

#### **In Person Seating** Weathervane Theatre WEATHERVANE THEATRE

Weathervane Producing Artistic Director Ethan Paulini is proud to announce in-person seating will be available for performances of the Gerswhin musical Nice Work If You Can Get It, Stephen Karam's acclaimed comedy Speech & Debate, and Heathers: The Musical - the darkly delicious musical based on the 1988 Ryder/Christian Winona Slater cult film.

"After careful consideration and constant and continuing consultation from local and state health officials, we will be able to invite a small handful of patrons into the Weathervane to watch select livestream performances this August," said Paulini. "This will undoubtedly be a unique opportunity to observe the great lengths this hardworking and dedicated staff is going to in order to keep the 85 year tradition of live theatre in the North Country unbroken."

To ensure the health and safety of the patrons, as well as the company members of the Weathervane Theatre, seating capacity for these performances will be at 20%. Households will be able to sit together in parties of four and all parties will be socially distanced at least six feet apart in the theatre. Patrons and staff are to wear masks at all times except when in their designated seating area for the performance. Sanitization stations will be available throughout the facility and additional PPE will be on hand should anyone need it. The facility has been professionally deep cleaned and additional cleaning staff has been hired to ensure the sanitization of the space.

Additionally, Weathervane has employed Anthony Colacino, MD and Elisabeth Colacino, RN, CCRN, CNRN

as Weathervane's company medical staff. Weathervane company members are subject to daily examinations and temperature checks prior to reporting to work and were all required to quarantine for two weeks in artist housing upon their arrival.

"Protocols will be extensive to ensure both the safety of our actors, crew and staff as well as our patrons," said Paulini. "While this will not be a return to normal, it will be a safe step in the right direction. As artists, we rely on the energy from our audiences. While nothing can replace a standing room only crowd, we are grateful to share this experience with some of our loyal Weathervane community."

In-person tickets for Nice Work If You Can Get It, Speech & Debate, and Heathers are now on sale. These productions will run in alternating rep with three livestream only original reVirtual Summer Season | August 3 - August 28



vanetheatre.org. Tickets cost \$24-\$49. The Weathervane Box

Office is now open by phone (603-837-9322) and email (boxoffice@weathervanetheatre.org) on Mondays, Wednesdays, and Saturdays



from 9AM - 11AM. Tickets can be purchased 24/7 on Weathervane's website www.weathervanetheatre.org

Season 55's Mainstage series is sponsored by Harvard Pilgrim Health Care, Anthony & Elisabeth Colacino, Bank of New Hamp-







#### by Gary Scruton

Children can be a great asset. I had the opportunity to take my oldest daughter, and her friend, for a first time experience at Polly's Pancake Parlor. This is not because my wife was ill, but rather that she is still hesitant about taking any chances with her health issues. So I called my daughter, April, and she was more than happy to take her dear old Dad to the top of Sugar Hill (and down the other side a bit, for breakfast.

As I have mentioned in this column before Polly's is a very popular, and therefore busy, place. I called ahead as requested, but we still had a rather lengthy wait due to the new restrictions and the limited seating now available.

As we waited I did note that many more people than usual seemed to be picking up meals to go as several single individuals went inside and came out with a bag or boxes.

Our buzzer did go off summoning us to the front desk where we were escorted to a table, that like most, looks out over the majestic Presidential range of the White Mountains. But we had to pull away from the scenery to give the menus a look.

When our waitperson came over, wearing a mask like she should, we ordered an orange juice, a cup of coffee, and a Cape Codder. When those beverages came back to our table it was time for us to make some choices.

April's friend, George,

settled on what Polly's refers to as Sugar Bill's Breakfast. It consists of two eggs, any style (except omelet), over easy for George. Plus the choice of sausage, bacon, or ham, (ham) homefries, and two slices of homemade toast (wheat).

April went with a 3 egg vegetable & cheese omelet. The vegetable options were onions, green peppers, mushrooms, tomato, and spinach. (just hold off on the tomato, please).

Since we were at Polly's Pancake Parlor I just had to go with an order of pancakes. I asked for the pancake sampler. You can choose three batters and three add-ins. I picked Buckwheat, Whole Wheat and Oatmeal Buttermilk for batters. For add-ins I made it easier, blueberries in two, and chocolate chips in the third. Then I went back to our server and had her choose which got what. It should be noted here that the servers are also the people who cook your pancakes. Along with the pancakes, keeping with my latest "do something different" theme I also ordered a side of corned beef hash.

With our order placed we got a chance to settle in a bit more and strike up some conversation. All three of us seemed to enjoy our beverages and when our meal was served two of us asked for and received refills. The coffee refill was free.

When our meals came to the table it took no time for us to dig in, that is once the waitress brought me a dispenser of maple syrup

Now I really like blueberries (hence asking for them in two of the batters) but I'm not sure I had ever tried chocolate chips. I can say now that I will try that again. As for the corned beef hash, it was just crispy enough to be delicious. It was indeed all I could do to get around my whole meal.

George was also able to eat his entire meal and had no complaints whatsoever. April did not do as well and needed to get a "to go" box to take home some of her omelet.

The total cost for our three meals, including beverages was \$56.68. As is my normal routine I left a cash tip on the table for our waitress and crossed off the tip portion on the slip when I paid at the front desk with my credit card.







2



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# The Best Little Shop That **You Have Never Visited**

#### by Kellie Quackenbush

During the summer months, in the not so far away town of Fairlee, VT is the most genuine craft slash art gallery this region possesses -- it is the Brr-Mont Craft Gallery. Not so hidden, in the center of Main Street, right across from the old Rail-Road Station, stands a vintage white house with a front porch that begs to be meandered on and fronted by a lovely little bit of green yard is a sign that is planted at the front of the yard, a painted on saw blade -- Brr-Mont Craft Gallery. The shop is actually in an out building in the back of the house but the drive that circles out behind the house will lead you to a plum parking spot beside the shop.

Diane and Marc have been hosting the arts and crafts of local artisans for over twelve years now and sourced the great and the unique of the region. There was a time when you couldn't visit a farm around here without seeing a hand painted saw blade hanging in proud display. Now the only place I know you can find one is at this quaint and precious shop tucked away in Fairlee, VT. Marc is an artist, he paints and will create a family piece from a photograph. His artistry has no bounds as beloved farms and log cabins are brought to life on saw blades or milkcans. Slate tablets become valued treasures as a painting of the family dog renews one's beloved pet.

Memories of happy days gone by come to life as you see the historic trunks, once



dusty relics in grammy's attic now happily restored. Restored is the wrong word, as Diane finds these relics from the past and breaths new life into them. With vibrant colors and shinv brass locks, the hidden compartments of these treasures of old are given a new and modern kiss of style. What was old is new again with a wink to the past and a loving push to the future, vintage furniture is repurposed in the most imaginative way. Last week when I stopped, there was the most amazing trunk, just like a treasure chest from Captain Hook, with it's curved top and trav insert to "hide your treasure" -- it was brilliant and newly painted in vibrant colors of purple and blue -- so very perfect for a young person who still likes their toys but wants them out of sight when friends come over. There were such delights to find, I always see something new.

not want touristy things, there were hand made earrings and trinkets for the desk, does somebody like

For the tourist that does

golf?? You should see the way Marc paints golf balls. Local artisans have contributed to the wonder within. For the horse lover there are carvings and pieces to bring back the days when we would go to the farm and visit. With repurposed horse shoes and new vision to items from the farm, the crafty revision of tools and bits of yesteryear bring on a warm reflection of the past.

Serious and loving thought has gone into this shop, walking in is akin to getting a warm hug at your favorite Aunt or Uncle's home. The toughest part about visiting this shop is deciding what you want, because all of it begs to become your new treasure. People waste their time in stores that will sell you something that everyone else has, this is the shop to go to when you want unique and artfully created items. This is my favorite place and I hope you have an opportunity to make it yours as well.

## **Zucchini Contest** September 5

It is with great regret that due to COVID-19, WRAP's So Long Summer, Hello Fall Festival scheduled to be held on September 5, 2020 has been postponed until next year on September 4, 2021.

While the Festival will not be held, the 9th annual Giant Zucchini Contest will be held as scheduled on September, 5, 2020. There are a few changes to this year's contest. The contest location changes from in front of the Post Office to next to Copies and More. Zucchinis to be judged should be brought to the judging booth between 10:45am and 11:30am instead of 9:00am. This year entrants are able to pre-reg-Registration forms ister. may be requested by emailwrapwr@gmail.com. ing Pre-registration is preferred but entrants will be able to register on contest day. Zucchinis will be on display as they arrive until judging which will be at high noon as usual. Masks and COVID-

19 social distancing will be required.

This year's judge will be Ruth Ann Hacking, the Executive Director of the Cohase Chamber of Commerce. While discussing being a zucchini judge she remarked "I'm an organic farmer, so I've seen my share of zucchini!" Ruth Ann Hacking is the owner of Half Wild Arts farm in North Haverhill, New Hampshire.

The rules of the contest are simple. Zucchinis being entered into the contest must be grown by the entrant and must be grown in either Orange or Caledonia County in Vermont or Grafton County, north of Z Hanover in New Hampshire.

So Long Summer - Hello Fall will be back next year with all it's vendors, bake goods, the zucchini contest and more. WRAP hopes to see you there.

endy, but there will always be Trendy Times For more information contact Richard M Roderick by email at wrapwr @gmail.com or telephone at 802-757-2708.

August 4, 2020

Volume 11 Number 22









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## A Veto to Support

Sununu recently vetoed HB1234, an amended omnibus bill containing more than 40 different and unrelated pieces of legislation. This bill also contains more than 20 senate bills that never received public hearings in the House of Representatives, a necessary process designed to gather testimony from all interested parties, including the general SB414, the Woodsville Fire District roads bill, was among the laundry list of legislation attached to HB1234. The original intent of HB1234 was to address heating problems of certain state-owned buildings in Concord. The Concord heating bill had prebeen viously whelmingly approved in the House of Representative and sent to the Senate, but by the Senate's attaching more than 40 unrelated topics, the bill and all attached sections will most likely not become law this session. Governor Sununu rightfully vetoed the bill due to so many amended sections that lack a full and open public hearing pro-

posed by the Haverhill N.H. Governor Chris Selectboard and mitted by the bill's sponsors to modify the formula in which highway funds are distributed to the Woodsville Fire District from the Town of Haverhill. It also adjusted the formula allocating the district a proportionate share of state highway block grant funds provided by the NH Department of Transportation. However, as amended, the Woodspublic. ville road bill is now very different. The new version of the bill contains a provision to eliminate the Woodsville Fire District's statutory authority to have a highway department. By doing so, it deleted the bill's original content and intent, and did so without public hearing in the over-House of Representatives. The Governor was cor-

rect in vetoing HB1234, as it contains too much unrelated subject matter, including the Woodsville road bill that has not undergone public hearing and the House committee process. The Governor's veto message will now come to the House floor where a vote to sustain or not sustain the veto will be acted upon. In order to override the Governor's

Scott Borthwick Ph: 603.523-9284 Cell: 603.630.8032 Manager

veto, those wanting passage of the bill will need a 2/3's vote of those present. It is highly likely that the veto will be sustained, and I will vote to support the veto. This is a very contentious issue within our community. As a community we should now look to our locally elected district and town officials to work cooperatively and in good faith toward the common goal of keeping our community whole. We should not be looking at the state to resolve our local needs or responsibilities. Elected officials from Derry, Bedford, Berlin or any other NH municipality are primarily focused on their communities and statewide issues. Roads in Woodsville and Haverhill are not in their headlights.

sub-

Respectfully Submitted, NH Rep Rick Ladd, Haverhill

## **Kitchel Supports Ashe for** Lt. Governor

I'm supporting Tim Ashe for Lt. Governor in the Democratic Primary because in times like these experience proven and leadership matter more than ever. During the four years that Tim has led the Senate he's shown the qualities that will make him a great Lt. Governor.

COVID put Tim's leadership skills to the test. He was a key partner with the Governor and the House Speaker in guiding Vermont through unprecedented times. Despite his heavy Legislative workload, Tim provided daily video updates to inform Vermonters on actions being taken to address the many needs created by the pandemic. These were absolutely essential to many Vermonters.

I've been impressed with Tim's ability to identify emerging issues that need to be addressed long in advance of others who simply

react to them when they occur. He has initiated legislation to address privacy concerns, data retention policies, racial bias in law enforcement, energy conservation and the list goes on. He is one of those Legislators who stands out for his ability to see the entire forest, not just the trees.

A good example of this is providing a hazard pay grant to nearly 16,000 Vermonters on the frontlines against COVID. Tim was outspoken on the need to recognize these workers' sacrifice in service to our communities, and never let the issue go despite every barrier thrown in the way. In the end we got it done. Tim's leadership was key.

I know he'll bring the same passion and skill to the LG's office.

Jane Kitchel Vermont Senate Caledonia/Orange District

#### **New Hampshire Civic Groups to Host Voter Information** Virtual Town Hall on Voting Rights Act Anniversary

Concord, N.H. - On August 6, 2020 at 6:30 pm - on the 55th anniversary of the Voting Rights Act - top New Hampshire civic groups will host a voter information virtual town hall, where Granite Staters will be able to ask their questions and learn everything they need to know to exercise their right to vote in November.

As voting processes have been adapted in New Hampshire to keep voters safe during the COVID-19 pandemic, this town hall event will provide Granite Staters non-partisan accurate information about how to register and vote this fall.

Organizations co-hosting this event include America Votes New Hampshire, Granite State Progress, the Kent Street Coalition, NEA-NH, the New Hampshire Democrats African-American Caucus, the New Hampshire Democrats Asian-American and Pacific Islander Caucus, New Hampshire High School Democrats, the New Hampshire College Democrats, the New Hampshire Young

Democrats, the New Hampshire Sierra Club, the New Hampshire State Employees Association, the New Hampshire Stonewall Democrats, Black Women for Biden N.H., the New Hampshire Democrats Veterans & Military Families Caucus, and Organize New Hampshire.

"No one should have to choose between their health and safety and their right to vote," said Kelsey Klemen-Organize towicz, New Hampshire's voter protection director. "Any Granite Stater who is a U.S. citizen, and is over 18 can vote. And any Granite Stater who is concerned about COVID-19 can vote by absentee ballot this year. We're hosting this event to make sure Granite Staters know their rights and to answer any questions about how to register and vote." What: N.H. Voter Information (Virtual) Town Hall When: Thursday, August 6, 2020 from 6:30 - 7:30 pm Who:

Election and Municipal Affairs Law Committee, will introduce the event by discussing the importance of the Voting Rights Act.

Following the Senator's remarks, voting experts will answer Granite Staters' questions about how to register, vote, and make sure their vote is counted:

Maggie Goodlander is a lawyer and adjunct professor of constitutional law at UNH Law School, a former clerk for U.S. Supreme Court Justice Stephen Brever, and a former senior adviser to U.S. Senator John McCain

Kelsey Klementowicz is the voter protection director for Organize NH and previously an attorney at the New Hampshire Public Defender Program Miles Rapoport is the Senior Practice Fellow in American Democracy at the Ash Center of the Harvard Kennedy School, the former Secretary of the State of Connecticut, and the former president of Demos and Common Cause

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The Woodsville Road

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## SUPPORT POLICE **Paul Schirduan** State Representative

Lincoln - Woodstock - Waterville Fiscal Agent: Paul Schirduan, Lincoln, NH

Senator Melanie Levesque, chair of the N.H. Senate



Additional speakers may be announced in the coming days.

Where: This will be an online event - hosted on Facebook Live. Members of the public can RSVP here (https://www.mobilize.us/organizenh/event/293009/?m c cid=5cc1b159c9&mc eid =148b048d5b) to receive information on how to join.

#### **Investing in our State Colleges and our Economic Future**

This commentary is by Molly Gray, a Democratic candidate for Lieutenant Governor. Gray was born and raised on a farm in Orange County and is a graduate of the University of Vermont and Vermont Law School. Gray serves as an Assistant Attorney General in Montpelier and teaches night classes at Vermont Law School as an adjunct professor.

I have a deep appreciation for our Vermont schools. I grew up in Orange County, home to Vermont Technical College where my mom studied agriculture. After high school, I was able to attend the University of Vermont because of an athletic scholarship where I raced as a Division I cross-country skier. After working in Washington D.C. for Representative Peter Welch and for the International Committee of the Red Cross, I returned home to earn a law degree from Vermont Law School while working nights at the Worthy Burger.

I have been educated by Vermont schools from pre-k through law school and now, as a candidate for Lt. Governor, supporting our local education system is one of my top priorities. In order to overcome the economic impacts of COVID-19 and to solve our demographic challenges, we must invest in our higher education system and workforce development. Our future depends on it.

Despite having one of the highest high school graduation rates in the country, Vermont ranks at the very bottom when it comes to higher education investment. Today, 41% of Vermont's high school graduates do not go on to further workforce training or education of any kind. This diminishes earning power for individuals and hurts Vermont

businesses who are looking for well trained and educated employees. Vermont continues to face recruitment and retention challenges across the workforce. According to the McClure Foundation and the "Pathways to Promising Careers" initiative, there are 62 high-pay, high-demand careers in Vermont that pay a median wage of at least \$20/hour.

The mission of the Vermont State Colleges is to "affordable, high provide quality, student-centered, and accessible education ... consistent with student aspirations and regional and state needs." The truth is, for too long our legislature has ignored the needs of our Vermont State Colleges System, leaving it vulnerable to changing demographics and disruptions in higher education. We've also ignored the needs of our students and the communities they serve.

My vision for Vermont is one where rural communities thrive and we have built pathways for our students from our classrooms to good-paying jobs in our communities.

A June report to the Vermont Joint Fiscal Office commissioned by the legislature outlines vulnerabilities in our Vermont State Colleges System and the immediate need for meaningful support. Urgent investment has the dual impact of seeing these critical institutions through the uncertainty brought by COVID-19 and readying our State Colleges for the future. Here are a few immediate actions we could take:

First, a public commitment to allocate by October 1, 2020 the \$40.3MM in bridge funding identified in

the report for the Vermont State Colleges System.

Second, the creation of a statewide emergency Task Force to devise a specific and actionable plan for the future of our higher education institutions. The Task Force should consist of public and private officials of diverse backgrounds and experience. At a minimum, the Task Force should include officials with an understanding of and commitment to Vermont's rural communities and workforce development.

Third, a public commitment to flip the 80-20 tuitionstate investment ratio and to properly fund Vermont Community College making it accessible to all Vermonters. Right now, 80 percent of the community college budget comes from student's tuition and 20 percent from state investment. As a result students are shouldering more debt.

These are difficult times, but out of our greatest challenges come our greatest opportunities. It is time we embrace higher education and workforce development as one of the greatest economic opportunities of our time, not something to ignore for future leaders to solve.

We can rise from the economic devastation of COVID-19 by acting with urgency to prepare Vermont's workforce for the high-paying high-demand careers that are available today and that will be necessary for a diverse 21st century rural economy. Workforce development means great economic security for our families and communities, and an expanded tax base for our state.

We must envision a new future for our State Colleges

### **Northern Grafton Republicans Meet August 4 in Littleton**

The Northern Grafton County Republican Committee will hold their monthly meeting on Tuesday, August 4th at 7:00 P.M. at the Littleton VFW Post 816 located at 600 Cottage Street/Old Franconia Road, Littleton, NH. Eli Clemmer, a libertyminded Republican from Berlin, NH who is running for the the U.S. Congress, will be the guest speaker. Facial masks and social distancing will be observed. For information contact janicenovak@myfairpoint.net or call 603-823-5011.





Robert Peraino as a Republican candidate for the New Hampshire House of Representatives in the upcoming election. Dr. Peraino has been a physician and resident of northern Grafton County for over 35 years. He will represent the towns of Lyman, Lisbon, Monroe, Franconia, and Sugar Hill, which are in District 2. Dr. Peraino strongly believes in Government By the People (not of the people), Government Programs that benefit ALL of New Hampshire citizens, School Choice, the Right to Work, Free Speech, the Unrestricted Right to own Guns, and to keep New Hampshire prosperous with-

This is to announce Dr. out creating new taxes and resentative@perainofornh.c

regulations. Dr. Peraino is against government favoritism to "certain" groups, which is called "Protectionsim". This is illegal in the private sector, and should also be illegal in the Public Sector. New Hampshire needs a representative who is true and loyal to the people represented; who understands the concerns, needs and views of the people; someone who cares and will listen, but especially someone with integrity, foresight, and political determination to guarantee New Hampshire citizens their Rights to Freedom, Justice, Equality, and Domestic Tranquility. Contact Dr. Peraino at rep-



## The Heartaches and Joys of **Nominating a President**

Deb Billado Chairwoman, VTGOP

I wish to thank all our elected Delegates and Alternates to the Republican National Convention for competing, winning, and being recognized as worthy of representing Vermont Republicans in Florida. Some have already paid for travel that in most cases is non-refundable and have made other sacrifices to attend the Jacksonville reunion that had to be canceled due to public safety concerns.

There will be six of us who are fortunate enough to be taking part in the business component of the convention that will be held in Charlotte, North Carolina with 330 others from around the nation. Those of our group going there are Laura Benner, Suzanne Butterfield, Anya Tynio, Jay Shepard, Janssen Willhoit and myself.

While the ceremonial part of the convention will not occur, this part of the process is particularly important for the nomination of President Trump and Vice President Pence and is our priority and duty to America. While it is business we are going there to attend to, we just might be blessed with a chance to meet our leaders in person, shake their hands and thank them.

Those who were so looking forward to their sunshine state adventure, I would like

them to think about how sweet it will be for all of us to the inauguration after President Trump destroys Joe Biden and his Democrat puppet masters at

I want to share some words from our Delegates and Alternates as well as note that there has not been a disparaging word heard and they are all glad for the part they are playing in choosing our president.

Lawrence Zupan expressively voiced that "Speaking for myself, I will miss the privilege of being part of history in helping personally to nominate the most important crossroads President of mv not-so-short lifetime. While every Presidential election holds great pith and moment, I believe that the very survival of the Republic bequeathed to us by The Founders is in great peril at this very moment. I truly believe that President Donald Trump's continuation as our President is, besides the direct intervention of Almighty God, the only thing to prevent the destruction of our Nation."

Laura Benner who will be in Charlotte shared, "Although saddened that we will not be holding a traditional, in person convention, I believe that President Trump's team is working hard and will still make it special in some way. Looking forward to a WIN come November!"





Rachel Stringer echoed much the same thing as well as saying that her "...heart goes out to all people who have suffered loss during this pandemic. I respect President Trump's decision to protect all those who would have traveled to Jacksonville. Our focus now is to work together to strengthen each other, build unity, and pray for the common good of our country and the world."

Mark Candon hit it on the head with his feelings that "The real shame is the American public will not be able to note the easy contrast between free Republicans happily supporting an excellent team, versus the jaded press and cynical Dem party hiding their feeble excuse for reflooding the swamp."

Anya Tynio wraps up those who shared with me by thankfully expressing that, "I am honored to serve as a delegate in Charlotte. To me, casting my vote for President Trump is equivalent to voting for a prosperous, secure, and bright future for America. I look forward to celebrating his victory in November."

I too am honored and humbled by the opportunity you have given me to lead this group in Charlotte and to put into nomination the next president of the United States, Donald J. Trump.

#### **Democratic National Convention Announces 2020 Convention Officers, Schedule of Events**

The Democratic National Convention Committee (DNCC) and Democratic National Committee (DNC) today announced the leaders from across the nation who have been asked to serve as permanent officers for the 2020 Democratic National Convention, as well as the initial schedule for the convention's four nights of programming. Both items have been submitted to the Democratic National Convention Committee Rules Committee, who will ratify these items at their meeting.

Convention organizers also released the initial schedule of daytime activities, including virtual caucus and council meetings, where delegates will come together to hear from party and community leaders as they continue to organize and mobilize their constituencies. The schedule can be viewed on the convention's website at demconvention.com/schedule.

"We are looking forward to a historic convention anchored in Milwaukee, and through the leadership of the permanent officers who will help oversee this convention Democrats will come together to continue the work to elect Joe Biden as the next President of the United States," said DNC Chair Tom Perez. "We have an exciting lineup of programming over the course of four nights as we seek a better future for all Americans, and unite around our shared values and Joe Biden's vision for a better, safer future for the country."

The proposed Permanent Officers of the 2020 Democratic National Convention are:

HONORARY CHAIRS-Speaker Nancy Pelosi (CA), Minority Leader Charles Schumer (NY)

PERMANENT CONVEN-TION CHAIR - Congressman Bennie Thompson (MS)

PERMANENT CO-CHAIRS - Governor Phil Murphy (NJ), Senator Tammy Duckworth (IL), Senator Tom Carper (DE), Mayor Tom Barrett (WI), Mayor Keisha Lance Bottoms (GA), Congressman Tony Cárdenas (CA)

SECRETARY - Jason Rae (WI)

VICE CHAIRS - Senator Bob Casey (PA), Congresswoman Sharice Davids (KS), Congresswoman Donna Shalala (FL), Former Congresswoman Carol Shea-Porter (NH), Lieutenant Governor Mandela Barnes (WI), Lieutenant Governor Kate Marshall (NV), Lieutenant Governor Garlin Gilchrist (MI), Former Congressman Tony Coelho (CA)

PARLIAMENTARIANS Congressman Steny Hoyer (MD), Helen McFadden (SC), Sarah Merkel (AL), State Senator Yvanna Cancela (NV)

SERGEANT-AT-ARMS - Congresswoman Gwen Moore (WI)

The proposed Official Agenda for the 2020 Democratic National Convention is:

MONDAY, AUGUST 17

**Opening Ceremonies** Committee Reports (Credentials, Rules and Platform)

Select Speakers

**TUESDAY, AUGUST 18 Keynote Address** 

Presidential Candidate Nominating and Seconding Speeches

Roll Call Vote for the **Presidential Nominee** WEDNESDAY, AUGUST 19

Vice Presidential Candidate Nomination and Acclamation

Acceptance Speech by the Nominee for Vice President

THURSDAY, AUGUST 20 Acceptance Speech by the Nominee for President Adjournment

22

Number

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Intolerance of opposing views

Take your guns with or without curt order (red flag law) Loss of freedom

Lying to FISA court to spy on U.S. citizens Open borders, sanctuary cities protect illegal alien criminals, failure to prosecute crimes against U.S. citizens and legal aliens

Leaders of House abuse power - allowed secret testimony without cross examination and rebutal

Sanctuary cities protect criminals

Lying to FISA court to nullify 2016 election

Cronyism = patronage = making promises to get votes

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Promote free market business Minimize useless regulations Low unemployment and rising wages

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## **Now Accepting New Patients Alex Perreault, Wells River**



"I am a Family Nurse Practitioner who has lived in northern Vermont for the last 6 years. I received my Bachelor's Degree at Middlebury College and completed my Masters of Science in Nursing at Simmons College in 2018. worked for many years as a registered nurse in women's health.

On Friday, July 24th, state Senate candidate Bill Bolton hosted an ice cream tour spanning Senate District 2. Two local stops included Hatchland Dairy Delights in North Haverhill and Moose Scoops Ice Cream in Warren. Bolton was accompanied by N.H. state Rep. Denny Ruprecht on these two stops. Bolton and Ruprecht said that the ice cream tour is a great opportunity to support local businesses and to hear about how they're being impacted by COVID. Other towns visited on the tour were Plymouth, Meredith, Bristol, and Campton.

Pictured at Moose Scoops from left to right: Moose Scoops owner Bryan Flagg, Sharon Seabrook, state Senate candidate Bill Bolton, and Rep. Denny Ruprecht



Writter Cyndi Wellman is also very good with a camera. This is a nice closeup of one of nature's wonders.

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am thrilled to be part of the Little Rivers Health Care team caring for members of the community of all ages and through all stages of their lives. Outside of work I enjoy spending as much time as possible outdoors with my family and dogs."





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## **NH State Register of Historic Places New** Listings Showcase The State's Rich History

The New Hampshire Division of Historical Resources is pleased to announce that the State Historical Resources Council has added 11 properties to the New Hampshire State Register of Historic Places.

From the time it was built in 1795, the Town Pound played an important role in Boscawen's agricultural history. Two rods square (30 feet by 30 feet) and constructed of dry laid and naturally shaped granite fieldstone, the pound's four feet high by four feet thick walls held stray sheep, horses, cattle, oxen and other livestock until their owners could claim them.

The Fort at No. 4 in Charlestown, a recreation of the original mid-18th century fort along the Connecticut River, is significant for its role as an open-air museum established during New Hampshire's early preservation efforts. Buildings date back as far as 1960 and the complex is based on a 1746 map of the original fort.

Deering's District 1 Schoolhouse was the first of more than a dozen 19thcentury schoolhouses in town and the only one still publicly accessible. A oneroom schoolhouse with a hand-hewn timber frame, it was built in 1810 for \$175.85, closed in 1919, became a public library in 1926 and is currently home to older and historical books owned by Deering Public Library.

Farmington's School Street School's two-room layout makes it unique in New Hampshire. Built in 1859, its design includes characteristics described in "Schoolhouse Architecture," an influential 1838 publication by Henry Barnard. Today, it is the only one of Farmington's 19th-century schoolhouses still in its orighome by out-of-state city dwellers during a tourism boom that began in the 1890s, and that continued to evolve to suit the changing needs of its owners for more than 200 years.

On Nov. 3, 1936, the Davis-Nadig Homestead in Millsfield became the site of the verv first midnight presidential vote in the United States, when seven of the town's 12 registered voters cast their ballots at 12:01 a.m. Midnight voting continued at the circa 1880 farmhouse, which has late Gothic Revival and Queen Anne-style details, until the 1960s.

Orfordville School was built in 1898 when Orford, which once had 16 school districts, consolidated grades one through six into one school. The two-story wood-framed building has a steeply pitched roof and a prominent full-height dormer over the entrance. It last served as a school in 1998 and is now the town office building.

The Old Meeting House in Sandown was listed to the National Register of Historic Places in 1978 and to the State Register of Historic Places in 2011. The property's former hearse house, built in 1827 to store the town's hearse and converted to an outhouse in 1932 when the hearse was sold, has now been added as a feature to the State Register listing.

Sunapee's Old Abbott Library opened on June 1, 1926 and served as the town's literary center until 2014, when a new library was built. Its brick exterior, symmetrical façade and a

pedimented portico with columns are characteristic elements of Colonial Revival style. The building is now home to the Sunapee Historical Society.

Named to the National Register of Historic Places in 1985, the Greek Revival Old Webster Meeting House is one of a small group of 18th-century meetinghouses in New Hampshire that essentially retain their original form; it is the only one still existing in the upper Merrimack Valley. Built in 1791, the building was altered in 1844 for dual use as a town hall on the first floor and a chapel on the second.

Anyone wishing to nominate a property to the New Hampshire State Register of Historic Places must research the history of the nominated property and document it on an individual inventory form from the New Hampshire Division of Historical Resources. Having a property listed in the Register does not impose restrictions on property owners. For more information, visit nh.gov/nhdhr.

New Hampshire's Division of Historical Resources, the State Historic Preservation Office, was established in 1974 and is part of the NH Department of Natural and Cultural Resources. NHDHR's mission is to preserve and celebrate New Hampshire's irreplaceable historic resources through programs and services that provide education, stewardship, and protection. For more information, visit us online at nh.gov/nhdhr or by calling 603-271-3483.





August 4, 2020

9

22

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DOd

"I have been a Family Nurse Practitioner providing care across the lifespan to families of the Upper Connecticut Valley for the past 13 years. I have Bachelors Degrees in both Social Work and Nursing and a Masters of Science Degree in Nursing. I am currently ompleting my post-graduate certificate in Psychiatric Mental Health Nursing.

inal location.

Stephenson Memorial Library in Greenfield was designed by noted school and library architectural firm of McLean and Wright. Built in 1909, its yellow brick and granite Classical Revivalstyle became popular following the 1893 World's Columbian Exposition in Chicago. Today, the library continues to be a center of education and community events.

Ash Cottage in Hebron was built at the turn of the 19th century, soon after the town was incorporated. It is an example of a New Hampshire farmhouse that was converted to a summer

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Prior to coming to Little Rivers Health Care I worked as a Family Nurse Practitioner at Ammonoosuc Community

vices in Woodsville, NH and at Upper Valley Pediatrics in Bradford, VT. As a Family Nurse Practitioner I have been trained to treat the whole family from infancy to the elderly. My passion lies within women and children's health. I am focused on teaching patients about maintaining a balance for optimal health as well as collaborating to develop a plan of care that focuses on the patients' values and goals in an atmosphere of respect and acceptance."



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WOODSVILLE COLLECTABLES, (5) 1950's post cards, Bath Covered Bridge, High School, Main St., Old Cottage Hospital, American Legion Building; (6) G.A.R. Woodvsille Nat. Bank checks, 1923-1930; (6) old Warner's Gallery post cards. All postcards are new, unused. \$7.00. Phone 802-439-3254 08.18

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#### Ruth (Chase) Driscoll: OBITUARY

Ruth (Chase) Driscoll, age 77, of Fairlee, Vermont, peacefully went home to the Lord July 28, 2020.

Ruth was born May 23, 1943 in New Britain, Connecticut to Isaac and Virginia Chase. She married Douglas Driscoll in 1970 who preceded her in death in 2007.

Ruth loved all sorts of handicrafts and with Doug they founded the Connecticut River Antique Collectors Klub (CRACK) sharing their love of antique engines, washing machines, and many other antique collectibles. Ruth spent her younger years in Connecticut, residing between New Britain, Rockville, and Rocky Hill before moving to Fairlee, Vermont in 1994.

Ruth is predeceased by her son, David Boone of Rocky Hill, Connecticut. She is survived by sons, Thomas Boone of Lebanon, Connecticut and Kenneth Driscoll of Fairlee, Vermont and grandchildren, Madison Boone and Kayla Boone both of Lebanon, Connecticut. Ruth is survived by her sister, Patricia (Chase) Ring of Colorado Springs, Colorado, and numerous extended family members.

Dearly missed, Ruth will be remembered for her keen wit and spitfire attitude.

Services and internment will be private and held at the family's convenience. Memorial donations in Ruth's memory may be made to the Parkinson's Foundation https://www.parkinson.org/ways-to-give. Arrangements are by Hale Funeral Home in Bradford, VT.

#### **Reginald Wayne Hunt: Graveside Service Notice**

Monroe, NH – Reginald Wayne Hunt, 82, died Saturday, November 30, 2019.

A graveside service will be held on Monday, August 17th at 11 AM in the Monroe Village Cemetery, Plains Road, Monroe, with Father William J. Watts officiating. For more information or to sign an online condolence please visit www.rickerfh.com Ricker Funeral Home & Cremation Care is in charge of arrangements.

11

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# Volume 11 Number 22

## Virtual 5K Suffrage Scramble

Vermonters are invited to join in a fun event to mark the 100th anniversary of women's right to vote this month - a virtual Suffrage Scramble 5K. Central Vermont Runners in partnership with the Vermont Suffrage Centennial Alliance present this event, with proceeds and extra donations going to Rutland chapter of the NAACP to expand voter registration, education, and access for communities of color.

Scramble participants

complete a walk, run, stroll or roll during Primary Week (a reminder to vote), Saturday August 8 through Saturday August 15, planning their own route, in their own neighborhood and at their own pace. Participants will document their 5K on their phone, watch or other device and submit results to be eligible for prizes and freebies from sponsors like UnTapped and Cabot Creamery Co-operative. A fee of \$20 for individuals (with discounts for teams),

includes, while they last, a "Votes for Women-Votes for All" commemorative sash to wear during their event.

Registration and more information is at http://cvrunners.org/cvrraces/suffrage-scramble/

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The Town of Haverhill is looking for a new Head of Maintenance. A good candidate for this position will be a dynamic problem solver, have a strong aptitude for proactive planning and execution, work well as part of a team, be a strong leader, and possess the ability to regularly reprioritize. To be eligible for this position candidates must have five years of experience in facility maintenance with an emphasis on the maintenance of HVAC, electrical, or plumbing systems; or a combination of experience, training, and education; which will be evaluated on an individual basis for comparability. Also, two years of supervisory experience is required. A full job description and application can be found on the Town of Haverhill website at www.haverhill-nh.com. Interested candidates must submit a resume and application to be considered. Candidates are urged to carefully read through the job description as excelling at all aspects of the job description are key to the success of this position. For more information please contact the Haverhill Town Administration Office at 603-787-6800. This is a full-time position with benefits. Position is open until filled. The Town of Haverhill is an equal opportunity employer.

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## When Facing Illness, Take Control of Finances

In light of the coronavirus pandemic, virtually all of us have considered health-related issues. But for people facing a serious, chronic illness, such as Parkinson's disease, multiple sclerosis, diabetes or cancer, health concerns are an everyday matter. If you're fortunate, you may never be afflicted with such maladies, but the future is unpredictable. Of course, going through these health challenges bring physical and emotional concerns - but also financial ones. How can you prepare for them?

Essentially, you'll need to consider four key areas: investments, insurance, legal arrangements and taxes. Let's take a quick look at each of them:

 Investments – You'll likely need to draw on your investments for at least some of the expenses associated with your illness. So, within your portfolio, you may want to establish a special fund

devoted entirely to these costs, whether they be health care, modifications to your home, transportation and so on. A profesfinancial sional can help you choose investments for this fund, as well as make recommen-

by Elinor Mawson

the boys returned home.

They got a lot of family sup-

port, and Velma got her li-

cense, a telephone, and a

job. As the years went by,

she got a social life and ulti-

mately married again. Her

new husband who had

never been married before,

A new son joined the

Eventually Velma and

dations for your overall investment strategy, including techniques for boosting your income, such as adding investments that can provide an income stream that kicks in when you think your costs will rise.

• Insurance - Depending on your health status, you may be able to collect Medicare earlier than the traditional starting point at age 65. Even so, you'll likely need to supplement it with additional coverage. But you may also want to look beyond health insurance. For example, you might be able to purchase a "chronic illness rider" that allows you to tap into life insurance benefits while you're still alive. Or you might consider adding a "longterm care rider" to a life insurance policy; this rider offers financial benefits if you ever require daily care that you can't provide for yourself. And some foundations, states and drug companies offer programs that can help pay for some costs that your insurance won't cover.

• Legal arrangements – If you haven't already done so, you may want to establish the legal documents most appropriate for your situation, such as a durable power of attorney for finances, which gives someone the authority to manage your financial affairs if you become temporarily incapacitated, possibly due to flare-ups of your chronic disease. Once you've recovered, you regain control of your financial decisions. You might also want to consider a health care proxy, which appoints an individual to make medical decisions for you if you can't. In creating or revising these documents, you'll need to consult with your legal professional.

 Taxes – You might qualify for Social Security disability payments, which, like other Social Security benefits, are taxable, so you'll need to be aware of what you might owe. But you might also be eligible for some tax breaks related to your condition. If you still itemize tax deductions, you may be able to deduct some medical expenses, as well as certain home improvements, such as wheelchair ramps, bathtub grab bars, motorized stairlifts and so on. Your tax advisor may have suggestions appropriate for your situation.

Dealing with a chronic illness is never easy. But by considering how your illness will affect all aspects of your life, getting the help you need, and taking the right steps, you may be able to reduce the financial stress on you and your loved ones.rs.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones, Member SIPC





#### treated her like a queen. They bought a larger house, and Velma got a new convertible. The boys, now teenagers, liked their new stepfather and all went well. family, and his father took a year off from his job and waited on Velma and the

Sat by

# **Suicide II**

Billy, the oldest boy went into the military and was deployed to Viet Nam. Before he left, he married his girlfriend. Joey, his younger brother, went up-country to work at a restaurant. The youngest son had a lot of issues that Velma didn't want to deal with. She finally invited her husband to leave the family, which he did.

Billy came home from the military and found that his wife had discovered someone else, and they divorced. This was the first divorce of 6 over the years. Joey remained up-country and seemed to like his single lifestyle. Velma struggled with the youngest boy who got into more and more trouble. His father returned home after promising to give up his beer, and things normalized for awhile. Velma had a camp in the North Country -- it was in a very remote area and she loved it; however she didn't want to be there alone, and she didn't have anyone who

wanted to be there with her. She spent the rest of her time at home wishing she could be at her camp and became very unhappy.

Billy has become an alcoholic and drug abuser over the years. He has had many jobs in the automotive industry, and fathered 3 children in his multiple marriages. Joey lives like a hermit in the middle of the woods. He has never married. Their half-brother has been in and out of jail all his life and is incommunicado; nobody knows where he is. Velma was in a nursing home for a time and passed away at age 76.

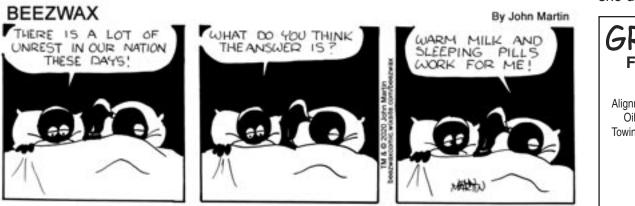
AS far as I know, Anthony never had any treatment for his post-traumatic stress disorder or his depression and desperation. He had made his family into a cocoon, to leave him a soft place to fall, but in one split second all his troubles went away -- only to be given to all the people who loved him.

12

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baby hand and foot. But as life went on, things started to change. Velma didn't like being tied down, and her husband started to drink. The boys grew up and spread their wings. And it was discovered that the baby had some special needs. Life began to come apart.





#### Letter To The Editor: **Please Vote By Absentee Ballot This Year**

I was a freshman in college when I first voted, via absentee ballot. Every election since, more than three decades, I have voted in person. And I have loved voting in person. It has always been very important to me to cast a ballot and participate in our patriotic duty. I appreciate the hard work done by election officials, the bake sales to raise money for town beautification, and the social interactions with neighbors.

This year is a little different. I feel it is even more important than ever to vote, and now to vote by absentee ballot. Yes, I will miss the camaraderie and baking chocolate-butterscotch chip cookies for the bake sale. However, I think it is most patriotic to reduce the number of in-person voters because of the COVID-19 pandemic.

My small, rural town has been lucky - or strategic in avoiding any cases of this virus. I want to keep it that way. Our small population means that our election officials, many of whom are older than younger, must be present for the entire day of voting - that's 12 or more hours in a tiny town hall

Laura,

I am also very proud of my voting policy. Simply put "Always Vote". In fact I have an old sticker on my front counter that I got from a local political group that says "Vote or Shut *Up". I believe in that statement as well. Like* you I have always voted in person, and for many of the same reasons you point out. This year can certainly be different, however.

The one point I would like to add to your information is that all ballots must be returned

building. They'll all be wearing masks and taking precautions to avoid exposure. But I do not want them unnecessarily exposed, or their families.

It's so easy now to vote by absent ballot. New Hampshire's Secretary of State's office has posted the request form on their website (https://sos.nh.gov/ ElecForms2.aspx) or as always you can call your town clerk and have one sent to you. It only takes a few minutes to fill out the form and mail it to your town clerk. Checking a box for concerns about the COVID-19 pandemic is now included as a reason to vote by absentee ballot, as well as absence from the area, religious holiday, disability, or having to work. Another improvement on the request form is that you can request ballots for both the September 8 State Primary and November 3 General Election.

Once your town clerk receives your request for an absentee ballot, it gets logged into a database with the Secretary of State. You can log into the Voter Information Look-Up website, again at the Secretary of

State's website, and see the status of your request that it has been received by the town clerk, when the ballot/s have been mailed to you, and when your ballot/s have been received. Your absentee ballot should arrive about 30 days before voting day. On voting day, after all the ballots are cast including absentee ballots, all ballots are counted to confirm that records reconcile.

I feel confident about the absentee voting process, including the checks and balances that have been added to avoid fraud. I am optimistic that encouraging absentee ballots will reduce risks for voters and election officials - who are our friends, neighbors, and family members. Having the ballots at home means that we can research our candidates and vote accordingly. Voting at home means I can vote when it is most convenient for me to vote. My hope is that it will also increase voter participation, because, again, it's never been more important to take part in our democratic traditions. Laura Richardson

on or before election day. Whether they are mailed in or sent in with someone other than the voter, when balloting ends on election day it includes absentee ballots. According to the *NH Secretary of State's website there is also a* way to track your ballot if you have sent it in early.

So please, take the time to vote, whether in person or not. The elections are important aspects of our American way of life. Gary Scruton, Editor

#### letters that are published in Benton, NH our local papers. He hits the target every time.

Fascism is Alive and Well in this WH To the editor,

Letter To The Editor:

History repeats itself. A Declaration of Independence for the 21st Century is needed.

Our US Constitution is Obsolete, It has out-used its usefulness. Time to bring this US Constitution into the 21st Century.

Begin with the Abuse of "Executive Power". The Abuse of the Leaders of the Congressional Powers, in the House as well as the Nancy.

Senate. Then there is The Supreme Court! Term limits and Age limit.

Is there still time to save the USA from Treasonous Acts?

Fascism

Oh you say, "It can't happen here!"

We Fought this Battle before .

Ask your Jewish Friends and Family.

Nancy Leclerc

North Woodstock, NH

The US Constitution is a living, breathing document. It has changed with the times before, and I believe it will change again.

Just remember that for anything to change it takes time. Sure, some would say it has already taken too much time, while others might say, slow down we're moving too fast. But to make big changes it takes plenty of time, effort, and reasoned and measured analysis and thought. In other words "don't throw out the baby with the bath water".

Let me also remind all that the quickest way to make changes is at the polls. Use your vote to elect the people you think will make the changes you want. Yes, the people have power, but much of that power is in the vote to elect our officials who then carry out our wishes.

Gary Scruton, Editor

Trump is a very dangerous

dictator who along with

Putin want to take over our

America. Trump needs to

be thrown out of office the

#### **Letter To The Editor:**

To the editor.

sooner the better. He is DRUNK with power!! Shame on Americans I first want to thank Robert Roudebush for his who do not speek up. He

was never fit for the highest office in America.

"Wake Up America".

"Trump is a dangerous dictator".

**Betty Nickles** Benton, NH

Betty,

As I have often said, everyone is entitled to their opinion. And one of the great things here in America is that we can voice those opinons, even about our elected officials, without the worry of being prosecuted for it. From the president down to our very local officials we can offer our thoughts, suggestions, and even our stongly felt opinion.

Trendy Times is proud to be able to offer up those opinions in our Letters to the Editor, or in Op-Eds by those in political positions. Whatever the method we are happy to offer the print space to get the word out. Garv Scruton, Editor

Volume 11 Number 22

13

# Letter To The Editor:

I know it is summer. I what your home lawns look were raised to not care see the cars from Virginia, like? Are they filled with about others or New York, Mass. and beyond. I know what you throw out of your cars also. I and the people who actually live here get to walk our path by the road - now filled with beer cans, masks, gloves and anything else you don't want in your car. I wonder J.,

cans and gloves? Why do you think we want our town to look like a filthy city street. If you want to throw trash then just stay home. It is not just my walking path. You leave it in the grocery store parking lot too. I wonder why. I wonder if you

Visit And Take Your Trash

their homes. My grandchildren get to see your trash. So will yours, if you don't stop and grow up a bit. Take YOUR trash. Show you care. Respect our town. J. Osgood A true native resident North Woodstock, NH

I have not done so in many years now, but I have in the past participated with a local group to pick up trash along the roadside. It was always amazing what would be found along the sides of the road. From the cans and masks that you mention picking up now, to fast food bags and even items of clothing. It is indeed amazing what comes out of the windows of vehicles.

Of course there are laws prohibiting this kind of action. But like so many rules and regulation it can be difficult for law enforcement to enforce them. If you happen to see, and can identify, a particular offender make a report. It may not stop the actions, but it may help deter the action from others.

Also, to anyone who is picking up trash, please be safe and careful while doing so. Wear something bright so that other travelers can see you. Also wear gloves and better yet use one of those trash picker uppers so that you do not come into direct contact with any possible viruses. Gary Scruton, Editor







One of my best friends, A lady that was at least 50 years older than myself, always wore her bra, a teeshirt, a mock turtle neck and a sweater. A lot of layers that she put on every day of the year. Her bottom half of her body also had many layers and every day--blizzard or heat wave, this is how she dressed. I very seldom saw her remove her sweater and she never went bare foot.

I marvel at the memory

because we lived in a state

Not all Times are Trendy, but there will always be Trendy Times

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that had temperatures nearing 100\* F. most of the summer, in the winter it was very cold but we all had heat in our homes. I asked her about all those layers in the summer and she told me that most places have air 2020 conditioning which she found to be very cold, so she August 4, was never under dressed.

Ŧ

At 80 years of age, her ability to adjust to the change in temperatures had decreased. There comes a time in our lives when our body no longer holds onto fat stores that help us adjust to changes in the temperature or weather. Ma would find the fan too cool on her neck, even though the temperature in the room was over 80\*, she would need a scarf to cover her neck if a fan was on. We know how we feel but we cannot tell a senior citizen that they are wrong for how they feel in different weather conditions.

The National Institute on Aging (part of the U.S.. Department of Health and Human Services has published many articles about the danger of too much heat exposure.

website. Their www.nia.nih.gov, lists the ills of being overheated. Heat Syncope--makes you dizzy and messes with your heart, Heat cramps--sudden pain in your extremities, Heat edema--suddenly your fingers, hands , arms and legs get puffy, Heat exhaustion--thirsty, dizzy, weak confused, nauseated. Any of these signs and symptoms mean that you have been in the heat too long and need to get cool right away. If you see someone suffering these symptoms, get them out of the heat as much as possible, get them a drink and put a cold wet cloth around their neck.

The solution, for us all, is to be aware of how long you are out in the heat-- drink plenty of fluids and take breaks. Air conditioning can be a life saver but for older citizens, they may need special attention. Like my friend who never liked to be cold, air conditioning that is set at a temperature below 70\* would be upsetting. We want to be comfortable and aware of the fact that not everybody shares the same needs. Drinking plenty of fluids is one way to keep your body cool.



#### TRENDY TIMES STAFF SALES ......RICHARD M. RODERICK DISTRIBUTION AGENTS. ..... & GARY SCRUTON VAUGHAN SMITH, RICHARD RODERICK, CONTRIBUTING WRITERS ..... JESSICA EMERSON, GARY SCRUTON EDITOR / PUBLISHER......GARY SCRUTON

MAGGIE ANDERSON, ELINOR P. MAWSON,

Sounds in the Sanctuary Hosts Pianist Richard Kogan With a Tchaikovsky Program, August 7 via Zoom

#### by Martin Kessel

Richard Kogan, who uses his twin talents as a pianist and psychiatrist, joins Sounds in the Sanctuary music lovers for a live Zoom discussion at 5 p.m., Friday, August 7 to share his recently recorded program, "The Mind and the Music of Piotr Ilyich Tchaikovsky."

Kogan is a clinical professor of psychiatry at Weill Cornell Medical College, artistic director of the Weill Cornell Music and Medicine Program, and co-director of the Weill Cornell Human Sexuality Program. He studied piano at the Juilliard School and earned his undergraduate and medical degrees at Harvard.

The 30-minute video on Tchaikovsky is a condensed version of Kogan's typical crowd-favorite lectures, which combine discussion about the link between musical artistry and mental illness. Together with piano performances by Kogan, the program offers listeners a unique sense of the composer's state of mind.

Kogan has performed programs featuring the music of great composers such as Beethoven, George Gershwin, Robert Schumann, Scott Joplin, and Leonard Bernstein,

"Tchaikovsky's music is the indelible outgrowth of his mental state," Kogan states. "His glorious ballets, for example, reflect an idealized fantasy world where he could escape his real-world despondency."

In his video, Kogan explores Pyotr Ilyich Tchaikovsky's despondency as well as his shame over his sexual orientation, and how these feelings led to the creation of some of history's greatest pieces - from the melodic (and oft-parodied) love theme from Romeo and Juliet to the structurally groundbreaking opening of his first concerto. "Music has the extraordinary power to lift spirits and soothe anxiety," Kogan said, noting that Tchaikovsky himself used musical composition as a tool for self-heal-(Tchaikovskv once ing. wrote "without music, I would go insane.") Kogan hoped his video might likewise provide some solace from the stresses of COVID-19 that all of us are facing. Martin Kessel will monitor the Zoom conversation with Kogan, and they will be joined by pianist and composer Elizabeth Borowsky to



discuss the Tchaikovsky program and answer questions. Many of you will remember Borowsky as the composer of the "Kessel Suite" and the performance by the Borowsky Trio with her brother and sister at their 2018 Sounds in the Sanctuary concert appearance.

Borowsky enjoys a vibrant career as solo and collaborative pianist, composer, and educator. She has performed in distinguished venues and festivals including Carnegie Hall, the Kennedy Center, and the Beethoven House in Bonn. As a Borowsky's composer, works have been performed by the Tianjin Philharmonic (China), Šiauliai Chamber Orchestra (Lithuania), King David String Ensemble (Israel), and the Cumanayagua Concert Orchestra (Cuba). She holds degrees from Indiana University Bloomington, Towson University, and Trinity College of Music (London). Borowsky serves as Executive Director of the Intermuse International Music Institute and Festival USA, an annual solo and chamber music summer program for high school and college musicians.

If you have not yet received the registration details and the YouTube link for Richard Kogan's Tchaikovsky program for this exceptional Zoom discussion with Kogan and Borowsky, please email Martin Kessel at martink1937@gmail.com

MARIANNE L. KELLY, ROBERT ROUDEBUSH, WEBMASTER ......PAUL HUNT CINDY PINHEIRO, KELLIE QUACKENBUSH

Email: gary@trendytimes.com Phone 603-747-2887 20 Pine Street • Woodsville, NH 03785 Tuesday – Friday 9:00 am - 5:00 pm

Trendy Times reserves the right to accept or reject publication of any letter to the editor or submission of any nature for any reason. Of course you will need to be really out there for us to turn you down. We also reserve the right to make slight changes to submissions for readability purposes.

Thank you for your understanding.

# RENDY A FREE PUBLICATION

9



## With Anchovies?

#### by Maggie Anderson

Crazy times we're living in.

I saw a 95 year old woman dragging a bag of golf clubs across the greens yesterday. She must have decided to take up golf because the course was the only thing open around here and she couldn't go for a walk in the park any other way.

Sadly for her she didn't get an early enough start so all the carts, which are now designated for one person at a time, were already spoken for so she had to walk the whole course dragging those useless clubs behind her.

I couldn't make out what she seemed to be yelling but it looked like she could have been ordering fudge. And she looked like such a nice woman too.

The second day the course was open Hank and I saw a man in his driveway opening the tailgate of his truck and I swear I saw his wife fling his golf bag down the front stairs, turn and stomp back up the steps and into the house which seemed to shake a bit when she ever so gently closed that door behind her.

It may have been my imagination, Hank thinks I exaggerated her intensity. I don't think so.

The worst thing that happened this past week messed with my stellar driving record, crushed it actually. I couldn't believe it but after all the years without any citations, I got a ticket at the Safeway for going the wrong direction in a one way aisle.

Well I didn't really get a ticket from the produce police but I was halfway down

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an aisle when I saw a huge bright red arrow pointing to the direction I'd just come from.

In my defense the rules change so quickly these days I did not know they had put arrows on the floor indicating what way I should be going while I enjoyed my

Stop saying you need a shopping experience. Be-Purpose to Wake Up! sides I wasn't looking at the Change the way you think. Two things: Be the Purfloor I was looking up at the top shelves in case therepose and Thankful every was a stray roll of toiletday.

paper left behind.

What would you do, if to-I also found out the hard<sup>morrow</sup> you couldn't work? way about the new rules re-Become a widow or no kids garding entering and exitingat home anymore? Even the building. Now I have to health issues/limited energy! It irritates me when I hear come in one door and, no matter where I parked think-kids say, they are bored. ing it was a great spot right They could train the family

near the entrance, I have to hike clear to the opposite side of the biggest Safeway I think I've ever been in and then catch my breath so I can hike all the way back to the perfect spot where I left the car.

I'm telling you things are so complicated and I'm so confused by it all I've decided to stay in tonight and just order a pizza.



Topics Disability and Aging by Cyndy Wellman

#### **Toughen Up**



pet to do a new trick or make a Lego car.

Same with adults! Instead some become a bum or drink. It's hard to feel sorry for them. We all have a brain. Do that model railroad hobby. Join a nonprofit group to volunteer. Be a Penpal to Military or school age kids. Go back to school to create a new twist to pancakes! Finish your bucket list.

Learn to like not being dependent on family and jobs.

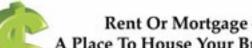


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by Cindy Pinheiro to contact Cindy (aka Cin Pin) write to the editor at gary@trendytimes.com

## **Eggplant Parmigiano**

EDITOR'S NOTE: Once again I must report that Cindy is under the weather. Let's all wish her a speedy recover. This recipe is from 2018.

16

Hello hello my fel-

low chefs. July is over and 3 it was the hottest month Number on record. But... we are still getting high humidity and hot temperatures. But 11 Volume I'll take this over snow even though some days I wish I could feel the cold of winter. Oh well, I wonder if we're ever really 2020 happy about the weather. Today's recipe is Egg-

Teflon frying pan. Add your prepared eggplant one at a time to hot oil, it should bubble, that's how you know the oil is hot enough. You can cook 3 or 4 slices at a time depending on your pan size. They cook pretty fast. Fry, turning once when brown. When you take them out, place on paper towel to absorb excess oil. Use a baking dish and put a thin coat of pasta sauce in bottom. Make a layer of cooked eggplant and spoon sauce over each one spreading to cover all and sprinkle Parmesan cheese over each one. Layer till you use all, covering each one with sauce and parmesan cheese. ake at 325 degrees for 30 minutes. Last 5 minutes sprinkle some Italian 3 cheese blend on top and that will melt in the final 5 minutes. Remove from oven and let sit for about 10 minutes. You can make eggplant parmigiano sandwiches served on buns of your choice, I use round rolls. You can even serve on the side with your favorite pasta. You'll love it cause it's Delicioso!

I hope you enjoy this classic recipe as much as I do. Well folks, until next time I'm signing off. Cin Pin

## **Adaptive Sports Partners of the North Country Receive Support from the Shoppers** of the Littleton Food Co-op

Thomas Shovlin, Executive Director of ASPNC stopped by the Littleton Food Co-op to be presented with a check for \$5,553.32 from members/owners and shoppers who rounded up on their June purchases in support of the ASPNC. The ASPNC will be completing their Virtual Sunrise Ascent Challenge on August 2nd with a car parade up the Mount Washington Auto Road to celebrate all that the teams have accomplished during the month of July. During July, adaptive athletes and their teams logged their mileage and elevation from a broad range of activities such as hiking, handcycling, running, wheelchair tennis and so many more. These teams have logged over 20,000 miles and over 519,000 vertical feet! This far surpassed their goal of 6,288 miles which is 1 mile for every foot elevation of Mount Washington.

The ASPNC mission is to enrich the quality of life for people with disabilities. With the Sunrise Ascent Chal-

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Thomas Shovlin, Executive Director of Adaptive Sports Partners of the North Country and Michel Lurie, Bulk Department Manager at the Littleton Food Co-op

lenge they wanted to promote that mission by creating an event that engaged the ASPNC community and promoted everyone's well-being health, and safety during the challenging times of the pandemic. The LFC community says "Thank you ASPNC!" for all you have done to keep our community active, healthy and safe.

Member-owned Littleton Food Co-op serves the community by providing high quality food, offered at a fair price, with outstanding service. Everyone is welcome to shop and anyone is welcome to join. Located at the intersection of Cottage Street and Route 302 (exit 41 off I-93), the Littleton Food Co-op is open daily from 7 am - 8 p.m. For more information or to become a member, please visit www.littletoncoop.com, call 603-444-2800 or just stop by! See ya at the Coop!



3\4 Cup of vegetable oil

Preheat oven to 325

Use one or two egg-

1\2 teaspoon of Bak-

2 Cups of seasoned

2 eggs

bread crumbs

ing soda

1 jar of your favorite pasta sauce

Parmesan cheese Italian 3 cheese blend (optional)

Scramble eggs with baking soda in shallow bowl. Put some of the bread crumbs in shallow dish, adding crumbs as you coat your eggplant. Dip eggplant in eggs covering both sides, then coat both sides in bread crumbs. Heat oil in frying pan over medium to high heat. I used a cast iron pan but you can use any







University. I am pursuing a Doctorate of Nursing at Rivier and serve as a nursing instructor and an adjunct clinical instructor at Rivier

Science in Nursing from Rivier

Before joining Little Rivers Health Care as a Family Nurse Practitioner, I served at Dartmouth Hitchcock Medical Center for 9 years in critical care units

surgical/trauma/neuro ICU. My FNP clinical hours were completed at Upper Valley Pediatrics, Newbury Health Center, Little Rivers Health Care, and Kendal at Hanover. I travelled to four countries to provide free health care clinics in Australia, New Zealand, Kenya, and Costa Rica. I am a Reiki Master and Teacher and love music, kayaking, traveling, meditating, and my Chihuahua named "Pickles"

