

A FREE PUBLICATION

# TRENDY



Next Issue: Tuesday, January 24  
Deadline: Thursday, January 19

# TIMES

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JANUARY 10, 2023 VOLUME 14, NUMBER 7

## Get to Know Your Wild Neighbors - ACT's Winter Speaker Series Gets Birdy!

FRANCONIA – Calling all bird lovers! Do you put out a feeder during the winter months to watch the birds? Do you have questions about attracting specific birds to your yard? Join the Ammonoosuc Conservation Trust (ACT) for the return of ACT's Winter Speaker Series and get to know your wild neighbors! David Govatski is back on Thursday, January 19, from 6 to 7 pm for a free Zoom presentation all about feeding birds in winter.

In this hour-long discussion, Dave will talk about winter bird species, different bird feeders and how to place them, selecting bird

food, how to deal with squirrels, and planting native trees and shrubs to attract birds. He will also share some information about backyard bird surveys and other activities to help you learn about our feathered friends.

A retired forester who spent his career with the U. S. Forest Service, Dave is a well-known local naturalist and avid birder. He has previously done talks for ACT (available on ACT's YouTube channel) on old-growth forests, wildlife of the White Mountains, and the Civilian Conservation Corps in the White Mountains.

This is the first event in

ACT's Winter Speaker Series, which will usually be held on the 3rd Thursday of every month. This event is being held virtually is free and open to the public, with a suggested \$5 donation to support ACT's programming and conservation efforts in the region. Registration is required to attend. To sign up today go to [act-nh.org/education-events](http://act-nh.org/education-events).

The Ammonoosuc Conservation Trust inspires and leads private, voluntary action to conserve the land the North Country loves. Learn more and become a member at [act-nh.org](http://act-nh.org) or by calling (603) 823-7777.



photo credit: Dave Govatski

### Upcoming Events with ACT:

Family Fun Animal Tracking with Gale River Cooperative Preschool - Sunday, Feb 5th, 2- 3:30 p.m. Whipple Farm & Field, Sugar Hill, NH. More information at [act-nh.org/education-events](http://act-nh.org/education-events) or

call (603) 823-7777. Free and open to the public. Suggested \$5 donation to support conservation. Hosted by Ammonoosuc Conservation Trust and Gale River Cooperative Preschool. Registration is required to attend.

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# TRENDY Dining Guide

## Kingdom Crust

by Gary Scruton

At this time of year it can sometimes be a matter of timing as to when and where Janice and I get a chance to visit one of the fine eateries that advertise here in the Trendy Dining Guide. In this particular instance our plans came together and we were able to make the drive up to St. Johnsbury on a Thursday evening for a visit to Kingdom Crust located on Railroad Street. We planned to dine in as it was cold outside and I don't think they deliver all the way to Woodsville.

I will say that Kingdom Crust is under new ownership since the last time we visited a few years ago. While we were in the establishment the new owner even stopped to chat with us as he is someone I know from other happenings. He let us know that he was headed for home (it was about 7 PM) as he had actually been in house since about 8 AM. He also let us know that he had spent at least part of that time out in the kitchen making dough. (Yes, I did make the comment that in this business in order to make "dough" aka cash, you first need (knead?) to make dough.) That in itself told me that they obviously use home made dough for at least some of their offerings.

Back to our arrival at Kingdom Crust. As we walked through the front door, one of the two workers behind the counter asked if we were ordering something to go, or if we planned to eat in. As we did indeed plan to eat there, she let us know that we could find a seat in the next room, make our choices, and then come back to the counter to order. She also told us that we could grab menus from the counter, or there should be one at the table. We did grab a pair of menus and made our way up a short ramp that led into a small dining area that held a pair of six person tables as well as four other four person tables. We took a pair of seats at one of the small tables and began to look over



the offerings.

The menu is different from the last time we had visited so we both took our time looking over a nice variety of items. Janice finally settled on a Chicken Parm Sub. It is described as "Tenders, marinara, and mozzarella, served with half-pound hand-cut fries." I settled on a dish called One-Topping Stromboli. Stuffed, laced, and baked with cheese,

one topping (pepperoni), and served with marinara. For beverages we each asked for a bottled drink which we picked out of a large cooler located in the front room across from the counter.

Upon placing our order we handed over a credit card which was processed for the amount of \$36.97. We then went back to our table to enjoy our drinks and wait for the meals to be served.

It did not take long before one of the staff members came out with a basket of food for Janice and a solid plate for me. Both vessels had a sheet of wax paper placed under the food. They also gave us utensils. A number of condiments were already on the table for our use.

So now it was time to dig in. Janice's fries were

actually seasoned with a very unique and enjoyable flavor to us both. (Yes, I tried a few). Her sandwich was, as described, made from plenty of chicken tender strips as well as a good amount of marinara, and mozzarella,

My Stromboli was certainly not dry. I used my napkin a number of times to keep the tasty oils from going down my arm. Along with the bowl of dipping sauce it was an enjoyable meal.

Both of us finished our meals, enjoying each bite. When we were finished and had stacked up our plates, another member of the staff came by and took our items back to the kitchen. We simply put the caps on our Iced tea bottles and headed out the door and back to the car for the trip home.



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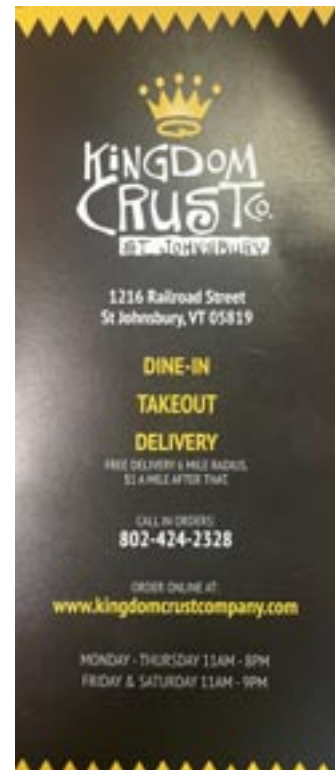


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## Connecticut River Joint Commissions Receives Grant from State of Vermont

The Connecticut River Joint Commissions (CRJC) is pleased to announce that it has received a \$30,771 grant through the State of Vermont Agency of Natural Resources Department of Environmental Conservation. This grant funds CRJC's work program for November 2022 to October 2023. Additional funding is provided by New Hampshire Department of Environmental Services.

These funds will allow the CRJC to continue its emphasis on the grassroots, locally focused work of its five local river subcommittees and the broader implementation of its river management plan. The CRJC focuses on the key issues facing the Connecticut River watershed of Vermont and New Hampshire and plays the vital bi-state role of convening, catalyzing, and leading dialogue on these regional issues.

Current focus areas for the CRJC include:

- Participating as a

stakeholder in the federal relicensing of hydroelectric facilities at Wilder Dam, Bellows Falls Dam, and Vernon Dam in Vermont and New Hampshire.

- Providing a forum for open discussion and comment on a wide range of projects affecting the Connecticut River and its watershed. Topics include permits, such as those for new development or invasive species management in proximity to the River and thus with potential impacts, as well as plans, such as Vermont's Tactical Basin Plans that help to inform an inventory of natural resources in the watershed, and also to manage and protect these valuable natural resources.

- Leading watershed management efforts highlighted in the CRJC watershed management plan. Efforts include work to improve water quality monitoring along the mainstem of the Connecticut River, as well as, convening bi-state partners to

address the issues such as climate migration, water quality monitoring, and farming in the valley.

New Hampshire's Connecticut River Valley Resource Commission and Vermont's Connecticut River Watershed Advisory Commission, created by their respective legislatures in 1987 and 1988, were directed to cooperate with each other to preserve and protect the resources of the Connecticut River Valley, and to guide its growth and development. They have met together as the Joint Commissions since 1989. Both Commissions advocate for and engage the public in decisions which affect their river and their valley. The Commissions are advisory and have no regulatory powers.

Studies show that residents of and visitors to Vermont and New Hampshire love the streams, rivers, lakes, ponds, and wetlands of the Connecticut River watershed – these natural areas help define our bi-state landscape and character. This funding from the Vermont Department of Environmental Conservation enables CRJC to continue our work to protect these cherished resources. For more information about CRJC, please visit the CRJC website ([www.crjc.org](http://www.crjc.org)) or contact CRJC staff ([info@crjc.org](mailto:info@crjc.org)).

## The Beginning... and The End

by Elinor Mawson

She was a girl of 13, a freshman in high school

The oldest of 4 siblings, she did her chores, tended to the young children, took care of a flock of chickens, did her homework. On Sundays she went to church, and on Monday evenings she went to a young people's group at the minister's house.

School that year was difficult because she was taking Latin and Algebra; it was her father's choice, not hers.

One Monday at the young people's group, she sat next to a young man who started a conversation with her. He told her he was 21, and was about to go into the Navy. He asked her for a date, and she informed him that she couldn't date because of her age.

They talked every Monday evening for awhile. They agreed to write when he went into the Navy, but he would have to send his letters to an intermediary because her mother would read the letter before she did. It sounded sneaky which she didn't like to be.

Time went on. Letters went back and forth until he came home on leave. They visited at the young people's group and he came to see her at recess at school. He parked in the parking lot and she talked to him through the

driver's side window.

One day, her mother found one of the letters and a confrontation took place when the girl got home from school. It wasn't pleasant. She explained to her mother what was going on, but her mother read a lot more into it. She was told to stop all contact with the young man immediately.

Home on leave, the couple resumed their visits; however someone (probably the minister) reported them to her parents.

She was awakened from a sound sleep one night and brought downstairs where her father, screaming threats and calling names, beat her up. When the tirade was over, her mother asked, "Are you in love with him?"

After a few seconds she replied, "I don't know what love is."

She was forbidden to attend church as well as the young people's group. Her every move was watched like a hawk. She had to come right home from school. She did her chores, took care of the younger kids, did her homework, tended to the chickens.,

She hated her parents.

One last letter was sent to the young man.

She never saw him again.

She'd never been kissed..

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Volume 14 Number 7




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## NH School Construction and Renovation Program

Within the past few days, I have been contacted by groups asking if I have submitted legislation for the upcoming session that addresses school building aid. The answer is "yes." The following legislative requests have been submitted: LSR 79.2 (This bill requires a minimum of \$50,000,000 per fiscal year to be transferred to the school building aid fund, in addition to any debt service payments, for school building aid grants); LSR 281.0 (This bill encourages school districts to provide the department of education with long range capital improvement program reports); and LSR 419.1 (This bill revises the timelines and procedure for the department of education to review and approve applications for school building aid grants). After January 4, LSR's will be given House and Senate bill numbers.

I have often spoken regarding the need to upgrade New Hampshire's school building aid program. The above legislative service requests will better support districts and the department to plan, prioritize and project new anticipated capital construction and renovation expenditures relative to the state building aid program. For fiscal years 2024 and 2025, the department received 17 school district building aid applications for new construction, estimated at \$564,347,145. Of this amount, the state's share is estimated at \$227,717,420. This sum far exceeds state annual appropriations for new, K-12 facility construction and renovations. In the past, the state has appropriated \$50M for each year of the biennium; however, 50% of the annual appropriation is used to pay down the state's obligation or debt for past project grants. After paying down annual debt, the appropriation leaves \$25M for new construction. For the upcoming biennium, FY24 and FY25, the state board of education has approved 3 of the 17 requested projects. Requests are approved in descending rank order. The three awarded

projects include a new elementary school in Rochester at an estimated cost of \$20,170,800 (60% of project total), a consolidated addition in Colebrook to house high school students due to the closure of Colebrook Academy at an estimated cost of \$9,864,748 (60% of project total, and additions and renovations to multiple elementary schools in Monadnock School District at an estimated cost of \$19,385,850 (55% of project cost). The fourth unfunded project is in Concord for a new elementary school that is estimated at \$70,497,371 (40% of project total).

Aside from normal custodial and maintenance upkeep, school buildings eventually need renovations or replacement for various reasons. The current state level of annual funding and support is

simply not adequate. The LSR's submitted by me will increase the state biennium appropriation by \$50M, beyond the state's obligated debt payments. Each year as we move forward, the debt is reduced, and by 2040, the debt resulting from over spending in prior years, will be erased.

The other building related LSR's are related to better developing a statewide awareness of needed school related capital construction projects by developing a working 10 year capital improvement plan. The third LSR is aimed at revising the entire school building application process including: timelines, standards associated with the funding program and the application approval process.

As in the previous year, the education committee has received more than 100 new legislative requests. It will be another very long and busy legislative session.

Respectfully Submitted,  
Rep Rick Ladd  
Chair, House Education (FY24 and FY25)

## Northern Grafton County Republican Committee Monthly Meeting

The Northern Grafton County Republican Committee (NGCRC) announces that Mr. Elliott Gault, Executive Director, NH GOP, will be the featured speaker at the January Monthly meeting. His topic of discussion will be "The history of the New Hampshire Republican Party and It's Future Goals".

All registered Republicans and undeclared conservative voters are welcomed to attend the meeting which will take


place on Tuesday, January 10, 2023.

The evening will start with a social hour at 6:00 pm with a NGCRC Business Meeting to follow at 6:30 pm, then the featured presentation by Mr. Gault.

The meeting will be held at the Littleton Senior Center, 77 Riverglen Lane, Littleton, NH 03561 (off Cottage Street); Riverglen Lane is located between The Freehouse Taproom and Crossfit shop.

Volume 14 Number January 10, 2023

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**NOTICE TO THE RESIDENTS OF THE TOWN OF BENTON**

The School Board and the Town of Benton will hold their Annual Budget Hearings on Monday, January 23, 2023 at the Benton Town Hall starting at 6:00 p.m.

**NOTICE PIERMONT SCHOOL DISTRICT**

**The Annual Election of Officers will be held at the Piermont Village School on Tuesday, March 14, 2023 From 10:00 AM – 7:00 PM**

*The following officers will be voted upon:*

- Moderator for a term of one year
- School District Clerk for a term of one year
- Treasurer for a term of one year
- 1 School Board Member for a three-year term ending in 2026

**Candidates for the above may file at the Piermont Village School From 8:30 AM – 3:00 PM January 25, 2023 – February 3, 2023**

**NOTICE HAVERHILL COOPERATIVE SCHOOL DISTRICT**

The Annual Election of Officers will be held at the James R. Morrill building North Haverhill, NH March 14, 2023 8:00 AM – 6:00 PM

*The following officers will be voted upon:*

- Moderator for a term of one year
- 2 School Board Members for a three-year term ending in 2026
- 1 School Board Member for balance of term ending in 2024

**Candidates for the above may file at the SAU #23 Office James R. Morrill Municipal Building, North Haverhill, NH 8:00 AM – 3:00 PM January 25, 2023 – February 3, 2023**



# Scholarship Available For Summer Camp Fun!

Grafton County Conservation District (GCCD) is seeking applicants for the Jim Page Conservation Scholarship. GCCD wishes to foster learning in the area of conservation by awarding two \$350.00 scholarships to deserving students of Grafton County in the area of conservation, towards a 4-H Camp or conservation camp experience. The application is easy to complete – just write a paragraph about why you want to attend

camp! Recipients should be prepared to speak to the Grafton County Conservation District about their camp experience. Contact Pam Gilbert at Grafton County Conservation District, 603 787-6973, for an application and information. Information can also be found on the GCCD website Education tab: [graftonccd.org](http://graftonccd.org). Applications must be received at Grafton County Conservation District by February 15, 2023.

The Jim Page Conser-

vation Scholarship Fund was established by Grafton County Conservation District in honor of Mr. Page's commitment to resource conservation. Jim Page was a life-long resident of Grafton County, and served his country as a geologist for the U.S. Geodetic Survey, and as a staff sergeant during World War II. He returned to Benton in 1950 where he established and managed Page Hill Farms on land settled by his great-grandfather. Jim served his community as Selectman, Moderator and Planning Board member. He was also active in land and forest conservation and was instrumental in developing a comprehensive land use plan for Grafton County through the Grafton County Conservation District. Jim was a District Supervisor for 20 years. Grafton County Conservation District accepts donations to the Jim Page Conservation Scholarship Fund solely for the purpose of distributing conservation scholarships.

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# Talent or T and A?

by Maggie Anderson

Yesterday I read the story of an award winning singer who told a reporter how difficult it was to do a totally nude photo shoot for the cover of her newest album.

She said she was petrified. But she did it anyway. And then spent the rest of the interview explaining all the reasons why she decided to disrobe in front of scores of people for no other reason than to give her new album cover some pizzazz.

My first thought was, isn't your music enough? Isn't it good enough any longer? What recording company would cough up the cash for some hack who won't sell enough albums to cover their production costs?

My second thought was, has she never heard the phrase, fat chance?

When did the women in America stop wanting to be seen as adults with fully functioning brains, instead of a collection of body parts? It's astonishing to women my age who put up with so much malarkey it seemed endless just to be taken seriously as people, actual adults with something to contribute, and opinions that mattered.

I was married at 17. I knew what I was embarking on, knew life was not always fair and would not always color inside the lines. Life with 6 brothers taught me I would not be seen as competent in every instance, or anywhere near equal to any man in a debate.

If I suffered what I considered an injustice or was treated as a second class citizen in the workplace I did not hesitate to address those issues immediately. I did not wait 50 years and then begin to whine and open up about the injustice, or the fact I had been treated unfairly half a century before. Give me a break.

And yet that is exactly what two of Hollywood's darlings are doing now. The two stars, the age I was when I married, are suing for half a billion dollars - each - to make up for the way they were treated on the movie set back then, tricked into doing a nude scene for one of the biggest box office hits of the time.

Are they kidding? We have not heard a peep out of them about this in half a century. And while they have gone on to live lives most people in our generation only dreamed of, they have now decided to get in line and demand some reparations of their own.

And just in passing, where were the loving parents of the poor darlings while they were so mercilessly being exploited?

I worked in a machine shop full of men for a time. They hired a new Quality Control guy. On day one, when I took a component part in for his inspection he called me Hon.

I did not wait half a century to address the issue, I told him not to do it again. I explained every employee in the shop had a name, and made it quite clear mine was not Hon.

## HAVERHILL CANDIDATES' PLATFORMS

**Thursday, February 2**

**6:00 - 8:00 PM**

Clifford Memorial Building  
South Court St., Woodsville

This session is for all registered candidates and allows undecided candidates to make a decision.

*Deadline to register is February 3*

**Saturday,**

**March 4**

**Time to be determined**

Clifford Memorial Building  
South Court St., Woodsville  
*Session to be broken into various positions if necessary*

### ALSO AVAILABLE ON ZOOM & FACEBOOK

These Platforms are being held to allow all Candidates for Haverhill Town Offices a chance to answer questions from voters about current issues, future plans or whatever issues may concern them.

Write in candidates can still run for office.

Positions to be voted on during balloting on Tuesday, March 14, 2023 include:

2 Selectboard Seats (3 year term)

Currently held by: Fred Garafalo & Steve Robbins

Cemetery Commissioner (3 year term) Currently held by Robert Rutherford

Trustee of Trust Funds (3 year term) Currently held by Marie Bigelow

2 School Board Seats (Three Year Term)

Currently held by Donald LoCascio & Robert St. Pierre

School Board Seat (One Year Term) Currently held by Aaron Palm

School Moderator (1 year term) Currently held by Gary Hebert

This Platform is Sponsored by Trendy Times as a Public Service.

For more information contact Gary @ 747-2887 or email [Gary@TrendyTimes.com](mailto:Gary@TrendyTimes.com)

Thanks to the Haverhill Town Administration Staff for Assistance with Zoom presentation.

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# Calendar of Events

EVENTS FROM LOCAL NON-PROFITS, SCHOOLS AND TOWNS. *PRESENTED FREE BY TRENDY TIMES.*

**TUESDAY, JANUARY 10**  
 NORTHERN GRAFTON COUNTY  
 REPUBLICAN COMMITTEE MEETING  
 6:00 PM See Article on Page 4  
 Littleton Senior Center, 77 Riverglen Lane

**WEDNESDAY, JANUARY 11**  
 ROSS-WOOD POST #20 AMERICAN LEGION  
 MONTHLY MEETING -  
 6:00 PM  
 4 Ammonoosuc Street, Woodsville

**SUNDAY, JANUARY 15**  
 BENEFIT TEXAS HOLD 'EM POKER  
 10:00 AM-7:00 PM Cash 1:00 PM Tournament  
 Moose Lodge 1779, St. Johnsbury

**TUESDAY, JANUARY 17**  
 HAVERHILL SELECT BOARD MEETING  
 6:00 PM  
 Clifford Memorial Building, Woodsville

**THURSDAY, JANUARY 19**  
 DAVID GOVATSKI GOES BIRDY  
 6:00 - 7:00 PM See Article on Page 1  
 Zoom presentation

MOUNTAIN VOICES LECTURE SERIES  
 7:00 PM See Article on Page 12  
 via Zoom,

**MONDAY, JANUARY 23**  
 BENTON TOWN AND SCHOOL BUDGET  
 HEARING  
 6:00 PM See Ad on Page 4  
 Benton Town Hall

**THURSDAY, FEBRUARY 2**  
 HAVERHILL CANDIDATES' PLATFORM  
 6:00 pm See Ad on Page 5  
 Clifford Building, Woodsville

**SUNDAY, FEBRUARY 5**  
 ACOUSTIC MUSIC JAM  
 12:00 - 3:00 PM  
 Clifford Memorial Building, Woodsville

**SUNDAY, FEBRUARY 5**  
 ACOUSTIC MUSIC JAM  
 12:00 - 3:00 PM  
 Clifford Memorial Building, Woodsville

**MONDAY, FEBRUARY 6**  
 HAVERHILL SCHOOL BUDGET HEARING  
 6 :00 PM See Ad on Page 6  
 Haverhill Cooperative Middle School

**TUESDAY, FEBRUARY 7**  
 WARREN SCHOOL & TOWN  
 BUDGET HEARINGS  
 6 :00 PM See Ad on Page 6  
 Warren Village School

**MONDAY, FEBRUARY 13**  
 HAVERHILL TOWN BUDGET HEARING  
 6 :00 PM  
 Clifford Memorial Building, Woodsville

BATH SCHOOL BUDGET HEARING  
 6:00 PM See Ad on Page 6  
 Bath Village School

**TUESDAY, FEBRUARY 14**  
 PIERMONT SCHOOL BUDGET HEARING  
 7 :00 PM See Ad on Page 6  
 Piermont Village School

**EVERY THURSDAY**  
 WORKING ON WELLNESS  
 6:00 PM  
 Monroe Public Library

**EVERY FRIDAY**  
 SHARE THE HARVEST TABLE  
 NOON - 7:00 PM  
 Baldwin Memorial Library, Wells River.

**EVERY SUNDAY**  
 BETHANY CHURCH WORSHIP SERVICES  
 9:00 AM "the church set apart on the hill"  
 Mt. Moosilauke Highway, Pike, NH  
 Phone: jo anne at 603-787-6658

**WEEKLY EVENTS AT  
 CLIFFORD MEMORIAL BUILDING**  
 South Court Street, Woodsville  
 ANTIQUE STROLLERS WALKING PROGRAM  
 Monday – Friday from 11:00-12:00  
 PICKLEBALL  
 Tuesday & Thursday evenings at 6:00 PM  
 Saturday mornings at 9:00-10:30 AM  
 LINE DANCING every Wednesday evening  
 6:00 - 7:00 PM

Not all Times are Trendy, but there will always be Trendy Times

January 10, 2023

Volume 14 Number

## PUBLIC NOTICE SAU #23 SCHOOL DISTRICT'S BUDGET HEARING SCHEDULE FOR 2023

| School District           | Date              | Time    | Place*                              |
|---------------------------|-------------------|---------|-------------------------------------|
| Bath                      | February 13, 2023 | 6:00 PM | Bath Village School                 |
| Benton<br>(School & Town) | January 23, 2023  | 6:00 PM | Benton Town Hall                    |
| Haverhill<br>Cooperative  | February 6, 2023  | 6:00 PM | Haverhill Cooperative Middle School |
| Piermont                  | February 14, 2023 | 7:00 PM | Piermont Village School             |
| Warren<br>(School & Town) | February 7, 2023  | 6:00 PM | Warren Village School               |

\*Please check the SAU #23 website calendar for any possible changes ([www.sau23.org](http://www.sau23.org))

## NOTICE BATH SCHOOL DISTRICT

The Annual School District Meeting and Election of Officers will be held in the Bath Village School Cafeteria at 7:00 PM, Thursday, March 16, 2023  
 Polls will open at 6:00 PM

The following officers will be voted upon:  
 • Moderator for a term of one year  
 • School District Clerk for a term of one year  
 • 1 School Board Member for a three-year term ending in 2026

Candidates for the above may file at the Bath Village School  
 From 8:30 AM – 2:30 PM  
 January 25, 2023 – February 3, 2023

## TUNE IN FRIDAY MORNINGS for



## WEATHER

SHORTLY AFTER 7:30 AM

A Conversation with the Meteorologist!

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## NOTICE

### WARREN SCHOOL DISTRICT

The Annual Election of Officers and Annual School District Meeting will be held at the Warren Town Hall on Tuesday, March 14, 2023  
 From 9:00 AM – 7:00 PM

The following officers will be voted upon:  
 • Moderator for a term of one year  
 • Treasurer for a term of one year  
 • School District Clerk for a term of one year  
 • 1 School Board Member for a three-year term ending in 2026

Candidates for the above may file at the Warren Village School  
 From 9:00 AM – 3:00 PM  
 January 25, 2023 – February 3, 2023



# 18 River Restoration Projects Completed in 2022 by Connecticut River Conservancy

Greenfield, MA — As we begin the New Year and reflect on last year's accomplishments, we are happy to share that Connecticut River Conservancy (CRC) completed over 18 river restoration projects throughout 4 states of the Connecticut River Watershed (NH, VT, MA, & CT) in 2022. From dam removals to tree planting we take a holistic approach to implementing initiatives that prioritize protecting clean water, restoring natural river flow, and improving wildlife habitat. Through CRC's dedication to social impact, these initiatives further benefit local economies by purchasing from local plant nurseries and employing construction crews, seasonal planting teams, engineering and design firms, and others who help these projects to life.

"Restoration efforts for the Connecticut River and its tributaries are incredibly important for maintaining clean water and healthy habitat," said Ron Rhodes, Interim Executive Director at CRC. "These projects create a long-lasting impact for both people and wildlife, and are made possible thanks to our donors and the incredible dedication of our team and partnerships throughout the four states of the Connecticut River basin. We look forward to continuing to build upon these accomplishments in 2023 and beyond."

The river restoration projects completed by CRC in 2022 are:

- 3 dam removals: Including removing two remnant dams on the mainstem of the Connecticut in Guildhall, VT and Colebrook, NH and one obsolete dam on the Ompompanoosuc River in Post Mills/Thetford, VT.
- 1 floodplain forest project: Using an innovative approach to restore 10 acres of former hayfield to floodplain forest on the Johnson Farm Wildlife Management Area in Canaan, VT.
- 11 tree planting projects: Planting a total of 9,600 trees along rivers in

10 towns including Bath, Colebrook, Lisbon and Lyme, NH; Lyndon, Norwich, Townsend, West Windsor, and Windham, VT; as well as Hartford, CT.

- 3 projects for invasive species removal and prevention: Consisting of dozens of regional events throughout the summer months in Massachusetts and Connecticut.

The removal of the two remnant dams this year have eliminated hazards for boaters and paddlers using the Connecticut River Paddlers Trail or others recreating locally on the river.

Removal of the obsolete mill dam opened 19 miles of river for the first time in 150 years by removing a barrier that prevented fish and other aquatic life to pass freely upstream.

The floodplain forest project restored 10 acres of rare and specialized habitat that helps wildlife and allows floodwaters to slow and spread out naturally during storms. CRC's tree planting projects across 21 acres will improve water quality and wildlife habitat along more than 8,100 feet of stream.

CRC is also partnering with State staff and others across the watershed to tackle aquatic invasive plants. Hydrilla (*Hydrilla verticillata*), considered the most destructive submerged aquatic invasive plant in many southern states, now threatens the ecological and economic viability of the Connecticut River. Hydrilla was first found in the Connecticut River in 2016.

This season, CRC and partners used benthic barrier mats to suppress its growth at a site in Cromwell, CT. Benthic barriers are roughly 10x50ft mats placed on the river bottom in the spring and weighed down with rebar. They can be removed after 4-6 weeks and have been found to be an effective tool for managing the growth of hydrilla at specific sites.

Another aquatic invasive plant found in the watershed is water chestnut (*Trapa natans*). It is fast

growing and quickly reproducing. If left unattended it will easily cover an entire waterbody with its rosettes. Each rosette can produce 15 to 20 seeds, which are viable for up to 12 years. Monitoring water chestnut spread annually is vital. Since 2019, CRC has taken the lead on the removal efforts for water chestnut in Connecticut and Massachusetts. This work couldn't have been possible without 50 participating organizations, businesses, and agencies that collaborated with us. In 2022, the effort brought in 230 hard working volunteers to participate in water chestnut pulls in CT and MA. Together, over 2,110 person hours were contributed to the effort of removing 900,000 rosettes or 97,000 lbs. of water chestnut via hand pulling events led by volunteers, and mechanical removal events led by CRC and U.S. Fish and Wildlife Service.

CRC thanks our many partners Ammonoosuc Conservation Trust, Connecticut Agricultural Experimentation Station, Friends of Whalebone Cove, Intervale Conservation Nursery, Jonah Center for Earth and Art, New England Wetland Plants, Newbury Conservation Commission, Northwoods Stewardship Center, Passumpsic Valley Land Trust, Redstart Forestry, River Park Estates, Friends of the Silvio O. Conte Refuge and Friends of Fannie Stebbins Memorial Refuge, Chicopee 4Rivers, SWCA Environmental Consultants, Appalachian Mountain Club, Friends of Forge Pond, Broad Brook Coalition, Nashawannuck Pond Association, Besek Lake Association, Massachusetts Aubuchon, MA Department of Conservation and Recreation, and private landowners; and funders including our generous CRC donors, City of Middletown, Community Foundation of Middlesex County, Department of Energy and Environmental Protection (CT DEEP), Hartford Foundation for Public Giving's Sestero



Top Photo: Tree Planting, Hartford, CT. Credit CRC  
bottom Photo: Montague Dam Removal, Thetford, VT. Credit CRC



Fund, Holyoke Gas and Electric, National Fish and Wildlife Foundation, New Hampshire Charitable Foundation, One Tree Planted, PUR Project, USDA Natural Resources Conservation Service, US Fish and Wildlife Service, Vermont Agency of Natural Resources, Vermont Fish and Wildlife Department, and Watersheds United Vermont.  
While these projects are examples of what CRC was able to imple-

ment this field season, the organization has many more in planning and design. All of these restoration projects require grant funding and multiple years of planning work to accomplish. If you are interested in exploring projects to enhance our rivers on your land, or supporting our overall work, don't hesitate to reach out to CRC. Email [restoration@ctriver.org](mailto:restoration@ctriver.org).

**PUBLIC NOTICE**  
**Town of Haverhill**  
**Important 2023 Dates**

- Last day for petitioned warrant articles to Town Clerk ---- February 7th @ 5:00pm
- Select Board Budget Workshop at Clifford Building ---- February 7th @ 6:00pm
- Select Board Budget Public Hearing at Clifford Building ---- February 13th @ 6:00pm
- Select Board SB2 Public Hearing at Clifford Building ---- February 14th @ 6:00pm
- Town Election Day at James R. Morrill Building ---- March 14th
- Town Meeting Day @ Haverhill Cooperative Middle School --- March 18th  
*The School District Annual Meeting will occur in the morning and the Town Annual Meeting will occur directly following the School District Annual Meeting, or after lunch, depending upon how long the school district's meeting takes.*



# Littleton Food Co-op Partner of the Month

The Littleton Food Co-op is starting off 2023 Partner of the Month Round-up program with Bethlehem Elementary School's Garden Club initiative. Bethlehem Elementary School (BES) took over Bethlehem's Community Garden in 2019. Due to passion and hard work of Carole Bays, Kristin Bruno and June Carr, the garden has become an integral part of all that they do at BES. Curriculum has been created to integrate the Common Core State Standards into authentic learning opportunities for our students. What started as a small group of student leaders has grown to over fifty students becoming part of our after school program. Older students have had the opportunity to mentor younger students which truly enhances the social emotional learning of all students. Once they have enough money to build



Bethlehem Elementary Students working in the garden (left) and maple sugaring (right)

their greenhouse (they are close thanks to a grant from Acadia National Park), their dream is to extend this passion to their maple sugaring project. Building a sugar shack will offer additional authentic

learning opportunities and also develop their students appreciation of local resources.

We can make dreams like this come true just by rounding up at the register each time you shop at the

Littleton Food Co-op!

Member-owned Littleton Food Co-op serves the community by providing high quality food, offered at a fair price, with outstanding service. Everyone is welcome to shop and anyone is welcome to join. Through our Partner of the Month Program, the co-op sponsors a different local non-profit each month of the year. All of the Partners are locally focused, socially and environmentally responsible,

non-political, and secular. Partners are chosen by our Member/Owners by popular vote. Located at the intersection of Cottage Street and Route 302 (exit 41 off I-93), the Littleton Food Co-op is open daily from 7 am - 8 p.m. For more information or to become a member, please visit [www.littletoncoop.com](http://www.littletoncoop.com), call 603-444-2800 or just stop by!

Volume 14 Number January 10, 2023 Not all Times are Trendy, but there will always be Trendy Times

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# "What's Next? The Weather; Past, Present, and Future,"

LISBON – Fairbanks Museum Senior Meteorologist and Planetarium Director, Mark Breen, will be the guest speaker at the Lisbon Area Historical Society Annual Meeting on Wednesday, January 18, 2023, at 7pm at The Lisbon-Landaff Shared Ministry Church at 49 South Main Street, Lisbon, N.H. The program is free, and everyone is welcome. The business meeting and election of officers by the membership will precede the public program at 6pm.

Breen's presentation will focus on our fascinating history of weather events, locally and regionally. "What does this tell us about the weather today? What can we expect in the future? I guess about the only guarantee is that there will be more weather," says Breen.

As the morning voice of weather on Vermont Public's an "Eye on the Sky", as well as several local radio stations for over 40 years, Breen has a loyal following and is a popular speaker. He is also the author of the award-winning children's book, *The Kids' Book of Weather Forecasting*. Along with weather forecasting for radio and newspapers, his work at the Museum involves teaching weather and science, as well as serving as the Planetarium Director for the Lyman Spitzer, Jr. Planetarium, Vermont's only public planetarium. Mark lives in St. Johnsbury with his wife Sandi. They enjoy golfing, gardening, working on their house, as well as performing with their singing quartet, Wind-Rose.

The Lisbon Area Historical Society (LAHS) serves Lisbon, Lyman, and Landaff, New Hamp-



#1 Fairbanks Museum Senior Meteorologist and Planetarium Director, Mark Breen, will be the guest speaker at the Lisbon Area Historical Society Annual Meeting on Wednesday, January 18, 2023, at 7pm at The Lisbon-Landaff Shared Ministry Church at 49 South Main Street, Lisbon, N.H. The program is free, and everyone is welcome. Courtesy photo

shire with a mission to preserve and promote local history. "We work hard to fulfill our mission, and a large part of that is engaging the public. We have a great following for our public programs, and we expect a good crowd for Mark Breen's presentation at our annual meeting," says LAHS President and Archivist Dorothy Wiggins. "We also want to share that we are looking forward to a very exciting year."

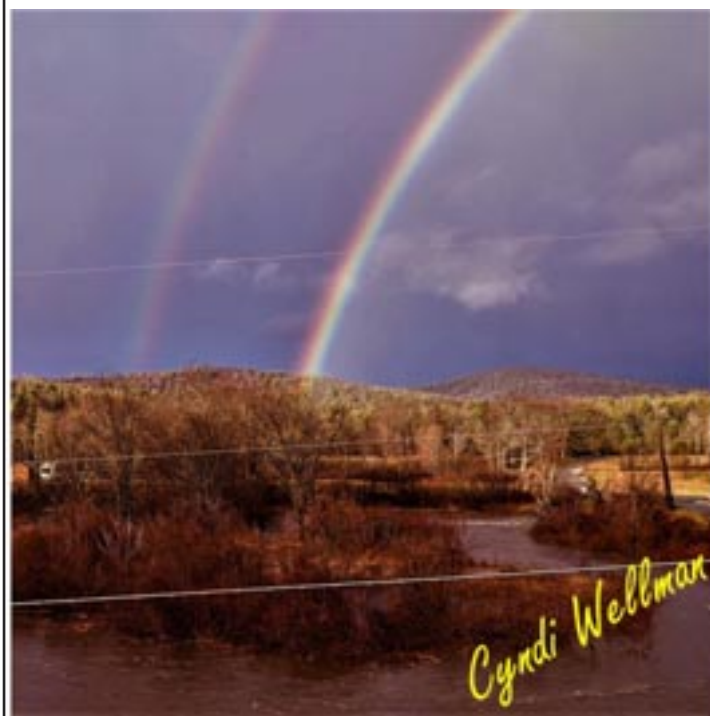
The Society will this year open its new museum in the historic former Lisbon Congregational Church Parish House at 9 Depot Street in Lisbon, which it purchased in 2021 and successfully applied to have added to the New Hampshire State Register of Historic Places. With a capital campaign that has to date raised over \$253,000 in private donations, LAHS has been busy preparing the historic building for its museum collection, research library, and venue for its

public programs and events. One of the recent accomplishments of LAHS was having three c.1930s historic painted stage curtains owned by the Town of Lyman, professionally conserved by Curtains Without Borders of Burlington, Vermont with funding through a NH Moose Plate Grant awarded to LAHS in the amount of \$14,867. The curtains will be displayed in the new museum, and the first public program planned for the new museum will be about the historic curtains.

For more information on the January 18 program call 603-838-2003. To learn more about LAHS go to [www.lisbonareahistory.org](http://www.lisbonareahistory.org) or follow us on Facebook.

Pike NH - Double rainbow on Dec. 23, 2022. It was 44 out.

For copies contact Cyndi: [cnb.pics07@gmail.com](mailto:cnb.pics07@gmail.com)



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## RIVER BEND EXPO



### Is Set To Return

Friday, March 31 - 3 pm-8 pm

*Followed by fireworks*

Saturday, April 1 - 9 am-3 pm

The Expo is sponsored by: River Bend Career & Technical Center and the Cohase Regional Chamber of Commerce

**Indoor & Outdoor exhibits will include**

**Sugar House, Portable Sawmill, Excavator Skill Contest, Showcasing all River Bend Programs, with exhibits and demonstrations, Bouncy House, Local Food Trucks**



**Scheduled performances:**

**School music groups, Rock band, Drama performances**

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- **Opportunities to support River Bend Scholarships**
- **Chances for additional vendors to take advantage of our advertising efforts**

*The following businesses have already signed up to participate.*

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|-----------------------------------|---------------------------|-----------------------|
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| Woodsville Guarantee Savings Bank | Jen Waters                | Jonah Richard         |
| Bradford Conservation Commission  | Cottage Hospital          | Clara Martin          |
| Wells River Savings Bank          | Margaret Pratt Community  | Clarisse Usborne Book |
| Vermont National Guard            | St J Corrections          | Dartmouth College     |
|                                   | Housewright Construction  | NEK Photography       |
|                                   |                           | Space on Main         |
|                                   |                           | Bryan Miller          |

For more information, contact Bob Jones at [Robert.jones@oesu.org](mailto:Robert.jones@oesu.org)

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Business: Help Wanted, For Rent, etc. \$10/2 issues, \$20/5 issues, \$50/15 issues. Limit of 30 words.  
Classifieds that exceed word count may be subject to an additional charge.

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## TRENDY TIMES



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### Letter to the Editor

To the Editor,

For hundreds of years, people in America dug gold out of the mountains and had the government press it into a coin to be used as currency.

In 1913, our government entered into an impossible contract, a fraud, called the Federal Reserve Bank.

The bank issued money and required that money to be returned and interest for using that money was to be paid in gold.

The people were the financiers of the government and were considered to be the lawful owners of the government. We were the sovereigns.

By 1933, the government couldn't raise enough gold to pay the interest on the federal reserve notes so the government reneged on

the obligation they agreed to. At the time we were operating under common law and under that law, if you didn't live up to your obligation as a debtor your creditor took control of you until you fulfilled your promise to pay.

The Congress passed HJR192 in 1933 stating no more payments would be made in gold and gold was called in not to be used as money from then on.

When the gold was called in our status as sovereigns was removed and we became corporations in a court of law.

The gold was shipped to Europe. An all debt money system was set up using us and our earnings as collateral.

The international bankers had "our government" use our birth certificates as a debt bond.

Under law there is a

maxim, if you use someone else's property in a transaction then whoever owns that property has a third party claim against whatever was obtained with the third party's property. Under law the term is hypothecation. It is a hidden lien.

By using the banks all debt money, the banks have a claim against everything we think we own, including ourselves, property and children.

The Bank Note Companies that print the birth certificate bond are a division of the office of management and budget of the Commerce Department.

The Constitution for the United States no longer applied to us because our lawful status had changed from sovereign to corporation.

William Flick,  
Barnet, VT

William,

Your history lesson, or monetary lesson, is quite interesting. I am afraid that I am not at all knowledgeable about this aspect of our country's history.

At the same time I do know that the United States is still one of the best coun-

tries in the world and I am proud to call myself an American. As a country we certainly have our flaws. As voters we sometimes make bad choices about those who govern us. But in the end we are united and ready to move forward as a country.

Gary Scruton, Editor

# LETTERS

(and even some real words)

## From The Editor

This edition of Trendy Times is the first of the brand new year of 2023. This year is bound to offer many changes in the lives of every one of us. Some changes will be large and some small. Some are within our own control and some are not. My wish is that those changes that you have some control of, that you do just that - take control.

One of the first such instances in almost every town in our area will be the election of Selectboard and Schoolboard members as well as a number of other town officials. Annual town and school meetings also allow us all to help determine the budget that our towns and schools will function under during this year. Again, we all have the chance to affect those decisions by going to the polls during balloting and/or going to town and school meetings to vote in person and to voice our opinion.

Needless to say we will not all get our way. Majority still rules when it comes to these meetings. Close votes, whether they be positive or negative, do make a difference and can help sway the people in charge to think a little bit harder about the proposals they have offered.

Another way to make your voice heard is to take the ultimate step of putting your own name out there as one of those leaders. This can be a monumental decision for some people. Taking on the responsibility of being an elected leader in your community is more than just a popularity contest. It is a chance to lead and to make life better for your community.

So please take the time and make the effort to be involved with these upcoming opportunities. After all if you don't participate, you can't complain.

Gary Scruton,  
Editor

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January 10, 2023 Volume 14 Number

Not all Times are Trendy, but there will always be Trendy Times

## Worried About Inflation? Consider These Moves

As you know, inflation was big news throughout 2022. But will it continue in 2023? And looking even further ahead, how should you account for inflation in your long-term plans?

In regard to the first question, many experts predict that inflation will cool off this year, though there are no guarantees. The high inflation of last year is thought to have been caused by some unusual factors, such as a spike in the demand for consumer goods as the world came out of the COVID-19 pandemic, which led to supply chain issues. Also, the war in Ukraine drove up oil prices, increasing the cost of manufacturing and shipping and driving up the price of wheat and other commodities.

In any case, last year reminded us that inflation needs to be reckoned with as you work toward your financial goals. But how you respond to inflation will depend somewhat on your stage of life. So, here are some suggestions to consider:

If you're still working ...

Contribute more to your retirement plans. If you can afford to put more money away in your IRA and 401(k), you may

want to do so. The more resources you'll eventually have available in retirement, the better protected you are against the rising cost of living.

Adjust your portfolio objectives with your financial professional. Using tools such as "hypothetical" illustrations, a financial professional can show you some different paths you might take with your investments, given different rates of inflation. So, for example, if you feel that inflation may be higher for a longer period than you once thought, you could request a hypothetical showing how you might need to adjust your investment mix to achieve your long-term goals, given your risk tolerance and time horizon.

If you're already retired ...

Consider part-time work or consulting. Once you retire from your career, it doesn't mean you can never do any paid work again. If you've accumulated years of experience and expertise, you could use your skills as a consultant. Also, many part-time jobs are available for retirees. With the added income from employment, you may be able to delay taking withdrawals from your retirement accounts and other

investments, possibly extending their longevity. (Once you turn 72, though, you will need to begin taking money from your 401(k) and traditional IRA.)

Delay taking Social Security. You can begin taking Social Security when you're 62, but your monthly checks will be substantially bigger if you wait until your full retirement age, which will likely be between 66 and 67. (You could even wait until 70, at which point your monthly benefits will max out.) Of course, the ability to delay taking Social Security depends on whether you can afford it, but it may be possible if you work longer than you once planned or if you work part time in retirement. But even if you do need to take Social Security before your full retirement age, your payments will be adjusted annually for inflation — in fact, for 2023, benefit checks will rise 8.7% over 2022.

We'll always have to deal with some level of inflation — so it's a good idea to be prepared.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC*

## Museum of the White Mountains at Plymouth State University to Host Lecture on the NH Forest Where Researchers First Discovered Acid Rain

Second Lecture of the Mountain Voices Lecture Series will explore the effects that nature and humans are having on northern forest ecosystems

Plymouth, N.H. - The Museum of the White Mountains at Plymouth State University (PSU) will host the second lecture in its Mountain Voices Lecture Series on Thursday, January 19, 2023 at 7 p.m., via Zoom, with Cary Institute of Ecosystem Studies Senior Research Fellow Peter Groffman, Ph.D.. Groffman will present, "Hubbard Brook: Big Insights from a Small Place," an overview of the Hubbard Brook Experimental Forest, located in the southwestern part of the White Mountain National Forest in New Hampshire, and the research that has been conducted there, with a focus on why the site is well known and how the watershed approach has been fundamental in environmental science.

Groffman will also discuss the impacts of climate change on the forest, major past discoveries made at the site, such as acid rain, an emerging un-

derstanding of forest resiliency and how once-pressing environmental concerns shift when new environmental policies succeed. Groffman's decades of research focuses on climate effects on ecosystem biogeochemical processes related to carbon and nitrogen cycles.

Groffman is a professor at the City University of New York Advanced Science Research Center and the Earth and Environmental Sciences Program at the Graduate Center, and Brooklyn College Department of Earth and Environmental Sciences. He is also a Senior Research Fellow at the Cary Institute of Ecosystem Studies. Much of his research is based at the Hubbard Brook Long Term Ecological Research site, where he has worked since 1992.

The experimental forest occupies a roughly 7,800-acre bowl-shaped valley that is oriented east-west, with a series of small watersheds occupying the valley's north- and south-facing slopes. Established in 1963, the Hubbard Brook Ecosystem Study (HBES) is a long-term collaborative research study

that continues to analyze the composition, productivity, biochemistry and food webs of forest and stream ecosystems. Scientists undertake diverse research projects seeking to answer specific questions under the auspices of this larger mission. The results of this research are used to test and revise models of functioning ecosystems in order to inform policy and management decisions, and to bring ecological knowledge to people of all ages and skill levels. The collaborative study has many partnerships, including the USDA Forest Service, the National Science Foundation's Long Term Ecological Research (LTER) and Long-Term Research in Environmental Biology (LTREB) programs along with scientists from research institutions throughout the world.

The current Museum of White Mountains exhibition, "Field Station: Art-Science in the White Mountains," is displaying artwork made in collaboration with scientists from the Hubbard Brook Experimental Forest. Each of the artists included in the gallery spent significant time



*The Museum of the White Mountains at Plymouth State University Mountain Voices Lecture Series continues Thursday, January 19, at 7 p.m., when Cary Institute of Ecosystem Studies Senior Research Fellow Peter Groffman, Ph. D., will present, "Hubbard Brook: Big Insights from a Small Place," an overview of the research conducted at the Hubbard Brook Experimental Forest.*

in the forest and with scientists, in order to become familiarized with what they were seeing and experiencing. With this knowledge, they were able to create visual and audio works that explore the diversity of the landscape and the dynamic ecosystems found within the forest.

The current Mountain

Voices lecture series runs through the spring semester. They are held on the third Thursday of each month at 7 p.m., via Zoom. The lectures are free and open to the public but pre-registration is required. For information about the museum, current exhibits, and to register for the current lecture, visit [www.plymouth.edu/mwm](http://www.plymouth.edu/mwm).



## Kenneth Alfred Elliott: OBITUARY

Kenneth Alfred Elliott (December 19, 1933 - January 2, 2023) died peacefully in his sleep surrounded by family and close friends.

Ken was predeceased by many loving family members: parents Clyde and Blandina aka Blanche (Joyal) Elliott, brother Richard Elliott of Seattle, WA, sisters Jean Elliott Hodgdon of Franklin, NH and Linda Elliott Delaney of Lebanon, NH, sister-in-law, Norma Elliott of Keene, NH, grandson John Elliott of Norwood, MA, nieces Gail Hodgdon of Franklin, NH, Kimberly Truchon of Hampton NH, and Irene Aubut-Morrisette of Tilton, NH as well as nephews David Elliott, Jr. of Zellwood, FL, and Stephen Truchon of Amherst NH

Kenneth grew up in Franklin, NH and graduated from Franklin High School with the Class of 1951. He entered the United States Air Force, where he served from 1951 through 1955, rising in rank to Sargent by the end of the Korean conflict. Shortly after his honorable discharge from military service, Ken met and married Dorothy Pauline Corey, from the Boston area, on January 22, 1955. After living in Dover, NH and Roslindale, MA, Ken and Dot bought their first home in 1962 in East Walpole, MA and resided there until 1986, when they moved to their current home in North Haverhill, NH.

Ken received his BA degree from Bentley College and worked predominantly as an accountant until age 55, then followed his long-time dream of becoming a barber, running Ken's Barber Shop for over 30 years!

Though Ken was always a hard and dedicated worker, his greatest love and joy was his family. He is survived by his loving wife Dorothy of almost 68 years. Ken and Dot raised

one son and three daughters: Steven John Elliott and wife Margaret Lea of Katy, TX; Doreen Marie Elliott Riley and late husband Thomas G. Riley of Walpole, MA; Lori Ann Elliott and partner Fred Schulz of Bath, NH; Sheryl Rose Elliott Glynn and husband Kevin Glynn of Walpole, MA.

Ken is also survived by sister Lorraine Elliott Truchon and brother-in-law Richard Truchon of Hampton, NH; brother David Elliott of Zellwood, FL, brother Robert Elliott of Keene, NH, brother-in-law Clifton (Kip) Delaney, of Bradenton, FL, as well as many generations of in-laws, cousins and close friends.

He was the proud Papa of his grandchildren: Ellen Elliott Mahoney, Caitlin Elliott, Jillian Elliott, Kristen Lea, Thomas Riley, Kenneth Riley, Ashlie Emery Ladeau, James Emery, Allyssa Emery, Matthew Glynn, Joseph Glynn as well as nine great grandchildren.

Kenneth loved fiercely and was courageous and stoic until the very end. Though quiet and reserved, he also had a quick wit and dry sense of humor. He was an avid organic gardener, a voracious reader, loved animals and nature, and could make a mouth-watering



meal out of anything in your refrigerator and pantry! He found amazing bargains at flea markets and yard sales and loved playing cribbage, pool and bowling- even making it onto a local Boston TV show, Candlepins for Cash, where he rolled 3 strikes in a row to win the jackpot!!!

A Mass of Christian Burial will be celebrated at St. Joseph Catholic Church, Pine St. Woodsville, NH on Saturday, January 14 at 11 am followed by a luncheon and Celebration of Ken's Life in the Church Hall.

In lieu of flowers, donations can be made in Ken's memory to the Military Support Group, The Stano Foundation at [www.stano.org](http://www.stano.org) or by mail to PO Box 7811, Wesley Chapel, FL 33545

For more information, or to offer an online condolence, please visit [www.rickerfh.com](http://www.rickerfh.com)

Ricker Funeral Home & Cremation Care of Woodsville is assisting the family with arrangements.

## Karen L. Barnes Handler: OBITUARY

Karen L. Barnes Handler passed away peacefully on December 27, 2022 at the age of 82. She is survived by a daughter, Darby Pollanskey of Ceventry, VT, five grandchildren and five great grandchildren, all from Connecticut, and a son, Lance Barnes from Haverhill, NH.



She volunteered a lot of her time at the Horse Meadow Senior Center.

There will be no servic-

es. She will be missed by all that knew her. Until we meet again, be at peace.

Not all Times are Trendy, but there will always be Trendy Times

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January 10, 2023 Volume 14 Number 7





# What About Ma?

by Kellie Quackenbush

## All About The Power Outage

The last two weeks of December, 2022 will be remembered for the bad weather and the power outages. Buffalo, New York had a blizzard that kept people home for over a week. The bad weather was found in all parts of the United States. "From the Plains and the Midwest to the Northeast and Mid-Atlantic and even in parts of the Southeast, wind chills after the sun rose Saturday morning were below zero, according to the National Weather Service." per CNN.Com, "That included:

- Atlanta: 9 degrees; with minus 8 wind chill
- Memphis: 10 degrees; with minus 4 wind chill
- New York City: 8 degrees; with minus 8 wind chill
- St. Louis: 9 degrees; with minus 12 wind chill
- Washington, DC: 12 degrees; with minus 3 wind chills

• Colorado: Police in Colorado Springs, Colorado, reported two deaths related to the cold since Thursday, with one man found near a power transformer of a building possibly looking for warmth, and another in a transient camp in an alleyway.

• Kansas: Three people have died in weather-related traffic accidents, the Kansas Highway Patrol said Friday.

• Kentucky: Three people have died in the state, officials have said, including one involving a vehicle accident in Montgomery County.

• Missouri: One person died after a caravan slid off an icy road and into a frozen creek, Kansas City police said.

• New York: Erie County has had three storm-related deaths, county officials said Saturday. Two died in separate incidents Friday night when emergency medical personnel could not get to their homes in time for medical emergencies, Poloncarz said Saturday morning.

• Ohio: Eight people have died as a result of weather-related auto accidents, including four in a Saturday morning crash on Interstate 75, when a semi tractor-trailer crossed

the median and collided with an SUV and a pickup, authorities said.

• Tennessee: The Tennessee Department of Health on Friday confirmed one storm-related fatality.

• Wisconsin: Wisconsin State Patrol on Thursday reported one fatal crash due to winter weather."

Here, in our area, microbursts snapped poles and electric lines were down on the roads. Trees broke and property damage was high. Power outages in Lebanon, Plymouth, Warren, Orford, Haverhill and Bath, and other towns in New Hampshire and Vermont left people without lights or heat for several hours to many days. Some people in this region have generators but for those who did not--they were in the dark without water or heat.

As winter is far from over and another power outage is likely, let us think about what we need for safety. Keeping a case of water on hand is good in a power outage. If you are hearing about extreme weather on the news, fill up some five gallon buckets of water to keep in the bathroom. Make sure all of your flashlights have fresh batteries and have extra on hand in case the storm is extended. Have a heat source that is safe for indoors and is not dependent on electricity. Stock up on canned fruits, veggies and meat. Canned soup is an easy meal if you can use your gas cook top or go outside and use your grill.

"If you have one, cook on your wood-stove. Heat canned soup and boil water for tea and instant coffee.

Have potluck dinners with your neighbors and take turns hosting. You'll be eating better and getting to know your neighbors at the same time.

If the weather allows, cook on your outdoor grill—but only outdoors. Due to the possibility of fumes and fire, never use an outdoor grill indoors.

If it's cold enough outside, fill clean plastic milk jugs with water and put them outside to freeze solid. Put these jugs into coolers, which can serve

as temporary refrigerators for food supplies.

It's best to use flashlights or battery-powered (LED) lanterns to use in case of a power outage rather than candles to prevent accidental fires. Attach a strip of glow-in-the-dark tape to your flashlights to make them easy to find.

Headlamps are very helpful for every family member. These enable you to have both hands free to do tasks, and family members can be more independent. You can even read a book in bed while wearing one. Stock up on straps, too, to strap the headlamp to a gallon of water. By strapping the headlamp onto the jug with the lamp's front facing the inside, the light reflects off of the water and can illuminate more of the room.

Avoid using candles or an open flame as a light source, as it could be a fire hazard, particularly if there are children or pets in the home. While romantic, they can tip over too easily in an emergency situation." per www.almanac.com, by The Editors on December 19, 2022.

Like the emergency basket that you carry in your car each winter, in your home you need to make an emergency kit for power outages and any other situation that may keep you stranded at home for more than a few days. Have a battery operated radio, plenty of food and water, a heat source with enough fuel to last a few days and battery operated lanterns and flashlights. If you do not have a land-line telephone, keep a charging source for your cell phone.

Be safe and happy 2023.

## Happy New Year, Everyone! From the Fairlee Public Library

As I write this I am looking out the window to see the snow falling gently down. I wasn't expecting to see it today, as I thought the temperatures would bring us more rain, so it's a welcome sight. There's something about the snow covering everything that gives one a sense of a clean fresh start. I love the way it can simultaneously sparkle and heighten the sense of coziness.

Who doesn't love an old fashioned snow day?

There's a fresh start effect that happens in January; a reset as we turn the page on a brand new calendar. I've been journaling along with a set of prompts designed to help you transition into the new year. I like sitting with someone's words and seeing what ideas stir in my own head. So far I've done some writing based off of a poem, a song, an artist's work and found objects. For me it's about giving myself space to examine what's been given and then put all my thoughts down onto the page. It might lead to something more, or it might not, but doing it with a community of people is what helps me feel connected to the larger world. Yet as much as I want to be responding to the prompts on the days they are released there isn't always time, which can be frustrating and a little stressful---which is the exact opposite of what should be happening.

And then today I saw this from the Creative Fuel email newsletter by Anna Brones

"Above all else, January

is a time to consider all of the things that can help to inform and fuel our creative process. We can approach this month with gentleness and with curiosity. We can see what transpires if we don't push so much, if we give things a little more space to develop and form organically."

I would have liked to insert the whole of it here, but thought maybe it was better to include the one quote that resonated so deeply. Anna says that for her January has become an in-between month, a chance to recover from the holidays, to lean into hibernation of the winter months, and to look out at what might be the path through the coming year. I feel that.

This year might prove to be a busy one for us here at the Library. Vermont has just approved a monumental amount of money dedicated to the upkeep and renovation of our libraries. I say monumental in terms of the amount (\$26.4 million!!!) but also because we have not had dedicated funds for construction in several decades. There is a group of individuals who have been working for several years on a proposed addition to the Library and now with the chance for some grants from the state we may just get some seed money that could help us kick off this process. I'll try and keep you updated as I learn more.

Here's to 2023 and the sparkling moments that await us,  
~ms Beth

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# TRENDY TIMES

A FREE PUBLICATION



# Officials Announce New Mighty Mini Series for 2023 <sup>15</sup>

Barre, VT — For the first time in over 12 years, the American-Canadian Tour is bringing a second touring division on the road to some of the biggest stock car racing events across New England. After the success of the Ammonoosuc Asphalt Mini Late Model class at ACT-sanctioned White Mountain Motorsports Park (NH), ACT officials have announced today the formation of the Mighty Mini Series.

The newfound Mini Stock series will get its feet wet at Hickory Motor Speedway in North Carolina this coming March. Alongside special events for the American-Canadian Tour and Pro All Stars Series, the Mighty Mini Series is joining in for a pair of non-point, exhibition events on Friday and Saturday, March 17th and 18th.

The Point Counting season officially gets under-

way on Saturday, April 1st on Day #1 of the 49th Ice-breaker Weekend at Connecticut's Thompson Speedway. The fast 5/8-mile speedplant in Northeastern Connecticut will also host the inaugural Mighty Mini Series championship event as part of the 61st Sunoco World Series of Speedway Racing on Sunday, October 8th.

Following the Ice-breaker, the Mighty Mini Stocks enter 'The Magic Mile,' New Hampshire Motor Speedway for the 3rd annual Northeast Classic on Saturday, April 15th. A Rain Date of Sunday, April 16th has also been posted as needed if threat of inclement weather should arise.

The Mighty Mini Series returns to their New Hampshire home base to battle against the Ammonoosuc Asphalt Mini Late Model faithful at White Mountain



Along with two combination events at White Mountain Motorsports Park alongside the Ammonoosuc Asphalt Mini Late Models, the Mighty Mini Series will travel to 6 tracks all-together in 2023. (Erik Tavares photo)

Motorsports Park for back-to-back events in June and July. Saturday, June 3rd makes a doubleheader as the Mighty Minis compete alongside the WMMP Flying Tiger Triple Crown Series opener while Saturday, July 22nd will be the showcase \$1,000-to-Win Special on the popular

North Country bullring.

The month of August will see the Minis make the trip to the big stage at Maine's Oxford Plains Speedway. These Mighty four-cylinders will be featured alongside one of New England's crown jewel events, the 50th annual Oxford 250 on Sunday, August 27th.

One week later the Mighty Mini Series will come to the home of ACT championship stock car racing for the 45th Labor Day Classic presented by New England Federal Credit Union. Barre, Vermont's Thunder Road will certainly be packed for the double-shot of touring series on Sunday, September 3rd.

"We were lucky enough to have a trial run last season with a five-race series at White Mountain Motorsports Park," said American-Canadian Tour managing partner Cris Michaud. "We had many discussions with these drivers and it quickly became obvious they wanted a return to tour racing

while maintaining a strong home base at White Mountain."

As with the American-Canadian Tour and Serie ACT Quebec, the Mighty Mini Series point fund will only be paid out to 100% participants who make the attempt to qualify at all seven point-counting events in 2023.

With the announcement of the new Mighty Mini Series, the full 2023 schedule is available for those planning to join the touring series. Sponsorship opportunities are readily available for those who would be interested in joining the newly minted Tour. Interested parties should contact Marketing Director Marvin Galarneau at [mfg@acttour.com](mailto:mfg@acttour.com) for more information.

For more information about the American-Canadian Tour, contact the ACT offices at (802) 244-6963, [media@acttour.com](mailto:media@acttour.com), or visit [www.acttour.com](http://www.acttour.com). You can also get updates on Facebook, Twitter and Instagram at @ACTTour.



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by Cindy Pinheiro  
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## Soft and Chewy Raisin Cookies

Hello hello my fellow chefs! How is everyone doing today? Happy New Year to you! I'm doing okay. My car is not running and I'm in the market for a car. Going to start with KIA and Toyota. Thinking about leasing one but I don't know where my journey will take me.

Because my car isn't running I had to come up with a recipe that I had all the ingredients. I was pleasantly surprised and found a cookie i will make again. They are easy peasy and "Delicioso".

Okay let's get started with today's recipe and how to make it.

### Ingredients

- 1 Cup water
- 2 Cups raisins
- 1 Cup butter (2 sticks)
- 1 3/4 Cups sugar
- 2 Large eggs
- 1 tsp vanilla extract
- 3 1/2 Cups all purpose flour
- 1 tsp baking powder
- 1 tsp baking soda
- 1 tsp salt

- 1 tsp ground cinnamon
- 1/2 tsp ground nutmeg
- 1/2 Cup chopped walnuts

Combine water and raisins in small pan, bring to a boil and cook for 3 minutes. Remove from heat and let cool. Do not drain. The raisins will absorb the water. Preheat oven to 350 degrees. I used my electric mixing bowl. If you have one it makes it so easy otherwise use your hand mixer. I was lucky because I got my electric mixing bowl at a yard sale for \$10. I even saw one at a thrift store called The Corner Store in Whitefield, NH for \$15. Check around.

Cream butter and sugar until light and fluffy. Add eggs and vanilla, mix well. In separate bowl whisk together flour, baking powder, baking soda, salt, cinnamon and nutmeg. Gradually add dry ingredients to creamed mixture. Mix, scraping bottom and sides until combined. Add raisins and

walnuts and mix until combined. Grease your cookie sheets, Pam is fine. Using a 1 1/2 Tbsp cookie scoop or drop with a spoon.

Invest in a cookie scoop because it makes it so much easier, you will love it and they are not expensive, I got mine at Walmart. Place 2" apart and bake for 11-14 minutes depending on how heavy your cookie sheet is. The bottom will be golden



brown. Remove from oven and let sit on cookie sheet for a couple of minutes then carefully transfer to wire racks to cool. I ended up with 55 cookies. Store when completely cool in covered container.

That's it, you are done! Your family will thank you and you will be a star. Please try this recipe you will love them and raisins are good for you.

Well folks that's it for today's recipe. Stay safe and healthy. Email Gary for any comments and I will help you out. I'm signing off for now. Until next time I am Sincerely, Cin Pin

## Community Comes Together to Donate Holiday Cheer Bags to Older Vermonters



Pictured (l-r) are NEKCOA volunteers Ken and Janney Johnston; Meg Burmeister, NEKCOA Executive Director; and Patty Eldred, Paula Lawrence, and Julia Melanson of Paul Davis Restoration of Hardwick.

St. Johnsbury, VT – The NEK Council on Aging (NEKCOA) was pleased to distribute 58 holiday cheer bags filled with presents for clients through the generosity of several community organizations led by Paul Davis Restoration of Hardwick. For the past eight years, the staff at Paul Davis Restoration has coordinated the acquisition of the gifts, wrapped them, and bundled up the holiday cheer bags. The bags are distributed with the help of NEKCOA staff and volunteers.

"This community-led event is a wonderful exam-

ple of neighbors caring for neighbors," said Meg Burmeister, Executive Director of the NEKCOA. "Through efforts led by Paul Davis Restoration, businesses and community members contribute to bring a caring smile to elders in our community! We are so very thankful to help in the distribution of such generosity to homes in our communities. I especially wish to thank Ken and Janney Johnston who are instrumental in delivering the holiday bags through our home-delivered meals network."

The photos to the right and below are from Cyndi Wellman of the flood waters from the storm on December 23, 2022 in the Pike area of Haverhill. Though there was plenty of wind damage and power outages in the area, there was little flood damage.





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