

A FREE PUBLICATION

TRENDY TIMES

20 Pine Street, Woodsville, NH 03785
Phone: 603-747-2887

LABOR DAY



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SEPTEMBER 1, 2020 VOLUME 11, NUMBER 24

Hobo & Winnepesaukee Scenic RR Announces 2020 Fall Schedule

LINCOLN, NH – The Hobo Railroad in Lincoln, NH and the Winnepesaukee Scenic Railroad in Meredith & Weirs Beach, NH, recently announced their Fall schedule which begins the week after Labor Day, starting the week of September 7, 2020.

The Hobo Railroad in Lincoln, NH will offer 80-minute round-trip train rides on weekends-only through the month of September which includes the weekends of September 12 & 13; 19 & 20 and 26 & 27. Departure times from Hobo Junction Station will be at 11am & 1pm except for Saturday, September 26, when a 3pm train will be added to the weekend's schedule.

For the month of October and the expected height of Fall Foliage, the Lincoln-NH based Railroad will offer daily round-trip train rides along the Pemigewasset River at 11am and 1pm October 1 thru 12

and again October 15 thru 18. A 3pm train added to the schedule on the following three days - October 10, 11 & 17. The Fall season at the Hobo Railroad will conclude the weekend of October 24 & 25 with 80-minute round-trip train rides both days at 11am & 1pm.

Ticket prices for Fall train rides at the Hobo Railroad will be \$19 for adults and \$14 children 4-12, while ages 3 and under ride for free. Those planning to enjoy the Fall Foliage aboard the Hobo Railroad should plan to reserve their seats in advance using the Railroad's web site, www.HoboRR.com. Please note that due to NH COVID-19 Guidelines for Tourist Railroads, seating will continue to be limited to 50% capacity.

The Winnepesaukee Scenic Railroad, with locations in Meredith & Weirs Beach, NH changes to weekend-only op-

erations following Labor Day weekend as well. The lake-side Railroad will offer 1-hour train rides from their Weirs Beach location on September 12 & 13; 19 & 20 and 26 & 27, with departures at 11am, 12pm & 1pm. Train rides from Weirs Beach will continue in October with departures at 11am, 12pm, 1pm, 2pm & 3pm on October 3 & 4 as well as 10, 11 & 12. Trains will also depart Weirs Beach on Saturday & Sunday, October 24 & 25 for the final weekend of Fall operations with 1-hour train rides at 11am, 12pm, 1pm, 2pm & 3pm on Saturday, and at 11am, 12pm & 1pm on Sunday.

Tickets for the 1-hour round-trip excursions from Weirs Beach will be \$20.00 for adults and \$14.00 for children 4-12, while ages 3 and under ride for free. To ensure seating, tickets should be purchased in advance through



the Railroad's web site, www.HoboRR.com.

The Railroad's Meredith Station located at 154 Main Street in Meredith, NH switches to weekend operations following Labor Day. The Railroad will offer 2-hour round-trip train rides along the western shore of Lake Winnepesaukee throughout September and October starting the weekend of September 12-13 and concluding the

weekend of October 24-25, 2020. Tickets for the 2-hour train rides departing Meredith will be \$22 for adults and \$17 for children 4-12, while ages 3 and under ride for free. To verify weekend departure times and to ensure seating, tickets should be purchased in advance through the Railroad's web site, www.HoboRR.com.

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TRENDY Dining Guide

Everbuddy's Casual Dining

by Gary Scruton

We all know by now that dining out has changed. With a worldwide pandemic going on things are necessarily different from what we all referred to as "normal". Exact changes are different between Vermont and New Hampshire eateries, and even how each eatery interprets those changes can make a difference on how they react and handle these new requirements.

But one thing that seems not to change is the quality of food and the quality of service.

Janice and I were out and about on a recent Saturday and wound up in Lyndonville for a very late lunch, or a very early supper, depending on your view.

As we walked up to the

front door at Everybuddy's Casual Dining we noticed one thing new, there were folks sitting at a table outside. The hostess behind the front counter confirmed that when she asked if we preferred inside or outside dining (Inside please) and if we had a preference on which side we sat in. (Whatever is available). So we were seated in the middle of the left side dining area. Once seated one of the first things we noticed was that a table was reserved in each of the four corners. Also there were no placemats, silverware, or condiments on our table. The hostess brought them over along with menus.

Our waitress, Jordan, soon arrived and we asked for water while we decided on meals. Another note is that Jordan and all the other

waitstaff that we saw were all wearing masks. And it appeared that everyone coming through the front door also had a mask on. Janice decided first and went with a three piece fried chicken dinner. It came with 2 sides, she chose green beans and regular french fries (they actually offer four types of fries, regular, seasoned, handmade and sweet potato). She also got a soda, she felt she needed the jolt of caffeine.

I'm still on this try something different trek so I asked for a bacon cheese burger with onion rings. I also added an appetizer of calamari and a glass of Sam Adams. I was already thinking about dessert but I'll mention that later.

While we waited for our

appetizer, and it wasn't long, we continued to notice that the phone was very busy with take out orders, or reservations being made. It appears that take-out works very well at Everybuddy's.

It wasn't long before a nice sized plate of calamari came out. It had an ample amount of dipping sauce on the side, and Janice and I dug in. My experience has always been that calamari is a bit chewy, as was this serving, and we both enjoyed the taste treat.

The meals arrived shortly after we finished off the appetizer. My burger was stacked high. Jordan asked if we needed anything else and I asked for my required ketchup. She also told me that the keg of Sam Adams had gone dry so a new one was being put in and I would have my glass soon. She was right.

Janice is trying to cut down on her calorie intake and therefore did not finish her entire meal, even though there was not enough to take home. On the other hand I finished all of mine and then asked Jordan about the available deserts. She mentioned strawberry shortcake and I was pretty sure I had a

winner. When it arrived there was a very nice, high topping of whipped cream. The shortcake was tasty, and the strawberries were nestled comfortably in the middle. It, along with the rest of my meal, disappeared.

Now we had a chance to just sit back and savor the food we had just eaten along with finishing off the glass of beer.

The total cost for our meals was \$41.74 including tax. As normal we left a cash tip on the table for our server.



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September 1, 2020 Volume 11 Number 24

Not all Times are Trendy, but there will always be Trendy Times

Eating Out In A Pandemic

by Eleanor Mawson

I belong to two groups of diners who eat out together each week. We call ourselves the "Tuesday Group" and the "Thursday Group". For awhile we all stayed home and sometimes did take-out but when restrictions lifted we resumed our former schedule--or tried to.

In the Woodsville / Wells River Area, restaurants are not a dime a dozen. There aren't even a dozen to choose from. And what each one has done according to the rules of the virus is enough to make your head swim.

One is closed Monday and Tuesday. Another is closed Sunday through Tuesday--which leaves out the Tuesday group. Several are open 7 days although there are restrictions, such as calling ahead, leaving name and phone number,

and making sure that there are 6 people or less in your party. The two that used to have salad bars have closed them--but they haven't changed the menu prices to reflect that. One that served breakfast all day has changed that so breakfast is over at 11 AM.

I realize that we have to wear masks and observe Social Distancing and I respect that. And for the most part I find that employees are following these rules too.

I have to say that there is one place that has changed very little. The staff is always glad to see you. Their menu doesn't stay the same 24/7. There is enough space so that rules are followed. Their soups are legendary! Sometimes they offer homemade desserts. You can eat inside or out. The Tuesday group changes their day to Wednesday when we go there.

I won't divulge the name of this place but I will say that you will recognize it by the yellow chairs out front.

One of our friends decided to try a restaurant in a nearby town After waiting 2 hours, she was served her food, COLD, in a take-out box. She lost no time telling our group all about the experience.

The Pandemic has changed all of us. Businesses that are still going are doing it by hook or by crook. Changes have had to be made. Patrons of these businesses have had to decide whether to observe different rules at different places. Some of us have chosen to continue to stay at home or get take-out. But whatever you choose to do, be glad that these businesses are still going, and doing their best to stay that way.

Full Fall Season at Weathervane Theater

WHITEFIELD, NH - August 24, 2020 - Weathervane Theatre and Actors' Equity Association, the labor union representing American Actors and Stage Managers in the theatre, is proud to announce Weathervane Theatre will be the first theatre since COVID-19 to mount a full-fledged production indoors in front of an audience featuring members of the union. This September and October Weathervane will utilize over half a dozen members in their inaugural fall alternating rep season consisting of LITTLE SHOP OF HORRORS, MIRACLE ON SOUTH DIVISION STREET, and THE WORLD GOES 'ROUND. Directors for these projects include Weathervane Producing Artistic Director Ethan Paulini (MIRACLE ON SOUTH DIVISION STREET), Broadway's Amiee Turner (THE WORLD GOES 'ROUND), and Broadway's Kevin Smith Kirkwood (LITTLE SHOP).

"I am beyond thrilled to embark on this adventure at a place that is so near and dear to my heart," said Kirkwood, a 3-season Weather-vaner and original Broadway cast member of KINKY BOOTS.

"It's not surprising to me that the Weathervane Theatre, with its rich and celebrated history, would be at the forefront of the move to bring live theater back to the people in these uncertain times. The pandemic has reminded us how important the arts are in our world and to our lives. I am proud and honored to be a part of the

first indoor theater production approved by Equity since this whole ordeal began. Thank you to Actor's Equity and Ethan Paulini, Artistic Director of the WV, for the opportunity to create and to help rebuild! Art is power!"

In preparing for the fall season Weathervane had to submit detailed plans in regards to the health and safety of the patrons and the artists to both the state of New Hampshire as well as to the union. From self-quarantining to rehearsing in masks to company medical staff to contact tracing to socially distanced audiences, no box was left unchecked.

"After careful consideration and constant and continuing consultation from local and state health officials, as well as with the union, we are pleased to welcome a small handful of patrons into the Weathervane," said Paulini. "This was a painstaking and meticulous process. Ultimately, the intense work and safety protocols we have had to implement will be worth it to be able to bring these 3 great productions to North Country audiences. We can't wait to see you, from a distance, at the theatre."

Weathervane's inaugural

fall season will kick off on September 5 with its free opening night revue - Bubble & Squeak and conclude October 11th. Headlining these productions will be Weathervane's Fall Resident Acting Company - Jorge Donoso, Robert H. Fowler, Marisa Kirby, Ira Kramer, Ethan Paulini, Monica Rosenblatt, Nicole Fluegge, Carrie Greenberg, Grace Livingston Kramer, and Jewell Noel. Performances will run in alternating rep Wednesday - Saturday September 9 - October 10 at 7 PM with additional 2 PM performances on Saturdays and a 2 PM matinee on Sunday, October 11th. Performing in front of a live, socially distanced crowd, audiences will be capped at 25%. Tickets range from \$19 - \$29. Valid August 26 - September 2, use code FALL55 and save up to \$10 a ticket.

The Weathervane Box Office is now open by phone (603-837-9322) and email (boxoffice@weathervanenh.org) on Mondays, Wednesdays, and Saturdays from 9AM - 11AM. Tickets can be purchased 24/7 on Weathervane's website - www.weathervanenh.org



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A Rep's Repartee
by NH State Representative Jerry Stringham

Concord in Full Swing



Committee To Support Seniors Kicks Off This Week

When the governor signed HB 578 in June, a bill that I was prime sponsor and author, the new law authorized the creation of a legislative committee to study the safety of residents and employees in Long-Term Care facilities. I was pleased to be named to be one of the members of this committee last week.

We need to study the safety issues in long-term care facilities now because of our recent experience with Covid-19. Most know that the number of positive tests in New Hampshire has been lower than most of the rest of the country. What is not as widely known is how the mortality rate in New Hampshire is higher than the rest of the country and even the world. The national

and international mortality rate is about 3.4%. In New Hampshire, it is 6.0%. And about 80% of those that have died in the state are in long-term care facilities which is the highest percentage in the country.

If you compare that to Nebraska, where the number testing positive is more than 4 times greater than the granite state (33k in Nebraska versus 7k in New Hampshire), there are still fewer deaths (392 in Nebraska versus 432 in New Hampshire). Nebraska, as a more populous state, has more long-term care beds than NH, but their seniors are less likely to die from the corona virus. Lincoln New Hampshire should be as safe as Lincoln Nebraska for our seniors.

The job of the Committee is as follows: "The committee shall study the safety,

including risk of suicide, of residents and employees in long-term care facilities. In light of the COVID-19 pandemic and its impact on New Hampshire's long-term care facilities, the committee shall also study the acquisition and inventory of personal protective equipment, policies on infection control, staffing and human resource adequacy, availability of appropriate testing, and support and communication with federal and state agencies. The committee may solicit information from any person or entity the committee deems relevant to its study."

While I have some observations, I am looking forward to learning from my fellow commission members and I am interested in any input our readers may have. Should you have any information that you wish the committee to consider, please reach out to me. I know we will be focused on efforts that may result in near term changes as well as legislative proposals for the coming term.

Jerry Stringham represents Lincoln, Woodstock, and Waterville Valley in Concord, serving on the House Ways and Means Committee. If you need to reach Representative Stringham, email jerry@jerrystringham.com.



In the Hands of the Electorate

Within a few short days in September, voters will head to the NH Primary polls, and followed in November by the General Election. All seats within the NH legislature are up for election this fall. The New Hampshire House of Representatives is comprised of 400 members. Each elected member of the NH House will represent a district of approximately 3,400 people; part of a legislative body that is truly built upon local commitment to small towns and villages.

The NH State House opened in 1819. The 400 member House of Representatives continues to meet in its original chambers, making Representatives Hall the oldest chamber in the United States still in continuous legislative use. As a member of the General Court, I have had the wonderful opportunity of representing the Town of Haverhill for the past 12 years. During the past session, I obtained funds to improve Woodsville High School along with infrastructure monies to support needed safety and security measures. Within the next session, I expect to see the statewide education adequacy formula vastly improved to better support education costing that should offset excessively high property taxes in towns like Haverhill.

NH's education funding formula can be corrected without the need for massive funding injections. By better defining 'adequacy,' adjusting the funding distribution system and requiring costing accountability, the state can move closer to resolving dis-

parities and inequities between school districts. However, it is now in the hands of NH's electorate, to send legislators to Concord who can remain representative of municipality issues and support statewide issues such as education funding while balancing the principles of political party.

Regardless of political affiliation, I am hopeful that every legislator realizes that the state does have fiscal limitations, much like those of a family. Since last March, both our state and the nation have been undercut by COVID-19. Life has certainly changed and resulted in difficulties, hardships and stressful decisions for many. Hopefully, legislators should understand that more taxes or fees would only bury already fragile businesses, families and communities. During the past two years, some elected Democrat legislators have submitted legislation to generate new revenue through increased taxes and fees. If these bills had become law, they would have cost New Hampshire families, businesses, and consumers hundreds of millions of dollars each year. Proposed legislation included: an income tax, a carbon tax, higher business taxes, a state capital gains tax, and a sales tax on electronics and ski tickets. I encourage voters to carefully cast their votes in support of elected officials who are willing to roll their sleeves up and work together while not threatening to destroy our New Hampshire Advantage. Please vote on September 8 and once again on No-

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by David J. Starr
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I will oppose any new taxes. No state income tax, no state sales tax, no canoe tax, no nothing. We have operated the state of New Hampshire for many many years on the taxes we have. We ought to keep on doing it. Money is better spent by those who earn it, rather than by government. Taxes take money away from those who earn it and give it to the government to spend.

There ought to be a law, against robocalling. You know, the phone rings, you get up from your chair and answer it. Sometimes you get just dead air, followed by a hanging up click. Sometime you get a drug dealer urging you to pick up a free load of drugs. Sometimes it's the Microsoft scammer trying to talk you into loading malware onto your computer. Sometimes the scammer impersonates the IRS or social security, or your bank and tries to get your social security number.

I will introduce a bill to outlaw robocalling. First I would require the phone companies to tighten up security of the Caller Id system. It is too easily spoofed. With a working Caller ID, we could tell friends from foes before we pick up the phone. Then define robocalling as a crime. Placing a cold call is robocalling if the caller uses the opportunity to sell stuff, advocate for causes, or impersonates the IRS, social security, your bank, or any other institution. Installing and servicing equipment used for robocalling is robocalling. Speaking live over the phone or making a recording that is played over the phone is robocalling. Or failure to answer after ringing your phone. And perhaps some other bad conduct that may occur to me over time.

After defining, and outlawing robocalling I would spell out penalties. Was it just up to me I could get really medieval and go for cruel and unusual punishment. But since I live in 21st century America penalties would be limited to jail terms of months or a year or two.

Now I understand that law enforcement may have a spot of bother catching robocallers, but you have to

outlaw the activity before you can expect law enforcement to deal with it.

I will grant you that it will take careful writing to avoid tangling with the first amendment, the one about freedom of speech, but it can be done.

I just heard that New Hampshire Fish and Game forbids the use of electric trolling motors on many lakes and ponds. This is not right. The motors are very quiet, not very fast, and allow people who are no longer up for rowing or paddling to enjoy the water and to enjoy fishing. I will sponsor a bill to allow trolling motors on all New Hampshire waters.

I believe in a freedom to make a living. I am against requiring licenses to engage in certain activities. I think anyone ought to be able to do anything that is legal without a state license. I will sponsor a bill to repeal licensing of barbers and hair dressers. I am sure there are other license requirements and I will work to remove them as well. I suppose it is reasonable to require licenses for doctors and lawyers, but that is about it.

New Hampshire electric rates are too darn high. They suck too much money out of my pocket and the high rates drive industry and employment out of New Hampshire. One reason our electric rates are so high is we tax electric generation. Repeal all taxes on electric generation. The RGGI tax was supposed to improve efficiency, better insulation, storm windows, more efficient lighting and such. For the last few years the RGGI money has just gone into the general fund like any other tax. I will sponsor a bill to

get rid of RGGI completely. And sponsor another bill to eliminate the Alternate Compliance Payment of \$55 a Megawatt Hour. That will save 5 cents a kilowatt hour on my electric bill.

I am a gun owner. I am an NRA member. Where I live I have the occasional black bear strolling up and down my driveway. I am OK with bears, I keep my distance, the bears keep their distance and we are all very happy. And I never put trash out on the deck. And I have a 30-30 in the closet, just in case. I am sure many of my constituents live in places more dangerous than Franconia Notch State Park. They have a right to own guns. I will oppose any gun control bills that will come up.

It is the year of the US census, which means we will have to do some redistricting in New Hampshire to keep things even. I will propose a policy of "one seat for each district". Right now we have districts with three or four or more seats. This discourages people from standing for office. It means bigger districts, more doors to knock on, more yard signs to place, and more people to meet. It makes it harder to run for office. And they are unpaid offices. We need to encourage more people to stand for seats in the house, not fewer. I would divide all the big multi seat districts into smaller districts, each one supporting one seat. And I would eliminate the "floaterial" districts, which have as many as half a dozen different towns in the district supporting just one house seat. Lets make all the districts the same, one seat, and as small and compact a district as possible.

Negron To Speak At NGCRC Meeting

The Northern Grafton County Republican Committee will hold its monthly meeting on Tuesday, September 1st at 7:00 P.M. at the Littleton VFW Post 816 located at 600 Cottage Street/Old Franconia Road, Littleton, NH.

Steve Negron who is running for the U.S. Congress will be the guest speaker. Negron pledges to Restore American Confidence, Tackle the NH Opioid Crisis,

Honor our American Veterans, and Secure our Borders.

Other multiple candidates will also be in attendance. The wearing of facial masks and social distancing will be observed. Interested persons may contact janicenovak@my-fairpoint.net or call 603-823-5011. Join us and "Make New Hampshire Red Again!"

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6 Rep. Stringham Receives Endorsement From Almy WRAP's Zucchini Contest To Be Held September 5

by Rep Susan Almy,
Lebanon
Chair, House Ways &
Means (2007-10, 2013-14,
2019-20)
603 448-4769

The voters of Lincoln, Woodstock and Waterville Valley have the opportunity to vote again for Rep. Jerry Stringham, whom you sent to the NH House in 2018. I was lucky enough to get him on my committee, Ways and Means, which deals with most of the revenues of the state, and operates in surprisingly nonpartisan fashion. His business background and devotion to his district and region have made him an invaluable contributor to our discussions and decisions on how we raise revenue in our state to pay for essential services, whether in the form of property tax, state

taxes, or fees. We have to be constitutionally fair, sensitive to NH businesses' needs and constraints, and always aware that reduced state-level revenues increase the property taxes that businesses as well as homeowners and renters pay. Jerry brought forward North Country and Lake Region perspectives we would have missed. He led the opposition to a proposed ski industry tax, contributed strongly to the revenue estimates that frame the state budget, worked with town clerks on motor vehicle registration issues, and delved into the lack of state funding for tobacco and nicotine cessation programs despite our heavy dependence on tobacco tax revenue. The last two initiatives were sidelined by the COVID shutdown, but he will continue this work next term.

He also was prime sponsor of two bills signed by the governor, one on nursing home safety which included one of the few fall study committees to make it through this year, to which he has been named. And I know he has been busy in your district helping families and businesses link up with state resources during COVID. Jerry has been a rising star in our committee. We need him as we tackle our state's survival in the massive COVID Recession, to emerge stronger than before. He listens to all sides and makes us think more comprehensively about what we are doing, as he himself thinks and acts as he thinks best for all of you. Ways and Means needs Representative Stringham in Concord. Please vote for him on November 3.

What do you do with that HUGE zucchini that suddenly appears in your garden? You bring it to the 9th annual Giant Zucchini Contest on September, 5, 2020. Zucchini to be judged should be brought the judging booth next to Copies and More on Main Street in Wells River between 10:45am and 11:30am. Zucchini will be on display as they arrive until judging which will be at high noon as usual. Masks and COVID-19 social distancing will be required. This year entrants are able to pre-register. Registration forms may be requested by emailing wrapwr@gmail.com. Pre-registration is preferred but entrants will be able to register on contest day. Entrants will be vying for fame

and glory plus some very timely zucchini themed prizes. This year's judge will be Ruth Ann Hacking, the Executive Director of the Co-hase Chamber of Commerce. While discussing being a zucchini judge she remarked "I'm an organic farmer, so I've seen my share of zucchini! Ruth Ann Hacking is the owner of Half Wild Arts farm in North Haverhill, New Hampshire. The rules of the contest are simple. Zucchini being entered into the contest must be grown by the entrant and must be grown in either Orange or Caledonia County in Vermont or Grafton County, north of Hanover in New Hampshire. So Long Summer - Hello Fall will be back next year on September 4th 2021 with all its vendors, bake goods, raffles and of course the Giant Zucchini contest. WRAP hopes to see you there. For more information contact Richard M Roderick by email at wrapwr@gmail.com or telephone at 802 757 - 2708.

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September 1, 2020
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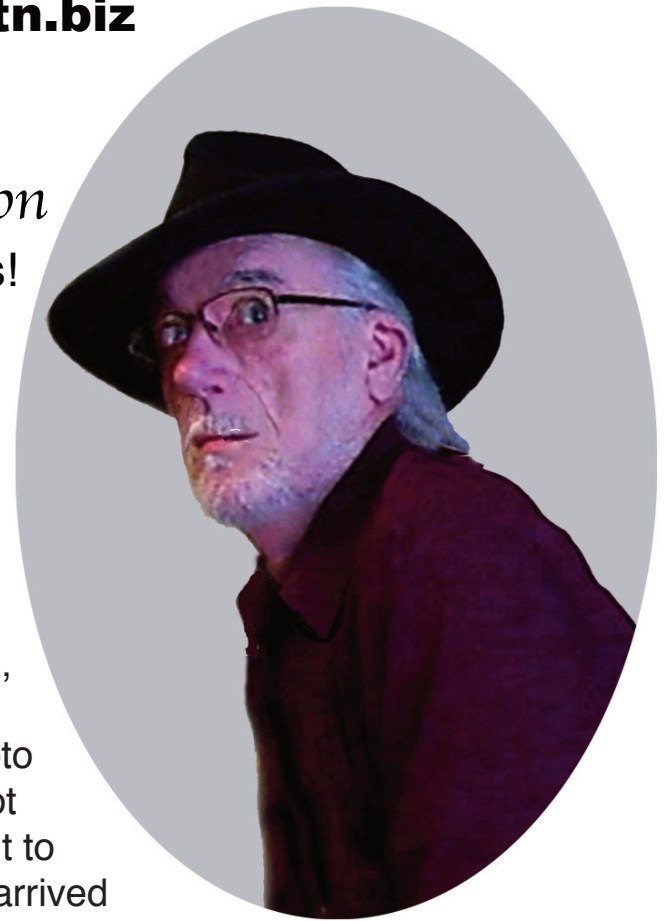
*James Hobbs, Author of over 500 books on Amazon
Associated with North Haverhill and Woodsville for 83 years!
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Closing the doors of White Mountain Trader!

Entire inventory is offered for sale including, books, collectables, coin lots, furniture; including, slider rocker w/ padded foot rest, bed w. box springs and night stand, two coffee tables, large tool chest, hundreds of local photo prints, old tools, Framed prints, early one sided records, 78 records, 4 foot wide print of Narrows, collapsed Steel bridge, and walkway from Vermont to No Mans/s Island! Sofa like new, store fixtures, lighted showcase, newly arrived Madagascar genuine polished gemstone jewelry and polished stones, pounds of tumbled polished stones, display stands, floor display stands, clock cases, complete clocks, clock parts. Many watch and clock repair tools, several suitcases full of vintage clothing, several tuxedos, vintage silver jewelry, new silver jewelry priced before recent silver price increases!

Many other items too numerous to mention. First come ... first to benefit.....

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Colonial Screens Three Fairy Tales For Adults

Beginning Thursday, September 4 The Colonial Theatre in Bethlehem will screen three a fairy tales for adults. The series kicks off with polish director Agnieszka Smoczyńska's off-beat horror comedy about two mermaid sisters who fall for the same man on dry land. The Lure debuted at the 2016 Sundance Film Festival where it won a special jury prize for its unique vision and design. The film blends elements of musicals, horror, romance, and fantasy into a contemporary fairy tale and adds a sexually charged, genre-defying twist to well-established mermaid lore.

On Friday, from master story teller, Guillermo del Toro, comes The Shape of Water – an other-worldly fairy tale, set against the backdrop of Cold War era America circa 1962. In the hidden high-security government laboratory where she works, lonely Elisa (Sally Hawkins) is trapped in a life of isolation. Elisa's life is changed forever when she and co-worker Zelda (Octavia Spencer) discover a secret classified experiment. The Shape of Water was the recipient of thirteen Academy Awards Nominations winning Oscars for Best Picture and Best Director.

Saturday and Sunday Pan's Labyrinth, also directed by Guillermo del Toro,



haunts the screen. Pan's Labyrinth is Alice in Wonderland for grown-ups, with the horrors of both reality and fantasy blended together into an extraordinary, spell-binding fable. This fantasy-drama is set in the aftermath of the Spanish Civil War and details the strange journeys of an imaginative young girl who may be the mythical princess of an underground kingdom. As her bed-ridden mother lies immobilized in anticipation of her forthcoming child and her high-ranking stepfather remains determined to fulfill the orders of General Francisco Franco to crush a nearby guerilla uprising, the young girl soon ventures into an elaborate stone labyrinth presided over by the mythical faun Pan. Convinced by Pan that she is the lost princess of legend and that in order to return to her underground home she must complete a trio of life-threatening tasks. Pan's Labyrinth won numerous awards including Os-

cars for Best Cinematography and Best Art Direction.

Movie showtimes at The Colonial are Thursday – Saturday at 7:30 and Sunday at 1:30. The Theatre is not accepting cash at this time in order to reduce contact between staff, volunteers, and guests and audience capacity is limited to 60 seats so everyone is encouraged to purchase their tickets online at BethlehemColonial.org.

To protect our patrons, staff and volunteers we require daily health screenings of staff and volunteers and that everyone wear masks or face shields as they enter and move around the Theatre. If you don't have a mask, we will provide one for you.

To learn more about upcoming movies and events, purchase tickets, or become a member, and for full details on The Colonial's safety protocols, please visit www.BethlehemColonial.org

Drive-up -Take-out - Soup & Chowder Supper

The Fairlee Community Church of Christ will be having a soup and chowder supper on Saturday, September 12 beginning at 5:30 PM.

This will be a Drive-up and Take-out supper with at

least seven different soups to choose from, so bring a cooler to keep your choice hot on the drive home.

The cost for this supper is by donation. If you want more information please call 802-333-9507

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Saturday, September 5, 2020

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Prior to coming to Little Rivers Health Care I worked as a Family Nurse Practitioner at Ammonoosuc Community Health Services in Woodsville, NH and at Upper Valley Pediatrics in Bradford, VT. As a Family Nurse Practitioner I have been trained to treat the whole family from infancy to the elderly. My passion lies within women and children's health. I am focused on teaching patients about maintaining a balance for optimal health as well as collaborating to develop a plan of care that focuses on the patients' values and goals in an atmosphere of respect and acceptance."

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The Bass Pro Shops and Cabela's Outdoor Fund Grant has allowed members of our youth and pro conservation crews (especially those operating out of spike camps) to live and work more comfortably in the field, and has provided support to our education and forestry programs -- allowing for the purchase of some much-needed upgrades to our well-used equipment, such as tents, camp stoves, water filters, folding saws, coolers, first-aid kits and secure storage.

"This grant has provided important support -- giving us the freedom to easily outfit our summer crews and programs with equipment as needed throughout the work season," said Executive Director Maria Young. "These funds will continue to be a resource through the fall and winter seasons and the equipment purchased will benefit our staff and program participants for years to come."



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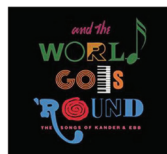
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Ayla Priestley, Bradford

"I am a Family Nurse Practitioner providing in the Upper Connecticut Valley for just over 10 years. I began my nursing career as a licensed nursing assistant, attended nursing school at Nashua Community College, and completed both a Bachelor of Science in Nursing and a Master of Science in Nursing from Rivier University. I am pursuing a Doctorate of Nursing at Rivier and serve as a nursing instructor and an adjunct clinical instructor at Rivier.

Before joining Little Rivers Health Care as a Family Nurse Practitioner, I served at Dartmouth Hitchcock Medical Center for 9 years in critical care units, surgical/trauma/neuro ICU. My FNP clinical hours were completed at Upper Valley Pediatrics, Newbury Health Center, Little Rivers Health Care, and Kendal at Hanover. I travelled to four countries to provide free health care clinics in Australia, New Zealand, Kenya, and Costa Rica. I am a Reiki Master and Teacher and love music, kayaking, traveling, meditating, and my Chihuahua named "Pickles"."

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Not all Times are Trendy, but there will always be Trendy Times

Volume 11 Number 24

September 1, 2020



COVID-19, Women, Child Care and Education

By Kellie Campbell, Chair of the Vermont Commission on Women's Education & Human Development Committee and Hannah Lane, Policy Analyst and Business Manager for the Vermont Commission on Women

Policy decisions regarding education and child care are gendered. That is a fact that must not be ignored. As public schools in Vermont reopen using a variety of learning models, data signals working women stand to bear the brunt of the impacts. Women experience this from multiple sides: they continue to be primarily responsible for the majority of child-rearing and caregiving, and they make up the vast majority of Vermont's teachers and child care providers. Many educators will feel this burden doubly, balancing their careers and the needs of their students with the needs of their own children.

Most of Vermont's students will learn virtually at least some, if not most, of the time this fall. Many parents must navigate that change while balancing employment, increased family responsibilities, and supporting children's virtual learning. Women will overwhelmingly be the ones who are forced to pull back from their careers to meet this challenge.

Data from the Census Household Pulse survey, conducted in late April and early May, found that over 80% of U.S. adults who weren't working because they had to care for their children who were not in school or daycare were women. Even before the pandemic, mothers were 40% more likely than fathers to report that they had personally felt the negative impact of child care issues on their careers; 3 times as likely as men to report that at some point they quit a job so that they could care for family; 7 times more likely to cite childcare problems as a reason for working part-time; and 4 times more likely than men to take time off work when children are sick. Moreover, women are significantly more likely to be navigating this crisis as single parents; 21% of all chil-

dren in the United States live only with their mother, compared to 4% living with their father only.

As policymakers and communities consider how to provide children with care and education during this pandemic, and how to support Vermonters in getting back to work, the need for a strong early childhood care and education infrastructure has become increasingly visible. While Vermont's child care providers are paid as much as \$20,000 less per year than similarly-qualified and deserving individuals teaching in the K-12 system, they have not been the beneficiaries of the well-deserved and fierce advocacy we've seen for public school teachers. Child care providers have been caring for essential workers' children throughout the pandemic, and most reopened to all children over the summer. Vermont has made additional investments including offering grants to child care businesses, but along with those investments, child care workers are now being asked to carry an even heavier burden by providing care and support to our K-12 students on days they aren't at school.

A successful plan for the reopening of schools will be one that provides for safe and adequate care and education of Vermont's children and takes into consideration the needs of educators and working parents. Economic support for families with lost earning potential due to COVID's impacts must be built in to ensure success. Ver-

mont parents need adequate unemployment benefits, paid family and medical leave, and the ability to take care of their families without losing their income. They need universal health insurance, so when crisis strikes, families and kids don't lose their health care. They need public benefits like Reach Up, 3SquaresVT, and the Child Care Financial Assistance Program that keep up with inflation and deliver enough aid to meet their families' needs. And they need significant investments in Vermont's child care system, and in our early childhood educators, to ensure high-quality, affordable early care and learning and after-school opportunities exist so working parents can get back to, and remain, in the workforce.

Women in Vermont need our state to develop and implement a holistic, thoughtful plan designed with pre-existing inequities in mind. It must be designed to work for all of us and ensure that the burden of this pandemic does not continue to rest disproportionately on women. Without this plan, the risk of downward economic spiral not only harms families, but communities and the state's overall economic recovery and future. Our strong state is resilient, and Vermont will recover from COVID-19, but that only happens successfully if we are looking out for one another. Together, and with fair and equitable policy solutions, we can all recover.

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State Leaders Reflect On Suffrage Centennial

(Montpelier, VT) - One hundred years ago on Wednesday, August 26, 1920, the 19th Amendment was added to the Constitution, and U.S. citizens could no longer be denied the right to vote "on account of sex."

To commemorate this milestone, the Vermont Suffrage Centennial Alliance invited state leaders to reflect on its significance. We are honored to share with our fellow Vermonters the following thoughts from Governor Kunin, Senator Leahy, Senator Sanders, Congressman Welch, Governor Scott, Lt. Governor Zuckerman, Xusana Davis, Kesha Ram, and Cary Brown.

"It took 100 years to ratify the 19th amendment which won women the right to vote. Elizabeth Cady Stanton and Susan B. Anthony were the prime movers of the suffrage amendment. But they were not alone. In this anniversary year, we retrieve more names from history, including Black women: Ida B. Wells, and Mary Church Terrell. In 1913, Wells traveled from Illinois to Washington to march in the Woman Suffrage Procession. Black women were told to march in the back. Today, we march hand in hand--thanks to those courageous women-- white, black and brown--to exercise our right to vote." - Governor Madeleine M. Kunin

"The ratification of the

19th Amendment 100 years ago was a significant step toward making ours a more perfect Union and in drawing us closer to our founding principles, but in reality, we are still fighting to ensure that every American has the right to vote. Now, and always, we should remember those who protested, marched and fought for suffrage for women. Since our Nation's founding, generations of women have fought injustice and broken down barriers in pursuit of the American Dream. Their courage and commitment should inspire us all to work even harder to eliminate the gender and racial inequalities that still exist in our society." - Senator Patrick Leahy

"One hundred years ago, women fought for the right to vote, and won. Today, as we celebrate this important milestone, we also recognize that women of color were intentionally excluded from this victory, despite their heroic efforts to help achieve it. This centennial is a reminder that we must redouble our efforts to fight voter suppression that silences far too many voices in our democracy, make election day a national holiday, and ensure everyone who wants to can vote by mail. And we must pass the John Lewis Voting Rights Act to finally guarantee the right to vote." - Senator Bernie Sanders.

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September 1, 2020

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Finding Solutions for Your Financial Needs

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Labor Day: Make Investments Work as Hard as You Do

Labor Day is almost here. Of course, this year, the holiday may have a different impact, given the employment-related stress and disruptions stemming from the coronavirus. Yet, it's good to recognize the value of work and its importance in achieving your life's goals. But if you're going to retire comfortably and reach your other financial objectives, you also need to invest – and your investments need to work as hard as you do.

To help make this happen, you need to know why you're investing in the first place. You likely have a variety of financial goals, including short-term ones – a long vacation, a new car – and long-term ones, such as a comfortable retirement and the desire to leave a legacy for your family. But you can't invest in the same way for these goals. For example, when you're planning an overseas vacation for next year, you want a certain amount of money to be available at a certain time, so you'll want an investment that offers a high degree of preservation of principal. However, when

you're saving for a retirement that may be decades away, you need to consider investments that offer growth potential. In any case, you can help your investments work efficiently for you by matching them with specific goals.

You also want to keep your investments "on the job." In the immediate aftermath of large market downturns, such as we saw earlier this year, many people simply stopped investing altogether. But taking a "time out" can be costly. For one thing, when you stop adding to your investment portfolio, you reduce its growth potential. Furthermore, if you're on the investment sidelines, you might miss out on the next market rally – and the biggest gains often happen in the early stages of these rallies.

Not everyone simply abandons the investment world following a downturn, though – some people just put more money into cash and cash equivalent accounts. And while it's a good idea to have enough cash on hand for emergencies (about three to six months' worth of living expenses), you may not want to have cash as the major component of your portfolio. Cash simply doesn't "work" hard enough in the sense of providing you with long-term growth opportunities.

So, whether the markets are moving up, down or sideways, it's important to keep investing and keep a reasonable percentage of growth-oriented investments in your portfolio, with the exact amount depending on your goals, risk tolerance and time horizon. These investments will fluctuate in value, but the longer you hold them, the more the impact of short-term drops may be reduced, especially if you maintain a diversified portfolio, although diversification, by itself, can't ensure a profit or protect against loss in a declining market.

Finally, here's one other step you can take to help keep your investments working hard: Check up on them periodically. Review your portfolio at least once a year to determine if it's still helping you make progress toward your goals. If it seems like you're falling behind, you may need to adjust your investment mix.

You've probably discovered that hard work pays off for you in just about every endeavor – so why should it be any different with investing? Keeping your investments working diligently can help boost your chances of achieving your important financial goals.

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Letter To The Editor: Politics

To the Editor,

I was born after WWII a "baby boomer." My Dad served in the Army stationed in Italy. My Mom struggled at home. Food items were rationed with books of stamps. In the winter of 1942, a Bomber plane crashed into Mt. Moosilauke in our town of Woodstock, N.H. She told me she was scared "I thought we were under attack." My brothers were toddlers and cereal wasn't just for breakfast.

Growing up – we talked about any subject with absolute unlimited freedom. We would discuss any and all opinions. My Dad and Uncles would talk freely also, and disagreeing about politics did not give rise to anger or insults. I liked to listen and learn, even as a little kid. They were people who had a lot to complain about, yet they never did.

Now, I am here and

sadly they are not. The (Decency to Disagree) seems to have been lost also. I live in a time when people are afraid to support their own president. The anger and insults, even hatred will be endless. People use name calling as a debate strategy.

I am thankful for growing up in a kind home – where debates were fun and thought provoking. It was fun to learn and challenge each other. No hatred, no insults. This is due to the wisdom of parents who lived through a depression and a World War. I wonder why others were not raised with the same advantage. I am sad when people are not kind and do not wish to learn from each other with a decency to disagree. My parents had a lot to be angry about, but they never were. I SURE MISS THEM.

Jan Osgood
North Woodstock, NH

Jan,
I am also a member of the Baby Boomer generation, though on the younger end of things. My two siblings were both quite a few years older than me, and my mom passed before I was a teen. But the lessons I learned have stayed with me as well. Be polite to others. That means listen to what they have to say. If your mouth is moving you aren't learning anything.

There's not much more I can add other than again to urge one and all to take the time to learn, to think about the candidates, and to vote. It is our right, and our duty as Americans.
Gary Scruton, Editor

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Thank you for your understanding.



TRENDY TIMES
A FREE PUBLICATION

Letter To The Editor:

To the Editor:

As the primaries and general election fast approach we as a nation and as a state have reached a critical juncture. Never before have our individual liberties been under such a daily onslaught. The extent of government overreach and unconstitutional "mandates" grows exponentially as I write this. We must draw a line and it must be one that we refuse to allow the government to cross. Few realize how important local elections are in our quest to meet this goal.

There is a strong leader in our midst who has served in the NH State House before. He is running again on a platform of individual liberties, smaller and fiscally responsible government and preserving our Constitutional rights. David Binford has a strong

voting record and is proactive in our communities. David served in Afghanistan and took time off from the State House to work with local veterans groups. As set forth in his oath he believes he is called again to uphold this oath to defend our Republic and our Constitution against all enemies foreign and domestic. He reaches out to the citizens to ask them about the issues that matter most and has proven that he stands with his constituents.

I proudly cast my vote for him the first time he ran for office and I will do so again in the primary on September 8 and in the general election November 3. I am fully confident that he will fight for We the People.

Lori Anne Conley
Resident of Piermont NH

Lori Anne,

I want to thank you for a positive letter about what you feel are the reasons to vote for a particular candidate, rather than the reasons not to vote for the opponent. I truly wish that more people would take the positive track in campaigning.

Let me also echo your point that elections on the local level are very important. This is where so much legislation gets done. Our New Hampshire representatives have the opportunity to be very close to their constituents and I hope they all take advantage of that opportunity. Please be sure to vote September 8.

Gary Scruton, Editor

Letter To The Editor:

To the Editor:

It was my pleasure to participate in the Antique Show at Woodsville High School on August 22nd. Although I have done better shows, I was very impressed with the girls of the class of 2022 who were in charge. They were polite, anxious to help and took

care of all aspects of the day.

I hope their hard work turned out to be financially worth their efforts, and will result in a wonderful class trip in the future.

Sincerely,
Elinor Mawson
Bath, NH

Elinor,

It is great to hear good words regarding our local high school students. Way too often we hear negatives, but there are so many positives that can be said. Thanks for holding up these young ladies for the congratulations you bestow.

Gary Scruton, Editor

PLEASE NOTE: Elinor is a regular contributor to Trendy Times but submitted this letter as a private citizen.



Trendy Times is happy to accept and print these Letters to the Editor. We are anxious to hear your opinions and comments. There is no charge and no editing. We simply ask that you keep it civil and within the parameters of the law.

You can send Letter to:
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Letter To The Editor:

To the Editor,

A Correction, first and foremost I need to make a correction to my last published letter: It should have read that the rightful place for Trump would be in an OUTBACK OUTHOUSE in Russia. Trump plays golf every weekend at his resorts costing us the taxpayers thousands of dollars. You never see Trump with his youngest son playing golf. You never see him with his grandchildren. You never see him with a loving pet, dog or cat. He prefers the company of people like Stormy Daniels. Trump has now been caught in his biggest lie about his involvement with Russia, and the Republican's Investigation uncovered his lies – lying to the Muller Report while under oath – Trump the biggest liar ever.

The only time you see Trump smile ear to ear is when he is with a dictator or sending love letters to dictators. Trump wants to turn

Betty,

I hear you point of view and I thank you for expressing it. Just like I would listen to and thank the writer of a letter who believes differently. That is one of the things that makes this such a great nation. The freedom of speech, and the freedom of the press. Those are freedoms that can make a difference. If people speak up, whichever side of the aisle they are on, or whatever their position is on any particular subject, and others are willing to listen to them, and acknowledge that point of view, then there is a chance that compromise can be found. After all,

America into another Dictator State with him running it. Lock him up – LOCK him UP!!

Putin put a price on the heads of our servicemen, what does Trump do – NOTHING -NOTHING, but Trump goes crazy over former First Lady M. Obama who pushes love for all Americans. The present woman in the White House expresses her views on children locked up in cages with "I DON'T CARE, DO YOU"

Trump was never fit to be our President. He is a dangerous nut. Dictator Trump is destroying America. Everything he doesn't like is fake or rigged. He lied his way into the White House and he never stopped lying. When Trump visited Russia, Trump enjoyed golden showers and ladies of the night. He needs to go back to Russia and then he can again enjoy his golden showers.

Trump is working over-

no single person has all the answers. Most often the best idea is found after research, discussion, more research, and compromise.

The upcoming elections are part of that process. We elect candidates who then talk to other elected candidates, who collectively make the rules that we all live by. When those we elect are not doing as we asked, then it is time to elect someone different. It is all up to the voters., as it has been for over two hundred years. So please take the time to learn about the candidates, and be sure to vote.

Gary Scruton, Editor

time to make this the most corrupt election and he will. We who love America must stop him. Vote, vote, vote. Our freedom depends on removing this dictator from OUR White House.

A letter that was written in The Record Newspaper on Tuesday, August 11, 2020, was about Hitler and the Nazis. Reading the letter all you need to do is remove Hitler's name and put in Trump's name because Trump thinks just like Hitler, never concede, never accept blame and blame others for everything wrong, discredit reporters with FAKE NEWS, discredit law and order, and above all else lie, lie, lie, a Trump advantage.

This is just what is happening in America – WAKE UP – pay attention to what Trump does and what he says. He is a very dangerous dictator.

Betty Nickles
Benton, NH

Letter To The Editor:

To the Editor,

Early each morning I take a brisk 2-mile walk around our village, which serves two purposes: it helps work off the daily rage I experience because of the foul, corrupt Republican administration and its loathsome, con-man leader, Donald Trump and their spineless Republican sycophants in Congress, and it provides physical fitness to help me survive to vote to remove these odious representatives in the election this coming November. I also intend to live long enough to witness the criminal Trump and members of

his criminal family and administration indicted and sent to prison.

I was born in the 1950s in Madison, Wisconsin during the heyday of the disgraced U.S. Senator Joseph McCarthy and his evil henchman lawyer, Roy Cohen, so my life is book-ended by two of the most disgusting political cabals in our country's history: the McCarthy era and now that led by Donald Trump, whose first lawyer and mentor was Roy Cohen – who schooled him on how to obstruct justice through the courts while he broke the law repeatedly as a failed real estate tycoon.

The years of my youth were tainted by the two terms of the criminal Republican president Richard Nixon. I was always an independent voter and once voted for a Republican presidential candidate. I will never trust any Republican politician ever again and I wouldn't give the time of day to anyone who helped elect the criminals now in office in our White House. The Republican party deserves to disintegrate and disappear, hopefully before it can inflict more and irreparable damage to this country.

Alice Morrison
Newbury, VT

Alice,

We all have a base from which we make our decisions. That is true with our everyday lives as well as when we step into a polling booth.

While we are all entitled to our own opinions, and indeed I encourage everyone to voice them, I do need to remind you of an old saying. "Never say never". It's a bit corny, but at least for me it seems to have held true.

I hesitate to color with a broad brush, whether it be in the national political world or even in local, or even family affairs. Just be-

cause you have disagreed with someone, or a group of someones, in the past, does not mean that you will "never" agree with them again. Perhaps you own views will change. Perhaps you will learn new facts that make you take a new and possibly different view of the situation. Or perhaps that other group moves from their current position to a spot you deem more reasonable. The point being - "never" is a long, long time and you can't tell when changes will happen.

Gary Scruton, Editor



What About Ma?

by Kellie Quackenbush

All About Happiness

It is the beginning of the new school year, a time Ma always looked forward to, not because she had small children leaving the house for seven hours-- but because she could sit on the porch and watch the neighbor's children wait for the bus. On school days, Ma would get a big cup of coffee and sit on the front porch and wait to see the neighbor's kids walk down their driveway and catch the bus. It was her happy time, watching the kids.

A young couple had bought Ma's mother's house next to her own, a house that held memories of her mom. Ma would go out to the front porch of her own home and watch the chil-

dren play in the yard while they waited for the bus to come. Ma watched how they played with their dog and the new puppy. When the children were laughing, so was Ma. When the children would finally board the bus, she would smile and wave, thinking what precious little people they were. Watching the children made her happy.

Happiness comes from within. Nobody can make you happy, you must find your own way to be happy. If you type, "How to be happy" in your search engine on your computer you will find hundreds of sites that will give you suggestions and "scientifically proven ways to increase happiness".

People search for happiness in all types of places.

Big business is into happiness, a happy employee is a productive employee. Some people find happiness in their work, work gives people purpose and a purpose driven life can be happy. Just about every magazine has hints for finding happiness, some have instructional lists of things to do to make yourself more happy. Thinking about www.healthline.com from January 15, 2019, "Daily habits--

Smile. You tend to smile when you're happy. ...

Exercise. Exercise isn't just for your body. ...

Get plenty of sleep. ...

Eat with mood in mind. ...

Be grateful. ...

Give a compliment. ...

Breathe deeply. ...

Acknowledge the unhappy moments."

Or we could look at www.psychologytoday.com, from January, 2018 "How to Be Happy: 23 Ways to Be Happier" The winter months tend to be the big winners on

having "happiness" articles published. I can understand that, being cold does not make me happy. With that thought, being hot does not make me happy either. Knowing that I have control over what the temperature in my house is--That makes me happy.

The advertisements on the television and the sad news of late have not been making anyone happy. These days there are so many bad things going on and unpleasant news. There are many people still trying to be safe in their homes and avoiding people that may make them sick. There are empty shelves in the grocery stores and Walmart stopped carrying my favorite ice cream--sad news around every corner. How will we survive such bad times?

People are happy when they have some sense of order and control in their world. If the news and the television advertisements are making you sad, turn off the televi-

sion. Control something small. Take charge of what you do have control over. We can make little changes in our homes and daily routines that will return a sense of calm. According to www.forbes.com in "How to be Happy: 20 ways to be Happier", (August, 2019) their number one suggestion is to show gratitude. I always thought that the people reading "Forbes" were wealthy individuals, why would they need an article on how to be happier? The truth is, money will not buy happiness.

Happiness is an individual pursuit and very important, thus our forefathers wrote about the right to the pursuit of happiness. Of course, if you Google "the pursuit of happiness" you get all sorts of sites directing you to the Will Smith movie, "The Pursuit of Happiness" a 2006 movie. My thought, look around--take a breath--life is good and happiness is yours to grab. Be well and be happy.

Volume 11 Number 24

September 1, 2020

Not all Times are Trendy, but there will always be Trendy Times

National TV Spot For State Representative Ruprecht

By Robert Roudebush

New Hampshire State Representative Democrat Denny Ruprecht Jr. was featured in the nationally televised Democratic National Convention during the second night of the event, August 18, as one of several Keynote speakers. Ruprecht was selected as one of more than a dozen youthful "rising star" elected leaders countrywide to participate. The speakers comprised a mixed group showcasing America's diversity as convention officials sounded the theme, "We The People". The convention was conducted entirely virtually, an

exercise in teleconferencing and pre-recordings.

Representative Ruprecht now serves his constituents in the last year of a two-year term in Grafton District 15, and is currently running for the representative's seat in Grafton District 3. After the Convention, TRENDY TIMES conducted a question and answer session with State Rep Denny - what follows are edited excerpts from that interview.

TRENDY TIMES -How were you chosen for your part in the keynote presentation?

Denny Ruprecht - I was first contacted by the Biden campaign about a month ago

- to see if I'd be interested in speaking at the Democratic Convention, but no further details were offered at that time. About two weeks after that phone call, I received an email from the convention committee explaining what my role would be.

TT - What were the reasons for singling you out?

DR - Possibly youth, geographic location. The Biden campaign wanted to showcase the diversity of the party, both in background and in thought, and also to highlight current and future party leaders. My fellow speakers were from all walks of life and from every corner of our large nation. They showed that the Democratic Party is indeed a big tent party. Certainly my youth helped, being the youngest lawmaker in New Hampshire at 21 years old. And New Hampshire is obviously a battleground state. Also, another reason is that for the past year-and-a-half, I have been working closely with the Biden campaign supporting its efforts.

TT - What did you do in preparation?

DR - I had a few days lead time to prepare. I was instructed that each speaker would be given roughly two minutes - that was not exactly the case but time was limited.

TT - Was there a "director" or "producer" you



worked with?

DR - Yes - I worked closely with the Biden campaign and the Convention Committee throughout the entire process. They contracted with a production company and that's who I worked with directly.

TT - What guidance if any was given to you on subject matter, tone, type of clothing to wear, anything else?

DR - All of this was prescribed by the Convention's production company. No small detail was ignored, and absolutely nothing was left to chance. I was advised on all the above.

TT - Was there some type of partial script to follow in order to coincide with some of the other speaker's vocal expressions - for example, "That's why we ran"?

DR - The Democratic National Convention Committee worked with each of us to write a script that we jointly worked from.

TT - How did you actually provide your part of the keynote presentation?

DR - The DNCC sent me a Pelican Case, think large briefcase used to send valuables, the night before I was set to go. The Case con-

tained a variety of electronics, most of which I didn't know how to use. The directors also instructed me on how to set up this equipment and how to use it.

TT - Did you enjoy the whole thing?

DR - I did. I wouldn't be telling the whole truth however if I didn't say that it was all a bit stressful and overwhelming but it was also very enjoyable.

TT - Were you able to view the keynote presentation?

DR - Yes.

TT - Did you think this kind of keynote speaker approach was effective?

DR - I do. Now nothing beats the magic and energy of an in-person convention. I got a taste of that at the 2016 DNC in Philadelphia. But this virtual convention put public health above politics and that's the most important thing. I have read commentary arguing that this keynote was one of the few that actually reflected America. It highlighted ordinary people who - some might say - are doing extraordinary things. Ordinary people doing extraordinary things is the story of America.

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Me, Entitled, Seriously?

by Maggie Anderson

People are climbing the walls lately trying to find sunshine, or purpose, or something to laugh about in the midst of this hundred year war's imposed imprisonment of the world. We have lost our equilibrium, suffering from vertigo we developed a view of the world separated from its reality.

Insanity has taken over and been allowed to call all the shots in this new game we play.

Take the subject of entitlement, how do people decide a person feels entitled because of their skin tone? And, more importantly, how do people decide what other people think? Quick, tell me what number I'm thinking of? The only people able to come up with that exact number are Charlatans who have blinded their audiences for centuries. The slight-of-hand that creates an illusion does not make it real, does not make some phrase a statement of fact.

My life has been a battle from the moment I drew my first breath. I have elbowed my way through life, squeezing through whatever chinks I found in the armor designed to either defeat me or strengthen me. I chose to make it strengthen.

Until I was married my home was made of canvas, folded and crammed into the back of a station wagon once the embers in the fire pit were doused and my brothers and I had shoved our only belongings into a sack and stuffed ourselves into the back of the wagon.

The highlight of my life in those days was the rare stop in some motel in the middle of nowhere with no campgrounds in sight. It meant I could take a real shower instead of washing in the nearest body of water with a bar of Ivory soap tied up in an onion bag and lashed to a nearby tree limb.

I learned to change my clothes under a blanket in the center of a busy parking lot in broad daylight. I learned to appreciate the days we actually had enough food to keep Dad from declaring the virtues of fasting. If there was nothing to eat he simply began the day with the announcement "Today we fast!" as if we would all jump up and down squealing in delight at our fortune.

I pounded bricks for a penny apiece when there

was no money for any kind of food, and picked whatever crop we were camping near, including dragging bags of beans so full they outweighed me. I was paid a penny a pound for beans, I couldn't afford to haul a half empty sack to make it easier.

I've picked peaches in orchards so fragrant every breath made me glad to be alive, bent my back in strawberry fields so sweet I could almost forget my aching knees. And I've planted and trained hops in the blazing sun until my hands were so torn and sore I couldn't make a fist if someone had tried to steal my lunch.

When my father finally hit the brakes and began to build a house in Oregon we lived in that tent for three of four years before I was married. Good weather and bad I slept on the ground. Every couple of days I made the choice between washing my hair in the freezing, sulfuric stream from our new well or hiking the half mile to the laundromat hoping nobody was presoaking anything in the wash tub.

I warmed water over a Coleman stove and bathed in a basin set atop the covered seat in the outhouse because it was the only privacy I had.

After I was married life between my husband's health issues and the needs of our four children pushed me into a different environment. Thrust into an occupation totally dominated by men at the time gave me plenty of opportunities to draw on all the strength I'd mustered beforehand.

Nobody gave me a pass because I was a woman, and I certainly didn't get one because I was a white woman. I hacked my way

through the jungles of workplaces often overseen by nearsighted men. I earned my place in that arena and any respect or appreciation that came my way was mine by way of having done the work and held my ground.

My children have always said I have legs that glow in the dark, the only person I know who is paler than I is a beautiful young woman who lived down the street from us when our children were in grade school. She is an Albino.

It is wrong to say I am entitled because of the color of my skin and preposterous to suggest I believe it's true.

What I am is grateful to still be breathing, open to the possibilities life offers, and hopeful of the future.

I do not believe I am entitled to anything I have not earned and I have the scars, internal as well as visible, to prove it.

I am many things, entitled is not one of them.

Just because somebody says so doesn't make it true.

Acceptance

Topics
Disability and Aging
by Cyndy Wellman



A Friendly Reminder:

With Flu season approaching and who knows what else will come up this year. Hand washing IS your best defense! As we all learned, face masks do help some. Mixed reviews wearing gloves. Some people feel they spread germs more than they protect you.

Hand sanitizers does not replace Hand Washing Before you buy from a

big box store. You could be doing more harm than anything to your body and those around you. Some products have harmful fillers as we have seen in the recalls. They warn us about cancer and even death.

Be mindful of your pets because they tend to lick our hands.

Always be mindful at home and public. Door-knobs, gas pumps, fruit, etc.

Stay safe and healthy!

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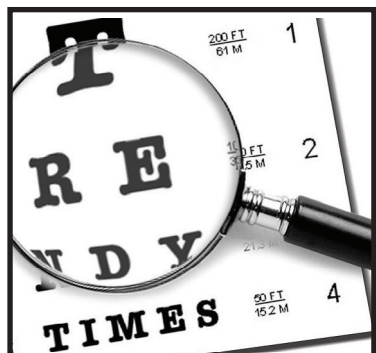
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by Cindy Pinheiro
to contact Cindy (aka Cin
Pin) write to the editor at
gary@trendytimes.com

Potato and Egg Salad

Hello hello my fellow chefs. I'm having a good day today so I made this "Delicioso" Potato and egg salad. It's a great comfort food. I want to say thank you for all your well wishes. I really appreciate it. I hope you enjoyed the old recipes while I was not feeling good enough to write my column. Well let's get started with today's recipe.

Ingredients

5 good sized potatoes (I used what I had which was golden potatoes. Generally I would use white potatoes). Peel and cube the potatoes and boil until they are tender about ten minutes.

2 Large eggs hard boiled (I boil mine with the potatoes because they have always

come good that way).

2 stalks of celery. Cut each stalk lengthwise then cut 4 strands, then cut into nice small pieces

1/3 Cup mayonnaise

1 tsp. Salt (I was given pure Himalayan sea salt so that's what I used). It's really

good.

1 tsp celery seed

1/4 tsp pepper

1 tsp yellow mustard

Paprika for top color

After you boil your potatoes and eggs run under cold water for a few minutes. Peel the eggs and mash them with a fork. Put The potatoes in a large bowl and add all the other ingredients. Toss well making sure all the



ingredients get mixed. Then put in refrigerator to chill. We enjoyed our potato salad with grilled hotdogs and I toasted the hot dog buns that I brushed with a little butter on the stove. They come so soft inside and toasty on the outside. Try it! I had a fresh cucumber so I cut it up in spears with a little sprinkle of salt and pepper. Toss the potatoes a last time and sprin-

kle with paprika. We enjoyed this meal with a good ol bottle of beer. Drink responsibly please.

So folks that's it for today's recipe dinner. Next edition will be a company good cheesecake. Yummy Until next time I am going to sign off but remember to email if you have any questions and I will help you out. Sincerely, Cin Pin



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Not all Times are Trendy, but there will always be Trendy Times

4th of July Celebration Needs Volunteers

Are you willing to step up and help the Woodsville Wells River 4th of July Committee continue to celebrate this nation's birthday? There is currently only a handful of people that are doing all the planning and coordinating of this immense celebration. They desperately need your help. And the help of your friends and neighbors.

The next monthly meeting is Thursday, September 3 at 7 PM. Meetings are currently being held remotely, so contact the committee via their Facebook page or on the web at www.wwr4th.org to get the link to join. All ages and skill sets are needed in order for this event to continue in 2021.

If you can't, or don't want to, attend monthly meetings you can still help. Just contact a committee member to find out all the details.

Please don't let this event become a memory.