

A FREE PUBLICATION

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TRENDY TIMES

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AUGUST 8, 2023 VOLUME 14, NUMBER 22

August Is Eat Local Month

August is one of our favorite months at the Littleton Food Co-op. As a community, our mission is to support local, and our vision is to be a catalyst for cultivating a vibrant community and regional economy. We do this daily, and in August we celebrate!

We are partnering with the NH Food Alliance to encourage all Granite Staters to celebrate the food that is grown, caught, and produced in New Hampshire! Since our community is Vermont as well, we celebrate our Vermont producers. Eating local is a delicious spree of good food, especially if grown and produced near

you! NH Food Alliance's, Live Free + Eat Local Challenge, challenges participants to eat New Hampshire food. Check it out! Take the challenge. Participate in our events and expand your local food repertoire! Here's what's happening at the Littleton Food Co-op.

August 5 - Senior Member Discount Day

August 12 -11am - 1pm - Eat Local for Your Soul - meet and greet our local artist, Ellen Fisch, and enjoy local snacks at the artist reception.

- Local Food Celebration from 12pm - 3pm and Member Appreciation Day - Join us for a celebration

of local food, with free tastings and samples from our favorite local farms and producers.

August 16 - Jump on the Localvore Bus - Farm Tours - 10:30am -3pm - Board the Magical Local Food Bus and take a guided locavore tour of three fabulous farms! Reservations are required, and tickets are \$20 per person.

For more information please go to <http://www.littletoncoop.com> or visit our FB page or Instagram.

Here's what else is happening during 2023 NH Eats Local Month:

During National Farmers' Market Week,

August 6-12, the Governor's Office and the NH Department of Agriculture, Markets and Food will host a NH Eats Local Month Proclamation presentation at a New Hampshire farmers' market. More details will be released later this week.

This year, it's more important than ever to support New Hampshire's

farmers and fisherman, who have faced unprecedented growing and harvesting challenges due to recent weather events. Head to nheatslocal.com to keep up with events that NH Eats Local Month partners are hosting throughout August and get inspired to eat local with mini-campaigns and themes.



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TRENDY Dining Guide

Fair (or is it Good) Food

by Gary Scruton

By now most everyone knows that the Trendy Dining Guide is designed to tell a story about a dining experience at one of our fine advertising eateries. With each ad comes at least one guaranteed review. Saying that I am still going to veer off that track in this column (as I have done on occasion in the past).

As stated in the headline above I want to write about fair food. After all it is that time of year when the local fairs are popping up. In fact two local fairs have already gone by. The Bradford Fair (aka the Connecticut Valley Fair) and the North Haverhill Fair. In full disclosure I will tell you that I have the privilege of sitting on the Board of Directors for the North Haverhill Fair. A position I have joyfully held for about 30 years. And from that standpoint I want to talk about some of my dining experiences and observations while at this year's fair.

First of all it is hard to define "fair food". Most would agree that the term conjures up an image of french fries, onion rings, hot dogs and cotton candy, along with an ever expanding array of other edibles. The North Haverhill Fair runs its own food booth with a great group of volunteers ranging from

those that serve the food, to those who cook it, to those who organize the whole thing. The menu has hamburgers & hot dogs as well as french fries. But they also offer a great breakfast menu including pancakes and a breakfast sandwich. Plus you can buy a tuna sandwich or even an egg salad sandwich. Now does that make all of those foods, fair foods?

Another booth that works in much the same manner at the North Haverhill Fair is the North Haverhill Girls Club Food Booth. Again staffed by volunteers they also offer some great homemade foods. As they do not have a grill they work a different angle. My meal this year was a bowl of chop suey and a cinnamon roll. But there were plenty of other choices.

During the five days of the fair I certainly did eat a hamburger or two and even some hot dogs and french fries. But one of my favorite "fair foods" is a hot sausage sandwich. There were a number of vendors that offered that choice and I finally settled on one. They asked me about the grilled onions and peppers to be added and I quickly said yes.

One more specific item I can mention is that with the heat of the week it was important to keep hydrated. My normal choice

was a cold bottle of water. But after so much water it becomes almost necessary to try something different. That is why you can find more than one Lemonade stand at most fairs, including North Haverhill. Again I made my choice and got served an ice cold lemonade in a large plastic cup with a lid and straw. It tasted great and later I was able to go back to water.

One other thing that I normally talk about in this column is the dining experience itself. What was it like walking into an establishment, getting seated, ordering food, eating it, and paying the bill.

Of course every place is a bit different. At North Haverhill Fair there are a number of tents set up by either vendors or the fair with tables and chairs or benches offering a place to sit and enjoy your meal. With all the activities at the fair many people also eat while sitting on a set of bleachers and watching a show. And others will simply get their food and then keep walking while they eat.

In regards to paying, most vendors are still on a cash basis. There is work in progress to get a better wi-fi signal so that vendors can take plastic, but infrastructure can be pricey and not always available. For that reason ATM's have become commonplace around most fair-

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grounds.

One final note is that when you get a chance to eat fair food, or are in a place where fair food is being consumed, note that most people go back to basics. They use their hands and fingers. For that reason, or maybe because of that reason, most fair foods are prepared with the intention that no utensils are needed.

As the rest of summer

passes and becomes early Fall take the opportunity to get some good fair food. With all the walking you do at a fair the calories can most often be burned off. And even if you need to watch what you eat there is bound to be some alternative items for sale. Just look around and enjoy!

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UnCommon Jam On The Newbury Common

The UnCommon Jam music festival returns to the Newbury (VT) Common on Sunday, August 20th from 1-6 p.m. this year. Under the auspices of Court Street Arts (Haverhill Heritage Inc) of Haverhill, NH, this will be the ninth year of the festival which features three Vermont & New Hampshire bands, great local foods and craft brews.

Leading off the show will be Haverhill's own The Rough & Tumble, bringing their "dumpster folk and thrift-store Americana" to the stage after touring around the US this

Summer. Then one of Vermont's favorite dance bands, Sensible Shoes will have folks moving and grooving to their funky mix of original music and cover tunes. Then Jason Cann and his band, featuring guitarist Ted Mortimer takes the stage. Jason is a local NH/VT singer songwriter often described as, "simply the best unrecorded performing artist in the region". ... warm, smooth style of guitar and vocals. The local duo of Randy Wales and Phyllis Shea will play on the small stage between sets.

Italian, Korean and fried/grilled fair cuisine will be the featured food vendors, with coffees, ice cream, desserts, and assorted beverages – including a beer garden with craft beers also available so please leave your coolers at home and enjoy the food and drinks on the Common.

With generous support and sponsorships from Wells River Chevrolet, Valley Floors, Wells River Savings Bank, Farmway, Camp Farwell, Woodsville Guaranty Savings Bank, Colby Insurance Group, Knoxland Farm, North Country Organics, Copeland Furniture, Otto & Associates, Archie Steenburgh, Oakes Lumber, the cost to attend is only \$10 and free for those under 12 years of age.

For more information, go to the www.courtstreetarts.org site or call 802-866-3320.



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An Angler's Almanac at Weeks State Park

by Linda Scherf for Weeks State Park Association

Weeks State Park Summer Program- An Angler's Almanac Thursday August 10, 2023 at 7 pm. Presented by Andy Schafermeyer of UNH and Colby Denison of New Hampshire Fish and Game Department.

Field Specialist with the University of New Hampshire Andy Schafermeyer and New Hampshire Fishery Biologist Colby Denison will provide a seasonal look at sport fishing opportunities in New Hampshire - from January ice fishing, through bass fishing on hot August days, to fall days chasing spawning trout under the foliage. Lesser-known fish species of the North Country will also be examined, with discussion of their general biology and conservation status. Details such as life cycles, preferred food sources, and management plans will provide a better understanding of our roles as Natural resource managers. Andy and Colby are both avid anglers in constant pursuit of fishing adventures all over the United States.

Andy Schafermeyer recently retired after a 29-year career as a Fisheries Biologist with the New Hampshire Fish and Game Department. His

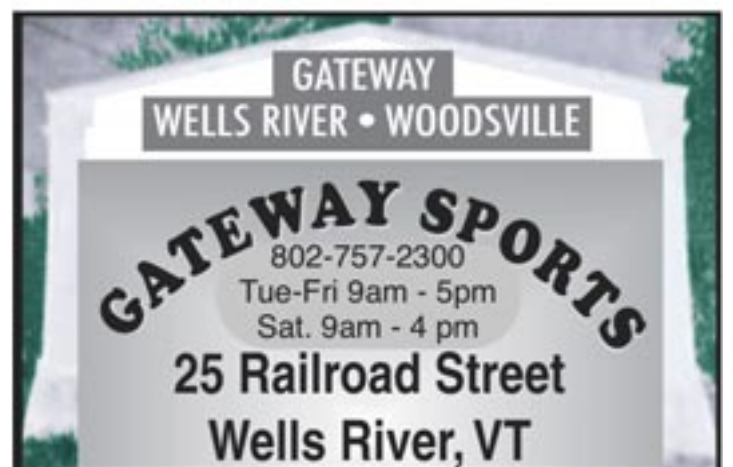
new role is as a Field Specialist in Outdoor Education and Recreation with the University of New Hampshire.

Colby Denison is just beginning his career as a Fisheries Biologist with the New Hampshire Fish and Game Department (started February 2023), based out of the Region 1 office in Lancaster. His personal and professional interest in fisheries has taken him all over the United States, and he is excited to be back in his home state managing the fisheries that originally sparked his passion in the field.

This event is made possible by a generous donation in the memory of Joe Beliveau.

This free program will be in the Great Room of the Summit Lodge of Weeks State Park and will begin at 7pm. Come early and bring a picnic supper. Weeks State Park is located on the east side of Route 3, approximately 2 miles south of Lancaster, NH. Carpooling is strongly suggested if possible for the events.

The summer programs are sponsored by the Weeks State Park Association, NH Division of Parks, and UNH Cooperative Extension. "Thank You" to our local business supporters who help make the summer program series possible.



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State Fairs Educate and Preserve NH's Heritage

I want to thank the directors, volunteers, and exhibitors for your hard work and time that made this year's North Haverhill Fair such a success. It was rewarding to see families with young children displaying well developed 4-H projects, caring for livestock and displaying agricultural food products, as well as showing crafts related to the arts.

During the past year, legislative bills were provided the education committee that clearly communicated that students need a better understanding of civic responsibilities and skills necessary to be well informed and engaged citizens. The North Haverhill Fair is a wonderful example of how local youth organizations like 4-H, Future Farmers of America, and other organizations and groups volunteering at the Fairgrounds, help create a strong sense of belonging and ownership in our community.

Along with New Hamp-



Ross Ladd driving, at least he thinks he's driving, at one of the fair's rides. Photo courtesy of "Grandpa" Rick Ladd

shire's other 12 fairs, the North Haverhill Fair, which reflects the region's local culture, is a wonderful example of how community volunteers of all ages can work together to achieve positive outcomes. Learning experiences gained at the fair, whether working the front gate, parking vehicles in the field, or helping the family at an exhibit all contribute to success of the whole.

Without community support from 300 plus volunteers, the Fair would certainly struggle. Due to volunteers, in kind contributions, and community support, the North Haver-

hill Fair Association has been able to direct savings toward upgrading siding and completing repairs to buildings. The "Ribbon Cutting," or should I say the "Stick Saw Cutting" for the official opening of the newly constructed Fairgrounds Farm Museum was a fun experience using an antique hand saw. Old farming equipment within the Museum demonstrates the clever ingenuity of our forefathers who designed farm wagons, baling machines and other farm equipment that made America the world's agricultural leader. This Museum along with the Maple Building keep our history alive.

In closing, I want to again thank the North Haverhill Fair Association and all those who contributed to this year's success during all this summer heat, humidity and at times, rain. New Hampshire's fairs generate jobs, bring into the state well over \$30M annually, but perhaps just as important, the Fair certainly benefits and strengthens civic pride, and preserves our cultural heritage for generations to come. Our future is in well informed youth, and I offer a huge THANKS to all who worked at, visited and enjoyed the Fair this year.

Respectfully Submitted,
Rep Rick Ladd
Chair, House Education

The Cross New Hampshire Adventure Trail

by Linda Scherf for Weeks State Park Association

Weeks State Park Summer Program- The Cross New Hampshire Adventure Trail: It's more than a bike route, it's an adventure. Thursday August 17, 2023 at 7 pm Presented by: Marianne Borowski. Bike ride on Friday August 18, 2023.

Take an 83 mile ride across the northern New Hampshire landscape on the Cross New Hampshire Adventure Trail. Call it the xNHAT, for short. This 83 mile, mostly off-road bicycling route stitches together dirt rail trails, dirt roads and backroads for an adventurous bike route across the northern New Hampshire landscape.

Travel from the Connecticut River in Woodsville, NH to Bethel, Maine through forests and farmlands, alongside rivers, ponds and streams. Partake in the hospitality of the 12 towns along the way.

How was this route created? What makes it an "Adventure"? Where can one find information, maps, bike shops, shuttle services? B&B? Grand Hotel? Glamping? Hip-Camps? What are the collaborations required to get this route established, maintained and expanded? What is the "North Country Welcomes Bicyclists Program? Can I walk, run or cross country ski the xNHAT? Come to the presentation and find out! And check our website, at CROSS NEW HAMPSHIRE ADVENTURE TRAIL

Want to do a part of the xNHAT? Join us for a bike ride on Friday, August 18th for a guided journey on a gloriously scenic section of the xNHAT. We will travel the Presidential Rail Trail in the Pondicherry National Wildlife Refuge and beyond. plus

the dirt roads and paved back roads that comprise the xNHAT in Jefferson and Randolph.

Participation is limited to 20 riders, so please pre-register by emailing info.weeksstateparkassociation@gmail.com and put "Bike" in the subject line. Confirmation of your spot, and additional details of the ride will be provided to you.

Marianne was a protein biochemist earning her degrees at Tufts University. When not in the lab, she enjoyed bicycling, hiking and kayaking.

After an early retirement she moved to the Mt. Washington Valley, focusing on enjoyment of the outdoors, and next was teaching cross country skiing at the Jackson Ski Touring Foundation. She was the director of the ski school, and on the Board of Directors. She has been a ride leader for the Mt. Washington Valley Bicycling Club, hosting Thursday rides all over New Hampshire for 18 years. With the interest in gravel biking and bikepacking, she endeavors to share her love of bicycle travel adventures by establishing a border-to-border bicycling route across New Hampshire.

This free program will be in the Great Room of the Summit Lodge of Weeks State Park and will begin at 7pm. Come early and bring a picnic supper.

Weeks State Park is located on the east side of Route 3, approximately 2 miles south of Lancaster, NH. Carpooling is strongly suggested if possible for the events.

The summer programs are sponsored by the Weeks State Park Association, NH Division of Parks, and UNH Cooperative Extension. "Thank You" to our local business supporters who help make the summer program series possible.

Free Programs from Haverhill Historical Society

Haverhill Historic Society will present these free public programs during August: All at Alumni Hall in Haverhill Corner on succeeding Wednesdays at 6:30 p.m.

On Wednesday August 9, Kevin Gardner will discuss New England's Stone Walls.

On Wednesday August 16, Pam Weeks will talk about New England Quilts and the Stories They Tell.

These informal programs are designed to run about an hour in length and offer those who attend an opportunity to discuss the subject matter with the presenters and other attendees.

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Colors of Kingdom Festival Cancelled For 2nd Year In A Row

A community-wide appeal to bring back the Colors of the Kingdom Festival this fall has fallen short, with the event having to be cancelled for the second year in a row. The annual townwide celebration was slated to be held on Saturday, Sept. 16 in downtown St. Johnsbury.

In a recent press release, the Northeast Kingdom Chamber, which has organized an autumn event in St. Johnsbury since 1995, had asked for the area's assistance to help pull the event off, as many of the issues that resulted in the cancellation in 2022, were once again at play this year, including a lack of finalized activities, volunteers, fewer train cars and less vendors at this time than expected.

The chamber said it recognized and understands that many organizations may not have the capacity nor the resources they did before Covid, leaving many overextended and unable to participate in the festival to the extent they once did in the past, said NEK Chamber Director Darcie McCann. She said her chamber has faced some of these same challenges, as well.

"The fact of the matter is that the world is different than when we last held the festival in 2019. St. Johnsbury is different," explained McCann. "Four years ago, we hadn't all gone through a pandemic and overcome the fears of being in crowds. St. Johnsbury, itself, had a number of vacant stores back then and had not yet implemented its successful Final Friday series.

"It is a testament to the town that it is now bustling and may not need this event going forward, or at least not this year," she added. "It doesn't mean we will never hold the

event again. We may just end up holding it another year or in an altogether different place, but it is now clear it is not meant to be this year."

The director noted the chamber had to pull the plug within this next week to guarantee the organization wouldn't be on the hook for the entire cost of the train.

"We made it clear from the get-go we had to get all aspects of the festival in place before the time clock of the train wound down, as we are a non-profit organization and could not lose thousands of dollars on the trains," said McCann. The chamber director is grateful for the efforts of Gillian Sewake, of Discover St. Johnsbury, for her efforts in assisting the chamber with the event.

Despite the festival's cancellation, the chamber will be busy long into the fall, as it expects to launch its new web site in a few months. The organization is also working on another new initiative that will benefit the region's businesses, which the chamber will announce soon. She noted the chamber's Business Assistance Center has remained extremely busy, especially following the state's recent flood.

"The cancellation of this event will open up our calendar so we can finish upcoming projects that much sooner," she said. "Our members have told us they want more benefits that assist them year-round, and all these new initiatives tick off those boxes. While we're sorry to disappoint folks and cancel the festival, we believe the region will be pleased with the initiatives we are now working on that will benefit them long into the future."

Boys & Girls Clubs in Central NH & North Country To Merge

[Lisbon, NH] -- The Boys & Girls Clubs of Central New Hampshire and the Boys & Girls Club of the North Country are thrilled to announce a merger. Starting in September, the organizations will share finance, human resources, membership, and other administrative functions, while maintaining their regional identities.

Founded in 2005 by community members concerned about a lack of opportunities for kids, the Boys & Girls Club of the North Country serves approximately 50 school-age youth daily at its clubhouse in Lisbon. Executive Director Sandy Brackett will remain at the helm. Brackett said the merger is a "win-win" for all involved. "The Boys & Girls Club of the North Country has vigilantly watched for opportunities to promote growth and sustainability, knowing the importance of affordable, quality childcare for working families. We want to meet these challenges and continue to be a part of the solution here in the North Country for many years to come. Our future looks brighter than ever," she stated.

BGC North Country Chairman of the Board Jeff Woodward agrees: "Due to great local support over the years our Club has been able to upgrade our facility and stay current with enhanced safety

regulations required to remain a Boys & Girls Club, all the while remaining financially strong. Because our club is in such a good place, we have this wonderful opportunity to share all the back-office resources. We will continue to operate as usual with the same board leading our club. This will allow us to continue to improve our club, grow our programs, and focus on serving more kids from our community. We are excited about this new chapter for our Club."

Boys & Girls Clubs of Central NH CEO Chris Emond said the merger will benefit children and families throughout New Hampshire in ways both seen and unseen, explaining: "Any time you can realize efficiencies with back end operations it will mean more resources allocated to direct services." He said there is a lot to be gained from the Lisbon Club's top-notch staff and programming

successes.

The Boys & Girls Clubs of Central New Hampshire was established in 2015, when the Boys & Girls Club of Greater Concord merged with the Boys & Girls Club of the Lakes Region. The organization operates 28 childcare centers and after school program locations in Merrimack, Belknap, Hillsborough and Cheshire counties. This will be its first venture in the North Country.

The Boys & Girls Club of the North Country will begin transitioning to the Boys & Girls Clubs of Central New Hampshire's systems over the summer, with an official merger scheduled for September 1. Tours are available Monday-Friday in August. Call to schedule a time that works best for you. Come see the Club's growth and ask questions about the future. After school registrations are now open.

Not all Times are Trendy, but there will always be Trendy Times

August 8, 2023

Volume 14 Number 22



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Woodsville High School

featuring

WHS Womens Alumni vs. WHS Girls Varsity Soccer Team	WHS Mens Alumni vs. WHS Boys Varsity Soccer Team
--	---

Alumni or community members who would like to play, volunteer or make a donation, please contact:

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Proceeds go towards

The Mikey Williams Memorial Fund

to benefit WHS boys and girls soccer players

Calendar of Events

EVENTS FROM LOCAL NON-PROFITS, SCHOOLS AND TOWNS. *PRESENTED FREE BY TRENDY TIMES.*

WEDNESDAY, AUGUST 9

UPCOMING TIMBER HARVEST PREVIEW
1:00-4:00 PM See Article on Page 13
Grafton County forest, North Haverhill, NH

ROSS-WOOD POST #20 AMERICAN LEGION
MONTHLY MEETING - 6:00 PM
4 Ammonoosuc Street, Woodsville

THURSDAY, AUGUST 10

AN ANGLER'S ALMANAC
7:00 PM See Article on Page 3
Weeks State Park, Lancaster

FRIDAY, AUGUST 11

PIANO RECITAL BY JORGE DIAZ HERRANZ
PLAYING ENRIQUE GRANADO
7:30 PM
St. Andrew's Episcopal Church, St. Johnsbury

PAULA ROCKWELL RECITAL
7:30 PM See Article on Page 9
Ogantz Hall, 14 Ogantz Road, Lyman

REVEREND PEYTON'S BIG DAMN BAND
8:00 PM See Ad on Page 12
Colonial Theater, Bethlehem

SATURDAY, AUGUST 12

WEST NEWBURY SUMMER FESTIVAL,
POLLINATOR PARADE, AND 5K RUN
8:00 AM See Article on Page 1 & 8
219 Tyler Farm Road, West Newbury VT

END OF SUMMER READING COMMUNITY
PICNIC

12:00 NOON
St. Johnsbury Athenaeum

SUNDAY, AUGUST 13

ROSS-WOOD POST 320 FAMILY PICNIC
12:00 Noon Dinner is Ready See Ad on Page 14
Ammonoosuc Valley F&G Club, Swiftwater

MONDAY, AUGUST 14

HAVERHILL SELECT BOARD MEETING
6:00 PM
Clifford Memorial Building, Woodsville

THURSDAY, AUGUST 10

CROSS NH ADVENTURE TRAIL
7:00 PM See Article on Page 4
Weeks State Park, Lancaster

SATURDAY, AUGUST 19

LANDAFF OLD HOME DAY
9:00 AM See Ad on Page 4
Landaff Town Hall

MIKEY WILLIAM ALUMNI SOCCER GAME
11:00 AM Girls 1:00 PM Boys
Woodsville High School
See Ad on Page 5

MUSHROOM WALK

1:00-4:00 See Article on Page 7
Weeks State Park, Lancaster

SUNDAY, AUGUST 20

NELSON SIMONDS MEMORIAL SHOOT
9:00 - 5:00 PM See Ad on Page 3
Ammonoosuc Valley F&G Club, Swiftwater

UNCOMMON MUSIC JAM

1:00 - 6:00 PM See Article on Page 3
Newbury Common

SUNDAY, AUGUST 27

PLINKER RIMFIRE SHOOT
8:00 AM Registration
9:00 AM Shoot starts
See Ad on Page 11
Ammonoosuc Valley F&G Club, Swiftwater

SUNDAY, SEPTEMBER 2

SO LONG SUMMER -
HELLO FALL FESTIVAL
9:00-2:00 PM See Ad on Page 9
Main Street, Wells river

EVERY THURSDAY

WORKING ON WELLNESS
6:00 PM
Monroe Public Library

EVERY FRIDAY

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Baldwin Memorial Library, Wells River.

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WHS's Mrs. Nichols Wins High Performer Award

We are thrilled to announce that Woodsville High School's Mrs. Nichols has been awarded the prestigious High Performer Award from New Hampshire JAG (Jobs for America's Graduates) and the National Board of Directors. This accolade is a testament to her dedication and unwavering commitment to supporting and empowering students.

In addition to this esteemed recognition, Mrs. Nichols has been promoted to Senior Career Specialist. This new position reflects her excellent work and potential for making an even more substantial impact.

In a ceremony, Mrs. Nichols was presented with her award by Nick Resca, Executive Director of New Hampshire JAG.

"We are exceptionally proud to have Mrs. Nichols as part of our team," said Mr. Resca. "Mrs. Nichols' dedication to her work and unwavering commitment to empowering students truly sets her apart. Her determination and ability to make a meaningful impact inspire us daily. With her ongoing contributions, we



do not doubt that she will continue to elevate our mission and bring about even more positive change."

Please join us in congratulating Mrs. Nichols on her well-deserved accolade and promotion.

New Hampshire JAG is a state affiliate of the national Jobs for America's Graduates program. It is a dedicated program for youth seeking to maximize their high school education and pursue career and postsecondary educational interests.

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Mushroom Walk at Weeks State Park

by Linda Scherf for Weeks State Park Association

Mount Prospect provides a widely diverse and rich fungal habitat. Ever wonder about the hundreds of miles of mycelium beneath our feet, of which we see only the fruiting bodies? Or which mushrooms are poisonous or edible?

Join us on Saturday, August 19th, from 1:00 - 4:00 for a Mushroom Walk at Weeks State Park with Eric Milligan of the New Hampshire Mushroom Company. Participants will observe, collect, and receive hands-on experience with different types of fungi found in the area, and learn how fungi play an integral role in the forest ecosystem.

Meet on the porch of the Summit Lodge prior to 1:00. Please dress appropriately for the weather and wear good walking shoes - we will be walking some distance over uneven ground. You may

wish to bring sun or tick protection. This program is free, and space is limited. Please pre-register in advance so that we can let you know of any changes in schedule.

Send an email to info.weeksstateparkassociation@gmail.com, and put the word "Mushroom" in the subject line. You will receive an auto-response, confirming our receipt of your request. An additional email will follow, containing more information for participants.

Eric Milligan, an avid mushroom forager, began his study of fungi around 2002. Ten years later, he and his partners turned

their hobby into a profession: New Hampshire Mushroom Company. In addition to providing fresh specialty mushrooms throughout New England, NHMC also educates the public about all things mushroom through a multitude of mushroom-related classes, and tours of their unique growing facility in Tamworth.

The summer programs are sponsored by the Weeks State Park Association, NH Division of Parks, and UNH Cooperative Extension. "Thank You" to our local business supporters who help make the summer program series possible.

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THANK YOU!

We wish to thank the thousands of visitors, near and far, young and old, new or long time, who attended this year's 79th Annual Fair! Many thanks also to the over 300 volunteers who helped make all the events, new and old, possible. Another huge and heartfelt thanks to our many business sponsors for their enthusiasm in supporting this family fair. Finally, a thank you and congratulations to the hundreds of competitors at this year's fair.

The all volunteer Officers and Board of Directors of the North Haverhill Fair thank one and all and wish you a great 12 months until we meet again, JULY 24 - 28, 2024 FOR THE 80TH ANNUAL NORTH HAVERHILL FAIR



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Both young and old enjoyed the music at the 79th Annual North Haverhill Fair. This photo shows the MC for the Friday, July 28 concert, Archie Steenburgh "cutting the rug" with an unidentified young fan. The Vynytyge Skynard tribute band was just one of five live music performances on the Thayer Stage during the fair.

Photo courtesy of Frank Hofmann

Weathervane Theatre's Patchwork Players to Present The Old Man and The Old Moon

WHITEFIELD, NH - Weathervane Theatre's 2023 Patchwork Players are proud to present *The Old Man and The Old Moon*. Described by Time Out New York as "a transcendent theatrical experience for all ages," this epic sea-faring tale plays Weathervane and the North Country August 2 - September 1. It is sponsored by Crosstown Motors and New England Wire Technologies.

The Old Man has kept his post as the sole caretaker of the moon for as long as he can remember. When his wife, the Old Woman, is drawn away by a mysterious melody, the Old Man must decide between duty and love.

Encompassing apocalyptic storms, civil wars, leviathans of the deep, and cantankerous ghosts, *The Old Man and the Old Moon* is an Americana fable about the power of love and change. This imaginative folksy quest is packed with theatre enchantment—shadow play, puppetry, live music, and more.

The live music will be played by the Patchwork Players themselves—a first on the Patchwork stage. Composing the cast of *The Old Man and the Old Moon* are the 2023 Patchwork Players, six early-career artists selected from a highly-competitive nationwide search. The 2023 Patchwork Players are Jaheim Hagan (Baldwin Wallace University), Langley Leilani (University of Utah), Evan Lilienthal (Baldwin Wallace University), Madison Mintzer (University of Central Florida), Jack Prisco (Baldwin Wallace University), and Justine



So (Rollins College). Madison Mintzer, Justine So, and Joseph Rivera all appear courtesy of the William Daniel Mills Theatre Apprentice Program of Central Florida.

In addition to the six Patchwork Players, three local youth performers round out the cast—Scott Black, Abigail Bovay, and Claudia Canuto.

"It's incredibly exciting to incorporate additional young people from our community into our programming," says Weathervane Intern Program Director Marisa Kirby. "We've never done that before for a Patchwork production and it truly furthers Weathervane's mission to make the arts more accessible for patrons and artists alike."

Also new, this production will perform an enhanced version on the Mainstage in addition to the Patchwork stage and touring the North Country. Playing on the Mainstage for four performances only (August 4, 15, 26 and September 1), the enhanced version runs 80 minutes and features additional scenes and musi-

cal numbers as well as heightened production value. Tickets range from \$14 - \$19 and are available at the box office or online at weathervanenh.org. For more information call 603.837.9322 or email boxoffice@weathervanenh.org.

In addition to these four enhanced Mainstage performances, *The Old Man and the Old Moon* will perform inside the Weathervane at 11 AM on Friday, August 4th and 11th as part of its regular Patchwork series. Tickets for these shortened morning performances are \$9.50 and will be sold at the door.

This shortened production will also play on the road at Bethlehem's Colonial Theatre (Wednesday, August 2), the Lisbon Regional School (Wednesday, August 8) and Colebrook's Great North Woods Center for the Arts (Thursday, August 9). All performances are at 11 AM. Patrons should check with the venue about ticket pricing and ordering for all touring performances.

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Ogontz Arts Foundation to Host a Public Recital and Anniversary Celebration

The Ogontz Arts Foundation will host a recital by Canadian mezzo-soprano Paula Rockwell on Friday, August 11 at 7:30 pm. The recital will be followed by a festive reception celebrating the 100th Anniversary of the founding of Ogontz Camp. The recital and party will be held in Ogontz Hall at the Ogontz Rustic Resort, 14 Ogontz Rd., Lyman, NH 03585, and is free and open to the public.

Ms. Rockwell will be accompanied by Boston-based pianist Geoffrey Wieting in a program which will feature works by J. S. Bach, Schubert, Ravel, and others, including works by several contemporary Canadian composers. Paula Rockwell, a native of Nova Scotia, has appeared in many operatic roles including with the Canadian Opera Company, and has performed throughout Canada and the US. She currently teaches applied voice at Acadia University, where she is the Artistic Director of Acadia's Singing Theatre Ensemble. Ms. Rockwell has been featured on several recordings and is active in adjudicating music festivals. She also leads masterclasses in vocal pedagogy and performance, and is a much sought-after vocal clinician.

The recital and anniversary celebration are part of the 34th Annual Choral Workshop, led by British Choral Director David Hill, and hosted by the Ogontz Arts Foundation. Singers from across the US will be in residence at Ogontz Rustic Resort, studying J. S. Bach's Mass in b Minor with Mr. Hill throughout the week of August 7 – 13. As she has since 1994, Ms. Rockwell will work with singers on vocal technique and musical interpretation and offer master classes.

The Ogontz White Mountain Camp was founded in 1923 as an auxiliary enterprise of The Ogontz School in Philadelphia, PA, and was operated as a camp for girls for decades, offering traditional activities such as swimming, canoeing, hiking, tennis, theater, and poetry. Ogontz Camp later became an equestrian



camp until the late 1960s, when it was used as a summer music camp by the Christ Church Choir of Westerly, Rhode Island. Since 1993, when the camp was purchased by current owners George and Lynn Kent, Ogontz has hosted countless artistic programs, music workshops, symposiums, weddings, and other

events.

For further information on the Ogontz Choral Workshop, visit <http://ogontzarts.com>.

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Not all Times are Trendy, but there will always be Trendy Times August 8, 2023 Volume 14 Number 22

**Letter to the Editor:
Right on Target**

To the Editor,

I would like to take this opportunity to compliment Alex Foryan on his excellent article (Trendy Times, July 25, 2023, SCOTUS Ruling on Affirmative Action and Tuition Relief).

Alex could not have been closer to the truth when he so eloquently described his opinions of the SCOTUS ruling on Affirmative Action and Tuition Relief. It was a long time coming, but the Supreme Court finally got it right. Affirmative Action was a pseudo racist policy which discriminated against those students who were most successful in their academic endeavors. They were the ones who rose to the top academically, yet were denied entry to the colleges of their choosing in favor of less qualified individuals, all in the name of diversity, equity, and inclusion. Yes, DEI is term that is bantered about in the

woke crowd, and if you dare question their motives you are quickly called a racist, a white supremacist, or worse. Gary Scruton, Editor, was right when he said that a great education system is an important goal for our county in order to have a well-educated population. Without that goal we are on a path to the dumbing down of our population which will only lead to dire consequences.

Along with an educated population comes the responsibility and accountability to pay back loans that they have personally signed for and promised to pay back. Is it fair for those individuals who responsibly paid off their loans, or for those who had no such loans, to pay off the obligations of others? I don't think so. Alex was right on target in his article.

Robert Briggaman
North Concord, VT

Robert,

I am not sure what else I can say in regards to this particular matter. I will repeat that education is important. Certainly a higher education does not necessarily make for a more intelligent person, but without education there is much more to learn in the school of hard knocks. So please stay in school. Learn all you can every time you can.

Gary Scruton, Editor

LETTERS

(and even some real words)

From The Editor

When I went to my mailbox today I pulled out a few pieces of mail. A mortgage bill, a classified ad, an invoice and a fourth piece of mail that very much caught my attention. It was a small envelope (6 3/4 plain - for those of us who ever worked with stationary and needed to know such things). It was hand addressed to Gary Scruton, Woodsville, NH 03785. There was no return address on either side. My first thought (or maybe the second) was "Is this one of those Anthrax letters?" No, I don't think I have that kind of enemy. The other first (or second) thought was "How nice of the Post Office to get this letter to me with no more

address that Woodsville". So I opened it.

Inside I found a short, hand written note, addressed to "To whom it may concern". I read the content. It did not take long even though I had to study a bit on a couple of words. When I finished I turned the paper over to look, but still I found no signature, no return address, no phone number, no indication whatsoever of who sent this letter.

I will not mention here what the short note was about. If the person sending it did not care to even tell me who they were, why should I take seriously their commentary about their chosen subject? I know what is being referred to but I am still

not sure if the letter was meant for me as editor of Trendy Times, or as a member of an organization that was mentioned in the note. Again no way to know with no information about the sender.

I am writing these words and using these letters to attempt to make a point. Everyone has their right to an opinion. I stand behind that 100%. But if you want to offer your opinion, at least have the decency to stand up and be counted as the person with that opinion. Don't simply hide behind anonymity.

Just my opinion.

Gary Scruton, Editor
and proud volunteer with a few organizations.

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Most investors are aware of the different types of stocks: big-company, small-company, technology, international and so on. And it may be a good idea to own a mix of these stocks as part of your overall investment portfolio. But the importance of diversification applies to bonds, too — so, how should you go about achieving it?

To begin with, individual bonds fall into three main types: municipal, corporate and government. Within these categories, you'll find differences in the bonds being issued. For example, government bonds include conventional, fixed-rate Treasury bonds as well as inflation-protected ones, along with bonds issued by government agencies, such as the Federal National Mortgage Association (or Fannie Mae). Corporate bonds are differentiated from each other by several factors, but one important one is the interest rate they pay, which is largely determined by the credit quality of the issuer. (The higher the rating grade — AAA, AA and so on — the lower the interest rate; higher-rated bonds pose less risk to investors and therefore pay less interest.)

Municipal bonds, too, are far from uniform. These bonds are issued by state and local governments to build or improve infrastructure, such as airports, highways, hospitals and schools. Generally, municipal bonds are exempt from federal tax and often state and local taxes, too. However, because of this tax benefit, municipal bonds typically pay lower interest rates than many corporate bonds.

How can you use various types of bonds to build a diversified bond portfolio? One method is to invest in mutual funds that invest primarily in bonds. By owning a mix of corporate, government and municipal bond funds, you can gain exposure to

much of the bond world. Be aware, though, that bond funds, like bonds themselves, vary widely in some respects. To illustrate: Some investors may choose a low-risk, low return approach by investing in a bond fund that only owns Treasury securities, while other investors might strive for higher returns — and accept greater risk — by investing in a higher-yield, but riskier bond fund.

But you can also diversify your bond holdings by owning a group of individual bonds with different maturities: short-, intermediate- and long-term. This type of diversification can help protect you against the effects of interest-rate movements, which are a driving force behind the value of your bonds — that is, the amount you could sell them for if you chose to sell them before they matured. When market interest rates rise, the price of your existing, lower-paying bonds will fall, and when rates drop, your bonds will be worth more.

But by building a "lad-

der" of bonds with varying maturities, you can take advantage of different interest-rate environments. When market rates are rising, you can reinvest your maturing, shorter-term bonds at the new, higher rates. And when market rates are low, you'll still have your longer-term bonds working for you. (Generally, though not always, longer-term bonds pay higher rates than shorter-term ones.)

A bond ladder should be consistent with your investment objectives, risk tolerance and financial circumstances. But if it's appropriate for your needs, it could be a valuable tool in diversifying your bond holdings. And while diversification — in either stocks or bonds — can't always guarantee success or avoid losses, it remains a core principle of successful investing.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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Thank you for your understanding.



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Richard Eugene Saffo: OBITUARY

Richard Eugene Saffo, 77, Benton, NH, passed peacefully in his sleep on Tuesday July 25, 2023. He was born December 22, 1945, in Derby, CT, to John A. Saffo and Anna (Mica) Saffo. Rich was raised in Shelton, CT. In his early years, he caught and raised pigeons, and grew gladiolas, he fished and hunted with his two older brothers, John and Bob, he also liked and played baseball, football and bowling where he was a pin setter, earning bowling time at the Shelton Bowling Alley.

He left school early to start working in housing construction, where after the workday he roofed the new homes, earning more money.

He met his wife Stephanie on a blind date, and they were married one day before he was inducted for two years into the Army, serving with the 92nd Engineer Battalion. He served 6 months in Bien Hoa, South Vietnam, where he first learned to pour concrete slabs for the barracks he was building. He earned the National Defense Service Medal and the Expert (Rifle M-14, M-16) Vietnam Campaign Metal, also acquiring his HS GEDT while serving.

Richard returned home to Connecticut in December 1967 after being honorably discharged. He moved his young family to Benton, NH in 1971, working with Thomas and Frances Fenn's Construction Company.

In 1978 he founded the Richard Saffo Concrete Form Co., Inc. located in Woodsville, working alongside his three sons, employing over a dozen employees. At this time, he also purchased the Railroad property below his shop because he had learned to play racquetball at the Racquet Shack on Rt. 116 in North Haverhill, and decided to build a Racquetball and Fitness Club when the R Shack closed. He ran the Railroad Racquetball club for

26 years, with his wife, enjoying hours of competitive singles and doubles with Rich Jr., before selling to Dave and MaryAnn Robinson's family. He had previously moved his concrete business to the Route 116 property, where the concrete company remains.

At home in Benton, Stef and Rich started a small farm raising replacement Holstein heifers and beef cattle, an activity particularly enjoyed by his son John. Rich especially loved the haying season and his tractors. He also learned in later life to ice climb with his son Steven, and he loved downhill skiing with family and wonderful friends. An avid hunter, he especially enjoyed his hunting camp, "Bear Claw".

Richard will be remembered by his wife of 57 years, Stephanie (Piskura) Saffo; his three sons, Richard E. Saffo, Jr., John J. Saffo and wife Lara, Steven P. Saffo and wife Kathy; his 6 beloved grandsons, Richard Saffo, III, Douglas Saffo, Arthur Saffo, Johnny Saffo, Jr., Erich Saffo and Curtis Saffo. He also leaves behind his oldest brother, John A. Saffo and wife Ann of Shelton, CT; sisters-in-law, Betty Nick-



les and Frances Hadden of Benton, NH and Mary Hakey of Shelton, CT; sister-in-law Donna Saffo, of Billings, MT, and many nieces and nephews; all his employees, the contractors he worked with and all his friends.

He is predeceased by his sister Marion A. Walker, and his brother Robert Saffo.

Memorial Contributions may be made to any dog shelter, as he loved all dogs with all his heart, especially his three Border Collies, Kip, Sonny and Flash.

There will be a graveside service at Mt. View Cemetery, Route 116, Benton, NH, on Sunday September 10, 2023, at 1PM.

To offer the family an online condolence, please visit www.rickerfh.com

Ricker Funeral Home & Cremation Care of Woodsville is assisting the family.

Ta-ta to the Tattoo

by Elinor Mawson

Being an octogenarian brings up many thoughts--all the things I've done, and all the things I'd like to do. And getting a tattoo is one of them.

I mulled it over for several weeks before I decided I could do it. And then it took a while longer to decide what I wanted to decorate my arm for the rest of my life.

I contacted our Chinese friends and asked for the symbol for "Joy"--, my favorite word. Nora, the wife, responded with several options, but before I chose one, I heard from Yige, the husband, with his recommendation. I found paper and marker and traced it to take to the tattoo parlor.

Meanwhile, I told my friends and relatives what I was about to do. Some of them thought it was a wonderful idea, and said things like "Good for you!" and "Wow". Others looked askance and didn't say much at all; I got the idea that they thought I was crazy. They are the people who were thinking, "She is going to have that for the rest of her life", and then

they realized that the time span wasn't all that long anyway!

Fast forward to last weekend when we went for the big event. We were met by a man who looked like he was headed for the African veldt. He took a look at me and then my paper and walked to another man who did the same.

We walked closer as he said, "When people age, their skin becomes thinner and a tattoo doesn't work well on that kind of skin. It ends up looking like a black blob and that's not what you want."

I looked at him in horror! I couldn't believe what I was hearing! I was too old to get a tattoo!

"You're not too old," he said kindly, "It's your skin." And then I got it. I wasn't going to get my tattoo after all., We left, disappointed.

Since that time, I have looked into some options. Someone suggested Henna. Someone else recommended a stamp. I'm weighing all of them.

So "Joy" (in Chinese) will have to wait. But watch for it!

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Adam W. Smith

Town of Haverhill, NH
Public Safety Facility Project
CONSULTANT SERVICES
REQUEST FOR PROPOSALS

The Town of Haverhill seeks a qualified consultant firm to work with the Haverhill Public Safety Facility Committee on Phase I of a larger project. Phase I is for the planning, design, and preparation of a bid package for a new Public Safety Facility. The consultant shall facilitate the committee's work as outlined in the RFP; identify potential grant opportunities, assist with applying for grants, and help with the solicitation of public input. Phase II for Bidding and Construction of a new Public Safety Facility is not part of this RFP. A copy of the full Request for Proposal (RFP) can be found on the Town of Haverhill website at www.haverhill-nh.com under "Announcements".

Proposals will be accepted until 3:00pm on
September 15, 2023.

Proposals shall be submitted to the Town Administration Office at:
Town of Haverhill
Town Administration Office
2975 Dartmouth College Highway
North Haverhill, NH 03774

BEEZWAX By John Martin



What About Ma?

by Kellie Quackenbush

All About The Very Kind People

Ma was living alone with her dogs, her son visited every day but was working, Ma could not drive and was forgetting how to use the phone. The Lions Club and Meals on Wheels were able to help. Initially, Ma was lonely and did not have anyone to visit on a regular basis. Auntie had been spending almost every day with her after Pa died but when Auntie's husband had his own health issues, she could not be with Ma like she used to.

The Meals on Wheels, a service run by the Grafton County Senior Citizens Council (GCSCC), provides meals to senior citizens or disabled people in their home. Monday through Friday, volunteers will bring meals to people who cannot cook for themselves. Along with the meal comes a friendly person who brings a neighborly visit to someone who may not otherwise have visitors. Nutrition and kindness are the goal. Ma loved the visits.

Other services provided by the Grafton County Senior Citizens Council (GCSCC) are assistance with household chores and maintenance,

transportation to appointments and shopping, and transportation to local senior centers for activities. For people outside of Grafton County, you can look online for home services in your county. Many of the services are free or have a small fee based on need.

Ma was also able to count on the local Lions Club to assist her with a "Life-line" call button. If she ever fell or was scared, all she had to do was push a button on her wrist and help would come. Ma was living on her Social Security and the Lions Club paid for the installation and the monthly fee. Our local Lions Club also has a number of durable medical equipment items. When a family member was struck with a sudden health emergency, it was the Lions Club that brought a shower chair, a walker, and a wheelchair within a day from their discharge from the hospital. The kindness of the volunteers in these organizations cannot be understated.

The Lions Club was started in 1917 by a man named Melvin Jones. He recognized the needs of his community after World

War 1 and formed a group to do something. The Lions Clubs are now active in over 200 countries and have a growing mission to do good for their communities. Members of the Lions Club have learned leadership skills and had professional development that has helped each of them grow as individuals and community leaders.

There are many fine organizations in our region and they all do great work serving our communities in different ways. The fact is that if you are in need, there is somebody willing to help--all you have to do is ask. While I am shining a light on the Lions Club and Grafton County Senior Citizens Council (GCSCC), there are many other fine organizations dedicated to making our world a better place. Please go online and check out the organizations in our area that strive to help. If you need help, reach out and ask. If you want to help, find out where to join and if you do not have time but have money, donate.

As a resource, the Trendy Times is always sharing the news about some organization doing something nice or working hard to make a difference. As always, I wish you a nice day and a great week.

NEK Council on Aging Welcomes Lynn White as Options Counselor

Newport, VT - The NEK Council on Aging is pleased to announce that Lynne White has been hired as an Options Counselor working in the Newport office. This position supports clients by evaluating needs and providing person-centered and lifestyle options that inform, encourage, inspire, and support older and disabled adults.



"Lynne's experience in health services and her connections in the northern Northeast Kingdom will be of value as we welcome her as an options counselor," said Meg Burmeister, Executive Director. "As a former referral specialist in case management, she understands the complexities of clinical documentation and the importance of monitoring performance to effectively help clients. We are excited to welcome Lynne to our team."

She served as a Licensed Nursing Assistant & Phlebotomist for North Country Hospital in Newport, VT. As a LNA, she supported the medical, surgical, intensive care, and emergency room nursing staff and case managers as well as supporting patient primary

and emergent care.

She was a Patient Service Representative at North Country Hospital and Northeastern Vermont Regional Hospital, providing administrative support for patient registration, billing, phone support, and scheduling.

Most recently, she was Clinical Assistant, Prior Authorizations and Referral Specialist at Northern Counties Health Care, Island Pond.

She has an associate degree from the Community College of Vermont and graduated from Hull High School in Hull, Massachusetts.

She lives in West Charleston with her husband and three children and enjoys knitting, crocheting, reading, and gardening.

Army Guard Retiree Luncheon Date Set

The New Hampshire Army National Guard (NHARNG) 14th Annual Retiree Day Luncheon date has been set for Thursday, September 21, 2023 by the luncheon planning committee. The committee is made up of

current and retired Army National Guard members. Our immediate goal is to notify all retired NHARNG members about this upcoming event. Retirees who have not attended prior luncheons or have relocated are urged to

contact Command Sergeant Major (Ret) David Follansbee via e-mail: dave_follansbee@comcast.net or (603) 623-7757.

This year's luncheon will be at the Joint Force Headquarters building on the State Military Reservation in Concord and will feature a briefing on the current status of the NHARNG as well as exhibits and displays of interest to retirees. A group photo is also planned. The luncheon fee is \$5.00 at the door.

If you are an NHARNG retiree and plan to attend the luncheon you should RSVP no later than September 15th. Use this link to register: 14th Annual NHARNG Retiree Luncheon (afit.edu)

The planning committee asks if you know of someone who has retired from NHARNG to pass this information along.

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Weeks State Park Named to National Register of Historic Places

The New Hampshire Division of Historical Resources has announced that Weeks State Park in Lancaster has been listed to the United States Secretary of the Interior's National Register of Historic Places.

A well-preserved example of a summer estate built during the late nineteenth and early twentieth centuries, Weeks State Park is historically significant because of its architecture, its historic associations with conservation, agriculture and recreation, and as the summer home of Sen. John Wingate Weeks (1860-1926).

The son of a farmer, Lancaster native Weeks represented Massachusetts in the U.S. House of Representatives from 1905-1913 and in the U.S. Senate from 1913-1919. He served as Secretary of War under Presidents Harding and Coolidge from 1921-1925.

Weeks is best known for authoring the Weeks Act of 1911, which authorized the federal government to purchase land for national forests. The act resulted in approximately 20 million acres, including White Mountain National Forest, being preserved and protected across the United States.

President Warren G. Harding, then-Vice President Calvin Coolidge and General John J. Pershing were some of the military, business and political friends and colleagues who visited Weeks at what he referred to as "the Mountain."

He died at the estate, where he wanted to spend his final days. His children, Katherine W. Davidge and Sinclair Weeks, granted it to the State of New Hampshire in 1941.

Located on the summit and slopes of Mt. Prospect, the 420-acre property's location provides views of the Presidential, Franconia and Pilot ranges of White Mountain National Forest, the Connecticut and Israel river valleys and into Vermont. Mown lawns and meadowland, shade trees, curvilinear paths and drives contribute to the landscape design.

The summit lodge, built in 1912, is a rare New Hampshire example of the

Craftsman style executed at a large scale. Its features include a red terracotta tile-covered clipped gable roof, fieldstone chimneys on each gable wall, expansive verandas, diamond-pane lead glass windows and a stucco exterior.

Its interior layout is unusual in that all of the building's living and sleeping rooms are on the first floor and the second floor is a single 30 x 70 foot hall used for entertaining guests.

An 87 foot tall Tudor Revival-style tower made from native split fieldstone is located near the summit lodge. Originally built in 1912 with a cylindrical water tank to serve the property, its observation deck was enclosed by an octagonal room in 1941 when it was adapted to use as a fire tower; it is the only masonry fire tower in the state and remains an integral part of fire prevention and forest conservation in the state.

Other 1912 features include the caretaker's cottage, a garage, the foundation of the pump house that conveyed water to the tower's storage tank, an auto road that leads to the summit house, fieldstone walls and the landscape design. A carriage road, cellar holes and spring sites pre-date Weeks' ownership.

The property has been used for agriculture since the early nineteenth century, tourism and sightseeing since the late nineteenth century and skiing since the mid-twentieth century.

Administered by the National Park Service, which is part of the U.S. Department of the Interior, the National Register of Historic Places is the nation's official list of historic resources worthy of preservation and is part of a national program to coordinate and support public and private efforts to identify, evaluate and protect our historic and archaeological resources.

Listing to the National Register does not impose any new or additional restrictions or limitations on the use of private or non-federal properties. Listings identify historically significant properties and can serve as educational

tools and increase heritage tourism opportunities. The rehabilitation of National Register-listed commercial or industrial buildings may qualify for certain federal tax provisions.

In New Hampshire, listing to the National Register makes applicable property owners eligible for grants such as the Land and Community Heritage Investment Program or LCHIP (lchip.org) and the Conservation License Plate Program (nh.gov/nhdhr/grants/moose).

For more information on the National Register program in New Hampshire, please visit nh.gov/nhdhr or contact the Division of Historical Resources at 603-271-3583.

New Hampshire's Division of Historical Resources, the State Historic Preservation Office, was established in 1974 and is part of the N.H. Department of Natural and Cultural Resources. NHDHR's mission is to preserve and celebrate New Hampshire's irreplaceable historic resources through programs and services that provide education, stewardship, and protection. For more information, visit us online at nh.gov/nhdhr or by calling 603-271-3483.

Maggie - Me, Myself, or Who? ¹⁵

by Maggie Anderson

fuffles about who calls who what.

A few days ago I overheard a distraught mother telling her table mate how much her son is struggling with some issues surrounding his newly-chosen pronouns.

First, he pondered over which to use, now he's troubled because he's having difficulties getting friends and family members to use his newly-chosen pronouns when addressing him.

Though this is not a subject I have often entertained, my feeling is, if my boss identifies as a rabbit because he once had the part of the Easter bunny in a school play, that's up to him. And, if he decides to don a bunny suit in summer's heat and humidity, it is of no consequence to me whatsoever.

As long as my paycheck is on time, properly signed, and does not bounce when I take it to the bank I am a happy woman.

On the other hand, there are issues that do concern me which are clouded over by the cur-

Our southern border is gushing poison, perversion, and pestilence at alarming rates. Those who slip through, glibly referred to as got-aways, are bringing with them diseases that, until now, have been all but eradicated in this country for 50 or 60 years.

How do we as American citizens guard against that? We have just had an International wrestling match with a nasty little viral invader and now are faced with people infected with things like antibacterial-resistant TB walking the welcome mat with no system in place to protect us against an aggressor, which kills more people world-wide than Aids, heart disease, and cancer combined.

Who is distraught about this? And who's keeping watch at the southern border anyway? Our president vowed to protect Americans from enemies foreign and domestic. Does he not see the issues down there as threats to Americans?

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by Cindy Pinheiro
to contact Cindy (aka Cin Pin)
write to the editor at
gary@trendytimes.com

Polenta with Sauce and Meatballs

Hello hello my fellow chefs! How are you all doing today? I'm okay enjoying my deck. Everyday I have my tea outside and just sit in quietness it's so awesome. I have 2 Adirondack chairs and half of the deck is covered with a metal roof so no matter what the weather I'm covered.

I also had a wonderful day with my friends Polly and Jan. We started off going to a church run thrift store in West Barnet where we all found some good bargains. From there we drove to Burke Mountain and went to the summit. There is a lookout tower that Polly climbed up and I went only 3 flights up because it was windy and I was scared. Jan chose to keep her feet on solid ground! The view was breathtaking and we all enjoyed ourselves. We took some amazing pictures.

So let's get started with today's recipe and how to make it.

Ingredients for meatballs
Large jar of your favorite pasta sauce
1 lb of lean ground beef
1 large egg
1 cup Italian style bread crumbs
1/4 cup grated Parmesan cheese plus more to



sprinkle on top.

- 1 tsp garlic powder
- 1 tsp salt
- 1 Tbsp dried parsley flakes
- 3 Tbsp ketchup

Mix your ground beef with all the ingredients listed and make your meatballs. Heat the sauce to a slow boil and one by one drop the meatballs in the sauce. Cook for 1 hour stirring frequently. The meatballs will cook in the hot sauce.

Ingredients for Polenta
2 cups water
1 1/4 cups milk
1 tsp salt
1 cup polenta (corn grits)
1/4 cup or 1/2 stick butter

In medium pan heat the water, milk and salt to a boil. Slowly add the polenta and whisk constantly for about 5 minutes. It will be the consistency of soft mashed



potatoes, smooth and creamy. Shut heat off and add the 1/2 stick of butter and mix with whisk until butter is melted. In a platter spread the polenta. Top with sauce, cut meatballs in half and place on top and sprinkle additional grated Parmesan cheese over top.

That's it. Let it sit for just 5 minutes and serve. With a spatula cut

through, the polenta will stay together. I served mine with a nice salad. Different, easy peasy and "Delicioso". We also enjoyed a glass of Rosé wine with ours. Remember to drink responsibly. Your family will love it and you will be a star!

Well folks that's it for today's recipe. Please give it a try I think you will be pleasantly surprised.

March to the beat Gosling.
North Haverhill, NH
Contact Cyndi
for copies:
CnB.pics07@gmail.com

Stay safe and healthy my friends. Until next time I am signing off,
Sincerely,
Cin Pin



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