street in Wells River has been around for a very long time. The new owners have now been there for a while, yet they continue to make minor changes to improve the dining experience for all.

One of those changes we noticed a while ago was that they now encourage take out orders. You can even go to

their website, look over the menu, make an order and pick it up at their location. With the current crisis going on this can be a great way to take a break from cooking, but still enjoy a fine meal.

Janice and I simply drove over and walked in on a recent Saturday evening. The hostess was quick to see us and escort us to a booth where menus were waiting for us. Our waitress was not long in stopping by to take a beverage order (we both asked for water). Then she came back a while later to get our dinner choices. Unfortunately for her I had yet to come to a decision so she had to return again a few minutes later.

Janice decided to go with a Saturday night favorite at the Happy Hour, prime rib. She went with the 10 oz size (rare) which also came with

salad bar and a side order (baked potato with butter and sour cream, please).

After going round and round about my meal I finally settled on a chicken parmigiana dish. It came with a garlic bread stick. I also took advantage of the seasonal Sam Adams pint that was also a special for the evening.

With our orders placed we were free to head for the salad bar. At the Happy Hour the salad bar is in it's own small room between the two main dining areas. You enter and find a big stack of glass plates and a cutting board with fresh baked bread and a bread knife. Then it's all the salad fixings you might want including six dressing, three toppings plus cottage cheese, baked beans, cole slaw, and more. We took our

share and went back to our seats to get started.

Upon return I found my beer already served. We then enjoyed our salads and some conversation while waiting for the meals to arrive.

We finished our salads and the plates were whisked away just before the meals came out. Janice's prime rib was just the amount of rare that she wanted and surrounded by natural juices. My chicken parm was a bit different that I had expected. The pasta it was served with is actually called "CAVATAPPI", a spiral, hollow pasta. It was served in a nice tomato sauce with a good sized chunk of chicken that was topped with Parmigiana cheese.

Now was the time for us to really dig in and enjoy the meals we had ordered. It did not take any coaxing at all.

When we were finished (I got around all of my meal while Janice was offered and accepted a container to take some prime rib home) we were also offered dessert. Even though I knew better I asked what the dessert menu included. I was then faced with another decision Raspberry pie or chocolate lava cake. I took the later, and then stayed with the chocolate them when asked about ice cream to top it off. I did ask for two spoons.

When our dessert arrived Janice did help out some, but I was given the task of finishing it, and somehow completed the requirement. I was stuffed, but quite content.

Our entire meal, along with dessert and beverage came to \$43.06. As usual we paid for the meal with a credit card and left a cash tip on the table.

Volume 11 Number 12
March 17, 2020
Not all Times are Trendy, but there will always be Trendy Times

THE
HAPPY HOUR
RESTAURANT

802-757-3466
Main Street, Wells River, VT 05081
TheHappyHourRestaurant.com

Seasonal
Specials

Daily
Specials

Hours: Tue., Wed., Thur., Sun.
11:30 AM - 8:00 PM
Friday & Saturday
11:30 AM - 9:00 PM

Banquet
Space

Take Out -
On Line Ordering.



Like us on:
facebook.
fi

*Put a Little Bliss
in Your Day!*

**PIZZA
SPECIAL**
Large Pepperoni Pizza
Tossed Salad
2 Liter Soda
\$13.99 PLUS TAX

*Special can not be combined
with any other discounts.*

*Bliss Village
Store*
Main St, Bradford, VT
802-222-3355

**ROOM
111**
AT
THE SINGING ALLEY
EST. 1911 2015

603-243-0393
9 Central Street,
Woodsville, NH
Candlepin Bowling,
Bar & Grill

Pub Day Wednesdays
\$10 Burger & Beer

Mid-Week Happy Hour 3-5

OPEN HOURS: Wed. 3pm - 11pm
Thur. 3pm - 12am
Fri. 3pm - 1am
Sat. 12noon - 1am
Sun. 12noon - 10pm

EVERYBUDDY'S
CASUAL DINING

*Offering The Best of
Breakfast, Lunch & Dinner
UNDER OUR ROOF OR YOURS!*

GIFT CERTIFICATES AVAILABLE
LOYALTY CARDS AVAILABLE!
DELIVERY • CATERING
TAKE-OUT!
802.626.8685

OPEN DAILY 7AM - 9PM
Sunday Breakfast Buffet
8:00-11:30 AM
Bar Menu: 9PM - 10PM
Jct. of Rts. 5 & 114
Off VAST Trail #52
Lyndonville, VT

HUNGRY BEAR
since 1971
PUB & GRILL

Jct. of Rts. 5 & 15 Exit 16 off I-91
776 Lower Plain, Bradford, VT 05033
(802)222-5288
www.thehungrybearpubandgrill.com
Daily Lunch & Dinner Specials
Full Bar & Vermont Craft Beers
Best Pub Fare Around!
Follow us on Facebook to receive daily
food & Drink specials

March Madness = Burger Madness
1/2 lb Angus Steak Burger and a Pint of Switchback
ONLY \$10. All Day. Every Day. All Month Long.
(Comes with lettuce, tomato & onion. All sides and extra topping are additional.)
Come on down and watch the games!

Karaoke Saturday Nights
7-10 pm

Live Local Music Thursday's
6-9 pm

Trendy Dining Guide Ads
This size is \$200 for 6 Issues
Plus A Restaurant Review
Or \$400 for 13 Issues
Plus Two restaurant Reviews

Or choose the Smaller Size:
\$125 for 6 Issues,
Or 13 Issues for \$225.
Plus You Get a Restaurant Review

For More Details
Contact Gary @ 603-747-2887
or Email: Gary@TrendyTimes.com


gather
verb
1. come together, assemble or accumulate

2 Pine Street
Woodsville, NH
603.243.0555

- BREAKFAST & LUNCH
- SPECIALTY COFFEE & TEA
- FRESH PASTRIES
- DINE IN & TAKE OUT
- EVENT ROOM & CATERING
- PREPARED MEALS TO GO

HOURS: Tues - Sat 7 - 3, Sun 8 - 1

TUTTLES FAMILY DINER
41 Main Street, Wells River
NEW EXPANDED HOURS:

MONDAY, TUESDAY & SATURDAY
6:00 AM - 2:00 PM
WEDNESDAY, THURSDAY & FRIDAY
6:00 AM - 8:00 PM
SUNDAY 7:00 AM - NOON

Gift Certificates & Take-outs Available
802-757-3333

Deli Now Open
Monday -
Saturday
11 AM - 8 PM
**Subs, Bulkies,
Sandwiches &
Salads**


**POLLY'S
PANCAKE
PARLOR**

**NOW OPEN
YEAR ROUND**
Winter Hours:
Friday - Monday
7 am - 3 pm
Our own
STONE-GROUND
WHOLE GRAIN
pancakes served with
Pure Maple Products!
Made from Scratch

I-93 Exit 38, Route 117
Sugar Hill, NH
(603) 823-5575
www.pollyspancakeparlor.com

ServSafe® Food Protection Manager Training & Exam Offered in Littleton

This in-depth training is critical for owners, food managers, chefs, and cooks who work in restaurants, hospitals or nursing homes, or specialty food producers who manage their own small businesses.

Participants will learn basic food sanitation principles from receiving to serving, improving the quality of food served, lowering costs, increasing profitability, and making sound decisions that will keep customers safe. Participants who successfully complete the exam will receive their industry-wide recognized ServSafe® certificate as food safety managers. This class meets the NH requirement for certification of "person in charge" when passed with a score of 75% or above.

Mary Saucier Choate, UNH Cooperative Extension Field Specialist, Food Safety, is a nationally certified ServSafe® instructor and will be teaching this class on Friday, April 3, 2020 from

9:00 a.m. to 5:00 p.m. at the Littleton Regional Hospital in Littleton, NH.

Registration must be received by March 17th to allow time to receive and study the ServSafe® book. For more information, or to register, go to <http://bit.ly/ServSafe-Littleton-0420>. Seating is limited. For questions about this class, or to schedule one in your area, please contact Mary at Mary.choate@unh.edu or 787-6944.

For persons with disabilities, dietary, language or financial difficulties requiring special accommodations, please contact us prior to the event. Given ample time, we will make any reasonable effort to arrange accommodations.

The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. UNH, U.S. Dept. of Agriculture and New Hampshire counties cooperating.

Cottage Hospital Statement Regarding COVID-19

Here at Cottage Hospital, we have been preparing for Covid-19 patients. Each year we conduct several training exercises meant to ready us for situations such as this. Our staff has been trained in the appropriate isolation techniques, personal protection equipment and patient care procedures. This allows for us to safely care for our patients.

In terms of recommendations for the public, there are some key points. First and most important is proper hand hygiene. Washing your hands or using sanitizer properly. This process should take at least 20 seconds. Second, if you are sick you should stay home. Going out in public with a fever or cough may put oth-

ers at risk. If you need to seek medical care call your providers office first. This allows them to guide you through the process in a manner that is safest for everyone. Good nutrition and proper hydration are always essential.

More information and links to the CDC and the NH 211 page can be found on our website at Cottagehospital.org.

EDITOR'S NOTE: This previous statement from Cottage Hospital was received on Friday, March 13th, 2020 This continues to be a fast evolving situation. Please check with the hospital and/or your primary care provider to get answers to your questions.

By Dr. Sharkaway

"I'm a doctor and an Infectious Diseases Specialist. I've been at this for more than 20 years seeing sick patients on a daily basis. I have worked in inner city hospitals and in the poorest slums of Africa. HIV-AIDS, Hepatitis, TB, SARS, Measles, Shingles, Whooping cough, Diphtheria...there is little I haven't been exposed to in my profession. And with notable exception of SARS, very little has left me feeling vulnerable, overwhelmed or downright scared.

I am not scared of Covid-19. I am concerned about the implications of a novel infectious agent that has spread the world over and continues to find new footholds in different soil. I am rightly concerned for the welfare of those who are elderly, in frail health or disenfranchised who stand to suffer mostly, and disproportionately, at the hands of this new scourge. But I am not scared of Covid-19.

What I am scared about is the loss of reason and wave of fear that has induced the masses of society into a spellbinding spiral of panic, stockpiling obscene quantities of anything that could fill a bomb shelter adequately in a post-apocalyptic world. I am scared of the N95 masks that are stolen from hospitals and urgent care clinics where they are actually needed for front line healthcare providers and instead are being donned in airports, malls, and coffee lounges, perpetuating even more fear and suspicion of others. I am scared that our hospitals will be overwhelmed with anyone who thinks they " probably

COVID-19

don't have it but may as well get checked out no matter what because you just never know..." and those with heart failure, emphysema, pneumonia and strokes will pay the price for overfilled ER waiting rooms with only so many doctors and nurses to assess.

I am scared that travel restrictions will become so far reaching that weddings will be canceled, graduations missed and family reunions will not materialize. And well, even that big party called the Olympic Games...that could be kyboshed too. Can you even imagine?

I'm scared those same epidemic fears will limit trade, harm partnerships in multiple sectors, business and otherwise and ultimately culminate in a global recession.

But mostly, I'm scared about what message we are telling our kids when faced with a threat. Instead of reason, rationality, openmindedness and altruism, we are telling them to panic, be fearful, suspicious, reactionary and self-interested.

Covid-19 is nowhere near over. It will be coming to a city, a hospital, a friend, even a family member near you at some point. Expect it. Stop waiting to be surprised further. The fact is the virus itself will not likely do much harm when it arrives. But our own behaviors and "fight for

yourself above all else" attitude could prove disastrous.

I implore you all. Temper fear with reason, panic with patience and uncertainty with education. We have an opportunity to learn a great deal about health hygiene and limiting the spread of innumerable transmissible diseases in our society. Let's meet this challenge together in the best spirit of compassion for others, patience, and above all, an unfailing effort to seek truth, facts and knowledge as opposed to conjecture, speculation and catastrophizing.

Facts not fear. Clean hands. Open hearts.

Our children will thank us for it.

Dr. Alexander Roth thinks that the post written by Dr. Sharkaway is very important for the people of our country and that is why he shares this post on FB. You can follow Dr. Roth on Twitter <https://twitter.com/AleksanderRoth> or Instagram: <https://www.instagram.com/libertarianjewishdoc/?hl=en>

WITH THIS COUPON



Central Street, Woodsville
Next to Dunkin'

GET 10% OFF
any Trail product
(Consignment are excluded)
Coupon Expires April 1, 2020

Now Available
HILSIDE HIVES BEE HIVES
More New Items Arriving

ALWAYS 5% Off For
Veterans & First Responders

HELP WANTED:
Various Mill Positions Available
in the following Departments:
Planer, Gable Shop, Cutline, Bagging and Yard.
Must be reliable and flexible to contribute to the team effort.
Competitive pay, paid holidays, vacation, retirement plan and health insurance.

Please apply at the office or email
Matt at: shop@coventryloghomes.com
Coventry Log Homes, Inc.
108 South Court Street
Woodsville, NH 03785



Senior Feet Foot Care For Age 55 & Older



Beverly Sinclair
Registered Nurse
802-449-7385
bev@sinclair-chiro.com
www.bevseniorfeet.com
183 North Main St
Bradford, VT

RICH CLIFFORD
CONCRETE FOUNDATIONS



SLABS, RETAINING WALLS, CURBINGS,
SIDEWALKS INCLUDING RAILINGS

NO JOB TOO SMALL

54 Clifford Drive
N. Haverhill, NH

Rich Clifford
603-787-2573

Sean Kelly
Professional
Tool Sharpener
A SHARP EDGE
Bradford, VT 05033
Knives & Scissors
Professional Beauty Shears
Barber & Grooming Shears
Many Garden Tools



**"Put A Razor Sharp
Edge On Your Tools"**

Phone: 802-222-9258
(Call now for brochure)



COVID-19 Versus March Madness

It's heartening to hear the geese and red-winged black birds, and to simply know that spring has arrived. But it is disappointing to realize, that March Madness will not involve basketball's sweet sixteen, the final four, or friendly tournament bracketing at the office. COVID-19 has changed all this and instead of watching basketball, we are reminded daily to stay home if sick; to wash hands frequently; refrain from touching face, eyes, nose or mouth; and to consider not shaking hands as each of us was taught by our parents.

This past Thursday as New Hampshire's Representatives were in session, both leadership teams (Democratic and Republican) met and brought before the House an amendment to

House Rule 65 stating, "In an effort to thwart the spread of COVID-19, after concurrence from the Democratic and Republican leadership, and public officials about best practices concerning the safety of Representatives, staff, and the public, current deadlines may be reasonably amended at the discretion of the Speaker of the House, and to be timely noticed in the House Calendar and on the General Court website."

In moving forward, committees will be expected to continue to hold hearings and executive sessions on all bills in the possession of the House, to include bills crossing over from the Senate. This will include SB414, the Woodsville/ Haverhill highway bill, however, all this will be contingent upon

COVID-19 and our practicing healthy practices as mentioned above.

In last week's two-day, "Mad March" session, the New Hampshire House took action on 215 bills from the consent calendar along with lengthy debates regarding an additional 184 bills in the regular calendar that last well into Thursday evening. It took 5 marathon hours alone to debate and take action on 25 education bills. Education topics debated included: displaying our nation's motto in schools (In God We Trust), possession of firearms on school property, releasing statewide student testing results to parents by June 30, religious activities of teachers and students in public schools, opt in versus opt out from student non academic surveys such as the Youth Risk Behavior Survey, freedom of speech on college campuses, financial literacy instruction for students, requiring climate education in schools, Medicaid to Schools funding, and the five year teacher probationary period. HB 1285, relative to the possession of firearms on school and non-school property used for school purposes, was passed and sent to the Senate, by a vote of 182-141. Although the bill passed the House, it did not receive near enough votes to withstand a sure veto from the Governor. The bill has absolutely no chance of becoming law! HB 1285 is in direct conflict with the Second Amendment that provides Americans the right to keep and bear arms. The results of all these bills can be found at: <http://www.gencourt.state.nh.us> Stay healthy!

Respectfully submitted,
NH Representative
Rick Ladd

A Rep's Repartee
by NH State Representative
Jerry Stringham

Concord in Full Swing



Coronavirus and Tax Talk in the Hard Working NH House

The NH House of Representatives met for 10 hours on March 11th and then for a 19-hour session on March 12th that did not end until 4 AM Friday. The possibility of a house shut down due to COVID-19 crisis was certainly a factor in keeping us in session until we got all of our work done. I did not anticipate that I would ever be giving a speech on the house floor at 3:05 in the morning, but that is how it turned out. My compliments to the 275 of my fellow representatives who made it through the marathon legislative day.

Since my last column, I was pleased to lead the fight against the imposition of a 9% sales tax on ski tickets. I was the only speaker on the house floor and the bill was voted down by a 340-7 margin.

On the opposite side, I spoke in favor at setting the tax on vaping products that contain nicotine at 40% at the wholesale level. This means the distributor or manufacturer adds the 40% tax to their price to the retailer, like a vape shop or other retailer. The vape shop does not add any additional sales tax, like other states in NE. This would still provide granite staters with the lowest tax rate in the region and less than the 64% wholesale tax on products like chewing tobacco.

The American Heart Association is deeply concerned with the dramatic increase in nicotine addicted youths, primarily due to the wide availability of vaping products. They indicate that

state governments can take three actions to address addiction – regulation, taxation and cessation. Representatives Tucker (Berlin) and I plan to address all three in a study commission, approved by the House of Representatives at about 2 am on Friday morning.

On the gambling front, I did not support the efforts to bring new machines into our gaming establishments. These machines have been engineered to work like slot machines and are dangerously addictive. Feel free to reach out to me if you have questions about our state's charitable gaming facilities or the dangerously addictive systems that are inappropriately called historic racing machines.

I am very proud that our country is taking action to limit our exposure to the coronavirus as citizens, businesses and government. As testing ramps up, we will come to understand the disease and extent of the risks to the general population. Representatives from the legislature have been having informal discussions about potential actions we can take should effective action be identified. We look forward to doing our part individually and as your representatives.

Jerry Stringham represents Lincoln, Woodstock, and Waterville Valley in Concord, serving on the House Ways and Means Committee. If you need to reach Representative Stringham, email jerry@jerrystringham.com.

Stockley Trucking

405 SOUTH MAIN ST. LISBON, NH 03585

Buying

Copper • Brass
Aluminum • Light Iron • Etc.
Metal Recycling • Junk Cars

CALL FOR PRICES – 603-838-2860

Monday - Friday 9 AM - 4 PM • Saturday 7 AM - 12 Noon

GRS Tire & Auto

Full Service Auto Repair

Foreign & Domestic

Alignments • Brakes • Lube, Oil & Filter Changes
Oil Undercoating • State Inspections • Tires
Towing & Recovery • Tune-Ups • Used Car Sales

GARY SIEMONS, PROPRIETOR
603-747-4192
95 Central Street, Woodsville, NH
Hours: M-F 8-5

Harman's
Vintage 2017
Aged Cheddar



Harman's Cheese & Country Store

1400 Route 117 -Sugar Hill, NH 03586

Saturday: Free Cup of Coffee

MARCH SPECIAL:
5-Year Aged Cheddar

Open 9:30 am - 4:30 pm Mon., Tues., Wed., Fri. & Sat.
Closed Thursdays & Sundays until May

Phone: 603-8238000 • www.HarmansCheese.com

NOW OFFERING
CUT & SPLIT FIREWOOD

\$225/CORD
DRY HARDWOOD
Local Delivery
Included



We Also Do Wood Chipping Up To 4"

J & A
LAWNCARE

603-747-4030

BEST TO CALL AFTER 5 PM
Woodsville, NH

Indulge In You

Swedish Massage
Deep Tissue Massage
& Reflexology



f

For an Appointment contact
Donna Paye 30 minute &
at 603-989-0053 or 1 hr. sessions

book your appointment on FaceBook

Located at the Wells River Wellness Hall

Not all Times are Trendy, but there will always be Trendy Times March 17, 2020 Volume 11 Number 12

Haverhill Town Meeting Recap

by Gary Scruton

The annual Haverhill Town Meeting by approximately 300 Haverhill voters as well as a number of other interested members of the public. Due to this number of attendees, and the fact that each voter was required to check in with Supervisors of the Checklist before entering the Haverhill Cooperative Middle School gym, the meeting was delayed about 30 minutes before getting under way at 8:00 PM.

The first order of business was the announcement the top two vote getters for the six person race for Select-board Member were returning member Fred Garofalo, and newcomer to the board, Steve Robbins of Woodsville. The moderator also announced that Charles Fenn, Jr. was the winner in the only challenged race for Haverhill School Board.

In all the first six articles passed with virtually no debate. This included an Operating Budget of \$4,136,006. The moderator then accepted a motion to move Articles 22, 23 and 24 to be discussed next. These were the Fire Department and Highway Department combination articles and had already been asked to be voted on by ballot. The Haverhill Corner Fire Department article heard almost no comments. The North Haverhill Fire Department article, however, heard many voices both for and against the merger. Some speakers simply questioned the manner in which the proposed merger was being moved forward.

Even more discussion was held regarding the highway department merger question. This included comments from State Senator Bob Guida.

After all ballots were cast and then counted all three articles passed with an approximately 55% positive vote.

Several articles regarding raising monies to be added to capital reserve funds were passed on voice votes. Then came the article regarding a number of non-profit organizations requesting money from the taxpayers of Haverhill. An amendment was offered and passed to increase the line item for Court Street Arts to the figure of \$8,500, the same amount as had been raised in the past three years. After another round of debate the article passed.

Next were a pair of article regarding tax credits for

veterans and disabled taxpayers. Both articles passed with minimal debate.

One of only two articles to be defeated was a request that the stipend for members of the select board be doubled from \$1,500 per year to \$3,000 per member per year.

Another article that passed relatively quickly was the establishment of an account with \$50,000 to explore options for and expanding cellular broadband in Haverhill.

The second article to be defeated was the proposed purchase of a credit card reader to be used at the Dean Memorial Airport. Though the voice vote was close the moderator declared the article defeated.

The next article was also a close voice vote that was decided with a second standing vote. The article raised money to be used at the airport for safety concerns.

It also took only a small amount of debate before passing an article to raise \$200,000. to add to already collected monies for recon-

struction of the section of French Pond Road that travels thru the Mt. Lakes section of Haverhill.

The next article referenced the new bridge to be constructed on Clark Pond Road. Though no money was needed from the town on the vote a positive vote was still required, and was received. Previous announcement have promised that the bridge will be finished by October of this year.

The next two article were for the lease of both a new town grader, and a new dump truck. Again, very little debate occurred before passage.

Before the motion to adjourn a motion was made to recommend that future town meetings be moved back to a Saturday morning. It was further suggested that the meeting be held on a separate Saturday from the school meeting. An overwhelming voice vote affirmed the feelings of the crowd at the end of an annual meeting that adjourned about 11:20 PM.

Littleton Area Chamber Opens 100th Year Logo Contest to Area High Schoolers

The Littleton Area Chamber of Commerce celebrates its 100th birthday in 2021. The Chamber has a number of exciting programs and collaborations planned and is also in search of a redesigned logo to be used as part of our 100th Anniversary branding and as the interim Chamber logo for all of 2021.

We are seeking logo design submissions from High School Juniors and Seniors in the Littleton area. Before creating and submitting a design, students should review the information and creative document linked at littletonareachamber.com/logocontest. Entries will be judged by a panel of experienced graphic designers and Chamber volunteers.

The winner will receive a scholarship for a three-credit course at White Mountains Community College in their Business Administration or

Entrepreneurship Program. They'll also receive recognition of their work via the Chamber's social media and email channels and via printed press.

Submission deadline is Friday, May 15, 2020. Submissions should be sent via email to info@littletonareachamber.com. The winning entry will be chosen, and winner notified by June 1, 2020.

Questions should be directed to Nathan Karol, Executive Director at 603-444-6561.

The Littleton Area Chamber of Commerce is a 501(c)6 non-profit organization, our mission is to promote economic development in the Littleton area by attracting and growing local business, providing valuable resources to our membership and branding the area for tourists and relocation.

MANLIFT RENT
Day • Week • Month

Trailer Hitch Installations

TOOL BARN, INC.
1233 Lower Plain • Route 5
Bradford, VT

802-222-9311

Mon-Fri 7:30am-4:30pm • Sat 8am-12 Noon



BLACKMOUNT EQUIPMENT, INC.

603-787-6311 • 603-787-6954 FAX
NO. HAVERHILL, NH 03774

28TH ANNUAL Spring Chick Orders

Jumbo White Cornish Cross (Meat Birds) \$1.95 each (day old)

Golden Reds (Great Layers) Pullets \$3.25 each (day old)

Rhode Island Reds Pullets \$3.25 each (day old)

Barred Rocks or Black Sexlinks Pullets \$3.25 each (day old)

Turkeys: Broadbreasted White \$6.25 each (day old)

ORDER NOW THROUGH MARCH 30TH

Chicken shipment est. delivery is the first part of May.
Turkey shipments the first week of August.



BOWS

NOW CARRYING A FULL LINE OF MATHEWS BOWS



VRX 28
\$1,099⁰⁰

TURKEY HUNTING



FEEDER HEN DECOY
\$78⁹⁹

TOP CALLS THE HEARTBREAKER
\$6⁹⁹



GUNS



TRISTAR COBRA III Pump 12 GA
\$349⁹⁹



ATI OMNI MAXX P#P 5.56
\$489⁹⁹

BOSSMAN OUTDOORS

24 Railroad Street • Woodsville, NH 03785
603-243-0550 • www.bossmanoutdoors.com



Calendar of Events

A Full Page of Events from Local Non-Profits, Schools and Towns. *Presented FREE by Trendy Times.*

Due to the COVID-19 virus many scheduled events are being postponed or cancelled.

We urge you to contact the host of any event listed here to know the current status.

We also urge all to be careful and cautious for your own health, as well as for others.

TUESDAY, MARCH 17

TEEN ADVISORY BOARD
5:30 PM
St. Johnsbury Athenaeum

THURSDAY, MARCH 19

VFW POST #5245 MONTHLY MEETING
7:00 PM
VFW Hall, North Haverhill

FRIDAY, MARCH 20

ACORN CLUB STORYTIME
10:30 AM
St. Johnsbury Athenaeum

THURSDAY, MARCH 26

PAINT BY PAGES: WHERE PICTURE BOOKS
MEET ART
1:00 PM - St. Johnsbury Athenaeum

DOROTHY'S LIST VOTING PARTY

12:15 PM
St. Johnsbury Athenaeum

TECH SUPPORT

5:00 PM
St. Johnsbury Athenaeum

MONDAY MARCH 30

HAVERHILL SELECT BOARD MEETING
6:00 PM
Morrill Municipal Building, North Haverhill

TUESDAY, MARCH 31

FROM MODPUPPIES TO WOOD TURTLES
6:30 PM
Fairlee Town Hall Auditorium

THURSDAY, APRIL 2

WOODSVILLE WELLS RIVER 4TH OF JULY
MONTHLY COMMITTEE MEETING
7:00 PM
Woodsville Emergency Services Building

FRIDAY, APRIL 3

VERMONT READS 2020 BOOK DISCUSSION
AT THE CENTRAL CAFÉ
5:00 PM
Central Cafe, 418 Railroad St., St. Johnsbury

SUNDAY, APRIL 5

BREAKFAST BUFFET BY LEGION RIDERS
9:00 AM - 12:00 NOON \$8.00
Post Home, 4 Ammonoosuc Street, Woodsville

TUESDAY, APRIL 7

NORTHERN GRAFTON COUNTY REPUBLICAN
COMMITTEE MONTHLY MEETING
7:00 PM
Littleton Regional Healthcare"

WEDNESDAY, APRIL 8

ROSS-WOOD POST #20 AMERICAN LEGION
MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

THURSDAY, APRIL 9

ST. LUKE'S COMMUNITY MEALS
5:00 - 6:30 PM
St. Luke's parish House, Woodsville

ROSS-WOOD POST #20 SONS OF THE AMERICAN LEGION MONTHLY MEETING

6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

SATURDAY, APRIL 11

NOTCH ABOVE PHOTO CLUB
1:00-3:30 PM at the
Bethlehem Public Library.

MONDAY-FRIDAY, APRIL 13 - 17

GIANT PUPPET-MAKING WORKSHOPS
2:00 - 4:00 daily
Fairlee Town Hall Auditorium

MONDAY, APRIL 13

ROSS-WOOD UNIT #20 AMERICAN LEGION
AUXILIARY MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

THURSDAY, APRIL 16

JAZZ JAM SESSION
6:30 - 9:00 PM
Fairlee Town Hall Auditorium

TUESDAY, APRIL 21

VERNAL POOLS BY STEVE FACCIIO
6:30 PM
Fairlee Town Hall Auditorium

WEDNESDAY, APRIL 22

ROSS-WOOD POST #20 AMERICAN LEGION
WKWXRUIB ID IDUXWEA
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

TUESDAY, MAY 19

PRESENTATION BY JENS HILKE ON FOREST
BLOCKS FOR WILDLIFE
6:30 PM
Fairlee Town Hall Auditorium

Ongoing Weekly Events

MONDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Darling Inn, Lyndonville
BINGO - 6:00 PM
Orange East Senior Center, Bradford
TOPS (TAKE OFF POUNDS SENSIBLY)
6:00 PM - Peacham School
KIWANIS CLUB OF ST JOHNSBURY
6:15 PM - VFW Post, Eastern Ave.
DRAWING FROM LIFE - 6:00 - 8:00 PM
Joseph Patch Library, Warren
MONDAYS/WEDNESDAYS

RSVP BONE BUILDERS
10:30 AM - 11:30 AM
Linwood Senior Center, Lincoln
RSVP Bone Builders
1:30 - 2:30 PM
United Community Church, St. Johnsbury

MONDAYS/THURSDAYS

ADULT INTERVAL AEROBICS CLASS - 6:30
Woodsville Elementary School
GOLDEN BALL TAI CHI
8:30 - 9:15 AM - St. Johnsbury House
RSVP BONE BUILDERS
9:00 - 10:00 AM
Municipal Building, Lyndonville
9:15 - 10:15 AM
Congregational Church, East St. Johnsbury
6:00 - 7:00 PM
Community Church, Concord
MON./WED./FRI.
RSVP BONE BUILDERS
1:30 - 2:30 PM - United
Community Church, St. Johnsbury

TUESDAYS

BREAKFAST BY DONATION
8:30 AM - 10:00 AM
Horse Meadow Senior Center,
North Haverhill
RSVP BONE BUILDERS
9 AM - 10 AM - St. Johnsbury House
10:30 AM - 11:30 AM
Congregational Church, Danville
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Senior Action Center,
Methodist Church, Danville
NOON - Presbyterian Church, S. Ryegate
NOON - Darling Inn, Lyndonville
RSVP BONE BUILDERS
2:00 - 3:30 PM - East Haven Library
EMERGENCY FOOD SHELF
4:30 PM - 5:30 PM
Wells River Congregational Church

COMMUNITY DINNER BELL -
5:00 PM September 5- June 5
All Saints' Church, School St., Littleton
AA MEETING (OPEN BIG BOOK)
7:00 PM - 8:00 PM
St. Luke's Parish Hall, Woodsville

TUESDAYS/THURSDAYS

RSVP BONE BUILDERS --
8:30 - 9:30 -- Monroe Town Hall
ACTIVE OLDER ADULT STRENGTH CLASS
1:30 PM
Woodsville Post Office, S. Court St
RSVP BONE BUILDERS
2:00- 3:00 PM -East Haven Library
TUESDAYS/FRIDAYS

RSVP BONE BUILDERS

9:00-10:00 AM
St. Johnsbury House
RSVP BONE BUILDERS
9:30-10:30 AM
GRACE Art Gallery, Hardwick
GOLDEN BALL TAI CHI
8:30-9:30 AM
United Methodist Church, Lyndonville

WEDNESDAYS

AQUA AEROBICS
Evergreen Pool, Rte 302, Lisbon
ADULT STRENGTH TRAINING
1:30 - 2:30 PM - United Community
Church, St. Johnsbury
TOPS (TAKE OFF POUNDS SENSIBLY)
Weigh In 4:45 PM - Meeting 5:45 PM
Cottage Hospital Conference Room
BINGO - 6:30 PM
Haverhill Memorial VFW Post #5245
North Haverhill
CRIBBAGE - 7:00 PM
Orange East Senior Center, Bradford

WEDNESDAYS/FRIDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - West Barnet Senior Meal Site
NOON - Darling Inn, Lyndonville
THURSDAYS
GROTON LUNCHESES W/FRIENDS
10:00AM - 2:00 PM / Lunch @ 12:00
Groton United Methodist Church

NEK COUNCIL ON AGING'S HOT MEALS

11:30 AM - St. Johnsbury House
NOON - Senior Action Center,
Methodist Church, Danville
NOON - Darling Inn, Lyndonville
ST PAUL'S BIBLE STUDY ON JAMES, 6:15
PM, 113 Main St., Lancaster
TOPS (Take Off Pounds Sensibly) --
Weigh-in @ 6:00 p.m., meeting @ 6:30
-- Monroe Public Library

FRIDAYS

RSVP BONE BUILDERS
9:00 - 10:00 AM - St. Johnsbury House
9:30 - 10:30 AM
Grace Art Gallery, Hardwick
1:30 - 2:30 PM - United Community
Church, St. Johnsbury
WORSHIP UNDER THE TENT- 7 PM
100 Horse Meadow Rd, No Haverhill
AA MEETING (OPEN DISCUSSION)
8:00 PM - 9:00 PM
Methodist Church, Maple St, Woodsville

SATURDAYS

STORY HOUR FOR CHILDREN - 10:15 AM
September thru May
Brainerd Memorial Library, No. Danville
SUNDAYS
LISBON BIBLE CHURCH, WOOLSON ROAD
Sunday School 9:15 AM
Worship 10:30 AM Bible Study 6:00 PM
NORTH DANVILLE BAPTIST CHURCH (ABC),
Worship and Sunday School, 9:30 AM
Refreshments at 10:20 a.m.
CRIBBAGE - 1:00 PM
American Legion Post #83, Lincoln

Want to Connect to Other Readers?

Join the Bath Book Club!

The Bath Library Book Club will be discussing "The Left Hand of Darkness", by Ursula Le Guin on Thursday, April 9th at 5 pm at the Bath Public Library.

A Science fiction novel which tells the story of Winter, an Earth-like planet where the weather conditions are semi-arctic and the inhabitants are all of the same sex, which is invited to join a coalition of planets.

Books may be picked up at the Bath Library; hours are Tuesdays, Wednesdays and Thursdays 9:00am to noon and 1:00 pm to 5:00 pm and Saturdays 9:00 am to noon. Anyone with an interest in reading and conversing about books is welcome to attend. For information, please contact the library at 603-747-3372 or email bathlibrarykjb@gmail.com

Free Dementia Education Series

Free Dementia Education Series will be offered at the Summit by Morrison, 56 Summit Drive, Whitefield on the following Mondays, April 6, 13, 20, and 27, and May 4 from 5:30-6:30 p.m. The first session features a Dementia Overview, followed by four specialized sessions promoting the best practices in day-to-day care for people with Alzheimer's and related forms of dementia. Sessions include Communication Skills, Approach to Personal Care, Activity Based

Person-Centered Care, Understanding Behavior as Communication, and Supporting Families and Caring for Ourselves. Mary Bates, the facilitator for the series, recently received her Certified Dementia Practitioner® Certification from the National Council of Certified Dementia Practitioners. Attendance at all sessions is recommended but not required. Call Mary Bates at Summit by Morrison (603) 837-3513 to register.

Littleton Area Chamber Kicks Off Membership Drive with April 1st Open House

The Littleton Area Chamber of Commerce will kick off its annual membership drive with an Open House on April 1st at its office and information center in Littleton. The Open House, co-hosted with Thayers Inn will take place from 5-7pm.

While new members are accepted year-round, Spring is a great time for area businesses to partner with the Chamber. Nathan Karol, Executive Director, states that "the Chamber is a hub of information, resources and opportunities for businesses of any size and their employees." Whether focused on strategic growth, networking, professional development, community involvement or new business guidance, coming to the Chamber should always be the first step.

The Chamber offers membership pricing that fits any size business and can work with you to customize packages based on your needs.

If you have questions about membership or would like to RSVP for the Open House, please call the Chamber office at 603-444-6561 or email info@littletonareachamber.com. Additional membership information and our member application can be accessed at littletonareachamber.com

The Littleton Area

Chamber of Commerce is a 501(c)6 non-profit organization, our mission is to promote economic development in the Littleton area by attracting and growing local business, providing valuable resources to our membership and branding the area for tourists and relocation.

"Ireland's Great Famine in Irish-American History"

Bath Public Library has received a grant from the New Hampshire Humanities to present Mary Kelly, "Ireland's Great Famine in Irish-American History" on Saturday, March 28th at 2:00 pm at the Bath Public Library.

Drawing on material from her book Ireland's Great Famine in Irish-American History, Dr. Kelly will discuss the role of the Famine in shaping Irish-American ethnic identity. Focusing on the long-term impact of the episode between the 1840s and 1990s, she explores the shadowed landscape of Famine legacy and its status in Irish-American culture today. Referencing contemporary press accounts and the writings of Famine survivors and their descendants, Dr. Kelly shows how interrogat-

ing Famine memory enables the Irish on both sides of the Atlantic to deal with the material and emotional inheritance of this tragic experience.

Mary C. Kelly, Ph.D., is Professor of History at Franklin Pierce University, where she has taught for over twenty years. Her Masters in Modern Irish History is from National University of Ireland, Galway, and she earned a Ph.D. in Modern American History from Syracuse University. Her research explores Irish-American ethnic identity within spheres of faith, political culture, the enduring relationship with Ireland, and Irish-American involvement with the Irish Revolution. Her publications include books The Shamrock and the Lily (2005) and Ireland's Great Famine in Irish American History (2016; 2014), and her current research encompasses nationalist

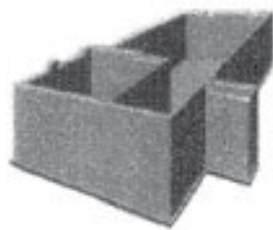
expression and ethnic Irish Protestant contribution to the ethnic identity. Professor Kelly presents on Famine impact and memory, ethnic political culture, and immigrant settlement in Boston and New York. She was honored with a 2014 Keene State College President's Outstanding Women in New Hampshire Award and the 2016 Holyoke St. Patrick's Day Committee Ambassador Award.

This program is free and open to the public. There will be light refreshments served. New Hampshire Humanities nurtures the joy of learning and inspires community engagement by bringing life-enhancing ideas and subjects from the Humanities to the people of New Hampshire.

For more information, contact the Bath Public Library at 747-3372 or e-mail bathlibrarykjb@gmail.com

RICH SAFFO

Concrete Form Co., Inc.



Since 1978
Continuous Service

Phone: 603-787-6747

Fax: 603-787-6560

Second Chance
animal rescue

1517 Meadow Street
Littleton, NH 03561
603-259-3244
www.secondchancear.org

"we care when there's no one there"

"Before I formed YOU in the womb, I knew YOU..."

Jeremiah 1:5

LifeNews.com reported that in 2019, 42.3 million Babies were aborted world-wide, each a LIVING being with own DNA, distinct from their mother. In the US, a million abortions done annually, over 61 million since 1973. Saying it is a "blob or tissue" dehumanizes the Unborn, so it is easier to accept that it is okay to do.

IT IS NOT! GOD, OUR CREATOR, WILL NOT HOLD US GUILTY

One presidential candidate states it is "too radical & restrictive" to stop killing Babies in late-term abortions. One party voted unanimously to defeat a bill to care for babies born alive after an unsuccessful abortion.

Who will stand up for me against evil..." Psalm 94:16

PAID ADVERTISEMENT

603.353.9700
WWW.GOTHOMSON.COM
53 RT 10 ORFORD

THOMSON TRIMMER HARVESTING & LOGGING, LLC

EXCAVATION

FOUNDATION REPAIR - PONDS - HORSE ARENAS
- DRIVEWAYS - SEPTIC SYSTEMS
- DRAINAGE PROBLEMS

Spring is Coming!

EARLY BIRD SPECIAL
5% Discount On All Membership Packages Purchased By April 1, 2020

Get ready for the golf season at

Blackmount Country Club

603-787-6564

CLARK POND ROAD • NORTH HAVERHILL

Card Shower for

Jean Dunbar
90th Birthday

on
March 19th

Happy 90th Birthday!

Send Cards To:
15 Cota Lane
No. Haverhill, NH 03774

Happy 90th Birthday!

A Walk in the Woods – Looking for American Woodcock

By Jim Frohn,
Grafton County Forester

Taking the dogs out before sunrise this morning, I stepped out on the porch and was greeted with the nasally, almost frog-like peent of a woodcock. To me, that's the first sign that spring has arrived, despite what the calendar says. Some years, the woodcock arrives in what are decidedly winter conditions. Last year in my neck of the woods, there were several feet of snow on the ground and temperatures were quite cold when the woodcock showed up. This year too there's snow, but less of it and the temperatures are warmer. I worry that the birds won't be able to find enough bare ground to search for earthworms, their favored food. My wife likes to tease me that I worry about this every year, but somehow, miraculously, they survive to return.

A Unique Bird

Woodcock belong to the shorebird family, but have adapted to upland life. They are a relatively small, stocky bird, about 10 – 11" if you count the beak. Woodcock aren't showy – they are a blend of brown, gray, black, tan, and white. They are so

well-camouflaged that it's easy to almost step on one. If they didn't fly out from under your feet, you probably wouldn't see one on the ground at all.

Woodcock are well-built for searching for their favorite food, earthworms. They have a long bill – 2 ½" on a male, 2 ¾" on a female – which can be opened near the tip for grasping food while the majority of the beak is inserted into the ground. The woodcock's eyes are arranged toward the back of the head, so they can watch for predators while searching for food. The brain is upside-down, to allow for the rearward eyes. In addition to worms, which make up about 60% of their diet, woodcock eat ants, beetles, crickets, caterpillars, grasshoppers, and insect larvae.

Courting Flight

One of the most interesting things about the woodcock is the males' courting flight, or "sky dance" as naturalist Aldo Leopold called it. The male prefers an open area, at least a quarter-acre in size, to stage his flight. He starts out on the ground making the nasal "peent" sound. One writer describes it as sounding like "skre-e-e-nk", which goes to show

that you really have to hear it to know what it sounds like. A recording can be found at – <https://ruffedgrousesociety.org/woodcock-facts/#audio>. After doing this for a while, the bird takes off in a wide corkscrew pattern, making a whistling sound as it ascends. Once thought to be a vocalization, the whistling is actually made by air across the bird's primary feathers. Reaching the top of his flight at 200 to 300 feet, the bird then makes a chirping sound before almost free-falling, fluttering like a leaf, to the ground. He usually lands in almost the exact same spot from which he began, then starts the sequence over again. Listening to and watching a woodcock's courtship flight can provide good entertainment at dusk on a spring evening. If you're in good woodcock habitat, it's not uncommon to see several male birds performing, and you can almost see where their territories meet.

After mating, the female forms a rudimentary nest on the ground in thick cover, where she'll lay three or four eggs. Three weeks later, assuming no nest predators have made off with the eggs, the young birds hatch. Woodcock chicks are precocial, meaning they are ready to leave the nest several hours after hatching. After two weeks they're able to make short flights, and within a month are full grown. Woodcock productivity is relatively low, with only one brood per year. Fortunately, nesting is usually successful (60-75% success rate), and juveniles have high survival rates, likely a result of their



superb camouflage and ability to sit absolutely still.

Migration

Come fall, woodcock migrate from their breeding grounds, which cover an area from the Lake States across to Maine and eastern Canadian provinces, down to Ohio and West Virginia. These short-winged birds migrate slowly and at altitudes of only about fifty feet, making short flights mixed with longer ones. Even at this low and slow pace, woodcock can travel up to 1500 miles to their wintering grounds across the South, from Virginia to Florida and to eastern Texas, with large numbers found in Louisiana.

Habitat

Good woodcock breeding habitat provides courtship sites, nesting and brood rearing cover, and roosting habitat. Open fields, meadows, or log landings bordered by dense young forest, especially aspen or alder on damp soils, provide a good mix.

Abandoned fields and pastures reverting to forest provide excellent woodcock habitat. The supply of abandoned farmland has dwindled, and many farms have instead been converted to housing and other development. Forests across much of New Hampshire have matured out of good woodcock habitat. Forces that used to create young forest, such as fire or beaver activity, are

now limited or eliminated from the modern landscape. This leaves managed cutting of trees and shrubs as the main tools to create woodcock habitat. Regenerating mature aspen or alders through patch clearcutting are effective methods.

American woodcock are listed as a Species of Greatest Conservation Need in the New Hampshire Wildlife Action Plan. A number of programs and groups are dedicated to improving habitat for woodcock as well as the fifty or so additional species that rely on similar habitat. An American Woodcock Conservation Plan was developed to guide conservation across the woodcock's range. With wildlife enthusiasts, biologists, and land managers focusing on improving and maintaining habitat, the spring ritual of watching the woodcock's evening flight will be enjoyed for many years to come.

Sources:

American Woodcock Conservation Plan
Ruffed Grouse Society/
American Woodcock Society www.ruffedgrousesociety.org
Young Forest Project – www.youngforest.org
Elman, Robert. (1987). The Hunter's Field Guide. New York: Alfred A. Knopf.
Leopold, Aldo. A Sand County Almanac.

DAVIS REALTY OF NH & VT, INC.

139 Central St. - Woodsville, NH * 603-747-3211 • Fax 603-747-3575
Email: DavisRealty1958@gmail.com • Web: www.davisrealtynhvt.com

BATH, NH - Community Living At Its Best- Fantastic mountain views, lovely cape contemporary with Living Room/Dining Area with see through propane fireplace, hardwood floors, first floor bedroom and bath, loft overlooking Living Room, 2nd floor Bedroom and Bath with jetted tub and separate shower. Fenced yard, fire pit. Gated community. Mint condition. \$289,900



HAVERHILL, NH - Opportunity Knocks - Two Bedroom Log home with walk out basement with a family room and bedroom, Upper level living room, fully appliances kitchen, 2nd large bedroom, oversize deck for relaxing and entertaining, new roof, 1 car detached garage, nearly one acre. Enjoy the Mountain Lakes amenities. \$135,500.

HAVERHILL, NH - Home Sweet Home - Relax on long front porch, nicely finished interior, total of 6 rooms with 3 being bedrooms, one full bath just remodeled, tastefully decorated with color coordination. One car detached garage. Yard for the family. Downtown location. \$102,500.



IF YOU ARE THINKING OF SELLING. LET'S MEET
We can provide a price opinion.

CustomSUPPORT

We're here to help you!



www.customsupport.com

- Windows and Mac Installation & Repair
- Virus & Malware Removal (PC Tuneup)
- Network Installation & Configuration
- Website Design & Maintenance

227 Cross Road
Bradford, Vermont 05033

paul.hunt@customsupport.com
john.hunt@customsupport.com

802.222.4460

Historic Lisbon Farm Conserved Forever

LISBON – A slice of North Country heritage, a place for future farmers, and land that helps protect the quality of the Ammonoosuc River is protected for all time, thanks to the generosity of Lisbon resident Dori Hamilton.

Hamilton donated a conservation easement on her Sweeney Road farm to the Ammonoosuc Conservation Trust.

“I did this to be sure that my farm is forever kept in its natural state, as an area to be farmed, a refuge for wildlife, and its beauty to be observed.” Hamilton said at the project closing at the ACT office in Franconia.

Hamilton grew up in rural Pennsylvania. When she was very young, her father managed a dairy farm. After a career as a Navy nurse and retiring in the late 1980s, Hamilton sought a place where she could raise livestock on a farm of her own. She found the perfect place on Sweeney Road in Lisbon, a farm first settled in the 1800s where sheep, cows, chickens and pigs had been raised, with gorgeous barns, ample pastures, and an apple orchard.

Hamilton named her property Tranquil Vewe Croft in memory of her mother, who was raised on Tranquil Farm in Pennsylvania, and her Scottish father – “croft” being the term for a small farm in Scotland. “Vewe” is a play on words. Hamilton’s



father lived with her at the farm for a time before his death.

Hamilton’s largest herd was 50 Romney and Oxford sheep after an original flock of 10. She and farm neighbors cooperatively hayed and baled six fields along nearby Walker Hill and Slate Ledge roads. Bales were stored in one of Dori’s barns.

Hamilton has been a fixture at the Littleton Farmers Market, spinning and selling wool. Year round she sells her wool at the ARTS Gallery in Lisbon, where she also volunteers.

“We’re honored to work with Dori to achieve her goal of protecting her farm forever,” said ACT Executive Director Rebecca Brown. “Dori’s vision for the future of having this lovely place be available for new farmers is an inspiration.”

In addition to being a picturesque farm, Hamilton’s

land includes wildlife habitat in its woods and is part of the undeveloped land on the west side of Route 302 that provides a buffer toward the Ammonoosuc River. Her property is part of the land the NH Dept. of Environmental Services has identified as important for drinking water protection.

“Having seen other properties in our area stripped of their natural beauty, I wanted to make sure that never happened to mine,” Hamilton said.

Ammonoosuc Conservation Trust works with individuals, families, and communities to ensure that farmland and forests, and rivers, lakes, and streams are available for people and wildlife now and forever. For more information, and learn about our upcoming events, please call (603) 823-7777 or visit www.act-nh.org.



Willing Workers Society of Glencliff ran their first annual “Be My Valentine” raffle to raise money for the restoration of the Willing Workers Hall. The \$516 raised will be added to the restoration fund. The drawing was held at Calamity Jane’s on Valentine’s Day at 7:00pm. Holden from Warren assisted in the drawing of the tickets. Winners of the raffle are: Bob from Rumney, Helicopter Ride for 2 donated by Vincent Mastrianni, John Hinzman of Pike, gift certificate for \$50 donated by Oliverian Automotive, Donna Bagley of Warren, \$50 gift certificate donated by The Common Man, Raymond Heath of Warren, \$50 gift certificate donated by The Common Man, Todd Bixby of Warren, gift certificate for \$25 donated by Calamity Jane’s, Joe Hennesey from Maine, Dinner for 2 donated by OreMill Bar and Grill, Brenda Batton of Vermont, teddy bear donated by David Ball. Congratulations to our winners and thank you to OreMill and Calamity Jane’s for helping us in our endeavor to restore a historical building.

YOUR AD COULD BE HERE
\$15⁵⁰ or less per issue
Contact Gary @ 603-747-2887
gary@trendytimes.com

North Country
APPLIANCE SERVICE
603-787-6677
DON BOWMAN - OWNER/SERVICE TECHNICIAN
Factory Authorized Service Provider • Serving NH & VT

Residential, Commercial and Agricultural
ROSS PAGE FOUNDATIONS LLC EST. 1970
Eric Page, Owner
Concrete Foundations/Floors/Slabs • Stamped & Colored Concrete
Thermomass Insulated Concrete Walls
ACI Certified Flatwork Finishers
802-592-3166 • 348 Thad Stevens Rd • Peacham, VT 05862



Summit
by Morrison

Our spectacular independent living apartments, with mountain views, are available in one or two bedroom configurations

The monthly rent includes

- All utilities
- Individual heating and cooling controls
- Full kitchen
- Flexible meal plan
- Housekeeping
- Ample closet space
- Washer and dryer
- WI-Fi, cable TV and local telephone service
- Radiant heated floors
- 9 ft. ceilings
- Sound proofing
- Reserved parking

“I’m independent and worry free, in my new home at the Summit”

603.837.3640 | www.themorrisoncommunities.org | 56 Summit Drive, Whitefield, NH

1-603-787-2517

Budget KB
Kitchens & Baths to fit any budget!

5,000 SF Showroom

We offer Kitchen & Bath Cabinets from: Medallion, Wellborn Forest, JSI and Sunny Wood. Countertops are available in Laminate, Solid Surface, Granite, Quartz and Soapstone.

Visit our Kitchen and Bath Design Center!

Interior and Exterior Doors in a variety of styles and finishes and Windows to fit every budget!

1139 Clark Pond Rd., North Haverhill, NH 03774
Hours: M-F 8 AM-4 PM, Sat 8 AM-12 PM, Sun Closed



We Accept Cash, Check or Credit/Debit Cards



CLASSIFIEDS

Personal: For Sale, Wanted, Lost, Found: Up to 30 words FREE for 2 issues. (\$10,000 value limit)
Business: Help Wanted, For Rent, etc. \$10/2 issues, \$20/5 issues, \$50/15 issues. Limit of 30 words.

Classifieds that exceed word count may be subject to an additional charge.

Mail or Drop Off at Trendy Times, 20 Pine Street, Woodsville, NH 03785 Email: Gary@trendytimes.com



INSTRUCTION

INSTRUMENT LESSONS: Private piano, guitar, banjo & clarinet lessons for beginner & intermediate students of all ages. 40+ years instructing. Call 603-398-7272. 5.12

ALTERNATIVE HEALTH/HEALING

REIKI RETREAT: Barbara L. Smith RMT, LMT. Reiki sessions & classes. Practicing since 2003. Offering Massage, Biofield Tuning and Zero Balancing. Gift certificates available. 90 Farm St, East Ryegate, VT. 802-757-2809. reikiretreat@charter.net or check the website www.vtreikiretreat.com

WANTED

WANTED TO BUY: UNRESTORED Ford Cars & Trucks 1928 - 1940 and pieces. Contact Frank in Keene, NH 603-352-6290 06.09

WANTED TO BUY: Clear photos of the ice skating rink on Woodsville Community Field where the pool is now located! To be used in my next book. Jim Hobbs, White Mountain Trader, open 7 days a week, noon until 9:00 PM. info@wmtn.biz or call 603-243-0225 03.31



CLASSIFIED FORM

We accept checks, credit/debit cards and even cash!

MAIL OR DROP OFF AT:

20 Pine Street, Woodsville, NH 03785

EMAIL: gary@trendytimes.com

- For Sale
- For Rent
- Lost
- Help Wanted
- Free
- Found
- Personals
- Wanted
- Other _____

Description: _____

Price: _____

Phone Number: _____

NON-BUSINESS: For Sale, Wanted, Lost, Found:

Up to 30 words **FREE** for 2 issues. (\$10,000 value limit)

BUSINESS: Help Wanted, For Rent, etc. \$10/2 issues,

\$20/5 issues, \$50/15 issues. Limit of 30 words.

Classifieds that exceed word count may be subject to an additional charge.

Mail or Drop Off at Trendy Times,
20 Pine Street, Woodsville, NH 03785

FOR SALE

AKC LABRADOR RETRIEVER PUPS: Black & Chocolate, male & female. Vet checked, 1st shots, wormed, well socialized, parents on premise. 603-838-6559 \$850 each 03.31

BARRELS, TOTES & PAILS: 5 gallon - 275 gallon. Plastic or steel. Open and closed top. Call Bicknell Barrels 802-439-5519 03.23.21

1944 JOHN DEERE TRACTOR. Hand start. Good condition \$2,000.00 Call 603-631-0823 03.17

ATV SNOW PLOW, Warn Ind's H/D Pro, 54" x 20", mint condition, 2 years old. \$250.00 Call 802-439-3254 03.17

LADY MARGARET AGE ELEGANCE DOLL, new in box \$9.00; Coke bottle, full, never opened, 1960's, \$9.00; 1960's 7-Up Bottle \$4.00; Call 802-439-3254 03.17

MAYTAG HIGH EFFICENCY, LOW WATER, ENERGY SAVER WASHER. purchased 5/29/17. New condition. Cost new \$699.00. Best reasonable offer. Call 802-626-5176 03.17

RUNNING BOARDS, O.E. for 2015-2020 Chevy Colorado or GMS Canyon, extended cab, new in box. P/N B4157165. \$350 installed. Call 802-626-9244 03.17

VINTAGE AVON PHEASANT & 10 pt. buck, mint condition \$3.00 each; 6 Chicago Bar Shot glasses, h/d, 1950's, \$6.00. 802-439-3254 03.31

EDMUNDS QUILTING FRAME and stand 5560A with extension kit 5561, original assembly instructions, all parts and hardware. Accommodates quilt up to 111" wide. \$35 Phone 207-546-0214 03.31

5 WOODSVILLE 1950'S POST CARDS \$2.00; 1940's Boy Scout official canteen \$3.00; (5) GAR Grand ARmy Republic 1920's checks \$4.00; 1960's Coca Cola full bottle \$10.00. Call 802-439-3254 03.31

HOT TUB: AQUA-REST 4 person. 2 years old. Very good condition. Model 40. \$1,200. Call 603-973-6258 03.31

8,400 Copies of Trendy Times Are Distributed Every Other Week to Newsstands from Orford to Lincoln & Littleton, and from Fairlee to Danville and Lyndonville.

We are proud to be your Newspaper!

We also offer some of the lowest rates around for businesses and for non-profits. Call today!

FOR SALE

PA SYSTEM, TWO PVS CABINETS with 15" speakers on wheels and Peavey XR-400 4-channel power head, with cords. \$250 OBO. Call 802-892-1123 03.31

EXCELLENT CONDITION PORCELAIN DOL MOLDS, Holiday, world Santas, Easter molds, snow babys, big dolls, doll house dolls. Over 100 molds. Gallons of slip to go with molds. Excellent condition. Lot of dolls are ready to put together. \$2,000. Call 802-883-2263 03.31

HAND CROCHETED BLANKETS. Fit up to queen size bed. Multi-colored, one blue, one green \$75.00 each. Also slippers, men's women's children's. Different colors \$5.00 each. Mittens, different colors and sizes \$5.00 each. Call Penny 802-757-3337 03.31

1984 YAMAHA VIRAGO 1000 CC, CANDY APPLE RED TANK & CHROME. NEEDS A COIL KIT. CURRENTLY IN STORAGE. \$1,000 OR BRO. Ryobi 10" table saw with 15a motor. \$50. Misc. nails & screws in boxes and jars. Call 603-747-2590 03.31

HELP WANTED

PART TIME HELP WANTED: We are looking for an experienced and compassionate caregiver to provide excellent care to our family members. Job duties include helping them bathe, prepare meals, light housework, remind them to take medications and overall general companionship. Our primary goal goals is to improve the daily lives of our loved ones. Looking for someone who has a flexible schedule and can be available from morning to evening References preferred. Call 802-222-1285 03.31

NEWSPAPER SALE POSITION AVAILABLE this is a part time, your hours, opportunity to add to your income. You can work as many, or as few hours as you wish each week. Compensation is commission based, but some reimbursement for mileage may be available for the right person. Position does require reliable transportation as well as phone & email capabilities. For an interview or more details call 603-747-2887 or email Gary@trendytimes.com

Wells River; Baldwin Block 2 BD Apartment available. \$900 rent includes electricity, heat, trash and snow removal. Building has a central elevator & laundromat facility. Income restrictions apply. To request an application, call Shelly at 775-1100 Ext. #7, e-mail shelly@epmanagement.com or visit http://epmanagement.com/vermont-properties/(http://epmanagement.com/vermont-properties/) to print an application. Equal Housing Opportunity.

Wells River Commercial Space - Space located at 51 Main St. Unit B-2. Ground floor; 323sq. ft. available now.

Wells River Commercial Space - Space located at 51 Main St. Unit D-1. Ground floor; 690sq. ft. available now.

Walking distance to banks, stores and laundromat. Rent includes heat, central air condition, electricity, trash and snow removal. For further details or an application call E.P. Management @ 775-1100 Ext. #7 or e-mail shelly@epmanagement.com. Equal Housing Opportunity.

Volume 11 Number 12
March 17, 2020
Not all Times are Trendy, but there will always be Trendy Times

Apology to Senator Guida

I wanted to write a public apology to NH State Senator Bob Guida on behalf of the Select Board and the Town of Haverhill for his shocking treatment at the Town of Haverhill's recent annual town meeting. It is never acceptable to shout down a speaker who has the floor in a public forum as a town meeting. The whole town meeting concept is to allow a citizen to advocate for their issue or pose a question. Not to be intimidated by a small but very vocal minority of the audience. It was a shameful display, and I was embarrassed by that conduct and cheap political stunts. Senator Guida came there as a guest on his own time to relay important information about the ongoing Woodsville Precinct financial issues, information that negatively impacts every town taxpayer. Taxpayers that he represents in Concord. To his credit, he has championed this cause after it was brought to his attention by this current select board last year. The fortunate thing about it being an evening meeting was that there were no small children present to witness that display of incivility.

I also wish to correct the public record. I was stunned that a Woodsville Commissioner at last Sunday's (March 8) Question and Answer meeting with the Select Board made false and misleading statements about the NH Department of Revenue Administration (DRA) interactions with the Woodsville Precinct regarding the lack of any audits since the

failed one in 2014. He stated to the audience that they had received only one notification from DRA in the last five years. That statement is false. The facts are that DRA has sent over 40 emails and approximately 100 telephone calls to the precinct about their unfulfilled audit requirement since 2011. Not the single notification in five years as publicly stated. The Select Board will continue its efforts for accountability and recovery of lapsed town funds from the Woodsville Precinct; this is a serious matter and has gone well beyond admitted simple mistakes. People, especially the residents of that precinct, must begin to grasp the enormity of their potential liabilities; and not just highway funds. This matter is not an anomaly, it is emerging as a systematic scheme to obfuscate the facts about the precinct's finances to the public, and this cannot be allowed to stand. Consider for a moment the vast amounts of revenue generated by the Woodsville Water and Light and the lack of accountability regarding precinct finances. It is a recipe for disaster. I have total confidence in the NH Attorney General and the NH DRA Commissioner. It is time to get to the bottom of this issue and hold people accountable. The people of Woodsville Precinct and The Town of Haverhill deserve nothing less.

Matthew D. Bjelobrck
Select Board Member
Town of Haverhill, NH

Woodsville Commissioners Respond to Senator Guida

March 6, 2020
Senator Bob Guida
NH District 2

Dear Bob,

We were discouraged to see your letter circulated to the people of Haverhill without you having made any effort to verify the information contained within it. In your letter, you take on the role that should be the exclusive domain of the New Hampshire Department of Revenue. On February 26, you were made aware that we had a meeting set up with the DRA for March 4th to review these issues and to work on a path forward. For some odd reason, you have decided to make a grandstand play at publicizing this event and putting a nefarious spin on it. We address your statements in order below.

1. We met with Mr. James Gerry, Director of the NH DRA on Wednesday of this week. Also present was our DRA account manager, Jamie Dow, the DRA Council and an investigator for the Department of Justice. Their areas of concern included our audit issues and the general makeup of Woodsville where we have a Water and Light Commission and a board of Precinct Commissioners who are each elected by the public and have no other real direct link. The audits provided by the Water and Light board for the past 5 years turn out to be considered Financial Reviews. This represents the bulk of our finances and we agreed to ensure that these are redone

as regular audits. After our Precinct audit in 2014 was presented, our voters preferred to use the elected auditor option. We have followed their preference. This option failed partly because we did not follow through on it. We are taking responsibility for this and are now seeking an audit for these years. Finally, we presented the 2020 Warrant for Woodsville where the first article is to combine the two boards into one with an administrator to oversee our entire District including audits, etc. Our board has been seeking this solution for many years and it seemed to resolve many issues in Concord.

2. Vachon Clukay did our 2014 audit and it was delivered in 2016. Their issue with ambulance accounting was centered around an argument that was had with the auditor herself. She demanded that we provide patient information (names, addresses etc) and we maintained that federal HIPAA rules prohibit the release of this information and we only identified account numbers. Last week, we called Vachon Clukay and they agreed that personal information should not be requested.

3. Regarding internal controls at the time of this audit, we had a book keeper who wrote checks and always required two commissioner signatures on each check. There were issues about not recording check numbers on the invoices themselves and we have done this ever since.

4. The right to know request you refer to is attached. It is tremendously cumbersome for volunteers to accumulate all of this information. Much of it, including all minutes and personal emails of the commissioners

(which proved embarrassing when they released them to the public) was hand delivered to Susan Olsen and Mr. Clegg when they arrived with Chairman Clogston to view our records. All records that we have were and remain available to them and anyone desiring them. Some of the documentation requested was of events back in 1928. This item is now being addressed by our attorney that the selectboard recommended that we hire.

5. The demand letter that you refer to is responded to by a letter from our attorney. It is attached. His letter shows that instead of Woodsville owing Haverhill money, Haverhill did not meet its obligations to return the money raised by Woodsville for its road fund in 2019 and now owes Woodsville \$116,994.

Bob, it remains a mystery to us why you chose to bring these issues to the whole of Haverhill when these are almost entirely issues for the voters of Woodsville to address. We believe we have followed the wishes of our voters and admit to being an imperfect volunteer board. Our work load has steadily increased over the years and we have finally given in to hiring an administrator to deal with these tasks. If you found the need to bring these matters to the attention of anyone, it would seem appropriate to bring them to the voters of Woodsville at our meeting on March 25th where we invite you to speak.

Sincerely,
Paul Kidder
Richard Guy
Steven Wheeler
Commissioners,
Woodsville Fire District

Letter to the Editor

To the editor,

Mea Culpa ! I should have been paying attention during the budget hearings....

The Rivendell Budget will be considered March 17 for a total of \$12.4 Million dollars. Given we have a total of approximately 488 students K-12, that's a taxpayer cost of \$25,471 per student by my math. But don't trust my statistics. Look instead at the State of Vermont 2018 school statistics (Orford [Rivendell] does not show up in the N.H. school statistics). Vermont adjusts the student number to 317 Vermonters, ranking Rivendell 2nd highest in cost in the state at \$23,379 per student, just under Windsor's \$23,534 p.s. student for 446 total pupils in districts with comparable services.

Rivendell taxpayers are getting hosed. Surrounding towns are getting much better educational deals

Terry,
Like so many other events in this area and around the world I must start by noting that Rivendell Interstate School District Annual Meeting has been postponed. According to the website no new date has yet been set.

In the meantime I would continue to encourage all the voters of Rivendell, and the

per student; Wentworth (\$21,875); Bath (\$14,995); Conway (\$15,311); Hanover (\$16,842); Mascoma (\$18,818); with the State of New Hampshire's average at \$15,311. Thetford Academy, six miles away is reporting a tuition of \$18,500.

Rivendell's Board and Supervisory leadership believes they can right the ship with more "young families". This assumes those families choose a school that produces 100 points less than Hanover on average SAT's. Rivendell had lower Math and Reading results in 2017 than the average school in New Hampshire despite having a Student/Teacher ratio or 10:1 versus the NH average of 12:1.

Four Superintendents in five years may be contributing to the performance. To quote the current Superintendent's letter to voters "...we as a district have not done an adequate job developing or managing our bud-

get for the last two years." And, the Local Elected Auditors report that "RISD will be reporting a deficit in excess of (\$500,000.)!!!

We need the Board to take real action, however painful in the short run. The elephant in the room is closing an elementary school and finding a way to live with 20 students in a single classroom.) OR, did the elephant morph into a rhino and the consideration of a merger with a neighboring district get put on the shelf?

The voters in both Vermont and Orford should vote down this budget proposal and ask the Board to take a much harder look. Quality education and reasonable taxes both influence our property values. We are currently not getting either.

*Terry W. Martin
Orford*

other local school districts to take the time to check out your budgets. See what your local School Board has done, and be involved.

Also, please be safe and heed the warnings from health officials whenever you are going out.

Gary Scruton, Editor

Theme Announced for 2020 4th of July Celebration

The Woodsville Wells River 4th of July Celebration Committee is happy to announce that a theme has been chosen for the 40th edition of this celebration. This year's parade theme is "America's Super Heroes". It was submitted by Scott Nichols of Woodsville who is being rewarded with a \$25 prize. This theme is used for those entering flats or walking units in the parade. It is also a portion of the judging criteria for the cash prizes awarded each year in three divisions. As always there is no fee to enter in the parade. Applications are available at the Celebration website www.wvr4th.org or check out the FaceBook page.

The committee continues to look for suggestions for this year's Parade and Grand Marshals. Names should be accompanied by a short explanation of why that person should be honored with one of these positions. The committee plans



to make a decision at their April monthly meeting which is open to the public.

The committee also continues to look for volunteers to help with the celebration. Volunteers are need for the 4th of July, but also before and after the event to assist with planning, set-up and tear down. Volunteering can be a great way for the whole family to get involved, or step forward as an individual.

The next monthly meeting of the Woodsville Wells River Fourth of July Committee will be held Thursday, April 2 at 7:00 PM at the Woodsville Emergency Services Building. Everyone is invited, and encouraged to attend.

Finding Solutions for Your Financial Needs

Kim R Shillieto
Financial Advisor

One Main Street
Littleton, NH 03561
603-444-0344
www.edwardjones.com

Edward Jones
MAKING SENSE OF INVESTING

Member SIPC

Legislative Bills The Focus of March NEK Chamber Legislative Breakfast

With the legislature hitting mid-session, the Northeast Kingdom Chamber Legislative Breakfast for March will include more detailed reports on bills affecting the Northeast Kingdom. This month's session will be held Monday, March 30, at 8 a.m., at the St. Johnsbury House, 1207 Main St., St. Johnsbury.

Some of the issues expected to be addressed are the state budget, carbon tax, health care, tourism funding, permitting issues, labor and economic development issues, education funding, taxes and fiscal policies. Longtime community leader Gretchen Hammer serves as moderator for the forums.

The chamber, which organizes the legislative breakfast series for Caledonia and southern Essex counties, would like to hear from the public on the legislative issues that will affect our region so they can relay these concerns to local legislators. Those unable to attend the breakfast are encouraged to watch Kingdom Access Television's live airing of the event at <https://www.youtube.com/channel/UCuFh4fkCFqJDn71CWLSjgSA>.

"The NEK Chamber has received quite a bit of feedback from people who want the sessions to be Kingdom-centric, so we will continue to solicit local and regional issues and concerns prior to each monthly breakfast for the chamber to either research or the local legislative contingent to address,"

said Darcie McCann, chamber executive director.

McCann noted the chamber has worked very hard to carve out more time for breakfast guests to ask questions of the legislators to make these sessions as responsive and relevant as possible to the residents and businesses of the Northeast Kingdom.

The legislative breakfast series is sponsored by the Northeast Kingdom Chamber, with sponsorship assistance most recently from Beverly Manufacturing/LaBelle Holdings, Celtic Marketing, Community National Bank, Green Mountain Support Services, Maple Grove Farms of Vermont, Northeastern Vermont Regional Hospital, Northern Counties Health Care, Passumpsic Bank, Union Bank, Valhalla Corp. and Weidmann.

The breakfasts are held the last business Monday of each month from January to May, from 8 to 9 a.m. Please mark your calendars for the remaining 2020 dates of April 27 and May 18. The chamber would like to thank Kingdom Access Television, WSTJ and the Caledonian-Record for covering the sessions. There is a small fee to support the St. Johnsbury Meals on Wheels and St. Johnsbury House to attend the breakfast.

For more details, contact the NEK Chamber at 2000 Memorial Drive-Ste. 11, St. Johnsbury, VT 05819; call 802-748-3678; or e-mail director@nekchamber.com.

It's important to have cash available for your everyday spending and the inevitable rainy day. However, you also need to develop a cash strategy that can contribute to your long-term financial success. But just how much cash do you need? And in what form?

To answer these questions, it's useful to look at the four main uses of cash:

- **Everyday spending** – Your everyday spending includes the cash you use for your mortgage, utilities, groceries and so on. As a general guideline, you should have one to two months of living expenses available during your working years, and perhaps a year's worth of living expenses when you're retired. (The latter can be adjusted higher or lower based on your income from Social Security or a pension.) You'll need instant access to this money – and you need to know your principal is protected – so it may be a good idea to keep the funds in a checking or cash management account.

- **Unex-**

pected expenses and emergencies – If you needed a major car repair or a new furnace, or if you incurred a big bill from a doctor or dentist, would you be able to handle the cost? You could – with an established an emergency fund. During your working years, this fund should be big enough to cover three to six months of living expenses; when you're retired, you may be able to get by with one to three months' worth of expenses, assuming you have additional sources of available cash. You'll want your emergency fund to be held in liquid vehicles that protect your principal, such as savings or money market accounts or short-term certificates of deposit (CDs).

- **Specific short-term savings goal(s)** – At various points in your life, you may have a specific goal – a new car, vacation, wedding, etc. – that you'd like to reach within a year or two. Your first step is to identify how much money you'll need, so think about all the factors affecting the final cost. Next, you'll need to choose an appropriate savings vehicle. You could simply put more money in the accounts you use for everyday cash, or even in your emergency fund, but you would run the risk of dipping

into either of these pools. Instead, consider opening a separate account – and tell yourself this money is for one purpose only.

- **Source of investment** – You can use cash in two ways as part of your overall investment strategy. First, cash can be considered part of the fixed-income allocation of your portfolio (i.e., bonds and CDs). Because cash behaves differently from other asset classes – such as stocks and bonds – it can help diversify your holdings, and the more diversified you are, the less impact market volatility may have on your portfolio. (However, diversification can't guarantee a profit or protect against all losses.) The second benefit of cash, in terms of investing, is it's there for you to purchase a new investment or to add more shares in an existing investment. In any case, you probably don't want to be too cash heavy, so you might want to keep no more than 10% of your fixed-income assets in cash.

As you can see, cash can be valuable in several ways – so use it wisely.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones. Member SIPC.

5 Tips for Pruning Blueberries, and a Workshop!

Heather Bryant, Field Specialist, UNH Cooperative Extension

Do you have blueberry bushes that need pruning? Have you been avoiding the task because you aren't sure how to go about it? Here are some of my favorite tips to get you out of that rut.

- 1). The right tools for the job. First let me state that I am not a gear head. Some of my colleagues and clients really geek out on this topic, but I just have a few feature preferences. If you only have a couple plants of any description in your yard that require pruning, anything will do as long as it's relatively sharp. If you have more than 10 blueberry plants, I recommend loppers with long handles for good leverage and deeply curved "bypass" blades, where one blade slides over the other. If you are looking to farm blueberries for profit consider loppers with replaceable blades. I also really like "bumpers" which cushion the jarring motion the loppers make when they cut thru a cane. You will also want a sturdy pair of hand-held pruners, again with a curved bypass blade. And finally, I am a big fan of a safety latch so that the blades don't spring open

when you put them in your pocket.

- 2). The most commonly made mistake in fruit pruning is being too tentative. Most of us feel the more we cut the less fruit we will harvest. But often that is not the case. Plants need sunlight for photosynthesis, so done right, pruning will result in more fruit not less. As a bonus, improved airflow will help your plants resist certain disease and insect problems.

- 3). Start by circling your plant. Look for and remove all dead wood. Next, you want to remove any canes or portions of canes that will impede your ability to mow this summer, as mowing is the first step in rodent control. Once that is done, the decisions get a little more subjective.

- 4). Your goal is to open the plant up. If there are too many canes, you can take some out close to the ground. If a section of a cane looks dead or part of it is growing at an odd angle and getting tangled with another cane, blocking its light, you can take off just a portion of the cane. The goal here is to trace the branch you don't want all the way back to the main cane it came from and clip it at that juncture. When you think you are done prun-

ing, step back. Look at the plant again. Have you created good airflow and minimal shade in the interior of the plant? Have you left yourself enough room to mow even when the canes get weighed down by berries?

- 5). And finally, remember, it is actually difficult to kill a blueberry plant with over-zealous pruning. The crown or base of a blueberry is perennial, but the canes only last a few years. Once your plant is mature, even if you cut every cane back to the ground, it will likely grow back.

If you want more details, please join us at Windy Ridge Orchard in North Haverhill on April 4th from 1-3pm for a pruning demonstration workshop that will cover pruning as well as basic production issues to be aware of as the spring approaches. This workshop will be entirely outdoors, so please come dressed appropriately. Youth are welcome, please bring your own adult! Suggested donation \$5. For a list of grafting workshops and pruning demonstrations for tree fruit and grapes please visit <https://unh.app.box.com/s/73rahu0mbvwm-w99i6llw05gjpzs8rgen>

Michael Jay Goforth: OBITUARY

Thetford, VT - Michael Jay Goforth, 66, passed away unexpectedly at home on March 7, 2020.

He was born in Hartford, CT to Donald and Agnes Goforth. Mike moved to Vermont when he was 16 and made it his home.

Mike was a gifted mechanic, craftsman and engineer. Applying a special mix of imagination and Yankee ingenuity, he could fix literally anything. He was passionate in every pursuit and belief. When he set his mind to something, he didn't stop until it was finished and to exacting standards that only he could set.

A lifelong outdoorsman, Mike had an intense love of nature with a special place in his heart for bears. He loved spending time at the camp he built with his own hands and working in the woods on the property. He treasured the memories of his Alaska fishing trips. It wasn't easy to earn Mike's trust, but once you did, you had a loyal and dependable friend for



life. Mike was always ready to share his knowledge and latest discoveries.

Mike leaves his wife of 25+ years, Donna; son, Michael Adam Goforth; daughter, Shaina Michelle Demers; brothers, Glen Goforth and Tim Goforth; sister, Paula Moskol; granddaughter, Trinity Goforth; and grandson, Riley Johnston. He was predeceased by his mother and father.

There will be no calling hours. The family will hold a private service at a later date. If you're so inclined, please make memorial contributions in his name to your local first responders. Arrangements are by Hale Funeral Home of Bradford, VT.

Marcia E. Pierce: OBITUARY

Bradford, VT - Marcia E. Pierce, 91, of Lower Plain in Bradford, VT died Tuesday, March 3, 2020 at Dartmouth Hitchcock Medical Center in Lebanon, NH.

She was born August 20, 1928 in Hanover, NH the daughter of George T. McClellan and Ethel F. (Sawyer) McClellan.

She was married to Frank Pierce who predeceased her.

Mrs. Pierce was a nurse at Mary Hitchcock Memorial Hospital for more than 30 years, retiring in 1990. She enjoyed mowing her lawn on her John Deere tractor, and looked forward to planting flowers each spring and decorating her front porch for all to see. Marcia loved to be outdoors and spent hours sitting on her front porch watching the humming birds. When she was younger, she enjoyed going to Smith's Auctions with her best friend, Joan Newkirk.

Marcia had a heart of gold and always told you like it was. She wasn't opposed to sneaking ice cream for dinner and enjoyed tea time



with another best friend, Virginia Crowe. Marcia looked forward to picking strawberries at Pierson's Farm each summer and would frequent the farm stand during the summer months. She took pride in her home and always said that Bradford, VT was her "home."

Survivors include a brother, Paul McClellan of Keene, NH, nieces, Kristie McClellan Tourgee and Dawn McClellan, both of Keene, NH, a nephew, Chandler McClellan and his wife, Debbie of Wyoming, and a step-son, Brad Pierce of Hingham, MA.

Services will be at the convenience of the family in the spring. There are no calling hours. Hale Funeral Home of Bradford, VT is in charge of arrangements.

What's In A Name

by Maggie Anderson

Names are funny, sometimes they fit us perfectly other times we grow into them or at least develop a truce with ours. I love creating names for the characters I mold for my stories, the names often give the reader a thumbnail sketch of a character before I've even set their stage.

I'm reminded of one in the novel I'm working on, she's based on a real child and the scene is a retelling of the actual event. The child nearly gets her father arrested because she told the game warden if he thought the fish in the bucket on the floor in the backseat were big, he should see the ones Daddy put in the trunk. Her name is Melody and boy can she sing.

My cousins all referred to my dad as Uncle Tony though his legal name was actually Evans Wesley. My grandparents filled out his birth certificate sent it off to the courthouse then promptly changed their minds. They decided he should be Alton instead but they never got around to filing a new birth certificate. So even though Gramma never called him anything but Alton and everybody else called him Tony his legal name was Evans Wesley.

Dad's brother Cal was actually named Leland but since he was from the Silent Cal - Coolidge - era and just as reluctant to open his mouth his brothers and their friends nick named him Cal. I was in high school before I knew that story. Uncle Cal left his shyness behind him and turned out to be the funniest, most gregarious and outgoing person in the family and one of the best story tellers the world has ever produced.

My own name has caused confusion as well, one time even for me. After a couple of sons, one who survived and one who did not, my folks had a baby girl and named her Margaret Rose. My sister died before I was born and since my mother's name was Margaret they wanted a Margaret in the family and I was next

in line so they pinned it on me.

Problem was they didn't let me in on their secret and they called me Peggy from the day I was born. We moved from California to Massachusetts when I was entering the third grade, let's just say things didn't get off to the best possible start. When the teacher asked for my name I told her it was Peggy, she told me she needed my full name so of course I gave it to her. I told her "my name is Peggy DeBow" to which she answered "I'll call your mother."

That would have been a neat trick we didn't have a phone and anyway I knew who I was. Still as soon as I climbed the stairs to our apartment I asked my mother what my full name was and when she told me it was Margaret Ruth I was trying to find myself in there somewhere.

In my thirties we talked about that and when I asked Mom why in the world they didn't give me her middle name instead of Ruth she said "because I hate my middle name." The thing that confuses me about that is my mother's middle name is serene so feminine and I love it. Sadly Mom didn't so I got Ruth instead.

I guess it's a true love/hate relationship, I love it Mom hates it. Mom's middle name is Naomi.

About the time I traded Peggy for Maggie because it went better with my hats my mother started using Peggy instead of Margaret which was fine except for the confusion that led to when she married my stepfather.

One year she mailed me a soup terrine she had made in her ceramics class which would have been the end of the story except for my thank you call. It turns out she had written a note

on the bottom of it and then started a PS but didn't finish the thought. When I asked about why she didn't finish her note and wondered what she meant to say she asked me what I was talking about.

It's still one of the more confusing exchanges we've had. When I explained that I was waiting to hear what the PS was all about she laughed and said "I just got married again, those are my initials!"

Then there's my husband who, being of Scandinavian descent was named after a long line of folks who were themselves named after the king of Sweden. He is about four hundredth in line for the throne so my chances of ever being referred to as "Your Majesty" are pretty slim at this point.

His full name is Henry Gustave Anderson Jr. When our only son was born I told Hank (HGA Jr) that we could name him Henry Gustave Anderson III. To which he emphatically answered "not my kid." We settled on Nathan Henry instead, he still hangs onto a modicum of his heritage without having to drag the whole name around with him.

A side bar is that my mother in law shortened every one of our daughters' names and no matter how much we protested she persisted. The first time she saw Nathan I explained to her that if she shortened our only son's name to Nate, or worse Nat, that I would take him home and she'd have to drive all the way to our place any time she wanted to see him.

I should have done that with the girls because she always called him Nathan, no shortcuts or twisted bits. It was practically magic. Why didn't I think of it sooner?



BEEZWAX



By John Martin

Ricker Funeral Home & Cremation Care of Woodsville

1 Birch Street • P.O. Box 271
Woodsville NH 03785
(603) 747-2717
www.rickerfh.com
email - info@rickerfh.com

Bryan S. Gould **Thomas W. Mayo**

Wild Goose Chases

by Elinor Mawson

It seems like I have been on many Wild Goose chases recently; I don't know if it's because of my age or just because of the circumstances. But these excursions have left me frustrated and wondering "why me"?

Having an appointment in the early morning 20 miles away is a red flag. This happened recently when I stepped into an office and the receptionist said, "We tried to call you" and I knew that I was in trouble. The doctor had called in sick, and I had to reschedule. The 20 -mile ride home wasn't pleasant.

Another time I had some quilts in an exhibit. The people in charge knew I dealt in antique quilts and wanted more for their show. I gathered about 7 together and took them to the venue, and the lady in charge looked them over. "Oh," she said. "This one has a little stain on it." I put it aside. "And this one has some stitches missing". We were, after all, looking at quilts that had quite a bit of age on them. They were perfectly useful and pretty. And I had done them a favor. I piled up the quilts, picked them up, and announced that I had come there on a wild good chase and I was taking them home. The lady was aghast as she followed me out the door. I drove home with steam coming out my ears.

Not long ago I needed a statement from our bank outlining the interest we had earned last year. It was time to get our income taxes done, and we hadn't heard from the bank with that in-

formation. I called Customer Service and made my request. "OK" said the girl. "You can pick it up tomorrow at the teller line. If you have less than \$10 worth of interest we don't usually send that information to you." When I asked for it the next day, the teller seemed miffed. "I can't do that.", she announced. "You will have to go through resource to get that, and it will take 2 or 3 days". I took my tax work to the accountant without my bank information.

One evening a friend called and asked us to meet him and his wife for lunch the next day. He suggested a place in West Lebanon which was about halfway between us. We were quite busy and had to cancel an errand we had planned on doing to accommodate the lunch and I wasn't happy. When we got to the restaurant we didn't see their car in the parking lot, and after a few minutes we went inside. We were met by the host who asked our names and when we told him we were waiting for someone, he said "I just got a phone from your friends. They can't make it." My husband was a lot more tolerant than I was.

The above experiences are just the ones that took place recently. Do you suppose that I look like someone who likes to waste time, or go places just for the fun of it? I always like to think that everyone I deal with has my best interests at heart. I am learning to watch what I say, keep a level head and let people know--in a nice way--THAT I'M NOT PARTICULARLY PLEASED!



What About Ma?

by Kellie Quackenbush

All About The Care

My mom is still living at her home but after the loss of my dad last spring, she is not able to take care of herself. There are agencies that can be hired to provide "helpers" to keep her safe but my brothers decided they would do what needs to be done to keep her home. Currently, my sister has been having an extended visit with my mom.

If you ask my mother, she is thrilled to have my sister visiting from another state and loves the company. This "visit" has been for more than six months now and because my sister is living in mom's house, mom has had a safe ride to doctor's visits, hair appointments and shopping. Also, there is someone

at mom's house that will call "911" in the event of an emergency.

What is the cost to keep someone at home rather than put them in assisted living or a nursing home? For the caregiver who is a devoted family member, there is a loss of income as more time will be spent attending to the needs of someone at home. A change in lifestyle, every spare minute is devoted to the loved one and as their health needs change, the ability to "bring them along" for social events grows smaller. A change of perspective, "sitting around and doing nothing" is what outside family and friends think you are doing. Loneliness becomes an overwhelming

feeling as the number of people you can talk to dwindles and stress creeps into your days.

I am going to say, for caregivers, there are resources that you can utilize and it is better to reach out to them while you are early in the caregiving process. If you have brothers, sisters, friends and cousins you should call a family meeting and tell them the truth about your situation. For families that have Dementia, Alzheimer's disease or Parkinson's -- this is very important, as the disease progresses, it can be difficult for people to process the changes that have happened.

The state of New Hampshire and the state of Vermont have websites to assist in finding support groups, resources, agencies and information about aging or other illnesses that would require home care. To get started call: ServiceLink Resource Center Toll Free Number 1-866-634-9412.

Physicians Assistant Patrick Anderson To Join Northern Counties Health Care

St. Johnsbury, VT – Northern Counties Health Care, Inc. (NCHC), an award-winning northeastern Vermont community health-care network comprised of five primary care centers, three dental centers, and a home health care and hospice division, is pleased to welcome Patrick Anderson, PA-C to the St. Johnsbury Community Health Center. He will be accepting new patients.

Originally from Northern New York, Patrick has spent his entire career in the Northeast. Along the way he has taken the winding path

from chemical engineering to medicine. His first career was in the paper industry where he worked both in Northern New York and rural Maine. A Wilderness First Responder course sparked an enduring interest in medicine. He received his Masters of Medical Science (MMSc) degree from Yale Medical School and has over 15 years of experience as a Physician Assistant.

He most recently practiced at North Country Primary Care in Newport, Vermont. Prior to that he worked in a combined Pediatric/Internal Medicine practice in Northern New York caring for people of all ages. For the past two years he has resided in St. Johnsbury along with his wife Marybeth and daughter. When not working, they can be found running, mountain biking, or ripping down Warren's Way at Burke Mountain.

"We are excited to welcome Patrick to the St. Johnsbury Community Health Center team," said



Christopher Towne, NCHC's Director of FQHC Operations. "Patrick's extensive experience as Primary Care Physician Assistant supports Northern Counties Health Care's mission of providing access to high quality, patient-centered care in the Northeast Kingdom."

The Northern Counties Health Care network includes Caledonia Home Health Care & Hospice, Concord Health Center, Danville Health Center, Hardwick Area Health Center, Island Pond Health and Dental Center, Northern Counties Dental Center (Hardwick), Orleans Dental Center, and St. Johnsbury Community Health Center.

TRENDY TIMES STAFF

SALESRICHARD M. RODERICK & GARY SCRUTON
 CONTRIBUTING WRITERSMAGGIE ANDERSON, ELINOR P. MAWSON, MARIANNE L. KELLY, ROBERT ROUDEBUSH, CINDY PINHEIRO, KELLIE QUACKENBUSH
 DISTRIBUTION AGENTS.VAUGHAN SMITH, RICHARD RODERICK, JESSICA EMERSON, GARY SCRUTON
 EDITOR / PUBLISHER.....GARY SCRUTON
 WEB MASTERPAUL HUNT

Phone 603-747-2887 • Fax 603-747-2889

gary@trendytimes.com

20 Pine Street • Woodsville, NH 03785
 Tuesday – Friday 9:00 am - 5:00 pm

Trendy Times reserves the right to accept or reject publication of any letter to the editor or submission of any nature for any reason. *Of course you will need to be really out there for us to turn you down.* We also reserve the right to make slight changes to submissions for readability purposes.

Thank you for your understanding.



TRENDY TIMES

A FREE PUBLICATION

Robert's Thrift Store

Orange Tagged Items 25¢ Red Tagged Items 1/2 Off

PICTURE FRAMES
10¢ EACH

All Winter Clothes
1/2 Price

Located Under the Post Office in Bradford • 802-222-5001

Not all Times are Trendy, but there will always be Trendy Times March 17, 2020 Volume 11 Number 12

Roy Starling Named Head of School for The Riverside School

Lyndonville, VT - The Board of Trustees for The Riverside School are pleased to announce that Roy Starling has been named the next Head of School effective July 1, 2020. He will replace Head of School Michelle Ralston who is retiring after a 42-year career in education.

"We are very excited to welcome Roy as the new Head of School," said Rebecca Hill-Larsen, Board President. "His legacy as an outstanding teacher, creative thinker, and energized leader is well known to our school and our community."

After the announcement of Ralston's retirement in August 2019, the board hired consultant Laurie Singer and established a formal Search Committee comprised of Riverside faculty, board, alumni, and parents. Forums were held on campus to obtain comments from members of the Riverside community on the future of The Riverside School. This information helped to form the job description for the new Head of School. Eight candidates were evaluated, and three Head of School finalists were invited to campus in February for in-person interviews with Riverside faculty, students, board, alumni, and parents.

"I've been a member of the Riverside community for a decade as a teacher, a trustee, a volunteer, and a parent, and I'm honored beyond words to have the opportunity to serve as Head of School," said Starling. "Riverside's close-knit community, strong student engagement, and high value on curiosity and individuality have had a wonderful impact on alumni and families for almost forty years, and now that we have grown to over 100 students, I want to see those values continue to be embodied across the grades from our elementary program through our middle school. Riverside has the most supportive alumni, parents, students, and faculty of any school I've ever seen and I'm so excited to help guide the school into its next chapter."

Starling received his Master of Arts in Greek and Latin and a Bachelor of Arts in Greek and Latin and a minor in Spanish from Florida State University and was awarded the Kathleen Rankin Prize for outstanding undergraduate in the Clas-

sics.

He started his educational career in 2001 as a Latin, Ancient Greek, and Spanish teacher at Holy Trinity Episcopal Academy in Melbourne, Florida. While at Holy Trinity, he started the Philanthropy Club and organized and hosted three regional Latin forums with 400 students participating from seven schools.

In 2009, he joined The Riverside School as a Latin, Ancient History, and Spanish teacher and led Riverside Latin students to second place in the Granite State Certamen and to the semifinals at the Harvard Certamen in Cambridge. His tremendous support of students was made evident when Vermont approved a new Latin motto introduced by one of his students. In addition to teaching, Starling was instrumental in the management of the two-year \$1.8 million dollar capital campaign to build the barn at Riverside. He currently serves on the Riverside Facilities Committee and mentors Riverside teacher Nathan Gair in Latin instruction. His Riverside experience has enhanced his love of learning, commitment to quality education, appreciation of Riverside's unique culture, and the importance of leadership.

With the desire to teach Latin at the secondary grade level, he joined Lyndon Institute in 2015. He led several initiatives to promote the academic and leadership achievements of LI students that included the revival of the Scholars Bowl and establishing and advising Mu Alpha Theta, a national math honor society. In addition, he was a member of the LI Development Committee to assist with fundraising. He is the recipient of the 2017-18 Mike and Cisi Flynn Teacher of the Year Award.

As President of the Vermont Classical Language Association since 2017, Starling helped to organize biannual meetings and worked directly with the University of Vermont on a three-year project to revitalize Latin Day, an annual awareness day that brings Latin teachers and students together from across Vermont. He is the Vermont Junior Classical League state chair and his students have won multiple gold, silver, and "cum laude" National Latin Exam awards.



"The trustees are confident that Roy brings a unique leadership opportunity to Riverside with his experience, skills, motivation, and energy. He is dedicated to the future of Riverside and we are eager to support him to ensure the continuance of Riverside's strong academic program and the goals of our mission," said Hill-Larsen.

The Riverside School, founded in 1981, is a diverse, independent school for students in grades PreK - 8th grade located in Lyndonville, VT.

Acceptance

Topics

Disability and Aging
by Cyndy Wellman

Texting

As we age our English gets weak. Now a days there's technology that we try to keep up with. Texting is another form of communication. Lots use their phone. Sometime laptop! It's quick. You use the pecking method on your alphabets/numbers.

I'm old fashioned and prefer typing the proper way. And using the right words. This texting has got me guessing sometimes. Really not sure if it's good for all of us. Esp. in a job interview. A loan application. Or even communication to family.



The only goodness is, 911. Here are some examples:

- 2moro - Tomorrow
- BRB - Be right back
- POV - Point of view
- LOL - Laugh out Loud
- (We used to sign letters with this. And it meant Lots of Love)
- TTYL - Talk to you later
- VBG - Very big grin
- Guess I should have learned shorthand, he, he.
- Think my SH - SH -- happened.

Hood's Plumbing and Heating Inc

Complete Plumbing & Heating Systems
Bathrooms & Water Conditioning

24-Hour Emergency Service For Our Customers

Free Estimates

CHRIS DELLINGER
NH #2712 • VT #PM3036
603-787-6600 • 603-787-6838 Fax
PO Box 368 • North Haverhill, NH

Give Us A Call!

YOUR COUNTRY IS...



STEVE HARMON
6:00am-10:00am



PENNY MITCHELL
10:00am-3:00pm



TAD SVENDSON
3:00pm-8:00pm

Puffer Broadcasting, Inc.

COUNTRY 101.3
WYKR • FM

WYKR 101.3 FM / WTNW AM 1100

P. O. Box 675 / 1047 US Route 302
Wells River, VT. 05081-0675

(802) 757-2773 / (603) 747-2770 / Fax: (802) 757-2774

www.wykr.com





by Cindy Pinheiro
to contact Cindy (aka Cin Pin)
write to the editor at
gary@trendytimes.com

Pork Chops With Vinegar Peppers

Well hello hello my fellow chefs. I had quite a bout with severe nausea that lasted the month of February and the beginning of March. I went to the emergency department twice for nausea medicine. We finally found one medicine that worked, but it was a long haul. 12 hours of nausea every day, it took its toll on my body. Sorry about the old recipes but I'm back for now. I have a scheduled appointment for surgery the second week of April for a different reason. I will try to get ahead with recipes for you.

Let's get started with today's recipe that I haven't made for years. Here's the ingredients and how to make.

Ingredients
4 Pork chops with the bone in
1 jar of Pastene Cherry peppers
5 Cloves of garlic sliced
1/2 Cup flour to dredge chops
Olive Oil
3/4 Cup white wine

3/4 Cup chicken stock
1/4 Cup of the vinegar from the jar of peppers
Salt and pepper

Get your pork chops and pat dry with a paper towel, both sides. Generously sprinkle salt and pepper on both sides. Dredge both sides of pork chops with flour. Sear fry the pork chops for 2-3 minutes per side until browned. Remove chops.



Safety Awareness in the Food Environment (S.A.F.E.) Offered in North Haverhill

Mary Saucier Choate, UNH Cooperative Extension Field Specialist, will be teaching S.A.F.E. on Friday, March 27, 2020 from 11:00am - 1:00pm at the Horse Meadow Senior Center, 91 Horse Meadow Road in North Haverhill, NH.

S.A.F.E. reviews critical food safety and sanitation concepts such as personal hygiene, preventing cross-contamination, and controlling time and temperature. S.A.F.E. workshops provide food safety training for new employees and refresher information for more experienced staff. The 2-hour workshop uses practical discussion and hands-on demonstrations to help participants apply safe food

handling practices in the workplace. S.A.F.E. participants receive a certificate of attendance.

Participants must register by March 25th at <http://bit.ly/SAFE-32720>. There is no cost for this workshop. For more information, contact the Grafton County UNH Cooperative Extension office at 787-6944.

Please note: This class does not fulfill NH requirements for certification of "person in charge".

The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. UNH, U.S. Dept. of Agriculture and New Hampshire counties cooperating.

Get 4 cherry peppers, cut in fours and remove seeds. In the pan you used add the garlic, fry around. By the way I used my covered Dutch oven. Then add the quartered cherry peppers, fry around. Then add the wine, the chicken stock, and the 1/4 Cup vinegar from the jar. Bring to a simmer and add the pork chops back to pan. Cover and cook for about 1 1/2 hours. Turn the chops every half hour to cook evenly.

I made Jasmine rice and served with it to soak up some of the juice. It was good. I also served Broccolini. Put in Pan and over med \ low and fry slow, using a drizzle of olive oil sprinkle salt and pepper and garlic powder toss around until tender.

Well folks I hope you enjoy this recipe. It could give you a different supper to make that's "Delicioso". We enjoyed a nice chilled Sauvignon Blanc with dinner. We drank responsibly. Me and my friend Jane enjoyed our dinner and I hope that you will like it too. So for now it's good to be back and I will enjoy the coming of Spring soon. I'm signing off, for now, Sincerely Cin Pin!



The North Troy Senior Meal program was pleased to sponsor a March for Meals lunch for area residents and special guests including Senator Robert Starr and his wife Anita and staff from the NEK Council on Aging. March for Meals is a month-long, nationwide celebration highlighting senior nutrition programs and Meals for Wheels. Pictured from left to right are Senator Robert Starr; Nancy Pelletier; Fern Bonneau (chef), Nancy Allen, Meal-site Manager and Board President, Carol Bonneau (chef), and Laura Valcour, Director of Nutrition and Wellness for the NEKCOA.

FAIRLEE, BRADFORD, FAIRLEE, VERMONT



Cohase Chamber of Commerce


Cultivating Economic & Cultural Prosperity

HAVERHILL, PIERMONT, ORFORD, NEW HAMPSHIRE

Buy Local. Shop Local. Dine Local
Support Chamber Businesses

www.cohase.org

What's Kasasa®?



It's like
BIG BANK REWARDS
with a community bank heart.

Free Kasasa checking rewards you in ways you might not think a community bank could. But the best part is, you don't have to go to some big bank to get it.



www.wellsriversavings.com/
Ask for **free KASASA** checking

