

A FREE PUBLICATION

TRENDY



Next Issue: Tuesday, September 5
Deadline: Thursday, August 31

TIMES

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AUGUST 22, 2023 VOLUME 14, NUMBER 23

Expanded So Long Summer - Hello Fall Festival

The 2023 So Long Summer - Hello Fall Festival will be the largest yet, with more vendors and activities along with the returning favorites plus new ones, too. This year's festival will be held rain or shine on September 2, from 9am - 2pm along Main and Railroad Street in Wells River. The popular Classic Tractor Show sponsored by Wells River Chevrolet will return for the third year. The tractors will leave P&H and drive down to Wells River Chevrolet passing through downtown Wells River at about 11am and will remain there until 1pm. Along with the tractor show and the WRAP bake sale at the Welcome Center, there will also be vendors on Railroad St. at

Wells River Chevrolet.

A big change this year is that the parking on Main Street will only be for those using the handicapped spaces as allowed by law and for the Post Office. For other patrons there will be plenty of parking available in the Jock Oil parking lot, the two lots behind the Wells River Savings Bank, the old Jiffy Mart lot plus at the Little Rivers Health Care clinic located at 61-65 Main St.

Wells River's newest business, The Red Tea Kettle Floral Designs is matching the 11th year of the festival by having 11% off on selected houseplants. Sacred Spirit Wellness is offering an Aura/Chakra photo session with a report for \$60.

Pre-paid reservations are recommended, some walk-ins may be available. In simple terms, your aura represents the energy you project outwards while chakras are how your energy circulates internally.

Richard Roderick, Festival Coordinator, said "With over 40 vendors signed up now, there should be close to 50 at festival time." "And with face painting and popcorn being available, the festival will have more of a street-fair vibe to it." Almost all of the vendors will be selling locally hand made products. There also will be several community booths with information about services being offered locally, volunteer op-



portunities, and nearby year round outdoor recreation.

There will be plenty of food, Tuttle's and Hatchbox will have breakfast and lunch. A Spice of Life will have assorted tea loaves, scones, quesadillas, veggie mac & cheese, and snack bars, Lady's Heart and Soul Catering

will have pulled pork, chopped brisket plus mac and cheese. The School House Bakery will have fresh baked breads, rolls, and more. For maple products stop at the Chamberlain Hill Maples booth and for breads, pickles and relishes, see Alice Bliven's booth.

The Giant Zucchini Contest judging will be at high noon in front of LC Design Concepts.

For more information about the Festival or to reserve a vendor space, contact Richard M. Roderick at wrapwr@gmail.com or call 802 757 2708. For more information about the Tractor Show contact Grace at Wells River Chevy on Facebook, or call 802 757 2311.

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TRENDY Dining Guide

Gather Together Cafe

by Gary Scruton

I am sure I have mentioned before that I no longer drive a vehicle due to my eyesight. That is one reason that whenever I get to dine out I am with either my wife, Janice, or someone else. The one rare occasion might be when I have the opportunity to dine at a place within walking distance of home. Such is the case with the Gather Together Cafe. It is, literally, just up the street from our home, even though to most people it would appear to have a Central Street location here in Woodsville.

With all that being said, Janice and I both walked up the street on a Saturday morning to get a meal to start the day off right. Erin serves breakfast until 11:30, after which she switches to her lunch menu. So us arriving about 10:30 was well within the time frame for breakfast.

We walked in from the Central Street sidewalk and up to the counter where we found a pair of menus, took them and headed to the front room for a seat while we made our choices. By the time we had decided another group of about 8 people came in and were standing in line at the counter to order. So we went back to our seats to patiently wait our turn. The eight put in their orders and then

moved to one of the side rooms that has couches and stuffed chairs. A great place for a group to relax and then enjoy a meal.

When we saw them all gone we went up to place our order. Janice went with the three egg omelette with mushrooms and cheese. The meal also comes with sour dough toast. She added a bottle of water that she pulled from the upright cooler near the front counter. I made the choice of the waffle meal. It comes with New Hampshire maple syrup. I chose not to add the fruit and whipped cream. I did, however, add a side order of bacon along with a small cup of coffee. I should mention at this point that at Gather Together Cafe this is the point where you pay your bill. So I pulled out my plastic and we slid it into the side of the tablet where the staff person had just punched in our order. The total came up, I signed with my finger (I'm sure your could read it just



fine) we got our receipt, in the amount of \$32.02 and the transaction was done.

With our orders placed we went back to the front room that only has five or six small, mostly two person, tables. But from that front room you get a great view of busy Central Street as well as Pine Street and all the traffic moving around on this late Saturday morning.

Erin and her staff cook everything to order so we knew we would be a few minutes until our meals were served and that was fine. We were not hurried and simply chatted with each other and listened to another group that included an interesting toddler.

One of the staff brought out our two meals. They were both served on solid looking and feeling white plates and both had plenty of food. Janice mentioned that the mushrooms she had added to her omelette were very plentiful. Her meal also included a small metal container of fruit as a cap for the meal. My



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waffles totalled four. They were very fluffy and the maple syrup was just the right amount to pour over them and get soaked in. The bacon was crisp, but not over cooked or under cooked. Like the waffles they had plenty of flavor.

We were in no hurry and very much enjoyed the opportunity to just take our time with our meals and enjoy them. As we finished and continued to sit,

Erin finally got caught up in the kitchen and made an appearance to talk to the other guests seated out front as well as to us. It was good to hear that now having reached five years in business the Cafe continues to do better each year.

By the way we handed our cash tip to Erin as we finished our conversation.

Trendy Dining Guide Ads

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'Fall for St. Johnsbury' Foliage Festival Planned

St. Johnsbury, Vermont - Discover St. Johnsbury will bring back foliage festivals to St. Johnsbury after several years without the traditional celebration. Fall for St. Johnsbury is a new take on tradition, and will take place on Saturday, October 7. The event will feature a wide variety of fun activities for the whole family all day long, all throughout town.

On Main Street, don't miss an all-you-can-eat pancake breakfast by St. Johnsbury Meals & Wheels at the Good Living Senior Center, the annual pie & secondhand book sale by the Friends of the St. Johnsbury Athenaeum, and a fall brunch at the United Community Church, UCC.

On Eastern Avenue & Railroad Street, the day starts off with the St.

Trouble in Paradise

by Maggie Anderson

The fires on Maui have been uppermost in my thoughts this past week.

Having lost our house, and everything around it to a forest fire, I am aware of what the survivors are up against. They are standing at the edge of a chasm of red tape and reams of paperwork, years of it actually.

We lost our place three years ago and are still embroiled in its aftermath.

We and our neighbors were lucky, blessed in fact, the fire that roared down our mountain devouring everything in its path did not claim the life of a single resident up there. Every person got down the mountain alive.

Maui was not so fortunate. Many of the residents not only lost their homes and all they had, but they are now mourning losses of family members and friends, and hanging onto hope those who've not yet been located will be found among the living, not listed with those who were lost.

The path ahead for them is a rocky one, my response to their plight is visceral, a knot in the pit of my stomach nothing seems able to untie.

Hang tough Hawaii.

Johnsbury Farmers Market from 9am - 1pm, and continues with the St. J Vintage Market Curated by Haven, from noon - 5pm at Depot Square Park.

This all-new event will feature up to a dozen vintage apparel retailers, as well as food trucks. Cata-mountain Film & Arts will present another St. J Art on the Street Gallery Stroll, with participating galleries and in-store activities within easy walking distance. More activities will be announced soon, including sidewalk sales, performances, live music, and more.

Make sure to plan time into your day to explore scenic drives or bike routes around town, including an itinerary that will take you out to Spaulding Road to experience beautiful views at the Fall Dog Party at Dog

Mountain from noon - 4pm, and the delicious organic apples and chocolate goodies available at Sweet Seasons Farm & Artisan Confections.

"St. Johnsbury is full of historic architecture, beautiful views, vibrant culture, and delicious treats that are worth exploring any day of the year." says Gillian Sewake, Director of Discover St. Johnsbury. "But, we think that foliage season is the perfect time to fall in love with what St. Johnsbury has to offer."

More activities will be finalized in the weeks to come. Businesses and organizations interested in participating should contact Discover St. Johnsbury. Full event details can be found at www.discoverstjohnsbury.com/fall-forstj, or by calling the Welcome Center at 802-748-8575.

World War II Wells River Veterans To Be Honored

September 2, 1945 was the date of surrender by the Japanese that ended World War II. That was almost 78 years ago, and most of the people who served in that conflict have since passed away. But they have not been forgotten.

On Thursday, September 14, 2023 friends, family and the entire community are invited to a ceremony to honor five of those who served and died in World War II. The ceremony will include the unveiling of a new plaque hung on the outside of the Wells River Welcome Center naming Albert "Skeet" Bailey, Donald G. Bidwell, Frank Farnsworth, Robert Flanders and Leon Lamarre as those Killed in Action during World War II who went to war from Wells River, VT.

The ceremony will take place at 6:00 pm at the welcome center and will feature information about

how the plaque came to be as well as some background on each of these five men. Three of these men died while serving in the US Navy, one in the Army and one as a member of the Royal Canadian Air Force. Three men were only 20 years old, one was 26 and Leon Lamarre was 37. Three also died in the Pacific Theater while two were in Europe.

Some of these men have, at this time, very little more known about their lives before or even during their time of duty. Therefore if anyone has any information please contact Hod Symes at symesmo2@aol.com so that a more complete picture can be offered at this ceremony.

The ceremony will also include a blessing of the plaque and presentation of colors and a salute to the fallen men by other local veterans.

Not all Times are Trendy, but there will always be Trendy Times

August 822, 2023

Volume 14 Number 23



Legislative Report from Concord

On August 9, the NH Public School Infrastructure Commission met to establish the next round of public infrastructure grants that will be available for elementary, middle and high schools. The sum of \$10,000,000 was appropriated from the education trust fund for FY24 and FY25 to further support school security. Use of grant funds will be targeted at school projects that enhance building access control and surveillance. To date, New Hampshire has taken significant steps forward to ensure the safety and security of NH's school children. Schools will be notified by Homeland Security and the NH Department of Education later this fall explaining the

grant application process. Multiple applications per school may be submitted, and the maximum award for any one school will be \$100,000. Well over \$40M has previously been allocated by NH to install and upgrade security measures in our public schools; all schools are encouraged to participate in this next round of grants.

In the previous session, \$250,000 was also allocated to a grant program to assist non-profit fairs that are members of the NH Association of Fairs and Expositions. The NH Department of Agriculture, Markets and Food provided notice this past week that the draft rules governing the grant program are now available for public re-

view and comment. The hearing for these rules is scheduled for September 6, at 9:00AM, in the Office of the Commissioner, located in the State House Annex, 25 Capitol Street, Room 201, Concord. Members in good standing, such as the North Haverhill Fair Association, may also provide electronic input regarding the proposed rules by September 14, 2023. Proposed rules are available online at, Capital Improvement for State Fairs Program Grant

Within a few days, the public school year will begin in Vermont and New Hampshire. Have a super school year, and thanks to all who put so much time and effort into learning and teaching in our classrooms, on the school bus, and in all other student activities throughout the school days and year.

Respectfully Submitted,
NH Rep Rick Ladd
Chair, House Education

Can-tabs-for-kids Campaign to Support David's House

At the August meeting of the Northern Grafton County Republican Committee (NGCRC), the members voted to support Dartmouth's David's House by collecting can-tabs-for-kids. Greg Robbins of Littleton volunteered to act as the NCGRC Can-Tabs-for-Kids Captain.

David's House provides support and housing for families of kids needing treatment at Dartmouth Hitchcock Medical Center.

Please help us in this worthy endeavor by bring-

ing your can tabs to one of our meetings at the Littleton Senior Center, 77 Riverglen Lane, Littleton, NH 03561 every second Tuesday of the month or by contacting Greg Robbins @ 603-455-2067, or by contacting Nick De Mayo @ 603-823-9816, or by contacting one of our members throughout our 10 neighboring towns.


Thanks for your support and help on behalf of the families and kids needing treatment throughout New Hampshire.

Volume 14 Number 23 August 822, 2023

Not all Times are Trendy, but there will always be Trendy Times

Lew Mardin 4th Annual Ammonoosuc Valley Fish & Game Club

1463 Wild Ammonoosuc Road (Rt. 112), Bath, NH 03740



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The Winds Were Blowing at Old Church Theater

by Gary Scruton

It is an annual tradition at Old Church Theater. They refer to it as a "family" production because every member of the family can either perform or help out in some other way. Just take a look at the listing of cast and crew to find the same last name more than once.

In the production of East O' the Wind, West O' the Sun, it is more obvious than normal that young actors are a big part of local productions at Old Church theater. A little reading about the cast members tells us that all but one actor is under 20 years of age. The youngest being only 8 years of age.

To start with great compliments need to go to Director, and playwright Melissa Mann. Any time there is a cast of sixteen actors there are innumerable moving parts. Add the fact that some actors had more than one character and that multiplier goes up even further. Now add the fact that as playwright Melissa had her initial thoughts about how things should happen. Now with the cast set there must have been a lot of mixing and matching to make it work as well as it did when presented on the Bradford Academy stage.

With all that said I feel that it was the Trolls who stole the show on the night I was able to attend. As perspective brides the two troll princesses did not appear until the second act, but when they appeared they were noticed. From working hard to get the great prizes they wanted, to getting their parents, the Troll King and Queen, to grant their wishes, it took plenty

of Troll work to get their wishes to come true.

This is not to say that the other performers did not stand up to expectations for each of them. Overall it was a very sound production with diverse and very young cast. It all bodes well for the future of Old Church Theater.

Speaking of the future of OCT, they are looking very much at their past and how to return to the oldest public building in Bradford. It was mentioned at this performance that there is hope to be back across the street with performances by the end of 2024. For that to happen many aspects of work must come together. First there needs to be money raised to pay for the work still to be done. Second, the work needs to be handed out to contractors who have the talent and the time to perform those tasks. And third, the supply chain needs to keep the supplies coming to complete the work. Here's hoping it all works as well as this performance.

Researching Your Old Home

by Linda Scherf for Weeks State Park Association

Weeks State Park Summer Program: Researching Your Old Home by Andrew Cushing at 7 pm, also WSPA 40th Anniversary Celebration and Annual Meeting on Thursday, August 24, 2023 at 6pm.

Every house has a history, but how do you discover yours? Join the NH Preservation Alliance's Andrew Cushing as he explores tools, tricks, and tips for researching your old house. Using a combination of sources tailored to each community - common and uncommon - anyone can start to assemble a more complete picture of their house's history.

Cushing travels the state connecting communities to the resources they need to restore and reuse historic landmarks. He provides technical assistance, practical advice on preservation strategy, and fundraising guidance. He is a New Hampshire native who returned to his hometown of

Grafton, where he is restoring two houses. He also founded and serves as president of Mascoma Valley Preservation, a regional nonprofit dedicated to adapting historic houses.

Prior to returning to the Alliance in 2022, he headed up the Bureau of Historic Sites for NH State Parks. In this capacity he served as a talented and dedicated manager of our own historic park where his work was deeply appreciated.

Andrew is a graduate of Bowdoin College and the University of Pennsylvania, where he received an M.S. in Historic Preservation.

This free program will begin at 7pm.

More information about the NH Preservation Alliance can be found at: New Hampshire Preservation Alliance

The Weeks State Park Association is celebrating a 40th Anniversary this year. All members and guests are invited to the celebration. We will be serving refreshments at 6 pm followed by a brief an-

nual meeting. Our presenter for the celebration is former Director of Historic Parks - Andrew Cushing who now is with the NH Preservation Alliance.

This free program will be in the Great Room of the Summit Lodge of Weeks State Park and will begin at 7pm. Weeks State Park is located on the east side of Route 3, approximately 2 miles south of Lancaster, NH. Carpooling is strongly suggested if possible for the events.

The summer programs are sponsored by the Weeks State Park Association, NH Division of Parks, and UNH Cooperative Extension. "Thank You" to our local business supporters who help make the summer program series possible.

West Newbury Old Tyme Country Dance Is Back!

Simple squares, waltzes, polkas, and two steps. A 100 year old tradition.

Come to dance or just watch. All ages can enjoy



West Newbury Hall Saturday, August 26

7:30 to 10:00 pm and the last Saturday each following month.

Bring refreshments if you can 802-274-2381 for info Donations accepted

Haverhill Library Needs Your Help We're rehabbing our Historic Building

BOOK SALE

Saturday, Sept. 2 9 am - 3:30 PM

- RAFFLE TICKETS on sale at the Library
- Purchase Raffle Tickets to win one of 9 Prize Baskets: Value:\$100 - \$240
- \$5/ticket, 5 for \$20
- Outside Shaw's on August 26 and outside Walmart on Sept. 16

Drawing: Sept. 30, 2023

Check out the Basket Prizes and rules at: HaverhillLibraryNH.org

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Calendar of Events

EVENTS FROM LOCAL NON-PROFITS, SCHOOLS AND TOWNS. *PRESENTED FREE BY TRENDY TIMES.*

WEDNESDAY - SUNDAY, AUGUST 23 - 27

CALEDONIA COUNTY FAIR
See Ad on Page 16
Lyndonville, VT

FRIDAY, AUGUST 25

FINAL FRIDAY
4:00 PM See Article on Page 9
Railroad st., St. Johnsbury, VT

JULIAN GERSTIN SEXTET
8:00 PM See Article on Page 13
Loading Dock, Littleton

SATURDAY, AUGUST 26

OLD TYME COUNTRY DANCE
7:30 - 10:00 PM See Ad on Page 5
West Newbury Hall

DUO KAYO LIVE!
8:00 PM
See Ad on Page 3 & Article on Page 15
Colonial Theatre in Bethlehem,

SUNDAY, AUGUST 27

PLINKER RIMFIRE SHOOT
8:00 AM Registration
9:00 AM Shoot starts
See Ad on Page 4
Ammonoosuc Valley F&G Club, Swiftwater

NORTH CHURCH LAMPLIGHT SERVICES
7:00 PM
Old North Church Danville VT

MONDAY, AUGUST 28

HAVERHILL SELECT BOARD MEETING
6:00 PM
Clifford Memorial Building, Woodsville

TUESDAY, AUGUST 29

author roundtable
7:00 PM See Article on Page 7
Alumni Hall, Haverhill Corner

SATURDAY, SEPTEMBER 2

SO LONG SUMMER -
HELLO FALL FESTIVAL
9:00-2:00 PM
See Ad on Page 9 and Article on Page 1
Main Stree & Railroad Streett, Wells river

HAVERHILL LIBRARY BOOK SALE
9:00 AM - 3:30 PM See Ad on Page 5
Haverill Library, Court St., Haverhill Corner

TUESDAY, SEPTEMBER 5

WOODSVILLE WELLS RIVER 4TH OF
JULY COMMITTEE ANNUAL MEETING
7:00 PM
Baldwin Memorial Library, Wells River

FRIDAY, SEPTEMBER 8

ROSS-WOOD RIDERSY UNIT #20 MEETING
6:00 PM
4 Ammonoosuc Street, Woodsville

MONDAY, SEPTEMBER 11

ROSS-WOOD AUXILIARY UNIT #20 MEETING
6:00 PM
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WEDNESDAY, SEPTEMBER 13

ROSS-WOOD POST #20 MEETING
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THURSDAY, SEPTEMBER 14

ROSS-WOOD SAL SQUADRON #20 MEETING
6:00 PM
4 Ammonoosuc Street, Woodsville

WELLS RIVER WORLD WAR II DECICATION
6:00 PM See Article on Page 3
Wells River Inforamtion Booth

SUNDAY, SEPTEMBER 17

ANYWHICH WAY CRAFT FAIR
9:00-2:00 PM See Ad on Page 7
Woodsville Elementary School

ANY WHICH WAY 5K WALK-A-THON
9:00 AM See Ad on Page 7
Woodsville Elementary School

THURSDAY, SEPTEMBER 21

HAVERHILL MEMORIAL VFW POST #5245
MONTHLY MEETING
6:00 PM
North Haverhill

SUNDAY, SEPTEMBER 24

OLD NORTH CHURCH LAMPLIGHT SERVICES
7:00pm
Old North Church Danville VT

EVERY THURSDAY

WORKING ON WELLNESS
6:00 PM
Monroe Public Library

EVERY FRIDAY

SHARE THE HARVEST TABLE
NOON - 7:00 PM
Baldwin Memorial Library, Wells River.

EVERY SUNDAY

BETHANY CHURCH WORSHIP SERVICES
9:00 AM "the church set apart on the hill"
Mt. Moosilauke Highway, Pike, NH
Phone: jo anne at 603-787-6658

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South Court Street, Woodsville
PICKLEBALL
Tuesday & Thursday evenings at 6:00 PM
Saturday mornings at 9:00-10:30 AM
LINE DANCING every Wednesday evening
6:00 - 7:00 PM

ANTIQUUE STROLLERS WALKING PROGRAM
Monday – Friday from 11:00-12:00
Morrill Municipal Building, North Haverhill

Volume 14 Number 23 August 822, 2023 Not all Times are Trendy, but there will always be Trendy Times

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For those in the area who are interested in writing and publishing, at 7 PM on August 29 at Alumni Hall, Haverhill Library will offer a panel discussion with published local authors who will discuss their chosen genres and their choices for publishing along with their lessons learned. This is not to miss and it's Free! Look who we have:

Opinion weekly newspaper.

Lawrence Clark's Barbershop
 Tue.-Fri. 9am - 4:30 pm
 Sat. 8 am - Noon
 42 Main St., Wells River

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 CnB.pics07@gmail.com



Piermont author Bernie Marvin is an accomplished photojournalist and is presently the senior writer/photographer and columnist for The Bridge Weekly newspaper. He is a former US Marine Corps combat photographer. He's a self-publisher.

Michelle Arnosky Sherburne, a Vermont/New Hampshire historian stuck in the 19th century, focuses her research, lectures, and books on the Civil War, the Underground Railroad, and slavery in New England. Long in the newspaper business she and her husband now run the Journal

COTTAGE HOSPITAL'S

2nd Annual Any Which Way Craft Fair

IN CONJUNCTION WITH OUR 3RD ANNUAL ANY WHICH WAY 5K EVENT

WHEN: SUNDAY, SEPTEMBER 17, 2023 FROM 9 AM- 2 PM
WHERE: WOODSVILLE ELEMENTARY SCHOOL

We welcome all vendors that fall into the following categories:

- Selling items that are handcrafted, photographed, etc.
- Selling food items, such as baked goods, canned goods, etc.
- Selling gift quality items, gift baskets, independent consultant products (i.e. Scentsy, Pampered Chef, Lula Roe etc.)
- NO yard sale items please.

Please go to www.cottagehospital.org/any-which-way-5k to view and print the registration form, or email dduffy@cottagehospital.org

September 17, 2023 at 9:00 AM @ Woodsville Elementary School

3rd Annual Any Which Way 5k, Walk-a-thon & Craft Fair Fundraising Event

Register INDIVIDUALLY or as a TEAM to RUN or WALK in this event!!

Alburrito's food truck will be offering lunch at the event!

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Woodsville High School Engineers Ready to Hit the Rails for Another Year

Woodsville, New Hampshire – The educators, staff, and administration of Woodsville High School are delighted to announce the commencement of the new academic year on Monday, August 28th, 2023.

The beginning of each school year brings new opportunities, experiences, and growth, both academically and personally. WHS is geared up

and excited to welcome all returning students and the incoming freshman class.

Key Details for the First Day:

Date: Monday, August 28th, 2023

Time: 8:00 AM

Location: Woodsville High School, 9 High Street, Woodsville, New Hampshire, 03785

Parents and guardians are reminded to ensure that their children are



adequately prepared, having procured necessary school supplies as advised.

The school's dedicated teaching staff and administration have spent the summer preparing an engaging curriculum and organizing various extracurricular activities to ensure a holistic education and foster a love of learning.

"We're looking forward to an exciting year filled with achievements, innovations, and memorable moments," says Hayden Coon, Principal of Woodsville High School. "We're confident that our students will rise to every challenge and make this year exceptional."

Parents and students are encouraged to regularly check the WHS website, WoodsvilleHighSchool.com, for updates on upcoming school events, schedules, and other relevant announcements.

About Woodsville High School: Woodsville High School is a leading educational institution in New Hampshire, dedicated to fostering academic excellence and personal growth. Serving the community of Woodsville for numerous years, WHS continues its commitment to shaping the leaders of tomorrow.

Volume 14 Number 23

August 822, 2023

Not all Times are Trendy, but there will always be Trendy Times

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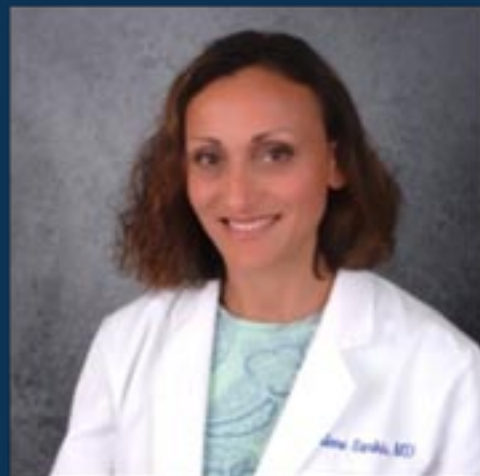


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St. J Final Fridays Series Closes Out the Summer on August 25

St. Johnsbury, VT – In June & July, the St. J Final Fridays series brought thousands of people to St. Johnsbury to enjoy free arts & culture experiences in the heart of the downtown.

Partners Discover St. Johnsbury, the Town of St. Johnsbury, and Catamount Film & Arts are closing out the series this year with the final event scheduled for Friday, August 25. Starting at 4:00pm, Railroad Street will be closed to motorized vehicles and filled with 40+ free interactive live art demonstrations, family fun activities, a gallery stroll, sidewalk sales, tasty treats, food trucks, a beer garden, and more. At 7:00pm, the event closes out with a free Levitt AMP St. Johnsbury Music Series performance right in the heart of the downtown. More details can be found at www.discoverstjohnsbury.com/finalfridays, by visiting the Welcome Center (51 Depot Square), or calling (802) 748-8575.

"We have had an amazing summer of fun," says Gillian Sewake, Director of Discover St. Johnsbury. "It's time to celebrate and #getdowntown together one last time before we go back to school and start thinking ahead to foliage season."

Featured free programming at the street fair includes a live art creation project by Harlan Mack; live music by Chickweed; live portrait drawing by Larry Golden; doggie hydration stations from the Friends of Dog Mountain; henna tattoos from Amal Eltaib; SHINE dance-fitness popup classes by NEK Prosper!; and more including kids crafts, dance demonstrations, and free goodies like popcorn, cotton candy, & lemonade.

Food trucks will be available with meals for purchase during the street fair, along with a beer & mocktails garden hosted by Kingdom Taproom and Cosmic Cup Café, which opens at 6pm.

Businesses along Railroad Street and Eastern Avenue will also stay open late and host sidewalk sales and activities in-store. The St. J Art on the Street Gallery Stroll by Catamount Arts features art exhibitions, meet-the-



artist activities, and refreshments in a dozen locations along Railroad Street and Eastern Avenue, including Bread & Puppet at Haven. Don't forget to beat the August heat with free ice cream during the event at Kitchen Counter Cafe & YUMMIES @ The Star!

At 7:00pm, the Levitt AMP St. Johnsbury Music Series presents singer-songwriter Diana DeMuth, whose vocals have supported the likes of The Lumineers, Melissa Etheridge, Jade Bird, Amos Lee, The Felice Brothers, and Michael Franti. Catamount Arts will bring their signature mobile stage to the heart of downtown St. Johnsbury, turning Railroad Street into a summer concert venue to show-

case DeMuth's songs, which come to life in powerful and cathartic live performances. The Levitt AMP St. Johnsbury Music Series is supported in part by the Mortimer & Mimi Levitt Foundation, which partners with towns and cities across America to activate underused public spaces through the power of free live music, creating welcoming, inclusive destinations. Presenting a broad array of music genres and cultural programming,

Levitt venues and concert sites are community anchors where families, friends and neighbors of all ages and backgrounds come together. Learn more at www.levitt.org.

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Counselors are responsible for supervising Club members in a variety of creative and physical activities, and also assisting with homework.

Starting wages \$13-15/hour.
 Hours are Monday – Friday, 2:00* - 6:00 PM
 (* starting time flexible ~ between 2 and 3 pm)
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BGCNC is also seeking a Van Driver
 who will be responsible for transporting children from school to the Club in our shuttle van.

Applicants must be 21+ years of age and hold a valid driver's license with a clean driving record.
Starting wage \$20/hour.
 Hours are Monday – Friday, 1:45 PM – 3:00 PM.

Apply today! Contact Sandy Brackett at 603-838-5954 or director@bgcnorthcountry.org

WELLS RIVER ACTION PROGRAM (WRAP) presents: 11th Annual

"SO LONG SUMMER HELLO FALL" FESTIVAL
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 Saturday, September 2, 2023 • 9:00 am - 2:00 pm

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Pulled pork, chopped brisket plus mac & cheese.

All Events are Rain or Shine *WRAP Bake Sale* at the Welcome Center

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 Weigh - In High Noon



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 Classifieds that exceed word count may be subject to an additional charge.

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Not all Times are Trendy, but there will always be Trendy Times August 822, 2023 Volume 14 Number 23

LETTERS

(and even some real words)

From The Editor

As the calendar moves us into September changes are fast approaching once again. Life is, in fact, a large series of changes. Nothing really stays the same. Even if they are small changes that are hardly noticed, over time there can be a big difference in how things operate, look and function.

As you may already guess changes are once again coming to Trendy Times. As a quick history lesson Trendy Times was first published on Tuesday, October 6, 2009. It was first set up as a weekly publication with direct mailings as well as newsstand pickups. Within the first year the paper changed to a bi-weekly publication (every other Tuesday) and we turned to a "pick up at the store" distribution model. The number of those printed copies has grown to now be 9,000 copies with an average of about 95% being picked up before the new ones go out.

Well, it's time for a couple more changes. One is that the paper, though still having a Tuesday publish date, will now be placed on newsstands on Tuesday instead of Monday. This is due to a change with our printer and is beyond our control.

The second change to Trendy Times is the person at the top (or is that the bottom?) of the totem pole when it comes to decision making, check writing, and layout making. My eldest daughter, April Scruton, will be the

new publisher of Trendy Times as of September 1, 2023. Not only will she be doing those tasks listed above, but she will also be out there doing ad sales, driving around dropping off papers, and simply being the face of Trendy Times. But I will not be completely "retired" from this business that I have so enjoyed. I will still hold the title of "Editor" and will therefore still be answering those great "Letters to the Editor". I will also still be out there doing some sales and maybe even making up some ads or writing an article.

The bottom line of these most recent changes will be hard to really see from the seat of most readers of Trendy Times. Sure there may be some new columnists coming on board, and maybe some of our current writers will do like me and fade off into the sunset. But, like the previous changes they happen as time goes by with little fanfare, and hardly any notice. But we wanted our readers to know "the rest of the story".

So please keep picking up your copy of Trendy Times at a newsstand near you, or read it on line at www.trendytimes.com and don't hesitate to reach out to us with your opinions, thoughts, stories, or even a classified ad. We look forward to all of those items and more. Happy reading, and remember "Not all Times are Trendy, but there will always be Trendy Times".

Letter to the Editor: Kennedy Threat

To the Editor,

Nobody could be more of a fan of the Kennedy mystique than I. 1960 was the first election I ever noticed. I was 12. My brother was going to college and he thought he knew a lot about "issues," like the economy and communism. His girlfriend and I loved Jack Kennedy for our own reasons: because he was not old and bald, like Ike, because his wife was beautiful and pregnant, because Caroline was adorable.

When I was 15, he was assassinated and I was heartbroken. By the time Robert Kennedy was killed, too, I was in college. Our dashed hopes attached to the youngest brother, Teddy. Edward Kennedy survived his personal tragedies to work effectively many years in the Senate with both Republicans and Democrats to pass legislation to bring access to affordable health care through Medicaid.

When Robert Kennedy, Jr. emerged as a viable politician, I was excited to follow his career. I supported his early efforts at environmental protection with the Riverkeepers, a group or-

ganized with Pete Seeger to clean and preserve the Hudson River. Sadly, I now hear that he has become the unlikely herald of conspiracy theories, especially the fear of vaccines. He has preached against the government's efforts to encourage vaccination against covid, in order to save lives and end the pandemic. He is now putting himself forward as a dangerous challenge to the reelection of Joe Biden. Dangerous, yes, because, like Ralph Nader in 2000, and Jill Stein in 2016, he will direct attention and votes away from the Democrats and Joe Biden, and very likely bring Donald Trump back into power. And the return of Trump would pose a very grave danger to democracy in America.

There is one person who carries on, even though he is old, the values and the liberal causes of the old Kennedys. That person is our President, Joe Biden. He has supported for years and truly believes in the American values of faith, industry and fellowship, and working to solve problems together. He has passed legislation to address the existential threat

of climate change, the development of American enterprise and industry, and the rebuilding of our crumbling infrastructure. He is fighting to preserve and support the middle class, by bringing back manufacturing and fair taxation for corporations and the super-wealthy. He has tried to bring more opportunity to young people by removing the economic burden of higher education. He has done a great deal to heal international relationships with our allies, that were so damaged during the Trump years, and has brought together a coalition to support Ukraine in their fight for democracy against the autocracy of Russia.

We cannot afford to throw away our votes on RFK, Jr. in the face of Biden's efforts and accomplishments, and the growing economic recovery from the effects of the covid years. This is no time to forget the hopefulness of our youth, and to forget the Kennedys—but the representative of that time is not Robert Kennedy, Jr. — it is good old Joe Biden.

Cynthia Lanchester
Easton, NH

cratic debates scheduled.

I point this out only because if there are those who wish to run in opposition of any candidate, they should not be denied the opportunity to have a debate.

It is sure to be a long election season and the landscape could certainly change several time before November of 2024. During that time I urge all voters to be informed and then cast your ballot for the person you feel will best lead this country.

Gary Scruton, Editor

Cynthia,

It is good to hear some positive words from a writer in regards to a politician, especially a sitting president. I feel there is way too much negativity out there. I would much prefer to vote for a candidate rather than to vote against a candidate.

With that said I would like to point out that August 23 is the scheduled date for the first Presidential debate for the 2024 election. It is a Republican debate. At the time I write this a quick search showed no Demo-

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When you retire, you'll experience many changes — should one of them involve your living arrangements?

The issue of downsizing is one that many retirees will consider. If you have children, and they've grown and left the home, you might find yourself with more space than you really need. Of course, this doesn't necessarily mean you must pack up and scale down yourself. You might love your home and neighborhood and see no reason to go. But if you're open to a change, you could find that moving to a smaller house, a condo or an apartment may make sense for you.

Let's consider some of the advantages of downsizing:

- You could save money. Moving to a smaller space could lower your utility bills and upkeep costs.

- You could save effort. A smaller home will mean less maintenance and cleaning.

- You could de-clutter. Over the years, most of us accumulate more

possessions than we really need. Downsizing gives you a chance to de-clutter. And you can do some good along the way, too, because many charitable organizations will welcome some of your items.

- You could make money. If you've had your home for many years, it's certainly possible that it's worth more — perhaps a great deal more — than what you paid for it. So, when you sell it, you could pocket a lot of money — possibly without being taxed on the gains. Generally, if you've lived in your home for at least two years in the five-year period before you sold it, you can exclude \$250,000 of capital gains, if you're single, or \$500,000 if you're married and file taxes jointly. (You'll want to consult with your tax advisor, though, before selling your home, to ensure you're eligible for the exclusion, especially if you do own multiple homes. Issues can arise in connection with determining one's "primary" residence.)

While downsizing does offer some potentially big benefits, it can also entail some drawbacks. First of all, it's possible that your home might not be

worth as much as you had hoped, which means you won't clear as much money from the sale as you anticipated. Also, if you still were paying off a mortgage on your bigger home, you may have been deducting the interest payments on your taxes — a deduction that might be reduced or lost to you if you purchase a less-expensive condo or become a renter. Besides these financial factors, there's the ordinary hassle of packing and moving. And if you're going to a much smaller living space, you may not have much room for family members who want to visit or occasionally spend the night.

So, as you can see, you'll need to weigh a variety of financial, practical and emotional issues when deciding whether to downsize. And you will also want to communicate your thoughts to grown children or other family members who may someday have reason to be involved in your living space. In short, it's a big decision — so give it the attention it deserves.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones, Member SIPC

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Thank you for your understanding.



Corn

by Elinor Mawson

The little boy loved visiting his grandparents. He helped his Gram with her flower beds and worked

with his Grampa planting his vegetable garden. They took him out to lunch, and oh! the best part was when it was time to sleep! His grandmother had a high bed, and there was a big space under it where he could put his sleeping bag. He and his Gram both slept like logs when he was under there!

One day when it was almost Fall, the little boy decided to help his grandfather get his garden ready for the next season. The garden was next to a cow pasture and he remembered the times past when Gramp had pulled up the cornstalks and threw them over the fence for the cows.

So when his grandfather was having his afternoon nap, the little boy went out to the garden and started pulling. He had a wonderful time hurling the stalks over the fence and watching the cows heading for some good eats. He was almost done when his grandfather came out the door and found him at work.

"What do you think you're doing?" he yelled. "I wasn't ready to pull up the corn yet!"

The little boy didn't know what to say. He hated for his grandfather to be displeased, and he ran inside to call his mother to come and get him.

When his mother saw his face she knew her son was very upset. He was very quiet for the rest of the day, and when she tucked him into bed that night, he was in tears. She heard his sad story, and knew how he felt. He concluded his tale with, "I suppose I will have to tell him that I'm sorry."

The next day they went to the grandparent's house. The little boy stood in front of his Grampa and said, "I want to apologize for pulling up your corn, I didn't want to upset you; I was trying to help you."

His grandfather bolted for the door and got into his truck. He didn't want anybody to see the tears in his eyes. He left the yard at a high rate of speed.

The little boy watched him from the window. "I bet he's going to our house," he observed. "And pull up all OUR plants!"

Julian Gerstin Sextet live at The Loading Dock

The Loading Dock is pleased to announce that the Julian Gerstin Sextet will be playing their blend of global jazz live in Littleton on Friday, August 25th at 8pm. Tickets are available on Eventbrite in advance for \$10 and \$15 day of show. All ages. Doors open at 7:30, music starts at 8.

Julian Gerstin sits on his drum, playing with both hands and one foot, pressing with his heel to change the sound, higher and lower. The drum is a tanbou from the Caribbean island of Martinique. You're not likely to hear it outside of that island, but in the JG Sextet, Gerstin has adapted it for jazz: clarinet and trumpet, piano and bass, drums and a whole lot of percussion.

The Sextet's music combines jazz with driving rhythms from around the world: Cuba, Bulgaria, Turkey, Egypt, as well as



Martinique. Lyrical melodies float over the rhythm, and the band members play it all with jazz spontaneity. Gerstin writes music that's both inventive and catchy. "I like pretty intense sounds," he says, "but I also like pretty. I want people to enjoy the music. If there's some tricky weirdness, it has to sound organic."

The Sextet has been around for eight years, but went on pause during Covid. This summer marks its return, with concerts in its native Vermont as well as New Hampshire, Massachusetts and Connecticut. The band is

happy to be back, and its happiness shows on stage. Smiles and spontaneity fill the music, and you're not likely to hear a song played twice in the same way.

Anna Patton, on clarinet, plays both traditional contradances and free-form jazz improvisation, as well as Bulgarian and other Balkan styles. She's a master clarinetist, and in demand as a dance teacher and chorus leader as well. Trumpeter Don Anderson is a veteran of salsa and big band swing bands. Eugene Uman, on piano, directs the Vermont Jazz Center and was re-

cently recognized as a master teacher by the Vermont Arts Council. Eugene lives part-time in Colombia and brings that country's musical traditions to the group. He has worked with a wide range of musicians from rock legend Bo Diddley to jazz singer Sheila Jordan, a National Endowment of the Arts Jazz Master Artist.

Bassist Wes Brown spans the entire history of jazz. He began his career at 18 with two years on the road with pianist Earl "Fatha" Hines, who recorded classic jazz duets with Louis Armstrong in the 1920s. Brown went on to play and record with noted contemporary experimentalists, including Wadada Leo Smith, Anthony Braxton, and Marilyn Crispell.

Rounding out the Sextet, drummer Ben James provides solid grounding for Gerstin's rhythmic inventions. Among his other

credits, James performed for several years with the avant-garde jazz saxophonist John Tchicai.

If the sizzle of Cuban salsa, the infectious rhythms of Bulgarian dance, and the arabesque melodies of Turkey, all mixed together with jazz creativity, sounds like a good combination to you, then check out the Julian Gerstin Sextet live at The Loading Dock on Friday August 25th at 8pm, all ages are welcome to attend. \$5 student discount at the door.

The Loading Dock is a non-profit creative space dedicated to presenting original art. The venue is located on Mill Street in Littleton, the entrance is next to a loading dock directly behind Topic of the Town and just up the street from Bad Art. The best parking is on Main Street or in the free parking lots on Pleasant Street behind the movie theater.

Not all Times are Trendy, but there will always be Trendy Times

August 822, 2023

Volume 14 Number 23

Letter to the Editor: Reject PragerU

To the editor,

New Hampshire's Commissioner of Education Frank Edelblut is urging the Board of Education to introduce content and courses from far-right PragerU in the school curriculum and to award credit toward high school graduation. This is an alarming disregard for unbiased education in New Hampshire classrooms promoted by the very man who is supposed to be guarding the integrity of our schools. PragerU is a far-right political non-profit founded by radio shock-jock Dennis Prager in 2009. It is not an educational institution. No one gets a degree from PragerU. It is a political organization which promotes biased and misleading far-right views on such topics as climate change, slavery, and racism, and is overtly

anti-LGBTQ. It substitutes rightwing propaganda for factual historical and scientific understanding.

This proposal was tabled by the Board of Education in its meeting last week and will likely be reintroduced at its next meeting in September. It should be defeated once and for all in the interest of maintaining the integrity of New Hampshire's schools and assuring that New Hampshire's teachers can deliver an honest, unbiased education to their students.

The potential inclusion of PragerU content in our schools threatens to politicize the learning environment for New Hampshire children, undermining the values of critical thinking and intellectual growth.

Betsey Phillips
Bethlehem

Betsy,

I know this will make me sound old and maybe even a bit out dated, but Education today is so very different that it was when I went to school. Of course in those days I did not know nearly as much as I believe I know now. I was not aware of any of the "behind the scenes" work that went on by educators or the Boards of Education. (The Board of Education I knew of was far different.) But I do recall that there were various opinions from various teachers. I recall one instance where a teacher did an impersonation in a humorous way, but another teacher felt very differently. I am not aware either of these two made a big deal of it, but simply filed it away and moved on.

Differing opinions will always occur. It's what we, now as the teachers, do with them that will educate our students.
Gary Scruton, Editor

Letter to the Editor: Understanding the 14th Amendment

To the Editor,

Two conservative Federalist Society legal scholars and law professors, William Baude and Michael Stokes Paulsen, recently published a paper in the University of Pennsylvania Law Review stating that Donald Trump is no longer qualified to hold any public office under the 14th amendment of the US Constitution.

Section 3 of the amendment states that "no person who has taken an oath as an officer of the United States can hold office if they have engaged in insurrection or rebellion against the same, or given aid or comfort to the enemies thereof."

Holding someone accountable under this statute does not require a criminal conviction. Each state's secretaries of state can decide that the ev-

idence against Trump for his role in fomenting the January 6th insurrection and his subsequent attempts to overturn the 2020 election results, all of which have resulted in numerous criminal indictments against him, are enough to invoke the 14th amendment against him. This would keep his name off their state's primary and general election ballots, making it impossible for him to receive the state's electoral college votes in the general election. At least ten states have already been formally asked by several citizens groups to disqualify Trump.

If enough states, especially those with the largest number of electoral college votes don't allow Trump's name to appear on their ballots, it becomes a mathematical impossibility for him to win the election.

However, any vote from any state to keep Trump's name from appearing on the ballot would certainly be appealed to the US Supreme Court, making chances of disqualification by each state even more remote.

Congress can also declare him ineligible to run anywhere by a simple majority vote but, since the Republicans hold a slim, highly partisan majority in the House, that route seems unlikely.

Even though conservative constitutional scholars believe the 14th amendment should be applied here, the decision to do so remains a purely political one and dependent upon highly partisan elected officials' opinions, not based on the Constitution at all.

Rachael Booth
Landaff

Rachael,

This may seem to be a unique view, but I always believed that laws, and therefore amendments to our Constitution, were made to either permit or not permit a certain act. Probably in the beginning that was true. Laws were black and white. Either you followed the law or you didn't. It seems to me that we have all gotten very far away from that time.

In today's world there are levels of not following a law. Even is you are found to have not followed the law and are found guilty, there are various levels of punishment. Some may get jail time, others pay a

fine, some get probation.

Now I am not trying to say that there needs to be no opportunity to adjust the punishment to fit the crime, but two persons found guilty for the same offense should face similar punishments.

Is former President Trump guilty of "engaging in insurrection or rebellion against the same, or given aid or comfort to the enemies thereof." I trust that a jury will get all the facts and can come to a decision in a reasonable amount of time. The election of 2024 should go down in history as a positive time, not a negative one.

Gary Scruton, Editor



What About Ma?

by Kellie Quackenbush

All About the Memories

People use their phones to take pictures, but they do not print them out. It is actually very hard to find a good place to develop real film these days and the pictures that you take on your phone, when you blow them up, are grainy and not very good. For people who are happy looking at images on tiny screens, the phone pictures are fine. Me, I am an admirer of the lost habit of taking pictures that would be placed in photo-albums. The great thing about pictures from the past is that they remind us of things we did, people we knew, our own history. Pictures capture a memory that may get buried with all that we do and learn in our busy lives. Grandma's stories, family tales and even Ma's greatest stories get lost once a memory illness or unexpected death occurs. The meaning of the story or the feelings the

story evokes change with time.

Funny story about Ma and Auntie when they were little. Their dad worked on a farm, here in Orford. One hot summer day, the men (farm workers) had been using a horse to pull the hay wagon and when the men took their lunch break they unhitched the horse and had the horse tied under some shade. The girls untied the horse and led it to a big rock so that they could climb up on top of the horse for a ride. When the men came out and found the horse was gone, they had a time trying to track down the horse to continue working.

Auntie and Ma would smile and giggle when telling this tale. They did recall that their dad was not very pleased with them in this instance. This story from Ma's youth was told at family gatherings many times through the years

with great joy. However, it became a lost tale for both of them in their last years on this world as memory disorders stole it from them. Attempts to remind them of the story turned into frustration and anguish as they struggled to recall this or any other past event.

Dartmouth.edu, says lead author Adam Steel, a Neukom Fellow with the Department of Psychological and Brain Sciences in the Robertson Lab. "When you look at the location of the brain areas that process visual scenes and those that process spatial memories, these place-memory areas literally form a bridge between the two systems. Each of the brain areas involved in visual processing is paired with a place-memory counterpart."

There are many studies about memory posted on the Dartmouth College website. Good information and hints to help maintain the memories of people suffering from memory disorders. The hope remains that someday, we will have cures to dementia and other memory disorders.

Until then, I take my pictures and paste them in albums and if I am very good, I even write a date and place for the picture. These days, Life is very busy and I am not working on photo-albums. I do take a lot of pictures and one day, I will tell the tales.

Be well.

New JAG Leader at WHS

Woodsville, NH - Woodsville High School, in partnership with New Hampshire Jobs for America's Graduates (JAG), is thrilled to announce the appointment of Haley Goodwin as the new Program Manager for the New Hampshire Jobs for America's Graduates initiative. Goodwin brings extensive experience to the role, with a background in teaching social studies to students in grades 6-12 and a solid commitment to civic education and engagement.



A graduate of Olivet Nazarene University, Goodwin holds a B.S. in Social Science Education. She is an active New Hampshire Civic Learning Coalition member and currently serves as Vice President for the New Hampshire Council for Social Studies. Goodwin's lifelong mission is to cultivate an active and engaged citizenry, equipping the next generation of leaders with the knowledge and skills needed to impact their communities and the nation positively.

Goodwin's diverse interests complement her professional pursuits. As an avid reader, she continually seeks new knowledge and stays current with the latest develop-

ments in her field. Goodwin enjoys an active and healthy lifestyle in her free time, exploring hole-in-the-wall coffee shops along the coast and immersing herself in the local community.

The faculty and staff at Woodsville High School, along with the JAG team, are excited to welcome Haley Goodwin to her new role. Her dedication to education and community engagement aligns with the school's mission and vision, and her impact on the futures of Woodsville students is anticipated with great enthusiasm.

New Hampshire JAG is a state affiliate of the national Jobs for America's Graduates program. It is a dedicated program for youth seeking to maximize their high school education and pursue career and postsecondary educational interests.

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NOTICE ANNUAL MEETING

Woodsville Wells River 4th of July Committee

Tuesday, September 5

7:00 PM

**Baldwin Memorial Library
Wells River, VT**

Agenda to include Election of Officers & proposed by-law modification.
General Public welcomed to attend.
New members are encouraged to attend and join the committee.

For info email: president@wwr4th.org

Duo Kayo Live at The Colonial on August 26th

The Colonial Theatre in Bethlehem, New Hampshire welcomes Duo Kayo Live! on August 26th at 8:00 PM.

Duo Kayo, featuring the dynamic pairing of cellist Titilayo Ayangade and violist Edwin Kaplan, delivers a powerful performance with their unique ensemble. Boasting over a decade and a half of professional experience as

Colonial is brought to you by Producing Sponsors Diane and Kirk Hartung and Co-Producing Sponsor Lone Pine Brewing. Doors and patio open at The Colonial Theatre in Bethlehem at 7:00 PM, and the show starts at 8:00 PM. General Admission tickets are \$28, Members General Admission tickets are \$18, and Front & Center tickets are



members of esteemed groups like the Thalea and Tesla String Quartets, this innovative duo is making a bold statement in the classical music world. Committed to both commissioning new works and championing lesser-known pieces from the repertoire, Duo Kayo can be found performing live across the Northeast. Known for their vibrant energy and joyous musical expression, the duo is on a mission to be a vessel for new and exciting music, and to challenge traditional thinking about the genre.

\$38. Tickets are available online at www.BethlehemColonial.org.

The mission of the Friends of The Colonial is to inspire and invite participation in the cultural conversation by preserving and improving this historic landmark theatre, providing high-quality film and performing arts programming, and offering a vision of small-town revitalization based on the arts.

To learn more about upcoming movies and events, purchase tickets, or become a member or volunteer please visit www.BethlehemColonial.org.

[nial.org](http://www.colonial.org). While you are there, sign up for regular email updates or follow The Colonial on Instagram (@bethlehemcolonial), Facebook (Facebook.com/BethlehemColonial), or Twitter (@ColonialNH).



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Not all Times are Trendy, but there will always be Trendy Times August 822, 2023 Volume 14 Number 23



by Cindy Pinheiro
to contact Cindy (aka Cin Pin)
write to the editor at
gary@trendytimes.com

Special Blueberry Muffins

Hello hello my fellow chefs! How are you all doing today? I'm fine and excited to say I think I found a car that I could afford and will test drive it tomorrow or day after that. It has been a long time coming. It's between 2 different vehicles so hopefully by the next edition I can tell you more. I don't want to jinx myself!!!



I can't believe that summer is going by so fast. School will be starting soon and I'm not ready for summer to be over. I haven't even been swimming yet. Being without a car for so long has been driving me crazy, I love to go to Miles Pond that is 10 minutes away and so far I haven't been once. The 2 dogs miss swimming at the boat launch that is right near the beach. I just can't wait.

So Let's get started with today's recipe and how to make it. You can use fresh blueberries, that's what I used. Frozen can be used also but you either need to defrost or add a few minutes to the baking time. And don't over mix because your muffins will turn purple.

Ingredients

- 2 Large eggs at room temperature
- 1 cup granulated sugar
- 1/2 tsp salt
- 1/2 cup vegetable oil
- 1 tsp vanilla extract
- 1 cup(8oz) sour cream
- 2 cups all purpose

flour plus 1 tsp
1 tsp baking powder
1/4 tsp baking soda
1-1/2 cups fresh blueberries rinsed & dried
Toss with 1 tsp flour. Tossing them is supposed to help the blueberries from sinking to the bottom. Preheat oven to 375 degrees and place paper cups in a 12 muffin tin pan. In large bowl mix on high the eggs, sugar, and salt for 3-5 minutes until nice and creamy. Add sour cream, oil and vanilla extract and mix on low just until combined 30-40 seconds. In a medium bowl whisk the dry ingredients, flour, baking powder and baking soda. Whisking helps fluff flour. It's to make the muffins fluffy. Add the dry ingredients to egg mixture a little at a time and mix just until combined. Don't over mix. Gently fold in the blueberries you tossed with the flour into your mixture and fill the muffin cups. Bake for 25-30 minutes until golden brown and

toothpick inserted into center comes out clean. Remove from oven and cool on wire rack in pan for 5 minutes then remove from pan and finish cooling on wire rack. That's it you are done. Easy peasy and "Delicioso". They come out light and fluffy and some blueberries still sunk but not bad. I ate 2 while they were a bit warm with a little butter and they were yummy!

Please give these Special Blueberry Muffins a try. Your family will love them and you will be a star.

Well folks that's it for today's recipe. Until next time stay safe and healthy my friends, I am signing off,
Sincerely,
Cin Pin



Volume 14 Number 23 August 822, 2023 August 822, 2023 August 822, 2023 Not all Times are Trendy, but there will always be Trendy Times



TUESDAY, AUGUST 22
AUCTION - 6 PM
WEDNESDAY, AUGUST 23
DEMO NIGHT - SALE \$12
4 PM GATES OPEN
6 PM MINI-HORSE PULL
6:30 PM POWER WHEELS DEMO, SUV, VAN & TEAM DEMO
THURSDAY, AUGUST 24
CHILDREN'S DAY
9 AM YOUTH DAIRY CATTLE JUDGING
10:30 AM PONY PULL, 1,850 LBS.
10 AM FARM TRACTOR PULL
2:30 PM PONY PULL, 2,250 LBS.
6 PM CORNHOLE TOURNAMENT
6:30 PM PONY PULL, FREE-FOR-ALL
7 PM DJ
8-10:30 PM KARAOKE/DJ
FRIDAY, AUGUST 25
SENIOR DAY - \$12
9 AM DAIRY CATTLE JUDGING - OPEN SHOW
10:30 AM HORSE PULL (DISTANCE IN 5 MINUTES)
2 PM KINGDOM'S GOT TALENT
2:30 PM HORSE PULL, 3,100 LBS.
6 PM 4X4 TRUCK PULL
6:30 PM HORSE PULL, 3,300 LBS.
8:30 PM MUSIC "DIAMOND SPECIAL"
SATURDAY, AUGUST 26
FAMILY DAY
9 AM GYMKHANA REGISTRATION
10:30 AM HORSE PULL, 3,200 LBS.
11 AM LIVESTOCK COSTUME CONTEST
12 PM DANCE EXPRESS
1 PM BULLS & BARRELS - NE RODEO
2:30 PM HORSE PULL, 3,500 LBS.
4:30 PM LOG LOADER COMPETITION
6:30 PM HORSE PULL FFA
7 PM BULLS & BARRELS - NE RODEO
SUNDAY, AUGUST 27
DEMO DAY
9 AM HORSE SHOW - ALL DAY
10 AM OX PULL, 2,000 LBS.
NOON PIG SCRAMBLE
NOON OX PULL, 2,400 LBS.
1 PM DEMO DERBY QUALIFYING
1:30 PM OX PULL, 2,800 LBS.
5 PM OX PULL, 3,200 LBS
6 PM OX PULL - FREE FOR ALL
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AVAILABLE AT: DADS 4BY – St. Johnsbury & Wells River • AGWAY – Lyndonville
OR ONLINE AT: caledoniacountyfair.com
GATE PRICES: Wednesday Evening \$12 • Thursday-Sunday \$20 • Friday Seniors \$12
INCLUDED IN ADMISSION PRICE:
All GS Events, Parking, Amusement Rides, Exhibits & Demonstrations