

# TRENDY TIMES



20 Pine Street, Woodsville, NH 03785  
Phone: 603-747-2887

Email: Gary@TrendyTimes.com  
Website: www.TrendyTimes.com

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## Times Are Changing At Trendy Times & Elsewhere

by Gary Scruton  
Publisher / Owner

As you are reading this edition of Trendy Times online it is obvious that you have found us. Thank you.

If you are wondering why this edition is not on your favorite newsstand it is for the reason you probably have already figured out. In an abundance of caution we have suspended the physical publication of Trendy Times until we have gotten past the

current health crisis.

How long will that be? Like everyone else, we are not sure.

In the meantime we will continue to put together the articles of interest that come our way, the opinions of our readers, and the articles written by our devoted regular writers.

On that note I would also like to encourage anyone to take the time to submit your own piece of writing. Whether that is a story about something that has happened in your life, or perhaps something that has happened to others. We would love to hear about how you and your family are dealing with this cur-

rent health crisis. The piece does not need to be long. In fact sometimes the shorter the better. Also feel free to ask for some assistance with editing if you wish. I would be happy to make some suggestions and return it to you for final approval.

Let me also suggest that if you have written a poem, send it in. I have already had a suggestion about a poetry contest. We will look at that option and perhaps move it forward in the weeks to come.

During this time of online publication we will also continue to include ads from all of our regular customers, whether or not they are open. We are doing this at no charge to our regular advertisers. We are doing this as

a service to our readers as well as our advertisers for the present time.

A bit more about our advertisers, here on the front page, as well as throughout the pages of Trendy Times. Just because an ad appears here, does not guarantee that a particular business is open for business, or for that matter that they are closed. We strongly suggest that if you are not sure, give them a call, or contact them via email if possible, to find out what their current status is.


If at all possible we encourage you to continue to do as much business locally as you can. Money spent locally stays local. It allows that business owner to pay his or her bills as well as to provide for their family, not only

during these difficult times, but for the weeks, months and years to come.

At the time of writing this article both Vermont and New Hampshire are in a state of social distancing as well as under a request that everyone stay home unless you are involved with a essential service or are conducting an essential task such as grocery shopping. Those services include grocery and convenience store, gas stations hardware stores. Plus of course health care facilities. I can only add my name to the list of thousands of others who say a huge thank you to those workers who are keeping those aspects of our lives functioning well, and as safely as possible.

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Following the recommendations of the CDC for social distancing we are closing our doors to the public. Until we reopen, we are offering a monthly online membership with daily work out videos (Mon-Fri) led by our trainer Gretchen. Email info@alwaysfitathletic.com to sign up.  
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# TRENDY Dining Guide

## Trendy Dining Guide Update

by Gary Scruton

I probably don't need to tell anyone that times have changed. Both Vermont and New Hampshire Governors have closed down all restaurants and bars, for in house serving, until some time to be determined. This means that every one of the advertisers here in the Trendy Dining Guide have needed to evaluate their business and make changes.

Those changes have varied depending on the particular business, and in a couple of situations, have changed since the first orders came down from government.

Though I can not possibly give full updates on all of our advertisers I will try to give at least some current information for your thoughts.

In alphabetical order:

### Bliss Village Store:

The Bliss Village Store has been a staple on the Main Street of Bradford for many decades and continues to be open. Their deli case will continue to operate with food to go. There is also a large number of coolers for beverages, a good variety of fresh baked pastries, and many other "staples".

### Everybuddy's Casual Dining:

This establishment has changed their hours in order to better serve those who are coming to get take-outs. They are now open Monday thru Thursday from 11 am - 7 pm, and Friday, Saturday & Sunday from 9 am until 7 pm. They are also using some of

their time to do some remodeling inside.

### Gather Together Cafe:

Though Gather Together is a fairly new establishment, it has become a favorite of many. With many in house baked items and fresh made coffee available they have continued to have those offerings. They have also added freshly prepared meals to go to the menu. There are also new extended hours at Gather Together, 7 am - 6 pm Tuesday thru Saturday and 8 am - 1 pm on Sunday.

### The Happy Hour Restaurant:

The Happy Hour has been located on Main Street in Wells River now for generations. Just a few years ago new owners took

over and have continued many traditions while making changes to keep up with today's patrons. With this current situation they have also needed to make some changes. Though they initially tried take outs, they have since decided to simply close down all together until some later date after the crisis.

### Hungry Bear Pub & Grill:

The Hungry Bear is one of those establishments that has needed to make changes since the order first came down. They began with take-outs available. But they have now decided to close entirely and take advantage of this time to do some more renovations. Again, reopening date is to be determined.

### Polly's Pancake Parlor:

It happens that Polly's is

normally closed in early April for an annual "spring cleaning". The original reopening date was April 9, but that appears to be changed.

### Room 111 at Victory Lanes:

According to the Facebook page this establishment has decided to close entirely. As with the other businesses their reopening date is yet to be determined.

### Tuttles Family Diner:

Tuttles has had a deli counter in place for some time now. That counter remains open along with the new addition of some grocery items. They are also offering take-outs, curbside service and even some local deliveries. They have also changed their hours to Monday thru Saturday from 7 AM - 7 PM.

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**Polly's will be closed from 3/30-4/9 for our previously scheduled spring break.**

*Tentative re-open date will be 4/10 depending on current events.*



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For More Details  
Contact Gary @ 603-747-2887  
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## Catamount, SOCAPA invite Filmmakers, Families to Slam the Curve

Catamount Arts and SOCAPA (School of Creative and Performing Arts) were preparing for their annual Tap Into Film: 48-hour Student Film Slam when COVID-19 struck, seemingly shutting the world down in a matter of weeks. Efforts to slow the pandemic's deadly speed have included widespread quarantines, cancelations, and closures — including Catamount Arts — and stranding a panicked population indoors with little time to prepare and no end in sight. Amidst the fear and isolation, however, a pattern quickly emerged.

"All over the world, people are shut in," says Catamount executive director Jody Fried, "but finding ways to reach out." He mentions apartment dwellers singing from their balconies, symphonies live-streaming from their bedrooms, even Patrick Stewart reading daily Shakespeare sonnets to online audiences. "(Catamount and SOCAPA) knew," Fried continues, "that we could help people tap into that impulse, the impulse to call out from isolation to each other, to call out and to answer."

Fried and partners Jamie Yerkes and Patrick Kennedy of SOCAPA discussed via video conference the possibility of taking the entire film slam online, using it as a way to encourage homebound children and families to do something fun together, to express themselves in these very challenging times, and to focus, not on the news, but on a shared creative goal.

"It's an exciting way to give kids and families a creative outlet during scary and unsettling times," says Kennedy, a cinematographer, instructor, and film slam veteran. "It allows families to focus on a positive, meaningful project they can share around the world without leaving the safety of their homes."

Film slam organizers also recognized a unique opportunity to promote social distancing measures recommended by health officials worldwide to help slow the rate of infection, aka flatten the curve. Thus, the Tap Into Film: Slam the Curve 72-hr Family Film Slam was born.

"Go Big and Stay Home!" reads SOCAPA's Tap Into Film website, encouraging participants to think big about creative ways to use

their surroundings, but also to do the big—meaning responsible—thing by staying home and adhering to social distancing practices. Organizers are expecting their biggest turnout yet, opening the film slam to families worldwide and to bigger online audiences for bigger cash and scholarship prizes.

Like previous years, no experience is necessary to compete in the film slam, but all teams must script, shoot, and edit their short films in 72 hours, incorporate surprise prompts—phrases, props, or genres—assigned weekly via the Tap Into Film website, and shoot their films without leaving their household properties. Entries will be sorted into one of two brackets—Family Fun or, for experienced filmmakers, Competitive, and prizes will be awarded in both brackets for Best Film, Best Acting, Audience Favorite, and more.

Prolific actor, activist, and longtime Catamount Arts supporter Luis Guzmán is one of several celebrity judges committed to the project. Additional celebrity judges will be announced on

SOCAPA's Tap Into Film site weekly, along with surprise script requirements.

As with previous years, the film slam requires no experience or fancy equipment; thanks to smartphones, teams don't even need a camera. Films will not be judged on image quality or technique but on story. An online learning center with instructional videos will be available on SOCAPA's Tap Into Film website. Films must be completed within a 72-hour window between April 23rd and 26th, and then uploaded to YouTube.

To learn more or to register a team for the Tap Into Film: Slam the Curve 72-hr Online Family Film Slam, visit [www.socapa.org/tapintofilm](http://www.socapa.org/tapintofilm). Registration closes April 15th. Participation is free, but donations are welcome and support Catamount Arts, forced to temporarily close their doors for the first time in 45 years. Donations help ensure that Catamount Arts will be here when the pandemic crisis is over, doing their part to support our community's recovery.



*The NEK Council on Aging wishes to thank their partners St. Johnsbury Distillery, NVRH, and Passumpsic Bank for donating items to create volunteer driver safety kits. Every volunteer home delivered meals driver receives gloves, hand sanitizer, paper towels, a car sign, masks, Kleenex, a thank you note, and safety guidelines. There are 44 drivers in the NEKCOA network that expands across the Northeast Kingdom. "Our home delivered meals drivers are our unsung heroes," said Meg Burmeister, Executive Director of the NEKCOA. "We are so appreciative of their commitment to keeping our older residents safe during this time."*

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## Chamber Welcomes Haverhill Farmer As Next Executive Director

WELLS RIVER, Vt. -- The Cohase Chamber of Commerce board of directors is pleased to announce that Ruth Ann Hacking of Haverhill, N.H., has been named the new executive director. She succeeds Sarah Pushee, who left the Chamber earlier this year to focus on her family and her other active roles in the community.



"The hiring committee was universally impressed with all of Ruth Ann's experiences and skills, and we are excited for all of the possibilities that will come with her as the executive director," states Andrew Barter, board president of the Cohase Chamber and chief operating officer of Little Rivers Health Care in Bradford, Vt.

Hacking grew up in New Hampshire and is a graduate of Smith College. She brings to the position a passion for local economies and a career spent managing a range of small businesses, from software development to agriculture. She is the owner of Half Wild Arts, a farm in North Haverhill, N.H., producing locally grown herbal body care products, and was previously the Farm & Food Program Manager at the Women's Rural Entrepreneurial Network in Bethlehem, N.H.

"I believe that we are stronger when we work together and use technology to expand rural economies without giving up our local character," says Hacking. "These issues have been forced into the spotlight recently with the outbreak of

COVID-19 and the rush to do business from a safe distance, but they are not new problems for businesses in the Cohase region, and the urgent times that we find ourselves in provide us with an opportunity to find solutions as a community."

Hacking joined the Chamber on March 10, 2020, and focused immediately on providing resources and support to local businesses impacted by COVID-19.

The Cohase Chamber of Commerce serves the Vermont towns of Newbury, Bradford, and Fairlee and the New Hampshire towns of Haverhill, Orford, and Piermont. The Chamber provides member businesses with regional marketing, networking and educational opportunities as well as sponsoring community events such as Paddle the Border and the Annual Farm and Garden Tours.

For more information about the Cohase Chamber and its COVID-19 response, please email [cohasechamber@gmail.com](mailto:cohasechamber@gmail.com), visit [Cohase.org](http://Cohase.org), or follow @cohasechamber on Facebook.

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# Equal Pay Day Recognizes Gender Wage Gap & COVID-19 Impact

Montpelier, VT — Tuesday, March 31st is National Equal Pay Day, symbolizing the fact that the average American woman must work three months into 2020 to earn what the average American man made in 2019.

In Vermont the median annual income for women who work full-time is \$41,146. That's about \$8,000 less than the median annual salary of men, equating to a loss or a "wage gap" of 16 cents to every dollar earned. While the gender wage gap in Vermont has narrowed over time, progress is slow: in 2007, the wage gap was about 16 cents on the dollar. Since then it has risen almost as much as it has dropped.

Every year, advocates call attention to the wage gap on this day and to the factors that contribute to it. Policymakers focus on this as well, even this year. In advance of Equal Pay Day, Governor Scott issued a Proclamation, which states, "We must work to improve the intersecting factors of bias, discrimination, and gender expectations that contribute to the wage gap, including pay differences between men's and women's traditional occupations, women's time out of the workforce to meet unequal family responsibilities, and the disproportionate impacts of sexual harassment and intimate partner violence."

Women's full-time earnings in Vermont are lower than men's in every county, at every education level, and at every age. The differences are more pronounced for women of color and those living with disabilities. The wage gap still exists in even female-dominated professions, like those currently on the front lines of the COVID-19 pandemic, who can't work from home, like nurses, psychiatric and home health aides, and grocery store cashiers.

"Of course, in addition to the wage gap, we're concerned about income and job loss for Vermont women and their families, and the long term economic impact of COVID-19," said Cary Brown, Executive Director of the Vermont Commission on Women. "We know from our partnership initiative Change The Story VT's latest report, Women, Work, and Wages in Vermont, that women make up 53.5% of Vermonters who earn less than \$11.00 an hour. Those women aren't students; their median age is 38 years old, and 28% have at least some post-secondary education. We also know from this research that over 81% of Vermont's tipped workers are women - the highest rate in the nation. Lower-wage and tipped workers are experiencing dramatic income and job loss as businesses close to prevent coronavirus spread."



## Difficult Decisions to Come

In 1819, the NH legislature held its first legislative session in the same chambers that the General Court meets today. Our capitol building is the oldest state house in which a legislature has met continuously for 200 years.

Each day I drive to Concord, I am always awed by the Capitol's gold-plated dome. Walking up the capitol's steps and into the Hall of Flags constantly reminds me of how fortunate we are to live in the "Live Free or Die" state. The battle flags inside the entrance remind us that life is a challenge. Battle flags held in the Hall of Flags are ripped, torn and often spotted with blood, but each represents strength, bravery and belief in a cause.

Today, we are fighting another unseen enemy called COVID-19. This emergency is challenging our way of life and family finances. Our state economy is encountering these same challenges, and when the legislature goes back to work, legislators will be faced with the hard facts. The economic slow-down will leave some

very sobering financial questions and decisions requiring immediate attention.

Here's a capsulized look at where we stand in regards to two of the state's biggest revenue streams. The state's Business Profits and Business Enterprise tax revenue was scheduled to bring in \$768.6M in FY2020 and \$730.5 in FY2021. This revenue accounts for about 30% of total General Fund revenue for each fiscal year. While new BPT and BET forecasts are not yet available, COVID-19 will most likely create a significant hole in this year's budget as well as the next fiscal year.

The state's Meals and Rooms tax revenue was scheduled to bring in \$368.5M in FY2020 and \$386.9 in FY2021. These figures represent about 14-15% of total General Fund revenue per year. While new M&R forecasts are not available, it's highly likely that another revenue hole will result.

As with neighboring Vermont, another source of revenue for the state is derived from recreation and tourism. This economic sector pro-

vides taxes and fees that go into the highway fund and turnpike fund, such as the gas tax and tolls. As a possible offset to state revenue losses, we should expect some federal assistance, but there again, the source of federal revenue is not bottomless.

Lastly, due to the legislature not meeting at this time, there has been no discussion on opening up the state's Rainy Day Account. New Hampshire has a current balance of \$115.3M in the Rainy Day Fund. When formulating the current budget, Governor Sununu had proposed placing an additional \$10M from the FY2019 surplus into the Rainy Day Fund and had anticipated an additional \$12.3M available to deposit in FY2021. Had the final budget included the Governor's plan for the Rainy Day Fund, the balance in that fund would now have been \$125M.

With all this aside, legislators should be prepared to make some very difficult decisions upon return to Concord. As with the family budget, state expenditures should be prioritized and balanced. That is never an easy process, but it wasn't easy either for those who carried our torn and bloodied battle flags.

Respectfully submitted,  
Rep Rick Ladd, Haverhill

## Caution Urged With Disposal Of Woodstove Ashes

State forestry and local fire officials across New Hampshire are warning residents and visitors to use extreme caution with the disposal of woodstove and outdoor wood boiler ashes due to dry spring conditions. Small brush fires were reported in several communities in the southern part of the state during the last week that were ignited by the careless disposal of hot wood ashes.

As New Hampshire continues to experience fluctuating weather conditions requiring the use of wood heat, it is important to be aware of the increasing fire danger and to practice proper disposal techniques for wood ash.

Fire officials recommend ashes be stored in a metal container with secured lid for several days with the container located outside and away from other combustibles. Wood ash is a good insulator of live embers that can easily come into contact with and ignite dry leaves and grasses, causing a wildfire.

"It's very important for homeowners to be sure that ashes are completely cold before disposal; it only takes one hot ember to spark a wildfire," stated Steven Sherman, chief of the Forest Protection Bureau with the N.H. Division of Forests & Lands.

"Every wildfire has the potential to cause property loss

and serious injury that can easily be avoided," Sherman added. "We ask that people make responsible decisions regarding fire use and comply with all applicable laws, rules and permitting requirements."

Open burning in New Hampshire is regulated by the Division of Forests & Lands, the Department of Environmental Services-Air Resources Division and local forest fire wardens. Information regarding daily fire danger conditions and links to the fire laws, administrative rules and permitting requirements can be referenced at: [nh.gov/nhdf/comcommunity/daily-fire-danger.htm](http://nh.gov/nhdf/comcommunity/daily-fire-danger.htm) <<https://www.nh.gov/nhdf/comcommunity/daily-fire-danger.htm>>.

Part of the N.H. Department of Natural and Cultural Resources, the Division of Forests and Lands protects and promotes the value provided by trees, forests and natural communities. For more information about the Division of Forests and Lands, visit [nh.gov/nhdf/](http://nh.gov/nhdf/) <<https://www.nh.gov/nhdf/>> or call 603-271-2214.



# Haverhill Library Closed Due to Pandemic: Library Services Remain Accessible

Due to COVID-19 concerns the Haverhill Library is closed until further notice. The New Hampshire State Library interlibrary loan system has also been suspended. The circulation of books has been determined to be a risk of virus spread, so we will no longer provide that service until the current threat is over. We ask that you hold on to any materials you have, consider them renewed until further notice. If you need to return them, they can be placed in the book drop outside the library door.

Haverhill Library will continue to offer free access to remote internet resources to our patrons and all town residents:

Downloadable Books--books and magazines that you can borrow and read or listen to on your home computer, tablet, eReader or smartphone, free of charge and in your own home. Call the library at 989-5578 or email us at mail@haverhilllibrary.org and our librarian can set you up within 24 hours. You can also message us through facebook. This is a great option to keep

you and your families reading!

WiFi Internet access remains available outside our building 24 hours a day. The password is "guest". If you don't have internet access at home use our library WiFi to download onto your notebook, tablet, or smartphone.

Ancestry is available through our WiFi for family research—download results for use at home.

HeritageQuest, another ancestry research resource can be used at home if you sign up with the library remotely as you would with Downloadable Books.

EBSCO Research Database is also available for meeting your personal research needs and can also be accessed remotely after signing up with the library. This is an excellent resource for student research papers, etc.

Stay tuned for a compilation of useful links and resources available to you. Please feel free to call 989-5578 or email mail@haverhilllibrary.org if we can help further. Our Librarian will get back to you within 24 hours.

# NorthWoods and Eden Ciders Announce Apple Workshop Series

CHARLESTON, VT — Northwoods Stewardship Center and Eden Specialty Ciders are pleased to announce a series of workshops celebrating one of the most important tree fruits of the northeast. Apple Tree Pruning, led by Ben Applegate, orchard manager at Eden Specialty Ciders, originally scheduled for March 29th 9am-12pm, will now be filmed and offered online for interested participants and will cover the why, when and how to prune apple trees, comparing orchard versus wildlife goals, and giving participants a chance to practice pruning. Orchard Care on May 31st from 1pm-4pm will be a primer on the care and maintenance of an apple orchard. Ben Applegate will lead participants on a tour through the Eden Orchard in West Charleston, discussing topics such as fertilization, holistic spray materials & schedule, thinning fruit, biological mowing, pests & dis-

ease concerns, and winter preparation. At Intro to Cider making on September 13th participants will join Garrett Huber, cider maker at Eden Specialty Ciders in West Charleston from 1pm-4pm as he discusses the basics of cider making - leading participants through grinding and pressing methods, wild versus inoculated ferments, cleaning and sanitation, carbonation, and bottling.

Come join us for one or any combination of workshops this year. Cost is \$20 per workshop, or \$50 for all three workshops. Located at NorthWoods, 154 Leadership Drive, East Charleston and Eden Orchards, 1023 Sanderson Hill Rd, West Charleston. Please pre-register online at events.northwoodscenter.org or by contacting NorthWoods at (802)723-6551 ext 302 or forestry@northwoodscenter.org.

# Take A Breath And Then Hold It For As Long As You Can

by Maggie Anderson

Hank and I, as so many other Americans are, thousands of miles from home with little hope of sleeping in our own beds any time soon.

I feel their pain and want to assure the "maybe" two people left on the planet who even care, Hank and I are well and toughing it out here in the middle of the raging fire of the virus' hot zone.

Of all the locations in the world how did we end up stuck here? And when are we ever going to get out of this place?

I gotta' tell you it is a challenge navigating all of the advice from the experts out here. We find ourselves going to the grocery and coming back to our "home away from home" only to have to endure the monotonous sight and sound of the mighty Pacific, those sunsets are the only blip that changes on our screen. And, oh man are they a show.

Can you feel our pain

yet?

To the more serious issues of the world's current chaos, nearly everything is closed out here. All of the usual events scheduled for the families traveling over for their children's breaks are not taking place. The movie houses and the local theater are closed, some libraries are open with short staffs, others are not only closed but also asking people not to return books to the book bin. They've promised to waive late fees.

All writers' meetings are cancelled, the senior centers are all closed, though the one we are members of when we are on the west coast has been keeping in touch with each other via our email loop, checking in on each other and boosting one another by sharing tips and the latest jokes about our predicament.

Even so there is a calm in

town, no hysteria, no - well not much - whining about what we don't have or can't do. I had a phone conversation with a member of the local senior center about how lucky we felt compared to all those folks in states hit by the recent tornadoes. Their houses are a pile of rubble at the end of their driveways and they still have to navigate all this viral stuff.

They're trying to figure out where to sleep tonight, knowing they'll never get back to their own beds and burdened with everything else as well. The stress of wondering if they have enough toilet paper is not at the top of their top ten list of most pressing issues.

And just so you know, I am NOT the dufus (however you spell it) who called Oregon's 911 operator because they were out of toilet paper.

Stay safe people.



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## NOTICE

**The Woodsville Fire District Annual Meeting scheduled for March 25th has been rescheduled to April 22nd at 7pm in the Emergency Services Building.**

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Not all Times are Trendy, but there will always be Trendy Times March 31, 2020 Volume 11 Number 13



# Bronson Hill's Treasured Overlook Farm Conserved Forever

SUGAR HILL – One of the area's most special places has been protected for all time, thanks to the generosity of the landowner.

Rufus Perkins, whose family history in the North Country goes back gener-

ations, placed a permanent conservation agreement on his 300 acres off Hadley Road and Bronson Hill with the Ammonoosuc Conservation Trust.

"I and generations of my family have enjoyed this



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land and cared for it," said Perkins during the project closing at the ACT office in Franconia a few weeks ago. "To know that it will now always be in a natural and undeveloped state and available to the community brings me real satisfaction."

The Overlook Farm property features open fields lending a spectacular and unique view of the Franconia and Presidential ranges. Set amidst the open fields is a quaint cabin built with logs salvaged from the 1938 hurricane. The proper-

ty has a network of walking/XC ski trails that Perkins has worked on for years, and that ACT volunteers are now helping maintain. A state snowmobile trail also traverses the land.

The property also tells the story of the region's agricultural past. Of the several 19th-century cellar holes, the most prominent is the old Overlook Farm house and barns for which the property is named. While the farm site is forested today, Sugar Hill after the Civil War was mostly open fields and pasture land. Inside the cabin hangs a watercolor of the farm, a poem praising the hills, and a narrative about the farm history and that of the cabin itself. This property was featured as an example of the region's land use changes in "Where the Great River Rises: An Atlas of the Upper Connecticut River Watershed" (UPNE, 2009).

Overlook Farm is known to a growing number of people who've been introduced to it through ACT hikes and bird walks. On a recent sunny Sunday, telemark skiers swooshed down through the sidehill fields, and snowshoers trekked through the woods. Two-legged and four-legged companions romped and hung out at the cabin.

"This is such a wonderful place," said ACT Executive Director Rebecca Brown. "It's been amazing to see more and people coming here. Protecting it so people can use it forever is an incredibly generous gift from Rufus Perkins to the entire community."

For some, the place has been a special place for years. Inside the cabin, generations of visitors have signed a succession of guest books. Births, deaths, anniversaries, and friendships have all been noted here.

"So awesome to be back," wrote a woman who grew up in the area. "Have come for many years, often with my father, who loved to come here. Thank you so much for maintaining this wonderful cabin and making it available to all of us. It is a treasure and a gift that is deeply appreciated!"

"It's our 18th anniversary & second trip to the cabin," a couple penned. "Nothing like this anywhere else we've been. Thank you for allowing us to visit and thank you Dave for bringing us here."

"Our dear friend Simon showed me the cabin well over a dozen years ago," another note reads. "There was at least two feet of fresh snow! . . . Simon passed a year and half ago. I can hear his laugh, see his smile, feel his love when I visit this cabin. This place will always be special to me."

The Overlook Farm joins a larger area of conserved lands owned by ACT or privately owned and conserved with ACT. This complex is called the Bronson Hill Conservation Area. It includes the 136-acre Perkins-Perkins-Porter Conservation Area, owned by Perkins and his siblings, and the Foss and MacCornack-Evelyn forests owned by ACT. Together, these lands are over 600 acres available for public enjoyment. Also nearby the Overlook Farm is the Cooley-Jericho Community Forest, with its excellent trails system. One can spend a long day walking the trails of Bronson Hill and the CJCF.

ACT hosts hikes in summer and XC ski/snowshoe outings in the winter, as well as monthly fun and educational programs and its popular 'Shoes & Brews. For more information about conserving land or to see our upcoming events, please visit [www.act-nh.org](http://www.act-nh.org) or call us at (603) 823-7777.

Volume 11 Number 13

March 31, 2020

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# The Engineer yearbook featured in 2019 Jostens Look Book

WOODSVILLE, NH – March 18, 2020 – Woodsville High School's yearbook, The Engineer, has been recognized for excellence and featured in the 2019 Jostens Look Book, celebrating the best-of-the-best in yearbook design and coverage. The Jostens Look Book is a collection of spreads and photos from outstanding yearbooks and their creative themes, cool covers, beautiful designs, relevant coverage, meaningful storytelling and stunning photography. Along with design excellence, the annually published Look Book honors the important role well-crafted yearbooks play in helping schools chronicle the experiences, stories and achievements most relevant to students and that academic year.

The Engineer was created by Maud McIntyre, Mikayla Hudson, Taylor Brown, Sierra Norko, Ethan Dessaint, and Sam Powell under the direction of Ashley Youngheim, WHS yearbook adviser.

"Being recognized in the Look Book was a goal, and a little bit of a dream, for us in 2019. Every day I would remind the staff that we were going to make the Look Book no matter what!



I'm ecstatic that our hard work paid off and that we represented Woodsville as a top-school for student publications."

The WHS Engineer was one of only 387 yearbooks selected from over 2,000 yearbooks submitted. The 2019 panel of judges, comprised of nationally recognized scholastic journalism professionals and award-winning yearbook advisers, selected the best examples of yearbook spreads and covers to make up the 320-page 2019 Look Book.

"The Jostens Look Book showcases the hard work and dedication of students who tell the story of the school year through photos and words. It is their collaboration and communication, as well as creative thinking in challenging situations, that results in the fine designs shown in this book," said Sara Sausker, Senior

Manager of Customer Experience. "We are very proud to celebrate the ability of this country's future leaders and communicators by showcasing their sophisticated designs and photography."

Ashley Youngheim and her yearbook staff received a copy of the 2019 Jostens Look Book and plaque from Jostens to recognize their outstanding achievement.

The Jostens Look Book is a must-have resource for yearbook advisers and staffs seeking creative design and coverage ideas, trends and inspiration. The Look Book complements [www.YearbookAvenue.com](http://www.YearbookAvenue.com) and [www.facebook.com/JostensAdviserandStaff](http://www.facebook.com/JostensAdviserandStaff), Jostens online destinations for yearbook creation ideas.

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### Letter to the Editor

To the editor,  
**Seriously?**  
Is it too much to expect our Federal Representatives should do what is best for their constituents?

Instead, our U.S. Senators from New Hampshire – Jeanne Shaheen and Maggie Hassan – helped stall the bipartisan agreement on COVID-19 Stimulus Sunday night instead of voting through the relief

measures.  
Shaheen and Hassan are taking their cues from Nancy Pelosi and Chuck Schumer and they are not listening to us anymore. We the people of New Hampshire need this relief, we need this stimulus, and we don't need our Senators voting to block it.

Judy Clewes  
Littleton, NH.

*Judy,*  
I received your letter on Monday. Obviously since then the Stimulus Bill has passed. But I will agree with you that the Senate, and the House, need to put aside partisan politics and do what is needed for the people of this country. The problem arises, sometimes, when they disagree with what is needed.

We all have a list of necessities. But those lists will be different depending on your circumstances as well as your past and present situations.

So, yes, our elected officials will disagree on what needs to be done. But I still trust that in the end they will find a way to move forward and serve us, the American people.

Gary Scruton, Editor

### New Statement From Woodsville Commissioner Paul Kidder

On March 8th a question was asked to me in a public forum about Woodsville Fire District audits. My reply was "as far as the several request for audits is concerned, anyone who has dealt with the DRA, they don't make several requests. They sent me one email and we were down there in a couple weeks. I also stated "we have not heard from the DRA in 5 years" I retract the above stated comments and issue the following statement.

On February 4 I was contacted by Mr. James Gerry from DRA. The DRA had questions about audits for the previous years, I was informed the Woodsville Fire District must perform annual audits by law. I responded to the first contact made to me by Mr. Gerry. On February 13th Mr. Gerry extended an invitation to the Woodsville Fire District commissioners to meet with DRA in Concord. The Woodsville Fire District commissioners met with DRA on March 4th. The discussion of the meeting included the structure of the Fire District's government, the multiple departments within the dis-

trict, previous audits and the elected auditor. The Woodsville Fire District went to an elected auditor in 2015 as a cost saving measure for the Woodsville Fire District. The position of elected auditor was not implemented by the district commissioners. This is a concern to the DRA. The DRA is requesting the Woodsville Fire District have Audits performed for the years 2015 through 2019. The DRA has set a preliminary time table to have the audits completed. The Woodsville Fire District will fully comply with the DRA requests for audits.

Paul L. Kidder  
Woodsville Fire District

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### Letter to the Editor

To The Editor:

Deadly Incompetence -  
Trump Wrong Man, Wrong  
Time, Wrong Place

America is under attack, both medical and financial, and Trump is not up to it. Never was, never will be.

During the coronavirus challenge, this self-centered short-sighted liar keeps lying. He lies when the leader of a country under historic strain needs to tell the truth, to unify with straight talk and perspective based on science and pragmatism. During nationwide trauma, it helps if the chief executive actually executes instead of lying during press conferences, ducking the hard questions. It helps if he is able to feel empathy and apply it. To uplift, not manipulate, not delay. Who as of this writing still had not mobilized military resources or activated the Defense Production Act.

Robert,

From your past letters I am well aware that you are not a fan of our President. That is one of the great aspects of our American life. You can disagree with our elected officials, at whatever level that may be - from local to national - and you are allowed to tell others of your opinion. Same with those who are in favor of any such elected official.

One of the points I take from this letter is that you have specified statements and the dates they were made in order to bolster your argument. That is what would be considered a fact based argument. I much prefer this to an argument that simply throws out ideas and assumptions that can no be proven.

Therefore, please let me throw out a couple of facts.

In 2016 there was a nation wide elec-

Trump just cannot do it. Greedy ineptness is his default position. Lacking something inside him preventing him from understanding and displaying true humanity, he is unable to learn, to see anything except what benefits him personally. Like winning the next election, which is why he's recently started calling himself a "wartime president".

Events are rushing daily, infection rates skyrocketing, death counts rising, by the time you read this, who knows what more may have happened.

Trump recently said, "This is a pandemic - I felt it was a pandemic long before it was called a pandemic".

Bluff, bluster and bee-ess. Trump's been minimizing, misleading, mocking downplaying and doubting this disaster for months. The deadliest liar in the country. January 22 Trump answered a reporter's question, should we worry

about a pandemic? "No, not at all, we have it totally under control. It's one person coming in from China. We have it under control".

February 26 at a White House press conference, Trump said, "We're going to be pretty soon at only five people, and then we could be at just one or two people over the next short period of time". The next day he said, "It's going to disappear. One day - it's like a miracle - it will disappear." And the next day he blamed the Democrats and the media for creating a "political hoax". He mocked his own HHS Secretary as "alarmist". Non-science Trump praises his own "natural ability" to grasp scientific theories. Lord 'a mercy.

Wrong man, wrong place, wrong time, wrong mind, wrong spirit.

Robert Roudebush  
North Haverhill

tion for President of the United States. The general rules for this contest were set forth many years before. In fact they are, for the most part, the same rules that have existed for over 200 years. I refer to the Electoral College. Both candidates knew that is how it worked before they began the campaign.

Another fact is that in 2020 there will be another election for President of the United States, just like it has happened for over 200 years. The same rules will again be in force.

One final fact, there is a method to change the rules. It is not a simple one, and it shouldn't be. To change these rules will take much deliberation and eventually the vote of the people. Until that time, may the best person running, win.

Gary Scruton, Editor

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IF FISH ARE THIRSTY,  
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By John Martin



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## It's Not Easy, But Look Past the Market Selloff

These are challenging times. Like everyone, you are concerned about keeping your family safe and healthy, and you're doing your part to help protect your community from the effects of the coronavirus. And if you're an investor, you must also address your financial situation. How should you respond to the current market volatility and recent declines in investment prices?

For one thing, try to avoid what many others seem to be doing: panicking. The market selloff may feel unsettling, but it appears to be driven as much, or more, by fear and panic than by economic or financial reality.

Uncertainty is high, but there are reasons – solid, objective reasons – that provide more confidence in the longer-term outlook, suggesting that conditions still warrant an eventual rebound. U.S. unemployment entered this situation near a 50-year low, with solid wage

ward and the decline in mortgage rates could add more strength. Also, the Federal Reserve's recent interest rate cuts, taking short-term rates back near 0%, will support the economic rebound as the impact of the virus containment efforts eventually fade.

In addition, while further volatility and the potential for further weakness will likely continue, the steep drops we've already seen indicate that the financial markets have "priced in" the likelihood of a short-term recession, which may mean that the worst of the stock market pain has already been endured, though, of course, there are no guarantees.

First, though, it seems likely that the investment world will finally calm down only when the health situation shows signs of containment – and this will inevitably happen, despite the grim reports we are seeing these days. As a country, we have the motivation, the will, the solidarity and the resources to defeat the coronavirus and its effects, despite the pain and trauma it is now undoubtedly causing.

So, back to our original question: What should you do? Here are a few suggestions:

- Remember why you're investing. Given the market decline, you may be tempted to change your investment strategy. But keep in mind that your financial goals, such as a comfortable retirement,

are longer-term than the shelf life of the coronavirus. These goals, not today's headlines, should guide your decisions.

- Re-evaluate your risk tolerance. The recent volatility provides a good test of your ability to weather short-term swings in your portfolio. If you're having a hard time coping with these losses, your portfolio may be positioned too aggressively for your risk tolerance. If so, you might want to adjust your portfolio mix to include more fixed-income securities, which can help provide more "downside" protection. However, this would also affect your long-term growth potential.

- Look for buying opportunities. Stocks are now at their most compelling values in more than a decade – in other words, there are plenty of compelling investments out there. You can find many high-quality investments at very good prices, so you may want to consider taking advantage of the opportunity.

These are trying times for all of us. But as an investor, you'll help yourself greatly if you keep the situation in perspective, take a long-term view, evaluate your own risk tolerance and be receptive to new possibilities.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

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Malissa Gould

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## Norman Dean Perry: OBITUARY

West Topsham, VT - Norman Dean Perry, 52, passed away unexpectedly on March 15, 2020.

He was born August 9, 1967 at Central Vermont Hospital in Berlin, VT, to Marie Huntington Bruleigh (step-son of Micky Bruleigh) and biological son of Rodney Perry.

He was raised by his step-father and mentor, Micky Bruleigh, who taught him to love the outdoors by hunting, fishing, fixing fence, and cutting and splitting wood by hand. He was an avid hunter and fisherman. He loved horseshoes and played in the Barre Leagues and the Connecticut Valley Horseshoe League. He looked forward each year to the North Haverhill Fair horseshoe tournament.

His love for hunting made him very successful in harvesting 13 buck deer in his life. With the ability of playing horseshoes, he was able to bring home many trophies and representation of the sport in first or second place. He also loved watching racing at Bear Ridge Speedway every Saturday night. Norman loved NASCAR, always a fan of #3 and #88. He was a huge sports fan who loved football season and the Dallas Cowboys. When baseball

season came around, the New York Yankees were at the top of his scoreboard.

Norman's home was very important to him, where he spent a lot of time landscaping with trees and stones. He kept an impeccable lawn and garden. Along with his four-legged best friend "Gunnar" (the chocolate lab), they would go for walks, four-wheeling, snowmobiling and blackberry picking when Loretta was allowed to join them.

He worked for Johnson Lumber Co., of Bradford, VT, as a stone cutter at Rouleau Granite Co., of Barre, VT, Limlaw Chipping and Land Clearing where he was impeccable in wood forest harvestry as a skidder operator and wood loader/slasher operator, and at Limlaw Family Maple Farm which complimented his love for the outdoors by tapping trees, gathering sap, and then un-tapping trees and cleaning up at the end of the sugar season.

He attended Union 36 Elementary School, and graduated Oxbow High School, Class of 1985, where he met his wife of 31 years, Loretta Lynn Limlaw-Perry. They made a life and built their home in West Topsham, VT. They had one daughter, Lauria Chelsea Lynn Perry



Poliquin, who then blessed them with a wonderful son-in-law, Grant Poliquin and a two-year-old grandson, Reid Norman Poliquin.

He is survived by his wife, daughter, son-in-law, grandson, and mother and father-in-laws, Ruth and Bruce Limlaw; brother-in-laws Gene Limlaw and Dale Gurney, and Bryce Limlaw and wife Kyle; and close niece Olivia Limlaw and nephew Gabriel Limlaw; his mother and father, sister, Lisa Perry, brother Dennis Perry; and aunts, uncles, nieces, nephews and cousins.

He was predeceased by his step-father, Micky Bruleigh, Kenneth and Berdina Perry, Warren Sr. and Evelyn Huntington, uncle Warren Huntington Jr., and nephew Cody Perry.

Norman will be sadly missed. There are no calling hours. A Celebration of Life will be held at a later date. Arrangements are by Hale Funeral Home in Bradford, VT.

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## Reginald C. Kelley: OBITUARY

Reginald C. Kelley passed away suddenly at his home in Waterford, VT on March 10th, 2020, three days before his 90th birthday. He was born in Whitefield, NH, the son of Norman and Myrtle (Placey) Kelley. He was proud of the time he served in the U.S. Army. It was 20 years and 9 days, served from 1955-1975. Reg enjoyed doing flea markets and meeting all the people. He enjoyed working around his home and taking care of all his outside cats. He enjoyed telling his stories about being in the service. Reg enjoyed giving his great-grandsons loads of candy. The boys really enjoyed this; he kept a huge candy jar next to his chair for them. He was predeceased by his parents Norman Kelly and Myrtle (Placey) Kelly. His siblings Richard Kelly, Mr. and Mrs. George McBey, Pucky, Mike, Mr. and Mrs. Thomas McBey, Vera Bartlett, Mr. and Mrs. Bernard Kimball. Also, by his brother-in-law Linwood St. Laurent, sister-in-law Teresa Daudelin, brother-in-law Ernest Naylor JR. Also, by his first wife Erna Kelley.

He is survived by his wife of almost 32 years Mona Kelley of Waterford VT, his daughter Myrtle Kelley (Mike) of East Concord VT, his two stepchildren Chris Sargent of Saint Johnsbury Vt, Shari Sargent (Troy) of Lyndonville VT. His grandchildren Kristiana Sargent (Lance) of East Concord VT, Brittany Smith (Brian) of Saint Johnsbury VT, Kayt-



lynn Sargent of Saint Johnsbury VT, Donnovin Sargent of Saint Johnsbury VT and Cameron Hough of Waterbury VT. His two very special great grandsons Oakley Truhart of East Concord VT - "I love you Grandpa" and Kingston Perry of Saint Johnsbury VT - "Grandpa's little watermelon". He is survived by his siblings Hilda St. Laurent of Lisbon NH, Floyd Kelly (Caren) of Lunenburg VT, his brother-in-law Cecil Bartlett of North Stratford NH, his sister-in-law Lisa Naylor of Chester VT and many nieces, nephews and extended family members. Reg leaves behind his good friend Dave Leavitt and his wife Cheryl of Littleton NH. REST IN PEACE, REG, FATHER, GRANDPA, GREAT GRANDPA. ALWAYS MISS AND NEVER FORGOTTEN!

A service will take place later in the spring. The Ross Funeral Home, Littleton Chapel has been entrusted with these services. To offer your condolences to the family please visit [www.rossfuneral.com](http://www.rossfuneral.com)

## Nicholas Cole: OBITUARY

White River Jct., VT - Nicholas Cole, 40, of White River Jct., VT died March 7, 2020.

He was born May 27, 1979 in Lebanon, NH the son of Larry Cole and Rose Lyon. His step-father, Jim Hill predeceased him. He attended schools in West Fairlee, Bradford and Thetford Academy.

Nick worked in tree service, and at FedEx delivery, and Walmart. Nick was well-liked by many and was first to offer a helping hand to those in need. He enjoyed spending time with his stepson, Harry, being outdoors, playing cards, fishing, and walking with Rebecca. He was a confidant and father-figure to kids and was protective of his family and friends. Nick was a faithful, loving and protective partner to Rebecca, and enjoyed spending quality time with her cuddling and watching movies.

Survivors include his fiancée of 8 years, Rebecca Dunbar of West Lebanon, NH, a step-son, Harry Daisey Jr., of West Lebanon, NH, step-daughters, Cheyenne Marie Daisey of Tilton, NH and Autumn Eleanor Daisey, his grandmother, Verna Lyon of West Fairlee, VT, aunts, uncles, and cousins. He was predeceased by his grandfather, Richard Lyon.

Services will be held at the convenience of the family. There are no calling hours. Arrangements are by Hale Funeral Home in Bradford, VT.

## Paul Clayton Flanders: OBITUARY

Fairlee, VT - Paul Clayton Flanders, 92, of Fairlee, VT passed away at his home on February 28, 2020.

He was born on January 1, 1928 in Lebanon, NH to Clayton Appleton Flanders and Frances Mernier and graduated from Lebanon High School. Immediately upon graduation he enlisted in the Navy and proudly served during World War II. Upon his honorable discharge from the Navy, he married Gladys Dickinson of Hanover, NH in 1948, and shortly thereafter moved to Fairlee, VT, which was their home for the rest of their lives.

Paul was a man of many talents and could solve virtually any mechanical challenge. He worked with Perley Colby taking care of the plumbing and heating needs for many of the summer camps, cottages and resorts around Lake Morey. Paul also worked for Suburban Gas, Keebler Biscuit Company, Eaton Oil, and Shepard Plumbing and Heating Corporation, and helped build the Moore Dam in Littleton, NH. During the 1950's Paul was a member of The Fairlee Volunteer Fire Department.

During the 1970's, Paul founded and was president of Central Supply, Inc., in Lebanon, NH. He and his business partners also built many homes throughout the Upper Valley. Due to the success of Central Supply, Paul and Gladys were able to travel extensively and visit some of the most well-known destinations in

the world. They also spent many winters in Fort Myers, FL enjoying hours of shelling on Sanibel and Captiva Islands and savoring meals at the many restaurants in the area.

Paul believed in helping others who helped themselves, as he had been helped by others, and was very generous in all respects. He took great satisfaction in seeing those that he helped succeed, especially his children. Paul was especially proud of his large vegetable gardens every year and looked forward to frequently mowing his four-acre front lawn throughout the summer. Paul was a true steward of the land and practiced organic and innovative gardening well before it became mainstream. A man of few but very well-spoken words, Paul also had a very unique sense of humor, and possessed a number of wise sayings always delivered with perfect timing.

Paul was predeceased by his wife of 62 years Gladys, his daughter, Jeannie and his son, Ted. He is survived by his son, James and wife, Eloisa; granddaughter, Kelli and her daughter Sophia; grandson, Shannon and his wife Melissa and sons Andrew and Jacob; granddaughter Kate and her sons, Cameron and Cooper; granddaughter Kim, her husband Chris and children Isaiah, Micah and Lauren; daughter-in-law, Linda Flanders;; and former son-in-law, William Williams. Paul is also survived by his loving companion of the last eight

years, Pauline Cote Gray, who kept him physically active and socially engaged and made sure he was well-cared for. Pauline's family became Paul's extended family and Paul always enjoyed family get-togethers.

Paul's family would like to especially thank those who made sure that he was comfortable throughout his hospice and during his passing: Cornerstone Care of New England (Sue, Ellen, Dani, Luke, Ann and Julie, all of whom provided extraordinarily compassionate and professional care); Drs. Sullivan and Romegialli at the VA Medical Center in White River Jct., VT; the nurses at Bayada Hospice; Upper Valley Ambulance; Pastor Dick Hodge; Sylvia "Squeak" Brown and all the friends and neighbors who checked in on Paul and offered prayers, positive thoughts and encouraging words.

At Paul's request, there are no calling hours or funeral. The family is planning a Celebration of Life at a later date and a private committal service will be held for Paul and Gladys at the family plot in Fairlee at the convenience of the family.

In lieu of flowers, the family asks that you consider donations to the Fairlee Community Church of Christ, or to an organization that helps those who are working to better themselves and others. Hale Funeral Home and Cremation Care of Bradford, VT has been entrusted with the arrangements.

## Bryan Scott Gould: OBITUARY

Woodsville, NH- Bryan Scott Gould, 58, died on Friday, March 13, 2020.

Bryan was born in Haverhill, NH on April 25, 1961 to Llewellyn L. "Buster" and Dorothy L. (Leonard) Gould. He was a graduate with the Class of 1979 of Woodsville High School. Following high school, he received his Associates Degree from New England Institute in Boston. On November 9, 1985, he married Melissa A. Trimble.

Bryan began working at Ricker Funeral Home at age 16. Following Mortuary

School in 1983, he worked for three years at Ricker Funeral Home in Lebanon, returning to work in Woodsville in 1986. Along with his wife, Melissa, they purchased the funeral home in January 2006.

He enjoyed being in the woods, listening to Irish music, particularly the High Kings, and walking their dogs, Abbie, Buckshot, and Ozzy. Over the years, he loved following Woodsville High School athletics, especially during the seasons when his sons were participating.

He is survived by his wife of 34 years, Melissa A. Gould of Woodsville; their sons, Scott T. Gould of Martinsburg, WV and Kyle B. Gould of Towson, MD; a sister and a brother; along with several nieces, nephews, and cousins.

Calling hours were held on Wednesday, March 18th from 4-7 PM at Ricker Funeral Home, 1 Birch Street, Woodsville, NH.

A funeral service was held on Thursday, March 19th at 11 AM also at the funeral home.

A private burial will be held in the spring in Pine Grove Cemetery, Woodsville, NH.

Bryan would prefer that memorial contributions be made to the New Hampshire State Veterans Cemetery, PO Box 626, Concord, NH 03302-0626.

For more information or to offer an online condolence, please visit [www.rickerfh.com](http://www.rickerfh.com)

Ricker Funeral Home & Cremation Care of Woodsville is in charge of arrangements.

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# What About Ma?

by Kellie Quackenbush  
**All About Connections**

Ma is in a nursing home and the nursing home has closed its door to visitors. For the past month, Ma has been told about the virus that is making everybody sick, she still asks when is her little boy coming home. Dementia is not accepting of long durations of little contact. Alzheimer's Disease is even less forgiving, what does one do to stay in touch?

Sending cards and letters is always a welcome thing for those who are in the hospital or in a nursing home. If the nursing home has the ability, Face-time or Google-meet

will provide both visual and audio stimulus. These are hard times for close families, the Coronavirus has everyone scared and over three million people have the flu.

The precautions for the COVID-19 (Coronavirus) and the Flu are the same, wash your hands with soap and water, cover your mouth when you cough, wash your hands, and stay away from sick people. Since nobody knows for several days if they have been exposed and now are sick, stay away from everybody. Or as they say on the news, social distancing, which means don't go

near anyone,

Which brings us back to the conundrum of Ma in the nursing home. We agree that keeping visitors out, "oops, Did I just sneeze?" will make the nursing home population safer. We call and she chats for a moment and then the call is done. We send packages and once they have been screened for potential contaminating objects, she is thrilled for a minute. We make home movies but nobody there can remind her who is in the pictures. We keep reaching out, because we love her.

I'm talking about Ma in the nursing home but the reality is, if we truly want to see an end to this virus, we need to be socially distant from everyone, not just the people in the hospitals and nursing homes. In 1918, when the Spanish Flu hit us hard, social distancing is what helped bring it to an end.

Be safe and be well.

# Acceptance

Topics  
*Disability and Aging*  
by Cyndy Wellman



## Patience

What has this Coronavirus experience taught me? We all can survive.

Don't be drained by the Media daily! Use your knowledge and take care of yourself/family/pets and friends. Continue to appreciate what you have. Stretch that dollar meal more! Get the necessary items = Budget Wisely to make ends meet. Don't forget to wash your hands after handling money. Pursue your dreams more. Live like our ancestors did. Support Farmers and Farmer's Markets before going to the grocery store. Thank those workers that must go to work. Hospitals, stores, emergency team, delivery truck drivers and Postmaster/mailman. They are risk-

ing their lives.

Good for Country singer Jo Dee Messina's post. "With Church doors shutting across America, it is time for us to show that Church has never been about the building." Let that sink in.

All of us should relate your Quarantined situation to a shelter animal. They are stuck inside, miss family and friends. Animals get bored, lonely, depressed and stressed. Confused, even scared. Next time you complain think of a sheltered animal. Your life may not be so bad.

This virus shall pass. Learn from it.

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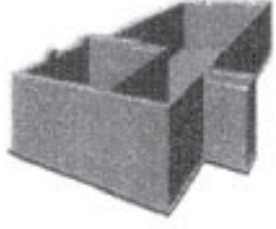
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# Jimmy

by Elinor Mawson

Many years ago when I worked for Title 1, I was assigned a little boy named Jimmy. He was the son of a Greek couple who ran the local pizza place, and he was (supposedly) five years old.

Jimmy was as big around as he was tall. He wore clothes that fit around him; unfortunately they were long-legged and long-armed and he looked like he was lost in them. He was very shy and initially didn't speak a word. His goal was to talk in a complete sentence. The poor child didn't have much of a vocabulary since his family spoke Greek at home. I had my work cut out for me..

I started by reading to him. It was a simple book with lots of pictures, and eventually he would identify the pictures with one word. I tried to get him to speak two words and didn't have much luck until I asked him where his father worked and he replied, "Pepperoni pizza". I found out that he spent his after school hours at the piz-

za place and heard quite a bit of English there..

Jimmy had a little brother Georgie. Georgie was the fair haired boy in that family, I discovered. Georgie was also five years old which meant ... Jimmy had to be at least six or seven. I soon deduced that Georgie got the most attention which answered many questions about Jimmy.

We continued to work on vocabulary and once in awhile Jimmy would use 2 word sentences. It was tough going. One day I got out 2 puppets; Jimmy had a boy puppet and I used the girl puppet. The puppets talked to each other; the girl would ask a question and the boy would answer. At one point, the girl asked a question and Jimmy's boy puppet grabbed the girl puppet and put her down on the table. Then he asked, "Where is your husband?" I was flabbergasted! I didn't know what he meant, although hearing a 4-word sentence was amazing! We didn't work with puppets anymore.

Eventually I heard that the family had returned to Greece for a vacation but they never came back. The pizza place closed. I have always wondered what became of Jimmy -- and Georgie. I can only hope that Jimmy is a happy adult, and is probably busy at work making pepperoni pizza.

**TRENDY TIMES STAFF**

SALES .....RICHARD M. RODERICK & GARY SCRUTON  
CONTRIBUTING WRITERS .....MAGGIE ANDERSON, ELINOR P. MAWSON, MARIANNE L. KELLY, ROBERT ROUDEBUSH, CINDY PINHEIRO, KELLIE QUACKENBUSH  
DISTRIBUTION AGENTS. ....VAUGHAN SMITH, RICHARD RODERICK, JESSICA EMERSON, GARY SCRUTON  
EDITOR / PUBLISHER.....GARY SCRUTON  
WEB MASTER .....PAUL HUNT

Phone 603-747-2887 • Fax 603-747-2889  
gary@trendytimes.com

20 Pine Street • Woodsville, NH 03785  
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Thank you for your understanding.



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by Cindy Pinheiro  
to contact Cindy (aka Cin Pin)  
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## Spinach Pie Rollup

*EDITOR'S NOTE: First the good news. Cindy does not show any signs of having the COVID-19 virus. The bad news is that her scheduled surgery has been postponed due to the abundance of caution that is being shown most everywhere.*

*Needless to say Cindy has not been having good days of late and therefore we have dug into the archives to bring this recipe back for a second go. We trust we will read it over, try it out, and maybe even send in some comments, or your own ideas for our Trendy Kitchen.*

So let's get to this recipe. What to buy and how to make it.

**Ingredients**  
22 oz pizza dough thawed  
1 frozen chopped spinach thawed 10oz. To quickly defrost use a microwave for just about 3minutes.  
1 small can of sliced black olives  
1/4 Cup of Parmesan cheese  
1 dry package of Good Seasons Italian dressing  
1/3 Cup vegetable oil plus 1 Tablespoon separated  
1 Teaspoon garlic powder

Put the dough on a pizza stone or pizza pan that you spray with Pam. Also spray the top of the dough and cover with Saran wrap

loosely so it doesn't get crusty. Let it rise to double or more. Spread the raised dough to a circle with your fingers and let it raise again. Keep in a warm place.

Preheat oven to 350 degrees.

Put the thawed spinach in a colander and with a fork press out the excess water. Put in medium bowl and add the olives (if you have a large can of black olives use half can and slice them). Add the parmesan cheese and garlic powder.

Put the oil in a cruet or jar with cover add the package of Good Seasons Italian dressing and shake well then add to spinach. Mix well.

By now the dough is ready so spread the spinach evenly over the dough. Get the dough and begin to roll up. Put the end on the bottom and tuck the sides under. With a pastry brush, brush the entire roll up top and sides with the other Tbsp. of oil. Cut slits with a knife in the top, about 5 or 6 slits. Bake for 35 - 40 minutes until brown. Let sit when done for about 30 minutes. Then you can slice and enjoy.



It sounds like a lot but it's easy peasy. That's it. You'll say this is "Delicioso"!

This is very versatile, once you get the hang of working with dough you can add mozzarella, pepperoni, even make a broccoli roll up with chopped broccoli. You'll be impressed at how beautiful it comes. Enjoy with a nice bottle of Chardonnay and remember to

drink responsibly.

So my friends I hope you enjoy this recipe and remember if you have any questions please contact Gary and I will help you out. Until next time I'll bid you farewell. Enjoy this Holiday season.

I'm signing off, Sincerely  
Cin Pin.



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We hope that whether you are continuing business as usual, have closed your doors, or are somewhere in the middle, that you will stay safe. We also hope that you will continue your business association with Trendy Times during this time, as well as in the future.

#### To our readers and those sending us content:

Please continue to send us your views, your news, and your thoughts. We will continue to put them together with others and keep Trendy Times moving forward.

*Remember, not all times are trendy, but there will always be Trendy Times.*

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